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## Diffusive suppression of AC-Stark shifts in atomic magnetometers

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### Abstract

In atomic magnetometers, the vector AC-Stark shift associated with circularly polarized light generates spatially varying effective magnetic fields, which limit the magnetometer response and serve as sources of noise. We describe a scheme whereby optically pumping a small subvolume of the magnetometer cell and relying on diffusion to transport polarized atoms allows a magnetometer to be operated with minimal sensitivity to the AC-Stark field. © 2013 Optical Society of America

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Spin exchange relaxation free (SERF) atomic magnetometers (AMs) are presently the most sensitive magnetic field detectors. With demonstrated sensitivities  $< 1 \text{ fT}/\sqrt{\text{Hz}}$  [1], they have been used in applications, such as geomagnetism [2], biomagnetism [3–5], and tests of fundamental physics [6]. SERF magnetometers reach their maximum sensitivity when the spin precession rate is much smaller than the total spin relaxation rate [7]. This requires operating the AMs in total magnetic fields on the order of  $B_m \sim 10 \text{ nT}$  or less.

Typically, AMs are optically pumped by absorption of near-resonance circularly polarized photons. However, virtual absorption of the photons also gives rise to an AC-Stark shift. As described in [8,9], the vector Stark shift for circularly polarized light assumes the form  $\delta H_V = \hbar \Omega_V \mathbf{s} \cdot \mathbf{S}$ , where  $\mathbf{s}$  is the photon spin and  $\mathbf{S}$  the electron spin.  $\delta H_V$  thus perturbs the levels just like a magnetic field [9,10]. Such fields are often comparable to  $B_m$  in strength and can degrade the AM response.

High sensitivity magnetic sensing applications, such as fetal magnetocardiography (fMCG) [3,4] often require a large number of gradiometer channels with cm baseline. For these, the unparalleled sensitivity of AM is only exploited to the extent that background signals can be suppressed, since the magnetic background can be much larger than the signal of interest. Common mode magnetic field fluctuations between different channels can be subtracted in a gradiometer. However, AC-Stark fluctuations are often uncorrelated and therefore limit the common mode rejection of the gradiometers.

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Although operating the pump laser on resonance results in a vanishing AC-Stark shift, doing so while maintaining adequate atom density and polarization is difficult. The sensitivity of the AM increases with atom number, and is maximized when the pumping is such that the polarization is 1/2. A near resonant pump does not propagate through high optical density (OD) cells unless the pumping rate is so high that it reduces AM sensitivity. Tuning the pump off-resonance to optimize the sensitivity then gives rise to a substantial AC-Stark field. A real compensating field can be added to cancel the average AC-Stark field. But, because of the Gaussian profile of the pump laser and its absorption in the atomic vapor, the spatial distribution of the AC-Stark field is nonuniform so that AC-Stark gradients still persist.

In this paper, we demonstrate the use of diffusive atom transport to greatly suppress AC-Stark effects. Our approach is to optically pump the atoms very strongly in a small subvolume of the AM cell, then rely on diffusion to transport the polarized atoms to regions of the cell with little or no AC-Stark field. We demonstrate a reduction of the AC-Stark field by more than an order of magnitude, with minor impact on the AM sensitivity.

Diffusion to the walls and collisional spin-relaxation are dominant spin relaxation mechanisms in AMs. Their relative importance can be estimated by comparing the diffusion length  $z_d = \sqrt{D/\Gamma}$  to the cell radius  $r_0$ , where  $D$  is the diffusion constant,  $\Gamma$  is the transverse spin relaxation rate, and  $z_d$  is the characteristic distance traversed by polarized atoms before participating in spin destroying collisions. When the diffusion length is comparable to the cell radius, polarized atoms can be readily transported from a localized optical pumping region to the AC-Stark-free remainder of the cell volume, allowing for sensitive magnetometry with substantially reduced effects of AC-Stark shifts. The pumping region is localized by choosing a pump laser with waist  $w_p \ll z_d$ . We call an AM operating in this mode a diff-SERF, and used an array of such diff-SERFs in our recent detection of fMCG—achieving a sensitivity  $< 10 \text{ fT} / \sqrt{\text{Hz}}$  [4].

A SERF AM can be understood from angular momentum conservation [11]. The total polarization distribution

$$\frac{\partial \mathbf{P}(\vec{r})}{\partial t} = D \nabla^2 \mathbf{P}(\vec{r}) + \frac{1}{q(P)} [R(\vec{r})(\hat{z} - \mathbf{P}(\vec{r})) + \Omega \times \mathbf{P}(\vec{r}) + \Omega_v(\vec{r})(\hat{z} \times \mathbf{P}(\vec{r})) - \Gamma \mathbf{P}(\vec{r})] \quad (1)$$

for optical pumping along the  $\hat{z}$  direction and for the polarization defined as  $\mathbf{P} = 2\langle \mathbf{S} \rangle$ . Here  $q(P)$ , the “slowing down factor,” accounts for the storage of angular momentum in the nucleus [7,12]. The optical pumping term  $R(r)(\hat{z} - \mathbf{P}(r))$  serves as the source of angular momentum.  $\Omega \times \mathbf{P}$  describes spin precession in the external magnetic field while the  $\Omega_v(r)(\hat{z} \times \mathbf{P}(r))$  term describes the precession in the Stark field. The  $-\Gamma \mathbf{P}$  and  $D \nabla^2 \mathbf{P}$  terms describe spin relaxation due to spin destroying atom—atom and atom—wall collisions, respectively.

To qualitatively understand the AM performance, we approximate the diffusion term with an effective relaxation rate  $\Gamma_{\text{diff}}$ . Defining  $\Gamma'(r) = \Gamma + \Gamma_{\text{diff}} + R(r)$  and  $\Omega_z'(r) = \Omega_z + \Omega_v(r)$ , we note that in the limit  $|\Omega \rightarrow| \ll |\Omega_v|$ , the detected transverse polarization is

$$P_x(\vec{r}) \sim P_z(\vec{r}) \frac{\Gamma'(\vec{r})\Omega_y + \Omega_x \tilde{\Omega}_z(\vec{r})}{\Gamma'(\vec{r})^2 + \Omega_y^2(\vec{r})}. \quad (2)$$

This shows that the nonzero polarization distribution  $P_z(\vec{r})$  established by optical pumping results in an AM sensitive to  $\Omega_y$  with a response  $\partial P_x / \partial \Omega_y$ . The denominator of Eq. (2) implies that the response is reduced in regions where the pumping and AC-Stark precession rates are large. Furthermore, the numerator indicates that if the AC-Stark field is nonzero, the AM becomes sensitive to fields in the  $x$  direction, an often undesirable feature. AC-Stark effects thus degrade magnetometer performance by reducing the AM response as well as creating sensitivity to fields in a secondary direction.

Figure 1 shows a numerical solution to Eq. (1) in a 1 cm diameter cylindrical with 50 torr  $N_2/15$  torr He buffer gas. The figure of merit for an AM that detects  $P_x$  is  $\int g_{\text{pr}}(\vec{r}) \partial P_x / \partial \Omega_y d^3r$ , where the probe spatial profile is  $g_{\text{pr}}(\vec{r})$ . The probe is chosen to have a waist  $w_{\text{pr}} \gtrsim z_d$  allowing for the sampling of most of the polarized atoms. The measure of the sensitivity to vector AC-Stark shifts is the magnitude of the uniform compensation field  $\Omega_z \hat{z}$ , which is applied to the AM to null the unwanted response  $\int g_{\text{pr}}(\vec{r}) \partial P_x / \partial \Omega_x d^3r \rightarrow 0$ . Thus,  $\Omega_z$  is the spatially-averaged AC-Stark precession rate.

We show two cases in Fig. 1: “big pump,” with  $w_p \sim z_d$  and “small pump,” with  $w_p \ll z_d$ . In panel (a), we note that the spatially averaged AC-Stark precession rates are, respectively,  $\sim 1000 \text{ s}^{-1}$  and  $\sim 25 \text{ s}^{-1}$ —indicating a 40 $\times$  reduction in AC-Stark sensitivity for the small pump. This can be understood from panels (b–c). When using the small pump, the atoms still diffuse and fill the volume as indicated by the steady-state polarization distribution  $P_z(\vec{r})$ . Furthermore, the magnetic field response  $\partial P_x / \partial \Omega_y$  remain comparable in the small pump and big pump cases. From panel (d), we see that the big pump case generates significantly more sensitivity to fields along  $x$  than the diff-SERF.

A key advantage to having reduced Stark shift sensitivity is that the noise associated with the effective field is also reduced. While the time and volume average of the AC-Stark shift can be compensated for, the instantaneous fluctuations in the field are not. Thus, from our model, the diffusion mode pumping AM would be about a factor of 40 less susceptible to AC-Stark noise.

To experimentally demonstrate the diff-SERF as illustrated in Fig. 2, we used an uncoated vapor cell with 1 cm  $\times$  1 cm cross-section containing  $^{87}\text{Rb}$  atoms in approximately 50 torr  $N_2/15$  torr He buffer gas. The cell is pumped with  $\sigma^+$  Rb–D1 light at 795 nm along the  $\hat{z}$  axis. A balanced polarimeter is used to detect  $P_x$  by the Faraday rotation of linearly polarized probe light at 780 nm, near the Rb–D2 line. The beam is set to a waist of 3.0 mm and power 750  $\mu\text{W}$ . Its frequency is adjusted to maximize the Faraday rotation angle. The AM is operated inside a magnetically shielded room and is surrounded by three pairs of coils used to apply compensating magnetic fields in orthogonal directions [3].

We present measurements on the diff-SERF at temperatures of 80 $^\circ\text{C}$  and 170 $^\circ\text{C}$ , corresponding to densities of  $\sim 10^{12} \text{ cm}^{-3}$  and  $\sim 10^{14} \text{ cm}^{-3}$ , respectively. The high optical

depth in the latter case (OD ~200 on resonance), accentuates the impact of pump photon absorption and the resulting field gradients from the AC-Stark shift.

For each temperature and laser configuration, we scanned the pump laser frequency  $\pm 30$  GHz about the center of gravity of the Rb D1 line. At each setting, we adjusted the compensation field to cancel the average AC-Stark shift, with results plotted in the upper panels of Figs. 3 and 4. The characteristic dispersive line-shape of the vector AC-Stark Shift is clear. At each frequency setting, we also measured the response of the magnetometers  $\partial P_x / \partial \Omega_y$ , shown in the lower panels of Figs. 3 and 4.

In agreement with the model discussed above, Figs. 3 and 4 show that the sensitivity to AC-Stark shifts is substantially suppressed in the diff-SERF mode, while the response of the AM changes by less than a factor of 2. We also note that the dependence of the response on laser frequency detuning has significantly more structure for the large pump case. This difference is especially dramatic for  $T = 170^\circ\text{C}$ . For the large pump case, we also observe an asymmetry in the detuning dependence of the large pump. We suspect that this is due to Stark shifts from asymmetrical optical pumping, since we operate in a vapor cell with resolved hyperfine structure.

These results show that the diff-SERF is a viable method for evading the consequences of the vector AC-Stark shift in SERF AMs. The diff-SERF offers a number of important technical advantages for applications requiring high magnetic field sensitivity. The reduced vector Stark shift allows the pump laser frequency to be optimized independently of the compensating magnetic fields. The diff-SERF pump laser works over a large frequency range with little performance loss—an attractive feature when pumping an array of several different cells with the same laser. In addition, diff-SERF AMs allow for operation in vapors with the conditions of high optical densities, insensitivity to AC-Stark shift noise, and insensitivity to magnetic fields from a secondary direction. Finally, a reduction of AC-Stark effects will be of considerable advantage in constructing gradiometers with good common-mode rejection.

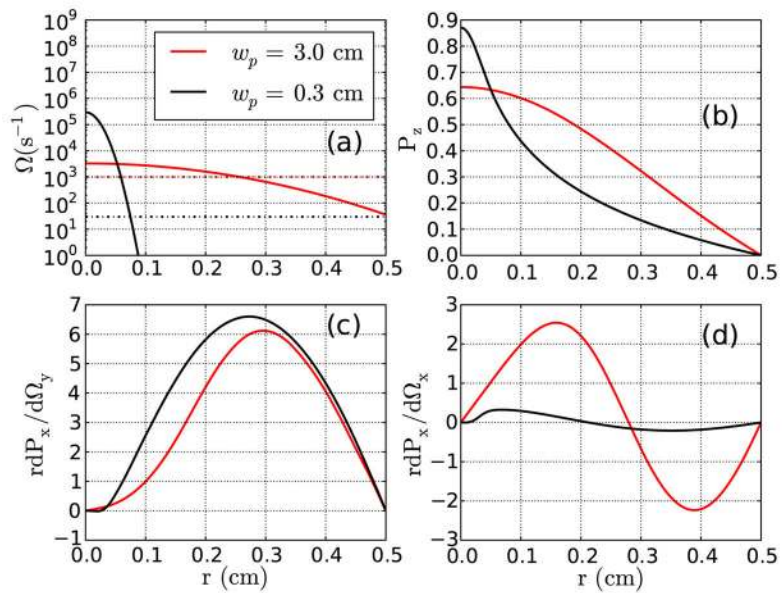
## Acknowledgments

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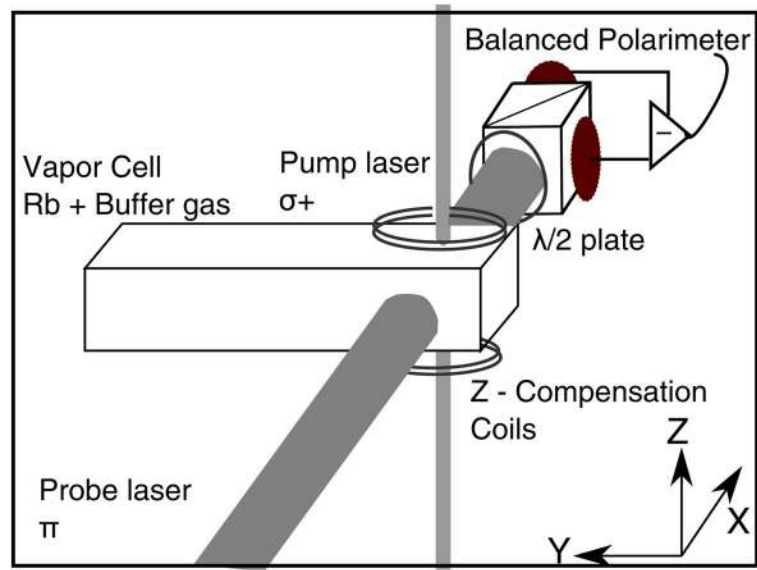
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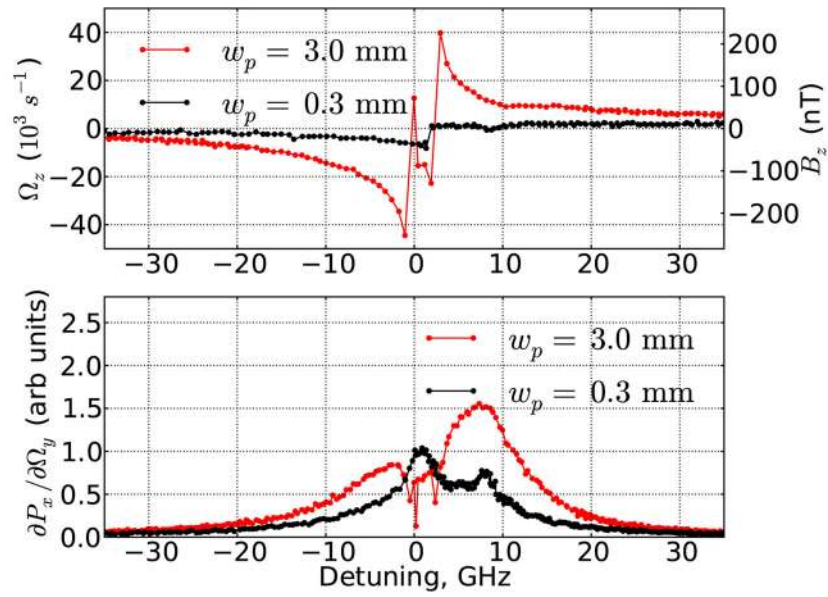
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**Fig. 1.** SERF simulation (Eq. 1) with a pump laser having power 0.2 mW, waist  $w_p$  and detuning 11 GHz. (a) The vector AC-Stark field  $\Omega_V(r)$ . The dotted lines show the value of the compensation field. (b) The spatial distribution of the polarized atoms  $P_z(r)$ . (c) Radially weighted distribution of magnetometer response  $\partial P_x(r)/\partial\Omega_y$ . (d) Radially weighted distribution of undesired sensitivity  $\partial P_x(r)/\partial\Omega_x$ .

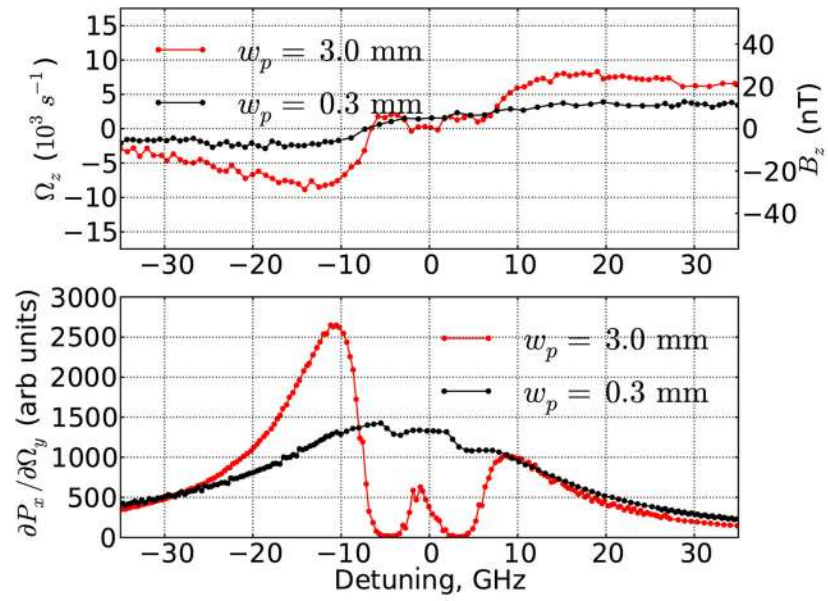


**Fig. 2.** Schematic of AM. Atoms polarized by the small but intense pump diffuse out into the remainder of the cell to be detected by the probe in places where their spin-precession is not degraded by the pumping light.



**Fig. 3.** Measurements taken with  $T = 80^\circ\text{C}$ , for different pump laser waists  $w_p$ . Top: measured average AC-Stark field versus pump laser frequency. Bottom: AM response versus. frequency. At this temperature and vapor cell composition we calculate  $\Gamma = 7 \text{ s}^{-1}$ , and  $z_d = 0.5 \text{ cm}$ .





**Fig. 4.** Same as Fig. 3, but  $T = 170^\circ\text{C}$ . We calculate  $\Gamma = 100 \text{ s}^{-1}$  and  $z_d = 0.1 \text{ cm}$ .