

# Effects of melatonin on DNA damage induced by cyclophosphamide in rats

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## Abstract

The antioxidant and free radical scavenger properties of melatonin have been well described in the literature. In this study, our objective was to determine the protective effect of the pineal gland hormone against the DNA damage induced by cyclophosphamide (CP), an anti-tumor agent that is widely applied in clinical practice. DNA damage was induced in rats by a single intraperitoneal injection of CP (20 or 50 mg/kg). Animals received melatonin during the dark period for 15 days (1 mg/kg in the drinking water). Rat bone marrow cells were used for the determination of chromosomal aberrations and of formamidopyrimidine DNA glycosylase enzyme (Fpg)-sensitive sites by the comet technique and of *Xpf* mRNA expression by qRT-PCR. The number (mean  $\pm$  SE) of chromosomal aberrations in pinealectomized (PINX) animals treated with melatonin and CP ( $2.50 \pm 0.50/100$  cells) was lower than that obtained for PINX animals injected with CP ( $12 \pm 1.8/100$  cells), thus showing a reduction of 85.8% in the number of chromosomal aberrations. This melatonin-mediated protection was also observed when oxidative lesions were analyzed by the Fpg-sensitive assay, both 24 and 48 h after CP administration. The expression of *Xpf* mRNA, which is involved in the DNA nucleotide excision repair machinery, was up-regulated by melatonin. The results indicate that melatonin is able to protect bone marrow cells by completely blocking CP-induced chromosome aberrations. Therefore, melatonin administration could be an alternative and effective treatment during chemotherapy.

Key words: Melatonin; Cyclophosphamide; Chromosomal aberration; DNA fragmentation; Comet assay; *Xpf* expression

## Introduction

Melatonin, the mammalian pineal gland hormone, is essential for the entrainment of the circadian and seasonal rhythms to the light/dark cycle since its synthesis depends on photic information (1,2). Melatonin participates in the regulation of several physiological processes, acting both centrally and peripherally in a wide variety of target systems (3-5). Its nocturnal synthesis is mainly regulated by the norepinephrine released from sympathetic nerve endings, triggering the transcription and translation of arylalkylamine-N-acetyltransferase, the most important enzyme involved in melatonin synthesis (6).

Due to its amphiphilicity, melatonin can be found in any cellular compartment (7-9). However, studies suggest that the pineal gland hormone is preferentially localized inside the nucleus and can protect nuclear DNA from oxidative damage by interacting with double-stranded DNA and promoting its stability (10). Moreover, melatonin

exerts a powerful antioxidant action acting either directly on free radical species or by modulating the gene expression of antioxidant enzymes such as glutathione peroxidase, catalase and superoxide dismutase (10). It was shown that the antioxidant effect of melatonin involves DNA repair, and that the hormone can repair the oxidation induced by the guanosine (G<sup>•</sup>) radical (11). Melatonin treatment is also effective in protecting tissues from the oxidative damage caused by glutathione depletion and ischemia-reperfusion injury (12,13). In addition to its antioxidant property, melatonin has been investigated as a potential antitumor agent (14-16). Indeed, the study of the effects of melatonin in chemotherapy has become an interesting area of investigation (17).

The main aim of chemotherapy is to destroy tumor cells while preserving normal ones. However, most antitumor agents act in a nonspecific way, destroying

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both normal and malignant cells. Cyclophosphamide (CP) is one of the most frequently used antitumor agents in clinical practice (18). Nevertheless, research on its mechanisms of action has shown that CP alkylates nucleophilic macromolecules, including DNA. It is also capable of inducing depurination, depyrimidation, mono-adduct formation, and DNA-DNA and DNA-protein cross-links (19). Likewise, CP induces gene mutations, DNA-strand breaks, chromosome aberrations, micronuclei and sister chromatid exchanges, apoptosis and generation of free radicals (20). Based on these observations, the International Agency for Research on Cancer concluded that there is sufficient evidence to classify CP as a carcinogenic agent for animals and humans (21).

Therefore, considering the known protective properties of melatonin, the aim of the present study was to evaluate the effect of this hormone on CP-induced chromosomal aberrations, increase of formamidopyrimidine DNA glycosylase (Fpg)-sensitive sites and *Xpf* expression in bone marrow cells of intact and pinealectomized rats.

## Material and Methods

### Animals

Male Wistar rats aged 4-5 weeks (90-110 g) were obtained from the animal facility of the Instituto de Ciências Biomédicas, Universidade de São Paulo, SP, Brazil. Animals were kept under a 12-h light/dark cycle (light: fluorescent light, 200/300 lux at cage level; dark: red filter Kodak 1A, 0.5 to 1 lux, lights on at 6:00 am,  $21 \pm 2^\circ\text{C}$ ) with food and water *ad libitum*. The protocol is in accordance with the Ethics Principles for Animal Research adopted by the Brazilian College of Animal Experimentation (COBEA) and was approved by the Ethics Committee for Animal Research of the Instituto de Ciências Biomédicas (protocol #048/03).

### Experimental design

The present study includes the following experimental groups: control (intact animals); MEL (control animals supplemented with daily nocturnal melatonin administration); PINX (pinealectomized rats); PINX+MEL (pinealectomized rats treated with melatonin in the drinking water consumed at night); CP (intact animals treated with cyclophosphamide); CP+MEL (intact animals injected with cyclophosphamide and supplemented with melatonin); CP+PINX (pinealectomized rats treated with cyclophosphamide); CP+PINX+MEL (pinealectomized rats treated with melatonin and injected with cyclophosphamide).

### Experimental and surgical procedures

Animals were anesthetized with pentobarbital (40 mg/kg) and then submitted to pinealectomy by the method of Roffman and Reiter (22). Briefly, anesthetized

animals were placed in a stereotaxic apparatus (David Kopf Instruments, USA) and a sagittal opening was made in the scalp. The skin and muscles were pulled apart to expose the lambda confluence for skull suturing. A disc-shaped opening was made around the lambda with a circular drill, whereupon the pineal gland (which is located just below the posterior venous sinus confluence) was removed with a thin forceps. After brief homeostasis, the disc-shaped piece of bone was replaced and the scalp sutured with cotton thread.

### Melatonin administration

Melatonin (Sigma, USA) was administered orally in the drinking water during the dark period at 1 mg/kg body weight for 15 days. During the light period, tap water was available to the animals. Plain water bottles were replaced with melatonin-containing water bottles from the beginning to the end of the dark period.

### Administration of cyclophosphamide

A single intraperitoneal injection of CP (20 or 50 mg/kg, ASTA Médica Ltda., Brazil) was administered on the 15th day after pinealectomy and/or at the beginning of melatonin supplementation (23). The latter concentration was used solely in DNA fragmentation studies.

### Chromosome analysis

Bone marrow samples were collected 24 h after CP treatment and the cells were processed as previously described (24). For chromosome preparations, rats were injected intraperitoneally with 0.16% colchicine 90 min before sacrifice. The femurs were dissected and bone marrow was flushed from the femoral cavity with fetal calf serum. The cells were dispersed by gentle pipetting and collected by centrifugation at 1000 *g*. Slides were prepared as described previously (25). Briefly, harvested cells were incubated in 0.075 M KCl for 20 min at  $37^\circ\text{C}$  and then centrifuged for 10 min at 1000 *g*. The cells were fixed in cold glacial acetic acid-methanol (1:3; v/v) and spread onto a clean slide to release chromosomes. The slides were then stained with Giemsa and coded before blind observation. One hundred well-spread metaphases per rat were analyzed in an attempt to find structural chromosomal aberrations, which were classified as breaks, gaps, fragments, and rearrangements (26). The percent decrease was calculated as the sum of two individual treatments minus the frequency in the control group (27). The slides from chromosome aberration analysis were also used to calculate the mitotic index (MI), which was obtained by counting the number of mitotic cells/2000 cells/animal in a total of 12,000 cells. The MI determines the cytotoxicity of the tested drug and evaluates the rate of cell division (25-28). An increase in MI indicates that the applied drug is an inducer of cell proliferation (low toxicity) while a reduction of MI represents a higher cytotoxicity.

### Determination of Fpg-sensitive sites by the Fpg-comet assay

The alkaline comet assay at pH 13 was carried out as previously described (29). Briefly, one or two drops of blood were collected from the animals' tails 24 and 48 h after CP treatment (50 mg/kg). Seven microliters of cell/heparin mixture was then embedded in 93  $\mu$ L LMP agarose (0.50 g/100 mL PBS). The resulting mixture was spread over a pre-coated microscope slide for 5 min at 4°C to allow gel solidification. The cells were then lysed (2.5 M NaCl, 100 mM EDTA, 10 mM Tris, pH 10, plus 1% Triton-X 100 and 10% dimethyl sulfoxide added just before use), and kept at 4°C for 1 h. The Fpg enzyme was used in the comet assay because it recognizes the 8-OH guanine and formamidopyrimidine that occur in spontaneous breaks in damaged purines (30). Fpg is involved in the first step of the base excision repair by removing AP-generating modified DNA bases at a site that is cut by AP-lyase activity, thereby resulting in a gap in the DNA strand detectable by the comet assay. When the comet assay was combined with bacterial Fpg, the slices were washed with an enzyme buffer (40 mM HEPES, 100 mM KCl, 0.5 mM EDTA, 0.2 mg/mL BSA, pH 8.0), covered with 60  $\mu$ L of buffer alone or buffer with Fpg protein (1:2000), sealed with a coverslip, and finally incubated for 30 min at 37°C. Slices with and without Fpg post-treatment were denatured for 20 min and submitted to electrophoresis for a further 20 min. The slices were coded and images of 50 randomly selected cells stained with ethidium bromide were obtained using a fluorescent microscope Nikon Eclipse E1000 (USA) attached to a Nikon FDX35 video camera equipped with excitation (528/553 nm) and barrier (590 nm) filters. The parameter used to express the DNA damage was tail moment. Tail moment (numerical measurement of DNA damage) is the product of the length of the "tail" of DNA trailing the nucleus and the percentage of total DNA in the tail. Higher tail moments indicate greater DNA damage (30). The comets (tail moment) were analyzed using the Scion Image Corporation software (Comet 1.3 application).

### RNA isolation and cDNA synthesis

Total RNA was extracted from bone marrow cells using Trizol® Reagent (Invitrogen® Corporation, USA) according to manufacturer instructions. RNA was dissolved in DEPC water and the concentration and purity of each sample was determined with  $A_{260}/A_{280}$  measurements ( $\mu$ Quant, BioTeK Instruments, Inc., USA). A 5- $\mu$ g aliquot of total RNA was reverse-transcribed using SuperScript III Reverse Transcriptase (Invitrogen® Corporation; 200 U; 25°C for 10 min, 42°C for 75 min, 70°C for 15 min) and random primers (65°C, 5 min). cDNA samples of bone marrow cells were stored at -20°C prior to the analysis.

### Quantitative PCR

The best concentrations of primers and samples, as well as the most appropriate annealing temperature were established prior to qPCR. The reactions were carried out using 12.5  $\mu$ L Platinum® SyBrGreen qPCR Super Mix-UDG (Invitrogen®), 42.5 ng cDNA and 200 nM of each primer (Table 1). The amplification conditions for qPCR consisted of an initial step at 95°C for 10 min followed by 40 cycles, each at 95°C for 15 s, 60°C for 30 s and 72°C for 30 s. Primer specificity was assessed by analysis of the melting curve that consisted of heating the samples from 60° to 99°C (incremental changes of 1°C at 5-s intervals) after the 40th cycle. All sample measurements were performed in duplicate. Data were generated by the Rotor-Gene Real-Time Analysis Software 6.0 (Rotor Gene 3000 Real-Time PCR System, Corbett Research, Australia).

All quantifications were normalized to the housekeeping genes beta-2-microglobulin (*B2m*) and histone deacetylase 1 (*Hdac1*). The relative quantification value of each target gene was analyzed using the comparative  $C_T$  method (31).  $2^{-\Delta\Delta C_T}$  was used to calculate the relative amount of transcript in the sample, normalized to *B2m* and *Hdac1*, where  $\Delta C_T$  is the difference between the  $C_T$  of the gene of interest and the  $C_T$  of both housekeeping genes and  $\Delta\Delta C_T$  for the sample = mean  $\Delta C_T$  of the sample - mean  $\Delta C_T$  of the control sample (used as calibrator).

**Table 1.** Primer sequences for rat *Xpf*, *Hdac1* and *B2m* used in qRT-PCR assays.

Primer	Sequence	GenBank Accession No.	Product size (bp)
<i>B2m</i>	Sense: 5'-CTCAGTTCACCCACCTCAG-3'	NM_004048	158
	Antisense: 5'-GCAAGCATATACATCGGTCTCG-3'		
<i>Hdac1</i>	Sense: 5'-GCCAGTCATGTCCAAAGTAATGG-3'	AF_321129	254
	Antisense: 5'-ATTAGGGATCTCTGTGTCCAGG-3'		
<i>Xpf</i>	Sense: 5'-AGTGTGAGCGACCTCATTGGC-3'	XM_001067693	157
	Antisense: 5'-TCATCTCCTGGACGAAGGCAC-3'		

*B2m* and *Hdac1* are housekeeping genes.

**Table 2.** Effect of melatonin on the mitotic index (MI) and frequency of cells with chromosome aberrations induced by cyclophosphamide (CP, 20 mg/kg).

Groups (n = 6/group)	MI (mean ± SE)	Types of chromosome aberrations				Total chromosomal aberrations/100 cells (mean ± SE)
		G	B	F	R	
Control	1.74 ± 0.13	0	0	6	1	1.20 ± 0.40
MEL	2.52 ± 0.09 <sup>a</sup>	0	0	1	3	0.67 ± 0.21
PINX	1.61 ± 0.07	1	3	15	8	4.50 ± 0.89 <sup>a</sup>
PINX+MEL	2.55 ± 0.14 <sup>c</sup>	0	0	4	2	1.00 ± 0.26 <sup>e</sup>
CP	1.04 ± 0.03 <sup>a</sup>	2	15	28	25	11.00 ± 1.30 <sup>a</sup>
CP+MEL	2.09 ± 0.10 <sup>b</sup>	0	1	3	4	1.30 ± 0.21 <sup>b</sup>
CP+PINX	1.00 ± 0.05	0	13	34	24	12.00 ± 1.80 <sup>e</sup>
CP+PINX+MEL	2.18 ± 0.08 <sup>d</sup>	0	1	6	6	2.50 ± 0.50 <sup>d</sup>

G = gaps; B = breaks; F = fragments; R = rearrangements; MEL = melatonin; PINX = pinealectomized rats; CP = intact animals treated with CP. <sup>a</sup>P < 0.05 vs control group; <sup>b</sup>vs CP; <sup>c</sup>vs PINX; <sup>d</sup>vs PINX+CP; <sup>e</sup>vs PINX. For MI, 1000 cells were analyzed per animal (a total of 6000 cells/treatment). For chromosomal aberrations, 600 cells were analyzed per group. Statistical significance between means of cells with chromosome aberrations and the MI was analyzed using one-way ANOVA followed by the Newman-Keuls multiple comparisons *post hoc* test.

### Statistical analysis

Data are reported as means ± SE and were analyzed statistically by one- or two-way analysis of variance (ANOVA), followed by the Bonferroni multiple comparisons *post hoc* test (GraphPad Software Inc., USA). Differences were considered to be significant when P < 0.05.

## Results

### Effect of melatonin on mitotic index and chromosomal aberrations induced by cyclophosphamide

The slide analysis of a rat bone marrow smear from control animals revealed a frequency of 7 types of chromosomal aberrations/600 analyzed cells (1.20 ± 0.40/100 cells), while MEL supplementation did not change the spontaneous incidence of chromosomal aberrations, presenting 4 types/600 analyzed cells (0.67 ± 0.21/100 cells). Cells from PINX animals presented 27 types of chromosomal aberrations/600 analyzed cells (4.50 ± 0.89/100 cells). This result represents a significant increase in comparison to the spontaneous mutations detected in intact animals from the control group. On the contrary, bone marrow cells from pinealectomized animals that received melatonin (PINX+MEL) daily, beginning the first night after surgery, presented reduced levels of spontaneous aberrations that were similar to control levels, showing 6 types of aberrations/600 analyzed cells (1.00 ± 0.26/100 cell), which represents a 75% reduction compared to the PINX group.

CP injection performed 24 h before sacrifice induced 70 types of chromosomal aberrations/600 cells (11.00 ± 1.30/100 cells). On the other hand, a complete blockage of CP-induced mutations was observed when the animals

were supplemented with melatonin (CP+MEL), showing 8 aberrations/600 cells (1.30 ± 0.21/100 cells). This result reveals a reduction of 83.8% in the number of aberrant chromosomes. PINX animals injected with CP (CP+PINX) presented 71 types of chromosomal aberrations (12.00 ± 1.80/100 cells). As expected, the reposition of melatonin in the CP+PINX group (CP+PINX+MEL) was able to inhibit the development of chromosomal aberrations, reducing the total number of aberrant cells to values similar to those observed in control animals (2.50 ± 0.50), i.e., a reduction of 85.8% (Tables 2 and 3).

Regarding the rate of cells that are in division (MI), MEL supplementation was able to increase the MI compared to the control group (2.52 ± 0.09 vs 1.74 ±

**Table 3.** Analysis of chromosomal aberrations after melatonin treatment.

Treatments	Observed	Expected	Decrease (%)
Control	7	-	-
MEL	4	-	-
PINX	27	-	-
PINX+MEL	6	24	75
CP	68	-	-
CP+MEL	8	65	83.8
CP+PINX	71	88	19.3
CP+PINX+MEL	13	92	85.8

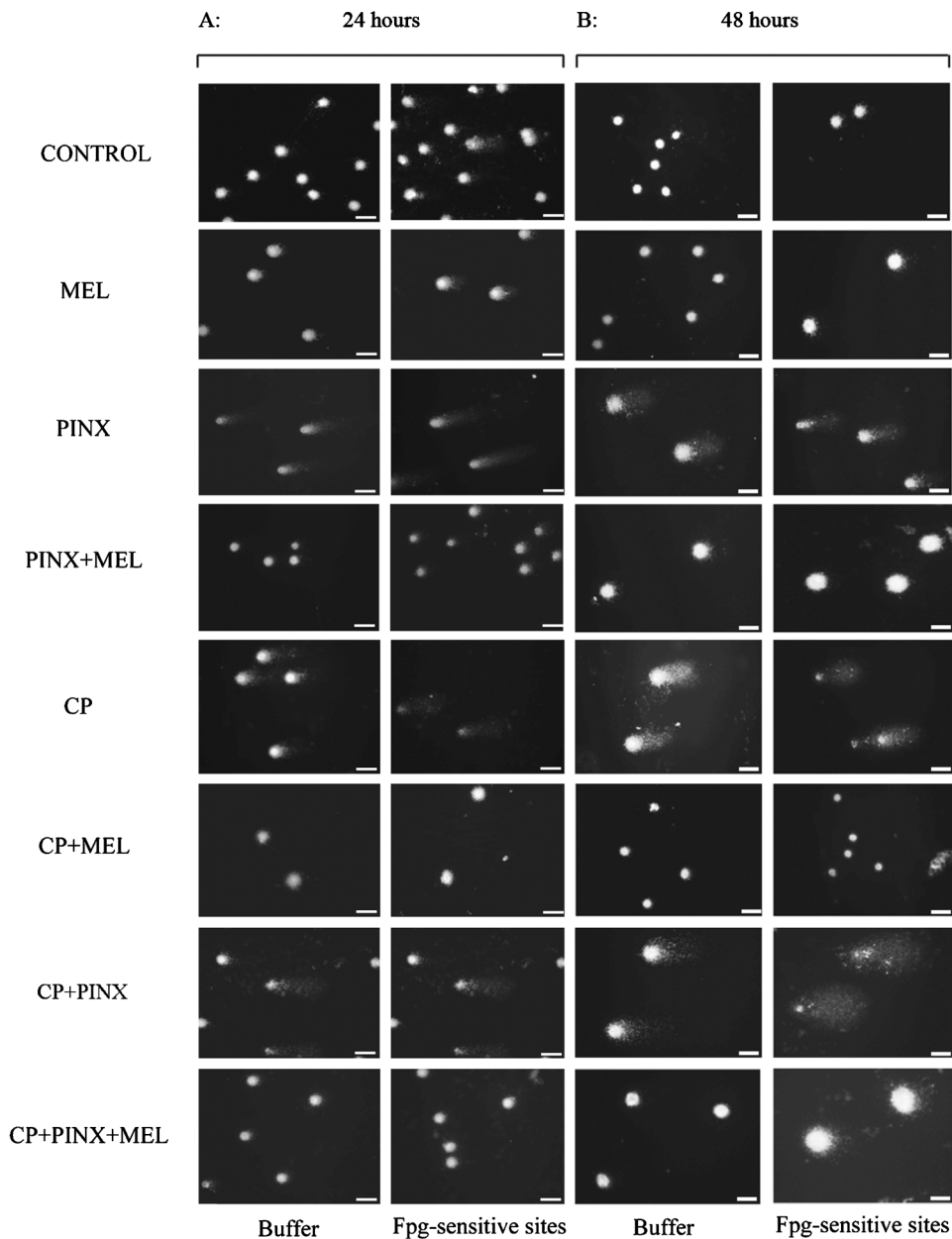
The expected values were calculated as the sum of the corresponding individual treatments minus the frequency of the control group, i.e., CP (n = 68) + MEL (n = 4) - Control (n = 7). MEL = melatonin; PINX = pinealectomy; CP = intact animals treated with cyclophosphamide. The decrease (%) was calculated using the following formula:  $x^2 = \text{observed} - \text{expected} / \text{expected} * 100$ .

0.13) while the CP group presented a clear reduction ( $1.04 \pm 0.03$ ). Melatonin treatment promoted an increase in MI in the PINX and CP groups (PINX+MEL and CP+MEL) compared to the respective controls ( $2.55 \pm 0.14$  vs  $1.61 \pm 0.07$  and  $2.09 \pm 0.10$  vs  $1.04 \pm 0.03$ ). Pinealectomy (PINX group) *per se* did not change the MI ( $1.61 \pm 0.07$ ) compared to the control group. Melatonin reposition also increased the MI of the CP+PINX+MEL

group compared to its control ( $2.18 \pm 0.08$  vs  $1.00 \pm 0.05$ ).

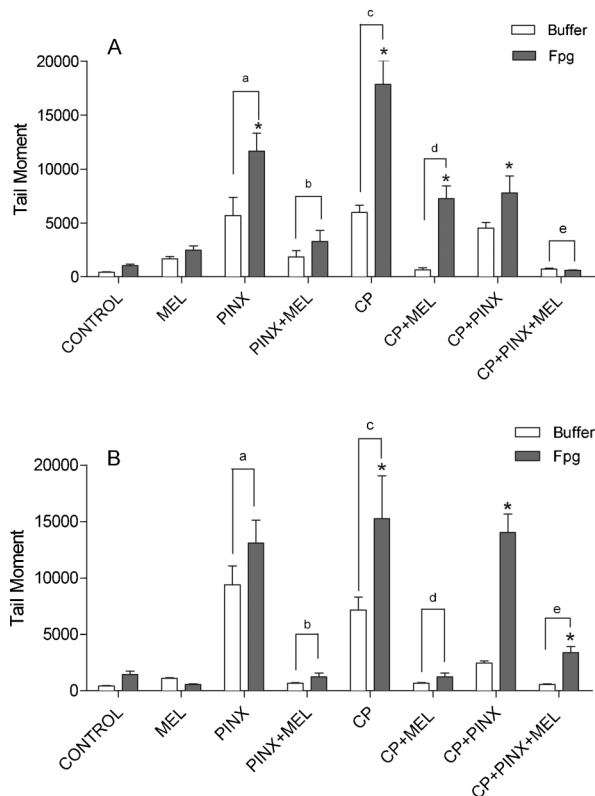
#### Determination of Fpg-sensitive sites by the comet assay

An increase in DNA migration (tail moment) was observed under both conditions (buffer and Fpg-sensitive sites) 24 and 48 h after CP administration. Melatonin



**Figure 1.** A, Images of formamidopyrimidine DNA glycosylase enzyme (Fpg)-sensitive sites determined by the Fpg-comet assay 24 h after treatment with 50 mg/kg cyclophosphamide (CP). MEL = melatonin; PINX = pinealectomized animals. B, Images of Fpg-sensitive sites determined by the Fpg-comet assay 48 h after treatment with 50 mg/kg CP. n = 5 animals per group.

treatment elicited a considerable decrease in oxidative damage (more than 50%), promoting the reduction not only of Fpg-sensitive sites but also of the buffer condition to their control values. This melatonin-mediated reduction effect was better observed 48 h after CP administration, although a significant reduction was already seen 24 h



**Figure 2.** A, Quantification of Fpg-sensitive sites by the Fpg-comet assay 24 h after treatment with 50 mg/kg cyclophosphamide (CP). The damage measured by alkaline comet assay was estimated as the percentage of DNA in the tail after treatment with Fpg (filled bars) and buffer without Fpg (open bars). Tail moment (numerical measurement of DNA damage) is the product of the length of the "tail" of DNA trailing the nucleus and the percentage of total DNA in the tail. Fpg = formamido-pyrimidine DNA glycosylase enzyme; MEL = melatonin; PINX = pinealectomized animals. Data are reported as means  $\pm$  SE for n = 5 animals per group. \* $P < 0.05$  vs their respective control; <sup>a</sup> $P < 0.05$  vs control and MEL; <sup>b</sup> $P < 0.05$  vs PINX; <sup>c</sup> $P < 0.05$  vs control, MEL and PINX+MEL; <sup>d</sup> $P < 0.05$  vs CP; <sup>e</sup> $P < 0.05$  vs CP+PINX (two-way ANOVA followed by the Bonferroni multiple comparisons *post hoc* test). B, Quantification of Fpg-sensitive sites by Fpg-comet assay 48 h after treatment with 50 mg/kg CP. The damage measured by alkaline comet assay was estimated as the percentage of DNA in the tail after treatment with Fpg (filled bars) and buffer without Fpg (open bars). Data are reported as means  $\pm$  SE for n = 5 animals per group. \* $P < 0.05$  vs their respective control; <sup>a</sup> $P < 0.05$  vs control and MEL; <sup>b</sup> $P < 0.05$  vs PINX; <sup>c</sup> $P < 0.05$  vs control, MEL and PINX+MEL; <sup>d</sup> $P < 0.05$  vs CP; <sup>e</sup> $P < 0.05$  vs CP+PINX (two-way ANOVA followed by the Bonferroni multiple comparisons *post hoc* test).

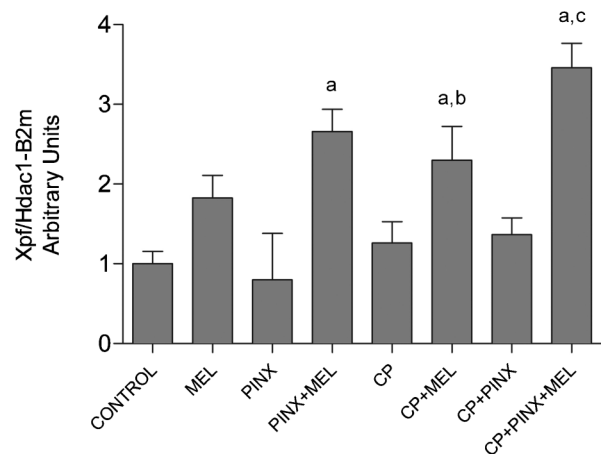
after CP injection. Melatonin supplementation alone did not induce DNA damage or the appearance of Fpg-sensitive sites. The absence of circulating melatonin in PINX animals induced an increase in the tail moment of buffer and Fpg-sensitive sites compared to the control groups. Moreover, when PINX animals were supplemented with melatonin (PINX+MEL), a complete prevention of DNA oxidative damage was observed. The positive effect of melatonin was also seen in PINX animals injected with CP compared to CP+PINX+MEL animals (Figures 1A and B and 2A and B).

### Melatonin treatment and *Xpf* mRNA expression

Besides being involved in the DNA nucleotide excision repair (NER) machinery, the *Xpf* gene is also responsible for the cleavage in DNA lesions. The present results show that melatonin supplementation associated with a highly oxidative damage condition such as CP+PINX, PINX or CP was able to increase *Xpf* mRNA expression in bone marrow cells, while individual conditions such as PINX, MEL, CP, or even CP+PINX did not cause modifications of *Xpf* mRNA expression (Figure 3).

### Discussion

In this study, we aimed to investigate the protective effect of melatonin on CP-induced chromosomal damage in pinealectomized rats. The present melatonin treatment regimen gave us support to determine the undeniable protective effects of the pineal gland hormone against induced DNA damage. The ablation of plasma melatonin



**Figure 3.** *Xpf* mRNA expression in bone marrow cells. The values were normalized by *Hdac1* and *B2m* mRNA expression and are reported as arbitrary units. MEL = melatonin; PINX = pinealectomized animals; CP = cyclophosphamide. Data are reported as means  $\pm$  SE for n = 5 animals per group. <sup>a</sup> $P < 0.05$  vs control and PINX; <sup>b</sup> $P < 0.05$  vs CP; <sup>c</sup> $P < 0.05$  vs CP and CP+PINX (one-way ANOVA followed by the Bonferroni multiple comparisons *post hoc* test).

due to pinealectomy also revealed the ineffectiveness of the cells in overcoming oxidative lesions.

The reduction of blood melatonin levels caused by pinealectomy has been demonstrated by many investigators, and this results in a complete ablation of the circadian pattern of melatonin release by the pineal gland (32). Although sham-operated animals (a similar surgical procedure without excising the pineal gland) showed urinary excretion of a melatonin metabolite (33), sham surgery was not performed in the present study because the unintentional damage of peripheral innervations of the gland could compromise the well known modulatory effect of melatonin synthesis exerted by these afferents (9).

We demonstrated here that melatonin is able to prevent the spontaneous formation of chromosomal aberrations, which was found to be higher in PINX animals than in melatonin-treated PINX animals. These results agree with data presented by De Salvia et al. (34), who showed that melatonin treatment promotes a reduction in the number of abnormal CHO cells induced by H<sub>2</sub>O<sub>2</sub> and CP. Our data indicate that melatonin at the concentration tested is not cytotoxic and may confer anti-mutagenic activity against CP-induced chromosome aberrations. Melatonin also induced a significant increase in the MI of bone marrow cells in mitotic metaphase, indicating an increase in the rate of cell division. Thus, our findings are in agreement with the reported protective effects of melatonin on bone marrow of rats exposed to cytotoxic drugs (16).

The mechanism of action of melatonin on bone marrow cells has been previously investigated. Some authors have discussed that the protective effect of melatonin is due to its antioxidant capacity, which prevents bone marrow damage by stimulating cell growth and increasing glutathione levels (8,35). The stimulatory effect of melatonin on cell growth in lymphatic tissues was also described in the literature (36). In addition, since melatonin is able to enter the cell nucleus and interact with chromatin, this could explain its action against CP alkylating damage, which can promote the distortion of the DNA double helix (10). Moreover, melatonin could also release IL-2 from granulocytes and stimulate bone marrow cells, acting as a growth factor (37).

To the best of our knowledge, this is the first study that used the comet assay to evaluate cells from PINX animals treated with melatonin, although the role of melatonin in reducing oxidative injury has already been demonstrated

by the use of the same technique in other models (38,39). Our results demonstrated a significant CP-induced DNA damage in peripheral lymphocytes, additionally increased in the presence of Fpg. In addition to melatonin being able to reduce these damages 24 h after CP injection, with complete normalization after 48 h, a reduction of the spontaneous increase in oxidative damage induced by pinealectomy was also observed. These results indicate that melatonin, in addition to its well-known antioxidant activity, could be effective in mobilizing DNA repair mechanisms. A previous study suggested that melatonin can activate either DNA repairing enzymes or those genes responsible for initiating new protein kinase C-mediated DNA synthesis (35).

Moreover, the components of the NER machinery were evaluated. Among several genes studied, *Xpf* was the one that revealed a more consistent increase in its expression in response to melatonin. Since *Xpf* participates in the final steps of the NER pathway involving nucleotide excision repair around the lesion, it is possible that mechanisms involved in DNA repair might be mediated by the *Xpf* gene and should be further analyzed. The expressions of other genes involved in the repair mechanisms (*Top1*, *Csb*) or in the cell cycle (*P53*, *P21*) or even in DNA fragmentation (*Bcl-2*, *Bax*) were not consistently altered in response to the presence or absence of melatonin (data not shown).

Our results demonstrated that melatonin treatment alone is neither mutagenic nor toxic. Pinealectomy *per se* leads to oxidative DNA lesions, which were reduced by melatonin treatment. Melatonin was capable of protecting bone marrow cells by completely blocking CP-induced chromosome aberrations. In addition, the melatonin-induced *Xpf* gene expression facilitated the repair of CP-induced DNA damage, as shown by the comet assay. According to the present data, it is possible to consider the benefits of the therapeutic use of melatonin in addition to chemotherapy medication.

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