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Emerging Targeted Therapies for Breast Cancer

Ricardo H. Alvarez, Vicente Valero, and Gabriel N. Hortobagyi

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A B S T R A C T

Increased understanding of the molecular events involved in cancer development has led to the identification of a large number of novel targets and, in parallel, to the development of multiple approaches to anticancer therapy. Targeted therapy focuses on specific molecules in the malignant cell signal transduction machinery, including crucial molecules involved in cell invasion, metastasis, apoptosis, cell-cycle control, and tumor-related angiogenesis. In breast cancer, two new targeted agents have recently been approved: lapatinib, directed against the human epidermal growth factor receptor 2 (HER2); and bevacizumab, directed against vascular endothelial growth factor (VEGF). Multiple other targeted agents are under evaluation in clinical trials, including inhibitors of the epidermal growth factor receptor (EGFR), dual EGFR and HER2 inhibitors, other VEGF or VEGF-receptor inhibitors, and agents that alter crucial signaling pathways, such as RAS/MEK/ERK; phosphatidylinositol-3-kinase/Akt/ mammalian target of rapamycin; insulin-like growth factor/insulin-like growth factor receptor; poly (ADP-ribose) polymerase 1; and others. In this review, we present the most promising studies of these new targeted therapies and novel combinations of targeted therapies with traditional cytotoxic agents.

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INTRODUCTION

Although numerous systemic agents are available to treat metastatic breast cancer (MBC), most tumors eventually become unresponsive to systemic therapy. In recent years, several targeted agents have become available that have improved the outcomes of patients with solid tumors. One of these agents, trastuzumab (Herceptin; Genentech, South San Francisco, CA), a monoclonal antibody against the human epidermal growth factor receptor 2 (HER2), has proven effective in the treatment of women with HER2-positive breast cancer.¹⁻⁴ Other targeted agents are also showing promise in breast cancer treatment. Two—lapatinib (Tykerb; GlaxoSmithKline, Research Triangle Park, NC), a selective, reversible dual inhibitor of the epidermal growth factor receptor (EGFR; HER1) and HER2, and bevacizumab, a monoclonal antibody directed against vascular endothelial growth factor (VEGF)-have recently been approved by the US Food and Drug Administration for patients with certain types of breast cancer.^{5,6} However, most targeted agents that have shown promise against breast cancer are still in preclinical or early clinical testing. Here, we review the most current information regarding the emerging targeted therapies for breast cancer. We excluded trastuzumab from this review, because its role in breast cancer is well established.

EPIDERMAL GROWTH FACTOR RECEPTOR FAMILY

EGFR is a transmembrane growth factor receptor tyrosine kinase (TK) frequently expressed in epithelial tumors. In breast cancer, EGFR plays a major role in promoting cell proliferation and malignant growth (Fig 1).⁷ EGFR and HER2 are frequently overexpressed in breast cancer, and such overexpression is associated with aggressive clinical behavior and poor clinical outcome.⁸⁻¹¹ In addition, EGFR overexpression was found in half of triplereceptor–negative (TRN) breast tumors but in only approximately 15% of unselected tumors.¹²

Pure EGFR Inhibitors: Gefitinib and Erlotinib

Gefitinib (Iressa; AstraZeneca, Macclesfield, Chesire, United Kingdom) is a small molecule that reversibly inhibits EGFR TK autophosphorylation and inhibits downstream signaling.^{13,14} In a phase I, dose-escalation study in 88 patients with multiple solid tumors, the dose-limiting toxicities (DLTs) at 1,000 mg/d were grade 3 diarrhea and grade 3 somnolence.¹⁵ The most frequent drug-related adverse effects were acne-like rash and diarrhea.

Multiple phase II studies of single-agent gefitinib and gefitinib plus chemotherapy or hormonal therapy

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Fig 1. Epidermal growth factor receptor (EGFR) family. The EGFR family is composed of four homologous receptors: ERBB1 (EGFR/HER1), ERBB2 (HER2/ neu), ERBB3 (HER3), and ERBB4 (HER4). The three receptors are implicated in the development of cancer; the role of ERBB4 is less clear. Six different ligands, known as EGF-like ligands, bind to EGFR. After ligand binding, the ERBB receptor becomes activated by dimerization between two identical receptors (ie, homodimerization) or between different receptors of the same family (ie, heterodimerization). Dimerization leads to phosphorylation of several intracellular catalytic substrates, including members of the Ras/Raf/mitogen-activated protein kinase (MAPK) pathway, the phosphatidylinositol-3-kinase (PI3K)/Akt/PTEN family, and other important signaling pathways that regulate apoptosis, protein synthesis, and cellular proliferation. The morphology of the extracellular domain of four EGFRs is almost identical; however, they vary considerably in the functional activity. For instance, ERBB3 lacks inherent kinase function but can heterodimerize with other ERBB receptors. Indeed, the ERBB2-ERBB3 dimer, which is considered the most active ERBB signaling dimer, is fundamental for ERBB2-mediated signaling in tumors with ERBB2 amplification.

for breast cancer have been completed (Appendix Table A1, online only). Single-agent gefitinib showed minimal clinical benefit (CB). Although the studies of combination therapy were not randomized, gefitinib did not significantly improve overall response rate and time to treatment failure on a chemotherapy regimen.

More recently, an exploratory analysis of two randomized, phase II trials comparing anastrozole or tamoxifen plus gefitinib versus anastrozole or tamoxifen plus placebo was published.¹⁶ In both trials, endocrine-therapy–naïve patients had longer progression-free survival (PFS) with hormonal therapy plus gefitinib.

Erlotinib (Tarceva; OSI Pharmaceuticals, Melville, NY) is a small molecule that reversibly inhibits the EGFR TK and prevents receptor autophosphorylation.¹⁷ Preclinical studies have demonstrated that both erlotinib and gefitinib inhibit breast cancer proliferation in vitro, and the greatest effects are in HER2-positive cell lines.¹⁴

In a clinical trial of erlotinib monotherapy in patients with MBC, the main adverse effects were acneiform rash, diarrhea, and asthenia.¹⁸ One of 69 patients had a partial response (PR). Several trials of erlotinib in combination with drugs known to be active in breast cancer were recently conducted. In a dose-escalation study of erlotinib plus capecitabine and docetaxel in patients with MBC, the overall response rate was 67%; two patients had a complete response, and 12 had a PR.¹⁹ The regimen was generally well tolerated; manageable skin and gastrointestinal problems were the most common treatment-related adverse effects. Several other preliminary studies of erlotinib combined with docetaxel,²⁰ vinorelbine plus capecitabine,²¹ and bevacizumab²² have been reported.

On the basis of data from a preclinical mouse xenograft model, patients with stages I to IIIA invasive breast cancer were treated with erlotinib 150 mg/d orally for 6 to 14 days until the day before surgery.²³ Ki67 expression was reduced in estrogen-receptor–positive tumors but not in tumors that overexpressed HER2 or were TRN.

TRASTUZUMAB-DM1

Trastuzumab-DM1 is the first antibody-drug conjugate that is based on trastuzumab. Trastuzumab-DM1 consists of trastuzumab linked to an antimicrotubule drug, maytansine (also known as DM1). Trastuzumab-DM1 showed activity in a xenograft model of HER2positive, trastuzumab-resistant tumors.²⁴ A phase I study of trastuzumab-DM1 in heavily pretreated patients with HER2-overexpressing MBC showed clinical activity, with thrombocytopenia as the DLT, at a dosage of 4.8 mg/kg every 3 weeks. The recommended dosage for phase II studies was 3.6 mg/kg every 3 weeks.²⁵ In a recent preliminary report of a phase II study of trastuzumab-DM1 in 112 patients with HER2-overexpressing MBC in whom treatment with trastuzumab, lapatinib, or both had failed to show promising activity, the independent review panel confirmed an overall response rate of 25% (28 patients) and a CB rate of 34% (38 patients).²⁶

Two phase III studies of trastuzumab-DM1 are ongoing. One study tests the activity of trastuzumab-DM1 versus standard therapy with lapatinib-capecitabine as second-line therapy for patients with HER2-positive MBC. The other study tests docetaxel plus trastuzumab versus single-agent trastuzumab-DM1 as first-line therapy for HER2-positive MBC.

EGFR INHIBITORS PLUS AGENTS TARGETING OTHER PATHWAYS

Inhibition of EGFR/HER1 phosphorylation by anti-EGFR agents does not always correlate with antitumor effects. This suggests that tumor proliferation may be controlled by alternate growth factors in the presence of EGFR inhibitors and that the antitumor activity of anti-EGFR agents may be improved by combining them with therapies targeting other signal transduction pathways.²⁷ However, several studies in patients with breast cancer who were treated with these compounds as single agents showed disappointing results.²⁸

Dual EGFR and HER2 Inhibitors

Interest in the role of EGFR in HER2-amplified tumors was renewed with the advent of dual TK inhibitors (TKIs) that interact with several EGFR members. Of these, lapatinib (Tykerb) is the agent that has been studied most extensively (Table 1). Other dual EGFR-HER2 inhibitors studied for breast cancer include cetuximab, canertinib, neratinib, and pertuzumab (Table 2).

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Study and Autor No. of Patients Types of Soudy Landfinite Data Combineton (Mod W) Result Result <thresult< t<="" th=""><th colspan="9">Table 1. Phase II and III Trials of Lapatinib for Treatment of Breast Cancer</th></thresult<>	Table 1. Phase II and III Trials of Lapatinib for Treatment of Breast Cancer									
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Langethine is all of a set of the s	Study and Author	Patients	Study	Patient Population	(mg/d)	Therapy	PR	CR	СВ	Patient Outcome
Burstein et al ¹⁷⁹ 229 Prase II A. T. and Cap refratory 1,500 Arm A 1/0 Image: State in the stat	Lapatinio single agent Blackwell et al ²⁹	78	Phase II	HER2 positive and Tz refractory	1,250-1,500	_	5.1	0	9	All patients had KPS > 70%. Efficacy outcomes: TTP was 15.3 weeks, and PFS was 15.3 weeks (range, 9.7 to 16.3 weeks). AE: skin rash (47%), diarrhea (46%), and nausea (31%)
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Arm B 89 HER2 negative 0 0 No response rate obsamed in HER2 negative. Independent review assessment of median TTP and PFS vere similar in HER2 negative. Bill vere kis and 7.6 everes, respective/hill response vere kis and 7.6 everes, respective/hill response vere similar in HER2 negative. B I vere kis and 7.8 everes. See Strong Vice and HER2 negative. B I vere kis and 7.8 everes. See Strong Vice and HER2 negative. B I vere kis and 7.8 everes. See Strong Vice and HER2 negative. B I vere kis and 7.8 everes. See Strong Vice and HER2 negative. B I vere kis and 7.8 everes. See Strong Vice and HER2 negative. B I vere kis and 7.8 everes. See Strong Vice and HER2 negative. B I vere kis and 7.9 weeks; and review and 8.4 everes. See Strong Vice and HER2 negative. B I vere kis and 7.9 weeks; and review and 8.4 months and 4.4 months of the response vere 2.8 everes. See Strong Vice and HER2 negative. B I vere kis and 7.9 weeks; and review and 8.4 months and 4.4 months effect on efficacy between doising service and 1.1 months and 4.4 months effect on the service and 1.1 months and 4.4 months effect on the service and 1.1 months effect on the service of the service service service of the service service service servi	Arm A	140		Tellatory		HER2 positive and Tz refractory	4	0		76% of patients had received four or more lines of therapy. HER2-positive patients: response rate was 4.3% and 1.4% by investigator and independent assessment, respectively.
Gomez et al ³¹ 138 Phase II HER2 positive; first- line treatment 1,500 onco- hivide daily - 24 0 31 Median TTP was 7.8 weeks; store a day, 7.9 weeks; 500 mg twice daily, 7.9 weeks), and median duration of response was 82.4 weeks (1.500 mg once a day, 7.9 weeks; 500 mg twice daily, 2.9 weeks), AE: daily, 6.7 weeks), and median duration of response was 82.4 weeks (1.500 mg once a day, 7.9 weeks; 500 mg twice daily, 2.9 weeks), AE: daily, 6.7 weeks, 0.0 at therapy Lapatinib in combination with chemotherapy, and targeted therapy 324 Randomized, HER2 positive and A, T, and Cap refractory The madian TTP for L + Cap v Cap wee 8.4 months and 4.4 months therapy SICI, 0.34 weeks 0.0, 7, 1 weeks 0.0, 7, 7 < 001, Most 0.0, 7, 7 < 0, 7, 7 < 0, 7, 1 weeks 0.0, 7, 7 < 0, 7, 2 weeks 0.0,	Arm B	89				HER2 negative	0	0		No response rate observed in HER2 negative. Independent review assessment of median TTP and PFS were similar in HER2 positive and HER2 negative (9.1 weeks and 7.6 weeks, respectively). AE: diarrhea (54%), skin rash (30%), nausea (24%)
Lapatinib in combination with chemotherapy, hormone therapy, and targeted therapy Geyer et al ⁵ 324 Randomized, HER2 positive and A, T, and Cap refractory The median TTP for L + Cap v Cap were 8.4 months and 4.4 months (HR, 0.49; 95% Cl, 0.34 to 0.71; <i>P</i> < .001), respectively. The median PS for L + Cap v Cap were 8.4 and 4.1 months (HR, 0.47; 95% Cl, 0.33 to 0.67; <i>P</i> < .001). Most common AEs were gastrointestinal toxicity: diarrhea, 60% v 23%; nausea, 44% v 42%; and vomiting, 26% v 24% for L + Cap compared with Cap alone, respectively. AE: grade 4 toxicity diarrhea in two patients (1%) in the L + Cap arm. Arm A 163 1,250 Cap 2,000 mg/d for 35 1 44 Arm B 161 cap (continued on following page)	Gomez et al ³¹	138	Phase II	HER2 positive; first- line treatment	1,500 once daily <i>v</i> 500 twice daily	_	24	0	31	Median TTP was 7.9 weeks (1,500 mg once a day, 7.9 weeks; 500 mg twice daily, 7.9 weeks), and median duration of response was 28.4 weeks (1,500 mg once a daily, 27.6 weeks; 500 mg twice daily, 29 weeks). AE: diarrhea, rash, pruritus, and nausea. No significant difference in efficacy between dosing schedules.
refractorymonths and 4.4 months (HR, 0.49; 95% Cl, 0.34 to 0.71; P < .001), respectively. The median PFS for L + Cap v Cap were 8.4 and 4.1 months (HR, 0.47; 95% Cl, 0.33 to 0.67; P < .001). Most common AEs were gastrointestinal toxicity: diarrhea, 60% v 24% for L + Cap compared with Cap alone, respectively. AE: grade 4 toxicity diarrhea in two patients (1%) in the L + Cap arm.Arm A1631,250Cap 2,000 mg/d for 35144 14 daysArm B161cap 2,500 mg/d for 23029 14 days	Lapatinib in combination with chemotherapy, hormone therapy, and targeted therapy Geyer et al ⁵	324	Randomized, phase III	HER2 positive and A, T, and Cap						The median TTP for L + Cap v Cap were 8.4
Arm A 163 1,250 Cap 2,000 mg/d for 35 1 44 Arm B 161 cap 2,500 mg/d for 23 0 29 (continued on following page)				refractory						months and 4.4 months (HR, 0.49; 95% CI, 0.34 to 0.71; $P < .001$), respectively. The median PFS for L+ Cap v Cap were 8.4 and 4.1 months (HR, 0.47; 95% CI, 0.33 to 0.67; $P < .001$). Most common AEs were gastrointestinal toxicity: diarrhea, 60% v 39%; nausea, 44% v 42%; and vomiting, 26% v 24% for L + Cap compared with Cap alone, respectively. AE: grade 4 toxicity diarrhea in two patients (1%) in the L + Cap arm.
Arm B 161 cap 2,500 mg/d for 23 0 29 14 days (continued on following page)	Arm A	163			1,250	Cap 2,000 mg/d for 14 days	35	1	44	
(continued on following page)	Arm B	161				cap 2,500 mg/d for 14 days	23	0	29	
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Targeted	Therapies	in	Breast	Cancer
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						Res	pons	e (%)	
Study and Author	No. of Patients	Type of Study	Patient Population	Lapatinib Dose (mg/d)	Combination Therapy	PR	CR	CB	Patient Outcome
Di Leo et al ³²	579	Randomized, phase III	HER2 negative or HER2 UT						There were no significant differences in TTP, EFS, o OS between treatment arms, although differences in ORR were noted. In 86 patients (15%) with HER2 positive, treatment with P + L resulted in statistically significant improvements in TTP, EFS, ORR, and CB compared with P + PL.
Arm A				1,500	P 175 mg/m ² every	30	5	40.5	
Arm B				PI	P 175 mg/m ² every 3 weeks	23	2	32	
Johnston et al ³³	1,286	Randomized, phase III	Hormone receptor positive, HER2 negative; or hormone receptor positive, HER2 positive	Arm A:	Let 2.5 mg daily	NA	NA	NA	Hormone receptor positive/ HER2 negative: no significant treatment benefit on PFS (HR, 0.90; 95% CI, 0.77 to 1.05; P = .188).
Arm A				1,500	Let 2.5 mg daily	NA	NA	NA	Subgroup analysis of patients who had HER2 negative and lower expression of ER (H-score < 160) had significant improvement in median PFS (13.6 months v 6.6 months; HR, 0.65; 95% Cl, 0.47 to 0.9; P < .005) when are treated with L + L et ³⁴
Arm B				PI					Overall, 219 of 1,286 patient were hormone receptor positive/HER2 positive. The PFS was 8.2 v 3 months for L + Let v Let alone (HR, 0.71; P = .019) Significant improvement ir CB rate (29% to 48%; P = .003) for the combination arm
O'Shaughnessy et al ³⁵	296	Randomized, phase III	HER2 positive					13.2	The primary and secondary end points were PFS and CB rate at 24 weeks. The combination of L and Tz demonstrated synergy and improved the median PFS: 12 v 8.4 weeks (HR, 0.73; 95% Cl, 0.6 to 1; P = .008); CB rate, 25% v 13% (HR, 2.1; 95% Cl, 1.' to 4.2; $P = .01$) compared with L as a single agent, respectively. There were no significant differences in ORR or OS.
Arm A			A, T, Cap, and Tz refractory	1,500	_				
Arm B			,	1,000	Tz: 2 mg/kg weekly after 4 mg/kg loading dose			25.2	

Abbreviations: PR, partial response; CR, complete response; CB, clinical benefit; HER2, human epidermal growth factor receptor 2; Tz, trastuzumab; KPS, Karnofsky performance status; TTP, time to tumor progression; PFS, progression-free survival; AE, adverse event; A, anthracyclines; T, taxanes; Cap, capecitabine; L, lapatinib; HR, hazard ratio; UT, untested; EFS, event-free survival; OS, overall survival; ORR, overall response rate; P, paclitaxel; PI, placebo; Let, letrozole; NA, not available; ER, estrogen receptor.

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AgentClassMechanism of ActionStudy CommentsCetuximab (Erbitux)mAbBinds to the extracellular domain of EGRPA phase I, dose-escalation study of cetuximab and P in patients with MBC showed that two of as patients in the second cohort (cetuximab 100 mg/m²) developed D.1 effects, in the frame of cohort (cetuximab and P in patients with TRA BC refractory to one to horse indexing and the investory results were reported from a modernized trail in which patients with TRA BC refractory to one to horse indexing and the endothy assigned to CP plus cetuximab abone. ³⁰ Cetuximab alone. ³⁰ Cetuximab alone was well tolerated and had an RP AR R and 27%. CB.CanertinibTKIIrreversible inhibitor of all EGRP familyPreclinical activity was documented in mouse xenografts model, including patients with thread that cetuximab abones well three extensions. Construct the second three weeks and 250 mg vitin a 7-day of the cetuximab abones. Cetuximab abones well to including patients with advanced solid analysis, the addition of cetuximab increased the overall RR associated with innotecaner, showed that cetuximab abones well analysis. The addition of cetuximab increased the overall RR associated with innotecaner, showed that cetuximab abones well activity. ³⁰ However, on subset analysis, the addition of cetuximab indexis, the model, including patients with thread cancer, showed MID Doese of 225 mg three times a well activity. ³⁰ However, on subset analysis, the addition of texture and pase it tables, the most common advance effects were aphase I study in decordant in patients with advanced solid turners ⁴⁴ result of a necommend of pase II three times as well activity. Three MESS and MID Doese of 225 mg wells and is one increased to analysis. The addition of texture and pase II study of accentral in patients with advance			Table 2. Dua	al EGFR and HER2 Inhibitors
Cetuximab (Erbitux) mAb Binds to the extracellular domain of EGER ³⁶ A phase I, dose-ascalation study of cetuximab and P in patients with MBC chowed public two of six patients in the second cohort (detuxima) to 0mg/m ² (developed DL1 effects, in the form of graded rash. Ten patients were evaluable for response; two experienced 5D, and eight experienced PD. ³⁷ Preliminary results were reported 17% of the two of six patients with MBC refractory to one to three lines of chemotherapy were radomly assigned to CP plus cetuximab alone. ³⁹ Cetuximab alone was veli- tolerated and had an RR of 6%. This arm was closed for insufficient activity, assigned to CP plus cetuximab alone. ³⁰ Cetuximab alone was veli- tolerated and had an RR of 6%. This arm was closed for insufficient activity, and the cetuximab plus-CP arm had 13% RR and 27% CB. Canertinib TKI Irreversible inhibitor of all EGFR family Preclinical activity was documented in mouse xenografts model, including breast cancer, ^{60,41} Canertinib TKI Irreversible inhibitor of all EGFR family Preclinical activity was documented in mouse xenografts model, including breast cancer, ^{60,41} Neratinib TKI Irreversible inhibitor of all EGFR family Preclinical activity was documented in mouse xenografts model, including breast cancer, ^{60,41} Neratinib TKI Irreversible inhibitor of all EGFR family Phase I study of cancerninb plus docetaxel in patients with hadvanced solid turnors ⁴⁰ resulted in a recommended phase II dose of cancernith, plus doverse effect were gastrointestrial toxicity and raf/. ⁴⁴⁴ Compared with read ad	Agent	Drug Class	Mechanism of Action	Study Comments
Preliminary results were reported from a randomized trial in which patients with TRN MBC refractory to one to three lines of chemotherapy were randomly assigned to CP plus ceturimab planes. ³⁰ Ceturimab alone ³⁰ Ceturimab alone ³⁰ Ceturimab alone ³⁰ Ceturimab alone ³⁰ Ceturimab alone. ³⁰ Ceturimab alone ³⁰ Ceturimab ³⁰ Cet	Cetuximab (Erbitux)	mAb	Binds to the extracellular domain of EGFR ³⁶	A phase I, dose-escalation study of cetuximab and P in patients with MBC showed that two of six patients in the second cohort (cetuximab 100 mg/m ²) developed DLT effects, in the form of grade 3 rash. Ten patients were evaluable for response; two experienced SD, and eight experienced PD. ³⁷
A preliminary report in patients with MBC treated with innotecan plus CP v the same regimen plus cetuximab increased toxicity. ³⁹ However, on subset analysis, the addition of cetuximab increased the overall RR associated with innotecan plus CP in TRN breaset cancer. Canertinib TKI Irreversible inhibitor of all EGFR family Preclinical activity was documented in mouse xenografts model, including breast cancer. Canertinib TKI Irreversible inhibitor of all EGFR family Preclinical activity was documented in mouse xenografts model, including breast cancer. A phase I study in heavily pretreated patients on canertinib, including patients with threast cancer. App and pase I study in heavily pretreated patients on canertinib, including patients with threast cancer. Neratinib TKI Irreversible inhibitor of east cancer. Preclinical activity was chosen of three times a week and 250 mg with a 7-day on. 7-day off schedule. ⁴² Neratinib TKI Irreversible inhibitor of east concertinib for accomarchibity three-fold. ⁴³ A phase I study of canertinib plus docetaxel in patients with advanced solid turnors ⁴⁰ resulted in a recommended phase II dose of canertinib 50 mg/d plus docetaxel 75 mg/m². Neratinib TKI Irreversible inhibitor of EGFR and HER2 ⁴⁷ Na phase I study, patients who were HER2 positive and who experienced progression on Tz tharapy. 45 patients were treated with neratinib 100 mg or 240 mg daily plus Tc. ⁴⁰ (Gromard 340, progress 40% Cl. 15 to 22 weeks (65% Cl. 15 to 22 weeks) (65% Cl. 15 to 22 weeks) (65% Cl. 15				Preliminary results were reported from a randomized trial in which patients with TRN MBC refractory to one to three lines of chemotherapy were randomly assigned to CP plus cetuximab v cetuximab alone. ³⁸ Cetuximab alone was well tolerated and had an RR of 6%. This arm was closed for insufficient activity, and the cetuximab-plus-CP arm had 18% RR and 27% CB.
CanertinibTKIIrreversible inhibitor of all EGFR familyPreclinical activity was documented in mouse xenografts model, including breast cancer. ^{40,41} A phase I study in heavily pretreated patients on canertinib, including patients with breast cancer, showed MTD does of 225 mg three times a week and 250 mg with a 7-day on, 7-day off Schedule- ⁴² In phase I and phase I studies, the most common adverse effects were gastrointestinal toxicity and rash. ^{43,44} Compared with oral delivery, intravenous delivery produced fixer gastrointestinal deverse events and increased bioavailability threefold. ⁴² NeratinibTKIIrreversible inhibitor of EGFR and HER2 ⁴⁷ In a phase I study of canertinib plus docetaxel in patients with advanced solid tumors ⁴⁶ resulted in a recommended phase II dose of canertinib 50 mg/d plus docetaxel 75 mg/m ² .NeratinibTKIIrreversible inhibitor of EGFR and HER2 ⁴⁷ In a phase I/II study in MBC patients who were HER2 positive and who experienced progression on Tz therapy, 45 patients were treated with neratinib 160 mg or 240 mg daily plus Tz. ⁴⁶ Among 33 evaluable patients, the objective RR was 27% 605% C1, 13% to 46%), and median PFS was 19 weeks (65% C1, 15 to 32 weeks).Pertuzumab (Omnitarg: Genentech)mAbBind different HER2 epitope of the HER2 than Tz, blocking heterodimerization of HER2 with EGFR and <i>ErbB3⁴⁶</i> In HER2-positive breast cancer cell lines, T2 plus perturamab increased apoptosis and 66%, respectively, one approximately of months. ¹⁹ Perturamab plus Tz: no patients with patients (19%).Pertuzumab (Omnitarg: Genentech)MAbBind different HER2 epitope of the HER2 were 36% and 68%, respectively, one of approximately of months. ¹⁹ Pe				A preliminary report in patients with MBC treated with irinotecan plus CP v the same regimen plus cetuximab showed that cetuximab did not improve antitumor activity, PFS, or OS but increased toxicity. ³⁹ However, on subset analysis, the addition of cetuximab increased the overall RR associated with irinotecan plus CP in TRN breast cancer.
A phase I study in heavily pretreated patients on canertinib, including patients with breast cancer, showed MTD does of 225 mg three times a week and 250 mg with a 7-day on, 7-day off schedule. ⁴² In phase I and phase II studies, the most common adverse effects were gastrointestinal toxicity and rash. ^{43,44} Compared with oral delivery, intravenous delivery produced fewer gastrointestinal adverse events and increased bioavailability three-fold. ⁴⁶ NeratinibTKIIrreversible inhibitor of EGFR and HER2 ⁴⁷ In a phase I/II study in MBC patients who were HER2 positive and who experienced progression on Tz therapy, 45 patients were treated with neratinib 160 mg or 240 mg daily plus Tz. ⁴⁸ Among 33 evaluable patients, the objective RR was 27% (95% CI, 13% to 46%), and median PFS was 19 weeks (95% CI, 15 to 32 weeks).Pertuzumab (Omnitarg; Genentech)mAbBind different HER2 epitope of the HER2 her20% and 68%, respectively. One fourth of the patients required dose reductions; grade 3 darhea was seen in five patients (19%).Pertuzumab (Omnitarg; Genentech)mAb Bind different HER2 epitope of the H	Canertinib	ТКІ	Irreversible inhibitor of all EGFR family	Preclinical activity was documented in mouse xenografts model, including breast cancer. ^{40,41}
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stable disease; PD, progressive disease; TRN, triple-receptor negative; CP, carboplatin; RR, response rate; CB, clinical benefit; PFS, progression-free survival; OS, overall survival; TKI, tyrosine kinase inhibitor; HER2, human epidermal growth factor receptor 2; Tz, trastuzumab; CR, complete response; PR, partial response; LVEF, left ventricular ejection fraction; CLEOPATRA, Clinical Evaluation of Pertuzumab and Trastuzumab.

LAPATINIB

Lapatinib is a selective, reversible, dual EGFR-HER2 inhibitor. Lapatinib has a slower rate of dissociation from EGFR than erlotinib and gefitinib, which results in prolonged target-site downregulation.⁵³

Lapatinib plus capecitabine was approved by the US Food and Drug Administration on March 13, 2007, for the treatment of patients with advanced or HER2-overexpressing MBC previously treated with an anthracycline, a taxane, and trastuzumab.⁵ In a phase I study of lapatinib in heavily pretreated patients with EGFR- and HER2positive MBC, no DLT was found⁵⁴; the most common adverse effects were diarrhea and rash, and there were no grade 4 toxic effects. Four of 59 evaluable patients with trastuzumab-resistant disease, including two with inflammatory breast cancer, had a PR, and all of these patients had high expression of activated phosphorylated HER2. Phase II trials of single-agent lapatinib have shown modest CB rates in patients with HER2-positive breast cancer (Table 1).

LAPATINIB PLUS CAPECITABINE

The pivotal trial that led to regulatory approval of lapatinib showed that lapatinib plus capecitabine increased PFS compared with capecitabine alone in patients with locally advanced or metastatic HER2positive breast cancer not controlled by previous treatment with

anthracyclines, taxanes, and trastuzumab.5 The study was closed prematurely, because the first interim analysis showed that the addition of lapatinib was associated with a 51% reduction in the risk of disease progression. The median times to progression for patients treated with lapatinib plus capecitabine and for patients treated with capecitabine plus placebo were 8.4 months and 4.4 months, respectively (hazard ratio, 0.49; 95% CI, 0.34 to 0.71; P < .001; Appendix Fig A1, online only). Eleven patients in the capecitabine group had progressive CNS metastasis compared with four in the combination-therapy group (P = .10). One third of women with HER2-positive MBC who receive trastuzumab develop CNS metastasis.55 Small molecules, such as lapatinib, can cross the blood-brain barrier. In a recent phase II study of patients with HER2-positive breast cancer and brain metastasis, rates of objective response, defined as \geq 50% reduction in the volume of the brain lesion(s), were 6% for patients treated with lapatinib and 20% for patients treated with lapatinib and capecitabine; furthermore, 21% of the patients treated with lapatinib alone and 40% of the patients treated with combination therapy experienced at least a 20% volumetric reduction in their CNS lesion(s).⁵⁶

Concerns have been voiced about the potential cardiotoxicity of lapatinib, but a recent pooled analysis of 3,689 lapatinib-treated patients revealed low rates of cardiac toxic effects. These effects were mostly asymptomatic decreases in left cardiac ejection fraction.⁵⁷

Preclinical studies showed a synergistic interaction between lapatinib and trastuzumab in HER2-overexpressing breast cancer cell lines and tumor xenografts.⁵⁸ Preliminary results of a randomized, phase III trial of lapatinib with or without trastuzumab in patients with heavily pretreated HER2-positive MBC demonstrated synergy and improved median PFS with combination therapy.³⁵ Ongoing are a large trial of lapatinib plus trastuzumab as adjuvant therapy (the Adjuvant Lapatinib and/or Trastuzumab Treatment Optimization [ALTTO] trial) and a small trial of lapatinib plus trastuzumab as primary systemic therapy (the Neo-ALTTO trial) in patients with HER2-positive, earlystage breast cancer.

LAPATINIB PLUS HORMONAL AGENTS

Evidence is accumulating that signaling interplay between the estrogen receptor, HER2, EGFR, and insulin-like growth factor (IGF) 1 receptor plays a role in the acquired resistance to hormonal therapies.^{59,60} In a preclinical model, lapatinib restored tamoxifen sensitivity in hormone-receptor–positive, tamoxifen-resistant breast cancer.⁶¹ Several studies investigating lapatinib plus hormonal agents are planned.

In the EGF30008 trial, a phase III study of letrozole with or without lapatinib in postmenopausal patients with hormone-receptor–positive, HER2-positive MBC, the combination therapy resulted in a 29% reduction in the risk of disease progression (P = .019), and the median PFS improved from 3.0 to 8.2 months.³³ Ongoing is a large, European, phase II study of letrozole with or without lapatinib as neoadjuvant therapy in patients with hormone-sensitive, HER2-negative, operable breast cancer (the LET-LOB study).⁶² Lapatinib is also active in patients with newly diagnosed inflammatory breast cancer, both alone and with paclitaxel.⁶³

PERTUZUMAB

The discovery of the crucial role of ERBB3 in mediating signaling with different dimers and blocking ERBB2-dependent signaling through the phosphatidylinositol-3-kinase (PI3K) –Akt pathways provides an excellent opportunity for the development of TKIs with specific activity against ERBB3.⁶⁴ Because ERBB3 lacks intrinsic kinase activity, though, the generation of specific HER3-directed TKIs is challenging. Pertuzumab is an ERBB2 antibody that inhibits ERBB3 signaling by blocking ligand-induced HER2-to-HER3 heterodimerization. Preclinical observation in several breast cancer cell lines suggested that interfering with the ERBB3 component may be more relevant than inhibition of EGFR in HER2-amplified breast cancer cell lines.⁶⁵ In patients with ovarian cancer, high levels of ERBB3 correlated with shorter overall survival than *ERBB2* overexpression.⁶⁶

NERATINIB

Recent preliminary data showed impressive antitumor activity in patients with trastuzumab-pretreated, *HER2*-amplified breast cancer after treatment with neratinib, a highly selective irreversible inhibitor of EGFR and ERBB2. Mature data are awaited, and more studies are underway.

NEW-GENERATION ANTI-HER2 TYROSINE KINASES

A new generation of anti–HER2 TKs is being developed. Among these new agents are EKB-569 and BIBW 2992, which are currently being studied in clinical trials.^{67,68} The bispecific (ertumaxomab)⁶⁹ and trispecific antibodies that target ERBB2 are also under investigation.

The therapeutic armamentarium against the EGFR family, especially HER2-positive disease, has grown in the past decade. Results from the clinical trials highlight the potential of combination anti-HER2 therapies that might be superior to single-agent strategies. For instance, combination of both anti-HER2 therapies–lapatinib and trastuzumab–in patients in whom trastuzumab failed is superior to lapatinib alone.³⁵ Coexpression of both estrogen receptor and HER2 are reported in approximately 50% of patients with breast cancer; preclinical data suggest that *HER2* overexpression confers intrinsic resistance to hormonal therapy. However, new clinical evidence reveals that the combination of anti-HER2 and hormonal therapy could be considered the treatment of choice at this time.^{33,70}

VEGF INHIBITORS

Angiogenesis plays an essential role in breast cancer development, invasion, and metastasis.⁷¹ Agents that block the VEGF pathway have been shown to effectively inhibit tumor angiogenesis and growth in preclinical tumor models (Fig 2; Appendix Fig A2, online only). Studies in early-stage breast cancer show that elevated VEGF expression is associated with decreased relapse-free survival and overall survival in patients with both lymph-node–positive and lymph-node–negative disease.^{73,74} Several drugs that target VEGF ligands or receptors have now emerged into the clinic (Appendix Table A2, onlineonly).



Fig 2. Vascular endothelial growth factor (VEGF) family. The VEGF family comprises seven secreted glycoproteins: VEGF-A, VEGF-B, VEGF-C, VEGF-D, VEGF-E, and placenta growth factors (PIGFs) – 1 and –2. Free VEGF members exert effects by binding a variety of cell-surface receptors, including VEGF receptor 1 (a 180-kDa transmembrane protein also called fms-like tyrosine kinase-1 or FIt-1), and VEGF receptor 2 (a 200-kDa transmembrane protein also called kinase insert domain-containing receptor, or KDR). A third structurally related tyrosine kinase receptor is the 180-kDa VEGFR-3, which is expressed broadly on endothelial cells during early embryogenesis but which becomes restrictive to endothelial cells of adult lymphatic tissues and is necessary for adult lymphangiogenesis. Two additional VEGF receptors, neuropilin 1 (NRP-1) and neuropilin 2 (NRP-2), have also been recently implicated in VEGF-mediated vascularization and lymphangiogenesis.⁷²

Bevacizumab

On February 22, 2008, the US Food and Drug Administration approved bevacizumab (Avastin; Genentech) plus paclitaxel as firstline therapy in patients with MBC. An early phase I/II, dose-escalation trial of single-agent bevacizumab in 75 patients with MBC showed a response rate of 6.7%.⁷⁵ Hypertension was the most common adverse effect, and it occurred in 22% of patients. Headache associated with vomiting was seen in four patients at a dose of 20 mg/kg and was considered the DLT.

The trial that resulted in US Food and Drug Administration approval of bevacizumab for breast cancer was the Eastern Cooperative Oncology Group trial ECOG 2100, in which 680 patients with previously untreated locally recurrent breast cancer or MBC received paclitaxel 90 mg/m² on days 1, 8, and 15 with or without bevacizumab 10 mg/kg on days 1 and 15 in 4-week cycles until progression occurred.⁶ Most patients (96%) had HER2-negative disease. The primary end point, median PFS, was significantly better with combination therapy (11.8 v 5.9 months; hazard ratio, 0.60; 95% CI, 0.43 to 0.62; $P \le .001$). The PFS benefit observed with bevacizumab was independent of patient age, number of metastatic sites, previous adjuvant taxane use, disease-free interval after adjuvant therapy, and hormone receptor status. The overall response rate was also better with combination therapy, at 36.9% with combination therapy versus 21.2% without (P < .001). Bevacizumab was not associated with an increased risk of death; however, an audit of the trial by a group of experts revealed several occurrences of small bowel perforation that had not been attributed to bevacizumab.

The US Food and Drug Administration decision to grant accelerated approval of bevacizumab plus paclitaxel on the basis of the observed PFS benefit generated much debate. Overall survival is universally accepted as the most reliable cancer end point, but PFS is not recognized by many investigators as an important surrogate end point in patients with MBC. However, demonstrating in a clinical trial that a drug improves overall survival requires larger numbers of patients and a prolonged period of time. Since the US Food and Drug Administration approval of bevacizumab for MBC, several other anticancer drugs have been approved by using PFS as a primary end point.

Several phase III studies of bevacizumab combined with different chemotherapy agents have been reported (Table 3). Mature data from four studies^{6,77,80,81} demonstrated an improvement in PFS when bevacizumab was added to chemotherapy. Bevacizumab as neoadjuvant therapy is under investigation in a large study by the National Surgical Adjuvant Breast and Bowel Project (NSABP-B40), and bevacizumab as maintenance therapy in patients with TRN breast cancer is being investigated in the Bevacizumab Adjuvant Therapy in Triple-Negative Breast Cancer (BEATRICE) trial. There are two large, ongoing, randomized, phase III trials of bevacizumab as adjuvant therapy: ECOG 5103, which compares chemotherapy versus chemotherapy plus bevacizumab, and the Bevacizumab and Trastuzumab Adjuvant Therapy in HER2-Positive Breast Cancer (BETH) trial, which compares chemotherapy with docetaxel, carboplatin, and trastuzumab with or without bevacizumab for HER2-amplified breast cancer.

Aflibercept

Aflibercept is a soluble decoy receptor protein that consists of a fusion of the second immunoglobulin domain of the VEGF receptor-1 (VEGFR-1) and the third immunoglobulin domain of the human VEGFR-2 with the constant region of human immunoglobulin $G_{1.}^{78}$ Aflibercept recognizes the entire VEGF family that binds to VEGFR-1 and VEGFR-2, including placental growth factor, and possesses higher affinity for VEGF than bevacizumab in vitro. Aflibercept potently inhibited tumor growth, metastasis formation, and ascites formation in several murine tumor models.⁷⁹

A phase II trial of aflibercept 4 mg/kg every 21 days in patients with MBC who had received fewer than two regimens for MBC was stopped early, after the first stage was completed with 21 patients, as there were no objective responses, and because the median PFS was 2.4 months.⁸²

MONOCLONAL ANTIBODIES TARGETING PORTIONS OF VEGFR

Several monoclonal antibodies, including HuMV833, IMC-1121B, and IMC-18F1, have been designed to target selected portions of VEGFR.⁸³⁻⁸⁵ These agents are under investigation in clinical trials.

MULTIKINASE INHIBITORS THAT INHIBIT VEGFRS

Sunitinib

Sunitinib malate (Sutent; Pfizer, New York, NY) is an oral TKI that targets several receptor TKs, including VEGFR-1, VEGFR-2, and VEGFR-3; platelet-derived growth factor receptor- α (PDGFR- α) and PDGFR- β ; c-Kit; and colony-stimulating factor-1 receptor.⁸⁶ In a phase I study in which patients with solid tumors received sunitinib 15 to 59 mg/m², six of 28 patients had a PR.⁸⁷ The most common adverse effects were fatigue, hypertension, and skin manifestations. In a phase II trial in 64 patients with MBC previously treated with anthracyclines and taxanes who received sunitinib at a starting dose of 50 mg once daily for 4 weeks of a 6-week cycle, seven patients (11%) had a PR,

Targeted Therapies in Breast Cancer

	Table 3. Phase III Trials of Bevacizumab in Breast Cancer									
Trial	No. of Patients	Patient Population	Bevacizumab Dose	Combination Therapy	End Point	Benefit in Anti-VEGF Therapy	Study Primary Results			
AVF2119 ⁷⁶	462	PT MBC	15 mg/kg every 3 weeks	Cap 2,500 mg/m ² /d from day 1 to day 14	PFS	No	Bev and Cap significantly increased the ORR compared with Cap as a single agent (9.1% v 19.8%; P = .001), but not PFS (4.2 v 4.0 months; HR, 0.98). No significant differences were found in the incidence of diarrhea, hand-foot syndrome, and serious bleeding episodes between treatment groups.			
ECOG 2100 ⁶	722	FL MBC	10 mg/kg every 2 weeks	P 90 mg/m ² on days 1, 8, and 15	PFS	Yes	Bev and P significantly prolonged PFS compared with P alone (median, 11.8 v 5.9 months; HR for progression, 0.60; $P = <.001$) and increased ORR (36.9% v 21.2%). No differences in OS between the two groups (median 26.7 v 25.5 months; HR, 0.88; $P = .16$). AE: grade 3 or 4 hypertension (14.8% v 0%; $P < .001$), proteinuria (3.6% v 0%; $P < .001$), headache (2.2% v 0%; $P = .008$), and cerebrovascular ischemia (1.9% v 0%; $P = .02$) were more common in patients receiving the combination treatment.			
AVADO ⁸⁰	736	FL MBC	7.5 mg/kg every 3 weeks or 15 mg/kg every 3 weeks	D 100 mg/m ² every 3 weeks	PFS	Yes	In unstratified analysis, patients receiving Bev had significantly longer PFS compared with the D monotherapy group (Bev at 7.5 mg/kg: median PFS, 8.7 v 8.0 months; HR, 0.79; P = .0318; Bev at 15 mg/kg: median PFS, 8.8 v 8.0 months; HR, 0.72; P = .0099). ORR improved with the addition of Bev. Bev 7.5 mg/kg, 55% v 44% ($P = .0295$); Bev 15 mg/kg 63% v 44% ($P < .001$) The study was not powered to find differences in OS.			
RIBBON1 ⁸¹	1,237*	FL MBC	15 mg/kg every 3 weeks	Cap, taxanes (Nab- Pac and D), anthracycline	PFS	Yes	The median follow up was 15.6 months in the Cap cohort and 19.2 months in the taxanes and anthracycline cohort. The addition of Bev to Cap, taxanes, or anthracycline-based chemotherapy resulted in statistically significant improvement in PFS.			
MO19391 ⁷⁷	2,027*	HER2 negative MBC or HER2 positive if previous Tz	10 mg/kg every 2 weeks or 15 mg/kg every 3 weeks	Taxane-based chem- otherapy	Safety	Yes	Median follow up was 7.4 months; approximately 75% of patients received taxanes, and 25% were treated with non-taxane regimens (Cap and VNR). Safety and efficacy of Bev plus D or P was similar to results of ECOG2100 and AVADO.			

Abbreviations: VEGF, vascular endothelial growth factor; P1, pretreated; MBC, metastatic breast cancer; Cap, capecitable; PFS, progression-free survival; Bev, bevacizumab; ORR, overall response rate; HR, hazard ratio; ECOG2100, Eastern Cooperative Oncology Group trial 2100; FL, first line; P, paclitaxel; OS, overall survival; AE, adverse event; AVADO, Avastin and Docetaxel; D, docetaxel; RIBBON1, Regimens in Bevacizumab for Breast Cancer; Nab-Pac, Nab-paclitaxel; HER2, human epidermal growth factor receptor 2; Tz, trastuzumab; VNR, vinorelbine.

*Currently enrolling patients.

and three patients had stable disease for more than 6 months, for an overall CB rate of 16%.⁸⁸ Objective responses occurred in three of 20 patients with TRN tumors and in three of 12 patients with HER2-positive tumors. Grade 3 fatigue and hand-foot syndrome occurred in 14% and 9% of patients, respectively; one third of patients experienced grade 3 neutropenia. In a phase II, randomized study, 46 patients with HER2-negative MBC were randomly assigned to receive paclitaxel 90 mg/m² weekly and bevacizumab 10 mg/kg every 2 weeks with or without sunitinib 25 mg daily for 21 days as

first-line chemotherapy.⁸⁹ Sunitinib was associated with high rates of dose modification and treatment discontinuation because of toxic effects—including neutropenia, febrile neutropenia, and fatigue—that led to closure of the study.

Sunitinib also was studied in combination with metronomic dosing of cyclophosphamide and methotrexate in patients with MBC.⁹⁰ Fifteen patients were treated in three sunitinib dose cohorts: 12.5 mg/d, 25 mg/d, and 37.5 mg/d. Three patients developed grade 3 neutropenia, and five developed mucositis. One patient had a PR at

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week 14, and one patient had stable disease for 47 weeks. Enrollment continues.

Sorafenib

Studies of sorafenib (Nexavar; Bayer/Onyx Pharmaceuticals, West Haven, CT) have mainly focused on optimizing dosing to maximize activity against Ras.⁹¹ In preclinical studies, daily sorafenib significantly inhibited tumor growth and microvessel density in an MDA-MB-231 breast cancer xenograft model.⁹² A phase I study showed a favorable toxicity profile of sorafenib 400 mg twice daily in patients with advanced solid tumors.⁹³

In a two-stage, phase II study of sorafenib 300 mg twice daily in patients with MBC refractory to anthracyclines and taxanes, the median number of cycles was 2, and dose reductions were necessary because of dermatitis/skin rash (n = 3), hand-foot syndrome (n = 2), and hypertension (n = 1).⁹⁴ One of 20 patients eligible for efficacy evaluation had a PR that lasted 3.6 months. The study was closed after the first stage because of lack of sufficient response.

Vandetanib

Vandetanib (Zactima; AstraZeneca) is a potent inhibitor of kinase insert domain-containing receptor (VEGFR-2), VEGFR-3, and EGFR/HER1.⁹⁵ A phase I dose-finding study established a dose of 300 mg daily.⁹⁶ A phase II study in 46 patients with MBC refractory to anthracyclines and taxanes showed no objective responses.⁹⁷ The authors hypothesized that the lack of activity could be related to inadequate blood concentration of vandetanib. Most patients achieved a plasma concentration greater than the 50% inhibitory concentration; however, adverse effects commonly seen with VEGF inhibitors (eg, hypertension, headache, thrombosis) and EGF inhibitors (eg, severe rash) were not seen.

Vatalanib

Vatalanib is an oral inhibitor of VEGFR-1, VEGFR-2, and VEGFR-3 and of other related kinases.⁹⁸ A phase I study in patients with advanced solid tumors established that the maximum-tolerated dose was 750 mg twice daily, whereas the biologically active dose was greater than 1,000 mg twice daily.⁹⁹ The Hoosier Oncology Group recently finished accruing patients for a phase I/II study of vatalanib plus trastuzumab in patients with newly diagnosed, HER2-overexpressing MBC.¹⁰⁰

Axitinib

Axitinib is a potent small-molecule TKI of all known VEGFRs, PDGFR- β , and c-Kit.¹⁰¹ The initial phase I study in patients with solid tumors showed a 10% PR rate.¹⁰² Fewer than 10% of the patients experienced grade 3 or 4 toxic effects; hypertension was the most common adverse effect and was reported in 22 patients (61%), 11 of whom had grade 3 or 4 hypertension. The incidence and severity of hypertension were dose related. Other DLTs observed were stomatitis (6%) and hemoptysis (3%).

In 2007, preliminary findings were reported from a phase II multicenter, randomized, double-blind, placebo-controlled trial of docetaxel (80 mg/m² every 3 weeks) alone or with axitinib (5 mg twice daily) in 168 patients with chemotherapy-naive MBC.¹⁰³ The overall response rate was 40% with docetaxel plus axitinib and was 23% with docetaxel plus placebo (P = .038); the median time to treatment failure was 9 months with docetaxel plus axitinib and was 6.3 months

for docetaxel plus placebo (P = .012). Grades 3 and 4 adverse effects were more common with axitinib: febrile neutropenia (16% v 7%), fatigue (13% v 5%), stomatitis (13% v 2%), diarrhea (11% v 0%), and hypertension (5% v 2%).

RAS/MEK/ERK PATHWAY INHIBITORS

The Ras superfamily of GTPases act as crucial regulatory switches coordinating a variety of biologic functions. These proteins are classified in five families: Ras, Rho, Rab, Sar1/Arf, and Ran.¹⁰⁴ Although fewer than 5% of breast cancers have *ras* mutations, hyperactivation of the Ras protein in breast cancer has been described.¹⁰⁵ Overexpression of Rho was associated with locoregional and distant metastasis of breast cancer¹⁰⁶ and also inflammatory breast cancer.¹⁰⁷

Tipifarnib (Zarnestra; Johnson & Johnson, New Brunswick, NJ), a farneseyltransferase inhibitor, inhibited the growth of MCF-7 breast cancer cell xenografts in a dose-dependent manner.¹⁰⁸ In a phase I trial, single-agent tipifarnib was administered at doses up to 1,300 mg twice daily for 5 days every 2 weeks without significant toxicity.¹⁰⁹ The authors recommended that the tipifarnib dose for phase II trials be 500 mg twice daily for 5 consecutive days followed by 9 days of rest.

In a phase II study of tipifarnib in patients with hormonesensitive MBC who experienced progression during second-line hormonal therapy, 10% of patients had a PR, and 25% had CB.¹¹⁰ The main adverse effects were neutropenia, thrombocytopenia, and neurotoxic effects. In another study, tipifarnib was combined with dose-dense doxorubicin and cyclophosphamide as neoadjuvant therapy for patients with locally advanced breast cancer; after four cycles, patients underwent surgery.¹¹¹ Five of 32 patients had at least 50% farnesyltransferase inhibition in the primary tumor, as revealed by serial biopsies during treatment, and seven of 21 patients had a pathologic complete response. These data are interesting, because pathologic complete response occurred in patients with estrogenreceptor–positive tumors.

In a randomized, phase II study in 120 patients with MBC who experienced antiestrogen therapy failure, addition of tipifarnib to letrozole did not improve the objective response rate.¹¹² However, in another phase II study in patients with no prior therapy for MBC, tipifarnib combined with fulvestrant resulted in a CB rate of 51.6%.¹¹³

PI3K/AKT/ MAMMALIAN TARGET OF RAPAMYCIN PATHWAY INHIBITORS

The PI3K signaling pathway is crucial to many aspects of key cellular functions, including growth, proliferation, survival, angiogenesis, and motility.¹¹⁴ Recent studies indicate that, in patients with cancer, amplification, mutation, and translocation that result in activation are more common in the PI3K/AKT/ mammalian target of rapamycin (mTOR) pathway than in any other pathway.¹¹⁵ Activating mutation of PI3K has been described in approximately 40% of primary breast tumors, which suggests the importance of PI3K in breast cancer tumorigenesis.¹¹⁶ Three mTOR antagonists are being studied for breast cancer treatment¹¹⁷: everolimus, a mammalian target of rapamycin inhibitor with better oral availability than sirolimus; temsirolimus, a water-soluble ester of sirolimus; and deforolimus (AP23573), a non-rapamycin analog prodrug that has been tested in phase I and II

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clinical trials and that shows promising results in several tumor types, including sarcoma. All three agents have shown activity against breast cancer in preclinical studies.^{118,119} Phase I studies of everolimus¹²⁰ and temsirolimus¹²¹ showed good adverse effect profiles.

Everolimus

Everolimus (Cetican; Novartis Pharma AG, Basel, Switzerland) was developed in an attempt to improve the pharmacokinetic characteristics of sirolimus, particularly to increase oral bioavailability. In a phase II, randomized study of neoadjuvant everolimus plus letrozole compared with placebo plus letrozole in patients with operable estrogen-receptor–positive breast cancer,¹²² everolimus plus letrozole was associated with a significantly higher clinical response rate (68% v 59%; P = .0616).

Temsirolimus

Temsirolimus (Torisel; Wyeth, Philadelphia, PA) is a watersoluble ester of sirolimus with antitumor activity in preclinical breast cancer models.¹¹⁹ In a phase I study in patients with advanced malignancies treated with weekly intravenous temsirolimus (7.5 to 220 mg/m²), the DLT was thrombocytopenia.¹²¹

In a phase II study in previously treated patients with locally advanced breast cancer or MBC treated with weekly intravenous temsirolimus (75 mg or 250 mg), 13.8% of patients had CB. The most common adverse effects were mucositis, maculopapular rash, and nausea.¹²³ Preliminary results of a large, phase II study of temsirolimus plus letrozole or letrozole alone showed similar rates of CB for the two approaches (82% and 83% for continuous and intermittent temsirolimus, respectively, and 79% for letrozole alone)¹²⁴ but suggested that PFS might be longer for combination therapy.¹²⁵

In a phase III study, more than 1,200 postmenopausal patients with estrogen-receptor–positive MBC suitable for first-line therapy were randomly assigned to letrozole with or without temsirolimus.¹²⁶ The trial was terminated early after interim analysis demonstrated a lack of additional benefit with the combination therapy. Studies of temsirolimus in combination with other drugs are ongoing.

INSULIN-LIKE GROWTH FACTOR INHIBITORS

The IGF system involves a complex regulatory network composed of two receptors, two ligands, and IGF-binding proteins. Several monoclonal antibodies (CP-751,856, AMG 479, and IMC-A12)¹²⁷⁻¹²⁹ are in early clinical development in the treatment of breast cancer.

POLY (ADP-RIBOSE) POLYMERASE 1 INHIBITORS

Poly (ADP-ribose) polymerase 1 (PARP-1) is a critical enzyme in cell proliferation and DNA repair. Multiple PARP-1 inhibitors have been tested preclinically as potentiators of chemotherapy and radiotherapy.¹³⁰ A preliminary analysis of a randomized, phase II study of gemcitabine plus carboplatin with or without the PARP-1 inhibitor BSI-201 in patients with TRN MBC showed a higher objective response rate and longer PFS and overall survival with BSI-201¹³¹ (Fig 3; Appendix Fig A3, online only).

Olaparib (AZD2281) is a novel PARP inhibitor with significant activity in patients with breast, ovarian, and prostate cancer with



Fig 3. The mammalian target of rapamycin (mTOR) signaling network. mTOR is a highly conserved pathway that regulates cell proliferation and metabolism in response to environmental factors. The growth factor receptor is linked with mTOR signaling via the phosphatidylinositol-3-kinase (PI3K)/Akt family. *PTEN* plays an important role in this pathway; loss of *PTEN* function through mutation, deletion, or epigenetic silencing results in increased activation of Akt and mTOR. The mTOR proteins regulate activities of the translational regulators 4E-BP1 and p70S6 kinase (S6K). mTOR antagonists have been developed to inhibit mTORC1 (raptor).

BRCA1 or *BRCA2* mutation.¹³² A phase I study showed that 12 of 19 patients had CB, and nine patients had PR by Response Evaluation Criteria in Solid Tumors (RECIST). A preliminary report of a singlearm, phase II study in patients with *BRCA*-deficient breast cancer treated with olaparib was recently published.¹³³ Nine of 24 patients who received 400 mg daily of olaparib had PR by RECIST; 19% of patients experienced grade 3 or 4 toxic effects, including fatigue (11%), nausea (2%), and vomiting (5.5%). Several phase II studies of other PARP inhibitors (ie, ABT-888, AGO14699, and MK4827) are underway.

FUTURE DIRECTIONS

The past decade has also been one of dramatic changes in breast cancer treatment, including increasing use of targeted therapy. However, despite great enthusiasm for targeted therapy, these agents have exhibited only anecdotal or modest activity when used as single agents in unselected patients. In addition, selection of patients for targeted therapy remains a challenge, because we lack reliable biomarkers to predict activity for most of the targeted agents.

The development of new drugs in oncology faces multiple challenges in this new molecular era. The final major contribution to the transformation of breast cancer treatment has been not a technical or pharmacologic revolution but rather a transformation in the way we think about the disease and its treatment. Continued application of old paradigms of drug evaluation (on the basis of response rates and toxicity) to new targeted therapies may be inappropriate, because neither tumor response nor toxicity is a useful surrogate for dose selection or efficacy. We need a better understanding of the molecular

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biology of signaling pathways, and we need to discover new biomarkers that we can use to select the optimal dose of targeted agents for phase II clinical studies.

AUTHORS' DISCLOSURES OF POTENTIAL CONFLICTS OF INTEREST

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