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E-commerce last-mile in Belgium: Developing an external cost delivery index — Source link

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Abstract. The rise in online B2C sales resulted in a fragmentation of freight shipments. Logistics service providers are challenged to cope with high competition, a consumer-driven economy, failed delivery issues, reverse logistics and environmental measures taken by policymakers, which are all putting pressure on the costs. The last-mile of these deliveries, widely accepted as the most expense part of the trip, is a trade-off between internal costs, externalities and the density of deliveries. Little is known so far about the actual impacts of ecommerce on transport and logistics on society. In this paper, we first analyse the spatial distribution of e-commerce deliveries during a 4-month period in Belgium. Next, we propose a methodology based on the total vehicle-kilometres travelled to calculate the external costs per parcel at the national level. The results show that despite the high urbanization in the country, the e-commerce consumption per capita is higher in rural areas while the total number of kilometres travelled remains similar to that in urban areas. While urban areas undergo most of the disadvantages related to the e-commerce last-mile, the average external cost per parcel was found to be higher in rural areas.

Keywords: e-commerce, last mile, external costs, urban logistics.

20 1. Introduction

21 During the last years, e-commerce has been growing at a two-digit rate, and an 22 increasing number of customers use the business-to-customer (B2C) e-commerce 23 channel to order products online and have them delivered at home. However, this raises 24 new challenges for logistics since the supply chain has to cope with the increased 25 fragmentation to satisfy the needs of customers. High competition, a consumer-driven 26 economy, failed delivery issues, reverse logistics and environmental measures taken by 27 policymakers are factors that increase the costs of delivering online orders. The 28 consequence is that the last mile is regarded as the most expensive section of goods 29 distribution (Gevaers et al. 2014; Fernie et al. 2010). Because of the complexities 30 present in the delivery of e-commerce goods, improving the availability, quality and 31 affordability of delivery solutions has been identified as one of the objectives to 32 stimulate e-commerce growth (European Commission 2013).

B2C e-commerce implies individual shipments, resulting in an increasing number of
trips and kilometres (Taniguchi & Kakimoto 2004). The B2C channel represents around
30% of the e-commerce turnover (FTI Consulting 2011), and it generates 56% of all
the e-commerce shipments (Copenhagen Economics 2013). While there is no general
acknowledgement, estimates indicate that the volume of shipping worldwide is close to
billion parcels per year (Pitney Bowes 2016).

The negative impact of B2C e-commerce last-mile have raised interest from urban
 logistics researchers, transport and retail geographers as well as practitioners and public
 decision makers (Weltevreden & Rotem-Mindali 2009). The relevance of this

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42 discussion is that delivering the last mile is a trade-off between internal costs, 43 externalities and the density of the deliveries. On the one hand, customer density is 44 essential for achieving efficiency in the last-mile. Therefore, rural deliveries can be 45 three times more expensive than urban ones (Boyer et al. 2009; Gevaers et al. 2014). In 46 the urban areas, the density is higher and logistics carriers benefit from lower costs. 47 However, the residents undergo more negative impacts such as congestion, noise, and 48 emissions than rural areas (Zito et al. 2013; Holguín-Veras et al. 2008). At the end, the various stakeholders have to manage different externalities in different regions, which 49 50 underlines the difficulties associated to the last mile.

Still, little is known about the effects e-commerce has on transport and logistics. An 51 52 unresolved issue remains whether urban areas generate higher transport demand for 53 transport than their rural counterparts. Recently, Boschma and Weltevreden (2008), 54 who were analysing the evolution of the retail sector, mention the incubation hypothesis 55 in e-commerce adoption, highlighting cities as early centres of innovation. However, 56 Clarke, Thompson, & Birkin (Clarke et al. 2015) found that B2C e-commerce is 57 expanding rapidly and conclude that at least for the UK, B2C e-commerce is not 58 exclusively restricted to urban areas anymore.

Linked with this discussion is the observation that while urban areas are more sensitive to the negative impacts of transport, spreading the externalities can result in an even worse situation. For example, Dablanc & Rakotonarivo (2010) argue that the CO₂ emissions are increasing dramatically because of the geographical dispersion of ecommerce usage in Paris. The very complex nature of e-commerce deliveries and the fact that it is a relatively new phenomenon imply that neither the spatial distribution of B2C e-commerce nor its impacts on the society are fully understood.

66 The aim of this paper is threefold. Firstly, we shed light onto the spatial distribution 67 of the demand of B2C deliveries by exploring where in Belgium the deliveries occur. 68 Secondly, we propose a methodology to estimate the share of each region in the total 69 amount of travelled kilometres to deliver B2C e-commerce goods. Finally, we quantify 70 the negative impacts of the transport used to deliver in the last mile.

The analysis is performed based on data from a parcel delivery company in Belgium who will remain anonymous for privacy issues. Based on the data, we derive the number of vehicle-kilometres needed to deliver e-commerce goods. Moreover, values for external costs are assigned based on the total travelling distance and depending on the morphological characteristics of the regions. Because of the high urbanization present in the country, is important to distinguish between rural, semi-urban and urban areas and weight the impacts on these different types of areas.

This paper is organised as follows. Section 2 introduces the methodology, available data and the different parameters. Next, the approach used to derive the total vehicle kilometres travelled (VKT) from the original dataset as well as the external costs included in the externalities index are elaborated. Section 3 presents the results and discusses the key findings of the study and the externality index based on the calculation of external costs. Finally, Section 4 concludes on the research, and identifies directions for further research.

85 2. Data and Methodology

86 *2.1. Data Source*

87 To estimate the impacts of B2C e-commerce transport for Belgium, we face the 88 challenge of estimating the routes used for delivering (Gonzalez-Feliu et al. 2012). 89 Since this information is not easily available, those trips were estimated based on the 90 location of parcel deliveries. The data used in this paper corresponds to the B2C 91 deliveries at address level performed by a logistics carrier in a four-month time window 92 in 2015 in Belgium. For each delivery address, the number of deliveries is known. In 93 total, 1,143 parcels were delivered during this period. The data is assumed to cover a 94 share of about 10% of the total delivery market. A spatial bias could nevertheless exist 95 because of regional differences in e-commerce behaviour and, therefore, logistics 96 carriers. Due to the unavailability of information from other logistics carriers, we 97 consider the available data as a proxy for the total Belgian population. 98

99 Predicting where the deliveries occur imposes some difficulties. The demand for B2C 100 e-commerce is not spatially contiguous and depends on socio-economic characteristics 101 such as age, income etc. (Clarke et al. 2015), two alternatives can be chosen to determine 102 the destination of deliveries. One alternative is identifying the role played by socio-103 economic characteristics and indirectly predicting where the destination of the parcels 104 is. The problem with this method is that in addition to the normal uncertainty in the 105 predictions, many e-commerce deliveries do not occur at the home address (Gardrat et 106 al. 2016). In Belgium, around 30 per cent of deliveries occur in a different location than where the customer lives (Comeos 2014). This percentage is even higher in other 107 108 countries (Morganti, Seidel, et al. 2014; Morganti, Dablanc, et al. 2014). A second 109 alternative is therefore to directly use data from the deliveries executed by the carriers. 110 This data provides a unique insight into the spatial pattern of deliveries.

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112 The data is aggregated to the level of zip code. Therefore, the country is divided into 113 1,153 spatial units with an average area of 26.8 km². The costs of external impacts will 114 be calculated at this scale. For refinement of the external cost parameters, we attach the 115 geographical morphology to each zip code based on the definition by Luyten and Van 116 Hecke (2007). The authors identify Belgium's main urban agglomerations based on 117 population density. These agglomerations, together with the functionally related 118 suburban areas, form a city region. To ease international comparisons, these city regions are identified as urban regions. The communities surrounding these city 119 120 regions, but tightly linked due to commuting flows, are classified as semi-urban. The 121 remaining areas fall under the rural category.

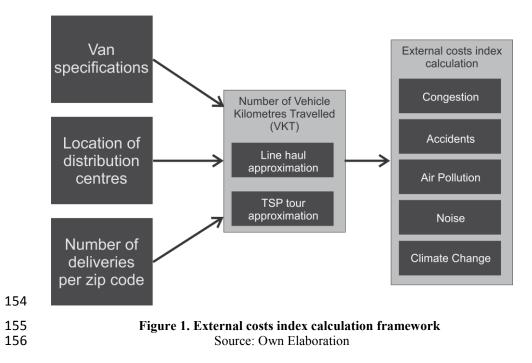
123 2.2. Methodology

124 In this paper, we assess the external costs of e-commerce deliveries. The main objective 125 of the external costs calculation is to reveal the hidden costs in the cost structure of the 126 market. By monetizing the different impacts of transport, we can assess the external 127 costs as a transversal indicator of the negative impacts of transport. Through the 128 calculation of the impacts, we are able to weigh properly the number of total vehicle-129 kilometres travelled in rural, semi-urban or urban areas. Moreover, this allows 130 developing a sustainability index for the entire country.

131 Because of the wide range of transportation impacts, various external cost calculations 132 can be identified in the literature (Durand & Gonzalez-Feliu 2012; Edwards et al. 2010; 133 Collins 2015). The common denominator amongst them is calculating the total VKT 134 since more kilometres almost always imply more externalities. However, VKT can 135 bring more or less externalities, depending on the population density of the area where 136 they occur. For this reason, we try to consider this effect by not only calculating the 137 VKT but by weighting them based on the affected area. In this section, we therefore 138 firstly present the framework depicted in Figure 1 to calculate a cost index per parcel 139 for different areas in Belgium.

140 *2.2.1. Parameter Inputs*

141 In the first stage, parameters form the characteristics of the vehicles are obtained via 142 the logistics companies, mainly the capacity and the average duration of the tours. The 143 capacity is fixed at 100 parcels per van per day, which is an appropriate estimation from 144 daily operations of the company. Next, the distribution centres were located. While the 145 location of distribution centres from the carrier is known, in order to not disclose the 146 data provider indirectly and to broaden the generalisation of the analysis, distribution 147 centres are assumed to be located in the centroid of regions similar to the distribution 148 zones used in practice by various logistics carriers. Seven distribution centres are 149 assumed to perform the delivery process in Belgium; this assumption is based on the 150 current networks of different carriers. Finally, the addresses in the dataset were geo-151 located and a aggregated number of deliveries per zip code was obtained. Based on this, 152 an expected number of deliveries per day was averaged.



157 *2.2.2. Calculation of total vehicle-kilometres travelled*

The purpose of this estimation is to distinguish among the travelled distances from delivery vehicles in rural and urban regions at the zip code level. The total distance to deliver parcels consists of two components: one is the distance from the depot to the customers, known as line-haul. This part of the tour is traditionally dealt with by the capacitated vehicle routing problem (CVRP). The other part is related to the distance between customers, which is traditionally related to the travelling salesman problem (TSP).

However, to estimate the distances over the entire study area, we opt for an aggregated distance estimation instead of simulating the actual routes. For this purpose, Daganzo (Daganzo 1984) proposes the following intuitive formula for calculating the length of the line-haul when the distribution centre is located outside of the customers' area:

171 172

$$d_{lh} = \frac{2rn}{Q} \tag{1}$$

173 Where

174 r = the distance between the distribution centre and the area 175 n = the number of customers to be served 176 0 = the comparing of each delivery upp

- 176 Q = the capacity of each delivery van.
- 177

The number of vans is then represented by $\frac{n}{q}$. Note that this expression is not necessarily an integer and $\left[\frac{n}{q}\right]$ would be the correct expression. However, the aggregate number will be a close approximation to account for the total kilometres in the long run.

For the second component, approximations for the TSP can be found in (Beardwood et al. 1959). The authors demonstrate that the distance to travel between a set of points *n* in area *A* converges to $k\sqrt{nA}$, where *A* is the area containing the customers expressed in square kilometres. The constant term has been estimated at k = 0.765, assuming compact and convex shapes for the areas where the tour is circumscribed (Stein 1978; Figliozzi 2009).

189 2.2.3. Calculation of external costs

Several types of external costs can be distinguished among in the literature. However, the figures proposed by the authors differ significantly. The variations in the factors are caused by differences in methodology and input values. In the following sub-sections, we discuss the selection of values to be used in this calculation. We chose to include the external effects of congestion, accidents, air pollution and noise, since the scientific discussion around those costs is in a later stage providing better figures for using in this analysis.

197 *2.2.3.1. Congestion Costs*

Congestion costs represent the decrease in speed caused by every additional vehicle using the road (Blauwens et al. 2014). In general, the calculation of these costs is done based on the characteristics of the road, the value of time for users of the road, and the relation between the number of cars and the changes of their speed. Since these characteristics are specific for every road, Delhaye, De Ceuster, & Marivoet (2012) developed a cost calculation distinguishing among four different types of roads in Belgium.

206 The authors also distinguish among peak and non-peak periods, since the marginal 207 impact by a single car will differ between these periods. Certainly, more detailed data 208 is needed to capture the driving patterns of each van. When inquired about this topic, 209 different carriers agreed that delivery routes start early in the morning, and resultantly 210 high congestion is encountered in the line-haul. The delivery tours take place in off-211 peak periods during the day. This assumption is a major limitation on this study and 212 should be addressed with detailed information on the average route timing and average 213 speed statistics for the route.

214 *2.2.3.2. Accident Costs*

Accident costs account for the risks that society bears when a vehicle is travelling.
 The most widely used methodology is proposed by Lindberg (2006). The authors define
 the marginal costs of accidents according to equation (2).

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$$MCA = r(a+b)(1-\theta+E) + rc(1+E)$$
⁽²⁾

221 In Equation (2), three different cost components can be discerned: the costs for the 222 person exposed to the risk (a), the costs for the relatives and friends of the person 223 exposed to the risk (b) and the costs for society such as police, medical and output 224 losses costs (c). The term r considers the risk of a given vehicle to be involved in an 225 accident calculated as the ratio between the number of accidents involving that vehicle 226 and the number of VKT of that type of vehicle. The elasticity of the risk E estimates 227 how much an increase in VKT will increase the risk. Finally, the parameter θ calculates 228 which share of these costs are already internalised by the insurance. Delhaye et al. 229 (2012) estimates the risk of accidents for vans in Belgium based on statistics of the 230 BIVV (2010). The authors assumed an elasticity of risk of -0.25 and an internalisation 231 ratio of 0.22 based on the calculations from (Lindberg 2006).

232 *2.2.3.3. Air Pollution*

233

Air pollution from freight transport activities is a major concern for society. Four types of pollutants can be distinguished among as the most harmful: particulate matter (PM), nitrogen oxides (NOx), sulphur dioxides (SO₂), and the toxic volatile organic compounds (VOC) (Korzhenevych et al. 2014). A number of studies have addressed the composition, emission, and dispersion of these particles; however, attempting to monetize the damage made by these emissions remains a challenge (Blauwens et al. 2014).

242 Costs for the different types of particles in euros per tonne are investigated by the 243 NEEDS project (Preiss & Klotz 2008). As such, they include a larger number of 244 countries in Europe and consider not only health effects but impacts on crops, 245 biodiversity, and other materials as well. An important cost differentiator among 246 countries is the density of the population since it means a different degree of exposure 247 to the contaminants. Finally, to find unit costs, these values are combined with the 248 typical emissions produced by a van. In this model, we use the values proposed by 249 Korzhenevych et al. (2014). As for the calculations, we assume a standard diesel Euro 250 V light goods vehicle and, as before, we differentiate based on the characteristics of the 251 area (urban/semi-urban/rural) and assume motorways for the line haul.

253 *2.2.3.4. Noise*

254 Typically, noise costs represent the annoyance and, in situations where it exceeds 255 60dB, health damage for the people exposed to it (van Essen et al. 2011). In contrast to 256 air pollution, limited research has been conducted on this subject. Even more, data 257 about noise levels is also scarce, with most modelling efforts based on the NOISE 258 database, which is built based on the statistics reported by European Member States. The total noise costs are calculated by multiplying the number of people exposed to 259 260 noise by the costs per person. While values for this cost are not easily obtained, Delhaye 261 et al. (2012) suggests 10 euros per person. Finally, the costs are assigned to the different 262 modes of transport based on the share of the modes and assigning a weighting value 263 proposed by van Essen et al. (van Essen et al. 2011).

264 *2.2.3.5. Climate Change*

265 The climate change costs represent the damage caused by greenhouse gas (GHG) 266 emissions. In Europe, 23.2% of the GHG emissions were caused by the transport sector 267 (European Commission 2016). Two different approaches can be used to estimate those 268 costs. One is by calculating the total damage costs caused by the emissions, while the 269 other is calculating the necessary costs to achieve a given reduction level. The problem 270 with the former is that the effects of climate change remain unknown, like the effect of 271 other initiatives to tackle the problem. The second approach, known as avoidance costs, 272 aims at determining the least cost option to achieve a given climate change reduction 273 goal (van Essen et al. 2011). Since these goals already exist, it is more practical to 274 estimate the latter costs. 275

The estimation of the avoidance costs allows setting a "carbon price" (CO₂equivalent). Once the carbon price is acknowledged for, similar calculations as for air pollution render the costs for the main pollutants (i.e. CO_2 , CH_4 and N_2O). We use the values proposed by van Essen et al. (van Essen et al. 2011) using the central value of 90 euro / ton proposed by (Korzhenevych et al. 2014) based on the current goal required to stabilise the global warming at 2°C.

282 2.2.3.6. Other costs not included

It is worth mentioning that a number of external costs were not taken into consideration in this analysis. The up- and downstream processes and the costs to the infrastructure (Korzhenevych et al. 2014), the lack of benefits from active modes (Delhaye et al. 2012), the scarcity of space, the contamination of water and soil or the energy dependence costs (van Essen et al. 2011) are topics that are still in an early stage of research. For this reason, the absolute number of the total external costs can vary significantly from one study to the other.

291 2.2.4. External cost per delivery index

To analyse how the last mile of e-commerce deliveries impacts on the environment, we propose an index representing the average external cost to deliver a parcel in each zip code. Different characteristics, such as the density of inhabitants, the number of goods demanded and area's morphology, are considered when calculating the costs. The index corresponds to:

$$297 \quad \frac{ec_m V K T_i}{n_i} \tag{3}$$

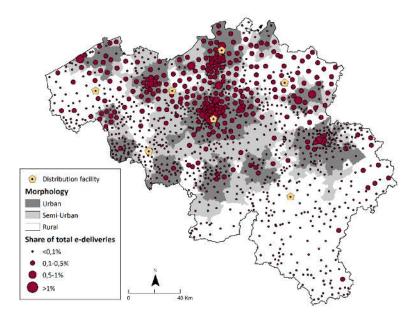
298 Where ec_m is an external costs coefficient based on the different costs for the each 299 morphology *m* (i,e, urban, sub-urban or rural), *VKT_i* the number of kilometres travelled 300 in the *i*-th zip code by the delivery van(s). The total costs of the tour are averaged by 301 dividing by the number of stops/deliveries on each tour (assuming a delivery/stop ratio 302 of 1:1).

303 3. Results and discussion

This section subsequently deals with the spatial distribution of B2C e-commerce deliveries, the VKT, and the externalities of B2C e-commerce transport, by applying the equations and using the data from section 2.

307 *3.1. Spatial distribution of deliveries*

Figure 2 displays the spatial distribution of the B2C e-commerce deliveries. At first
glance, these deliveries seem to be concentrated in urban areas. As expected, the
number of deliveries per zip code is highly correlated with the population per zip code.
In fact, both variables show a correlation factor of 0.808.





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Figure 2. Spatial distribution of deliveries and location of simulated distribution centres

Source: Own Elaboration

318 Table 1 summarises the densities of population and deliveries according to the 319 different morphological characteristics. Densities per square kilometre were calculated 320 instead of absolute values to avoid the modifiable areal unit problem (MAUP) 321 (Openshaw 1984). Note as well that these values correspond to the owner of the data 322 and therefore reflect its market share. By comparing these values, it can be seen that 323 the average urban delivery density is double that of the rural one. 324

325

Table 1. Densities of population and deliveries per square kilometre.

	Average population	Average delivery	Average daily
	density	density per day	deliveries per capita
	(habitant/sqkm)	(deliveries-day/sq	(deliveries-day/
		km)	thousand habitants)
Urban	1299.17	0.43	0.33
Semi- urban 345.19 0.25		0.72	
Rural	219.59	0.20	0.91
	Sour	ce: Authors' elaboration	

326 327

328 However, some question may arise. The nationwide share of urban deliveries is 56%, 329 whereas urban areas are populated by 76% of the population. In **Table 1**, the calculation

330 of deliveries per capita is also shown. This value indicates that while more deliveries flow to urban areas, it is only a consequence of more people living in urban areas since

rural areas are characterised by a higher number of deliveries per capita. This evidence is in line with the observations of other authors such as Clarke (Clarke et al. 2015), who

is in line with the observations of other authors such as Clarke (Clarke et al. 2015), whofound high e-commerce usage in rural areas of the UK.

335 *3.2. Vehicle kilometres travelled (VKT)*

This section analyses the spatial distribution of the VKT. Two different scenarios can be expected a priori. One is that the urban deliveries may cause more VKT, because their higher amount. On the other hand, rural deliveries are more scattered and further from the distribution centres, causing a higher number of VKT as well. As mentioned, we decompose the total VKT in two different components. The first is a line-haul which is the leg from the distribution centre to the zip code. The second is a tour, which is the loop between customers.

The line haul results in Table 2 show that the number of VKT in this leg of transport
is significantly higher for the combined urban deliveries. One of the reasons behind this
may be that the higher demand results in a higher number of vehicles, increasing the
VKT.

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Table 2. Line-haul VKT estimation

	Total VKT	% of total
	(km)	
Urban	552.36	43%
Semi-urban	284.62	22%
Rural	432.86	34%
Source: Authors' elaboration		

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Another finding is that the regions with higher VKT are located in the east of the country (i.e. the border with Germany and Luxembourg). The number of VKT in these regions can be biased by the selection of the distribution centres. It is also relevant to note that for this reason, some companies may deliver to these regions from the neighbouring countries, which is not taken into account in our analysis.

The results of the VKT in the delivery tours are shown in **Table 3**. Higher distances for the rural tours were found, despite the many stops in urban areas. This is the result of the combination of a high demand but rather low density in rural areas, due to the large distances between addresses. The total distance of the rural tours thus outweighs the total distance of the shorter but more frequent urban delivery tours.

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Table 3. Delivery tour VKT estimation

	Total VKT (km)	% of total
Urban	2327.64	36%

³⁶³

Semi-urban	1627.83	25%
Rural	2473.92	38%
Source	: Authors' ela	boration

The VKT of delivery tours largely exceed the VKT of the line-haul. In fact, for urban deliveries, the delivery tour represents around 80% of the total VKT. For semi-urban and rural deliveries, the share of the delivery tours reaches on average 85% of the total VKT. This only proves again the importance of the last mile, and how resourcedemanding the final leg of transport is.

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Finally, Table 4 summarises the total VKT to deliver B2C e-commerce goods in the
different regions of Belgium. The results show that there is almost no distinction
between urban and rural VKT. A number of factors were considered in this analysis
and both increasing and decreasing factors were encountered in urban and rural areas.

377

 Table 4. Total VKT estimation

	Total VKT	% of total
	(km)	
Urban	2880.00	37%
Semi-urban	1912.45	25%
Rural	2906.78	38%
Source	: Authors' ela	boration

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As intended form the beginning of this paper, the VKT itself only measures the
distance travelled but the main concern lies on the negative impacts of transport. The
next sub-section therefore checks how these impacts are different among urban and

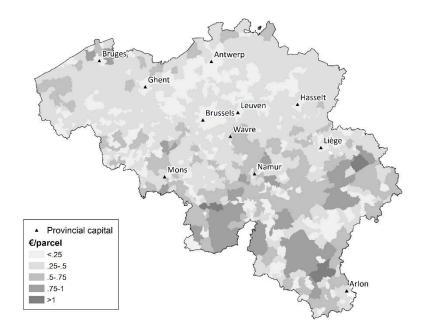
383 non-urban areas.

384 3.3. Impact of B2C e-commerce transport on externalities

As shown in previous sub-sections, urban agglomerations attract the majority of deliveries, and therefore, it would be plausible to infer that higher negative impacts from transportation occur in those areas. However, during these analyses, we included additional considerations resulting in an indication that e-commerce deliveries are not limited to urban areas but are dispersed around the country, resulting in an equal share of VKTs for urban and rural deliveries.

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In this last step of the analysis, we construct an index to quantify the negative impacts in each zip code. This index represents the external cost per delivery of the data provider, per zip code. The results of this index are shown in Figure 3. The map shows that the negative impacts of e-commerce deliveries surprisingly tend to be more significant in the southern part of the country, which have a lower density of inhabitants.





402

Figure 3. Total external costs of e-commerce per parcel delivered Source: Authors' elaboration

403 If we assign a cost factor to represent the external costs based on the morphology of 404 the different regions, the results indicate that the relative shares change considerably 405 compared to when we consider VKT alone. Table 5 shows that the urban areas account 406 for 50% of the total external costs caused by the deliveries of B2C e-commerce. The 407 average costs per parcel and the share of the total external costs for each type of 408 morphology indicate that, at least in terms of external costs, due to the economies of 409 scale, the burden of delivering a parcel is higher in rural areas than in urban areas. 410 These results can be useful for decision makers to estimate the negative impacts caused 411 by a single delivery and to know where to focus the efforts to reduce negative impacts.



Table 5. External costs estimation

	Average cost parcel (Euro/parcel)	per	Share costs	of	total
Urban	0.26		50	0.07%	Ó
Semi- urban	0.33		20).39%	Ó
Rural	0.37		29	9.54%	ó
	C 4 (1)	1 1			

413

Source: Authors' elaboration*

414 4. Conclusions and further research

415 In this paper, data from B2C e-commerce deliveries in Belgium are examined to 416 estimate the negative impacts of transporting those goods. We develop an external costs 417 index to check the relation of externalities caused by the transport used to deliver e-418 commerce goods and the places where those deliveries occur. The geographical 419 analysis of our data shows that urban areas still absorb most of the e-commerce freight 420 transport. More than half (56%) of the total deliveries in the country occur in urban 421 areas and, according to our estimations, 50.07% of the total external costs derived from 422 e-commerce for the country arise in urban areas. Therefore, the analysis shows that, at 423 an aggregated level, urban areas are the most problematic place, in terms of external 424 costs for e-commerce deliveries. Besides the exception of some border areas, most 425 regions with a high sum of external costs are located near the largest cities. 426

Our results also show that the e-commerce consumption per capita is higher in rural areas. In other words, people living outside the city buy more online. At the same time, the total VKT in rural areas are comparable with urban ones, contrasting the hypothesis that rural areas will have considerably more kilometres due to their peripheral location. However, urban areas can also contribute to the VKT due to higher volumes and especially when they are not close to the distribution centres.

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Finally, according to the index proposed in this paper, the higher external costs per stop occur in rural areas (Table 5). This result reveals that even when the external costs per kilometre are lower in rural areas, the amount of VKT in rural areas, due the low density, will cause a higher negative effect. It is important to note the evolution of the spatial distribution of e-commerce deliveries since greater imbalances between urban and rural deliveries may shift the majority of the impacts to the latter regions.

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The results from this paper contribute to raising the awareness of managing the negative impacts of e-commerce logistics in urban and rural areas. Decision makers need to be aware of the importance of urban areas for both logistics carriers and population. The results of this analysis contribute to the assessment of different practices aiming at a more sustainable/efficient organisation of logistics in cities. The results also give an indication, based on the hypothetical growth of rural deliveries (Clarke et al. 2015), on how the impacts of rural deliveries will evolve in the future.

449 For business practice, the findings in this paper show potentials to reduce negative 450 externalities of e-commerce goods transport. The evidence from this paper show that 451 the majority of negative externalities are taking place in urban areas. Specifically in the 452 last mile which is average, according to our results, 83.6% of the total VKT of a tour. 453 Nonetheless, the urban last mile also offers the possibility of aggregating and 454 consolidating demand via alternatives such as delivery or pick-up points reducing in 455 this way the total VKT. To this end, the composition and current practices of the market 456 seem to merit special attention, because the high pressure on delivery costs the market 457 is experiencing.

459 To estimate the externality impacts, we followed a bottom-up approach based on 460 distance approximations at a zip code level. This can be a more efficient alternative to 461 estimate the length of tours when only the origin and destinations are available. We 462 also discussed the selection of the external cost factors to be used. Significant research 463 must be undertaken to have a "standard" source of external costs for transport. Another 464 interesting question remains about the mismatch between the deliveries and the current 465 customers. If customers receive their parcels at work or at a delivery point, the 466 deliveries will not follow the demographics. This may result in an even larger share of 467 the deliveries going to the urban areas as attractors of additional e-commerce deliveries 468 demand.

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470 Limitations of this research should be addressed in future academic exercises. The 471 discrepancies between the distance approximations used in this paper and the real 472 distances travelled should be further investigated. Assumptions on the congestion levels 473 can significantly affect the external costs factor; data from traffic at both, regional and 474 local level is needed to overcome this limitation. At the same time, a higher level of 475 detail can be achieved by selecting a smaller spatial unit of analysis than the zip code 476 level. The coupling with analysing alternatives for delivery such as reception at 477 proximity points (Gonzalez-Feliu et al. 2012; Durand & Gonzalez-Feliu 2012), bike 478 deliveries (Anderluh et al. 2016; Maes & Vanelslander 2012; Schliwa et al. 2015), off-479 hour deliveries (Holguín-Veras et al. 2005; Li 2015; Holguín-Veras et al. 2014), or 480 electric vans (Margaritis et al. 2016; Roumboutsos et al. 2014) would provide more 481 insights for managing e-commerce logistics in cities.

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