



Enhancement and maximum in the isobaric specific-heat capacity measurements of deeply supercooled water using ultrafast calorimetry

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Knowledge of the temperature dependence of the isobaric specific heat (C_p) upon deep supercooling can give insights regarding the anomalous properties of water. If a maximum in C_p exists at a specific temperature, as in the isothermal compressibility, it would further validate the liquid–liquid critical point model that can explain the anomalous increase in thermodynamic response functions. The challenge is that the relevant temperature range falls in the region where ice crystallization becomes rapid, which has previously excluded experiments. Here, we have utilized a methodology of ultrafast calorimetry by determining the temperature jump from femtosecond X-ray pulses after heating with an infrared laser pulse and with a sufficiently long time delay between the pulses to allow measurements at constant pressure. Evaporative cooling of $\sim 15\text{-}\mu\text{m}$ diameter droplets in vacuum enabled us to reach a temperature down to $\sim 228\text{ K}$ with a small fraction of the droplets remaining unfrozen. We observed a sharp increase in C_p , from 88 J/mol/K at 244 K to about 218 J/mol/K at 229 K where a maximum is seen. The C_p maximum is at a similar temperature as the maxima of the isothermal compressibility and correlation length. From the C_p measurement, we estimated the excess entropy and self-diffusion coefficient of water and these properties decrease rapidly below 235 K .

supercooled water | specific-heat capacity | fragile-to-strong transition | liquid–liquid critical point

Water is one of the most exceptional liquids due to its importance, abundance, and many properties that are anomalous with respect to a normal liquid (1–3). This anomalous behavior is already evident at ambient conditions and is enhanced when water is supercooled below the freezing point into the metastable regime (2, 4, 5). In particular, the observation that the isothermal compressibility (κ_T), heat capacity (C_p), thermal expansion coefficient (α_P), and correlation length (ξ) appear to diverge toward a singular temperature (T_s) of about 228 K at 1 bar, as estimated by power-law fits (6, 7), has led to several hypotheses about the origin of water's anomalous properties (2, 3, 8). One of the hypotheses proposes the existence of a liquid–liquid transition in supercooled water between high-density (HDL) and low-density (LDL) liquids, separated by a phase-coexistence line (8, 9) and terminating at a liquid–liquid critical point (LLCP) at positive pressure (8). Beyond the LLCP, at lower pressures, water is characterized by fluctuations between local structures of HDL and LDL (10). The locus of maxima in ξ of these fluctuations defines the Widom line in the pressure–temperature phase diagram, which emanates from the LLCP as an extension of the phase-coexistence line (11). Near the ξ Widom line, the other thermodynamic response functions could also have maxima defining κ_T and C_p Widom lines, merging with the ξ Widom line in

close proximity to the critical point. Such a merging was observed for the maxima in κ_T and C_p , and for the minimum in α_P at the liquid–gas critical point (LGCP), based on molecular-dynamic (MD) simulations (12).

It has been challenging to experimentally determine the existence of a Widom line in supercooled water due to the extremely fast ice-forming crystallization at temperatures below 235 K . Nevertheless, rapid evaporative cooling of micrometer-sized droplets followed by ultrafast interrogation with an X-ray laser have allowed us to probe water at temperatures down to 227 K (13, 14). Recently, using this approach, maxima in ξ and κ_T were observed at 229 K , coinciding with the temperature of the most rapid change of the local tetrahedral structure in the liquid (13). Other experiments using sound velocity in stretched liquid water (15) also predict a maxima in κ_T and C_p . Based on a combination of MD simulations and temperature-dependent structure factor measurements, a consistency was derived with which α_P may also exhibit a minimum at 229 K (16). If all thermodynamic response functions showed evidence of a Widom line with maxima or minima, this would validate the LLCP scenario, more so if they were in close proximity in temperature. Currently, no measurements

Significance

The importance of molecular understanding of the structure, dynamics, and properties of liquid water is recognized in many scientific disciplines. Here, we study experimentally the structure and thermodynamics of bulk liquid water as it is supercooled by evaporation down to $\sim 228\text{ K}$. The unique aspect of this work is the use of ultrafast calorimetry that enables us to determine the specific-heat capacity of water to unprecedentedly low temperatures. The observed maximum of about 218 J/mol/K at 229 K is consistent with the liquid–liquid critical point model and supports a proposed fragile-to-strong transition at $\sim 220\text{ K}$ to explain the steep decrease in the estimated self-diffusion coefficient below 235 K .

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exist below 236 K (17) for C_p and it is necessary to develop experimental techniques to study water upon deep supercooling where rapid ice crystallization occurs. Measurements of the value of the C_p maximum also allow us to derive to which extent the excess entropy has decreased upon supercooling and compare this to the entropy of low-density amorphous ice (LDA) at the glass transition temperature (18–20). Interest in excess entropy was one of the original motivations in 1969 behind the study of supercooled water (18). Based on the expectation that C_p should decrease upon cooling, the excess entropy was expected to rapidly decrease, as C_p approaches that of LDA. Surprisingly, though, an accelerated increase was observed instead (21–23).

Here, we show that the C_p can be measured down to 228 K using a method based on ultrafast calorimetry. The data are consistent with the existence of a maximum of C_p at 229 K, as well as a rapid decrease of the excess entropy at temperatures beyond the Widom line. Fig. 1 shows the experimental setup of our ultrafast calorimetry approach. The droplets are cooled by evaporation and the temperature is calculated using Knudsen's theory of evaporation and Fourier's law of heat conduction (24, 25). This approach to determining droplet temperatures has been proven to be successful in various experimental setups (13, 14, 26) and has been validated using ME simulations (25). A 2.05- μm infrared (IR) pulse heats the sample, increasing the temperature of the droplets by 0.5–1 K. The droplets are then probed by a femtosecond X-ray pulse after a 1- μs delay time, allowing the liquid to expand. The difference in the X-ray scattering patterns between IR laser on and off is used as a thermometer. The pattern from each X-ray shot is also used to detect whether Bragg peaks appear from small ice crystals so that crystallized droplets can be excluded from the analysis. Using a calibration curve of the scattering signal versus temperature, we estimate the increase of temperature from the heating pulse and derive the heat capacity at constant pressure, C_p . We observe a rapid increase in C_p at temperatures below 235 K with a maximum appearing at 229 K, followed by a suggested decrease toward lower temperatures. The rise and maximum of C_p is consistent with the existence of a Widom line for C_p as previously observed for κ_T and ξ (13).

Results

The key aim of the current study is to determine the changes in X-ray scattering due to IR-induced heating and measure how the magnitude of this change depends on the initial water temperature. We use two strategies to determine the temperature jump due to laser heating.

Temperature Jump Using Q_1 Peak Shift. The first method consists of measuring the momentum transfer (Q) position of the first scattering peak of liquid water in the scattering intensity $I(Q)$ situated at $\sim 2 \text{ \AA}^{-1}$ (Q_1), as shown in Fig. 1. The Q_1 position as function of temperature and the change due to the heat pulse is illustrated in Fig. 2. We use the following expression for determining the temperature jump:

$$\Delta T_{Q_1} = \frac{\Delta Q_1}{(dQ_1/dT)_{\text{OFF}}} \quad [1]$$

The derivative $(dQ_1/dT)_{\text{OFF}}$ is calculated using a central difference method where the closest higher and lower temperatures are used (*SI Appendix, Eq. S1*). The derivative $(dQ_1/dT)_{\text{OFF}}$ increases on supercooling until a maximum is reached at 229.4 K. ΔQ_1 increases slower than $(dQ_1/dT)_{\text{OFF}}$ upon supercooling, which results in ΔT_{Q_1} to decrease upon supercooling.

Temperature Jump Using the Area under the Heating Signal. The second method employed to determine the temperature change is based on the area under the absolute value of the heating signal $|I_{\text{ON}} - I_{\text{OFF}}|$ as shown in Fig. 3A. The X-ray scattering intensity profile is averaged separately for the laser OFF and laser ON shots. The scattering intensity for the two profiles may differ due to sensitivity of the signal on the scattering volume, which may not be constant for each shot depending on whether the X-rays hit the droplet on-center or off-center. Thus, the scattering intensity is normalized so that the profiles have the same area under the region of $Q = 1.5\text{--}3.5 \text{ \AA}^{-1}$. After this normalization, a difference profile of scattering intensity $[\Delta I(Q)]$ of ON–OFF shots is plotted. This difference, $\Delta I(Q)$, is then compared with $dI(Q)/dT$ based on the laser OFF shots $(dI(Q)/dT)_{\text{OFF}}$. The shapes of $\Delta I(Q)$ and $(dI(Q)/dT)_{\text{OFF}}$ are similar. $(dI(Q)/dT)_{\text{OFF}}$ is calculated in between two consecutive temperatures, except for the coldest temperature of 228.5 K where it is extrapolated (see *SI Appendix, Fig. S2* for details), according to the following equation:

$$\left(\frac{dI}{dT}\right)_{\text{OFF}}(T_i + T_{i+1})/2 = \frac{I_{\text{OFF}}(T_i) - I_{\text{OFF}}(T_{i+1})}{T_i - T_{i+1}} \quad [2]$$

The area under the absolute value of the heating signal and $|(dI(Q)/dT)_{\text{OFF}}|$ is calculated in the region $Q = 1.5\text{--}2.8 \text{ \AA}^{-1}$ (shaded region in Fig. 3A) to get ΔT_{area} according to Eq. 3. This Q range is chosen after a singular value decomposition analysis (*SI Appendix, section 2*), which suggests that more than 65% of the signal variance in this Q range is due to heating and the remaining 35% can be attributed to noise.

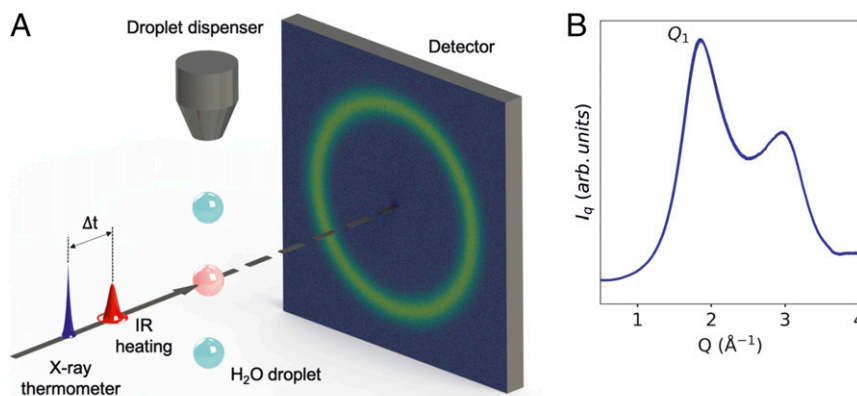


Fig. 1. (A) Schematic of the experimental setup (Left) and (B) angularly integrated scattering intensity (Right). The time delay (Δt) between the IR laser and the X-rays is 1 μs . IR laser is ON for every alternate X-ray pulse. The difference in the scattering profile of the laser ON and laser OFF shots is $\sim 2\%$ of the signal.

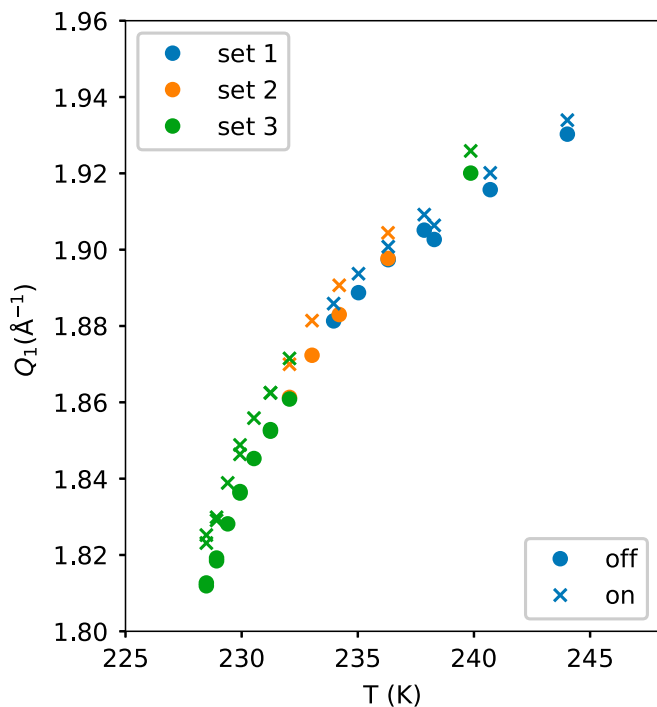


Fig. 2. The first peak position (Q_1) in liquid water's X-ray scattering pattern $I(Q)$ for the heated (IR laser ON, crosses) and unheated (IR laser OFF, filled circles) measurements. The three sets represent three different conditions of spatial overlap between X-ray and IR laser.

$$\Delta T_{\text{area}} = \frac{\sum_Q |\Delta I(Q)|}{\sum_Q |(dI(Q)/dT)_{\text{OFF}}|} \quad [3]$$

Spatial Overlap. The experiment requires three entities, namely the X-ray pulse, IR laser, and the droplets to be in the same location (neglecting the movement of the droplets during the 1- μ s time delay between the pulses). We ensure that the droplets and the X-rays coincide by monitoring the X-ray scattering signal on the detector. We use a fluorescent paper on the sample holder to ensure spatial overlap between the IR laser and the (attenuated) X-rays. We found that the spatial overlap is insensitive up to a distance of 4 mm along the direction of the propagation of the X-rays. This is well within the droplet train jitter of ± 1 mm. The three datasets in Fig. 3B have different conditions of spatial overlap between the X-rays and the IR laser as shown in Fig. 4. It is necessary to compensate for this difference when combining the data. C_p calculated from dataset 1 (234 K < T < 244 K) is scaled to C_p from Voronov et al. (27) at T = 244 K. The Voronov et al. measurements (27) at 244 K are higher than Angell et al. measurements (17) at T = 244 K by 1.8 J/mol/K and our decision to scale C_p to Voronov et al. measurements instead of Angell et al. affects C_p negligibly. C_p calculated from dataset 2 (232 K < T < 236 K) is scaled to match C_p from dataset 1 and that from Angell et al. measurements (17). C_p from dataset 3 (228.5 K < T < 240 K) is scaled to match C_p from dataset 2 and the Angell et al. measurements (17).

Specific-Heat Capacity. A detailed description of the calculation of C_p from ΔT is available in C_p from ΔT . In Fig. 5 we observe that C_p increases by almost a factor of 3 across the temperatures measured, rising from 75 J/mol/K at room temperature to about 218 ± 10 (SE, SEM) J/mol/K at 228.9 K. On further cooling to 228.5 K, there is a drop in the specific-heat capacity to an average value of 175 ± 14 (SEM) J/mol/K. This decrease in C_p is observed for two independent measurements. Dataset 3 has

the best spatial overlap and the coldest temperatures in the current experiment. In this dataset, we check for instrument drift with respect to time by returning to certain temperatures and repeating the measurements. Both measurements at 228.9 K result in higher C_p than for the two measurements at 228.5 K. The two-state model of water (28) shows a similar value at the maximum in water's specific heat capacity but the maximum is at ~ 226 K. The maximum for our data is at 229.2 ± 1 (SEM) K, as averaged from the C_p maximum from ΔT_{O1} and ΔT_{area} . An earlier study (13) using an almost identical experimental setup to measure water's κ_T showed a maximum at 229.2 ± 1 (SEM) K. This temperature reported earlier was based on an extrapolated estimate of C_p below 236 K as input to the Knudsen evaporative cooling model. This study gives a value of C_p that is higher than previous estimates, resulting in a revised temperature of the κ_T and ξ maxima (13) which is higher by 0.8 K. We also mention here that estimating C_p is an iterative process because the first estimates of C_p are used as an input in the Knudsen evaporation model, which subsequently yields new estimates of T and C_p until self-consistency occurs within 0.05 K.

It is important to establish if our measurements could be affected by a small amount of nanocrystalline ice. Our threshold for detecting nanocrystalline ice was found to be 0.11% of ice by mass (SI Appendix, Fig. S7), which is similar to the previous estimate of 0.05% in ref. 14 using a similar experimental setup. This fraction of nanocrystalline ice would result in a decrease in C_p by 0.20 J/mol/K. This is a very small number as compared to what we observe in our measurements. We estimate a critical ice cluster size of 2.5 nm and nanocrystals that reach this size would quickly grow to a detectable size of 210 nm (SI Appendix, section 9) within 10 μ s based on the growth rate of crystalline ice measured by Xu et al. (29), which is much faster than our X-ray measurements of 25 Hz. A scattering pattern with 1% nanocrystalline ice (30) would result in a large shift in Q_1 to 1.78 \AA^{-1} , which we do not observe. This estimate is fully consistent with the observation that only a few crystals are formed as seen from the individual Bragg spots when ice is being detected, indicating nucleation-limited conditions (14, 31). Based on these observations, we conclude that nanocrystalline ice does not affect our measurements.

Excess Entropy and Dynamic Properties. The excess entropy (S_{ex}), i.e., the additional entropy present in a liquid with respect to its crystal at the same temperature, is useful in predicting the glass transition temperatures of liquids (18, 19). We estimate S_{ex} from the excess specific-heat capacity at constant pressure $C_p^{\text{ex}} = C_{p,\text{liq}} - C_{p,\text{lh}}$ from the following equation (32):

$$S_{\text{ex}}(T) = S_{\text{ex}}(T_M) - \int_T^{T_M} \frac{C_p^{\text{ex}}}{T} dT, \quad \text{for } T < T_M. \quad [4]$$

T_M is the melting point of ice and $S_{\text{ex}}(T_M)$ is the entropy of ice melting, which is 21.8 J/mol/K. Our data are presented in Fig. 6A and shows a steady decline on supercooling as expected. The data are consistent with the studies of Rasmussen and MacKenzie (23) and Angell et al. (19) who used emulsified water samples in heptane. We also observe that S_{ex} is relatively insensitive to C_p^{ex} .

We can also relate C_p and S_{ex} of supercooled water to its dynamic properties and understand more about the proposed fragile-to-strong transition (1, 11) in water where there is a predicted sudden change in water's self-diffusion coefficient. We use the Adam-Gibbs equation (33) to calculate the self-diffusion coefficient (D_s) of water.

$$D_s(T) = D_{s0} \times \exp\left[\frac{A}{T \times S_{\text{conf}}}\right]. \quad [5]$$

S_{conf} is the configurational entropy, which is obtained by adding the residual entropy (S_{res}) to the excess entropy. This estimation

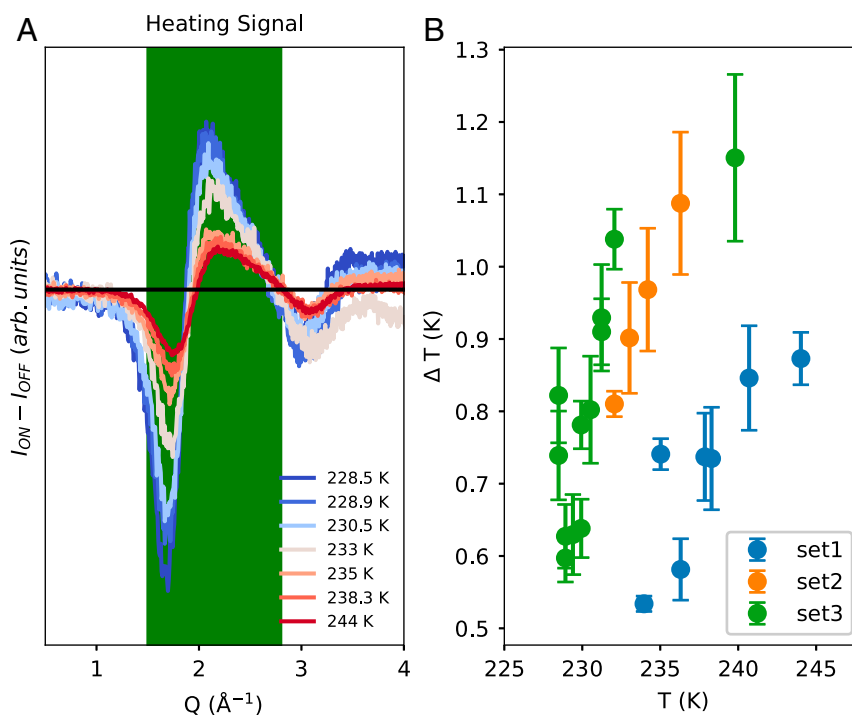


Fig. 3. (A) Heating signal ($I_{ON}-I_{OFF}$) at selected temperatures. (B) The temperature rise (ΔT) as a function of temperature for the three different datasets. The two values of ΔT_{Q1} and ΔT_{area} give similar results and are shown in *SI Appendix, Fig. S3*. The average of ΔT_{Q1} and ΔT_{area} is used to calculate the average value of ΔT and is shown in Fig. 3B. The three datasets represent different run conditions of spatial overlap between X-ray and IR laser and as a result, ΔT is not consistent between the different runs but consistent within each run series. The error bars are SEMs calculated according to *SI Appendix, section 7*.

of configurational entropy assumes that the vibrational entropy (S_{vib}) is equal to that of the crystal ($S_{crystal}$). This assumption is not strictly valid (34), since the free-energy landscapes of liquids and crystals are not identical. However, it is widely used (32, 35), because S_{vib} is proportional to $S_{crystal}$ and the fitting parameters (A , D_{s0}) in Eq. 5 account for that proportionality (32). The residual entropy is due to the proton disorder (36) and was estimated as $S_{res} = R \ln(3/2) = 3.47$ J/mol/K, where R is the universal gas constant, but is experimentally found to be 3.54 J/mol/K (37). The constants A and D_{s0} have been estimated by fitting the experimental data of liquid water in the temperature range from 373 to 237 K by Mallamace et al. (35) and are found to be $A = -31.75$ kJ/mol and $D_{s0} = 1.07 \times$

10^{-7} m²/s. Fig. 6B illustrates the self-diffusion coefficient of water. We compare our data to that derived in ref. (19) from emulsified supercooled water. More recent experiments of pulsed-laser heating of ice monolayers (29) and pulsed-gradient spin-echo NMR on water in a capillary (38) are also shown in Fig. 6B.

Discussion

We have found that a maximum with respect to temperature exists for the isobaric specific-heat capacity of liquid water, which is at the same temperature as maxima in $(dQ_1/dT)_{OFF}$ or $\sum_{Q=1.5}^{2.8} |(dI(Q)/dT)_{OFF}|$, depending on the method to estimate

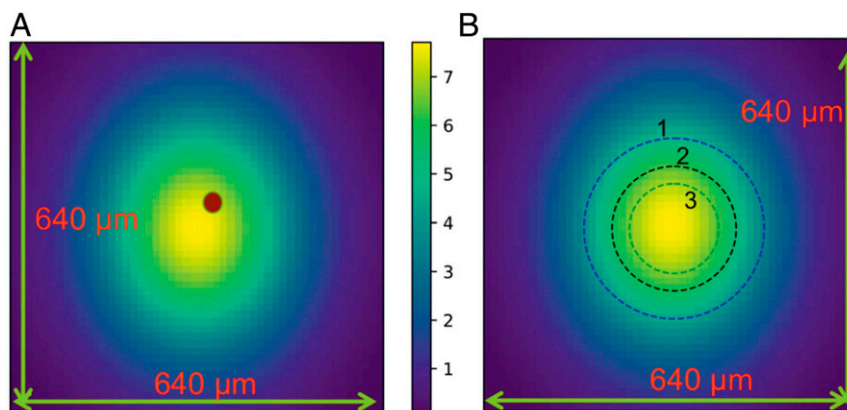


Fig. 4. Schematic of spatial overlap between X-ray ($14 \mu\text{m} \times 14 \mu\text{m}$) and IR laser [$305 \mu\text{m}$ (h) by $375 \mu\text{m}$ (v)]. (A) The image represents the flux of the IR laser (intensity in arbitrary units shown by the color bar) and the brown dot represents the position of the X-rays. The IR laser is adjusted to be concentric with the X-rays every 12 h. (B) The three dashed circles schematically illustrate the spatial overlap conditions for sets 1, 2, and 3, respectively. Set 3 represents the best overlap between X-ray and IR laser. This is consistent with the real camera images of the spatial overlap.

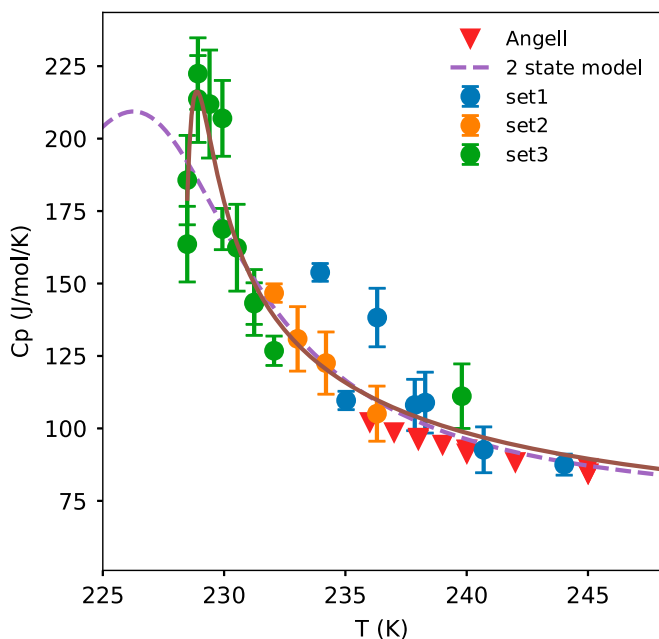


Fig. 5. The specific-heat capacity of water measured from three different datasets. The brown line is a guide to the eye. The Angell data are taken from ref. 17, and the two-state model data are taken from ref. 28. The error bars are SEMs calculated according to *SI Appendix, section 7*.

temperature jump. We observed previously the experimental determination of the maxima of the isothermal compressibility, correlation length, and the derivative of the first peak in the structure factor (dS_1/dT) (13). This observation brings a closure to the concept of the Widom line, that maxima of all the response functions are indeed observed, consistent with the existence of an LLCP at positive pressures (8).

Fig. 7 shows a direct comparison of the thermodynamic properties around the Widom line, with revised temperature for the previously studied κ_T , ξ , and dS_1/dT (13). The magnitude of dS_1/dT also changes due to the change in temperature and is revised in the same figure. As seen in Fig. 7, the maxima are close to each other in temperature. We also calculate dS_1/dT for our experiment (*SI Appendix, Section 6*) and its maximum with respect to temperature is at 229.4 ± 1 K as compared to 230.0 ± 1 K from previous results (13). This is encouraging since the two different measurements with different detectors, X-ray facilities, and data analysis procedures give closely similar results. Our ability to accurately pinpoint the maximum is limited by the spacing between our consecutive data points, which is ~ 0.5 K. Although there are ± 1 K errors in the absolute temperature from the Knudsen evaporation model, the relative errors in temperature within an experiment (13) is on the order of ± 0.1 K. This relative error is primarily due to vacuum fluctuation and precision of the sample position (13). There has been a debate about the accuracy of the droplet temperature in this setup of evaporating micrometer-sized water droplets in vacuum (26, 39, 40). Goy et al.'s observations (26) are consistent with our observations regarding the validity of the Knudsen evaporation model, but there is a disagreement with their conclusion that the degree of supercooling is overestimated in Sellberg et al. (14). This argument is based on the observed ice fraction from homogeneous ice nucleation rates and the insensitivity of the fit of droplet diameter vs. distance to the droplet velocity in the Goy et al. study, as discussed in the supplementary material of ref. 41. We calculate C_p for a lower and higher estimate of the temperature (*SI Appendix, Fig. S6*) and still observe a maximum in C_p .

Gallo et al. (12) showed that there are different lines of maxima in the P-T plane of κ_T , C_p , and α_p as we approach the LGCP. In particular, the lines of maxima of C_p and α_p follow each other closely, whereas the line of the maximum of κ_T deviates slightly. These lines only converge at 30 K and 90 bar above the LGCP. In the supercooled regime, the maxima of κ_T and C_p shown in Fig. 7

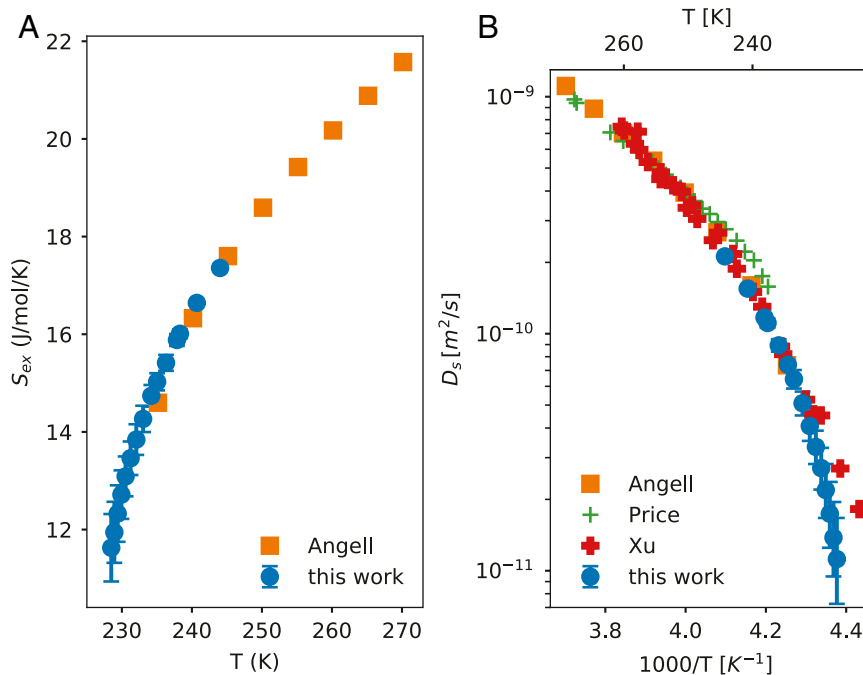


Fig. 6. (A) Excess entropy for liquid water. Angell data are taken from ref. 19. (B) The self-diffusion coefficient of liquid water. Angell data are estimated by applying the Adam–Gibbs equation 5 to data from A. Price data are taken from ref. 38 and Xu data are taken from ref. 29. The error bars are based on a minimum and maximum value of C_p and are calculated according to *SI Appendix, section 7*.

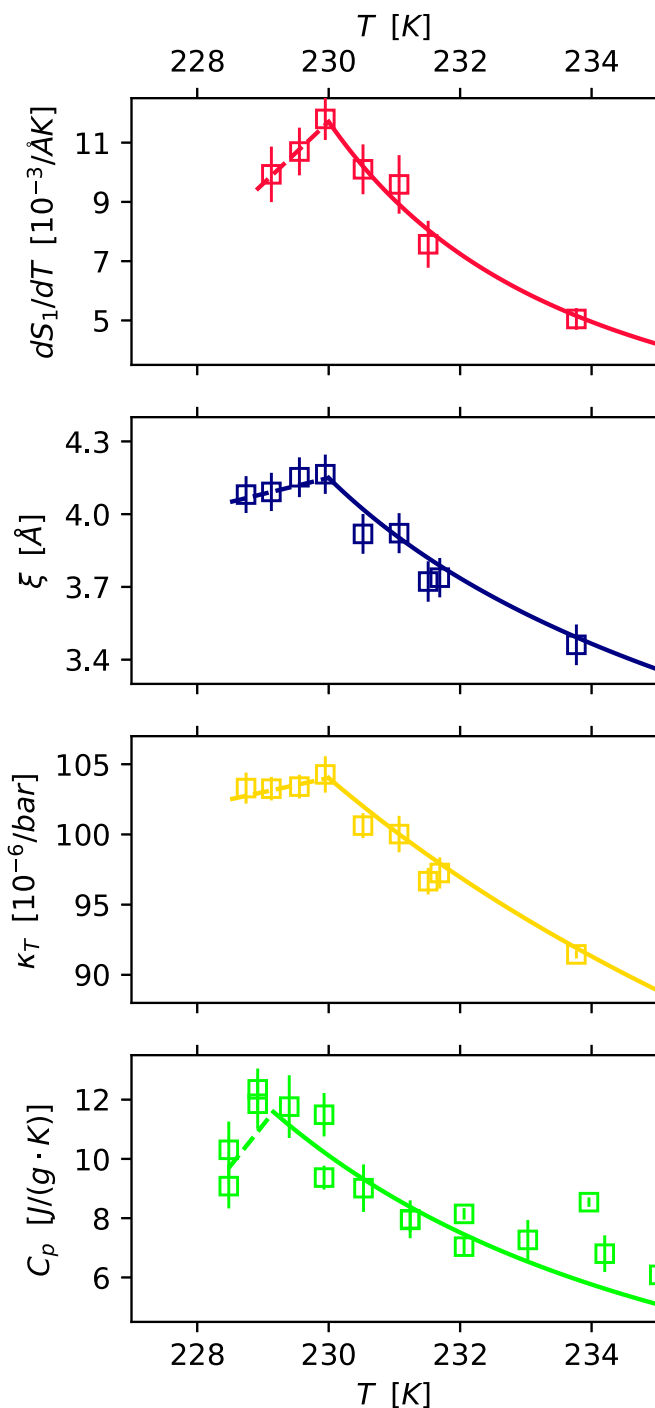


Fig. 7. Comparing the deeply supercooled region of κ_T , ξ , and dS_1/dT (13) with the currently determined C_p . Note that the temperature scale is adjusted for κ_T , ξ , and dS_1/dT with respect to ref. 13 by accounting for a remodeling of the evaporative cooling temperature, due to the rapid increase in C_p seen in the current measurements. The lines are power-law fits to the respective properties. The difference in maxima temperatures between C_p and the other properties are within the error bars.

are only $\sim 0.8 \pm 1.4$ (SEM) K apart, which means that we might be close to an LLCP of water. Previous studies have compared the experimental data to various molecular simulation models for water, locating the LLCP of real water at 600–1,000 bar (13, 16, 28, 41, 42).

The observed steep rise in C_p at $T < 235$ K means a rapid increase in entropy fluctuations. We also see a rapid change in κ_T and S_1 position with respect to temperature at $T < 235$ K, which is correlated with tetrahedrality (16). We have the following relation between κ_T and C_p :

$$C_p = C_v + \frac{T\alpha_p^2}{\rho\kappa_T}, \quad [6]$$

where ρ is the liquid density. By rewriting α_p/κ_T as $\left(\frac{\delta P}{\delta T}\right)_V$,

$$C_p = C_v + \frac{\kappa_T T}{\rho} \times \left(\frac{\delta P}{\delta T}\right)_V^2. \quad [7]$$

It is known that the constant volume heat capacity (C_v) has weak temperature dependence in the supercooled region (19) and T , ρ , and $\left(\frac{\delta P}{\delta T}\right)_V^2$ are finite quantities and thus the rise in C_p should behave similarly as κ_T close to the putative LLCP. This rapid rise and maximum in C_p in metastable water is also seen in the two-state model of water (28) when fitted to the measured κ_T within “no-man’s land.” Although the maximum observed in that model is at a colder temperature of ~ 226 K, the shift relative to κ_T is in the same direction as we observe.

The excess entropy of supercooled water decreases rapidly on supercooling below 235 K as shown in Fig. 6A. This rapid decrease extrapolated to lower temperatures would result in a theoretical glass transition temperature (Kauzmann temperature) at $T \sim 190$ K. However, the glass transition temperature of LDA has been determined to be around 136 K (20) for the common experimental heating rate of 0.5 K/s and at higher temperatures translational diffusion of an ultraviscous liquid have been measured (29, 43). Therefore, it is expected that there exists a rapid change in the slope of S_{ex} with respect to temperature below 227 K, pointing to a fragile-to-strong transition (1, 11, 44, 45). Recent studies (46) have been conducted to understand this transition in the 2005 revision of the transferable interaction potential with four points (TIP4P/2005) model of water, and proposed that the transition occurs at 220 K and is related to the change in the local-density environment of water from an HDL-rich phase to an LDL-rich phase. Such a hypothesis is consistent with the observation that the liquid is rapidly undergoing a structural change at the Widom line, becoming dominated by tetrahedral structures, as observed in the X-ray scattering data (13, 14). However, although the TIP4P/2005 model has some qualitative features resembling the anomalies of water, the values of maxima in C_p (47), as well as κ_T , ξ , and dS_1/dT (16) at the Widom line are largely underestimated. Therefore, estimation of the fragile-to-strong transition using the TIP4P/2005 model would be far from quantitative and further experiments are necessary.

The derived diffusion coefficient agrees with other experiments, as seen in Fig. 6B. The data from Xu et al. (29) did not utilize bulk water but rather a 25-monolayer-thick layer of amorphous solid water that was heated to the liquid state by a nano-second optical laser, resulting in a water thickness of 8 nm. This thickness is only 4× the average 2-nm length scale of the fluctuation at 230 K measured by small-angle X-ray scattering (13) and therefore the confinement could damp the fluctuations, which may somewhat affect the diffusion properties. Our D_s estimates at 229 K are $9.5 \times 10^{-12} - 2.0 \times 10^{-11} \text{ m}^2/\text{s}$ as compared to Xu’s measurements of $2.4\text{--}4.1 \times 10^{-11} \text{ m}^2/\text{s}$ at the same temperatures. It will be necessary to perform more accurate measurements of the diffusion coefficient of water upon deep supercooling, which could be obtained using X-ray photon correlation spectroscopy (43).

Conclusions

We have demonstrated a method for performing ultrafast calorimetry based on the usage of an IR pump as a heating source and an X-ray laser as a probe of temperature. A time delay between the pulses allows for thermal expansion and thereby provides heat capacity measurements at constant pressure (C_p). Since we used rather small temperature jumps (<1 K), C_p can be estimated to within 10% relative error and ± 1 K. However, the signal of the X-ray scattering change is small, affecting the overall quality of the data so that each different run series depends on the specific spatial overlap of the pump and probe pulses, making it necessary to combine different runs together. Although the accuracy is lower than measurements of the isothermal compressibility (κ_T), correlation length (ξ), and the derivative of the structure factor (dS_1/dT) all observing maxima at a temperature of 230 K, we conclude that the current data are consistent with C_p having a maximum at 229.2 ± 1 K. Since the temperature difference between the κ_T and C_p maxima is small, it indicates that a critical point in the temperature-pressure phase diagram could be in the proximity of our measurement conditions.

Since the C_p maximum has a large value, it will affect the slope of the excess entropy temperature dependence toward lower temperatures. In order to connect to the glass transition at ~ 136 K, it is necessary for a rapid change of slope of the excess entropy somewhere below 227 K, supporting a proposed fragile-to-strong transition at somewhat lower temperatures. Using the Adam-Gibbs equation and approximations regarding the configurational entropy, we show that the self-diffusion coefficient decreases rapidly as the liquid is cooled below 235 K, further favoring a dynamic transition at around 220 K.

Materials and Methods

We use milli-Q water for our measurements. We use ultrafast X-rays provided by the Bernina beamline (48) at SwissFEL at the Paul Scherrer Institute (PSI) with a photon energy of 9.55 keV with $\Delta E/E < 5 \times 10^{-3}$ and a repetition rate of 25 Hz and pulse energy of 350–450 $\mu\text{J}/\text{pulse}$. The X-ray focus size is measured by a knife-edge scan and is 14 μm by 14 μm full width at half maximum (FWHM). An IR femtosecond laser with a wavelength of 2.05 μm (bandwidth FWHM = 0.18 μm) and size (FWHM) of 305 $\mu\text{m} \pm 22$ μm (horizontal) by 375 $\mu\text{m} \pm 21$ μm (vertical) and energy of 290 ± 5 μJ (measured by a power meter) is used to excite the droplets. The wavelength is deliberately chosen to be slightly away from the absorption peak (49) of liquid water (1.94 μm at 26 °C) because of the relative insensitivity of the absorption coefficient with respect to temperature (50, 51). The droplets are 15 μm in diameter with a velocity of 16.6 m/s and are probed by X-rays at different positions in the vacuum chamber that correspond to different temperatures. There is a constant delay of 1 μs between the IR laser and the

X-rays and the IR laser is switched OFF every alternate X-ray pulse. Assuming a $C_p = 82$ J/mol/K and an absorption coefficient of 55 cm^{-1} (based on the water absorption spectrum at room temperature and the laser profile), the laser is expected to cause a T jump of ~ 2.6 K if the droplet is at the center of the laser (1 K if the droplet is 1 SD away in both the directions). This T jump is independent of the droplet size (our largest source of error) because the fraction of energy absorbed by the droplet is low (see C_p from ΔT). The scattering pattern is detected using a 16-M Jungfrau detector with a Q range from 0.3 to 4.3 \AA^{-1} . The X-ray intensity is measured using a 1.5-M Jungfrau detector. T jump and C_p are depicted in *SI Appendix, Table S1*.

C_p from ΔT . C_p is calculated by dividing the energy absorbed (E_{abs}) by the droplet by the mass of the droplet (m) and the temperature jump (ΔT).

$$C_p = \frac{E_{\text{abs}}}{m \times \Delta T} = \frac{E_i \times [1 - \exp(-\alpha \times d_{\text{eff}})]}{\rho \times \frac{\pi}{6} \times d^3 \times \Delta T} \quad [8]$$

$$= \frac{E_{\text{flux}} \times \frac{\pi}{4} \times d^2 \times [1 - \exp(-\alpha \times d \times \frac{2}{3})]}{\rho \times \frac{\pi}{6} \times d^3 \times \Delta T}$$

where E_i = energy incident on the droplet, E_{flux} = incident IR laser flux on the water droplet, d = droplet diameter, d_{eff} = effective path length of the IR light through the droplet = $2/3 \times d$, and α = absorption coefficient of water.

We find that for $\alpha \times d \ll 1$, this C_p estimation is independent of the droplet size. α for water was found to be 55 cm^{-1} at 26 °C by convoluting water's absorption spectrum (49) with the laser bandwidth. The temperature dependence of the absorption coefficient was estimated based on the measurements of Jensen et al. (50) in the range of 30–42 °C and convoluting it with the laser bandwidth. Their studies indicate that the colder water has milder variation (low $|d\alpha/dT|$) in the absorption coefficient. We use the value from their coldest measurements at 30 °C of $d\alpha/dT = -0.182 \frac{\text{cm}^{-1}}{\text{K}}$ that yields an absorption coefficient varying in a narrow range between 65 cm^{-1} at 244 K to 68 cm^{-1} at 228.5 K. Thus, variation in α has a negligible effect on estimation of C_p from ΔT .

Data Availability. All study data are included in the article and/or *SI Appendix*. Some study data are available upon request.

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