

***Effect of Transendocardial Delivery of  
Autologous Bone Marrow Mononuclear Cells on  
Functional Capacity, Left Ventricular Function,  
and Perfusion in Chronic Ischemic Heart Failure:  
The FOCUS-CCTRN Trial***

*2012 Scientific Sessions of the ACC  
March 24, 2012*

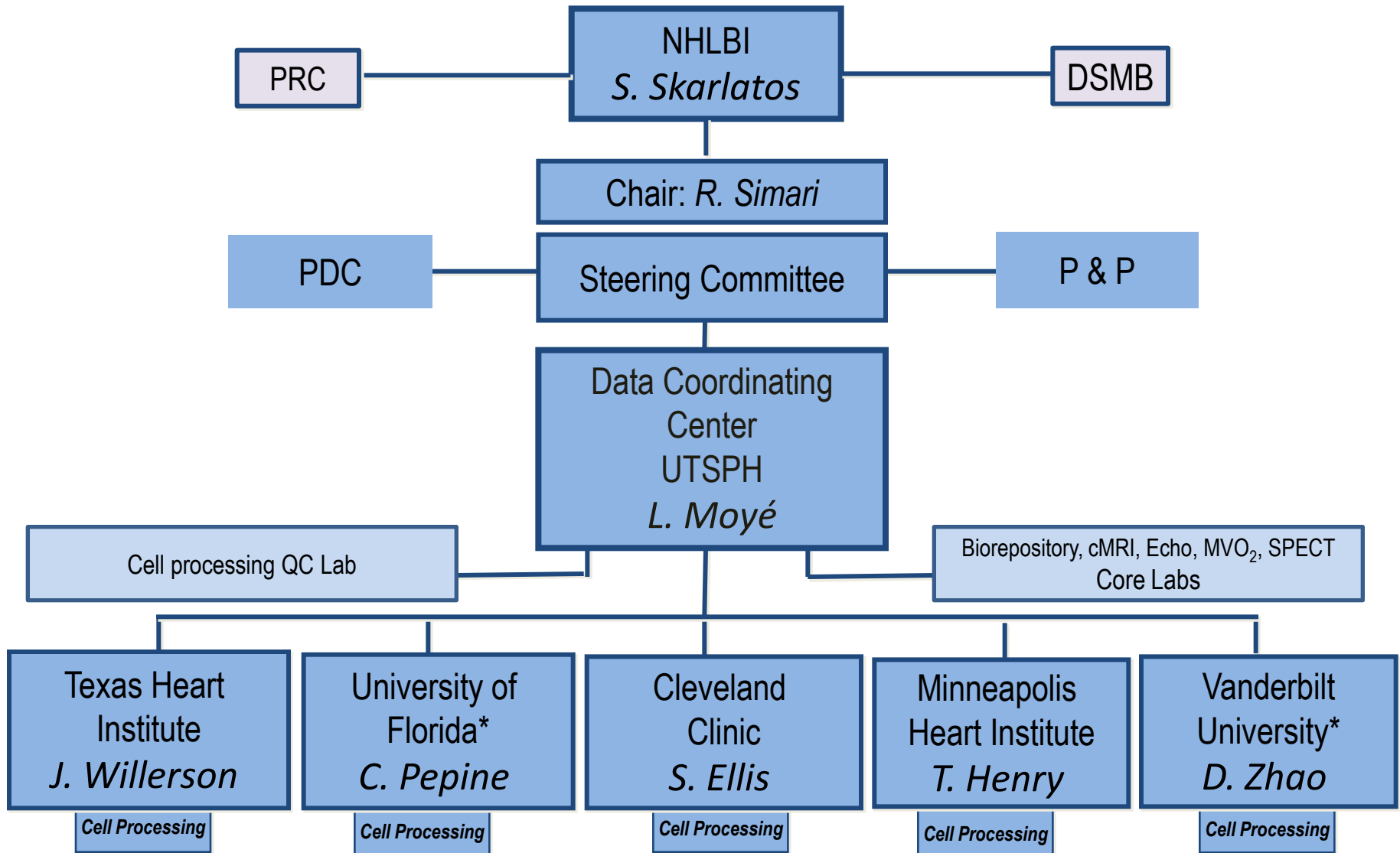
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**Texas Heart Institute, St. Luke's Episcopal Hospital**

**Cardiovascular Cell Therapy Research Network**

## Cardiovascular Cell Therapy Research Network (CCTR)



\*Skills Development Core

# Cell Therapy in Ischemic Heart Failure

## *Cell Types*

### Allogeneic Cells

- Mesenchymal stem cells (MSCs)
  - Mesenchymal precursor cells (MPCs)
- Possible immunological Reaction
  - Uniform cell quality and function (single/ limited numbers of healthy donors)
  - Relatively pure cell population

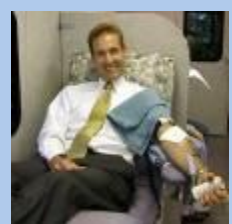
### Autologous Cells

- Bone marrow mononuclear cells (ABMMNCs)
  - Selected bone marrow cells ALDH<sup>br</sup> cells
- No immunological Issues
  - Variable cell quality and function due to host factors such as age and comorbidities
  - Relatively mixed cell population

# FOCUS CCTR

- Double blinded, randomized, multicenter trial
- Transendocardial delivery of a dose of 100 million Autologous Bone Marrow Mononuclear Cells
- Patients with chronic ischemic heart disease and LV dysfunction with heart failure and/or angina
- Uniform local cell processing: Sepax
- Centralized Biorepository

# CCTRN Biorepository



Blood drawn for PC and cytokine measurements



**“Biorepository”**  
Center for Cardiovascular Repair  
University of MN/Univ FL  
Confidential and Privileged

When a patient enters a clinical study

Shipments Date Entered into Web Interface

*Web Interface Sends an e-mail to Coordinator and Technician to expect shipped samples*

Arrival Logged in Web Interface

Samples are Prepared



FACS



Stem cells

Cytokines



Inflammation

Functional Measurements

Effect

Results Entered into Web Interface

- Real time status and tracking
- Report generation
- Blinded data analysis
- Easy data sharing
- Regulatory compliance
- Reduced work load

# Inclusion Criteria

- Patients > 18 y old with significant coronary artery disease.
- LVEF  $\leq$  45% (by echocardiogram) and limiting angina (class II-IV) and/ or heart failure (NYHA class II-III).
- Patients should be on maximal medical therapy.
- Presence of reversibility by SPECT (adenosine stress) and/or viability as identified by NOGA.
- Coronary artery disease not well suited to any other revascularization procedure (percutaneous or surgical) in the target region of the left ventricle.
- Hemodynamic stability as defined by systolic BP  $\geq$ 80mmHg without IV pressors or support devices.
- Women of childbearing age must be willing to use 2 forms of birth control for the duration of the study
- A signed consent form approved by the Institutional Review Board.

# Exclusion Criteria (1)

1. Atrial fibrillation, atrial flutter, and /or significant uncontrolled arrhythmias.
2. ICD shock within 30 days of baseline screening.
3. Unstable Angina.
4. High-risk ACS or a myocardial infarction in the month before evaluation.
5. LV thrombus, as documented by echocardiography or LV angiography.
6. Vascular anatomy that precludes cardiac catheterization.
7. Severe valvular disease or mechanical aortic valve that would preclude safe entry of the catheter into the left ventricle.
8. Platelet count  $<100\text{K}/\text{mm}^3$ .
9. WBC  $<2\text{K}/\text{mm}^3$ .
10. Revascularization within 30 days of study enrollment.
11. TIA or stroke within 60 days of study enrollment.
12. Bleeding diathesis defined as an INR  $\geq 2.0$  in the absence of warfarin therapy.

# Exclusion Criteria (2)

13. History of non-basal cell carcinoma malignancy in the last 5 years.
14. Infectious-disease test result positive for HIV, hepatitis B, or hepatitis C.
15. Any previous transplant requiring immunosuppressive medication.
16. LV wall thickness of  $< 8$  mm (by echocardiogram) at the target site for cell injection.
17. Inability to walk on a treadmill, except for class IV angina patients who will be evaluated separately.
18. Enrollment in an investigational device or drug study within the previous 30 days.
19. Hepatic dysfunction as defined by AST and ALT levels.
20. Chronic renal insufficiency.
21. Pregnancy as determined by a positive pregnancy test at baseline.
22. Any other contraindication to enrollment or follow-up.



# Study Endpoints

## *6 Months*

### Primary Endpoints

- Change in maximum oxygen consumption (MVO<sub>2</sub>)
- Change in LVESV as assessed by echocardiography
- Change in ischemic (reversible) defect size as assessed by SPECT

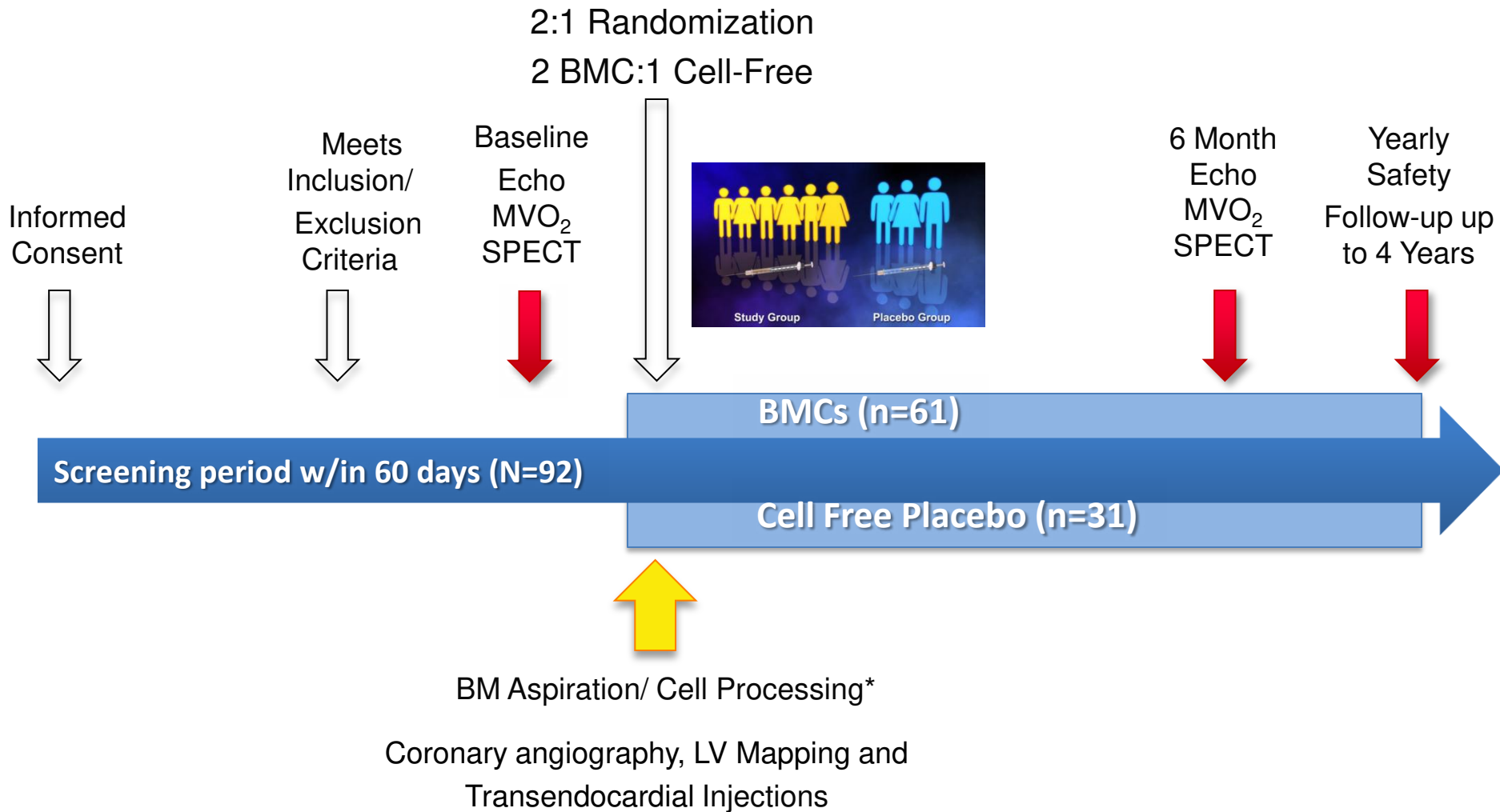
### Secondary Endpoints

- Wall motion by echocardiography
- Change in LVEDV as assessed by echocardiography
- Change in total and fixed defect size as assessed by SPECT
- Change in functional class (NYHA, CCS) and serum BNP levels

### Exploratory Analyses

- LVEF by echocardiography
- Phenotypic and bone marrow function analyses with relevant endpoints
- Relationship of Age and relevant endpoints

# FOCUS CCTRN Study Flow



# Cell Processing

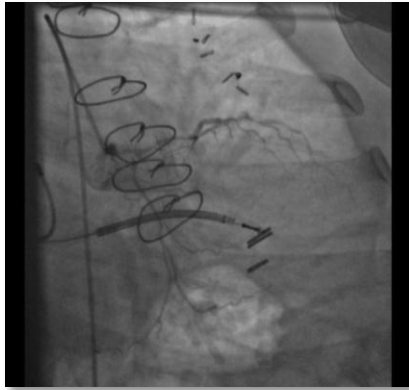
Manual

BMC Sepax

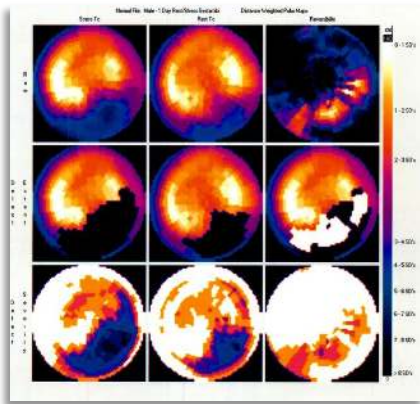
Ficoll

processing

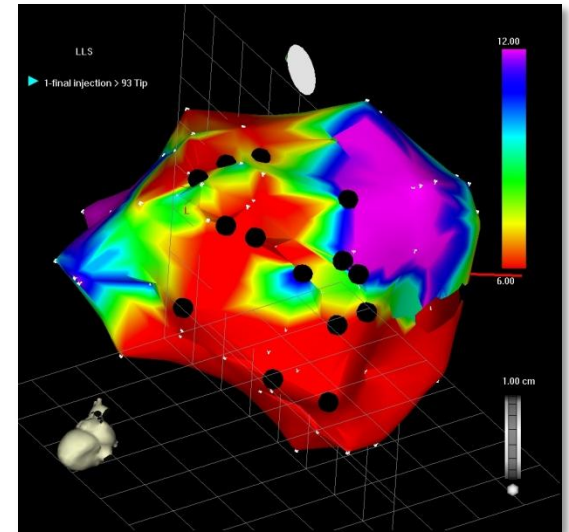
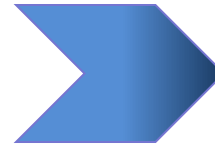
- ✓ Includes cell washing
- ✓ Closed system
- ✓ Sterile disposable set
- ✓ Local processing



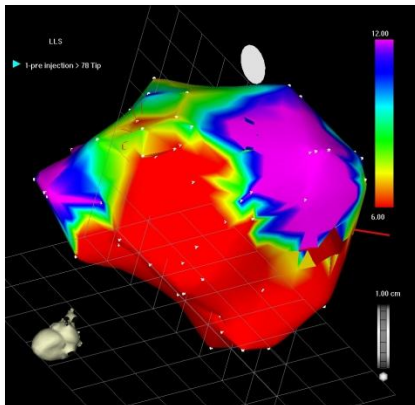
Anatomical  
(angiogram)



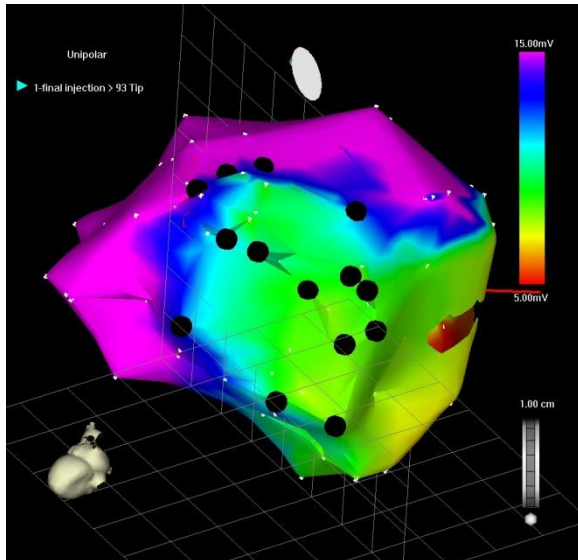
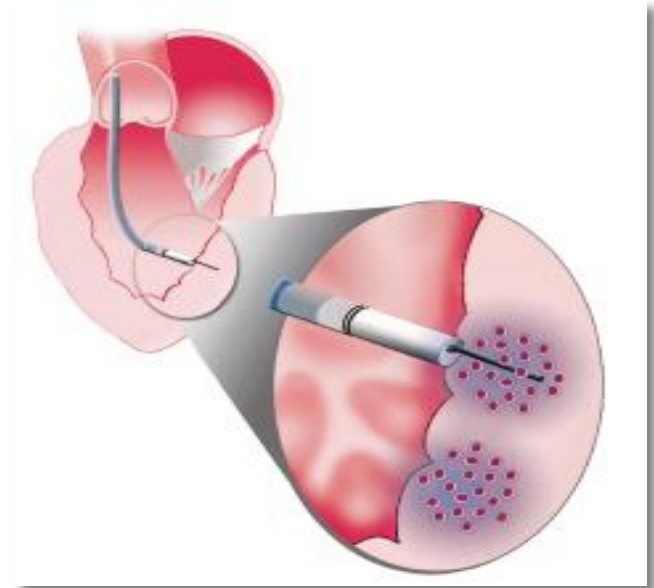
Perfusion  
(SPECT)



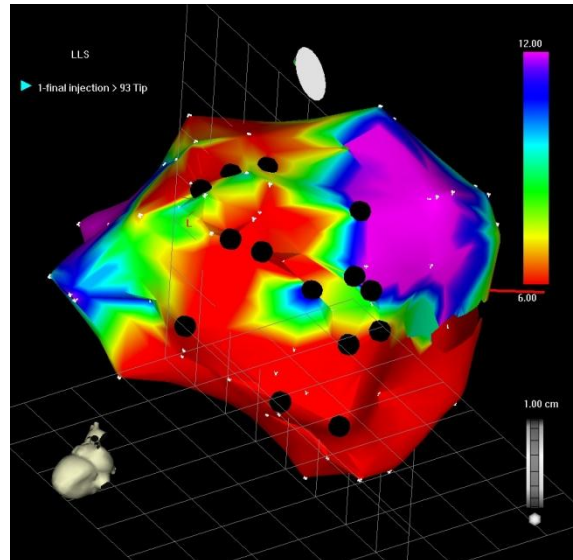
Viability/  
hibernation  
(EMM)



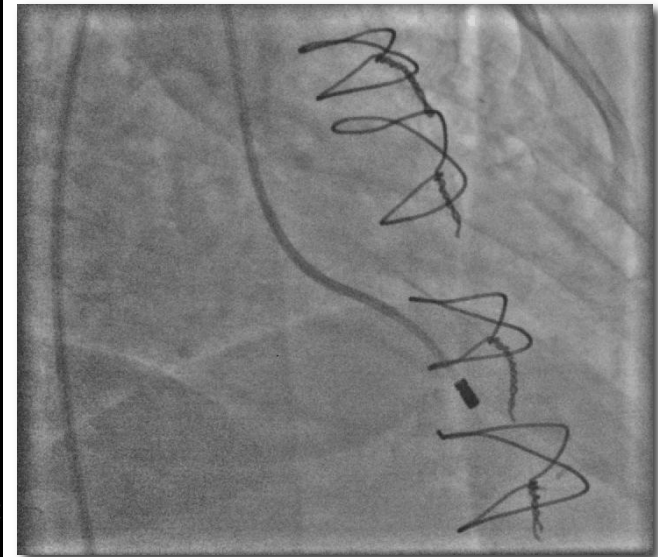
- Total of 15 injections
- Volume of 0.2 cc
- Targeted to ischemic myocardium
- Injection Criteria:
  - Unipolar voltage  $\geq 6.9\text{mV}$
  - Loop Stability  $\leq 4$
  - PVC upon needle insertion

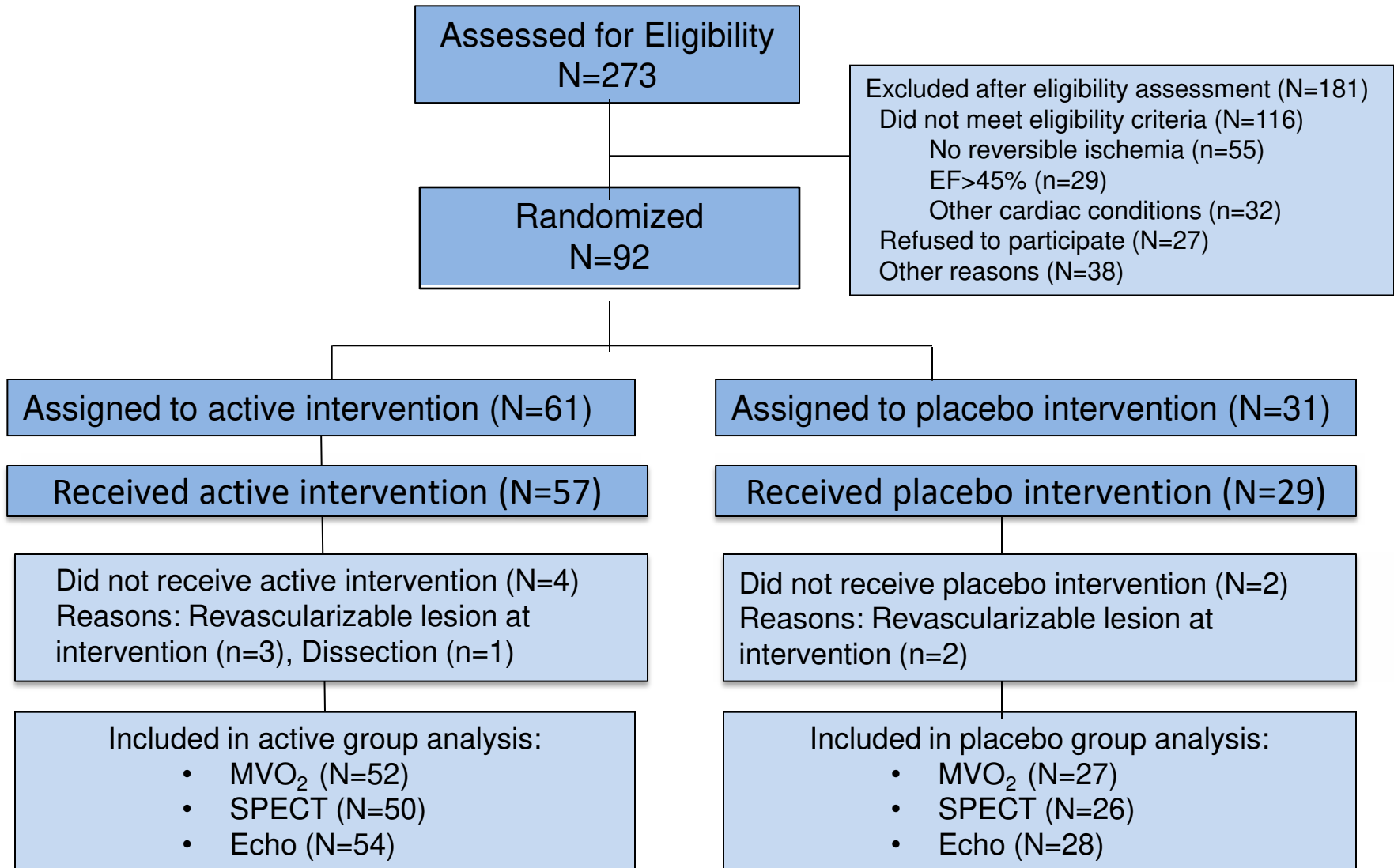


UniV



LLS





# Baseline Characteristics

N (%) unless otherwise specified	BMC N=61	Placebo N=31	P-value
<b><i>Patient Characteristics:</i></b>			
Age in years, mean (SD)	63.95(10.90)	62.32(8.25)	0.47
Female	8(13.11)	2(6.45)	0.49
White	58(95.08)	30(96.77)	1.00
Hispanic	3(4.92)	1(3.23)	1.00
BMI, mean (SD)	30.10(6.14)	31.80(6.60)	0.23
NYHA Classification:			
Class I	6(9.84)	2(6.45)	
Class II	32(52.46)	14(45.16)	
Class III	23(37.70)	15(48.39)	0.59
Class IV	0 (0.00)	0 (0.00)	
CCS Classification: (BMC=54, Placebo=25)			
Class I	13(24.07)	10(40.00)	
Class II	24(44.44)	10(40.00)	
Class III	16(29.63)	5(20.00)	
Class IV	1(1.85)	0(0.00)	0.45
BP in mmHg, mean (SD):			
Systolic	120.59(19.69)	122.13(15.78)	0.71
Diastolic	70.95(11.18)	74.77(10.35)	0.12
Qualifying LVEF (echo), mean (SD) (BMC=60)	32.43(9.23)	30.19(7.76)	0.25
Aspiration to Injection Time (hours), mean (SD) (BMC=58, Placebo=29)	8.95(1.18)	8.56(2.22)	0.28

# Baseline Characteristics

N (%) unless otherwise specified	BMC N=61	Placebo N=31	P-value
<b>Medical History:</b>			
Diabetes	21(34.43)	16(51.61)	0.12
Hypertension	49(80.33)	24(77.42)	0.79
History of MI (BMC=57)	53(92.98)	29(93.55)	1.00
Prior Revascularization	51(83.61)	26(83.87)	1.00
Prior CABG	47(77.05)	25(80.65)	0.79
Number CABG Operations:			
1	33(70.21)	21(84.00)	
2	13(27.66)	4(16.00)	
3	1(2.13)	0(0.00)	0.39
<b>Medications at Time of Randomization:</b>			
ACEi/ARB	37(60.66)	22(70.97)	0.37
Diuretics	41(67.21)	23(74.19)	0.63
Statins	44(72.13)	21(67.74)	0.81
Ranolazine	21(34.43)	3(9.68)	0.01
<b>Laboratory Evaluations:</b>			
GFR in ml/min/1.73m <sup>2</sup> , median (range) (BMC=58, Placebo=29)	71.2 (29.6-155.4)	70.1 (30.5-107.3)	0.96
BNP in pg/ml, median (range) (BMC=46, Placebo=23)	132.0 (16.0-545.0)	105.0 (26.0-140.0)	0.68
ProBNP in pg/ml, median (range) (BMC=15, Placebo=8)	833.0 (50.0-9793.0)	828.0 (103.0-5778.0)	0.95

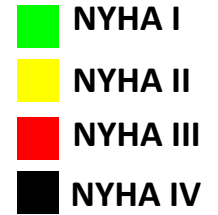


# Cell Characteristics and Function

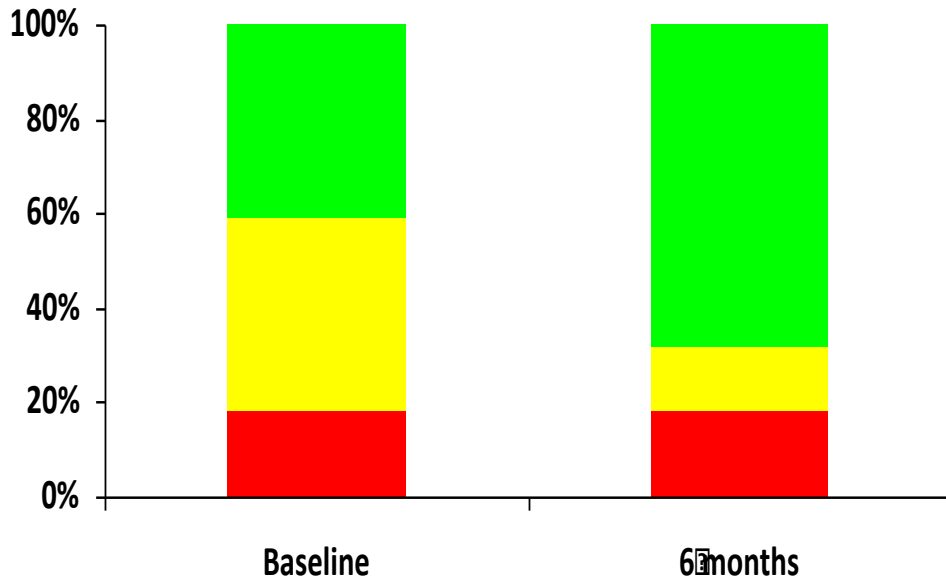
<b>N (%) unless otherwise specified</b>	<b>BMC N=61</b>	<b>Placebo N=31</b>	<b>P-value</b>
Total Nucleated Cells/Product (x10 <sup>6</sup> ), mean (SD)	99.03(5.58)	100.03(0.18)	0.322
%Viability/product by Trypan blue exclusion, mean (SD)	98.56(1.11)	98.70(0.89)	0.523
%CD34 cells/product, mean (SD)* (BMC=57, Placebo=30)	2.71(1.19)	2.60(0.93)	0.673
%CD133 cells/product, mean (SD)* (BMC=57, Placebo=30)	1.21(0.62)	1.14(0.48)	0.588
Colony Forming Units-Hill/product, mean (SD)* (BMC=55, Placebo=30)	109.41(206.29)	151.33(244.20)	0.404
Endothelial Colony Forming Cells/product, mean (SD)* (BMC=49, Placebo=28)	131.84(164.62)	156.44(240.12)	0.596

\* Four patients either declined participation or had insufficient product for the Biorepository.

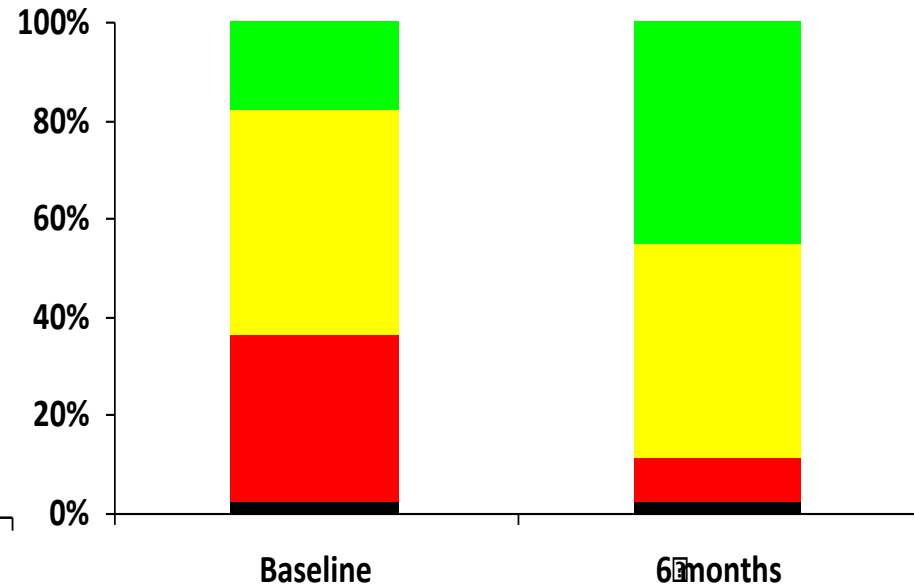
# Therapy Effect on change in NYHA Class over time



NYHA in Control Group



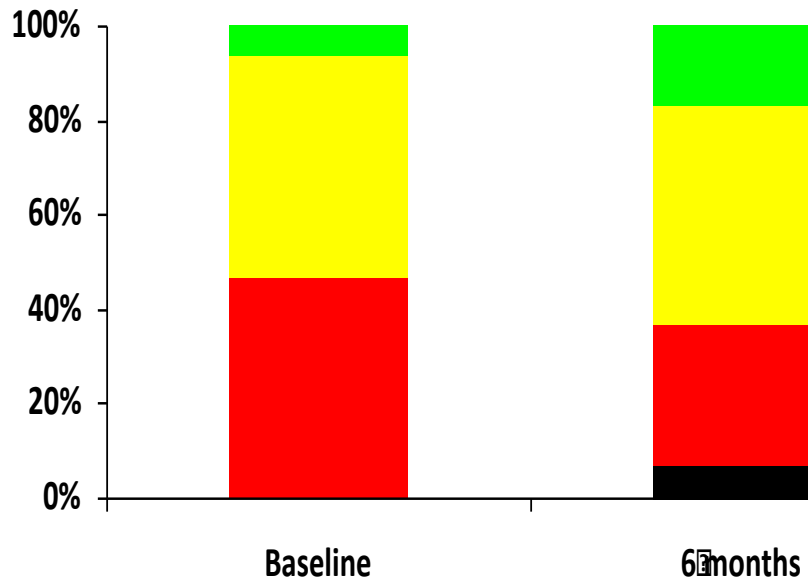
NYHA in Treated Group



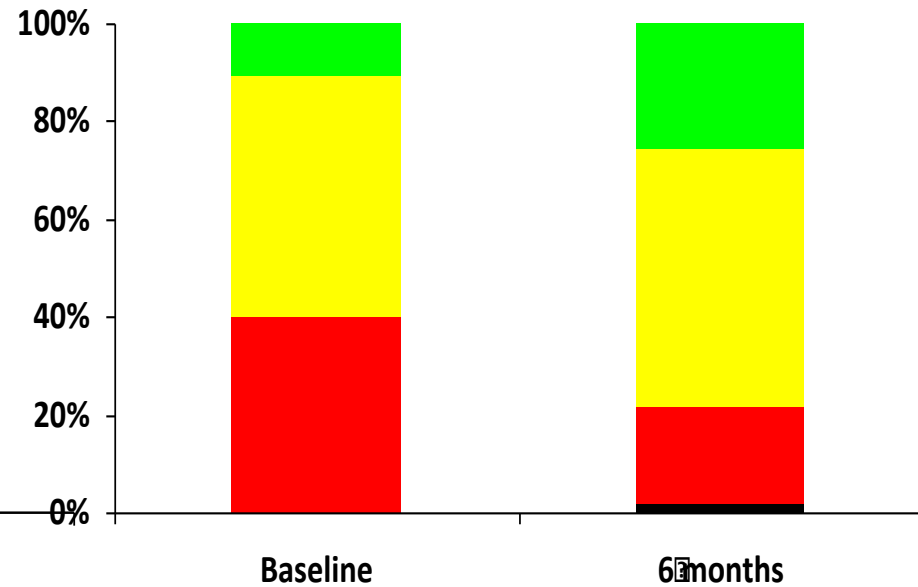
# Therapy Effect on change in CCS Class over time

- CCS I
- CCS II
- CCS III
- CCS IV

CCS in Control Group

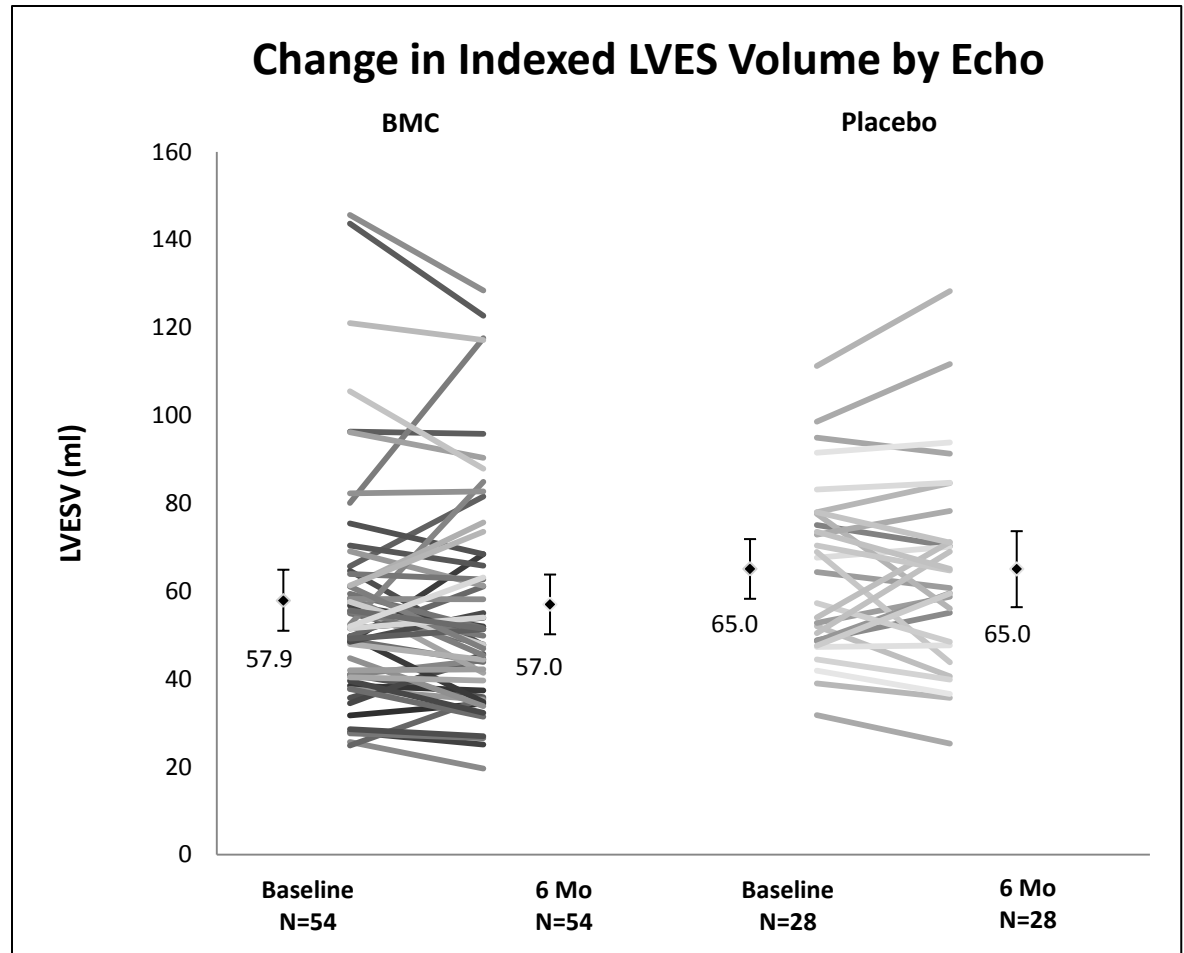


CCS in Treated Group



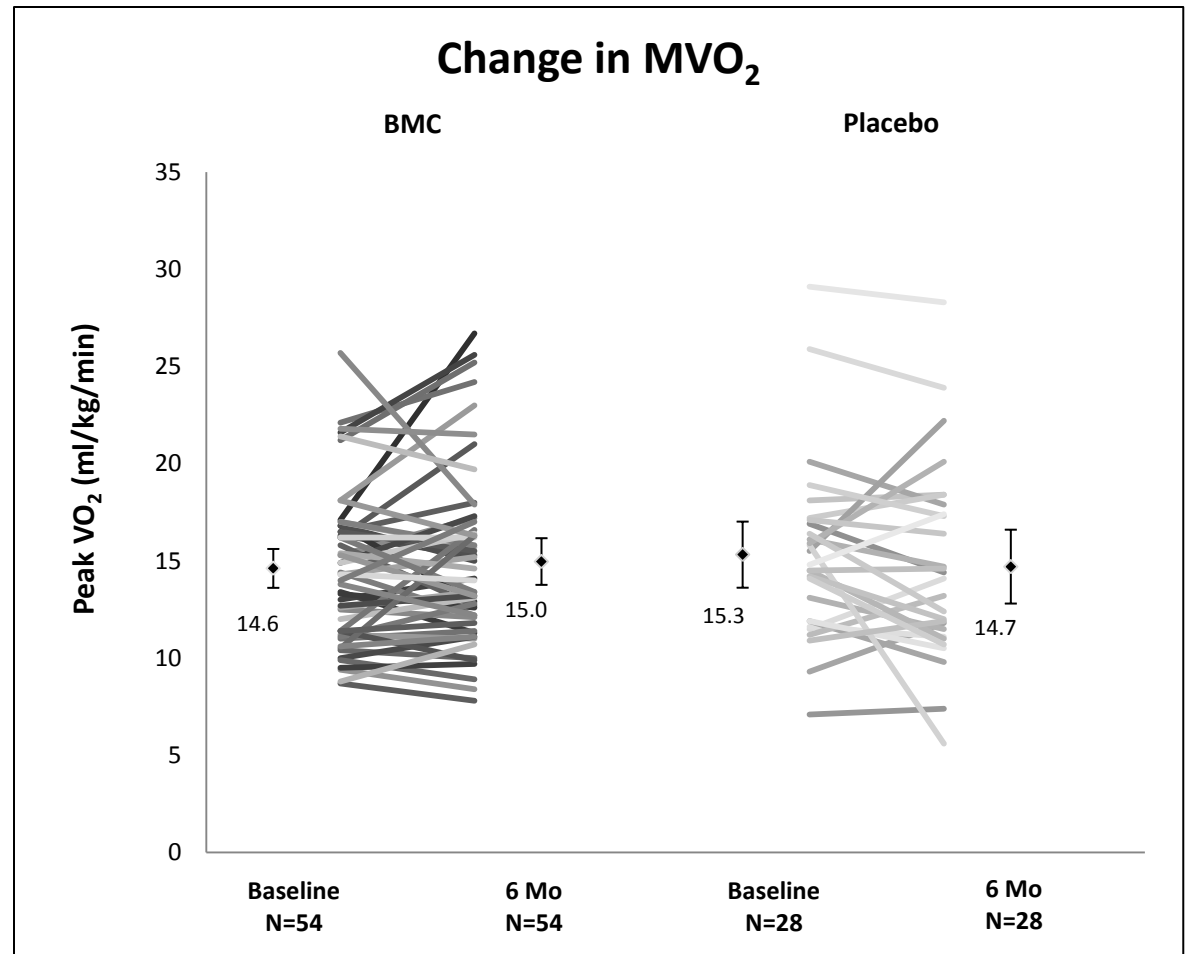
# Primary Endpoint: LVESV

No difference in the change in indexed LVESV by Echo between BMC and Placebo groups from baseline to 6 months



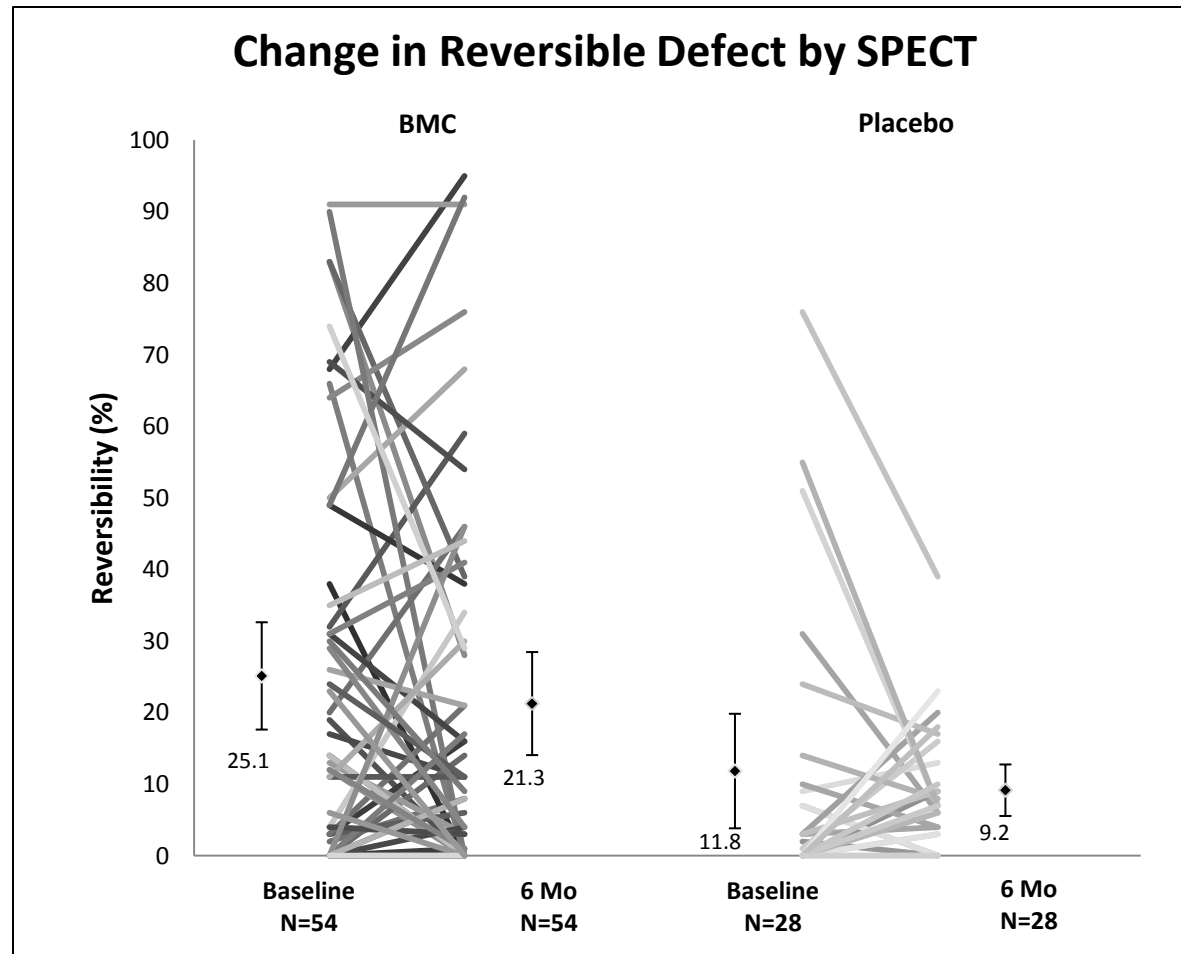
# Primary Endpoint: $MVO_2$

No difference  
in the change  
in  $MVO_2$   
between BMC  
and Placebo  
groups from  
baseline to 6  
months



# Primary Endpoint: Reversible Defect

No difference in the change in reversible defect by SPECT between BMC and Placebo groups from baseline to 6 months

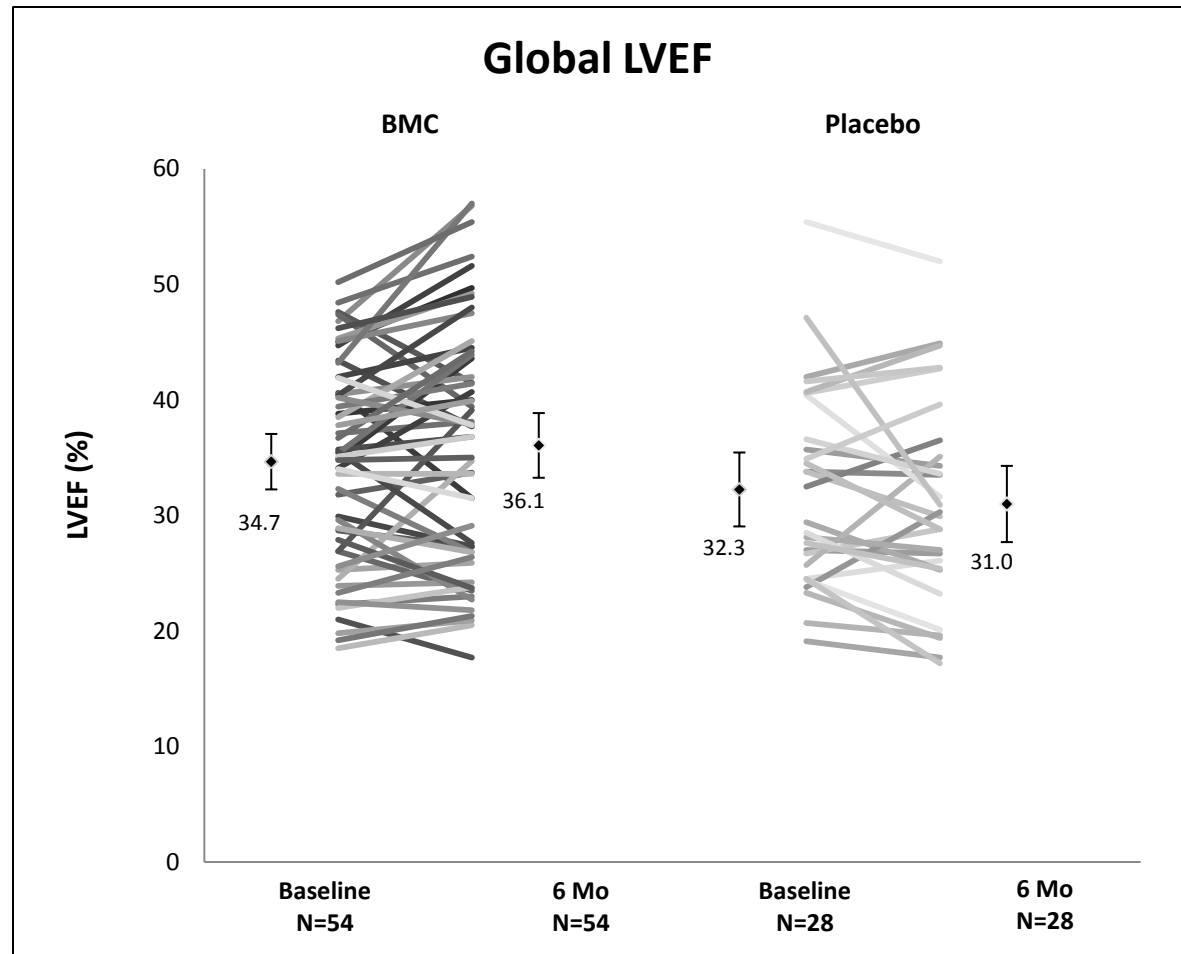


# Clinical Outcomes within 6-month Endpoint Window

	<b>BMC (n=61)</b>	<b>Placebo (n=31)</b>
Death	1	0
New MI	1	0
Rehospitalization for PCI	0	0
Rehospitalization for ACS	1	0
Rehospitalization for CHF	3	5
New AICD implantation	0	0
Heart Transplant	0	1
LVAD	1	1
<b>Total Outcomes</b>	<b>7</b>	<b>7</b>
<b>Patients</b>	<b>4 (7%)</b>	<b>4 (13%)</b>
<b>Crude Incidence Rate</b>	<b>0.066</b>	<b>0.129</b>

# Exploratory Analysis: LVEF

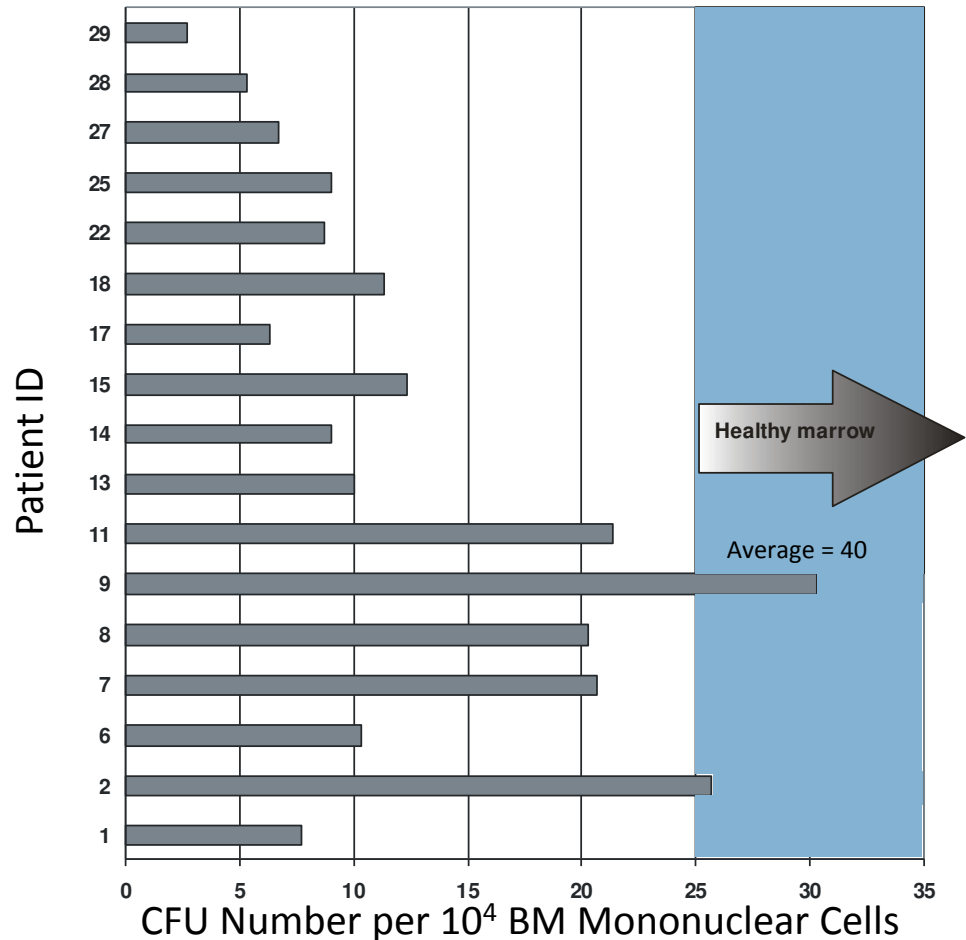
Significant difference in the change in LVEF between BMC and Placebo groups from baseline to 6 months (1.4 vs -1.3,  $p=0.030$ )





# Bone Marrow Sample Analysis in Focus HF: *CFU-GM*

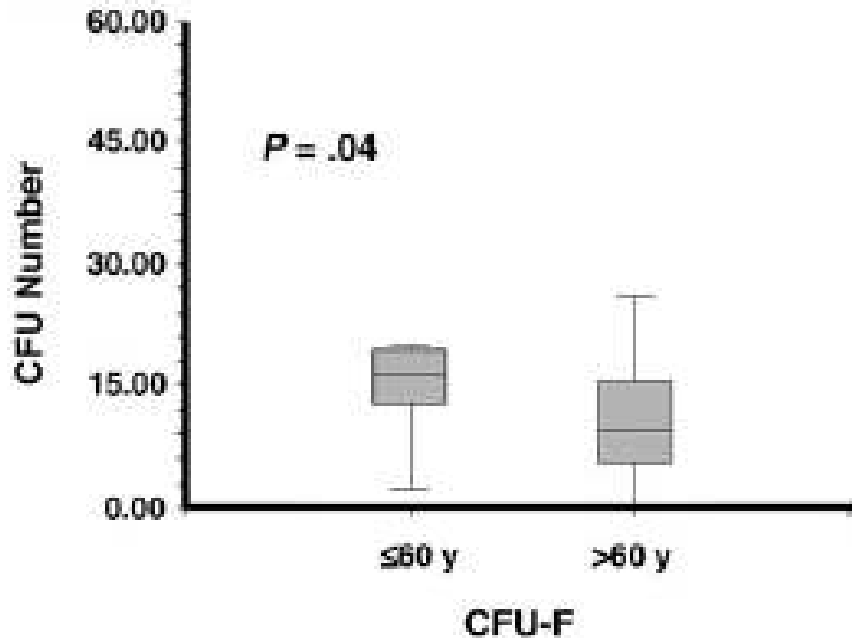
Only 2 patients had CFU in the “normal” range.



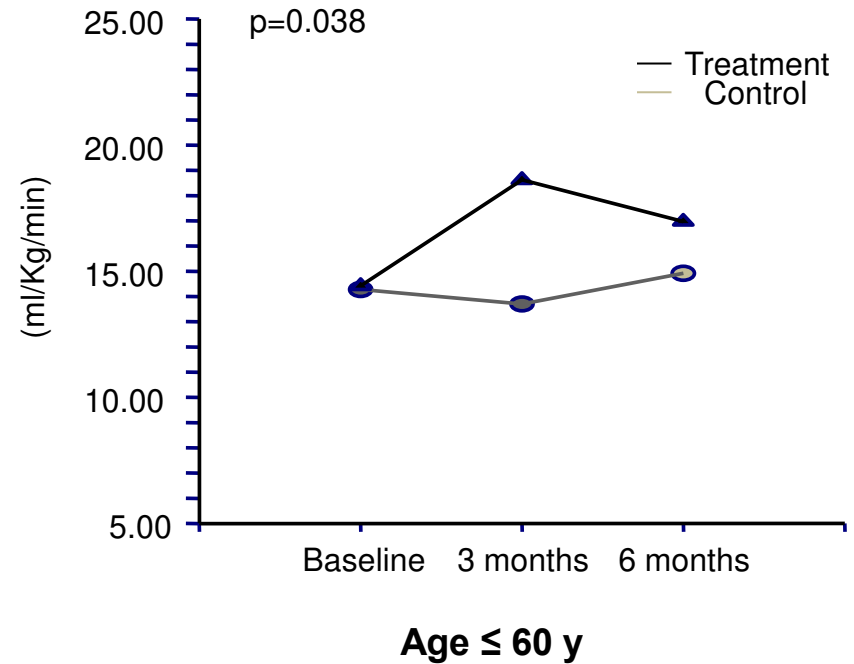
# Focus HF

## Bone Marrow Sample Analysis

*Age and CFU*



*Age and MVO<sub>2</sub>*

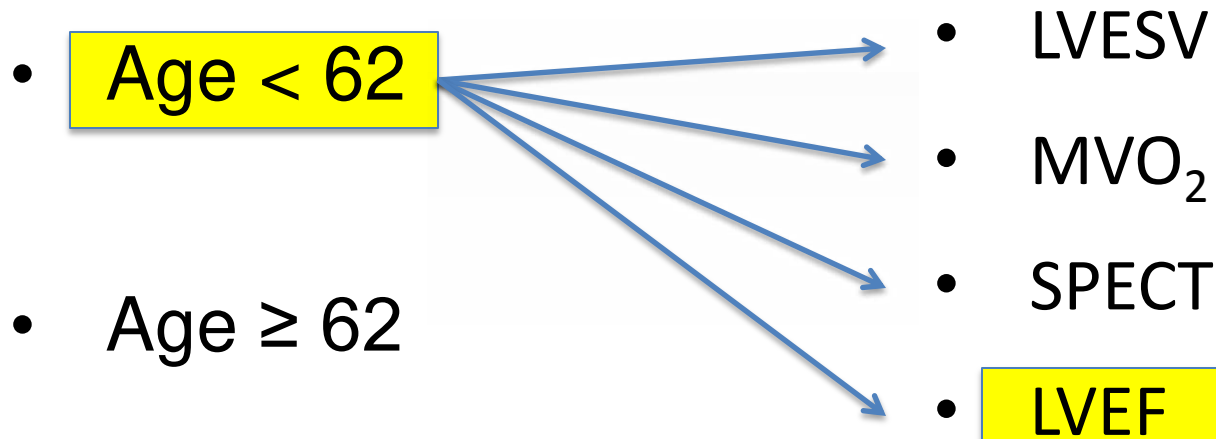


# Pre-Specified Analysis

## *Relationship of Age with Endpoints*

Age  
(median 62y)

Primary and Exploratory  
Endpoints



# Delta LVEF and Age

## LVEF- Treatment: Age < 62

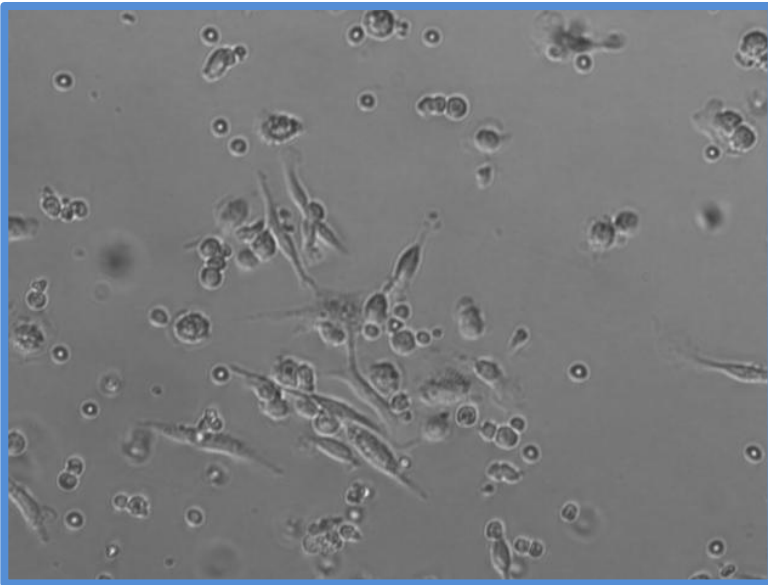
<i>LVEF (Echo Core)</i>	<u>BMC</u>			<u>Placebo</u>			Test Statistic	95% Confidence Interval				
	N	Mean	SD	N	Mean	SD		Change	SD	P-value	LB	UB
Baseline	27	35.1	9.0	15	32.0	8.0						
Followup	27	38.2	11.8	15	30.4	7.8						
Change	27	3.1	5.2	15	-1.6	6.6	<b>4.7</b>	5.7	<b>2.55</b>	<b>0.015</b>	0.97	8.37

## LVEF- Treatment: Age ≥ 62

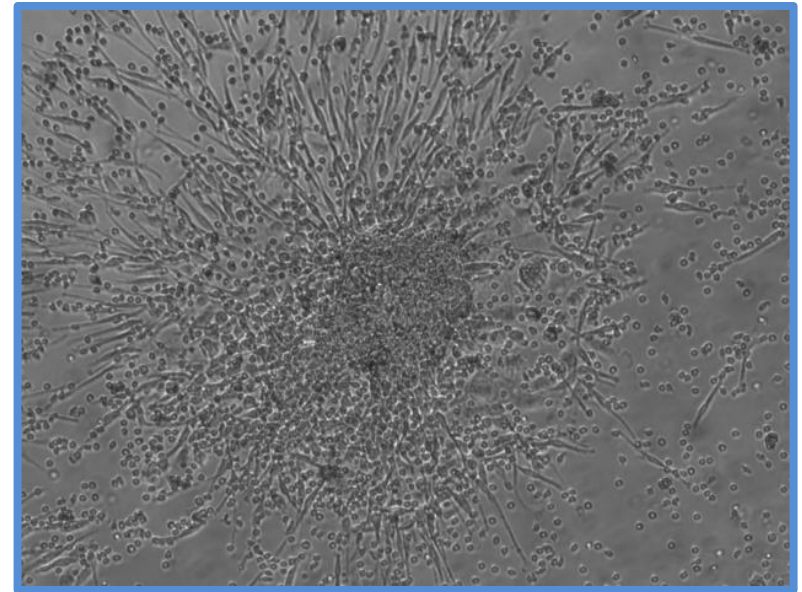
<i>LVEF (Echo Core)</i>	<u>BMC</u>			<u>Placebo</u>			Test Statistic	95% Confidence Interval				
	N	Mean	SD	N	Mean	SD		Change	SD	P-value	LB	UB
Baseline	27	34.2	8.8	13	32.5	9.6						
Followup	27	33.9	8.9	13	31.6	10.5						
Change	27	-0.3	4.7	13	-0.9	3.0	<b>0.6</b>	4.2	<b>0.43</b>	<b>0.668</b>	-2.28	3.52

# Cell Function Heterogeneity

*Age and Comorbidities*



*Low ECFC capacity*



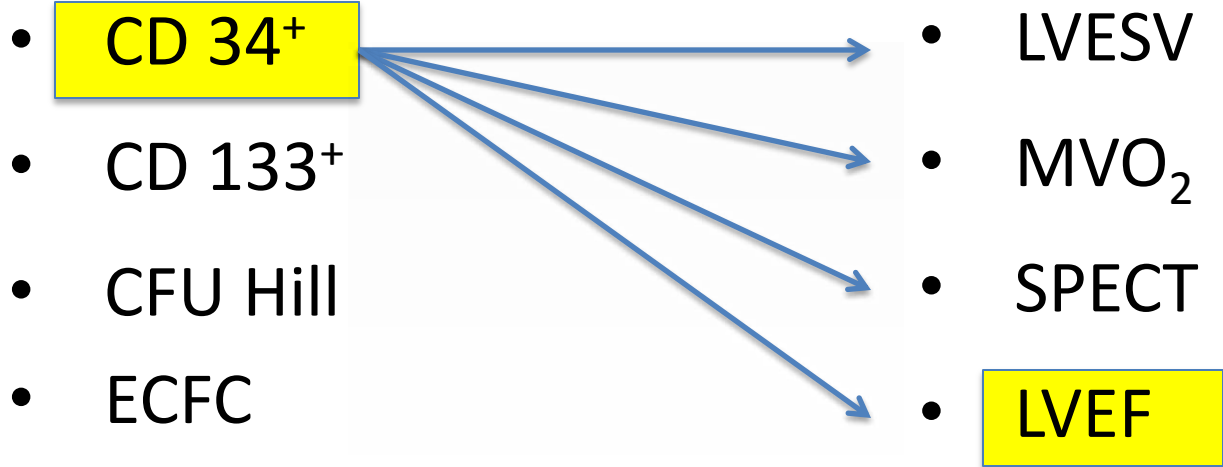
*High ECFC capacity*

# Pre-Specified Bone Marrow Analysis

## *Relationship with Endpoints*

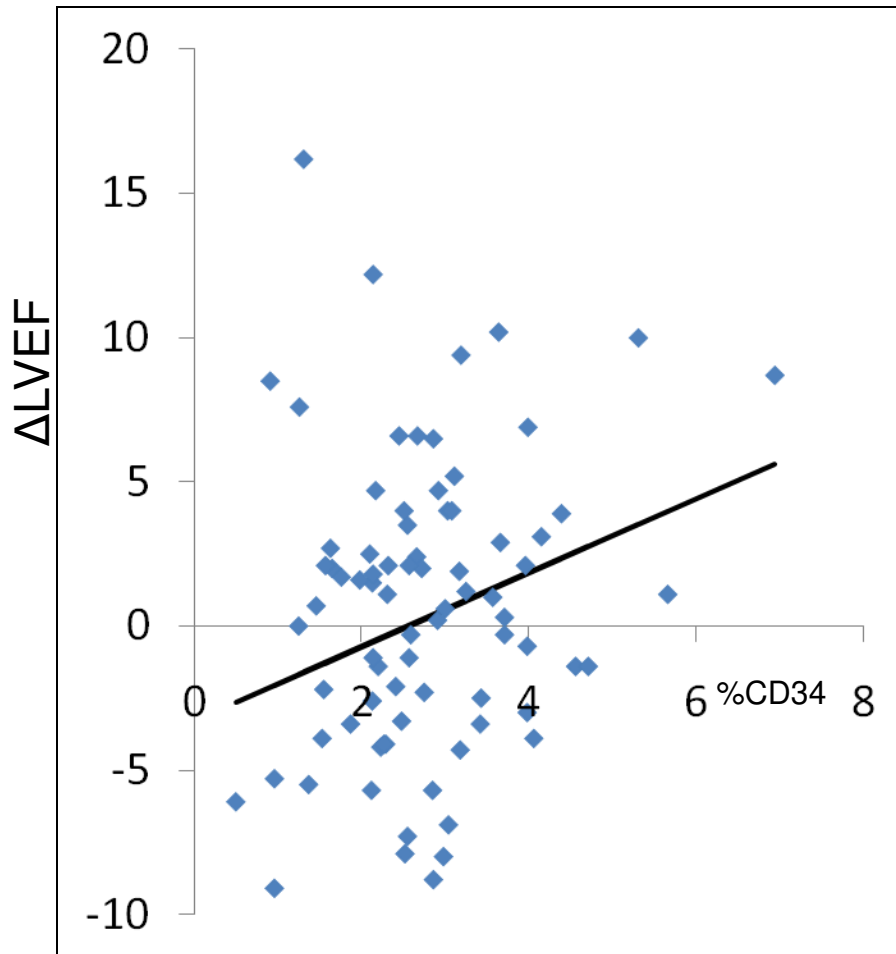
Preliminary Bone Marrow Functional and Phenotypic Analyses

Primary and Exploratory Endpoints



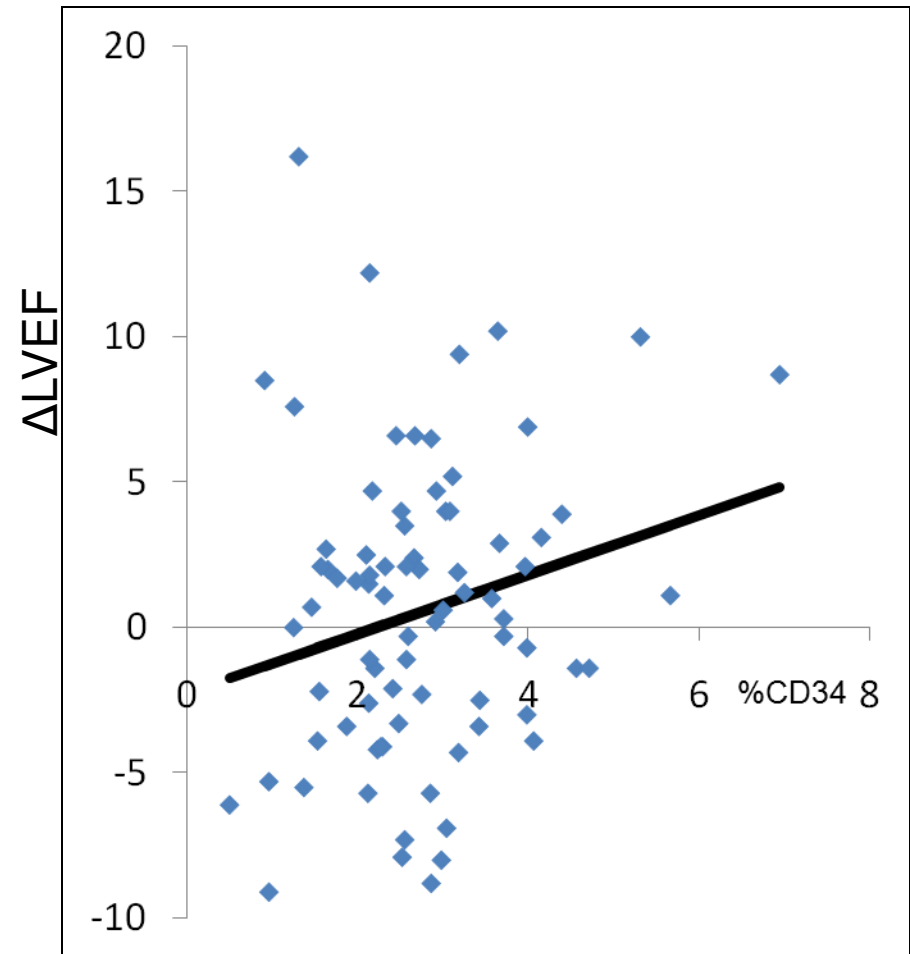
# Correlation between $\Delta$ LVEF and %CD34

Unadjusted



$R^2 = 8\%$   
 $P = 0.012$

Adjusted for Age and Therapy



$R^2 = 16\%$   
 $P = 0.043$

# Pre-Specified Bone Marrow Analysis

## *Relationship with Endpoints*

Preliminary Bone Marrow Functional and Phenotypic Analyses

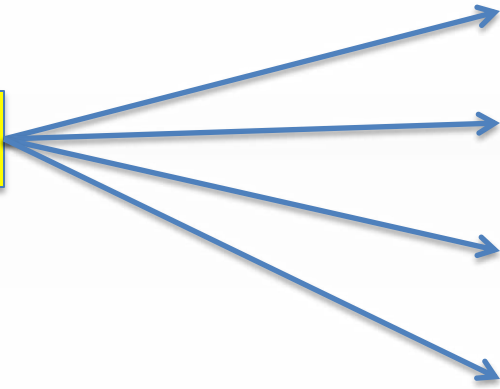
Primary and Exploratory Endpoints

- CD 34<sup>+</sup>

- CD 133<sup>+</sup>

- CFU Hill

- ECFC



- LVESV

- MVO<sub>2</sub>

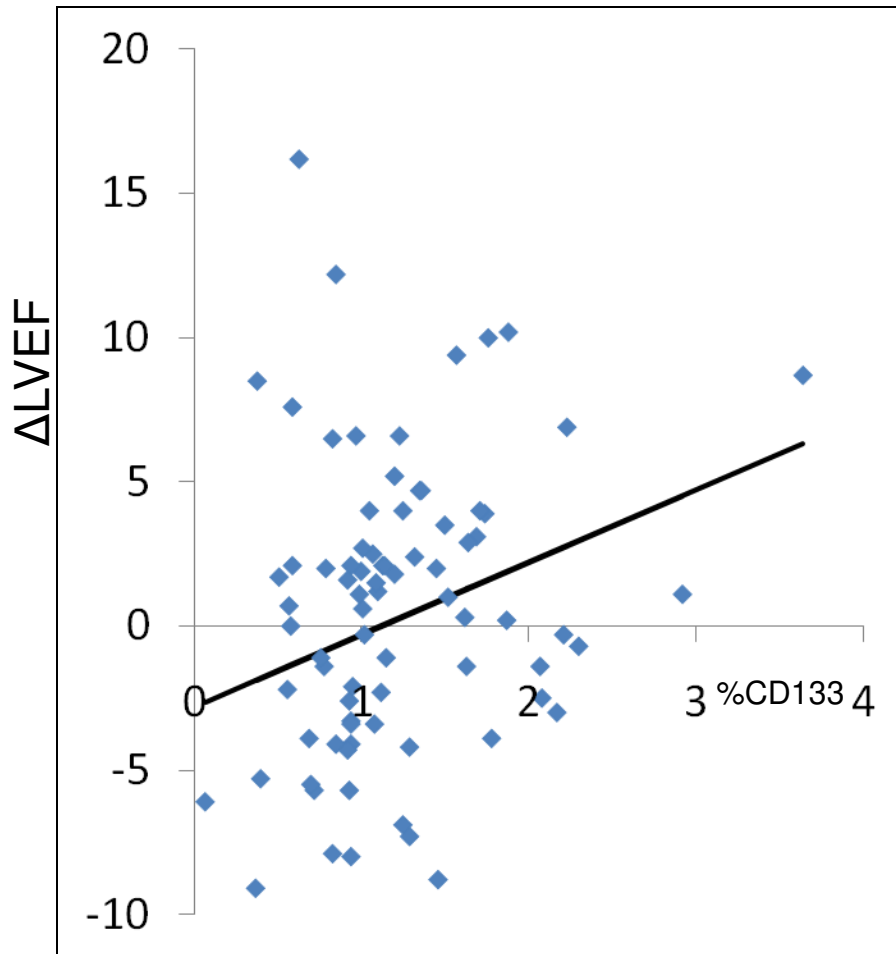
- SPECT

- LVEF



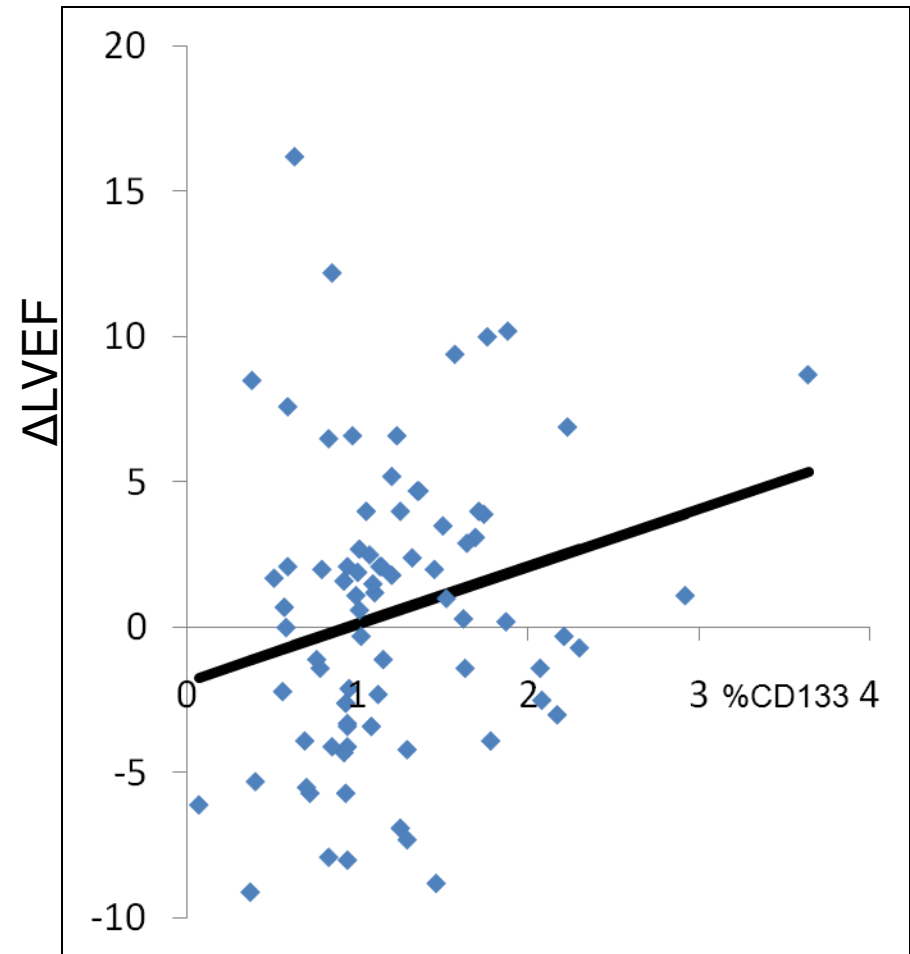
# Correlation between $\Delta$ LVEF and %CD133

Unadjusted



$R^2 = 8\%$   
 $P = 0.010$

Adjusted for Age and Therapy



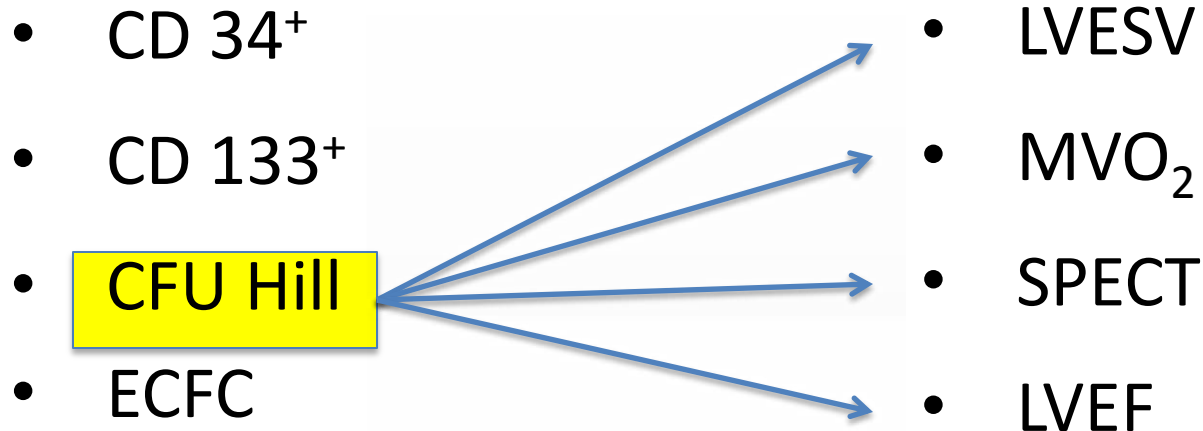
$R^2 = 16\%$   
 $P = 0.041$

# Pre-Specified Bone Marrow Analysis

## *Relationship with Endpoints*

Preliminary Bone Marrow  
Functional and Phenotypic  
Analyses

Primary and Exploratory  
Endpoints



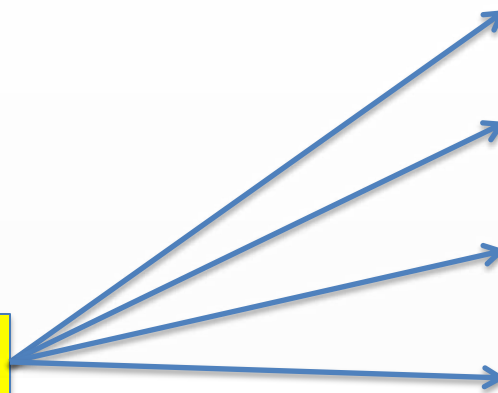
# Pre-Specified Bone Marrow Analysis

## *Relationship with Endpoints*

Preliminary Bone Marrow Functional and Phenotypic Analyses

Primary and Exploratory Endpoints

- CD 34<sup>+</sup>
- CD 133<sup>+</sup>
- CFU Hill
- ECFC



- LIVESV
- MVO<sub>2</sub>
- SPECT
- LVEF

# Exploratory Endpoint Analysis

## ECFCs > 80 (median)

<i>Peak VO2 ml/kg/min</i>	N	<u>BMC</u>		<u>Placebo</u>		
		Mean	SD	N	Mean	SD
Baseline	20	14.6	3.3	11	15.2	3.1
Followup	20	15.3	4.8	11	13.4	3.7
Change	20	0.7	2.9	11	-1.8	3.4

Change	SD	Test	95% Confidence Interval		
		Statistic	P-value	LB	UB
2.5	3.1	2.18	0.037	0.16	4.88

# Conclusions

- In patients with chronic ischemic heart disease and LV dysfunction with heart failure and/or angina there were no significant differences in a priori selected primary endpoints of LVESV, Reversibility by SPECT and  $MVO_2$  between subjects treated with 100 million autologous bone marrow mononuclear cells and placebo at 6 month follow-up.
- In this phase II study, exploratory analyses revealed that LVEF improved in the BMC group compared with the placebo group.
- LVEF improvement was significant in patients younger than the median study population age and correlated with the percentage of  $CD34^+$  and  $CD133^+$  cells in BM samples.

# Conclusions cont'd

- A pre-specified analysis of cell function (ECFC) showed significant improvement in MVO<sub>2</sub> in those study patients with higher than median ECFC values.
- Evaluating inherent variability in the cell product may provide mechanistic insights and help select patients that are likely to benefit from autologous cell therapy.
- Additional analyses of cell function will be forthcoming from the CCTRN biorepository and should help guide the design of future clinical trials in patients with ischemic heart disease and LV dysfunction.

# Acknowledgements

- National Heart Lung & Blood Institute
- Biologic Delivery Systems (BDS)
- Biosafe
- The clinical centers (Texas Heart Institute, University of Florida, Minneapolis Heart Institute, Vanderbilt University, and Cleveland Clinic) and their research teams
- University of Texas School of Public Health
- Center for Cell & Gene Therapy, Baylor College of Medicine
- The University of Florida MVO2 Exercise Laboratory, Cleveland Clinic Echo Core Labs, and Vanderbilt University SPECT Core Lab
- The University of Minnesota and University of Florida Biorepositories

ORIGINAL CONTRIBUTION

ONLINE FIRST

# Effect of Transendocardial Delivery of Autologous Bone Marrow Mononuclear Cells on Functional Capacity, Left Ventricular Function, and Perfusion in Chronic Heart Failure

## The FOCUS-CCTRN Trial

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CELL THERAPY HAS EMERGED AS an innovative approach for treating patients with advanced ischemic heart disease, including those with refractory angina and/or heart failure. Early clinical

**Context** Previous studies using autologous bone marrow mononuclear cells (BMCs) in patients with ischemic cardiomyopathy have demonstrated safety and suggested efficacy.

**Objective** To determine if administration of BMCs through transendocardial injections improves myocardial perfusion, reduces left ventricular end-systolic volume (LVESV), or enhances maximal oxygen consumption in patients with coronary artery disease or LV dysfunction, and limiting heart failure or angina.

**Design, Setting, and Patients** A phase 2 randomized double-blind, placebo-controlled trial of symptomatic patients (New York Heart Association classification II-III or Canadian Cardiovascular Society classification II-IV) with a left ventricular ejection fraction of 45% or less, a perfusion defect by single-photon emission tomography (SPECT), and coronary artery disease not amenable to revascularization who were receiving maximal medical therapy at 5 National Heart, Lung, and Blood Institute-sponsored Cardiovascular Cell Therapy Research Network (CCTRN) sites between April 29, 2009, and April 18, 2011.

**Intervention** Bone marrow aspiration (isolation of BMCs using a standardized automated system performed locally) and transendocardial injection of 100 million BMCs or placebo (ratio of 2 for BMC group to 1 for placebo group).

**Main Outcome Measures** Co-primary end points assessed at 6 months: changes in LVESV assessed by echocardiography, maximal oxygen consumption, and reversibility on SPECT. Phenotypic and functional analyses of the cell product were performed by the CCTRN biorepository core laboratory.

**Results** Of 153 patients who provided consent, a total of 92 (82 men; average age: 63 years) were randomized ( $n=61$  in BMC group and  $n=31$  in placebo group). Changes in LVESV index ( $-0.9$  mL/m<sup>2</sup> [95% CI,  $-6.1$  to  $4.3$ ];  $P=.73$ ), maximal oxygen consumption ( $1.0$  [95% CI,  $-0.42$  to  $2.34$ ];  $P=.17$ ), and reversible defect ( $-1.2$  [95% CI,  $-12.50$  to  $10.12$ ];  $P=.84$ ) were not statistically significant. There were no differences found in any of the secondary outcomes, including percent myocardial defect, total defect size, fixed defect size, regional wall motion, and clinical improvement.

**Conclusion** Among patients with chronic ischemic heart failure, transendocardial injection of autologous BMCs compared with placebo did not improve LVESV, maximal oxygen consumption, or reversibility on SPECT.

**Trial Registration** clinicaltrials.gov Identifier: NCT00824005

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studies have been performed primarily using autologous stem/progenitor cells.<sup>1-13</sup> In patients with ischemic heart

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