# Epidemiological study in a new focus of cutaneous leishmaniasis in the Islamic Republic of Iran

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دراسة وبائية في بؤرة جديدة لداء الليشمانيات الجلدية في إيران

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الخلاصة: أُجريت هذه الدراسة حول الوبائيات والظروف البيئية للنواقل وللمستودعات، بسبب ظهور فاشية من داء الليشمانيات الجلدي في بلدة سبزوار. وقد تبيَّن بفحص 541 من طلبة المدارس أن هناك ندبات لدى 9.4٪ منهم وقرحات لدى 5.9٪. كما تبيَّن بفحص 807 من السكان في أربع قرى أن 10.4٪ منهم لديهم ندبات وأن 3.0٪ منهم لديهم آفات نشطة. وقد كانت أكثر المجموعات العمرية إصابة هي 0 – 4 سنوات وبمعدل 5.9٪. كما تم جمع 12 849 من الفواصد (ذباب الرمل) في المنطقة المدروسة تنتمي إلى سبعة أنواع. وقد لوحظت العدوى بالممشوقات في كل من الفواصد الباباتاسية والقفقاسية وفي السرجتنية السنتونية، كما استفردت من الإنسان طفيليات الفواصد الباباتاسية والمعينية الأوبيمية، وصنفت على أنها ليشمانية كبرى. وتدلُّ هذه الدراسة المسحية على وجود وباء حيواني المصدر من داء الليشمانيات الجلدي، وأن الجرذ الأوبيمي هو المستودع الرئيسي وأن الفاصدة الباباتاسية هي النقل الرئيسي.

ABSTRACT An outbreak of cutaneous leishmaniasis (CL) in Sabzevar county prompted this study of the epidemiology and the ecology of vectors and reservoirs. Examination of 541 schoolchildren showed rates of 9.4% for scars and 5.9% for ulcers. Among 807 inhabitants of 4 villages, 10.4% had scars and 3.0% had active lesions. The most highly infected age group was 0–4 years with a rate of 5.9%. A total of 12 849 sandflies representing 7 species were collected in the study area. Leptomonad infection was found in *Phlebotomus papatasi*, *P. caucasicus* and *Sergentomyia sintoni*. Parasites from man, *P. papatasi* and *Rhombomys opimus*, were isolated and characterized as *Leishmania major*. Based on this survey, this is an epidemic of zoonotic CL, with *R. opimus* the main reservoir host, and *P. papatasi* the main vector.

### Etude épidémiologique dans un nouveau foyer de leishmaniose cutanée en République islamique d'Iran

RESUME Une flambée de leishmaniose cutanée dans le comté de Sebzevar a incité à réaliser cette étude sur l'épidémiologie et l'écologie des vecteurs et des réservoirs. L'examen de 541 écoliers a révélé des taux de 9,4 % pour les cicatrices et 5,9 % pour les ulcères. Parmi les 807 habitants de 4 villages, 10,4 % avaient des cicatrices et 3,0 % avaient des lésions actives. Le groupe d'âge le plus infecté était celui de 0 à 4 ans avec un taux de 5,9 %. Au total, 12 849 phlébotomes représentant 7 espèces ont été prélevés dans la zone d'étude. On a trouvé que *Phlebotomus papatasi*, *P. caucasicus et Sergentomyia sintoni* étaient infectés par un leptomonas. Les parasites de l'homme, *P. papatasi* et *Rhombomys opimus*, ont été isolés et caractérisés comme *Leishmania major*. D'après cette étude, il s'agit d'une épidémie de leishmaniose cutanée zoonosique, avec *R. opimus* comme principal hôte réservoir, et *P. papatasi* comme principal vecteur.

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#### Introduction

Cutaneous leishmaniasis (CL) is still a great health problem in Iran. At a particular geographical location where the disease has been sporadic in the past, it has grown to epidemic proportions. It has even spread into sites where it did not previously exist [1]. Recently a new focus of CL was found in villages in Jovein, Sabzevar county in northeastern Iran. A preliminary survey showed a rate of 9.4% for ulcers in November 2000 (Institute of Public Health Research, unpublished data).

Following the establishment of Sarakhs free trade zone and the opening of the Silk Road, economic development is well under way in the area. This attracts frequent visitors, many of whom are non-immune, and they may be exposed to bites of infected sandflies during the active season. The epidemiological features of CL in this area are unknown, consequently, in-depth epidemiological studies are needed.

The objective of this investigation was to determine the prevalence and incidence of the disease, to study the reservoirs and the vectors, and the nature of the parasite in this new focus for the implementation of future control measures.

#### Methods

#### Study area

The investigation was carried out from 30 September 2001 to 30 November 2002 in 4 villages, Zirabad, Bahrabad, Gharzi and Kalate-Andadeh, in the rural district of Jovein and also in 4 villages, Kalateh-Mazinan, Mazinan, Kahak and Bahman-Abad, in the rural district of Davarzan, Sabzevar county, Khorassan province, in the northeast of the Islamic Republic of Iran.

Sabzevar county (57° 4′ N, 36° 13′ E) is situated in the north of the central salt

desert, 224 km west of Mashhad. The county had a population of 442 389 in 2000. The climate is moderate in mountainous areas but very hot and dry in the desert.

In 2001, the maximum mean monthly temperature was 31.5 °C (July) and the minimum was 7.4 °C (February). The total annual rainfall was 112.1 mm, with a monthly minimum of 0.2 mm (September) and maximum of 49.0 mm (December). The minimum mean monthly relative humidity was 22% (July) and the maximum was 68% (December).

Buildings are made of bricks and girders (35.3%), sun dried bricks and mud (18.4%), some with a wooden roof covered by reed (46.3%). Many of them were newly constructed. There are 5 primary schools and 1 guidance school in the selected villages in Jovein rural district and 5 primary schools, 4 guidance schools and 2 high schools in Davarzan rural district. Both districts are located in the plain. The villages are about 7 km from the railway lines and less than 500 m from the rodent burrows. A sugar refinery is located at a distance of less than 20 km from the study area. Farming is the main occupation and some people keep cows and sheep.

The soil of the area is soft clay and generally a little salty and in some parts sandy. Wheat, barley, sugarbeet, alfalfa, cumin, cotton, tomatoes, maize, beans, melon, watermelon, sunflowers, sesame plants and peas are cultivated, with the main crop being sugarbeet (70%). The Kal Shur river runs at a distance of 3 km from the infected villages.

#### Population studies

The study was carried out in two population groups: a) all schoolchildren and b) the inhabitants of the selected villages. For the first group, a list of all the schools was obtained from the Department of Education.

Each class was visited and all students were questioned and examined clinically for the presence of ulcers or scars. For each child having an ulcer or scar, a form was completed to record information such as name, address, age, sex, number of ulcers or scars, date and place of acquiring the disease.

For the second group, 160 households in the villages were randomly selected. All members of the selected households were examined clinically, as described for the students, during November and December. Samples were taken from active lesions and inoculated subcutaneously at the base of the tail of BALB/c mice (2 mice for each). Parasites were re-isolated from infected mice and cultured in Novy-Nicolle-MacNeal (NNN) medium plus liver infusion tryptophase (LIT) medium (both manufactured by the Protozoology Unit, Department of Medical Parasitology). The random amplified polymorphic DNA polymerase chain reaction (RAPD-PCR) technique [2] was used for identification of parasites.

All patients with active lesions who took part in this research project had given informed consent. For the schoolchildren, this was obtained from the Department of Education and also the principal of the school. All the risks had been explained to them by the principal investigator before the beginning of the programme. Participants could choose to withdraw from the study at any time if they wished.

## Collection and examination of rodents

Rodents were caught in 40 live traps baited with cucumber and dates at the end of the high season for infection. In the laboratory, 4 impression smears were prepared from the ears of each rodent, fixed in methanol and stained by the standard Geimsa meth-

od, then examined microscopically. Samples from infected rodents were injected subcutaneously at the base of the tail of inbred BALB/c mice to identify the parasite. Parasites were re-isolated from infected mice and cultured in NNN + LIT medium containing 200 IU penicillin per mL, incubated at 20–21 °C and monitored every 4 days. The RAPD-PCR technique was used for the identification of parasites.

#### Collection of sandflies

Sandflies were collected once a month from fixed sites indoors (bedrooms, stables, storerooms, etc) and outdoors (rodent burrows), using 30 sticky traps (castor oil-coated white papers  $20 \text{ cm} \times 30 \text{ cm}$ ) from the beginning to the end of the active season (early June–October). For species identification, sandflies were mounted in Puri's medium (produced in the medical entomology department) [3] and identified after 24 hours using the keys of Theodor and Mesghali [4], then they were mounted and segregated by sex.

## Detection of natural leptomonad infection in sandflies

Sandfly collections were made at the end of transmission season in the selected villages by putting sticky traps and funnel traps in the rodent burrows and by aspirator inside houses. CDC light traps were also used in the last 2 weeks of September near rodent burrows. Collections were transferred to the laboratory at Sabzevar health centre for dissection. Blood-fed females collected indoors were kept alive for 3-4 days to allow blood digestion and then dissected. All fed and gravid females collected from rodent burrows were dissected in a fresh drop of sterile saline and examined microscopically the same day for natural flagellate infections. Once flagellates were seen, a few drops of saline were added to the preparation, which was then aspirated into a sterile syringe and injected subcutaneously into the base of the tail of 2 BALB/c mice. Parasites were later reisolated from infected mice and cultured in 2–4 tubes of NNN biphasic medium with penicillin (200 IU per mL). Culture tubes were incubated at 20 °C and subcultured every 15 days. All female sandflies were identified by the morphology of the pharyngeal armature and of the spermatheca [4]. The RAPD-PCR technique was used for identification of parasites.

#### Susceptibility tests

The susceptibility status of *P. papatasi* to DDT, permethrin and propoxur was studied in the field surveys during August 2002, following the WHO standard method [5] and using impregnated papers supplied by WHO.

#### Statistical analysis

The z-test was used to determine any statistically significant differences in disease prevalence between females and males and between those < 10 years and those  $\ge 10$  years. For the students, the  $\chi^2$  and Fisher tests were used for the same purpose. The data were analysed using a statistical package (*Probit 79*) and graphs were prepared using *Harvard Graphics*® version 3.

#### Results

#### Jovein rural district

Prevalence among 807 inhabitants of the 4 villages studied was 10.4% for scars and 3.0% for active lesions (Table 1). The highest rate for those having scars was 15.8% in the age group 5–9 years and the lowest rate was 2.0% in the age group 0–4 years. Prevalence of scars was 11.2% in those < 10 years and 10.2% for those  $\ge 10$  years.

Prevalence of ulcers among the inhabitants was 3.0%. The most highly infected age group was 0-4 with a rate of 5.9% and the lowest rate was 1.7% in the age group of 20-24 years. Those < 10 years showed a rate of 3.3% for ulcers; this was 2.9% for those  $\geq$  10 years old. The Fisher test showed no statistically significant differences in the prevalence of CL between these two age groups. No statistically significant difference was observed between males and females in the different age groups regarding the prevalence of scars or active lesions ( $\alpha$ = 5%). More than 52% of the people with active lesions had 1 ulcer, 17.4% had 2 and the rest had  $\geq$  3. Hands, legs and face were the parts of the body most infected, with 40.0%, 38.2% and 20.0% of the active lesions respectively.

A total of 541 children aged 7–14 years in all the primary schools in the villages studied, 270 girls (49.9%) and 271 boys (50.1%), were examined physically for the presence of active CL lesions or scars. The overall scar rate was 9.4% and the prevalence of ulcers was 5.9% (Table 2). The highest prevalence of active lesions was 9.1% for 13 year olds and the lowest was 4.0% for 9 year olds. Statistically significant differences were observed in prevalence of ulcers by sex, prevalence in boys being more than twice that in girls ( $\chi_1^2$  = 4.74, P = 0.0295). In children with active lesions, 45.5% had 1 lesion, 21.2% had 2 lesions and 33.3% had  $\geq$  3 lesions. Hands, legs and face were the most infected parts of the body with 48.2%, 25.9% and 22.2% of the ulcers respectively.

Parasites from 7 patients with ulcers were injected subcutaneously at the base of the tail of 15 BALB/c mice. In 4 of them (26.7%) nodules and ulcers containing numerous amastigotes appeared at the site of inoculation 62–68 days after injection. Par-

Table 1 Prevalence of cutaneous leishmaniasis by age and sex in Jovein rural district, November–December 2001

Age group (years)	M	lo. obs F	erved Total	Prevale M	nce of s F	cars (%) Total	Prevalen M	ce of a F	ctive lesions (%) Total
0–4	23	28	51	4.3	0	2.0	4.3	7.1	5.9
5–9	57	44	101	17.5	13.6	15.8	1.8	2.3	2.0
10–14	83	82	165	9.6	13.4	11.5	2.4	1.2	1.8
15–19	74	62	136	6.8	12.9	9.6	0	0	0
20–24	30	29	59	6.7	0	3.4	3.3	0	1.7
≥25	141	154	295	12.8	9.7	11.2	4.3	5.8	5.1
All ages	408	399	807	10.8	10.0	10.4	2.7	3.3	3.0

M = male, F = female.

Prevalence of scars or active lesions was not significantly different between males and females in different age groups ( $\alpha = 5\%$ ).

Table 2 Prevalence of cutaneous leishmaniasis by age and sex among students of primary schools in Jovein rural district, November–December 2001

Sex	Age (years)									
	7	8	9	10	11	12	13	14		
Male										
No. observed	52	28	55	43	50	30	7	6	271	
Scars (%)	1.9	17.9	7.3	9.3	10.0	10.0	28.6	16.7	9.2	
Active lesions (%)	15.4	0	7.3	7.0	6.0	6.7	28.6	0	8.1a	
Female										
No. observed	48	30	44	45	52	26	15	10	270	
Scars (%)	2.1	10.0	6.8	6.7	21.2	11.5	13.3	0	9.6	
Active lesions (%)	2.1	10.0	0	2.2	3.8	7.7	0	10.0	3.7a	
Both sexes										
No. observed	100	58	99	88	102	56	22	16	541	
Scars (%)	2.0	13.8	7.1	8.0	15.7	10.7	18.2	6.3	9.4	
Active lesions (%)	9.0	5.2	4.0	4.5	4.9	7.1	9.1	6.3	5.9	

 $a \div 2 \text{ test, } P = 0.0295.$ 

asites were reisolated from infected mice and cultured in NNN plus LIT medium containing 200 IU penicillin per mL, incubated at 20–21°C and monitored for growth every 4 days from day 4. All positive cultures were subcultured every 15 days. Examination of 4 isolates from human indigenous cases identified them as *Leishmania major*.

A total of 56 small mammals were captured by Sherman traps and examined during October–November 2001 and

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August– September 2002. Of the 4 species of small mammals found in the area, *Rhom*bomys opimus (great gerbil) (80.4%) was predominant; the other 3 were Nesokia indica (12.5%), Meriones libycus (3.6%) and Hemiechinus auritis (3.5%). Four impression smears were prepared from the ears of each rodent, fixed in methanol, stained by the standard Giemsa method and examined under the microscope. Seven out of 45 R. opimus were found to be infected with *Leishmania* (15.6%). Parasites from the 7 infected animals were injected subcutaneously at the base of the tail of 19 BALB/ c mice. Nodules and ulcers containing numerous amastigotes appeared within 15 days in 5 mice, and within 5 days cultures from the lesions of 5 different infected great gerbils contained profuse promastigotes of *L. major*.

During April-October 2002, 8726 adult sandflies (7558 from outdoors and 1168 from indoor resting places) were collected and identified (Table 3). The following 6 species were found in bedrooms, storerooms and toilets: *Phlebotomus papatasi* (32.4%); *P. caucasicus* (1.7%); *P. ansarii* 

(0.6%); Sergentomyia sintoni (64.6%), S. grekovi (0.6%) and S. sumbarica (0.1%). In the rodent burrows, *P. papatasi* (8.5%); P. ansarii (7.6%); P. caucasicus (8.9%); P. sergenti (0.2%), S. sintoni (74.3%) and S. grekovi (0.5%) were collected. Sandflies common indoors were *P. papatasi* and *S.* sintoni and outdoors S. sintoni was common. Phlebotomus papatasi started to appear in April and disappeared at the end of October. There are two peaks in the density curve of this species, one in June and the second in August (Figures 1 and 2). The decrease in sandfly density at the end of October was most probably due to the cold weather. The density of other species was very low so it was impossible to determine the monthly density.

Phlebotomus papatasi (155), P. caucasicus (88), P. sergenti (3), P. ansarii (3), P. keshishiani (3) and S. sintoni (108) were collected in the vicinity of rodent burrows and were dissected during August—September 2002. The results of the dissections showed that P. papatasi (4.5%), P. caucasicus (2.3%) and S. sintoni (2.8%) were infected with leptomonads

Table 3 Sandfly species collected from indoors and outdoors in Jovein rural district during 2002

Collection sites	P. papatasi	P. caucasicus	P. ansarii	P. sergenti	S. sintoni	S. grekovi	S. sumbarica	Total
Indoors								
No.	378	20	7	0	755	7	1	1168
%	32.4	1.7	0.6	-	64.6	0.6	0.1	13.4
Outdoors								
No.	643	676	576	12	5617	34	0	7558
%	8.5	8.9	7.6	0.2	74.3	0.5	_	86.6
Total								
No.	1021	696	583	12	6372	41	1	8726
%	11.7	8.0	6.7	0.1	73.0	0.5	0.01	100

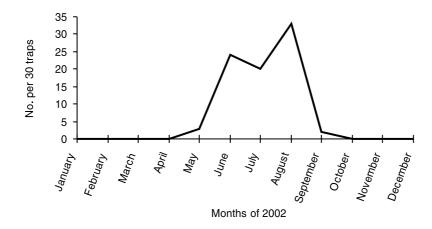


Figure 1 Monthly prevalence of P. papatasi in Jovein rural district, Sabezvar county (indoors)

(Table 4). Besides gut infection, leptomonads were seen in the oesophagus of 4 (57.1%) and in the heads of 2 (28.6%) of 7 positive *P. papatasi*. It is concluded that the promastigotes in *P. papatasi* were in metacyclic form, could migrate to the fo-

regut and could be transmitted by the mouthparts of this sandfly in the area. We dissected *P. papatasi* (110), *P. caucasicus* (6), *P. sergenti* (2) and *S. sintoni* (2) from indoors at the same time. All were found to be negative.

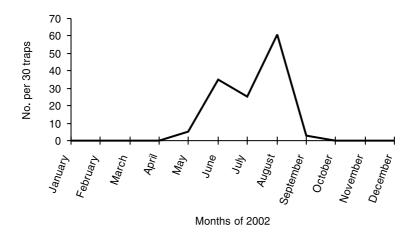


Figure 2 Monthly prevalence of *P. papatasi* in rodent burrows of Jovein rural district, Sabzevar county

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Table 4 Natural leptomonad infection in sandflies collected from rodent burrows, Jovein rural district, August–September 2002

Species	No.		Age grou	p	No. san	%			
	dissected	Nulli- parous	Parous	Age not known	Total	Gut	Oeso- phagus	Head	infected
P. papatasi	155	32	119	4	7	7	4	2	4.5
P. caucasicus	88	12	72	0	2	2	1	0	2.3
P. sergenti	3	1	2	0	0	0	0	0	0
P. ansarii	3	0	3	0	0	0	0	0	0
P. keshishiani	3	0	3	0	0	0	0	0	0
S. sintoni	108	11	95	1	3	3	1	1	2.8

Some females that had oviposited all of their eggs had accessory glands devoid of identifiable granules, so recognizing parous from nulliparous sandflies was impossible.

Promastigotes from 5 heavily infected *P. papatasi* collected from rodent burrows were injected subcutaneously into the tail bases of 2 BALB/c mice each. Three of these 10 mice (30%) became infected; nodules and ulcers containing numerous amastigotes developed at the site of inoculation 12 days after injection. By 5 days after inoculation, promastigotes had grown well in 4 of 6 NNN cultures inoculated with parasites from infected mice. The other 2 cultures were uncontaminated and no promastigotes were observed. Four different isolates were characterized as *L. major*.

A total of 335 fed *P. papatasi* were collected by aspirator from indoors in 3 villages in the first half of September 2002. The mortality rates for 4.0% DDT after 3.75, 7.50, 15.00, 30.00 and 60.00 minutes of exposure time followed by 24 hours recovery time were 0%, 7.7%, 41.0%, 74.3% and 100% respectively in the study area.

A total of 161 fed *P. papatasi* were also tested against permethrin 0.25% and propoxur 0.10%. The mortality rates after 60 minutes exposure time followed by 24 hours recovery time were 100% for both. It is concluded that *P. papatasi* in the area

is susceptible to DDT, permethrin and propoxur.

#### Davarzan rural district

A study of prevalence among 970 inhabitants showed 0.9% for scars. There were no ulcers among the residents during November–December coincident with the appearance of new cases in the area. The Fisher test showed no statistically significant differences in the prevalence of scars by sex.

A total of 652 children aged 6–18 years, 312 girls (47.9%) and 340 boys (52.1%), from all schools in the villages studied were examined physically for the presence of active lesions or scars of CL. The overall scar rate was 0.3%. None of the students had ulcers.

A total of 4123 adult sandflies (2475 from outdoors and 1648 from indoor resting places) were collected and identified in the rural district of Davarzan (Table 5). The following 4 species were found in bedrooms, storerooms and toilets: *P. papatasi* (14.7%), *P. sergenti* (8.7%), *S. sintoni* (76.3%) and *S. grekovi* (0.3%). In the rodent burrows, *P. papatasi* (8.7%), *P. ser-*

Table 5 Sandfly species collected from indoors and outdoors in Davarzan rural district during 2002

Collection	Species of sandfly									
sites	P. papatasi	P. sergenti	S. sintoni	S. grekovi	S. sumbarica	Total				
Indoors										
No.	242	144	1257	5	0	1648				
%	14.7	8.7	76.3	0.3	_	39.9				
Outdoors										
No.	215	1158	1100	1	1	2475				
%	8.7	46.8	44.4	0.04	0.04	60.1				
Total										
No.	457	1302	2357	6	1	4123				
%	11.1	31.6	57.2	0.15	0.02	100				

genti (46.8%), S. sintoni (44.4%), S. sumbarica (0.04%) and S. grekovi (0.04%) were collected. Sandflies common indoors were S. sintoni and P. papatasi but in rodent burrows P. sergenti and S. sintoni were the dominant species. Phlebotomus papatasi (8), P. sergenti (2) and S. sintoni (1) were collected from rodent burrows during September 2002 and dissected. All were found to be negative for leptomonads. We also dissected P. papatasi (57), P. sergenti (1) and S. sintoni (1) from indoors at the same time but none of these appeared to be infected.

During August–September 2002, only 5 *N. indica* were captured by Sherman traps near the study villages. No leishmanial infection was found on the ears in microscopic examination.

#### **Discussion**

Although CL has been present in some areas of Jovein and Davarzan rural districts in recent years, this is the first time that an endemic focus of zoonotic CL has been identified.

In the school survey, prevalence of active lesions among boys was more than 2 times that of girls. This may be because boys worked on farms during summer and were exposed to the bite of infected sandflies in the evening and at night.

Our findings suggest that R. opimus is the main reservoir host of zoonotic CL and the principal source of human infection in the area north-west of Sabzevar city. This species has been reported as the major reservoir of zoonotic CL in other endemic areas near Sabzevar county, such as Esfarayen, Jajarm and Shahrud (approximate distances of these foci from Sabzevar are 80-250 km) [6-10]. There are many active colonies of R. opimus around some of the infected villages.

Based on our observations in this survey, most of the rodents had diurnal activities and many of them were trapped during the morning up to 10.00. It should be mentioned that a number of different kinds of traps, e.g. Tomahawk traps, have been used for catching Gerbillidae in the Islamic Republic of Iran during recent years but Sherman traps proved best for the purpose. Owing to the limited number of colonies of

Gerbellidae present and the existence of *N. indica*, which is an accidental reservoir host of zoonotic CL in our country, near the study area, no sandfly infection was found in Davarzan rural district.

The results of this survey indicate that we are dealing with an epidemic of zoonotic CL in Jovein rural district, Sabzevar county, with R. opimus as the reservoir host and P. papatasi as vector among rodents and probably as the vector to man. This new focus should be added to the list of zoonotic CL foci in the Islamic Republic of Iran. The occurrence of this outbreak of zoonotic CL in the study villages may be connected with the construction of buildings near rodent colonies, the habit of sleeping in the yard during the summer, lack of good sanitation, construction of bedrooms and sitting rooms with mat-like roofs close to stables, presence of manure in some villages and the rapid agricultural development in the area, especially growing sugarbeet. This crop is a preferred food of Gerbillidae rodents.

Sabzevar county is located on a transit road to Turkmenistan, Uzbekistan and Kazakhstan with moderate freight traffic, which is likely to increase in the future. Truck drivers stopping off in the area could be at risk of getting the disease and possibly transmitting the infection. Meanwhile the south of the county is also prone to outbreaks of the disease and new epidemics may occur in different foci in the coming years.

It is essential for the health authorities to take strong measures to control epidemics

and prevent them spreading to neighbouring villages. The control of zoonotic CL ultimately rests on close cooperation between Universities of Medical Sciences, health centres and the government.

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