

## Erratum to: Dose-Response Relationships of Balance Training in Healthy Young Adults: A Systematic Review and Meta-Analysis

Melanie Lesinski<sup>1</sup> · Tibor Hortobágyi<sup>2</sup> · Thomas Muehlbauer<sup>1</sup> · Albert Gollhofer<sup>3</sup> · Urs Granacher<sup>1</sup>

Published online: 8 February 2016  
© Springer International Publishing Switzerland 2016

**Erratum to: Sports Med (2015) 45(4):557–576**  
**DOI 10.1007/s40279-014-0284-5**

**Page 559, column 2, section 2.4, paragraph 2, lines 47–52:** The following sentence, which previously read:

Within-subject  $ES_{dw}$  ( $ES_{dw} = \pm [\text{mean pre-value} - \text{mean post-value}] / SD_{\text{pre-value}}$ ) and between-subject  $ES_{db}$  ( $ES_{db} = \pm [\text{mean post-value intervention group} - \text{mean post-value control group}] / \text{pooled variance}$ ) were computed according to Cohen [15] (where SD is standard deviation).

Should read:

Within-subject  $ES_{dw}$  ( $ES_{dw} = [\text{mean pre-value} - \text{mean post-value}] / SD_{\text{pre-value}}$ ) and between-subject  $ES_{db}$  ( $ES_{db} = [\text{mean post-value intervention group} - \text{mean post-value control group}] / \text{pooled SD}$ ) were computed according to Cohen [15] (where SD is standard deviation).

---

The online version of the original article can be found under doi:[10.1007/s40279-014-0284-5](https://doi.org/10.1007/s40279-014-0284-5).

---

✉ Urs Granacher  
urs.granacher@uni-potsdam.de

<sup>1</sup> Division of Training and Movement Sciences, University of Potsdam, Research Focus Cognition Sciences, Am Neuen Palais 10, House 12, 14469 Postdam, Germany

<sup>2</sup> Centre for Human Movement Sciences, University Medical Centre Groningen, Groningen, The Netherlands

<sup>3</sup> Institute of Sport and Sport Science, Albert-Ludwigs-University of Freiburg, Freiburg, Germany