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Differences in the Presentation and Progression of Parkinson's Disease by Sex

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Differences in the presentation and progression of Parkinson's disease by sex

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Differences in the presentation and progression of Parkinson's disease by sex

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Sex differences in Parkinson's disease

For Peer Review

Abstract

Background: Previous studies reported various symptoms of Parkinson's disease (PD) associated with sex. Some were conflicting or confirmed only in one study.

Objectives: To examine sex associations to PD phenotypes cross-sectionally and longitudinally in large scale data.

Methods: We tested 40 clinical phenotypes, using longitudinal, clinic-based patient cohorts, consisting of 5,946 patients, with a median follow-up of 3.1 years. For continuous outcomes, we used linear regressions at baseline to test sex-associated differences in presentation, and linear mixed-effects models to test sex-associated differences in progression. For binomial outcomes, we used logistic regression models at baseline and Cox regression models for survival analyses. We adjusted for age, disease duration, and medication use. In the secondary analyses, data from 17,719 PD patients and 7,588 non-PD participants from an online-only, self-assessment PD cohort were cross-sectionally evaluated to determine whether the sex-associated differences identified in the primary analyses were consistent and unique to PD.

Results: Female PD patients had a higher risk of developing dyskinesia early during the follow-up period, with a slower progression in activities of daily living difficulties, and a lower risk of developing cognitive impairments compared with male patients. The findings in the longitudinal, clinic-based cohorts were mostly consistent with the results of the online-only cohort.

Conclusions: We observed sex-associated contributions to PD heterogeneity. These results highlight the necessity of future research to determine the underlying mechanisms and importance of personalized clinical management.

Keyword:

Parkinson's disease; gender; sex; dyskinesias; cognitive impairment; activities of daily livings;

Main text

Introduction

The prevalence of Parkinson's disease (PD) is 1.5–2.0 times higher in men than in women. This discrepancy suggests the potential existence of sex-associated factors that modify the disease process. Identifying the interplay between sex and PD has the potential to assist the development of disease-modifying therapy, inform patient management strategies, and allow the planning of more efficient clinical trials. Researchers have previously investigated sex-associated differences in phenotypes among patients with PD.^{1–3} Male PD patients have been reported to present akinesia/rigid features,⁴ cognitive impairment,^{5–7} daytime sleepiness,⁸ and rapid eye movement (REM) sleep behavioral disorder (RBD) more frequently than female PD patients.^{9,10} In contrast, anxiety disorder/depression^{11–14} and dyskinesia^{11,15–17} were documented to occur more frequently in female PD patients than in male PD patients. However, these studies were generally small in sample size and predominantly performed in a cross-sectional setting.

In this study, we analyzed longitudinal data from 12 PD cohorts, representing 5,946 participants, with a median of 3.1 years of follow-up. This study had two objectives: (1) to identify the baseline differences between men and women, in terms of disease presentation, and (2) to identify the influences of sex on longitudinal symptom trajectory. Further, we analyzed the Fox Insight dataset, an online-only, PD research cohort, to assess whether the observations made using the longitudinal datasets were consistent in an independent dataset. Moreover, by analyzing the data from both PD participants and non-PD participants in the Fox Insight dataset, we were able to evaluate differences in the prevalence of self-reported outcomes between participants with and without PD. This analysis further illustrated that some of the identified differences may be influenced by general differences between males and females, whereas others are disease-specific.

Methods

Participants

12 longitudinal cohorts

We analyzed data from 12 longitudinal PD cohorts, from North America, Europe, and Australia, in this study (Table 1). Among these cohorts, the following four studies enrolled people with early-phase PD who were not being treated at the time of study enrollment (de novo cohorts): Parkinson's Progression Markers Initiative (PPMI), Parkinson Research Examination of CEP-1347 Trial study and its subsequent prospective study (PreCEPT/PostCEPT), the Norwegian ParkWest study (PARKWEST), and Deprenyl and Tocopherol Antioxidative Therapy of Parkinsonism (DATATOP). Other cohorts included Parkinsonism Incidence and Cognitive and Non-motor heterogeneity In Cambridgeshire (PICNICS), National Institutes of Health Exploratory Trials in Parkinson's Disease Large Simple Study 1 (NET_PD_LS1), Drug Interaction With Genes in Parkinson's Disease (DIGPD), Parkinson's Disease Biomarker Program (PDBP), Harvard Biomarkers Study (HBS), ParkFit Study (PARKFIT), Profiling Parkinson's Disease Study (PROPARK), and Udall Centers program (UDALL_PENN). Participants' information was obtained under appropriate written consent and with local institutional and ethical approval. The summary of the designs and inclusion/exclusion criteria applied to these cohorts are documented in the Supplemental Materials. The study protocols were approved at the local institutional review boards and the participants provided written informed consent.

Fox Insight

To evaluate the consistency of results from the longitudinal dataset, we explored an independent dataset, Fox Insight. Fox Insight is an online-only, PD research cohort.¹⁸ The details of the study are available online (<https://foxinsight.michaeljfox.org/>). Individuals, aged 18 or older, with and without PD, were enrolled through in-person referral or online advertisements. The participants provided online informed consent, and self-reported demographic,

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3 characteristics, symptoms, medical history, and PD medication data were collected. Although Fox Insight is a longitudinal
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5 study, we analyzed the data cross-sectionally for the present study because the follow-up periods were relatively short
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7 (e.g., the median follow-up period was 0.4 years for Non-Motor Symptoms Questionnaire). During the analysis step, we
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9 adjusted for age and disease duration. To limit the impacts of the extreme data points, we included participants from the
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11 middle 80% of the age distribution and the disease duration distribution (only among PD participants), which excluded
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13 any participants younger than the lower 10th percentile (< 46.8 years old) or older than the 90th percentile (> 77.4 years
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15 old) and PD patients with a disease duration shorter than one year (10th percentile) and longer than 13.5 years (90th
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17 percentile).
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22 Measurements

23 24 25 26 Clinical Data Harmonization Among the 12 cohorts

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29 Twenty-three measurements, 11 binomial and nine continuous measurements, were analyzed as outcome measures.

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31 Binomial outcomes included constipation, mild cognitive impairment, depression, daytime sleepiness, hyposmia,
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33 insomnia, wearing off, dyskinesias, RBD, restless-leg syndrome, and modified Schwab and England Activities of Daily
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35 Living Scale scores of 70 or lower (SEADL70). Some binomial outcomes had study-specific outcomes, and these criteria
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37 are summarized in the Supplemental Materials. For continuous outcomes, we collected the Hoehn and Yahr (HY) stage
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39 scale, total and sub-scores for the Unified Parkinson's Disease Rating Scale (UPDRS) or the Movement Disorder Society–
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41 revised version (MDS-UPDRS), Mini-Mental State Examination, Montreal Cognitive Assessment (MoCA), and modified
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43 Schwab and England Activities of Daily Living Scale (SEADL). UPDRS scores were normalized to the z-values
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45 (UPDRS*_scaled).
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Fox Insight

The February 2020 data was downloaded from <https://foxden.michaeljfox.org>. The demographic and disease status data were obtained from enrollment and registration questionnaires. For clinical outcomes of interest, we obtained the responses from the following questionnaires: Geriatric Depression Scale (GDS) for depression (score of six or higher);¹⁹ Non-Motor Symptoms Questionnaire (NMS-QUEST) for constipation, depressed mood (Mood depressed) and a proxy for lack of the sense of smell/taste;²⁰ MDS-UPDRS Part II questionnaire; REM Sleep Behavior Disorder Single-Question Screen;²¹ 15-item Penn Parkinson's Disease Daily Activities Questionnaire (PDAQ-15) for cognition-related instrumental functional abilities;²² and Understanding the Impact of Off and On in Parkinson's Patients Questionnaire for dyskinesia and wearing off.

Statistical analysis

Linear and logistic models were used to analyze baseline differences in PD presentation between male and female patients, per cohort. For binomial outcomes, a minimum of 25 outcomes should be observed in the analyzed cohort. Covariates were the linear and square terms of age and disease duration, to adjust for linear and non-linear effects. In addition, we adjusted for levodopa and dopamine agonist use. To test differences in the progression rates among continuous outcomes, we used linear mixed-effects models, with the same covariates as the baseline models and random effects on the individual intercept and slope (change per year). We evaluated sex-associated differences in progression rates by testing the interaction between sex and disease duration. Survival analyses were conducted among those who did not have an outcome at baseline. Cox regression models were used, adjusting for the same covariates as those used in the baseline models. Any outcomes with fewer than 20 events over the follow-up period were not analyzed. The R model statements for these analyses are summarized in the Supplemental Materials.

Then, we combined the cohort-level results with an inverse variance-weighted random-effect model. We focused on robust associations throughout the cohorts; therefore, meta-analyses with p-values less than 0.05 for a test of homogeneity

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3 were excluded from further evaluations. Any associations with a two-sided p-value of 0.05, after Bonferroni-correction
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5 for the number of total analyses, were considered significant.
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10 For the analysis of the Fox Insight dataset, we tested two terms: the mean difference between males and females (main
11 term) and the interaction between sex and disease duration (interaction term). The adjusted covariates were linear and
12 square age, linear and square disease duration, and indicators of levodopa and dopamine agonist usage. We further
13 analyzed the association between sex and outcomes among non-PD participants, adjusted for linear and square age. Then,
14 we conducted a test of homogeneity between sex-associated differences identified among PD cases and non-PD
15 participants, to evaluate whether the sex differences were PD-specific or reflected differences observed in the non-PD
16 population. In the analyses for this dataset, we used a significance level of 0.05 for the raw p-value because the purpose of
17 these analyses was to evaluate consistency with the longitudinal analyses.
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28 All the statistical analyses and drawings were executed using R version 3.6 and python version 3.7. The analysis scripts
29 are available at https://github.com/neurogenetics/PDpheno_by_sex.
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33 34 Results

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38 The cohort participants are summarized in Table 1. Participants in these cohorts varied in age and PD stage; however,
39 most participants were in relatively early PD phases. The majority of participants were of European descent. Fox Insight
40 included more female participants than the other cohorts, and the ratio of females to males was especially high among
41 non-PD participants, as previously described.²³ Moreover, we did not observe a significant difference in age of diagnosis
42 between the men and the women among each cohort except for Fox Insight, in which the female patients had on average
43 0.61 (SD: 0.12) years younger age of diagnosis than the male patients. Interestingly, the age of non-PD participants in Fox
44 Insight was also younger than male non-PD participants. The younger age of onset may be reflecting different age
45 distributions of the study population by sex in Fox Insight. In the following analyses, we adjusted for age, disease duration
46 and medications.
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5 In total, we conducted 40 meta-analyses, using the clinic-based longitudinal data, three of which were rejected following a
6 test of heterogeneity, with a significance level of 0.05. Using the Bonferroni correction of multiple comparisons, we set
7 our p-value (P) threshold to $0.05/37 = 0.00135$. Among these associations, nine were significant, and the direction and
8 magnitude of associations linked to being female compared with being male are shown in Table 2 and Figure 1/2. (All
9 meta-analysis results can be found in Supplemental Materials).

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18 Female PD patients were less likely to develop cognitive impairments over time {hazard ratio (HR) 0.65 [0.53, 0.79]
19 (mean [95% confidence interval]), $P = 2.1E-5$ } than male PD patients, and an even stronger association was observed
20 when we adjusted for years of education (HR 0.59 [0.48, 0.73], $P = 4.6E-7$, Supplemental Material). This association
21 remain significant when we further adjusted for the baseline MoCA score (HR 0.56 [0.37, 0.86], $P = 0.007$) or the
22 baseline MMSE score (HR 0.67 [0.51, 0.90], $P = 0.007$, Supplemental Material) at the significance level of 0.05.

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28 Additionally, the baseline MoCA scores were higher in female patients (0.63 [0.27, 1.00]) than in male patients, whereas
29 the baseline MMSE score was not significantly different between sexes ($P = 0.97$, Supplemental Materials).

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35 Female patients presented with a higher rate of developing dyskinesia (HR 1.29 [1.16, 1.44]). To assess the impacts of
36 weight, body mass index (BMI) and medication on this association, we conducted ad hoc analyses on a subset of data
37 (PDBP, PPMI, and NET_PD_LS1: 2,281 participants) for which height at baseline, weight at baseline, and medication at
38 visits were recorded. We adjusted the analyses for each of these factors. With the “weight” adjustment, the association
39 was no longer significant ($P = 0.058$), whereas the magnitude of the association became larger when adjusted for levodopa
40 dosages or levodopa equivalent dosages. Adjusting for BMI did not substantially change the magnitude of the association
41 (Beta: from 0.284 to 0.249), and the sex difference remained still significant (Supplemental Materials). Consistent with
42 the higher incidence rate of dyskinesia in female patients, female PD patients in non-de novo cohorts also presented more
43 dyskinesia at baseline than male patients.

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3 Activities of daily living (ADL), captured in the UPDRS Part II, were better in female PD patients than in male PD
4 patients in the baseline analysis (-0.12 [-0.18, -0.06], in the z-score), and the progression rate was slower in female
5 patients than in male patients (-0.14 [-0.20, -0.08] in z-score per year). We added post-hoc analyses of UPDRS Part II
6 scores in the different versions separately. The baseline score differences (female-male) were -0.57 [-1.20, 0.06] (P =
7 0.07) in MDS-UPDRS and -0.52 [-0.82, -0.21] (P = 7.9E-4) in the original UPDRS. The differences in the progression
8 rate were -0.81 [-1.18, -0.44] (P = 1.4E-5) in MDS-UPDRS and -0.43 [-0.71, -0.15] (P = 2.5E-3) in the original UPDRS. A
9 more detailed analysis of the forest plots of the UPDRS Part II scores at baseline showed that the associations between sex
10 and UPDRS Part II were not apparent among the de novo cohorts but, rather, were driven by differences observed in the
11 non-de novo cohorts (Figure 1). Although we did not find significant sex-associated differences in progression rates in the
12 UPDRS Parts I/III/IV, the rate of change for the total UPDRS scores was significantly milder in female patients than in
13 male patients (-0.11 [-0.16, -0.06] per year, in the z-score). In the raw scores, the sex-associated difference (female-male)
14 in rate of change in MDS-UPDRS total score (female-male) was -2.7 [-3.47, -1.95] (P = 2.3E-12) and that of the original
15 UPDRS total score was -0.91 [-1.33, -0.49], (P = 2.66E-05). When only considering the de novo cohorts, similar results
16 were reported for UPDRS part III, with a slower progression rate in female patients than in male patients (-0.14 [-0.21, -
17 0.07] in z-score per year, P = 2.6E-5, Supplemental Materials). This was corresponding to -1.59 [-2.47, -0.71] (P = 4.6E-
18 4) per year difference (female-male) in the rate of change in MDS-UPDRS Part III or -1.01 [-1.78, -0.24] (P = 0.01) per
19 year in the original UPDRS Part III.

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22 Finally, female patients also had lower scores on the UPDRS Part III and the UPDRS total score compared with male
23 patients during the baseline analyses.

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When analyzing similar phenotypes within the Fox Insight dataset, we generally confirmed the results of the longitudinal dataset analyses (Table 3). In the Fox Insight dataset analysis, the interaction terms between sex and disease duration indicated the average sex-associated differences in the longitudinal trajectories for the outcomes. For example, a positive association for the interaction between disease duration and PDAQ-15 indicated that the PDAQ-15 scores for female patients were higher than those in male patients (i.e., better cognition-related instrumental functional abilities) among

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3 patients with longer disease durations in the Fox Insight dataset. To illustrate this, we visualized the sex differences,
4 stratified by disease duration (Supplemental Materials). The results are consistent with those for the longitudinal dataset
5 analysis, indicating that female patients had a lower risk of developing cognitive impairments during the disease course.
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7 Similarly, the results from the Fox Insight dataset were consistent with the increased rate of dyskinesia development
8 among female patients compared with male patients, and the lower scores and a slower deterioration rate in UPDRS Part
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10 II among female patients, as observed in the longitudinal analyses.
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18 In addition, null differences between male and female patients in the presentation and progression of wearing off,
19 depression, and hyposmia were also supported by the Fox Insight dataset. In contrast, the loss of the sense of smell/taste
20 was significantly more frequently reported in males among the control participants. Having PD might diminish the general
21 sex difference associated with this phenotype.
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26 Single question answers for RBD and some NMSQuest questionnaire questions regarding “difficult to stay awake”
27 (NMSQ_Awake), “difficulty in getting to sleep” (NMSQ_Sleep), “feeling sad, low or blue” (NMSQ_Feel), and
28 NMSQ_Constipation were significantly different according to sex in the Fox Insight dataset. The prevalences of similar
29 outcomes, such as possible RBD, daytime sleepiness, insomnia, depression, and constipation, were not significantly
30 associated with sex in the meta-analyses of 12 longitudinal cohorts. However, the test for these associations gives raw p-
31 values less than 0.05, with the same directions as the Fox Insight results. The primary analyses may not have included
32 large enough sample sizes to detect these associations. All of the sex-phenotype associations among PD participants, not
33 significant in the longitudinal dataset but significant in the Fox Insight dataset, were also significant among non-PD
34 participants. In addition, based on the test of homogeneity between the results from PD and non-PD participants,
35 suggesting that the magnitudes of these sex-associated differences in PD participants did not differ from those in non-PD
36 participants.
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Discussion

We analyzed clinic-based, longitudinal data from 5,946 participants and meta-analyzed the differences in presentation and progression of phenotypes between men and women with PD. We also used web-based, online cohorts and analyzed data from 17,719 PD patients and 7,588 non-PD participants to confirm our results. The results suggested that female PD patients develop dyskinesia early, progress more slowly with respect to ADL restrictions, and are less likely to develop cognitive impairments. For some non-motor symptoms explored in the online questionnaires (such as possible RBD, daytime sleepiness, insomnia, depressive mood, and constipation), we found significant sex-associated differences among PD participants, only in the Fox Insight dataset. These unconfirmed sex-associated differences may not be specific to PD, as we also observed the same associations in the non-PD participants.

Some studies have previously reported that female patients demonstrated an increased risk of developing earlier and more severe dyskinesia^{11,15} and a longer duration of dyskinesia.¹⁶ These reports are consistent with the faster development of dyskinesia among female patients and the large rate of UPDRS Part IV score increases observed in our study. The reasons for this phenomenon are not fully understood, but the relatively higher levodopa dosages with respect to body weight in females may be partially responsible.¹⁷ For example, the commonly used levodopa tablet contains 50 mg or 100 mg levodopa and this is relatively a larger jump for those with less weight, and that may result in stronger treatment for them compared with those with more weight. Our ad hoc analyses also suggested that body weight plays a role in the association between sex and the early development of dyskinesia.

Contradictory results have been reported previously with regards to sex-associated differences in ADL impacts. Two studies evaluated patients who underwent surgical treatment for PD. One study observed no differences in the UPDRS Part II scores between males and females, whereas the other study reported that females had worse scores than males. In these studies, females had a longer duration of disease, which may have affected the results. Another cross-sectional study also reported worse UPDRS Part II scores among female patients.¹¹ They reported that, among the five categories of overall ADL capacity, the two most-severe categories were more frequent among females than males, based on the results

of a chi-squared test, whereas our analyses used UPDRS Part II scores and multivariable regression models. These different outcome measurements and statistical approaches may account for different results.

The slower development of cognitive declines in female patients was reported by some longitudinal studies.^{5,6,24} The executive and attention features were primarily affected in PD patients. While Alzheimer's disease, for which women confer more risk, is emphasized as disability in the memory feature, the executive and attention features are primarily affected in PD patients. MoCA is more sensitive for detecting dysfunctions in these areas than MMSE,²⁵ and this may be one of the reasons that we observed baseline difference in MoCA but not MMSE. In contrast, the longitudinal differences in the rates of decline for either the MoCA or MMSE were not significantly different between the two sexes, in our data. Interestingly, MoCA scores were sometimes reported to be higher in healthy aging women than in men.²⁶⁻²⁸ The slower development of cognitive impairment observed in female patients may reflect their relatively high baseline abilities in the areas that are susceptible to PD, although the baseline MoCA score nor MMSE score were able to completely explain the association between sex and the development of cognitive impairment in the current data.

Several associations that were previously reported were not observed in the current analysis. RBD was reported to be more prevalent in males with PD than in females with PD,^{9,10} although some studies have disagreed.^{29,30} We were unable to confirm this association in the current longitudinal dataset. Although the prevalence of possible RBD, as detected by single-question screening was higher in male patients among the Fox Insight cohort, a similarly increased prevalence in possible RBD for non-PD male participants makes the PD-specific nature of this association questionable. Female PD patients were more depressed, according to previous reports.¹¹⁻¹⁴ We were not able to confirm a sex-associated difference in the presentation or progression of depression, in either the longitudinal data or the Fox Insight dataset. However, female PD patients expressed a depressive mood more frequently than male patients, in response to the related NMSQuest question ('feeling sad, 'low' or 'blue') from the Fox Insight dataset. However, the magnitude of the association was not different between PD and non-PD participants, indicating that the sex difference associated with this outcome may not be PD-specific. Regarding the NMSQ items evaluated, the similar null results except for NMSQ_Smell were reported previously in a cross-sectional analysis of de novo PD patients.³¹ Regarding the discrepancy in NMSQ_Smell, it may be possible that the sex-difference in reported loss of smell/taste may be only detectable in the de novo PD stage.

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3 The current study has some limitations. Fox Insight is an online-only cohort, which is inherently different from a clinic-
4 based cohort; however, our analyses were mostly consistent across these two different settings. Additionally, because the
5 study participants were almost all of European descent, the generalizability of these observations across different
6 ancestrally distinct groups should be verified. In this study, we focused on the overall associations between sex and
7 phenotypes and did not separate the biological mechanisms from the environmental mechanisms. [For example, the effect
8 of estrogen on PD has been investigated frequently and the conflicting results were reported.](#)³² but we did not collect
9 necessary data to rigorously evaluate the impact of estrogen on the differences. Similarly, we did not have enough data to
10 investigate environmental factors such as smoking, alcohol, diet, physical activity levels, and socio-economic factors. The
11 different distribution of these factors by sex may explain the differences we observed in the current study. Well-designed
12 studies are warranted to dissect the overall differences into each underlying pathway.
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26 Despite some limitations, the current study has some strengths. First, the total number of participants examined in our
27 longitudinal analysis was one of the largest populations studied. Second, although each study had different cohort
28 characteristics, we controlled for heterogeneity and multiple comparisons to detect robust signals. Most of the associations
29 identified between sex and disease presentation and progression were consistent between the longitudinal cohort and
30 analyses performed using the independent Fox Insight dataset. Thus, our results could be generalized to PD patients across
31 various disease stages in different contexts, given the range of studies incorporated. Third, by comparing PD patients with
32 non-PD individuals, we obtained insight into whether sex-associated phenotypes in PD were disease-specific or reflected
33 more general sex differences. Finally, female PD patients have been an underrepresented population in clinical trials.³³
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43 The current work emphasizes the importance of recognizing gender biases when developing treatments for PD in the real
44 world.
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For Peer Review

Figure legends

Figure 1: Forest plots depicting sex differences in outcomes in progression analyses

DATATOP, Deprenyl and Tocopherol Antioxidative Therapy of Parkinsonism; DIGPD, Drug Interaction with Genes in Parkinson's Disease; HBS, Harvard Biomarkers Study; NET-PD_LS1, NIH Exploratory Trials in Parkinson's Disease Large Simple Study 1; PARKFIT, ParkFit study; PARKWEST, The Norwegian ParkWest study; PDBP, Parkinson's Disease Biomarker Program; PICNICS, Parkinsonism Incidence and Cognitive and Non-motor heterogeneity In Cambridgeshire; PPMI, Parkinson's progression markers initiative; PreCEPT_PostCEPT, Parkinson Research Examination of CEP-1347 Trial and PostCEPT; PROPARK, Profiling Parkinson's disease study; and UDALL_PENN, Morris K. Udall Centers for Parkinson's Research.

P, non-adjusted p-values; I_{sq} , I^2 statistic; QEp, test of heterogeneity. “_scaled” scores were normalized (mean 0, standard deviation of 1) to the baseline distributions as the original scores.

Figure 2: Forest plots depicting sex differences in outcomes in baseline analyses

DATATOP, Deprenyl and Tocopherol Antioxidative Therapy of Parkinsonism; DIGPD, Drug Interaction with Genes in Parkinson's Disease; HBS, Harvard Biomarkers Study; NET-PD_LS1, NIH Exploratory Trials in Parkinson's Disease Large Simple Study 1; PARKFIT, ParkFit study; PARKWEST, The Norwegian ParkWest study; PDBP, Parkinson's Disease Biomarker Program; PICNICS, Parkinsonism Incidence and Cognitive and Non-motor heterogeneity In Cambridgeshire; PPMI, Parkinson's progression markers initiative; PreCEPT_PostCEPT, Parkinson Research Examination of CEP-1347 Trial and PostCEPT; PROPARK, Profiling Parkinson's disease study; and UDALL_PENN, Morris K. Udall Centers for Parkinson's Research.

P, non-adjusted p-values; I_{sq} , I^2 statistic; QEp, test of heterogeneity. “_scaled” scores were normalized (mean 0, standard deviation of 1) to the baseline distributions as the original scores.

Tables

For Peer Review

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Table 1. Baseline characteristics of study cohorts

Cohort	N	f-u, year	European %	Female, %	Stratum	Age, year old	Duration, y	LD, %	DA, %
PPMI	408	7.0	95.1	34.6	Male	62.15 (9.86)	0.53 (0.49)	-	-
					Female	60.76 (9.60)	0.60 (0.63)	-	-
PreCEPT_PostCEPT	390	6.9	97.7	33.8	Male	59.83 (9.51)	0.79 (0.80)	-	-
					Female	60.96 (9.56)	0.84 (0.85)	-	-
PARKWEST	181	5.0	100	37.8	Male	67.82 (9.21)	0.16 (0.10)	-	-
					Female	68.36 (9.10)	0.20 (0.14)*	-	-
DATATOP	796	1.1	97.7	33.7	Male	61.45 (9.35)	1.16 (1.14)	-	-
					Female	60.34 (9.80)	1.10 (1.05)	-	-
PICNICS	122	3.5	98.4	35.2	Male	67.85 (8.40)	0.30 (0.49)	30.4	17.7
					Female	67.93 (10.28)	0.12 (0.50)*	27.9	23.3
NET_PD_LSI	1705	4.0	92.7	35.7	Male	62.07 (9.32)	1.55 (1.08)	57.5	60.4
					Female	61.20 (10.06)	1.54 (1.10)	55.3	63.3
DIGPD	350	3.0	85.8	39.4	Male	61.45 (10.34)	2.55 (1.52)	65.6	77.8
					Female	62.40 (9.61)	2.46 (1.59)	62.3	63.0
PDBP	486	3.0	93.0	39.7	Male	65.03 (9.13)	5.31 (4.74)	81.9	50.2*
					Female	64.87 (8.67)	5.22 (4.78)	76.9	56.8
HBS	482	1.9	96.3	35.3	Male	65.79 (9.67)	4.28 (4.79)	73.7	39.4
					Female	66.60 (9.40)	3.97 (4.30)	70.0	42.4
PROPARK	327	5.0	NA	33.9	Male	59.56 (10.29)	6.48 (5.00)	67.1	69.9
					Female	59.51 (11.63)	6.98 (4.18)	64.0	79.3
PARKFIT	466	2.0	NA	33.3	Male	65.28 (7.41)	4.97 (4.25)	NA	NA
					Female	65.49 (7.60)	5.38 (4.76)	NA	NA
UDALL_PENN	233	4.0	94.4	30.9	Male	70.53 (7.29)	5.73 (4.96)	84.5	46.0
					Female	70.14 (8.15)	6.64 (5.80)	90.3	56.9
Fox Insight (non-PD)	7588	-	95.8	78.8	Male	63.55 (7.89)	-	-	-
					Female	62.51 (7.39)*	-	-	-
Fox Insight (PD)	17719	-	96.4	45	Male	66.72 (7.16)	4.61 (3.24)	80.3	29.4
					Female	66.00 (7.10)*	4.50 (3.25)*	76.8*	35.0*

f-u, median follow-up period; European, European descent; Duration, mean disease duration; LD, levodopa use; DA, dopamine agonist use. Age, mean (standard deviation). * p<0.05 for t-test comparing with male vs female.

DATATOP, Deprenyl and Tocopherol Antioxidative Therapy of Parkinsonism; DIGPD, Drug Interaction with Genes in Parkinson's Disease; HBS, Harvard Biomarkers Study; NET-PD_LSI, NIH Exploratory Trials in Parkinson's Disease Large Simple Study 1; PARKFIT, ParkFit study; PARKWEST, The Norwegian ParkWest study; PDBP, Parkinson's Disease Biomarker Program; PICNICS, Parkinsonism Incidence and Cognitive and Non-motor heterogeneity In Cambridgeshire; PPMI, Parkinson's progression markers initiative; PreCEPT_PostCEPT, Parkinson Research Examination of CEP-1347 Trial and PostCEPT; PROPARK, Profiling Parkinson's disease study; and UDALL_PENN, Morris K. Udall Centers for Parkinson's Research.

Table 2. Meta-analysis results for significant associations with sex and phenotypes (reference: male)

Outcome	Beta	SE	P	P-adj	Mean [95%CI]
Progression analysis					
Cognitive_Impairment	-0.436	0.102	2.1E-05	7.7E-4	0.65 [0.53, 0.79] (HR)
Dyskinesia	0.255	0.055	4.1E-06	1.6E-4	1.29 [1.16, 1.44] (HR)
UPDRS2_scaled	-0.139	0.029	1.1E-06	4.1E-5	-0.14 [-0.20, -0.08]
UPDRS_scaled	-0.113	0.025	5.3E-06	2.0E-4	-0.11 [-0.16, -0.06]
Baseline analysis					
Dyskinesia	0.434	0.129	7.3E-04	0.0277	1.54 [1.20, 1.99] (OR)
MoCA	0.634	0.186	6.8E-04	0.0251	0.63 [0.27, 1.00]
UPDRS2_scaled	-0.124	0.031	6.5E-05	0.0024	-0.12 [-0.18, -0.06]
UPDRS3_scaled	-0.114	0.031	2.5E-04	0.0093	-0.11 [-0.17, -0.05]
UPDRS_scaled	-0.107	0.027	6.9E-05	0.0026	-0.11 [-0.16, -0.05]

Progression analyses test the association between incidence rates (binomial) or rates of change per years (continuous) and sex. The models were adjusted for age and disease duration (both linear and square terms), indicators for levodopa and/or agonist usages. “_scaled” scores were normalized (mean 0, standard deviation of 1) to the baseline distributions as the original scores.

SE, standard error; P-adj, Bonferroni adjusted P (raw-P times 37 [the number of multiple-comparison]).

Mean [95%CI], Mean and 95% confidence interval of the difference in each scale. HR, hazard ratio; OR, Odds Ratio; UPDRS, unified Parkinson's disease rating scale; MoCA, Montreal Cognitive Assessment.

Table 3. Analysis results for sex difference in main term and interaction term with sex and disease duration in replication cohort (reference: male)

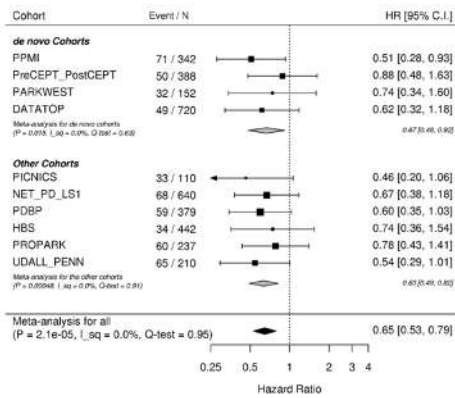
	PD					Control							
	Interaction term			Consistency with LT analysis	Main term			Consistency with LT analysis	Main term			Test of Homogeneity in main effect	
Outcome	Beta	SE	P	Beta	SE	P	Beta	SE	P	Beta	SE	P	
UPDRS2 total	-0.185	0.033	3.2E-08	-0.487	0.184	8.1E-03	-0.668	0.297	0.025				0.106
Cognitive IADL (PDAQ-15)	0.219	0.049	6.8E-06	-0.024	0.266	0.928							
Dyskinesia	0.073	0.032	0.024	-0.311	0.205	0.129							
Wearing Off	-0.001	0.041	0.977	0.259	0.217	0.232							
Depression (GDS total >5)	-0.013	0.010	0.203	-0.030	0.056	0.596	-0.165	0.066	0.012				0.120
pRBD (single question)	-0.003	0.011	0.767	-0.698	0.059	1.2E-32	-0.696	0.080	4.6E-18				0.990
NMSQ_Awake	0.001	0.012	0.963	-0.216	0.072	2.5E-03	-0.292	0.091	1.3E-03				0.514
NMSQ_Sleep	-0.003	0.011	0.789	0.406	0.058	2.4E-12	0.492	0.064	1.4E-14				0.317
NMSQ_Feel	-0.004	0.010	0.676	0.384	0.055	4.3E-12	0.342	0.065	1.6E-07				0.628
NMSQ_Constipation	-0.018	0.010	0.072	0.173	0.055	1.7E-03	0.310	0.075	3.8E-05				0.143
NMSQ_Smell	-0.011	0.011	0.314	0.034	0.059	0.568	-0.326	0.111	3.3E-03				4.2E-03

“Main term” is the average difference between the females and the males (reference: males). “Interaction term” is the interaction between disease duration and sex. The adjusted covariates were linear and square age for non-PD participants. For PD participants, linear and square disease duration, and indicators of levodopa and dopamine agonist usage were further adjusted.

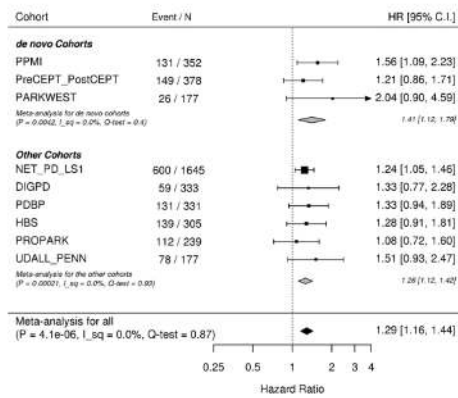
SE, standard error; PDAQ-15, the Penn Parkinson’s Daily Activities Questionnaire-15 (15-item measure of cognitive instrumental activities of daily living (IADL) for Parkinson’s disease patients derived from the original 50-item PDAQ), ranging 0-60 (the lower the worse); Depression, Geriatric Depression Scale score more than 5. Consistency with longitudinal dataset analyses were evaluated for outcomes (Consistency with LT analysis).

NMSQ, Non Motor Symptom Questionnaire; NMSQ_awake: difficult to stay awake; NMSQ_Sleep, difficulty getting sleep at night; NMSQ_Feel, feeling sad, ‘low’ or ‘blue’; NMSQ_Smell, loss or change in your ability to taste or smell.

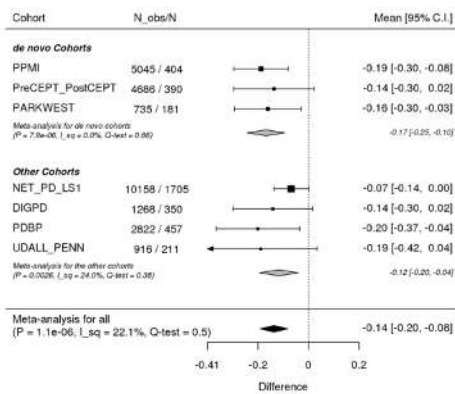
Hazard Ratio (female/male) in Developing Cognitive_Impairment



Hazard Ratio (female/male) in Developing Dyskinesia



Sex Difference (female-male) in Rate of Change in UPDRS2_scaled



Sex Difference (female-male) in Rate of Change in UPDRS2_scaled

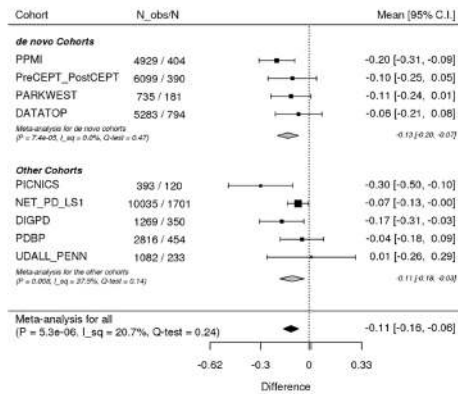


figure 1

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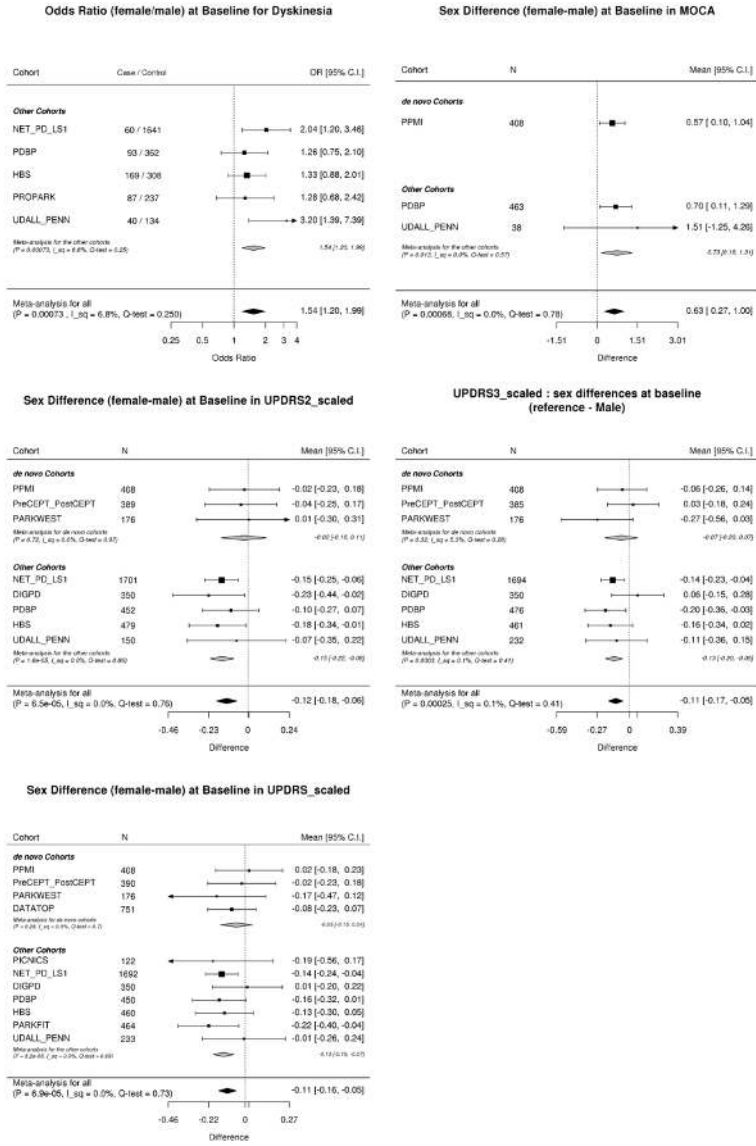


figure 2

152x228mm (300 x 300 DPI)

Differences in the presentation and progression of Parkinson's disease by sex

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Word count

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54 Abstract: 231, Main text: 3260
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Running title:

Sex differences in Parkinson’s disease

For Peer Review

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3 Abstract
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7 Background: Previous studies reported various symptoms of Parkinson's disease (PD) associated with sex. Some were
8 conflicting or confirmed only in one study.
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10 Objectives: To examine sex associations to PD phenotypes cross-sectionally and longitudinally in large scale data.
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14 Methods: We tested 40 clinical phenotypes, using longitudinal, clinic-based patient cohorts, consisting of 5,946 patients,
15 with a median follow-up of 3.1 years. For continuous outcomes, we used linear regressions at baseline to test sex-
16 associated differences in presentation, and linear mixed-effects models to test sex-associated differences in progression.
17 For binomial outcomes, we used logistic regression models at baseline and Cox regression models for survival analyses.
18 We adjusted for age, disease duration, and medication use. In the secondary analyses, data from 17,719 PD patients and
19 7,588 non-PD participants from an online-only, self-assessment PD cohort were cross-sectionally evaluated to determine
20 whether the sex-associated differences identified in the primary analyses were consistent and unique to PD.
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34 Results: Female PD patients had a higher risk of developing dyskinesia early during the follow-up period, with a slower
35 progression in activities of daily living difficulties, and a lower risk of developing cognitive impairments compared with
36 male patients. The findings in the longitudinal, clinic-based cohorts were mostly consistent with the results of the online-
37 only cohort.
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45 Conclusions: We observed sex-associated contributions to PD heterogeneity. These results highlight the necessity of
46 future research to determine the underlying mechanisms and importance of personalized clinical management.
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51 Keyword:

52 Parkinson's disease; gender; sex; dyskinesias; cognitive impairment; activities of daily livings;
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Main text

Introduction

The prevalence of Parkinson's disease (PD) is 1.5–2.0 times higher in men than in women. This discrepancy suggests the potential existence of sex-associated factors that modify the disease process. Identifying the interplay between sex and PD has the potential to assist the development of disease-modifying therapy, inform patient management strategies, and allow the planning of more efficient clinical trials. Researchers have previously investigated sex-associated differences in phenotypes among patients with PD.^{1–3} Male PD patients have been reported to present akinesia/rigid features,⁴ cognitive impairment,^{5–7} daytime sleepiness,⁸ and rapid eye movement (REM) sleep behavioral disorder (RBD) more frequently than female PD patients.^{9,10} In contrast, anxiety disorder/depression^{11–14} and dyskinesia^{11,15–17} were documented to occur more frequently in female PD patients than in male PD patients. However, these studies were generally small in sample size and predominantly performed in a cross-sectional setting.

In this study, we analyzed longitudinal data from 12 PD cohorts, representing 5,946 participants, with a median of 3.1 years of follow-up. This study had two objectives: (1) to identify the baseline differences between men and women, in terms of disease presentation, and (2) to identify the influences of sex on longitudinal symptom trajectory. Further, we analyzed the Fox Insight dataset, an online-only, PD research cohort, to assess whether the observations made using the longitudinal datasets were consistent in an independent dataset. Moreover, by analyzing the data from both PD participants and non-PD participants in the Fox Insight dataset, we were able to evaluate differences in the prevalence of self-reported outcomes between participants with and without PD. This analysis further illustrated that some of the identified differences may be influenced by general differences between males and females, whereas others are disease-specific.

Methods

Participants

12 longitudinal cohorts

We analyzed data from 12 longitudinal PD cohorts, from North America, Europe, and Australia, in this study (Table 1). Among these cohorts, the following four studies enrolled people with early-phase PD who were not being treated at the time of study enrollment (de novo cohorts): Parkinson's Progression Markers Initiative (PPMI), Parkinson Research Examination of CEP-1347 Trial study and its subsequent prospective study (PreCEPT/PostCEPT), the Norwegian ParkWest study (PARKWEST), and Deprenyl and Tocopherol Antioxidative Therapy of Parkinsonism (DATATOP). Other cohorts included Parkinsonism Incidence and Cognitive and Non-motor heterogeneity In Cambridgeshire (PICNICS), National Institutes of Health Exploratory Trials in Parkinson's Disease Large Simple Study 1 (NET_PD_LS1), Drug Interaction With Genes in Parkinson's Disease (DIGPD), Parkinson's Disease Biomarker Program (PDBP), Harvard Biomarkers Study (HBS), ParkFit Study (PARKFIT), Profiling Parkinson's Disease Study (PROPARK), and Udall Centers program (UDALL_PENN). Participants' information was obtained under appropriate written consent and with local institutional and ethical approval. The summary of the designs and inclusion/exclusion criteria applied to these cohorts are documented in the Supplemental Materials. The study protocols were approved at the local institutional review boards and the participants provided written informed consent.

Fox Insight

To evaluate the consistency of results from the longitudinal dataset, we explored an independent dataset, Fox Insight. Fox Insight is an online-only, PD research cohort.¹⁸ The details of the study are available online (<https://foxinsight.michaeljfox.org/>). Individuals, aged 18 or older, with and without PD, were enrolled through in-person referral or online advertisements. The participants provided online informed consent, and self-reported demographic,

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3 characteristics, symptoms, medical history, and PD medication data were collected. Although Fox Insight is a longitudinal
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5 study, we analyzed the data cross-sectionally for the present study because the follow-up periods were relatively short
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7 (e.g., the median follow-up period was 0.4 years for Non-Motor Symptoms Questionnaire). During the analysis step, we
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9 adjusted for age and disease duration. To limit the impacts of the extreme data points, we included participants from the
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11 middle 80% of the age distribution and the disease duration distribution (only among PD participants), which excluded
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13 any participants younger than the lower 10th percentile (< 46.8 years old) or older than the 90th percentile (> 77.4 years
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15 old) and PD patients with a disease duration shorter than one year (10th percentile) and longer than 13.5 years (90th
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17 percentile).
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22 Measurements

23 24 25 26 Clinical Data Harmonization Among the 12 cohorts

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29 Twenty-three measurements, 11 binomial and nine continuous measurements, were analyzed as outcome measures.

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31 Binomial outcomes included constipation, mild cognitive impairment, depression, daytime sleepiness, hyposmia,
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33 insomnia, wearing off, dyskinesias, RBD, restless-leg syndrome, and modified Schwab and England Activities of Daily
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35 Living Scale scores of 70 or lower (SEADL70). Some binomial outcomes had study-specific outcomes, and these criteria
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37 are summarized in the Supplemental Materials. For continuous outcomes, we collected the Hoehn and Yahr (HY) stage
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39 scale, total and sub-scores for the Unified Parkinson's Disease Rating Scale (UPDRS) or the Movement Disorder Society–
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41 revised version (MDS-UPDRS), Mini-Mental State Examination, Montreal Cognitive Assessment (MoCA), and modified
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43 Schwab and England Activities of Daily Living Scale (SEADL). UPDRS scores were normalized to the z-values
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45 (UPDRS*_scaled).
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Fox Insight

The February 2020 data was downloaded from <https://foxden.michaeljfox.org>. The demographic and disease status data were obtained from enrollment and registration questionnaires. For clinical outcomes of interest, we obtained the responses from the following questionnaires: Geriatric Depression Scale (GDS) for depression (score of six or higher);¹⁹ Non-Motor Symptoms Questionnaire (NMS-QUEST) for constipation, depressed mood (Mood depressed) and a proxy for lack of the sense of smell/taste;²⁰ MDS-UPDRS Part II questionnaire; REM Sleep Behavior Disorder Single-Question Screen;²¹ 15-item Penn Parkinson's Disease Daily Activities Questionnaire (PDAQ-15) for cognition-related instrumental functional abilities;²² and Understanding the Impact of Off and On in Parkinson's Patients Questionnaire for dyskinesia and wearing off.

Statistical analysis

Linear and logistic models were used to analyze baseline differences in PD presentation between male and female patients, per cohort. For binomial outcomes, a minimum of 25 outcomes should be observed in the analyzed cohort. Covariates were the linear and square terms of age and disease duration, to adjust for linear and non-linear effects. In addition, we adjusted for levodopa and dopamine agonist use. To test differences in the progression rates among continuous outcomes, we used linear mixed-effects models, with the same covariates as the baseline models and random effects on the individual intercept and slope (change per year). We evaluated sex-associated differences in progression rates by testing the interaction between sex and disease duration. Survival analyses were conducted among those who did not have an outcome at baseline. Cox regression models were used, adjusting for the same covariates as those used in the baseline models. Any outcomes with fewer than 20 events over the follow-up period were not analyzed. The R model statements for these analyses are summarized in the Supplemental Materials.

Then, we combined the cohort-level results with an inverse variance-weighted random-effect model. We focused on robust associations throughout the cohorts; therefore, meta-analyses with p-values less than 0.05 for a test of homogeneity

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3 were excluded from further evaluations. Any associations with a two-sided p-value of 0.05, after Bonferroni-correction
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5 for the number of total analyses, were considered significant.
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10 For the analysis of the Fox Insight dataset, we tested two terms: the mean difference between males and females (main
11 term) and the interaction between sex and disease duration (interaction term). The adjusted covariates were linear and
12 square age, linear and square disease duration, and indicators of levodopa and dopamine agonist usage. We further
13 analyzed the association between sex and outcomes among non-PD participants, adjusted for linear and square age. Then,
14 we conducted a test of homogeneity between sex-associated differences identified among PD cases and non-PD
15 participants, to evaluate whether the sex differences were PD-specific or reflected differences observed in the non-PD
16 population. In the analyses for this dataset, we used a significance level of 0.05 for the raw p-value because the purpose of
17 these analyses was to evaluate consistency with the longitudinal analyses.
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28 All the statistical analyses and drawings were executed using R version 3.6 and python version 3.7. The analysis scripts
29 are available at https://github.com/neurogenetics/PDpheno_by_sex.
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33 34 Results

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38 The cohort participants are summarized in Table 1. Participants in these cohorts varied in age and PD stage; however,
39 most participants were in relatively early PD phases. The majority of participants were of European descent. Fox Insight
40 included more female participants than the other cohorts, and the ratio of females to males was especially high among
41 non-PD participants, as previously described.²³ Moreover, we did not observe a significant difference in age of diagnosis
42 between the men and the women among each cohort except for Fox Insight, in which the female patients had on average
43 0.61 (SD: 0.12) years younger age of diagnosis than the male patients. Interestingly, the age of non-PD participants in Fox
44 Insight was also younger than male non-PD participants. The younger age of onset may be reflecting different age
45 distributions of the study population by sex in Fox Insight. In the following analyses, we adjusted for age, disease duration
46 and medications.
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5 In total, we conducted 40 meta-analyses, using the clinic-based longitudinal data, ~~two-three~~ of which were rejected
6 following a test of heterogeneity, with a significance level of 0.05. Using the Bonferroni correction of multiple
7 comparisons, we set our p-value (P) threshold to $0.05/378 = 0.001352$. Among these associations, nine were significant,
8 and the direction and magnitude of associations linked to being female compared with being male are shown in Table 2
9 and Figure 1/2. (All meta-analysis results can be found in Supplemental Materials).

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18 Female PD patients were less likely to develop cognitive impairments over time {hazard ratio (HR) ~~0.65 [0.53, 0.79]~~ ~~0.70~~
19 ~~[0.59, 0.83]~~ (mean [95% confidence interval]), $P = 2.14 \cdot 10^{-5}$ } than male PD patients, and an even stronger association
20 was observed when we adjusted for years of education (HR ~~0.59 [0.48, 0.73]~~, $P = 4.6 \cdot 10^{-7}$, ~~0.63 [0.53, 0.76]~~, $P = 4.3 \cdot 10^{-7}$,
21 Supplemental Material). ~~This association remain significant when we further adjusted for the baseline MoCA score (HR~~
22 ~~0.56 [0.37, 0.86], $P = 0.007$) or the baseline MMSE score (HR 0.67 [0.51, 0.90], $P = 0.007$, Supplemental Material) at the~~
23 ~~significance level of 0.05.~~ Additionally, the baseline MoCA scores were higher in female patients (0.63 [0.27, 1.00]) than
24 in male patients, whereas the baseline MMSE score was not significantly different between sexes ($P = 0.97$, Supplemental
25 Materials).

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37 Female patients presented with a higher rate of developing dyskinesia (HR 1.29 [1.16, 1.44]). To assess the impacts of
38 weight, body mass index (BMI) and medication on this association, we conducted ad hoc analyses on a subset of data
39 (PDBP, PPMI, and NET_PD_LS1: 2,281 participants) for which height at baseline, weight at baseline, and medication at
40 visits were recorded. We adjusted the analyses for each of these factors. With the “weight” adjustment, the association
41 was no longer significant ($P = 0.058$), whereas the magnitude of the association became larger when adjusted for levodopa
42 dosages or levodopa equivalent dosages. Adjusting for BMI did not substantially change the magnitude of the association
43 (Beta: from 0.284 to 0.249), and the sex difference remained still significant (Supplemental Materials). Consistent with
44 the higher incidence rate of dyskinesia in female patients, female PD patients in non-de novo cohorts also presented more
45 dyskinesia at baseline than male patients.

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3 Activities of daily living (ADL), captured in the UPDRS Part II, were better in female PD patients than in male PD
4 patients in the baseline analysis (-0.12 [-0.18, -0.06], in the z-score), and the progression rate was slower in female
5 patients than in male patients (-0.14 [-0.20, -0.08] in z-score per year). We added post-hoc analyses of UPDRS Part II
6 scores in the different versions separately. The baseline score differences (female-male) were -0.57 [-1.20, 0.06] (P =
7 0.07) in MDS-UPDRS and -0.52 [-0.82, -0.21] (P = 7.9E-4) in the original UPDRS. The differences in the progression
8 rate were -0.81 [-1.18, -0.44] (P = 1.4E-5) in MDS-UPDRS and -0.43 [-0.71, -0.15] (P = 2.5E-3) in the original UPDRS. A
9 more detailed analysis of the forest plots of the UPDRS Part II scores at baseline showed that the associations between sex
10 and UPDRS Part II were not apparent among the de novo cohorts but, rather, were driven by differences observed in the
11 non-de novo cohorts (Figure 1). Although we did not find significant sex-associated differences in progression rates in the
12 UPDRS Parts I/III/IV, the rate of change for the total UPDRS scores was significantly milder in female patients than in
13 male patients (-0.11 [-0.16, -0.06] per year, in the z-score). In the raw scores, the sex-associated difference (female-male)
14 in rate of change in MDS-UPDRS total score (female-male) was -2.7 [-3.47, -1.95] (P = 2.3E-12) and that of the original
15 UPDRS total score was -0.91 [-1.33, -0.49], (P = 2.66E-05). When only considering the de novo cohorts, similar results
16 were reported for UPDRS part III, with a slower progression rate in female patients than in male patients (-0.14 [-0.21, -
17 0.07] in z-score per year, P = 2.6E-5, Supplemental Materials). This was corresponding to -1.59 [-2.47, -0.71] (P = 4.6E-
18 4) per year difference (female-male) in the rate of change in MDS-UPDRS Part III or -1.01 [-1.78, -0.24] (P = 0.01) per
19 year in the original UPDRS Part III.
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41 Finally, female patients also had lower scores on the UPDRS Part III and the UPDRS total score compared with male
42 patients during the baseline analyses.
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3 patients with longer disease durations in the Fox Insight dataset. To illustrate this, we visualized the sex differences,
4 stratified by disease duration (Supplemental Materials). The results are consistent with those for the longitudinal dataset
5 analysis, indicating that female patients had a lower risk of developing cognitive impairments during the disease course.
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7 Similarly, the results from the Fox Insight dataset were consistent with the increased rate of dyskinesia development
8 among female patients compared with male patients, and the lower scores and a slower deterioration rate in UPDRS Part
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10 II among female patients, as observed in the longitudinal analyses.
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18 In addition, null differences between male and female patients in the presentation and progression of wearing off,
19 depression, and hyposmia were also supported by the Fox Insight dataset. In contrast, the loss of the sense of smell/taste
20 was significantly more frequently reported in males among the control participants. Having PD might diminish the general
21 sex difference associated with this phenotype.
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26 Single question answers for RBD and some NMSQuest questionnaire questions regarding “difficult to stay awake”
27 (NMSQ_Awake), “difficulty in getting to sleep” (NMSQ_Sleep), “feeling sad, low or blue” (NMSQ_Feel), and
28 NMSQ_Constipation were significantly different according to sex in the Fox Insight dataset. The prevalences of similar
29 outcomes, such as possible RBD, daytime sleepiness, insomnia, depression, and constipation, were not significantly
30 associated with sex in the meta-analyses of 12 longitudinal cohorts. However, the test for these associations gives raw p-
31 values less than 0.05, with the same directions as the Fox Insight results. The primary analyses may not have included
32 large enough sample sizes to detect these associations. All of the sex-phenotype associations among PD participants, not
33 significant in the longitudinal dataset but significant in the Fox Insight dataset, were also significant among non-PD
34 participants. In addition, based on the test of homogeneity between the results from PD and non-PD participants,
35 suggesting that the magnitudes of these sex-associated differences in PD participants did not differ from those in non-PD
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Discussion

We analyzed clinic-based, longitudinal data from 5,946 participants and meta-analyzed the differences in presentation and progression of phenotypes between men and women with PD. We also used web-based, online cohorts and analyzed data from 17,719 PD patients and 7,588 non-PD participants to confirm our results. The results suggested that female PD patients develop dyskinesia early, progress more slowly with respect to ADL restrictions, and are less likely to develop cognitive impairments. For some non-motor symptoms explored in the online questionnaires (such as possible RBD, daytime sleepiness, insomnia, depressive mood, and constipation), we found significant sex-associated differences among PD participants, only in the Fox Insight dataset. These unconfirmed sex-associated differences may not be specific to PD, as we also observed the same associations in the non-PD participants.

Some studies have previously reported that female patients demonstrated an increased risk of developing earlier and more severe dyskinesia^{11,15} and a longer duration of dyskinesia.¹⁶ These reports are consistent with the faster development of dyskinesia among female patients and the large rate of UPDRS Part IV score increases observed in our study. The reasons for this phenomenon are not fully understood, but the relatively higher levodopa dosages with respect to body weight in females may be partially responsible.¹⁷ For example, the commonly used levodopa tablet contains 50 mg or 100 mg levodopa and this is relatively a larger jump for those with less weight, and that may result in stronger treatment for them compared with those with more weight. Our ad hoc analyses also suggested that body weight plays a role in the association between sex and the early development of dyskinesia.

Contradictory results have been reported previously with regards to sex-associated differences in ADL impacts. Two studies evaluated patients who underwent surgical treatment for PD. One study observed no differences in the UPDRS Part II scores between males and females, whereas the other study reported that females had worse scores than males. In these studies, females had a longer duration of disease, which may have affected the results. Another cross-sectional study also reported worse UPDRS Part II scores among female patients.¹¹ They reported that, among the five categories of overall ADL capacity, the two most-severe categories were more frequent among females than males, based on the results

of a chi-squared test, whereas our analyses used UPDRS Part II scores and multivariable regression models. These different outcome measurements and statistical approaches may account for different results.

The slower development of cognitive declines in female patients was reported by some longitudinal studies.^{5,6,24} The executive and attention features were primarily affected in PD patients. While Alzheimer's disease, for which women confer more risk, is emphasized as disability in the memory feature, the executive and attention features are primarily affected in PD patients. MoCA is more sensitive for detecting dysfunctions in these areas than MMSE. We observed discrepancies between MoCA and MMSE scores in the baseline analyses, which may derive from the MoCA being more sensitive for the detection of executive dysfunction than the MMSE.²⁵ and this may be one of the reasons that we observed baseline difference in MoCA but not MMSE. In contrast, the longitudinal differences in the rates of decline for either the MoCA or MMSE were not significantly different between the two sexes, in our data. Interestingly, MoCA scores were sometimes reported to be higher in healthy aging women than in men.²⁶⁻²⁸ The slower development of cognitive impairment observed in female patients may reflect their relatively high baseline abilities in the areas that are susceptible to PD, although the baseline MoCA score nor MMSE score were able to completely explain the association between sex and the development of cognitive impairment in the current data.

Several associations that were previously reported were not observed in the current analysis. RBD was reported to be more prevalent in males with PD than in females with PD,^{9,10} although some studies have disagreed.^{29,30} We were unable to confirm this association in the current longitudinal dataset. Although the prevalence of possible RBD, as detected by single-question screening was higher in male patients among the Fox Insight cohort, a similarly increased prevalence in possible RBD for non-PD male participants makes the PD-specific nature of this association questionable. Female PD patients were more depressed, according to previous reports.¹¹⁻¹⁴ We were not able to confirm a sex-associated difference in the presentation or progression of depression, in either the longitudinal data or the Fox Insight dataset. However, female PD patients expressed a depressive mood more frequently than male patients, in response to the related NMSQuest question ('feeling sad, 'low' or 'blue') from the Fox Insight dataset. However, the magnitude of the association was not different between PD and non-PD participants, indicating that the sex difference associated with this outcome may not be PD-specific. Regarding the NMSQ items evaluated, the similar null results except for NMSQ_Smell were reported

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3 previously in a cross-sectional analysis of de novo PD patients.³¹ Regarding the discrepancy in NMSQ_Smell, it may be
4 possible that the sex-difference in reported loss of smell/taste may be only detectable in the de novo PD stage.
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7 The current study has some limitations. Fox Insight is an online-only cohort, which is inherently different from a clinic-
8 based cohort; however, our analyses were mostly consistent across these two different settings. Additionally, because the
9 study participants were almost all of European descent, the generalizability of these observations across different
10 ancestrally distinct groups should be verified. In this study, we focused on the overall associations between sex and
11 phenotypes and did not separate the biological mechanisms from the environmental mechanisms. For example, the effect
12 of estrogen on PD has been investigated frequently and the conflicting results were reported.³² but we did not collect
13 necessary data to rigorously evaluate the impact of estrogen on the differences. Similarly, we did not have enough data to
14 investigate environmental factors such as smoking, alcohol, diet, physical activity levels, and socio-economic factors. The
15 different distribution of these factors by sex may explain the differences we observed in the current study. Well-designed
16 studies are warranted to dissect the overall differences into each underlying pathway. We believe that it will be important
17 to examine the potential effects of environmental factors, such as estrogen usage, history of pregnancy, tobacco use, and
18 pesticide exposure, which may contribute to the differences between male and female PD patients.
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34 Despite some limitations, the current study has some strengths. First, the total number of participants examined in our
35 longitudinal analysis was one of the largest populations studied. Second, although each study had different cohort
36 characteristics, we controlled for heterogeneity and multiple comparisons to detect robust signals. Most of the associations
37 identified between sex and disease presentation and progression were consistent between the longitudinal cohort and
38 analyses performed using the independent Fox Insight dataset. Thus, our results could be generalized to PD patients across
39 various disease stages in different contexts, given the range of studies incorporated. Third, by comparing PD patients with
40 non-PD individuals, we obtained insight into whether sex-associated phenotypes in PD were disease-specific or reflected
41 more general sex differences. Finally, female PD patients have been an underrepresented population in clinical trials.³³
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51 The current work emphasizes the importance of recognizing gender biases when developing treatments for PD in the real
52 world.
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~~In conclusion, we observed that female PD patients developed dyskinesias earlier in their disease course, and progressed more slowly, with respect to cognitive deficits and ADL problems compared with male PD patients. The associations were generally consistent across the different longitudinal cohorts and the online survey.~~

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Authors roles

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2. Statistical Analysis: A. Design, B. Execution, C. Review and Critique;
3. Manuscript Preparation: A. Writing of the first draft, B. Review and Critique;

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40 Ethical compliance Statement

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42 The study protocols were approved by the local institutional review boards and all the participants provided written
43 (longitudinal studies) or online (Fox Insight) informed consent. We confirm that we have read the Journal's position on
44 issues involved in ethical publication and affirm that this work is consistent with those guidelines.
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Figure legends

Figure 1: Forest plots depicting sex differences in outcomes in progression analyses

DATATOP, Deprenyl and Tocopherol Antioxidative Therapy of Parkinsonism; DIGPD, Drug Interaction with Genes in Parkinson's Disease; HBS, Harvard Biomarkers Study; NET-PD_LS1, NIH Exploratory Trials in Parkinson's Disease Large Simple Study 1; PARKFIT, ParkFit study; PARKWEST, The Norwegian ParkWest study; PDBP, Parkinson's Disease Biomarker Program; PICNICS, Parkinsonism Incidence and Cognitive and Non-motor heterogeneity In Cambridgeshire; PPMI, Parkinson's progression markers initiative; PreCEPT_PostCEPT, Parkinson Research Examination of CEP-1347 Trial and PostCEPT; PROPARK, Profiling Parkinson's disease study; and UDALL_PENN, Morris K. Udall Centers for Parkinson's Research.

P, non-adjusted p-values; I_{sq} , I^2 statistic; QEp, test of heterogeneity. “scaled” scores were normalized (mean 0, standard deviation of 1) to the baseline distributions as the original scores.

Figure 2: Forest plots depicting sex differences in outcomes in baseline analyses

DATATOP, Deprenyl and Tocopherol Antioxidative Therapy of Parkinsonism; DIGPD, Drug Interaction with Genes in Parkinson's Disease; HBS, Harvard Biomarkers Study; NET-PD_LS1, NIH Exploratory Trials in Parkinson's Disease Large Simple Study 1; PARKFIT, ParkFit study; PARKWEST, The Norwegian ParkWest study; PDBP, Parkinson's Disease Biomarker Program; PICNICS, Parkinsonism Incidence and Cognitive and Non-motor heterogeneity In Cambridgeshire; PPMI, Parkinson's progression markers initiative; PreCEPT_PostCEPT, Parkinson Research Examination of CEP-1347 Trial and PostCEPT; PROPARK, Profiling Parkinson's disease study; and UDALL_PENN, Morris K. Udall Centers for Parkinson's Research.

P, non-adjusted p-values; I_{sq} , I^2 statistic; QEp, test of heterogeneity. “scaled” scores were normalized (mean 0, standard deviation of 1) to the baseline distributions as the original scores.

Supplemental Materials

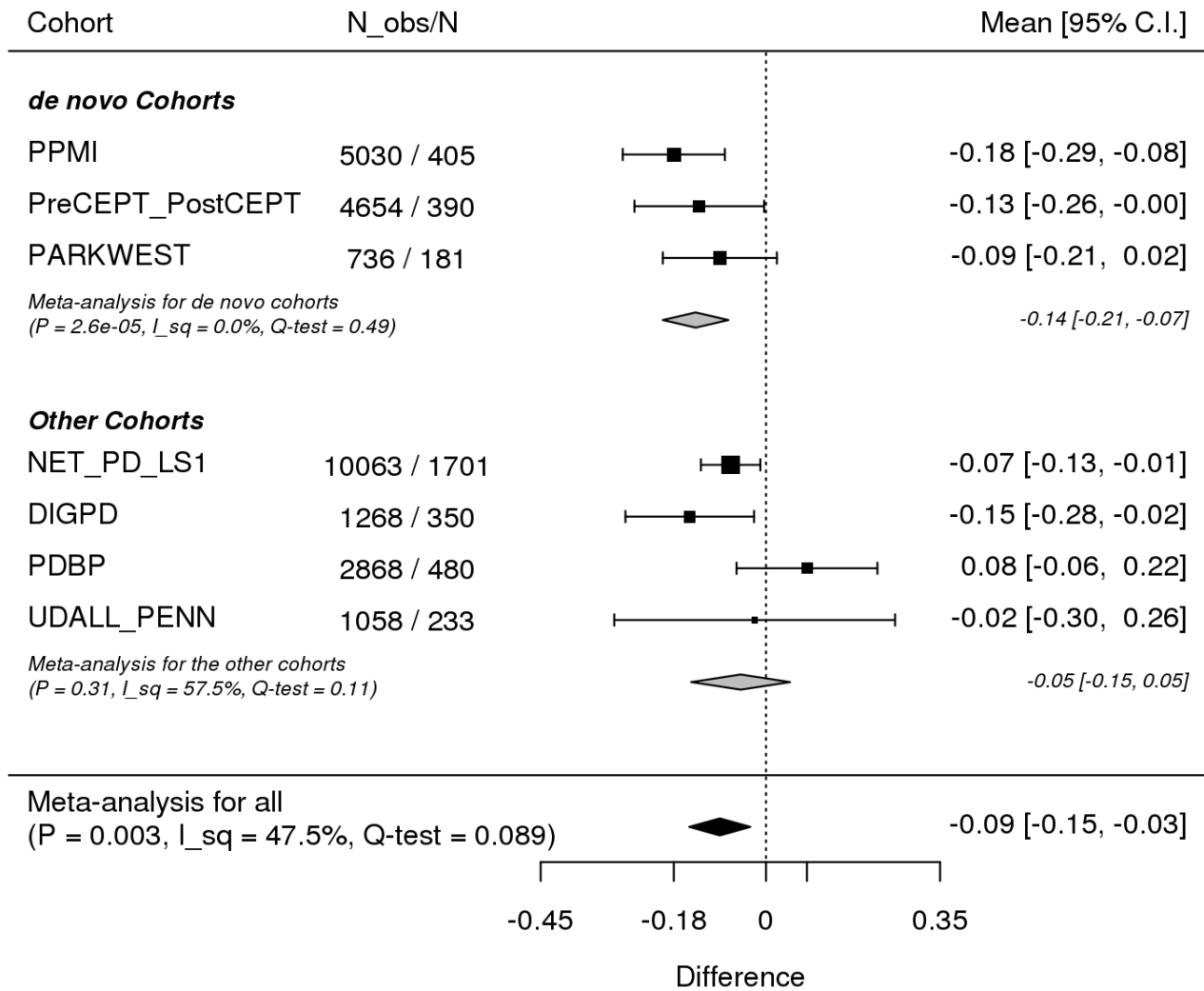
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Supplemental Figures

Forest plots for the sex differences in rate of change in UPDRS part III

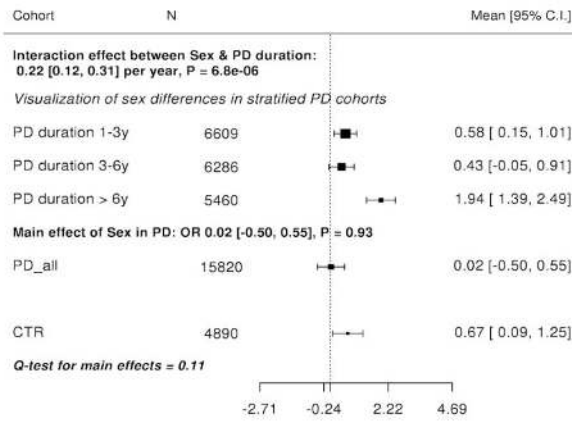
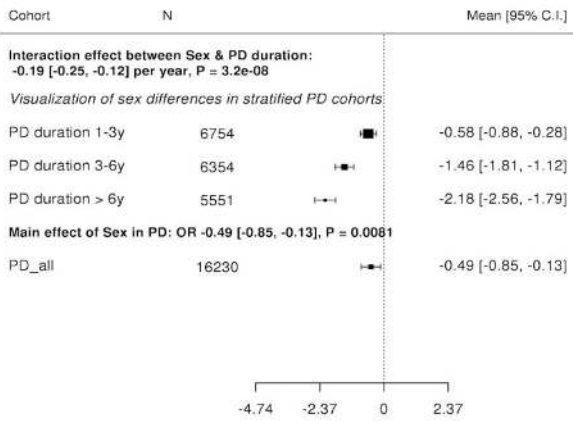
UPDRS3_scaled : sex differences in rate of change per year (reference - Male)



Visualization of the sex differences in FI dataset - 1

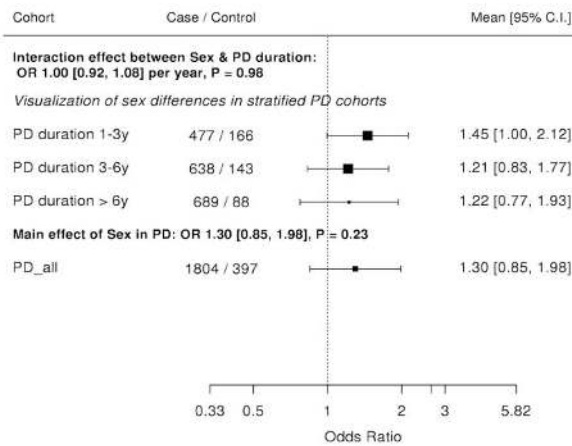
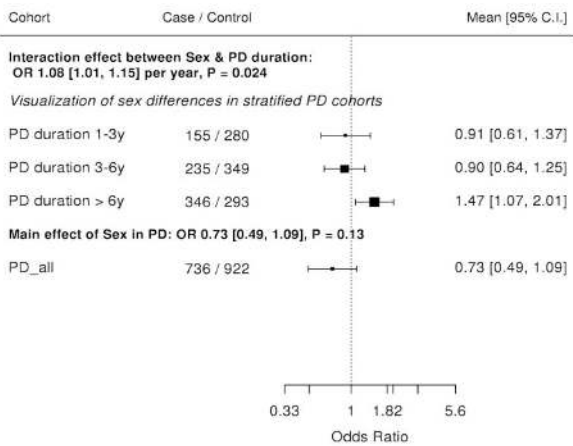
Sex differences in UPDRS2 (continuous)

Sex differences in PDAQ15_total (continuous)



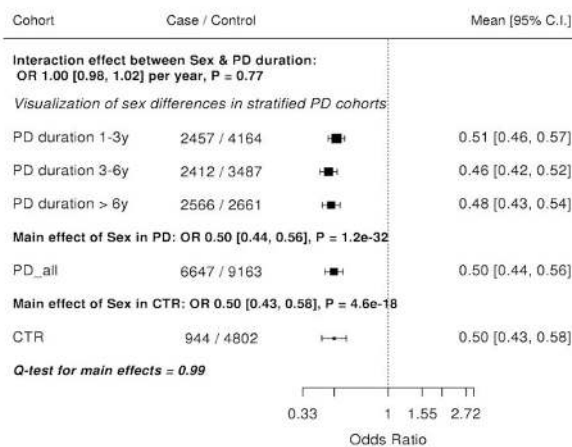
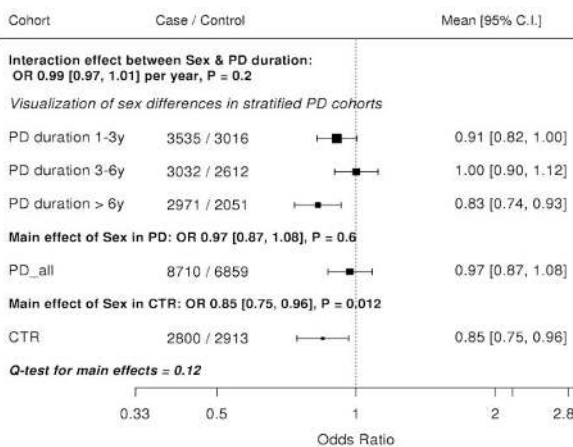
Sex differences in Dyskinesia (binomial)

Sex differences in Wearing_Off (binomial)



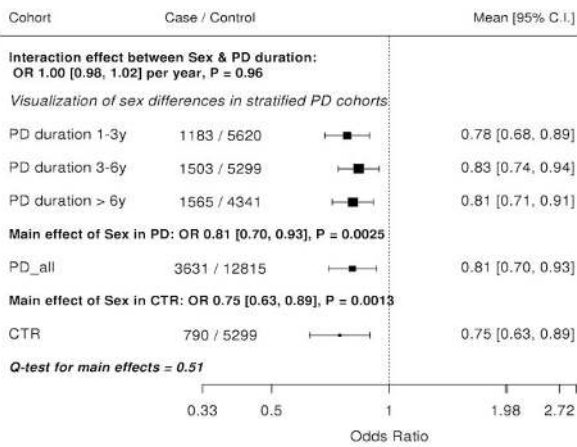
Sex differences in Depression (binomial)

Sex differences in pRBD (binomial)

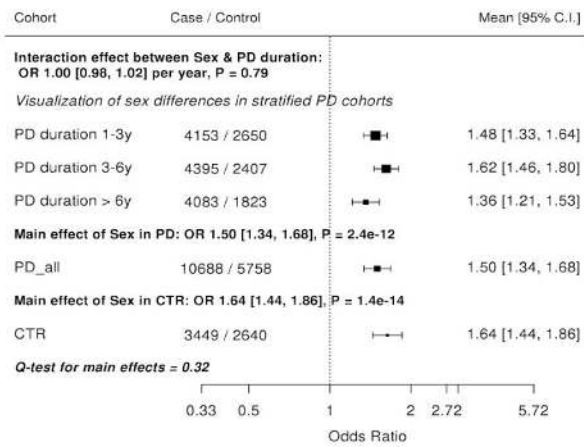


Visualization of the sex differences in FI dataset - 2

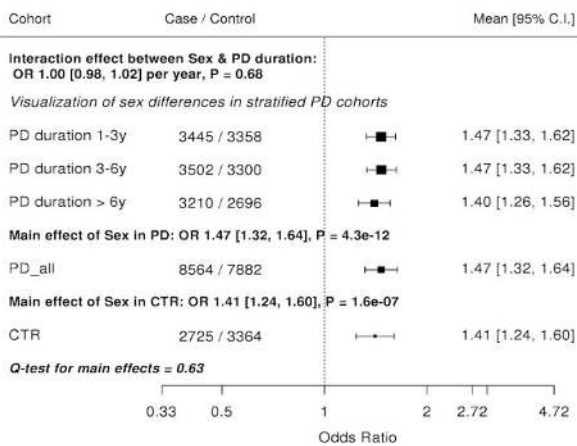
Sex differences in NMSQ_Awake (binomial)



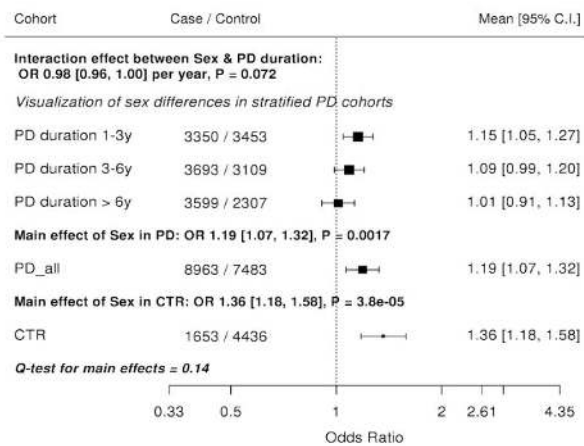
Sex differences in NMSQ_Sleep (binomial)



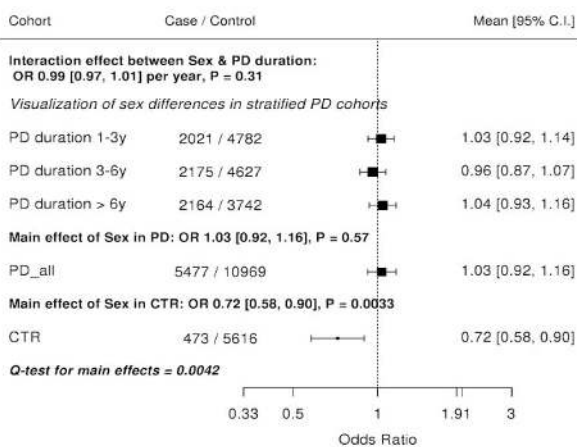
Sex differences in NMSQ_Feel (binomial)



Sex differences in NMSQ_Constipation (binomial)



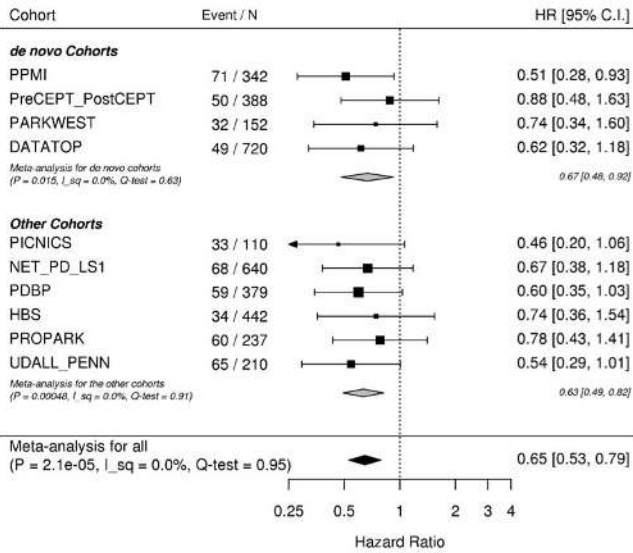
Sex differences in NMSQ_Smell (binomial)



Sex differences in developing cognitive impairment further adjusted for years of education and baseline cognitive test results.

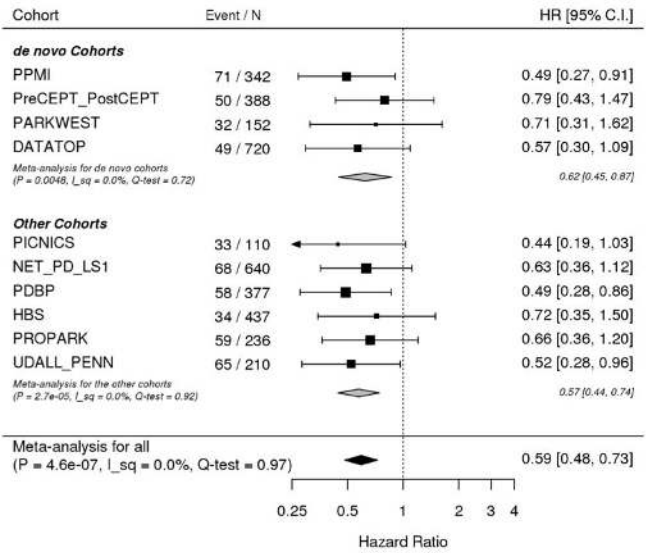
Hazard Ratio (female/male) in Developing Cognitive_Impairment

Base model (adjusted for age, disease duration and medications)



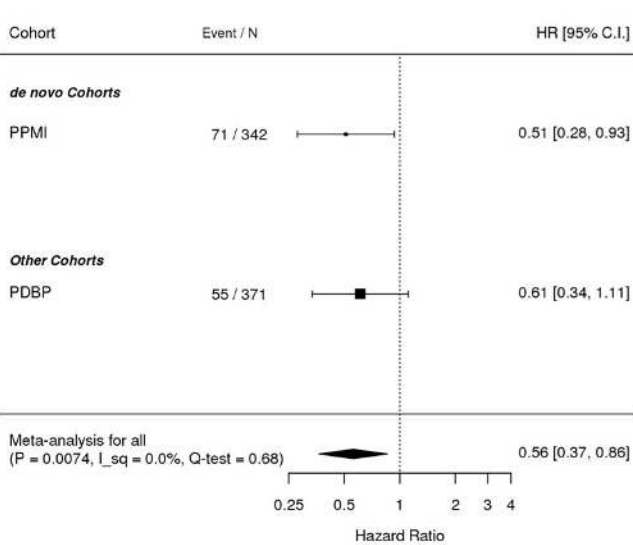
Hazard Ratio (female/male) in Developing Cognitive_Impairment

Base model + Years of education



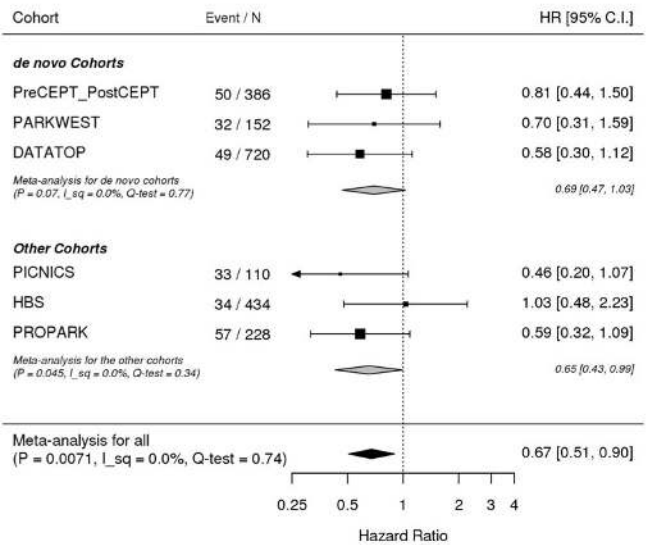
Hazard Ratio (female/male) in Developing Cognitive_Impairment

Base model + Years of education + MoCA at baseline



Hazard Ratio (female/male) in Developing Cognitive_Impairment

Base model + Years of education + MMSE at baseline



Supplemental Tables

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Cohort specific definitions of binomial outcomes

Supplemental Table. Cohort specific definitions of binomial outcomes

	DATATOP	DIGPD	HBS	NET-PD_LSI	ParkFit	ParkWest	PDBP	PICNICS	PPMI	PreCEPT/ PosCEPT	ProPark	Udall
7	Hyposmia	-	-	-	-	-	UPSIT \leq p15	-	UPSIT \leq p15	UPSIT \leq p15	-	UPSIT \leq p15
8												
9	Cognitive Impairment	MMSE $<$ 27	-	MMSE $<$ 27	SCOPA_COG $<$ 25	MMSE $<$ 27	MMSE $<$ 27	MoCA $<$ 24	MMSE $<$ 27	MMSE $<$ 27	MMSE $<$ 27	MoCA $<$ 24
10	Wearing off	-	Neurologist diagnosis	any $>$ 0 in UPDRS Q36-Q39	UPDRS4 Q39 $>$ 0	-	UPDRS4 Q39 $>$ 0	MDS-UPDRS4.3 $>$ 0	MDS-UPDRS4.3 $>$ 0	MDS-UPDRS4.3 $>$ 0	SPEs/SCOPA item 20 $>$ 0	MDS-UPDRS4.3 $>$ 0
11												
12	dyskinesia	AE report	Neurologist diagnosis	any $>$ 0 in UPDRS Q32-Q35 $>$ 0 at any of them	UPDRS4 Q32 $>$ 0	-	UPDRS4 Q32 $>$ 0	MDS-UPDRS4.1 $>$ 0	MDS-UPDRS4.1 $>$ 0	MDS-UPDRS4.1 $>$ 0	SPEs/SCOPA item 18 $>$ 0	MDS-UPDRS4.1 $>$ 0
13												
14	depression	AE report	Neurologist diagnosis	GDS15 $>$ 5	BDI $>$ 14	-	UPDRS Q3 \geq 2	BDI $>$ 14 or GDS15 $>$ 5	GDS15 $>$ 5	UPDRS Q3 $>$ 0	BDI $>$ 14	GDS15 $>$ 4
15												
16	restless legs syndrome	-	RLS criteria	Medical history	-	-	MSQ3 yes	-	RBDSQ_RLS yes	-	-	-
17	Constipation	AE report	NMSQuest, Q5 yes	-	-	-	MDS-UPDRS1.11 $>$ 0	MDS-UPDRS1.11 $>$ 0	MDS-UPDRS1.11 $>$ 0	MDS-UPDRS1.11 $>$ 0	SCOPA-AUT item 5 $>$ 0	-
18	pRBD	-	-	-	-	-	RBDSQ $>$ 5	MSQ1 yes	RBDSQ $>$ 5	-	-	-
19												
20	Daytime sleepiness	AE report	Neurologist diagnosis	-	-	Epworth $>$ 9	Epworth $>$ 9	ESS $>$ 9 OR MDS-UPDRS1.8 $>$ 2	Epworth $>$ 9	MDS-UPDRS1.8 $>$ 0	SCOPA-SLEEP daytime sleepiness (section D) $>$ 4	-
21												
22	Insomnia	AE report	Neurologist diagnosis	UPDRS Q41 $>$ 0	-	"Do you have problems sleeping?" Yes	UPDRS Q41 $>$ 0	MDS-UPDRS1.7 $>$ 0	MDS-UPDRS1.7 $>$ 0	MDS-UPDRS1.7 $>$ 0	SCOPA-SLEEP Nighttime (section B) $>$ 6	-
23												
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BDI, Beck's Depression Inventory; GDS, Geriatric Depression Scale; HDRS, Hamilton Depression Rating Scale; MMSE, the Mini-Mental State Examination; MoCA, Montreal Cognitive Assessment; MSQ, Mayo Sleep Questionnaire; NMS, Non-motor Symptoms Questionnaire; RBD, REM sleep Behavior Disorder; UPDRS Unified Parkinson's Disease Rating Scale (original); MDS-UPDRS, Movement disorder society revised UPDRS version; UPSIT, The University of Pennsylvania Smell Identification Test, 15 percentile (p15) were determined by the sex/age table described in the manual. Cutoff scores for cognitive impairment were derived from Neurology, 2010 Nov 9;75(19):1717-25. doi: 10.1212/WNL.0b013e3181fc29c9; AE report, report of the symptom as an adverse event during the study.

All meta-analysis results

Supplemental Table. All meta-analysis results

Outcome	Model	Beta	SE	P	Qep	P-adj	Mean [95%CI]
UPDRS2_scaled	mixed	-0.139	0.029	1.1E-06	0.50	4.1E-05	-0.139 [-0.195, -0.083]
Dyskinesia	survival	0.256	0.055	4.1E-06	0.87	1.5E-04	1.291 [1.158, 1.439] (HR)
UPDRS_scaled	mixed	-0.113	0.025	5.3E-06	0.24	2.0E-04	-0.113 [-0.161, -0.064]
Cognitive_Impairment	survival	-0.436	0.102	2.1E-05	0.95	7.7E-04	0.647 [0.529, 0.790] (HR)
UPDRS2_scaled	linear	-0.124	0.031	6.5E-05	0.76	2.4E-03	-0.124 [-0.185, -0.063]
UPDRS_scaled	linear	-0.107	0.027	6.9E-05	0.73	2.6E-03	-0.107 [-0.160, -0.054]
UPDRS3_scaled	linear	-0.114	0.031	2.5E-04	0.41	9.3E-03	-0.114 [-0.175, -0.053]
MoCA	linear	0.634	0.186	6.8E-04	0.78	0.025	0.634 [0.268, 0.999]
Dyskinesia	logistic	0.434	0.129	7.3E-04	0.25	0.027	1.544 [1.200, 1.986] (OR)
UPDRS3_scaled	mixed	-0.092	0.031	3.0E-03	0.09	0.111	-0.092 [-0.153, -0.031]
Daytime_Sleepiness	survival	-0.276	0.095	3.6E-03	0.79	0.132	0.759 [0.630, 0.914] (HR)
UPDRS4_scaled	linear	0.103	0.037	4.8E-03	0.21	0.178	0.103 [0.032, 0.175]
RSL	survival	0.357	0.137	9.2E-03	0.57	0.342	1.429 [1.092, 1.871] (HR)
Insomnia	logistic	0.243	0.096	0.011	0.56	0.413	1.275 [1.057, 1.539] (OR)
MoCA	mixed	0.257	0.102	0.012	0.87	0.429	0.257 [0.057, 0.456]
Constipation	survival	0.227	0.092	0.013	0.48	0.490	1.255 [1.049, 1.503] (HR)
Depression	logistic	0.215	0.087	0.014	0.79	0.505	1.240 [1.045, 1.471] (OR)
Constipation	logistic	0.248	0.107	0.021	0.90	0.782	1.281 [1.038, 1.581] (OR)
UPDRS4_scaled	mixed	0.040	0.017	0.022	0.27	0.821	0.040 [0.006, 0.074]
MMSE	mixed	0.120	0.056	0.033	0.59	1.000	0.120 [0.009, 0.231]
Daytime_Sleepiness	logistic	-0.294	0.140	0.036	0.26	1.000	0.745 [0.566, 0.980] (OR)
Wearing_Off	survival	0.103	0.054	0.057	0.47	1.000	1.109 [0.997, 1.233] (HR)
Wearing_Off	logistic	0.255	0.142	0.072	0.07	1.000	1.291 [0.978, 1.705] (OR)
pRBD	survival	-0.212	0.134	0.115	0.32	1.000	0.809 [0.622, 1.053] (HR)
UPDRS1_scaled	mixed	-0.032	0.020	0.117	0.60	1.000	-0.032 [-0.072, 0.008]
Depression	survival	0.065	0.074	0.386	0.11	1.000	1.067 [0.922, 1.234] (HR)
UPDRS1_scaled	linear	0.026	0.035	0.450	0.45	1.000	0.026 [-0.042, 0.094]
SEADL70	logistic	0.192	0.277	0.488	0.98	1.000	1.212 [0.704, 2.086] (OR)
SEADL	mixed	0.129	0.221	0.560	0.26	1.000	0.129 [-0.305, 0.563]
Hyposmia	logistic	0.105	0.181	0.563	0.44	1.000	1.111 [0.778, 1.585] (OR)
Hyposmia	survival	-0.125	0.223	0.575	0.76	1.000	0.882 [0.570, 1.366] (HR)
HY	mixed	0.007	0.012	0.590	0.98	1.000	0.007 [-0.017, 0.031]
SEADL	linear	-0.100	0.214	0.640	0.65	1.000	-0.100 [-0.519, 0.319]
pRBD	logistic	-0.093	0.242	0.702	0.16	1.000	0.912 [0.567, 1.465] (OR)
Insomnia	survival	0.024	0.076	0.750	0.57	1.000	1.025 [0.882, 1.190] (HR)
RLS	logistic	-0.027	0.137	0.843	0.89	1.000	0.973 [0.743, 1.274] (OR)
MMSE	linear	-0.003	0.070	0.968	0.31	1.000	-0.003 [-0.140, 0.135]
Cognitive_Impairment	logistic	-0.124	0.201	0.538	0.03		0.883 [0.596, 1.311] (OR)
SEADL70	survival	0.058	0.161	0.717	0.01		1.060 [0.773, 1.453] (HR)
HY	linear	0.000	0.026	0.992	0.01		-0.000 [-0.051, 0.051]

SE, standard error; P-adj, Bonferroni adjusted P; QEp, test of homogeneity; Mean [95%CI], Mean and 95% confidence interval of the difference in each scale. HR, hazard ratio; OR, odds ratio.

* Test of homogeneity rejected (<0.05).

UPDRS, Unified Parkinson's Disease Rating Scale; MoCA, Montreal Cognitive Assessment; MMSE, Mini-Mental State examination; RLS, restless legs syndrome; RBD, REM behavior disorder; HY Hoehn and Yahr scale; SEADL Modified Schwab and England Activities of Daily Living Scale.

Associations between sex and dyskinesia in survival models with further adjustment

Supplemental Table. Associations between sex and dyskinesia in survival models with further adjustment

Further adjusted variable	Beta	SE	P	Test of homogeneity
None (Base Model)	0.284	0.082	0.0005	0.37
BMI, kg/m ²	0.249	0.073	0.0007	0.45
Weight at baseline, kg	0.156	0.083	0.0583	0.48
Levodopa dosage, mg/day	0.380	0.117	0.0012	0.15
Levodopa equivalent dose, /day	0.360	0.104	0.0006	0.21

Participants were 2281 people and 845 incidences of dyskinesia were observed during follow-up periods (PPMI, PDBP and NET_PD_LS1.)

The baseline model was adjusted for a linear and a square age; a linear and a square disease duration; a levodopa usage indicator; and a dopamine agonist usage indicator.

1	HBS	Survival analysis	Depression	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
2	PROPARK	Survival analysis	Depression	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
3	UDALL_PENN	Survival analysis	Depression	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
4	PPMI	Survival analysis	RLS	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + I(Age^2) + I(DiseaseDuration^2)
5	PARKWEST	Survival analysis	RLS	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
6	DIGPD	Survival analysis	RLS	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
7	PDBP	Survival analysis	RLS	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
8	HBS	Survival analysis	RLS	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
9	PPMI	Survival analysis	Constipation	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + I(Age^2) + I(DiseaseDuration^2)
10	PreCEPT_PostCEPT	Survival analysis	Constipation	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
11	PARKWEST	Survival analysis	Constipation	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
12	PICNICS	Survival analysis	Constipation	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
13	DIGPD	Survival analysis	Constipation	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
14	PDBP	Survival analysis	Constipation	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
15	PROPARK	Survival analysis	Constipation	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
16	PPMI	Survival analysis	pRBD	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + I(Age^2) + I(DiseaseDuration^2)
17	PARKWEST	Survival analysis	pRBD	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
18	PDBP	Survival analysis	pRBD	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
19	PPMI	Survival analysis	Daytime_Sleepiness	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + I(Age^2) + I(DiseaseDuration^2)
20	PreCEPT_PostCEPT	Survival analysis	Daytime_Sleepiness	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
21	PARKWEST	Survival analysis	Daytime_Sleepiness	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
22	PICNICS	Survival analysis	Daytime_Sleepiness	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
23	DIGPD	Survival analysis	Daytime_Sleepiness	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
24	PDBP	Survival analysis	Daytime_Sleepiness	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
25	PROPARK	Survival analysis	Daytime_Sleepiness	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
26	PPMI	Survival analysis	Insomnia	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + I(Age^2) + I(DiseaseDuration^2)
27	PreCEPT_PostCEPT	Survival analysis	Insomnia	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
28	PARKWEST	Survival analysis	Insomnia	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
29	DATATOP	Survival analysis	Insomnia	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
30	PICNICS	Survival analysis	Insomnia	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
31	DIGPD	Survival analysis	Insomnia	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
32	PDBP	Survival analysis	Insomnia	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
33	HBS	Survival analysis	Insomnia	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)

1	PROPARK	Survival analysis	Insomnia	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
2	PPMI	Survival analysis	SEADL70	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + I(Age^2) + I(DiseaseDuration^2)
3	PreCEPT_PostCEPT	Survival analysis	SEADL70	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
4	PARKWEST	Survival analysis	SEADL70	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
5	DATATOP	Survival analysis	SEADL70	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
6	NET_PD_LS1	Survival analysis	SEADL70	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
7	DIGPD	Survival analysis	SEADL70	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
8	PDBP	Survival analysis	SEADL70	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)
9	UDALL_PENN	Survival analysis	SEADL70	Surv(TSTART, TSTOP, event == 1) ~ FEMALE + Age + DiseaseDuration + LEVODOPA + AGONIST + I(Age^2) + I(DiseaseDuration^2)

UPDRS, unified parkinson's disease rating scale; MOCA, Montreal Cognitive Assessment; MMSE, Mini-Mental State examination; RLS, restless legs syndrome; RBD, REM behavior disorder; HY Hoehn and Yahr scale; SEADL Modified Schwab and England Activities of Daily Living Scale; TSTART, TSTOP, survival observation (start and stop).

For Peer Review

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Supplemental documents about the longitudinal cohorts

Descriptions

Deprenyl and Tocopherol Antioxidative Therapy of Parkinsonism (DATATOP) was a randomized clinical trial conducted between September 1987 and November 1989 at 28 sites across US and Canada. The primary objective was to test the efficacy of deprenyl and/or tocopherol. 800 patients with Parkinson's disease diagnosed within 5 years and not requiring symptomatic treatment were observed for up to 2 years.¹ The study was supported by a Public Health Service grant (NS24778) from the National Institute of Neurological Disorders and Stroke; by grants from the General Clinical Research Centers Program of the National Institutes of Health at Columbia University (RR00645), the University of Virginia (RR00847), the University of Pennsylvania (RR00040), the University of Iowa (RR00059), Ohio State University (RR00034), Massachusetts General Hospital (RR01066), the University of Rochester (RR00044), Brown University (RR02038), Oregon Health Sciences University (RR00334), Baylor College of Medicine (RR00350), the University of California, San Diego (RR00827), Johns Hopkins University (RR00035), the University of Michigan (RR00042), and Washington University (RR00036); the Parkinson's Disease Foundation at Columbia-Presbyterian Medical Center, New York; the National Parkinson Foundation, Miami; the Parkinson Foundation of Canada, Toronto; the United Parkinson Foundation, Chicago; the American Parkinson's Disease Association, New York; and the University of Rochester, Rochester, N.Y.

Drug Interaction with Genes in Parkinson's Disease (DIGPD) is a cohort with 413 patients with Parkinson's disease diagnosed by UK Parkinson's disease society brain bank clinical diagnostic (UKPDSBB) criteria with disease duration less than 5 years at the entry.² It is an ongoing study since 2009, and the participants are followed for up to 7 years at eight sites in France. (Corvol et al., in press in Neurology). DNA samples were collected from all of them. DIGPD is sponsored by Assistance Publique Hôpitaux de Paris, funded by a grant from the French Ministry of Health (PHRC 2008, AOM08010) and a grant from the Agence Nationale pour la Sécurité des Médicaments (ANSM 2013).

Harvard Biomarkers Study (HBS) is a longitudinal case-control study. More than 2,700 individuals with early-stage PD, patients with memory impairment, and controls without neurological disease were enrolled and longitudinally phenotyped since 2008.³ HBS was supported by the Harvard NeuroDiscovery Center, MJFF, NINDS U01NS082157, U01NS100603, and the Massachusetts Alzheimer's Disease Research Center NIA P50AG005134.

1 NIH Exploratory Trials in Parkinson's Disease Large Simple Study 1 (NET-PD LS1) was a randomized study conducted
2 between March 2007 and September 2013 to determine if the nutritional supplement creatine slows the clinical
3 progression of Parkinson's disease over time. 1741 patients from 50 sites in the US and Canada participated.⁴ They were
4 within 5 years from diagnosis. The plan was for them to be followed for at least 5 years, but the study ended early for
5 futility based on an interim analysis at which point the median follow-up time was 4 years. Financial support for the LS-1
6 study was provided by National Institute of Neurological Disorders and Stroke (NINDS) grant U01NS43128.
7

8 Oslo PD study [Citation error] (Oslo) is an ongoing study since 2007, with 317 patients diagnosed with ULPDSBB criteria
9 with modification of allowing family history. The participants are being followed up to 6 years in prospective (30 years in
10 retrospective) at Oslo University Hospital in Norway.⁵ Oslo PD is supported by the Research Council of Norway and
11 South-Eastern Norway Regional Health Authority.
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13 ParkFit cohort was originally a randomized trial evaluating a multifaceted behavioural change programme to increase
14 physical activities in patients with Parkinson's disease.⁶ The study conducted from September 2008 to February 2012 at a
15 single center in the Netherlands, with 586 patients with Parkinson's disease diagnosed by UKPDSBB, with Hoehn Yahr
16 stage 3 or lower, and with sedentary lifestyle at the entry. They were followed up for 2 years. The primary objective was
17 concluded as not significant⁶. ParkFit is supported by ZonMw (the Netherlands Organization for Health Research and
18 Development (75020012)) and the Michael J Fox Foundation for Parkinson's research, VGZ (health insurance company),
19 GlaxoSmithKline, and the National Parkinson Foundation.
20

21 The Norwegian ParkWest study (ParkWest) is an ongoing prospective longitudinal multicenter cohort study of patients
22 with incident Parkinson's disease from Western and Southern Norway, designed to study the incidence, neurobiology and
23 prognosis of PD.⁷ Between November 1st 2004 and 31st of August 2006, all new cases of Parkinson Disease within the
24 study area (Sogn and Fjordane, Hordaland, Rogaland and Aust-Agder) were recruited, and since the start of the study
25 of these patients and their age-/sex-matched control group were followed. The Norwegian ParkWest study is supported by
26 the Research Council of Norway, the Western Norway Regional Health Authority, Stavanger University Hospital
27 Research Funds, and the Norwegian Parkinson's Disease Association.
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29 The National Institute of Neurological Disorders and Stroke (NINDS) Parkinson's Disease Biomarker Program (PDBP) is
30 aiming to discover new diagnostic and progression biomarkers for Parkinson's disease.⁸ It is a combined cohort of
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1 PDBP-funded research studies. The members have various stages of Parkinson's disease and recruited throughout the
2 United States.

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4 Parkinsonism: Incidence and Cognitive and Non-motor heterogeneity In Cambridgeshire (PICNICS) is a population-based
5 longitudinal study of 282 incident PD cases recruited between 2008 and 2013 with ongoing follow-up at 18 month
6 intervals.^{9,10} PD cases were diagnosed based on the UKPDSBB criteria, and followed up at a single center in the UK.
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8 PICNICS has received funding from the Cure Parkinson's Trust, the Van Geest Foundation and is supported by the
9 National Institute of Health Research Cambridge Biomedical Research Centre.
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15 Parkinson's progression markers initiative (PPMI) is an ongoing study started on July 2010, enrolling 424 patients with
16 Parkinson's disease diagnosed within 2 years from the study entry date.¹¹ The study sites are located in 33 sites across the
17 US, Europe, Israel and Australia¹¹. PPMI is supported by the Michael J Fox Foundation for Parkinson's Research.
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21 Parkinson Research Examination of CEP1348 Trial (PreCEPT) is a clinical trial of the mixed lineage kinase inhibitor
22 CEP-1357,4 sponsored by Cephalon, Inc. (West Chester, PA) and H. Lundbeck A/S (Valby-Copenhagen, Denmark). The
23 study was conducted at 65 sites in North America. The trial enrolled 806 early, untreated PD patients within one year
24 from the onset. The original trial was started in April 2002 and terminated in August 2005 due to the futility, but the
25 participants were continuously followed-up in the prospective observational study (PostCEPT).¹²
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31 The studies were funded by NINDS 5U01NS050095-05, Department of Defense Neurotoxin Exposure Treatment
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36 Research Center.
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42 Profiling Parkinson's disease study (ProPark) is an ongoing study started from May 2003. Initially, 420 patients recruited
43 in several sites in the Netherlands by March 2006.¹³ Patients were diagnosed with UKPDSBB criteria and in various
44 disease durations at the enrollment. They are evaluated annually with the SCOPA scale. This study is funded by the
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