





Durable Effects of iGlarLixi Up to 52 Weeks in Type 2 Diabetes: The LixiLan-G Extension Study

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OBJECTIVE

In the LixiLan-G trial, switching to iGlarLixi, a once-daily titratable fixed-ratio combination of insulin glargine 100 units/mL and the glucagon-like peptide 1 receptor agonist (GLP-1RA) lixisenatide, improved glucose control in type 2 diabetes uncontrolled with GLP-1 RAs over 26 weeks versus continuing prior GLP-1 RA. A prespecified, 26-week, single-arm extension of LixiLan-G aimed to determine the durability of iGlarLixi efficacy and safety over 52 weeks.

RESEARCH DESIGN AND METHODS

Participants with type 2 diabetes uncontrolled by GLP-1 RAs (glycated hemoglobin $[HbA_{1c}]$ 7–9% [53–75 mmol/mol]) were initially randomized to switch to iGlarLixi or continue prior GLP-1 RA. Those randomized to iGlarLixi who completed the 26-week primary end point period could continue iGlarLixi open-label treatment over a 26-week extension to assess durability of efficacy and safety.

RESULTS

Glycemic control achieved with iGlarLixi at week 26 (mean HbA $_{1c}$ 6.7% [50 mmol/mol]) was maintained at week 52 (mean HbA $_{1c}$ 6.7% [50 mmol/mol]; mean \pm SD change from baseline at week 52: $-1.0\pm0.9\%$ [11 \pm 10 mmol/mol]). Proportions of participants reaching HbA $_{1c}$ <7% (53 mmol/mol) with iGlarLixi were similar at week 26 (62%) and 52 (64%), as were those reaching this target without documented symptomatic (<3.0 mmol/L) hypoglycemia (57% and 58%). Safety of iGlarLixi was similar at weeks 26 and 52, with low rates of documented symptomatic hypoglycemia and gastrointestinal events.

CONCLUSIONS

The efficacy and safety of iGlarLixi at the end of the 26-week randomized treatment period was maintained over the 26-week extension period in the LixiLan-G trial.

iGlarLixi is a once-daily titratable fixed-ratio combination of basal insulin glargine 100 units/mL (iGlar) and the glucagon-like peptide 1 receptor agonist (GLP-1 RA) lixisenatide (Lixi) (1,2). The LixiLan-G trial investigated the efficacy and safety of treatment intensification by switching from GLP-1 RA therapy to iGlarLixi in adults with type 2 diabetes inadequately controlled by a GLP-1 RA plus oral antihyperglycemic drugs (OADs) and was the first to test such a fixed-ratio combination versus continuing weekly GLP-1 RAs (3). This study design reflects current guideline recommendations of treatment intensification with insulin therapy for those with inadequate glycemic control while on GLP-1 RAs (4,5). In the LixiLan-G trial, iGlarLixi was well tolerated and meaningfully improved glycemic control with a glycated hemoglobin (HbA_{1c})

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reduction from 7.8 to 6.7%, allowing significantly more participants to reach target HbA_{1c} levels (<7% [53 mmol/mol]) over 26 weeks, compared with those continuing their previous GLP-1 RA regimen (62% in the iGlarLixi group vs. 26% in the GLP-1 RA group; P < 0.0001) (3).

In this study, we report the results of the prespecified, 26-week, single-arm extension of the LixiLan-G trial, which aimed to determine the durability of the efficacy and safety of iGlarLixi over 52 weeks. We also report an exploratory analysis of the efficacy of iGlarLixi over the 52-week period stratified by baseline 30-min preprandial C-peptide levels to assess durability of treatment efficacy by endogenous β-cell reserve.

RESEARCH DESIGN AND METHODS Study Design

The design of the LixiLan-G trial has been described previously (3) (Supplementary Fig. 1). Briefly, LixiLan-G was an openlabel, active-controlled, parallel-group trial in adults with type 2 diabetes and suboptimal glycemic control (HbA_{1c} ≥7% and ≤9% [53-75 mmol/mol]) despite maximum tolerated doses of a once/ twice-daily or once-weekly GLP-1 RA plus metformin (with/without pioglitazone and/or sodium-glucose cotransporter 2 inhibitor). Concomitant sulfonylurea use was not permitted. Participants were randomized to switch to iGlarLixi or continue their GLP-1 RA regimen for 26 weeks while continuing their previous OADs. The objective of the 26-week randomized treatment period was to compare the efficacy and safety of switching to iGlarLixi with continuing treatment with prior GLP-1 RA regimen in this patient population.

At the end of the 26-week randomized treatment period, participants who completed 26 weeks of iGlarLixi treatment and did not receive rescue therapy or who received rescue therapy but had an $HbA_{1c} \leq 8\%$ (64 mmol/mol) could continue to receive iGlarLixi in a prespecified 26-week, single-arm extension period. The objective of the 26-week extension period was to determine the durability of the efficacy and safety of iGlarLixi over 52 weeks.

End Points and Analyses

The prespecified end points for the 26-week extension period were the same as those assessed at the end of

the 26-week randomized treatment period. The primary end point was change in HbA_{1c} from baseline. Secondary end points included the proportion of participants achieving HbA_{1c} <7% (<53 mmol/ mol), change from baseline in fasting plasma glucose (FPG), 2-h postprandial plasma glucose (PPG), 2-h plasma glucose excursion, body weight, and iGlarLixi dose. Safety assessments included documented symptomatic hypoglycemia and adverse events (AEs), with gastrointestinal (GI) AEs being of particular interest. Additional assessments included the composite end point of the proportion of participants achieving HbA_{1c} <7% (53 mmol/ mol) without documented symptomatic (<3.0 mmol/L) hypoglycemia.

An exploratory analysis was also undertaken to determine the efficacy of iGlarLixi over the 52-week period in subgroups of participants defined by baseline (week -1) 30-min preprandial C-peptide level (quartile 1: >1.21 nmol/L; quartile 2: ≤1.21 to >0.94 nmol/L; quartile 3: ≤0.94 to >0.73 nmol/L; and quartile 4: ≤0.73 nmol/L), for participants with available data.

Statistical Methods

For the 26-week randomized treatment period, study end points were compared between the iGlarLixi and GLP-1 RA groups using least-squares means (3). For the 26-week single-arm extension period, efficacy and safety data for iGlarLixi are summarized descriptively. Efficacy analyses over the 52-week period were conducted in those in the modified intent-to-treat (mITT) population who entered the extension period. The mITT population included all participants initially randomized to iGlarLixi who had a baseline assessment and at least one postbaseline assessment for any primary or secondary efficacy end point. Safety analyses over the 52-week period were conducted in those in the safety population who entered the extension period. The safety population included all participants who were randomized to and received at least one dose of iGlarLixi.

RESULTS

Participant Disposition and Baseline Characteristics

In total, 514 participants were randomized into the 26-week treatment period of the study, 257 to each treatment group

(iGlarLixi and GLP-1 RA) (Supplementary Fig. 2). Of those randomized to receive iGlarLixi, 255 participants received treatment, and 230 completed the 26-week randomized treatment period. Of the 230 participants randomized to iGlarLixi who completed the 26-week randomized treatment period, 18 chose not to participate in the 26-week extension period and 6 were ineligible to participate due to receiving rescue therapy and having $HbA_{1c} > 8\%$ (64 mmol/mol) at week 22. Therefore, 206 participants entered the 26-week extension period, which was completed by the majority (n = 197; 95.6%). Five participants who entered the 26-week extension period had received rescue therapy during the main treatment period and had an HbA_{1c} \leq 8% (64 mmol/mol) at week 22 (Supplementary Fig. 2).

Participant baseline demographics and disease characteristics were similar between treatment groups in the 26-week randomized treatment period and in those receiving iGlarLixi in the extension period (Table 1). Approximately 60% of participants were taking once- or twice-daily GLP-1 RAs, primarily once-daily liraglutide, and \sim 40% were taking a once-weekly GLP-1 RA, primarily either dulaglutide or exenatide extended release.

Efficacy of iGlarLixi Over 52 Weeks

The reduction in ${\rm HbA_{1c}}$ from baseline at week 26 with iGlarLixi was maintained over the 26-week extension period (Fig. 1A and Table 2). Mean ${\rm HbA_{1c}}$ was 6.7% (50 mmol/mol) at week 26 in the iGlarLixi group and 6.7% (50 mmol/mol) at week 52 in participants in the extension period (mean change \pm SD from baseline at week 52: $-1.0 \pm 0.9\%$ [-11 ± 10 mmol/mol]). Reductions in ${\rm HbA_{1c}}$ from baseline to week 52 were consistent across C-peptide subgroups, as were absolute ${\rm HbA_{1c}}$ values at week 52 (Table 3).

The proportions of participants who reached ${\rm HbA_{1c}} < 7\%$ (53 mmol/mol) were similar in the iGlarLixi group at week 26 (61.9%) and in participants in the extension period at week 52 (64.1%) (Table 2). The proportion of participants in the iGlarLixi group who reached the composite end point of ${\rm HbA_{1c}} < 7\%$ (53 mmol/mol) without documented symptomatic (<3.0 mmol/L) hypoglycemia at week 26 (56.7%) was also sustained at week 52 in participants in the extension period (57.8%) (Fig. 1*B*).

| Table 1—Demographics and baseline disease characteristics at screening or baseline | | | | | | | |
|--|-----------------------------------|---------------------|---|--|--|--|--|
| | Participants randomiz treatmen | | Participants who entered 26-week extension period | | | | |
| | GLP-1 RA ($n = 257$) | iGlarLixi (n = 257) | iGlarLixi ($n = 206$) | | | | |
| Age (years) | 60.0 ± 10.3 | 59.2 ± 9.6 | 59.8 ± 9.1 | | | | |
| Female | 113 (44.0) | 131 (51.0) | 106 (51.5) | | | | |
| BMI (kg/m ²) | 33.0 ± 4.4 | 32.8 ± 4.4 | 32.9 ± 4.4 | | | | |
| Duration of diabetes (years) | 11.0 ± 6.1 | 11.2 ± 7.4 | 11.5 ± 7.7 | | | | |
| Duration of GLP-1 RA treatment (years) | 1.9 ± 1.9 | 1.9 ± 1.8 | 1.9 ± 1.8 | | | | |
| HbA _{1c} at screening | | | | | | | |
| % | 7.9 ± 0.5 | 7.9 ± 0.6 | 7.8 ± 0.5 | | | | |
| mmol/mol | 63 ± 5 | 63 ± 7 | 62 ± 5 | | | | |
| GLP-1 RA use by type at screening | | | | | | | |
| Once-daily/twice-daily formulation | 154 (59.9) | 153 (59.5) | 126 (61.2) | | | | |
| Liraglutide once daily | 145 (56.4) | 135 (52.5) | 112 (54.4) | | | | |
| Exenatide twice daily | 9 (3.5) | 18 (7.0) | 14 (6.8) | | | | |
| Once-weekly formulation | 103 (40.1) | 104 (40.5) | 80 (38.8) | | | | |
| Dulaglutide | 51 (19.8) | 54 (21.0) | 43 (20.9) | | | | |
| Exenatide ER | 48 (18.7) | 45 (17.5) | 33 (16.0) | | | | |
| Albiglutide | 4 (1.6) | 5 (1.9) | 4 (1.9) | | | | |
| Pioglitazone use at screening | 22 (8.6) | 12 (4.7) | 10 (4.9) | | | | |
| SGLT2 inhibitor use at screening | 26 (10.1) | 26 (10.1) | 19 (9.2) | | | | |

iGlarLixi was associated with reductions from baseline at week 26 in FPG (mean change \pm SD: -2.1 ± 2.3 mmol/ L), 2-h PPG ($-3.9 \pm 3.8 \text{ mmol/L}$), and 2-h plasma glucose excursion ($-1.6 \pm$ 3.2 mmol/L), which were sustained at week 52 (mean change \pm SD: -2.3 ± 2.4 mmol/L, -4.3 ± 3.9 mmol/L, and $-1.9 \pm$ 2.9 mmol/L, respectively, from baseline to week 52) (Table 2).

Data are mean \pm SD or n (%). ER, extended release; SGLT2, sodium–glucose cotransporter 2.

In the iGlarLixi group, mean body weight increased by 1.9 kg from baseline to week 26 and by a further 0.9 kg from week 26 to week 52 (2.8 kg from baseline to week 52). Body weight decreased in the GLP-1 RA group (mean change: -1.2 kg at week 26) (Table 2).

The daily dose of iGlarLixi was stable during the extension period. The mean daily dose of iGlar was 44 units at week 26 and 45 units at week 52; and the corresponding Lixi doses were 17 µg and 17 μg, respectively.

Safety of iGlarLixi Over 52 Weeks

Generally, safety results for iGlarLixi over 52 weeks were similar to those seen over 26 weeks (Supplementary Table 1). Over the entire 52-week study period, 72.8% of participants receiving iGlarLixi reported at least one AE and 10.2% reported at least one serious AE. Over the 52-week study period, the most frequently reported system organ classes

with a serious AE were neoplasms benign, malignant, and unspecified (including cysts and polyps; n = 7; 3.4%) and cardiac disorders (n = 6; 2.9%). Few of the serious AEs were experienced by more than one participant: subarachnoid hemorrhage (n = 2; 1.0%), congestive cardiac failure (n = 2; 1.0%), coronary artery disease (n = 2; 1.0%), and fall (n =2; 1.0%). Only one serious AE was considered related to the treatment (unconsciousness due to hypoglycemia). GI disorders were reported in 24.8% of participants receiving iGlarLixi, including nausea in 9.2%, diarrhea in 7.3%, and vomiting in 3.9%. All nausea, diarrhea, and vomiting AEs were of mild or moderate intensity, and none were considered serious. In participants reporting these events, most reported them during the 26-week randomized treatment period (n/N: nausea, 16/19; diarrhea, 12/15; and vomiting, 6/8). During the 26-week randomized treatment period, nausea led to the discontinuation of iGlarLixi in three participants and vomiting in one participant; no participants discontinued iGlarLixi due to nausea, diarrhea, or vomiting in the 26-week extension period.

Documented symptomatic (<3.0 mmol/ L) hypoglycemia with iGlarLixi was reported in 18.0% of participants over 52 weeks (rate 0.24 per participant-year, compared with 0.25 per participant-year over weeks 0-26) (Supplementary Table 1). A single severe symptomatic hypoglycemic event was reported over the entire study duration; this event occurred during the 26-week randomized treatment period.

CONCLUSIONS

In people with type 2 diabetes inadequately controlled despite receiving the maximum tolerated dose of GLP-1 RAs plus OADs in the LixiLan-G trial, iGlarLixi significantly improved overall glycemic control after 26 weeks, allowing more participants to reach $HbA_{1c} < 7\%$ (53) mmol/mol) and also significantly reducing FPG, 2-h PPG, and 2-h plasma glucose excursion, compared with continuing previous GLP-1 RAs (3). For participants in the iGlarLixi group who entered the 26-week single-arm extension period, iGlarLixi efficacy was sustained at week 52 with results similar to those observed at week 26. Furthermore, glucose control at week 52 was generally consistent across the subgroups defined by C-peptide levels, suggesting persistent efficacy of iGlarLixi across a wide range of residual β-cell function. This finding may seem to be unexpected given the contribution of decreasing β-cell function to type 2 diabetes progression. However, it may be likely that the combination of insulin and a GLP-1 RA exerts care.diabetesjournals.org Blonde and Associates 777

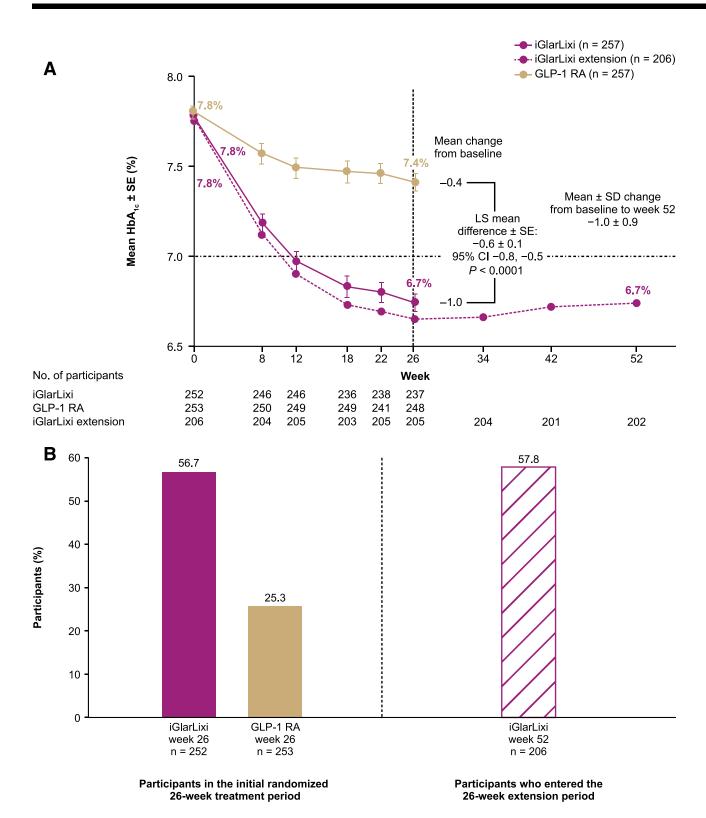


Figure 1—Glycemic target: HbA_{1c} change from baseline to week 52 (A) and proportion of participants achieving HbA_{1c} <7% (53 mmol/mol) (B) without documented symptomatic (<3.0 mmol/L) hypoglycemia. LS, least squares; No., number.

complementary mechanisms of action that can, at least to some extent, counteract the effects of progressive loss of β -cell function. These include the known effect on slowing gastric emptying and,

possibly, the inhibition of glucagon secretion (6).

The safety profile of iGlarLixi at week 52 reflected those of its components (iGlar and Lixi) as previously observed

(3,7,8) and was consistent with that seen at week 26. The rate of documented symptomatic (<3.0 mmol/L) hypoglycemia was low overall and consistent over 26 and 52 weeks. The proportion of

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| Table 2—Secondary efficacy end point | nts from ba | seline to week 26 a | and week s | 52 (mITT population | | | |
|---|---|---------------------|------------|---|------|--|--|
| | Participants in initial randomized 26-week treatment period | | | | • | Participants in the 26-week extension period | |
| | GLP- | 1 RA (n = 253) | iGla | rLixi (n = 252) | iGla | rLixi* (n = 206) | |
| Time period | n | Weeks 0–26 | n | Weeks 0–26 | n | Weeks 0–52 | |
| HbA _{1c} , % | | | | | | | |
| Baseline | 253 | 7.8 ± 0.6 | 252 | 7.8 ± 0.6 | 206 | 7.8 ± 0.6 | |
| Week 26 or 52† | 248 | 7.4 ± 0.8 | 237 | 6.7 ± 0.8 | 202 | 6.7 ± 0.8 | |
| Change Difference iGlarLixi vs. GLP-1 RA 95% CI P value | 248 | -0.4 ± 0.8 | 237 | -1.0 ± 0.9 -0.6 ± 0.1 $-0.8, -0.5$ < 0.0001 | 202 | -1.0 ± 0.9 | |
| HbA _{1c} , mmol/mol | | | | 10.0001 | | | |
| Baseline | 253 | 62 ± 7 | 252 | 62 ± 7 | 206 | 62 ± 7 | |
| Week 26 or 52† | 248 | 57 ± 9 | 237 | 50 ± 9 | 202 | 50 ± 9 | |
| Change Difference iGlarLixi vs. GLP-1 RA 95% CI P value | 248 | -4 ± 9 | 237 | -11 ± 10 -7 ± 1 $-9, -5$ < 0.0001 | 202 | -11 ± 10 | |
| HbA _{1c} <7% (53 mmol/mol) | | | | | | | |
| Week 26 or 52† Difference iGlarLixi vs. GLP-1 RA (%) 95% CI P value | 253 | 65 (25.7) | 252 | 156 (61.9) 36.1 28.1, 44.0 <0.0001 | 206 | 132 (64.1) | |
| FPG, mmol/L | | | | | | | |
| Baseline | 253 | 9.5 ± 1.9 | 252 | 9.1 ± 2.1 | 206 | 9.0 ± 2.2 | |
| Week 26 or 52† | 227 | 8.7 ± 2.0 | 228 | 6.9 ± 1.7 | 196 | 6.8 ± 1.7 | |
| Change Difference iGlarLixi vs. GLP-1 RA 95% CI P value | 227 | -0.8 ± 2.5 | 228 | -2.1 ± 2.3 -1.7 ± 0.2 $-2.0, -1.3$ < 0.0001 | 196 | -2.3 ± 2.4 | |
| FPG, mg/dL | | | | | | | |
| Baseline | 253 | 170 ± 34.8 | 252 | 163 ± 37.8 | 206 | 162 ± 38.7 | |
| Week 26 or 52† | 227 | 156 ± 36.2 | 228 | 124 ± 30.0 | 196 | 122 ± 30.6 | |
| Change Difference iGlarLixi vs. GLP-1 RA 95% CI P value | 227 | -13.5 ± 44.5 | 228 | -38.6 ± 41.8 -30.1 ± 3.0 $-36.0, -24.2$ < 0.0001 | 196 | -40.9 ± 43.5 | |
| 2-h PPG, mmol/L‡ | | | | | | | |
| Baseline | 236 | 13.8 ± 3.2 | 237 | 13.7 ± 3.4 | 193 | 13.5 ± 3.4 | |
| Week 26 or 52† | 234 | 12.6 ± 3.3 | 226 | 9.7 ± 3.1 | 201 | 9.2 ± 2.9 | |
| Change Difference iGlarLixi vs. GLP-1 RA 95% CI P value | 222 | -1.2 ± 3.7 | 215 | -3.9 ± 3.8 -2.9 ± 0.3 $-3.4, -2.3$ < 0.0001 | 192 | -4.3 ± 3.9 | |
| 2-h PPG, mg/dL‡ | | | | | | | |
| Baseline | 236 | 248 ± 58.3 | 237 | 246 ± 61.4 | 193 | 242 ± 61.4 | |
| Week 26 or 52† | 234 | 227 ± 58.8 | 226 | 174 ± 55.8 | 201 | 166 ± 52.9 | |
| Change Difference iGlarLixi vs. GLP-1 RA 95% CI P value | 222 | -21.5 ± 66.4 | 215 | -70.6 ± 68.6 -51.3 ± 5.2 -61.6, -41.1 < 0.0001 | 192 | -77.4 ± 71.0 | |
| 2-h plasma glucose excursion, mmol/L‡ | | | | | | | |
| Baseline | 236 | 4.2 ± 2.6 | 237 | 4.3 ± 2.7 | 193 | 4.3 ± 2.7 | |
| Week 26 or 52† | 232 | 3.8 ± 2.7 | 226 | 2.8 ± 2.8 | 201 | 2.5 ± 2.5 | |
| Change Difference iGlarLixi vs. GLP-1 RA 95% CI P value | 220 | −0.5 ± 2.8 | 215 | -1.6 ± 3.2 -1.0 ± 0.2 $-1.5, -0.5$ < 0.0001 | 192 | -1.9 ± 2.9 | |
| 2-h plasma glucose excursion, mg/dL‡ | | | | | | | |
| Baseline | 236 | 75.6 ± 47.2 | 237 | 78.0 ± 48.9 | 193 | 77.3 ± 48.9 | |
| Week 26 or 52† | 232 | 67.8 ± 48.5 | 226 | 50.0 ± 49.5 | 201 | 44.2 ± 45.1 | |
| Change ———————————————————————————————————— | 220 | -9.1 ± 50.6 | 215 | -28.0 ± 58.0 | 192 | -33.4 ± 52.1 | |

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| | Participants in initial randomized 26-week treatment period | | | | Participants in the 26-week extension period | |
|--|---|--|---------------------|--|--|---|
| | GLP-1 RA ($n = 253$) | | iGlarLixi (n = 252) | | iGlarLixi* (n = 206) | |
| Time period | n | Weeks 0–26 | n | Weeks 0–26 | n | Weeks 0–52 |
| Difference iGlarLixi vs. GLP-1 RA 95% CI <i>P</i> value | | | | -17.8 ± 4.4 -26.5, -9.1 < 0.0001 | | |
| Body weight, kg Baseline Week 26 or 52† Change Difference iGlarLixi vs. GLP-1 RA | 253 247 247 | 95.5 ± 16.9 94.5 ± 16.9 -1.2 ± 3.1 | 252 237 237 | 92.9 ± 16.5 94.9 ± 16.4 1.9 ± 3.9 | 206 202 202 | 92.8 ± 16.4 95.6 ± 16.5 2.8 ± 4.2 |
| 95% Cl | | | | 3.0 ± 0.3 2.4, 3.6 | | |

Data are mean \pm SD or n (%) unless otherwise stated, except between-treatment difference, which are least-squares mean \pm SE. Two-hour PPG and glucose excursion were recorded during a standardized meal test. mITT population was defined as all randomized participants with a baseline assessment and at least one postbaseline assessment for any primary or secondary efficacy variables. *Results presented for the entire 0–52-week study period for those participants who were randomized to receive iGlarLixi, completed the first 26-week randomized treatment period, and entered the single-arm extension period. †Value at week 26 for participants in the initial randomized 26-week treatment period and at week 52 for participants who entered the 26-week extension period. ‡Last observation carried forward.

participants who reached the composite end point of HbA_{1c} < 7% (53 mmol/mol) without documented symptomatic (< 3.0 mmol/L) hypoglycemia at week 26 with iGlarLixi in LixiLan-G, which was higher than in those continuing their previous GLP-1 RA regimen, was also sustained at week 52.

GLP-1 RAs are highly effective, but, depending on the study population, many individuals may not reach glycemic targets (9–12). A significant number of people with type 2 diabetes on GLP-1 RAs may need to intensify treatment by adding insulin if glycemic control is not attained or maintained (13), as recommended by current international guidelines (4,5).

Recent meta-analyses have demonstrated that the combination of GLP-1

RA and basal insulin results in robust glycemic control without increasing the risk of hypoglycemia versus insulin-based regimens in people with type 2 diabetes (14-16). Moreover, these findings have been shown to translate into the real world, with observational evidence also supporting the efficacy of this combination (13,17). The results of the LixiLan-G study are consistent with those of an observational longitudinal cohort study that demonstrated lower HbA_{1c} levels in individuals with type 2 diabetes receiving GLP-1 RA plus insulin than those receiving GLP-1 RA alone (13). Interestingly, in the cohort study, earlier intensification of GLP-1 RA treatment with insulin was associated with even greater glycemic benefit (13). Furthermore, superior glycemic control and fewer GI AEs were demonstrated with iGlarLixi versus Lixi alone in people with type 2 diabetes inadequately controlled on OADs in the multinational LixiLan-O study and in a recent clinical trial in Japan (LixiLan JP-O1) (8,18). For people with type 2 diabetes inadequately controlled on GLP-1 RA who require treatment intensification, iGlarLixi has an advantage over separate GLP-1 RA and basal insulin therapy by providing both antihyperglycemic therapies in a convenient single daily dose.

The current analysis of the 26-week extension period of the LixiLan-G study has some limitations, including the extension period's single-arm design, the additional eligibility criteria for the extension period (although very few

Table 3—Change in HbA_{1c} from baseline to week 52 in participants receiving iGlarLixi in the extension period by subgroups defined by baseline 30-min preprandial C-peptide (mITT population)

| | | Baseline 30-min preprandial C-peptide subgroup | | | | | | | | |
|------------------------------|----|--|----|--|----|---------------------------------------|----|------------------------------|--|--|
| | | Quartile 1 (>1.21 nmol/L) | | Quartile 2 (\leq 1.21 to $>$ 0.94 nmol/L) | | Quartile 3 (≤0.94 to >0.73 nmol/L) | | Quartile 4 (≤0.73 nmol/L) | | |
| | n | (n = 59) | n | (n = 61) | n | (n = 63) | n | (n = 57) | | |
| HbA _{1c} , % | | | | | | | | | | |
| Baseline | 59 | 7.8 ± 0.6 | 61 | 7.7 ± 0.6 | 63 | 7.8 ± 0.6 | 57 | 7.8 ± 0.7 | | |
| Week 52 | 41 | 6.8 ± 0.9 | 51 | 6.6 ± 0.6 | 52 | 6.8 ± 0.8 | 48 | 6.7 ± 0.7 | | |
| Change | 41 | -1.0 ± 1.1 | 51 | -1.1 ± 0.8 | 52 | -1.0 ± 0.9 | 48 | -1.1 ± 0.9 | | |
| HbA _{1c} , mmol/mol | | | | | | | | | | |
| Baseline | 59 | 62 ± 7 | 61 | 61 ± 7 | 63 | 62 ± 7 | 57 | 62 ± 8 | | |
| Week 52 | 41 | 51 ± 10 | 51 | 49 ± 7 | 52 | 51 ± 9 | 48 | 50 ± 8 | | |
| Change | 41 | -11 ± 12 | 51 | -12 ± 9 | 52 | -11 ± 10 | 48 | -12 ± 10 | | |

Data are mean \pm SD, unless otherwise stated. mITT population was defined as all randomized participants with a baseline assessment and at least one postbaseline assessment for any primary or secondary efficacy variables.

participants did not meet these criteria; n = 6), and the possibility that 1-year data may have been of insufficient duration to fully elucidate the long-term efficacy and safety of iGlarLixi in this population. In addition, the study was not designed or powered to compare efficacy outcomes across C-peptide subgroups.

In conclusion, in the LixiLan-G study, the efficacy and safety of iGlarLixi at the end of the 26-week randomized treatment period were maintained at week 52 in the prespecified 26-week extension period in people with type 2 diabetes inadequately controlled by GLP-1 RAs and OADs; and efficacy was consistent across baseline C-peptide subgroups. These data provide further evidence that in the LixiLan-G trial, iGlarLixi was an effective treatment for adults with type 2 diabetes failing to reach their glycemic target with GLP-1 RA and OADs.

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Author Contributions. All named authors meet the International Committee of Medical Journal Editors criteria for authorship for this article, had full access to all of the data in this study, and take complete responsibility for the integrity of the data and accuracy of the data analysis. All authors participated in the interpretation of the data, the writing, reviewing, and editing of the manuscript, and had final responsibility for approving the published version. L.B. is the guarantor of this work and, as such, had full access to all of the data in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

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