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## 1. Extended Data

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| Figure #             | Figure title<br>One sentence only  | Filename<br>This should be the name the file is saved as when it is uploaded to our system. Please include the file extension. i.e.:<br><i>Smith_ED_Fig1.jpg</i> | Figure Legend<br>If you are citing a reference for the first time in these legends, please include all new references in the Online Methods References section, and carry on the numbering from the main References section of the paper.   |
|----------------------|--|--|---|
| Extended Data Fig. 1 | <b>Correlation between transversal and longitudinal MSOT collagen<sub>mean/max</sub> signals</b>       | Regensburger_ED_Fig1.jpg   | Each independent muscle was analyzed for its transversal and longitudinal MSOT collagen <sub>mean</sub> ( <b>a</b> ) and collagen <sub>max</sub> ( <b>b</b> ) signal. Correlations between longitudinal and transversal MSOT collagen <sub>mean/max</sub> signals are given by Spearman correlation coefficient ( $r_s$ ). Two-tailed test. Linear regression lines are in black. P values $\leq 0.05$ were considered statistically significant. $n = 316$ muscle regions ( $n = 159$ transversal/ $n = 157$ longitudinal independent muscle regions) in $n = 20$ biologically independent subjects ( $n = 10$ HV/ $n = 10$ DMD patients). |
| Extended Data Fig. 2 | <b>Standard B-mode ultrasound imaging</b>  | Regensburger_ED_Fig2.jpg   | Representative examples of transversal and longitudinal B-mode ultrasound imaging of quadriceps femoris muscles in a HV and in a patient with DMD. A representative result for a HV and a DMD from $n = 160$ independent muscle regions ( $n = 80$ HV/ $n = 80$ DMD) of $n = 20$ biologically independent subjects ( $n = 10$ HV/ $n = 10$ DMD patients) with similar results is shown. Scale bars, 1 cm.   |
| Extended Data Fig. 3 | <b>Quantification of 2D and 3D MSOT collagen<sub>max</sub> signals in WT and DMD muscles over time</b> | Regensburger_ED_Fig3.jpg   | Quantification of 2D ( <b>a</b> ) and 3D ( <b>b</b> ) MSOT collagen <sub>max</sub> signals in WT and DMD piglet muscles over time. WT and DMD MSOT collagen <sub>max</sub> signals of independent piglet muscles of all animals were compared with each other at weeks 1, 2, 3, and 4 of age. Each filled circle represents one MSOT signal per independent muscle region ( $n =$   |

|                             |  |                                 |  |
|-----------------------------|--|---------------------------------|--|
|                             |  |                                 | <p>24 WT/n = 20 DMD). Two-tailed independent samples t-tests (with Welch's correction in cases of unequal variances) was used for statistical analysis. If the assumption of normal distribution was violated, a Mann-Whitney U-test was used. P values <math>\leq 0.05</math> were considered statistically significant. Bonferroni-Holm adjustment was used to control type I error, due to four comparisons (week 1 - 4) per parameter (e.g. 2D collagen<sub>mean</sub>). Confidence intervals (95%CI), effect size (<math>R^2</math>), coefficients (t(df)/U) and exact p values are noted in the main text and/or Supplementary Tables. Data are shown as mean <math>\pm</math> SD. n = 44 independent muscle regions (n = 24 WT/n = 20 DMD) in n = 11 biologically independent animals (n = 6 WT/n = 5 DMD piglets) from n = 2 litters are shown.</p>  |
| <p>Extended Data Fig. 4</p> | <p><b>Quantification of 2D and 3D MSOT collagen<sub>max</sub> signals in WT and DMD piglet muscles over time</b></p> | <p>Regensburger_ED_Fig4.jpg</p> | <p>2D <b>(a)</b> and 3D <b>(b)</b> MSOT collagen<sub>max</sub> signals of independent piglet muscles of surviving animals were compared with each other at weeks 1, 2, 3, and 4 of age. Each filled circle/square represents the mean <math>\pm</math> SD MSOT signal of independent muscle regions over the course of the experiment (n = 12WT/n = 8 DMD). 2D MSOT parameters were analyzed by post-hoc Tukey's HSD following a mixed-effects models due to missing values in week 1 (litter 1). p values <math>\leq 0.05</math> were considered statistically significant. 3D MSOT collagen parameters were analyzed by Tukey's honestly significant difference tests following a two-way (mixed design) ANOVA; Data are shown as mean <math>\pm</math> SD. n = 20 independent muscle regions (n = 12 WT/n = 8 DMD) in n = 5 biologically independent animals (n = 3 WT/n = 2 DMD piglets) from n = 2 litters are shown.</p> |
| <p>Extended Data Fig. 5</p> | <p><b>Overview of independent muscle regions in each DMD piglet over time</b></p>                                    | <p>Regensburger_ED_Fig5.jpg</p> | <p>2D <b>(a, b)</b> and 3D <b>(c, d)</b> MSOT collagen<sub>mean/max</sub> signals of each independent muscle region of all surviving DMD piglets over the course of the experiment. Each icon represents one independent muscle over the time period,</p>  |

|                      |  |                          |  |
|----------------------|--|--------------------------|--|
|                      |  |                          | connected by a colored line (weeks 1, 2, 3, and 4 of age). SR, shoulder right (yellow line); LR, leg right (blue line); SL, shoulder left (purple line); LL, leg left (green line). n = 8 independent muscle regions (n = 4 in DMD-number-2/n = 4 in DMD-number-5) of n = 2 biologically independent animals (n = 2 DMD piglets) from n = 2 litters are shown.   |
| Extended Data Fig. 6 | <b>Overview of the mean MSOT collagen<sub>mean/max</sub> signals per individual piglet over time</b> | Regensburger_ED_Fig6.jpg | Mean 2D ( <b>a, b</b> ) and mean 3D ( <b>c, d</b> ) MSOT collagen <sub>mean/max</sub> signals per individual piglet over time (weeks 1, 2, 3, and 4 of age). Each filled circle represents the mean ± SD MSOT signal of an independent piglet over the course of the experiment (n = 6WT/n = 5 DMD). n = 11 biologically independent animals (n = 6WT/n = 5 DMD piglets) from n = 2 litters are shown. |
| Extended Data Fig. 7 | <b>Standardization and positioning of the detector probe</b>   | Regensburger_ED_Fig7.jpg | Examples of detector probe positioning and MSOT scanning. Exact positioning of the MSOT detector was standardized for each anatomical region (Supplementary Table 23) and marked with small labels (e.g. red dots). Scanning of a 3-year-old volunteer with the 2D MSOT detector is presented.   |

8 *Delete rows as needed to accommodate the number of figures (10 is the maximum allowed).*

9 **2. Supplementary Information:**

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11 **A. Flat Files**

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13 **Complete the Inventory below for all additional textual information and**

14 **any additional Supplementary Figures, which should be supplied in one**

15 **combined PDF file.**

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| Item | Present? | Filename<br>This should be the name the file is saved as when it is uploaded | A brief, numerical description of file contents.<br>i.e.: <i>Supplementary Figures 1-4, Supplementary</i> |
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|---------------------------|-----|--|--|
|                           |     | to our system, and should include the file extension. The extension must be .pdf | <i>Discussion, and Supplementary Tables 1-4.</i> |
| Supplementary Information | Yes | 2_Supplementary Appendix_V2.0.pdf  | Supplementary Tables 1-23                        |
| Reporting Summary         | Yes | reportingsummary_1572018146_5.pdf  |  |

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### B. Additional Supplementary Files

Complete the Inventory below for all additional Supplementary Files that cannot be submitted as part of the Combined PDF.

| Type                | Number<br>If there are multiple files of the same type this should be the numerical indicator. i.e. "1" for Video 1, "2" for Video 2, etc. | Filename<br>This should be the name the file is saved as when it is uploaded to our system, and should include the file extension. i.e.: <i>Smith_Supplementary_Video_1.mov</i> | Legend or Descriptive Caption<br>Describe the contents of the file   |
|---------------------|--|---|--|
| Supplementary Video |  | NatMed_MSOT_DMD.mov   | <p><b>Video – Real-time 2D MSOT imaging in newborn piglets</b></p> <p>The video shows a halved screen. On the left side live imaging of a piglet is presented. The detector was placed on the thigh (biceps femoris muscle) of the piglet. The right video shows simultaneous MSOT imaging. Spectral unmixing for collagen (turquoise) and lipids (yellow) is overlaid to RUCT images. A</p> |

|  |  |  |  |
|--|--|--|--|
|  |  |  | representative video for MSOT real-time imaging from n = 58 independent muscle regions (n = 34 WT/n = 24 DMD) in n = 17 biologically independent animals (n = 10 WT/n = 7 DMD piglets) from n = 3 litters with similar results is shown. |
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27 **3. Source Data**

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| Figure                           | Filename<br>This should be the name the file is saved as when it is uploaded to our system, and should include the file extension. i.e.:<br><i>Smith_SourceData_Fig1.xls, or Smith_Unmodified_Gels_Fig1.pdf</i> | Data description<br>i.e.: Unprocessed Western Blots and/or gels, Statistical Source Data, etc. |
|----------------------------------|---|--|
| Source Data Fig. 1               | Source_Data_Fig_1.xlsx  | Statistical Source Data  |
| Source Data Fig. 2               | Source_Data_Fig_2.xlsx  | Statistical Source Data  |
| Source Data Fig. 3               | Source_Data_Fig_3.xlsx  | Statistical Source Data  |
| Source Data Fig. 4               | Source_Data_Fig_4.xlsx  | Statistical Source Data  |
| Source Data Fig. 5               | Source_Data_Fig_5.xlsx  | Statistical Source Data  |
| Source Data Fig. 6               | Source_Data_Fig_6.xlsx  | Statistical Source Data  |
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| Source Data Extended Data Fig. 1 | Source_Data_Extended_Data_Fig_1.xlsx  | Statistical Source Data  |
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| Extended Data Fig. 3             | a_Fig_3.xlsx                         |                         |
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| Source Data Extended Data Fig. 6 | Source_Data_Extended_Data_Fig_6.xlsx | Statistical Source Data |

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35 **Detection of collagens by multispectral optoacoustic tomography as an imaging biomarker**

36 **for Duchenne muscular dystrophy**

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75

76 **Abstract**

77 Biomarkers for monitoring disease progression and response to therapy are lacking for muscle  
78 diseases such as Duchenne muscular dystrophy. Non-invasive *in vivo* molecular imaging with  
79 multispectral optoacoustic tomography (MSOT) utilizes pulsed laser light to induce acoustic  
80 pressure waves, enabling the visualization of endogenous chromophores. Here, we describe a  
81 novel application of MSOT, in which illumination in the near- and extended near-infrared range  
82 (NIR and exNIR) from 680-1100 nm enables the visualization and quantification of collagen  
83 content. We first demonstrated the feasibility of this approach to non-invasively quantify tissue  
84 fibrosis in longitudinal studies in a large-animal DMD model in pigs, and then applied this  
85 approach to pediatric patients (NCT03490214). MSOT-derived collagen content measurements  
86 in skeletal muscle were highly correlated to the functional status of the patients and provided  
87 additional information on molecular features as compared to magnetic resonance imaging. This  
88 study highlights the potential of MSOT imaging as a non-invasive, age-independent biomarker  
89 for the implementation and monitoring of newly-developed therapies in muscular diseases.

90



## 91 **Introduction**

92 Duchenne muscular dystrophy (DMD) is the most common lethal inherited X-chromosomal  
93 muscular disease occurring in one of 3,800-6,000 live male births <sup>1</sup>. Initially, affected boys  
94 develop normally, but at the age of four to five years loss of functional muscle mass becomes  
95 apparent. Within a few years, relevant muscle and tendon shortening lead to muscular weakness  
96 resulting in loss of ambulation around the age of ten, finally ending in respiratory and cardiac  
97 failure in the third decade. DMD is caused by loss-of-function mutations in the dystrophin gene  
98 leading to dystrophin deficiency and resulting in muscular degeneration, followed by  
99 inflammation and fatty and fibrotic transformation <sup>2-4</sup>. Promising new therapeutic approaches  
100 aiming to restore disturbed molecular mechanisms by enabling the ribosomal read-through of  
101 premature stop codons <sup>5,6</sup> or exon skipping <sup>7</sup> have been approved, and others such as viral gene  
102 therapy, utrophin modulators <sup>8</sup> and CRISPR/Cas-mediated correction of *DMD* mutations provide  
103 promising early results <sup>9</sup>. Until now, primary outcome measures are based on manual <sup>10</sup> and  
104 quantitative muscle examinations <sup>11</sup> as well as timed function tests <sup>5-7,12</sup>. Furthermore, magnetic  
105 resonance imaging (MRI) <sup>13-15</sup> and magnetic resonance spectroscopy (MRS) <sup>16-18</sup> have shown  
106 potential as non-invasive imaging techniques for quantification of disease pathology and  
107 progression in DMD. However, these and other techniques have limited applicability due to  
108 considerable acquisition times <sup>14,18</sup>, a required sedation in early childhood and uncooperative  
109 patients, as well as the effort towards nationwide availability of novel standardized imaging  
110 protocols <sup>19</sup>. Until now, a standardized 6-minute walk test (6-MWT) is one of the main primary  
111 outcome measures to assess the effects of pharmaceutical interventions <sup>5-7,20,21</sup>. However,  
112 physical examinations rely on active cooperation and the individual performance on the day,  
113 which might limit their diagnostic validity. To overcome an unmet clinical need for independent

114 easy-to-apply prognostic biomarkers<sup>22</sup> and to enable guidance for earliest therapeutic  
115 interventions during infancy, novel non-invasive diagnostic approaches are required.  
116 Multispectral Optoacoustic Tomography (MSOT) is an emerging imaging modality capable of  
117 non-invasively visualizing the distribution of endogenous absorbers by initiating laser-induced  
118 thermoelastic expansion and detection of resulting pressure waves<sup>23,24</sup>. Further, the clinical  
119 usability for the detection of endogenous molecular chromophores, such as (de-)oxygenated  
120 hemoglobin, oxygen saturation, and melanin has already been demonstrated in melanoma lymph  
121 nodes<sup>25</sup>, breast cancer<sup>26,27</sup>, melanoma<sup>28</sup> and chronic intestinal inflammation<sup>29,30</sup>.  
122 The utilization of wavelengths in the extended near-infrared range (exNIR) would also enable  
123 the visualization of lipids and collagens<sup>31-36</sup>. This report provides the first insight into how  
124 MSOT using exNIR illumination is capable of visualizing fibrotic muscular transformation *in*  
125 *vivo* suggesting its application as a novel non-invasive imaging biomarker in muscular  
126 dystrophy.

127

## 128 **Results**

### 129 **NIR/exNIR MSOT imaging detects and separates collagen signals**

130 MSOT uses spectral unmixing to identify different endogenous chromophores (**Fig. 1a**). To  
131 prove the unmixing algorithm and signal separation for collagens, a custom-made phantom was  
132 built. First, solutions of purified human collagens (I, III, and IV) were imaged every 5 nm from  
133 660-1200 nm. The separated optoacoustic spectra of each collagen peaked similarly between 980  
134 and 1000 nm, clearly distinguishable from hemoglobin, lipid, and water signals (**Fig. 1b**). For  
135 further validation, normalized spectra of *ex vivo* porcine tendons (mainly collagen I), collagen I  
136 solutions, and the spectra derived from literature<sup>31</sup> were compared. Therefore, a region of

137 interest (ROI) was outlined in the reflective ultrasound computed tomography (RUCT), which is  
138 used to anatomically guide the investigator during imaging (**Fig. 1c**). When using a translatable  
139 setup limited to a maximum of 11 wavelengths (680, 700, 730, 760, 800, 850, 920, 1000, 1030,  
140 1064, and 1100 nm, **Fig. 1c**) the collagen spectra of the tendon and the purified collagen I  
141 resembled those reported in the literature (collagen peak at ~1000 nm) (**Fig. 1c**)<sup>31</sup>. Furthermore,  
142 *in vivo* imaging of tendons was carried out, confirming our spectral unmixing approach, by  
143 showing specific unmixed collagen signals mainly within the tendon (**Fig. 1d**).

144

#### 145 **Collagen detection in a porcine DMD model**

146 Subsequently, 2D MSOT imaging was performed in a translational porcine model of DMD (**Fig.**  
147 **2a and Supplementary Video**). In total n = 58 scans from independent muscle regions (n = 34  
148 in wild type piglets (WT)/n = 24 in DMD piglets) were acquired from n = 17 piglets (n = 10  
149 WT/n = 7 DMD). Using ultrasound guidance, a region of interest (ROI) was drawn within the  
150 examined muscle to quantify the MSOT parameters, such as the mean and the maximum  
151 collagen signals (collagen<sub>mean/max</sub>). Initially, all independent muscle regions were compared  
152 between groups (n = 34 WT/n = 24 DMD muscles). A significant difference for the  
153 collagen<sub>mean/max</sub> signal was observed (collagen<sub>mean</sub>: 14.41 ± 2.66 a.u. vs. 23.14 ± 3.87 a.u., p =  
154 1.18x10<sup>-11</sup>, t(df) = 9.57 (38), 95%CI 6.88 - 10.57, R<sup>2</sup> = 0.71; collagen<sub>max</sub>: 27.68 ± 2.72 a.u. vs.  
155 41.05 ± 7.43 a.u., p = 4.38 x 10<sup>-9</sup>, (df) = 8.43 (27), 95%CI 10.12 - 16.63, R<sup>2</sup> = 0.72). Second,  
156 when comparing a mean collagen signal per independent piglet between groups (n = 10WT/n = 7  
157 DMD piglets), the collagen<sub>mean/max</sub> signals were similarly increased (collagen<sub>mean</sub>: 14.23 ± 1.96  
158 a.u. vs. 22.67 ± 3.59 a.u., p = 1.51 x 10<sup>-5</sup>, (df) = 6.27 (15), 95%CI 5.57 - 11.31, R<sup>2</sup> = 0.72;  
159 collagen<sub>max</sub>: 27.70 ± 1.67 a.u. vs. 41.01 ± 5.16 a.u., p = 1.39 x 10<sup>-6</sup>, (df) = 7.69 (15), 95%CI

160 59.62 - 17.00,  $R^2 = 0.80$ ). There was no difference in signal levels of deoxygenated ( $Hb_R$ ),  
161 oxygenated ( $HbO_2$ ) and total hemoglobin ( $Hb_{total}$ ) ( $p > 0.05$ , **Fig. 2b and Supplementary Table**  
162 **1 and 2**).

163 An exploratory receiver operator characteristic (ROC) analysis revealed excellent ability of  
164 MSOT-derived collagen signals to distinguish healthy from diseased muscles ( $n = 34$  WT/ $n = 24$   
165 DMD muscle regions) (collagen<sub>mean</sub>: AUC 0.98, 95%CI 0.95 - 1.00,  $p = 6.06 \times 10^{-10}$ ; collagen<sub>max</sub>:  
166 AUC 0.98, 95%CI 0.96 - 1.00,  $p = 4.96 \times 10^{-10}$ , **Fig. 2c**). Corresponding tissue specimens were  
167 taken for validation in which *ex vivo* histopathology revealed muscular dystrophy and a  
168 qualitative increase in collagen formation in diseased animals (**Fig. 2d**). In total,  $n = 18$  WT  
169 muscles of  $n = 6$  piglets and  $n = 12$  DMD muscles of  $n = 3$  piglets were analyzed quantitatively  
170 by the positive stained collagen area on Trichrome (TriC) and Sirius Red (SirR) stained  
171 histological sections or the ratio between total collagen and total protein (TC/TP). One WT  
172 muscle could not be histologically quantified. All corresponding analyses showed significant  
173 differences between the cohorts suggesting elevated values in DMD piglets (means: TriC: 5.35%  
174 vs. 12.63%,  $p = 4.08 \times 10^{-5}$ , (df) = 5.59 (16), 95%CI 4.52 - 10.05,  $R^2 = 0.66$ ; SirR: 8.44% vs.  
175 16.23%,  $p = 0.0003$ , (df) = 4.56 (16), 95%CI 4.17 - 11.39,  $R^2 = 0.56$ ; and TC/TP: 46.83  $\mu$ g  
176 collagen/mg protein vs. 64.95  $\mu$ g collagen/mg protein,  $p = 0.0240$ , (df) = 2.39 (28), 95%CI 2.56 -  
177 33.68,  $R^2 = 0.19$ , respectively, **Fig. 2e-g**). Additionally, highly significant correlations to MSOT  
178 collagen signals were found (TriC:  $r_s = 0.58$ ,  $p = 0.0010$ , 95%CI 0.26 - 0.78, SirR:  $r_s = 0.65$ ,  $p =$   
179 0.0001, 95%CI 0.37 - 0.83 and TC/TP:  $r_s = 0.53$ ,  $p = 0.0027$ , 95%CI 0.20 - 0.75, respectively,  
180 **Fig. 2e-g**).

181

182 **Two-dimensional collagen detection in DMD patients and healthy volunteers**

183 To study our approach in patients, we enrolled  $n = 10$  DMD patients and  $n = 10$  age- and gender-  
184 matched healthy volunteers (HV) in a first-in pediatric trial. Mean age of affected boys was  $7.1 \pm$   
185  $1.6$  years and  $7.3 \pm 2.2$  years in matched HV (detailed clinical data is shown in the  
186 **Supplementary Table 3**).

187 In total  $N = 320$  scans (transversal and longitudinal scans of eight muscles per participant) were  
188 obtained.  $N = 4$  scans were excluded for the following reasons:  $N = 1$  broken scan,  $N = 3$  region  
189 of interest (ROI) was beyond the depth limit of the detector (below 3.5 cm). The average scan  
190 time for 2D and 3D images was  $6.3 \pm 0.8$  min in DMD patients and  $6.7 \pm 0.6$  min in HV.

191 Exemplary *in vivo* imaging (**Fig. 3a**) and transversal images of a single HV and DMD patient are  
192 presented in **Fig. 3b**, illustrating a qualitative difference of collagen signal intensity in every  
193 muscle region between both groups. In accordance with our preclinical model, each independent  
194 muscle was analyzed for its collagen<sub>mean/max</sub> signal. High correlations between transversal and  
195 longitudinal collagen<sub>mean</sub> and collagen<sub>max</sub> signals were found (**Extended Data Fig. 1**). Therefore,  
196 only transversal images were used for further analyses. All independent muscle regions ( $n = 80$   
197 HV/ $n = 79$  DMD muscles), showed statistically significant differences between both groups for  
198 2D MSOT collagen<sub>mean/max</sub> (age-matched  $n = 79$  independent muscle regions; collagen<sub>mean</sub>:  $14.60$   
199  $\pm 4.42$  a.u. vs.  $24.72 \pm 5.92$  a.u.,  $p < 1.0 \times 10^{-15}$ , 95%CI 8.50 - 11.76,  $t(df) = 12.37(78)$ ,  $R^2 = 0.66$   
200 and collagen<sub>max</sub>:  $26.55 \pm 6.16$  a.u. vs.  $40.52 \pm 7.71$  a.u.,  $p < 1.0 \times 10^{-15}$ , 95%CI 10.40 - 16.28,  $W$   
201  $= -17$ ).

202 Considering the mean collagen<sub>mean/max</sub> signal per independent subject between groups ( $n = 10$   
203 HV/ $n = 10$  DMD patients), significant differences in matched comparison of the mean  
204 (collagen<sub>mean</sub>:  $14.59 \pm 2.52$  a.u. vs.  $24.70 \pm 2.77$  a.u.,  $p = 1.78 \times 10^{-5}$ , 95%CI 7.33 - 12.90,  $t(df) =$   
205  $8.22(9)$ ,  $R^2 = 0.88$ ) and the maximum collagen content (collagen<sub>max</sub>:  $26.59 \pm 3.51$  a.u. vs.  $40.48 \pm$

206 3.81 a.u.,  $p = 5.17 \times 10^{-6}$ , 95%CI 10.61 - 17.18,  $t(df) = 9,57(9)$ ,  $R^2 = 0.91$ ) were found (**Fig. 3c**).  
207 There was no significant difference found in lipid,  $Hb_R$ ,  $HbO_2$  and  $Hb_{total}$  signals between both  
208 groups (**Supplementary Table 4**). ROC analysis of  $n = 80$  HV/ $n = 79$  DMD independent muscle  
209 regions suggested good diagnostic performance for 2D collagen<sub>mean</sub> (AUC 0.92, 95%CI 0.88 -  
210 0.96,  $p < 1.0 \times 10^{-15}$ ) and 2D collagen<sub>max</sub> (AUC 0.92, 95%CI 0.88 - 0.96,  $p < 1.0 \times 10^{-15}$ ) to  
211 distinguish healthy from diseased muscles (**Fig. 3d**).

212

### 213 **Three-dimensional MSOT imaging in DMD patients and healthy volunteers**

214 Furthermore, we aimed to prove a volumetric (3D) MSOT imaging approach. A total of  $N = 160$   
215 3D scans from independent muscle regions ( $n = 80$  HV/ $n = 80$  DMD muscles) were acquired.  
216 The 3D detector is designed as a cup (**Fig. 4a**) and operates at higher frequencies (8 MHz)  
217 compared to the 2D detector (4 MHz). The heavy water couplet and a thinner detector foil,  
218 enable a high resolution and a clear visualization of subcutaneous chromophores (**Fig. 4b**).  
219 Similar to our 2D analysis approach, 3D data sets demonstrated a significant difference of the  
220 collagen<sub>mean/max</sub> signal in all anatomical independent muscle regions ( age-matched  $n = 80$   
221 independent muscle regions,  $n = 80$  HV/ $n = 80$  DMD: collagen<sub>mean</sub>  $5.39 \pm 2.20$  a.u. vs  $11.41 \pm$   
222  $2.10$  a.u.,  $p < 1.0 \times 10^{-15}$ , 95%CI 5.28 - 6.76,  $t(df) = 16.09(79)$ ,  $R^2 = 0.77$  and collagen<sub>max</sub>  $12.94 \pm$   
223  $2.95$  a.u. vs  $23.66 \pm 6.46$  a.u.,  $p < 1.0 \times 10^{-15}$ , 95%CI 7.60 - 10.90,  $W = -2$ ). The mean  
224 collagen<sub>mean/max</sub> signal for each independent subject were analyzed and showed significant  
225 differences (age-matched  $n = 10$  HV and  $n = 10$  DMD patients: collagen<sub>mean</sub>  $5.39 \pm 0.80$  a.u. vs  
226  $11.41 \pm 1.01$  a.u.,  $p = 9.99 \times 10^{-8}$ , 95%CI 5.13 - 6.92,  $t(df) = 15.2(9)$ ,  $R^2 = 0.96$  and collagen<sub>max</sub>  
227  $12.94 \pm 1.19$  a.u. vs  $23.66 \pm 3.28$  a.u.,  $p = 2,01 \times 10^{-5}$ , 95%CI 7.73 - 13.72,  $t(df) = 8.1(9)$ ,  $R^2 =$   
228 0.88). In contrast to the scans using the 2D detector, there were significant differences in the

229 optoacoustic signals for Hb<sub>R</sub>, HbO<sub>2</sub> and Hb<sub>total</sub> using 3D-detection. In DMD subjects, Hb<sub>R</sub>, HbO<sub>2</sub>  
230 and Hb<sub>total</sub> were significantly decreased (**Fig. 4c and Supplementary Table 5**). The mean  
231 collagen content was inversely correlated with Hb<sub>R</sub> (n = 20 independent patients (n = 10HV/n =  
232 10DMD; mean signal):  $r_s = -0.60$ ,  $p = 0.0051$ , 95%CI -0.83 - (-0.20)), HbO<sub>2</sub> (n = 20 independent  
233 patients (n = 10 HV/n = 10 DMD, mean signal):  $r_s = -0.81$ ,  $p = 1.67 \times 10^{-5}$ , 95%CI -0.92 - (-  
234 0.56)) and Hb<sub>total</sub> (n = 20 independent patients (n = 10 HV/n = 10 DMD, mean signal):  $r_s = -0.81$ ,  
235  $p = 1.78 \times 10^{-5}$ , 95%CI -0.92 - (-0.56)) contents of the muscle. ROC analysis demonstrated  
236 excellent diagnostic performance of the 3D approach to distinguish healthy from diseased  
237 muscles (independent muscle regions of n = 80 HV/n = 80 DMD patients: collagen<sub>mean</sub>: AUC  
238 0.98, 95%CI 0.97 - 1.00,  $p < 1.0 \times 10^{-15}$  and collagen<sub>max</sub>: AUC 0.98, 95%CI 0.96 - 1.00,  $p < 1.0 \times$   
239  $10^{-15}$ ) (**Fig. 4d**).

240

#### 241 **MSOT has significant correlation to clinical standard assessments**

242 Every participant (N = 20) underwent a standardized physical examination. Except the time for a  
243 single rise from chair and muscle strength of the upper/lower distal extremities, all timed  
244 function tests and manual muscle testing, showed significant between-group differences  
245 (**Supplementary Table 3**). Notably, not all patients were able to complete all tests, due to  
246 cognitive impairment, fatigue, or state of distraction.

247 Significant negative correlations between every mean MSOT collagen<sub>mean/max</sub> signal and the 6-  
248 MWT were found (n = 20 independent subjects (n = 10 HV/n = 10 DMD): collagen<sub>2D-mean</sub>  $r_s = -$   
249  $0.74$ ,  $p = 0.0002$ , 95%CI -0.89 - (-0.42); collagen<sub>2D-max</sub>  $r_s = -0.69$ ,  $p = 0.0007$ , 95%CI -0.87 - (-  
250 0.35); collagen<sub>3D-mean</sub>  $r_s = -0.64$ ,  $p = 0.0023$ , 95%CI -0.85 - (-0.26); collagen<sub>3D-max</sub>  $r_s = -0.71$ ,  $p =$   
251  $0.0005$ , 95%CI -0.88 - (-0.38)). The other timed function tests showed similar consistent

252 correlation with collagen signals, except single rise from chair and MRC of the lower distal  
253 extremity. No correlation with age was observed (e.g. collagen<sub>2D-mean</sub>  $r_s = -0.06$ ,  $p = 0.79$ , 95% CI  
254  $-0.50 - 0.40$ ); , **Fig. 5a and Supplementary Table 6**). In addition, comparison of MSOT  
255 collagen signals between the thigh and lower leg in DMD patients showed no overall significant  
256 differences (**Supplementary Table 7**). In comparison to MSOT, a total of  $n = 320$  standard  
257 ultrasound B-mode images ( $n = 160$  transversal/ $n = 160$  longitudinal images) were evaluated  
258 (**Extended Data Figure 2**). Only transversal scans were used for statistical analyses.  
259 Independent muscles of HV ( $n = 80$ ) and DMD patients ( $n = 80$ ) showed different echogenicity,  
260 texture, and scores on Heckmatt scale (**Supplementary Table 8**). A negative correlation  
261 between the mean MSOT 2D collagen<sub>mean</sub> and muscle echogenicity (Spearman  $r_s = -0.53$ ,  $6.08 \times$   
262  $10^{-13}$ , 95% CI  $-0.63 - (-0.41)$ ), and a significant positive correlation between MSOT collagen and  
263 Heckmatt scale (Spearman  $r_s = 0.38$ ,  $9.39 \times 10^{-7}$ , 95% CI  $0.23 - 0.51$ , **Supplementary Table 9**)  
264 were found. During all MSOT investigations, ultrasound, and physical examinations, no serious  
265 adverse events were reported (**Supplementary Table 10**).  
266 For further comparison,  $n = 5$  DMD patients underwent MRI of the right lower leg (**Fig. 5b**).  
267 Total scan time was between 60 and 75 minutes. The time interval between MRI and MSOT  
268 imaging was  $2.4 \pm 1.34$  months (for details see **Supplementary Table 11**). No significant  
269 correlation was found between MSOT collagen<sub>mean</sub> ( $n = 5$  DMD patients) and fat fraction (FF),  
270 water T<sub>2</sub>, total tissue sodium concentration (TSC), and intracellular-weighted sodium signal  
271 (ICwS), respectively. However, TSC and ICwS content measured by MRI and collagen signals  
272 derived by MSOT showed a correlation but were not significant ( $r_s = 0.70$ ,  $p = 0.23$ , 95% CI n/a),  
273 respectively) (**Supplementary Table 12**). Noteworthy, the patient with the highest FF (FF of



274 0.374) showed the highest 2D MSOT lipid (920 nm) signal (**Fig. 5b and Supplementary Table**  
275 **11**).

276

### 277 **MSOT quantitatively visualizes early-stage disease progression**

278 To demonstrate the feasibility of our approach for the *in vivo* monitoring of disease progression  
279 in DMD, a longitudinal study in the DMD piglet model was conducted (**Fig. 6a**). From initial n =  
280 11 male piglets, n = 5 completed the full experimental protocol and were sacrificed after 4 times  
281 consecutive weekly MSOT imaging. n = 3 DMD piglets died early for different reasons; thus n =  
282 3 corresponding WT piglets were sacrificed. All other animals were sacrificed after imaging  
283 procedures in week 4. (**Fig. 6b**). n = 44 independent muscles (biceps and triceps muscle of both  
284 sides, **Fig 6c**) (n = 24 WT/n = 20 DMD) were investigated in week 1, and n = 20 independent  
285 muscles (n = 12 WT/n = 8 DMD) were imaged through the whole experiment. *In vivo* MSOT  
286 imaging revealed visible tissue changes in the DMD piglets over time by means of increased  
287 fibrotic transformation (**Fig. 6d**). Again, a significant MSOT collagen<sub>mean/max</sub> signal difference  
288 (2D and 3D) was found in all independent muscle regions of WT (n = 24 in week 1/n = 12 in  
289 week 2, 3, and 4) and DMD (n = 20 in week 1/n = 8 in week 2, 3, and 4) piglets compared  
290 between every week of the experiment (**Fig. 6e, Extended Data Fig. 3, Supplementary Table**  
291 **13 and Supplementary Table 14**). Comparison of the independent muscle regions (n = 12  
292 WT/n = 8 DMD) of the preserving n = 5 piglets (n = 3 WT/n = 2 DMD) showed a steady  
293 increase of 2D and 3D MSOT collagen signals only in DMD over the time course of four weeks  
294 (**Fig. 6e, Extended Data Fig. 4-6, Supplementary Tables 15-18**). At week 4, the end of the  
295 study, the differences between both cohorts were clearly evident *in vivo, ex vivo*  
296 macroscopically, and histologically (**Fig. 6f and 6g**). In the DMD cohort, histological and

297 bioanalytical collagen quantification demonstrated an increased collagen deposition within four  
298 weeks up to 248% (TriC %, week 1 to week 4:  $10.40 \pm 5.14$  to  $25.80 \pm 7.93$ ,  $p = 4.94 \times 10^{-5}$ ,  $t(df)$   
299  $= 5.29$  (18), 95%CI 9.29-21.51,  $R^2 = 0.61$ ) and 170% (SirR %, week 1 to week 4:  $19.59 \pm 5.40$  to  
300  $33.30 \pm 5.71$ ,  $p = 3.63 \times 10^{-5}$ ,  $t(df) = 5.43$  (18), 95%CI 8.41 - 19.01,  $R^2 = 0.62$ ) from baseline,  
301 respectively. Collagen per protein content quantification increased up to 139% (TC/TP  $\mu\text{g}/\text{mg}$   
302 week 1 to week 4:  $77.57 \pm 38.80$  to  $107.80 \pm 42.02$ ,  $p = 0.12$ ,  $t(df) = 1.65$  (18), 95%CI -8.24 -  
303 68.63,  $R^2 = 0.13$ ) (**Fig. 6h**).

304 To further confirm muscular fibrosis and the potential origin of MSOT signals, quantitative  
305 proteome analysis was performed on  $n = 16$  snap-frozen independent tissue samples ( $n = 8$  WT/ $n$   
306  $= 8$  DMD) of  $n = 8$  independent piglets ( $n = 4$  WT/ $n = 4$  DMD), showing clear separation of  
307 proteomes according to age and genotype (**Fig. 6i-k**). In total, 2820 proteins were identified (**Fig.**  
308 **6k**). Comparing collagens between WT and DMD piglets, collagen VI (COL6A1, 1.7-fold;  
309 COL6A2 1.6-fold; COL6A3, 1.7-fold) was already enriched in DMD piglets in week one of life.  
310 In the fourth week of life, besides the most abundant collagen VI, collagen III and collagen XIV  
311 were also increased (COL3A1, 6.3-fold; COL14A1, 1.6-fold) (**Supplementary Table 19 and**  
312 **Supplementary Table 20**).

313

## 314 **Discussion**

315 This translational approach suggests a potential role for MSOT as a novel *in vivo* contrast-agent  
316 free and non-invasive imaging modality for the quantitative detection of collagen as a biomarker  
317 in DMD.

318 In our previous work, we already demonstrated the capability of MSOT in near infrared range  
319 (NIR) for disease monitoring in Crohn's disease by detecting different signal levels of

320 hemoglobin as markers of intestinal inflammatory activity<sup>29,30</sup>. To date, the utilization of  
321 wavelengths in the extended near-infrared range (exNIR) has so far only been reported in  
322 experimental settings<sup>28,32,35,36</sup> but, to the best of our knowledge, has never been applied in a  
323 clinical trial – especially not in pediatrics.

324 Our findings suggest that quantitative assessment of collagen content in muscles with MSOT is a  
325 suitable method for monitoring of degeneration involving fibrotic processes *in vivo*, as shown in  
326 this study in a large animal model and a pediatric cohort. The extracted collagen spectra were in  
327 agreement with previously reported optoacoustic spectra<sup>31,33-35</sup>; visualization and quantification  
328 of collagen was feasible in all anatomical regions and showed significant differences between  
329 diseased and healthy animals as well as in the human cohorts. Accelerated disease progression in  
330 DMD piglets leading to early structural changes<sup>37</sup> might explain comparable results of animal  
331 and human findings in this study.

332 Currently, several new treatments for DMD are under investigation, but until now, there is an  
333 unmet need for established objective monitoring techniques and age-independent biomarkers in  
334 clinical practice<sup>13,22</sup>. So far, the 6-MWT is the most commonly used primary endpoint for  
335 disease assessment in DMD but essentially requires active patient compliance<sup>5-7,20,21</sup>. The  
336 complexity to accurately execute these tests and the dependence on cooperative behavior limit  
337 the significance of muscular function tests to more adolescent patients. Most recent trials were  
338 restricted to DMD patients aged over 5-7 years<sup>5-7</sup>, which prohibits conclusions on early  
339 therapeutic interventions. In comparison to established imaging modalities like ultrasound  
340 imaging<sup>38,39</sup> and MRI<sup>40-43</sup>, MSOT is a target-specific quantitative, non-invasive, bedside  
341 imaging modality. MRI is still limited by long image-acquisition times and requires  
342 immobilization and, in early childhood, sedation. In our study, we demonstrated that MSOT can

343 be performed in subjects down to 3 years of age, while minimal scan times (<7min for 8  
344 anatomical regions) suggest that it could even be performed from birth.

345 MRI protocols are further limited for detecting fibrosis specifically, since signal alterations in  
346 T2-weighted, water-sensitive MRI images are nonspecific, due to the sensitivity to inflammation,  
347 edema, fibrosis, as well as necrosis and the influence of corticosteroid treatments<sup>43</sup>. MRI has  
348 shown potential for treatment monitoring<sup>42,43</sup>, and emerging protocols like <sup>23</sup>Na MRI might even  
349 add further value<sup>18,42,44</sup>. The latter enables detection of increased sodium content, which  
350 potentially also reflects elevated glycosaminoglycans (GAGs)<sup>45</sup> and extracellular matrix (ECM)  
351 production<sup>46,47</sup>. The similarities between increased MRI TSC and MSOT collagen content in our  
352 study points towards an overlapping depiction of enriched ECM in DMD patients<sup>48</sup>. However,  
353 the conclusions drawn in our study regarding MRI TSC are limited by the small sample size and  
354 the heterogeneity of the DMD collective.

355 The slightly divergent imaging outcomes for the 2D and 3D detector might reflect different  
356 technical designs of the detectors used in our study. The differences of deoxygenated and  
357 oxygenated hemoglobin content of the muscle between HV and DMD patients and the negative  
358 correlation of hemoglobin and collagens is in line with the pathophysiological mechanism of  
359 muscular degeneration underlying DMD<sup>4</sup>. Notably, fatty transformation could not be  
360 unequivocally detected using MSOT, most likely due to the high absorption of the subcutaneous  
361 fat tissue compared to the relatively low fat fraction (< 10%) within the muscles of four of the  
362 five investigated participants. However, this also reflects the findings in previous reports where  
363 combined peri- and endomysial fibrosis were exceeding 30%<sup>49</sup>, while intramuscular fat content  
364 in similar aged DMD biceps femoris and quadriceps femoris muscle ranged only from 0.89 ±

365 0.70%<sup>50</sup> to  $3.4 \pm 4.1\%$ <sup>49</sup>, respectively. In this regard, fatty infiltration is known to be distributed  
366 very heterogeneously within single muscles of DMD patients<sup>51,52</sup>.  
367 Dating the initiation of skeletal muscle degeneration back to intrauterine life<sup>53,54</sup>, Peverelli et al.  
368 observed increased connective tissue proportions of 16.5% in one-year-old DMD patients  
369 compared to 3% in healthy subjects, rapidly peaking to 30% and more in the following years  
370<sup>49,50,55,56</sup>. These findings support our concept to consider fibrosis as an early imaging target in  
371 DMD.

372 As this was the first-in pediatric use of multispectral optoacoustic imaging, this study was  
373 limited in scope and size. Nevertheless, 320 2D scans and 160 3D scans were recorded in this  
374 exploratory study, which underlines the ability of MSOT as a highly specific and sensitive tool  
375 for potential disease monitoring in DMD. Excellent imaging precision<sup>57</sup>, as well as  
376 reproducibility and repeatability<sup>58</sup> have been shown previously. We have demonstrated an age-  
377 independent, significant negative correlation between MSOT collagen parameters and the  
378 clinical muscle function. Considering results from our longitudinal experiments, MSOT might be  
379 suitable to perform follow-up studies or therapeutic monitoring. As described in 3-month-old  
380 DMD piglets<sup>59</sup>, we now validated our longitudinal imaging results by proving the increase in  
381 muscular fibrosis and increased abundance of ECM proteins (e.g. collagens) even at the age of  
382 four weeks.

383 Novel therapeutic approaches leading to an ultrastructural restoration of damaged muscles<sup>60</sup>  
384 might therefore be directly visualized using MSOT in future studies. While our findings remain  
385 preliminary, our approach starting with experimental tissues and progressing through to first in-  
386 patient application supports MSOT-derived collagen detection and quantification as a potential

387 age-independent imaging biomarker for disease progress monitoring in DMD and suggest the  
388 potential for further applications.

389

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417

#### 418 **Author contributions**

419 R.T. and F.K. conceived the idea of the study. Phantom imaging was performed by A.P.R.,  
420 A.L.W. and F.K. A.P.R., R.T., M.J.W., and F.K. designed the study and recruited the pediatric  
421 participants. R.T., M.J.W. and F.K. were the principal investigators of the pediatric study.  
422 Ultrasound imaging was performed by J.J. M.Q. provided device support. The animal model was  
423 designed by E.W. and N.K. The animal studies were designed by A.P.R., L.M.F., E.W., M.J.W.  
424 and F.K. E.W. was the principal investigator of the animal study and A.P.R., L.M.F., A.L.W.,  
425 and F.K. performed the imaging studies. Pediatric MSOT imaging was performed by A.P.R. and  
426 F.K. Human MRI imaging was performed and analyzed by T.G., A.M.N., R.H., A.P.R. and M.U.  
427 *Ex vivo* tissue analyses were performed by L.M.F., E.K., A.P.R. and F.K. T.F. and F.F.  
428 performed mass spectrometry. Data collection was completed and analyzed by A.P.R. and F.K.  
429 A.P.R., L.M.F., M.F.N., E.W., T.G., W.R., J.W., M.J.W., and F.K. interpreted the data. A.P.R.  
430 and F.K. wrote the first draft of the manuscript. The manuscript was critically reviewed by all  
431 authors.

432

#### 433 **Competing interests**

434 A.P.R., M.J.W., F.K. are co-inventors together with iThera Medical GmbH, Germany on an EU  
435 patent application (EP 19 163 304.9) relating to a device and a method for analyzing



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439 interests.  
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567 **Figure 1 – exNIR MSOT can detect collagen.**

568 **a:** Schematic of the concepts underlying MSOT. MSOT is based on the photoacoustic effect:  
569 pulsed multi-wavelength laser light illuminates tissues down to 3 cm in depth. Absorption of the  
570 light by different chromophores (e.g., hemoglobin, lipids, melanin, collagens) leads to ultrasound  
571 vibrations, resulting in pressure waves that can be detected and reconstructed into images.  
572 Different chromophores can be separated by spectral unmixing based on the specific absorption  
573 and reflection properties of the emitted light. RUCT, reflection ultrasound computed  
574 tomography. MSP, multispectral processing.

575 **b:** Solutions of purified human collagens (I, III, and IV), hemoglobin and lipids, imaged every 5  
576 nm from 660 - 1200 nm. Left, demonstration of the ability of MSOT to separate collagens (I, III,  
577 and IV) from hemoglobin and lipids by spectral unmixing. Right, quantification of the separated  
578 optoacoustic spectra for each chromophore. A representative result from two independent  
579 experiments with similar results is shown. Scale bar, 5mm.

580 **c:** Left, example of an *ex vivo* porcine tendon in a custom made phantom (top) and the  
581 corresponding MSOT/RUCT merged images image (bottom) showing the MSOT signal for  
582 collagen (turquoise) as color-coded map overlaid on the gray-scaled RUCT image. The region of  
583 interest (ROIs, white ellipse) is outlined in the RUCT. Right, normalized optoacoustic spectra of  
584 collagens of the *ex vivo* tendon, human purified collagen I, and a collagen spectrum from the  
585 literature<sup>31</sup>. A representative result from two independent experiments with similar results is  
586 shown. Scale bar, 2cm.

587 **d:** Examples of *in vivo* human tendon imaging by NIR/exNIR MSOT. MSOT/RUCT merged  
588 images show signals for de-/oxygenated hemoglobin (red/blue), lipids (yellow) and collagen  
589 (turquoise) as color-coded maps overlaid on the gray-scaled RUCT image. The MSOT collagen

590 signal was mainly found within the tendon, whereas lipids and hemoglobin signals mainly  
591 appeared beneath the tendon or in surrounding tissues. NIR, near-infrared range (660 – 900 nm).  
592 exNIR, extended near-infrared range (900 – 1100 nm). A representative result from two  
593 independent experiments with similar results is shown. Scale bar, 5 mm.  
594

595 **Figure 2 – *in vivo* 2D MSOT imaging of newborn piglets**

596

597

598 **a:** Representative images of skeletal muscle from healthy (WT) (upper row) and DMD (bottom  
599 row) piglets. Regions of interest (yellow boxes) are determined in the RUCT images. Qualitative  
600 differences of spectrally unmixed optoacoustic collagen signals between WT and DMD piglets  
601 are shown in turquoise. The merged MSOT/RUCT image visualizes the collagen distribution  
602 within the muscle and the ROI, respectively. A representative result for a WT and a DMD from n  
603 = 58 independent muscle regions (n = 34 WT/n = 24 DMD) in n = 17 biologically independent  
604 animals (n = 10 WT/n = 7 DMD piglets) from n = 3 litters with similar results is shown. Scale  
605 bar, 5 mm.

606 **b:** 2D MSOT collagen<sub>mean/max</sub> signals, as well as 2D MSOT Hb<sub>R</sub>, Hb<sub>O2</sub>, Hb<sub>total</sub> signals, from WT  
607 and DMD piglets. Each filled circle represents one MSOT signal per independent muscle region  
608 (upper row) or the mean MSOT signal per independent animal (bottom row). n = 58 independent  
609 muscle regions (n = 34 WT/n = 24 DMD) in n = 17 biologically independent animals (n = 10  
610 WT/n = 7 DMD piglets) from n = 3 litters are shown.

611 **c:** The area under the ROC curve (AUC) and 95% confidence interval for distinguishing between  
612 muscles from DMD and WT piglets, as calculated using unmixed MSOT collagen signals  
613 (collagen<sub>mean</sub> and collagen<sub>max</sub>) for n = 58 independent muscle regions (n = 34 WT/n = 24 DMD)  
614 in n = 17 biologically independent animals (n = 10 WT/n = 7 DMD piglets) from n = 3 litters are  
615 shown.

616 **d:** Representative hematoxylin & eosin (H&E), Masson's Trichrome (TriC), Sirius Red (SirR),  
617 and dystrophin (Dys1) immunohistochemistry staining from imaged WT (upper row) and DMD  
618 (bottom row) piglet musculature. DMD piglet musculature shows disrupted muscular structure  
619 (H&E staining), increased collagen content (turquoise/red), and lacking dystrophin expression

620 (brown). Black boxes represent areas that are shown at higher magnification in the insets. A  
621 representative result for a WT and a DMD muscle from  $n = 29$  independent muscle specimens ( $n$   
622  $= 17$  WT/ $n = 12$  DMD) from  $n = 9$  biologically independent animals ( $n = 6$  WT/ $n = 3$  DMD  
623 piglets) from  $n = 3$  litters with similar results is shown. Scale bars,  $100 \mu\text{m}$  in main micrographs  
624 and  $50 \mu\text{m}$  in insets.

625 **e-f:** Quantitative tissue analyses, showing positive-stained collagen area as assessed by TriC (**e**)  
626 and SirR (**f**) staining. Correlations between the positive-stained collagen areas and the MSOT  
627 collagen<sub>mean</sub> signal are also shown.  $n = 29$  independent muscle specimens ( $n = 17$  WT/ $n = 12$   
628 DMD) from  $n = 9$  biologically independent animals ( $n = 6$  WT/ $n = 3$  DMD piglets) from  $n = 3$   
629 litters.

630 **g:** Quantification of total collagen abundance in WT and DMD piglets (mean values of  $46.83 \mu\text{g}$   
631 collagen/mg protein and  $64.95 \mu\text{g}$  collagen/mg protein, respectively). The correlation between  
632 collagen quantification and the MSOT collagen<sub>mean</sub> signal is also shown.  $n = 30$  independent  
633 muscle specimens ( $n = 18$  WT/ $n = 12$  DMD) from  $n = 9$  biologically independent animals ( $n = 6$   
634 WT/ $n = 3$  DMD piglets) from  $n = 3$  litters.

635 **b, e-g:** Two-tailed independent samples t-tests (with Welch's correction in cases of unequal  
636 variances) was used for statistical analysis. If the assumption of normal distribution was violated,  
637 a Mann-Whitney U-test was used. P values  $\leq 0.05$  were considered statistically significant. No  
638 adjustment for multiple comparison was applied, due to only one single comparison per  
639 parameter. Confidence intervals (95%CI), effect size ( $R^2$ ), coefficients ( $t(\text{df})/U$ ) and exact p  
640 values are noted in the main text and/or Supplementary Tables. Data are shown as mean  $\pm$  SD.

641 **e-g:** Correlations are given by Spearman correlation coefficient ( $r_s$ ). Two-tailed test. Linear  
642 regression lines are in black. P values  $\leq 0.05$  were considered statistically significant.



643 **Figure 3 – *in vivo* 2D MSOT imaging of healthy volunteers and DMD patients**

644 **a:** Example of real-time imaging of a 3-year old healthy volunteer (HV) using the 2D MSOT detector  
645 probe.

646 **b:** Representative MSOT images of transversal scans from four anatomical regions of a 7-year-old HV  
647 (left panels) as compared to those of a 5-year-old with DMD (right panels). RUCT images, obtained for  
648 anatomical guidance during the examination, are also shown. MSOT/RUCT merged images show MSOT  
649 signals for hemoglobin (red) and collagen (turquoise) as color-coded maps overlaid on the gray-scaled  
650 RUCT image. Yellow boxes indicate regions of interest that were used for signal quantification. A  
651 representative result for a HV and a DMD from  $n = 159$  independent muscle regions ( $n = 80$  HV/ $n = 79$   
652 DMD) in  $n = 20$  biologically independent subjects ( $n = 10$  HV/ $n = 10$  DMD patients) with similar results  
653 is shown. Scale bar, 5 mm.

654 **c:** Collagen<sub>mean/max</sub> signals of the HV and DMD subjects, as measured by 2D MSOT. Each filled circle  
655 represents one MSOT signal per independent muscle region (upper row) or the mean MSOT signal per  
656 independent subject (bottom row). Two-tailed dependent samples t-tests (matched for age) was used for  
657 statistical analysis. If the assumption of normal distribution was violated Wilcoxon signed-rank tests was  
658 used. Bonferroni-Holm adjustment was used to control type I error. Confidence intervals (95%CI), effect  
659 sizes ( $R^2$ ), coefficients ( $t(df)/W$ ) and p values are noted in the main text and Supplementary Tables. p  
660 values  $\leq 0.05$  were considered statistically significant.  $n = 158$  matched independent muscle regions ( $n =$   
661  $79$  HV/ $n = 79$  DMD) of  $n = 20$  biologically independent subjects ( $n = 10$  HV/ $n = 10$  DMD patients). Data  
662 are shown as mean  $\pm$  SD.

663 **d:** ROC curves for distinguishing between DMD and HV muscles using unmixed MSOT collagen  
664 parameters (collagen<sub>mean</sub> and collagen<sub>max</sub>). The area under the ROC curve (AUC) is indicated with the  
665 95% confidence interval for distinguishing between muscles from HV and DMD patients, as calculated  
666 using unmixed MSOT collagen parameters (collagen<sub>mean</sub> and collagen<sub>max</sub>) for  $n = 159$  independent muscle

667 regions ( $n = 80$  HV/ $n = 79$  DMD) in  $n = 20$  biologically independent subjects ( $n = 10$  HV/ $n = 10$  DMD  
668 patients).

669

670

671 **Figure 4 – *in vivo* 3D MSOT imaging of healthy volunteers and DMD patients**

672 a: Cartoon of the handheld 3D hemispherical MSOT detector probe (8 MHz center frequency). Using the  
673 NIR (660-900nm) and exNIR (900-1100nm) spectrum of light (660-1100nm), different absorbers, such as  
674 collagens, can be detected by their specific acoustic spectra. 3D imaging allows volumetric acquisition  
675 and quantification of tissue components.

676 **b:** 3D MSOT images of the same two boys from **Fig. 3b** are shown. Top row, 7-year-old HV; bottom  
677 row, 5-year-old DMD subject. Maximum projection images of the gastrocnemius muscle in two axes (XZ  
678 and YZ) and a 3D volumetric (volume) area are depicted with color-coded maps showing Hb<sub>total</sub> (red),  
679 collagen<sub>mean</sub> (turquoise) and lipid (yellow). Scale bar, 5 mm. A representative result for a HV and a DMD  
680 from n = 160 independent muscle regions (n = 80 HV/n = 80 DMD) in n = 20 biologically independent  
681 subjects (n = 10 HV and n = 10 DMD patients) with similar results is shown.

682 **c:** Quantification of 3D MSOT signals (Hb<sub>R</sub> = deoxygenated hemoglobin, HbO<sub>2</sub> = oxygenated  
683 hemoglobin, Hb<sub>total</sub> = total hemoglobin, collagen<sub>mean</sub>, collagen<sub>max</sub>). Each filled circle represents one MSOT  
684 signal per independent muscle region (upper row) or the mean MSOT signal per independent subject  
685 (bottom row).

686 Two-tailed dependent samples t-tests (matched for age) was used for statistical analysis. If the assumption  
687 of normal distribution was violated Wilcoxon signed-rank tests was used. Bonferroni-Holm adjustment  
688 was used to control type I error. Confidence intervals (95%CI), effect sizes (R<sup>2</sup>), coefficients (t(df)/W<sup>-</sup>)  
689 and p values are noted in the main text and/or Supplementary Tables. p values ≤0.05 were considered  
690 statistically significant. n = 160 matched independent muscle regions (n = 80 HV/n = 80 DMD) in n = 20  
691 biologically independent subjects (n = 10 HV and n = 10 DMD patients). Data are shown as mean ± SD.

692 **d:** ROC curves for distinguishing between DMD and HV muscles using unmixed MSOT collagen  
693 parameters (collagen<sub>mean</sub> and collagen<sub>max</sub>). The area under the ROC curve (AUC) is indicated with the  
694 95% confidence interval. n = 160 independent muscle regions (n = 80 HV/n = 80 DMD) in n = 20  
695 biologically independent subjects (n = 10 HV and n = 10 DMD patients).

696

697 **Figure 5 – Correlation of MSOT imaging and clinical standard assessments**

698 **a:** Correlation matrix of physical examinations, age, and mean MSOT collagen<sub>mean/max</sub> signals.  
699 Correlations are indicated as highly positive (dark blue), highly negative (dark red,) or white (non-  
700 significant) and Spearman correlation coefficient is given in numbers. MRC = Medical Research Council  
701 (MRC) strength grading system, UE = upper extremity, LE = lower extremity, prox. = proximal, dist. =  
702 distal, 6-MWT = 6-minute-walk-test, sit to stand= sit to stand test, and 4/8 stairs = 4/8 stairs climb.  
703 Correlations are given by Spearman correlation coefficient ( $r_s$ ). Two-tailed test. Two-tailed test.  
704 Bonferroni-Holm adjustment was used to control type I error, due to four comparisons (2D/3D  
705 collagen<sub>mean/max</sub>) per parameter (e.g. 6-MWT). P values  $\leq 0.05$  were considered statistically significant. n  
706 = 20 biologically independent subjects (n = 10 HV/n = 10 DMD patients). Detailed p-values and numbers  
707 (n) are presented in the **Supplementary Table 6**.  
708 **b:** Representative MRI images (water T<sub>2</sub> map, fat fraction (FF) map, total tissue sodium concentration  
709 (TSC) map, and intracellular-weighted <sup>23</sup>Na signal (ICwS)) map of a 7-year old DMD subject, compared  
710 to corresponding transversal 2D MSOT images (dashed line is drawn around the gastrocnemius muscle  
711 region). A representative result for a DMD patient from n = 5 biologically independent subjects with  
712 similar results is shown. Scale bars, 1 cm in MRI images and 5 mm in MSOT images.

713 **Figure 6 – MSOT quantitatively visualizes early-stage disease progression over time**

714 **a:** Study outline for longitudinal monitoring of DMD piglets. Imaging was performed at weeks 1, 2, 3,  
715 and 4 of life. All piglets were sacrificed after week 4, and tissue specimens were harvested.

716 **b:** Survival of WT and DMD piglets over the time course of the experiment. Kaplan-Meier curve of WT  
717 piglets (n = 6) and DMD piglets (n = 5). Circles represent censored subjects or unexpected death of  
718 subjects.

719 **c:** Schematic indicating how standardized palpable landmarks were used to locate muscles in piglets prior  
720 to imaging, ensuring repeatability of detector placement over time. Exemplary landmarks and skinned  
721 muscles are shown. Scale bar, 10 cm.

722 **d:** Representative 3D MSOT images of one DMD piglet over 4 weeks. Color-coded maps show Hb<sub>total</sub>  
723 (red), collagen<sub>mean</sub> (turquoise) and lipid (yellow). Scale bar, 5 mm. A representative result for a DMD  
724 piglet from n = 5 biologically independent animals (n = 3 WT/n = 2 DMD piglets) from n = 2 litters is  
725 shown.

726 **e:** Quantification of 2D and 3D MSOT collagen<sub>mean</sub> signals in WT and DMD piglet muscles over time. In  
727 the “All scans” graphs, WT and DMD MSOT collagen<sub>mean</sub> signals of independent piglet muscles of all  
728 animals were compared with each other at weeks 1, 2, 3, and 4 of age. Each filled circle represents one  
729 MSOT signal per independent muscle region (n = 24 WT/n = 20 DMD). Two-tailed independent samples  
730 t-tests (with Welch’s correction in cases of unequal variances) was used for statistical analysis. If the  
731 assumption of normal distribution was violated, a Mann-Whitney U-test was used. P values  $\leq 0.05$  were  
732 considered statistically significant. Bonferroni-Holm adjustment was used to control type I error, due to  
733 four comparisons (week 1 - 4) per parameter (e.g. 2D collagen<sub>mean</sub>). Confidence intervals (95%CI), effect  
734 size ( $R^2$ ), coefficients (t(df)/U) and exact p values are noted in the main text and/or Supplementary  
735 Tables. Data are shown as mean  $\pm$  SD. n = 44 independent muscle regions (n = 24 WT/n = 20 DMD) in n  
736 = 11 biologically independent animals (n = 6 WT/n = 5 DMD piglets) from n = 2 litters are shown.  
737 In the “Completed scans” graphs, WT and DMD MSOT collagen<sub>mean</sub> signals of independent piglet  
738 muscles of surviving animals were compared with each other at weeks 1, 2, 3, and 4 of age. Each filled

739 circle/square represents the mean  $\pm$  SD MSOT signal of independent muscle regions over the course of  
740 the experiment (n = 12WT/n = 8 DMD). 2D MSOT parameters were analyzed by post-hoc Tukey's HSD  
741 following a mixed-effects models due to missing values in week 1 (litter 1). p values  $\leq$  0.05 were  
742 considered statistically significant. 3D MSOT collagen parameters were analyzed by Tukey's honestly  
743 significant difference tests following a two-way (mixed design) ANOVA; Data are shown as mean  $\pm$  SD.  
744 n = 20 independent muscle regions (n = 12 WT/n = 8 DMD) in n = 5 biologically independent animals (n  
745 = 3 WT/n = 2 DMD piglets) from n = 2 litters are shown.

746 **f-g:** A representative image of a 4 week old WT and DMD piglet (**f**) and representative low magnification  
747 views of freshly-excised unstained muscle (macroscopy), as well as TriC and SiR stained muscles, from  
748 WT and DMD piglets (**g**). Macroscopic alterations and increased fibrosis are evident in DMD versus WT  
749 muscle TriC and SirR stainings. Scale bars, 1 cm (macroscopy) and 100  $\mu$ m/50  $\mu$ m (histology/inserts).

750 **h:** Quantitation of the positive-stained collagen area of WT and DMD piglet muscles at weeks 1 and 4 of  
751 age, as assessed by TriC and SirR staining and collagen abundance. Two-tailed independent samples t-  
752 tests (with Welch's correction in cases of unequal variances) was used for statistical analysis. If the  
753 assumption of normal distribution was violated, a Mann-Whitney U-test was used. Bonferroni-Holm  
754 adjustment was used to control type I error, due to three comparisons per parameter (e.g. TriC).  
755 Confidence intervals (95%CI), effect sizes ( $R^2$ ), degrees of freedom (t(df)/U) and p values are noted in the  
756 main text. P values  $\leq$  0.05 were considered statistically significant. Data are shown as mean  $\pm$  SD. n = 20  
757 independent muscle specimens (n = 12 WT/n = 8 DMD) from n = 5 biologically independent animals (n =  
758 3 WT/n = 2 DMD) from n = 2 litters.

759 **i-k:**

760 Quantitative proteome analysis of skeletal muscle tissue from 1- and 4-week-old DMD and WT piglets:  
761 principal component analysis (PCA) (**i**), unsupervised hierarchical clustering of LFQ intensity values (**j**)  
762 and volcano plots of log<sub>2</sub> fold changes (**k**). In **i**, symbols represent individual muscle samples. In **k**, the  
763 permutation-based FDR significance cutoff (< 0.05) is depicted by the black curves. Two-tailed

764 independent samples t-tests (with Welch's correction) was used for statistical analysis. No  
765 adjustment for multiple comparison was applied, due to reporting as significant by a  
766 permutation-based FDR estimation (FDR < 0.05). p values  $\leq 0.05$  were considered statistically  
767 significant. n = 16 independent muscle specimens (n = 8 WT/n = 8 DMD) from n = 8 biologically  
768 independent animals (n = 4 WT/n = 4 DMD) from n = 2 litters.

769 **Materials and Methods**

770 **Phantom imaging**

771

772 Plastic placeholders were positioned in a costume made metal mold and filled with a 2%

773 agarose/1% lipid-deuterium oxide-gel (Agarose Standard, Roti®agarose, Carl Roth GmbH + Co,

774 KG, Karlsruhe, Germany, heavy water [Deuterium oxide], 99.9%, Sigma-Aldrich Chemie

775 GmbH, Steinheim, Germany, and Lipofundin © MCT/LCT 20%, Braun, Melsungen, Germany).

776 Placeholders were replaced by plastic straws filled with following chromophores: purified

777 human collagen type I (Human Type I Atelo-Collagen Solution, 3 mg/mL, VitroCol®, Advanced

778 Biomatrix, San Diego, USA), type III (Human Collagen Solution, Type III, 1 mg/ml ®,

779 Advanced Biomatrix, San Diego, USA), and type IV (Collagen Type IV from human cell

780 culture, 0.3mg/ml, Sigma-Aldrich Chemie GmbH, Steinheim, Germany), anticoagulated

781 (citrated) blood, lipids (rapeseed oil), and water.

782 For tissue imaging, a plastic container was filled one half with 2% agarose-gel (2% Agarose,

783 NEEO ultra-quality, Carl Roth GmbH + Co, KG, Karlsruhe, Germany). The sample was

784 positioned on the surface of the hardened agarose. The gel suppressed reflections on the back

785 wall of the container. For ideal coupling, it was then filled completely with deionized water. All

786 phantoms and *ex vivo* samples were imaged with a hybrid ultrasound MSOT system (MSOT

787 Acuity Echo prototype imaging system, iThera Medical GmbH, Munich, Germany) described

788 below.

789

790 **Porcine DMD model**

791 All animal experiments were performed in accordance with the German Animal Welfare Act and

792 were approved by the responsible animal welfare authority (District Government of Upper



793 Bavaria, Reference Number 55.2-1-54-2532-163-2014). A heterozygous female carrier pig with  
794 a deletion of DMD exon 52 (*DMD* $\Delta$ 52) was established by somatic cell nuclear transfer (SCNT)  
795 using primary cells with one modified DMD allele<sup>9,37</sup>. A breeding herd for DMD pigs was  
796 founded on heterozygous *DMD*<sup>+/-</sup> sows, generated by inseminating the founder animal with  
797 sperm from WT boars (Prüf- und Besamungsstation München Grub e.V., Munich, Germany).  
798 For the proof of concept study, male *DMD*<sup>Y/-</sup> piglets were selected as study subjects from three  
799 different litters, derived from matings of F1 *DMD*<sup>+/-</sup> pigs with wild-type boars at the Center for  
800 Innovative Medical Models (CiMM, LMU Munich, Germany). For the longitudinal porcine  
801 studies, male *DMD*<sup>Y/-</sup> piglets from two different litters were selected from matings of F2 *DMD*<sup>+/-</sup>  
802 pigs as described above.

803

#### 804 **Genotype Screening**

805 Genotyping of piglets was carried out by polymerase chain reaction (PCR) analysis of DNA  
806 isolated from individual tail biopsies. The abundance of the intact (WT) DMD allele was  
807 detected by the primer pair 5'-tgc aca atg ctg gag aac ctc a-3' and 5'-gtt ctg gct tct tga ttg ctg g-  
808 3', whereas the mutated (*DMD* $\Delta$ 52) allele was detected by the primer pair 5'-cag ctg tgc tcg acg  
809 ttg tc-3' and 5'-gaa gaa ctc gtc aag aag gcg ata g-3'.

810

#### 811 **MSOT piglet imaging**

812 For the proof-of-concept study, N = 17 piglets underwent standardized 2D MSOT-imaging by  
813 transversal scans of the shoulder (*triceps brachii muscle*) and the leg/thigh (*biceps femoris*  
814 *muscle*) muscles. All animals were scanned within 1 - 3 days after birth. N = 11 piglets were  
815 included in the longitudinal porcine pilot study. Here, all animals underwent standardized

816 transversal, and 3-dimensional imaging of the shoulder and leg/thigh muscles of both sides (**Fig.**  
817 **6c** and **Supplementary appendix Table 21**). Imaging was performed in week 1 (day 1-2), week  
818 2 (day 2-3), week 3 (day 8/9), and week 4 (day 22/23) of life. Only WT piglets were sedated with  
819 intranasal application of Midazolam if required from week 2 onwards. DMD piglets were trained  
820 by LMF, and no sedation was required during MSOT imaging. All imaging investigators (AR,  
821 FK) were blinded to the genotype.

822

### 823 **Histological examination and collagen quantification**

824 In the proof of concept study, N = 9 animals (N = 6 WT and N = 3 DMD piglets) were  
825 euthanized 3-8 days after birth and representative tissue specimens were taken from the  
826 previously imaged anatomical regions. In the longitudinal study, N = 10 animals (N = 5 WT and  
827 N = 5 DMD piglets) were examined after death; N = 5 in week 1 (N = 3 WT and N = 2 DMD), N  
828 = 5 in week 4 (N = 2 WT and N = 3 DMD). One WT was excluded from histological analysis,  
829 due to unknown exact time of death.

830 After harvesting, tissue was fixed in a 4% formaldehyde/phosphate buffered saline solution (Roti  
831 Histofix 4%; Carl Roth GmbH, Germany), and later embedded in paraffin. Sections (4µm thick)  
832 were stained with hematoxylin-eosin (H&E), Sirius Red (SirR), and Masson trichrome (TriC)  
833 according to standard laboratory protocols. Dystrophin immunohistochemistry was performed on  
834 sections of formalin-fixed, paraffin-embedded samples of the biceps femoris and triceps brachii  
835 muscle of a WT and a DMD piglets. Heat-induced antigen retrieval was performed using 10 mM  
836 citrate buffer (pH 6.0/0.05% Tween). Primary antibody was mouse monoclonal antibody against  
837 DYS1 (Rod domain) (dilution 1:20; overnight at 4°C; #NCL-DYS1; Clone: Dy4/6D3; Leica  
838 Biosystems), secondary antibody was biotinylated goat anti-mouse IgG (dilution 1:500; 1 hour at

839 room temperature; #115-065-146, Jackson ImmunoResearch). Bound antibodies were detected  
840 using the Vectastain Elite ABC HRP Kit (#PK-6100; Vector Laboratories) and 3,3-  
841 diaminobenzidine tetrahydrochloride dihydrate (#SK-4105; Vector Laboratories) as chromogen  
842 (brown color). Hemalaun was used as counterstain (blue color).

843 SirR and TriC stained sections were analyzed for their collagen content as following: histological  
844 sections were photographed with an AXIO Scope.A1 (Carl Zeiss AG, Germany) using AXIO  
845 Vs40 software (Version 4.8.10, Carl Zeiss Imaging Solutions GmbH) with 10-fold  
846 magnification. TIF files (1388x1040 pixels) were exported and analyzed using FIJI software  
847 (Version 2.0.0 or newer, available at <https://fiji.sc>)<sup>61</sup>. Then, the images were split in three  
848 channels (red, blue, and green). For collagen quantification in TriC, the red channel was used  
849 and for SirR staining the green channel was used. The respective positive stained tissue was  
850 calculated as a fraction from the whole images.

851

## 852 **Collagen and protein assays**

853 For total collagen (hydroxyproline) and total protein quantification, five paraffin embedded  
854 muscle tissue sections (10µm thick) per muscle were analyzed using a Total Collagen Assay  
855 (QuickZyme, Biosciences, Leiden, Netherlands) and a Total Protein Assay (QuickZyme,  
856 Biosciences, Leiden, Netherlands). According to manufacturer's instructions, the tissue was  
857 acidic hydrolyzed (6M HCl, Sigma-Aldrich Chemie GmbH, Steinheim, Germany, overnight at  
858 95 °C). The samples for total collagen and total protein content were measured using a  
859 microplate reader (ELx808, BioTek, Winooski, US) at 550 nm. The absolute collagen content  
860 was derived from the quotient between total collagen and total protein.

861

862 **Quantitative proteome analysis of skeletal muscle samples**

863 Frozen tissue samples were cryopulverized using a cryoPREP hammer (Covaris, model no. CP02  
864 cryoPREP Impactor) at an impact level of five. Tissue powder was homogenized in lysis buffer  
865 (8 M urea/0.4 M  $\text{NH}_4\text{HCO}_3$ ) by ultrasonification (11 kJ, Sonopuls GM3200 equipped with a  
866 BR30 cup booster). Pierce 660 nm Protein Assay (Thermo Fisher Scientific) was used for total  
867 protein quantification. 60  $\mu\text{g}$  of protein was reduced using dithiothreitol (DTT, final  
868 concentration 4 mM) for 30 min at 56 °C and cysteines were alkylated with iodoacetamide (IAA,  
869 final concentration 8 mM) for 30 min in the dark. Residual IAA was quenched with DTT at a  
870 final concentration of 10 mM during 15 min incubation in the dark. Proteins were digested with  
871 Lys-C (Wako Chemicals) at an enzyme/substrate ratio of 1:50 for 4 h at 37 °C. Samples were  
872 diluted with water to 0.8 M urea and digested overnight at 37 °C with trypsin (1:50; Promega).  
873 Nano-LC-MS/MS analysis was conducted on an Ultimate 3000 nano-LC system (Thermo Fisher  
874 Scientific) coupled online to a Q Exactive HF-X mass spectrometer (Thermo Fisher Scientific).  
875 1.5  $\mu\text{g}$  of tryptic peptides were separated at 250 nL/min on a 50 cm column (PepMap RSLC C18,  
876 75  $\mu\text{m}$  ID, 2  $\mu\text{m}$ , Thermo Fisher Scientific) from 5% to 25% solvent B (0.1% formic acid in  
877 acetonitrile) in 160 min and from 25% to 40% B in 10 min. Spectra were acquired by one full  
878 scan (350 to 1600 m/z) with a resolution of 60,000 and up to 15 data-dependent MS/MS scans  
879 with a resolution of 15,000. MS raw data were processed using MaxQuant (v. 1.6.7.0)<sup>62</sup> with  
880 FDR < 0.01 at the peptide and protein level. For protein identification, the NCBI RefSeq Sus  
881 scrofa database (v. 3-5-2019) was used. Label-free peptide and protein quantifications were  
882 performed by MaxQuant with the normalization feature disabled. Downstream data analysis and  
883 visualization was performed using Perseus (v. 1.6.7.0)<sup>63</sup> and R<sup>64</sup> as previously described<sup>65</sup>.  
884

885 **Study design of pediatric MSOT study**

886 All patients were recruited at the Department of Pediatric Neurology of the University Hospital  
887 of Erlangen between June 6<sup>th</sup> 2018 and June 15<sup>th</sup> 2018. Ten boys between 3 and 10 years of age  
888 with DMD, confirmed either by genotyping or biopsy, and with preserved walking ability, were  
889 enrolled in the study. As controls, ten sex- and age-matched, healthy volunteers (HV) were  
890 recruited during the same time period. HV with any pre-existing muscular disorder were  
891 excluded. After screening for study inclusion, all participants underwent physical examination,  
892 (standard) B-mode ultrasound and MSOT. Data collection included demographic and clinical  
893 features such as age, sex, height and weight as well as disease-specific characteristics such as  
894 disease duration and current treatment. The study was performed in accordance with the  
895 Declaration of Helsinki. Approval from the local ethics committee (Friedrich-Alexander-  
896 University of Erlangen-Nuremberg) was granted and written informed consent was obtained  
897 from parents/guardians. The study was registered at clinicaltrials.gov (ID: NCT03490214). For  
898 any identifiable images of research participants, written permission to publish was obtained.

899

900 **Physical examinations**

901 Patients and healthy volunteers underwent physical examination during the course of the study  
902 by three well-trained physiotherapists. All participants started with the 6-MWT<sup>20,21</sup>, followed by  
903 timed function tests (rise from chair, rise from supine, 10 m walk/run, 4 stairs climb, 8 stairs  
904 climb and sit to stand-test) and manual muscle testing (MRC of 20 muscles/groups including  
905 shoulder, arm, hand, fingers, limb, leg, toes, head and trunk (grading 0-5)).<sup>10,66-68</sup>

906 In detail, the respective test was performed and scored as follows: 6-MWT=6-minute-walk-test  
907 (measures walking distance within six minutes; range: 0-theoretically infinite; lower distance

908 represents a higher degree of muscle function loss)<sup>20,21</sup>, sit to stand-test (measures repetitions to  
909 rise from chair in one minute; one repetition to theoretically infinite; high number of repetitions  
910 indicate a better degree of muscle function and a lower degree of dyspnea; few repetitions  
911 indicate a higher degree of muscle function loss and a higher degree dyspnea) adapted from<sup>67</sup>,  
912 rise from chair/supine (measures time to rise from chair in seconds; 0.5 seconds to a time limit of  
913 120 seconds; short time indicates a better degree of muscle function; long time indicates a higher  
914 degree of muscle function loss)<sup>10,66,68</sup>, 10-meter walk/run (measures time to run 10 meters in  
915 seconds; a few seconds to a time limit of 120 seconds; short time indicates a better degree of  
916 muscle function; long time indicates a higher degree of muscle function loss)<sup>10,66,68</sup>, 4-/8-stairs  
917 climb (measures time to climb 4 stairs in seconds; a few seconds to a time limit of 120 seconds;  
918 short time indicates a better degree of muscle function; long time indicates a higher degree of  
919 muscle function loss)<sup>10,66,68</sup>, manual muscle testing of 20 muscles using the Medical Research  
920 Council (MRC) strength grading system; grade 0-5 (0=paralysis to 5=full strength).<sup>10,66,68</sup>  
921 For statistical analysis the muscles were grouped in 4 anatomical regions (proximal and distal  
922 muscles of the upper and lower extremity) and a mean muscle-strength-score was calculated for  
923 each region. Duration for physical examination was limited to one hour. Missing data points  
924 were excluded from final analysis.

925

## 926 **MRI acquisition and analysis**

927 N = 5 DMD patients of our study were simultaneously recruited by the Radiology Department of  
928 the University Hospital Erlangen in a separate study for an analysis of <sup>23</sup>Na MRI to detect early  
929 changes in ion homeostasis in DMD patients between February 2018 to May 2018. The study  
930 was approved by the local Ethical Review Board (Number: 250\_16 Bc). MR data acquisition

931 methods have been described previously <sup>18</sup>. Briefly, all participants underwent MRI (Magnetom  
932 Skyra, 3 T, Siemens Healthineers, Erlangen, Germany) of their right lower leg. The imaging  
933 protocol consisted of a <sup>1</sup>H MRI part (using a dedicated 15-channel knee coil (Siemens  
934 Healthineers, Germany)) and a <sup>23</sup>Na MRI part (using a dedicated 1-channel knee coil (Stark  
935 Contrast, Germany). Details of the protocol are displayed in the **Supplementary Table 22**. Fat  
936 fraction (FF) and water T2 maps were obtained from the <sup>1</sup>H protocol as well as total sodium  
937 concentration (TSC) and intracellular-weighted sodium signal (ICwS) maps from the <sup>23</sup>Na  
938 protocol. ROIs for <sup>23</sup>Na MRI evaluation were drawn on anatomical reference images and  
939 interpolated on the sodium maps. For MRI imaging analysis, manually drawn ROIs were placed  
940 in the gastrocnemius muscles corresponding to MSOT images (**Figure 5b**). All MRIs were  
941 reviewed by researchers with at least five years of experience (AMN and TG).

942

#### 943 **Analysis of <sup>23</sup>Na MRI in comparison to MSOT in DMD patients**

944 A retrospective comparative analysis of MRI and MSOT was conducted to correlate the  
945 respective information. The median of five MRI sections (10mm width, each) was used for the  
946 analysis of water T<sub>2</sub> maps and FF; TSC and ICwS signals were evaluated from corresponding  
947 sections (15mm and 20mm width, respectively). For comparison between MRI and MSOT  
948 collagen and fat parameters, transversal 2D MSOT images were used.

949

#### 950 **MSOT and ultrasound imaging standardization**

951 All patients and healthy controls underwent MSOT and ultrasound imaging of eight predefined  
952 anatomical regions (biceps brachii muscle, anterior forearm flexors, rectus femoris muscle and  
953 gastrocnemius muscle; both sides). Posture and detector (2D/3D MSOT detectors, ultrasound

954 detector) placement were standardized and marked to ensure scanning reproducibility for all  
955 imaging devices (for details see **Supplementary Table 23/Extended Data Fig. 7**).

956

### 957 **B-mode ultrasound technical data**

958 All anatomical regions were scanned using a single high-end ultrasound system (Logiq L9,  
959 General Electric Company, Milwaukee, Wisconsin, USA, Linear probe M12L, 9 MHz) by a  
960 single, professional investigator (certification level: DEGUM III). The ultrasound datasets were  
961 saved as raw data (DICOM). Echogenicity (hyper-/iso-/hypo-echogenic), Heckmatt-Scale (1-  
962 4)<sup>69</sup>, muscle-texture (coarse-/medium-/fine-granular) and the distribution pattern (in-  
963 /homogeneous/focal) were assessed for each image.<sup>70</sup> The total investigation time for ultrasound  
964 imaging was limited to twenty minutes.

965

### 966 **MSOT technical data**

967 All images were obtained with two separate hybrid ultrasound MSOT systems (MSOT Acuity  
968 Echo prototype imaging system, iThera Medical GmbH, Munich, Germany), one system was  
969 only used for piglets and one only for human imaging. The optoacoustic imaging system is based  
970 on a 25Hz pulsed Nd:YAG laser and has two detectors. The 2D concave handheld detector (4  
971 MHz center frequency, 256 transducer elements) with a field of view of 30 mm and spatial  
972 resolution of <150µm provides cross sectional images and is combined with a reflective  
973 ultrasound computed tomography (RUCT) unit, to anatomically guide optoacoustic imaging  
974 during the examination. The 3D hemispherical handheld detector (8 MHz center frequency, 256  
975 transducer elements) with a field of view of 15 mm and a spatial resolution of 100 µm provides



976 isotropic volumetric optoacoustic images. Transparent ultrasound gel (AQUASONIC clear®,  
977 Parker Laboratories Inc., Fairfield, NJ, USA) was used for coupling between detector and skin.  
978 For the phantom and *ex vivo* experiments, Multispectral optoacoustic tomography signals were  
979 acquired from 660 nm to 1200 nm in 5 nm steps. For *in vivo* imaging, Multispectral optoacoustic  
980 tomography signals were acquired at 680, 700, 730, 760, 800, 850, 920, 1000, 1030, 1064, and  
981 1100 nm. A polygonal region of interest was placed just beneath the muscle fascia according to  
982 the MSOT-signal.

983

#### 984 **MSOT data analysis**

985 2D imaging data was analyzed using cLabs software (Version 2.66, iThera Medical GmbH,  
986 Munich, Germany). The program enables analysis of user-defined MSOT parameters (in  
987 arbitrary units, a.u.) and extraction of optoacoustic spectra from the region of interest in the  
988 multispectral optoacoustic images. 3D imaging data was analyzed using ViewMSOT software  
989 (Version 3.8, iThera Medical GmbH, Munich, Germany). MSOT data were reconstructed with  
990 direct backprojection and spatial fluence correction was applied for images acquired with the 2D  
991 detector ( $\mu_a=0.022$  and  $\mu_s=10\text{cm}^{-1}$ ). Using spectral unmixing, MSOT values for Hb<sub>R</sub>, HbO<sub>2</sub> and  
992 collagen were obtained. Collagen unmixing was based on acquired wavelengths of the entire  
993 spectral range, whereas Hb<sub>R</sub>, HbO<sub>2</sub> signal was calculated from a sub-range (730 nm and 850 nm)  
994 which is more accurate in unmixing due to increase of water absorptivity at higher wavelengths.  
995 Single wavelength of 920 nm was used to depict lipid signals. To aid interpretation, 3D signals  
996 (a.u.) were rescaled: human collagen signals (a.u.) were multiplied by  $10^4$  and hemoglobin  
997 signals (a.u.) were multiplied by  $10^7$ ; piglet collagen<sub>mean</sub> signals (a.u.) were multiplied by  $10^4$  and  
998 collagen<sub>max</sub> signals by  $10^3$ .

999

1000 **Device tolerability**

1001 The imaged skin of every participant was visually examined after each scan. Investigated  
1002 subjects and parents/guardians were asked about any inconvenience during the imaging  
1003 sessions/trials. All reported events were documented.

1004

1005 **Statistical analysis**

1006 Due to the study design (pilot first-in piglet, first-in pediatric, first longitudinal *in vivo* use of  
1007 MSOT, no former description of collagen signal derived from MSOT *in vivo*) no sample size  
1008 calculation was performed. For piglets, the sample size corresponded to three litters for the proof  
1009 of concept, and two litters for the longitudinal porcine pilot trial. Ten Duchenne patients and  
1010 healthy volunteers were found to be reasonable and ethically justified for the patient study.  
1011 Continuous variables are given as means and standard deviations; categorical variables are  
1012 provided as numbers and percentages. Data were tested for normal distribution using Shapiro-  
1013 Wilk test prior to inferential analysis. Between piglet group comparisons (DMD vs. WT) of  
1014 MSOT parameters and histological results were conducted using independent samples t-tests. In  
1015 case of unequal variances in an independent samples t-tests, Welch's correction was applied. If  
1016 the assumption of normal distribution was violated, a Mann-Whitney U-test was chosen for the  
1017 independent samples comparison. Correlations are given by Spearman correlation coefficient  
1018 ( $r_s$ ). Human MSOT parameters were compared between cohorts in a pairwise manner (matched  
1019 for age) using dependent samples t-tests. If the assumption of normal distribution was violated  
1020 Wilcoxon signed-rank tests was used. We performed receiver operator characteristics (ROC)  
1021 analysis between muscles of WT/HV and DMD-piglets/DMD-patients. As gold standard

1022 histopathology and genotyping were used. Wilcoxon signed-rank tests were used for comparison  
1023 of physical examinations. For comparison of the duration of examinations, Mann-Whitney U-  
1024 tests were applied. For longitudinal comparisons of 3D MSOT collagen parameters in the  
1025 porcine pilot trial, Tukey's honestly significant difference tests following a two-way (mixed  
1026 design) ANOVA including piglet group and time points were chosen. For longitudinal  
1027 comparison of 2D MSOT parameters, post-hoc Tukey's HSD following a mixed-effects models  
1028 (fixed effects: piglet group & time points, random effect: piglet) were used due to missing values  
1029 in week 1 (litter 1)). Independent samples t-tests were applied to compare all scans of WT and  
1030 DMD piglets at each week. In case of unequal variances in an independent samples t-tests,  
1031 Welch's correction was applied. If the assumption of normal distribution was violated, a Mann-  
1032 Whitney U-test was chosen for the independent samples comparison. Quantitative proteome  
1033 analysis was performed as described above. All inferential tests were two-tailed, p values  $\leq 0.05$   
1034 were considered statistically significant. Bonferroni-Holm adjustment was used to control type I  
1035 error. Complete information on inferential test results including test coefficient, p-value, and  
1036 effect size are presented in the Supplementary Appendix. All analyses were performed using  
1037 GraphPad Prism (Version 7.00 or newer, GraphPad Software, La Jolla, CA, USA).

1038

### 1039 **Statistics and Reproducibility**

1040 MSOT signals were derived from averaged video captures (seven frames) obtained in anatomical  
1041 independent muscle regions in piglets and patients. All anatomical locations were considered  
1042 independent because of the heterogeneity of the underlying disease. In cases of multiple  
1043 scans/recordings (e.g. because of piglet/patient movement), a mean of all scans was calculated.  
1044 2D transversal and 2D longitudinal MSOT scans at the same anatomical locations were

1045 considered as technical replicates. As a consequence, all statistical analysis was based on one  
1046 (transversal) imaging orientation. In order to provide a universal readout for each subject, a mean  
1047 MSOT signal was calculated over all anatomical regions. This was used for correlations to  
1048 clinical standard testing.

1049

#### 1050 **Data availability statement**

1051 The data sets generated during and/or analyzed during the current study are available from the  
1052 corresponding author on reasonable request. Restrictions may apply due to patient privacy and  
1053 the General Data Protection Regulation.

1054

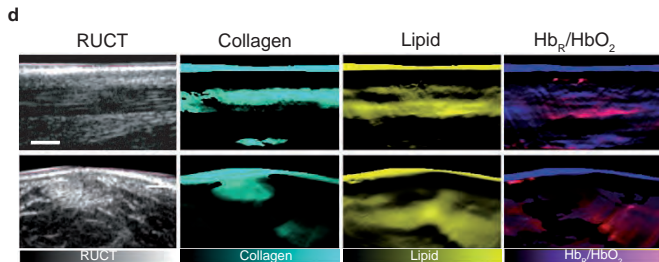
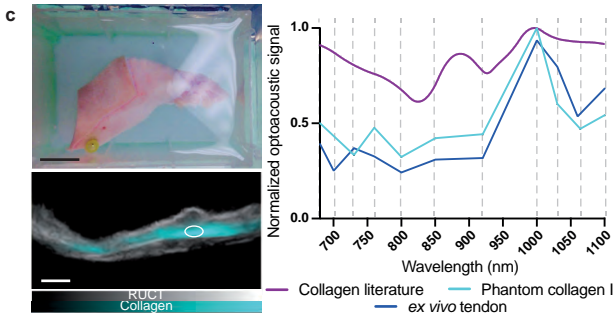
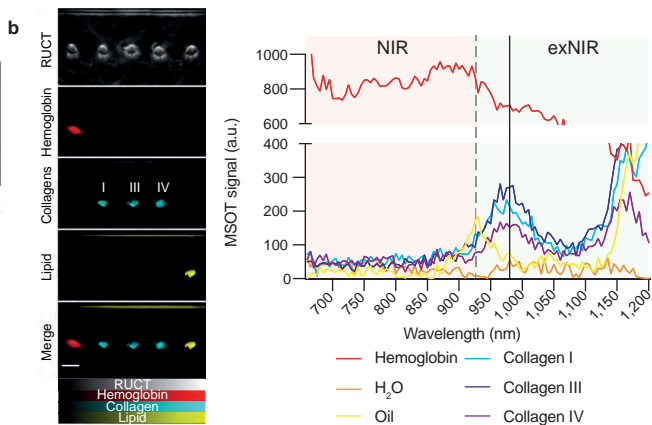
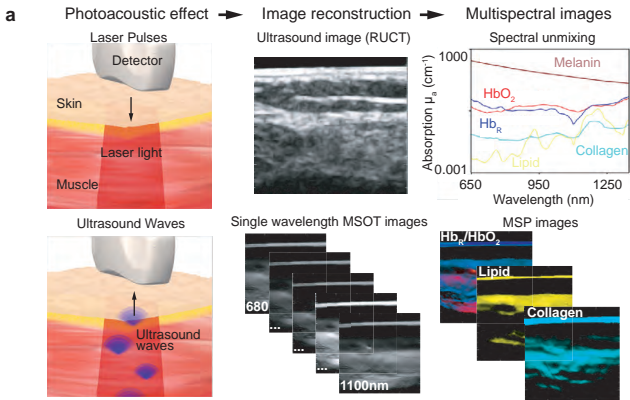
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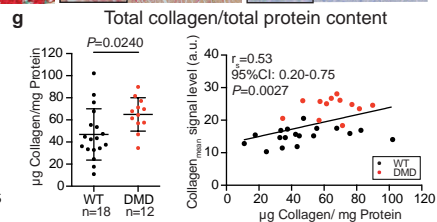
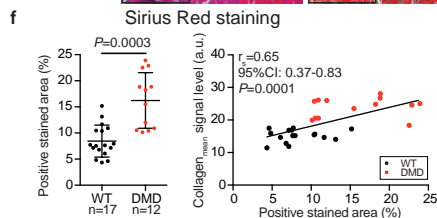
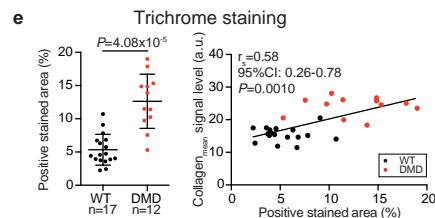
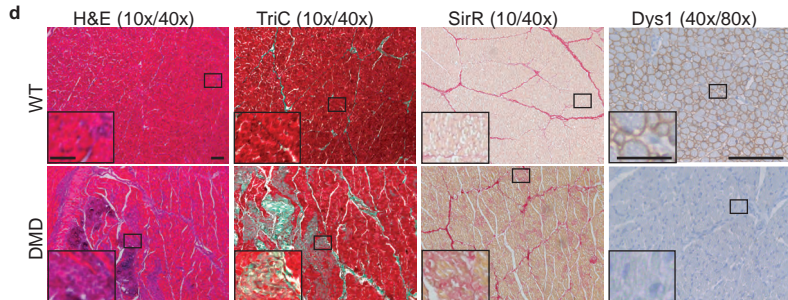
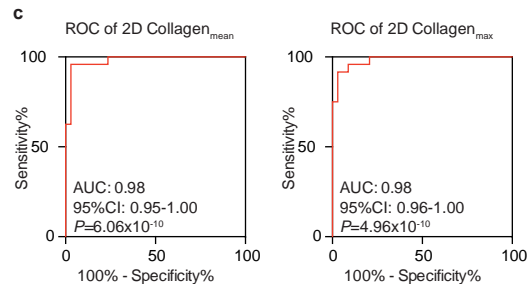
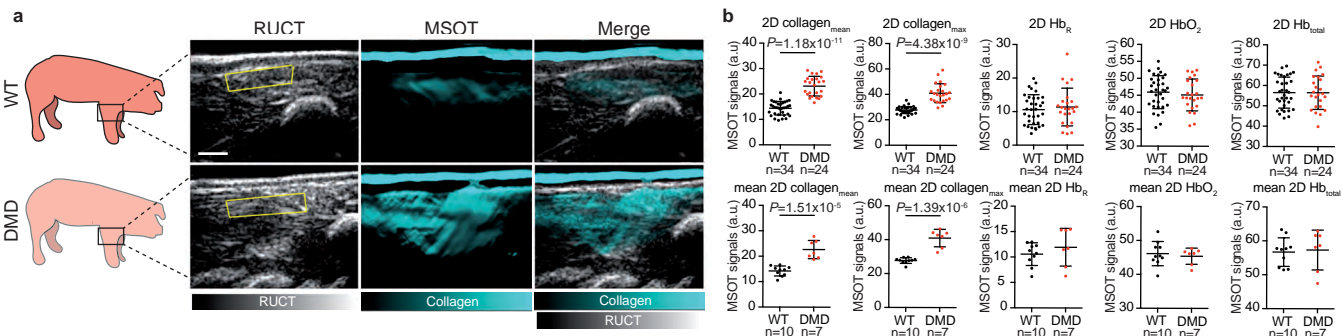
#### 1056 **Methods-only references**

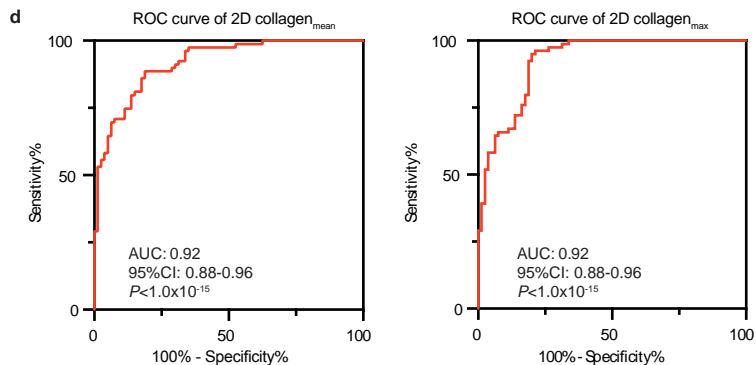
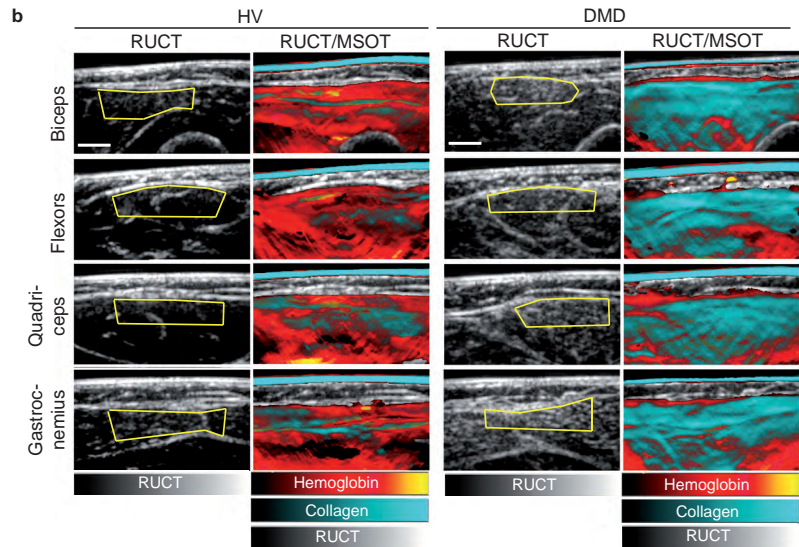
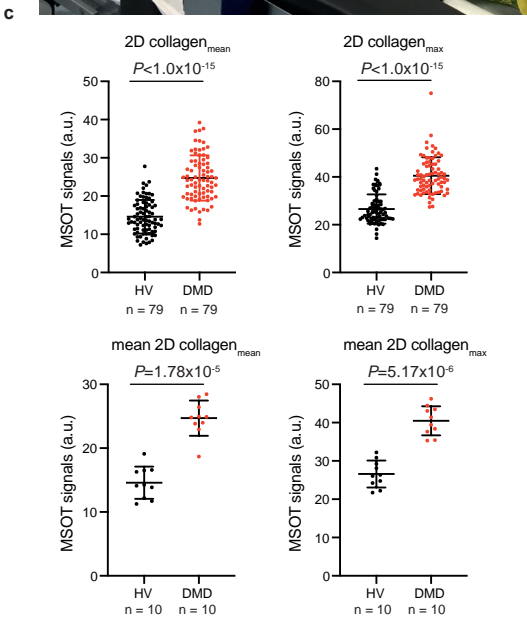
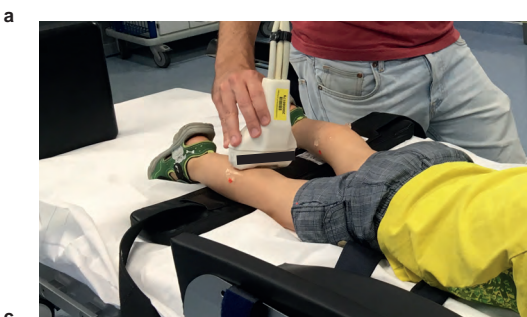
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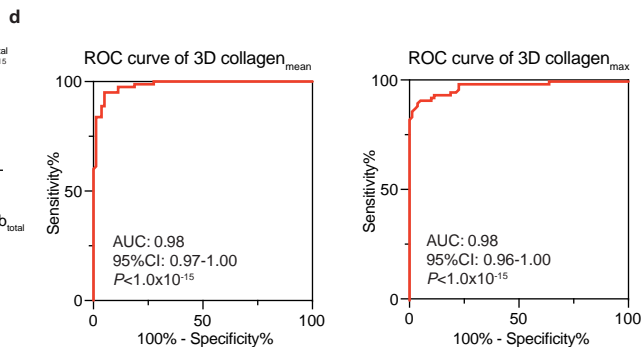
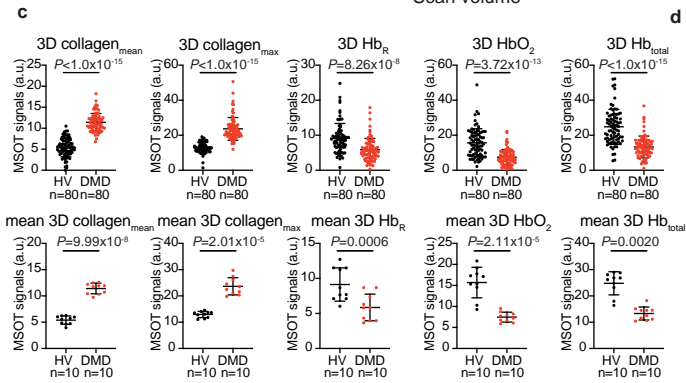
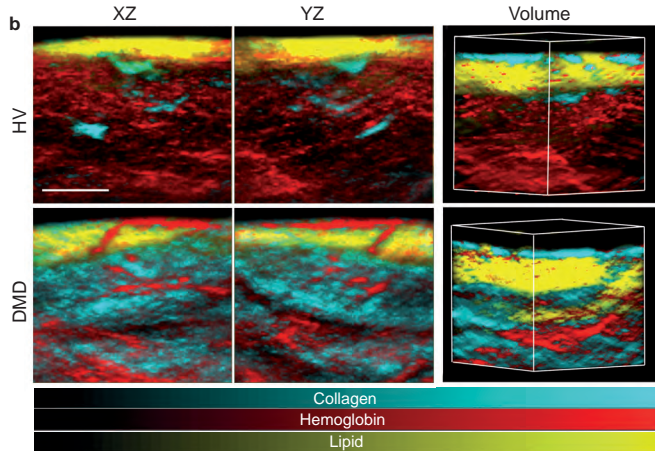
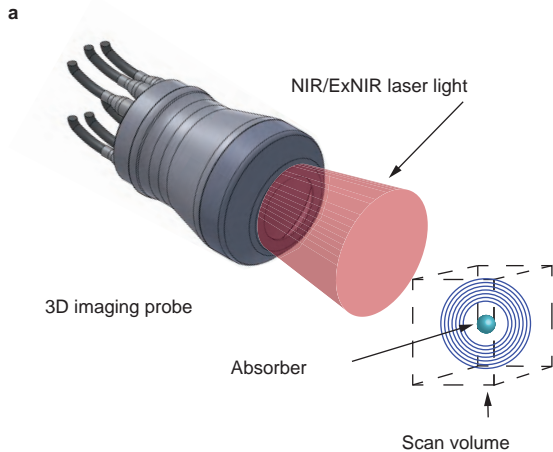
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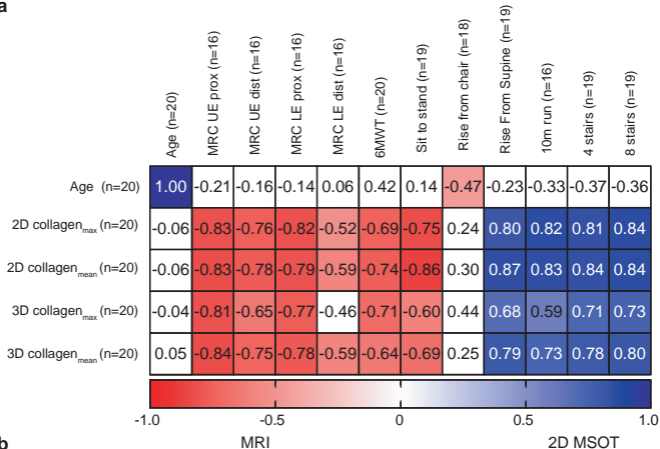
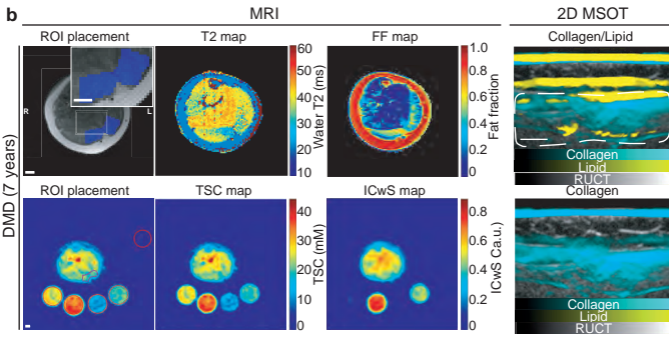


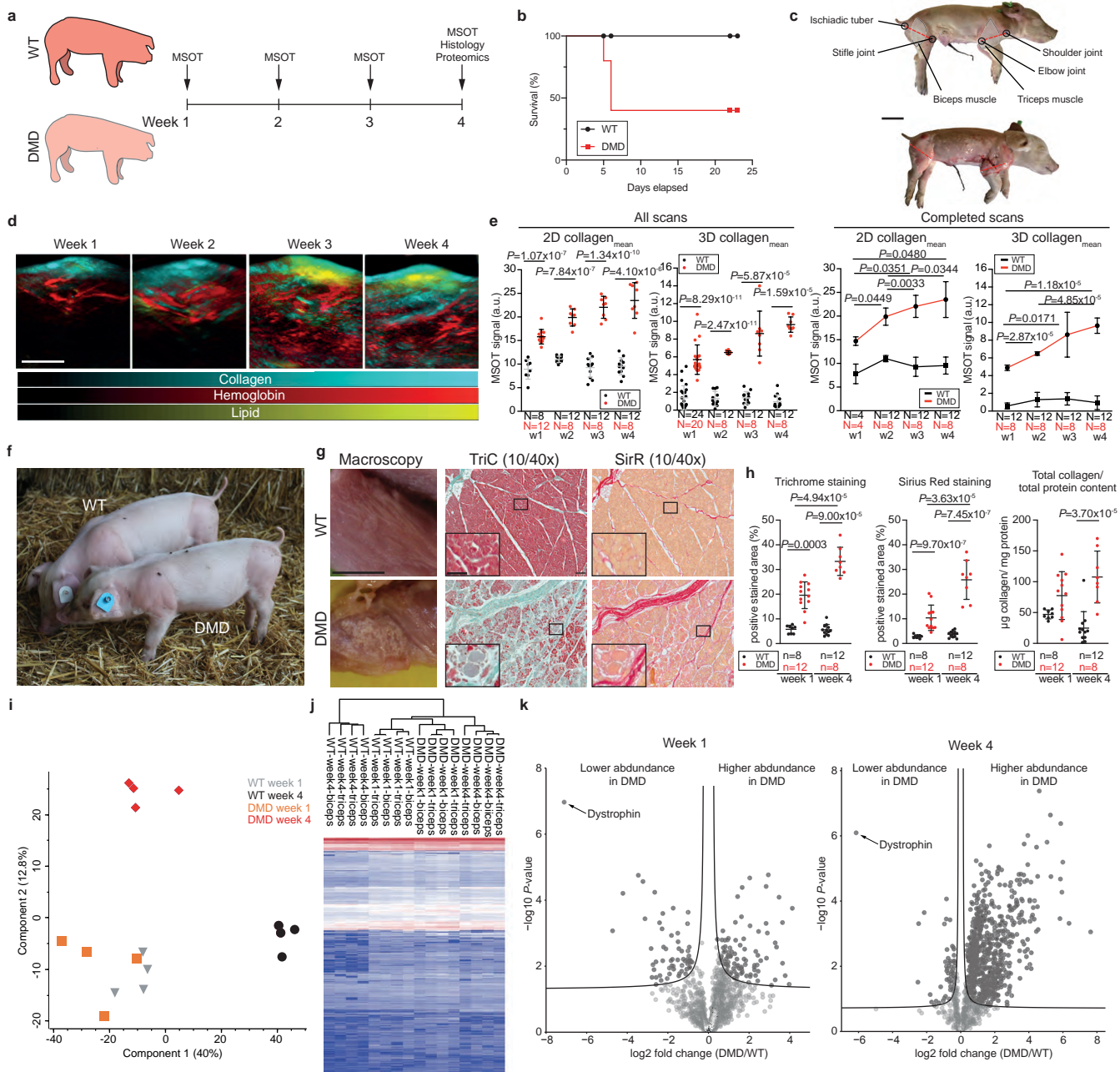


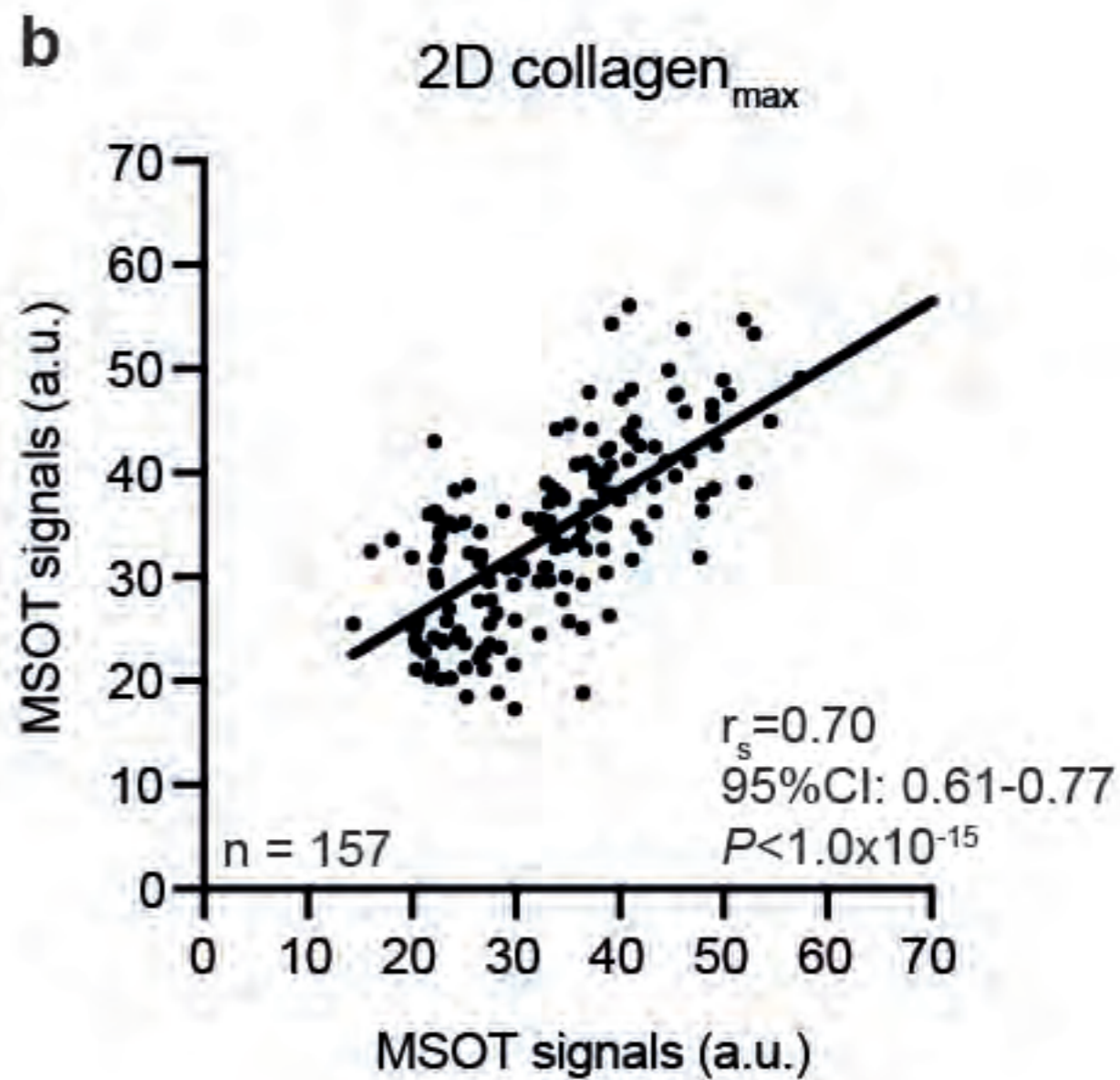
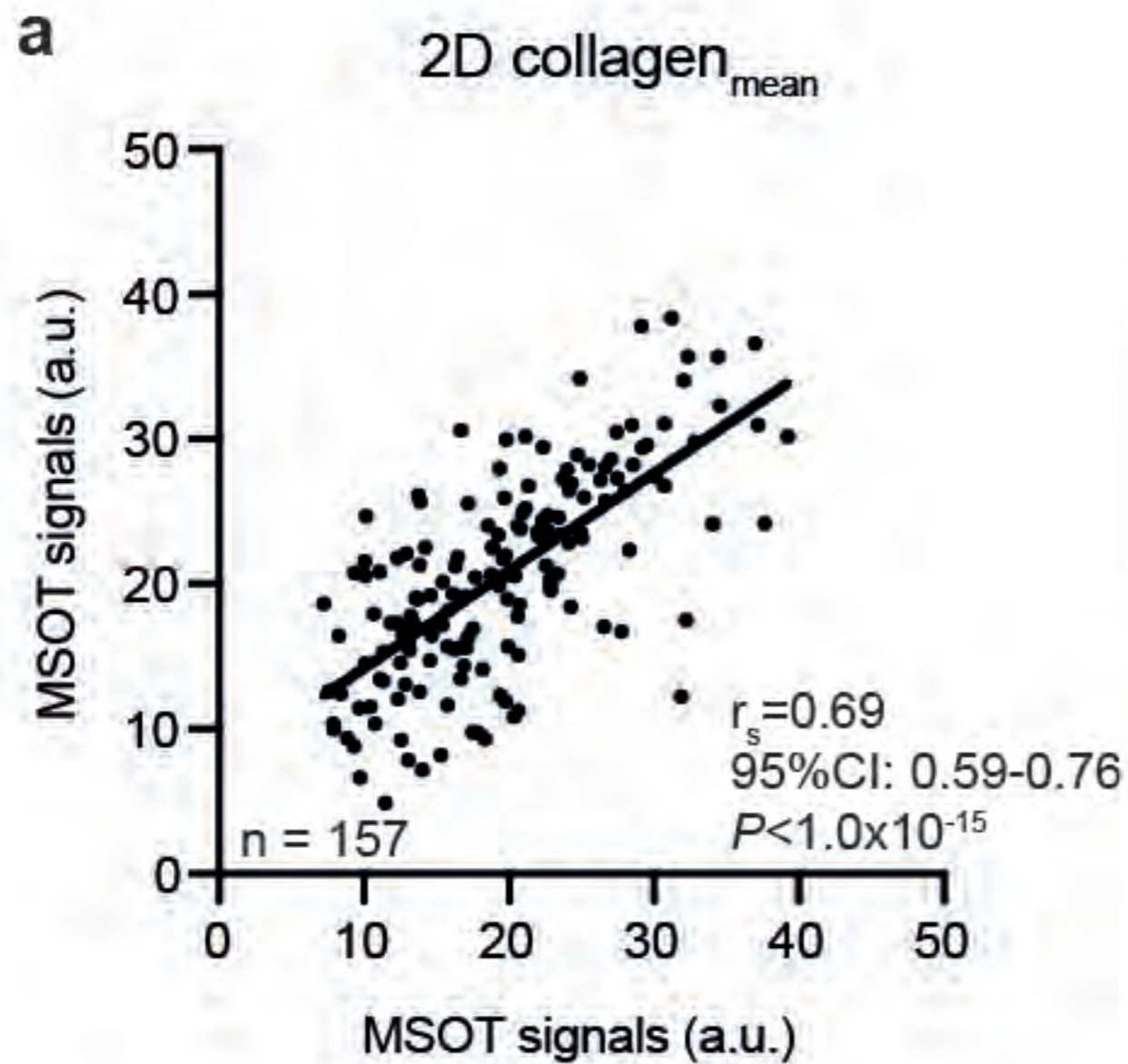






**a****b**

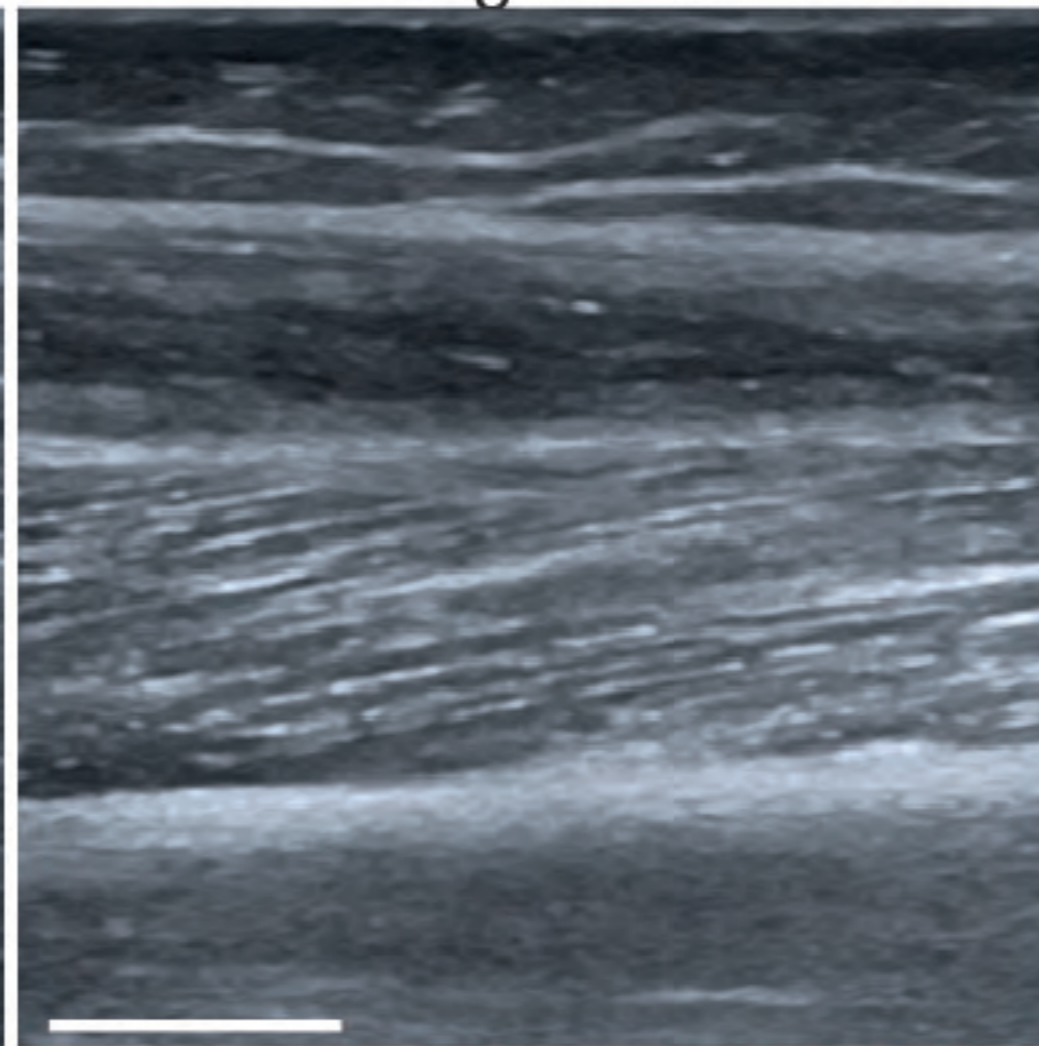
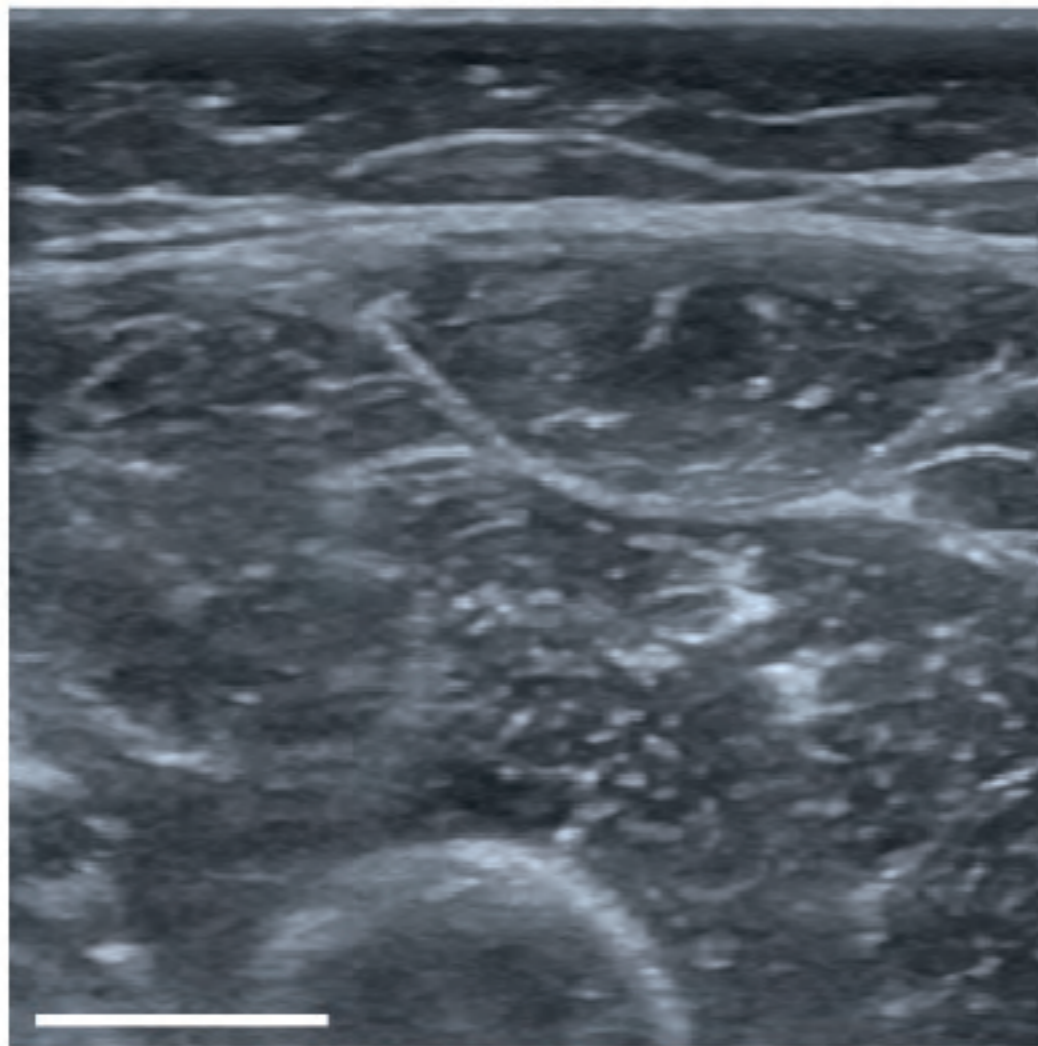




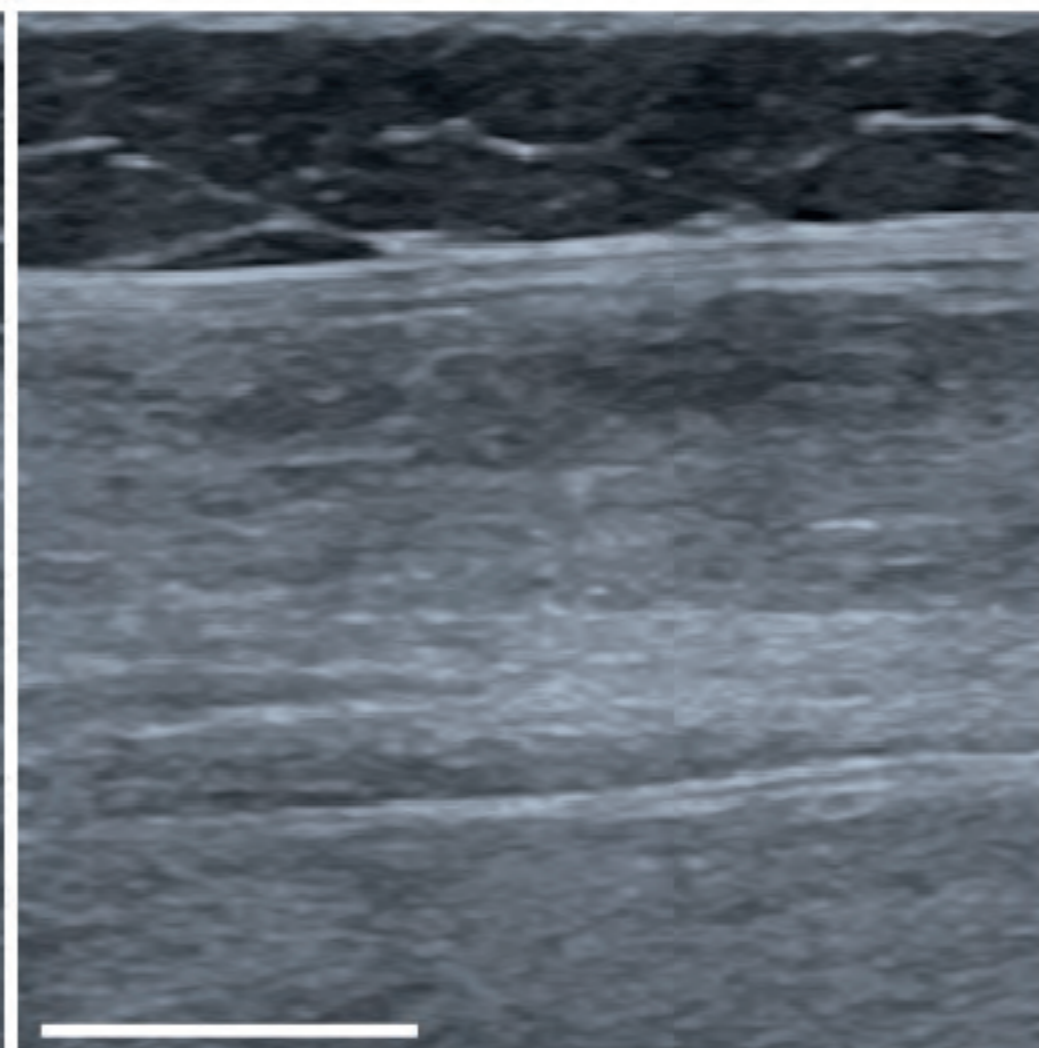
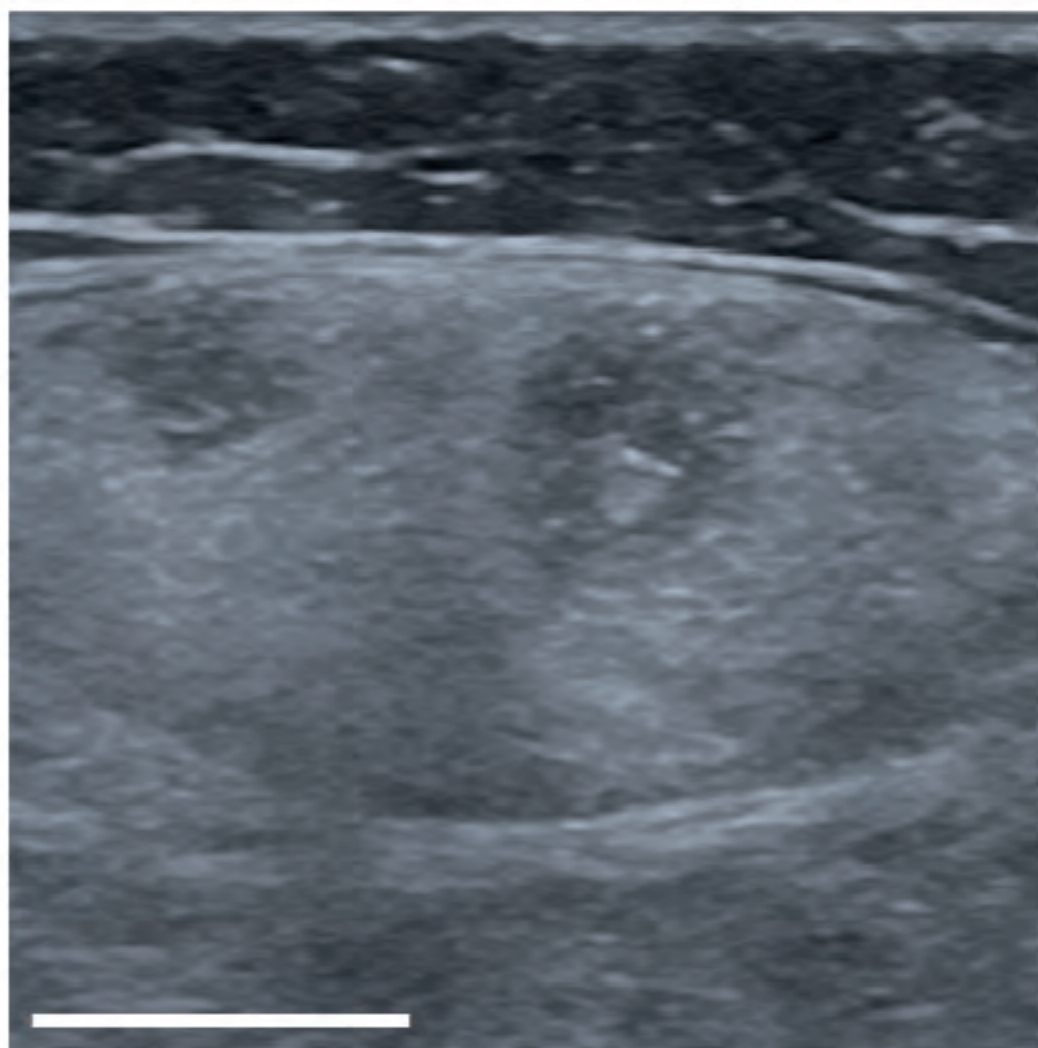
transversal

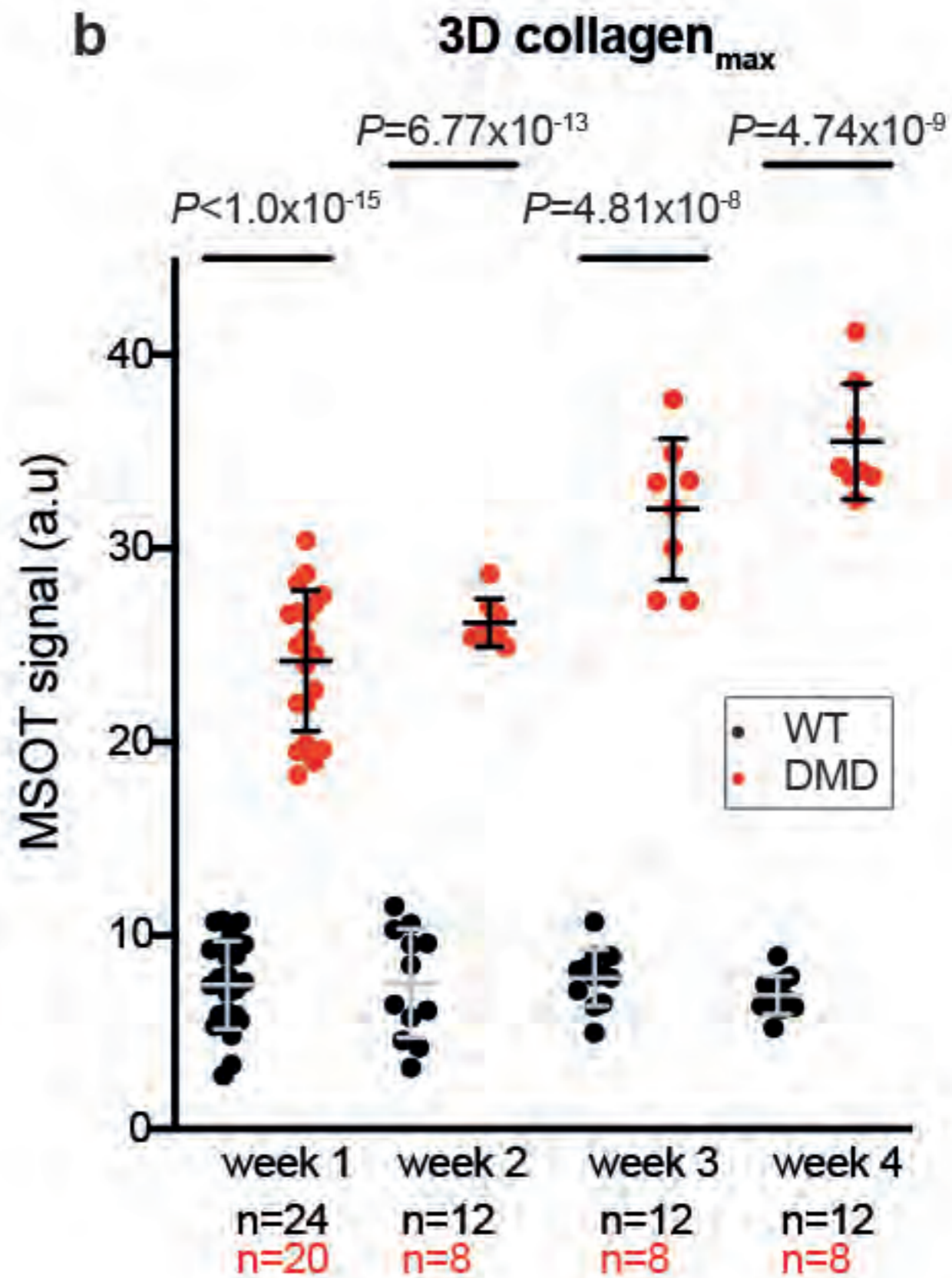
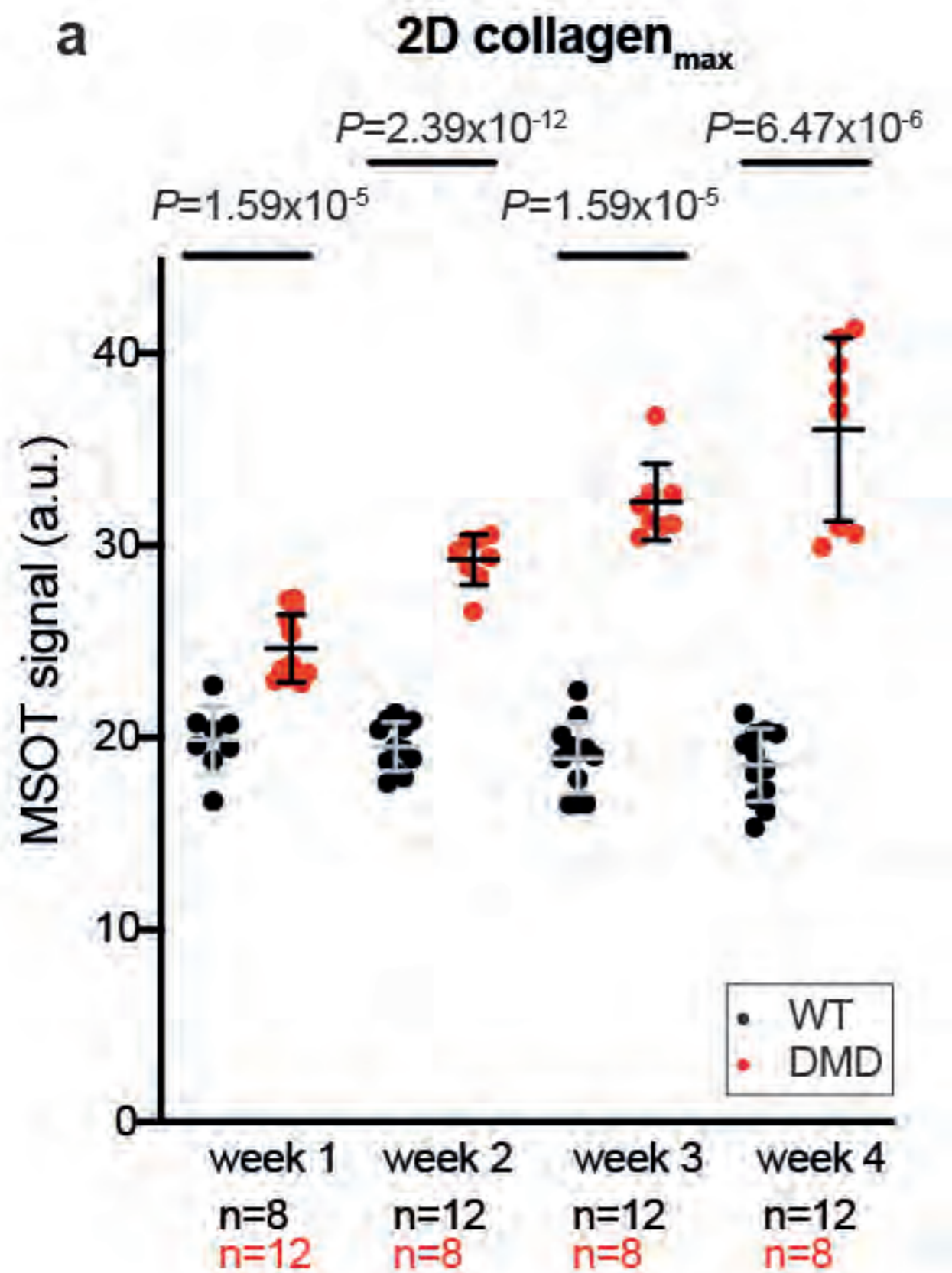
longitudinal

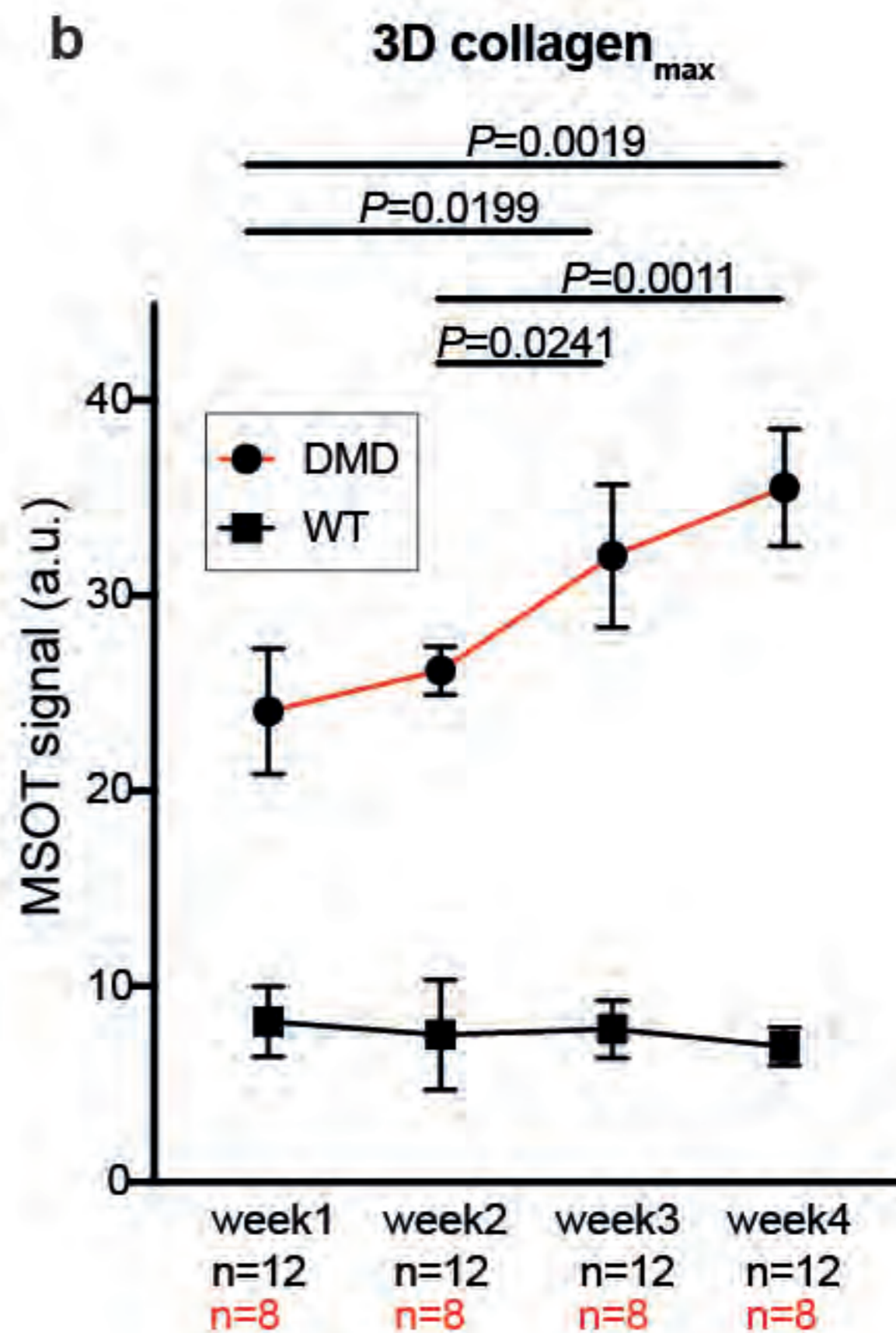
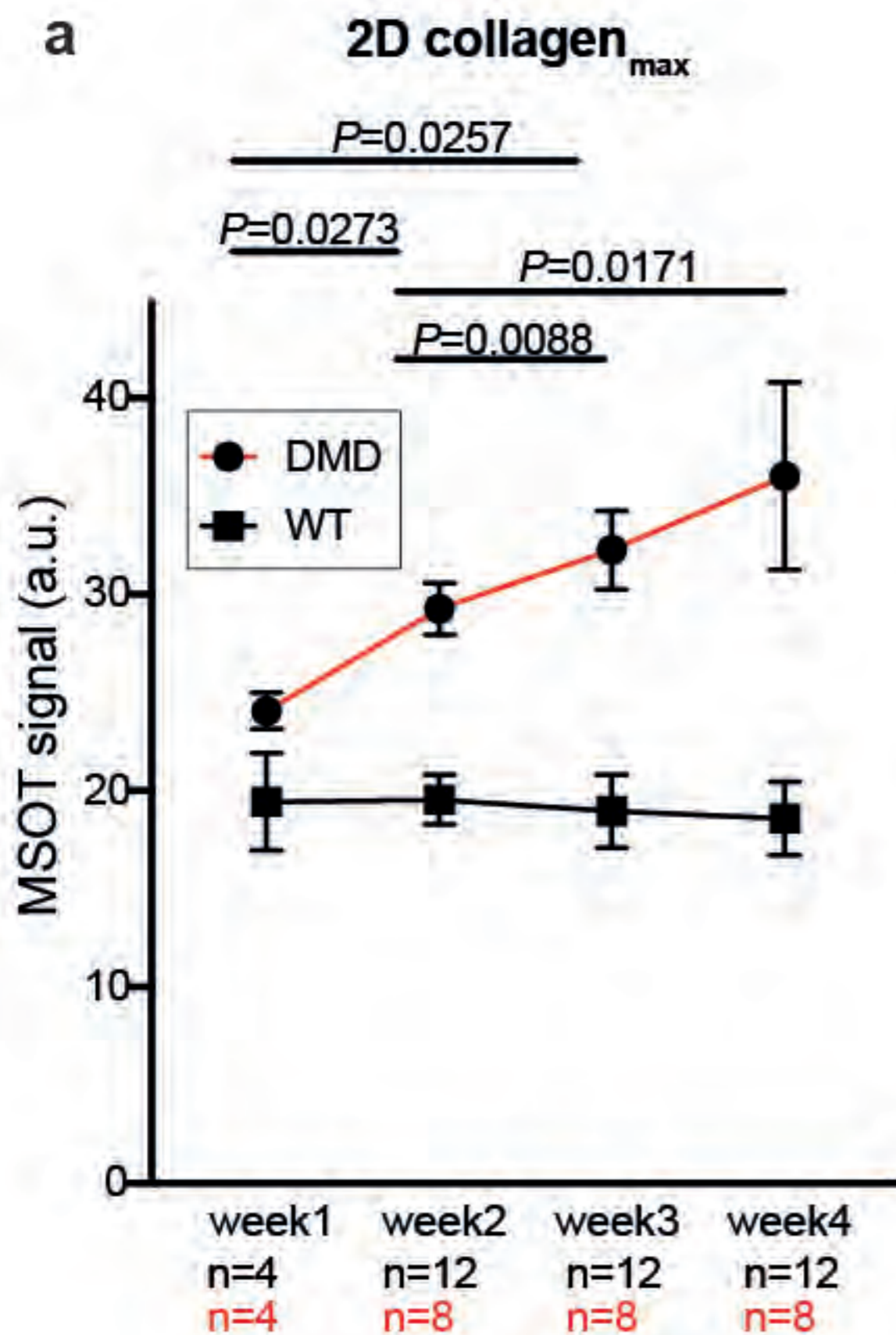
HV

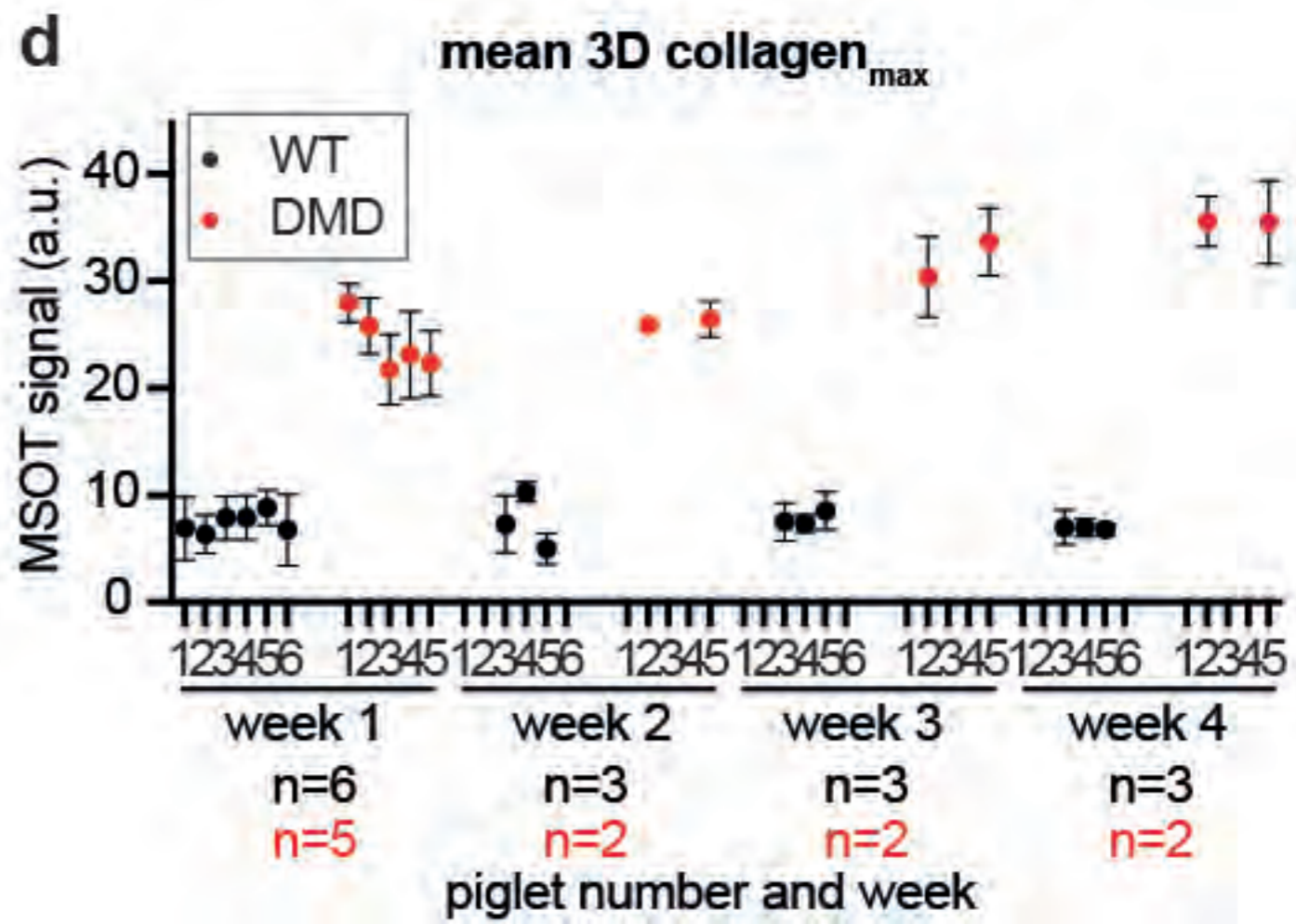
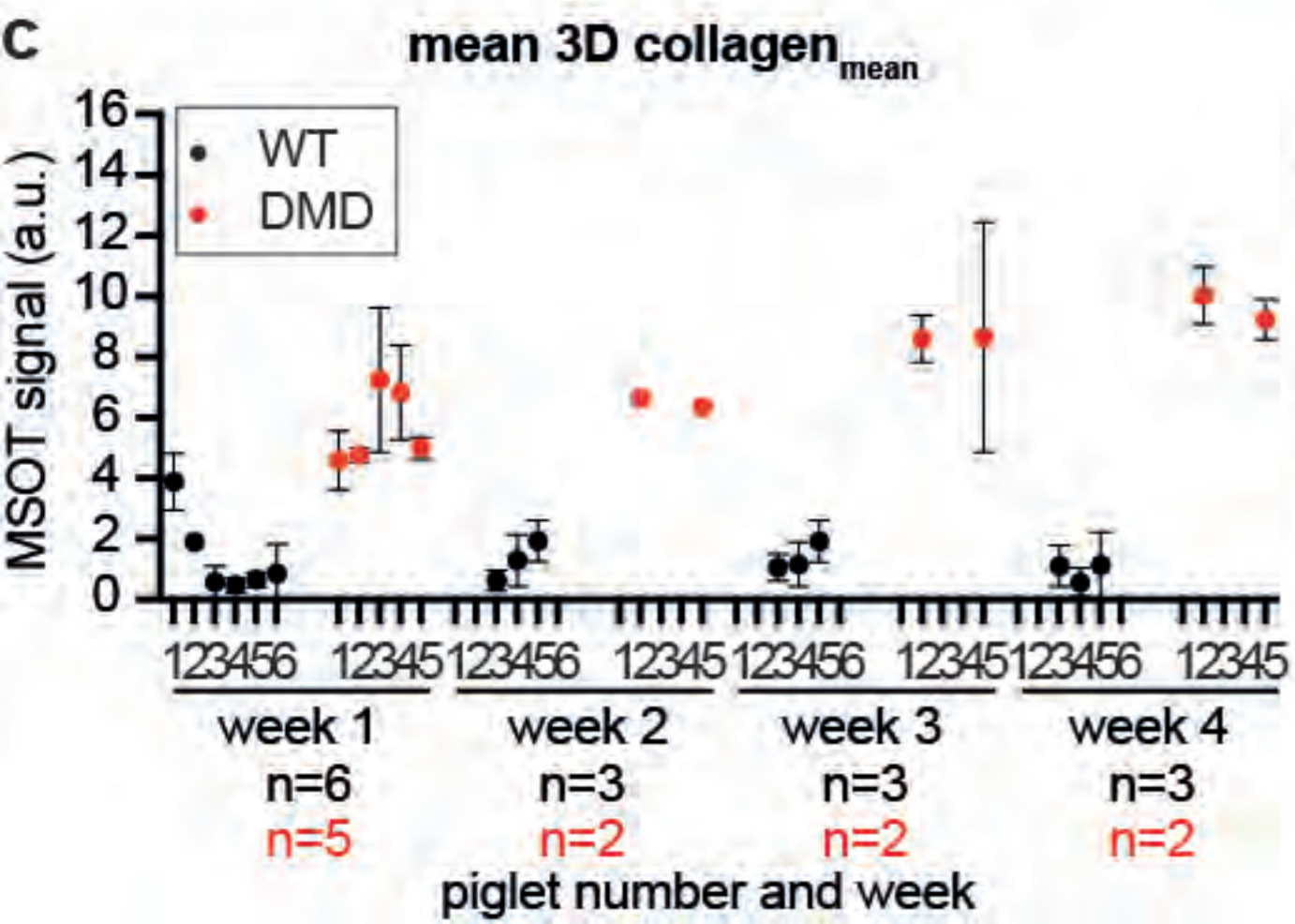
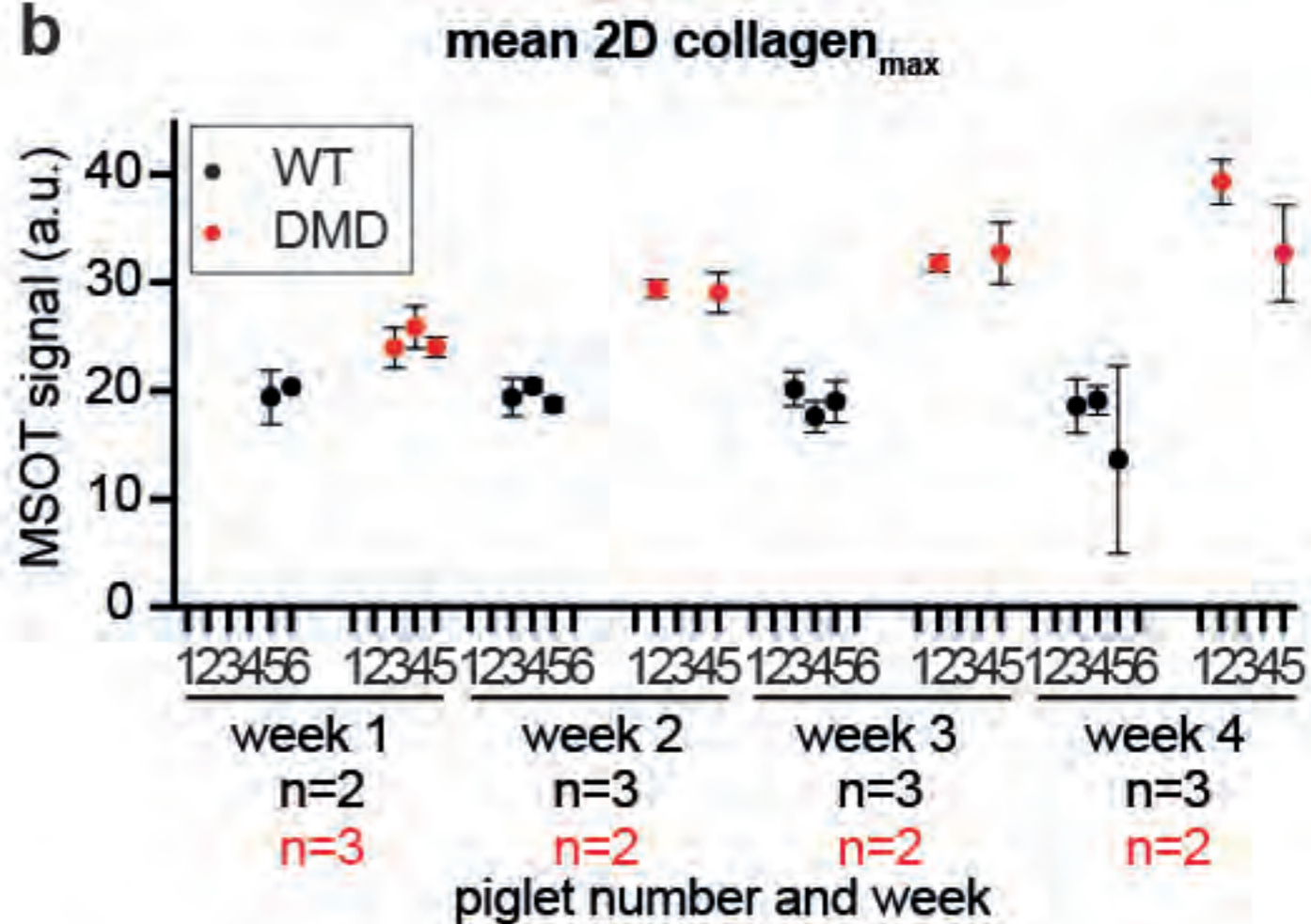
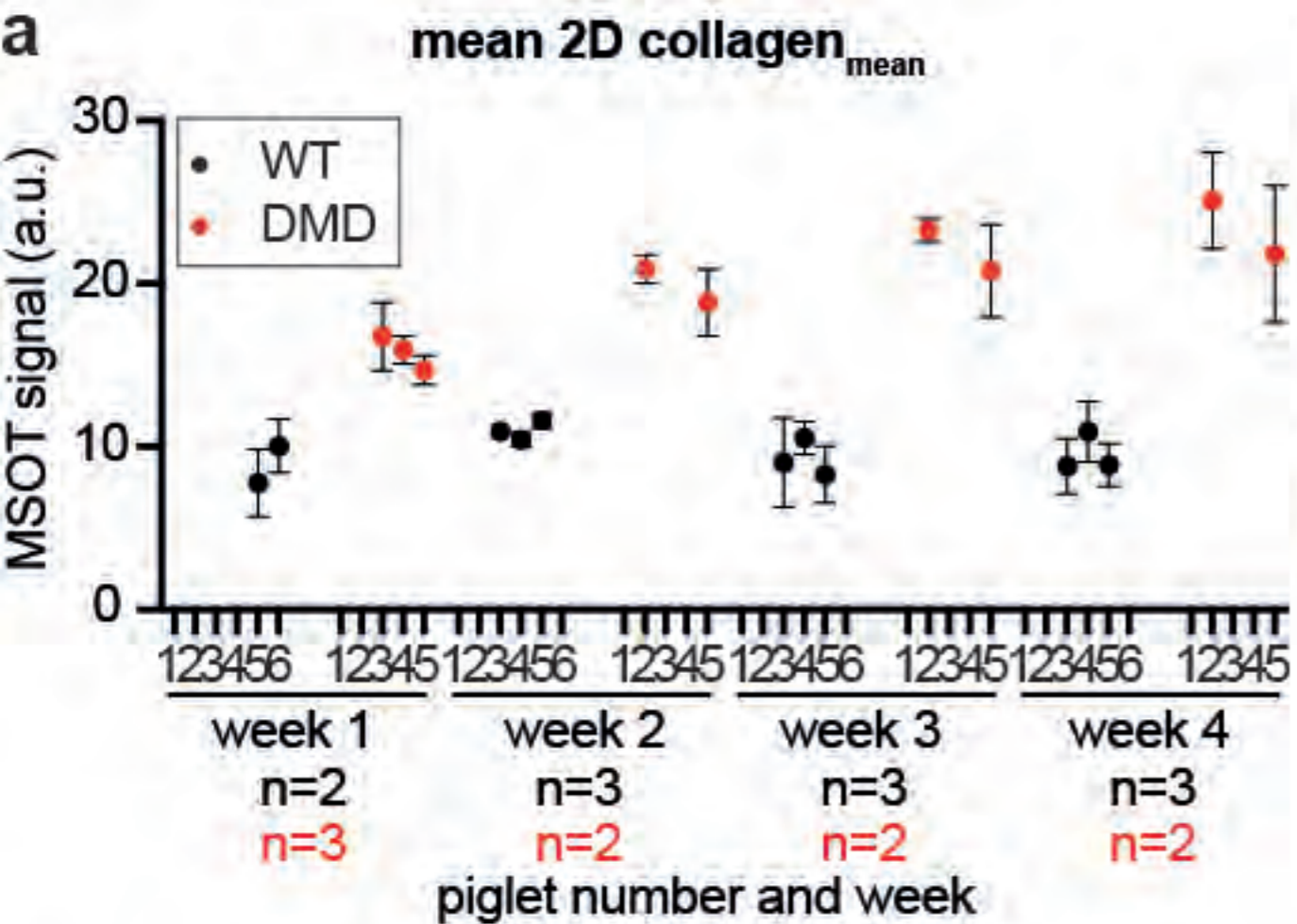


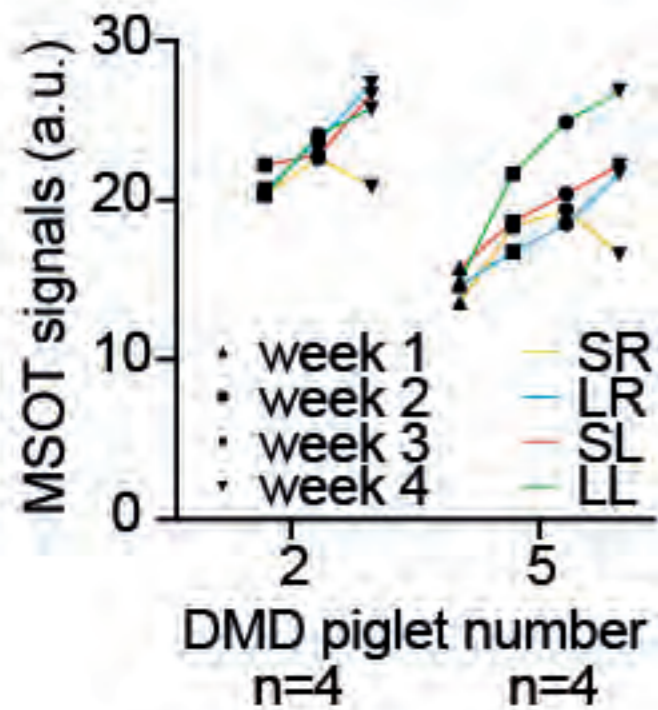
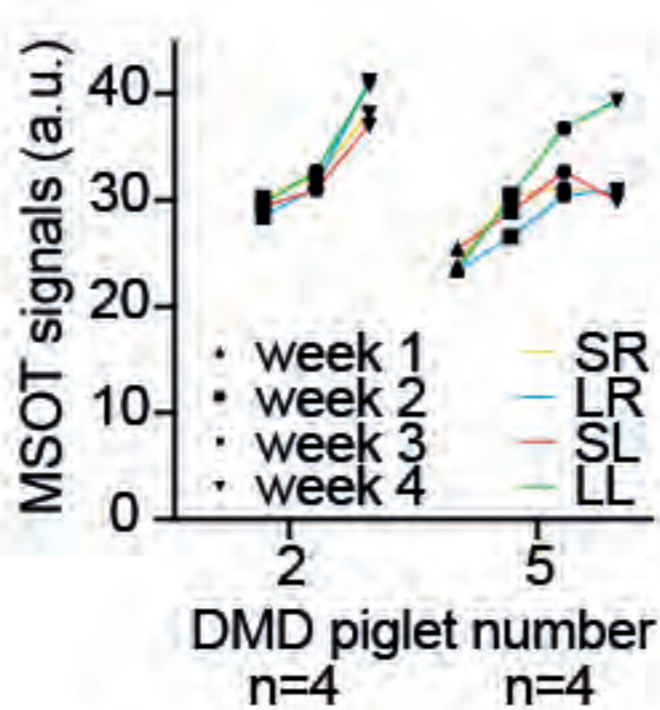
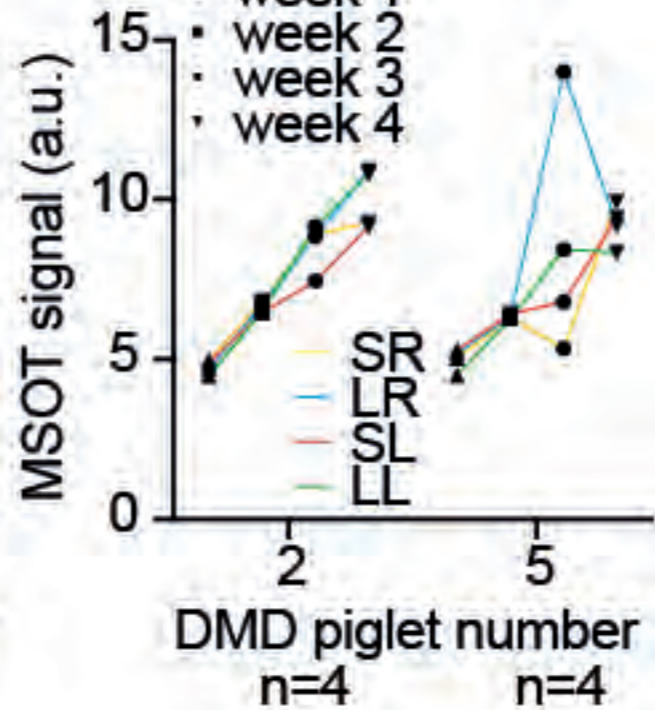
DMD









**a 2D MSOT collagen<sub>mean</sub>****b 2D MSOT collagen<sub>max</sub>****c 3D MSOT collagen<sub>mean</sub>****d 3D MSOT collagen<sub>max</sub>**