Multimedia Appendix 2
Parent Quantitative Survey
Start of Block: Screeners
Intro) Thanks for choosing to share your experiences as a parent about important developmental and behavioral topics. Your answers will help us develop a website that shares information and strategies around these issues.
Providing feedback here will not automatically give you access to the materials once they are developed. At the end of the survey, please let us know if you would like to be considered for a user test group once the materials are developed.
Your responses will be kept entirely confidential. Please click the orange arrow below to begin the survey.

Page Break —

Q1) Are you a parent or guardian of a child 18 years of age or younger?
○ Yes (1)
O No (2)
Skip To: End of Survey If Q1 = No
Page Break ————————————————————————————————————

Q2) How many children 18 years of age or younger do you have?
O 1 (1)
O 2 (2)
O 3 (3)
O 4 (4)
O More than 4 (5)
Page Break ————————————————————————————————————

Q3) Please in	lacate the age(s) of your children.
	0-5 (1)
	6-12 (2)
	13-18 (3)
Page Break	

you may have about children and parenting.
O Not at all interested (1)
O Somewhat interested (2)
O Very interested (3)
Skip To: End of Survey If Q4 = Not at all interested
Page Break ————————————————————————————————————

Q5) Which of the following parenting topics would you be most interested in receiving information about? Select <u>up to three</u> .									
	Anxiety in Children (1)								
	Nutrition/Eating (2)								
	Child Safety (3)								
	Behavioral Challenges (4)								
	Speech/Language Skills (5)								
	Mood or Depression in Children (6)								
	Academic Skills and/or Intelligence (7)								
	The Internet and Social Media (8)								
	Parenting Stress (9)								
	Family Communication (10)								
	Social Skills (11)								
	Drugs and Substance Abuse (12)								
	Sex and Sexual Development (13)								
	Motor Skills (14)								
	Independence and Activities of Daily Living (15)								

	Sleep/Bedtime Routine (16)
	Toileting (17)
Page Break	
Start of Bloo	k: Anxiety in Children
· - ·	You indicated that "Anxiety in Children" is a topic you would be interested in. following statements is true?
Which of the	
Which of the	following statements is true?

Anxiety_	_Q2) Please	indicate	your in	nterest in	learning	about	each	of the	following	topics
pertainii	ng to anxiety	in childr	en.							

\circ	0
\circ	\circ
\circ	0
\circ	\circ

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Anxiety_Q3) Please select the response category that best represents your personal experience(s) - if any - with each of the following strategies for helping your child(ren) cope with their anxiety.

	Tried and was helpful (1)	Tried but was not helpful (2)	Did not try (3)	N/A (4)
Relaxation strategies (e.g., deep breathing, muscle relaxation, etc.) (1)	0	0	0	0
Expose child to things they fear (2)	0	\circ	\circ	\circ
Encourage child to try new things (3)	0	\circ	\circ	\circ
Comfort child when they're afraid (4)	0	\circ	\circ	\circ
Take child to the doctor for medication (5)	0	\circ	0	0
Encourage child to stay at home when you're away (6)	0	\circ	\circ	\circ
Give child reassurance that everything is okay (7)	0	0	0	0
Take child for therapy/counseling (8)	0	0	0	0
Limit opportunities for separation (9)	0	\circ	\circ	\circ
Tell child about how emotions are connected to their bodies (10)	0	0	0	0
Encourage child to think differently (11)	0	\circ	\circ	0
Encourage child to stop repetitive habits or rituals (12)	0	0	\circ	0

End of Block: Anxiety in Children										
Start of Block: Nutrition/Eating										
Nutrition_Q1) You indicated that of the following statements is true		vould be interested in. Which								
"Nutrition/Eating" has bee	n or is currently a challenging to	pic for me as a parent. (1)								
O "Nutrition/Eating" is not a	current challenge, but I would lik	e more information. (2)								
Page Break										
Nutrition_Q2) Please indicate your interest in learning about each of the following topics pertaining to nutrition/eating.										
	Yes (1)	No (2)								
Picky/selective eating (1)	\circ	\circ								
Eating too much unhealthy food (2)	\circ	\circ								
Unhealthy weight management (e.g., food restriction, throwing up after eating, excessive exercise, etc.) (3)		\circ								
Maintaining a healthy weight (4)		\circ								
Refusing to eat (e.g., throwing a tantrum) (5)		\circ								

Skip To: End of Block If Nutrition_Q2 = Eating too much unhealthy food

Nutrition_Q3 Please select the response that best represents your personal experience(s) - if any - with each of the following strategies for helping your child(ren) with their nutrition/eating.

	Tried and was helpful (1)	Tried but was not helpful (2)	Did not try (3)	N/A (4)
Punish child for not eating (1)	0	0	0	0
Allow child to eat what they want after taking at least one bite of healthy food (2)	0	0	0	0
Praise child for eating (3)	\circ	\circ	\circ	\circ
Give a child a reward for eating (e.g., extra TV time, staying up late, etc.) (4)	0	0	0	0
Let child choose food options (5)	0	\circ	\circ	\circ
Make separate meals for my child (6)	0	0	\circ	\circ
Do not keep unhealthy foods in the house (7)	0	0	\circ	0
Portion control of unhealthy foods (8)	0	0	\circ	\circ
Intensive interventions (e.g., bariatric surgery, low-calorie diet, residential camp, etc.) (9)	0	0	0	0
Strictly monitor food intake/output (10)	0	0	\circ	0

Ignore inappropriate mealtime behaviors (e.g., tantrums) (11)	0	0	0	0
Talk to health care provider about medical concerns (12)	0	0	0	0
Allow my child to eat whatever they want (13)	0	0	0	0
Give medication to my child for weight gain/loss (14)	0	0	0	0
Provide nutrition supplements (e.g., PediaSure) (15)	0	0	0	0
Keep a set meal/snack schedule (16)	0	0	0	0
Offer new foods frequently, even if my child hasn't liked them before (17)	0	0	0	0
Limit high calorie drinks (e.g., juice, soda, etc.) (18)	0	\circ	0	\circ

End of Block: Nutrition/Eating

Start of Block: Behavior Challenges

Behavior_Q1) You indicated that "Beh Which of the following statements is to "Behavioral Challenges" has b (1)	rue?	pic you would be interested in. nging topic for me as a parent.
"Behavioral Challenges" is not	a current challenge, but I	would like more information. (2)
Page Break		
Behavior_Q2) Please indicate your in pertaining to behavioral challenges.	terest in learning about eac	ch of the following topics
pertaining to benevieral enalieingee.	Yes (1)	No (2)
Not following instructions (1)	0	
Breaking house rules (2)	\circ	
Aggression toward others (e.g., hitting, kicking, throwing things, etc.) (3)	0	
Frequent tantrums, meltdowns, or angry outbursts (4)	0	
Not completing responsibilities (e.g., homework, chores, daily routine, etc.) (5)	0	
Skip To: End of Block If Behavior_Q2 = B	reaking house rules	
Page Break —		

Behavior_Q3) Please select the response category that best represents your personal experience(s) - if any - with each of the following strategies for helping your child(ren) with behavioral challenges.

	Tried and was helpful (1)	Tried and was not helpful (2)	Did not try (3)	N/A (4)
Repeat directions (1)	0	0	0	0
Give child time- out/send to their room (2)	0	0	0	0
Count to three or give a series of warnings (3)	0	0	\circ	\circ
Spanking or other form of physical punishment (4)	0	0	0	0
Offer child a reward or incentive if expectations are met (5)	0	0	0	0
Raise my voice (6)	0	\circ	\circ	0
Ignore child's misbehavior (7)	0	\circ	\circ	\circ
Ground child from privileges (e.g., no going out, no electronics, etc.) (8)	0	0	0	0
Threaten child with punishments if behavior does not improve (9)	0	0	0	\circ
Use a regular reward program with daily/weekly rewards (10)	0	0	0	0
Physically restrain my child (11)	0	\circ	\circ	\circ

Talk about why it is important to meet expectations (12)	0	0	0	0		
Help child to complete responsibilities (13)	0	0	0	0		
End of Block: Beh						
Speech_Q1) You in	eech/Language Skill dicated that "Speech ng statements is true	/Language Skills" is	s a topic you would	d be interested in.		
"Speech/Language/Skills" has been or is currently a challenging topic for me as a parent. (1)						
○ "Speech/Lar (2)	nguage Skills" is not a	a current challenge	, but I would like m	ore information.		
Page Break ——						

Speech_Q2) Please indicate your i	nterest in learning about each	of the following topics
pertaining to speech/language.		
	Yes (1)	No (2)
Deservation was add to a		

	Yes (1)	NO (2)
Pronouncing words (e.g., saying words clearly) (1)	0	0
Understanding what others say (2)		\circ
Frequent grammatical errors (3)	0	\circ
Mixing up words (4)		\circ
Difficulty learning new words (5)		\circ
Stuttering/false starts (6)		\circ

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Speech_Q3) Please select the response category that best represents your personal experience(s) - if any - with each of the following strategies for helping your child(ren) with their speech/language skills.

	Tried and was helpful (1)	Tried but was not helpful (2)	Did not try (3)	N/A (4)
Talk for my child so that others can understand them (1)	0	0	0	0
Receive services from a speech/language therapist (2)	0	0	\circ	0
Correct speech and have my child repeat it (3)	0	\circ	\circ	0
Praise child when speech improves (4)	0	\circ	\circ	\circ
Talk to a health care provider about my concerns (5)	0	0	0	\circ
Use visuals to communicate (6)	0	\circ	\circ	\circ
Use a pointing system to communicate (7)	0	0	0	0
Use visual pictures of a task to complete (8)	0	\circ	0	\circ
Practice vocabulary with my child (9)	0	\circ	0	\circ
Talk with my child to provide them with more vocabulary (10)	0	0	\circ	0
Praise my child's vocabulary (11)	0	\circ	\circ	\circ
Read to my child regularly using books with new vocabulary (12)	0	0	0	\circ

Tell my child to stop/slow down when stuttering (13)	0	0	\circ	0			
Play turn-taking games (e.g., peek-a-boo) (14)	0	0	0	0			
Teach my child sign language (15)	0	\circ	0	0			
End of Block: Speech/Language Skills Start of Block: Mood or Depression in Children Mood_Q1) You indicated that "Mood or Depression in Children" is a topic you would be interested in. Which of the following statements is true?							
"Mood or De a parent. (1)	pression in Children"	has been or is cur	rently a challengino	g topic for me as			
"Mood or De information. (2)	pression in Children"	is not a current ch	allenge, but I would	d like more			
Page Break ——							

Mood_Q2) Please indicate your interest in learning about each of the following topics pertaining	ng
to mood or depression in children.	

	Yes (1)	No (2)
Irritability/anger (1)	0	\circ
Loss of interest in activities child used to enjoy (2)		\circ
Seeming down or lonely (3)	0	\circ
Sleeping too much/too little (4)	0	
Low self-esteem/negative self-talk (5)	0	\circ

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Skip To: End of Block If Mood_Q2 = Loss of interest in activities child used to enjoy

Page Break —

Mood_Q3) Please select the response category that best represents your personal experience(s) - if any - with each of the following strategies for helping your child(ren) cope with their mood or depression.

	Tried and was helpful (1)	Tried but was not helpful (2)	Did not try (3)	N/A (4)
Tell child to stop doing things that make them irritated (1)	0	0	0	0
Punish child (2)	\circ	\circ	\circ	\circ
Talk to child about why they're upset (3)	0	0	\circ	\circ
Take child to a mental health professional (4)	\circ	\circ	0	\circ
Take child to a doctor for assessment and/or medication (5)	0	0	0	0
Encourage child to engage in fun activities (6)	0	0	0	0
Teach child how to relax before bedtime (7)	0	0	0	\circ
Tell child to go to bed earlier (8)	\circ	0	\circ	\circ
Allow child to take naps or sleep in on weekends (9)	0	0	0	0
Give child reasons to be happy (10)	0	0	\circ	0
Give child examples of how they're supported (11)	0	0	0	\circ
Tell child to stop judging themselves harshly (12)	0	0	\circ	0

Encourage child to speak positively about their strengths (13)		\circ	0	0							
Identify a mentor for my child to talk to (e.g., coach, teacher, family member, etc.) (14)		0		0							
	od or Depression in C										
Start of Block: Aca	ademic Skills and/or	Intelligence									
– ′	indicated that "Acade of the following state		Intelligence" is a top	oic you would be							
"Academic Sas a parent. (1)	Skills and/or Intelligend	ce" has been or is	currently a challen	ging topic for me							
 "Academic Skills and/or Intelligence" is not a current challenge, but I would like more information. (2) 											
Page Break ——											

Academic_Q2) Please indicate your interest in learning about each of the following topics pertaining to academic skills and/or intelligence.

	Yes (1)	No (2)
Focus (1)		\circ
Finishing tasks (2)		\circ
Organization (3)		\circ
Planning (4)		\circ
Learning new skills (e.g., ABCs, counting, reading, etc.) (5)		0
Understanding numbers and/or math (6)		\circ
Learning the alphabet and/or reading (7)		\circ
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Academic_Q3) Please select the response category that best represents your personal experience(s) - if any - with each of the following strategies for helping your child(ren) with their academic skills and/or intelligence.

	Tried and was helpful (1)	Tried but was not helpful (2)	Did not try (3)	N/A (4)
Limit distractions (e.g., turn off TV, take away toys, etc.) (1)	0	0	0	0
Verbally praise child (2)	0	\circ	\circ	\circ
Give reward to child (3)	0	\circ	\circ	\circ
Talk to a health care provider about the concerns (4)	0	\circ	\circ	0
Talk to my child's teacher about the concerns (5)	0	\circ	\circ	\circ
Receive early intervention/Special Education services (6)	0	0	0	0
Punish child when things are not done right (7)	0	0	\circ	0
Rehearse information with my child to help them remember (8)	0	0	0	0
Practice math or reading with my child at home (9)	0	0	\circ	0
Punishment for not understanding numbers and/or math (10)	0	0	\circ	0
Let my child learn on their own (11)	0	\circ	\circ	\circ
Create a visual schedule/reminder for my child to complete personal care tasks (12)	0	0	0	0

Complete self-help tasks for my child (13)	0	0	0	0
End of Block: Acade	mic Skills and/or Ir	ntelligence		
Start of Block: The In	nternet and social r	media		
Internet_Q1) You indicinterested in. Which of "The Internet a parent. (1)	the following staten	nents is true?	dia" is a topic you wo	
"The Internet a information. (2)	nd Social Media" is	not a current chal	lenge, but I would like	e more
Page Break ————————————————————————————————————	diaata vaur interact i	n loorning about	and of the following t	tonico
Internet_Q2 Please inc pertaining to the Intern	•	•	each of the following t	topics
		Yes (1)	No	(2)
Setting limits around media use (1		0		0
Cyber bullying	(2)	\circ		0
Online safety ((3)	\circ		0
Sending and/or red inappropriate conter (4)		\circ		0
Protecting the priv personal informati social media (-			

Skip To: End of Block If Internet_Q2 = Cyber bullying

Page Break —

Internet_Q3) Please select the response category that best represents your personal experience(s) - if any - with each of the following strategies for monitoring your child(ren)'s Internet and/or social media use.

	Tried and was helpful (1)	Tried but was not helpful (2)	Did not try (3)	N/A (4)
Punishment for inappropriate online behavior (1)	0	0	0	0
Take away devices used for access (e.g., tablet, laptop, smart phone, etc.) (2)	0	0	0	0
Set daily screen time limits (3)	0	\circ	\circ	\circ
Increased monitoring of social media use (4)	0	0	0	0
Encourage child to spend time doing non-social media activities (5)	0	0	0	0
Contact the cyber bully or family of the cyber bully (6)	0	0	\circ	\circ
Contact my child's school to address the cyber bullying (7)	0	0	0	0
Teach child how to communicate safely online (8)	0	0	0	0
Prepare child for how to respond appropriately to cyber bullies/other online predators (9)	0		0	0

Contact police/local authorities about the cyber bullying/online harassment (10)	0	0		
End of Block: The	Internet and soci	al media		
Start of Block: Pare	enting Stress			
Which of the following	ng statements is tr	'Parenting Stress" is a ue? r is currently a challeng		
		ent challenge, but I wo		. , ,
Page Break ———				
ParentStress_Q2) P pertaining to parenti		ır interest in learning al	oout each of the fo	ollowing topics
portaining to parona		Yes (1)	N	lo (2)
Coping with difficu or thoughts		0		0
Balancing self-care responsibilities		\circ		\circ
Dealing with self-c	riticism (3)	\circ		0
Dealing with critic others/societ		\circ		\circ
Getting support community		\circ		\circ
Getting support for caregivers		\circ		\circ

Skip To: End of Block If ParentStress_Q2 = Balancing self-care with other responsibilities

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Page	Break																

ParentStress_Q3) Please select the response category that best represents your personal experience(s) - if any - with each of the following strategies for helping you cope with parenting stress.

	Tried and was helpful (1)	Tried but was not helpful (2)	Did not try (3)	N/A (4)
Reach out to loved ones (1)	0	0	0	0
Increase engagement in activities I enjoy (2)	0	0	\circ	0
Tell myself that these feelings are normal (3)	0	0	0	\circ
Tell myself that these feelings will go away (4)	0	0	0	0
Opt out of situations/activities where difficult thoughts/emotions are likely to occur (5)	0	0	0	0
Distract myself (e.g., TV, Internet, phone, etc.) (6)	0	0	0	0
Use strategies to alleviate the thoughts/emotions (e.g., overeating, oversleeping, substance use, etc.) (7)	0	0	0	0
Try to keep difficult thoughts/emotions out of my mind (8)	0	\circ	0	0
Take medication to improve my mood (9)	0	\circ	\circ	0
Take time away from responsibilities to de-stress (10)	0	0	0	0
Participate in therapy/counseling (11)	0	\circ	\circ	\circ

End of Block: Parenting Stress		
Start of Block: Family Communicat	ion	
FamilyCx_Q1) You indicated that "Far Which of the following statements is tr	_	opic you would be interested in.
"Family Communication" has t(1)	peen or is currently a challe	nging topic for me as a parent.
"Family Communication" is not(2)	t a current challenge, but I	would like more information.
Page Break ————————————————————————————————————	erest in learning about eac	h of the following topics
pertaining to family communication.	Yes (1)	No (2)
Frequent arguments/conflict (1)	0	0
Lack of open communication (2)	\circ	\circ
Toxic communication (e.g., yelling, saying hateful things, threatening, etc. (3)	0	\circ
Protecting children from parental conflict (4)	0	\circ
Finding common ground with		

Skip To: End of Block If FamilyCx_Q2 = Lack of open communication

other caregivers on parenting strategies (5)

Effective strategies for coparenting (6)

FamilyCx_Q3) Please select the response category that best represents your personal experience(s) - if any - with each of the following strategies for helping your child(ren) with family communication.

	Tried and was helpful (1)	Tried but was not helpful (2)	Did not try (3)	N/A (4)
Avoid correcting my child to avoid arguments (1)	0	0	0	0
Avoid criticizing my child to avoid arguments (2)	0	0	0	0
Count to 3 or give a series of warnings (3)	0	0	0	0
Give my child a time-out or equivalent (e.g., grounding child from privileges) (4)	0	0	0	0
Describe to my child how I feel about the situation (5)	0	0	0	0
Spank my child's bottom (6)	0	\circ	\circ	\circ
Consult a professional (e.g., doctor, therapist, etc.)	0	0	0	0
Raise my voice/yell at my child (8)	0	0	\circ	\circ
Talk calmly with my child about the situation (9)	0	0	0	0
Use ultimatums with my child (10)	0	0	0	0
Threaten my child with punishments (11)			0	0

Talk regularly with my child about positive things (12)	0	0	\circ	0										
Tell my child why they have to do things (13)	0	0	0	0										
Talk to my child about what we value as parents (14)	0	0	0	0										
Talk to my child about what we as parents want for their future (15)	0	0	0	0										
End of Block: Fam	ily Communication													
Start of Block: So	cial Skills													
SocialSkills_Q1) You indicated that "Social Skills" is a topic you would be interested in. Which of the following statements is true?														
O "Social Skills	s" has been or is curre	ently a challenging	topic for me as a p	arent. (1)										
O "Social Skills	s" is not a current cha	llenge, but I would	like more informati	on. (2)										
Page Break ——														

SocialSkills_Q2	2) Please indicate	your interest ir	າ learning aboບ	ut each of the	following to	opics
pertaining to so	cial skills.					

	Yes (1)	No (2)
Communicating with others (1)	0	
Sharing/taking turns (2)	\circ	
Understanding how others feel (i.e., empathy) (3)	\circ	
Playing with other children (4)	\circ	\circ
Aggression during social interactions (5)	\circ	

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SocialSkills_Q3) Please select the response category that best represents your personal experience(s) - if any - with each of the following strategies for helping your child(ren) with their social skills.

	Tried and was helpful (1)	Tried but was not helpful (2)	Did not try (3)	N/A (4)
Talk for my child when introducing them to others (1)	0	0	0	0
Talk to a therapist or other health care professional about my child's social skills (2)	0	0	0	0
Verbally praise my child for good social skills (3)	0	0	0	0
Give my child a reward for good social skills (4)	0	0	0	0
Punish my child for aggression in social situations (e.g., hitting or kicking others) (5)	0	0	0	0
Punish my child for poor social skills (6)	0	\circ	0	0
Model/show my child what to do in social situations (7)	0	0	\circ	\circ
Take my child to public places to interact with others (e.g., park, library, etc.) (8)	0	0	0	0
Play turn-taking games with my child to practice social skills (9)	0	0	\circ	0

Talk to my child's teacher about my concerns (10)	0	0	\circ	0									
Describe emotions in other people to my child (11)	0	0	0	0									
Remove distractions so my child can focus on playing with others (e.g., electronics) (12)	0	0		0									
End of Block: Social Skills													
Start of Block: Drugs and Substance Abuse Drugs_Q1) You indicated that "Drugs and Substance Abuse" is a topic you would be interested in. Which of the following statements is true? O "Drugs and Substance Abuse" has been or is currently a challenging topic for me as a													
parent. (1) O "Drugs and Substance Abuse" is not a current challenge, but I would like more information. (2)													
Page Break ——													

Drugs_Q2) Please indicate your interest in learning about each of the following topics pertaining to drugs and substance abuse.

	Yes (1)	No (2)
Tobacco products (e.g., nicotine, electronic cigarettes, vaping, etc.) (1)	0	0
Marijuana (e.g., THC, edibles, CBD products, etc.) (2)	0	\circ
Alcohol (3)	\circ	\circ
Opiates (e.g., heroin, Oxycontin, etc.) (4)	0	\circ
Amphetamines (e.g., cocaine, crystal meth, stimulant medications such as Adderall that are not prescribed by a doctor, etc.) (5)		

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Drugs_Q3) Please select the response category that best represents your personal experience(s) - if any - with each of the following strategies for helping your child(ren) with drugs and substance abuse.

	Tried and was helpful (1)	Tried but was not helpful (2)	Did not try (3)	N/A (4)
Talk to my child about negative consequences of using the substance (1)	0	0	0	0
Take the substance away from my child (2)	0	0	\circ	0
Punish my child for using the substance (3)	0	0	0	0
Take my child to a mental health professional (4)	0	0	0	\circ
Allow use of substances under supervision (5)	0	0	0	0
Give child a urine or blood test to check for substances (6)	0	\circ	0	\circ

End of Block: Drugs and Substance Abuse

Start of Block: Sex and Sexual Development

Sex_Q1 You indicated that "Sex and Sexual Development" is a topic you would be interested in. Which of the following statements is true?

○ "Sex and Sexual Development" has been or is currently a challenging topic for me as a parent. (1)
○ "Sex and Sexual Development" is not a current challenge, but I would like more information. (2)

Sex_Q2) Please indicate your level of interest in learning about each of the following topics pertaining to sex and sexual development.

	Yes (1)	No (2)
Understanding bodily changes that come with puberty (1)	0	0
Gender identity (2)		\circ
Sexual orientation (3)		\circ
Teaching healthy sexual development (4)		\circ
Teaching social norms around sex (5)		\circ
Feaching privacy regarding sex (6)		\circ
Safe sex (7)		\circ
Family planning (8)		\circ
Healthy romantic relationships (9)		\circ

Sex_Q3) Please select the response category that best represents your personal experience(s) - if any - with each of the following strategies for helping your child(ren) cope with their sexual development and/or learn about sex.

	Tried and was helpful (1)	Tried but was not helpful (2)	Did not try (3)	N/A (4)
Talk to my child about puberty (1)	0	0	0	0
Talk to my child about sex (2)	0	\circ	\circ	\circ
Encourage child to ask questions about puberty (3)	0	0	\circ	0
Encourage child to ask questions about sex (4)	0	\circ	\circ	0
Talk to my health care provider (5)	0	\circ	\circ	\circ
Provide an open space for my child to talk to family members without fear of judgment/punishment (6)	0	0	0	0
Have my child talk to community leaders for guidance (7)	\circ	\circ	0	0
Punish my child for inappropriate behavior (8)	0	0	0	0
Talk to my child's teacher (9)	\circ	\circ	0	\circ
Talk to my child about who may see their "private areas" (e.g., medical provider) (10)	0	0	\circ	0
Ignore my child when they show their "private areas" to others inappropriately (11)	0	0	\circ	0
Punish my child for having sex (12)	0	\circ	\circ	\circ

Punish my child for not practicing safe sex (13)	0	0	0	0
Encourage safe sex practices (14)	0	\circ	\circ	\circ
Provide my child with condoms/other birth control methods (15)	0	0	0	0
Talk to my child about when/where it's appropriate to masturbate (16)	0	0	0	0
Provide my child with health literature about masturbating in private (17)	0	0	\circ	\circ
Talk to my child about healthy boundaries with a romantic partner (18)	0	0	0	0
Talk to my child about how to deal with romantic partner violence (19)	0	0	0	0
Restrict my child's ability to date (20)	0	\circ	\circ	\circ
Discuss risky sexual behaviors with my child (21)	0	0	\circ	\circ
End of Block: Sex and	Sexual Developmen	nt		
Start of Block: Motor S	Skills			
MotorSkills_Q1) You inc		kills" is a topic yo	u would be interest	ted in. Which of
	s been or is currently	a challenging to	pic for me as a par	ent. (1)
	not a current challenc			

	Yes (1)	No (2)
Walking on their own (1)	\circ	\circ
Handwriting (2)	\circ	\circ
Walking on their toes (3)	\circ	\circ
Fine motor skills (e.g., buttons, zippers, picking up objects, etc.) (4)	\circ	
Dominant hand (e.g., still using both hands, not clearly right- or left-handed, etc.) (5)	0	0

MotorSkills_Q3) Please select the response category that best represents your personal experience(s) - if any - with each of the following strategies for helping your child(ren) with their motor skills.

	Tried and was helpful (1)	Tried but was not helpful (2)	Did not try (3)	N/A (4)
Limit distractions to help child pay attention (e.g., turn off TV, take away toys, etc.) (1)	0	0	0	0
Show excitement/praise child when they do something right (2)	0	0	0	0
Talk to my child's health care provider about the concerns (3)	0	0	0	0
Talk to my child's teacher about the concerns (4)	0	0	0	0
Use standing toys or walkers to strengthen walking (5)	0	0	0	0
Receive occupational therapy (6)	0	0	0	0
Give child a time- out when something is not done right (7)	0	0	0	0
Take away child's toys when something is not done right (8)	0	0	0	0
Put my hand over my child's hand while they write (9)	0	0	0	0
Demonstrate how to do a skill (10)	0	\circ	0	0

Practice skills with my child (11)	0	\circ	\circ	\circ
Play games with my child to help them walk on the whole foot (12)	0	\circ	\circ	0
Do things requiring fine motor skills for my child (e.g., help them write, dress, button, etc.) (13)	0	0	0	
Play games with my child to help them practice fine motor skills (14)		0	0	\circ
End of Block: Moto	or Skills			
Start of Block: Inde	ependence and Activ	rities of Daily Liv	ing	
	You indicated that "Indisted in. Which of the fo	=		ving" is a topic
Independen for me as a pare	ce and Activities of Dant. (1)	aily Living" has be	en or is currently a	challenging topic
"Independen more information	ce and Activities of Dan. (2)	aily Living" is not a	current challenge,	but I would like
Page Break ——				

Independence_Q2) Please indicate your interest in learning about each of the following topics pertaining to independence and activities of daily living.

Requesting or describing needs (e.g., asking for snacks, to go to the bathroom/have diaper changed, etc.) (1) Independence with self-help	0	0
Independence with self-help		
tasks (e.g., dressing, bathing, going to the bathroom, etc.) (2)	0	\circ
What to do in an emergency (e.g., get help, call 911, etc.) (3)	0	0
Solving everyday problems independently (e.g., when something doesn't go right, when they run out of something, etc.) (4)	0	0
Understanding money (e.g., needing money to buy things, how to save money, etc.) (5)	0	\circ

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Page Break -

Independence_Q3) Please select the response category that best represents your personal experience(s) - if any - with each of the following strategies for helping your child(ren) with independence and the activities of daily living.

	Tried and was helpful (1)	Tried but was not helpful (2)	Did not try (3)	N/A (4)
Coach/talk to my child about learning how to be independent (1)	0	0	0	0
Show excitement/praise my child when they complete tasks independently (2)	0	0	0	0
Show my child how to do things (3)	\circ	\circ	\circ	\circ
Practice how to do things repetitively with my child (4)	0	0	0	0
Consult with my pediatrician/other medical provider (5)	0	0	0	0
Make a home emergency safety plan that's posted somewhere my child can see it (e.g., refrigerator) (6)	0		0	0
Develop a reward system/behavior chart to motivate my child to complete tasks independently (7)	0	0	0	0

Have my child help me with household tasks (e.g., grocery shopping) (9) Let my child complete tasks at their own pace (10)	0	0	0	0									
Complete self- help tasks for my child (e.g., dressing, bathing, etc.) (11)	0		0										
	pendence and Activi	ties of Daily Livir	ng										
Start of Block: Sleep/Bedtime Routine Sleep_Q1) You indicated that "Sleep/Bedtime Routine" is a topic you would be interested in. Which of the following statements is true? O "Sleep/Bedtime Routine" has been or is currently a challenging topic for me as a parent. (1) O "Sleep/Bedtime Routine" is not a current challenge, but I would like more information. (2)													
Page Break ——													

Sleep	_Q2) Please	indicate you	ır interest in	learning a	about each	of the	following	topics p	pertaining
to slee	ep/bedtime ro	outine.							

	Yes (1)	No (2)
Bedtime routine (1)		\circ
Falling asleep independently at bedtime (2)	0	
Sleeping through the night (3)		
Common sleep problems/resolutions (4)		
Relationship between sleep and health (5)	0	

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Sleep_Q3) Please select the response category that best represents your personal experience(s) - if any - with each of the following strategies for helping your child(ren) with their sleep/bedtime routine.

	Tried and was helpful (1)	Tried but was not helpful (2)	Did not try (3)	N/A (4)
Stay in my child's room until they fall asleep (1)	0	0	0	0
Allow my child to sleep in my bed if they don't fall asleep in theirs (2)	0	0	0	0
Sit on my child's bed until they fall asleep (3)	0	0	\circ	\circ
Give my child an over-the-counter sleep aid (e.g., melatonin, Benadryl, etc.) (4)	0	0	0	0
Allow my child to "cry it out" until they fall asleep on their own (5)	0	0	0	0
Offer my child a reward for staying in bed at bedtime/throughout the night (6)	0	0	0	0
Complete an evaluation with a sleep specialist (7)	0	0	\circ	0
Discuss my child's sleep concerns with a sleep specialist (8)	0	0	0	0
Immediately take my child back to their room if they get up (9)	0	0	\circ	0
Allow my child to watch TV or another electronic device until they fall asleep (10)	0	0	0	0

End of Block: Sleep/Bedtime Routine Start of Block: Toileting Toileting Q1) You indicated that "Toileting" is a topic you would be interested in. Which of the following statements is true? Toileting" has been or is currently a challenging topic for me as a parent. (1) Toileting" is not a current challenge, but I would like more information. (2) Page Break -Toileting_Q2) Please indicate your interest in learning about each of the following topics pertaining to toileting. Yes (1) No (2) Toilet training (1) Bedwetting (2) Daytime bowel accidents (3) Daytime bladder accidents (4) Health problems that affect toileting (e.g., constipation, diarrhea, reflux, etc.) (5)

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Toileting_Q3) Please select the response category that best represents your personal experience(s) - if any - with each of the following strategies for helping your child(ren) with toileting.

	Tried and was helpful (1)	Tried but was not helpful (2)	Did not try (3)	N/A (4)
Read books with my child about using the toilet (1)	0	0	0	0
Watch videos with my child about using the toilet (2)	0	0	0	0
Have my child sit on the toilet for 5-10 minute intervals (e.g., every 2-3 hours) (3)	0	0	0	0
Have my child urinate twice during the same bathroom visit (4)	0	0	0	0
Verbally praise my child when they pee/poop in the toilet (5)	0	0	0	0
Give my child a reward when they pee/poop in the toilet (6)	0	0	0	0
Do activities with my child while they're on the toilet (e.g., read stories, play games, etc.) (7)	0	0	0	0
Keep my child naked for periods of time (i.e., the bare bottom method) (8)	0	0	0	0

Permit my child to have only very little or no fluids after dinner to reduce the likelihood of nighttime accidents (9)	0		0	
Try to ensure my child avoids caffeine (10)	0	\circ	0	0
Give my child foods with fiber (11)	0	\circ	0	0
Wake my child up to go to the bathroom at night (12)	0	0	0	0
Reward my child for staying dry at night (13)	0	\circ	0	0
Use bedwetting alarms (14)	0	\circ	\circ	0
Have my child drink lots of fluid during the day so they can practice peeing (15)	0	0	0	0
Give medication to my child (16)	0	\circ	\circ	\circ
Give laxatives to my child (17)	0	\circ	\circ	\circ
Talk to a health care provider about my concerns (18)	0	0	0	0

End of Block: Toileting

Start of Block: Final Question

FinalQ_1) Please let us know of any additional topics you'd like to see in a guided self-help resource for parents.
FinalQ_2 Would you like to participate in a user test group once the materials have been developed? If yes, you will receive a follow-up email when the time comes.
○ Yes (1)
O No (3)
End of Block: Final Question