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CLINICAL TRIAL

Detection of *PIK3CA* mutations in circulating free DNA in patients with breast cancer

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Abstract Somatic mutations in *PIK3CA* (encoding a class I phosphoinositide 3 kinase (PI3K) subunit) modulate PI3K signalling to influence tumour behaviour and occur in up to 40% of breast cancers. Inhibitors of PI3K signalling are entering clinical trials, but the impact of *PIKC3A* mutation on tumour response has yet to be clarified. This study investigated the potential utility of circulating free DNA (cfDNA) as a source for *PIK3CA* mutation detection in patients with breast cancer. cfDNA extracted (QIAamp Virus spin kit) from blood and matched archival tumour from 46 patients with metastatic breast cancer and 30 patients with localised, operable breast cancer was assessed for hotspot *PIK3CA* mutations using Amplification Refractory Mutation System (ARMS™) allele-specific PCR and Scorpion probes. *PIK3CA* mutations were detected in 13/46 (28%) plasma-derived and 10/46 (21%) serum-derived cfDNA samples from metastatic breast cancer patients. In 41 cases with matched tumour and plasma-derived cfDNA data, concordance (same mutation status in plasma and tumour) was 95%. Where a *PIK3CA* mutation was present in tumour, the 'pick up' in plasma-derived cfDNA was 80%. *PIK3CA* mutations were present in tumours from 14/30 (47%) localised breast cancers, but no PIK3CA mutations were detected in matched cfDNA. These data demonstrate feasibility and potential utility of cfDNA for *PIK3CA* mutation detection in patients with metastatic breast cancer. Studies are underway to qualify PIK3CA mutation in cfDNA as a predictive biomarker allowing patient stratification in clinical trials of mechanism-based therapeutics that target PI3K signalling pathways.

Keywords *PIK3CA* mutations · Breast cancer · Circulating free DNA · Predictive biomarker

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Introduction

Somatic mutations in the gene encoding the p110α catalytic subunit of the class 1A PI3K (PIK3CA) were identified in human cancers in 2004 [1]. The majority of mutations occur at three hotspots: p.E542K and p.E545K at exon 9 and p.H1047R at exon 20. These mutations enhance the lipid kinase activity of PIK3CA as compared to wild-type and can lead to increased phosphorylation of AKT and resultant transformation of normal cells to tumour cells in in vitro and in vivo studies [2–4].

It is postulated that cancers driven by *PIK3CA* mutations will be more sensitive to therapeutic inhibition of the PI3K pathway, and this is a fertile area for ongoing drug development. Cell lines and tumour xenografts harbouring

mutations in *PIK3CA* are more sensitive to inhibitors of the PI3K pathway [5, 6] and the dual PI3K/mTOR inhibitor NVP-BEZ235 reverses lapatinib resistance due to hyperactivation of the PI3K pathway by *PIK3CA* mutations [7]. In this era of mechanism-based therapeutics, considerable emphasis is being placed on identification of those patients most likely to respond, a process requiring qualified predictive biomarkers. In keeping with this approach, clinical trials designs for novel PI3K inhibitors would optimally include a predictive biomarker allowing enrichment of patients whose tumours exhibit deregulated PI3K pathway signalling and thus, if this pathway is of functional importance, whom are most likely to respond. *PIK3CA* is mutated in a range of tumour types including up to 40% of breast cancers [8–12]. In breast cancer, emerging evidence suggests that *PIK3CA* mutations are predictive of response to HER2 targeted agents: the HER2 over-expressing cell line BT-474 is rendered insensitive to the HER2 antibody trastuzumab when transduced with an active mutant of *PIK3CA* and a shorter progression free survival was observed in patients with *PIK3CA*-mutated breast cancers treated with trastuzumab compared to those with wild-type tumours [13]. The potential utility of hotspot PIK3CA mutations as a predictive biomarker for drug development is thus gaining impetus.

Mutation status in tumours is assessed by analysis of DNA extracted from archival tumour tissue samples. This procedure is not without technical and logistical obstacles, particularly in multi-site, multi-national trials. Tumour biopsy material is not always readily available, even in patients with a more accessible tumour such as breast cancer. Furthermore, the limited and degraded amounts of DNA extracted from tumour biopsies and formalin-fixed paraffin-embedded (FFPE) tissues present inherent technical challenges for mutation detection. If the response to a therapeutic agent is dependent on the presence or absence of a particular DNA mutation, then the availability and quality of tumour-derived DNA for mutation analysis becomes critically important.

An alternative source of tumour-derived DNA is cell free or circulating free DNA (cfDNA). Small amounts of cfDNA ($\sim$1 ng DNA/ml) circulate in the plasma of healthy individuals and approximately 4-fold greater levels of cfDNA are detected in cancer patients [14]. cfDNA can be extracted from plasma and/or serum, a less invasive and more readily accessible source of tumour DNA for mutation detection. Previous studies demonstrated that the feasibility of detecting tumour specific mutations in cfDNA from patients with cancer, including detection of epidermal growth factor receptor mutations in patients with non small cell lung cancer [15, 16], *KRAS* mutations in patients with pancreatic and colorectal cancers [17] and *BRAF* mutations in patients with melanoma [18, 19].

We previously reported a novel assay to detect *PIK3CA* mutations [20]. The aim of the present study was to assess the feasibility of *PIK3CA* mutation detection in cfDNA from plasma or serum from patients with metastatic or operable breast cancer and to compare the cfDNA results with the *PIK3CA* mutation status of available matched tumours. Specifically, the % concordance for *PIK3CA* mutation (i.e. the same mutation status in tumour DNA and cfDNA) and the % ‘pick up’ (where a mutation exists in tumour and is found in plasma/serum) were sought. The comparison of cfDNA from plasma or from serum was also explored. The results of this exploratory study will inform judgement on the potential clinical utility of *PIK3CA* mutation detection cfDNA in this disease setting alongside factors of clinical sample availability, logistics and cost.

Materials and methods

Patient samples

Blood and archival tumour samples were obtained from patients with metastatic breast cancer treated at the Christie Hospital, Manchester, UK. Plasma, tumour samples and germ-line DNA from patients with operable breast cancer were obtained from the Edinburgh Research Cancer Centre, Edinburgh, Scotland, UK. Tissue was collected and stored by Edinburgh Cancer Research Centre from a grant supplied by Cancer Research UK. Research was conducted according to Good Clinical Practice and the Declaration of Helsinki. All patients provided written informed consent prior to participation.

Sample processing and DNA extraction

cfDNA was extracted from 1 ml plasma or serum using a QIAamp MinElute Virus Spin Kit (Qiagen, Valencia, CA) according to manufacturer’s instructions with the following modifications: 3 µg tRNA (Sigma, Stockholm, Sweden), 125 µl kit proteinase and 1 ml kit lysis buffer were added to each 1 ml sample of serum/plasma. Following 1 h incubation at 55°C, 1,250 µl of 100% v/v ethanol was added and each sample was filtered through a MinElute column in aliquots until the sample was exhausted. Following standard wash procedures (according to manufacturer’s instruction), the DNA was eluted twice in 40 µl elution buffer. For analysis of tumour samples, hemotoxylin and eosin-stained slides were reviewed by a pathologist to confirm the presence of breast cancer cells within the section. DNA was extracted from 40 µm unstained sections of FFPE samples by digestion in proteinase K (Fluka, Buchs, Switzerland) for 48 h, boiling in 5% chelex (Sigma-Aldrich Company Ltd, Dorset, UK) and chloroform phase extraction with ethanol precipitation [21].

PIK3CA mutation analysis

The four most common mutations in the *PIK3CA* gene, namely p.H1047R, p.H1047L, p.E545K and p.E542K, were assessed using Amplification Refractory Mutation System (ARMS) primers and Scorpion probes as previously described [20]. All assays were performed in duplicate.

Biostatistical analysis

Analysis was performed using a StatsDirect package (version 1.9.7; StatsDirect statistical software. England: StatsDirect Ltd. 2008). Fisher's exact test was used to calculate associations between clinical parameters and mutation status. Two sided P values <0.05 were considered statistically significant. 95% confidence intervals (CI) were calculated using STATA (version 9.2; StataCorp. 2005. *Stata Statistical Software: Release 9*. College Station, TX: StataCorp LP).

Results

Patient characteristics

Fifty patients with metastatic breast cancer were enrolled at the Christie Hospital between October 2007 and November 2008. Thirty patients with operable breast cancer were enrolled at the Edinburgh Cancer Centre between May 2008 and September 2008. The average age of patients with metastatic disease was 59 years (range 43–79 years). In total 46 of the 50 patients with advanced disease were eligible for evaluation of *PIK3CA* mutations in cfDNA and tumours. Two patients withdrew consent and a further two patients were found to have poor venous access which resulted in insufficient blood collection for analysis. The average age of patients with operable disease was 64 years (range 39–88 years). The histological characteristics of the tumours are shown in Table 1.

Table 1 Characteristics of breast cancers from patients enrolled into study to detect *PIK3CA* mutations in cfDNA

	Operable breast cancer (n = 30) N (%)	Advanced breast cancer (n = 49 tumours from n = 46 patients) N (%)
Histology		
IDC	26 (87)	40 (82)
ILC	2 (7)	7 (14)
Mixed	0	2 (4)
Other	1 (3)	0
Unknown	1 (3)	0
Grade		
I	5 (17)	3 (6)
II	16 (53)	14 (29)
III	9 (30)	27 (55)
Unknown	0	5 (10)
Oestrogen receptor		
Positive	24 (80)	37 (76)
Negative	6 (20)	12 (24)
HER2 Status		
Positive (>3+)	3 (10)	12 (24)
Negative	27 (90)	37 (76)
Size		
<2 cm	16 (53)	6 (12)
2–5 cm	12 (40)	20 (41)
>5 cm	2 (7)	9 (18)
Not applicable	0	11 (22)
Unknown	0	3 (6)
Lymph node		
Positive	4 (13)	26 (50)
Negative	25 (83)	10 (20)
Not applicable	0	11 (22)
Unknown	1 (3)	2 (7)

Note: Percentages may not equal 100% due to rounding

Abbreviations: *IDC* invasive ductal carcinoma, *ILC* invasive lobular carcinoma

PIK3CA mutation analysis on tumour samples

Operable breast cancer patients

Of 30 tumour samples that were available from patients with operable breast cancer 14 (47%) expressed *PIK3CA* mutations (8 p.H1047R, 1 p.H1047L, 4 p.E545K and 1 p.E542K). All *PIK3CA* mutation positive cases were oestrogen receptor (ER) positive. No *PIK3CA* mutations were detected in the 6 ER negative cases. This was statistically significant by Fisher's exact test $P = 0.0185$. *PIK3CA* mutations were seen more often in grade 1/2 tumours compared to grade 3 tumours (Fisher's exact test $P = 0.0395$). There were no associations between HER2 status ($n = 3$ cases HER2 3+) or lymph node status ($n = 4$ cases lymph node positive) and *PIK3CA* mutations. No *PIK3CA* mutations were detected in cfDNA of these patients. Importantly, no germ-line *PIK3CA* mutations were detected in DNA from patients with operable disease, confirming the somatic nature of the mutation in the mutation positive tumour samples. The results of *PIK3CA* analyses in patients with operable breast cancer are reported in Table 2 (Fig. 1).

Metastatic breast cancer

Forty-five tumour samples were available from 43 patients with metastatic breast cancer. Of these, nine samples were biopsy only samples (1 liver, 1 skin, 1 axillary and 6 breast

Table 2 Summary of *PIK3CA* mutation analysis in tumour, cfDNA and germ-line DNA of patients with advanced and operable breast cancer

PIK3CA mutations N (%)	Advanced breast cancer			Operable breast cancer		
	Tumour ($n = 45$)	Plasma cfDNA ($n = 46$)	Serum cfDNA ($n = 46$)	Tumour ($n = 30$)	Plasma cfDNA ($n = 26$)	Germ-line DNA ($n = 30$)
p.H1047R	2 (4)	4 (9)	4 (9)	8 (27)	0	0
p.H1047L	1 (2)	2 (4)	2 (4)	1 (3)	0	0
p.E545 K	5 (11)	6 (13)	3 (7)	4 (13)	0	0
p.E542 K	2 (4)	1 (2)	1 (2)	1 (3)	0	0
Total	10 (23)	12 (28)	10 (21)	14 (47)	0	0

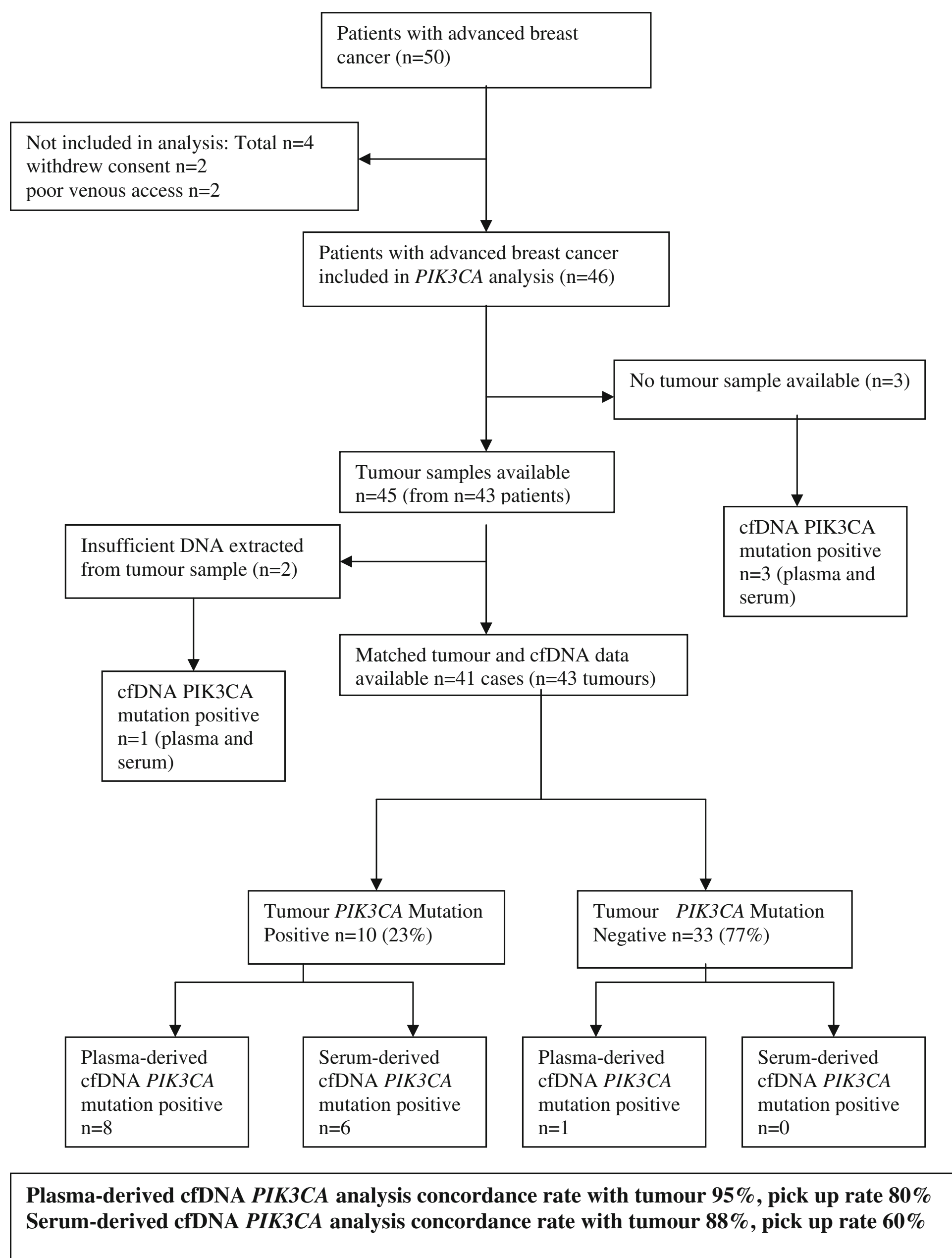

Fig. 1 Schema summarising *PIK3CA* mutation analysis on tumour and cfDNA in patients with advanced breast cancer

biopsies), the remainder were samples taken during primary breast surgery. In 11 cases, the tumour sample was taken at the same time as diagnosis of metastatic disease, either as a diagnostic biopsy ($n = 9$) or during primary surgery with metastatic disease diagnosed immediately post-operatively ($n = 2$). In three cases, tumour samples were unavailable; in two cases, the samples were lost; and in 1 case, initial surgery was performed outside the UK.

DNA was extracted from the 45 available tumour samples and sufficient DNA was extracted for analysis in 43/45 cases. In two cases, when biopsy material only was available, insufficient DNA was extracted for successful *PIK3CA* analysis. The loss of five cases from the original 48 tumours (10%) illustrates the difficulty often experienced in obtaining sufficient number and quality of tumour biopsies for clinical research.

PIK3CA mutations were detected in 10 (23%) of the 43 breast cancer samples (2 p.H1047R, 1 p.H1047L, 5 p.E545K and 2 p.E542K). There were no statistically significant associations between the presence of *PIK3CA* mutations and tumour grade, hormone receptor status, HER2 status or lymph node spread in this group of tumours. *PIK3CA* mutations were detected in plasma-derived cfDNA from 13 of 46 (28%) patients with metastatic breast cancer (4 p.H1047R, 2 p.H1047L, 6 p.E545K and 1 p.E542K). Identical *PIK3CA* mutations were detected in serum-derived cfDNA from 10 (21%) patients. In three cases, p.E545K *PIK3CA* mutations were detected in plasma-derived cfDNA, but not in the matched serum sample suggesting that plasma was the better matrix for this approach. The results of *PIK3CA* analysis in metastatic breast cancer patients are shown in Table 2.

Comparison of *PIK3CA* mutation detection results from tumour and cfDNA

Of the cases with metastatic breast cancer eligible for analysis ($n = 46$), matched tumour and plasma data was available for 41 cases. In four cases of missing tumour data, *PIK3CA* mutations were detected in cfDNA extracted from both plasma and serum. Of the 10 tumour samples with *PIK3CA*-detected mutations, *PIK3CA* mutations were detected in the matched plasma-derived cfDNA of eight cases and serum-derived cfDNA in six cases. In one case, a *PIK3CA* mutation was detected in cfDNA from plasma where the tumour DNA had no *PIK3CA* mutation detected. In this case, histological evaluation of the tumour sample revealed mainly ductal carcinoma in situ (DCIS) with no invasive component.

Thus, in 41 cases with matched tumour and cfDNA data, the concordance was 95% (95% CI: 83–99%) for plasma-derived cfDNA and 88% (95% CI: 73–95%) for serum-derived cfDNA. If a *PIK3CA* mutation was present in the tumour DNA the 'pick up' in cfDNA was 80% (95% CI: 44–97%) for plasma-derived cfDNA and 60% (95% CI: 26–88%) for serum-derived cfDNA.

Discussion

This study sought to determine the feasibility and potential clinical utility of *PIK3CA* mutations detection in cfDNA in breast cancer patients. The study is important given the relatively high percentage of human tumours, including breast cancer, that exhibit *PIKC3A* mutations and is timely due to the approach of novel PI3K pathway inhibitors in early clinical trials that will most likely require patient stratification for optimal clinical drug development. Our contention is that if *PIKC3A* mutations can be reliably assessed in cfDNA, blood sampling will be easier, cheaper and less invasive for cancer patients than tumour biopsy and further studies to qualify *PIK3CA* mutation detection in cfDNA as a predictive biomarker in breast cancer clinical trials of PI3K pathway targeted therapies should be implemented.

In this exploratory study, *PIK3CA* mutations were detected in plasma-derived cfDNA from 13/46 (28%) patients with metastatic breast cancer. This is the first report to demonstrate detection of *PIK3CA* mutations in cfDNA. In three cases, mutations were not detected in matched serum-derived cfDNA. In two of these cases, a *PIK3CA* mutation was confirmed in tumour. We hypothesise that the reason for the higher mutation detection rate in plasma compared to serum relates to lysis of white cells during the clotting process. This increases levels of wild-type DNA sequences within a sample, hence, reducing the proportion of mutated sequences making detection of tumour associated cfDNA alterations less sensitive. In the third case, histological evaluation of the tumour specimen revealed mainly DCIS with little invasive cancer making mutation analysis less informative, and highlighting the issue of heterogeneity within tumour.

In contrast to the results from patients with metastatic disease, but perhaps not unexpectedly, no *PIK3CA* mutations were detected in plasma-derived cfDNA from patients with operable breast cancer. Less tumour DNA is present in the circulation in early stage disease compared to later stage cancers [22]. In colorectal cancer, the amount of tumour DNA in the circulation increases from 0.15% in Dukes stage B tumours to over 3% in more advanced disease [22]. Previous studies have demonstrated that a 'stage-dependency' effect for mutation detection cfDNA where the detection of cfDNA mutations is lower in patients with stage 1 or 2 disease compared to more advanced disease [19, 23]. This is not considered to present a significant barrier to clinical utility of cfDNA for mutation analysis, as in the local setting, tumour material from

surgery of curative intent should provide sufficient tumour material directly for definitive mutation analysis. It is also more likely that patients entering early clinical trials of PI3K-directed therapies will have failed standard care options and have advanced disease, therefore more likely to have sufficient cfDNA from the tumour for mutation analysis.

A concordance for 95% for *PIK3CA* mutations in plasma-derived cfDNA compared to tumour DNA in patients with advanced breast cancer was extremely encouraging and now merits further study in larger patient cohorts. In four cases, *PIK3CA* mutations were detected in cfDNA when no tumour result was available (unavailable tumour samples or insufficient DNA extractable), highlighting the common problem associated with obtaining archival tumour samples and serving as an exemplar of how cfDNA could be utilised in the absence of tumour data to negate the need for further tumour biopsies.

PIK3CA mutations were detected in plasma-derived cfDNA in 8 of 10 cases with tumour *PIK3CA* mutations (80%; 95% CI: 44–87%). This 'pick up' in plasma is higher than that observed in most previous studies of mutation detection in cfDNA which report pick up rates of around 50%. This favourable discrepancy between the current and previous reports raises some important questions: are mutant cfDNA fragments present in all patients, but currently applied technologies insufficiently sensitive to detect them, or do differences in tumour location and biology and/or host factors mean that cfDNA mutations are only shed (or shed at a higher level) in certain patients and/or tumour types? Perhaps certain tumours 'shed' more cfDNA than others, e.g. there could be greater cfDNA-mutated sequences from some tumours or tumour types due to tumour location, size, vascularity or apoptotic rate. It is possible that mutations are more easily detected in cfDNA of patients with breast cancer, certainly very high levels of circulating tumour cells (CTCs) are reported for patients with metastatic breast cancer compared to metastatic NSCLC or pancreatic cancer, perhaps reflecting different behaviours of different tumour types with respect to access of tumour cells or molecules shed from tumour cells into peripheral blood [24]. Further studies are required to answer these questions as translational research technologies continually improve.

In this series, there were two cases where *PIK3CA* mutations were detected in tumour samples, but not in cfDNA; although anecdotal, these cases are interesting. In both cases, the patient had two previous primary breast tumours and, given the absence of further tissue biopsies of metastatic lesions, it is difficult to predict which of the previous tumours were responsible for the metastatic spread and it though speculative, the absence of *PIK3CA* mutations in cfDNA may reflect the fact that a *PIK3CA* wild-type tumour was the cause of the metastatic disease. These two interesting cases highlight where a comparison between mutation status in tumour DNA and cfDNA might provide additional information on tumour behaviour.

There was only a single example in this study of a cfDNA-detected mutation with a tumour sample negative for *PIK3CA* mutations. The sample analysed from the tumour consisted mainly of DCIS with little invasive disease on the section. The lack of invasive cancer in the tissue analysed is the most likely explanation for the discrepancy, and it is likely that a *PIK3CA* mutation was present in the invasive cancer, but this was not detected due to the small amount of invasive cancer in the sample. Previous studies with other mutations have also reported cases where mutations have been detected in cfDNA, but not in the tumour specimen and again highlight additional gathering of potentially important data with cfDNA analysis [18, 25].

As the clinical importance of *PIK3CA* is defined, there will be an increasing need to be able to assess the *PIK3CA* mutation status of a patient's tumour. This is the first report of the detection of *PIK3CA* mutations in cfDNA from patients with cancer. Further work with increased patient cohort sizes should qualify cfDNA as a surrogate for tumour regarding *PIK3CA* mutation detection in these patients. The results from this study provide confidence that *PIK3CA* mutations can be detected in cfDNA of patients with advanced breast cancer. This approach could be applied to clinical trials of novel agents where *PIK3CA* mutations may have a predictive role, e.g. in the development of novel PI3K or mTOR inhibitors. If this is confirmed retrospectively, a future aim would be to preselect patients prospectively for treatment or trial entry based on cfDNA mutation results which could be provided in real time (within 48 h) replacing the rate limiting step awaiting tumour biopsy results or subjecting patients to further biopsies when historical tumour samples are unavailable or insufficient for analysis. Conceivably, mutation analysis in cfDNA could also serve as a pharmacodynamic marker of tumour response and disease relapse, if therapy results in its disappearance and reappearance, respectively. The high % concordance and pick up of *PIKC3A* mutations in cfDNA in advance breast cancer patients shown here is very encouraging, studies in other cancer types are now underway.

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