

**Electrochemical fouling of dopamine and recovery of carbon electrodes**

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**Abstract**

1 A significant problem with implantable sensors is electrode fouling, which has been proposed as the  
2 main reason for biosensor failures *in vivo*. Electrochemical fouling is typical for dopamine (DA) as its  
3 oxidation products are very reactive and resulting polydopamine has a robust adhesion capability to  
4 virtually all types of surfaces. The degree of DA fouling of different carbon electrodes with different  
5 terminations was determined using cyclic voltammetry (CV) and scanning electrochemical microscopy  
6 (SECM) approach curves and imaging. The rate of electron transfer kinetics at the fouled electrode  
7 surface was determined from SECM approach curves allowing a comparison of insulating film  
8 thickness for the different terminations. SECM imaging allowed the determination of different  
9 morphologies, such as continuous layers or islands, of insulating material. We show that heterogeneous  
10 modification of carbon electrodes with carboxyl-amine functionalities offers protection against  
11 formation of an insulating polydopamine layer, while retaining the ability to detect DA. The benefits of  
12 the heterogenous termination are proposed to be due to the electrostatic repulsion between amino-  
13 functionalities and DA. Furthermore, we show that the conductivity of the surfaces as well as the  
14 response towards DA was recovered close to the original performance level after cleaning the surfaces  
15 for 10-20 cycles in H<sub>2</sub>SO<sub>4</sub> on all materials but pyrolytic carbon (PyC). The recovery capacity of PyC  
16 electrode was lower possibly due to stronger adsorption of DA on the surface.  
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## Introduction

Neuronal communication in the brain relies on precisely controlled dynamics of neurotransmitters, the molecules that are used for neuron-to-neuron signalling. Consequently, several diseases of the brain either are due to or associated with changes in the spatial and temporal kinetics of the neurotransmitters. One important neurotransmitter is dopamine (DA), which is involved in a variety of brain disorders such as schizophrenia and addictions as well as in Parkinson's disease, where the brain DA neurons are degenerating<sup>1</sup>. The accurate measurement of DA would provide a better understanding of these diseases and a tool to follow up the output of the treatments. Electrochemical techniques provide a cheap method that is compatible *in vivo* for the real-time detection of DA.

A significant problem with this type of technique is electrode fouling, which has been proposed as the main reason for biosensor failure *in vivo*<sup>2</sup>. The electrode fouling is the consequence of two main mechanisms, which both have to be addressed. 1) Biofouling is the passive adherence of background species, such as proteins or lipids, to the electrode surface. 2) Electrochemical fouling means the formation of an insulating film on the electrode as a sequence of the reaction used for the detection. This electrochemical fouling is typical for DA as its oxidation products are very reactive. Under proper environment (pH > 7.5, DA concentrations higher than 2 mg/mL), polydopamine formation occurs spontaneously<sup>3</sup>.

The reaction pathway leading to DA fouling is shown in Figure 1. The first step in DA oxidation into dopamine ortho-quinone (DAQ) involves a two-electron transfer accompanied with deprotonation. In the second step the DAQ undergoes intramolecular cyclization via 1,4 Michael addition which leads to the formation of leucodopaminechrome (LDAC)<sup>4</sup>. LDAC is further oxidized in a two-electron transfer to dopaminechrome (DAC), which may further go polymerization process and form polydopamine on the electrode. The molecular mechanism behind the formation of polydopamine is still of scientific debate, and several mechanisms have been proposed (reviewed in<sup>3</sup>). Because of the complex redox process as well as the generation of a series of intermediates during the polymerization and reaction processes, many functional groups including planar indole units, amino group, carboxylic acid group, catechol or quinone functions, and indolic/catecholic  $\pi$ -systems are integrated into polydopamine<sup>5</sup>. Consequently, polydopamine has a robust adhesion capability to virtually all types of surfaces<sup>3</sup>. This polydopamine formation results in signal attenuation and compromises the quality of the measurements, as the thick layer may prevent or hinder electron transfer. Moreover, the electrochemical oxidation of neurotransmitters is typically an inner-sphere reaction involving surface adsorption<sup>6</sup>, which may be blocked by the fouled layer.

This paper investigates electrochemical fouling of DA on different carbon-based electrode materials. Carbon thin films such as amorphous carbon (a-C), tetrahedral amorphous carbon (ta-C) and pyrolytic carbon are patternable and relatively cheap and easy to deposit on nearly any given surface. In comparison to metal films, a-C and ta-C films have the advantage of low fabrication temperatures. Carbon is also abundant and will therefore never become a critical material. Moreover, a-C and ta-C are completely CMOS-compatible. Both a-C and ta-C have good electrochemical properties such as a large water window and a low background signal, which makes them highly attractive for electroanalytical chemistry<sup>7</sup>. There are several articles reporting their qualities as sensor for neurotransmitter detection (a-C<sup>7,8</sup> and ta-C<sup>7,9,10,11,12,13</sup>). Due to the smoothness of these films and the inert nature of carbon, these materials are less susceptible for biological fouling than metals.

For example, diamond-like carbon resisted microbial attachment in static conditions compared to titanium, tantalum<sup>14,15,16</sup> and ta-C resisted protein attachment compared to platinum<sup>17</sup>. The sensitivity of ta-C is usually not high enough for biological applications, but functionalization of the ta-C surface with different carbon allotropes, such as carbon nanotubes and nanofibers or nanodiamonds (ND), have shown great potential for the electrochemical detection of different biomolecules, such as DA, glutamate and ascorbic acid<sup>18</sup>. For example, functionalized NDs coated on ta-C decreased the detection

limit for DA by three orders of magnitude [from 10  $\mu\text{M}$  to 50 nM] in comparison to ta-C<sup>19</sup>. Similarly, NDs on boron doped diamond significantly enhanced ionic currents of outer-sphere redox probe (ferrocene methanol), compared to bare BDD<sup>20</sup>. Pyrolytic carbons (PyC) are a group of nanographitic thin film materials. Large densities of edge-plane sites and oxygenated functionalities on PyC make it an ideal candidate for electrochemical sensor applications<sup>21</sup>. Moreover, PyC enables DA detection in the physiologically relevant range (50 nm – 1  $\mu\text{M}$ )<sup>22, 23</sup> and PyC has dopaminergic properties, i.e. promotes neural stem cell differentiation to dopaminergic phenotype<sup>24</sup>, which makes PyC a highly interesting material for DA sensors.

In a previous research on the electro-oxidation of DA on the unmodified surfaces of five different classes of carbon electrodes (glassy carbon, oxygen-terminated polycrystalline boron-doped diamond (BDD), edge plane pyrolytic graphite, basal plane pyrolytic graphite, and the basal surface of highly oriented pyrolytic graphite (HOPG)), the least susceptible material to DA surface fouling was found to be polycrystalline BDD, which also showed sluggish DA reaction kinetics, while HOPG, which gave the best voltammetric signal to DA, was very susceptible to blocking by dopaminergic products<sup>25</sup>. Another study suggest that carbon nanotube fiber (CNTF) microelectrode is less susceptible for DA fouling than a traditional carbon fiber (CF) micro-electrode due to a decreased binding affinity of the insulating film to CNTF surface<sup>26</sup>. Moreover, the detection of DA in complex biological environments have been investigated. The research indicates that hydrogenation of carbon electrodes has been proposed to minimize fouling during DA detection in vivo<sup>27</sup> and BDD generally exhibits the better performance in biologically fouling environments than glassy carbon<sup>28</sup>.

## Experimental Section

### Substrate fabrication

Sample fabrication details are provided as supplementary material and the more detailed description of the a-C deposition process can be found from<sup>8</sup>, for ta-C and ND from<sup>19</sup>, and that of PyC from<sup>29</sup>.

Amorphous carbon (a-C) films with varying oxygen or hydrogen content were deposited by closed-field unbalanced magnetron sputtering. a-C O2, a-C H2 and a-C H12 refer to oxygenated or hydrogenated a-C samples, where hydrogen or oxygen inflow was kept at 2 (a-C O2 and H2) or 12 (a-C H12) sccm during the deposition process.

The ta-C sample were prepared on p-type conductive Si substrates (0.001–0.002  $\Omega\text{cm}$ , Ultrasil, USA). First 20 nm of Ti adhesion layer was deposited by direct current magnetron sputter followed by 7 nm ta-C film deposited by pulsed filtered cathodic vacuum arc (p-FCVA).

Two types of functionalized NDs: zeta-positive ND<sub>andante</sub> with amino and carboxyl functional groups and zeta-positive hydrogen terminated ND<sub>H</sub> (Carbodeon uDiamond®, Carbodeon, Vantaa, Finland) were investigated.

For PyC coating, SU-8 resist using a BLE photoresist spinner was spin coated on silicon wafers and soft baked on a hot plate at up to 85 °C, exposed to UV light for 8 seconds (flood exposure), and post-baked on a hot plate. Pyrolysis was carried out in continuous nitrogen flow in a tube furnace at 900°C for 4 hours. The thickness of the resin layer was  $13.3 \pm 0.4 \mu\text{m}$  and the thickness of the pyrolyzed layer  $2.4 \pm 0.1 \mu\text{m}$ .

The coated Si wafers were cut to 1 cm  $\times$  1 cm pieces, which were then contacted to Cu slabs. For CV experiments, a circular area was defined with a Polytetrafluoroethylene tape (Irpola Oy, Finland) and for SECM measurements the samples were placed on the SECM measurement cell, where an O-ring defines a circular area.

## XPS

X-ray photoelectron spectroscopy (AXIS Ultra, Kratos Analytical at Aalto Biomaterials Center) was utilized for surface chemical characterization. Elemental carbon to oxygen ratios in the surface region were determined from wide spectra, and the amount of oxygen functional groups bonded to carbon was evaluated from peak-fitted C 1s high-resolution regions. Additionally, oxygen and nitrogen high resolution regions (O 1s and N 1s) were acquired. Wide spectra were collected using 1 eV step and 80 eV pass energy and high-resolution spectra using 0.1 eV step, 20 eV pass energy.

All spectra were collected using monochromatic Al K $\alpha$  x-ray source at 100 W and with neutralization in the case of charging. Samples were pre-evacuated overnight in vacuum  $<10^{-5}$  Pa. Analysis chamber vacuum was  $<10^{-6}$  Pa during measurements. Spectra for each sample were collected from at least three locations (analysis area  $\sim 400 \times 800 \mu\text{m}$ , depth less than 10 nm). Filter paper (100% cellulose, Whatman) was used as in situ reference and for binding energy scale calibration (CO = 286.7 eV, C-C = 285.0)<sup>30, 31</sup>. Data fitting, atomic composition ratio calculations and charge correction was done using CasaXPS software (v. 2.3.18). Peak-fitting to the C 1s high-resolution region was done using equally wide full width half maximum (FWHM) Gaussian lines for each oxygen functional group<sup>31</sup>.

## Cyclic voltammetry

Cyclic voltammetry was carried out with a Gamry Reference 600 potentiostat in a three-electrode cell. The reference was an Ag/AgCl electrode (+0.199 V vs SHE, Radiometer Analytical) and a platinum wire was used as the counter electrode.

Surfaces were subjected to fouling in 1 mM DA in phosphate buffered saline (pH 7.4) for 10 cycles with 50 mV/s, followed by cleaning in 0.15 M H<sub>2</sub>SO<sub>4</sub> for 10 cycles with 50 mV/s. After cleaning, the DA measurement was repeated. Samples were rinsed twice in dH<sub>2</sub>O between the different electrolytes.

All the solutions were deoxygenated with argon for at least 15 minutes prior to measurements and blanketed during measurements in order to avoid DA self-polymerization.

## Scanning electrochemical microscopy

Scanning electrochemical microscopy (SECM) measurements were carried out using CHI910B scanning electrochemical microscope (CH Instruments). 10  $\mu\text{m}$  platinum wires sealed in glass were used as the working electrode, an Ag/AgCl electrode served as a reference electrode and a platinum wire as a counter electrode. Approach curves and SECM images were recorded using a steady state voltage of 400 mV for the working electrode and 1 mM FcMeOH in 0.15 M H<sub>2</sub>SO<sub>4</sub> was used as a mediator. No potential was applied at the surface during approach curves or SECM imaging.

Substrate surfaces were the carbon electrodes under investigation. SECM approach curves and imaging were performed for untreated samples, then subsequent to cycling in DA (fouled) and subsequent to cycling in H<sub>2</sub>SO<sub>4</sub> (cleaned). Fouling consisted of cycling in 1 mM DA in phosphate buffer (pH 7.4) for 10 cycles with either 50 mV/s, 400 mV/s or 1 V/s. After cycling 50 mV/s, the surfaces were subjected to cleaning in 0.15 M H<sub>2</sub>SO<sub>4</sub> with 50 mV/s twice (cleaning 1: 10 cycles, cleaning 2: 10 more cycles). Samples were rinsed twice in dH<sub>2</sub>O between the different electrolytes. All the solutions were deoxygenated with argon for at least 15 minutes prior to measurements.

SECM experimentation consists of recording approach curves where the normalized current  $I = i/i_{\text{inf}}$  is plotted versus the normalized distance  $L = d/a$ , where  $i$  is the current at the tip electrode (radius  $a$ ) localized at a distance  $d$  from the substrate,  $i_{\text{inf}}$  is the steady-state current when the tip is at an infinite

distance from the substrate. The approach rate was  $2 \mu\text{m s}^{-1}$ . The fittings between experimental and theoretical curves were done following C. Lefrou's approximations<sup>32</sup> based on Bard-Mirkin's formalism, where tips parameters ( $a$  and  $R/G$ ) were determined independently from approach curves of an insulator sample. A dimensionless rate constant  $\kappa = k_{\text{eff}}a/D$ , where  $k_{\text{eff}}$  is an apparent heterogeneous charge transfer constant between the mediator in solution and the substrate and  $D$  diffusion constant, was obtained from the theoretical approach curves. SECM imaging was recorded in feedback mode. Approach curves and imaging were performed in 1 mM FcMeOH before DA fouling, after DA fouling and after cleaning in  $\text{H}_2\text{SO}_4$  and repeated three times in each step at different locations of the sample. The presented  $\kappa$ -values are average of the three measurements  $\pm$  standard deviation.  $\text{H}_2\text{SO}_4$  was obtained from Merck or Fisher Scientific, all other chemicals from Sigma-Aldrich.

## Results and Discussion

### XPS

The elemental composition of the samples is presented in Table 1. The oxygen functionalities of a-C surface increased with oxygen inflow during deposition (a-C O2 sample), whereas hydrogen inflow increased the relative amount of CC bonding (a-C H2 and a-C H12 samples).  $\text{ND}_{\text{andante}}$  and  $\text{ND}_{\text{H}}$  present similar surface chemistries. However, the amount of oxygen as well as COO bonding is higher on  $\text{ND}_{\text{andante}}$  indicating carboxyl functionalities. XPS did not verify difference in amino functionalities between  $\text{ND}_{\text{andante}}$  and  $\text{ND}_{\text{H}}$ , possibly due to the small amount (1.1–1.2%) of nitrogen in the samples. As for comparison, we have earlier functionalized ta-C surfaces with 3-Triethoxysilylpropylamine (APTES) in order to achieve amino-functionalized surface<sup>10</sup>. According to XPS analysis the amount of N (1s) on APTES functionalized surfaces was 1.2%, which is the same amount as observed here on  $\text{ND}_{\text{andante}}$ .

PyC consists 98.5% of carbon and only small amount of functional groups exists, which is the main difference to other carbon electrode materials investigated in this study.

### Electrochemistry

The degree of fouling of different carbon electrodes with different terminations was determined using CV and SECM approach curves and imaging. DA exhibited quasi-reversible behaviour with sluggish electron transfer kinetics on all of the tested electrode materials, except on a-C H12, where the behaviour was irreversible. Based on the voltammograms of DA fouling, it is evident that polydopamine forms on all of the electrode materials. With all scanning rates (50 mV/s, 400 mV/s and 1000 mV/s), the oxidation peak current magnitude decreased significantly over consecutive scans during cycling. Figure 2 shows the voltammograms of DA fouling with 50 mV/s and the repeated DA measurement after cleaning in  $\text{H}_2\text{SO}_4$ , and Table 2 summarizes the respective changes observed in peak separation ( $\Delta E_p$ ) and oxidation peak current ( $I_{p_o}$ ). When cycling with 50 mV/s, the oxidation peak current decreased on average by 28% by the second cycle, while  $\Delta E_p$  increased on average by 78% by 10<sup>th</sup> cycle. This indicates formation of an insulating layer on the surface, which is confirmed by the approach curves and calculated  $\kappa$ -values for FcMeOH (Table 3). Initially all of the materials but a-C H12 showed good electron transport properties with positive feedback ( $\kappa > 2$  for FcMeOH). After the substrates had been subjected to 10 cycles in 1 mM DA using scanning speed of 50 mV/s, negative feedback ( $\kappa < 1$  for FcMeOH) was recorded for all materials but  $\text{ND}_{\text{andante}}$ , confirming the formation of an insulating layer.

Interestingly, a positive feedback ( $\kappa > 2.5$  for FcMeOH) was recorded for  $\text{ND}_{\text{andante}}$  even after 10 cycles in 1 mM DA, indicating that the polydopamine layer is either nonuniform or thinner than on the other

1 tested materials. The fouling behaviour is not linked to DA detection capability as spray-coated  
2 ND<sub>andante</sub> and ND<sub>H</sub> demonstrated similar behaviour with the linear range of 500 nM–1 mM and  
3 sensitivities of 0.161 and 0.172 A M<sup>-1</sup> cm<sup>-2</sup>, respectively<sup>19</sup>. It is possible that the heterogeneous surface  
4 functionalities containing amino-groups protect ND<sub>andante</sub> surface from the formation of uniform DA  
5 layer. We have previously observed that spray-coated amino functionalized nanodiamonds (ND<sub>amine</sub>) on  
6 ta-C did not produce oxidation or reduction peaks even at high concentrations of DA<sup>19</sup>. This could be  
7 due to electrostatic repulsion between DA and protonated amine groups as, at physiological pH, DA  
8 exists mostly as a cation<sup>2</sup>. Heterogeneous surface functionalities containing amino-functionalities may  
9 prevent DA adsorption and therefore protect surfaces from forming thick and uniform polydopamine  
10 layer while at the same time the carboxyl-functionalities help to promote electron transfer and allow the  
11 DA to be detected. SECM images confirm the heterogeneous surface kinetics on NDs, but it seems  
12 possible that the electrochemical properties follow the topographical features of the sample to a certain  
13 degree. However, after DA fouling (50 mV/s), ND<sub>andante</sub> represents current range from negative ( $i/i_{inf} <$   
14  $1$ ) to positive ( $i/i_{inf} > 1$ ) feedback, indicating true heterogeneity of the surface. The size of the different  
15 regions of conductivity is approximately 20  $\mu$ m.  
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18 As mentioned, a negative feedback ( $\kappa < 1$  for FcMeOH) was recorded for other tested materials  
19 subsequent to DA fouling. However, some differences were observed. All of the a-C surfaces became  
20 more insulating ( $\kappa < 0.5$  for FcMeOH) than ta-C or PyC ( $\kappa = 0.8$  FcMeOH). The chemical inertness of  
21 the surface arising from the sp<sup>3</sup> nature of the surface may protect ta-C from fouling as severely as a-C  
22 surfaces. This is in agreement with previous reports stating that the extensive sp<sup>3</sup> structure results in a  
23 decrease in the adsorption of certain fouling agents<sup>33, 34</sup>. Moreover, the initial  $\kappa$ -value measured in  
24 FcMeOH for PyC is higher than for other materials, which may explain why the  $\kappa$ -value remains higher  
25 even after fouling.  
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28 Different a-C samples showed minor differences in their fouling behaviour. Based on the calculated  $\kappa$ -  
29 values, a-C O2 ( $\kappa = 0.22$ ) becomes slightly more insulating than a-C ref ( $\kappa = 0.38$ ), which is again more  
30 insulating than a-C H2 ( $\kappa = 0.47$ ). This is possibly due to the interactions of oxygen functional groups  
31 and DA. The hydrophilic functional groups may increase the adsorption of the polar dopaminechrome  
32 molecules. Similar lower fouling resistance towards polar molecules on O-terminated carbon surface  
33 was observed in a study of norepinephrine and theophylline electrochemistry on graphene oxide and  
34 reduced graphene oxide modified glassy carbon surfaces<sup>35</sup>. Note, that fouling resistance is essentially  
35 depended on the fouling agent. In general, with biological fouling agents (proteins), O-termination of  
36 carbon surfaces is considered to increase the fouling resistance due to the increased surface  
37 hydrophilicity, which minimises the tendency of proteins to unfold and foul by hydrophobic  
38 mechanisms<sup>36</sup>.  
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41 Subsequent to DA fouling, we examined the recovery capacity of the carbon surfaces. Cycling in H<sub>2</sub>SO<sub>4</sub>  
42 effectively removed the insulating polydopamine layer from all the surfaces but PyC. Figure 2 shows  
43 the repeated DA measurement and Table 3 the  $\kappa$ -values measured in FcMeOH, which both are  
44 recovered close to the original level for other materials except for PyC. For PyC, the repeated DA-  
45 measurement shows 50% larger  $\Delta E_p$  with 12% smaller oxidation current compared to the initial DA  
46 response and the  $\kappa$ -value measured in FcMeOH is recovered only to some degree (to 2.4 as the original  
47 was 3.1). This behaviour can be caused by the adsorption of DA on PyC surfaces. The shape of the PyC  
48 voltammogram with steep oxidation and reduction peaks indicates that adsorption has a role in the  
49 overall kinetics (Figure 3). However, the adsorption can still be considered “weak” as there is no  
50 separate peak for the adsorbed species (energy difference is relatively small between dissolved and  
51 adsorbed species). Owing to adsorption, PyC also demonstrates the largest oxidation and reduction peak  
52 currents of the tested materials, which is due to the fact that both soluble and adsorbed DA contribute  
53 to the reaction. Thus, there are more reactants near the electrode than there would be without adsorption.  
54 Indeed, on PyC the DA reaction kinetics is both diffusion and adsorption defined<sup>29</sup>.  
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Furthermore, the large drop in  $I_{po}$  by the 2<sup>nd</sup> cycle (2<sup>nd</sup> cycle 63% of the 1<sup>st</sup> on PyC, while it remains > 70% on other tested electrode materials) with hardly any effect on  $E_{po}$  (4 mV for PyC) indicate a formation of a (probably thin) layer on the surface during the first cycle. Moreover, physisorbed or chemisorbed monolayers of DA are catalytic toward DA oxidation and reduction<sup>6</sup>, which can explain the fastest electron transfer kinetics of the tested materials ( $\Delta E_p = 183$  mV). Furthermore, on PyC, the shape of the return curve is significantly different from the other tested materials. The other carbon electrodes demonstrate similar behaviour to ND<sub>andante</sub>, with a drop in the current (at about 400 mV) prior to reduction, whereas PyC demonstrates very steep reduction peak (Figure 3). On PyC, an additional reduction peak appears at -315 mV on the first scan corresponding to the reduction of dopaminechrome (DAC) to leucodopaminechrome (LDAC). On the subsequent scan, the corresponding oxidation of leucodopaminechrome can be seen at -170 mV. Similar features can be seen on a-C ref, a-C O2 and a-C H2, but not on ta-C or NDs within the tested cycling window. The adsorption of DA (and probably also some subsequent reaction products) on PyC also most likely causes the observed only partial recovery of the surface properties of PyC after cycling in sulfuric acid, which is also in contrast with the other investigated materials. The XPS measurement showed, that PyC consist of highly homogeneous surface of C-C and C-H bonding (98.5%), which may explain the DA adsorption and subsequent DA fouling on PyC.

The differences observed in DA fouling possibly originate from DA reaction kinetics. DA is an inner-sphere redox couple that is likely to react at specific adsorption sites<sup>37</sup>. These sites favor redox reactions and consequently they may be exposed to a higher level of dopaminequinone, which then takes part to the fouling cascade. Subsequently, these sites are the most probable to be subjected to electrochemical fouling. It can be concluded that electrodes that facilitate redox reactions through enhanced adsorption are more sensitive to fouling than the ones with more sluggish kinetics. The PyC surface shows very sharp DA oxidation peak we have shown that the reaction kinetics both diffusion and adsorption defined<sup>29</sup>. Consequently, PyC surface is the most sensitive to DA fouling. ND<sub>andante</sub> seems to show sluggish DA kinetics (Figure 3: wider CV, lower current density, high  $E_p$  and  $E_{po}$ ) but resist fouling well. This resistance can be due to amino functionalities, which do not facilitate DA reactions.

The fouling behavior may have been affected by the CV cycling parameters. All of the materials were scanned between -350 mV and 800 mV, except a-C H12, which was scanned from -350 mV to 1.6 V. PyC has the lowest DA oxidation potential (305 mV) of the tested materials, and consequently the scan limit is highest with respect to the oxidation potential. By scanning the potential to higher values than the oxidation peak, adsorbed species on the electrode surface undergo further chemical and electrochemical reactions<sup>12</sup>. As a result, polydopamine film structure, which cannot be as effectively removed by cleaning in H<sub>2</sub>SO<sub>4</sub>, may be formed.

Even though the DA voltammogram and the calculated  $\kappa$ -values for FcMeOH indicate surface recovery, the SECM images (Figure 4) confirm that there are remnants of the DA (in a size range of ten  $\mu$ m to a few dozen micrometers) still present as the surface conductivity is more heterogeneous than that of pristine surface.

In Figure 4, we utilized constant scale for all of the plots in order to improve comparison of the samples. It is evident that the current range drops significantly after DA fouling and recovers again after cleaning in H<sub>2</sub>SO<sub>4</sub>, except for a-C H12 which is initially insulating. The unscaled version of the Figure 4 is provided as supplementary material to better visualize different features of the surfaces.

With higher CV scanning rates in DA, the passivation is less significant. A clear reduction peak of dopaminequinone and consequently higher  $I_{red}/I_{ox}$  ratio is observed, indicating that the intramolecular cyclization does not have time to occur, instead dopaminequinone is reduced back to DA. This is in agreement with a previous experiment showing that the difference in the reversibility of the dopamine redox reaction is obvious at different scan rates: the  $I_{red}/I_{ox}$  relationship of DA is 0.77 for 1000 mV s<sup>-1</sup> and only 0.11 for 50 mV s<sup>-1</sup><sup>12</sup>. Consequently, cycling DA at 1000 mV/s results in no changes in  $\Delta E_p$ ,



1 indicating that no continuous layer of polydopamine is formed on the surface. The approach curves  
2 measured in FcMeOH support this, as no significant changes are observed in the calculated  $\kappa$ -values  
3 (Table 3) for a substrate treated in this way, confirming the effective electron transfer. However, as the  
4 oxidation current drops on average by 44% by 10<sup>th</sup> CV cycle, it is clear that DA fouling occurs on the  
5 surfaces and the electroactive surface area is reduced. This is supported by the subsequent SECM image  
6 (Figure 5), which show the formation of islands with decreased conductivity. Cycling DA with the  
7 slower scan rate of 400 mV/s results in the increase of  $\Delta E_p$  on average by 9% and decrease of the  
8 oxidation current by 55% by 10<sup>th</sup> cycle. The change in  $\Delta E_p$  indicates that uniform DA layer is starting  
9 to form.

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11 SECM proved to be an effective tool for evaluating fouling of the carbon substrate electrode. The use of  
12 DA as a mediator in SECM directly is challenging, as the ultra microelectrode utilized in SECM fouls in  
13 the presence of DA as well. However, by utilizing another redox probe subsequent to substrate fouling,  
14 we showed that we can “quantify” the thickness of the insulating film with SECM approach curves and  
15 discriminate between continuous layers and islands of the polydopamine with SECM images. It is  
16 possible that polydopamine, which forms clumps<sup>38</sup>, is not strongly adhered to the substrate and the  
17 clumps delaminate when taken out from liquid environment. Moreover, the melanin-like polymeric  
18 molecules are of  $\sim 3.8$  Å in size, and consequently the detection of a monolayer would be difficult with  
19 microscopic methods such as scanning electron microscopy or atomic force microscopy. The  
20 supplementary materials shows examples of the studied surfaces before and after DA fouling observed  
21 with scanning electron microscopy and atomic force microscopy. No polydopamine layer is observed.  
22 In conclusion, in-situ techniques, such as SECM, in-situ scanning tunneling microscopy or in situ  
23 atomic force microscopy, may be required to reliably assess DA fouling.

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25 A high concentration of DA (1 mM) was deliberately employed to accelerate the fouling phenomenon  
26 associated with DA oxidation in order to evaluate the lifetime of the electrodes. The DA concentrations  
27 *in vivo* are significantly lower (5-700 nM<sup>39</sup>) than what was tested here (1 mM). Therefore, similar rapid  
28 fouling will not occur *in vivo*. Moreover, physiological reducing agents, such as ascorbic acid, reduce  
29 dopaminequinone back to its original form before the intracyclization can occur<sup>40</sup>. In addition to  
30 judicious choice of electrode material, the scanning parameters affect severity of fouling. Here, little  
31 fouling was observed with scanning speeds of 400 mV/s or 1000 mV/s. Fast scan cyclic voltammetry  
32 can even further reduce electrode fouling<sup>41, 42</sup> by outrunning the side reactions that lead to fouling  
33 products. Alternatively, fouling may also be decreased by using high anodic–cathodic potentials  
34 between voltammetric scans<sup>41, 42</sup>. Moreover, biological environment can affect the electrochemical  
35 fouling as different proteins can either increase or decrease the rate of electrode fouling<sup>43</sup>. For example,  
36 cysteine residues reduce the severity of DA electrochemical fouling<sup>44</sup>.

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38 Table 4 summarizes the electrochemical properties. Based on our previous research, the reaction kinetic  
39 towards outer sphere probes is comparable between all the tested materials and all of them showing  
40 reversible or quasi-reversible reaction kinetics, except for a-C H12, which shows sluggish reaction  
41 kinetics. Reaction kinetics towards DA is significantly faster ( $\Delta E_p$  44.6 mV) on PyC than on the other  
42 tested materials ( $\Delta E_p > 124$  mV) and it can detect significantly lower concentrations of DA (50 mM vs 1  
43  $\mu$ M) than ND or ta-C. Detection limits for the a-C samples has not been defined.

## 44 45 46 47 48 49 50 **Conclusions**

51 We evaluated the degree of fouling of different carbon electrodes with different terminations using CV  
52 and SECM approach curves and imaging. Polydopamine was formed on all of the materials, which was  
53 observed both as a drop in DA oxidation current as well as increasing  $\Delta E_p$ . When cycling DA for 10  
54 cycles with 50 mV/s, an insulating layer of polydopamine was formed on all of the materials except for  
55 ND<sub>andante</sub>, as verified by the approach curves measured in FcMeOH. We showed that heterogeneous  
56  
57

1 modification of carbon electrodes with carboxyl-amine functionalities offers protection against  
2 formation of an insulating polydopamine layer, while retaining the ability to detect DA. The advantages  
3 of the heterogenous termination are likely due to the electrostatic repulsion between amino-  
4 functionalities and DA. With higher scanning speeds (400 mV/s or 1000 mV/s) formation of an  
5 insulating layers was not evident on the surfaces from CV measurements, but SECM images confirmed  
6 that some fouling of the surface was still taking place. Moreover, we showed that the conductivity of the  
7 surfaces as well as the response towards DA on all materials but PyC was recovered close to the original  
8 performance level subsequent to cleaning the surfaces in H<sub>2</sub>SO<sub>4</sub>. The recovery capacity of PyC  
9 electrode was inferior possibly due to stronger adsorption of DA on the surface. In conclusion,  
10 polydopamine formed on all the tested materials, but the severity of fouling is affected by the surface  
11 properties of the material. SECM proved to be an effective tool for evaluating electrode fouling as we  
12 can “quantify” the thickness of the insulating film with SECM approach curves and discriminate  
13 between continuous layers and islands of the polydopamine with SECM images.  
14  
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24 measurements.  
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## 30 Supporting Information

31 Information about substrate fabrication; Microscopy of the surface before and after DA fouling;  
32 Unscaled figure of the fouled surfaces.  
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34 Supporting information.pdf  
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**Table 1:** XPS results showing the elemental composition and carbon bonding of the samples. Columns 1-3 are calculated from wide spectrum and columns 4-8 from high-resolution scan.

	C (1s)	O (1s)	N (1s)	CC*	CC*	C-O	C=O	COO
a-C ref	91.1 ± 0.2	8.0 ± 0.1	0.4 ± 0.1	79.4 ± 0.1		13.6 ± 0.1	4.1 ± 0.1	2.9 ± 0.1
a-C O2	87.5 ± 0.4	11.6 ± 0.3	0.5 ± 0.1	75.9 ± 0.1		15.2 ± 0.1	5.3 ± 0.1	3.5 ± 0.1
a-C H2	91.2 ± 0.2	7.9 ± 0.1	0.3 ± 0.1	81.3 ± 0.2		12.4 ± 0.1	3.7 ± 0.1	2.6 ± 0.1
a-C H12	89.8 ± 0.1	9.7 ± 0.1	0.2 ± 0.1	84.4 ± 0.3		10.6 ± 0.2	3.4 ± 0.1	1.6 ± 0.1
ta-C	89.8 ± 0.1	8.9 ± 0.1	0.8 ± 0.1	28.7 ± 1.3	57.9 ± 1.4	7.5 ± 0.1	3.7 ± 0.2	2.1 ± 0.1
ND <sub>H</sub>	93.9 ± 0.4	4.8 ± 0.3	1.1 ± 0.1		58.8 ± 0.2	37.6 ± 0.1	3.4 ± 0.1	0.2 ± 0.1
ND <sub>andante</sub>	93.3 ± 0.2	5.4 ± 0.2	1.2 ± 0.1		59.0 ± 0.4	38.5 ± 0.5	1.9 ± 0.2	0.5 ± 0.1
PyC	98.5 ± 0.1	1.5 ± 0.1	0.1 ± 0.1	74.4 ± 1.7	16.1 ± 1.8	#	#	#

\* a-C samples were fitted with one carbon peak, whereas ta-C, NDs and PyC were fitted with two carbon peaks (first being more "graphitic" and second being more sp<sup>3</sup>-carbon)

# Functional groups exists, but determination of the exact amounts is not unambiguous.

**Table 2:** Peak separation ( $\Delta E_p$ ), and oxidation peak voltage ( $E_p$ ) and current ( $I_p$ ) for DA during DA fouling (1<sup>st</sup>, 2<sup>nd</sup> and 10<sup>th</sup> cycle) and after the subsequent H<sub>2</sub>SO<sub>4</sub> cleaning. Cycling speed 50 mV s<sup>-1</sup>.

Cycle	$\Delta E_p$ (mV)				$E_p$ (mV)				$I_p$ ( $\mu A cm^{-2}$ )			
	1st	2nd	10th	After H <sub>2</sub> SO <sub>4</sub>	1st	2nd	10th	After H <sub>2</sub> SO <sub>4</sub>	1st	2nd	10th	After H <sub>2</sub> SO <sub>4</sub>
a-C ref	215	270	496	267	308	357	505	331	249	180	139	243
a-C O2	352	322	531	279	427	403	560	343	231	180	141	253
a-C H2	240	288	490	269	329	373	528	340	233	168	123	235
a-C H12	*	*	*	*	1390	1422	#	1400	173	140	#	182
ta-C	366	393	534	400	438	461	574	457	211	157	133	216
ND <sub>H</sub>	374	438	603	375	367	424	574	408	253	185	150	274
ND <sub>andante</sub>	387	471	672	422	468	526	686	417	222	163	141	182
PyC	183	190	285	276	305	309	367	376	347	219	157	307

\*) No reduction peak,  $\Delta E_p$  could not be defined

#) No peak definable at 10th cycle, at 7th cycle  $E_p$  1546 mV and 137  $\mu A cm^{-2}$ .

**Table 3:**  $\kappa$ -values for FcMeOH defined from the approach curves for pristine surface, after 1mM DA fouling with 50 mV s<sup>-1</sup> or 1 V s<sup>-1</sup> and after subsequent cleaning in 0.15 M H<sub>2</sub>SO<sub>4</sub>.

$\kappa$ (FcMeOH)	a-C ref	a-C O2	a-C H2	a-C H12	ta-C	ND <sub>H</sub>	ND <sub>andante</sub>	PyC
Pristine surface	2.2 ± 0.1	2.29 ± 0.03	2.27 ± 0.03	0.02 ± 0.01	2.33 ± 0.05	2.17 ± 0.06	3.1 ± 0.3	3.1 ± 0.1
DA 50 mV/s	0.38 ± 0.04	0.22 ± 0.05	0.47 ± 0.05	0.03 ± 0.00	0.81 ± 0.08	0.30 ± 0.06	2.5 ± 0.1	0.8 ± 0.3
H <sub>2</sub> SO <sub>4</sub> , 10 cycles	2.0 ± 0.2	1.9 ± 0.2	2.2 ± 0.2	0.04 ± 0.01	2.2 ± 0.1	1.6 ± 0.9	2.5 ± 0.1	2.4 ± 0.1
H <sub>2</sub> SO <sub>4</sub> , 20 cycles	2.07 ± 0.01	2.0 ± 0.1	2.2 ± 0.1	0.05 ± 0.01	2.3 ± 0.08	2.9 ± 0.5	3.7 ± 0.9	2.7 ± 0.2
Pristine surface	2.2 ± 0.1	2.6 ± 0.1	2.6 ± 0.4	0.03 ± 0.00	2.5 ± 0.5	2.4 ± 0.5	2.9 ± 0.8	3.0 ± 0.2
DA 1 V/s, 10 cycles	2.2 ± 0.6	2.5 ± 0.1	2.2 ± 0.2	0.04 ± 0.00	2.5 ± 0.5	2.1 ± 0.2	2.8 ± 0.1	2.9 ± 0.1

**Table 4:** Advantages and disadvantages of the tested samples.

	$\Delta E_p$ (mV) for outer sphere redox probe	$\Delta E_p$ (mV) for 100 $\mu M$ DA	Lowest measured DA concentrations	DA fouling	DA recovery
a-C ref	59.8 <sup>a, b</sup>	124 <sup>b</sup>	<sup>e</sup>	++	++
a-C O2	62.8 <sup>a, b</sup>	150 <sup>b</sup>	<sup>e</sup>	++	++
a-C H2	58.6	128 <sup>b</sup>	<sup>e</sup>	++	++
a-C H12	789	1142 <sup>b</sup>	<sup>e</sup>	++	++
ta-C	57.1 <sup>a, b</sup>	369 <sup>d</sup>	10 $\mu M$ <sup>f</sup>	++	++
ND <sub>H</sub>	62 <sup>c, d</sup>	192 <sup>d</sup>	1 $\mu M$	++	++
ND <sub>andante</sub>	64 <sup>c, d</sup>	198 <sup>d</sup>	1 $\mu M$	partial	++
PyC	62.8 <sup>a, b</sup>	44.6 <sup>b</sup>	50 nM	++	partial

<sup>a</sup>Ru <sup>b</sup>100 mV s<sup>-1</sup> c FcMeOH <sup>d</sup>50 mV<sup>-1</sup> e detection limits have not been defined <sup>f</sup>Defined on ta-C film grown on Pt film  
 $\Delta E_p$  and lowest measured DA concentrations has been previously reported: a-C and a-C O<sub>2</sub> <sup>8</sup>, a-C H<sub>2</sub> and a-C H<sub>12</sub> <sup>45</sup>, ta-C <sup>11,12</sup>, ND <sup>19</sup> and  
PyC <sup>29</sup>

### Figure caption

**Figure 1:** First steps of the formation of polydopamine.

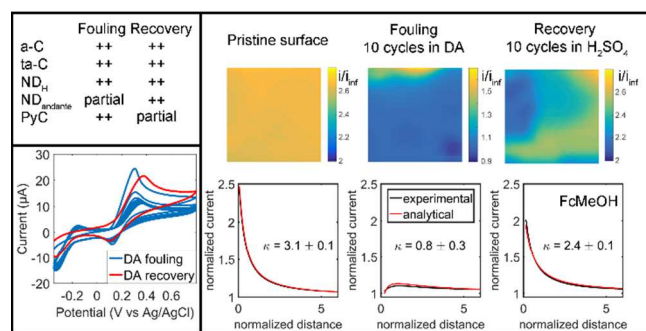
**Figure 2:** 1 mM DA fouling with 50 mV/s. Gray curve shows the 10 fouling cycles and dotted black curve the repeated DA measurement after 10 cleaning cycles in 0.15 M H<sub>2</sub>SO<sub>4</sub>.

**Figure 3:** 1<sup>st</sup> (gray) and 2<sup>nd</sup> (dotted black) DA fouling cycles on ND<sub>andante</sub> and PyC.

**Figure 4:** Pristine surfaces (first column) and surfaces after cycling in 1 mM DA with 50 mV/s (second column) and after subsequent cleaning in H<sub>2</sub>SO<sub>4</sub> 10 cycles (third column) or 20 cycles (fourth column). Each graph is 50  $\mu\text{m} \times 50 \mu\text{m}$  and the scale bar indicates relative current  $i/i_{\text{inf}}$ .

**Figure 5:** Examples of SECM images recorded in FcMeOH before and after 10 cycles of DA cycling with 1 V s<sup>-1</sup> on a-C and ta-C surfaces. Each graph is 50  $\mu\text{m} \times 50 \mu\text{m}$ . Scale is kept constant for each sample.

## For TOC only



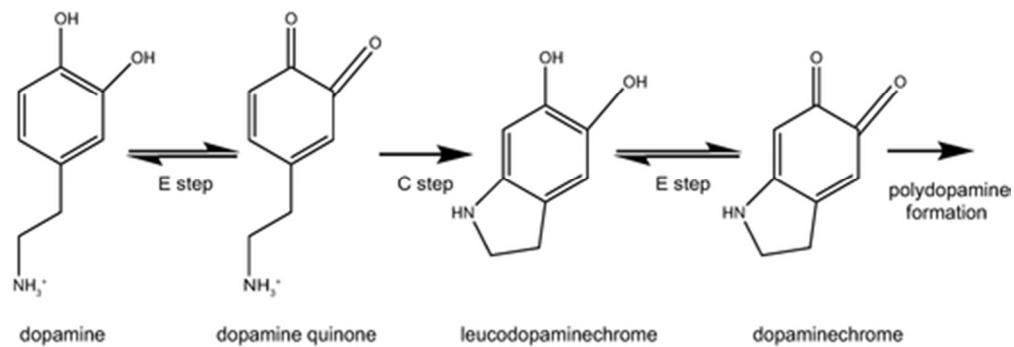


Figure 1

43x14mm (300 x 300 DPI)

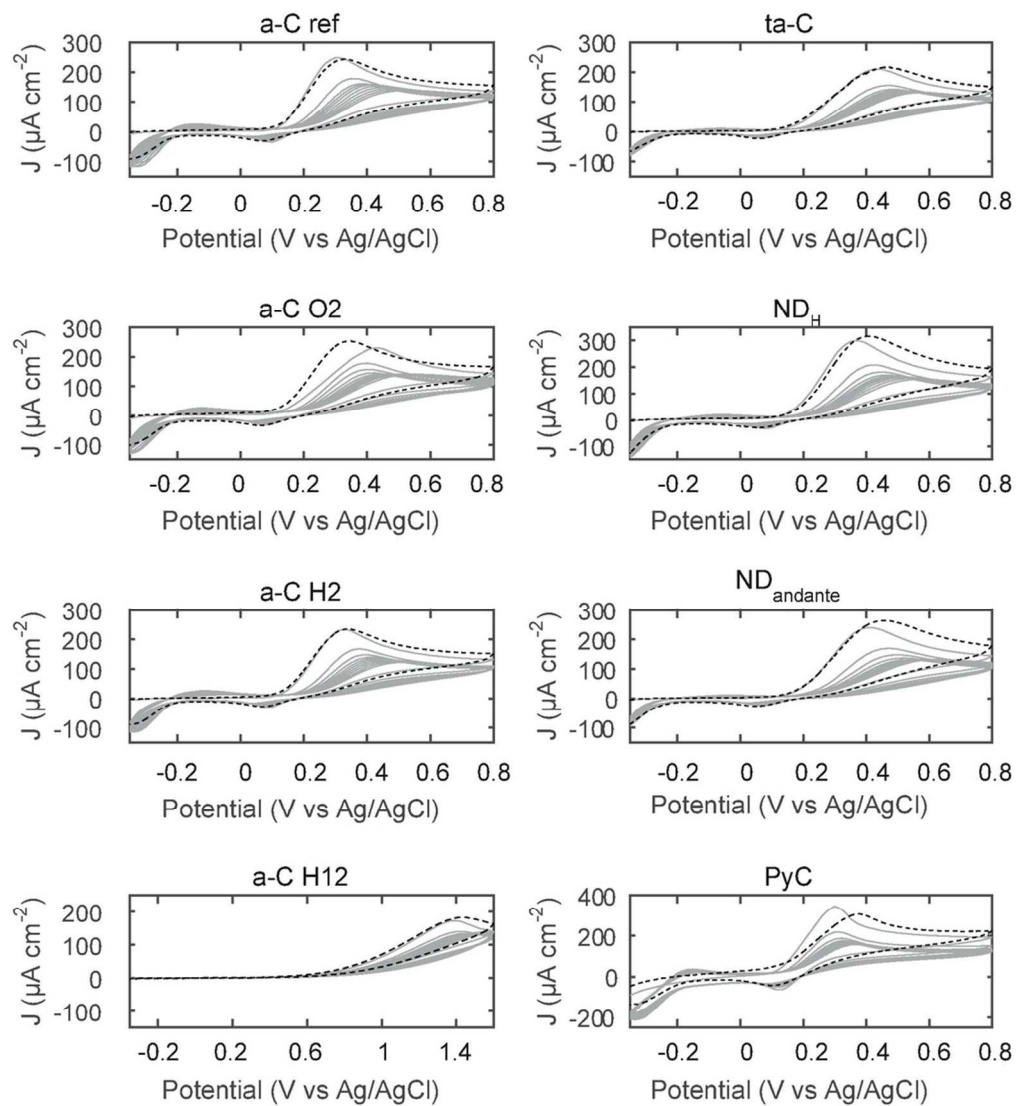


Figure 2

92x101mm (300 x 300 DPI)



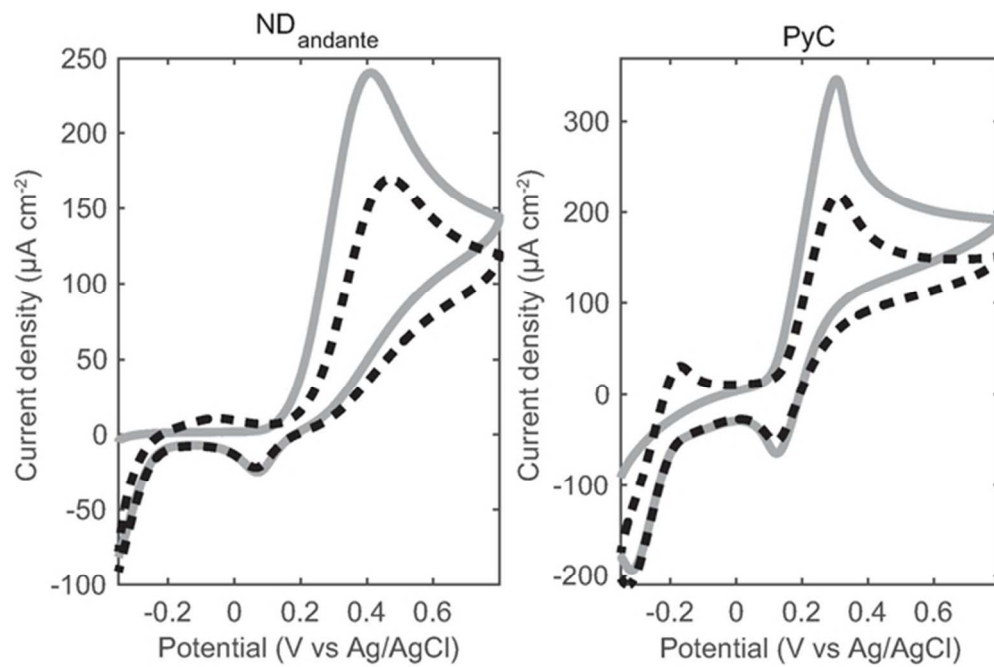


Figure 3

55x36mm (300 x 300 DPI)

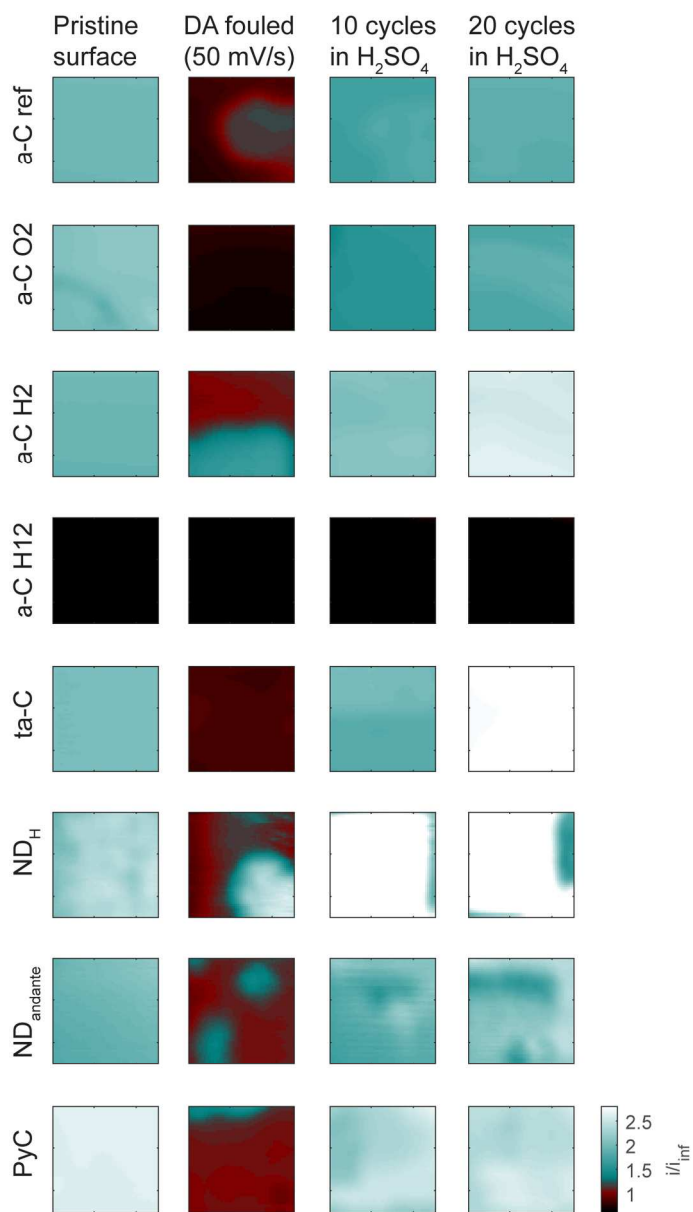


Figure 4

113x197mm (300 x 300 DPI)

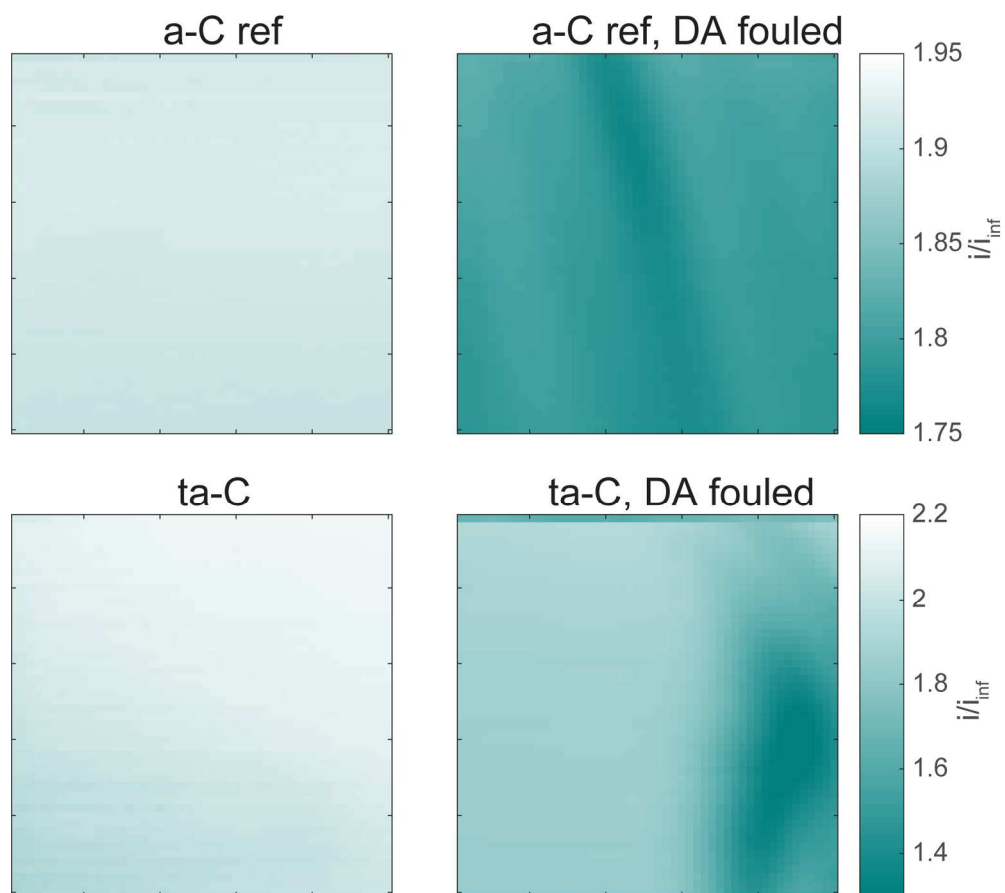


Figure 5

162x144mm (300 x 300 DPI)