Estrogen receptors α and β in the normal, hyperplastic and carcinomatous human prostate

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Abstract

Two different estrogen receptors (ER- α and ER- β) have been described, which are differentially involved in regulating the normal function of reproductive tissues. ER- α was considered for a long time to be the only estrogen receptor, and it has been detected in the stromal cells of the human prostate but not in the epithelium. To obtain new information about the differential effects of both receptor types, we have investigated their localization in normal prostates, benign prostatic hyperplasia (BPH), and prostatic cancer (PC) by immunohistochemistry, ELISA and Western blot. Epithelial immunostaining was absent in normal prostates and was present in BPH (10% of cells) and PC (80% of cells), whereas about 15% of stromal cells were positively immunostained for ER- α in the three

Introduction

Estrogen therapy or orchidectomy have been the standard treatments for advanced prostate cancer in the last four decades (Cox & Crawford 1995). However, the exact mechanism of estrogen action in the prostate is not yet completely understood. This might be partially attributed to the lack of functional studies, together with controversial immunocytochemical data regarding the localization of estrogen receptors (ERs).

ERs are members of a nuclear receptor superfamily of ligand-activated transcription factors (Hobisch *et al.* 1997). At present, two different ERs (ER- α and ER- β) have been described and they have been shown to be critically and differentially involved in the regulation of the normal function of reproductive tissues (Mosselman *et al.* 1996, Byers *et al.* 1997). For a long time, ER- α was assumed to be the only estrogen receptor. In humans, this receptor has a molecular mass of 66 kDa (Green *et al.* 1986) and shows 88% homology with the rat ER- α (Koike *et al.* 1987). ER- α has been demonstrated in human prostate, but results from different groups are contradictory. Several

types of prostatic specimens studied. Epithelial immunostaining for ER- β was detected in normal prostates (13% of cells), BPH (30% of cells) and PC (79% of cells), whereas stromal immunostaining for ER- β was absent in normal and hyperplastic prostates and was present in PC (12% of cells). The complementary presence of both receptor types in the normal prostate (ER- β in the epithelium and ER- α in the stroma) might explain the mechanism of estrogen action in the development of BPH. The increased epithelial immunostaining for both ER- α and ER- β in BPH and PC suggests that the involvement of estrogen receptors in hyperplasia and cancer concerns mainly the epithelium.

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authors have confined this receptor to the stromal compartment of the prostate (Bashirelahi *et al.* 1979, Ehara *et al.* 1995), whereas others have also localized it in the epithelial compartment (Schulze & Claus 1990). There is also no agreement on the association between ER- α and prostatic neoplasia, since this receptor has been demonstrated in several prostate cancer cell lines (Carruba *et al.* 1994, Castagnetta & Carruba 1995, Srinivasan *et al.* 1995) but not in others (Brolin *et al.* 1992, Konishi *et al.* 1993, Hobisch *et al.* 1997).

Recently, a gene that encodes another estrogen receptor (ER- β of 54·2 kDa) has been cloned from a rat prostate cDNA library (Kuiper *et al.* 1996), and a human homolog of rat ER- β cDNA has been obtained from human testis (Mosselman *et al.* 1996). Structurally, ER- β is highly homologous to ER- α in the DNA binding domain (95% amino-acid identity) but shows only 60% homology in the ligand binding domain (Kuiper *et al.* 1998). The finding of this second receptor prompts a re-evaluation of the molecular basis for estrogen action (Kuiper *et al.* 1996), since ER- β has been demonstrated to be the most predominant ER in the rat prostate (Kuiper *et al.* 1998).

To obtain new information about the different effects of both ER types, we have investigated their localization in normal prostates, benign prostatic hyperplasia (BPH), and prostatic cancer (PC) by immunohistochemistry, ELISA and Western blot.

Materials and Methods

Materials

The material used was: (a) histologically normal prostates obtained at autopsy (8-10 h after death) from 15 men (aged 20-38 years) without histories of reproductive, endocrine or related diseases; (b) prostatic biopsies from 25 men (aged 53-88 years) diagnosed clinically and histopathologically to have benign prostatic hyperplasia (BPH); and (c) prostatic biopsies from 25 men (aged 54-69 years) diagnosed for prostatic cancer (PC, dominant Gleason grade 3, Gleason score 5-7). The patients did not receive hormonal therapy before prostatectomy and were not diagnosed for metastatic cancer. Each sample was divided into three portions: one portion was immediately processed for immunohistochemistry, and the other two portions were frozen in liquid nitrogen and maintained at -80 °C for ELISA and Western blot analysis. Removal of tissues and the study of autopsy samples were approved by the Ethics Committee of the Hospital and were made with the consent of the patients' relatives.

Methods

Primary antibodies Immunochemical studies (Western blot, ELISA, and immunohistochemistry) were carried out using either mouse monoclonal antibody against human ER- α , or goat polyclonal antibody (purified from breast cancer cells) against ER- β . Both antibodies were purchased from Santa Cruz Biotechnologies (Santa Cruz, CA, USA).

Western blot Western blot analysis of each prostate was performed. Tissues were homogenized in the extraction buffer (0.05 M Tris-HCl, pH 8) with the addition of a cocktail of protease inhibitors (10 mM iodoacetamide, 100 mM phenylmethyl sulfonic fluoride, 0.01 mg/ml soybean trypsin inhibitor and 1 µl/ml leupeptin) in the presence of 0.5% Triton X-100. Homogenates were centrifuged for 10 min at 10 000 r.p.m. Supernatants were mixed with an equivalent volume of SDS buffer (10% SDS in Tris-HCl, pH 8, containing 50% glycerol, 0.1 mM 2-beta-mercaptoethanol and 0.1% bromophenol blue). Then the mixture was denatured for 5 min at 100 °C, and 10 µl aliquots of the homogenate were separated in SDS-polyacrylamide slab minigels (15% gradient gels). Separated proteins were transferred to nitrocellulose membranes in the transfer buffer (25 mM Tris-HCl, 192 mM

glycine, 0.1% SDS and 20% methanol). Membranes $(0.2 \,\mu\text{m})$ were blocked with 3% BSA dissolved in TBST buffer (10 mM Tris-HCl, 150 mM NaCl, 0.05% Tween 20, pH 8) overnight at 37 °C, and then incubated with the primary antibodies at 1:250 (ER- α) or 1:100 (ER- β) dilution in blocking solution for 3 h. After extensive washing with TBST, the membranes were incubated with biotin-conjugated anti-mouse (Vector Laboratories, Burlingame, CA, USA) or anti-goat (Santa Cruz) immunoglobulins for 1 h at room temperature, and then washed and incubated with the avidinbiotin-peroxidase complex (Vector) at 1:1000 dilution. The membranes were developed with an enhanced chemiluminescence (ECL) kit, following the procedure described by the manufacturer (Amersham International, Amersham, Bucks, UK). The staining intensity (optical density) of each band was measured with an automatic image analyzer (MIP4, version 4.4, Consulting Image Digital, Barcelona, Spain) in order to compare the expression of each protein in the three different prostate groups. The average values obtained for each group were compared by ANOVA, and the significance of differences between groups were evaluated by the Fisher and Behrens' test. As negative controls of immunoreactions to each antibody, homogenized tissues from the three types of prostates were incubated with the corresponding blocking peptide (Santa Cruz). As positive controls, blots of rat ovarian tissue were performed using the same antibodies.

ELISA An enzyme-linked immunoassay (ELISA) of each prostate was carried out. Protein concentrations were calculated by the Bradford (1976) method and were diluted to 4.125 µg/µl. Serial dilutions of proteins from each prostate were made and incubated on a 96-well multiplate overnight at 4 °C. The plates were washed with TBST, blocked with 1% bovine serum albumin in TBS for 1 h at room temperature, and incubated with the first antibodies at 1:2000 (anti-ER- α) and 1:1000 (anti-ER- β) dilution for 3 h also at room temperature. After a new wash, the biotin-conjugated anti-mouse (Vector) or antigoat (Santa Cruz) immunoglobulins were added to each well, incubated for 1 h at room temperature, and then washed and incubated with the avidin-biotin-peroxidase complex (Vector). The interactions were visualized with 0.05% 2,2 azino di-3-ethylbenzthiazholine sulfonic acid (ABTS) (Sigma, Barcelona, Spain) in 100 mM citrate buffer, pH 5. Optical density values at 405 nm were obtained in a spectrophotometer (Multiskan Bichromatic, Labsystems, Finland). The means \pm s.D. for each prostate group (normal, benign prostatic hyperplasia, and prostatic carcinoma) were calculated and represented. The average optical density values corresponding to 4.125 µg/µl protein obtained for each group were compared by ANOVA and the significance of differences between groups was evaluated by the Fisher and Behrens' test.

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Table 1 Comparison of immunostaining intensities (measured as average optical
density \pm s.D.) in Western blot analyses of normal prostates, benign prostatic hyperplasia,
and prostatic carcinoma

	Normal	Benign prostatic	Prostatic
	prostate	hyperplasia	carcinoma
Estrogen receptor ER-α ER-β	1.778 ± 146^{a} 4.542 ± 533^{d}	3.867 ± 422^{b} 6.024 ± 686^{e}	6.081 ± 774^{c} 8.119 ± 959^{f}

For each receptor, values with a different superscript letter differ significantly ($P \le 0.05$). The mean values and s.D. for each group have been calculated from all samples corresponding to the group.

Immunohistochemistry For immunohistochemistry, tissues were fixed in a 0.1 M phosphate-buffered 10% formaldehyde solution for 24 h, dehydrated, and embedded in paraffin. Sections, 5-µm-thick, were processed following the avidin-biotin-peroxidase complex (ABC) method (Hsu et al. 1981). Microwave antigen retrieval was performed. Briefly, after deparaffinization, sections were hydrated, incubated for 30 min in 0.3% H₂O₂ in methanol to inhibit endogenous peroxidase activity and microwave irradiated five times at 1300 W in 10 mM citrate buffer at pH 5.8 during 2.5 min, allowing the sections to cool down between microwave cycles. After rinsing in TBS buffer, the slides were incubated with normal goat or mouse serum at 1:5 dilution in TBS containing 5% BSA for 30 min to prevent non-specific binding of the first antibody. The sections were then incubated overnight at 4 °C with the primary antibody (ER- α or ER- β), diluted in TBS containing 1% BSA. The primary antibody dilutions found to be optimal for this study were 1:300 for ER- α , and 1:25 for ER- β . The sections were then washed in TBS and incubated with rabbit anti-mouse (ER- α) or donkey anti-goat (ER-B) biotinylated immunoglobulins (Santa Cruz). Later on, the sections were incubated with avidin-biotin-peroxidase complex (Vector) for 30 min and developed with diaminobenzidine (DAB, Sigma), using the glucose oxidase-DAB-nickel intensification method (Hsu & Soban 1982). After this, sections were dehydrated and mounted in DePeX (Probus, Badalona, Spain). Care was always taken to develop the sections of the different pathological and non-pathological conditions for exactly the same time in each immunohistochemical reaction.

The specificity of the immunohistochemical procedures was checked using negative and positive control sections. For negative control of immunoreactions, adjacent sections of each type (normal, BPH, and prostatic cancer) were incubated with the corresponding blocking peptide for each antibody (Santa Cruz). As positive controls, sections of rat ovary were incubated with the same antibodies.

A histological comparative quantification of immunolabeling in normal, hyperplastic, and neoplastic prostates was performed for each of the two antibodies. From each normal prostate specimen, 6 histological sections of each

region (central, intermediate and peripheral) were selected at random. In each section, the percentage of immunolabeled nuclei (in a total of 1000 nuclei examined per region) was calculated by two different observers using the \times 40 objective. Of the average values obtained for each prostate specimen, the mean \pm s.D. for the normal prostate group was calculated. The same quantitative study was carried out in the hyperplastic and neoplastic prostates, although the number of sections per prostatic region used was greater (23 in BPH and 29 in PC), and all the sections were taken from the impaired zone. In PC specimens, areas showing a papillary pattern and areas showing a microglandular pattern were studied separately. In the study, the number of sections was determined by successive approaches to obtain the minimum number required to reach the lowest s.D. The statistical significance between means was assessed by ANOVA and the Fisher and Behrens' test.

Results

Western blot

The results of Western blot analyses are shown in Table 1 and Fig. 1. The antibodies used showed a single band, at approximately 66 and 55 kDa for ER- α and ER- β respectively, in the three groups of men studied and in the rat ovary used as a positive control. Comparison of optical densities revealed significant differences ($P \le 0.05$) between the three groups of prostates. The highest optical density was found for PC specimens, and the lowest for normal prostates.

ELISA

The results of the ELISA study showed a linear correlation between increasing concentrations of the homogenized tissues and their respective optical densities (Fig. 2). For both antibodies, the optical density in 4·125 µg/µl protein was significantly increased ($P \le 0.05$) in both PC and BPH compared with normal prostates. Comparison between the

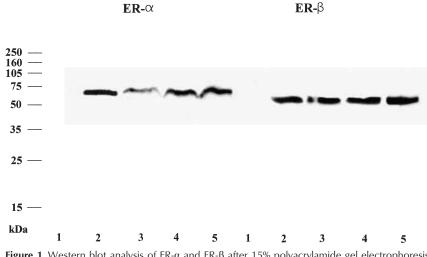


Figure 1 Western blot analysis of ER- α and ER- β after 15% polyacrylamide gel electrophoresis. Lane 1, normal prostate incubated with blocking peptide; lane 2, rat ovary; lane 3, normal prostate; lane 4, prostate with benign hyperplasia; lane 5, prostate with adenocarcinoma. Molecular weights are shown on the left.

two groups of patients revealed a lower optical density in BPH ($P \le 0.05$).

Immunohistochemistry

Staining of ovarian sections was always positive for the two ERs (Fig. 3). Whereas stromal cells were immunolabeled for ER- α (Fig. 3A), granulosa cells immunostained for ER- β (Fig. 3B). The negative control sections incubated with preimmune sera showed no immunoreaction to either of the antibodies (Fig. 3C).

Immunostaining for ER- α showed differences among the three types of specimens (Fig. 3D-F and Table 2). Cell labeling was usually observed in the nuclei, and only occasionally in the cytoplasm. In normal prostates, epithelial immunostaining was absent or was limited to scattered nuclei (0·4%) (Fig. 3D). In BPH, about 10% of epithelial cell nuclei appeared immunostained (Fig. 3E). In PC, epithelial immunostaining was more intense than in BPH (about 77% of nuclei) and, within PC samples, no differences in the percentage of labeled cells were observed between the microglandular and the papillary patterns (Fig. 3F). In the three types of prostatic specimens about 15% of stromal cell nuclei were positively immunostained for ER- α .

Immunostaining for ER- β also varied with hyperplastic and neoplastic changes (Fig. 3G–I and Table 2). In the normal prostates, epithelial immunostaining was detected in about 13% of nuclei (Fig. 3G). Although most of these nuclei occupied a basal position in the epithelium, it was difficult to ascertain whether they belonged to basal cells, because many columnar cells also presented basely located nuclei, and the cell borders could not be identified by light microscopy. In BPH, the number of labeled nuclei increased (about 30%) and these nuclei were also in both basal and middle or more apical locations (Fig. 3H). In PC, most of the epithelial cells appeared immunostained. No immunostaining differences regarding the histological pattern (papillary or microglandular) were observed (Fig. 3I). Stromal immunostaining for ER- β was absent in normal and hyperplastic prostates, whereas about 12% of stromal cell nuclei appeared immunostained in PC specimens.

Discussion

Previous studies demonstrating the presence of ERs in the human prostate presumably referred to the ER- α receptor, because the existence of a second receptor (ER- β) was then unknown. Using immunohistochemistry, Schulze & Claus (1990) observed ERs in some epithelial and stromal cells of the normal prostate, whereas Ehara et al. (1995) found ER mRNA and ER protein in stromal cells, but not in glandular epithelial cells. In the present study, ER- α protein was immunodetected in the nuclei of stromal cells and only occasionally in those of basal epithelial cells. Cytoplasmic immunolabeling was only occasionally observed, and it could be due to the presence of hormone binding transport protein (Brolin et al. 1992). In fact, in the above-mentioned immunohistochemical studies on ER, in addition to the nucleus, the cytoplasm of some cells also appeared stained.

Biochemical studies have demonstrated that ER- β is the predominant ER in the rat prostate (Kuiper *et al.* 1996, 1998, Prins *et al.* 1998). Our results in normal prostatic

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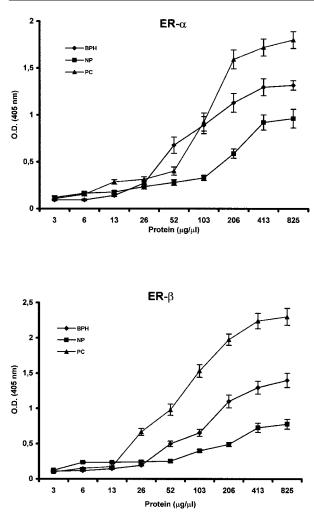


Figure 2 ELISA determinations of ER- α and ER- β in normal prostate (NP), benign prostatic hyperplasia (BPH), and prostatic carcinoma (PC). Antibody binding was followed at 405 nm, using peroxidase-conjugated anti-mouse (ER- α) or anti-goat (ER- β) immunoglobulins. The mean values and s.D. for each group have been calculated from all samples corresponding to the group. O.D., optical density.

tissue indicate that this receptor is only present in basal epithelial cells, whereas ER- α is only present in stromal cells. This complementary location of both ER types might explain why some authors (Schulze & Claus 1990) reported the presence of ERs in both the stroma and the epithelium of normal prostates (the antibodies used reacted against both ER types). The discovery of ER- β has made it necessary to reconsider the potential sites of estrogen action. It has been demonstrated that ER- α and ER- β can activate different estrogen response elements (Pennie *et al.* 1998). These data support the concept that the ratio of ER- α /ER- β in a particular cell or tissue contributes to tissue specific responses to estrogens (Katzenellenbogen & Korach 1997). Since estrogens are involved in the growth, differentiation and maintenance of the prostate (Kuiper *et al.* 1998), the presence of ERs in both stroma and epithelium was to be expected. Moreover, the predominant location of ER- β in basal epithelial cells agrees with the role of these cells in epithelial growth and renewal.

Several authors have failed to detect ERs in BPH specimens (Schulze & Claus 1990, Ehara *et al.* 1995), whereas Mobbs *et al.* (1990) found high positivity to these receptors in homogenates. Immunohistochemical studies of BPH specimens localized this receptor in basal epithelial cells (Konishi *et al.* 1993) or in both epithelium and stroma (Wernert *et al.* 1988, Wernert & Seitz 1991, Kirschenbaum *et al.* 1994). This latter description agrees with the present results, which also demonstrated that epithelial immunostaining to ER- α was higher in BPH than in normal prostates. In addition, we have found that ER- β immunoexpression was also higher in BPH than in normal prostates and, as occurs in normal prostates, immunostaining to ER- β was mainly localized in the epithelium.

Estrogens are implicated in prostatic growth, and the hyperplastic changes seen in the prostate have been related to the exposure of prostatic tissue to increased intraprostatic and circulating estrogen levels (Zhao et al. 1992, Schweikert et al. 1993). Consequently, estrogen deprivation significantly reduces prostatic volume in BPH patients (Schweikert et al. 1993). Since ERs had only been identified in the prostatic stroma, it was assumed that, at the beginning of BPH, estrogens caused proliferation of the prostatic stroma, and then the hyperplastic stroma induced epithelial cell growth, which in turn enhanced androgen action, because androgen receptors are predominantly localized in the prostatic epithelium (Bashirelahi et al. 1979, Srinivasan et al. 1995). The presence of ERs in both stroma (ER- α) and epithelium (ER- β) accounts for a direct estrogen action on the two prostatic compartments. Once BPH is stabilized, the development of both ER types in the prostatic epithelium would probably enhance estrogen action.

The presence of ERs (probably ER- α) in prostate cancer (Brolin et al. 1992, Konishi et al. 1993) and in several human prostatic tumor cell lines (Carruba et al. 1994, Castagnetta & Carruba 1995) has been well documented. The results of previous immunohistochemical comparisons of PC and BPH are discrepant. Konishi et al. (1993) found that ERs were less abundant in carcinoma specimens than in BPH, and established a negative correlation between the presence of these receptors and malignancy. On the other hand, Mobbs et al. (1990) reported a higher number of ERs in PC than in BPH. This finding is supported by other reports that positively correlated the abundance of ERs with the degree of prostate cancer malignancy (Srinivasan et al. 1995, Bonkhoff et al. 1999). Studies in a variety of tumors including prostate cancer have led to the suggestion that estrogens favor cancer

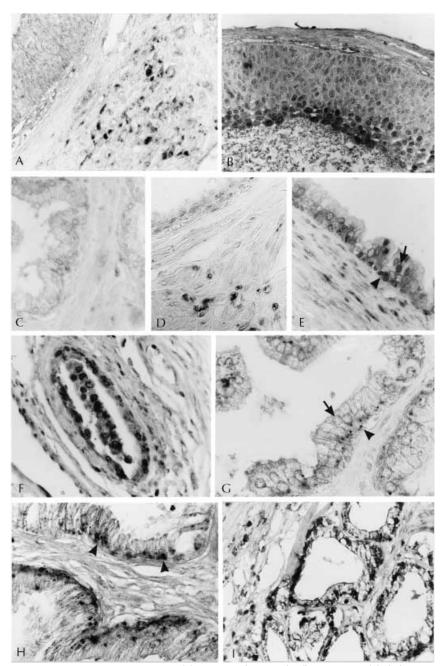


Figure 3 (A) Rat ovary immunostained for ER- α . Only stromal cells are immunolabeled. (B) Rat ovary immunostained for ER- β . Immunoreaction is observed in granulosa cells. (C) Absence of labeling in a normal prostate incubated with ER- α blocking peptide (negative control). (D–F) Immunostaining for ER- α . (D) In the normal prostate, only stromal cells are immunostained. (E) In benign prostatic hyperplasia, in addition to some stromal cells, some epithelial cell nuclei are labeled. These nuclei occupy a basal (arrowhead) or a more adluminal (arrow) position. (F) In prostatic carcinoma, most epithelial cell nuclei are immunostaining for ER- β . (G) Normal prostate showing labeling in some epithelial cell nuclei which are mainly located at the base of the epithelium (arrowhead). The nuclei located in a higher position (arrow) are not immunostained. No immunostaining is detected in stromal cells. (H) Benign prostate. (I) Prostatic carcinoma. Epithelial immunolabeling is even more intense than in benign prostatic hyperplasia. In addition, some stromal cells appear labeled. Magnification × 400.

Table 2 Comparison of immunolabeled nuclei (calculated as a percentage) in the glandular epithelium and stroma of normal prostates, benign prostatic hyperplasia, and prostatic adenocarcinoma

	ER-a (%)	ER-β (%)
Prostate		
Normal		
Stroma	15.8 ± 2.2^{a}	_
Epithelium	0.4 ± 0.1^{b}	$12.9 \pm 2.6^{\rm e}$
BPH		
Stroma	15.3 ± 2.5^{a}	0.3 ± 0.1^{f}
Epithelium	$10.1 \pm 2.12^{\circ}$	$29.9 \pm 3.4^{\mathrm{g}}$
Cancer		
Stroma	$16.3 \pm 5.4^{\rm a}$	12.3 ± 2.8
Epithelium	76.8 ± 7.5^{d}	79.8 ± 8.9^{h}
Papillary	71.3 ± 7.4^{d}	80.2 ± 8.7^{h}
Microglandular	79.6 ± 7.7^{d}	78.4 ± 8.6^{h}
-		

For each receptor, values with a different superscript letter differ significantly ($P \le 0.05$). The mean values and s.D. for each group have been calculated from all samples corresponding to the group.

development by stimulation of cell proliferation (Yager & Liehr 1996).

Recently, Bonkhoff *et al.* (1999) used immunohistochemical and *in situ* hybridization methods to study the presence of both ER- α and ER- β in human prostatic cancer and in premalignant prostatic lesions and failed to demonstrate the ER- β type. The discrepancy between these results and those of the present report might be attributed to the fact that the antibody used was acquired from a different purchaser; and/or to the method of tissue processing. In our study, the specificity of both types of ERs was checked by both negative and positive controls. The latter were performed in ovarian tissue and revealed that while ER- α labeled stromal cells, ER- β labeled granulosa cells.

Present results revealed that epithelial immunostaining to both ER- α and ER- β is more intense in PC than in BPH. In addition, some stromal cells acquire ER- β which is absent in normal prostates and in BPH. These findings suggest that both ERs take part in prostate cancer, although the involvement of estrogen receptors concerns mainly the epithelium.

In summary, our data suggest that, in the normal prostate, estrogen action is mediated by ER- α in the stromal compartment, and by ER- β in the epithelial compartment where it specifically regulates basal cell proliferation. The presence of ERs in both stroma (ER- α) and epithelium (ER- β) accounts for a direct estrogen action on the two prostatic compartments. The increased epithelial immunostaining for both ER- α and ER- β in BPH and PC suggests that the involvement of estrogen receptors in hyperplasia and cancer concerns mainly the epithelium.

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