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Dysautonomia in Parkinson's disease: neurocardiological abnormalities

David S Goldstein

Clinical Neurocardiology Section, National Institute of Neurological Disorders and Stroke, National Institutes of Health, Bethesda, MD, USA

Abstract

Symptoms of abnormal autonomic-nervous-system function occur commonly in Parkinson's disease (PD). Orthostatic hypotension in patients with parkinsonism has been thought to be a side-effect of treatment with levodopa, a late stage in the disease progression, or, if prominent and early with respect to disordered movement, an indication of a different disease, such as multiple system atrophy. Instead, patients with PD and orthostatic hypotension have clear evidence for baroreflex failure and loss of sympathetic innervation, most noticeably in the heart. By contrast, patients with multiple system atrophy, which is difficult to distinguish clinically from PD, have intact cardiac sympathetic innervation. Post-mortem studies confirm this distinction. Because PD involves postganglionic sympathetic noradrenergic lesions, the disease seems to be not only a movement disorder with dopamine loss in the nigrostriatal system of the brain, but also a dysautonomia, with norepinephrine loss in the sympathetic nervous system of the heart.

Dysautonomias are disorders in which changes in activity of the autonomic nervous system adversely affect health.¹ Probably the most common forms of dysautonomia are secondary. The old man who suffers a heart attack while shovelling snow is a classic example: cold exposure, isometric exercise, the morning hours, upright posture, and advancing age combine to increase sympathetic neuronal outflows, which increases myocardial oxygen consumption. Ordinarily, the autonomic changes help maintain homeostasis; however, in the setting of an independent pathological state—coronary artery stenosis—the increased demand for oxygen delivered via coronary blood flow outstrips the supply, causing ischaemia and arrhythmias.

Less commonly, dysautonomias reflect a primary abnormality of autonomic systems or of regulation of those systems. Both types of primary abnormality seem to occur in Parkinson's disease (PD).

The autonomic nervous system has several components.² Langley,^{3,4} who introduced the term “autonomic nervous system” about a century ago, used it to refer to neurons in ganglia outside the brain and spinal cord that seemed to have functions independent, or autonomous,

Correspondence: Dr David S Goldstein, Building 10, room 6N252, NINDS, NIH, 10 Center Drive, MSC-1620, Bethesda, MD 20892-1620, USA. Tel +1 301 496 2103; fax +1 301 402 0180; goldsteind@ninds.nih.gov.

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of the CNS. He proposed three divisions—enteric, sympathetic, and parasympathetic. In the early 20th century, Cannon^{5,6} added an adrenal hormonal component. According to Cannon, the sympathetic nervous system and adrenal gland would act as a unit to maintain homeostasis (a word Cannon coined) in emergencies. The notion of a unitary “sympathoadrenal” system is generally accepted to this day, despite evidence for differential regulation and dysregulation of sympathetic neuronal and adrenomedullary hormonal effectors.^{7,8} Sweating, whether thermoregulatory, gustatory, or emotional, depends on the delivery of acetylcholine from sympathetic nerves.

The autonomic nervous system therefore contains at least five components—enteric, parasympathetic cholinergic, sympathetic cholinergic, sympathetic noradrenergic, and adrenomedullary hormonal. Failure of a particular component produces characteristic clinical manifestations. Parasympathetic cholinergic failure presents as constipation, dry mouth, a constant pulse rate, urinary retention, and erectile failure in men. Sympathetic cholinergic failure presents as decreased sweating. Sympathetic noradrenergic failure presents as orthostatic intolerance and orthostatic hypotension. Symptoms of autonomic failure in patients with PD include constipation, urinary incontinence, orthostatic or postprandial light-headedness, and heat or cold intolerance, and signs include decreased bowel sounds and orthostatic hypotension.⁹⁻¹⁴ Hence, in PD there seems to be failure or dysregulation of more than one component of the autonomic nervous system.

The past half decade has seen the accumulation of compelling evidence for failure or dysregulation of sympathetic noradrenergic innervation of the cardiovascular system in PD. This review is based on this evidence and on results from our ongoing studies at the National Institutes of Health.¹⁵⁻²³

Failure or dysregulation of sympathetic noradrenergic innervation is potentially important clinically, because orthostatic hypotension is a cardinal manifestation of sympathetic neurocirculatory failure. Orthostatic hypotension can cause or contribute to susceptibility to falls and other accidental trauma and is treatable. At our institution, orthostatic hypotension is defined as a fall in systolic pressure of 20 mm Hg or more and in diastolic pressure of 10 mm Hg or more between lying supine for 15 min and then standing for 5 min. Depending on the definition used and the referral pattern to the assessment centre, orthostatic hypotension occurs in 20-50% of patients with PD.^{13,24-26}

Pure autonomic failure and multiple system atrophy

Primary chronic autonomic failure has been thought to happen not only in PD but also in two other diseases (figure 1).^{27,28} Pure autonomic failure is severe neurogenic orthostatic hypotension, which is typically caused by generalised sympathetic denervation, without symptoms or signs of central neurodegeneration. In multiple system atrophy, autonomic failure occurs with evidence of central neurodegeneration, subclassified into parkinsonian, cerebellar, or mixed forms.

In pure autonomic failure, the lesion is normally postganglionic, whereas in multiple system atrophy the lesion is preganglionic. Among many findings supporting this distinction, the concentration of norepinephrine in the plasma is low in pure autonomic failure (consistent

with diffuse sympathetic denervation) but is normal in multiple system atrophy (consistent with ongoing sympathetic nerve traffic).^{20,29} Patients with pure autonomic failure have small changes in blood pressure in response to drugs that decrease or increase release of norepinephrine from sympathetic nerves; the opposite is the case in multiple system atrophy.³⁰⁻³² Studies of the pathology have shown decreased or absent tyrosine hydroxylase in epicardial nerves in pure autonomic failure but normal tyrosine hydroxylase in multiple system atrophy.³³⁻³⁵

PD with autonomic failure

How can one distinguish the parkinsonian form of multiple system atrophy from PD with autonomic failure? About the only way to do so clinically has been to monitor the response to levodopa. In PD, levodopa typically leads to rapid improvement in movement. In multiple system atrophy, however, levodopa produces little or no benefit. In practical terms, this distinction does not always suffice, because some patients with multiple system atrophy do show improvement with levodopa.

Orthostatic hypotension in patients with parkinsonism has been thought to be a side-effect of treatment with levodopa, to develop only late in the disease, or, if prominent and early with respect to disordered movement, to indicate a different disease, such as multiple system atrophy. Instead, irrespective of levodopa treatment and duration of disease, patients with PD and orthostatic hypotension clearly have impaired baroreflex-cardiovagal function and loss of sympathetic innervation diffusely in the left ventricular myocardium. These findings suggest that, in PD, orthostatic hypotension results from the disease process, not the treatment, although drugs that directly or indirectly produce vasodilation can worsen orthostatic tolerance and decrease blood pressure when the patient stands.

Baroreflex failure in PD with orthostatic hypotension

The arterial baroreflex is a well-studied neurocirculatory reflex. Distortion of stretch-sensitive cells in the walls of large arteries and the heart evokes a reflex increase in vagal outflow to the heart, which results in bradycardia, and decreased sympathetic outflow to the cardiovascular system, which results in vasodilation and decreased force of contraction of the heart. Baroreflex-cardiovagal gain is normally calculated from the relation between the interval between heart beats (interbeat interval) and systolic blood pressure after intravenous injection of a vasoconstrictor or vasodilator.³⁶⁻³⁸ For instance, in response to bolus intravenous injection of the α 1-adrenoceptor agonist phenylephrine, blood pressure increases, heart rate falls as a reflex to increased vagal outflow to the heart, and the interbeat interval increases. The extent of increase in the interbeat interval for a given increase in blood pressure provides a measure of baroreflex-cardiovagal gain. Analogously, baroreflex-sympathoneural gain can be calculated from reflex changes in sympathetic nerve traffic, plasma norepinephrine concentrations, or vascular resistance as the dependent measure.³⁸⁻⁴⁵

Few studies have assessed baroreflex function in PD. Baroreflex-cardiovagal gain decreases with normal human ageing.⁴⁶ Compared with age-matched controls, patients with PD have low baroreflex-cardiovagal gain.⁴⁷ Only recently has cardiovagal gain been examined in patients with PD stratified by the occurrence of orthostatic hypotension. Baroreflex-

cardiovascular gain can be estimated from the relation between interbeat interval and systolic blood pressure during phase II of the valsalva manoeuvre (figures 2-4).³⁷ In our series, 24 of 26 patients with PD and orthostatic hypotension have had a baroreflex-cardiovascular gain less than 2 ms/mm Hg. The mean value, less than 1 ms/mm Hg, is far below the average value of about 6 ms/mm Hg in control individuals (normal values in response to a fall in blood pressure can be less than those in response to an increase in blood pressure).²¹ By contrast, among patients with PD who do not have orthostatic hypotension, only about half have had baroreflex-cardiovascular gain less than 2 ms/mm Hg, with a mean value of 3.2 ms/mm Hg. Thus, in PD without orthostatic hypotension, baroreflex-cardiovascular gain is statistically decreased from normal, but in PD with orthostatic hypotension, baroreflex-cardiovascular gain is very low.

A particular pattern of beat-to-beat blood pressure responses to the valsalva manoeuvre can indicate deficient sympathetic cardiovascular stimulation in response to decreased cardiac filling.¹⁷ During phase II of the manoeuvre the blood pressure decreases progressively, and during phase IV the pressure does not exceed the baseline value (figure 3). In our series, 24 of 25 patients with PD and orthostatic hypotension have had both abnormalities, and all 25 have had at least one of the two. The orthostatic increment is the proportionate change in a variable between being supine and standing. Most patients with PD have nearly normal or decreased orthostatic increments in the concentration of norepinephrine in the plasma.⁴⁸⁻⁵¹ In patients with PD and orthostatic hypotension, orthostatic increments in plasma norepinephrine are low.⁵² Thus, in PD, orthostatic hypotension is associated with both baroreflex-cardiovascular and baroreflex-sympathoneural failure.

The site or sites of the central neural lesions that produce baroreflex failure in PD are largely unknown. Although cell loss or Lewy body formation is common in the locus coeruleus,⁵³⁻⁵⁸ which is the main source of norepinephrine in the brain, and norepinephrine concentrations in the cerebellum, which receives noradrenergic innervation from the locus coeruleus, are low in PD,⁵⁹ and fibres from the locus coeruleus do not descend in the neuraxis to the sympathetic preganglionic neurons. However, C1 cells of the rostral ventrolateral medulla that contain phenylethanolamine-N-methyltransferase, which catalyses conversion of norepinephrine to epinephrine, do project to sympathetic preganglionic neurons; and some patients with PD have a loss of C1 cells.⁶⁰ The nucleus of the solitary tract is the main site of termination of baroreceptor afferents. Activity of dopamine β -hydroxylase, which catalyses conversion of dopamine to norepinephrine, is if anything increased in this tract in PD.⁶¹ The dorsal motor nucleus of the vagus nerve can have cell loss or Lewy bodies in PD,^{54,55} but the main source of vagal efferents mediating reflexive bradycardia is the nucleus ambiguus, which seems not to be involved in the pathology of PD.⁶¹

Plasma norepinephrine

Concentrations of norepinephrine in antecubital venous plasma provide a way—albeit indirect—to detect sympathetic denervation in the body as a whole.⁶² Patients with PD and orthostatic hypotension have lower norepinephrine concentrations than those without orthostatic hypotension.^{21,32,48,52,63,64}

Nevertheless, patients with PD and orthostatic hypotension do not have particularly low norepinephrine concentrations compared with healthy people of similar age, and the concentrations are higher than those in patients with pure autonomic failure (figure 5). Partial loss of sympathetic fibres could lead to increased transmission in the remaining fibres, which results in increased proportionate release of norepinephrine from the reduced vesicular stores. Moreover, because denervation would produce concurrent decreases in both release and reuptake, measurement of norepinephrine concentrations might not detect a real decrease in its release.

Normally, the concentration of norepinephrine in the plasma doubles within 5 min of standing from the supine position.⁶² Most patients with PD without orthostatic hypotension have an increase of 60% or more in the concentration of norepinephrine in the plasma while standing, whereas nearly all patients with PD and orthostatic hypotension have a smaller increase, consistent with deficient baroreflex-sympathoneural function in the patients with orthostatic hypotension.

Neurocardiological “double hit” in PD with orthostatic hypotension?

In our study, 22 of 23 patients with PD and orthostatic hypotension have both supine plasma norepinephrine concentration less than 2 nmol/L and baroreflex-cardiovagal gain less than 2 ms/mm Hg, and only six of 15 patients with PD without orthostatic hypotension have both ($p=0.0002$).²¹ This combination therefore seems to characterise PD with orthostatic hypotension. Meanwhile, of ten patients with PD and either plasma norepinephrine concentration less than 2 nmol/L or baroreflex-cardiovagal gain less than 2 ms/mm Hg, but not both, only one had orthostatic hypotension.

Baroreflex-sympathoneural failure, indicated by abnormal beat-to-beat blood pressure responses in both phase II and phase IV of the valsalva manoeuvre, combined with a small (less than 60%) increase in the norepinephrine concentration while standing, has been found in 19 of 25 patients with PD and orthostatic hypotension but in only four of 28 patients with PD without orthostatic hypotension, a highly significant difference ($\chi^2=20$, $p<0.00001$).

These findings indicate that baroreflex failure, involving both cardiovagal and sympathoneural circuits (a presumably preganglionic lesion), associated with sympathetic denervation (a postganglionic lesion), produces orthostatic hypotension in PD. Baroreflex failure itself does not seem to produce orthostatic hypotension,^{65,66} neither does cardiac sympathetic denervation because patients with cardiac transplants do not have persistent orthostatic hypotension.

Organ-selective sympathetic denervation in PD

Many studies^{15,16,19,23,67-82} have shown that most patients with PD have at least partial loss of sympathetic innervation of the heart, as indicated by low myocardial concentrations of radioactivity after injection of the sympathoneural imaging agents iodine-123-metaiodobenzylguanidine and fluorine-18-labelled dopamine, or by neurochemical assessments during right heart catheterisation. Recent findings of an absence of tyrosine hydroxylase staining in epicardial autopsy samples from patients with PD confirm that

denervation does occur in the sympathetic nervous system.^{34,76} These findings suggest that, like pure autonomic failure, PD involves a postganglionic lesion, which, in turn, implies that PD is not only a disease of the CNS but also a disease of the autonomic nervous system.

About half of patients with PD without orthostatic hypotension have a loss of ¹⁸F-dopa radioactivity diffusely in the left ventricular myocardium, and most of the other patients have loss localised to the lateral or inferior walls, with relative preservation in the septum or anterior wall. Very few patients have entirely normal cardiac ¹⁸F-dopa radioactivity (figure 6).¹⁹ Moreover, the loss of ¹⁸F-dopa radioactivity progresses over time.⁷³

The extent of sympathetic-innervation loss in PD varies among organs. Normal tissue concentrations of ¹⁸F-dopa radioactivity are seen in the liver, spleen, salivary glands, and nasopharyngeal mucosa but low concentrations are seen in the thyroid gland and renal cortex.^{15,19} Studies with ¹²³I-meta-iodobenzylguanidine have shown decreased radioactivity only in the heart.^{74,78,82} Concentrations of norepinephrine in the plasma in PD with orthostatic hypotension are about the same as those in multiple system atrophy with orthostatic hypotension during supine rest and standing, and are higher than those in patients with pure autonomic failure.

There have been several reports about the status of cutaneous sympathetic innervation in PD.⁸³⁻⁸⁹ Most of these reports have relied on measurements of skin humidity or electrical conductance. These provide indices of sweat production, which depends on sympathetic cholinergic innervation. Moreover, abnormal results could reflect dysregulation of sympathetic outflow to intact terminals. The results have been variable. Patients with PD and orthostatic hypotension have intact sympathetic cholinergic innervation, as measured by the quantitative sudomotor axon reflex test, despite sympathetic neurocirculatory failure.²² A case report noted decreased cutaneous vasoconstrictor responses, assessed by laser-doppler flow analysis, in a patient with autonomic failure and uncomplicated PD.⁹⁰ The report did not distinguish dysregulation from denervation.

Why sympathetic denervation in PD is heterogeneous among body organs and why the denervation is so prominent in the heart are unknown.

Does levodopa cause orthostatic hypotension?

If levodopa were the only cause of orthostatic hypotension in PD, a higher proportion of patients with orthostatic hypotension would be on levodopa therapy than would patients without orthostatic hypotension. Recent work has failed to support this prediction.^{19,21} Patients with PD and orthostatic hypotension actually do not differ from those without orthostatic hypotension, in terms of either the frequency of levodopa treatment or the concentrations of levodopa in the plasma. Perhaps most convincingly, orthostatic hypotension can occur in patients with PD who have never taken levodopa or discontinued levodopa treatment in the remote past.

Even with carbidopa treatment, which attenuates conversion of levodopa to dopamine outside the CNS, levodopa increases concentrations of both dopamine and its deaminated metabolite dihydroxyphenylacetic acid in the plasma. Although dopamine infused at high

doses is a pressor agent, at low doses dopamine produces vasodilation, by stimulating dopamine D1 receptors on vascular smooth muscle cells and possibly by stimulating inhibitory dopamine D2 receptors and thereby decreasing norepinephrine release from sympathetic nerves.⁹¹ Dopamine also augments natriuresis and diuresis, which promotes depletion of extracellular fluid and blood volumes. Therefore, in the setting of decreased cardiovascular sympathetic innervation and baroreflex failure, vasodilation and hypovolaemia caused by the dopamine produced from levodopa might decrease the blood pressure, both during supine rest and during standing, in patients with PD. Thus, orthostatic intolerance and orthostatic hypotension may occur in patients with PD while taking levodopa or dopamine receptor agonists, not directly from effects of these drugs alone but from interactions with baroreflex and sympathoneural pathophysiological mechanisms that are part of the disease process.

Absence of postganglionic lesion in multiple system atrophy

Perhaps as remarkable as the finding that all patients with PD and orthostatic hypotension have cardiac sympathetic denervation is that all patients with multiple system atrophy, with or without orthostatic hypotension, have intact cardiac sympathetic innervation, as measured by sympathetic neuroimaging and normal or even increased rates of entry of norepinephrine, and other catecholamines into coronary sinus plasma (figure 7).^{15,16,19,69,70,74,76,77}

Validation of the differential diagnoses of PD and multiple system atrophy, based on the occurrence of cardiac sympathetic denervation in the former but not the latter, requires a standard, such as autopsy pathology, that unequivocally distinguishes these diseases. Two recent studies have provided this important evidence.^{34,76} All patients with autonomic failure, central neurodegeneration, and decreased cardiac ¹²³I-metaiodobenzylguanidine radioactivity who have been studied after death have had nigrostriatal Lewy bodies pathognomonic of PD, and absent immunoreactive tyrosine hydroxylase in the epicardium, which suggests sympathetic noradrenergic denervation. All patients with normal cardiac ¹²³I-metaiodobenzylguanidine radioactivity have had no nigrostriatal Lewy bodies, have had glial cytoplasmic inclusions (thought to be characteristic of multiple system atrophy) and normal immunoreactive tyrosine hydroxylase. According to a proposed pathophysiological classification of primary chronic autonomic failure (figure 8), PD with autonomic failure features a postganglionic, sympathetic, noradrenergic lesion, whereas the parkinsonian form of multiple system atrophy does not.

Denervation supersensitivity

Clinical and preclinical studies of chronic autonomic failure have consistently noted increased blood pressure or vasoconstrictor responses to exogenously given adrenergic-receptor agonists in PD with orthostatic hypotension.^{63,77,92} This finding probably reflects “denervation supersensitivity”, as described by Cannon.⁹³ Mechanisms of sympathetic denervation supersensitivity are not fully understood. The disorder probably results from increased presentation of adrenoceptors to the cell membrane of cardiovascular smooth muscle cells, high adrenoceptor synthesis, or changes to intracellular signalling after

receptor occupation. Cardiac sympathetic denervation supersensitivity may predispose to the development of arrhythmias.^{94,95}

Strong cardiovascular responses to adrenoceptor agonists could have other explanations, such as decreased baroreflex buffering of sympathetic outflows, which seems to characterise PD with orthostatic hypotension. Structural adaptations of vascular walls, with increases in the ratio of wall to lumen, are common in hypertension, and supine hypertension commonly seems to associate with orthostatic hypotension in patients with autonomic failure. Thus, researchers have noted augmented pressor responses to exogenously given norepinephrine, with the augmentation seen mainly, or only, in patients with PD and orthostatic hypotension. These results do not necessarily imply that PD with orthostatic hypotension features denervation supersensitivity.

Clinical implications

Neurocirculatory dysregulation in PD with orthostatic hypotension has several clinical implications. Doctors face the dilemma of trying to decrease morbidity from orthostatic hypotension, where the treatment typically worsens supine hypertension. The risks of supine hypertension in this setting are largely statistical and long-term, whereas those of orthostatic hypotension are real and immediate. Therefore, at our centre, we set a goal of a systolic blood pressure while standing of at least 100 mm Hg, in the morning, because in autonomic failure the blood pressure tends to rise throughout the day. Patients should take frequent small meals to minimise hypotension after eating. If patients plan to exercise, especially in the heat, they should drink water that contains some salt before. Immersion in a hot tub or whirlpool is out of the question. Because drugs that cause vasodilation can worsen orthostatic hypotension and evoke orthostatic presyncope, the patient must review with a knowledgeable physician all ingested substances, whether prescribed drugs, over-the-counter drugs, herbal remedies, dietary supplements, or special diets. Finally, although research on the topic is scant, the anecdotal experience at our institution so far indicates that neurosurgical treatments for the movement disorder do not improve baroreflex function, sympathetic innervation, or orthostatic hypotension in PD.

Conclusions

Loss of sympathetic nerves and subsequent failure of baroreflex can explain orthostatic hypotension in PD. Hypotension during standing or after a large meal can worsen during treatment with levodopa, dopamine-receptor agonists, or any vasodilator or diuretic agent. Cardiac sympathetic denervation characterises most patients with PD and all patients with PD and orthostatic hypotension. These findings contrast with those in multiple system atrophy.

The functional consequences of cardiac sympathetic denervation in PD are unknown. Cardiac sympathetic denervation might manifest clinically as shortness of breath during exercise and a tendency to fatigue. Whether cardiac sympathetic denervation predisposes to arrhythmias, the relation between central dopaminergic and peripheral noradrenergic

pathologies, and bases for organ-selective sympathetic denervation in PD are also all unknown.

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	PAF	MSA _P	MSA _C	MSA _M	PD-AF
Autonomic	■	■	■	■	■
Parkinsonian		■		■	■
Cerebellar, pyramidal or both			■	■	

Figure 1.

Clinical classification of primary chronic autonomic failure. Pure autonomic failure (PAF) features autonomic failure without evidence of central neurodegeneration. Multiple system atrophy (MSA) has parkinsonian, cerebellar, and mixed forms. PD with autonomic failure (PD-AF) can be difficult to distinguish clinically from the parkinsonian form of MSA.

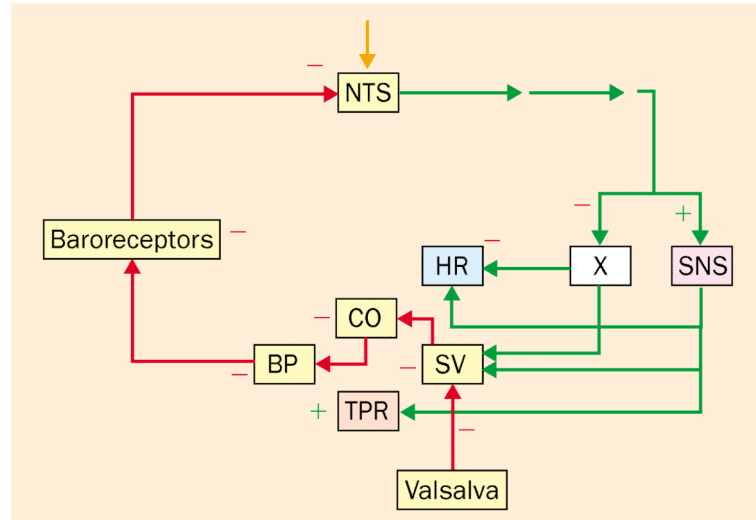


Figure 2.

Reflexive responses to the Valsalva manoeuvre. Afferents are shown in red and efferents in green. During the manoeuvre, venous return to the heart decreases, and cardiac stroke volume (SV) and output (CO) fall as does blood pressure (BP). Afferent nerve traffic to the nucleus of the solitary tract (NTS) from arterial and cardiopulmonary baroreceptors declines. Efferent activity in the vagus nerve (X) decreases reflexively, increasing heart rate (HR), and efferent activity in the sympathetic nervous system (SNS) increases reflexively, increasing total peripheral resistance (TPR). -=inhibition; +=stimulation.

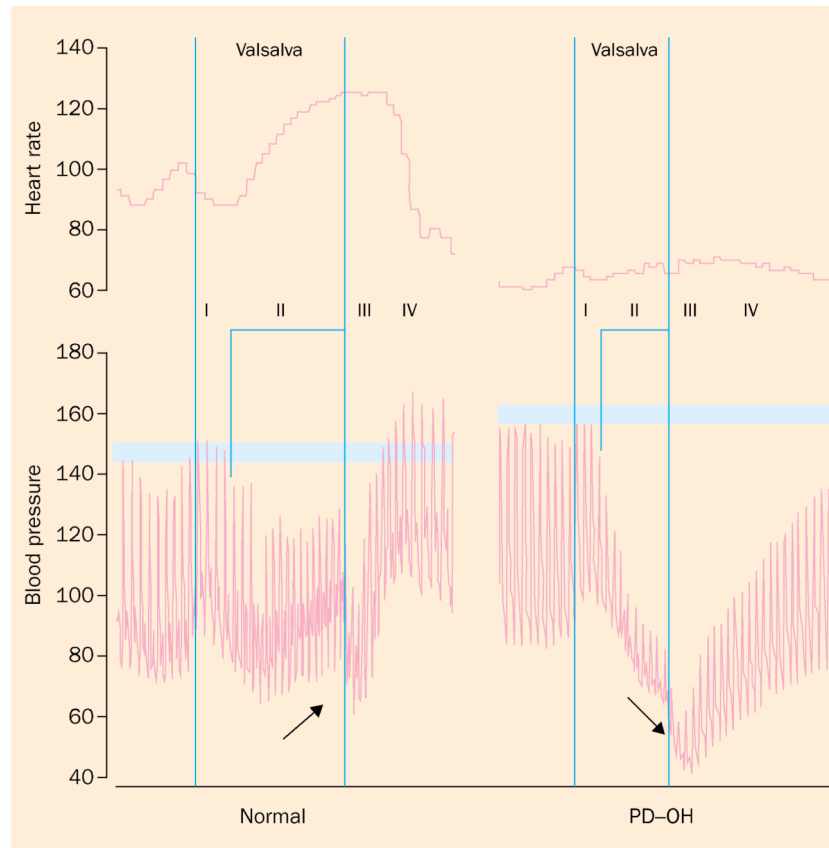


Figure 3

. Blood pressure and heart rate during the Valsalva manoeuvre. In phase II, blood pressure normally increases from its lowest, and in phase IV blood pressure overshoots baseline. In PD with orthostatic hypotension (PD-OH), blood pressure decreases progressively in phase II and fails to overshoot the baseline pressure in phase IV, which are signs of sympathetic neurocirculatory or baroreflex-sympathoneural failure. PD-OH also features baroreflex-cardiovascular failure, manifested by constant interbeat interval despite arterial hypotension.

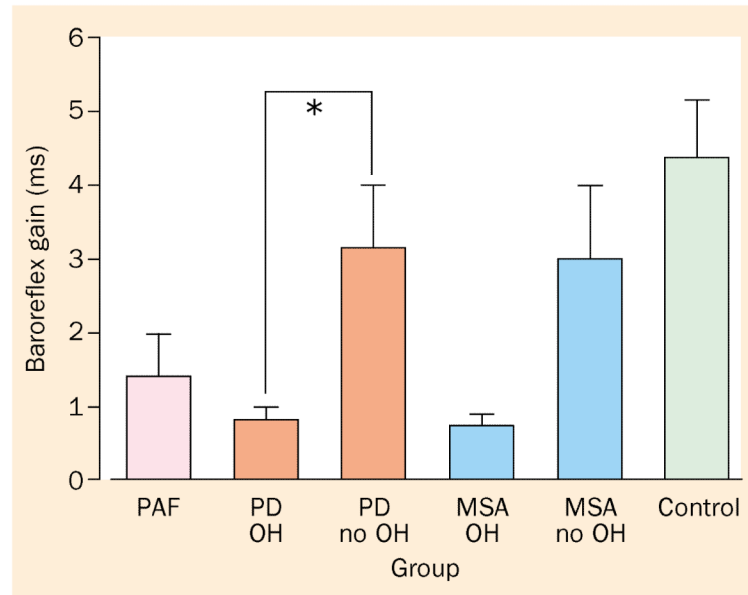


Figure 4. Baroreflex-cardiovagal gain in pure autonomic failure (PAF), PD with or without orthostatic hypotension (OH), and multiple system atrophy (MSA) with or without OH. All three forms of chronic primary autonomic failure feature extremely low baroreflex-cardiovagal gain.

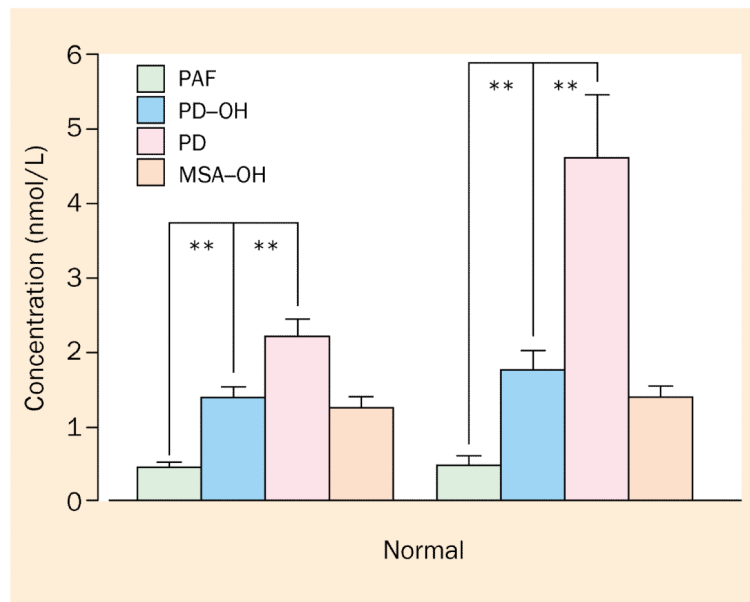


Figure 5. Concentrations of norepinephrine in the plasma during supine rest and after 5 min of standing in patients with pure autonomic failure (PAF), PD with or without orthostatic hypotension (OH), and multiple system atrophy (MSA) with OH. Note blunted orthostatic increment in plasma noradrenaline concentration in PAF, PD-OH, and MSA-OH but not in PD without OH.

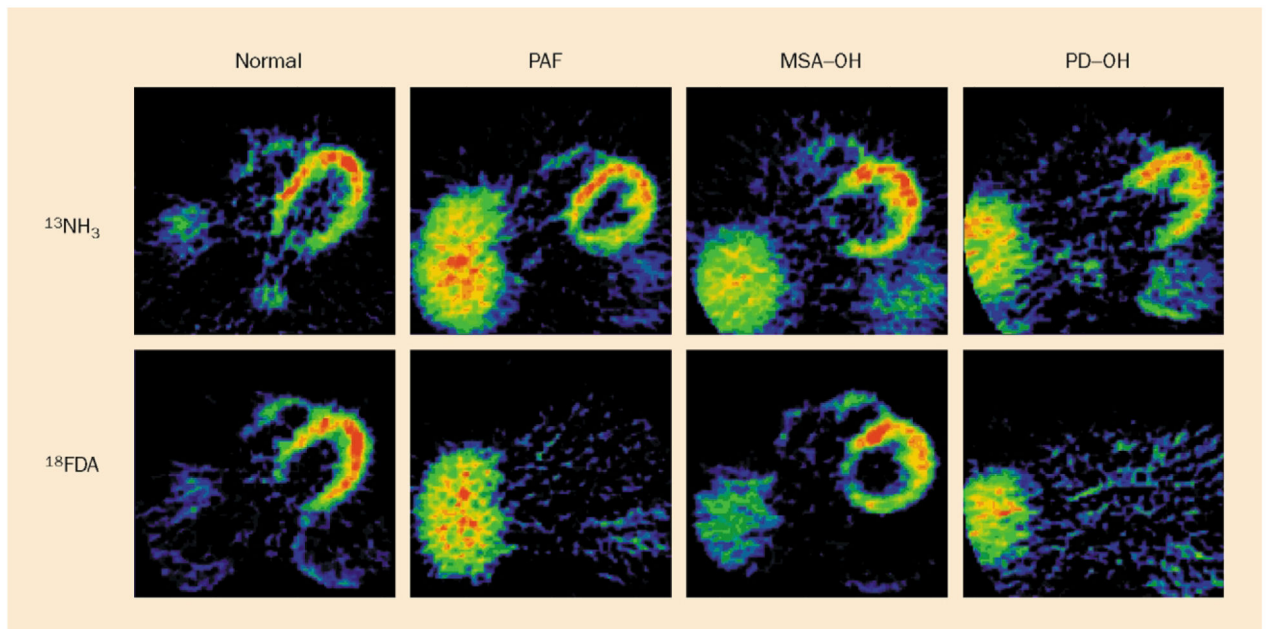


Figure 6.

Cardiac PET scans in a control subject and in patients with pure autonomic failure (PAF), multiple system atrophy with orthostatic hypotension (MSA-OH), and PD with orthostatic hypotension (PD-OH). Top: nitrogen-13-labelled ammonia ($^{13}\text{NH}_3$) perfusion scans. Bottom: ^{18}F -dopa (^{18}FDA) sympathoneural scans in each patient. Note absence of cardiac ^{18}F -dopa imaging in PAF and PD-OH and normal radioactivity in MSA-OH.

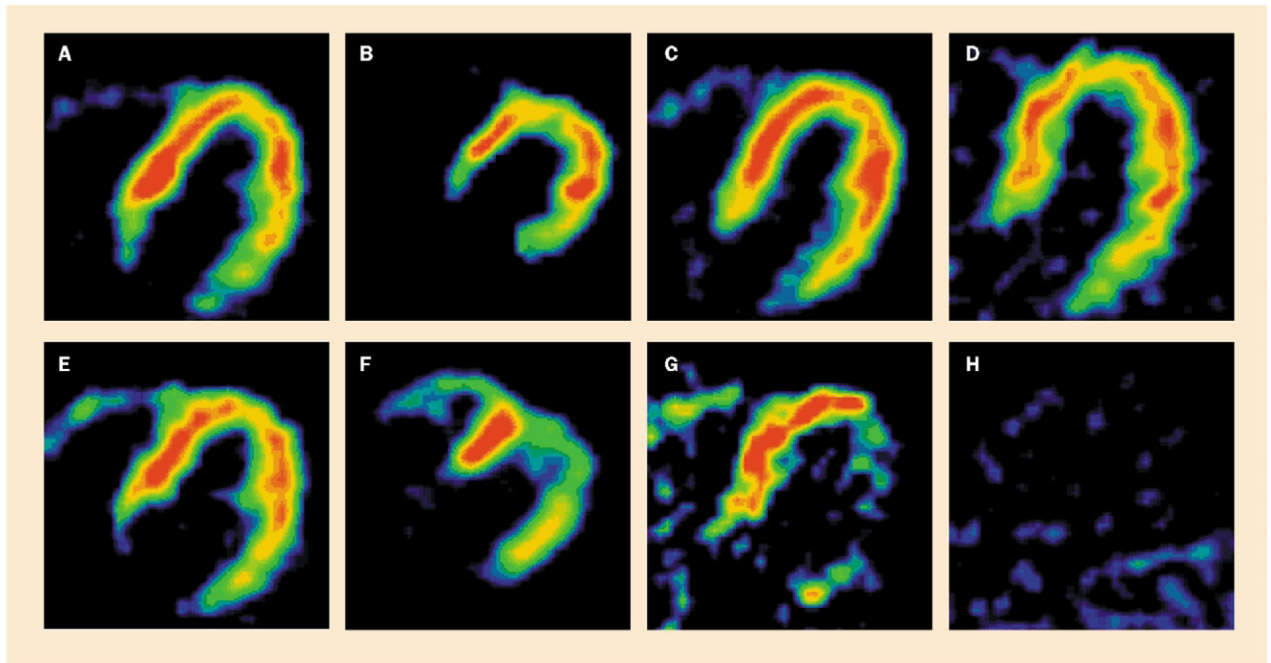


Figure 7. Cardiac PET scans in patients with PD without orthostatic hypotension. Top: nitrogen-13-labelled ammonia perfusion scans. Bottom: ^{18}F -dopa sympathoneural scans. Of 27 patients very few had entirely normal ^{18}F -dopa radioactivity (A,E). Localised decreases were common (B,F and C,G), and about half had decreased ^{18}F -dopa radioactivity throughout the left ventricular myocardium (D,H).

	PAF	MSA _p	MSA _c	MSA _M	PD-AF
Autonomic preganglionic		■	■	■	■
Autonomic postganglionic	■				■
Parkinsonian		■		■	■
Cerebellar, pyramidal or both			■	■	

Figure 8

. Proposed pathophysiological classification of primary chronic autonomic failure. According to this schema, PD with autonomic failure (PD-AF) features a postganglionic, sympathetic, noradrenergic lesion, whereas the parkinsonian form of multiple system atrophy (MSA_p) does not.