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# Effects of sequential enzymatic hydrolysis on structural, bioactive and functional properties of *Phaseolus lunatus* protein isolate

Erik POLANCO-LUGO<sup>1</sup>, Gloria DÁVILA-ORTIZ<sup>1</sup>, David Abram BETANCUR-ANCONA<sup>2</sup>,  
Luis Antonio CHEL-GUERRERO<sup>2\*</sup>

## Abstract

Significant initiatives exist within the global food market to search for new, alternative protein sources with better technological, functional, and nutritional properties. Lima bean (*Phaseolus lunatus* L.) protein isolate was hydrolyzed using a sequential pepsin-pancreatin enzymatic system. Hydrolysis was performed to produce limited (LH) and extensive hydrolysate (EH), each with different degrees of hydrolysis (DH). The effects of hydrolysis were evaluated *in vitro* in both hydrolysates based on structural, functional and bioactive properties. Structural properties analyzed by electrophoretic profile indicated that LH showed residual structures very similar to protein isolate (PI), although composed of mixtures of polypeptides that increased hydrophobic surface and denaturation temperature. Functionality of LH was associated with amino acid composition and hydrophobic/hydrophilic balance, which increased solubility at values close to the isoelectric point. Foaming and emulsifying activity index values were also higher than those of PI. EH showed a structure composed of mixtures of polypeptides and peptides of low molecular weight, whose intrinsic hydrophobicity and amino acid profile values were associated with antioxidant capacity, as well as inhibiting angiotensin-converting enzyme. The results obtained indicated the potential of *Phaseolus lunatus* hydrolysates to be incorporated into foods to improve techno-functional properties and impart bioactive properties.

**Keywords:** *Phaseolus lunatus*; protein hydrolysate; functional properties; bioactive properties; ECA; antioxidant activity.

## 1 Introduction

New and unconventional protein sources are currently required in the food industry to provide nutritional, technological and functional properties. Legume protein has low solubility, and allergenic or anti-nutritional properties, as well as slow digestibility and assimilation (Betancur-Ancona et al., 2009; Liu et al., 2011). However, enzymatic hydrolysis is useful for modifying suitable physicochemical and sensorial properties of proteins without producing negative effects on nutritional or functional quality (Fitzgerald & O'cuinn, 2006; Chabanon et al., 2007). Partial or extensive enzymatic hydrolysis can produce important modifications, such as a reduction in molecular size and increased hydrophobic surface, depending on the enzyme used and the degree of hydrolysis (DH) obtained (Benítez et al., 2008; Pazinato et al., 2013). Limited hydrolysis (< 10 DH) improves functional properties by enhancing solubility and associated surface properties related to the feasibility of the formation and stabilization of air-water and oil-water interfaces, which are important properties in food product applications (Larré et al., 2006). Extended hydrolysis (> 10 DH) provides nutritional and therapeutic properties, based on the absorption of peptides with a wide range of biological activities, including antimicrobial, antioxidant, immunomodulatory, antithrombotic and antihypertensive effects (Mulero et al., 2011). Antioxidant peptides may function by preventing and reducing oxidative stress in cells, thereby promoting the prevention of diabetes, cancer, and cardiovascular and inflammatory diseases (Zhang et al., 2008). Antihypertensive peptides inhibit angiotensin-converting enzyme (ACE) activity, which is

responsible for increasing vascular resistance and fluid volume, associated with increased risk of cardiovascular and chronic degenerative diseases (Chen et al., 2009; Mulero et al., 2011). ACE inhibitory peptides and those that promote antioxidation have been obtained from different sources, although in minor proportions from legumes. Amongst underutilized sources, lima bean "ib" (*Phaseolus lunatus*) is a promising source of protein hydrolysates for incorporation as ingredients in industrial food systems due to its amino acid composition, which contributes to promoting bio-functional, technological and nutritional properties. The objectives of this study were: 1) to evaluate structural and functional properties of limited hydrolysate; and 2) to determine bioactive and structural properties of extensive hydrolysate.

## 2 Materials and methods

### 2.1 Materials

*Phaseolus lunatus* seeds were obtained from a local market in Mérida, Yucatán, Mexico. The enzymes used were Pepsin® (P7000), a peptidase from porcine gastric mucosa with specific activity ≥ 250 U/mg; and Pancreatin® (P3292), a mixture of several digestive enzymes produced by the exocrine cells of the porcine pancreas, with a protease activity ≥ 100 U/mg. The enzymes and standards were provided by Sigma-Aldrich (Sigma Chemical Co., St. Louis, MO, USA). All other chemicals were of reagent grade, provided by JT Baker (Phillipsburg, NJ, USA) and Merck (Darmstadt, Germany).

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<sup>1</sup>Instituto Politécnico Nacional, Escuela Nacional de Ciencias Biológicas, Delegación Miguel Hidalgo, México, D.F., Mexico

<sup>2</sup>Facultad de Ingeniería Química, Universidad Autónoma de Yucatán, Periférico Mérida, Yucatán, Mexico, e-mail: [cguerrero@uady.mx](mailto:cguerrero@uady.mx)

\*Corresponding author

## 2.2 Protein isolate (PI) and hydrolysate

PI was obtained following the wet division and isoelectric precipitation method (Chel-Guerrero et al., 2002). *P. lunatus* flour was dispersed in distilled water at a ratio of 1:6 (w/v), the pH was adjusted to 11 with 1 N NaOH, and the dispersion was stirred for 1 h at 400 rpm (Heidolph, Silent Crusher RZ-1, Schwabach, Germany). Afterwards, the dispersion was sequentially filtered through 80 (177  $\mu\text{m}$ ), 100 (147  $\mu\text{m}$ ) and 200 (74  $\mu\text{m}$ ) stainless steel mesh. Soluble protein was recovered by decantation and the pH was adjusted to the isoelectric point (4.5) with 1 N HCl. Finally, the solution was centrifuged at 1317 x g for 12 min (Mistral 3000i, Curtin Matheson Sci., Houston TX), and the precipitate was dried at  $-47^\circ\text{C}$  and  $13 \times 10^{-3}$  mbar. The chemical composition of the isolate was determined according to AOAC procedures (Association of Official Analytical Chemists, 1997). PI was hydrolyzed by sequential enzymatic digestion *in vitro* using pepsin-pancreatin (Megías et al., 2004). Hydrolysis parameters were protein isolate dispersion in water (4% w/v); enzyme/substrate ratio (1:50 v/v); Pepsin (pH 2); Pancreatin (pH 7.5); and temperature ( $37^\circ\text{C}$ ). The enzymatic reaction was stopped by heating to  $80^\circ\text{C}/20$  min. The supernatant was separated by centrifugation at  $13211 \times \text{g}$  for 20 min at  $4^\circ\text{C}$  (Beckman) and dried in a lyophilizer (Labconco) for subsequent analysis. Reaction times were 10 min for limited hydrolysate (LH) and 60 min for extensive hydrolysate (EH). Prepared dispersions for LH and EH used a 1 and 4% (w/v) enzyme ratio respectively.

## 2.3 Degree of hydrolysis (DH)

DH was calculated by determining free amino groups with OPA following the spectrophotometric method (Nielsen et al., 2001). The total number of amino groups was determined in a sample of protein isolate that was completely hydrolyzed with 6 N HCl in a vacuum oven at  $120^\circ\text{C}$  for 24 h.

## 2.4 Structural properties

The following structural properties were determined for PI, EH and LH: molecular weight profile, amino acid composition, surface hydrophobicity, and calorimetric profile.

### Electrophoresis (SDS-PAGE)

The molecular weight profile was determined by denaturing electrophoresis in polyacrylamide gel at 10 and 15% (Schagger & Von Jagow, 1987). The gels were run in a mini-PROTEAN II Systems electrophoresis chamber (Bio-Rad) at 110 V and 40 mA/gel for 3 hours. Low Range protein molecular weight standards (Cat 161-0305) and Kaleidoscope Polypeptide (Cat 161-0325) from Bio-Rad were used. Gels were stained with Coomassie blue (0.01%) and gel image analysis was performed using Quantity One Analysis version 4.6.1 (Bio-Rad Richmond, CA, USA).

### Amino acid composition

Amino acids were determined by High Performance Liquid Chromatography (HPLC) according to Alaiz et al. (1992). The samples were hydrolyzed with 6 N HCl for 24 h at  $110^\circ\text{C}$  in

sealed vials maintained under inert atmosphere ( $\text{N}_2$ ). Amino acid composition was determined using an HPLC system (Agilent 1100 series) and a reverse phase column (Nova-Embalar C 18, 4mm, Waters, 300 mm x 3.9 mm) at  $18^\circ\text{C}$ . The solvent used was sodium acetate (25 mM), containing sodium azide (0.02%) at pH 6 in acetonitrile at a flow rate of 0.9 mL/min. Tryptophan was determined at 280 nm after basic hydrolysis with 4 M NaOH for 4 h at  $110^\circ\text{C}$ .

### Extrinsic and intrinsic hydrophobicity

Extrinsic hydrophobicity was determined using the fluorescence technique and 1-aniline-8-naphthalene-sulfonate (ANS) as the probe (Kato & Nakai, 1980). Serial protein dilutions (0.05-0.5  $\text{mg mL}^{-1}$ ) were prepared in 10 mM phosphate buffer (pH 7). The ANS solution in the same buffer was prepared before measurement. Thirty microliters of ANS ( $8 \times 10^{-3}$  M) were added to 4 mL of each dilution. Fluorescence intensity (FI) was measured at 264 nm (excitation) and 484 nm (emission) at  $25^\circ\text{C}$  with a light attenuator using a Perkin-Elmer 2000 fluorometer (Perkin-Elmer Corp. Norwalk, CT, USA). The protein hydrophobicity index was calculated by the initial FI slope vs. protein concentration plot (calculated by linear regression analysis).

The intrinsic hydrophobicity of protein samples was determined according to Liu et al. (2011). Stock protein solutions (0.15  $\text{mg mL}^{-1}$ ) were prepared in 10 mM phosphate buffer (pH 7). Protein solutions with ANS were excited at 290 nm, and the emission spectrum was obtained by scanning from 300 to 400 nm. Intrinsic fluorescence emission spectra were analyzed by the equipment software (FL WINLAB version 4.00.02) based on the fluorescence intensity and emission wavelength.

### Differential Scanning Calorimetry (DSC)

Calorimetric profile was determined (Liu et al., 2011) from protein dispersion at 20% (w/v) in 10 mM phosphate buffer (pH 7) and deposited on hermetically sealed aluminum plates. An empty plate was used as reference. Thermal transitions were determined in a differential scanning calorimeter (Perkin-Elmer DSC-6, Norwalk, CT) over a range of 30 to  $120^\circ\text{C}$  with a flux of  $10^\circ\text{C}/\text{min}$  in inert atmosphere at 20  $\text{mL min}^{-1}$ . Peaks or denatured temperatures ( $T_d$ ) and enthalpy changes ( $\Delta H$ ) were analyzed by the equipment software (Pyris version 6).

## 2.5 Bioactive properties

In order to evaluate the bioactivities for PI and EH, ACE-I and antioxidant activity analyses were performed.

### Angiotensin-Converting Enzyme Inhibitory Activity (ACE-I)

Preparation of ACE-I and the inhibition assay were carried out according to Cian et al. (2011). The ACE-I inhibition assay was performed with the colorimetric reaction of hippuric acid (HHL) and 2,4,6-trichloro-1,3,5-triazine (TT). This reaction proceeded during 45 min at  $37^\circ\text{C}$  and was performed as follows: 175  $\mu\text{L}$  of 0.1 M potassium phosphate buffer (pH 8.3), 15  $\mu\text{L}$  of

5 M NaCl, 20  $\mu\text{L}$  of HHL (3.3  $\text{g L}^{-1}$ ), 20  $\mu\text{L}$  of enzyme extract and different amounts of hydrolysate extracts were mixed. The reaction was stopped with 665  $\mu\text{L}$  of TT (30  $\text{g L}^{-1}$ ) in dioxane. Finally, reaction mixtures were centrifuged at 12,000  $\times g$  for 10 minutes, and ACE-I inhibition (%) was determined at 382 nm. Determination of  $\text{IC}_{50}$  was performed by plotting log concentration of hydrolyzed protein ( $\text{mg mL}^{-1}$ ) vs. percentage of ACE-I activity.

#### *Antioxidant activity*

Antioxidant activity was determined from the reduction of cation radical  $\text{ABTS}^+$  and TROLOX as standard (Pukalskas et al., 2002). Radical preparation was carried out from the reaction of  $\text{ABTS}^+$  (10 mL, 2  $\text{mmol}\cdot\text{L}^{-1}$ ) dissolved in phosphate buffered saline (0.1  $\text{mmol}\cdot\text{L}^{-1}$ , pH 7.4) and  $\text{Na}_2\text{S}_2\text{O}_8$  (40  $\mu\text{L}$ , 70  $\text{mmol}\cdot\text{L}^{-1}$ ). Mixtures were incubated in the dark at room temperature for 16 h before use.  $\text{ABTS}^+$  solution was diluted with phosphate buffered saline until 0.8 + 0.03 at 734 nm. Aliquots from samples were mixed with 990  $\mu\text{L}$  of diluted  $\text{ABTS}^+$  solution and absorbance was read at 734 nm. TROLOX equivalent antioxidant capacity (TEAC) was estimated from the concentration-response curve for  $\text{ABTS}^+$  absorbance at 734 nm as a function of the concentration of standard solutions of TROLOX (0-2.5  $\text{mmol L}^{-1}$ ) diluted in 0.01  $\text{mmol}\cdot\text{L}^{-1}$  phosphate buffered saline. Absorbance was determined 6 min after final mixing.

#### **2.6 Functional properties**

Solubility, foam capacity and stability, and emulsifying activity and stability were determined for PI and LH to evaluate their functional properties.

##### *Solubility*

Solubility profile was performed according to Were et al. (1997). Sample dispersions (0.5% w/v) were maintained under constant agitation for 30 minutes and adjusted to the pH studied (2, 4, 6, 8 and 10). Dispersions were centrifuged at 4320  $\times g$  for 30 minutes at 4  $^{\circ}\text{C}$ . Nitrogen content in the supernatant was determined by the Kjendahl method (Association of Official Analytical Chemists, 1997). Solubility was expressed as g soluble protein 100  $\text{g}^{-1}$  of sample.

##### *Foam Capacity (FC) and Foam Stability (FS)*

These properties were evaluated from suspensions (100 mL) of sample (1.5% w/v) adjusted to pH 2, 4, 6, 8 and 10 (Chau et al., 1997). Suspensions were mixed and beaten at low speed. They were then transferred to a 250 mL graduated cylinder. Foam capacity (FC) was expressed as the increase in percentage of foam volume measured after 30 seconds. Foam stability (FS) was expressed as residual foam volume at 5, 30 and 120 minutes after blending.

##### *Emulsifying Activity Index (EAI)*

Emulsifying properties were evaluated according to Pearce & Kinsella (1997). Protein solutions (1% w/v) and corn oil

(10 mL) with pH adjusted to 2, 4, 6, 8 and 10 were added to tubes and mixed at 20,000 rpm for 1 min in a Stir-Pak<sup>®</sup> Mixer System (50002-30, Cole Parmer Instrument Company, USA) for emulsion formation. An aliquot of 50  $\mu\text{L}$  was taken from the bottom of the tube and diluted in 5 mL of 0.1% (w/v) sodium dodecyl sulfate solution. Absorbance was measured immediately (0 minutes) at 500 nm in a spectrophotometer (Jenway model 6305, Barloworld Scientific, UK). The absorbance was used to determine the EAI of the protein.

#### **2.7 Statistical analysis**

All experiments were carried out in triplicate, and results were expressed as mean values. Data were analyzed using statistical one-way analysis of variance (ANOVA). For foaming and emulsification data, two-way ANOVA was used. Least significant differences (LSD) between means were identified using Statgraphics Plus version 5.1 software (Statpoint Technologies Inc., VA, USA).

### **3 Results and discussion**

#### **3.1 Degree of Hydrolysis (DH)**

The chemical composition of PI obtained by alkaline extraction and isoelectric precipitation is a rich source of protein (72.01 g 100  $\text{g}^{-1}$ ), and therefore a suitable alternative substrate for obtaining limited (<10% DH) and extensive hydrolysate (>10% DH). The sequential action of enzymatic digestion with pepsin-pancreatin produced hydrolysates with DHs of 1.7% (LH) and 15.97% (EH). The synergistic effect of the enzymes used (endopeptidase and exopeptidase) probably allowed for the generation of a mixture of polypeptides and peptides, with an increased exposure of amino and carboxyl-terminal aromatic amino acid residues (Yang et al., 2004) and carboxyl groups of lysine or arginine residues (Benítez et al., 2008).

#### **3.2 Structural properties**

##### *Electrophoresis (SDS-PAGE)*

The electrophoretic profile of PI was divided into regions with high (105.1, 77.2 kDa), intermediate (62.6, 58.8, 50.5, 46.9 kDa) and low molecular weights (36.0, 34.0, 31.0, 22.5 kDa), associated with typical bands corresponding to vicilin (7S fraction) and legumin (11S fraction) subunits and polypeptides (Chel-Guerrero et al., 2007). The polypeptides of 7S and 11S fractions exhibit different susceptibilities to hydrolysis due to their different aggregation forms, caused by structural native conformation of globulins (Kain et al., 2009; Chel-Guerrero et al., 2011). According to Molina & Añon (2001), who investigated hydrolyzed soy, large increases in the intensity of some bands for LH were probably related to hydrolysis of the most exposed areas of the polypeptides. In this study, limited hydrolysis generated intense bands at 106.9, 77.2, 56.1, 35.6, 30.5 and 21.4 kDa. The electrophoretic pattern in EH showed polypeptides and peptides of lower molecular weight: intense bands at 21.3, 10.7 and 7.1 kDa, and less intense at 34.6, 32.9, 31.9 and 30.2 kDa (Figure 1). Given that bitterness

intensity depends on the degree of hydrolysis of proteins and hydrophobic amino acid content, the polypeptides and peptides obtained had a greater molecular weight than that required to interact with bitter-taste receptors in the oral cavity (Fitzgerald & O'Cuinn, 2006). They would therefore be suitable as potential food ingredients.

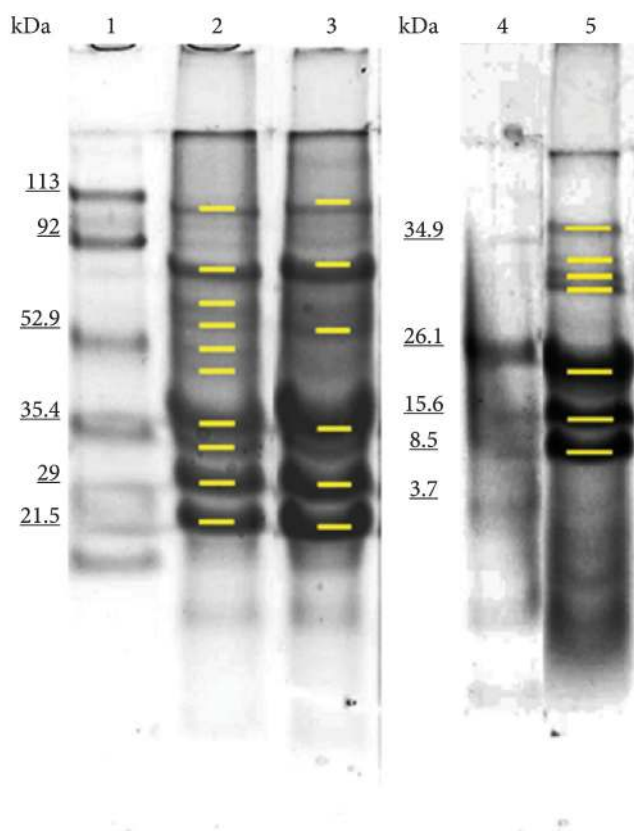
#### Amino acid profile

Amino acid composition of EH and LH showed significant differences ( $p < 0.05$ ) with respect to PI, indicating that enzymatic hydrolysis may alter the nutritional value of the original protein and improve its digestibility. It is important to highlight that both hydrolysates in this study exhibited higher values than the human protein standard for infant nutrition (Food and Agriculture Organization & World Health Organization, 2007), except for sulfur amino acids. The amino acid composition of LH indicated that it possesses high proportions of Asp and Glu, which are usually storage proteins of legumes (Table 1). The charges of the amino acids present in LH suggest a positive effect on hydrophobic-hydrophilic balance, which in turn promotes improved solubility and functional properties (Larré et al., 2006). EH showed considerable hydrophobic amino acid content, such as Trp, Phe, Pro, Tyr, Val, and Ile, which are usually associated with ACE inhibiting activities (Megías et al.,

2004; Cheung et al., 1980). Meanwhile, His, Ala, Leu, Met and those described above (Tyr, Pro, Ile, Val) (Table 1) are related to antioxidant activities (Adebiyi et al., 2009; Zhao et al., 2012). These amino acids suggest that the aforementioned bioactivities may be present in EH.

#### Extrinsic and intrinsic hydrophobicity

The values obtained for the extrinsic hydrophobicity of EH (11.71) and LH (24.94) were statistically different ( $p < 0.05$ ), indicating that enzymatic modification allowed greater exposure to hydrophobic groups that were initially hidden in PI (4.62). Moreover, it is important to note that inverted values between extrinsic hydrophobicity and DH were obtained in this study, due to the formation of aggregates or the increased flexibility of peptides, which allowed them to adopt a conformation with a greater or lesser exposure of hydrophobic groups (Liu et al., 2010). The emission spectrum of intrinsic fluorescence in LH indicated that an apparent reduction of tertiary conformational structure occurs at neutral pH values (Zhao et al., 2011), with increased flexibility of modified molecules. In EH, meanwhile, greater exposure of aromatic amino acid residues (Trp and Tyr) or interactions (Trp-Tyr) occurred in a hydrophilic environment, indicating the existence of greater changes in conformation of polypeptides (Figure 2). The high exposure of hydrophobic amino acid residues in EH may have an impact on antioxidant activity, and therefore on suitable incorporation into emulsions to inhibit lipid oxidation (Cheng et al., 2010) or encapsulation of protein hydrolysates for antihypertensive effects (Ruiz-Ruiz et al., 2013a).



**Figure 1.** Electrophoretic profile (SDS-PAGE) of protein isolate (PI), extensive (EH) and limited hydrolysate (LH) of *P. lunatus*. Line 1, High molecular weight protein standard; Line 2, PI; Line 3, LH; Line 4, Low molecular weight protein standard; Line 5, EH.

**Table 1.** Amino acid composition of protein isolate (PI) and extensive (EH) and limited hydrolysate (LH) of *P. lunatus*.

Amino acid	Content (g 100 g <sup>-1</sup> of protein)			FAO
	PI	LH	EH	
<i>Essential</i>				
Lysine	6.0±0.1 <sup>a</sup>	6.1±0.1 <sup>a</sup>	5.9±0.1 <sup>a</sup>	5.20
Tryptophan	1.0±0.0 <sup>a</sup>	0.8±0.0 <sup>b</sup>	0.8±0.0 <sup>b</sup>	0.74
Phenylalanine	0.5±0.0 <sup>a</sup>	4.9±0.1 <sup>a</sup>	5.0±0.0 <sup>a</sup>	4.60 <sup>1</sup>
Tyrosine	3.6±0.1 <sup>a</sup>	2.9±0.0 <sup>b</sup>	2.8±0.1 <sup>b</sup>	
Methionine	0.4±0.0 <sup>b</sup>	0.3±0.1 <sup>b</sup>	0.6±0.1 <sup>a</sup>	2.60 <sup>2</sup>
Cysteine	3.9±0.0 <sup>a</sup>	0.1±0.0 <sup>b</sup>	0.1±0.0 <sup>b</sup>	
Threonine	4.4±0.0 <sup>b</sup>	6.5±0.1 <sup>a</sup>	6.4±0.0 <sup>a</sup>	2.7
Leucine	9.2±0.1 <sup>a</sup>	8.3±0.0 <sup>b</sup>	8.4±0.1 <sup>b</sup>	6.30
Isoleucine	4.3±0.0 <sup>a</sup>	3.9±0.0 <sup>b</sup>	3.9±0.2 <sup>b</sup>	3.10
Valine	4.8±0.0 <sup>c</sup>	6.4±0.0 <sup>a</sup>	6.3±0.0 <sup>b</sup>	4.20
<i>Non essential</i>				
Aspartic acid <sup>3</sup>	12.8±0.2 <sup>a</sup>	12.5±0.0 <sup>b</sup>	12.3±0.0 <sup>c</sup>	
Glutamic acid <sup>4</sup>	15.0±0.2 <sup>a</sup>	12.1±0.1 <sup>c</sup>	12.5±0.1 <sup>b</sup>	
Serine	7.4±0.0 <sup>a</sup>	6.9±0.0 <sup>b</sup>	6.3±0.0 <sup>c</sup>	
Histidine	3.2±0.0 <sup>a</sup>	1.4±0.1 <sup>b</sup>	1.4±0.0 <sup>b</sup>	
Arginine	5.0±0.0 <sup>c</sup>	7.0±0.0 <sup>b</sup>	7.3±0.0 <sup>a</sup>	
Alanine	6.1±0.1 <sup>c</sup>	8.4±0.0 <sup>b</sup>	9.0±0.1 <sup>a</sup>	
Proline	7.7±0.1 <sup>a</sup>	3.9±0.0 <sup>b</sup>	3.7±0.1 <sup>c</sup>	
Glycine	4.7±0.0 <sup>c</sup>	7.6±0.2 <sup>a</sup>	7.3±0.0 <sup>b</sup>	

<sup>1</sup>Phenylalanine + Tyrosine; <sup>2</sup>Methionine + Cysteine; <sup>3</sup>Aspartic acid + Asparagine; <sup>4</sup>Glutamic acid + Glutamine. <sup>a,b</sup>Different letters indicate significant differences ( $p < 0.05$ ). Data are the means of three determinations.

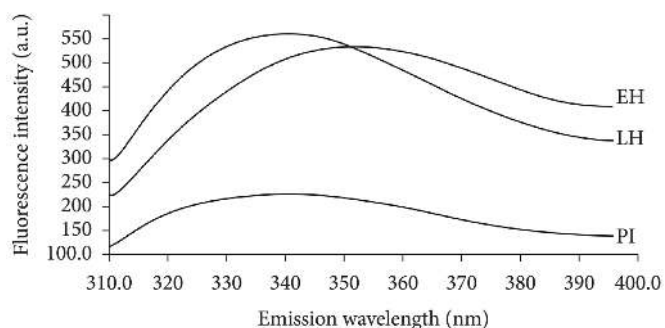
### Thermal properties

The thermal profile of PI showed endothermic transitions at 96.07 °C and 104.06 °C, which correspond to thermal denaturation of 7S and 11S globulin fractions respectively (total  $\Delta H$  12.66 J g<sup>-1</sup>), as reported previously (Chel-Guerrero et al., 2011). Moreover, the hydrolysates showed different values ( $p < 0.05$ ). The LH thermogram showed a single peak at 98.41 °C ( $\Delta H$  10.27 J g<sup>-1</sup>), while EH showed a lower enthalpy ( $\Delta H$  3.52 J g<sup>-1</sup>) at 95.41 °C (Figure 3). In this regard, LH thermal stability associated with the denaturation temperature of globular proteins suggests the existence of polypeptides with more compact tertiary conformation (Tang & Sun, 2011; Zhao et al., 2011). In the case of EH, lower enthalpy values are representative of a structure that is less ordered (hydrogen bonds breaking) and more susceptible to heat or enzymatic treatments (Zhao et al., 2011; Guimarães et al., 2012). Results obtained for the thermal properties evaluated were correlated with those obtained by electrophoretic profile assays.

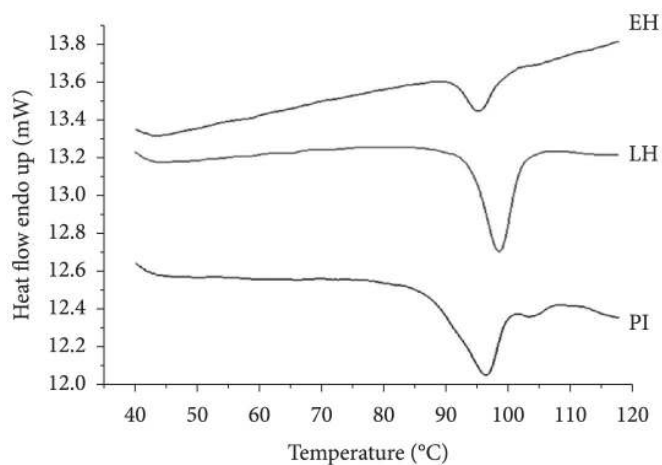
### 3.3 Bioactive properties

#### Inhibition of ACE-I

ACE inhibitory properties in bioactive peptides are attractive due to their beneficial effects as physiological modulators of metabolism associated with hypertension and



**Figure 2.** Intrinsic fluorescence spectroscopy of protein isolate (PI), extensive (EH) and limited hydrolysate (LH) of *P. lunatus*.



**Figure 3.** Thermal profile of protein isolate (PI), extensive (EH) and limited hydrolysate (LH) of *P. lunatus*.

atherosclerosis (Chen et al., 2009). In the case of PI, ACE inhibition was not detected due to the encryption of peptides in the protein (Mallikarjun et al., 2006). The IC<sub>50</sub> for EH (0.321 mg mL<sup>-1</sup>) was in the range of ACE-I inhibition reported for enzymatic hydrolysates from different plant sources (IC<sub>50</sub> 0.180-5.4 mg mL<sup>-1</sup>) (Yust et al., 2003; Ruiz-Ruiz et al., 2013b). In this regard, the IC<sub>50</sub> of EH was not dependent on higher DH; rather it depended on the peptide mixture resulting from the application of sequential hydrolysis, whose structural patterns allowed for interaction with active ACE sites (Li et al., 2005). Therefore, the potential inhibition of ACE in EH was promoted by the amino acid composition of the residues (Phe, Tyr, Pro), which are preferably associated with the last three positions of the C-terminal region (Torruco-Uco et al., 2009; Cheung et al., 1980) and N-terminal (Val, Ile), contributing significantly to ACE inhibitory activity.

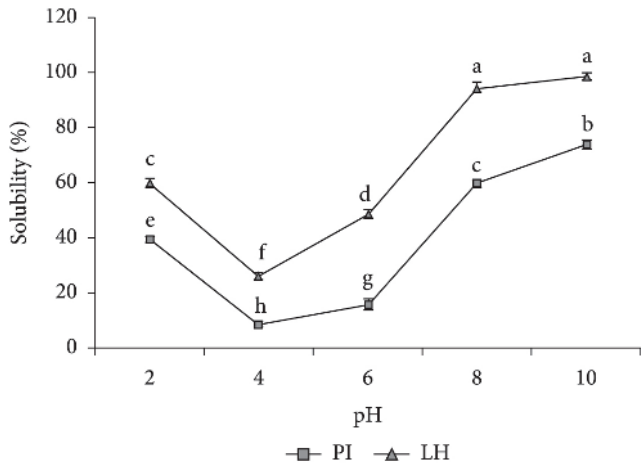
#### Antioxidant activity

The TEAC obtained from EH was 13.20 mM mg<sup>-1</sup> protein. This value was significantly higher ( $p < 0.05$ ) than PI (1.44 mM mg<sup>-1</sup> protein). The antioxidant activity of EH was higher in comparison to hydrolysates from Flavourzyme (11.55 mM mg<sup>-1</sup> protein) and Alcalase (10.09 mM mg<sup>-1</sup> protein) of *P. vulgaris* (Torruco-Uco et al., 2009). The high TEAC value could be due to specific proteolytic activity of endoprotease used to hydrolyze vicilins, which show a more active surface (Chel-Guerrero et al., 2011) and produce mixtures of peptides of different size and amino acid composition. Moreover, the emission spectrum of intrinsic fluorescence of EH was indicative of changes at the level of the tertiary structure of the protein, as well as the exposure at aqueous phase of sequences with one or more amino acid residues of His, Trp, Tyr, Met, Pro, Leu, Ile, Val and Ala (Adebisi et al., 2009). These amino acids donate protons/electrons to the deficient radicals to maintain the stability of molecular electron resonance structure, as occurs in antioxidant activity of hydrolysates of *Glycine max* in liposomal systems (Peña-Ramos & Xiong, 2002) and peptide fractions of *Phaseolus vulgaris* (Carrasco-Castilla et al., 2012).

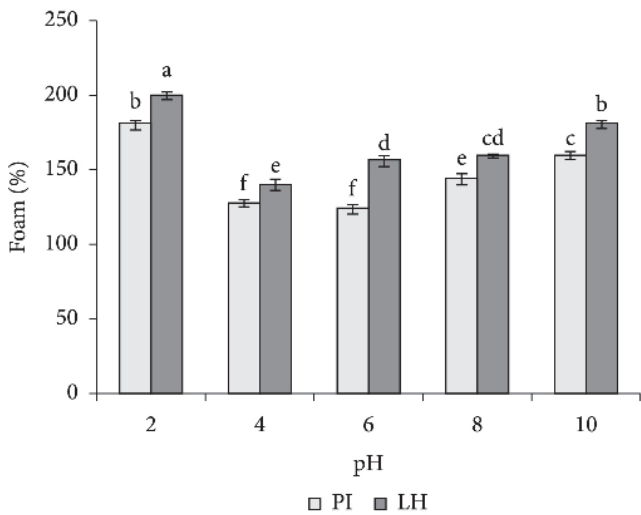
### 3.4 Functional properties

#### Solubility

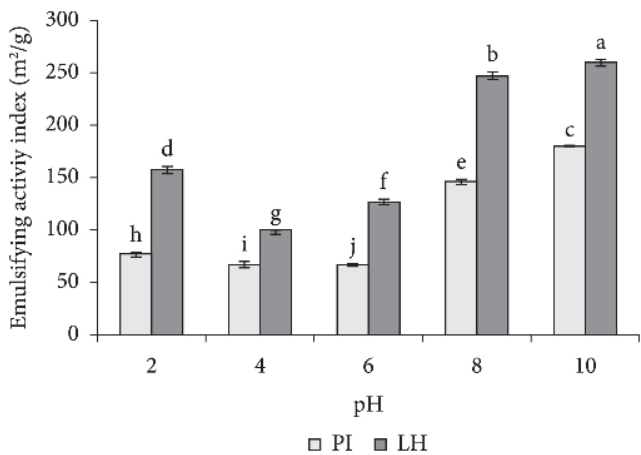
The nitrogen solubility pattern in LH was greater than in PI, exhibiting a marked dependence according to pH, with minimum and maximum values at pH 4 (26.28%) and pH 10 (99%) respectively (Figure 4). This is due to the occurrence of conformational changes in the protein, caused by the effect of the endopeptidic activity of the enzymes (Benítez et al., 2008). A slight modification in molecular weights of protein chains in LH greatly promotes their solubility in aqueous medium as a result of hydrophilic/hydrophobic balance (Liu et al., 2011). Similarly, the solubility corresponded with the values obtained from DSC, as indicated by denaturation enthalpy; the solubility increased without a total loss of native state. Higher solubility of LH at reduced pH could therefore favor performance on sensory properties (little or no turbidity and little or no grittiness) (Chabanon et al., 2007).



**Figure 4.** Solubility of nitrogen in protein isolate (PI) and limited hydrolysate (LH) of *P. lunatus*. <sup>a-h</sup>Different letters indicate significant differences ( $p < 0.05$ ). Data are the means of three determinations.



**Figure 5.** Foam capacity of protein isolate (PI) and limited hydrolysate (LH) of *P. lunatus*. <sup>a-f</sup>Different letters indicate significant difference ( $p < 0.05$ ). Data are the mean of three determinations.



**Figure 6.** Emulsifying activity index of protein isolate (PI) and limited hydrolysate (LH) of *P. lunatus*. <sup>a-j</sup>Different letters indicate significant difference ( $p < 0.05$ ). Data are the mean of three determinations.

*Foam capacity and foam stability*

For LH, foam capacity showed values between 200 and 145% at the tested pHs. Meanwhile, values obtained from PI were lower at pH 4 (128%) and 6 (124%) (Figure 5). Analysis of variance of the data indicated that pH and protein sample, as well as an interaction between these factors, had a significant influence ( $p < 0.05$ ) on foam capacity. Solubility and foam capacity are associated with each other, and are also related to charge and hydrophobicity of polypeptides (Damodaran, 1994). The affinity to the interface and the rapid rate of adsorption of LH were probably favored by the amino acid composition and hydrophobicity shown (Kain et al., 2009). As for foam stability in LH, this was higher at pH near to the isoelectric point and lower at acid and alkaline pH due to ionic repulsion of polypeptides. The enzymatic modification produced smaller protein chains compared to PI, which could not form flexible films around air bubbles as indicated by the lower foam stability (Komplong et al., 2007). During evaluation for 120 min, the foam stability in LH was higher (132-124%) at pH near to the isoelectric point and lower at acid (200-176%) and alkaline (168-136%) pH due to ionic repulsion of polypeptides. The enzymatic modification produced smaller protein chains compared to PI, which could not form flexible films around air bubbles as indicated by the lower foam stability (Komplong et al., 2007).

*Emulsifying Activity Index (EAI) and Emulsion Stability Index (ESI)*

The emulsifying activity of LH showed higher values ( $99.3-261.11 \text{ m}^2\text{g}^{-1}$ ) than PI at the different pHs under study. The statistical analysis indicated that pH and protein sample, and an interaction between these factors, had a significant influence ( $p < 0.05$ ) on emulsifying activity (Figure 6). The increase in activity is probably due to suitable solubility of LH in the system, as well as the increased hydrophobic surface due to limited hydrolysis of the globulin structure (Tang & Sun, 2011; Mugendi et al., 2010). This contrasted with PI, which had less interaction between non-polar side chains of the proteins and lipidic chains ( $67.61-180.2 \text{ m}^2\text{g}^{-1}$ ). This result might be attributed that the high extent of protein aggregation in PI caused by extraction process (Shou-Wei et al., 2009).

**4 Conclusions**

The differences in the degree of hydrolysis (DH) according to hydrolysis time and enzymatic system concentration produced limited and extensive hydrolysates from *P. lunatus*. Limited hydrolysates showed a synergistic effect of surface hydrophobicity and amino acid composition, which contributes to equilibrating the hydrophilic/hydrophobic balance, promoting increased solubility of the hydrolysate at the pH evaluated. As for surface properties, emulsifying properties were more suitable than foaming properties due to hydrophobic/hydrophilic balance. Extensive hydrolysis generated low molecular weight peptides with hydrophobic amino acid residues, which are associated with structural patterns with interaction at active ACE sites and radicals to generate inhibitory bioactivity. The results obtained in this study support the potential use of limited and extensive hydrolysates from *P. lunatus* in food formulations.

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