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Effect of Ultrasonic Processing on Food Enzymes of Industrial Importance

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1	Effect of ultrasonic processing on food enzymes of industrial importance
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16 Abstract

17 In the last decade power ultrasound has emerged as an alternative processing option to 18 conventional thermal approaches for pasteurisation and sterilisation of food products. 19 While sonication alone is not adequate for inactivation of various spoilage and 20 harmful enzymes present in food, ultrasound in combination with mild heat treatment 21 and/or pressure has shown potential for both enzyme and pathogen inactivation. Numerous studies have investigated ultrasound for inactivating enzymes such as 22 23 pectinmethylesterase, polyphenoloxidases and peroxidases responsible for 24 deterioration of fruit & vegetable juice and various enzymes pertinent to milk quality. 25 The efficacy of ultrasound for the inactivation of enzymes in food is outlined in this 26 review along with a description of the inactivation mechanism to elucidate the effect 27 of ultrasound on important enzymes in fruit juices and dairy products.

28 Keywords: Ultrasound; Enzyme; Inactivation; Dairy; Fruit juices

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32 Introduction

33 Thermal treatment is the most common and widely employed pasteurisation and 34 sterilisation technique for the inactivation of micro-organisms and enzymes in the 35 food industry. Consumer demands for higher quality products have inspired researchers and the food industry to investigate novel processing technologies to 36 37 replace traditional processing methods (Awuah, Ramaswamy, & Economides, 2007). The application of the low frequency high power ultrasound (≤ 0.1 MHz, 10-1000 38 W.cm⁻²) in the food industry has been widely investigated over the last decade. 39 40 Current and potential applications of ultrasound in the food processing industry have 41 been extensively reviewed (Knorr, Zenkar, Heinz, & Lee, 2004; Mason, Paniwnyk, & 42 Lorimer, 1996; McClements, 1995).

43 Power ultrasound has been reported to be sufficient to meet the FDA's 44 mandatory 5 log reduction of food borne pathogens in fruit juices. Ultrasound alone or 45 in combination with mild temperature is reported to be effective against E. coli in 46 model fluids (Salleh-Mack & Roberts, 2007) and apple cider (Ugarte-Romero, Feng, 47 Martin, Cadwallader, & Robinson, 2006) and Listeria monocytogenes in apple cider 48 (Baumann, Martin, & Feng, 2005). Ultrasound alone or in combination with heat 49 (thermosonication) or pressure (manosonication) or both heat and pressure 50 (manothermosonication) is reported to be effective against various food enzymes 51 pertinent to the dairy and fruit juice industry such as lipoxygenase, peroxidase, and 52 polyphenol oxidase, as well as heat-resistant lipase and protease (López, Sala, de la Fuente, Condon, Raso, & Burgos, 1994; López & Burgos, 1995a,b; Vercet, Lopez, & 53 54 Burgos, 1997; Villamiel, & de Jong, 2000). Inactivation of pathogenic and spoilage microorganisms or enzymes by sonication is mainly caused by physical (caviation, 55

mechanical effects) and/or chemical (formation of free radicals due to sonochemical
reaction) principles.

58 Sonication alone or in combination with thermal processing is reported to be effective 59 against various other enzymes of industrial importance. Coakley, Brown & James (1973) investigated the inactivation of alcohol dehydrogenase, catalase, and lysozyme 60 61 by exposure to 20 kHz ultrasound in a model solution. They observed an exponential 62 inactivation for alcohol dehydrogenase and lysozyme, however minor effects were 63 observed for catalase. Conversely, Mañas, Muñoz, Sanz, & Condón (2006) reported 64 that sonication at ambient temperature and atmospheric pressure had no significant effect on the activation of lysozyme. However the desired inactivation was achieved 65 at elevated temperatures (60 - 80 °C) and pressure (200 kPa). The enzyme 66 67 inactivation behaviour in real food systems may be considerably different due to 68 presence of other food components. Kadkhodaee & Povey (2008) investigated the 69 inactivation of α -amylase by thermosonication and reported a reduced activation 70 energy (19.27 kJ/mol K) compared to thermal inactivation (109 kJ/mol K). They 71 observed that the activation energy values for ultrasonic treatment were dependent on 72 the emitting face of the probe and gas content of the medium. The effectiveness of 73 ultrasound for control of enzymatic activity is strongly influenced by intrinsic and 74 extrinsic factors such as enzyme concentration, temperature, the pH and composition 75 of the medium. However, in some cases of enzyme inactivation using sonication, it is 76 unclear whether this may attributed solely to the process of enzyme dissociation into 77 subunits as observed with thermal inactivation.

Ultrasonic processing of fruit juices has minimal effects on the quality of fruit juices
such as orange juice (Velero, Recrosio, Saura, Munoz, Martic & Lizama, 2007),
guava juice (Cheng, Soh, Liew, & Teh, 2007) and strawberry juice (Tiwari,

78

82 O'Donnell, Patras, Brunton, & Cullen, 2009a). It is also reported to enhance cloud value and stability of orange juice during storage (Tiwari, O'Donnell, 83 84 Muthukumarappan, & Cullen, 2009b). Recently, Piyasena, Mohareb & McKellar 85 (2003) and Jiranek, Grbin, Yap, Barnes & Bates (2008) comprehensively reviewed the potential of ultrasound for inactivation of various food borne pathogens. Tiwari et 86 87 al., (2008) reviewed the effect of ultrasound processing on quality of fruit juices. However, to date the effects of ultrasound on the inactivation of enzymes causing 88 89 quality deterioration of food have not been comprehensively reviewed. The objective 90 of this paper is to review recent literature on the potential of power ultrasound for the 91 inactivation of enzymes of industrial importance in the dairy and fruit juice industries.

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Generation of power ultrasound

Ultrasound is a form of vibrational energy in the frequency range of 20-100 kHz with 94 a sound intensity of 10 to 1000 W/cm². Generally, power ultrasound employed in food 95 processing uses lower frequencies (20 to 100 kHz) and causes cavitation with sound 96 intensities of 10 to 1000 W/cm² (Feng and Yang 2005). The ultrasonic transducers 97 convert electrical or mechanical energy to sound energy. There are three types of 98 99 ultrasonic transducers in common usage including liquid-driven transducers, 100 magnetostrictive transducers and piezoelectric transducers (Mason, 1998), with 101 piezoelectric being the most common. For ultrasonic baths, power is often low in 102 order to avoid cavitational damage to the tank walls and the power density is low due 103 to large volume or processing liquid.

When high power ultrasound propagates in a liquid, cavitation bubbles will be generated due to pressure changes. These micro bubbles will collapse violently in the succeeding compression cycles of a propagated sonic wave. This results in regions of high localized temperatures up to 5,000 K and pressure of up to 50,000 kPa, resulting
in high shearing effects (Mason, 1991; Piyasena et al., 2003) and a localized
sterilization effect.

110 The ultrasound power level or energy transmitted to a food medium can be expressed 111 as ultrasound power (W), ultrasound intensity (W/cm²), acoustic energy density 112 (W/mL) or cavitational intensity. The sonication treatment and the cavitation activity 113 in a treatment chamber may vary for the same ultrasound intensity if the sample 114 volume and probe location change. Recently, volumetric acoustic energy density 115 (W/cm³ or W/mL) has been widely employed to indicate the ultrasonic power level.

116 Cavitation intensity can be estimated by measuring hydrogen peroxide (H_2O_2) 117 formation in distilled water during sonication following a catalyzed colorimetric 118 procedure (Mead, Sutherland, & Verrall, 1976). However, the determination of H₂O₂ 119 generation during an ultrasound treatment in a food system is complex due to the 120 presence of food components including ions and other colloidal components. To date, 121 no reliable method to measure cavitation activity in a food system has been developed 122 (Raviyan et al., 2005). Tsukamoto et al. (2004) reported that the measurement of ultrasound amplitude is an indication of the ultrasonic cavitation and is also a reliable 123 124 method for indication of the ultrasound power.

125 Ultrasonic intensity or acoustic energy density can be determined calorimetrically
126 (Mason *et al.*, 1990) using Equations 1-3. The absolute ultrasonic power P is given as:

127
$$P = mc_p \left(\frac{dT}{dt}\right)_{t=0}$$
(1)

Where, m is the mass, c_p is the specific heat capacity and (dT/dt) is the rate of change of temperature during sonication which can be determined by polynomial curve fitting to the temperature rise vs. time under adiabatic conditions using a standardthermocouple.

132 The intensity of ultrasonic power dissipated from a probe tip with diameter *D* is given
133 by (Mason *et al.*, 1990)

$$UI = \frac{4P}{\pi D^2} \tag{2}$$

Acoustic energy density or volumetric energy density can be determined by dividing
absolute ultrasound power with the volume (V) of the medium (cm³ or mL)

137
$$AED = \frac{P}{V}$$
(3)

138

134

139 Mechanism of inactivation

140 In general most studies reported that prolonged exposure periods were 141 necessary to inactivate enzymes using high-intensity ultrasound. However some 142 authors have reported that ultrasound has no impact on certain enzymes while others have demonstrated that acoustic cavitation induced by ultrasound waves both 143 144 physically and chemically affects enzymes (Kadkhodaee & Povey, 2008). 145 Denaturation of protein is mainly responsible for inactivation of enzymes either by free radicals in sonolysis of water molecules $(H_2O \rightarrow OH^- + H^+)$ or shear forces 146 147 resulting from the formation or collapse of cavitating bubbles (Mason et al., 1994; 148 Suslick, 1988).

The intensity of ultrasound applied, strongly influences the effect of sonication on enzyme activity. Researchers (Sakakibara, Wang, Takahashi, Takahashi, & Mori 151 1996; Choi & Kim, 1994) have reported that the activity of free enzymes increases 152 under mild ultrasound irradiation. Selection of appropriate ultrasonic processing 153 parameters can enhance enzymatic assisted processes. Şener, Apar & Özbek (2006)

154 increased the rate of lactose hydrolysis in milk using ultrasound at an acoustic power level of 20 W, duty cycle of 10% and enzyme concentration of 1 mL/L, resulting in a 155 156 minor loss (25 %) of enzyme activity. Application of ultrasound assists biochemical 157 processes through reduced consumption of enzymes, shorter process times and 158 improved uniformity of treatment (Basto, Tzanov, & Cavaco-Paulo, 2007). Many 159 mechanisms have been proposed for microbial and enzymatic inactivation in foods (Table 1). Cavitational intensity is the most widely reported inactivation mechanism. 160 161 Cavitational intensity is measured as the rate of H₂O₂ generation, which is formed as 162 follows:

163

1 < 1		
164	$H_2O \rightarrow OH^-$	+ H

- 165 $H_2O+OH^-+H^+ \rightarrow H_2O_2+H_2$
- 166

167 H_2O_2 production is strongly influenced by processing temperature and sample volume 168 (Raviyan, Zhang, & Feng, 2005). Cavitational activity decreases at higher 169 temperatures due to a reduced cavitation threshold, resulting in lower temperatures 170 and pressures upon bubble collapse (Mason & Lorimer, 2002).

171 Reported inactivation mechanisms are directly or indirectly dependent on
172 processing variables such as sonotrode type and geometry, frequency and acoustic
173 energy density. Media properties including treatment volume and gas concentration
174 also affect the efficiency of enzyme inactivation (Kadkhodaee & Povey, 2008; Raso,
175 Pagan, Manas, Pagan, & Sala, 1999).

176 Özbek, & Ülgen (2000) reported that ultrasonic inactivation mechanisms are
177 specific to the enzyme under investigation and depend on amino acid composition and
178 the conformational structure of the enzyme. For example manothermosonication is

reported to inactivate peroxidase by splitting its prosthetic heme group, as for the mechanism of heat inactivation (Lopez & Burgos, 1995a), whereas lipoxygenase appears to be inactivated by a free radical mediated mechanism (Lopez & Burgos, 182 1995b) and possibly by denaturation of proteins (Mason, 1998). Some enzymes, such as catalase, yeast invertase, or pepsin are resistant to ultrasound (Sala, Burgos, 184 Condon, Lopez, & Raso, 1995).

185

186 **Fruit juice enzymes**

187 *Pectinmethylesterase*

188 Pectinmethylesterase (PME), an ubiquitous enzyme found in plants, hydrolyses pectin 189 resulting in decreased cloud stability and reduced viscosity due to pectin chain 190 degradation. Ultrasound was reported to inactivate PME in tomato juice and orange 191 juice (Kuldiloke, 2002, López, Vercet, Sanchez, & Burgos, 1998, Vercet, Lopez, & 192 Burgos, 1999 and Vercet, Oria, Marquina, Crelier, & Lopez-Buesa, 2002) in 193 combination with heat and/or pressure. López et al. (1998) reported that the D-value 194 of tomato PME was reduced from 45 min for thermal treatment to 0.85 min for 195 manothermosonication at the same temperature (62.5 °C). Ravivan et al. (2005) 196 reported a similar reduction in D value from 1571.4 min for thermal treatment to < 197 80 min for thermosonication at the same temperature (50 °C). The D value was further reduced from 240.6 min to 1.5 min with an increase in temperature from 50 to 61 °C 198 at a cavitation intensity of 0.007 mg, L^{-1} , min⁻¹ (Ravivan et al. 2005). Wu, Gamage, 199 200 & Mawson, (2008) reported a reduction in D value for PME Vilkhu, Simons, 201 inactivation at 60 and 65 °C compared to those observed for thermal inactivation. 202 However, they did not observe this synergy at 70 °C, where the D values for thermal 203 and thermosonication treatment were similar.

204 A number of studies have reported that sonication in combination with either heat or 205 pressure has a synergistic effect on PME inactivation. Ravivan et al., (2005) reported 206 increased inactivation of PME in sonicated tomato juice for a temperature range of 50 - 72 °C compared to thermal treatment alone. Increased inactivation was dependent 207 208 on cavitational intensity which is reported to be temperature dependent. For example, simultaneous applications of heat (72 °C) and ultrasound (frequency of 20 kHz and 209 210 amplitude of 117 µm) under moderate pressure (200 kPa) increased the inactivation 211 rate of orange juice PME by a factor of 25 in a buffer solution, and by more than a 212 factor of 400 in orange juice (Vercet, Lopez, & Burgos, 1999). Higher inactivation 213 rates in juice could be either due to the presence of co-solutes (substrates or other 214 molecules that physically interact with enzymes) or loss of the protective effect of 215 pectin in orange juice to which PME is bound (Vercet, Lopez, & Burgos, 1999). The 216 effect of pectin on PME inactivation is also reported during orange juice ultrafiltration 217 (Snir et al. 1995). Raviyan et al., (2005) reported that the increase in enzyme 218 inactivation during thermosonication is more pronounced at lower temperatures. One 219 possible explanation for this could be that at higher temperatures, increased vapour pressure inside the bubbles introduces a cushioning effect and hence produces less 220 221 effective bubble collapse (Mason, 1990). Tiwari et al. (2008) concluded that 222 sonication alone is not sufficient to inactivate PME. The maximum PME inactivation 223 level reported for orange juice sonicated at the highest acoustic energy density of 1.05 224 W/mL for 10 min was 62% (Figure 1).

The reduction of PME activity in sonicated lemon juice resulted in enhanced cloud stability during storage for 18 days at 4 °C compared to thermally processed lemon juice (Knorr et al. 2004). The improved cloud stability observed during storage could be due to the mechanical damage of the PME protein structure during sonication. 229

230 Polyphenoloxidase

231 Polyphenoloxidase (PPO) is a copper-containing enzyme that causes enzymatic 232 browning in fresh fruits and vegetables products such as juices. Enzymatic browning 233 is one of the biggest problems faced during the processing of fruits and vegetables 234 (Yemenicioglu & Cemeroglu, 2003). PPO is not an extremely heat stable enzyme, and short exposure to temperatures between 70 and 90 °C is sufficient to inactivate it. 235 Cheng et al. (2007) reported an increase in PPO in sonicated (35 kHz; for 30 min) 236 237 guava juice compared to control. They observed an increase in enzymatic activity 238 possibly due to the processing conditions employed. Cheng et al (2007) employed a 239 standard ultrasonic bath for inactivation studies. Sonication baths are generally of low 240 power in order to avoid cavitational damage to the tank walls, consequently the 241 acoustic energy density is low due to large volume. However, a low ultrasound power 242 level as in this case can enhance the disruption of biological cell walls to facilitate the 243 release of their contents, indeed many ultrasonic horn systems were first marketed as 244 cell disruptors (Mason et al., 1996). Moreover, low power levels can induce 245 stimulation of enzymes whereas, higher power levels inactivate enzymes due to 246 denaturation.

A synergistic effect of heat and pressure with ultrasound has been reported for the inactivation of PPO in model buffer systems (Lopez *et al.*, 1994). They reported a linear decrease in log D values for an increase in ultrasound amplitude level over the range $35 - 145 \mu$ m. Heat or pressure assisted ultrasonic processing of juice can substantially reduce enzyme resistance and the heat treatment required for inactivation. As discussed earlier, the enzyme inactivation mechanism is complex and depends upon several factors such as fruit juice composition, enzyme type, pH andprocessing parameters.

255

256 *Peroxidases*

257 Peroxidase (POD) is a heme-containing enzyme which can be used to evaluate the 258 efficiency of vegetable blanching (Lopez et al., 1994) because of its relatively high thermal stability. POD which is found in most raw and unblanched fruit and 259 260 vegetables, is associated with the development of off-flavours and browning 261 pigments. Thermosonication has been reported to reduce the blanching time required 262 for inactivation of POD in watercress; for example to obtain 90% POD inactivation at 263 90 °C, a thermal treatment time of 70 s is necessary compared to 5 s for 264 thermosonication treatment at the same temperature (Cruz, Vieira, & Silva 2006). De 265 Gennaro, Guerrero, Lopez-Malo, & Alzamora (1999) reported first order inactivation 266 kinetics for POD during sonication. This could be due to the cushioning effect of 267 cavitating bubbles which are formed under the tip of sonotrode, acting as a barrier to 268 the solution during sonication (Ratoarinoro, Contamine, Wilhem, Berlan & Delmas, 269 1995). Cruz et al., (2006) reported an increase in POD activity during blanching of 270 watercress (Nasturtium officinale) for thermosonication in a temperature range of 40 -271 80 °C and a decrease in enzymatic activity at a higher temperature range of 82.5 – 272 92.5 °C. They observed a higher rate of inactivation for combined ultrasound and heat 273 treatment compared to heat treatment alone. They reported an increase in the POD 274 enzyme activity due to sonication at low temperatures, which could be related with 275 the change of conformation of the enzyme to a higher enzyme-substrate interaction. Similarly the reduction in enzyme activity at higher temperatures could also be related 276 277 to the conformation changes in the tertiary structure. Further, the POD enzyme

278 system, found in watercress, is formed by a heat-labile fraction and a heat-resistant 279 fraction. However, thermal inactivation of POD can be either by dissociation of the 280 group from the haloenzyme (active enzyme system), prosthetic (heme) 281 conformational changes in protein or by modification or degradation of the prosthetic 282 group (Lemos, Oliveira, & Saraiva, 2000). Inactivation of POD due to sonication 283 results from conformational changes in protein and by splitting of prosthetic group from haloenzyme (Lopez & Burgos, 1995a). It is difficult to identify the specific 284 285 enzyme inactivation mechanism during sonication which could be due to a singular or 286 combination of several chemical and physical effects occurring simultaneously (Table 287 1).

288 Lipoxygenase

289 Lipoxygenase (LOX) activity in fruit and fruit products is reported to be related to 290 oxidation of fatty acids and pigments. LOX catalyzes the oxidation of polyunsaturated 291 fatty acids containing a cis, cis-1,4-pentadiene system, which produces 9- or 13-cis, 292 trans-hydroperoxides. LOX has been associated with quality deterioration because of 293 its negative effects on pigments such as carotenes during storage, and its role in off-294 flavour and odour production (King & Klein, 1987; Aguiló-Aguayo, Sobrino-López, 295 Soliva-Fortuny, & Martín-Belloso, 2008). However, in fruit juices a minimum LOX activity may be desirable for long storage periods (Min, Min & Zhang 2003). Thakur 296 297 & Nelson (1997) reported a 75 to 85% inactivation of LOX in soybeans by 298 ultrasound. Inactivation was strongly dependent on pH, treatment time and ultrasonic 299 frequency. Similarly Lopez and Burgos (1995a) reported that the resistance of LOX 300 against heat and manothermosonication was also pH dependent during sonication over an amplitude range of 0-104 µm and a temperature range of 67.5-76.3 °C. pH 301

302 dependency is mainly due to the profound effects of pH on protein conformation with

303 304

305 Dairy Enzymes

306 Sonication of milk is reported to result in a diversity of physicochemical changes in 307 macromolecules including enzyme inactivation, homogenisation (Villamiel & de 308 Jong, 2000), reduction in fermentation time during yogurt preparation (Wu et al., 309 (2001) and improvement of yoghurt rheological properties (Vercet et al., 2002). 310 Applications of ultrasound in the dairy industry have been reviewed by Villamiel, van 311 Hamerveld, & de Jong (1999). Although many pathogenic and spoilage micro-312 organisms are easily destroyed under standard heat treatments, many of them produce 313 extracellular lipase and protease, which can withstand UHT treatment (Stead, 1986). 314 These thermoresistant enzymes can reduce the quality and shelf-life of heat-treated 315 milk and other dairy products. The simultaneous application of heat and ultrasound 316 under pressure (manothermosonication) has been found to be more effective than heat 317 treatment alone in the inactivation of heat resistant protease and lipase secreted by P. 318 fluorescens (Vercet, López, & Burgos 1997). The effect of ultrasound on enzymes 319 involved in the coagulation of milk such as chymosin, pepsin, and several fungal 320 enzymes has been studied in model systems using batch processes. In general, after 321 long (several minutes) ultrasonic treatments, the proteolytic activity of the enzymes 322 investigated decreased. However, when a mixture of milk and chymosin was 323 sonicated, minimal enzyme inactivation was observed (Raharintsoa, Gaulard, & Alais, 324 1977, 1978). It has been reported that enzyme inactivation increases with an increase 325 in solids content and decreases with increase in enzyme concentration (Sala et al., 326 1995; Villamiel, & de Jong, 2000).

all enzymes having a maximum stability at an optimum pH.

328Villamiel & de Jong (2000) outlined the effect of ultrasound on native milk enzymes329(Table 2). No effect on milk enzymes was observed when ultrasound was applied330without thermal treatment. However inactivation effects were reported when331sonication was carried out above 61 °C. Differences observed in the inactivation of332the native milk enzymes such as alkaline phosphatase, γ-glutamyltranspeptidase,333lactoperoxidase, whey proteins (α-lactalbumin and β-lactoglobulin) in whole and skim334milk were attributed to factors relating to the composition of the medium.

335 Villamiel and Jong (2000) reported that the resistance of enzymes to sonication is 336 both enzyme and media specific. Several studies have demonstrated that the effect of ultrasonic waves increases at higher total solids concentration (Santamaria, Castellani, 337 338 & Levi, 1952; Sala et al., 1995). In skim milk, the concentration of solids is lower than in whole milk resulting in a reduced ultrasonic effect. However, the 339 340 concentration of enzymes in skim milk (alkaline phosphatase, AP and gamma -341 glutamyl transpeptidase, GGTP) is also lower than in whole milk leading to a more 342 pronounced effect, as these enzymes are linked to fat globules and can be liberated by 343 the ultrasound effect to the serum phase. Whereas, lactoperoxidase (LPO) is located in 344 the whey, and the main cause of the enhanced decrease of enzyme activity in whole 345 milk than in skim milk by the effect of ultrasound and heat (75.5 °C; 102.3 s) could be 346 due to the higher concentration of solids in the former (Villamiel and Jong, 2000). 347 Ertugay, Yuksel, & Sengul (2003) reported greater inactivation of LPO and AP 348 enzymes which have a significant function in dairy processing at 40 °C compared to 349 20 °C (Table 2).

350 The combination of sonication with heat can assist thermal processing by 351 reducing the thermal resistance of various enzymes. Prolonged exposure to high-

327

352 intensity ultrasound has been shown to inhibit the catalytic activity of a number of food enzymes due to the intense pressures, temperatures and shear forces generated by 353 354 the ultrasonic waves which denature protein. However, in some cases, solutions 355 containing enzymes have been found to have increased activity following short 356 exposures to ultrasound (McClements, 1995). This may be due to the ability of 357 ultrasound to break down molecular aggregates, making the enzymes more readily accessible for reaction, therefore the key enzymes of concern to each food system 358 359 should be investigated to ascertain the critical control parameters which can be 360 specific to the enzyme, the food system or both.

361

362 **Inactivation kinetics**

363 As discussed above enzyme inactivation by ultrasound is governed by various 364 intrinsic or extrinsic factors. Predicted kinetic models should be able to establish. appropriate treatment conditions to achieve desired levels of microbial or enzymatic 365 366 inactivation, facilitating the production of stable and safe foods (Mañas, & Pagán, 367 2005). The inactivation of enzymes during sonication has been shown to follow firstorder kinetics (Equation 4) for PME in tomato juice (Ravian et al., 2005), POD in 368 369 water cress (Cruz et al., 2006) and POD in a model solution (De Gennero et al., 1999). 370

371

372

$$\log_{e}\left(\frac{N_{t}}{N_{0}}\right) = -kt \tag{4}$$

373
$$\frac{dN_t}{dN_o} = a \exp(-k_1 t) + (1-a) \exp(-k_2 t)$$
(5)

374 Where, N_0 is the initial enzymatic activity, N_t is the enzymatic activity at time *t* 375 (min); *k* (min⁻¹) is the inactivation rate constant; $k_1 \& k_2$ are inactivation rate constants 376 for heat-labile isoenzyme fraction (*a*) and a heat-resistant isoenzyme fraction (*1-a*) 377 respectively.

First order inactivation kinetic models are well established for describing enzyme 378 379 inactivation during thermal treatments assuming the media is not comprised of multiple isozymes with different thermostabilities (Lopez et al., (1994). Deviations in 380 381 enzyme inactivation from first order kinetics are due to the formation of enzyme 382 aggregates with different heat stabilities. The monophasic inactivation of enzymes 383 under manothermosonication may be attributed to the well established dissociation 384 effect of ultrasonic waves on aggregates. Similar observations were observed by 385 Vercet *et al.*, (2001) for inactivation of proteases (phospholipase A2, trypsin, α chymotrypsin) and lipases during manothermosonication. They reported that the 386 387 biphasic behaviour (Equation 5) observed in thermal inactivation approaches first 388 order kinetics in manothermosonication inactivation. Kinetic mechanisms for 389 inactivation of peroxidase enzymes have been proposed to explain the biphasic course 390 of thermal inactivation of peroxidase (Henley & Sadana, 1985). This phenomenon is 391 generally accepted to be due to the presence of isozymes of different heat stability. 392 Cruz et al., (2006) employed a biphasic inactivation model (Equation 5) for the 393 thermal inactivation of peroxidases in water cress, formed by a heat-labile isoenzyme 394 fraction and a heat-resistant isoenzyme fraction. They showed that the dependencies

395 of k_1 and k_2 on temperature followed the Arrhenius law and first order inactivation 396 during thermosonication. Similar first order inactivation was reported by De Gennaro 397 et al. (1999). However the authors did not observe any appreciable increase in the rate 398 constant with respect to increase in power level. They employed an exponential decay399 curve to model the D value for enzyme inactivation (Equation 6).

$$D_{t} = D_{\infty} + (D_{0} - D_{\infty})e^{-\frac{P}{a}}$$
(6)

401

400

402 Tiwari et al. (2008) reported that the fraction conversion model (Equation 7) 403 adequately described the inactivation of PME in orange juice with respect to AED. A 404 fraction conversion model is a special case of the first-order model which can be used 405 when a fraction of the enzyme is not destroyed after prolonged treatment (A_{∞}) (Van 406 den Broeck et al., 2000; Ly-Nguyen et al., 2003).

407

408

$$\frac{\log(A_t - A_{\infty})}{(A_0 - A_{\infty})} = -K_F t \tag{7}$$

409

410 The fraction conversion model adequately described both the inactivation of the heat 411 sensitive portion of the enzyme (thermolabile isoenzyme) along with the thermostable 412 enzyme fraction.

413

414 Status review

Although the potential of power ultrasound has been investigated for many food applications, challenges remain prior to widespread adoption of the technology. One of the difficulties reported in the literature is the non-standardised reporting of methodology and control parameters. Comparable reporting in terms of energy density, probe types and sample volumes is required. Generally higher enzyme inactivation is reported for probe type systems compared with ultrasound baths. Ultrasound technology may be employed for many food applications, such as

422 homogenization, crystalisation, extraction etc, however the synergistic effects on 423 enzymes or vice versa are generally not reported. Validation of the technique for 424 enzyme or microbial inactivation needs to deal with the complex nature of food 425 systems, in particular non-Newtonian fluids and particulate matter. Recently, 426 computational fluid dynamic (CFD) simulations have been employed to investigate 427 the influence of fluid properties on the efficacy of various non-thermal food processing techniques, however this approach has not been widely adopted for 428 429 ultrasound processing to date.

Despite promising effects of sonication alone or in combination with heat or pressure, scale-up also remains a significant challenge to industrial adoption. There are few detailed reported industrial scale uses of power ultrasound. For application of power ultrasound on an industrial scale, it is essential to have energy efficient processors. For food applications the design of the probe is paramount, non contact transducers or coated transducers where the construction material is non-reactive, with little or no erosion are required.

438 Conclusion

437

439 Ultrasound alone or in combination with heat and/or pressure can achieve the desired 440 enzyme inactivation by reducing thermal resistance. Sonication efficacy is dependent 441 upon numerous extrinsic and intrinsic control parameters. Ultrasound processing 442 enhances enzymatic reactions at low power levels e.g. α -amylase, invertase and 443 amyloglucosidase for starch, sucrose and glycogen hydrolysis respectively (Barton, 444 Bullock and Weir, 1996) and inactivation of spoilage enzymes e.g. PME, PPO at 445 higher power levels. The lack of standardisation in ultrasound operating frequencies 446 and power levels makes comparisons between different studies difficult. 447 Consequently ambiguity arises within the literature, as these control conditions may

448 not be reported in detail or are reported differently. Although the possibility of deactivating enzymes or microorganisms by ultrasonic processing has been 449 demonstrated under laboratory conditions, industrial adoption of this technology is 450 451 limited, due to the significant challenges encountered in industrial scale-up. Future 452 research should be focused on the development of non-contact ultrasound transducers 453 or sonication bath systems with variable frequencies and the investigation of the economic feasibility of sonication as a novel food processing and preservation 454 455 technique.

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