

Distribution and clinal trends of the *ABO* and *Rh* genes in select Middle Eastern countries

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ABSTRACT. An understanding of the ABO and Rh blood group systems is important for blood transfusions and is also pertinent due to their potential association with certain morbidities and susceptibilities to infections. To investigate the diversity and differentiation of the *ABO* and *Rh* loci in Middle Eastern populations, data from twelve representative Middle Eastern populations were analyzed. Six populations were in conformity with Hardy-Weinberg equilibrium at the *ABO* locus. The pooled heterozygosity at both loci was calculated to be highest in the sample from Jordan and lowest in Bahrain. Heterogeneity was pronounced in the Northern compared to the Southern Middle Eastern populations. Overall, the absolute gene diversity was 0.0046 and gene differentiation was calculated to be 0.0100. Genetic diversity of the studied loci across all populations (H_T) was estimated to be 0.4594, while the diversity within the populations (H_S) was 0.4548. Nei's genetic distance analyses revealed highest affinities between the

populations of Kuwait and Qatar, Oman and Yemen, and between Qatar and the United Arab Emirates. These results were displayed through a UGPMA dendrogram and principal component analyses, which established clustering of certain populations. Clinal trends of the allelic systems were observed by generating contour maps that allow a detailed appreciation of the distributions of alleles across the geography of the Arabian Peninsula and the Middle East. Taken together, these analyses are helpful in understanding the differentiation of blood group loci and for designing prospective studies for establishing the associations of these loci with health variables in the populations studied.

Key words: ABO; Rh; Blood groups; Gene diversity; Clinal analyses; Genetic heterogeneity; Allelic polymorphisms

INTRODUCTION

ABO and Rhesus (Rh) blood groups are clinically important in blood transfusions and organ transplantations. They have also been employed as genetic markers in population genetics and anthropological studies. They have become widely available as genetic markers due to easy and inexpensive typing, their polymorphic nature, and the elucidation of their genotypes from phenotypic data. The distribution of ABO and Rh blood types has been investigated in a number of populations around the globe. The proportions of these blood groups show considerable variation across geographic locations demonstrating the underlying genetic and ethnic diversity of human populations (Cavalli-Sforza et al., 1994).

Studies describing the genetic structure of populations in the Arabian Peninsula are scarce. However, ABO and Rh blood groups polymorphisms have been reported for most of the countries in this region. For example, Al-Arrayed et al. (2001) reported the distribution of ABO and Rh blood types in a sample of 5675 individuals from Bahrain. Mahmood (2013) observed the distribution of blood types in the Iraqi (Arab Baghdadi) population. Blood group data of other Iraqi populations (i.e., Basrah, Thi-Qar, Sabians, Tal Afar, and Kurdistan) have also been reported (Jaff, 2010; Mahmood, 2014). Taha (2012) reported the distributions of blood types in the population of the United Arab Emirates (UAE). Bener and Yousafzai (2014) observed the blood group diversity in the Qatari population and Al-Arrayed et al. (2001) reported blood groups distributions in the population of Bahrain. Kamel et al. (1980) studied 10 erythrocyte polymorphic systems in the indigenous population of Abu Dhabi, and concluded that the prevalence of most blood groups were consistent with those of neighboring Arabs. Yip et al. (2006) carried out genotyping in Kuwaiti subjects and detected the distribution of sub-types of the ABO blood groups. Hanania et al. (2007) reported the blood types of the population of Jordan. Sakharow and Nofal' (1996) observed the blood groups in the population of Syria. Different estimates of blood group distributions are also available for the Palestinian population; for example, Skaik et al. (2007) reported these data from the population of Palestine (Gaza). Most of these estimates have been reported from the major cities of the respective countries.

On the other hand, few researchers have employed molecular markers to explore the genetic structure of regional Arab ethnicities. Of these, Barni et al. (2007) studied 15 autosomal microsatellite markers in the Iraqi population and compared their distributions with those in the neighboring populations. Sinha et al. (1999) typed eight short tandem repeat markers in

the population of Saudi Arabia and explored the differentiation of the studied loci. Similarly, Alshamali et al. (2005) examined short tandem repeats to elucidate the diversity of nine ethnic groups residing in Dubai.

In this study, the diversity and heterogeneity of the *ABO* and *Rh* blood group loci have been elucidated in the Arab populations of the Arabian Peninsula and the Middle East. In order to draw a broader picture of the diversity of these loci, we have assembled the data of blood groups from the prominent populations of this region. Different indices were employed to observe the diversity and differentiation of blood group loci among these populations, and an attempt was made to determine the affinities between these populations based upon these serological polymorphisms. Furthermore, we have carried out clinal analyses to appreciate the geographic distribution of the alleles studied.

MATERIAL AND METHODS

The ABO and Rh blood group records of 12 Arab populations of the Arabian Peninsula and the Middle East were retrieved from the literature. The populations included seven representative populations from the Arabian Peninsula, i.e., Bahrain, Kuwait, Oman, Qatar, Saudi Arabia, UAE, and Yemen (Danubio and Anelli, 1987; Al-Arrayed et al., 2001; Al-Bustan et al., 2002; Bahaj, 2003; Anonymous, 2014; Bener and Yousafzai, 2014), and five from the Middle East, i.e., Iraq, Jordan, Lebanon, Palestine (Gaza), and Syria (Sakharov and Nofal 1996; Hania et al., 2007; Skaik et al., 2007; Mahmood, 2013). From the multiple records available for a particular population only the most recent data with the largest sample sizes were retained for analyses. Missing data were retrieved from online repositories or extrapolated from the nearest neighboring population (Anonymous, 2014).

The maximum likelihood method was used to calculate the allele frequencies at the *ABO* locus, and the frequency of the *Rh*(d) allele was calculated from the square-root of the recessive phenotype (Mather, 1964). Hardy-Weinberg equilibrium (HWE) was checked at the *ABO* locus (Silva, 2002; Malik and Amin-ud-Din, 2013). Heterozygosity at the individual *ABO* and *Rh* loci and the combined heterozygosity was assessed (Nei, 1987). To observe the variability at the allelic systems, the coefficients of variance (CoVs) were calculated. To facilitate the meaningful grouping of populations, the homogeneity between the samples was tested (Neel and Schull, 1954), and the degree of differentiation was estimated at the *ABO* and *Rh* loci (Nei, 1987). The populations studied were divided into Northern and Southern groups and differentiation was checked in both groups independently as well as among the total populations. Nei's genetic distances (DAs) were calculated using the allelic frequencies (Nei and Roychoudhury, 1982). A dendrogram was constructed by using the unweighted pair group method with arithmetic mean (UGPMA) and was based on the DA matrix (Sneath and Sokal, 1973; Ota, 1993).

In order to appreciate the geographic distributions of the allelic systems studied, contour maps were generated with the help of Surfer (Golden Software, Inc., Ver.9.9.785). The populations studied were tagged on the map approximating their geographic coordinates. Owing to the extended geography of Saudi Arabia and to observe the continuous flow of alleles, eight data points/populations were employed from the Saudi Peninsula: Abha, Al-Khobar, Al-Qurayat, Domah, Jeddah, Riyadh, the Southern region, and Tabuk (AlSuhaibani et al., 2015). Data were also extrapolated for the neighboring regions that were not included in the analyses. Five maps were generated which showed the distributions of the alleles studied of the *ABO* and *Rh* loci.

RESULTS

Allele frequencies and locus heterozygosity

At the *ABO* locus, the frequency of the p[A] allele ranged from 0.140 in Bahrain to 0.291 in Syria, the q[B] allele between 0.078 in Lebanon to 0.206 in Iraq, and the r[O] allele between 0.594 in Iraq to 0.726 in Oman (Table 1). At the *Rh* locus, the D allele exhibited the lowest frequency estimates (0.593) in Lebanon and the highest (0.766) in Bahrain. Six populations were concordant with HWE assumptions at the *ABO* locus. The most significant deviations from HWE were observed in the samples from Kuwait and Oman ($\chi^2 = 26.82$ and 24.46, respectively), followed by Syria, Yemen, and Qatar (Table 1).

Table 1. Distribution of allelic frequencies at *ABO* and *Rh* loci and Hardy-Weinberg Equilibrium at *ABO* locus among the Arab populations studied.

Population	ABO Locus			HWE Test Statistics; P value	Rh Locus	
	p[A]	q[B]	r[O]		Rh+(D)	Rh-(d)
Bahrain	0.140	0.157	0.703	0.550	0.766	0.234
Iraq	0.200	0.206	0.594	0.956	0.689	0.311
Jordan	0.261	0.134	0.605	0.000	0.642	0.358
Kuwait	0.172	0.156	0.672	26.824*	0.726	0.274
Lebanon	0.243	0.078	0.679	0.045	0.593	0.407
Oman	0.164	0.110	0.726	24.455*	0.738	0.262
Palestine (Gaza)	0.229	0.157	0.614	5.437*	0.672	0.328
Qatar	0.188	0.145	0.668	4.937*	0.700	0.300
Saudi Arabia	0.169	0.124	0.707	0.000	0.714	0.286
Syria	0.291	0.085	0.624	10.687*	0.695	0.305
UAE	0.156	0.149	0.695	0.006	0.701	0.299
Yemen	0.175	0.100	0.725	5.577*	0.734	0.266

UAE = United Arab Emirates. *significantly deviating from HWE expectations.

Heterozygosity was established at the studied loci. At the *ABO* locus, heterozygosity was observed to be the highest in Iraq (0.565) and the lowest in Yemen (0.434) (Table 2; Figure 1). At the *Rh* locus, heterozygosity was the highest in Jordan (0.46) and the lowest in Bahrain (0.359). The average heterozygosity was the highest in Jordan (0.504 ± 0.044) and Bahrain (0.410 ± 0.052). The comparison of individual and combined heterozygosity among the samples is depicted in Figure 1.

CoVs were estimated for the allelic frequency estimates prevalent in the populations. The CoV was found to be the highest for allele q[B] (22%), followed by alleles p[A] and r[O] at the *ABO* locus (25 and 7%, respectively) (Figure 2). At the *Rh* locus, the CoVs were 15 and 7% at alleles Rh(d) and Rh(D), respectively.

Gene diversity analysis and the DA matrix

To observe the differentiation of the *ABO* and *Rh* loci, DAs were calculated among the populations (Table 3). The populations were split into Northern and Southern groups, which were essentially based on their geographic neighborhoods. The Northern group comprised the populations of the Middle East, i.e., Iraq, Jordan, Lebanon, Palestine (Gaza), and Syria. The Southern group comprised the populations of the Arabian Peninsula, i.e., Bahrain, Kuwait, Oman, Qatar, Saudi Arabia, UAE, and Yemen (Table 3).

Table 2. Heterozygosities at loci studied in Arabian/Middle East populations.

Population	Heterozygosity		
	ABO	Rh	Average
Bahrain	0.461	0.359	0.410 ± 0.052
Iraq	0.565	0.428	0.497 ± 0.068
Jordan	0.548	0.460	0.504 ± 0.044
Kuwait	0.494	0.398	0.446 ± 0.048
Lebanon	0.474	0.483	0.479 ± 0.004
Oman	0.434	0.387	0.411 ± 0.024
Palestine (Gaza)	0.546	0.441	0.493 ± 0.053
Qatar	0.498	0.420	0.459 ± 0.039
Saudi Arabia	0.456	0.409	0.433 ± 0.024
Syria	0.519	0.424	0.472 ± 0.047
UAE	0.470	0.419	0.445 ± 0.026
Yemen	0.434	0.391	0.413 ± 0.022

UAE = United Arab Emirates.

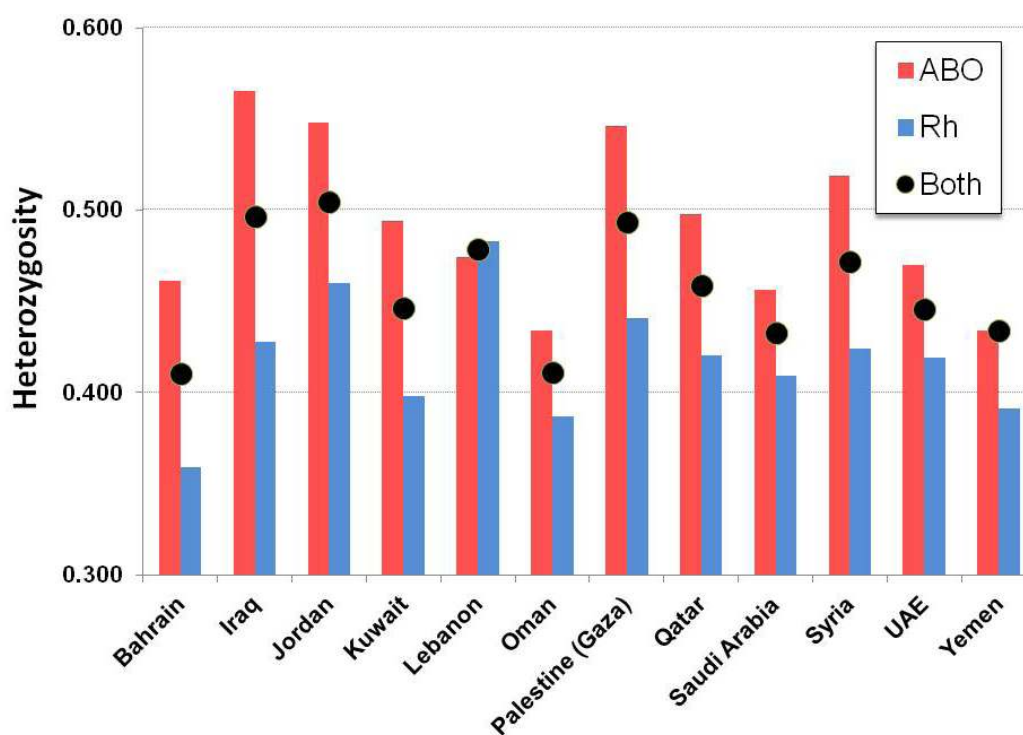


Figure 1. Comparison of individual and combined heterozygosities at *ABO* and *Rh* loci in studied Arab populations of Arabian peninsula/Middle East.

Heterogeneity was higher in the Northern populations compared to the Southern group, which appeared more stratified (Table 3). The coefficient of inter-population gene differentiation (G_{ST}) was much higher in the Northern in contrast to the Southern group (0.0070 vs 0.0024). Absolute gene diversity (D_{ST}) was almost three times higher in the Northern than

in the Southern group (0.0034 vs 0.0011). Among the total samples, D_{ST} was 0.0046 and D_{ST} was 0.0100. Genetic diversity across all groups (H_T) was estimated to be 0.4594, while the diversity within the populations (H_S) was 0.4548 (Table 3). It is worthwhile to mention that the H_T of the *ABO* locus was higher than that of the *Rh* locus in the total samples as well as among the Northern and Southern groups.

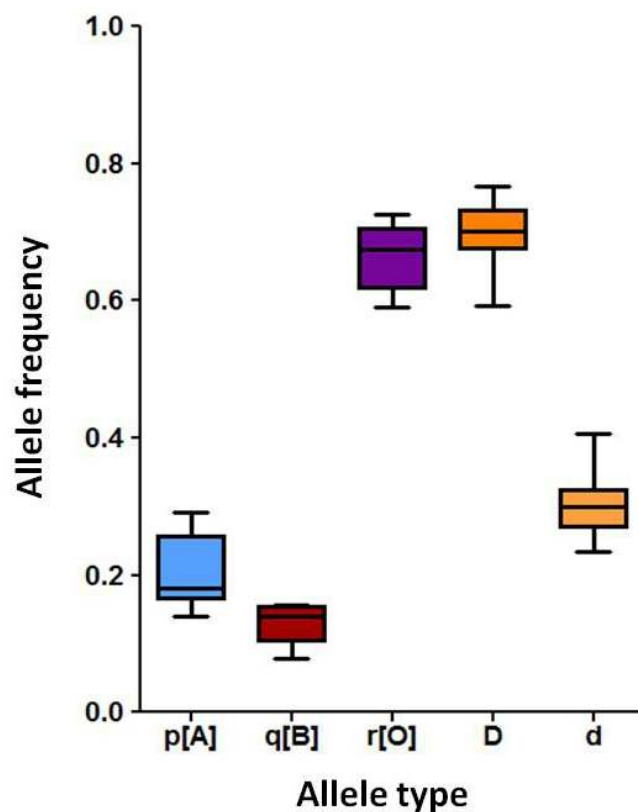


Figure 2. Box and Whisker plots depicting the ranges of allele frequencies at *ABO* and *Rh* loci in the Arab populations.

Table 3. Gene diversity analyses of *ABO* and *Rh* loci in Arabian/Middle East populations.

Population	Locus	H_T	H_S	D_{ST}	G_{ST}
Northern group	ABO	0.5342	0.5302	0.0040	0.0076
	Rh	0.4499	0.4471	0.0028	0.0062
	Pooled	0.4921	0.4887	0.0034	0.0070
Southern group	ABO	0.4651	0.4640	0.0011	0.0024
	Rh	0.3982	0.3973	0.0009	0.0023
	Pooled	0.4317	0.4306	0.0011	0.0024
All populations	ABO	0.4968	0.4916	0.0052	0.0106
	Rh	0.4220	0.4181	0.0039	0.0093
	Pooled	0.4594	0.4548	0.0046	0.0100

DAs were estimated and the DA matrix was generated. There appeared to be highest affinities between the samples obtained from the populations of Kuwait and Qatar (0.0001), Oman and Yemen (0.0001), and Qatar and UAE (0.0002) (Table 4). The least similarities were observed between the samples from Bahrain and Lebanon (0.0157), Bahrain and Syria (0.0118), and Iraq and Lebanon (0.0114) (Table 4). The most heterogeneous populations (with the highest aggregated DA scores) were Lebanon, Syria, and Bahrain, whereas Qatar and Saudi Arabia were the least heterogeneous among the remaining populations.

Table 4. Genetic distance matrix showing the affinities between Arab populations.

	Bahrain	Iraq	Jordan	Kuwait	Lebanon	Oman	Palestine (Gaza)	Qatar	Saudi Arabia	Syria	UAE
Iraq	0.0052										
Jordan	0.0105	0.0036									
Kuwait	0.0010	0.0021	0.0050								
Lebanon	0.0157	0.0114	0.0031	0.0098							
Oman	0.0016	0.0066	0.0072	0.0013	0.0088						
Palestine (Gaza)	0.0062	0.0012	0.0007	0.0022	0.0056	0.0049					
Qatar	0.0022	0.0017	0.0026	0.0001	0.0064	0.0013	0.0008				
Saudi Arabia	0.0017	0.0043	0.0050	0.0006	0.0071	0.0003	0.0030	0.0003			
Syria	0.0118	0.0088	0.0024	0.0071	0.0037	0.0065	0.0038	0.0047	0.0058		
UAE	0.0015	0.0029	0.0052	0.0004	0.0085	0.0013	0.0026	0.0002	0.0004	0.0079	
Yemen	0.0025	0.0072	0.0066	0.0018	0.0075	0.0001	0.0048	0.0015	0.0005	0.0052	0.0018

A dendrogram was constructed on the basis of the DA distance matrix. An outlier, with equal allele frequencies at both loci, was included in the analyses. Two main clusters emerged among the recruited populations. One cluster comprised the populations of the Arabian Peninsula, i.e., Kuwait, Qatar, UAE, Saudi Arabia, Oman and Yemen, while Bahrain joined the cluster as a distant member (Figure 3). Another cluster comprised Iraq, Jordan, and Palestine (Gaza), while Lebanon and Syria appeared as a separate sub-group (Figure 3). These results were iterated by principal component analyses (Figure 4). The highest affinities were evident between Kuwait and UAE, and between Oman and Yemen. The most distantly located populations across the X-Y coordinates were Lebanon, Syria, Bahrain, and Iraq (Figure 4).

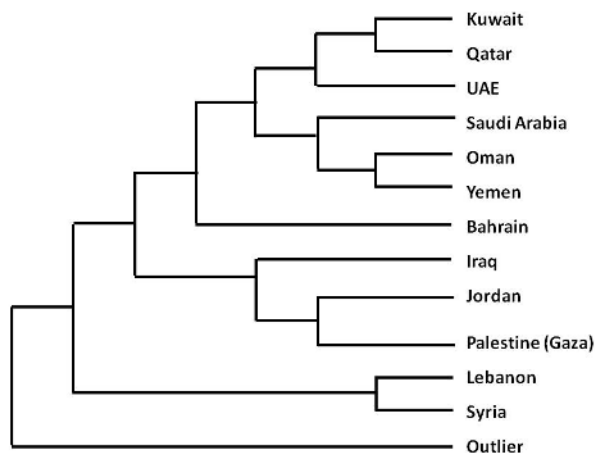


Figure 3. Dendrogram based upon DA-UPGMA showing the genetic relationships between the Arab populations of Arabian peninsula/Middle East.

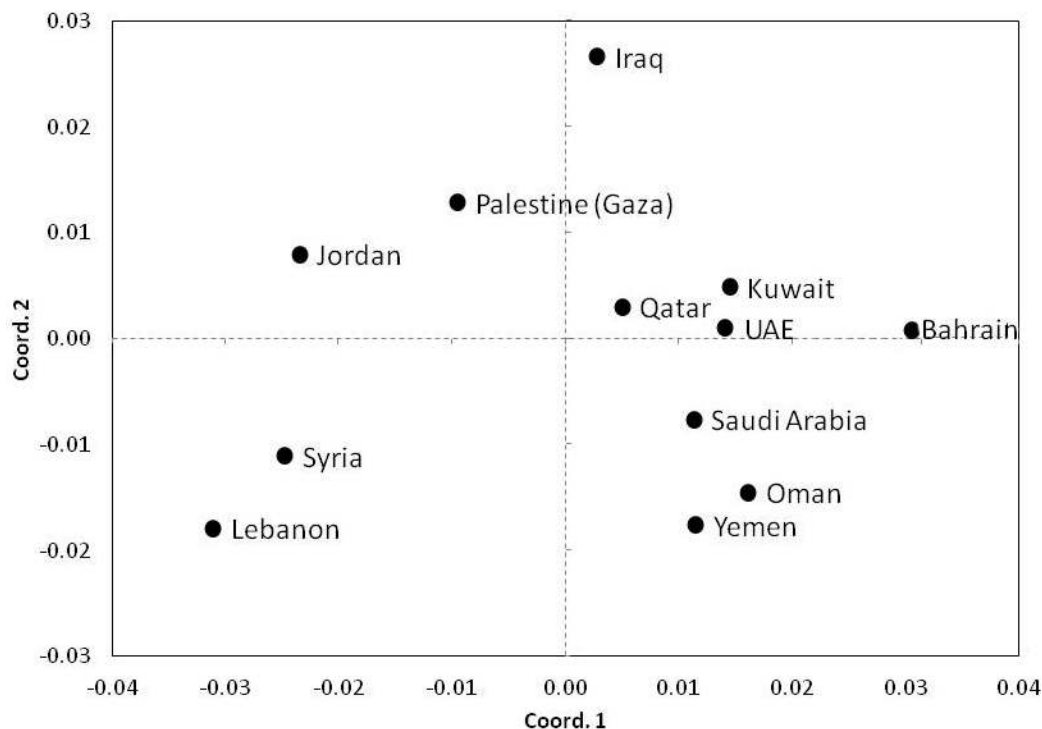


Figure 4. Scatter plot representing the output of Principal Component Analyses. Clustering of populations corresponds with the results obtained in dendrogram.

Pearson correlation coefficients were calculated between the allelic systems and a correlation matrix was generated. Significantly negative correlation was observed between the p[A] and r[O] alleles at the *ABO* locus (Pearson = -0.833; $P = 0.001$) (Table 5). Remarkable correlations were also observed between the p[A] and Rh(D) alleles (Pearson = -0.687; $P = 0.014$), and between r[O] and Rh(D) (Pearson = 0.516; $P = 0.086$).

Table 5. Correlation matrix between the allelic systems.

	ABO Locus			Rh Locus	
	p[A]	q[B]	r[O]	D	d
p[A]	1				
q[B]	-0.375	1			
r[O]	-0.833	-0.201	1		
D	-0.687	0.351	0.516	1	
d	0.687	-0.351	-0.516	-1.000	1

Contour maps and clinal analyses

Geographic distributions of the allelic systems studied were established by generating contour maps. At the *ABO* locus, there was a high prevalence of allele p[A] in the Middle East, which depicted a declining trend towards the South and the South-East (Figure 5). There

was concentration of allele p[A] in Syria and a declining clinal trend was observed up to the central region of Saudi Arabia. Allele q[B] was shown to be the most prevalent in the North-Eastern region, i.e., Iraq and North Saudi Arabia, and decreased Southwards (Figure 6). Allele q[B] was least prevalent in the Southern extremes including the Yemen region. Allele r[O] was correspondingly more prevalent in the Southern region and less so in the North-Eastern region (Figure 7). At the *Rh* locus, the D allele showed a high concentration in the North-Western region with its highest concentration in Northern Saudi Arabia (Figures 8 and 9).

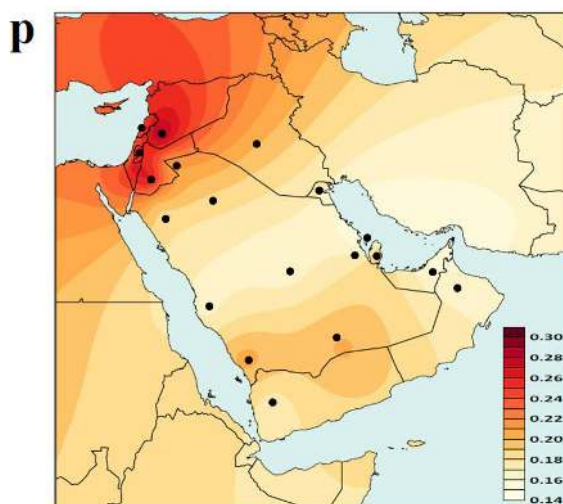


Figure 5. Interpolated contour map of allele p[A] at *ABO* locus showing the clinal trend of distribution. Sampling points are tagged on the map as black points. Distribution of allele was also predicted beyond the geography of populations studied.

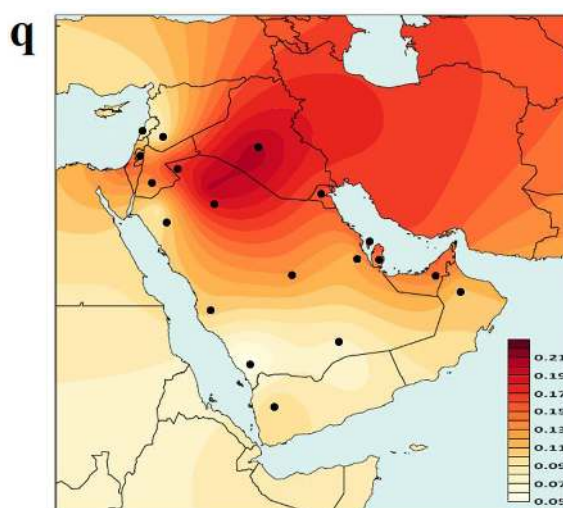


Figure 6. Contour map of allele q[B] at *ABO* locus.

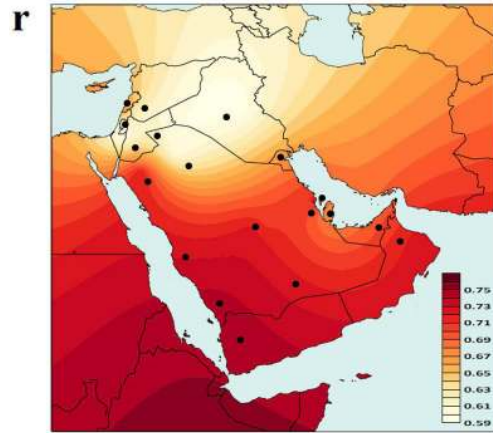


Figure 7. Contour map of allele r[O] at *ABO* locus.

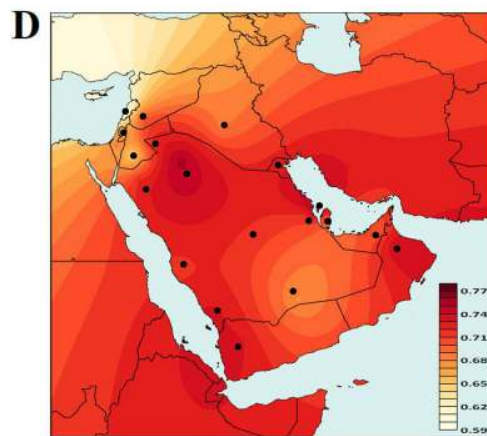


Figure 8. Interpolated contour map of allele D at Rh locus.

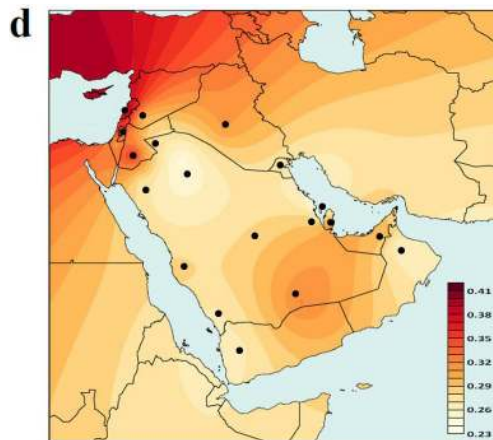


Figure 9. Interpolated contour map of allele d at Rh locus.

DISCUSSION

Samples of six of the studied Arab populations deviated from HWE expectations at the *ABO* locus, which could be due to uneven sampling strategies, higher representations of male individuals in the blood group records, and increased homozygosity due to consanguinity. The analyses of gene diversity revealed that loss of heterozygosity could be observed, particularly in the populations of the Arabian Peninsula. In addition, the samples from Bahrain, Oman, Saudi Arabia, and Yemen displayed very low heterozygosity. The samples from the Middle Eastern populations, i.e., Iraq, Jordan, and Palestine (Gaza) had relatively higher estimates of heterozygosity than did the other samples. Collectively, heterozygosity among the populations studied was slightly higher than that of the Saudi Arabian population alone (AlSuhailani et al., 2015), but was very low when compared to estimates for the Pakistani population (Malik and Amin-ud-Din, 2013; Ali and Malik, 2014; Rehman et al., 2014). Likewise, G_{ST} and D_{ST} at both loci were much lower in the populations of the Arabian Peninsula/Middle East compared to the Pakistani population. The present analyses, however, did not allow the elucidation of factors that could be responsible for the reduced heterozygosity at these loci.

The pattern and frequency distributions of blood phenotypes varies across populations (Cavalli-Sforza et al., 1994; O'Neil, 2012). The current analyses revealed that the populations with a high frequency of the p[A] allele are primarily clustered in the Northern region of the studied geography, i.e., the Middle East. Allele p[A] (and correspondingly the blood group A) exhibited a Southwards decrease in frequency, becoming minimal in the Central region of Saudi Arabia. The middle strip of Saudi Arabia, from east to west, is represented by large cosmopolitan cities, which have multi-ethnic assemblages. Similarly, Allele q[B] (and correspondingly the blood phenotype B) was observed to be most frequent in the North-Eastern part of the Arabian Peninsula. Allele q[B] was concentrated in the Domah region of Saudi Arabia and Iraq, and demonstrated a sharp Southward decline showing minimal frequency in the Abha region of Saudi Arabia. A somewhat reciprocal pattern was observed for allele r[O] (and the blood phenotype O) which was concentrated in the South-Western tip of the Arabian Peninsula and demonstrated a North-Eastern decay in frequency. It was observed to be least prevalent in Iraq and the Middle East. On the other hand, the patterns of alleles D and d at the *Rh* locus were mosaic and discontinuous. Allele D was seen to be concentrated in the Domah region of Saudi Arabia. It was also observed to be more prevalent at the South-Eastern and South-Western tips of the Arabian Peninsula, i.e., Yemen and Oman, respectively. Allele d was observed to be most prevalent in Lebanon and Jordan. It is worthwhile to mention that the patterns of distribution of alleles p[A] and r[O] at the *ABO* locus appeared to be antagonistic in the studied geography. This observation corresponds with a significant inverse correlation between p[A] and r[O] allele frequencies among the studied populations (Pearson = -0.833; $P = 0.001$) (Table 5). The nature of this allelic relationship and the selective forces shaping this phenomenon await further investigation.

The underlying reasons for the differences observed in the distributions of allele frequencies among the studied Arab populations remain to be elucidated. Several theories have been proposed to explain the distribution of blood groups globally. For instance, migrations and population admixtures could be the sources of blood group differentials. In particular, the geographic clines of allele distributions could be readily explained by human migrations. Furthermore, selection pressures conferred by pathogen-driven blood group antigen changes could be one of the factors responsible for the current distribution of blood types (Storry and Olsson, 2009; Zhang et al., 2012).

Data regarding blood group distribution is useful in medicine, such as for blood transfusions and organ transplantation. Certain blood types exhibit associations with diseases and infections. Sharara et al. (2006) observed a higher incidence of blood type A in individuals with gastric malignancy than in healthy individuals. The frequency of blood type O was higher in patients with paratyphoid, typhoid, and cholera, whereas blood type B has been shown to have an increased prevalence in patients suffering from urinary tract infections and gonorrhoea (Lomberg et al., 1992). Increased prevalence of blood type A has been witnessed among patients with meningococcal meningitis (Blackwell et al., 1986). A study in Lahore, Pakistan Siddiqui et al. (2011) showed that blood group A and Rh-negative status were significantly higher and blood group AB was significantly lower in patients with angina pectoris. In a study in Pakistan, the prevalence of male infertility in subjects with blood group O was higher than in those with all other ABO blood types. Al-Ghamdi (2009) explored the association between ABO blood types and severity levels of chronic periodontitis, and found that patients with blood group B had a higher prevalence of the more severe form of periodontitis.

More recently, genome-wide association studies have identified potential association of the *ABO* locus with myocardial infarction, thrombosis, and multiple cardiovascular variables. However, the underlying cellular and physiological mechanisms explaining these associations await further research (Zhang et al., 2012; Liumbruno and Franchini, 2013). Even though these studies establish the association of blood group types with certain diseases/morbidities, the countrywide or global patterns of association have not been emphasized. It would be interesting to know whether the blood type and disease associations are a regional or ethnicity-specific phenomenon or exist in wider populations and geographies. In this context, the contour maps of the allele frequencies of blood groups could be an important step forward. These maps could be very helpful in estimating the burden of certain diseases in a particular population. Furthermore, clinal trends could also be useful in correlating the infections and various susceptibilities prevalent in populations with blood groups and alleles.

Heterozygosity and gene diversity at the *ABO* and *Rh* loci were low among the studied Arab populations. This study reported contour maps of the allelic systems at the *ABO* and *Rh* loci, which allowed a comprehensive appreciation of the distributions of alleles across the geography of the Arabian Peninsula and the Middle East. Owing to the established associations of blood group types with certain diseases and morbidities, these analyses might be very useful in estimating the burden of disease in particular regions or nations.

Conflicts of interest

The authors declare no conflict of interest.

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