

Enhancing coherence in molecular spin qubits via atomic clock transitions

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Quantum Computing is an emerging area within the information sciences revolving around the concept of quantum bits (or qubits). A major obstacle is the extreme fragility of these qubits due to interactions with their environment that destroy their "quantumness". This phenomenon, known as decoherence, is of immense fundamental interest.^{1,2} There are many competing candidates for qubits, including superconducting circuits,³ quantum optical cavities,⁴ ultracold atoms⁵ and spin qubits,⁶⁻⁸ and each one has its strengths and weaknesses. When dealing with spin qubits, the strongest source of decoherence is the magnetic dipolar interaction.⁹ To minimize it, spins are typically diluted in a diamagnetic matrix. For example, this dilution can be taken to the extreme of a single phosphorus atom in silicon,⁶ while in molecular matrices a typical ratio is one magnetic molecule per 10,000.¹⁰ However, there is a fundamental contradiction between reducing decoherence by dilution, and allowing quantum operations via the interaction between spin qubits. To solve this apparent paradox, the design and engineering of quantum hardware can benefit from a "bottom-up" approach whereby the electronic structure of magnetic molecules is chemically tailored to give the desired physical behavior. Here we present a very effective way of eliminating decoherence in solid-state molecular spin qubits without resorting to extreme dilution. It is based on the design of molecular structures with crystal field ground states possessing large tunneling gaps that give rise to optimal operating points, or atomic clock transitions, at which the quantum spin dynamics become protected against dipolar decoherence. This approach is illustrated with a holmium molecular nanomagnet in which long coherence times (up to 8.4 μ s at 5 K) can be obtained at unusually high concentrations. This finding opens new avenues for quantum computing based on molecular spin qubits.

One of the proposed approaches to obtaining spin qubits is that of using magnetic molecules.⁸⁻¹⁶ Up to now, coherence has been optimized through dilution and deuteration to minimize dipolar and hyperfine interactions, respectively.^{10,16} A class of molecules in which these two sources of decoherence can be minimized by alternative means are the so-called polyoxometalates. In the past, these metal-oxide clusters have been used as model systems in molecular magnetism due to their ability to host magnetic ions in chemically tailored environments of high symmetry and rigidity.¹⁷ Currently, these molecules are seen as potential building blocks in quantum computing architectures.¹⁸⁻²²

38 In the present study we chose the $[\text{Ho}(\text{W}_5\text{O}_{18})_2]^{9-}$ complex (abbreviated HoW_{10}) which has been subject to
 39 extensive structural, magnetic and spectroscopic characterizations that raised the possibility of observing
 40 coherent spin dynamics.^{23,24} HoW_{10} is formed by two molecular tungsten oxide moieties encapsulating a
 41 Ho^{+3} ion (Fig. 1). The geometry around Ho^{+3} exhibits a slightly distorted square-antiprismatic environment,
 42 which can be approximated by a D_{4d} “pseudo-axial” symmetry. This results in a splitting of the $J = 8$
 43 ground state spin-orbit manifold according to its m_J quantum numbers. Quantitatively this splitting can be
 44 described in terms of a crystal-field (CF) Hamiltonian (double summation in eq. 1) which, for D_{4d}
 45 symmetry, contains the axial CF terms $B_2^0\hat{O}_2^0$, $B_4^0\hat{O}_4^0$ and $B_6^0\hat{O}_6^0$ (see Methods for definition and discussion
 46 of terms in eq. 1).²⁴

$$48 \quad \hat{H} = \sum_{k=2,4,6} \sum_{q=0}^k B_k^q \hat{O}_k^q + \hat{J} \cdot \vec{A} \cdot \hat{I} + \mu_B \vec{B}_0 \cdot \vec{g} \cdot \hat{J} - \mu_N g_N \vec{B}_0 \cdot \hat{I} \quad (1)$$

49
 50 This results in an isolated $m_J = \pm 4$ ground doublet, separated from the first excited states ($m_J = \pm 5$) by
 51 $\sim 20 \text{ cm}^{-1}$. This picture provides a reasonable description of the magnetic properties of this molecule.²³
 52 However, minor deviations from D_{4d} symmetry that are present in the crystal make operative the
 53 tetragonal $B_4^4\hat{O}_4^4$ CF interaction. Interestingly, the match between the (\pm integer) values of the ground state
 54 spin projections, $m_J = \pm 4$, with the tetragonal (i.e., $q = 4$) order of the main symmetry axis of the molecule,
 55 results in the $B_4^4\hat{O}_4^4$ [$\hat{O}_4^4 = \frac{1}{2}(\hat{J}_+^4 + \hat{J}_-^4)$] interaction generating an unusually large quantum tunneling gap,
 56 $\Delta \sim 9.18 \text{ GHz}$ ($\sim 0.3 \text{ cm}^{-1}$).²⁴ This gap is a crucial factor for the coherence of electron spin dynamics in
 57 molecular spin qubits, and is the main subject of the present study.

58
 59 The standard approach for probing coherent spin dynamics involves the use of “electron spin echoes” in
 60 pulsed Electron Paramagnetic Resonance (EPR). The HoW_{10} system is attractive in this regard because
 61 its predicted tunneling gap ($\sim 9.18 \text{ GHz}$, Fig. 1) is close to the X-band frequency associated with the most
 62 sophisticated EPR spectrometers. While the magnitude of the gap is set by B_4^4 , interesting details of the
 63 EPR spectra are determined also by the hyperfine interaction between the Ho electron and nuclear spins
 64 (second term in eq. 1). Holmium occurs naturally in only one stable isotope (^{165}Ho) with a nuclear spin of
 65 $I = 7/2$. A strong hyperfine coupling ($A_{Hf} = 830 \pm 10 \text{ MHz}$) results in the observation of eight $(2I + 1)$ well-
 66 resolved transitions via continuous-wave (CW) high-frequency EPR measurements.²⁴ The energy level
 67 scheme that arises from the combination of CF and hyperfine coupling, together with the Zeeman
 68 interaction (3rd and 4th terms in eq. 1), gives rise to a series of avoided level crossings between $m_J = \pm 4$
 69 states (with the same m_I), resulting in multiple gaps in the energy diagram near zero-field (Fig. 1a).

70
 71 Single-crystals of $\text{Na}_9[\text{Ho}_x\text{Y}_{(1-x)}(\text{W}_5\text{O}_{18})_2] \cdot n\text{H}_2\text{O}$ (where Y is non-magnetic) were prepared with Ho
 72 concentrations ranging from $x = 0.25$ to $x = 0.001$, i.e., up to three orders of magnitude away from the
 73 usual high-dilution limit,¹⁰ allowing a study of the effects of dilution on electron dipolar spin-spin

74 decoherence. Fig. 2a displays electron-spin-echo- (ESE-) detected EPR spectra recorded at 5 K for a
 75 dilute ($x = 0.001$) sample at frequencies from 9.1 to 9.8 GHz, with $\theta = 29^\circ$ (θ is the angle between B_0 and
 76 the z-axis of the crystal); ESE signals were generated using a two-pulse Hahn-echo sequence (see
 77 Methods).²⁵ Four broad peaks of equal intensity are observed at the two lowest frequencies (9.11 and
 78 9.18 GHz), which were selected to be close to the gap minima in Fig. 1b. With increasing frequency,
 79 these peaks split and move symmetrically apart, as expected on the basis of predictions in Fig. 1b. For
 80 the most part, the data lie on the simulated curves, with the obvious exception of the two lowest
 81 frequencies and some lower field (< 60 mT) data points. The simulations are based on previously
 82 determined Hamiltonian parameters,²⁴ and the spectra are plotted against the re-scaled longitudinal
 83 applied field, B_{0z} ($= B_0 \cos\theta$), to facilitate comparisons between different samples (see Methods).

84
 85 Two-pulse ESE measurements were separately utilized to determine 5 K transverse relaxation times, T_2 ,
 86 at selected points within the spectrum for the $x = 0.001$ concentration. The longest T_2 's are found in the
 87 vicinity of the gap minima for the smallest crystals (see Figs. 2b, 3 and Methods), with values ranging
 88 from 5.2 to 8.4 μ s, whereas the values are substantially shorter away from the minima. In fact, the T_2
 89 values exhibit sharp divergences right at B_{\min} (Fig. 3). The key to understanding this behavior is the
 90 quadratic field dependence of the EPR transition frequencies close to the gap minima (see Methods),

91

$$f = \Delta + \frac{\gamma_z^2}{2\Delta} (B_{0z} - B_{\min})^2, \quad (2)$$

92

93 such that the derivative $df/dB_{0z} \propto (B_{0z} - B_{\min}) \rightarrow 0$ as $B_{0z} \rightarrow B_{\min}$. Although not explicitly included in eq. 1,
 94 nearly all sources of dipolar decoherence (due, e.g., to dynamics associated with the nuclear bath and
 95 collective electron spin excitations, or magnons) can be approximated as a time-dependent magnetic
 96 noise, $\delta B_0(t)$, acting on the central spin qubit (the spin being measured) via the Zeeman interaction, i.e.,
 97 processes that flip nearby spins cause variations in the local field, δB_0 , at the position of the central spin,
 98 thereby altering its frequency/phase. Many of these processes involve indirect pairwise spin flip-flops
 99 (spin diffusion) that are extremely hard to mitigate, and persist to very low temperatures. The extreme
 100 axial anisotropy of HoW₁₀ results in an insensitivity to the perpendicular applied field component, $B_{0\perp}$ (see
 101 Methods). Meanwhile, sensitivity to $\delta B_{0z}(t)$ vanishes (to first order) as $B_{0z} \rightarrow B_{\min}$ and $df/dB_{0z} \rightarrow 0$,
 102 resulting in a vanishing contribution to the dipolar decoherence. This is the concept behind so-called
 103 'atomic clock transitions'. Named after atomic clocks, these transitions are protected against
 104 environmental noise sources according to the principle described here (i.e., $df/dB_0 = 0$), resulting in a
 105 clock frequency that exhibits exceptional phase stability.^{26,27} Indeed, one expects the dephasing time, T_2 ,
 106 to scale as $(B_{0z} - B_{\min})^{-n}$ ($n > 0$, see Extended Data Fig. 1),^{28,29} thus explaining the observed divergences
 107 at the clock-transitions (CTs). For comparison, T_2 measurements are displayed in the right panel of Fig. 3
 108 for several 'normal' EPR transitions, i.e., $m_J = -4$ to $+4$ transitions away from the gap minima, where the

109 frequency dependence approaches the linear regime and $df/dB_{0z} \rightarrow \gamma_z = 139.9$ GHz/T (Fig. 1). Although
110 T_2 is moderately peaked at the centers of these resonances, the sharp divergences seen at the CTs are
111 clearly absent (see Methods for further discussion).

112
113 ESE-detected measurements for an $x = 0.01$ sample reveal essentially identical divergences in T_2 at the
114 CTs to those seen in Fig. 3, with maximum values ranging from 4 to 8 μ s (see Extended Data Figs. 1 and
115 2). However, T_2 values associated with ‘normal’ EPR transitions well away from the CTs are much shorter
116 (~ 100 ns, not shown). Because the collection of ESE spectra requires the detection of an echo, the
117 observation of these ‘normal’ EPR transitions is challenging for $x \geq 0.01$. These findings are consistent
118 with the idea that dipolar ‘noise’ increases with increasing Ho concentration, resulting in shorter T_2 ’s for
119 the ‘normal’ EPR transitions, yet an apparent insensitivity to the Ho concentration at the CTs.

120
121 Fig. 4 displays 5 K ESE-detected spectra for a concentrated $x = 0.1$ sample which are in stark contrast to
122 those in Fig. 2: narrow resonances are observed at the CTs that do not shift at all with frequency, i.e., the
123 data do not follow the simulations even though CW measurements indicate no measurable variation in
124 the spin Hamiltonian parameters with Ho concentration.²⁴ The total suppression of ‘normal’ EPR
125 transitions is attributed to a further reduction of T_2 upon increasing the Ho concentration, to the extent that
126 an echo can no longer be detected. Nevertheless, the T_2 values at the CTs remain long (~ 0.7 μ s),
127 resulting in the narrow ESE-detected resonances. Indeed, because the echo intensity is T_2 -weighted, the
128 resonance lineshape is a direct manifestation of the field dependence of T_2 at B_{\min} . Analysis of CW EPR
129 spectra suggests that the main contribution to the linewidth is a Gaussian distribution in the B_4^4 parameter
130 ($\sigma_{B_4^4} = 0.63$ MHz). This causes significant vertical broadening of the tunneling gap, Δ , and EPR transition
131 frequencies, as illustrated in Fig. 1b, which includes contours at the $\pm\sigma_\Delta$ and $\pm 2\sigma_\Delta$ levels ($\sigma_\Delta = 123$ MHz is
132 the standard deviation in Δ —see Methods). These simulations indicate measurable intensity at the CTs
133 up to at least 9.4 GHz. However, the B_4^4 distribution does not shift the CTs appreciably to lower or higher
134 fields, i.e., all molecules in the distribution have their CTs at essentially the same B_{\min} values. This
135 explains the observation of narrow CT peaks spanning a wide frequency range in the $x = 0.1$ sample
136 (Fig. 4); similar behavior is also discernible at other concentrations (see Extended Data Fig. 3).

137
138 After magnetic ‘noise’, several other sources of decoherence remain. First and foremost, the CTs do not
139 protect against direct flip-flop processes that involve the central spin qubit.^{28,29} These energy-conserving
140 events involve coupling to other spins via the off-diagonal component of the dipolar interaction ($\hat{S}_1^+ \hat{S}_2^- +$
141 $\hat{S}_1^- \hat{S}_2^+$). The inhomogeneous broadening will provide some protection against this source of dephasing,
142 because it requires the central spin to be resonant with other spins. Nevertheless, direct flip-flops likely
143 explain the shorter T_2 ’s at the CTs in the $x = 0.1$ sample. However, unlike the aforementioned indirect
144 spin diffusion processes, direct flip-flops can be controlled at the stage of device design through the
145 tuning/detuning of individual CT frequencies. Finally, coupling to lattice dynamics (phonons) via the CF is

146 also likely to provide significant decoherence pathways, particularly as the temperature is raised.¹⁶
147 Indeed, a significant temperature dependence of T_2 is found at the CTs (more than a factor of 2 decrease
148 upon heating the sample to 7 K), suggesting that T_2 may become limited by spin-lattice relaxation
149 ($T_1 \approx 20 \mu\text{s}$ at 5 K). This is something that will be the subject of future investigations.

150
151 The critical result from this study is the demonstration that CTs can be employed as a means of
152 enhancing the coherence of molecular spin qubits in concentrated samples. Therefore, instead of
153 attempting to suppress magnetic noise, which can be impractical at the stage of device design, we have
154 shown here that one can fortify the molecular spin qubit itself against this noise through the use of CTs. In
155 terms of design criteria, the molecule of choice should possess a large tunneling gap within the ground
156 magnetic doublet matching the working frequency of the EPR cavity. The key to this strategy is the
157 chemical design of molecular structures with appropriate CF states. In rare earth complexes with integer
158 spin, this goal translates into matching the m_J components of the ground doublet with the rotational order
159 (q) of the main symmetry axis of the molecule (see Methods). While this is not trivial to achieve, the case
160 of HoW_{10} is not an isolated example. For example, within rigid polyoxometalate chemistry, the Terbium
161 derivative of the $[\text{LnP}_5\text{W}_{30}\text{O}_{110}]^{12-}$ series with pentagonal structure (approximate C_{5v} symmetry) has been
162 characterized as having an $m_J = \pm 5$ ground state with an even larger tunneling gap of ~ 21 GHz that may
163 be suitable for pulsed Q-band EPR.³⁰ Tunability across this range (10 – 100 GHz) is desirable and
164 practical for quantum information applications, given that it sits at the current high end of the electronics
165 spectrum. Moreover, operation at these CTs requires application of only very moderate magnetic fields
166 (< 0.2 T in the present example). Of course, this strategy can and should be combined with other known
167 ideas that are already being applied with great success, such as using rigid lattices with low abundance of
168 nuclear spins.¹⁶ Nevertheless, it is remarkable that working with CTs offers the unique advantage of
169 allowing long coherence times with high concentrations of molecular spin qubits. In fact, for other
170 molecular spin qubit candidates, T_2 values of the order of tens of μs were only observable in deuterated
171 and highly diluted samples of Cr_7Ni molecular wheels¹⁰ and $\text{Cu}(\text{mnt})_2$ complexes.¹⁶

172

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174

175 **Supplementary Information** is linked to the online version of the paper at www.nature.com/nature.

176

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188

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192

193 **Figure Legends**

194

195 **Figure 1: HoW₁₀ tunneling gap.** (a) Zeeman diagrams for the $m_J = \pm 4$, $I = 7/2$ ground state, with B_0/z : the
196 thin gray lines assume exact D_{4d} symmetry, while the thick black curves assume an 'axial + $B_4^4\hat{O}_4^4$ '
197 parameterization.²⁴ (Inset) The corresponding 9.64 GHz CW EPR spectrum (from Ref. [24]) is observed
198 well below the D_{4d} prediction (gray arrow denotes expected highest field resonance), providing evidence
199 for the tunneling gap. Indeed, the 'axial + $B_4^4\hat{O}_4^4$ ' parameterization gives excellent agreement with the data,
200 both in terms of resonance positions (blue arrows) and intensity (arrow thickness). The red vertical lines,
201 meanwhile, indicate the locations of CTs. (b) 3D EPR intensity map including inhomogeneous broadening

202 due to a Gaussian distribution in B_4^4 ($\sigma_{B44} = 2.1 \times 10^{-5} \text{ cm}^{-1}$); darker shading represents stronger intensity,
203 with contours at the $\pm\sigma_\Delta$ (red) and $\pm 2\sigma_\Delta$ (blue) levels ($\sigma_\Delta = 123 \text{ MHz}$, the s.d. in Δ). Red arrows denote
204 CTs, dashed lines denote locations of 9.64 GHz resonances, and the inset shows the HoW_{10} molecule.
205

206 **Figure 2: ESE-detected spectra for a dilute sample.** (a) Variable frequency measurements at 5.0 K for
207 an $x = 0.001$ crystal, with $\theta = 29^\circ$; the frequencies are indicated in GHz above each trace. (b) Frequency
208 versus field plot of the resonances in (a). The data are in good agreement with simulations (solid curves)
209 based on the ‘axial + $B_4^4\hat{O}_4^4$ ’ parameterization [24]. Selected T_2 values (in μs) determined from the
210 measurements in Fig. 3 are indicated close to some of the data points in (b). Vertical error bars in (b)
211 denote pulse excitation bandwidths ($\pm 1/2\tau_{\pi/2}$, where $\tau_{\pi/2}$ is the duration of the $\pi/2$ pulse), while horizontal
212 error bars represent standard deviations (\pm s.d.) deduced from Gaussian fits to the resonances in (a).
213

214 **Figure 3: T_2 divergence at the CTs.** Field-swept T_2 measurements recorded at 5.0 K for a small $x =$
215 0.001 crystal at $\theta = 22^\circ$ and various frequencies indicated in the right panel. The first four panels illustrate
216 the divergences in T_2 at the CTs, referenced to the left-hand ordinate; the data are plotted in an expanded
217 view as a function of $(B_{0z} - B_{\min})$, with best-fit B_{\min} values given in each panel. The right-hand panel,
218 meanwhile, displays T_2 values well away from the CTs (see Fig. 1b), referenced to the right-hand
219 ordinate. Error bars denote the standard error in T_2 .
220

221 **Figure 4: ESE-detected spectra for a concentrated sample.** (a) Variable frequency measurements at
222 5.0 K for an $x = 0.10$ crystal, with $\theta = 20^\circ$; the frequencies are indicated in GHz above each trace. The
223 ESE resonances are attributed to CTs. (b) Frequency versus field plot of the CTs in (a). Optimum T_2
224 values (in μs) are indicated next to the 9.11 GHz data. Meanwhile, the curves correspond to predictions
225 based on the CW EPR parameterization [24]. (c) Field-swept T_2 measurements recorded at 5.0 K for a
226 separate $x = 0.10$ crystal at $\theta = 25^\circ$ and frequencies of 9.12 (blue squares) and 9.20 GHz (red circles).
227 Vertical error bars in (b) denote pulse excitation bandwidths ($\pm 1/2\tau_{\pi/2}$, where $\tau_{\pi/2}$ is the duration of the $\pi/2$
228 pulse), while horizontal error bars represent standard deviations (\pm s.d.) deduced from Gaussian fits to the
229 resonances in (a). Error bars in (c) denote the standard error in T_2 .
230

231 **Extended Data Figure 1: T_2 scaling.** Field-swept T_2 measurements for the $x = 0.001$ (a) and $x = 0.01$ (b)
232 concentrations at 5 K; the data are plotted as a function of $(B_{0z} - B_{\min})$ on both log-log (main panels) and
233 linear (insets) scales. The blue lines are power-law fits to the positive $(B_{0z} - B_{\min})$ data (green points), with
234 the obtained exponents given in the figures. Error bars denote the standard error in T_2 .
235

236 **Extended Data Figure 2: T_2 divergence at the $x = 0.01$ concentration.** Field-swept T_2 measurements
237 recorded at 5.0 K for two separate crystals at frequencies of 9.12 GHz (blue squares) and 9.20 GHz (red
238 circles). Error bars denote the standard error in T_2 .

239 **Extended Data Figure 3: ESE-detected spectra for the $x = 0.01$ concentration.** (a) Variable frequency
240 measurements at 5.0 K, with $\theta = 30^\circ$; the frequencies are indicated above each trace. Similar to spectra
241 for the $x = 0.001$ sample, the broad 9.2 GHz CT peak splits into two upon moving away from the tunneling
242 gap minimum (see also Fig. 1). However, weak ESE intensity can still be detected at $B_{0z} = 165$ mT at all
243 four frequencies. This is due to vertical broadening of the CT, caused by a Gaussian distribution in B_4^4 .

245 Methods

247 **Experimental Details**

248 Pulsed EPR measurements were performed on a commercial Bruker E680 X-band spectrometer
249 equipped with a cylindrical TE_{011} dielectric resonator (model ER 4118 X-MD5) with a center frequency
250 $f_0 = 9.75$ GHz. Single-crystals of $Na_9[Ho_xY_{(1-x)}(W_5O_{18})_2] \cdot nH_2O$ ($x = 0.001$ to 0.25) were prepared according
251 to the method described in Ref. [23]. Samples were re-crystallized prior to study, then transferred to the
252 spectrometer directly from the mother liquor and cooled rapidly in order to prevent loss of crystallinity due
253 to evaporation of lattice solvent. The sample temperature was controlled using an Oxford Instruments
254 CF935 helium flow cryostat and ITC503 temperature controller. A strong temperature dependence of T_2
255 at the CTs required operation of the cryostat at a base temperature of 5.0 K in order to ensure good
256 thermal stability and sample-to-sample reproducibility.

257
258 For each series of measurements, a single crystal was mounted on a 4 mm diameter quartz rod and
259 positioned at the center of the cylindrical resonator for perpendicular mode excitation. The tendency for
260 samples to rapidly lose solvent, and the low symmetry $P\bar{1}$ space group of the HoW_{10} compound, made it
261 impossible to index and align crystals prior to mounting. However, the Bruker E680 and ER 4118X-MD5
262 dielectric resonator combination allows for *in situ* sample rotation about a single axis. Each crystal was
263 therefore aligned as best as possible on the basis of angle-dependent CW EPR measurements
264 performed at 9.75 GHz and 5.0 K. The remaining misalignment, θ , between B_0 and z was determined by
265 scaling the applied field to match the simulations in Fig. 1 (see below). A $\theta < 30^\circ$ criterion was then
266 applied; crystals not meeting this condition were discarded and a new sample selected for study.

267
268 When overcoupled for ESE measurements, the bandwidth of the resonator, $\Delta f = f_0/Q \approx 250$ MHz, where
269 the loaded quality factor $Q \approx 40$. This is sufficient to allow variable-frequency measurements with
270 reasonable microwave B_1 fields down to a lower limit of ~ 9.1 GHz. The B_1 fields were independently
271 measured under the same conditions via the Rabi oscillation frequency (Ω_R) of a spin- $1/2$ EPR standard
272 (the organic radical bisdiphenylene-2-phenylallyl dissolved in polystyrene); B_1 values varied from ~ 4 G at
273 9.1 GHz, to 9 G at 9.75 GHz ($\Omega_R = 11$ –25 MHz for $s = 1/2$). A two-pulse sequence ($T/2 - \tau - T - \tau - \text{echo}$,
274 where T characterizes the pulse durations and τ the delay time between pulses) was employed for all
275 ESE measurements reported in this work. The values of T , τ and the source power were optimized at

276 each frequency, with the assumption that the optimum conditions correspond approximately to the Hahn-
 277 echo sequence, $\pi/2 - \tau - \pi - \tau - \text{echo}$, where π refers to the tipping angle. For T_2 measurements, τ was
 278 varied and the resultant echo amplitude then fit to a single exponential decay.

279

280 **Pulse Sequences**

281 Because the ESE measurements were performed well below the center frequency of the cavity, and due
 282 to the lack of *a priori* knowledge of the matrix elements associated with the observed transitions, pulse
 283 sequences were adjusted at each frequency by one of two methods: (1) the $\pi/2$ pulse length ($T/2$) and
 284 source attenuation were adjusted to maximize the echo intensity relative to the spectrometer noise for the
 285 ESE-detected spectra in Figs. 2a and 4a, thereby explaining the variability of the vertical error bars
 286 denoting excitation bandwidth (defined as $2/T$, or $1/\tau_{\pi/2}$, where $\tau_{\pi/2}$ is the duration of the $\pi/2$ pulse in the
 287 Hahn-echo sequence); and (2) Rabi oscillation measurements were used to determine the optimum $\pi/2$
 288 pulse length for the detailed T_2 measurements displayed in Figs. 3, 4(c), and Extended Data Figs. 1 and 2
 289 [the Rabi pulse sequence was optimized via method (1)]. On this basis, a Rabi frequency,
 290 $\Omega_R = 98 \text{ Mrad}\cdot\text{s}^{-1}$ (15.6 MHz), was determined for 0 dB attenuation at the CTs, resulting in a minimum $\pi/2$
 291 pulse length of 16 ns for the employed spectrometer. This corresponds to an optimum dephasing factor
 292 $Q_\varphi = 820$, defined here as $Q_\varphi = \Omega_R \cdot T_2$, a figure of merit for qubit operation. We note, however, that this
 293 does not preclude shorter pulses using a more powerful microwave source, suggesting the possibility of
 294 Q_φ values up to 1.5×10^6 using the modified definition in Ref. [9]. Interestingly, this value is identical to the
 295 one reported in Ref. [9] for an Fe_8 nanomagnet, in spite of the vastly different frequencies employed in the
 296 two measurements, primarily because of the much longer coherence in the HoW_{10} system. Based on
 297 knowledge of the spectrometer used for the Fe_8 study, we estimate a $Q_\varphi = \Omega_R \cdot T_2$ of just 50 for Fe_8 ; of
 298 course, the same arguments concerning limited source power apply in that case. The HoW_{10} Q_φ value
 299 compares favorably with other candidate molecular spin qubits using both definitions, e.g., the optimum
 300 Q_φ ($= \Omega_R \cdot T_2$) varies from $\approx 2,000$ for the Cr_7Ni wheel [7], up to $\approx 10,000$ obtained recently for a Cu^{II}
 301 coordination complex [16]. However, one should bear in mind that extreme dilution/deuteration was
 302 employed in these cases.

303

304 **The Spin Hamiltonian**

305 The energy spectrum associated with the Hund's rule spin-orbit coupled ground state of the Ho^{+3} ion, with
 306 $L = 6$, $S = 2$, and $J = |L + S| = 8$, can be described by the following effective Hamiltonian (eq. 3):

307

$$308 \quad \hat{H} = \sum_{k=2,4,6} \sum_{q=0}^k B_k^q \hat{O}_k^q + \hat{J} \cdot \vec{A} \cdot \hat{I} + \mu_B \vec{B}_0 \cdot \vec{g} \cdot \hat{J} - \mu_N g_N \vec{B}_0 \cdot \hat{I} \quad (3)$$

309

310 The double summation describes the CF interaction in terms of extended Stevens Operators \hat{O}_k^q ($k = 2, 4,$
 311 6 , and $|q| \leq k$), with associated coefficients B_k^q ,^{31,32} and with \hat{O}_k^q expressed in terms of the total electronic

312 angular momentum operators \hat{j} and \hat{j}_i ($i = x, y, z$). Using this convention, the axial ($q = 0$) coefficients
313 determined from magnetic and continuous-wave (CW) EPR measurements are:^{23,24} $B_2^0 = 0.601 \text{ cm}^{-1}$, $B_4^0 =$
314 $6.96 \times 10^{-3} \text{ cm}^{-1}$, and $B_6^0 = -5.10 \times 10^{-5} \text{ cm}^{-1}$. This parameterization results in the $m_J = \pm 4$ CF states lying
315 lowest in energy (Fig. 1), separated from the $m_J = \pm 5$ excited states by $\sim 20 \text{ cm}^{-1}$.²³ The 2nd term in eq. 3
316 describes the hyperfine coupling between the Ho^{+3} electron and $I = 7/2$ nuclear spin, resulting in the
317 observation of eight $(2I + 1)$ well-resolved electro-nuclear transitions via high-field CW EPR
318 measurements; here, \hat{I} denotes the total nuclear angular momentum operator, and \vec{A} the hyperfine
319 coupling tensor, for which the parallel component, $A_{\parallel} = 830 \pm 10 \text{ MHz}$, has been determined from the high-
320 field CW EPR spectrum.²⁴ The final two terms in eq. 3 respectively parameterize the electron and nuclear
321 Zeeman interactions with the local magnetic induction, \vec{B}_0 , in terms of a Landé g -tensor (\vec{g}) and isotropic
322 nuclear g -factor (g_N); μ_B and μ_N represent the Bohr (electron) and nuclear magneton, respectively. The
323 parallel component of the Landé g -tensor, $g_z = 1.25(1)$, has been determined from CW EPR studies.²²
324

325 In addition to the axial ($q = 0$) CF parameters, CW EPR measurements at X-band frequencies can only be
326 accounted for by including a sizeable tetragonal $B_4^4 \hat{O}_4^4$ [$\hat{O}_4^4 = \frac{1}{2}(\hat{j}_+^4 + \hat{j}_-^4)$] interaction, with B_4^4
327 $= 3.14 \times 10^{-3} \text{ cm}^{-1}$ (see Fig. 1a and Ref. [24] for detailed explanation). It is this term (which is allowed
328 because of a small distortion of the HoW_{10} molecule away from exact D_{4d} symmetry) that generates
329 avoided level crossings between $m_J = \pm 4$ states, as seen in Fig. 1a. In principle, the sixth order tetragonal
330 $B_6^4 \hat{O}_6^4$ interaction is also symmetry allowed. However, \hat{O}_6^4 contains the commutator $[\hat{j}_z^2, (\hat{j}_+^4 + \hat{j}_-^4)]$ and is,
331 thus, indistinguishable from \hat{O}_4^4 within the truncated $m_J = \pm 4$ ground doublet. Therefore, we employ only
332 the $B_4^4 \hat{O}_4^4$ term to capture the effects of the distortion away from exact D_{4d} symmetry. The key point is that
333 \hat{O}_4^4 connects the $m_J = \pm 4$ states in 2nd-order, resulting in unusually large ($\sim 9 \text{ GHz}$) quantum tunneling
334 gaps. For $B_0 \parallel z$, the frequencies of the resultant weakly allowed EPR transitions between these states
335 then follow a field-dependence of the form (see Fig. 1b),
336

$$f = \sqrt{\Delta^2 + \gamma_z^2 (B_{0z} - B_{\min})^2} \approx \Delta + \frac{\gamma_z^2}{2\Delta} (B_{0z} - B_{\min})^2, \quad (4)$$

337 where the approximate quadratic expression applies for fields close to the gap minima, B_{\min} . Indeed,
338 because \hat{O}_4^4 represents the only off-diagonal CF interaction in eq. 3, an almost exact mapping of the first
339 expression of eq. 4 onto curves generated via exact diagonalization of eq. 3 is possible, yielding the
340 following parameters: $\Delta = 9.18 \text{ GHz}$, $\gamma_z = 139.9 \text{ GHz/T}$ ($= 1.25 \times 8 \times \mu_B/h$, i.e., $g_z = 1.25$), and $B_{\min} = 23.6,$
342 $70.9, 118.1$ & 165.4 mT . This analysis assumes $B_0 \parallel z$, while the experiments are typically performed with
343 a small field misalignment ($\theta \neq 0$), as noted above. However, due to the extreme uniaxial symmetry of the
344 HoW_{10} molecule, the perpendicular component of the effective gyromagnetic tensor associated with the
345 $m_J = \pm 4$ doublet, $\gamma_{\perp, \text{eff}} < 0.1 \text{ GHz/T}$ ($g_{\perp, \text{eff}} < 0.01$), resulting in a virtual insensitivity to the perpendicular
346 component of the applied field ($B_{0\perp}$) over the range explored in this investigation; for comparison, note

347 that $\gamma_{\text{proton}} \approx 0.04$ GHz/T. For this reason, one can approximate the electronic Zeeman term in eq. 3 using
348 a scalar interaction of the form, $g_z \mu_B B_{0z} \hat{J}_z$ (where $B_{0z} = B_0 \cos\theta$). Eq. 4 then applies quite generally at the
349 gap minima, provided the applied field is rescaled to account for any misalignment. For this reason, all
350 EPR spectra are plotted as a function of the longitudinal applied field component, B_{0z} . Importantly, the
351 derivative $df/dB_{0z} \rightarrow 0$ (i.e. $\gamma_{z,\text{eff}} \rightarrow 0$) as $B_{0z} \rightarrow B_{\text{min}}$, resulting in an almost complete insensitivity of the
352 EPR transition frequencies at the gap minima to magnetic noise associated with the environment, thus
353 giving rise to the strong T_2 divergences at the CTs. However, the small yet finite $\gamma_{z,\text{eff}}$ (< 0.1 GHz/T) likely
354 limits T_2 right at the CTs (within ± 0.5 G of B_{min}) in these studies due to the field misalignment. In fact,
355 $\gamma_{z,\text{eff}} \rightarrow 0$ as $B_0 \sin\theta \rightarrow 0$, which may explain the longer T_2 values observed at the lowest field CTs in
356 Fig. 3, and also suggests that longer T_2 's may be achievable in precisely aligned samples.

357

358 **T_2 Scaling**

359 The data displayed in Fig. 3 were obtained for a small crystal of the most dilute sample ($x = 0.001$). It is
360 the high quality of this crystal that results in the sharp T_2 peaks at all four CTs (all four B_{min} locations).
361 However, it gives weak ESE signals, making it challenging to perform a detailed analysis of the scaling of
362 T_2 with B_{0z} . Careful T_2 measurements were therefore repeated for larger samples. Unfortunately, the
363 larger crystals are susceptible to twinning that manifests as a broadening of spectral peaks and T_2
364 divergences, with the effect being most pronounced at the higher field CTs (see Fig. 2a). However, the
365 first CT at $B_{\text{min}} = 23.6$ mT often remains sharp (see below for explanation). Extended Data Fig. 1 displays
366 T_2 measurements for the $x = 0.001$ and 0.01 concentrations, plotted against $(B_{0z} - B_{\text{min}})$ on both
367 logarithmic (main panels) and linear (insets) scales. Similar to the data in Fig. 3, the T_2 peaks exhibit
368 broad tails, with an apparent kink at $|B_{0z} - B_{\text{min}}| \approx 2$ mT for the more dilute sample. However, when
369 plotted on a log-log scale, the data follow a power-law (to within the experimental uncertainty) spanning
370 an order of magnitude in $(B_{0z} - B_{\text{min}})$ for $x = 0.001$, and almost two orders of magnitude for $x = 0.01$,
371 particularly on the high-field sides of the T_2 peaks. This apparent monotonic behavior of the form
372 $T_2 \propto (B_{0z} - B_{\text{min}})^{-n}$ supports our assertion that the decoherence is dominated by dipolar field fluctuations
373 that vanish as $df/dB_{0z} \rightarrow 0$. However, the exponent, n , is both sample-dependent ($n = 0.33$ and 0.46 ,
374 respectively, for $x = 0.001$ and 0.01), and different from previous predictions:^{28,29} $n = 1$ for indirect flip-flop
375 processes (spin diffusion), and $n = 2$ for instantaneous diffusion.²⁵ We believe that sample inhomogeneity
376 is responsible for these differences in HoW₁₀, thus masking the intrinsic T_2 dependence on B_{0z} , causing
377 obvious sample-to-sample variability. It is nevertheless interesting that a power-law scaling still holds, as
378 opposed, e.g., to Gaussian behavior. This clearly merits further theoretical investigation.

379

380 Reduced ESE intensity and faster T_2 decay curves are part of the reason for the increased error bars and
381 apparent broad tails seen in Fig. 3 and Extended Data Fig. 1. In addition, ESE-Envelope-Modulation
382 (ESEEM)²⁵ is detectable in the decay curves recorded in these tails (not shown). However, only one to
383 two heavily damped periods of oscillation can be seen, thus adding to the error in T_2 (not to mention a

384 potential systematic error that is not taken into account in our analysis). It is these combined factors that
385 likely explain the apparent kink in some of the data at $|B_{0z} - B_{\min}| \approx 2$ mT, as well as the weak variation
386 in T_2 across the 'normal' transitions seen in the right-hand panel of Fig. 3. Interestingly, enough ESEEM
387 periods can be detected to confirm that it is due to coupling to protons in the sample. Importantly, the
388 ESEEM vanishes at the CTs, providing further strong evidence that the Ho^{+3} spin becomes decoupled
389 from the surrounding dipolar spin bath as both $(B_{0z} - B_{\min})$ and $df/dB_{0z} \rightarrow 0$.

390

391 **Spectral Broadening**

392 The EPR spectra of HoW_{10} are inhomogeneously broadened,²⁴ with the two main contributions originating
393 from (i) crystal twinning and (ii) strain in the off-diagonal B_4^4 CF parameter.

394

395 (i) Crystals of HoW_{10} form as long thin needles that tend to aggregate into aligned bundles. Separating
396 single crystals from these bundles can be challenging, particularly given that removal of the samples from
397 their mother liquor for periods of more than a few minutes leads to sample degradation. Even after
398 separation, our measurements suggest varying degrees of mosaic spread, particularly for the larger
399 crystals. Indeed, simulations of high-field CW EPR spectra (where the effects of the mosaicity are more
400 pronounced than at X-band) employed a Gaussian orientational distribution with a full-width-at-half-
401 maximum (FWHM) of 1° , albeit for a small crystal;²⁴ the distribution is considerably broader for many of
402 the samples employed for ESE measurements. Within the context of eq. 2, this mode of disorder
403 produces a spread in γ_z and the B_{\min} values, resulting in horizontal smearing of the energy levels in Fig. 1,
404 as opposed to a vertical smearing produced by a distribution in B_4^4 (see below). The horizontal smearing
405 becomes more pronounced at higher fields, akin to g -strain. Consequently, the EPR spectra often
406 become broader with increasing field, as is clearly evident in Fig. 2, and less so in Fig. 4.

407

408 Although subtle, the effects of sample mosaicity are most pronounced at the CTs. The horizontal spread
409 in the CTs results in a smearing of the divergence in T_2 . In general, the strongest/narrowest divergences
410 were obtained for the smallest crystals, which have the smallest mosaic spread. It is for this reason that
411 the data for the most dilute samples in Figs. 2 and 3 were obtained for two different crystals: the large
412 crystal employed in Fig. 2a did not produce particularly strong T_2 divergences, with maximum values
413 reaching only $\sim 2 \mu\text{s}$. Meanwhile, a smaller crystal was employed in Fig. 3: this sample gave very good
414 echoes right at the CTs, in spite of its reduced spin count; however, its ESE spectra vanish into the noise
415 upon moving appreciably away from the CTs. These trends can be attributed both to a T_2 weighting
416 effect, which amplifies the otherwise weak ESE signals at the CTs for the more ordered (longer T_2)
417 sample, and to the narrower mosaic distribution that further enhances echoes at the CTs. Multiple small
418 samples were studied, and optimum T_2 values at the CTs in the 6 to 8 μs range were found in nearly all
419 cases for the $x = 0.001$ and 0.01 samples (See Fig. 3 and Extended Data Figs. 1 and 2).

420

421 (ii) Other sources of inhomogeneous broadening include: strains in the spin Hamiltonian parameters (B_k^q ,
 422 \vec{A} , and \vec{g}), caused by microscopic disorder, and inhomogeneities in B_0 due to electron and nuclear dipolar
 423 fields. The latter may be ruled out as a major source of broadening at X-band (and 5 K) due to weak
 424 sample magnetization and the lack of any systematic dependence of the EPR linewidth on Ho
 425 concentration. Meanwhile, the only effect of the diagonal ($q = 0$) CF terms in eq. 3 is to ensure an isolated
 426 $m_J = \pm 4$ doublet ground state with $\gamma_z = g_J J \mu_B / h = 139.9$ GHz/T ($J = 8$ and $g_J = 1.25$). Other than that, the
 427 low energy spectrum exhibits little or no dependence on B_2^0 , B_4^0 and B_6^0 ,²⁴ and should thus be insensitive to
 428 strains in these parameters. For related reasons, and because of the contracted nature of the 4f shell and
 429 strong spin-orbit coupling, the \vec{g} and \vec{A} tensors are relatively immune to local strains in the crystal
 430 structure (although the effective interactions will of course be sensitive to sample alignment due to the
 431 strong axial character of the CF). This leaves B_4^4 which, indeed, has a profound influence on the X-band
 432 EPR spectrum, as clearly seen in Fig. 1a and discussed in detail in Ref. [24]: B_4^4 directly sets the scale of
 433 the tunneling gap, Δ , which is responsible for the CTs.

434
 435 The finite B_4^4 parameter arises because of a small deviation of the coordination environment around the
 436 Ho ion from exact D_{4d} symmetry.²² The superposition of disorder onto this weakly distorted structure can
 437 then give rise to a relatively strong modulation of the local B_4^4 parameter and, hence, to a broad
 438 distribution for the ensemble. Working under this assumption, we re-simulated CW X-band spectra
 439 obtained for an $x = 0.1$ sample at a frequency of 9.64 GHz (Fig. 8 of Ref. [24]), assuming that the main
 440 source of broadening is a Gaussian distribution in B_4^4 . The best simulation is obtained with a FWHM of
 441 $5.0 \times 10^{-5} \text{ cm}^{-1}$, i.e., $\sim 1.6\%$ of B_4^4 (or a standard deviation, $\sigma_{B_{44}} = 2.1 \times 10^{-5} \text{ cm}^{-1}$). This, in turn, produces a
 442 vertical distribution in the corresponding tunneling gap, Δ . Because \hat{O}_4^4 connects the $m_J = \pm 4$ states at the
 443 2nd order of perturbation, the resultant standard deviation of the gap distribution is given approximately by
 444 $\sigma_\Delta \approx 2\Delta\sigma_{B_{44}}/B_4^4 = 4.1 \times 10^{-3} \text{ cm}^{-1} = 123 \text{ MHz}$ (FWHM of 290 MHz), where $\Delta = 0.306 \text{ cm}^{-1} = 9.18 \text{ GHz}$ is the
 445 mean gap value (the factor of '2' emerges because of the quadratic dependence of Δ on B_4^4).

446
 447 Fig. 1b depicts the Gaussian broadening of the EPR transition frequencies as a 3D color map, with
 448 contours shown at the $\pm\sigma_\Delta$ and $\pm 2\sigma_\Delta$ levels of the distribution. Because B_4^4 affects only Δ , this mode of
 449 disorder does not shift the magnetic fields (B_{\min}) at which the CTs occur for the different molecules in the
 450 distribution. However, it does distribute them vertically over a relatively wide frequency range (approx.
 451 $\pm 0.25 \text{ GHz}$ at the $2\sigma_\Delta$ level). This can explain the observation of ESE intensity exactly at the CTs over a
 452 wide frequency range for the concentrated ($x = 0.1$) sample seen in Fig. 4. Because the cavity employed
 453 for these investigations has a center frequency at 9.75 GHz, its sensitivity improves upon increasing the
 454 frequency from 9.1 to 9.4 GHz. Meanwhile, the number of Ho⁺³ spins in the distribution decreases with
 455 increasing frequency. These two factors approximately offset, explaining the relatively constant ESE
 456 intensity and signal-to-noise ratio across the studied frequency range. The ESE intensity does peak at

457 9.2 GHz, above which it decays, although not as rapidly as one may expect purely on the basis of the gap
458 distribution. This is due to the increasing B_1 field of the spectrometer, which enables excitation of more
459 spins and hence the generation of stronger echoes at higher frequencies.

460
461 Finally, the question arises as to whether this same behavior is observable at the other concentrations.
462 Indeed, it is. For example, CTs are very clearly observable in between the 'normal' EPR transitions over a
463 wide frequency range at $B_{0z} = 165$ mT for the $x = 0.01$ sample, as seen in Extended Data Fig. 3. Further
464 evidence can also be found at some of the higher frequencies, where inspection of Fig. 1a reveals
465 crossings between nuclear sub-levels ($\Delta m_I = \pm 1$) at fields exactly half way between the B_{\min} values. If the
466 applied field is not well aligned to the crystal z-axis, these become avoided crossings (with <10 MHz
467 gaps), giving rise to new CTs at these higher frequencies. This is a subtlety of the perpendicular field
468 component, $B_{0\perp}$, which will be the subject of a future publication. The avoided nuclear sub-level crossings
469 *do not* influence any of the conclusions concerning the CTs at the B_4^4 gap minima (Δ). Nevertheless, the
470 higher frequency CTs are observable, particularly at low fields where the effects of disorder due to
471 sample mosaicity are less pronounced, and the 'normal' ESE transitions are quenched due to very short
472 T_2 's.^{2,9} This is the explanation for the sharp double peaks seen for the $x = 0.001$ sample at ~ 50 mT
473 between 9.4 and 9.7 GHz in Fig. 2a, as well as the sharp zero-field peaks and some of the fine structures
474 seen between B_{\min} values at higher fields and frequencies. On the basis of the 50 mT CTs, one can see
475 that the vertical broadening spans less than 400 MHz in this sample, i.e., less than ± 200 MHz from the
476 peak of the distribution. In other words, σ_{B44} clearly varies from sample-to-sample, being smaller for the
477 $x = 0.001$ concentration. This is the reason why intensity due to the low-frequency CTs (@ B_{\min}) is not
478 discernible in between the broad 'normal' transitions in the most dilute sample in Fig. 2a.

479

480 **References**

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