

Effects of recurrent sand deposition on rocky intertidal organisms: importance of substrate heterogeneity in a fluctuating environment

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ABSTRACT: This research represents a 3-yr (September 1975–June 1978) examination of a southern California rocky intertidal system influenced by variable sand deposition ranging from almost zero to total seasonal inundation over different portions of the study area. An apparent subclimax association of opportunistic macrophytes (*Chaetomorpha linum*, *Cladophora columbiana*, *Ulva lobata*, *Enteromorpha intestinalis*) and highly-reproductive macroinvertebrates (*Tetraclita rubescens*, *Chthamalus fissus/dalli*, *Phragmatopoma californica*) dominate by rapidly repopulating those low-lying microhabitats routinely buried by sand. Refuge habitats on slightly elevated rock pinnacles (sand free) were dominated by long-lived molluscs such as *Mytilus californianus*, *Haliotis cracherodii* and *Lottia gigantea*. The lower limits of these biotically-competent taxa (*sensu* Vermeij, 1978) appear to be determined by the physical smothering action of sand, rather than by the kinds of biological factors documented for other rocky intertidal habitats. The stress-tolerant *Anthopleura elegantissima* dominates the upper intertidal macroinvertebrate cover because of reproductive, behavioral and physiological adaptations to the stresses of aerial exposure and sand burial. The dominant plant in lower intertidal pools is the biotically-competent *Phyllospadix scouleri* that tolerates sand because of its large size and its rhizomatous root system which traps and binds sediments. The most numerous of the mobile macroinvertebrates, *Tegula funebris*, is able to migrate away from the winter sand inundation to refuge habitats. The research reported here suggests that, with few exceptions, sand-stressed habitats primarily serve as important refuges for 2 functional groups of species: stress-tolerant strategists and opportunistic strategists.

INTRODUCTION

Much attention has been devoted, both historically and recently, to the influence of the physical environment upon rocky intertidal seascapes. Local variations in climate, partially generated by tide and wave fluctuations, reported to affect biotic patterns include salinity (Dawes et al., 1978), insolation (Dayton, 1975; Littler and Arnold, 1980), temperature (Mathieson and Burns, 1971), desiccation (Dayton, 1971; Schonbeck and Norton, 1978) and wave shock (Lewis, 1964, 1968; Jones and Demetropoulos, 1968; Seapy and Littler, 1978). The limitations imposed by these factors can also indirectly affect intertidal distributions through impact on species involved in higher-order competitive and predator/prey interactions (Connell, 1961; Dayton, 1971, 1975; Menge, 1972; Vadas, 1977). Con-

nell (1972) emphasized the general trend for upper limits of intertidal organisms to be determined by stressful physical parameters, while biological factors such as predation and competition often control the lower zonal levels.

Since, conceptually, strictly rocky intertidal habitats should be independent of the influences of sand abrasion and deposition, the impact of this factor rarely has been examined. However, most rocky shores include considerable sand intermixed with the biota attached to rock substrates, and fluctuations in the degree of sand coverage are common (Littler, 1980a). We have observed (Littler and Littler, 1980a) that rocky intertidal systems which superficially appear to be removed from the influence of sand are often seasonally affected. Conceivably, sand movements could directly impact intertidal organisms by smothering or scouring,

as well as contribute to indirect effects if the species affected are involved in biological interactions that have important direct influences.

Previous studies of sand effects in rocky intertidal habitats have been limited primarily to taxonomic lists from sand-impacted areas (Lewis, 1964; Mathieson and Fralick, 1972) or, in a few cases (Markham, 1973; Daly and Mathieson, 1977), to examinations of life histories and structural adaptations of single species or groups of related taxa. Quantitative treatments covering both faunistic and floristic elements are few (Taylor and Littler, 1982), including seasonal data detailed enough for characterization of sand-influenced intertidal community dynamics. Sediments have been implicated to be generally detrimental in a number of subtidal investigations (e.g. Kitching et al., 1934; Kitching, 1941; Lilly et al., 1953; Ebling et al., 1960; Foster, 1975; Neushul et al., 1976; Norton et al., 1977). During a laboratory investigation of sand effects on *Macrocystis* gametophytes, Deviny and Vorse (1978) postulated the following 3 mechanisms of sediment damage to attached algae: (1) smothering due to reduced light, nutrients or dissolved gases; (2) physical injury due to scouring; and (3) detrimental chemical changes of the surrounding interstitial micro-environment. Conversely, Foster (1975) suggested that occasional burial by shifting sand may be an important factor in maintaining subtidal kelp-bed diversity by permitting the co-existence of opportunistic species on patches of cleared substrates. One of the purposes of the present investigation was to examine this concept (cf., Levin and Paine, 1974) from a microhabitat perspective.

This research represents a ~3-yr examination of a rocky-intertidal system influenced by variable sand deposition ranging from almost zero to total seasonal inundation over different portions of the study area. The distributional patterns and abundances of biota in this system represent apparent responses to the degree of sand inundation, and considerable circumstantial evidence is presented to suggest its effects on community structure in conjunction with gradients of spatial heterogeneity.

STUDY AREA

The study site is on San Nicolas Island (Fig. 1), one of the Southern California Islands. The shoreline of the island is composed of sandy beaches interrupted by sandstone (quartz and feldspar) platforms that extend 40 m or more seaward. One such platform near Dutch Harbor (33° 12' 55" N, 119° 28' 16" W, Fig. 1) was studied quarterly from September 1975 to June 1978. This 70 m long platform averages 1.0° in slope and is interrupted at its seaward margin by a series of ridges

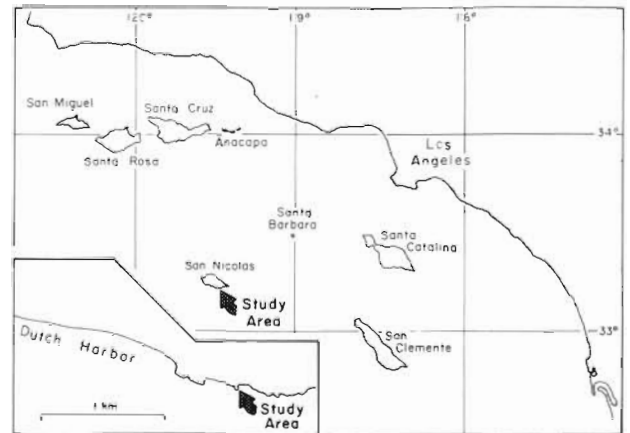


Fig. 1. Location of the platform studied on San Nicolas Island

with deep surge channels, exposed to the full force of waves. Small-scale topographic relief was prevalent at certain quadrat locations, such as W-30 (west line, meter 30), W-42, E-0 and E-39, which contained small pinnacles that were abruptly elevated relative to the other samples.

The annual pattern of sand influx along the Pacific Northwest (Hedgpeth, 1957; Markham, 1973; Shephard, 1973) shows increased deposition in rocky intertidal habitats throughout the summer months. Presumably, reduced surf and the consequent shoreward movement of sand accounts for the observed sand accumulations. Interestingly, the dynamics of sediment movement at Dutch Harbor represent a reverse pattern (Fig. 2; Taylor and Littler, 1982), with the maximum inundation coinciding with high winter surf that redistributes the sand from the steeply-profiled upper shoreline downward onto the platform. This process is augmented by an eastward longshore transport of sand from the berm of the adjacent sandy beach. Waves consistently break over the seaward raised portions and surge channels of the platform which, consequently, remain unburied. As a result of this turbulence, the longshore transport of sand is interrupted and material is deposited only upon the shoreward (upper region) of the platform. Because the longshore sand flux is from the beach to the west, a distinct 'leeward' habitat is produced on the eastern margin of the platform that remains free of sand deposition.

METHODS AND MATERIALS

During each quarterly assessment (from September 1975–June 1978), photographs of 30 × 50 cm quadrats (0.15 m²) were taken along 2 parallel transect lines (60 m in length) during low tide at right angles to the substrate with 35 mm cameras equipped with elec-

tronic flash units (Littler, 1971); also, detailed field notes were tape-recorded of species' locations, composition and abundance for later analysis in the laboratory.

A minimum of 2 photographic transparencies were taken for each sample quadrat, one using color film (Kodachrome 64) and the other Ektachrome infrared film. Infrared photographs increased the accuracy in measuring the abundances of certain macrophytes, particularly the blue-green algae, and revealed the presence of unhealthy or bleached thalli. In cases where sampling included multilayered canopies, additional photographs were taken to measure stratification after the upper layers were carefully moved aside.

Species composition and cover were determined in the laboratory for each quadrat from analyses of the photographs and field notes (Littler, 1980a); cover assessments of macroinvertebrate and macrophyte standing stocks were made by the point-intercept method. Species observed in quadrats but not encountered by point-intercepts were assigned a cover value of 0.1 %. The mean cover was determined for the major species in each 0.3-m tidal interval and used to plot distribution and abundance patterns over all intervals sampled. The data were summed and averaged to yield mean cover values for each population.

RESULTS

Sedimentation patterns

Accumulation of sand along the transects was most pronounced from December through February and displayed a recurrent annual cycle (Fig. 2). Mean cover of sand ranged from zero to 6.3 % between June and

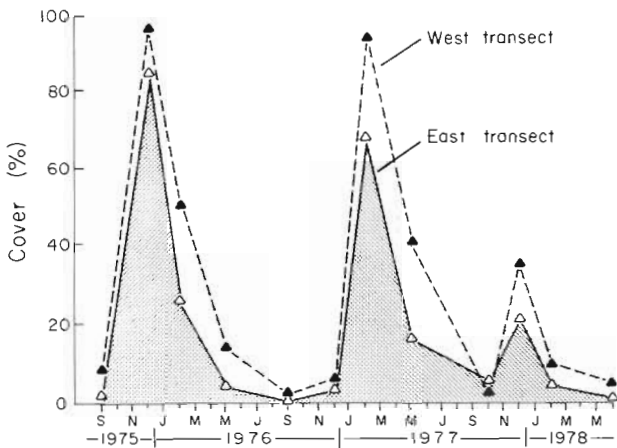


Fig. 2. Patterns of sand cover throughout the entire intertidal zone (MLLW to +5.0 m)

October, with most quadrats becoming entirely uncovered during this time, while average winter cover was frequently in excess of 35.0 % (range 4.4 % to 96.2 % and up to 10 cm deep). The characteristic pattern of inundation from the upper portions of the west line to the lower levels of the east transect produced a recognizable gradient of differential sand stress (i.e. smothering and bleaching) among the samples (Fig. 3). Over comparable tidal ranges, the more 'leeward' east line was generally less subject to burial than the west (Figs. 2 and 3).

Microhabitat heterogeneity

Ranking of the permanent samples by mean sand cover (Fig. 3), clearly indicated that sand effects were greatest in the pool quadrats of the west line. The most

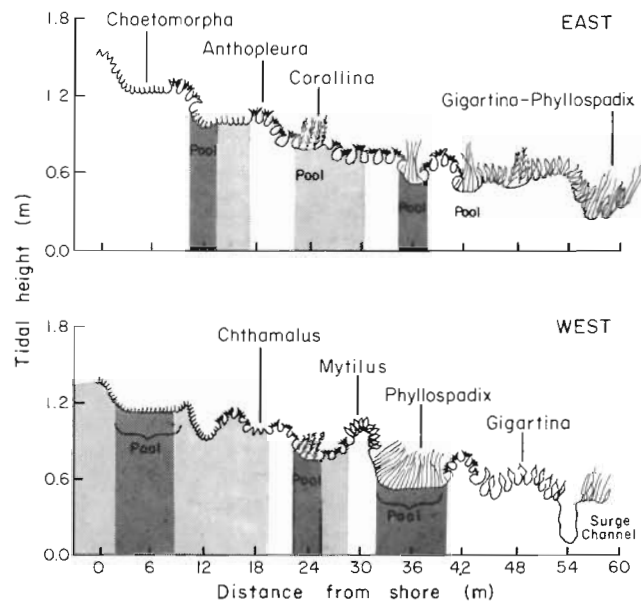


Fig. 3. Profiles of species assemblage zonal patterns and mean sand cover (Light shading = < 4 %, Medium = 4-15 %, Dark = 15-27 %) as a function of tidal height and distance from shore. Assemblages, objectively determined and characterized from Fig. 6, were used to label the quadrats along their respective transect lines

seaward samples were generally free of deposition and the remainder were influenced variously according to their local topographic features. Abruptly raised substrate pinnacles comprised 'islands' of reduced sand stress. In one case, a tidal height difference of 0.2 m between 2 adjacent samples resulted in a difference in mean sand cover of 37.9 % (1.3 % versus 39.2 %).

Population distributions

Species distribution and abundance patterns for September 1976 are presented (Figs. 3, 4 and 5) for baseline comparative purposes because this period characterized the habitat when sand was at its seasonal minimum. Between +0.6 and +0.9 m [0 datum, mean lower low water (MLLW)], *Chaetomorpha linum*, *Corallina vancouveriensis*, *Cladophora columbiana* and *Enteromorpha intestinalis* were prominent (Fig. 4) along with the crustose forms of *Lithophyllum proboscideum*, *Ralfsiaceae* and blue-green algae. *Chaetomorpha linum* formed an extensive mat, with maximum cover of 34.7 % within +1.2 to +1.5 m, and decreased to 1.3 % between +0.6 and +0.9 m.

Below +0.6 m, *Gigartina canaliculata* became conspicuous along with *Gastroclonium coulteri*, *Gelidium coulteri* and *Ulva lobata* on emergent habitats, while *Phyllospadix scouleri* and its epiphyte *Smithora naiadum* occupied the wetter depressions. *Gigartina canaliculata* averaged 46.0 % cover between +0.3 and +0.6 m and 50.0 % in the interval of MLLW to +0.3 m. *Phyllospadix scouleri* reached a maximum of 37.7 % between MLLW and +0.3 m.

Prominent macroinvertebrates between +0.6 and +1.5 m included *Chthamalus fissus/dalli*, *Anthopleura elegantissima*, *Mytilus californianus* and *Tegula funebris* (Figs. 4 and 5). *Chthamalus fissus/dalli* reached maximum abundance between +1.2 and +1.5 m (26.1 % cover and 8,800 individuals m^{-2}) and decreased rapidly lower on the shore. *Anthopleura elegantissima* was conspicuous over the entire range sampled and occupied a maximum of 20.6 % cover

(508 m^{-2}) between +0.6 and +0.9 m. The transects sampled *M. californianus* only rarely, but an extensive population in one abruptly-raised quadrat yielded an average of 11.3 % cover (272 m^{-2}) between +0.9 and +1.2 m. Among the mobile macroinvertebrates in the same interval (Fig. 5), *Collisella scabra* attained the greatest density (160 m^{-2}) and cover (3.7 %), although *T. funebris*, *Littorina scutulata*, *C. strigatella*, and *C. pelta* were numerous.

Below +0.6 m, *Anthopleura elegantissima* remained prominent, while *Tetraclita rubescens* reached its relatively low maximum (cover < 1.0 %, 286 m^{-2}). Conspicuous mobile taxa included *Mopalia muscosa* with 4 m^{-2} in the interval of MLLW to +0.3 m and *Nuttallina fluxa/californica* with 5 m^{-2} between +0.3 and +0.7 m. The sessile polychaetes *Dodecaceria fewkesi* and *Phragmatopoma californica* were also common at this level (Fig. 4).

Seasonal overview

The population data that form the basis for this section are detailed elsewhere (Littler and O'Brien, 1977; Littler, 1978; Littler and Martz, 1979) and are only summarized here. Reduced abundances for most of the conspicuous taxa were recorded following the December and February periods of maximum sand influence. Sand was not a factor during the assessments, so the reductions measured were real and not attributable to sampling problems. The macrophytes experiencing the greatest loss were typically opportunistic forms occupying the upper portions of the

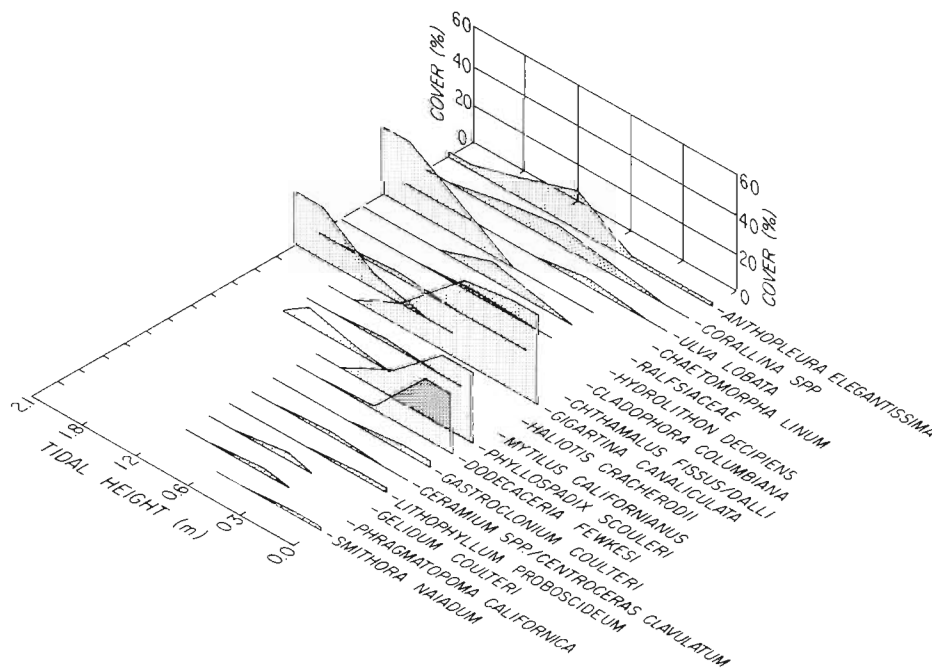


Fig. 4. Cover patterns as a function of tidal height for dominant macrophytes and sessile macroinvertebrates during September 1976

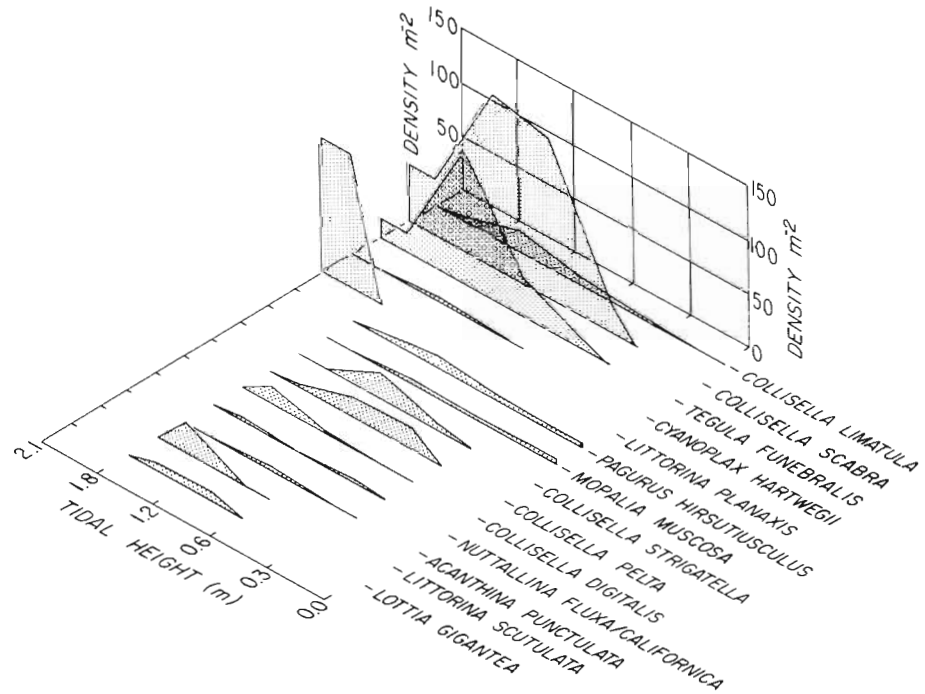


Fig. 5. Density patterns as a function of tidal height for dominant mobile macroinvertebrates during September 1976

platform. For example, *Chaetomorpha linum*, *Enteromorpha intestinalis*, blue-green algae and *Cladophora columbiana* declined (significant at $P < .05$, Wilcoxon signed-rank analysis) by 3.4 %, 0.4 %, 10.6 % and 1.1 % cover (all means are for the entire intertidal), respectively, from September to February.

Between September 1976 and February 1977, mean cover of the abundant high intertidal species *Anthopleura elegantissima*, *Chthamalus fissus/dalli* and *Tegula funebris* decreased significantly ($P < .05$) by 2.8 %, 3.4 % and 0.6 %, respectively. Comparable reductions in density were noted for these taxa. Conversely, along the more seaward but raised portions of the transects during this season, *Mytilus californianus*, *Lottia gigantea* and *Haliotis cracherodii* remained fairly constant while *Dodecaceria fewkesi* showed a cover gain from 6.7 % to 8.6 % and *Tetraclita rubescens* increased from 0.1 % to 0.5 % (80 m^{-2} to 150 m^{-2} , $P < .05$). Recovery after winter sand burial was generally quite rapid and by each of the subsequent fall sampling periods, the predominant taxa had regained characteristic (e.g. Fig. 3) patterns of cover.

Species assemblages

Associations of quadrats and their prominent taxa were identified objectively by a correlation coefficient of similarity. The cover data for the taxa from all possible pairs of quadrats were compared by product-moment correlation and subjected to hierarchical clus-

ter analysis (flexible-sorting) by the weighted pair-group method (Sokal and Sneath, 1963). This produced a dendrogram (Fig. 6) of quadrat assemblages (indicated by distance along each line) that were then

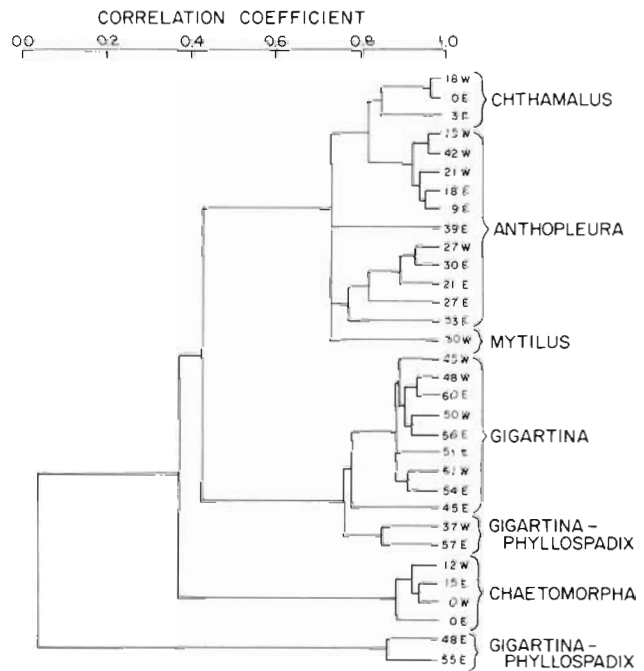


Fig. 6. Dendrogram display of differential clustering of all emergent quadrats (identified by their distance from shore), characterized by their cover dominants, based upon September 1976 cover data for all species within each quadrat on east and west transects

characterized by their dominant species and used to label the quadrat positions along profile diagrams of each transect line (Fig. 3). Community types as categorized by this statistic (Fig. 3; based on the assemblages of Fig. 6) correlated strongly with the differential sand stress quantified in Fig. 3. In the tidepool habitats, species assemblages of the west line (Fig. 3) were associated with a mean sand cover of 24.5 % or more and experienced maximum burial of at least 88.0 %. The east line pools were impacted slightly less but were composed of similar associations. Between +0.9 and +1.2 m, the tidepools approached a monoculture of the opportunist *Chaetomorpha linum*. Between +0.6 and +0.9 m in pools, *Corallina vancouveriensis* expanded its standing stocks along with blue-green algae and *Phyllospadix scouleri*. These tidepools contained relatively few invertebrates and were biotically intermediate between the higher *Chaetomorpha*-dominated pools and the lower *Phyllospadix*-dominated ones. The tidepool samples from +0.3 and +0.6 m (Fig. 3) contained an overstory of *Phyllospadix scouleri* that approached 100 % cover. Sand was present throughout all seasons in these low pools.

In addition to the 2 tidepool assemblages, there were 5 major associations (Fig. 6) characteristic of the emergent rock samples. Average sand cover was 8.8 % for these raised quadrats as compared to 37.6 % for pools. Above +0.9 m, the following 2 groups were evident: (1) *Chaetomorpha*-Group and (2) *Chthamalus*-Group. The *Chaetomorpha* assemblage (also prevalent in upper pools) consisted primarily of *Chaetomorpha linum*, with *Corallina* spp., *Enteromorpha intestinalis*, *Ulva lobata* and *Cladophora columbiana* occasionally present. The invertebrates *Tegula funebris* and *Anthopleura elegantissima* were also commonly observed in these samples. The *Chthamalus*-Group was composed of abundant *C. fissus/dalli* and *Littorina* spp. along with *T. funebris* and blue-green algae.

Between +0.3 and +0.9 m (Figs. 3 and 6), 3 major groups were distinguished: (1) *Anthopleura*-Group, (2) *Gigartina*-Group and (3) *Gigartina-Phyllospadix*-Group. The *Anthopleura* association was distinguished by abundant clones of *A. elegantissima* along with *Tegula funebris*, *Collisella scabra*, *Corallina* spp. and *Lithophyllum proboscideum*. The *Gigartina*-Group exhibited high cover of *Gigartina canaliculata* and *Corallina* spp. that grew upon a secondary substrate of *Phragmatopoma californica*. The *Gigartina-Phyllospadix*-Group was similar to the *Gigartina*-Group with the exception of increased *P. scouleri* cover and the replacement of *Phragmatopoma californica* by *Dodecaceria fewkesi*.

A unique assemblage on the rock pinnacle habitat (Figs. 3 and 6, W30) was characterized as the *Mytilus*-

Group and was composed of at least 50.0 % cover of *M. californianus*. Abundant species within this assemblage of long-lived animals were *M. californianus*, *Collisella scabra*, *Haliotis cracherodii* and *Lottia gigantea*. Other species of the genus *Collisella* also were common, whereas frondose macrophytes were poorly represented; the encrusting forms *Peyssonnelia* sp. and *Ralfsiaceae* were present with cover values usually below 20 %. This pinnacle community type was abundantly represented just to the northeast of our transect lines where the influence of sand was minimal. Throughout all of our site visits, these raised *M. californianus* beds remained constant and free of sand. Aside from the period of stressful deposition of sand during the winter months, all of the above species associations generally were present throughout the 3-yr study.

Adaptations

One long-lived macroinvertebrate that grazed the *Chaetomorpha*-Group was *Tegula funebris* (Taylor and Littler, 1982). This gastropod consistently escaped sand burial by moving to areas of low sand stress (Fig. 7). *T. funebris* densities rose dramatically during the winter months in 2 quadrats (W21, E18) that were never completely inundated (always below 10 % sand cover). This density increase in benign habitats and simultaneous decrease among adjacent sand-exposed samples was repeated annually and documents the migration of *T. funebris* in response to

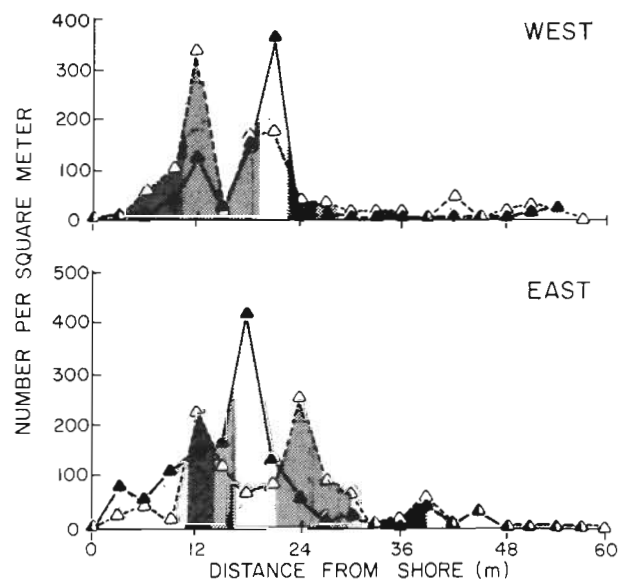


Fig. 7. *Tegula funebris*. Characteristic migration as a function of winter sand inundation for both west and east transect lines. Light triangles = September 1976, dark triangles = December 1976. Shading indicates mean sand cover as in Fig. 3.

increasing sand cover. A general movement away from the west line is also indicated by a drop in mean density from 56 to 39 m⁻² between September and December while density on the east line increased from 46 to 55 m⁻². *T. funebris* was observed to expand back into formerly inundated areas as the sand retreated.

Simultaneously, densities of adult *Collisella scabra*, another common mobile herbivore, increased slightly in the same benign samples in which *Tegula funebris* became concentrated, although its emigration was not as extensive (possibly because of its homing tendency) as that of *T. funebris*.

The chiton *Mopalia muscosa* remained in place through several weeks of sand burial (up to 10 cm deep) at Dutch Harbor as well as elsewhere (e.g. nearby rocky platforms, own obs.) with no apparent detrimental effects. This was also the case for shallower burials of clones of *Anthopleura elegantissima*, which routinely extended their columns to maintain their tentacles and oral discs at the surface.

The surf grass *Phyllospadix torreyi* was always associated with sand that it trapped by means of its rhizomatous root system, while maintaining its long thin leaves well above the level of the substrate.

DISCUSSION

In addition to the environmental stresses imposed by the normal tidal cycles and seasonal weather conditions (e.g. desiccation, insolation, heating, rainfall) most of the intertidal biota at the San Nicolas Island study site appeared to be severely affected by stresses brought about through recurrent sand deposition. Sand has been reported (Cimberg et al., 1973) to scour physically the underlying substrate allowing for recolonization when the substrate re-emerges. However, Taylor and Littler (1982) distinguished different effects due to sand-induced stress (smothering) and disturbance (scour), with a greater effect due to the former at the same site studied here. The majority of quadrats throughout the tidal range from +0.3 to +1.2 m were routinely inundated by sand during the winter months (Fig. 2). Sand deposition was greatest on the west transect and slightly less on the east line (Figs. 2 and 3); tidepools were consistently inundated first, followed by the lower exposed areas; the upraised pinnacle portions of the bench remained unburied. A cycle of deposition and removal occurred annually with winter maxima (Fig. 2) and the species abundance patterns were related to the relative degree of sand stress on different portions of the study site (Fig. 3).

A three-strategy model of adaptive specialization has been proposed (Grime, 1977) for terrestrial plants

and this forms a useful paradigm within which to frame several of the phenomena we observed for marine plants and sessile invertebrates near Dutch Harbor. According to this model (as applied by Vermeij, 1978), species can be categorized as: (1) Opportunists; these show high reproductive output, a short life history, high dispersibility, reduced long-term competitive abilities and occupy ephemeral or disturbed habitats. (2) Stress-tolerant forms; these can tolerate chronic physiological stress, exhibit low rates of recolonization, tend to be long-lived with slow growth rates and, consequently, are generally poor competitors. (3) Biotically-competent forms; these generally live in physiologically-favorable environments, have long life spans, are good competitors and have evolved mechanisms to reduce predation. In the rocky intertidal zone, Vermeij identifies stress-tolerant forms as characteristic of the upper intertidal habitat, whereas biotically-competent taxa are prevalent in the low intertidal zone. Opportunistic forms would appear ephemerally on disturbed or newly available substrates.

An apparent subclimax association of delicate high-producing macrophytes (Littler, 1980b; Littler and Littler, 1980b) and highly-reproductive macroinvertebrates that correspond to the ruderal (opportunistic) strategists (*sensu* Grime, 1977) dominated the low-lying areas routinely buried by sand and exhibited a zonal pattern reflecting both tidal height and degree of sand coverage (Fig. 3). A number of characteristics can be related (Odum, 1969) to those species subjected to recurrent mortalities due to sand stress, including: (1) high productivity, (2) low biomass, (3) opportunistic life histories and (4) emphasis on the herbivore trophic level. For example, high productivity has been reported for *Ulva lobata*, *Enteromorpha intestinalis*, *Cladophora columbiana* and *Chaetomorpha linum* (Littler, 1980b; Littler and Arnold, 1982), which are all of low biomass per unit area (Appendix A, in Littler, 1977). Opportunistic reproductive strategies have been indicated for *Enteromorpha* sp. (Fahey, 1953) and *Ulva* sp. (Littler and Murray, 1974). These 2 macrophytes, well-documented to be rapid colonizers (Crapp, 1971; Littler and Murray, 1975; Sousa, 1979a; Littler, 1980b), also proliferated rapidly at a study site near Santa Barbara, California (O'Brien and Littler, 1977) where winter sand movements had created patches of bare substrate. Removal studies carried out at Dutch Harbor (Murray and Littler, 1979; Taylor and Littler, 1982) indicated that *C. linum* has rapid recovery capabilities following mechanical disturbance. In this regard, newly cleared free space, next to the same transects studied here (Murray and Littler, 1979), was first colonized by these same species of opportunistic algae, such as *Chaetomorpha linum*, *Cladophora col-*

umbiana, *Enteromorpha intestinalis* and Ralfsiaceae (cf. Northcraft, 1948; Dayton, 1975; Littler and Murray, 1978; Dethier, 1981), and by the barnacles *Chthamalus fissus/dalli* along with the tube-worm *Phragmatopoma californica*. All of these invertebrates have high and nearly continuous reproductive output (Hines, 1978; Taylor and Littler, 1982). The prominent algae within the subclimax *Chaetomorpha*-Group and its associates have a filamentous morphology prevalent among sand-dwelling forms (Mathieson, 1965, 1967; Daly and Mathieson, 1977) recorded at other localities.

Prominent among the subclimax fauna are long-lived species capable of adjusting to stresses imposed by sand. *Tegula funebris* is highly mobile and migrated away from the winter sand flow to refuge habitats (Fig. 7). The slower moving *Mopalia muscosa* did not migrate but appeared to withstand burial over long periods, which would place it among the stress-tolerant category (*sensu* Grime, 1977). *Anthopleura elegantissima* dominates the upper intertidal macro-invertebrate cover at Dutch Harbor and also corresponds to the stress-tolerant strategists of Grime (1977) because it is adapted reproductively (Hand, 1955; Francis, 1976), behaviorally (Hart and Crowe, 1977), and physiologically (Shick et al., 1979) to the stresses caused by sand deposition and aerial exposure. Since *A. elegantissima* reproduces asexually by binary longitudinal fission, the relatively large 'recruits' have the advantage of reduced surface/volume ratios and, presumably, increased desiccation resistance. Resistance to desiccation also is provided by the attachment of gravel and shell fragments to the outer wall verrucae (Hart and Crowe, 1977), which produces a larger boundary layer of high humidity. Shick et al. (1979) indicated a high permeability of the body wall to oxygen, reduction of oxygen demand and relative lack of oxygen debt during aerial exposure as adaptive characteristics in this species. At Coal Oil Point, California, *A. elegantissima* similarly was observed to resist shallow sand burial (O'Brien and Littler, 1977), by extending its columns so that the oral disc and tentacles projected above the surface. Metabolism of body tissue is probably the primary mechanism (Sebens, 1980) for survival during prolonged (> 3 mo.) deeper burial.

In areas where rock contours provided a refuge from sand deposition, quite different biological communities prevailed, corresponding somewhat with the biotically-competent strategists of Vermeij (1978; cf. Grime, 1977). Refuge habitats (e.g. W30 in Fig. 3) were available when surface contours provided virtual 'islands' of rock substrate raised above the sand deposits. If the raised area was sharply elevated above the surrounding rock, an additional refuge with respect to sand flow was provided along its 'lee' side.

Assemblages of long-lived species, such as *Mytilus californianus*, *Lottia gigantea* and *Haliotis cracherodii*, were isolated upon these habitats and also were extensive along the eastern edge of the bench where sand did not penetrate. The *Mytilus* association was characterized primarily by biotically-competent strategists having relatively large biomass, slow growth, biological interactions and other features typical of communities in late stages of development (Connell, 1975; Littler and Littler, 1981). For example, *M. californianus* has long been known (Paine, 1966; Dayton, 1971) to dominate competitively wave-exposed intertidal shores. Also, interference competition and predator avoidance behavior has been documented for *Lottia gigantea* (Stimson, 1970) and *Haliotis cracherodii* (Feder, 1963), respectively. The recovery period following complete harvesting of most of the invertebrates found in the mature *Mytilus*-Group of the raised pinnacles was the most prolonged of any assemblage and only reached initial stages of recolonization during the 3 yr of this and other (Murray and Littler, 1979; Taylor and Littler, 1982) studies.

Interestingly, Connell (1972, p. 172) states that 'at the present time there is apparently no evidence that any intertidal species is prevented from extending to a lower level by intolerance to the physical conditions there'. The raised pinnacle communities are of interest in that their lower limits clearly appear to be determined by the physical smothering action of sand burial, in accordance with the interpretation of Daly and Mathieson (1977), rather than by the kinds of biological factors so well documented in the literature (see Paine, 1966; Connell, 1972).

Sand inundation resulted in subclimax and mature intertidal communities being intermingled in a mosaic-like pattern (Fig. 3) on San Nicolas Island and this augmented the within-habitat diversity (mean Shannon-Weaver $H' = 2.75$). Levin and Paine (1974) predicted and others (Sousa, 1979a,b; Littler and Littler, 1981) found that disturbances such as sand and rock movement, when localized, may increase diversity as a result of mixed patches containing populations undergoing different stages of succession. This agrees with the subtidal data of Foster (1975), whereby sand scour raised overall kelp bed diversity.

The dominant in lower sand-inundated pools, *Phyllospadix scouleri*, is a long-lived perennial plant (biotically-competent strategist *sensu* Vermeij, 1978) that tolerates sand because of its large size and its rhizomatous root system which binds sediment. Similarly, O'Brien and Littler (1977) observed that *P. torreyi* increased in cover relative to other organisms when sand cover was highest and appeared to be favored by the presence of sand. Organisms surviving and dominating areas of extensive sand inundation (e.g.

Sphacelaria radicans, *Ahnfeltia plicata*) have been characterized (Daly and Mathieson, 1977) as psammophytic or 'sand-loving'. Implicit in this viewpoint is that growth rates and/or reproduction (i.e. fitness) are enhanced by the presence of sand which gives them competitive superiority over other space occupiers; e.g. *P. scouleri* which dominated sand-inundated lower tidepools. However, alternative interpretations come to mind and there appear to be several possible functional groups of organisms associated with sand-stressed intertidal systems. In addition to the potentially psammobiotic or 'sand-enhanced' group of organisms, there is the opportunistic group (e.g. *Chaetomorpha*, *Ulva*, *Enteromorpha*, barnacles, *Phragmatopoma*) whose members rapidly repopulate space following mortalities due to burial. Associated with these are the 'migratory strategists' (e.g. *Tegula funebris*, Fig. 7) that move in and out of the system as stress gradients change. Fourthly, there is a stress-tolerant group of organisms, such as *Anthopleura elegantissima* (also *Mopalia muscosa* and possibly some coralline algae), which because of their physiological, behavioral and morphological adaptations are able to survive burial where potentially superior competitors (e.g. mussels, large differentiated algae; Chapman, 1943; Markham, 1973; Daly and Mathieson, 1977) cannot survive or reproduce. With the possible exception of *P. scouleri*, there is little evidence that the growth rates and reproductive output of any 'psammophyte' are enhanced by the presence of sand to the point that competitive superiority is conferred over other species. Quite the contrary, many may actually be inhibited by sand but relegated to sandy habitats (refugia) by biological constraints such as predation of competition. The morphological and reproductive adaptations of so-called sand-loving algae such as: (1) tough thalli, (2) regeneration of upright portions from remnant bases, and (3) incomplete alternation of sexual and asexual generations cited by Daly and Mathieson (1977), are all criteria that fit the fourth functional group above. Interestingly, when not stressed by sand or aerial exposure, the anemone *A. elegantissima* abandons its clonal habit and becomes quite robust and solitary (Francis, 1976; Sebens, 1980). The research reported here suggests that sand-stressed habitats, with relatively few exceptions, serve as important refuges for two functional groups of fugitive species; i.e. stress-tolerant strategists and opportunistic strategists.

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