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Determining the natural length of the current interglacial

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No glacial inception is projected to occur at the current atmospheric CO₂ concentrations of 390 ppmv (ref. 1). Indeed, model experiments suggest that in the current orbital configuration—which is characterized by a weak minimum in summer insolation—glacial inception would require CO₂ concentrations below preindustrial levels of 280 ppmv (refs 2-4). However, the precise CO₂ threshold⁴⁻⁶ as well as the timing of the hypothetical next glaciation⁷ remain unclear. Past interglacials can be used to draw analogies with the present, provided their duration is known. Here we propose that the minimum age of a glacial inception is constrained by the onset of bipolar-seesaw climate variability, which requires ice-sheets large enough to produce iceberg discharges that disrupt the ocean circulation. We identify the bipolar seesaw in ice-core and North Atlantic marine records by the appearance of a distinct phasing of interhemispheric climate and hydrographic changes and ice-rafted debris. The glacial inception during Marine Isotope sub-Stage 19c, a close analogue for the present interglacial, occurred near the summer insolation minimum, suggesting that the interglacial was not prolonged by subdued radiative forcing⁷. Assuming that ice growth mainly responds to insolation and CO₂ forcing, this analogy suggests that the end of the current interglacial would occur within the next 1500 years, if atmospheric CO₂ concentrations did not exceed 240 ± 5 ppmv.

The notion that the Holocene (or Marine Isotope Stage 1, MIS1), already 11.6 thousand years (kyr) old, may be drawing to a close has been based on the observation that the duration of recent interglacials was approximately half a precession cycle (\sim 11 kyr; ref. 8). However, uncertainty over an imminent hypothetical glaciation arises from the current subdued amplitude of insolation variations as a result of low orbital eccentricity (Fig. 1). It has thus been proposed that at times of weak eccentricity–precession forcing, obliquity is the dominant astronomical parameter driving ice-volume changes, leading to extended interglacial duration of approximately half an obliquity cycle (\sim 21 kyr; ref. 9). In this view, the next glacial inception would occur near the obliquity minimum \sim 10 kyr from now⁷.

Climate modelling studies show that a reduction in boreal summer insolation is the primary trigger for glacial inception, with CO_2 playing a secondary role^{3,5}. Lowering CO_2 shifts the inception threshold to higher insolation values¹, but modelling experiments indicate that preindustrial concentrations of 280 ppmv would not be sufficiently low to lead to new ice growth given the subdued insolation minimum^{2–4}. However, the extent to which



Figure 1 | Astronomical parameters 100 kyr after present—800 kyr BP and palaeoclimatic records 0-800 kyr BP. a, Eccentricity²⁹; b, precession index, plotted on an inverse vertical axis²⁹; c, obliquity²⁹; d, 21 June insolation 65° N (ref. 29); e, $\delta^{18}O_{benthic}$ record from the LR04 stack²⁸; f, atmospheric CO₂ concentration in Antarctic ice cores¹²; g, atmospheric CH₄ concentration in the Antarctic EDC ice core¹³; h, δ D composition of ice in the EDC ice core¹⁸. Marine Isotopic Stages and sub-Stages corresponding to interglacials are indicated. Ages in parentheses denote years after present. The dashed line indicates the current 21 June insolation level at 65° N.

preindustrial CO₂ levels were 'natural' has been challenged^{10,11} by the suggestion that anthropogenic interference since the mid-Holocene led to increased greenhouse gas (GHG) concentrations, which countered the natural cooling trend and prevented a glacial inception. The overdue glaciation hypothesis has been tested by climate simulations using lower preindustrial GHG concentrations,

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Figure 2 | Two types of interglacial according to structure: MIS9 and MIS11. **a**, Precession index, plotted on an inverse vertical axis²⁹; **b**, obliquity²⁹; **c**, $\delta^{18}O_{\text{benthic}}$ record from the LR04 stack²⁸; **d**, atmospheric CO₂ concentration in Antarctic ice cores¹²; **e**, atmospheric CH₄ concentration in the EDC ice core¹³; **f**, δ D composition of ice in the EDC ice core¹⁸.

with contrasting results, ranging from no ice growth⁵ to a linear increase in ice volume⁴ to large increases in perennial ice cover⁶.

Empirical evidence from intervals characterized by similar boundary conditions to the current interglacial may also be used to infer the timing of the next 'natural' glacial inception, assuming that, for a given insolation and CO_2 forcing, ice-volume responses between two periods are also similar. Here, we limit the search for potential Holocene analogues to the past 800 kyr, for which ice-core records of atmospheric GHG concentrations are available^{12,13}. We then explore approaches to constraining the timing of glacial inception and assess the relevance of this information to the current interglacial.

Interglacials may be described in terms of their intensity, structure and astronomical signature (Fig. 1). With respect to intensity, interglacials preceding the Mid-Brunhes Event (MBE: 430 kyr before present, BP) are characterized by reduced CO_2 concentrations, cooler Antarctic temperatures and greater benthic foraminiferal oxygen isotope ($\delta^{18}O_{benthic}$) values¹⁴. The latter may point to lowerthan-present sea-level highstands, but they may instead reflect lower deep-water temperatures. Lower pre-MBE interglacial intensities are not observed in certain Eurasian records¹⁴.

With respect to structure, two broad categories (Fig. 2) emerge: (1) MIS5e, MIS7e, MIS9e and MIS19c are characterized by rapid deglaciation, early peaks in Antarctic temperatures and GHG concentrations followed by monotonic declines; and (2) MIS11c and MIS17 are characterized by protracted deglaciation^{11,15} and the persistence of interglacial values over two insolation peaks, with the obliquity maximum post-dating the first precession minimum by 12-13 kyr and preceding the second precession minimum by 8 kyr. MIS1 shares some characteristics of the first group, but the early peaks in Antarctic temperatures and GHG concentrations were not followed by monotonic declines. Two 'rogue' interglacials are not included under these categories. MIS13c was preceded by a minor glaciation, and maximum warming was reached in MIS13a. MIS15c has many similarities with MIS1 (Supplementary Fig. S1): the precession minimum occurred near the obliquity maximum, Antarctic temperatures peaked early and then remained stable and CO₂ concentrations rose gradually throughout the interglacial. However, MIS15c is



Figure 3 | Alignment of the past and future 30 kyr (grey line) and a 60-kyr interval encompassing MIS19 (dotted line). a, Precession index, plotted on an inverse vertical axis²⁹; **b**, 21 June insolation at 65° N (ref. 29); **c**, obliquity²⁹; **d**, summer energy at 65° N, defined as the sum of the diurnal average insolation on days exceeding 300 W m⁻² (ref. 30); **e**, $\delta^{18}O_{\text{benthic}}$ record from the LR04 stack²⁸; **f**, δ D composition of ice in the EDC ice core¹⁸; **g**, atmospheric CO₂ concentration in Antarctic ice core¹²; **h**, atmospheric CH₄ concentration in the EDC ice core¹³. Ages in parentheses denote years after present.

characterized by a slow deglaciation¹¹, indicating that the analogy with MIS1 has its limitations.

In terms of astronomical signature, only MIS11c and MIS19c are comparable to the Holocene as a result of weak eccentricityprecession forcing. MIS11c has traditionally been considered a close astronomical analogue for the Holocene², but differences in the phasing of precession and obliquity have led to different alignments of the two intervals, with contrasting implications for the natural length of the current interglacial^{2,9,10,16}. Alignment ambiguities and differences in deglaciation trajectories^{11,15,17}, therefore, impose limitations on the MIS1-MIS11c analogy. By contrast, the obliquity maximum occurs very near the precession minimum in both MIS1 and MIS19c, although absolute values of obliquity are different (Fig. 1). Thus, alignment of the two intervals is unambiguous, with today corresponding to ~777 kyr BP (ref. 17; Methods). Comparison of MIS1 and MIS19c (Fig. 3) reveals many similarities in their palaeoclimatic signals, although their CO₂ trajectories diverge. Given its astronomical configuration and deglaciation history, MIS19c seems sufficiently similar to MIS1 to warrant comparisons.

In theory, if the analogy with MIS1 is correct and ice growth mainly responds to insolation and CO_2 forcing, the duration of

MIS19c could provide an indication as to when the hypothetical end of the current interglacial might be expected. In practice, constraining the timing of glacial inception during MIS19 is not straightforward because direct sea-level determinations are unavailable and $\delta^{18}O_{\text{benthic}}$ may be overprinted by local deep-water temperature and hydrographic effects. Although pinpointing the onset of new ice growth is difficult, an indication of the presence of ice-sheets is provided by millennial-scale variability characterized by a distinct pattern of interhemispheric phasing. During the last glacial, iceberg discharges into the North Atlantic are widely believed to have disrupted the Meridional Overturning Circulation (MOC), leading to rapid cooling of the North Atlantic and gradual warming of Antarctica. Reactivation of the MOC led to gradual Antarctic cooling as Greenland warmed abruptly¹⁸. This asynchronous phasing can be explained by a bipolar-seesaw mechanism¹⁹, whereby changes in the strength of the MOC lead to changes in interhemispheric heat transport. An asymmetric response has also been observed in North Atlantic cores on the Portuguese margin^{20,21} and the Gardar Drift²², where $\delta^{18}O_{\text{planktonic}}$ records resemble Greenland temperature records, reflecting rapid migration of the polar front²⁰, whereas $\delta^{18}O_{\text{benthic}}$ curves resemble Antarctic temperature records, in both shape and phasing relative to surface-water changes. This primarily reflects changes in local deep-water $\delta^{18}O_{dw}$, largely attributed to changes in deep-water sourcing and/or source signature²³.

We propose that the onset of bipolar-seesaw variability provides a minimum age for glacial inception. This can be tested by examining the last glacial inception, the only relevant period with direct sea-level determinations and precise chronologies. At the MIS5e–5d transition, the first major perturbation of the MOC occurred during cold-water event C24, characterized by abrupt surface cooling, gradual decrease in $\delta^{18}O_{\text{benthic}}$ values and ice-rafting in the North Atlantic, and gradual warming in Antarctica (Supplementary Fig. S2 and references). Sea level started falling monotonically between 115 and 113 kyr BP (ref. 24), reaching 20–30 m below present by the time of event C24. This occurred ~111 kyr BP according to revised estimates based on precisely dated speleothem records, lagging glacial inception by ~3 kyr (Supplementary Fig. S3 and references).

With respect to MIS19, three lines of evidence indicate the onset of bipolar-seesaw behaviour: ice-core data, phasing of benthicplanktonic δ^{18} O signals and appearance of ice-rafted detritus (Fig. 4). At the MIS19c–19b transition, the EPICA Dome C (EDC) Antarctic ice core shows three well-defined peaks in δD_{ice} , CO₂ and CH₄ values^{12,13}. The amplitudes and relative rates of change between these records are similar to those observed in the last glacial¹². By contrast, an earlier peak in CH₄ around 778 kyr вр is not associated with δD_{ice} or CO_2 changes. In the marine realm, three distinct oscillations in $\delta^{18}O_{\text{planktonic}}$ values are also recorded during the MIS19c–19b transition in Ocean Drilling Program (ODP) site 983 in the Gardar Drift^{25,26}. Minima in $\delta^{18}O_{\text{planktonic}}$ are phase-shifted relative to $\delta^{18}O_{benthic}$ decreases, in a manner similar to MIS3 changes^{26,27}. Cross-correlation analysis (Methods) shows that the highest correlation is obtained with $\delta^{18}O_{benthic}$ leading $\delta^{18}O_{planktonic}$ by 950 years during MIS19 in ODP 983 and 822–950 years during MIS3 in Portuguese margin sequences^{20,21}, supporting the hypothesis of a common underlying mechanism between the two periods. Finally, the appearance of ice-rafted detritus (ref. 26) at the onset of asynchronous phasing between benthic and planktonic δ^{18} O suggests that ice-sheets had become large enough to calve along coastlines and disrupt the MOC. The onset of these changes, at 772.5 kyr BP in the EDC3 chronology and 774.5 kyr BP in ODP 983 (Methods), has been stratigraphically linked through the position of the Matuyama-Brunhes palaeomagnetic boundary identified in both cores²⁷.

In MIS19, the onset of bipolar-seesaw variability post-dates the minimum in boreal summer insolation by 2.5–4.5 kyr. However, the length of time between new ice growth and the onset



Figure 4 | MIS19 palaeoclimatic records. a, 21 June insolation at 65° N (ref. 29); **b** obliquity²⁹; **c**, δ^{18} O_{benthic} record from ODP 983 (ref. 25); **d**, ODP 983 ice-rafted detritus (IRD) content (numbers per gram)²⁶; **e**, δ^{18} O_{planktonic} record from ODP 983 (ref. 25); **f**, atmospheric CH₄ concentration in the EDC ice core¹³; **g**, atmospheric CO₂ concentration in the EDC ice core¹²; **h**, δ D composition of ice in the EDC ice core¹⁸. Marine and ice-core records plotted on their own timescales. Marine Isotope Stages and sub-Stages and Antarctic Isotope Maxima (AIMs) are indicated. Dashed lines denote ODP 983-EDC correlation of events. Horizontal bars indicate estimates of interglacial duration (see main text).

of significant millennial-scale variability is difficult to constrain from these records. At the last glacial inception, sea level started falling \sim 3 kyr before the onset of significant bipolar-seesaw variability. Transient simulations with the CLIMBER-2 intermediatecomplexity model with interactive ice-sheets show a faster increase in inland-ice area and volume at lower insolation minima compared to moderate minima⁵. The more subdued MIS19 insolation forcing suggests that, if anything, the initial ice extension towards the coast would have been slower than in MIS5e-5d, so the value of 3 kyr may be treated as a minimum. Applying the same response phasing to MIS19 places the timing of glacial inception ~775.5 kyr BP in EDC, or ~777.5 kyr вр in ODP 983, leading to an approximate interglacial duration of 12.5-10.5 kyr. The insolation minimum at that time was similar to the modern, but CO2 concentrations were below preindustrial levels: combined chronological and experimental uncertainties suggest a CO_2 range of 240 ± 5 ppmv (Supplementary Fig. S4). Taking the MIS1-MIS19c analogy to its logical conclusion implies that the current interglacial would be nearing its end, provided that CO₂ concentrations were 240 ± 5 ppmv. Thus the question over the hypothetical timing of the next glacial inception continues to hinge on whether preindustrial CO₂ levels of 280 ppmv were 'natural' or had an anthropogenic component. If the comparison with MIS19c extends beyond a simple astronomical analogy (that is,

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insolation is sufficient to predict CO_2 and climate evolution), it suggests that Holocene CO_2 concentrations should have fallen to levels below 250 ppmv by today, in line with Ruddiman's hypothesis¹⁰. The alternative to this is that CO_2 and insolation do not necessarily covary, as for example during MIS15c, which may represent a more appropriate 'carbon-cycle analogue' for the Holocene, unless its CO_2 evolution was a function of its slow deglaciation¹¹.

The empirical evidence from MIS19c converges with those modelling results^{4,6} indicating a CO₂ threshold of 240 ± 5 ppmv for glacial inception, and suggests that ice-sheets reached sufficient size to extend to North Atlantic coasts, despite the subdued insolation forcing. Moreover, it shows that glacial inception occurred near the insolation minimum at 777 kyr BP, much earlier than the obliquity minimum at 765 kyr BP, unless ice-core and marine timescales are biased towards older ages by 10-12 kyr, which exceeds their chronological uncertainties. The duration of MIS19c, therefore, is at variance with the notion that at times of low eccentricity over the past 800 kyr interglacial length is about half an obliquity cycle^{7,9,16}. The protracted length of the MIS11c and also MIS17 interglacials (Supplementary Fig. S5) may instead be related to obliquity maxima and precession minima being nearly opposite in phase rather than a result of weak eccentricity-precession forcing, which does not characterize MIS17.

In summary, the MIS19 evidence helps narrow the debate over the natural length of the current interglacial in terms of natural preindustrial CO_2 levels, rather than in terms of half-precession versus half-obliquity cycles. Although verification of an imminent glacial inception will elude us at current CO_2 concentrations, it is important to reiterate that the current insolation forcing and lack of new ice growth mean that orbital-scale variability will not be moderating the effects of anthropogenically induced global warming.

Methods

MIS1 and MIS19c were synchronized by aligning the precession minima/summer insolation maxima at 11 kyr BP and 788 kyr BP, so that today corresponds to 777 kyr BP. An almost identical solution emerges by aligning the obliquity maxima at 10 kyr BP and 788 kyr BP, so that today corresponds to 778 kyr BP. Similarly, MIS1 and MIS15c were synchronized by aligning the precession minima/summer insolation maxima at 11 kyr BP and 621 kyr BP, so that today corresponds to 610 kyr BP in MIS15c. An almost identical solution emerges by aligning the obliquity maxima at 10 kyr BP and 621 kyr BP, so that today corresponds to 611 kyr BP. Alignment of terminations was not used because ice-core and marine timescales may evolve compared to astronomical timescales.

ODP site 983 (60°23' N, 23°38' W; 1985 m water depth) is located on Gardar Drift, North Atlantic. Analytical methods for the records presented here are reported in the original publications^{25–27}. The ODP 983 timescale²⁵ is based on tuning the $\delta^{18}O_{benthic}$ record to an ice-volume model, which is similar to the chronology of the LR04 $\delta^{18}O_{benthic}$ stack²⁸, but not entirely independent with respect to the timing of glacial inception as it assumes fixed lags between insolation forcing and ice-volume response. Nevertheless, the timing of the onset of bipolar-seesaw variability in ODP 983 is within the uncertainties of the EDC3 timescale¹⁸, which crucially is independent of assumptions regarding ice-volume changes.

Cross-correlation analysis, using the program Analyseries of Didier Paillard, was carried out on the $\delta^{18}O_{\text{benthic}}$ and $\delta^{18}O_{\text{planktonic}}$ records of (1) ODP 983 for the interval 763.5–774.5 kyr BP, and (2) two MIS3 sequences, MD95-2042 and MD01-2444, on the Portuguese margin for the interval 36–48 kyr (refs 20,21).

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All authors contributed to the ideas developed in the paper. P.C.T. wrote the paper, with contributions from the other authors.

Additional information

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