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# Direct volume variation measurements in fused silica specimens exposed to femtosecond laser

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**Abstract:** We introduce a new method to investigate localized volume variations resulting from laser exposure. Our method is based on the measurement of fused silica cantilevers deflection from which we calculate the effective stress and density variation in laser-affected zones. Specifically, we investigate density variations in fused silica exposed to femtosecond laser exposure in the regime where nanogratings are found. We demonstrate that a volume expansion is taking place in that particular regime.

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#### 1. Introduction

Fused silica (a-SiO<sub>2</sub>) exposure to low-energy (i.e. below the ablation threshold) femtosecond laser pulses, leads to interesting effects such as a local increase of refractive index [1] and/or a local increase of etching rate [2]. When exposing fused silica to femtosecond laser beams, three types of structural modifications (commonly labeled "Type I, II and III") have been reported as a function of fluence and pulse duration.

In the first regime (type I), homogeneous modifications are observed in the laser affected zone (LAZ) leading to an increase of refractive index [1] and an increase of etching rate [2]. Experimental evidences suggesting localized densifications for type I structures, have been reported in [3,4]. In the intermediate regime (type II) – regime on which our paper is focused, self-organized patterns consisting of "nanogratings" are found [5–7]. These patterns present interesting optical properties such as form-birefringence [8] giving the possibility to create novel photonics devices such as polarization converters [9]. Interestingly and although their structures seem to be radically different than for type I modifications, nanogratings also lead to a local increase of etching rate strongly dependent on the polarization [10]. Finally, Type III modifications refer to voids in the material [11]. Exposure conditions to obtain the three different types of modifications are summarized in [12] for a given set of experimental conditions.

The physical mechanism responsible for the formation of nanogratings is not fully understood and various models have been proposed (see for instance [5] and [6,7]). From a material point-of-view, the nature of structural changes remains elusive. Shimotsuma et al. [5] indicated that nanogratings contain oxygen depleted-zones. To explain the enhanced etching mechanism in the nanogratings regime, a model based on oriented nanocracks was proposed [13]. In this model, nanogratings are interpreted as a set of oriented cracks. However, recent SEM observations [14] showing the presence of a porous structure inside the lower-index zone of the nanogratings contradicts this interpretation. In addition, we have shown [15] that, in the nanogratings regime, the etching rate first reaches a maximum for a given amount of deposited energy regime and then decays for higher amount of deposited energy. This observation cannot be explained with a model where an accelerated etching rate is driven by the presence of oriented cracks. Indeed, according to this nanocrack model, the etching rate should keep on increasing (or at least not diminish) with the increasing amount of deposited energy (i.e. the number of nanocracks should increase with the energy deposited). Therefore, another type of physical mechanism is responsible for the accelerated etching rate. In particular, we suspect localized densification coupled to stress accumulation and relaxation to account for the accelerated etching in laser affected zones consisting of nanogratings.

To further understand the etching mechanism, it is essential to be able to quantify possible volume changes and deformation resulting from the possible presence of stress. In this paper,

we introduce a new experimental technique for quantifying density variations resulting from laser exposure that we apply here to the regime where nanogratings form. Note that the methodology proposed here could be used in a variety of situation involving structural changes introduced by laser exposure.

#### 2. Methodology for laser-induced volume variation measurement

Our method is based on micro-cantilevers deflections. The working principle is outlined in Fig. 1. A transparent cantilever is exposed locally to a laser beam, but only close to its anchoring point and only on the upper part (but below surface). In the cantilever portion exposed to the laser beam, the modified zone and the unaffected layers form a bimorph composite structure (see Fig. 1). If a volume expansion or reduction occurs in the laser affected zone, the bimorph element will respectively bend down or up. The bimorph-zone forms a hinge. Any resulting displacement is amplified by the cantilever arm. Note that because of the geometrical amplification, the volume that needs to be laser-irradiated can be minimized to as little as a single scanned line. The deflection amplification provides a simple and yet efficient method for increasing the measurement range and achieving high resolution. In the experiments reported here, the total length of the cantilever largely exceeds the bimorph structure length.



Fig. 1. Left: Working principle for measuring volume changes using on cantilever deflection. The laser exposure takes place only near the anchoring point of the cantilever and only in its upper-half thickness and forms a bimorph composite structure that induces a local bending of the cantilever. The deflection, measured at the tip of the cantilever, is effectively amplified by the length of the cantilever. Right: Schematic of the cantilever cross-section and definition of the geometrical parameters used in the paper.

Based on the measured deflection, the localized volume expansion in the laser affected zone is extracted. To do so, we use two mechanical models. The first one considers the laser affected zone as a continuously and homogeneously modified layer on a bulk-unmodified substrate. Effectively, this is similar to a bimorph structure made of two different materials. We use the Stoney equation [16] to calculate the stress in the laser affected portion of the cantilever and then, to estimate the volume variation. Here, we assume that the boundaries between the two layers are in a first approximation well-defined. Stoney equation enables us to calculate the strain in the upper layer as a function of the radius of curvature of the bimorph and is expressed by:

$$\sigma_{zz} = \frac{E_s d_s^2}{6R(1-\nu^2)d_f} \tag{1}$$

where  $E_s$  is the young modulus of the 'substrate' (here the bulk unmodified fused silica),  $d_s$  the substrate thickness,  $d_f$  the thickness of the laser-affected layer, v the Poisson ratio of the unmodified zone and R the radius of curvature (of the bimorph zone).

We assume that R is measured along the neutral axis of the cantilever beam. R is calculated from the deflection measurement (see Fig. 1, right for the geometrical parameters).

$$\left. \begin{array}{c} R = \frac{s}{\alpha} = \frac{w_{laz}}{\alpha} \\ \delta = L \sin \alpha \end{array} \right\} R \simeq \frac{w_{laz}L}{\delta}$$
(2)

In a bent cantilever beam, the strain along the cantilever axis is given by:

$$\varepsilon(y) = \frac{y}{R} \tag{3}$$

where y is the position within the thickness beam relatively to its neutral axis (i.e. where the stress is zero).

In our case, since the thickness of the laser affected layer is much smaller than the thickness of the unaffected layer, we have  $d_s \gg d_f$  and the maximum strain in the laser affected layer can be approximated by:

$$\varepsilon_{\max} \simeq \frac{d_s}{2R} \tag{4}$$

Using Eqs. (1), (2) and (4), from the deflection of the cantilever, with this simple continuous model, we calculate the average strain and stress in the laser affected zone.

$$\varepsilon(\delta) \simeq \left(\frac{d_s}{2w_{laz}}\right) \frac{\delta}{L} \quad , \quad \sigma_{zz}(\delta) \simeq \left[\frac{E_s d_s^2}{6w_{laz} \left(1 - v^2\right) d_f}\right] \frac{\delta}{L} \tag{5}$$

This model considers a continuous zone. To test the influence of the sequential nature of laser scanning (laser affected zones are typically formed by juxtaposing multiple adjacent laser-affected zones) one can used finite-element modeling (FEM).

Here, the model used considers a plane-strain hypothesis with elliptical cross-section representative of the laser affected zones. The FEM model is implemented in software commercially available (COMSOL). We used adaptive meshing to locally increase the density of elements near the laser-affected-zones.

To simplify, we assume that the nanogratings structures, from a micromechanical and volume variation point-of-view, can be represented by a homogeneously modified elliptical zone that defines a representative volume element (RVE). This choice is supported by scanning thermal microscopy measurements of laser affected zones created under similar conditions [3]. Note that this model could be further refined by adopting a multi-scale modeling approach. In this model, the representative volume elements are loaded with a uniform stress distribution normal to their contours. The stress sign is chosen according to the measured deflection ( $\delta$ ). In this case, a tensile stress is applied. The finite element model is used to derive a stress versus deflections relation which is then used to extrapolate the corresponding stress for any measured deflection.

# 3. Experimental results

#### 3.1 Sample preparation

#### Laser system

We use a femtosecond laser oscillator (t-Pulse 500 from Amplitude Systèmes) emitting 380 fs-pulses at 1030 nm and at a chosen repetition rate of 860 kHz. The pulse energy is 220 nJ. The focusing optic consists of a microscope objective (OFR, LMH X20-1064) with a numerical aperture of 0.40. With these laser exposure specifications, we are in the second regime as confirmed by backscattered scanning electron microscope (SEM) observations. In another paper [10], we demonstrated the influence of the amount of deposited energy on the

etching rate. Here, in these experiments and to compare with the influence of etching, we tested various levels of deposited energy, namely from 6 J/mm<sup>2</sup> to 150 J/mm<sup>2</sup>.

#### Cantilever preparation

The cantilevers (shown in Fig. 2) are fabricated using the same laser than specified above and following a process described in another paper [17]. As processing parameters, here we have used a scanning speed of 5 mm/s, a pulse energy of 250 nJ, a repetition rate of 860 kHz and a NA of 0.40. After chemical etching in low-concentration HF (2.5%), the cantilevers are again exposed to the laser beam but only in their upper-half thickness. The substrates used are 25 mm-squares with a thickness of 500 microns. The material is OH-rich fused silica. The cantilever exposure is made by scanning adjacent lines (going back and forth) with two-micron spacing over a width of 5 mm. The writing speed was varying in order to obtain the specified deposited energy. The writing was tested with two linear polarizations along and perpendicular to the cantilever axis).



Fig. 2. (a) Top view shown the contour of the cantilevers (dark line) and the areas exposed to the laser beam after etching (light grey). To save space, the cantilevers are folded one on another. (b) Images of the cantilevers taken with an optical microscope in reflection. The modified zones are clearly visible.

# Lines for etching comparison

Using the same type of substrate, we made a series of lines below the surface with the same energy deposition and exposure conditions. This specimen is used to correlate the measured deflections with the etching rate. The experimental protocol to measure the etched length is described in [14].

#### 3.2 Deflection measurement

Figure 3 shows the cantilever deflection as a function of the energy deposition. It is displayed for both polarizations (transverse/parallel to the writing direction). A confocal microscope (Sensofar -PL $\mu$ 2300) is used to measure the deflection with an error of +/- 0.1  $\mu$ m. Thanks to the amplification mechanism, the data span from 50 to 90  $\mu$ m. For this particular exposure condition (regime II), we observe a deflection in the opposite direction from the LAZ indicating a volume expansion after exposure. Furthermore, we note a possible weak-dependence with the polarization.



Fig. 3. (a): Deflection measurements for different levels of energy deposition with longitudinal and transverse polarization. (b): Equivalent elongation calculated and compared with the simulation. The FEM model predicts in average a 5% higher stress than for the continuous analytical model. The deflection measurement error is  $+/-0.1 \mu m$ .

### 3.3 Corresponding stress in the laser affected zones

Using Eq. (5) applied to the deflection measurements shown in Fig. 3, we estimate the principal stress in the laser affected zones (Fig. 4). The data are also compared with the results from the FEM simulations.



Fig. 4. Calculated stress using the continuous and discrete model for transverse (a) and longitudinal (b) polarization defined with respect to the writing direction (s).

The maximum elongation variation is estimated to be 0.03%. The FEM model predicts in average a 5% higher stress than for the continuous analytical model.

# 3.4 Effect of the energy deposition on the etching rate

The etching rate dependence on the energy deposition after femtosecond laser exposure has been shown in a previous work [10]. Here, we reproduce these experiments but with the rigorously identical laser exposure conditions than the one used for the cantilever experiments. The results are shown in Fig. 5.



Fig. 5. Graph comparing both polarizations in term of etching rate according to the energy deposition. We measure the etched length with an optical microscope (10x objectives). The error is  $\pm/-1\mu m$ .

The etched length grows steeply and reaches a maximum between 10 and 20 J/mm<sup>2</sup> for both polarizations. For the 90 deg polarization, the etching rate is almost twice faster than for the 0 deg which is consistent with [10].

The maximum cantilever deflections and the maximum etched lengths are found at about the same energy deposition level (i.e. between 10 and 30 J/mm<sup>2</sup>), illustrating a strong correlation between the two phenomena.

# 3.5 Evolution of Raman spectra as a function of the deposited energy

Fused silica consists of randomly arranged  $SiO_4$  tetrahedra. The oxygen atoms sit at the corner of each tetrahedron and are shared with two adjacent tetrahedra. The bond angle decreases under a compressive stress and increases under a tensile stress [18]. Bond angle variation can be observed using Raman spectroscopy that provides information related to glass structural changes caused by mechanical stress. For SiO<sub>2</sub>, three fundamental vibrations bands located between 450 and 1200 cm<sup>-1</sup> [19,20] are observed: asymmetric stretching (AS) from 1050 to 1100 cm<sup>-1</sup>, symmetric stretching (SS) or bending mode from 790 to 810 cm<sup>-1</sup> and symmetric oxygen stretching or bending-rock (R) from 440 to 470 cm<sup>-1</sup>. These bands shift when the bond angle Si-O-Si changes: the band at 1050 shifts to a higher wave number and the two others bands shift to a lower wave number [20]. Two peaks at 490 and 604 cm<sup>-1</sup>, called  $D_0$ and D<sub>2</sub> respectively, are modified when the bond angle changes (mechanical densification shock wave [21]). Previous works [3,22,23] have reported that laser-induced modifications in fused silica produce visible changes in their Raman spectra. For instance, it was shown that the D2 peak (at 605 cm<sup>-1</sup>) increases in intensity. This change is interpreted [3,22,23] with a change of SiO<sub>4</sub> ring size toward smaller rings (n = 3). The D<sub>0</sub> (located at 490 cm<sup>-1</sup>) moves toward lower wave number for mechanically densified fused silica but also for femtosecond laser induced type I and II modifications [3].

Raman spectra of the laser exposed areas for the same energy depositions used in the etching experiment discussed above, were measured. Characteristics Raman spectra are shown in Fig. 6. The reference spectrum is taken in the pristine zone of the silica. Measurements made without post-processing show a strong fluorescence background, due essentially to the color-centers (NBO) introduced by the laser that get excited with our Raman illumination conditions (632 nm-laser source). To remove the color-centers, the specimen is heated up to 150°C for 10 hours. Note that the tip deflections measured after the 10h-heating period does not change compared to their initial procedure, indicating that the post-processing step-conditions do not modify the mechanical state of the cantilevers.



Fig. 6. Raman spectra for two polarizations (longitudinal and perpendicular to the writing direction) compared to a reference spectrum, measured in the pristine material. These curves are obtained after heating up the material at  $150^{\circ}$ C to remove colored-centers. The laser exposures for the longitudinal and perpendicular cases are: 10 J/mm<sup>2</sup> and 16 J/mm<sup>2</sup> respectively.

From each Raman spectrum taken at various levels of deposited energy and for the two polarization states, the D2 peaks are extracted after normalization and compared. The results are shown in Fig. 7.



Fig. 7. D<sub>2</sub>-peak variation as a function of the energy deposition level for both polarizations after heating at  $150^{\circ}$ C during 10 hours (to annihilate color-centers).

We observe a shift of the  $D_0$ -peak to lower wave-number after exposure and an increase of the  $D_2$ -peak. These observations are consistent with our own observations made on mainly type I modifications, but also on nanogratings [3]. The bond angle decreases after laser exposure, indicating the possible presence of compressive stress in or around the LAZ, as well as the formation of lower-order rings. These Raman observations point towards a possible densification of the glass matrix.

This is apparently contradicting the expansion phenomena observed for the cantilever. Note that the trend observed in Fig. 7 is the same than for the etching length and for the cantilever deflection: a sharp increase followed by a gradual decay. This observation hints a rapid buildup of stress associated with structural modifications.

# 4. Discussion and interpretation

Our cantilever method has shown that, in the second regime where nanogratings are found, the laser affected zone expands. The relative estimated expansion is 0.03%. Recently, the

presence of porous material in the LAZ has been reported [14]. This observation, together with previous observations, contradicts the model assuming that nanogratings are de facto cracks [13]. Cracks may be found when the stress concentration in the nanogratings is sufficiently high but do not form ad-initio [3]. Indeed, the formation of a porous material made of nano-scale bubbles can account for the expansion we are observing in locally laser-exposed cantilevers. On the other hand, the Raman spectra suggest the presence of lower-ring numbers in the cantilevers laser affected zones. Lower-ring numbers would induce a densification and therefore, an opposite effect to what we are observing in cantilevers.



Fig. 8. Proposed scenario to explain the various phenomena reported in this paper.

To reconcile the two observations, we propose the following scenario, outlined in Fig. 8. If we admit our LAZ are made of porous material (in the nanogratings), every nano-scale bubble during their formation would induce the formation of compressively stressed zones surrounding them that, if the stress is sufficiently high, locally induce a mechanical densification. The stress is also responsible for bond angle variations in the SiO<sub>2</sub> matrix that explain a faster etching rate in the LAZ. The correlation between stress and etching rate was shown in [24]. This supports the similar trend we are observing between the cantilever bending and the etching rate. The two experimental curves have similar features and show a characteristic maximum for the same deposited energy levels.

We note that the etching rate also depends on the deposited energy. A maximum etching rate is observed for a given level, here about 20 J/mm<sup>2</sup>. The presence of this maximum suggests that the stress gradually builds up as the material is repeatedly 'hammered' by the femtosecond laser. When this stress becomes too high, cracks nucleate randomly and stress relaxation is observed globally in the LAZ explaining the reduced etching rate as well as the lowering of the cantilever deflection. The cantilevers do not completely recover their deformation due to the formation of irreversible, non-affine open interfaces (see Fig. 8). The increased etching rate is also still observed because some irreversible densification took place in an earlier phase of the process, prior to the formation of cracks. The presence of open pores may offer a path for the etchant to penetrate inside the material but overall, the etching mechanism is much less efficient than the densification-driven and stress-induced ones. This model is also compatible with the etching rate polarization anisotropy [10]. The laser exposure condition segregates densified zones in the narrow bands forming the nanogratings. If these zones are connected longitudinally, it will indeed favor the etching rate, while a

parallel assembly of nanogratings will be less efficient. Our observations show that in both polarization cases, the formation of cracks slow down substantially the etching rate and are counter-productive.

# 5. Conclusion

We have demonstrated a method to quantitatively estimate the level of volume changes in the laser affected zone after femtosecond laser exposure. In particular, we have shown that for nanogratings, a volume expansion is taking place and that the energy deposition has an influence on the volume variation that can be correlated to both, Raman spectra and etching rate. We interpret these phenomena by the formation of a porous structure in the nanogratings (consistent with experimental observations [14]), that locally stresses and densifies the material – explaining the peak observed for etching rate, Raman spectra and volume expansion; followed by crack formation and stress relaxation that accounts for the less efficient etching rate and its importance for accurately controlling etched patterns.

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