



Article Enhancing Antioxidant Activities and Anti-Aging Effect of Rice Stem Cell Extracts by Plasma Treatment

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Abstract: Plant-derived substances exhibit antioxidant and antibacterial activities and have been proven to have beneficial effects in wound healing and skin regeneration. Plant stem cells have recently received much attention as research materials in cosmetic development because they promote regeneration after damage. In this paper, we demonstrate for the first time that the plasma treatment of stem cells obtained from rice-seed embryos can be effective in enhancing antioxidant activity and in regenerating human skin. We investigated this potential utilizing micro-DBD (Dielectric Barrier Discharge) plasma as a pretreatment technique to enhance the vitality and functional activity of rice stem cells. The results of the cell culture experiments show that plasma-treated rice stem cell extracts (RSCE) have promising antioxidant and anti-skin aging activities. The results of quantitative real-time PCR (qRT-PCR) for major antioxidant enzymes and anti-aging genes confirm that the plasma technique used in the pretreatment of RSCE was able to enhance cell activities in skin regeneration, including cell survival, proliferation, and collagen enhancement for Human Fibroblast (HFB) degraded by oxidative stress. These results show that the relatively low energy of less than 300 W and an amount of NOx-based reactive nitrogen species (RNS) from plasma discharge of about $3 \,\mu L/L$ were the key factors and that RSCE, of which the antioxidant activity was enhanced by plasma treatment, appeared to be a major contributor to the protective effect of HFB against oxidative stress. Plasma-treated RSCE induced excellent anti-aging properties by stimulating HFB to promote collagen synthesis, thereby promoting skin regeneration. These properties can protect the skin from various oxidative stresses. This study demonstrates that plasma-treated extracts of stem cells derived from rice-seed embryos have an excellent regenerative effect on aging-treated HFB. Our results demonstrate the potential utility of plasma-treated RSCE as a skin anti-aging agent in cosmeceutical formulations for the first time.

Keywords: stem cells; rice-seed embryos; micro-DBD plasma; antioxidant; RSCE; HFB

1. Introduction

Human skin consists largely of two layers of tissue. The outer layer is the epidermis, which contains keratinocytes, and the inner layer is the dermis, which contains fibroblasts and an extracellular matrix. Skin aging is a complex process involving both layers. The cause of skin aging is the degradation of the structure and physiological functions of the skin by various exogenous (exterior) and endogenous (interior) factors. Exogenous aging is caused by environmental factors such as ultraviolet (UV) radiation, alcohol ingestion, pollutants, and severe physical stress [1,2]. These factors cause oxidative damage to skin



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Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). lipids, proteins, and DNA through the formation of free radicals, leading to loss of skin elasticity. UV accounts for up to 80% of exogenous aging. Endogenous skin aging is caused by accumulated intrinsic damage due to the persistent formation of reactive oxygen species (ROS) [3,4]. Free radicals damage the connective tissue of the skin, leading to premature skin aging (photoaging) [3–5]. Previous studies have indicated that sustained ROS exposure can stimulate skin aging through antioxidant system destruction, wrinkling, and melanin overproduction [5]. To delay such aging of the skin, methods of strengthening and protecting skin cells have been studied as an important issue in the cosmetics industry. Innovative formulations of cosmetic raw materials are being developed. In particular, nanotechnology in the cosmetic industry has a very small particle size, so it is possible to increase the surface area to increase skin absorption of active ingredients [6–8].

Plant-derived active ingredients such as polyphenols have been used to prevent skin aging [9] because they have strong antioxidant activity against ROS. Bioactive compounds such as isoflavones, anthocyanins, and catechins protect the epidermis of the skin from external stimuli and oxidative stress. These plant-derived active ingredients with antioxidant activity were mostly obtained through plant cultivation. However, plant cultivation generally requires a great deal of space and a long period of time. In addition, it is difficult to obtain consistent plant extracts because control of the cultivation conditions is relatively difficult. As an alternative, growing plant calluses in an environment where cultivation conditions are easy to control allows for management of changes in the external environment, thus enabling high productivity and a fast turnover rate.

Calluses, parts of which have the same roles as animal stem cells, is a mass of plant stem cells with properties that help stimulate and regenerate plants after injury [10]. A plant stem cell is an undifferentiated cell that has the genetic potential to produce an entire mature plant, strong proliferative capacity, and high differentiation potential, so it is possible to produce a mature plant from a specific plant callus [11-13]. Plant stem cells exhibit excellent anti-aging properties because fibroblasts stimulate collagen synthesis and promote skin regeneration, among other activities. These unique properties of plant stem cells are focused on the development of new cosmetics. Although active research is being conducted on the use of plant callus materials called plant stem cells as functional natural materials with excellent physiological activity in the cosmetic field, plant stem cell materials have not been developed [14]. The anti-aging effects of grapes, raspberries, tomatoes, medicinal material, and many plant stem cells have been previously reported. However, the anti-aging efficacy of stem cells obtained from rice embryonic cells has hardly been reported [15–17]. Rice (Oryza sativa) is composed of many phytochemicals such as γ -oryzanol, vitamin E homologues, and phenolic acids that produce beneficial health properties [18,19]. Rice Stem Cell Extract (RSCE) is a callus extract derived from embryonic cells of rice seeds. It has a high vitamin content and excellent antioxidant effect.

Plasma is a state of matter in which partially ionized gas leads to a dynamic mix of charged particles, reactive nitrogen and oxygen species (RONS), excited atoms, free radicals, ultraviolet photons, and electric fields [20,21]. As an environmentally friendly and sustainable new technology, applications of plasma have provided a variety of reaction mechanisms for bio-targets by changing the combination of parameters generated by various feed gases.

Plasma medicine is a fusion of research involving both plasma physics and biology, and it has been studied as a new field in medical research for more than ten years worldwide. Plasma medical research using cold atmospheric plasma has been actively performed for the purpose of therapeutic treatment of the human body. The purpose of this study is to confirm the effect of plasma-treated rice stem cell extracts (RSCE) in promoting cell regeneration of fibroblasts.

Herein, we report the first RSCE-based cosmetics work focused on the effects of plasma-treated rice stem cells on the aging of human skin.

2. Materials and Methods

2.1. Plant Materials

De-husked mature rice seeds of the Japonica rice variety Dongjin were placed in a 50 mL conical tube and then sterilized using 100% ethanol for 30 s with shaking. Afterward, the ethanol was discarded and 50% Clorox (4% sodium hypochlorite) was added for a second sterilization for 20 min with shaking (Supplementary Figure S1A). The sterilized seeds were rinsed 4–5 times with sterile double-distilled water (ddH₂O) with shaking and then were placed on sterilized filter paper on a clean bench and dried. The medium N6 is widely used for the culture of callus tissue from many plants [22,23]. Chu N6 Medium supplemented with vitamins was used to induce the growth of calluses, which contained the stem cells of the plant. The composition of the rice stem-cell induction medium is shown in Table 1. The pH of the medium was adjusted to 5.8 using KOH before autoclaving began. Then, 25 mL of the autoclaved culture medium was poured into a 90 mm Petri dish under sterile conditions. The sterilized rice seeds were planted on the culture medium with the rice embryo side up and then maintained in darkness in a growth chamber at 25 ± 2 °C for callus induction. Approximately 20 rice seeds were planted in each Petri dish. The callus induction frequency was obtained after 3 to 6 weeks of culture by repeatedly recording the number of calluses induced in each of 20 Petri dishes (with three repetitions). The following equation was used to determine the callus induction frequency [24,25]:

$$\%F = N_{callus} / N_{seeds} \times 100 \tag{1}$$

where F = callus induction frequency, N_{callus} = number of calluses produced from seeds, and N_{seeds} = number of planted seeds.

Total (ddH ₂ O)	1 L
Sucrose	30 g
Casamino acid	0.3 g
Proline	2.878 g
CHU N6	3.956 g
Myo-inosiitol	0.1 g
2.4-D (mg/mL)	2 mL
pH	5.8
Gellan Gum	4 g

Table 1. The composition of the medium inducing rice stem cells.

2.2. Plasma Device

In this study, a μ -DBD (dielectric barrier discharge) plasma device with a dimmingtype high-voltage inverter and duty ratio of on/off time of the discharge method was used (Figure 1). The electrode structure of the plasma device is well described in previous studies [26]. The DBD plasma device consists of electrodes, a dielectric layer (silicon dioxide (SiO₂)), hydration-prevention layers, aluminum oxide (Al₂O₃), and a magnesium oxide (MgO) layer. The thickness of the SiO₂ dielectric layer is about 30 μ m, and the diameter of the plasma discharge area is about 60 mm. To prevent hydration during plasma discharge, Al₂O₃ was added onto the MgO layer. Plasma was generated using nitrogen gas with a flow rate of 1500 Standard Cubic Centimeter per Minute (sccm) and electrical current of 50–63 mA current at 1.2 kV input voltage. The optical emission spectra of the plasmas generated were captured using spectrometry (Ocean Optics, HR4000, FL, USA) with a charge-coupled device (CCD).



Figure 1. µ-DBD plasma. Plasma discharge appearance and schematic diagram.

2.3. Treatment of Rice Stem Cells with Plasma

The rice stem cells induced by 3 weeks in culture media were then treated with plasma. Rice stem cells on culture medium were exposed to μ -DBD plasma at a distance of 1 mm from the source. The time of each plasma treatment was 1, 3, or 5 min. The plasma treated rice stem cells were incubated for one day under the same culture conditions as before (25 ± 2 °C in the dark). After one day, the rice stem cells were collected and ground in liquid nitrogen using a pestle and mortar.

2.4. Reactive Species Measurement in Gas Phase

The generated O_3 and NO_x were measured and recorded using an O_3 analyzer (GM-6000PRO, Anseros, Germany) and NO_x analyzer (T200, Teledyne, Thousand Oaks, CA, USA), respectively. These analyzers used a Urethane tube (Sang-A Pneumatic co., LTD., Daegu, Korea; OD: $\Phi 6$ mm, ID: $\Phi 4$ mm) as the sample gas inlet, which were located 10 mm away from the DBD electrode. The flow of sample gas that two analyzers took in were 1000 sccm in total. The measurements were performed for 30 min, and the measured data were recorded as analogue outputs (4–20 mA) by a data logger (GL840-M, Graphtec, Japan).

2.5. Extraction of Rice Stem Cells

A sample of approximately 1 g of ground rice stem cells was mixed with 20 mL of methanol and incubated for 3 h with shaking at room temperature (RT). After centrifugation several times (3000 rpm for 15 min at 4 °C), the collected supernatant was transferred to a new tube. Then, the collected supernatant was concentrated using a vacuum evaporator (Jeiotech, Daejeon, Korea). After the solvent was completely evaporated, the remaining pellet was re-dissolved in extraction solvent at the final concentration of 1 mg/mL.

2.6. Assay for the Amount of Total Polyphenol

For extraction of the total polyphenols, harvested rice stem cells (3 weeks old) were ground in liquid nitrogen. The ground samples were suspended in methanol solvent and incubated for 4 h with shaking at room temperature (RT). The total phenolic content (TPC) was determined using the modified Folin–Ciocalteu method [27]. After two cycles of centrifugation (3000 rpm for 15 min), the supernatant was filtered and transferred to a new tube. Then, the collected supernatant was concentrated using a vacuum evaporator. After the solvent was completely evaporated, the pellet was re-dissolved in 0.2 mL of the same extraction solvent. The dissolved solution was mixed with 0.5 mL of the Folin–Ciocalteau

reagent (Sigma, St. Louis, MO, USA) and incubated for 5 min at RT in the dark. Then, 1 mL of 7.5% sodium carbonate (w/v) was added, thoroughly mixed, and incubated for 1 h at RT in the dark. Absorbance was measured at 765 nm using a UV-vis spectrophotometer using microplate reader (Biotek, Seattle, Washington, DC, USA). A standard curve was obtained using the absorbance values of gallic acid (reference polyphenol), and the total phenol amount in each sample was estimated as gallic acid equivalents (mg GAE/g).

2.7. Total RNA Isolation and qRT-PCR

Total RNA isolation was performed based on the MMY method [28]. Rice stem cells (30 mg) were ground in liquid nitrogen using a pestle and mortar. Total RNA was then extracted from the ground powder using TRIzol reagent (Invitrogen, Carlsbad, CA, USA) with chloroform. The complementary DNA (cDNA) was synthesized using SMART[®] MMLV Reverse Transcriptase (Clontech, Mountain View, CA, USA) following the manufacturer instructions. A portion (1 mL) of synthesized cDNA was used as the template for the qRT-PCR. The analysis was performed using iQ SYBR Green Supermix (Bio-Rad, Hercules, CA, USA) and a Real-Time PCR detection system (CFX96, Bio-Rad, Hercules, CA, USA). The relative expression of mRNA for major genes associated with skin aging on HFB cells were analyzed by qRT-PCR. Primer sequences are listed in Table 2. The qRT-PCR was performed by normalization to the mRNA level of GAPDH. GAPDH was used as a housekeeping gene for the qRT-PCR. The PCR thermal cycles involved a three-step protocol: activation at 95 °C for 3 min, followed by 40 cycles of denaturation at 95 °C for 10 s, and an annealing/extension at 60 °C for 30 s.

Table 2. Primer sequence for qRT-PCR.

Primer	Temperature (°C)	Sequence (5' $ ightarrow$ 3')
CAT	60	AACTGTCCCTACCGTGCTCG ATTGGCAGTGTTGAATCTCCGC
Col-1	60	GAGGGCCAAGACGAAGACATC CAGATCACGTCATCGCACAAC
MMP-9	60	ACTCGGGTGGCAGAGATGC AGGTGATGTTGTGGTGGTGC
GAPDH	60	ATGAGAAGTATGACAACAGCC AGTCCTTCCACGATACCAAA

2.8. Gas Chromatography–Mass Spectrometery (GC-MS) Analysis

Plasma-treated 3-week-old calluses were subjected to extraction with methanol solvent and analyzed by GC-MS to compare changes in metabolites. GC-MS was performed with a Shimadzu GC-2010 gas chromatography instrument coupled with a Shimadzu QP2010 mass spectrometer. Compounds were separated on a fused silica capillary column Rtx-5MS (100% polymethylsiloxane, 30 cm \times 0.25 mm i.d., 0.25 mm film thickness). The oven temperature program was initiated at 70 °C, held for 10 min, increased at a rate of 5 °C min⁻¹ to 195 °C, and then increased again at 10 °C min⁻¹ to 300 °C, and held there for 15 min. The spectrometers were operated in electron-ionization mode. The scan range was 35–500 amu, the ionization energy was 70 eV, and the scan rate was 0.20 s per scan. The injector, interface, and ion source were kept at 250, 250, and 200 °C, respectively. Split injection (1 mL) was conducted with a split ratio of 1:10, and helium was used as the carrier gas at a flow rate of 1.0 sccm.

2.9. Cell Culture

Normal human primary dermal fibroblasts from neonatal foreskin (HDFn) (ATCC PCS-201-010) were obtained from the American Type Culture Collection (ATCC, Manassas, VA, USA). Fibroblasts were cultured in DMEM-high glucose medium (Invitrogen, Carlsbad, CA, USA, No. 10569-044). The medium was supplemented with 10% FBS (Thermo HyClone, Logan, UT, USA, No. SH30406.02) and 1% glutamine, 1% penicillin (100 IU/mL),

and streptomycin (100 mg/mL) (HyClone, Promega, Madison, WI, USA). The cells were cultured at 37 $^{\circ}$ C, 95% relative humidity, and 5% CO₂.

2.10. Cell Viability Assay

To investigate the proliferation activity, we used the CellTiter-Glo cell viability assay kit (Promega, Madison, WI, USA; Cat no. G7570). This is one kind of luminescent cell viability assay with a procedure used to determine the number of viable cells in a culture based on the quantization of the ATP present. ATP indicates the presence of metabolically active cells. For this assessment, the cells were prepared with various concentrations of the callus extract and chemicals on the human fibroblast cells; then, the cells were prepared with the CellTiter-Glo[®] substrate at room temperature. Plates with 96 wells were prepared with HFB in 100 μ L of the culture medium per well, along with control wells containing the medium without cells to measure the background luminescence. After 30 min of incubation, the luminescence signal of the plate was read at 490 nm using a microreader.

HFB was first treated with 1 mM of tert-butyl hydroperoxide (t-BHP) to artificially induce oxidative stress. To investigate cytotoxicity after t-BHP treatment, HFB cells were exposed to t-BHP at 200 mM for 1 h. In order to observe the t-BHP-induced cytotoxicity prevention activity of plasma-treated RSCE, HFB cells were pretreated with RSCE at a concentration of 0.1 mg/mL and plasma-treated for 24 h before t-BHP treatment.

2.11. Statistical Analysis

All percentages and relative values of the data are represented as the mean \pm standard deviation (S.D.) of the indicated number of replicates (\geq 3). Statistical analyses of the data were performed using the student's t test to establish the significance between data points, and the significance of differences were based on either *p* < 0.05 (*) or *p* < 0.01 (**).

3. Results and Discussion

3.1. Preparation of Stem Cells from Rice Seeds

Rice Stem Cell Extract (RSCE) is a callus extract derived from embryonic cells of rice seeds, with high vitamin content and excellent antioxidant effects. However, the anti-aging efficacy of stem cells harvested from rice embryonic cells has rarely been reported. Here, we utilized plasma as a pretreatment technique for the activation of RSCE and confirmed that, in particular, the antioxidant and skin aging regeneration effects of RSCE were enhanced by plasma.

As shown in Supplementary Figure S1B, rice stem cells were obtained from the peeled embryos of sterilized rice seeds. Three-week-old calluses obtained from approximately 20 seeds in one Petri dish were plasma-treated (Supplementary Figure S1C). Three-week-old rice stem cells were ground in a mortar with liquid nitrogen and then were subjected to solvent extraction to obtain a rice stem cell extract (Supplementary Figure S1D,E). The various analyses of the callus extracts extracted from plasma-treated calluses were compared. The acquired callus induction frequency was made at a constant rate (about 90% or more) for 3–6 weeks, as shown in Figure 2. An additional experiment was performed by freeze-drying the harvested 3-week-old rice stem cells.

Chu N6 Medium supplemented with vitamins was used to induce the growth of calluses, which contain the stem cells of the plant. The callus induction frequency was obtained after 3 to 6 weeks of culture by repeatedly recording the number of calluses induced in each of the 20 Petri dishes (with three repetitions). The acquired callus induction frequency was made at a constant rate (about 90% or more) for 3–6 weeks. All measurements were made in three or more replicates. * p < 0.05; ** p < 0.01.



Figure 2. Frequency of callus induction from rice embryonic cells.

3.2. Ozone and NOx Analysis

The measured O_3 and NO_2 concentrations according to the time variant at the N_2 flow rate condition of 1500 sccm are depicted in Figure 3. The concentration of O_3 was increased up to about 6 μ L/L at 15 min after the discharge was ignited and sustained until the end of measurement. The NO_2 concentration was increase up to about 3 μ L/L at 4 min and sustained. The averaged concentrations of O_3 and NO_2 after 10 min were 6.24 and 3.1 μ L/L, respectively. Until the plasma discharge time of 3 min, NO_2 was dominant as the active species around the plasma electrode. However, when plasma discharge was more than 3 min, the concentration of NO_2 was saturated and O_3 was increased. It was found that, after 3 min of plasma discharge, the active species concentration was traded off.



Figure 3. Measured O_3 and NO_2 concentrations according to the time variant. Changes in O_3 (black line) and NO_2 (blue line) concentrations during plasma discharge 15 min.

3.3. Antioxidant Activities of Rice Stem Cell Extracts

The diameter of the discharge region of the μ -DBD plasma device with the duty cycle used in this study was 60 mm; the plasma characteristics were reported in a previous paper [26]. Through the previous studies, we were able to confirm that the plasma device in this study used about 1.27 kV and 50 mA of root mean square voltage and current and that the electrical discharge energy delivered to the rice stem cells in a 1 s treatment was 1.55 W [26].

To test whether plasma treatment could affect the physiological aspects of RSCE, we analyzed the total phenolic compound content of rice stem cells. The content of phenolic compounds is closely related to their antioxidant activity [29–31]. The total phenol content of the rice stem cell extract was analyzed using the Folin–Ciocalteu reagent method, and the TPC content was compared according to the plasma treatment time (Figure 4). The concentrations of total phenolic compounds in the rice stem cells showed a tendency to increase with plasma treatment (Figure 4). As the N₂ plasma treatment time increased, the polyphenol concentration also increased. The total antioxidant activity of the callus extract treated with plasma for 1 min (7.2 mg/g) and for 3 min (7.6 mg/g) was increased by about 1.5 times compared with the control (5 mg/g). Antioxidant activity increased in proportion to plasma treatment time up to 3 min, but in the 5 min (5.2 mg/g) treatment, antioxidant activity decreased compared with the 1 and 3 min treatments and the content was similar to the untreated control. Additionally, there was no significant difference between the 1 and 3 min plasma treatments.



Figure 4. Total antioxidant capacity in rice stem cell extracts (RSCE) according to the plasma treatment time. All measurements were made in 3 or more than 3 replicates. * p < 0.05; ** p < 0.01.

The total phenol content (TPC) of the rice stem cell extract was analyzed using the Folin–Ciocalteu reagent method, and the TPC content was compared according to the plasma treatment time. Absorbance was measured at 765 nm using a UV-vis spectrophotometer. A standard curve was obtained using the absorbance values of gallic acid (reference polyphenol), and the total phenol amount in each sample was estimated as gallic acid equivalents (mg GAE/g).

3.4. GC-MS Analysis of Rice Stem Cell Extracts

To compare the changes in the RSCE components induced by plasma treatment, we confirmed the chemical composition of the RSCE according to the plasma treatment time using GC-MS analysis (Table 3 and Supplementary Figure S2). When the retention times (RT) of untreated RSCE and plasma-treated RSCE were compared, five types of candidate metabolites were detected as flows, with the highest peak in those RSCE treated with plasma for 3 min: fructose (RT = 34.805 min), galactopyranoside (RT = 49.620 min), melibiose (RT = 47.830 min), glycoside (RT = 49.325), and sucrose (RT = 49.620 min) (Table 3). These candidate metabolites were mainly primary metabolites and showed a slight difference in peak height according to the duration of plasma treatment (Supplementary Figure S2). Melibiose metabolites showed similar peak heights in the remaining treatment groups except for the RSCE plasma treated for 3 min. In the remainder, fructose, galactopyranoside,

glycoside, and sucrose all increased in RSCE plasma treated for 3 min and 1 min; however, they decreased in the 5 min plasma-treated RSCE when compared with the untreated control. Primary metabolites, such as carbohydrates, fats, and proteins that play major roles in basal metabolic processes, are substances directly involved in general growth, development, and reproduction in living organisms. An increase in the contents of these candidate metabolites can be associated with an increase in cell viability and vitality.

Table 3. Candidate metabolites in rice stem cells.

Retention Time (min)	Metabolites ¹	Peak Height Changed ²
34.805	Fructose	3 > 1 > C = 5
36.690	Galactopyranoside	3 > 1 > C > 5
47.830	Melibiose	3 > C = 1 = 5
49.325	Glycoside	3 > 1 > C > 5
49.620	Sucrose	3 > 1 > C > 5

¹ Candidate metabolites according to the retention time. ² The difference in the height of the changed peaks in order from highest to lowest. C, untreated control; 1, 3, 5; each plasma treatment time.

3.5. Effects of Rice Stem Cell Extracts against Oxidative Damage on HFB

To confirm the regenerative effect of HFB on $N_2 \mu$ -DBD plasma-treated RSCE, HFB was first treated with 1 mM tert-butyl hydroperoxide (t-BHP) to artificially induce oxidative stress. Tert-butyl hydroperoxide (tBHP) is a well-known oxidative stress inducer used to induce cellular senescence [32,33]. This substance depletes cellular antioxidant defense mechanisms, leading to lipid peroxidation [34,35]. For this experiment, we used a human skin fibroblast (HFB) cell line. We used the various concentrations of callus extracts to observe the proliferation effects of HFB cells. To investigate the effects on the proliferation assay, cells were incubated with 10% FBS in DMEM. Various t-BHP concentrations (12.5, 25, 50, 100, 300, and 500 μM) were tested, and cell proliferation was evaluated (Supplementary Figure S3). As shown in Figure 5, plasma-treated RSCE was treated for each concentration (0.001, 0.01, 0.1, and 1 mg/mL), and the cell proliferation rate of HFB was compared. HFB cells were pretreated with RSCE that was plasma-treated for 24 h before t-BHP treatment. In Figure 5, the number of viable cells in HFB under t-BHP treatment increased the most using RSCE treated with a 0.1 mg/mL concentration of plasma for 3 min. Through the comparison of HFB viability using the concentration for plasma-treated RSCE in a state in which t-BHP was not treated, it was confirmed that 0.1 mg/mL was the optimal concentration (Supplementary Figure S4). The concentration of the extract from the 0.1 mg/mL group was shown to have higher effects than the other three groups (0.001, 0.01, and 1 mg/mL) after 24 h (Supplementary Figure S4), and it still consists of the effects until 48 h (data not shown). Plasma-treated RSCE at a concentration of 0.1 mg/mL showed a significant difference and increased the proliferation of HFB cells. RSCE at a concentration of 0.1 mg/mL treated for 1 min and 3 min was increased compared with RSCE without plasma treatment, and RSCE at a concentration of 0.1 mg/mL treated for 5 min showed a similar cell viability to that of the untreated control (Supplementary Figure S4). This trend showed a marked difference when treated with t-BHP oxidative stress. The 3 min plasma treated with 0.1 mg/mL RSCE showed an excellent ability to overcome the oxidative stress of t-BHP.

In order to confirm the cell proliferation of plasma-treated rice stem cell extracts (RSCE), HFB was pretreated with plasma-treated RSCE at each concentration for 24 h. The plasma treatment lasted 1, 3, and 5 min, and nitrogen gas (1500 sccm) was used as the feeding gas. The RSCE was used in concentrations of 0.001, 0.01, 0.1, and 1 mg/mL. All measurements were made in three or more replicates. * p < 0.05; ** p < 0.01.



Figure 5. Cell viability of HFB according to the plasma treatment time. All measurements were made in 3 or more than 3 replicates. * p < 0.05.

As a result of measuring the concentration of active species generated by plasma discharge, the concentration of NO₂ increased to about 3 μ L/L at 4 min of discharge and continued. NO₂ was dominant until 3 min of plasma discharge, but when plasma discharge was more than 3 min, the concentration of NO₂ was saturated and O₃ increased. Based on the results of offsetting the concentration of active species after 3 min of plasma discharge, it was speculated that NOx-type RNS including NO₂ played an important role in RSCE activity. In addition, the micro DBD plasma electrode used in this study is characterized by a relatively weak energy intensity. The discharge energy value according to the nitrogen supply gas was 1.55 W per second. Therefore, the energy values according to the plasma treatment time were 93 (1 min), 279 (3 min), and 465 (5 min) W. Therefore, the threshold value that can activate cells is 300 W, and at energy intensities higher than that, it would have been in the range of energy that could cause damage rather than activation of the cells.

Various studies have suggested that ROS play critical roles in cell differentiation [36]. We suggest that plasma-generated RONS could enhance the antioxidant activity of RSCE, which is involved in inducing the differentiation of HFB cells. Reactive species are well-known signaling molecules [37–39]. ROS and RNS produced by the plasma can be key factors in the expression of genes involved in plant cell proliferation. In our study, RNS generated from plasma were just the possible triggers for increasing the proliferation rates of rice callus cell.

The beneficial effect of plasma-treated RSCE on oxidative damage may be due to the induction of the ability of fibroblasts to inhibit ROS. Burdon et al. [40] demonstrated that low concentrations (10–6 to 10–8 M) of H_2O_2 and t-butyl hydroperoxide could stimulate growth in both primary fibroblast cultures and transformed baby hamster kidney fibroblasts (BHK-21). *Centella* extract from the callus culture induced the expression of CAT exposed to H_2O_2 . It has been clearly shown that *Centella* extract can prevent H_2O_2 cytotoxicity by enhancing the ability of fibroblasts to scavenge harmful ROS [41]. To support this fact, the mRNA expression levels for catalase (CAT), a major antioxidant enzyme, were compared. Our qRT-PCR results showed that plasma-treated RSCE had excellent efficacy on the induction of antioxidants in fibroblasts (Figure 6). Plasma-treated RSCE improved the CAT expression level in cells damaged by oxidative stress after t-BHP treatment with a significant four times greater difference. This was improved by a factor of two compared

with RSCE without plasma treatment. These qRT-PCR data suggested that the upregulation of cellular antioxidant enzymes is a major factor for the protective effect of RSCE, in which the antioxidant activity was enhanced by plasma treatment. Taken together, these results clearly demonstrated that the increased antioxidant capacity of plasma-treated RSCE could prevent oxidative stress by enhancing the ability of HFB to scavenge harmful ROS. It is considered that the relatively low energy and RONS generated from the plasma were at an appropriate level for activating RSCE rather than damaging it. Plasma treatment was able to enhance the antioxidant ability of RSCE and lowered the intracellular ROS level of HFB damaged by oxidative stress.



Figure 6. Antioxidant enzymes expression of RSCE. All measurements were made in 3 or more than 3 replicates. * p < 0.05; ** p < 0.01.

The mRNA expression levels for catalase (CAT), a major antioxidant enzyme, were compared, and 1 mM of tert-butyl hydroperoxide (t-BHP) was used to artificially induce oxidative stress. Plasma-treated RSCE improved the CAT expression level in cells damaged by oxidative stress after t-BHP treatment, with a significant difference (* p < 0.05; ** p < 0.01). 3' RSCE, extract of rice stem cells treated with plasma for 3 min. 0' RSCE, extract of rice stem cells without plasma treatment. In order to observe the t-BHP-induced cytotoxicity-prevention activity of plasma-treated RSCE, HFB cells were pretreated with RSCE (3' RSCE vs. 0' RSCE) at a concentration of 0.1 mg/mL and plasma-treated for 24 h before t-BHP treatment.

3.6. Antiaging Effects of Rice Stem Cell Extracts

The beneficial effect of plasma-treated RSCE on oxidative damage may be due to the induction of the ability of fibroblasts to inhibit senescence. To support this hypothesis, we compared the mRNA expression levels of skin aging-related genes in fibroblasts with and without RSCE treated with plasma after oxidative stress treatment. The formation of oxidative stress increases the amount of matrix metalloproteinase (MMP)-9 expression in fibroblasts, which in turn leads to the degradation of collagen. Increased collagen breakdown by MMP-9 may eventually be a key factor in the aging process of skin tissue [42,43]. Here, we confirmed that the oxidative stress treatment of t-BHP significantly increased the MMP-9 expression level of HFB, suggesting that RSCE may have anti-aging activity by suppressing the MMP-9 mRNA expression level. The levels of gene expression were quantified as fold changes in expression level of MMP-9 by 2.8-fold. This expression level showed about 0.8-fold inhibition efficiency compared with RSCE not treated with plasma (Figure 7A). Buranasudja et al. demonstrated that the Centella callus extract significantly inhibited the upregulation of MMP-9 mRNA expression after H_2O_2 exposure [41]. A decrease in MMP

levels may be associated with increased collagen production after plasma-treated RSCE treatment. Moreover, collagen has anti-aging properties, so when the skin is exposed to UV rays for a long time, proteolytic enzymes increase and break down collagen and elastin fibers (elastic fibers) that make up the skin, causing wrinkles that reduce skin elasticity [44]. Therefore, we compared the mRNA expression patterns of HFB for collagen synthesisrelated genes in conditions with and without plasma-treated RSCE. Our qRT-PCR results showed that RSCE treated with N2 plasma for 3 min had a regenerative effect on the oxidative damage of HFB (Figure 7B). In HFB, in which the COl-1 expression level was decreased by t-BHP oxidative stress, the COI-1 mRNA expression level was increased again by RSCE. The plasma-treated RSCE (2-fold) showed a significant difference in the expression level of COI-1 and slightly enhanced it compared with the non-plasma-treated RSCE (1.5-fold). The mRNA expression level for COl-1 showed a profile in contrast with that of MMP-9. By analyzing the gene expression of RSCE on fibroblasts, we found common molecular pathway activation and response to the stresses connected to anti-aging. This might involve that skin fibroblasts responded correctly to the anti-aging effects of RSCE. Our findings give novel insight into utilizing RSCE for anti-aging effects and its possible mechanism. Although more molecular mechanism studies are required to develop anti-aging strategies with RSCE, our results suggest that plasma may be a potential tool used to enhance the activity of callus extracts to prevent oxidative stress.



Figure 7. Quantitative RT-PCR analysis of anti-aging-related genes MMP-9 and Col-1 after treatment of RSCE in HFB. (**A**) MMP-9 (**B**) Col-1. All measurements were made in more than 3 replicates. * p < 0.05; ** p < 0.01.

All data points represent mean \pm standard deviation of three replicate experiments. The significance of difference between the control and treatment was examined by Student's *t*-test; * *p* < 0.05; ** *p* < 0.01. In order to observe the t-BHP-induced cytotoxicity-prevention activity of plasma-treated RSCE, HFB cells were pretreated with RSCE (3' RSCE vs. 0' RSCE) at a concentration of 0.1 mg/mL and plasma-treated for 24 h before t-BHP treatment.

4. Conclusions

Rice stem cells were induced in vitamin-containing Chu N6 medium from embryos of peeled mature rice seeds. The well-induced 3-week-old rice stem cells were treated with plasma, cultured for one day, and then extracted to make RSCE. The total phenolic content in 3 min plasma-treated RSCE was increased by about 1.5 times compared with the control, and 0.1 mg/mL of RSCE after 3 min plasma treatment had rapidly increasing cell proliferation rates of HFB compared with untreated RSCE under conditions of oxidative stress. This indirectly provides evidence that plasma treatment not only induces cell proliferation but also can increase the cell vitality by reducing cell damage. As a result of comparing the proliferation of HFB and the expression of collagen synthesis protein-related genes after oxidative stress treatment used to evaluate the skin regeneration efficacy of plasma-treated RSCE, plasma-treated RSCE showed a significant difference compared with untreated RSCE and increased by about more than four times.

The human body has a balance of substances that promote and inhibit oxidation. However, when this balance is disrupted, the cells produce excess oxidative-promoting substances, resulting in oxidative stress. Oxidative stress is primarily caused by ROS, such as superoxide anion radicals, hydroxyl radicals, singlet oxygen, and oxygen-derived H_2O_2 . When the balance between ROS generation and the antioxidant response that removes it is disrupted, ROS generation becomes dominant, causing oxidative stress. However, a low concentration of ROS plays an important role in cell proliferation, differentiation, and signal transduction. ROS can be produced at low levels in response to the activation of certain signaling pathways, such as the epidermal growth factor receptor (EGFR) pathway. Therefore, our results suggest that plasma-generated RONS could enhance the antioxidant activity of RSCE and that plasma-generated RONS could be a key factor for the expression of genes involved in cell proliferation. In addition, our results suggest that the low energy of plasma delivered to rice stem cells can increase the antioxidant activity of rice stem cells. RSCE, in which antioxidant activity was increased with plasma treatment, restored HFB damaged by oxidative stress; this suggests that cellular vitality was enhanced by enhancing the energy metabolism of HFB using antioxidants and other metabolites of RSCE increased by plasma treatment. To support this conclusion, it is necessary to compare quantitative analyses of major metabolites related to the antioxidant activity of plasma-treated RSCE.

Unlike previous studies that use dedifferentiated callus from plant wounds, plant embryonic callus using rice seed embryos is similar to plant stem cells, so it is superior to studies using dedifferentiated callus because it can obtain various physiologically active substances. There is a possibility of developing the material. In the future, we aim to prepare and characterize aqueous extracts of plasma-treated RSCE as an anti-aging cosmetic ingredient to produce various bioactive compounds.

Supplementary Materials: The following supporting information can be downloaded at: https: //www.mdpi.com/article/10.3390/app12062903/s1, Figure S1: Experimental flow chart; Figure S2: Individual GC-MS total ion chromatogram (TIC) of samples in full scale; Figure S3: Viability of HFB with t-BHP treatment; Figure S4: Viability of HFB with plasma treated RSCE.

Author Contributions: S.H.J. and M.A. performed experiments. S.H.J. and I.H. did conceptualization, methodology, data interpretation and wrote the main manuscript text. E.Y.K. and Y.S.K. did data interpretation, and validation. E.H.C., S.H.J. and I.H. did project administration, funding acquisition, conception and design of the study. All authors have read and agreed to the published version of the manuscript.

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