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Esculentin-2CHa(1–30) and its analogues: stability and mechanisms of insulinotropic action

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1 **Esculentin-2CHa(1-30) and its analogues – stability and mechanisms of insulinotropic**
2 **action**

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20

21 **Abstract**

22 The insulin-releasing effects, cellular mechanisms of action and anti-hyperglycaemic activity
23 of 10 analogues of esculentin-2CHa lacking the cyclic C-terminal domain (CKISKQC) were
24 evaluated. Analogues of the truncated peptide, esculentin-2CHa(1-30), were designed for
25 plasma enzyme resistance and increased biological activity. Effects on insulin release, cell
26 membrane integrity, membrane potential, intracellular Ca^{2+} and cAMP levels were
27 determined using clonal BRIN-BD11 cells. Acute effects on glucose tolerance were
28 investigated using NIH Swiss mice. D-amino acid substitutions at positions 7(Arg), 15(Lys)
29 and 23(Lys) and fatty acid (L-octanoate) attachment to Lys at position 15 of esculentin-
30 2CHa(1-30) conveyed resistance to plasma enzyme degradation whilst preserving insulin-
31 releasing activity. Analogues [D-Arg⁷, D-Lys¹⁵, D-Lys²³]-esculentin-2CHa(1-30) and Lys¹⁵-
32 octanoate-esculentin-2CHa(1-30) exhibiting most promising profiles and with confirmed
33 effects on both human insulin-secreting cells and primary mouse islets were selected for
34 further analysis. Using chemical inhibition of adenylate cyclase, protein kinase C or
35 phospholipase C pathways, involvement of PLC/PKC mediated insulin secretion was
36 confirmed similar to that of CCK-8. Diazoxide, verapamil and Ca^{2+} omission inhibited
37 insulin secretion induced by the esculentin-2CHa(1-30) analogues suggesting an action also
38 on K_{ATP} and Ca^{2+} channels. Consistent with this, the analogues depolarised the plasma
39 membrane and increased intracellular Ca^{2+} . Evaluation with fluorescently labelled esculentin-
40 2CHa(1-30) indicated membrane action, with internalisation, but patch clamp experiments
41 suggested that depolarisation was not due to direct inhibition of K_{ATP} channels. Acute
42 administration of either analogue to NIH Swiss mice improved glucose tolerance and
43 enhanced insulin release similar to that observed with GLP-1. These data suggest that multi-
44 acting analogues of esculentin-2CHa(1-30) may prove useful for glycaemic control in
45 obesity-diabetes.

46 **Introduction**

47 Incidence of type 2 diabetes is constantly on the rise, owing to an increase in consumption of
48 a western diet, sedentary lifestyle, obesity and aging population (Stumvoll *et al.* 2008,
49 McCarthy, 2010). Current therapies targeting beta-cell secretory function and/or insulin
50 action offer metabolic benefits but due to inability to restore normal glycaemic control,
51 diabetes associated complications arise including cardiovascular disease, neuropathy,
52 nephropathy and retinopathy (McCarthy, 2010, Parkes *et al.* 2013, Kahn *et al.* 2014). As a
53 result, there is a constant need for development of new, improved therapeutic agents to
54 complement or replace existing anti-diabetic drugs. Peptide hormone therapeutics and
55 various glucagon-like peptide-1 (GLP-1 mimetics), have been strongly promoted over the
56 past few years (Kahn *et al.* 2014, Irwin & Flatt, 2015). This approach has several potential
57 advantages over development of small molecule drugs, providing greater specificity and
58 improved safety (Parkes *et al.* 2013).

59 In the 1980s, the search for bioactive agents in venoms of insects and reptiles led to
60 the isolation and characterisation of exendin-4 from the salivary secretions of *Heloderma*
61 *suspectum* (Gila monster) (Conlon *et al.* 2006). This peptide has been shown to stimulate
62 insulin secretion and exert a range of glucoregulatory actions in a fashion similar to incretin
63 hormone, GLP-1 (Parkes *et al.* 2013). Subsequently, long acting GLP-1 mimetics with good
64 clinical efficacy and acceptable benefit-risk profiles have been developed for treatment of
65 patients with type 2 diabetes (Irwin & Flatt, 2015). The search for naturally occurring
66 bioactive agents has continued to date. Skin secretions of frogs and toads are a potentially
67 valuable source of peptides that hold great therapeutic potential. Such molecules synthesized
68 in the skin of amphibians (particularly the Hylidae (Nicolas & El Amri, 2009, Jackway *et al.*
69 2011), Pipidae (Mechkarska *et al.* 2010), and Ranidae (Conlon, 2008, Conlon, 2011)
70 families) are well known for their antimicrobial, antiviral, anti-tumor, immunomodulatory

71 and chemoattractive properties (Conlon *et al.* 2014). In addition, we have demonstrated that
72 some of these host defence peptides isolated from frog skin secretions were insulinotropic *in*
73 *vitro* and could improve glucose tolerance in animal models *in vivo* (Conlon *et al.* 2014).

74 Esculentin-2CHa (GFSSIFRGVAKFASKGLGKDLAKLGVDLVACKISKQC),
75 isolated from norepinephrine-stimulated skin secretions of the Chiricahua leopard frog,
76 *Lithobates chiricahuensis* (Ranidae), has been shown to exhibit potent antimicrobial activity
77 against clinical isolates of multidrug-resistant strains of *Staphylococcus aureus*,
78 *Acinetobacter baumannii*, and *Stenotrophomonas maltophilia* (Conlon *et al.* 2011). In
79 addition, this bioactive peptide also stimulated interleukin-10 (IL-10) release by mouse
80 lymphoid cells and exerted cytotoxicity against human non-small lung adenocarcinoma A549
81 cells with low haemolytic activity against human erythrocytes (Attoub *et al.* 2013).
82 Increasing the cationicity of the peptide with L-Lysine substitution of Asp²⁰ and Asp²⁷
83 residues enhanced antimicrobial activity while removal of either the hydrophobic N-terminal
84 hexapeptide (GFSSIF) or the cyclic C-terminal domain (CKISKQC) and serine substitution
85 of Cys³¹ and Cys³⁷ residues decreased antimicrobial potency (Attoub *et al.* 2013).

86 We recently reported anti-diabetic effects of an analogue of esculentin-2CHa –
87 [Lys28]-esculentin-2CHa in high fat fed diabetic mice (Ojo *et al.* 2015c). Our previous
88 observations indicate that any modification of frog skin peptides resulting in loss or reduction
89 of antimicrobial activity also resulted in compromise of insulinotropic action. Interestingly,
90 our preliminary observations revealed that loss of antimicrobial activity associated with
91 removal of the cyclic C-terminal domain of esculentin-2CHa was not accompanied by
92 abolition of insulinotropic actions *in vitro*. In other words, the truncated form of esculentin-
93 2CHa with 30 amino acid residues (esculentin-2CHa-GA30) and lacking the C-terminal
94 disulphide bond stimulated insulin release from BRIN-BD11 cells.

95 Based on this and with a view to generating more easily synthesised/cost effective
96 forms of esculentin-2CHa with potential as a possible new class of therapeutic peptides for
97 diabetes, we designed a family of 10 analogues of esculentin-2CHa(1-30) as indicated in
98 Table 1. D-isomers of naturally occurring amino acids were substituted at positions 7, 15 and
99 23 (Peptides 2-6) to confer resistance to endopeptidases based on the observed degradation
100 pattern of the peptide in plasma. In addition, lysine residues at positions 15 and 23 were
101 substituted with L-ornithine with a view to increasing metabolic stability (Peptide 7) and
102 amidation of C-terminus (Peptide 8). To prolong half-life in the circulation (by facilitating
103 binding to serum albumin), analogues were synthesised with a C-8 fatty acid (octanoate)
104 attached to the lysine residue at position 15 or 23 (Peptides 9 or 10. Using the parent
105 esculentin-2CHa(1-30) (Peptide 1) as positive control, we investigated these various modified
106 analogues for enzymatic stability, insulinotropic effects, cellular mechanisms of action and
107 acute antihyperglycaemic effects *in vivo*.

108 **Materials and methods**

109 ***Peptide synthesis and purification:*** Synthetic esculentin-2CHa(1-30) and analogues (Table
110 1) were purchased (> 95 % pure) from GL Biochem Ltd (Shanghai, China) and purified to
111 near homogeneity (> 98 % pure) by reversed-phase HPLC on a (2.2 cm x 25 cm) Vydac
112 218TP1022 (C18) column equilibrated with acetonitrile/water/trifluoroacetic acid (TFA)
113 (21.0/78.9/0.1 v/v) mobile phase at a flow rate of 1 ml/min. The concentration of acetonitrile
114 in the eluting buffer was raised to 56% (v/v) over 60 min. The molecular masses of the
115 peptides were confirmed using MALDI-TOF mass spectrometry (Table 1). Other peptides
116 including the enzyme resistant form of CCK-8, pggCCK-8 (Irwin *et al.* 2013) were purchased
117 from American Peptide Company (Sunnyvale, CA, USA).

118 ***Peptide degradation studies:*** Susceptibility of esculentin-2CHa(1-30) and related peptides to
119 plasma proteolytic enzymes was determined by incubating the peptides with plasma (10 µl)

120 from fasted NIH Swiss mice in 50 mM triethanolamine-HCl buffer (pH 7.8) at 37 °C
121 (O'Harte *et al.* 2001) for 0/8 h. The reactions were stopped by adding 10% (v/v) TFA/water
122 (10 µl). Separation of intact and degraded products was carried out using reversed phase
123 HPLC with a Vydac C-18 column equilibrated with 0.12% (v/v) TFA/water at a flow rate of
124 1.0 ml/min. The concentration of acetonitrile in the eluting solution was increased over a
125 linear gradient from 0 to 28% in 10 min, to 56% in 20 min and from 56% to 70% in 5 min.
126 MALDI-TOF mass spectrometry was used to ascertain the molecular masses of both intact
127 and degraded products.

128 **Cell culture:** Insulin-secreting BRIN-BD11 rat clonal beta cells and 1.1B4 human clonal beta
129 cells were routinely cultured in RPMI-1640 medium supplemented with 10 % (v/v) FBS and
130 1 % (v/v) antibiotics – penicillin (100 U/ml) and streptomycin (0.1 mg/ml). The generation,
131 culture and characteristics of these two cell lines have been described previously
132 (McClenaghan *et al.* 1996, McCluskey *et al.* 2011)

133 **In vitro insulin-releasing studies:** *In vitro* insulin-releasing effects of esculentin-2CHa(1-30)
134 and its analogues were assessed using clonal beta cell lines as well as isolated mouse
135 pancreatic islets. Firstly, BRIN-BD11 cells were incubated with the peptides in the
136 concentration range (1×10^{-12} – 3×10^{-6} M) in Krebs-Ringer bicarbonate buffer (KRBB)
137 containing 5.6mM glucose for 20 min at 37 °C as previously described (Abdel-Wahab *et al.*
138 2008, Mechkarska *et al.* 2011, Ojo *et al.* 2011). Effects of established modulators of insulin
139 release, removal of extracellular Ca^{2+} and inhibitors of phospholipase C (U73122) and
140 adenylate cyclase (NKY80) were also tested (Abdel-Wahab *et al.* 2008, Mechkarska *et al.*
141 2011, Ojo *et al.* 2011). Plasma membrane integrity was assessed by measuring lactate
142 dehydrogenase (LDH) in cell incubation buffer using CytoTox 96 non-radioactive
143 cytotoxicity assay kit (Promega, Madison, WI, USA) according to the manufacturer's
144 instructions. In a second set of experiments, insulin releasing effects of esculentin-2CHa(1-

145 30) and selected analogues were examined over a similar concentration range using 1.1B4
146 human clonal beta cells (McCluskey *et al.* 2011, Green *et al.* 2015). In a third set of
147 experiments, pancreatic islets isolated from NIH Swiss mice by collagenase digestion (Gotoh
148 *et al.* 1985), were incubated with 10^{-6} and 10^{-8} M of esculentin-2CHa(1-30) and selected
149 analogues for 1 h in Krebs-Ringer bicarbonate (KRB) buffer supplemented with 3 or 20 mM
150 glucose. Other experiments detailed below were conducted at peptide concentration of 10^{-6} M
151 which elicited prominent insulin secretory effects. Insulin release was measured by
152 radioimmunoassay (Flatt & Bailey, 1981a, Flatt & Bailey, 1981b) using mouse or human
153 insulin standards as appropriate.

154 ***Membrane potential studies and intracellular calcium ($[Ca^{2+}]_i$):*** Effects of esculentin-
155 2CHa(1-30) and analogues on membrane potential and intracellular calcium $[Ca^{2+}]_i$ were
156 assessed using BRIN-BD11 cells (FLIPR membrane or calcium assay kit, Molecular
157 Devices, USA) as previously described (Miguel *et al.* 2004). BRIN-BD11 cells were
158 incubated with Krebs-Ringer bicarbonate buffer containing 5.6mM glucose. Esculentin-
159 2CHa(1-30) and its analogues were added, with calcium mobilisation data collected and
160 analysed using Softmax Pro software (Miguel *et al.* 2004).

161 ***Membrane binding and patch-clamp electrophysiology***

162 For membrane binding studies, BRIN-BD11 cells were seeded onto polysine coated slides
163 (40,000 cells/slide) and cultured overnight. Media was replaced with KRBB containing 1 μ M
164 FITC-esculentin-2CHa(1-30) and incubated for 5-90 minutes. Coverslips were washed with
165 PBS, rapidly transferred to the recording bath (containing fresh PBS) mounted on an inverted
166 microscope (Leica DMI6500B) coupled to a Leica TCS SP5 II confocal. Cells were excited
167 by an argon laser (488nm) and simultaneously viewed on the transmitted light channel to
168 allow assessment of the distribution of FITC-esculentin-2CHa(1-30) on plasma membrane
169 and cytosolic compartments of the cells. Ionic currents were recorded from BRIN-BD11

170 pancreatic β -cells using the whole-cell mode of the patch clamp technique as previously
171 described (Ojo *et al.* 2016). Amphotericin B was included in the pipette solutions to perforate
172 the membrane and reduce current run-down such that currents were stable for the duration of
173 the recording (Ojo *et al.* 2016). Current densities were calculated by dividing current
174 amplitudes by the whole-cell capacitance (6-19 pF). External drug containing solutions were
175 applied using a gravity-driven perfusion system with an exchange time of approximately 1s
176 (Scholfield & Curtis, 2000). K_{ATP} currents were elicited by ramp protocols from +20 to -80
177 mV applied over 1 second from a holding potential of 0 mV using high K^+ external solution
178 (containing in mM: 130 KCl, 10 TEACl, 2.5 Glucose, 1.3 $MgCl_2$, 2 $CaCl_2$, 10 HEPES pH 7.4
179 with NaOH). 100nM penitrem A, 1mM 4,4'-diisothiocyanatostilbene-2,2'-disulfonate (DIDS)
180 and 1 μ M nimodipine were added to inhibit BK, Cl^- and L-Type Ca^{2+} channels and a K^+ -
181 based internal (pipette) solution was used (130 KCL, 1 $MgCl_2$, 0.045 $CaCl_2$, 1 EGTA, 10
182 HEPES, pH 7.2 with NaOH). K_{ATP} channel opening was stimulated with 200 μ M diazoxide
183 prior to, and during application of 1 μ M [D-Arg⁷, D-Lys¹⁵, D-Lys²³]-esculentin-2CHa(1-30)
184 (Peptide 6).

185 ***In vivo studies***

186 Adult male National Institutes of Health (NIH) Swiss mice (Harlan Ltd, UK) were housed
187 individually in an air-conditioned room (22 ± 2 °C) with a 12-hour light: 12-hour dark cycle
188 and maintained on a standard rodent diet (Trouw Nutrition, Cheshire, UK), with food and
189 water available *ad libitum*. For acute *in vivo* studies, overnight fasted mice received an
190 intraperitoneal injection of glucose alone (18 mmol/kg body weight) or in combination with
191 esculentin-2CHa(1-30) or its analogues (75 nmol/kg body weight). This dose was chosen on
192 the basis of results in previous studies examining glucoregulatory effects of amphibian skin
193 peptides (Conlon *et al.* 2014). A small dose-response study was conducted using GLP-1 and
194 the two most prominent glucose-lowering peptides (Peptides 6 and 9). Blood samples were

195 collected before injection and at times indicated in the Figures. All animal experiments were
196 carried out in accordance with the UK Animals (Scientific Procedures) Act 1986 and
197 'Principles of laboratory animal care' (NIH publication no. 86 – 23, revised 1985).

198 **Statistical analysis:** Results were analysed using GraphPad PRISM Software (Version 6.0)
199 and presented as mean \pm S.E.M. Statistical analyses were performed using student's t test
200 (non-parametric) or one-way ANOVA followed by Bonferroni or Student-Newman-Keuls
201 post hoc test wherever applicable. Area under the curve (AUC) analysis was performed using
202 the trapezoidal rule with baseline correction. Membrane current-voltage relations were
203 compared using 2-way repeated measures ANOVA with Bonferroni *post hoc* test. Results
204 were considered significant if $p < 0.05$.

205 **Results**

206 **Plasma stability of esculentin-2CHa(1-30) and analogues:**

207 Degradation of esculentin-2CHa(1-30) (Peptide 1) exposed to mouse plasma was 93% in 8
208 hours (Table 2). Examination of degradation products by mass spectrometry suggests that the
209 native peptide is cleaved by enzymes at the following sites: between Phe⁶ and Arg⁷, Arg⁷ and
210 Gly⁸, Lys¹¹ and Phe¹², Ser¹⁴ and Lys¹⁵, Leu¹⁷ and Gly¹⁸, Ala²² and Lys²³ and Leu²⁸ and Val²⁹.
211 Substitution with D-isomers of residues at position 7 (Peptide 2), position 15 (Peptide 3) and
212 positions 7, 15 and 23 (Peptide 6) conferred resistance to degradation, with degradation
213 ranging between 24-59% (Table 2). Substitution with D-lysine residues at position 23
214 (Peptide 4) and at positions 15 and 23 (Peptide 5) reduced degradation to approximately 80%
215 (Table 2). Peptide 6 was cleaved only at Lys¹¹ and Phe¹² and Leu²⁸ and Val²⁹ compared to
216 esculentin-2Cha-GA30, thus substitution of residues with D-isomers at these positions
217 protected the sites from enzymatic cleavage. Substitution of lysine residues at positions 15
218 and 23 with L-ornithine (Peptide 7) and amidation of C-terminus (Peptide 8) did not confer
219 resistance to degradation (Table 2). Addition of a C-8 fatty acid to lysine residue at position

220 15 (Peptide 9) or 23 (Peptide 10) conferred resistance to degradation (62 and 79%
221 respectively, Table 2), with cleavage only at sites between Arg⁷ and Gly⁸, Ala²² and Lys²³ and
222 Leu²⁴ and Gly²⁵ and Arg⁷ and Gly⁸ and Leu²⁴ and Gly²⁵ respectively.

223 **Insulinotropic actions of esculentin-2CHa(1-30) and analogues:**

224 Esculentin-2CHa(1-30) (Peptide 1) and analogues stimulated insulin release from BRIN-
225 BD11 cells significantly compared to respective control at glucose (5.6 mM) (p<0.05,
226 p<0.01, p<0.001, Table 2). Substitution of residues at position 7 (Peptide 2), position 15
227 (Peptide 3), position 23 (Peptide 4) and positions 7 and 15 (Peptide 5) with respective D-
228 isomers significantly increased insulin release from BRIN-BD11 cells (p<0.01, p<0.001,
229 Table 2). Substitution with D-isomers at positions 7, 15 and 23 (Peptide 6) or with lysine
230 residues at positions 15 and 23 with L-ornithine (Peptide 7) significantly increased insulin
231 release from BRIN-BD11 cells compared with esculentin-2CHa(1-30) (Peptide 1) (p<0.001,
232 Table 2). Amidation of C-terminus (Peptide 8) did not markedly affect insulin output from
233 BRIN-BD11 cells compared to parent peptide (Table 2). Addition of a C-8 fatty acid to lysine
234 residue at position 15 (Peptide 9) or 23 (Peptide 10) markedly increased insulin release from
235 BRIN-BD11 cells (p<0.001, Table 2), with effects of Peptide 9 significantly greater than
236 esculentin-2CHa(1-30) (p<0.01, Table 2). For native and all peptide analogues of esculentin-
237 2CHa(1-30), threshold concentration for stimulating insulin release ranged between 10⁻⁷ M
238 and 3x10⁻⁶ M (Table 2). Insulinotropic actions of esculentin-2CHa(1-30) and its analogues
239 were comparable to that of GLP-1 (Table 2).

240 We confirmed that the insulinotropic actions of esculentin-2CHa(1-30) peptides were
241 not due to cytotoxicity. Thus LDH release from BRIN-BD11 cells upon exposure to the
242 peptides was similar to that observed in control incubations (Table 2). The only exception
243 was Peptide 2 which appeared to induce significantly greater LDH release at 3x10⁻⁶ M

244 (p<0.001, Table 2). From the in vitro stability and insulin release studies, substitution of
245 residues at positions 7, 15 and 23 (Peptide 6) with respective D-isomers and addition of a C-8
246 fatty acid to lysine residue at position 23 (Peptide 9) appeared to confer greater plasma
247 stability and insulinotropic action on esculentin-2CHa-GA30. As a result, the native form
248 and these two superior analogues were carried forward for further studies.

249 As shown in Figure 1A, esculentin-2CHa(1-30) and its analogues (Peptide 6, Peptide
250 9) markedly increased glucose stimulated insulin secretion from isolated mouse islets at 10^{-6}
251 M concentration (p<0.05, p<0.01, Figure 1A). The effects induced were similar to those
252 observed with stable forms of GLP-1 and CCK-8, namely exendin-4 and pggCCK-8
253 respectively (p<0.01, Figure 1A). The insulinotropic actions were clearly glucose dependent
254 in the case of esculentin-2CHa(1-30) peptides which did not affect insulin secretion at 3 mM
255 glucose even at high concentrations (Figure 1A). Esculentin-2CHa(1-30) (Peptide 1) and its
256 analogues (Peptide 6, Peptide 9) also stimulated insulin release from human clonal beta cell
257 line, 1.1B4 (p<0.05, p<0.01, p<0.001, Figure 1B). Threshold concentration for stimulation of
258 insulin secretion from 1.1B4 cells for esculentin-2CHa(1-30) was 10^{-8} M whereas threshold
259 concentrations for modified peptides were 10^{-11} M (Figure 1B). The maximal effect appeared
260 less than that induced by 10^{-6} M exendin-4 from 1.1B4 cells (Figure 1B).

261 **Mechanisms underlying insulinotropic actions of esculentin-2CHa(1-30) and analogues:**

262 *Effects on intracellular cAMP levels:* GLP-1 and forskolin markedly increased intracellular
263 cAMP levels in BRIN-BD11 cells (p<0.001, Figure 2A). In contrast, esculentin-2CHa(1-30)
264 and its analogues (Peptide 6 and 9) did not have any appreciable effect on cAMP levels
265 (Figure 2A).

266 *Effects of drugs and ionic manipulation on insulinotropic activity :* Forskolin, PMA, GLP-
267 1, pggCCK, Peptide 1, Peptide 6 and Peptide 9 significantly increased insulin release from

268 BRIN -BD11 cells ($p < 0.05$, $p < 0.01$, $p < 0.001$, Figure 2B). Overnight 18 h culture with PMA
269 (10 nM) to down-regulate PKC pathways (McClenaghan *et al.* 2006) reduced PMA,
270 pggCCK8, Peptide 1, Peptide 6 and Peptide 9 stimulated insulin secretion compared to
271 routine culture ($p < 0.05$, $p < 0.01$, Figure 2B), In contrast, the insulin-releasing action of
272 forskolin or GLP-1 was not attenuated. Consistent with this, the AC inhibitor, NKY80 only
273 significantly inhibited GLP-1 induced insulin secretion ($p < 0.05$, Figure 2C), whereas the
274 PLC inhibitor, U73122X significantly reduced pggCCK8, Peptide 1, Peptide 6 and Peptide 9
275 induced insulin secretion ($p < 0.05$, $p < 0.01$, Figure 3A). The insulinotropic effect of GLP-1
276 was not impaired by U73122X. Since esculentin-2CHa(1-30) peptides still evoked small
277 increase of insulin release in presence of NKY80, ionic pathways involved in insulin
278 secretion were investigated.

279 Verapamil and diazoxide did not affect basal insulin secretion while IBMX, KCl and
280 tolbutamide markedly increased insulin release from BRIN-BD11 cells ($p < 0.05$, $p < 0.01$,
281 Figure 3A). Verapamil reduced pggCCK8, Peptide 2 1 and Peptide 4 9 induced insulin
282 secretion ($p < 0.05$, Figure 3A) while diazoxide reduced the insulinotropic effects of GLP-1,
283 pggCCK8, Peptide 1 and Peptide 9 compared to control ($p < 0.05$, $p < 0.01$, $p < 0.001$, Figure
284 3A). Peptide 6 potentiated IBMX-induced insulin secretion ($p < 0.05$, Figure 3A) while none
285 of the peptides altered the stimulatory insulin secretory responses from cells depolarised with
286 30 mM KCl (Figure 3A). GLP-1 and all peptides tested potentiated insulin secretion in the
287 presence of tolbutamide ($p < 0.05$, Figure 3A). Insulinotropic actions of GLP-1, pggCCK8 and
288 all esculentin-2CHa(1-30) peptides were abolished in the absence of extracellular Ca^{2+}
289 (Figure 3B).

290 ***Effects on membrane potential and intracellular Ca^{2+} :*** Esculentin-2CHa(1-30) and its
291 analogues (Peptide 6 and 9) increased membrane potential and depolarised BRIN-BD11 cells
292 compared to 5.6 mM glucose control ($p < 0.05$, $p < 0.01$, $p < 0.001$, Figure 4A,B). This was

293 accompanied by a significant increase in intracellular $[Ca^{2+}]_i$ ($p < 0.05$, $p < 0.001$, Figure 4C,D).
294 The magnitude of the effects was markedly less than that induced by a depolarising
295 concentration of KCl but similar to GLP-1 (Figure 4).

296 ***Actions at plasma membrane:***

297 FITC-esculentin-2CHa(1-30) was used to monitor interactions of the peptide at plasma
298 membrane sites on BRIN-BD11 cells. Representative images showing cells incubated for 5-
299 90 min with the fluorescent tagged peptide are shown in Figure 5. Membrane binding by
300 FITC-esculentin-2CHa(1-30) was evident on the membrane of discrete populations of cells
301 after 5 min exposure, while fluorescence in cytoplasm of cells was also evident after 20mins
302 incubation becoming progressive more intense over time up to 90mins, suggesting initial
303 binding with the membrane followed by internalisation of the peptide. To probe further the
304 membrane effects underlying changes in membrane potential and intracellular Ca^{2+} , we
305 examined the actions of [D-Arg⁷, D-Lys¹⁵, D-Lys²³]-esculentin-2CHa(1-30) (Peptide 6) on
306 BRIN-BD11 cells using patch clamp technique. This revealed that the depolarisation
307 observed in Figure 4A was unlikely to be due to direct action of the peptide on K_{ATP} channels
308 as when membrane current was recorded under selective recording conditions using the patch
309 clamp technique, Peptide 6 (1 μ M) had no effect on the amplitude of diazoxide activated
310 K_{ATP} current measured at -80mV (Figure 6A) or mean current density at voltages between 20
311 and -80mV ($P > 0.05$, Figure 6B,C).

312 **Acute anti-hyperglycaemic activity of esculentin-2CHa(1-30) and analogues:**

313 As shown in Figure 7A, B, Peptide 6 and Peptide 9 significantly reduced the glycaemic
314 excursion ($p < 0.05$) when administered together with glucose to overnight fasted NIH Swiss
315 TO mice. This was associated with elevated insulin concentrations, with Peptide 9
316 significantly increasing integrated (AUC) plasma insulin values ($p < 0.01$, Figure 7C,D). The

317 effects observed were broadly similar to those induced by an equal dose of GLP-1 (Figure
318 7A-D). Follow-up dose-response studies revealed that 75 nmol/kg body weight was the
319 minimal effective anti-hyperglycaemic dose of GLP-1, Peptide 6 or Peptide 9 under the
320 experimental conditions employed ($p < 0.05$, Figure 7E).

321 **Discussion:**

322 Genetic influences and lifestyle factors promote the constantly increasing incidence of type 2
323 diabetes, which is treated clinically by strategies that target pancreatic beta cell dysfunction
324 and/or insulin resistance (Bailey, 2009, Irwin & Flatt, 2015). Recently peptide therapeutics
325 for diabetes using stable mimetics of GLP-1 have received much attention due to their
326 tolerability, potency and efficacy compared to small molecules drugs. Our recent
327 observations reveal that esculentin-2CHa possesses potent insulinotropic actions and an
328 analogue - [Lys28]-esculentin-2CHa, exerted beneficial effects on metabolism in high fat fed
329 mice with insulin resistance and impaired glucose tolerance (Ojo *et al.* 2015c). We have
330 observed that esculentin-2CHa(1-30), a truncated and more readily synthesised analogue of
331 30 amino acids lacking the cyclic C-terminal domain, retains insulin-releasing activity. The
332 present study investigates the stability, insulinotropic actions and mechanisms of insulin
333 secretion of esculentin-2CHa(1-30) and designer analogues together with their possible
334 development for treatment of type 2 diabetes.

335 *In vitro* plasma degradation studies revealed that substitution with D-isomers of
336 residues at position 7 (Peptide 2), position 15 (Peptide 3) and positions 7, 15, 23 (Peptide 6)
337 and addition of a C-8 fatty acid to lysine residue at position 15 (Peptide 9) or position 23
338 (Peptide 10) enhanced resistance to degradation by plasma proteolytic enzymes. Peptides 6, 9
339 and 10 were partially degraded to 3 fragments after 8 h incubation with mouse plasma
340 whereas esculentin-2CHa(1-30) was degraded to 5 fragments. Enhanced resistance to

341 degradation coupled with intact insulinotropic activity may be beneficial *in vivo*. Indeed,
342 insulinotropic actions of modified analogues were well preserved in clonal BRIN-BD11 cells.
343 These actions were not associated with cellular cytotoxicity as indicated by lack of leakage of
344 the intracellular marker LDH.

345 On the basis of enzymatic stability and insulin-releasing potency, three peptides were
346 chosen for further evaluation, namely the analogue with triple D-isomer substitution (Peptide
347 6), the acylated form of esculentin-2CHa(1-30) (Peptide 9) and for comparison the parent
348 molecule, esculentin-2CHa(1-30) (Peptide 1). Studies using isolated mouse islets highlighted
349 the glucose-dependent insulin-releasing properties of all three peptides, which exerted effects
350 similar to those of stable analogues of GLP-1 and CCK-8 (exendin-4 and pggCCK-8,
351 respectively). When tested using the novel electrofusion-derived human 1.1B4 cell line
352 (McCluskey *et al.* 2011), the esculentin-2CHa(1-30) peptides stimulated concentration-
353 dependent insulin secretion with lower threshold stimulatory concentrations being observed
354 for the modified analogues. These data indicate that these peptides should not induce
355 hypoglycaemia as they are likely to stimulate insulin secretion from human beta cells,
356 with translational effects *in vivo*.

357 Beta cell stimulus-secretion coupling is a complex process, with the involvement of
358 many key players including K_{ATP} channels, ATP, PKA, PKC, cAMP, Ca^{2+} , functional
359 microtubule and microfilament system (McClenaghan, 2007, Fu *et al.* 2013). Beta cells detect
360 changes in blood glucose levels and subsequent metabolism leads to increase in ATP levels
361 that induces closure of plasma membrane K_{ATP} channels and depolarisation resulting in
362 opening of voltage gated Ca^{2+} channels (VDCC) (McClenaghan, 2007, Drews *et al.* 2010, Fu
363 *et al.* 2013). Ca^{2+} oscillations stimulate pulsatile insulin secretion with exocytosis of secretory
364 granules which accounts for the first and early phase of insulin secretion. K_{ATP} channel
365 independent mechanisms (Ca^{2+} dependent or independent) mediate the second phase of

366 insulin secretion. The K_{ATP} channel dependent pathway is considered to be the major trigger
367 for glucose stimulated insulin secretion (GSIS), with amplification by pathways triggered by
368 adenylate cyclase (cAMP, PKA) or phospholipase C (PKC) (Yaney *et al.* 2002, Doyle &
369 Egan, 2007).

370 Inhibitors of enzymes (AC, PLC) and ion channels (K_{ATP} , VDCC), fluorescent
371 dyes to monitor membrane potential and intracellular Ca^{2+} , measurement of second
372 messengers such as cyclic AMP and electrophysiological techniques are useful to delineate
373 mechanisms underlying the insulinotropic actions of novel peptides and drugs (Yaney *et al.*
374 2002, Miguel *et al.* 2004, Drews *et al.* 2010, Hodson *et al.* 2014). We used these strategies to
375 understand better the actions through which esculentin-2CHa(1-30) and its selected analogues
376 elicited insulin secretion using BRIN-BD11 cells. Direct measurement of cyclic AMP
377 showed that unlike GLP-1 (Dyachok *et al.* 2006, Ramos *et al.* 2008), esculentin-2CHa(1-30)
378 peptides had little effect on cyclic AMP, resembling the actions of CCK-8. Consistent with
379 this, downregulation of PKC pathway after overnight culture with PMA (Yaney *et al.* 2002)
380 significantly reduced PMA, GLP-1, pggCCK8, Peptide 1, Peptide 6 and Peptide 9 induced
381 insulin secretion. Similarly AC inhibition using NKY80 reduced GLP-1 induced insulin
382 release but not the stimulatory effects of pggCCK8 or esculentin-2CHa(1-30) peptides.

383 To establish involvement of ionic events, we studied the actions of diazoxide, high K^+
384 solution, verapamil and depletion of Ca^{2+} on the effects of esculentin-2CHa(1-30) peptides.
385 Each of these conditions inhibited the insulinotropic response. Consistent with these data, the
386 insulin-secretory effects of the peptides on BRIN-BD11 cells were accompanied by
387 depolarisation and increased intracellular Ca^{2+} . Collectively, these findings suggested to us
388 that the insulinotropic effects of esculentin-2CHa(1-30) peptides might result, at least in part,
389 from the inhibition of K_{ATP} channels to cause depolarisation and voltage-dependent Ca^{2+}
390 influx. In patch-clamp experiments, however, we found that esculentin-2CHa(1-30) peptides

391 had no direct effect on beta cell KATP channels. This raises the possibility of an action on
392 other ion channels such as L-type Ca²⁺ channels a direct depolarising effect resulting from
393 positively charged peptides entering the beta cell as suggested by imaging studies using
394 fluorescently tagged FITC-esculentin-2CHa(1-30). Further studies will be required to
395 evaluate such effects and the consequences of longer term exposure of beta cells to these
396 peptides.

397 Cell-penetrating peptides are receiving increasing interest as vehicles for intracellular
398 delivery of therapeutic agents such as anti-cancer drugs (Kurrikoff et al . 2016). The relatively
399 rapid and efficient internalization of FITC-esculentin-2CHa(1-30) by BRIN-BD11 cells,
400 without loss of integrity of the plasma membrane, suggests a possible application for
401 enzyme-resistant analogues of the peptide. In this regard, esculentin-2CHa(1-30) resembles
402 the amphibian histone H2A-derived peptide buforin II (Elmore. 2012). Buforin II traverses
403 the cell membrane in a cooperative manner without producing significant damage by a
404 mechanism that involves formation of transient toroidal pore structures. Once internalized,
405 buforin II accumulates in the nucleus and alters cellular function (Lee et al. 2008). Studies in
406 vivo (unpublished data) have shown that treatment of high fat-fed mice with esculentin-
407 2CHa(1-30) and its analogues ameliorates diabetes and has beneficial effects on expression
408 of pancreatic islet genes involved with insulin release suggesting that the internalized peptide
409 may also be able to regulate transcription.

410 In conclusion, the present study has shown that analogues of esculentin-2CHa(1-30),
411 namely [D-Arg⁷, D-Lys¹⁵, D-Lys²³]-esculentin-2CHa(1-30) and Lys¹⁵-octanoate-esculentin-
412 2CHa(1-30) (Peptides 6 and 9 respectively demonstrate enhanced resistance to degradation
413 by endopeptidases and strong insulinotropic actions on rat and human clonal beta cells as
414 well as primary mouse islets. These peptide analogues also exerted anti-hyperglycaemic
415 effects and promoted glucose-induced insulin release normal mice. Detailed studies

416 investigating the effects of chronic administration of these peptides in animal models of
417 obesity-diabetes are needed to further explore the potential of esculentin-2CHa(1-30)
418 analogues for therapy of diabetes in man.

419 **Author Contributions**

420 SV, MKM, RCM performed experiments, analysed data and prepared the manuscript. TMC,
421 JMC, YHAA and PRF conceived and designed the study and prepared the manuscript.

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425 **Conflict of interest**

426 The authors declare that they have no conflict of interest.

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560

561

Table 1 Amino acid sequences and molecular masses of esculentin-2CHa, esculentin-2CHa(1-30) and substituted analogues

Peptide No.	Name	Primary Sequence	Theoretical molecular mass (Da)	Measured molecular mass (Da)
	Esculentin-2CHa	GFSSIFRGVAKFASKGLGKDLAKLGVDLVACKISKQC	3841.6	-
1	Esculentin-2CHa-(1-30)	GFSSIFRGVAKFASKGLGKDLAKLGVDLVA	3052.6	3053.7
2	[D-Arg ⁷]-Esculentin-2CHa-(1-30)	GFSSIF R GVAKFASKGLGKDLAKLGVDLVA	3052.6	3053.1
3	[D-Lys ¹⁵]-Esculentin-2CHa-(1-30)	GFSSIFRGVAKFASK K GLGKDLAKLGVDLVA	3052.6	3052.0
4	[D-Lys ²³]-Esculentin-2CHa-(1-30)	GFSSIFRGVAKFASKGLGKDLA K LGVDLVA	3052.6	3054.0
5	[D-Lys ¹⁵ ,D-Lys ²³]-Esculentin-2CHa-(1-30)	GFSSIFRGVAKFASK K GLGKDLA K LGVDLVA	3052.6	3053.8
6	[D-Arg ⁷ , D-Lys ¹⁵ ,D-Lys ²³]-Esculentin-2CHa-(1-30)	GFSSIF R GVAKFASK K GLGKDLA K LGVDLVA	3052.6	3053.9
7	[L-Orn ¹⁵ , L-Orn ²³]-Esculentin-2CHa-(1-30)	GFSSIFRGVAKFAS Orn GLGKDLA Orn LGVDLVA	3024.5	3026.3
8	Esculentin-2CHa-(1-30)-NH ₂	GFSSIFRGVAKFASKGLGKDLAKLGVDLVA- NH₂	3051.6	3051.0
9	Lys ¹⁵ -octanoate -Esculentin-2CHa-(1-30)	GFSSIFRGVAKFASK (Oct) GLGKDLAKLGVDLVA	3178.6	3177.5
10	Lys ²³ -octanoate -Esculentin-2CHa-(1-30)	GFSSIFRGVAKFASKGLGKDLAK (Oct) LGVDLVA	3178.6	3176.6

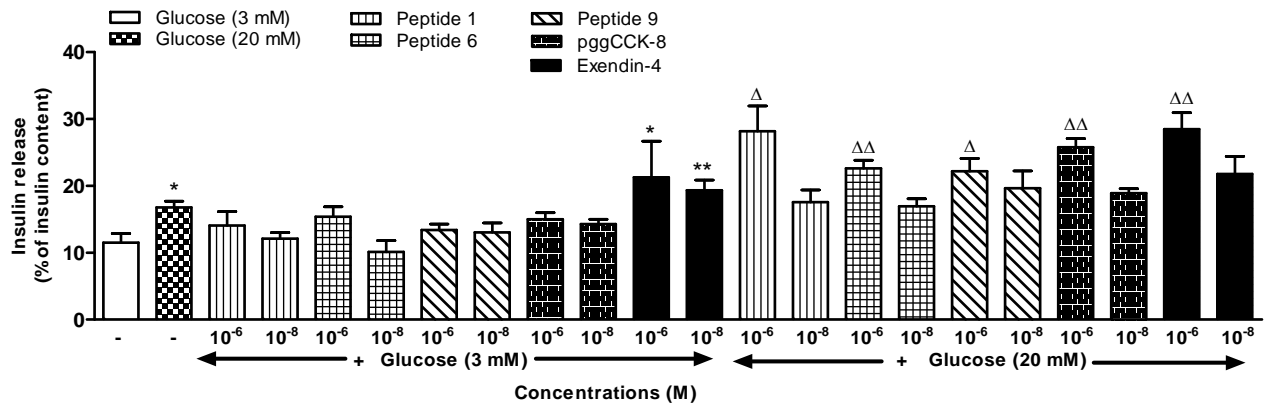
Table 2 Degradation of esculentin-2CHa(1-30) peptides in plasma and effects on insulin and LDH release from clonal BRIN BD11 cells compared with established secretagogues

Secretagogue/Peptide	% Degradation (8 h in mouse plasma)	BRIN-BD11 cells		
		Insulin release (ng/million cells/20 min)	Threshold concentration	LDH release (% of control)
Glucose (5.6 mM)	--	0.75 ± 0.04	--	102.8 ± 5.4
Glucose (16.7 mM)	--	1.36 ± 0.10 ^{***}	--	106.9 ± 1.3
Alanine (10 mM)	--	5.00 ± 0.50 ^{***}	--	106.1 ± 1.8
GLP-1 (7-36) NH ₂ (10 ⁻⁶ M)	--	1.96 ± 0.17 ^{***}	--	94.7 ± 5.3
Peptide 1 (3 x 10 ⁻⁶ M)	93	1.32 ± 0.04 ^{***}	10 ⁻⁷ M	105.9 ± 5.7
Peptide 2 (3 x 10 ⁻⁶ M)	59	1.57 ± 0.04 ^{***, ΔΔ}	3 x 10 ⁻⁷ M	128.2 ± 5.4 ^{***}
Peptide 3 (3 x 10 ⁻⁶ M)	46	1.06 ± 0.08 ^{** , ΔΔ}	3 x 10 ⁻⁶ M	122.6 ± 1.4
Peptide 4 (3 x 10 ⁻⁶ M)	80	1.22 ± 0.03 ^{***, ΔΔ}	3 x 10 ⁻⁷ M	107.6 ± 4.6
Peptide 5 (3 x 10 ⁻⁶ M)	81	1.06 ± 0.04 ^{** , ΔΔ}	10 ⁻⁶ M	90.1 ± 1.6
Peptide 6 (3 x 10 ⁻⁶ M)	24	1.96 ± 0.08 ^{***, ΔΔ}	10 ⁻⁶ M	114.6 ± 5.9
Peptide 7 (3 x 10 ⁻⁶ M)	94	2.75 ± 0.09 ^{***, ΔΔΔ}	3 x 10 ⁻⁷ M	100.1 ± 4.2
Peptide 8 (3 x 10 ⁻⁶ M)	92	1.13 ± 0.09 ^{* , Δ}	3 x 10 ⁻⁶ M	92.9 ± 8.8
Peptide 9 (3 x 10 ⁻⁶ M)	62	2.47 ± 0.12 ^{***, ΔΔ}	3 x 10 ⁻⁶ M	105.0 ± 6.8
Peptide 10 (3 x 10 ⁻⁶ M)	79	1.65 ± 0.15 ^{***}	10 ⁻⁶ M	106.8 ± 4.3

Values are mean ± SEM (n=8). * p<0.05, ** p<0.01, *** p<0.001 compared to respective control at glucose (5.6 mM). Δ p<0.05, ΔΔ p<0.01, ΔΔΔ p<0.001 compared to esculentin-2CHa(1-30) (Peptide 1).

Figure 1

A



B

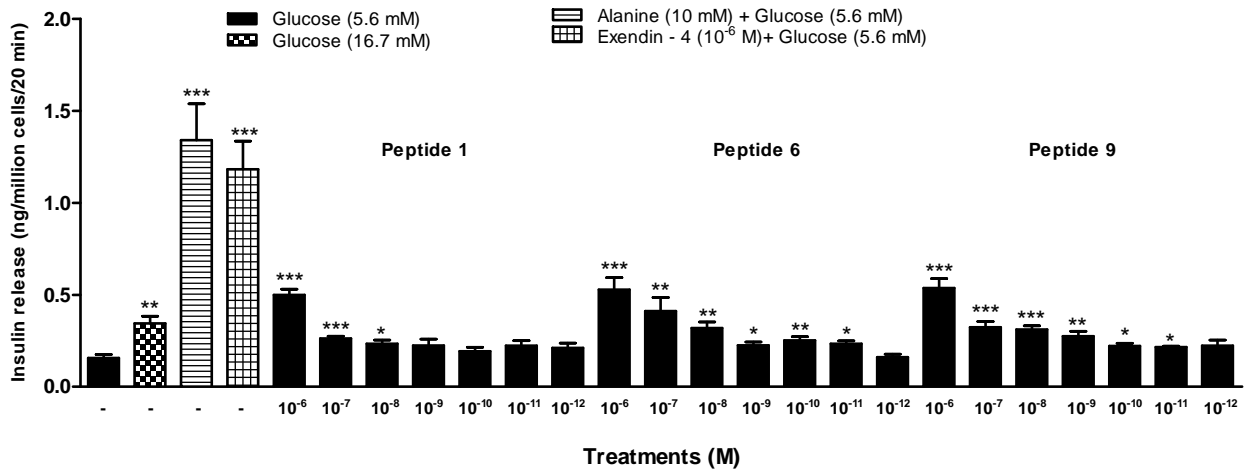
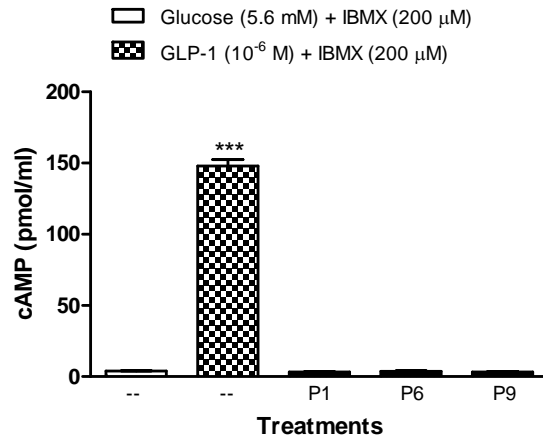
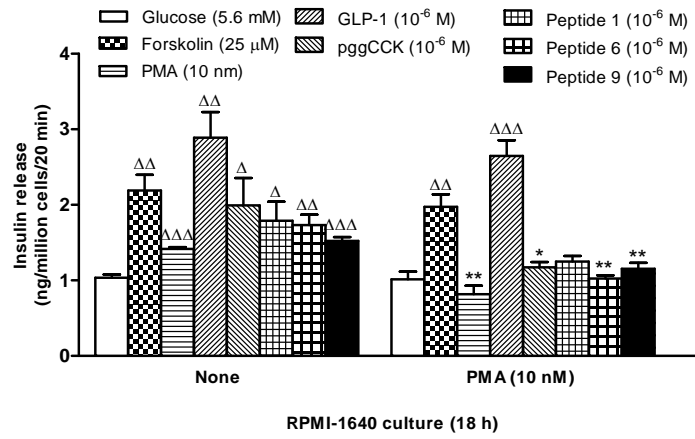


Figure 2

A



B



C

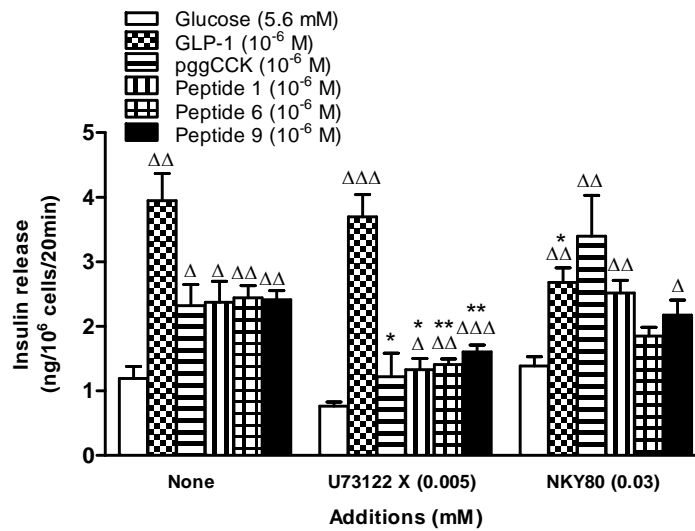
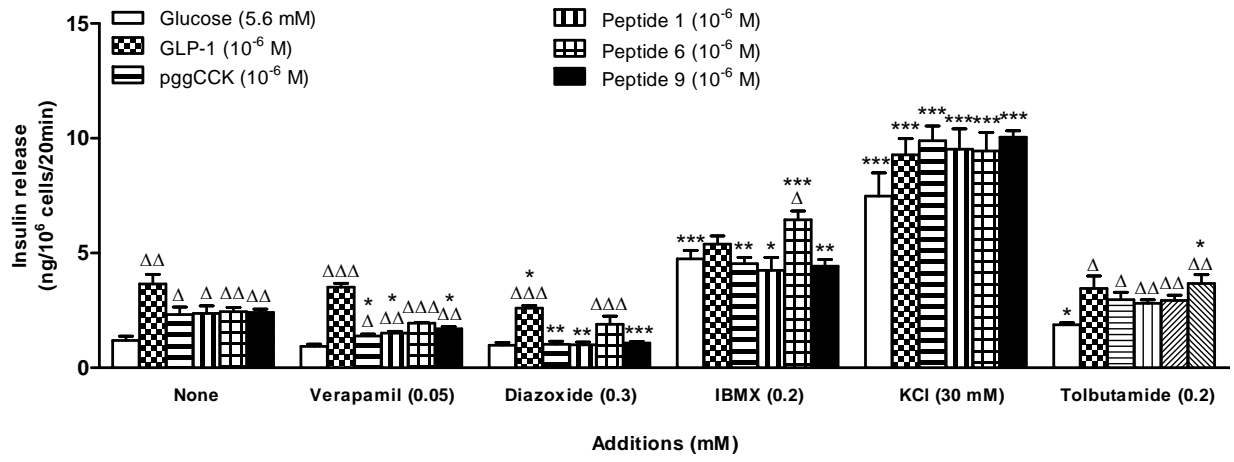


Figure 3

A



B

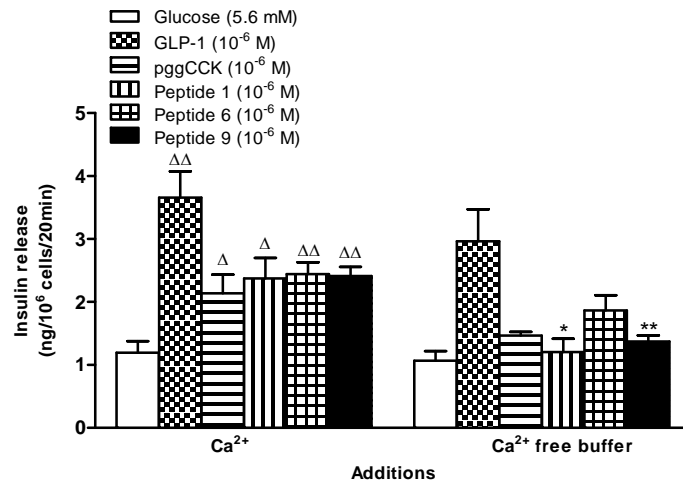
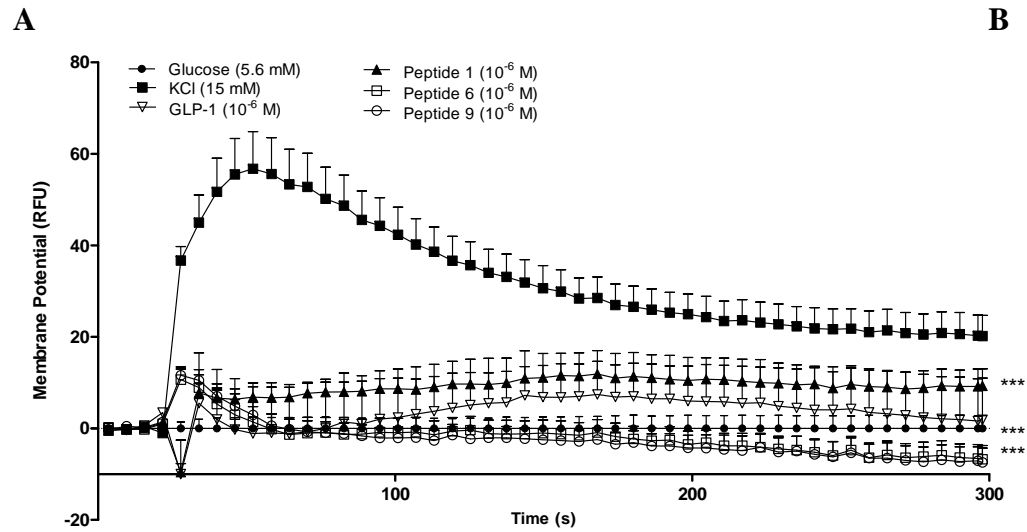
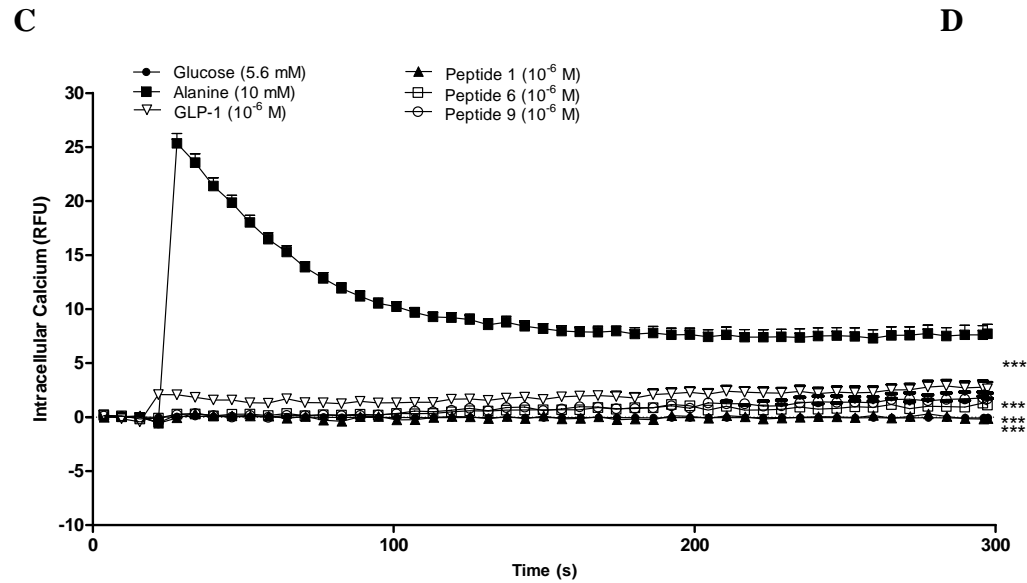
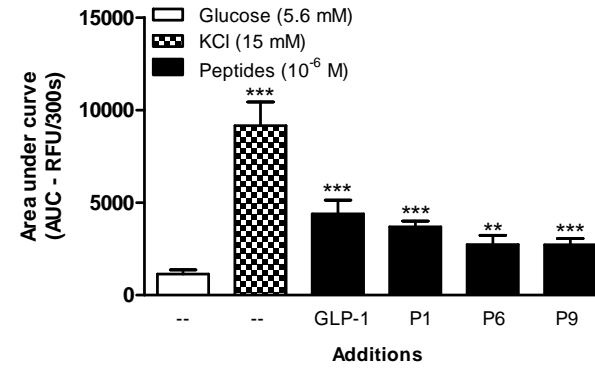


Figure 4



B



D

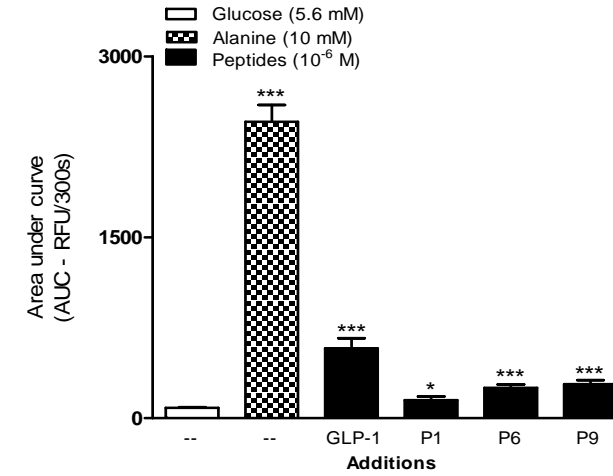


Figure 5

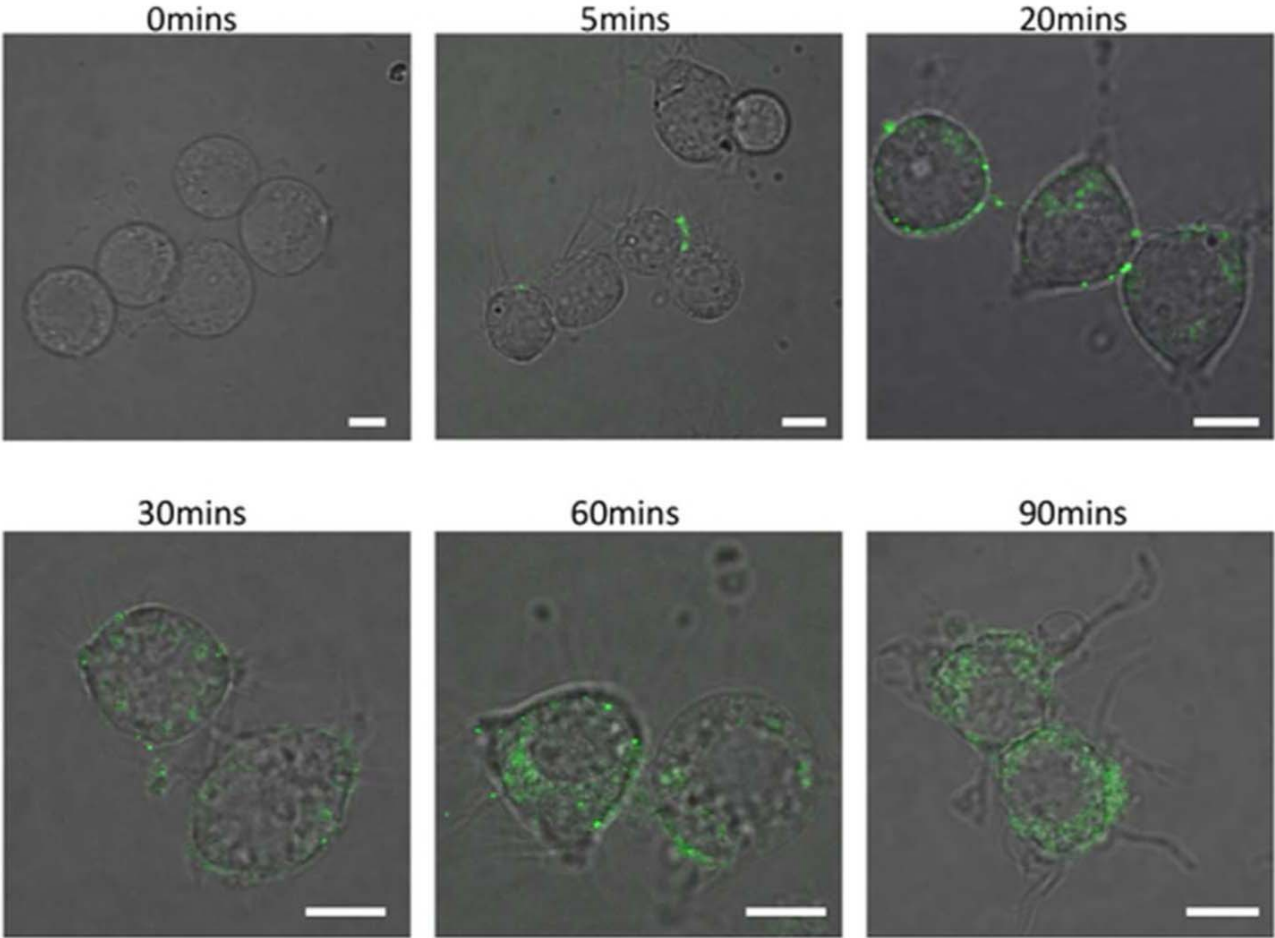


Figure 6

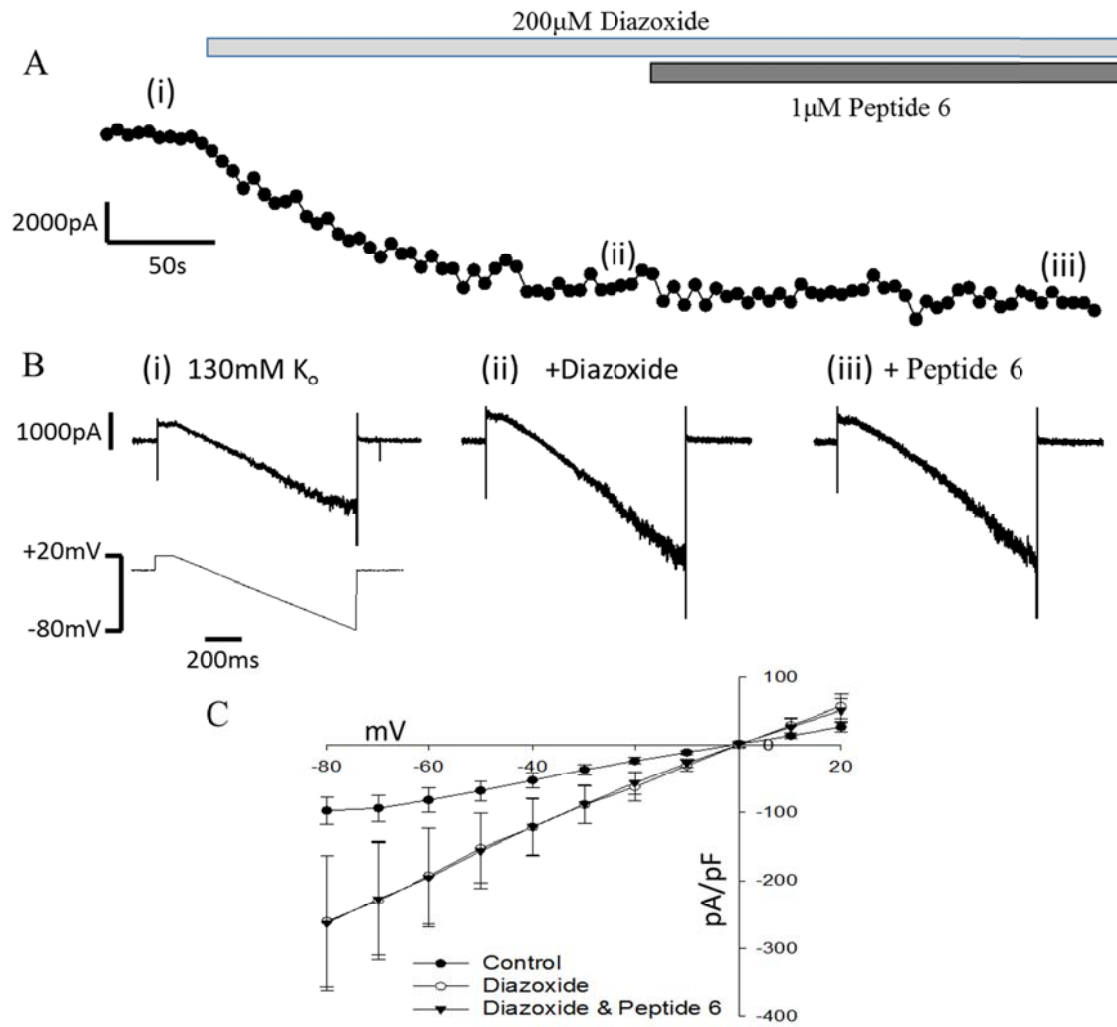
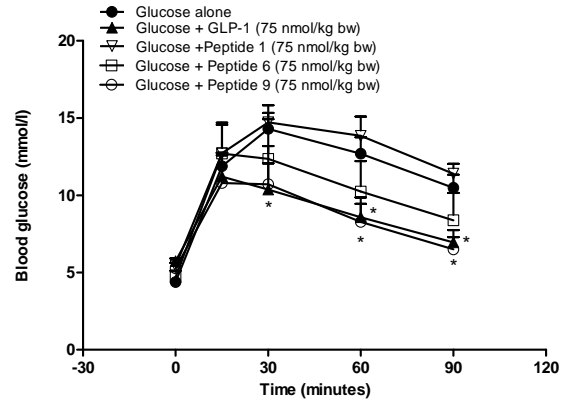
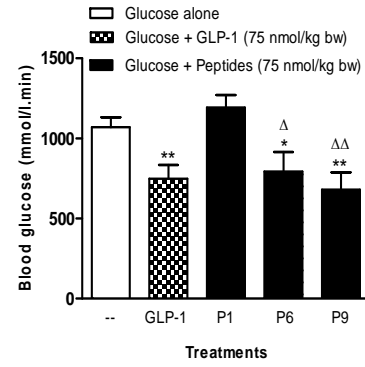


Figure 7

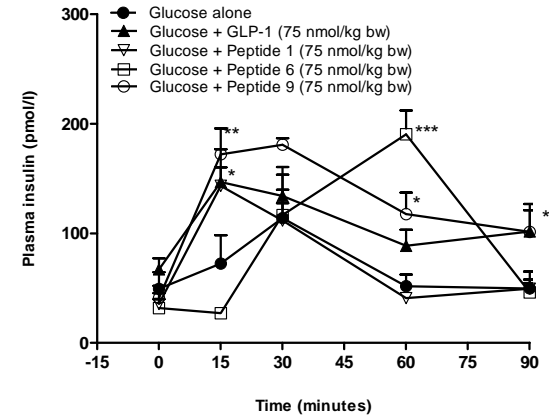
A



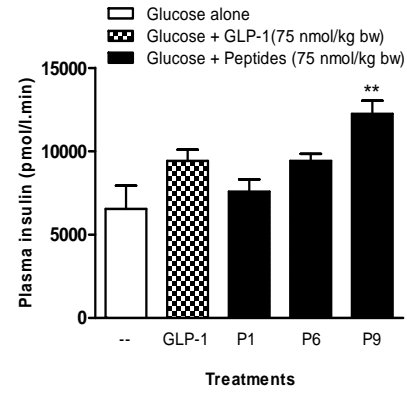
B



C



D



E

