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## EFFECTIVE POTENTIAL IN SCALAR FIELD THEORY

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### ABSTRACT

We study the  $\lambda\phi^4$  theory in 4 space-time dimensions in a Monte-Carlo simulation on a  $10^4$  lattice, through an especially simple and accurate way to calculate the effective potential. All renormalized parameters are obtained via the effective potential and the propagator. In the continuum limit we confirm the vanishing of the renormalized self-coupling, and show that the system can exist in one of two possible phases, both having a free particle of arbitrary mass. In one phase the vacuum expectation of the field vanishes, while in the other it is non-zero. This opens the possibility that, even though the self-coupling vanishes, the field can still be used to generate masses for gauge bosons and fermions.

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### 1. Introduction

Ever since Wilson<sup>1</sup> showed that in 4 space-time dimensions the self-coupling of the  $\lambda\phi^4$  theory vanishes, there has been extensive analytic and numerical study on the subject<sup>2,3</sup>. The interest is justified by the importance of understanding this simplest of all quantum field theories, as a prelude to studying the Higgs sector in the standard model, and in grand unified theories. We offer some new insight to the problem gained through a Monte-Carlo calculation of the effective potential.

Consider a one-component scalar field  $\phi(x)$  in an external source  $J(x)$ , with classical Lagrangian density in Minkowski space given by

$$L(x) = \frac{1}{2}(\partial\phi)^2 - \frac{1}{4}r_0\phi^2 - \frac{1}{4}\lambda_0\phi^4 + J\phi, \quad (1)$$

where  $\lambda_0 > 0$ , and  $-\infty < r_0 < \infty$ . The quantum theory is defined through the usual Euclidean path integral. An ultra-violet cutoff is introduced by discretizing Euclidean space-time as a 4-d square lattice of spacing  $a$ .

Eventually the cutoff is removed by taking the continuum limit  $a \rightarrow 0$ , with the usual attendant renormalizations. The field  $\phi$  and the mass gap  $m$  (invariant mass of the lowest excited state) both have dimension of inverse length, and hence have the forms

$$\phi = a^{-1}\phi_{latt}, \quad m = a^{-1}m_{latt}, \quad (2)$$

where  $\phi_{latt}$  is a dimensionless field (but still unrenormalized,) and  $m_{latt}$  is a dimensionless mass (renormalized.) The renormalized field is  $\phi_r = Z^{-1/2}\phi$ , where  $Z$  is the wave function renormalization constant. Correspondingly  $Z^{-1/2}\phi_{latt}$  is the dimensionless renormalized field. Clearly both  $m_{latt}$  and  $\phi_{latt}$  must vanish in the continuum limit, but the parameter

$$b = \langle\phi_r\rangle m = Z^{-1/2} \langle\phi_{latt}\rangle m_{latt} \quad (3)$$

may be non-zero and finite. At fixed  $\lambda_0$  the continuum limit corresponds to the critical value of  $r_0$  at which  $m_{\text{latt}}=0$ . On both sides of this critical point we expect to find different phases, which correspond to continuum field theories with or without spontaneous symmetry breaking. (i.e., the parameter  $b$  defined above is non-zero in one phase, but vanishes in the other.) The critical value of  $r_0$  is generally non-zero; it vanishes only in lowest-order perturbation theory.

The mass  $m_{\text{latt}}$  can be extracted from the two-particle correlation function, or propagator  $A(x)$ , as follows. We integrate  $\Delta(x)$  over spatial coordinates at large values of the Euclidean time  $x_4$ . The result should be proportional to  $\exp(-m x_4)$ . Putting  $x_4=a\tau$ , so that  $\tau$  is dimensionless, we have  $m x_4=m_{\text{latt}} \tau$ . The wave function renormalization constant  $Z$  may be extracted from the Fourier transform  $\tilde{A}(p)$  of  $A(x)$ , as the residue of the pole at  $p^2=m^2$ . Defining  $\tilde{\Delta}_{\text{latt}}(p)=a^{-2}\tilde{A}(p)$ , we can write

$$Z = \lim_{a \rightarrow 0} [m_{\text{latt}}^{-2} \tilde{\Delta}_{\text{latt}}(0)]. \quad (4)$$

Our renormalized self-coupling constant  $\lambda_r$  is defined as 1/6 of the amputated 1-Pi 4-point function at zero momenta. (The factor 1/6 is chosen so that in lowest order perturbation theory  $\lambda_r=\lambda_p$ .) In numerical calculations, we can get better accuracies by extracting it from the effective potential  $U(\phi)$ , which can be calculated as follows<sup>4</sup>. Introduce a constant external source  $J$ , and calculate the vacuum expectation  $f=\langle\phi\rangle$ . By regarding  $J$  as a function of  $f$  we have the derivative of the effective potential:

$$U'(f)=J(f). \quad (5)$$

Let  $\phi_0$  be the vacuum expectation of the field in the absence of

external source, i.e.,  $J(\phi_0)=0$ . The effective potential has the following expansion:

$$U(\phi) = \sum_{n=2}^{\infty} \frac{G^{(n)}}{n!} (\phi - \phi_0)^n, \quad (6)$$

where  $G^{(n)}$  is the Fourier transform of the unrenormalized amputated 1-Pi n-point function, with all external 4-momenta set to zero. The renormalized version of  $G^{(n)}$  is

$$G_r^{(n)} = Z^{n/2} G^{(n)}. \quad (7)$$

where the wave function renormalization constant  $Z$  can be obtained from (4) by noting that

$$J'(\phi_0) = [\tilde{\Delta}_{\text{latt}}(0)]^{-1}. \quad (8)$$

Thus we can obtain the following renormalized parameters from  $J(f)$ :

$$\lambda_r = Z^2 J''(\phi_0), \quad (9)$$

$$\lambda_{3r} = Z^{3/2} J'''(\phi_0), \quad (10)$$

$$m_{\text{latt}}^{-2} = Z J(\phi_0). \quad (11)$$

Here,  $\lambda_r$  is the renormalized 4-particle vertex, and  $\lambda_{3r}$  the renormalized 3-particle vertex, which is expected to be present when  $\phi_0 \neq 0$ . The relation (11) can be used as a check on  $m_{\text{latt}}$ .

From the results of Ref. 2 we can deduce that a continuum limit does not exist for any  $\lambda_r > 0$ . The reason is that  $\lambda_0$  becomes divergent at a non-zero lattice constant. This phenomenon is reminiscent of the exactly soluble Lee model<sup>5</sup>, in which a ghost<sup>6</sup> (bound state with negative norm) appears for all non-zero real values of the renormalized coupling constant. In fact, perturbation theory extended by the renormalization-group<sup>7</sup> gives a result very similar to that in the Lee model:

$$\frac{1}{\lambda_0} = \frac{1}{\lambda_r} - \frac{3}{128\pi} \log\left(\frac{\Lambda^2}{m^2}\right). \quad (12)$$

where  $\Lambda$  is the cutoff momentum, and  $m$  is a mass scale. For a fixed  $\lambda_c > 0$  the cutoff is bounded by a critical value  $\Lambda_c$ , at which  $\lambda_0$  diverges:

$$(\Lambda_c/m)^2 = \exp(128\pi^2/3)\lambda_c. \quad (13)$$

Thus the cutoff can approach infinity only if  $\lambda_c \rightarrow 0$ . We call  $\Lambda_c$  the "ghost point", by analogy with the Lee model. The same phenomenon has been conjectured in quantum electrodynamics (the Landau ghost), for which  $\Lambda_c = m_e \exp(3\pi/\alpha)$ , where  $m_e$  is the electron mass and  $\alpha$  the fine structure constant. As we shall see, however, perturbation theory vastly overestimates the value of  $\Lambda_c$ .

The divergence of  $\lambda_0$  at the ghost point means that our theory reduces to a 4-d Ising model, whose critical behavior therefore governs the continuum limit. Thus, the order parameter and the inverse correlation length have the behaviors

$$\langle \phi \rangle \sim t^{\beta}, \quad m \sim t^\nu, \quad (14)$$

where  $t = |r_0 - r_c|$ ,  $r_c$  being the critical value of  $r_0$ . We can now verify that  $b \sim t^{1-\nu} = \text{constant}$ , (up to possible logarithmic corrections,) because in 4 dimensions the critical indices have the mean-field values  $\beta = \nu = 1/2$ .

The relation (12) indicates that the ghost arises from the fact that the theory is not asymptotically free. From a more elementary point of view we can qualitatively understand the vanishing of  $\lambda_c$  in the continuum limit by appealing to the non-relativistic analog of the system, which is an  $N$ -particle system with repulsive  $\delta$  function interactions. It is well-known that such an interaction in the Schrödinger equation in three spatial dimensions does not lead to scattering, i.e., the  $T$  matrix is identically zero.

## 2. Method of Calculation

We make Monte-Carlo simulations of the field theory on a  $10^4$  square lattice with periodic boundary conditions. To update a site, we first flip the sign of  $\phi$  with a probability determined by a "heat bath" algorithm, then increment it by a random number  $D$ , with  $|D| < D_0$ . The change is accepted or rejected according to a standard Metropolis algorithm. The value of  $D_0$  is adjusted to give roughly a 50% acceptance rate. The purpose of the sign flip is to prevent the value of  $\phi$  from being trapped in the neighborhood of one of two possible potential minima. For a fixed value of  $\lambda_0$  we search for the critical point by varying  $r_0$ . For each  $\lambda_0$  and  $r_0$ , the following quantities are calculated:

- (a) the propagator with  $J=0$ , which gives the wave function renormalization  $Z$  and the mass gap  $m_{\text{latt}}$ ;
- (b) the ensemble average  $f = \langle \phi_{\text{latt}} \rangle$  for a range of values of  $J$ , which yields  $J(1)$  as the derivative of the effective potential.

We fit  $J(f)$  to a least-squares polynomial in order to extract  $m_{\text{latt}}$  and  $\lambda_c$ . The computations were done on a VAX 780. Typically it took 200 sweeps to warm up the lattice. For the case  $J=0$ , 10000-20000 sweeps were needed to obtain an acceptable level of accuracy for the propagator. Generating an acceptable effective potential is easier, requiring only 2000-5000 sweeps, depending on how close we were to the critical point. The CPU time required was about 1 day for 10000 sweeps. At this rate a calculation of  $\lambda_c$  via the 4-point function would be practically impossible, due to the large errors introduced by the subtractions required for connected parts. On the other hand, calculating the effective potential proves to be a very

efficient and economical way to obtain both  $\lambda_\gamma$  and  $m_{\text{latt}}$ . Because of the finite size of the lattice, there is no sharp phase transition, and  $m_{\text{latt}}$  never actually goes to zero. To help determine the critical point as best we could, we kept a record of the average field over the lattice, at successive sweeps. That is, we kept track of the evolution of the average field. In this manner, we could see in detail how spontaneous symmetry breaking develops when  $r_0$  was varied across the critical point. Some samples are shown in Fig.1 for the case  $\lambda_0=1000$ . For  $r_0=-150$  the average field makes small fluctuations about zero. The fluctuations become more pronounced as  $r_0$  is decreased towards the critical point between -160 and -165. Spontaneous symmetry breaking is already evident at -165, where the field flip-flops with a period much greater than the characteristic time scale at -160. By -175 the period has become much greater than the observation time, and broken symmetry becomes manifest on a macroscopic scale.

### 3. Results and Discussions

We have carried out computations for  $\lambda_0 = 1, 100, 1000, \omega$ . The first value is small enough to allow a comparison with perturbation theory, and the last limiting value corresponds to the 4-d Ising model. Fig.2 shows plots of the derivative of the effective potential for  $\lambda_0=1$ , for a range of values of  $r_0$  that includes the critical point. Fig.3 shows various parameters as functions of  $r_0$ , for  $\lambda_0=1$ . In both figures the predictions of 0-loop and 1-loop perturbation theory are also shown for comparison. Figs.4 and 5 give the same plots for  $\lambda_0=100$ , but comparison with perturbation theory for this case is inappropriate, and therefore omitted.

In the weak coupling case  $\lambda_0=1$ , the predictions of 1-loop perturbation theory compare well with the numerical results away from the critical point, but they breakdown near the critical point. For example, perturbation theory yields a complex effective potential, whereas the actual effective potential is always real. The 1-loop perturbation theory completely fails in its prediction  $Z=1$ . As we can see in the figures,  $Z$  depends on  $r_0$ , and vanishes at the critical point.

From the plots in Figs. 3 and 5 we see that  $\langle \Phi_{\text{latt}} \rangle$  and  $m_{\text{latt}}$ , both vanish at the critical point, but the ratio  $b$  is discontinuous, approaching zero from one side, and non-zero from the other. This defines the two phases of the system in the continuum limit, a symmetric and a symmetry-broken phase. We shall return shortly for a closer look at the behavior of  $b$  in the symmetry-broken phase.

In Fig.6 we plot the renormalized coupling  $\lambda_\gamma$  as a function of  $m_{\text{latt}}$ , for various values of the unrenormalized coupling  $\lambda_0$ . The origin corresponds to the continuum limit. Separate plots are given for the two different phases corresponding to  $r_0 > r_c$  and  $r_0 < r_c$ . We see that the limiting curve with  $\lambda_0=\infty$  divides the plane into two parts, and no point falls to the left of it. This clearly shows the ghost point, the smallest possible  $m_{\text{latt}}$  for fixed renormalized coupling, where the bare coupling diverges. The forbidden region is presumably ghost land, to which unfortunately computers are still denied access.

Fig.7 shows results for the 3-particle vertex in the symmetry-broken phase. This parameter is proportional to  $\lambda_\gamma$  in lowest-order perturbation theory, but in general it might be an independent quantity. Here we check that it indeed vanishes in the continuum limit as expected, thus explicitly

demonstrating that in the continuum limit there is neither 3-particle nor 4-particle vertex.

The boundary of the forbidden region in Fig.6 is the locus of the ghost point corresponding to various values of  $\lambda_\gamma$ . These values, the closest possible approach to the continuum limit for a given  $\lambda_\gamma > 0$ , are larger from those predicted by perturbation theory in (12) by orders of magnitude. That is, on the scale of Fig.6, perturbation theory would have  $\lambda_\gamma$  drop to zero precipitously near the continuum limit. Instead, our results show a gentle decrease. The reason is that the vanishing of  $\lambda_\gamma$  in Fig.6 is caused mainly by the fact that  $Z \rightarrow 0$ , whereas perturbation theory, even with the summing of all one-loop graphs, gives  $Z=1$ .

In the present theory the value of the parameter  $b$  is without physical significance. Nevertheless we shall examine it in greater detail, for it may give an indication of whether the Higgs mechanism still works when the scalar field is coupled to other fields, despite the fact that  $\lambda_\gamma \neq 0$ . To this end we exhibit in Fig.8  $b$  as a function of  $m_{\text{Higgs}}$  in the symmetry-broken phase, for various values of  $\lambda_0$ . It appears that  $b$  extrapolates to different values in the continuum limit, depending on  $\lambda_0$ . This would indicate that the vacuum expectation of the field sets an arbitrary mass scale independent of  $m$ .

However, the numerical data cannot rule out the possibility that  $b$  diverges in the continuum limit -- an expected behavior if one believes in the relation  $b \propto \lambda_\gamma^{-1/2}$  from perturbation theory. To test this, we plot  $\lambda^{1/2} b$  as a function of  $m_{\text{Higgs}}$  in Fig.9, for various values of  $\lambda_0$ . The function is remarkably constant for  $\lambda_0 = 1$ ; but for larger values of  $\lambda_0$  it appears to approach zero in the continuum limit. We take this to be tentative indication that  $b$  is a parameter independent

of  $\lambda_\gamma$ , and that  $\lambda_0$  is not an irrelevant parameter of the theory.

#### 4. Conclusion

The existence of a phase in the continuum limit with broken symmetry suggests that, even though the renormalized self-coupling is zero, a gauge field coupled to the scalar field can acquire mass through the usual Higgs mechanism. In fact Coleman and Weinberg<sup>8</sup> have verified this in perturbation theory. The answer is by no means certain, however, because the self-consistency of the perturbative treatment relies on the implicit assumption  $\lambda_\gamma > 0$ , which is not true.

The question of generating fermion masses remains equally open. If we couple a fermion to the scalar field through the Yukawa coupling  $\bar{\psi}\psi\phi$  we might expect to generate a mass term  $g_\gamma \langle \phi \rangle \bar{\psi}\psi$ . But the renormalized Yukawa coupling  $g_\gamma$  may vanish in the continuum limit, since it is not asymptotically free. Then, again, this may be compensated by the fact that  $b$  actually diverges. On top of all the uncertainty, we must add the further caveat that the mass term above is no more than a naive expectation suggested by perturbation theory.

In closing we must draw particular attention to the fact that the resulting field theory in the continuum limit is drastically different from what we have been conditioned to expect by perturbation theory. In the phase with broken symmetry, the "Higgs" mass  $m$  is arbitrary, even though  $\lambda_\gamma = 0$ . Perturbation theory would have us erroneously believe that  $m$  is proportional to  $\lambda_\gamma^{1/2}$ . The lesson we learn is that it is futile to make conjectures on generating masses for gauge fields and fermions. First of all, the perturbative connection between coupling constants and masses may not hold. Secondly, introducing new couplings may drastically change

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the system. These physically relevant problems will have to be studied by non-perturbative methods, and we are continuing our computational program to address them.

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- (a) On leave from CRIP, Budapest, Hungary
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#### FIGURE CAPTIONS

**Fig.1** Evolution of the field. The field averaged over the lattice is shown for 1000 successive Monte-Carlo sweeps of the lattice, for  $\lambda_0=1000$  and various values of  $r_0$ . In the initial configuration the field was 0.35 at all sites.

**Fig.2** Derivative of the effective potential for  $\lambda_0=1$  for a range of values of  $r_0$  that includes the critical point  $r_c=0.4$ . Statistical errors are of the order of the size of the points shown. Predictions of 1-loop perturbation theory are shown by the solid lines. For  $r_0 < r_c$  perturbation theory completely fails near  $\phi=\phi_0$ : it gives a complex effective potential.

**Fig.3** The following quantities are plotted against  $r_0$  for  $\lambda_0=1$ :

$\langle\phi\rangle_{\text{latt}}$ =vacuum expectation of the field in lattice units,

$m_{\text{latt}}$ =the mass gap in lattice units,

$b=\langle\phi\rangle/m$  (ratio of renormalized field to physical mass gap).

$Z$ =wave function renormalization constant,

$\lambda_r$ =renormalized self-coupling constant.

Also shown are predictions of the 0-loop (dashed lines) and 1-loop (solid lines) perturbation theory. Note that  $b$  is discontinuous at the critical point, while  $\phi_{\text{latt}}$  is continuous.

**Fig.4** Same as Fig.2, but for  $\lambda_0=100$ . Perturbative results are not included because they are not applicable.

**Fig.5** Same as Fig.3, but for  $\lambda_0=100$ .

**Fig.6** The renormalized coupling  $\lambda_r$  as a function of  $m_{\text{latt}}$ , which is proportional to the lattice spacing. The family of data points refer to different values of the bare coupling:  $\lambda_0 = 1, 100, 1000, \infty$ . The limiting case  $r_0=\infty$  corresponds to the 4-d Ising model. At fixed  $\lambda_r$ , the lattice spacing cannot be made smaller than a minimum number, the ghost point, (at which a ghost state presumably appears.) The only way to reach the continuum limit is to "slide down" the limiting Ising curve (or any curve in the region below it) towards  $\lambda_r=0$ . Ninety percent of the errors in the data come from uncertainties in the extraction of  $m_{\text{latt}}$  or  $Z$  from the propagator.

**Fig.7** The renormalized 3-particle vertex in the symmetry-broken phase, in plots similar to those of Fig.6 for the 4-particle vertex.

**Fig.8** Dimensionless ratio between the vacuum field and the renormalized mass as a function of  $m_{\text{latt}}$ , which is proportional to the lattice spacing. The solid lines are free-hand drawings to guide the eye.

**Fig.9** Perturbation theory predicts that the quantity plotted approaches a constant independent of  $\lambda_0$  in the continuum limit. The data seem to be at variance with that prediction.

Fig. 2

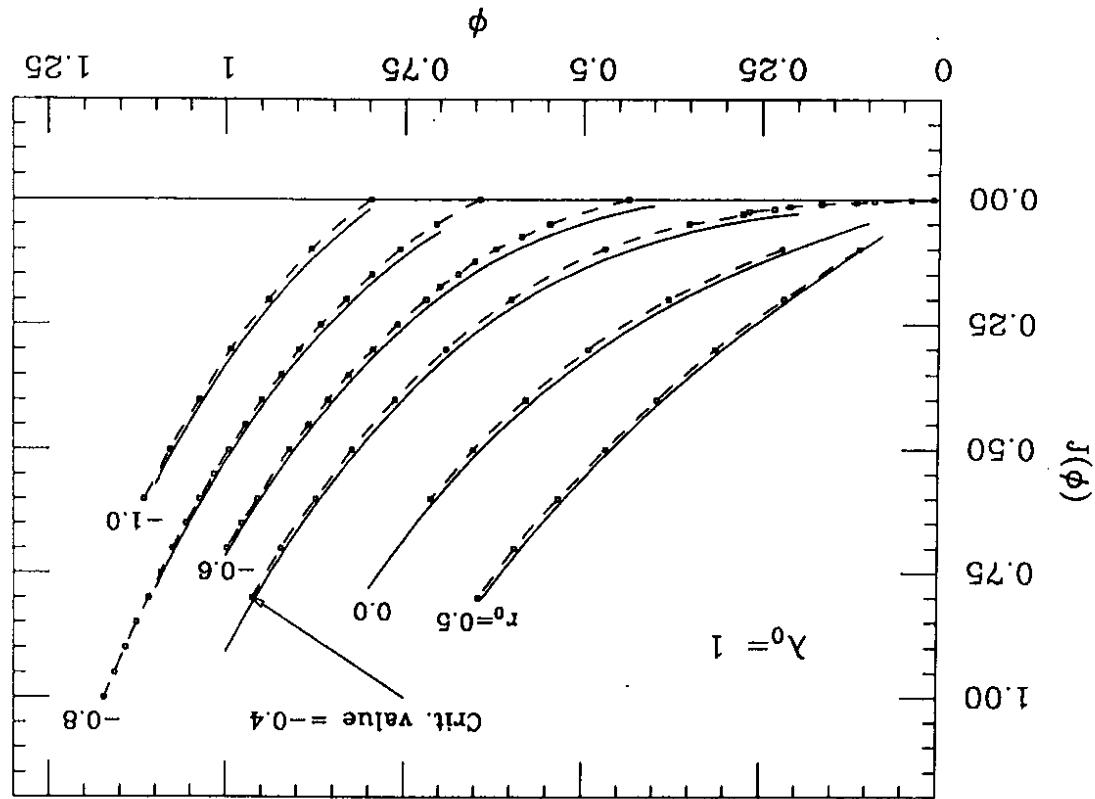
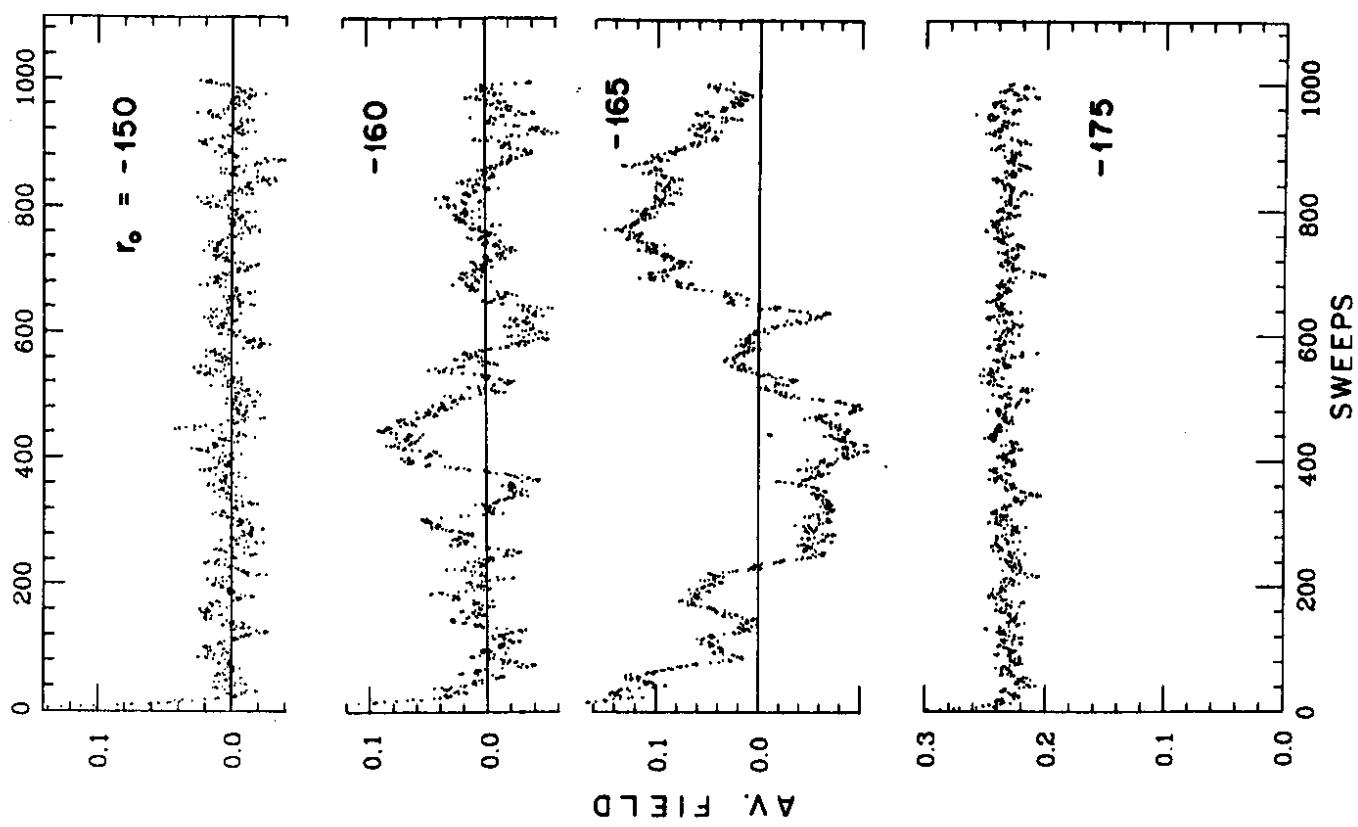


Fig. 1



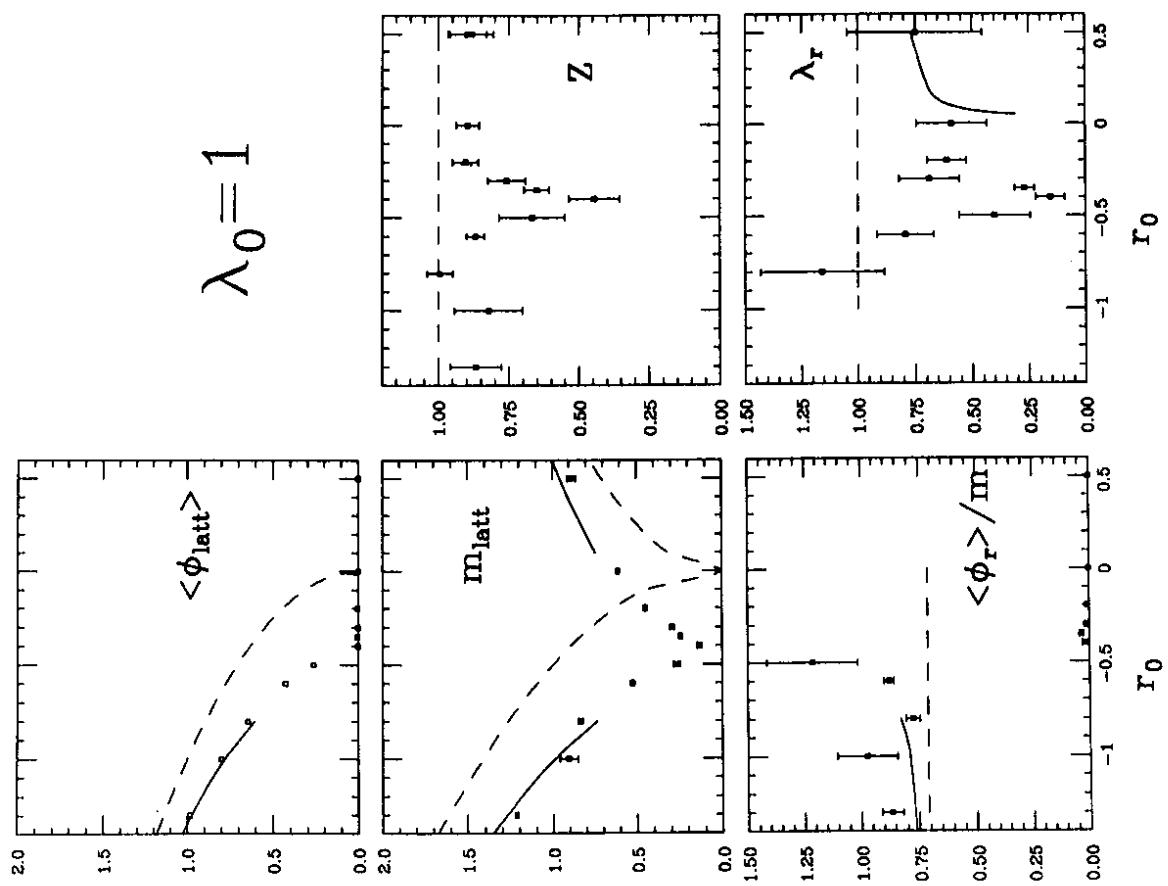
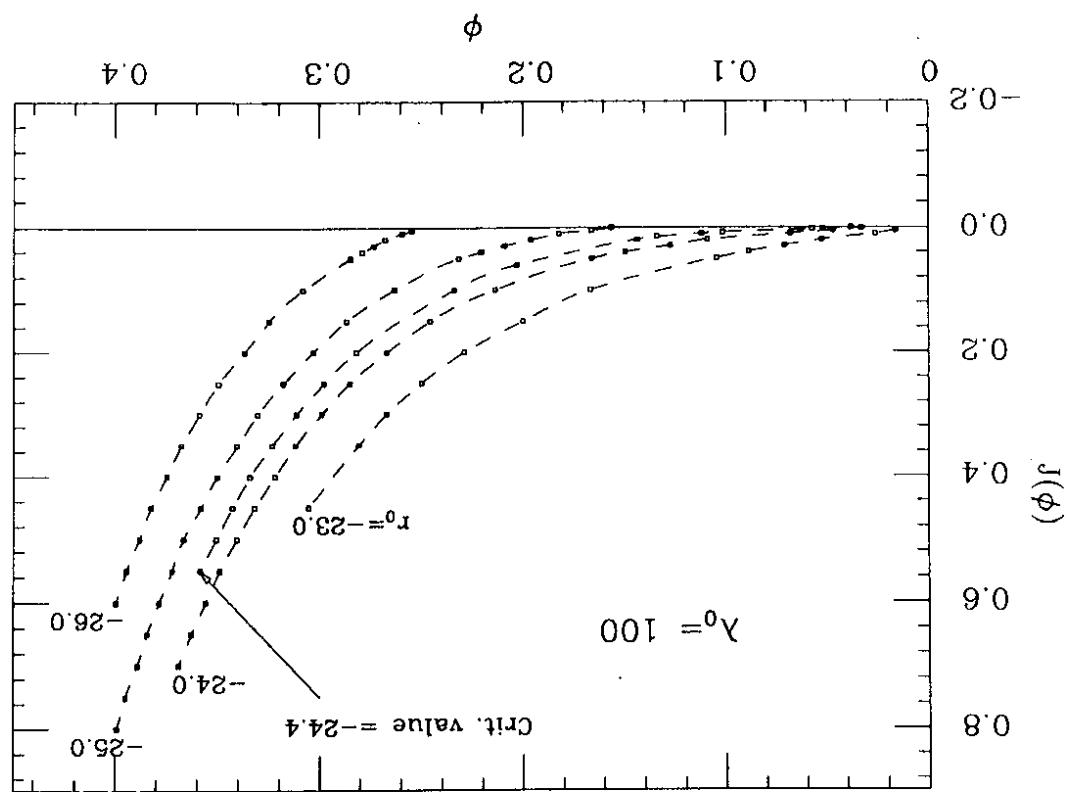


Fig. 3

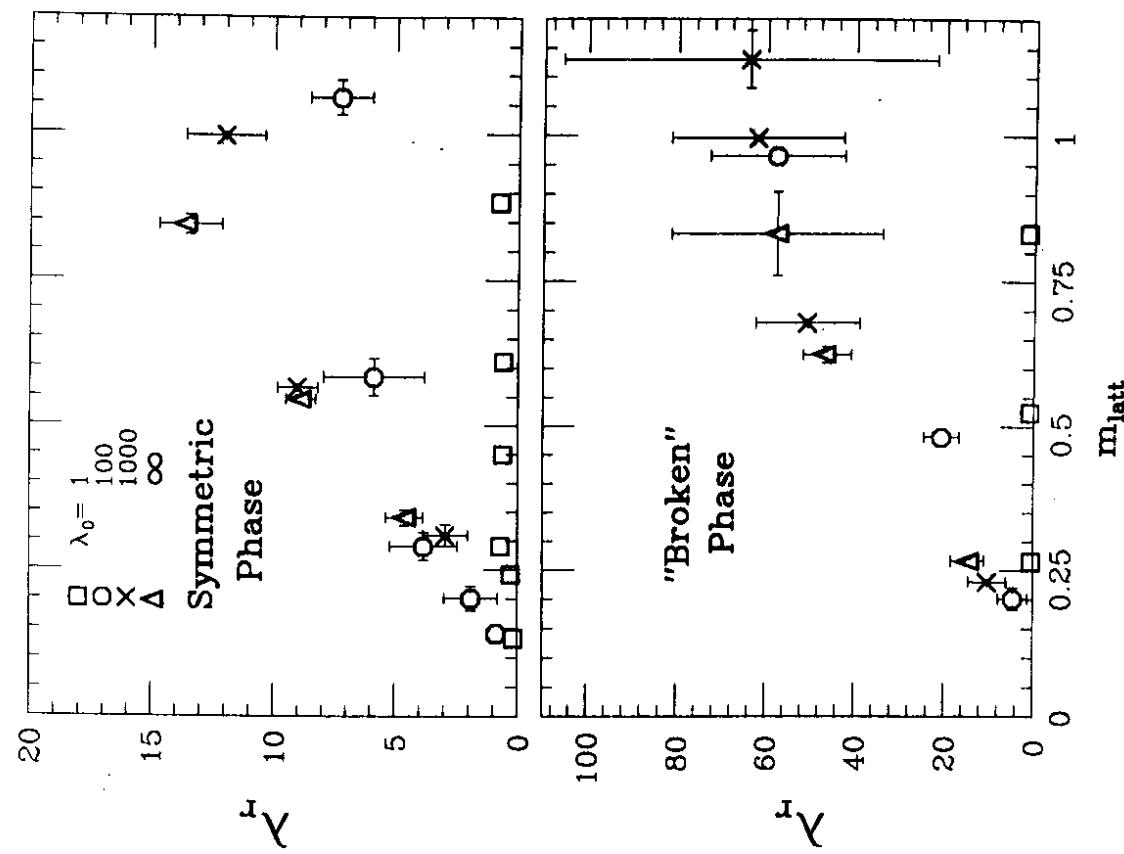
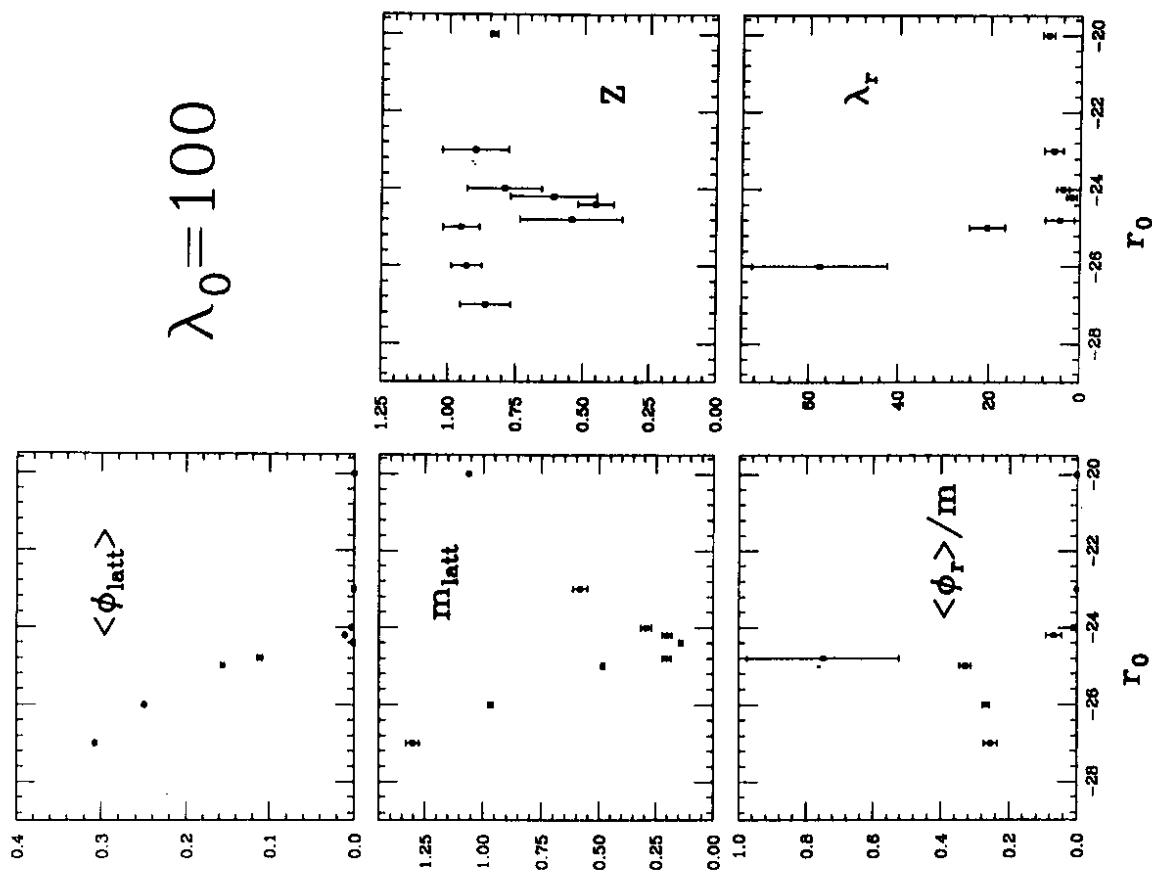


Fig.5

Fig.6

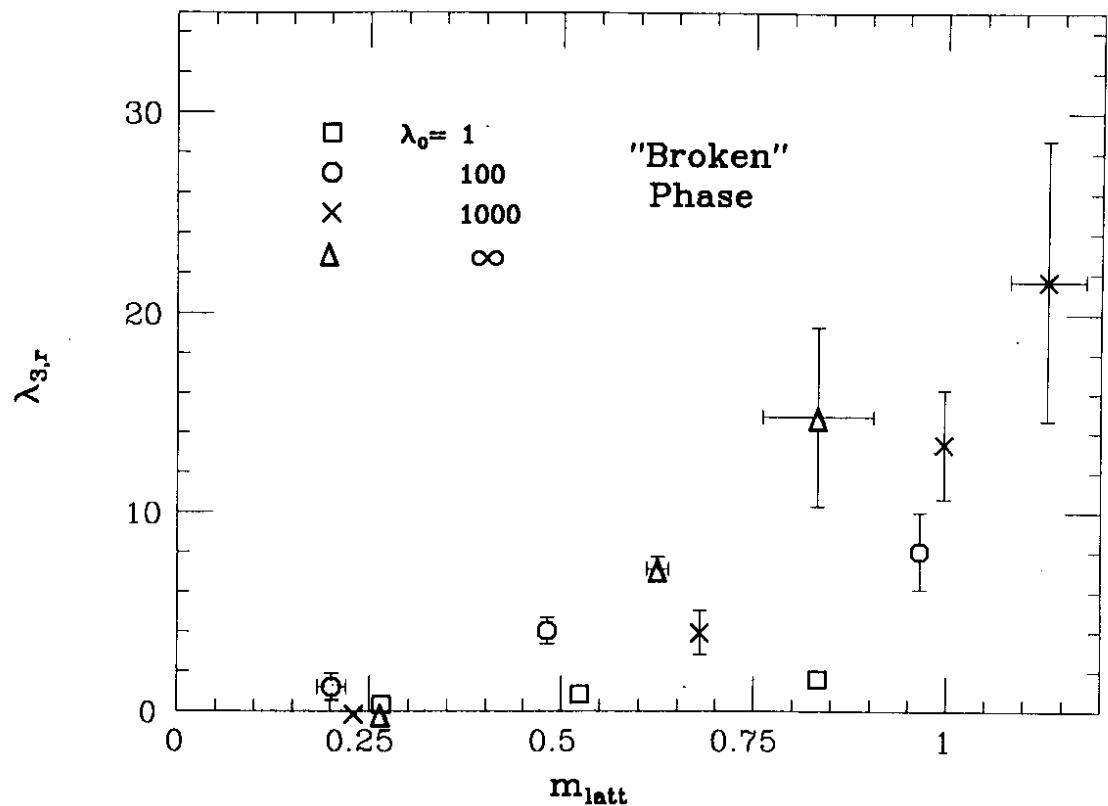


Fig. 7

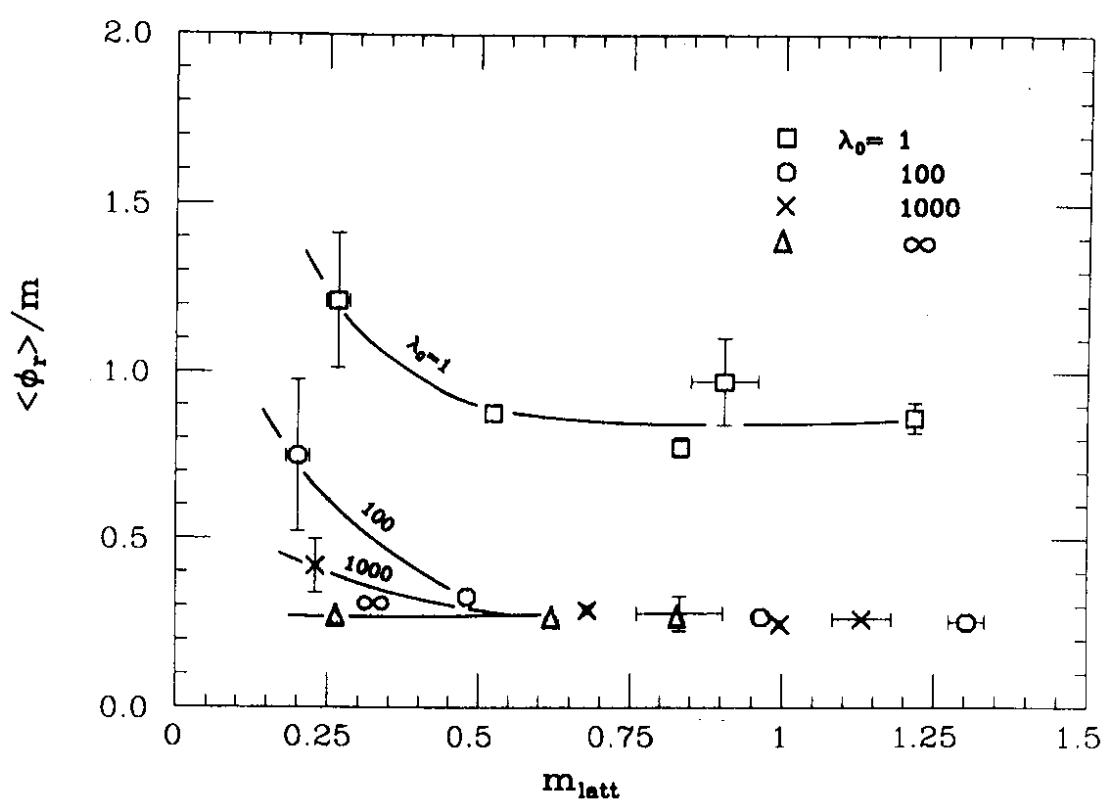


Fig. 8

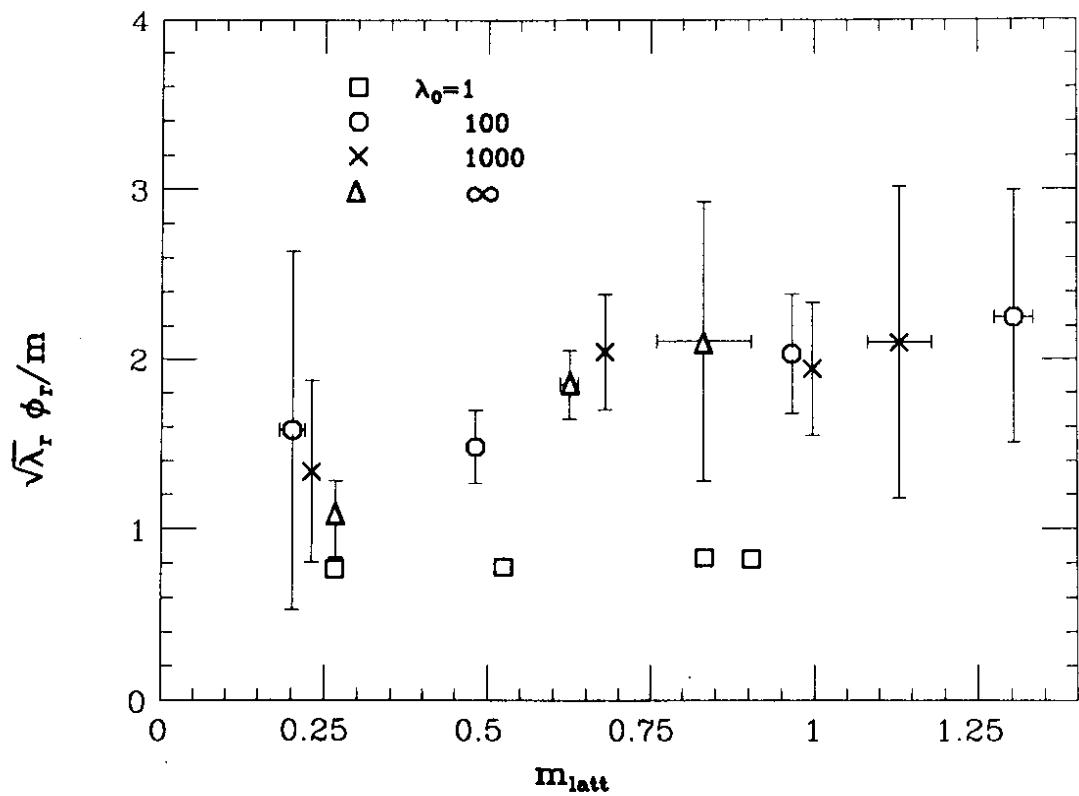


Fig. 9