

# Dual-Band Dual-Mode Textile Antenna/Rectenna for Simultaneous Wireless Information and Power Transfer (SWIPT)

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**Abstract**—This paper presents a textile antenna for dual-band Simultaneous Wireless Information and Power Transfer (SWIPT). The antenna operates as a 2.4 GHz off-body communications antenna and a sub-1 GHz (785-875 MHz) broad-beam rectenna. Incorporated within the broadside microstrip antenna is a high-impedance rectenna for sub-1 GHz power harvesting. Utilizing antenna-rectifier co-design, the rectenna eliminates the rectifier matching network. The textile antenna is fabricated on a felt substrate and utilizes conductive fabrics for the antenna. At 2.4 GHz, the antenna achieves a realized gain of 7.2 dBi on a body phantom and a minimum radiation efficiency of 63%, with and without the rectifier. The rectenna achieves a best-in-class RF to DC efficiency of 62% from  $0.8 \mu\text{W}/\text{cm}^2$ , representing over 25% improvement over state-of-the-art textile rectennas and demonstrating that SWIPT does not detrimentally affect the energy harvesting or communications performance. The antenna/rectenna occupies an electrically-small area of  $0.213 \times 0.19 \lambda_0^2$ . This antenna is the first dual-band, dual-mode antenna demonstrated on textiles for SWIPT applications and the first dual-band matching network-free SWIPT rectenna.

**Index Terms**—Antennas, Microstrip Antennas, Rectennas, RF Energy Harvesting, SWIPT, Wearable Antenna, Wireless Power Transfer

## I. INTRODUCTION

WIRELESS communication in Body Area Networks (BANs) enables a variety of applications in healthcare monitoring, fitness tracking and localization. Wireless Power Transmission (WPT) [1], Radio Frequency Energy Harvesting (RFEH) [2], and Simultaneous Wireless Information and Power Transfer (SWIPT) [3] are methods of enabling battery-free sustainable low-power Internet of Things (IoT) devices. In SWIPT, a single wave can be used to transmit information and power to the IoT device. SWIPT is often implemented using a single-band antenna, combined with time-based splitting or power-dividing mechanisms, to split the incident power

between rectifier and the information receiver [3]. Despite extensive research showing the performance benefits of SWIPT in networking, very limited antenna implementations have been specifically designed for simultaneous operation as communication and RFEH antennas.

A variety of antenna designs, from conventional and novel  $50 \Omega$  antennas to high-impedance antennas designed in conjunction with the rectifier have been proposed for RF-powering [4]. Textile rectennas are mostly based on off-body antennas [5]–[9], due to their improved isolation. More recently, wide-beam omnidirectional “wire-type” antennas such as monopoles were investigated for wearable applications [10]–[12]. While textile-based rectifiers have been used in [5] and [8], their Power Conversion Efficiency (PCE) has been lower than a rigid low-loss rectifier coupled to a textile patch antenna [7]. Furthermore, while a high-PCE sub- $\mu\text{W}/\text{cm}^2$  all-textile rectenna was presented in [10], its PCE plateaus below 55% for higher power densities. The reported wearable rectennas have been exclusively focused on power reception and have not considered a SWIPT scenario.

In existing SWIPT rectenna and antenna designs, the common approach is to use two antennas in the same space [13] or a dual band antenna [14]. It is common to use a lower frequency band for down-link power transmission to the wireless-powered device, and a higher frequency for up-link information transmission to the base-station. This was proposed at 2.4/0.915 GHz [15], 40/24 GHz [14], and 60/24 GHz [13]. A two-port 2.4 GHz antenna was used in [16] to enable simultaneous communications and energy harvesting. Recently, a SWIPT rectenna has been proposed in [17] based on a high-isolation hybrid coupler. However, the size of the coupler is large compared to the antenna and a rectifier matching network is required at the antenna’s input port. Furthermore, such a coupler on a lossy textile substrate would incur significant insertion losses reducing the harvested DC power.

To design a hybrid antenna/rectenna for wearable SWIPT, propagation in BANs needs to be reviewed. Antennas for body-centric communications are categorized into different modes of operation. First of all, off-body, where the wearable antenna communicates with a device or a base-station off the body [18]–[22]. Off-body antennas typically have broadside radiation patterns to minimize interaction with the body. The second mode is on-body communications, where two antennas mounted on the same user communicate across the body [23]–

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[25], these antennas typically have omnidirectional radiation patterns with vertical polarization, or end-fire radiation patterns for point-to-point applications [24]. The final mode is in-body, where the wearable antenna communicates with an implant or is used for medical imaging [26].

Multiple wearable antenna designs, based on textile and non-textile materials, such as buttons and accessories, have been proposed for off-, on- and in-body applications. A ground plane or reflector-backing is often implemented to direct the antenna's main beam away from the body for off-body applications. On the other hand, on-body/omnidirectional antennas often resemble monopoles and have omnidirectional radiation patterns [10]. As for in-body antennas, either omnidirectional radiation patterns or high gain beams directed into the body are used. For example, in [27] an off-/in-body antenna combines two patch elements, one facing off the body and the other facing into the body, with a ground plane in between. Textile-based rectennas have been developed with broadside (off-body) radiation [5], [7]–[9], as well as omnidirectional radiation with no shielding from the body [10]–[12].

To improve the versatility of the wearable antennas, making them suitable for different off-, on-, and in-body applications simultaneously, multi-mode antennas have been proposed. Multiple antennas have been developed using textile dual and multi-mode antennas [27]–[36]. This has been achieved using multi-port antennas [32], [34], single-port antennas with multiple radiating elements [27], [28] as well as antennas with multiple resonant modes for multi-band and multi-mode operation with reconfigurable elements [37].

Nevertheless, all the reported wearable antennas were developed solely for communications or energy harvesting, and require a separate impedance matching network. In addition, the dual-radiation modes generated from the antennas are from standard  $50\ \Omega$  ports, even in the case of dual-port antennas [34]. Furthermore, complex impedance antennas, such as RFID antennas [38] or rectennas [4], have not been integrated in any dual-mode BANs antennas.

This paper presents the first dual-band dual-mode antenna combining a microstrip patch with a high-impedance co-designed rectenna for SWIPT applications, unlike our previous work in [39] where a single-band/mode SWIPT antenna was first demonstrated. The proposed antenna uses its broadside radiation pattern for 2.4 GHz off-body communications and an omnidirectional radiation pattern for power reception in the sub-1 GHz Industrial Scientific Medical (ISM)-band. By choosing a lower ISM-band for power transmission, the higher path-loss can be avoided. Moreover, integrating a sub-1 GHz rectenna within a 2.4 GHz microstrip patch overcomes the size limitation of a standalone sub-1 GHz WPT antenna. At 2.4 GHz, the antenna achieves a minimum measured radiation efficiency of 63%, with and without the rectifier connected, and a gain of 7.2 dBi. The sub-1 GHz rectenna is electrically very compact ( $0.03\lambda^2$ ) with over 25% peak-PCE-improvement over state-of-the-art (SoA) textile rectennas for sub- $\mu\text{W}/\text{cm}^2$  RFEH. The textile implementation of the antenna, the high radiation efficiency and gain at 2.4 GHz, and the high energy harvesting efficiency and sensitivity show that a single antenna could be used to simultaneously power a

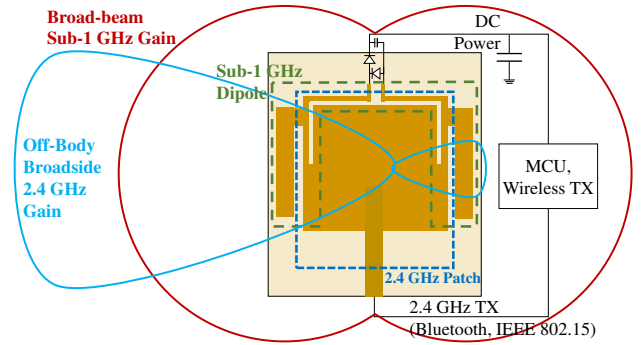


Fig. 1. The architecture of the proposed SWIPT antenna for sub-1 GHz WPT and 2.4 GHz communications, with broadside and omnidirectional radiation patterns for the communication antenna and the rectenna, respectively.

sensor node while transmitting and receiving information from an off-body source.

## II. SWIPT ANTENNA DESIGN AND SIMULATION

### A. Dual-Band Dual-Mode Antenna

The antenna design process is divided into two parts: the design of a  $50\ \Omega$  2.4 GHz antenna with broadside off-body radiation patterns, and the design of a broad-beam sub-1 GHz rectenna, due to the improved harvesting probability an omnidirectional antenna in sub-1 GHz bands [40]. Furthermore, sub-1 GHz rectifiers typically achieve a higher PCE [1]. For SWIPT to be efficient, the mutual coupling between the rectenna and the communication antenna needs to be minimized. To illustrate, high mutual coupling would result in the 2.4 GHz transmitted power leaking to the rectifier, reducing the communication's range. Moreover, the rectenna's DC output may degrade if the sub-1 GHz incident power is absorbed by the 2.4 GHz transceiver instead of the rectifier.

Fig. 1 shows the application of the proposed antenna at a system level. The same dual-port fully-textile antenna can be utilized as a rectenna, without a matching network, to power wearable a microcontroller unit (MCU), sensors and a transceiver. The same antenna can then be used by the wireless transceiver to communicate with an off-body base-station. The scope of this work covers the antenna and rectenna design as opposed to the complete system implementation.

### B. Antenna/Rectenna Stepped Design and Simulations

The first step in designing the antenna is the design of a standard 2.4 GHz patch with a microstrip feed. The first iteration of the patch is based on the standard geometry to resonate at 2.4 GHz. A proximity-coupled microstrip feed is selected due to the high thickness of the felt fabric ( $h=3.2\ \text{mm}$ ) which will result in a probe-feed having high inductance [7]. The felt fabric falls within the  $h > 0.03\lambda$  margin to achieve high radiation efficiency [41]. Furthermore, felt has a relatively low dissipation factor ( $\tan\delta=0.02$ ) compared to other woven textiles due to the larger air gaps in its composition [10]. The antenna was simulated in CST Microwave Studio to tune the length of the inset microstrip feed. Fig. 2 shows the design steps of the antenna, with step 1 being a common geometry

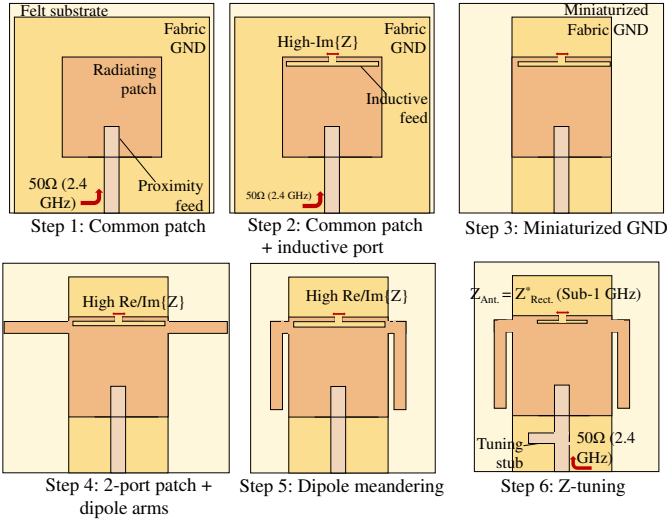


Fig. 2. Design steps of the proposed dual-band SWIPT antenna.

patch with the proximity-coupled feed, whose performance parameters are quote in Table I.

Step 2 is to introduce a second port for connecting the rectifier. While port-2 could be directly connected to a microstrip line and a rectifier impedance matching network, antenna-rectifier co-design could be utilized to improve the impedance matching and subsequently the PCE [39]. For a single-series rectifier, the input impedance can be calculated analytically using

$$Z_{\text{diode}} = \frac{V_F}{I_{\text{dc}}} = \frac{V_0 \sin \omega t - 0.5V_{\text{DC}}}{I_S \left[ B_0 \left( \frac{V_0}{mV_T} \right) \exp \left( \frac{-0.5V_{\text{DC}}}{mV_T} \right) - 1 \right]}, \quad (1)$$

where  $V_F$  and  $V_T$  are the diode's forward voltage drop and the thermal voltage,  $I_S$  is the diode's saturation current,  $\omega$  is the angular frequency,  $m$  is the diode's ideality factor and  $B_0$  denotes the DC harmonic of the Bessel function describing the diode's current [42]. A high-accuracy estimate of the rectifier input impedance can be estimated for the low power region using Harmonic Balance (HB) simulation [43]. In [42], it was shown that for varying RF power levels and frequencies, the rectifier maintains a predominantly capacitive imaginary impedance.

As a result, an inductive feed is required, so a 1 mm-wide slot is added at 1 mm from the top of the patch to introduce an inductive matching loop. The clearance of the slot form the top of the patch has been minimized to keep the antenna's foot-print small, and not to increase the resonant frequency of the 2.4 GHz patch. A balanced port was used to simulate the antenna's input impedance looking into the inductive loop. The simulated input impedance at port-2 shows a high complex impedance as shown in Table I.

Due to the size of the patch and the ground backing, almost all the accepted power at 868 MHz at port-2 will dissipate in the dielectric substrate resulting in the very low radiation efficiency in step 2. To explain, the simulated dielectric losses in step 2 were over 95% of the accepted power. Therefore, the ground plane is miniaturized as in step 3 in Fig. 2. This reduces the capacitance of the loop and allows a reduced input

TABLE I  
SUMMARY OF THE ANTENNA'S PARAMETERS FOR EACH DESIGN STAGE.

	2.4 GHz $S_{11}$	2.4 GHz $\eta_{\text{Rad.}}$	868 MHz $Z (\Omega)$	868 MHz $\eta_{\text{Rad.}}$ (%)
Step 1: common patch	< -20 dB	69%	single-port	single-port
Step 2: Port-2 added + loop	-1.7 dB	58%	1.4+j183	<0.01%
Step 3: GND miniaturization	-0.2 dB	54%	0.92+j182	10.1%
Step 4: dipole arms added	-3.6 dB	72%	11+j307	82%
Step 5: dipole meandering	-3.9 dB	71%	5+j337	43%
Step 6: patch stub matching	-19 dB	71%	16+j396	53%

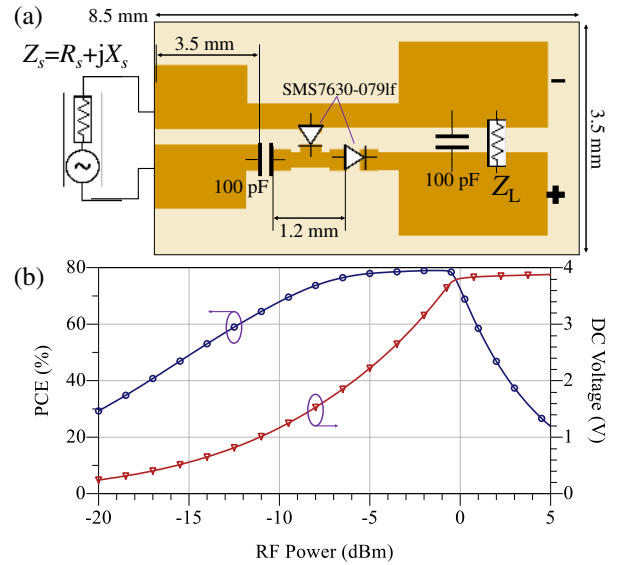


Fig. 3. The proposed voltage doubler rectifier: (a) layout and dimensions; (b) simulated DC voltage and PCE for a 20 k $\Omega$  load.

impedance. As a result, the radiation efficiency is significantly improved as in Table I.

The designed voltage doubler, shown in Fig. 3-a. achieves the maximum PCE between -20 and -10 dBm with a source of  $Z_S=30+j330 \Omega$  impedance, at 868 MHz, obtained from the source/load optimization, where it was previously shown that optimizing the source and load impedance can achieve best-in-class PCEs at low power levels [44]. By designing the antenna to achieve an input impedance  $Z_{\text{Antenna}}=Z_S^*$ , the standalone impedance matching stage can be eliminated [4], [44], [45]. Fig. 3-b shows the HB-simulated PCE of the rectifier at 868 MHz, for a 20 k $\Omega$  load. The diode has been modeled using its datasheet junction and packaging parameters previously used in [10] where a close agreement between the simulated and measured results was observed.

From the rectifier's optimum source impedance of  $30+j330 \Omega$  Hence, the antenna's  $\Re\{Z\}$  is too low to achieve a good impedance match. Furthermore, the low  $\Re\{Z_{in}\}$  implies a very low radiation efficiency due to the low radiation resistance. To improve  $\Re\{Z_{in}\}$ , half-wavelength dipole arms

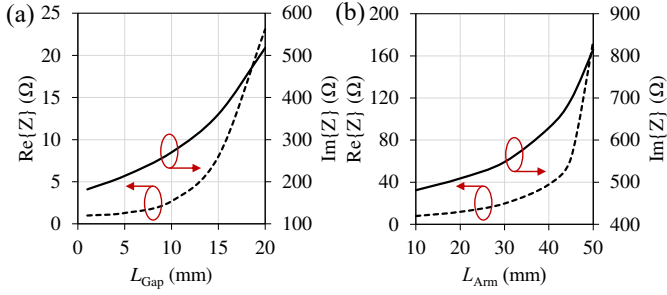


Fig. 4. Tuning the rectenna's (port-2) real (dashed) and imaginary (solid) impedance using (a) the gap, and (b) arm length.

are added in step 4 to prolong the current path bringing the input impedance at port-2 closer to the input impedance of a standard half-wave dipole. Given that the horizontal dipole arms are not backed by the ground plane, the antenna fed at port-2 should radiate through its dipole arm with high radiation efficiency. The length of the arms  $L_{\text{Arm}}$  can then be used to fine tune  $\Re\{Z\}$ . As in Table I, the added dipole arms significantly improve the radiation efficiency of the antenna.

While the dipole arms added bring the input impedance of port-2 to values within the range of a rectifier's input impedance, the arm's width is very long occupying additional space. The dipole arms could be redirected to make the antenna more compact without adversely reducing the radiation efficiency. In step 5, the dipole arms are folded to extend along the patch's length ( $E$ -plane), reducing the width of the whole dual-band antenna from 120 mm to 75 mm.

The final step is to tune the exact gap and dipole arms' length to match the impedance of the rectifier. The parametric tuning of  $Z$  is shown in Fig. 4. It is observed that  $L_{\text{Gap}}$  predominantly controls  $\Im\{Z\}$  (the inductance), while  $L_{\text{Arm}}$  controls the resonant frequency and therefore affects  $\Re\{Z\}$ . Fig. 6 shows the dimensions of the proposed antenna, and the tuning parameters. The parameters included on the final antenna prototype are  $L_{\text{Arm}}=48$  mm and  $L_{\text{Gap}}=10$  mm. In simulation, it was found that for  $L_{\text{Gap}} > 10$  mm and  $L_{\text{Arm}} > 40$  mm, the antenna maintains at least 50% radiation efficiency above 868 MHz. The simulated input impedance at the tunable- $Z$  port-2 is shown in Fig. 5, showing the ability to tune the matching network-free rectenna by shifting the resonance frequency according to the required rectifier's  $Z$ .

As the antenna's geometry has been modified to match port-2 to the rectifier, the impedance matching of the patch is altered around 2.4 GHz. Therefore, additional tuning is required to restore resonance around 2.4 GHz and match the patch to a  $50\Omega$  input. At 2.5 GHz, the antenna's impedance is  $80\Omega$ , showing that it can be tuned using a real-impedance transformer. A shunt capacitive microstrip open stub is introduced on the feedline, as shown in step 6 in Fig. 2, to match the patch to  $50\Omega$ . The length of the stub can be varied to tune port-1 to  $50\Omega$  at 2.4 GHz after the impedance of port-2 is tuned to match a rectifier by varying  $L_{\text{Arm}}$  and  $L_{\text{Gap}}$ . The tuned patch achieves a  $S_{11} < -19$  dB at 2.4 GHz. The  $>30$  dB simulated and measured port isolation shows that the antenna can be used for simultaneously receiving power

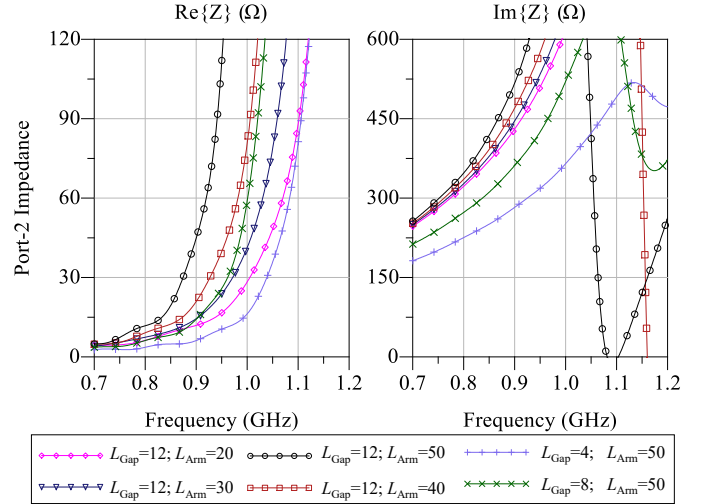


Fig. 5. Simulated input impedance of the antenna's rectifier port for different tuning parameters (dimensions in mm).

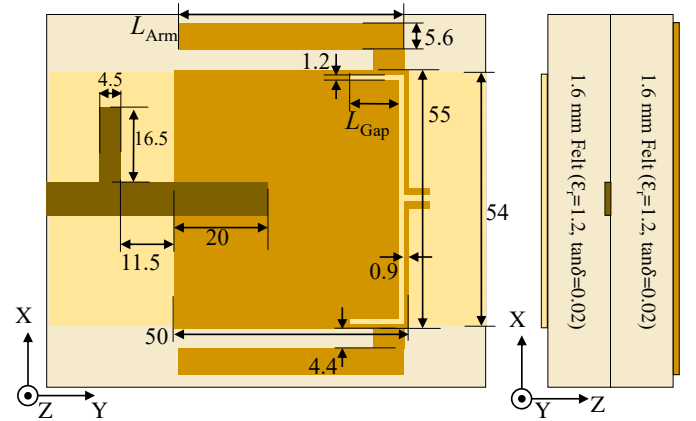


Fig. 6. Layout and dimensions (in mm) of the proposed SWIPT antenna.

below 1 GHz while the transceiver is active at 2.4 GHz with minimal interaction. Finally, the antenna was simulated on an Austinman model [46], showing a low Specific Absorption Rate (SAR) complying with the IEEE C95.1 regulations, for the 10 gm normalization weight. The 1.94 SAR, for 1 gm tissue-normalization, can be reduced to sub-1.5 levels, by reducing the power input to the communications power by 1 dB; it is expected that a 2.4 GHz wearable Bluetooth or IEEE 802.15 transceiver would transmit at a power level under 20 dBm due to their low-power nature.

### III. ANTENNA FABRICATION AND MEASUREMENTS

#### A. Antenna Fabrication

The antenna was fabricated using adhesive-backed conductive fabric (P&P MF copper and nylon weave) with a 0.12 mm measured thickness, patterned using laser cutting to create the antenna traces. The cutter used is the Epilog Mini 24 laser cutter with a 60 W CO<sub>2</sub> laser, offering a 1200 dpi resolution; lower cost/resolution cutters can also be used as the antenna's dimensions are  $>1$  mm. The sheet resistance of the conductive fabric was measured to be under  $50$  m $\Omega$ /square, and to not



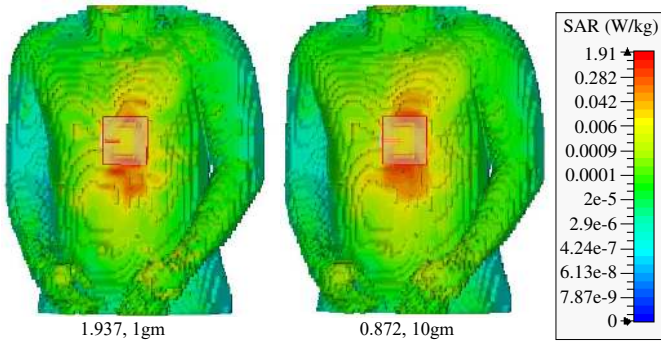


Fig. 7. Simulated SAR of the antenna at 2.4 GHz showing the peak SAR, from 0.5 W, when normalized to 1 and 10 gm tissue mass.

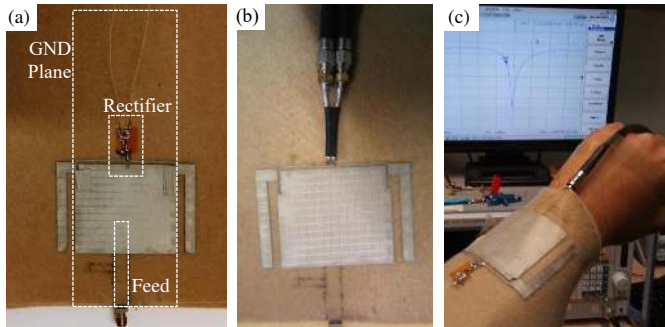


Fig. 8. Photographs of the textile SWIPT antenna: (a) the assembled prototype; (b) differential dipole impedance measurement; (c)  $S_{11}$  measurement on-wrist.

change after hand-washing and drying. Compared to polyimide copper laminates [9], conductive fabric is more user-friendly due to its breathability. Moreover, it does not require curing at a high temperature or is limited to certain substrates such as screen printing of conductive ink [7], in addition to achieving significantly higher conductivity than the ink in [47], with over  $1 \Omega/\text{square}$  sheet resistance.

The rectifier was fabricated on a compact  $25 \mu\text{m}$ -thick flexible polyimide substrate using photolithography, adhered to the textile using a 3M SprayMount repositionable adhesive, previously used in [10] and [7], resulting in an adhesive layer of approximately  $10 \mu\text{m}$  between the rectifier and the felt; the same adhesive was used for bonding the two felt layers shown in Fig. 6. It was previously shown that a rectifier fabricated using this technique can withstand over 250 bending cycles without notable degradation in its DC output, when encapsulated using a simple adhesive Kapton tape [10]. In addition, when encapsulated using vacuum-formed Kapton, textile-integrated RF circuits fabricated using this technique withstand over 30 machine washing cycles [48]. Fig. 8-a shows the assembled antenna/rectenna prototype.

### B. Antenna Input Impedance Measurements

The reflection coefficient ( $S_{11}$ ) at port-1 has been measured using a Rohde and Schwarz ZVB4 Vector Network Analyser (VNA) using a standard TOSM calibration. The measurements have been performed with an open circuit at port-2, as well as port-2 with the rectifier and DC load in place. Fig. 9 shows the

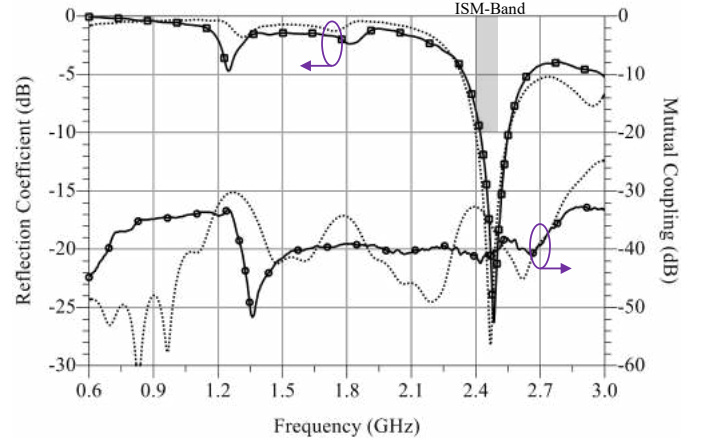


Fig. 9. Simulated (dashed) and measured (solid) s-parameters of the proposed textile antenna showing the  $S_{11}$  at the 2.4 GHz communications port.

measured reflection coefficient of the antenna with 130 MHz  $S_{11} < -10$  dB bandwidth covering the 2.4 GHz ISM-band in both simulation and measurements. The simulated result in Fig. 9 was obtained on the Austinman phantom [46].

The mutual coupling between the communication and the rectifier ports was measured using an SMA connector mounted in place of the rectifier. In Fig. 9, the simulated and measured mutual coupling is below  $-30$  dB, showing minimal interference in SWIPT. For instance, less than 30 dB of the transmitted power at 2.4 GHz dissipate in the rectifier, showing that the simultaneous energy harvesting in sub-1 GHz will not reduce the radiated power.

The characterization of the rectifier's port is summarized in three steps: (a) measuring the differential input impedance; (b) measuring the mutual-coupling between the ports using a two-port VNA; (c) measuring the DC power leaking into the rectifier during active transmission on port-1.

To measure the input impedance at port-2, a two-port coaxial jig has been used to measure the differential impedance [49], as shown in Fig. 8-b. The simulated and measured input impedance at port-2 are shown in Fig. 10, demonstrating a close agreement between the simulation and measurements of  $\Im\{Z\}$  below 1 GHz (the target frequency band of the rectenna). A higher discrepancy is observed in  $\Re\{Z\}$  due to additional resistive losses and due to inaccuracies in measuring the radiation resistance using balanced feeds. The impedance measurements of port-2 have been performed with port-1 terminated using a  $50 \Omega$  SMA termination, to mimic the effects of an active impedance-matched transceiver IC.

The antenna, under flat and bent conditions, has been measured in human proximity as shown in Fig. 8-c. Fig. 11 shows the reflection coefficient and impedance of the antenna while bent around the arm on the XZ axis ( $H$ -plane) and YZ axis ( $E$ -plane), and when positioned on a user's chest (the measurements were performed in accordance with the University of Southampton's ethical committee approval, submission 54082, approved 05/02/2020). The antenna was then positioned on a user's wrist as shown in Fig. 8-c, resulting in a bending radius  $\approx 3$  cm. For all configurations, it is observed that the input bandwidth, at port-1, is mostly unaffected. This

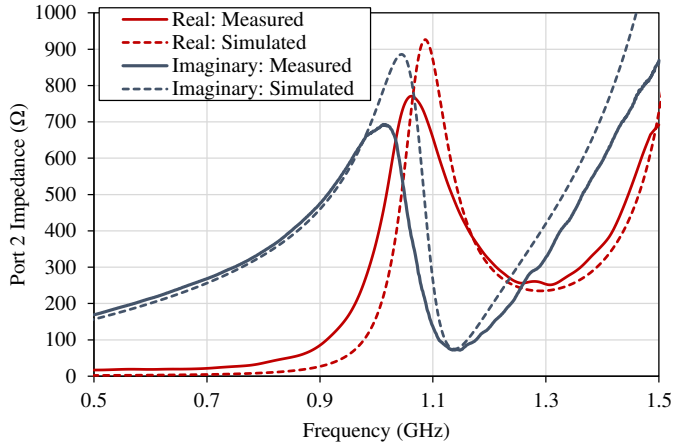


Fig. 10. Simulated (dashed) and measured (solid) input impedance at port-2.

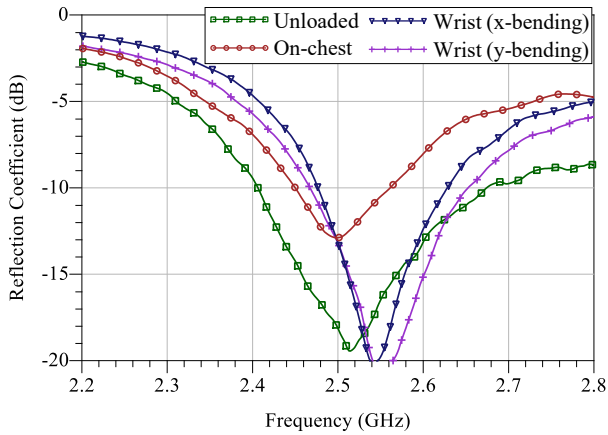


Fig. 11. Measured reflection coefficient of the antenna for different body parts.

demonstrates that the miniaturized ground plane-backing does not have a detrimental effect of the wearable performance of the 2.4 GHz patch.

To further investigate the port coupling, the DC output of the rectifier was measured while injecting power into port-1, to mimic active wireless transmission. The measurements were performed at 830 MHz (the rectenna's peak resonance), and 2.4 GHz (the resonance of port-1). For 10 dBm of power going into port-1, the DC voltage across an open load was below 510 and 550 mV, respectively. Based on the rectifier's simulation, this corresponds to less than  $-15$  dBm of power being accepted by the rectifier. Therefore, the large-signal port isolation between the information transmission port (port-1) and the rectenna (port-2) is over 25 dB, further verifying the high isolation between the communications and RFEH ports observed in Fig. 9.

### C. Antenna Radiation Properties Measurements

The antenna's 3D polarimetric radiation patterns were measured on a body shadowing phantom in an anechoic chamber. The total efficiency  $\eta_{\text{Tot}}$  of the antenna (inclusive of mismatch) was calculated with respect to a reference monopole based on the total radiated power as in [50]. Fig. 12 shows

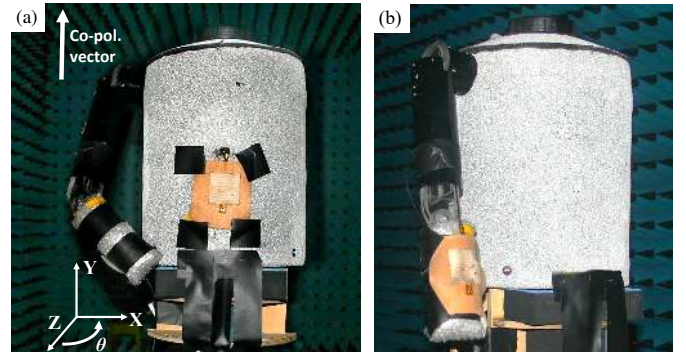


Fig. 12. Photographs of the measurement setup of the antenna showing the positioning on a body phantom in an anechoic chamber: (a) on-body setup; (b) on-arm setup.

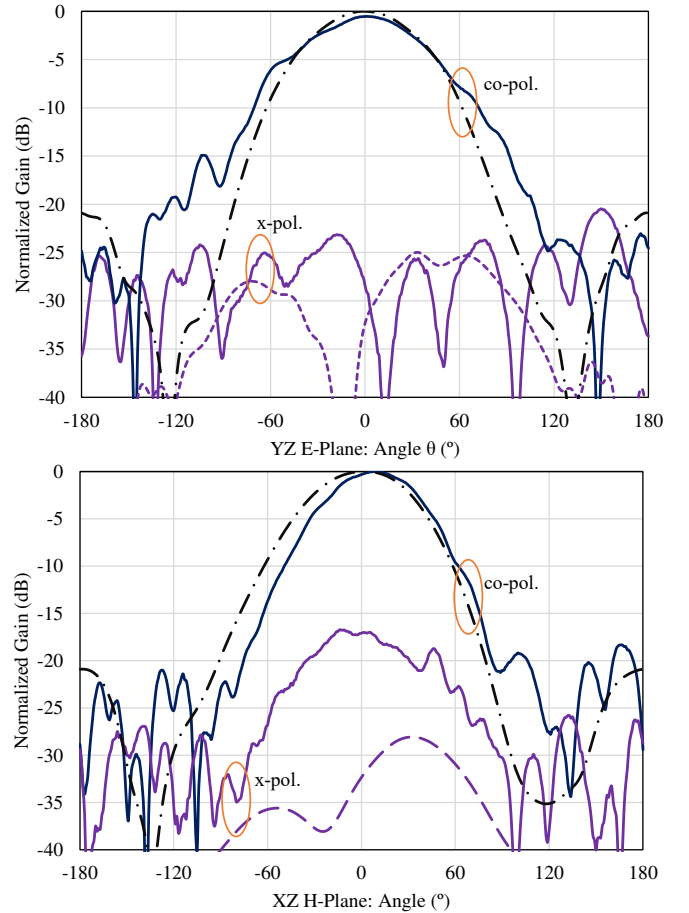


Fig. 13. Simulated (dashed) and measured (solid) patterns (normalized to  $D=9.2$  dBi) of the proposed SWIPT antenna, with a connected rectifier, at 2.4 GHz, on a phantom body (Fig. 12-a).

the antenna measurement setup on the phantom's body. The antenna's  $\eta_{\text{Tot}}$  at 2.4 GHz is 66% and 63%, before and after the rectifier is connected, respectively. The 0.2 dB difference between the measured gain, with and without the rectifier, highlights the minimal interaction between the rectifier and the 2.4 GHz antenna. Fig. 13 shows the normalized gain patterns on the YZ and XZ broadside  $E$ - and  $H$ -planes. The directivity  $D$  of the antenna is 9.2 and 9.3 dBi, with and without the

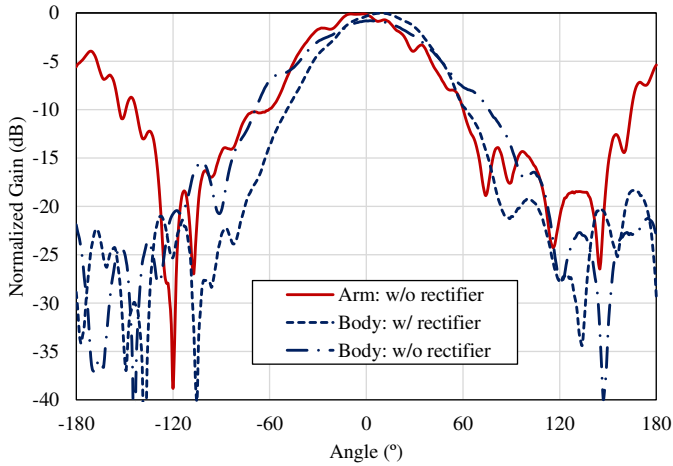


Fig. 14. Measured co-polarized normalized  $E$ -plane patterns of the antenna with (w/) and without (w/o) the rectifier on the phantom's body (Fig. 12-a) and arm (Fig. 12-b).

rectifier, respectively. This confirms that the rectifier does not affect the antenna's radiation properties. From the measured efficiency and directivity, the measured realized gain of the antenna is 7.2 and 7.5 dBi, with and without the rectifier, respectively.

From the measured patterns, it can be observed that the antenna is predominantly vertically-polarized, with 25 dB measured co-/cross-polarization isolation on the  $E$ -plane. On the  $H$ -plane, despite an increase in the cross polarization over the simulated values, the antenna still maintains over 15 dB polarization purity in the main broadside beam. However, this increase in the cross-polarized component has previously been reported for textile antennas measured on a body phantom [7], [35], and is not regarded as a disadvantage in off-body wearable communications [35].

The antenna's co-polarized patterns were measured on the phantom's arm as well as body, to show the additional off-body diffraction and shadowing effects. Fig. 12-b shows the on-arm test setup of the antenna. In addition, the antenna's patterns were measured for two prototypes, with and without the energy harvesting rectifier, to demonstrate that the rectifier does not affect the 2.4 GHz antenna's patterns. Fig. 14 shows the measured  $E$ -plane co-polarized radiation patterns with and without the rectifier, as well as on-arm/body.

From Fig. 14, it can be confirmed that the inclusion of the rectifier not only has a minimal influence on the radiation efficiency, but also does not affect the main beam of the antenna. When the antenna is placed on-arm, additional diffraction and off-body reflection is expected, which results in an increase in the patterns behind the antenna. This however, does not affect the main beam significantly, and implies improved angular coverage behind the user when the patch is used on-arm. Multiple on-wrist positions and angular alignments can vary the off-body radiation pattern [50].

#### IV. RECTENNA MEASUREMENTS

To characterize the performance of the proposed rectenna, a wireless power source is used. As the rectenna's input

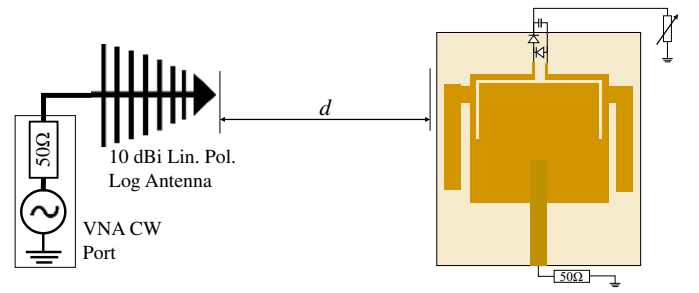


Fig. 15. Measurement setup of the rectenna using an incident plane wave.

impedance is not  $50\Omega$ , signal generators cannot be used to directly measure the rectifier's output with a coaxial feed. A 10 dBi log periodic antenna was connected to a VNA set to transmit a Continuous Wave (CW). The antenna was placed at 1.2 m from the source with the DC output connected to a variable resistive load and an oscilloscope (Agilent MSO7012B connected using a  $\times 10$  Agilent N2862A probe). The distance between the transmitter and the receiver exceeds the minimum Fraunhofer far-field of 0.89 m, for the log periodic antenna's length of 40 cm. Fig. 15 shows the test setup of the proposed antenna, the same setup from [10] and [51]. The communications port was terminated using a  $50\Omega$  SMA termination.

The power available at the rectenna was calculated using the power density  $S$  of the incident plane-wave and the antenna's effective area  $A_{\text{EFF}}$ , calculated from the simulated gain at port-2 [10]. The PCE of the rectenna is given by

$$\text{PCE} = \frac{V^2}{Z_L} \frac{1}{SA_{\text{EFF}}}, \quad (2)$$

where  $V$  is the measured DC voltage across a load  $Z_L$ .

The first step in characterizing the rectenna is performing a frequency sweep at multiple  $S$ . From the measured  $Z_{\text{Ant}}$  at port-2 (Fig. 10), the antenna is expected to match the rectifier around the 868 MHz license-free band. Furthermore, due to operating further away from resonance, the antenna's response will be more broadband due to having a flatter impedance curve with frequency. Fig. 16 shows the measured broadband DC output of the rectenna across a  $20\text{ k}\Omega$  load. A high-impedance load is used to improve the voltage sensitivity of the rectenna while performing the broadband measurements to improve the accuracy for low  $S$ .

From Fig. 16, the rectenna achieves a half-power ( $-3$  dB) fractional bandwidth of 11.5% from 780 to 875 MHz covering the 868 MHz EU license-free band. The broader bandwidth than the compact dipole in [44] is due to the more stable input impedance of the antenna shown in Fig. 10. Nevertheless, the measured PCE for  $-20$  dBm received power, calculated from the incident power density, is 37% showing that the textile implementation does not degrade the high PCE achievable through antenna-rectifier co-design. Moreover, it is observed that for the  $30\times$  dynamic range of  $S$  investigated, the rectenna's response is highly linear showing a very stable relative DC output for a wide dynamic range.

To maximize the harvested power, it is essential to identify the maximum power transfer point of the rectenna. A load



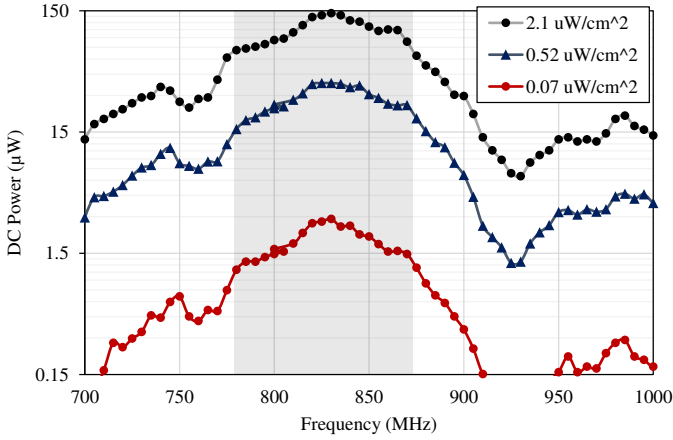


Fig. 16. Measured DC power harvested by the rectenna at varying frequencies for a 20 kΩ load; the shaded region indicates the half-power bandwidth.

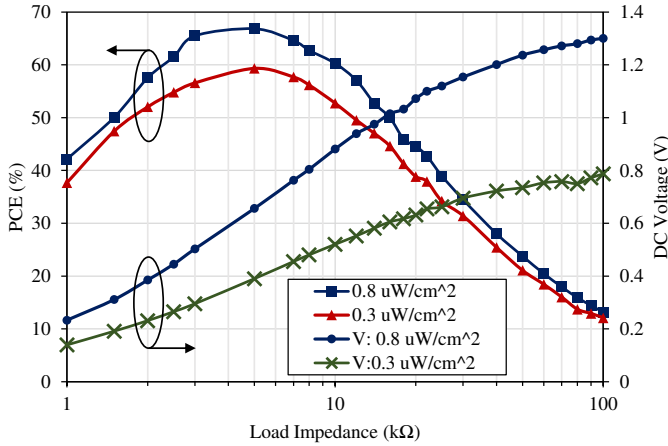


Fig. 17. Measured DC output of the rectenna, at 830 MHz, for varying resistive loads.

sweep was performed at two fixed power densities at 830 MHz. Fig. 17 shows the measured DC voltage and PCE of the rectenna at various loads from 1 to 100 kΩ. For  $S$  as low as  $0.8 \mu\text{W}/\text{cm}^2$ , the rectenna achieves a peak PCE of 67% with a 5 kΩ load, with over 0.65 V DC output. As with frequency, the optimum load of the rectenna is linear and does not vary for a lower  $S$ , showing that the proposed rectenna will maintain its maximum PCE when connected to a boost converter of a fixed input impedance, such as [7], without requiring Maximum Power Point Tracking (MPPT) capabilities.

After identifying the optimum frequency and  $Z_L$  of the rectenna, a power sweep is carried out to investigate the rectenna's performance for varying  $S$ . Fig. 18 shows the measured DC output of the rectenna for  $0.01 < S < 2 \mu\text{W}/\text{cm}^2$ . The power sweep is carried out with a high-impedance (20 kΩ) and an optimal (8 kΩ) load. This shows the rectenna's performance for use cases where a high DC voltage sensitivity or a PCE are preferred, respectively.

It is observed that in the non-linear region of the rectenna (Fig. 18-b), the PCE exceeds 40% from less than  $0.1 \mu\text{W}/\text{cm}^2$ . The peak PCE of the rectenna is reached below  $1 \mu\text{W}/\text{cm}^2$

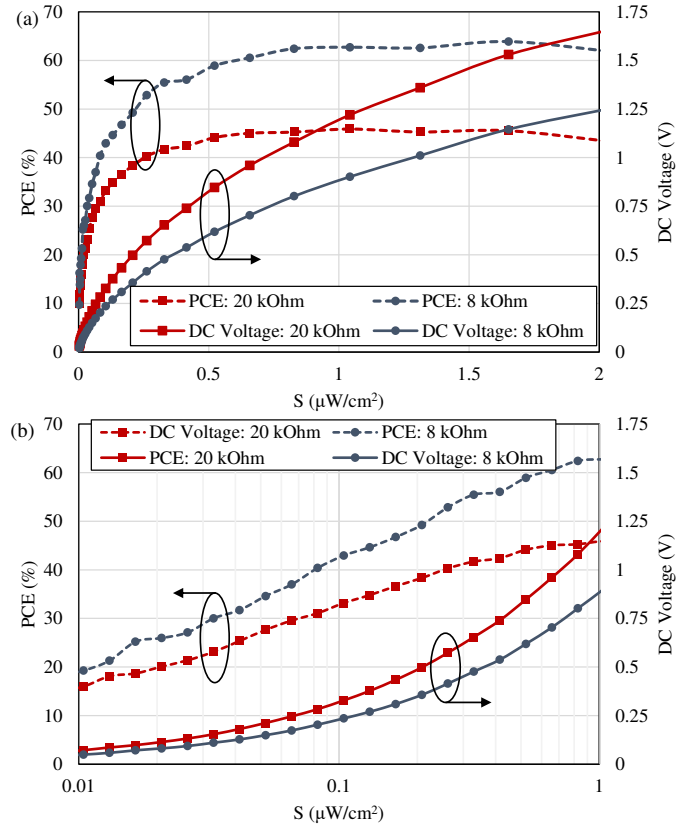


Fig. 18. Measured PCE and DC voltage output of the rectenna for a varying  $S$  at an optimal (8 kΩ) and a high impedance (20 kΩ) load for a wide  $S$  range (a) and low  $S$  (b).

showing a high sensitivity and suitability for low-power RFEH. For a 20 kΩ load (16.5 μA current draw), a typical average current draw for a duty-cycled low-power wireless sensor node [52], the rectenna produces 330 mV, the voltage required to start a commercial BQ25504 boost converter [16], [53], from  $S=0.1 \mu\text{W}/\text{cm}^2$ . This represents  $6\times$  sensitivity improvement over [53], for a non-textile rectenna requiring  $S=0.6 \mu\text{W}/\text{cm}^2$  to produce the required 330 mV. In addition, the DC power output is sufficient for various low-power computations as shown in [54], based on a commercially-available MSP430 MCU.

Table II compares the proposed antenna/rectenna to SoA wearable and textile antennas and rectennas. This paper presents the only antenna designed specifically for SWIPT. Compared to other textile rectennas, [5], [10], [11], the proposed rectenna achieves the highest peak PCE with at least  $5\times$  sensitivity improvements compared to [5], operating in the same band, by requiring a significantly lower  $S$  to reach the maximum PCE. While [7] achieves a high peak PCE, the rectifier uses a matching network implemented on a low-loss rigid substrate. While [10] achieves a better sensitivity, its peak PCE is 20% lower than this work, due to being specifically matched to a low power level using a lossy lumped inductor. Finally, considering the sub-1 GHz frequency of operation, the rectenna's electrical area is very small compared to SoA textile rectennas, owing to the meandered dipole-like radiating arms and the built-in inductive tuning loop.



TABLE II  
COMPARISON OF THE PROPOSED TEXTILE SWIPT ANTENNA WITH REPORTED TEXTILE ANTENNAS.

Study	Application	Substrate	Frequency	Comm. Gain	Rectenna Gain	Total Efficiency	Sensitivity (min. $S$ for peak PCE)	Peak PCE	Electrical size ( $\lambda_0$ )
<b>This work</b>	<b>SWIPT</b>	<b>felt, <math>\tan\delta=0.02</math></b>	<b>2.4 GHz; 830 MHz</b>	<b>7.2 dBi</b>	<b>1.7 dBi</b>	<b>63%*</b>	<b>0.8 <math>\mu\text{W}/\text{cm}^2</math></b>	<b>63.9%</b>	<b>0.213 <math>\times</math> 0.190 <math>\times</math> 0.009</b>
TAP'20 [10]	WPT	felt, $\tan\delta=0.02$	830 MHz	NA	0.6 dBi	NR	0.5 $\mu\text{W}/\text{cm}^2$	53.3%	0.330 $\times$ 0.330 $\times$ 0.00027
TAP'20 [35]	Communication	felt, $\tan\delta=0.01$	2.45 GHz	7.5 dBi	NA	83% <sup>†‡</sup>	NA	NA	0.544 $\times$ 0.544 $\times$ 0.016
TMTT'20 [11]	WPT	poly-cotton, $\tan\delta$ : NR $\approx 0.02$	2-5 GHz	NA	-20 dBi**	NR	100 $\mu\text{W}/\text{cm}^2$	32%	>1.00 $\times$ 1.00 $\times$ 0.0006
TMTT'18 [7]	WPT	felt, $\tan\delta=0.023^\diamond$	2.45 GHz	NA	6.8 dBi	66%	NR	64.6%	0.740 $\times$ 0.390 $\times$ 0.028
TAP'13 [5]	WPT	pile, jeans $\tan\delta=0.018$	830 MHz	NA	4.6 dBi	NR	3 $\mu\text{W}/\text{cm}^2$	53.3%	0.702 $\times$ 0.556 $\times$ 0.0088

NA: not applicable; NR: not reported; \*on-body efficiency; \*\*evaluated from the graphs; <sup>†</sup>unloaded efficiency; <sup>‡</sup> exclusive of mismatch; <sup>◊</sup>Antenna substrate, rectifier on low-loss Rogers substrate

Not included in the comparison table is the dual-port 5.8 GHz SWIPT rectenna in [17], due to being implemented on a low-loss rigid substrate. Nevertheless, the proposed rectenna achieves a higher peak PCE of 63.9% compared to 51.1% in [17]. In addition, this work presents over 10 dB rectenna sensitivity improvement over [17] by reaching 60% PCE from -10 dBm received power, calculated using (2), compared to approximately 32% by [17], while not requiring a stand-alone rectifier matching network.

## V. CONCLUSION

This paper presented a textile dual-band dual-mode antenna for SWIPT applications, the first multi-band microstrip antenna with a matching network-less co-designed rectenna for RFEH. This work has shown that an antenna-based solution could enable switching-free and power splitting-free SWIPT in future wireless networks.

The proposed antenna/rectenna integrates a high impedance sub-1 GHz co-designed antenna and a rectifier within an off-body proximity-fed patch with a miniaturized ground plane. The proposed antenna achieves an input bandwidth covering the 2.4-2.5 GHz ISM-band with a gain of 7.2 dBi on a human phantom and at least 63% total efficiency. The antenna maintains a measured stable impedance response and radiation patterns when used on different body parts. Owing to the rectifier's differential inductive feed, the isolation between the rectenna and the communications antenna is over 30 dB. The sub-1 GHz rectenna achieves a 63.9% PCE with 650 mV DC output from a power density below 0.8  $\mu\text{W}/\text{cm}^2$ , demonstrating its suitability for ultra-low power RFEH applications. The proposed dual-band/mode SWIPT antenna is a prime candidate for battery-less BANs due to its high antenna and rectenna efficiency and gain, stable wearable performance, and small form factor.

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