



## Evaluation of the genotoxic and antigenotoxic potential of *Melissa officinalis* in mice

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### Abstract

*Melissa officinalis* (L.) (Lamiaceae), a plant known as the lemon balm, is native to the east Mediterranean region and west Asia. Also found in tropical countries, such as Brazil, where it is popularly known as “erva-cidreira” or “melissa”, it is widely used in aqueous- or alcoholic-extract form in the treatment of various disorders. The aim was to investigate *in vivo* its antigenotoxicity and antimutagenicity, as well as its genotoxic/mutagenic potential through comet and micronucleus assaying. CF-1 male mice were treated with ethanolic (Mo-EE) (250 or 500 mg/kg) or aqueous (Mo-AE) (100 mg/kg) solutions of an *M. officinalis* extract for 2 weeks, prior to treatment with saline or Methyl methanesulfonate (MMS) doses by intraperitoneal injection. Irrespective of the doses, no genotoxic or mutagenic effects were observed in blood and bone-marrow samples. Although Mo-EE exerted an antigenotoxic effect on the blood cells of mice treated with the alkylating agent (MMS) in all the doses, this was not so with Mo-AE. Micronucleus testing revealed the protector effect of Mo-EE, but only when administered at the highest dose. The implication that an ethanolic extract of *M. officinalis* has antigenotoxic/antimutagenic properties is an indication of its medicinal relevance.

**Key words:** *Melissa officinalis*, comet assay, micronucleus test, genotoxicity, antigenotoxicity.

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### Introduction

Medicinal plants and their derived forms (extracts, syrups, etc.) have been the basis of medical therapy for centuries. Traditionally used in the treatment of several human disorders, their pharmacological and therapeutic properties are attributed to various chemical constituents isolated from their crude extracts (Pereira *et al.* 2009). Notwithstanding, their correct use requires the manipulation of plants selected for their efficacy and safety, based either on folk tradition or scientific validation (Tovart, 2009). The use of herbal infusions to cure various disorders is very common in Brazilian folk medicine, often replacing modern forms. Although the diversity of plant species in Brazil is a potential source of biologically active compounds, the effects on human health and genetic material are often unknown. Not all are harmless, some even presenting toxic

and mutagenic substances in their phytochemical composition (Bresolin and Vargas, 1993; Sá-Ferreira and Vargas, 1999; Fernandes and Vargas, 2003). On the other hand, there are indications that the protective action on genetic material can lead, not only to its repair, but also the preservation of its integrity (Berhow *et al.* 2000; Fernandes and Vargas, 2003; Souza *et al.* 2004). Interest in such popular usage has recently gained strength, through recent knowledge that chemicals, such as proteases and antioxidants may prevent or reduce the development of cancer by blocking genetic damage (Berhow *et al.* 2000; Hernández-Ceruelos *et al.* 2002; Souza *et al.* 2004).

Originally native to the east Mediterranean region and west Asia, *Melissa officinalis* (L.) (Lamiaceae) (lemon balm) is also encountered in certain tropical countries, such as Brazil, where it is popularly known as ‘erva-cidreira’ and ‘melissa’ (Souza *et al.* 2004). Aqueous and alcoholic extracts from the aerial part of *Melissa officinalis* are traditionally used in the treatment of fevers and colds, indigestion associated with nervous tension, hyperthyroidism, depression, mild insomnia, epilepsy, headaches, tooth-

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aches, and so on (Carnat *et al.* 1998; Herodez *et al.* 2003; Salah and Jäger, 2005; Dastmalchi *et al.* 2008). Furthermore, its antioxidant activity has been described by various authors (Mimica-Dukic *et al.* 2004; Souza *et al.* 2004; Canadanovic-Brunet *et al.* 2008).

Phytochemical studies carried out with *M. officinalis* have demonstrated the numerous constituents, viz., polyphenolic compounds (rosmarinic acid, caffeic acid and protocatechuic acid), essential oils (citral), monoterpenoid aldehydes, sesquiterpenes, flavonoids (luteolin) and tannins (Carnat *et al.* 1998; Guginski *et al.* 2009). Pharmacological investigation concerning its essential oil has revealed that, besides this being an efficient antibacterial and antifungal agent (Mimica-Dukic *et al.* 2004), it is also endowed with intrinsic anxiolytic properties (Pereira *et al.* 2005). The antioxidant and antitumoral properties are implied from a literature that is mainly addressed to core components, other than extracts or infusions *per se* (Souza *et al.* 2004; Pereira *et al.* 2009).

It is worth while emphasizing that, in many studies, only the effects of isolated phytochemicals and complete mixtures in *in vitro* tests are taken into consideration. In most cases the antimutagenic action attributed to certain plants is, in fact, due to intrinsic compounds, mainly flavonoids (Czeczot and Kusztełek, 1993; Hernández-Ceruelos *et al.* 2002; Gomes-Carneiro *et al.* 2005).

However, data concerning the action of complex mixtures, such as teas and juices of vegetable and fruit origin, the predominant form of intake, are scarce, whereby the importance of their study. Considering the widespread therapeutic usage of *Melissa officinalis*, mainly in south Brazil, the aim was to investigate the mutagenic and genotoxic activities of its aqueous and ethanolic extracts, by way of micronucleus testing and comet assaying. In their absence, the antimutagenic and antigenotoxic potential were also investigated.

## Material and Methods

### Plant material

Aerial parts of *M. officinalis* were collected in Grão Pará, SC, Brazil in September 2008. A voucher specimen (number CRI 7380) was deposited at the Herbarium Pe. Dr. Raulino Reitz, Universidade do Extremo Sul Catarinense, Criciúma, SC, Brazil. The parts were allowed to dry under air circulation (40 °C) for 3 days.

### Preparation of extracts

The ethanolic extract was obtained according to methodology proposed by the Brazilian Pharmacopoeia (Farmacopéia Brasileira, 2001). This was prepared by soaking 200 g of dried pharmacogen (ground in a knife mill) in 1 L of solvent (water-alcohol solution of ethanol 45%) for about 15 days at room temperature, protected from the light, with stirring once a day, and no renewal of the liquid

extractor. The liquid product was then gauze-strained and filtered, to then be completed to a volume of 1000 mL with the same solvent. The extract was first evaporated to dryness under reduced pressure, whereupon the dry form was diluted in water, in order to furnish two different doses for testing (250 and 500 mg/kg) (Müzell, 2006). This aqueous extract was obtained by infusion of 0.6 g of dry pharmacogen in 20 mL of distilled hot water, immediately before use, its dose (100 mg/kg) being based on the calculation of total solids.

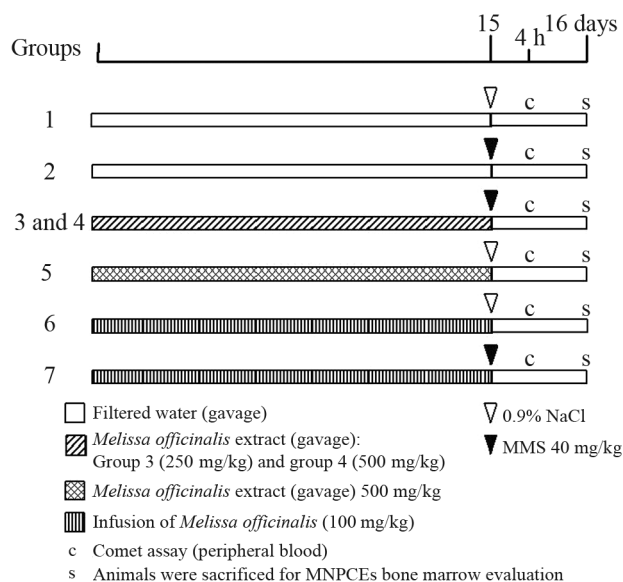
### Phytochemical screening

Phytochemical analysis of flavonoids, tannins, anthraquinones, alkaloids, saponins, coumarins and cardiac glycosides, from the aerial parts of the plant was according to methods described by Harborn (1998). Thin-layer chromatography analysis was according to Wagner and Bladt (2009). The aluminum chloride colorimetric method was used for the quantitative determination of flavonoids (Farmacopéia Brasileira, 2001). Each plant extract in methanol (0.5 mL of 1:10 g) was separately mixed with 1.5 mL of methanol, 0.5 mL of 2% aluminum chloride, 0.1 mL of 1 M potassium acetate and 2.8 mL of distilled water. After standing at room temperature for 30 min, reaction-mixture absorbance was measured at 425 nm with a biospectro Model SP-22 UV/Visible spectrophotometer.

### Animals and treatments

CF-1 male mice (weighing 40-50 g) were obtained from the breeding colonies of the University of South Santa Catarina, UNESC, Criciúma, SC, Brazil. The animals were kept in plastic cages in an experimental room under controlled conditions of temperature ( $22 \pm 2$  °C), humidity ( $55 \pm 10\%$ ), 12-h light/dark cycles and *ad libitum* access to food and water. They were randomized at the beginning of the experiment. The study design was approved by the Animal Ethical Committee of UNESC (protocol number 043/2008), and the experiments undertaken in accordance with the ethical principles of the Brazilian College of Animal Experimentation – COBEA.

The mice were divided into 7 groups, with 5 animals per group. Methyl methanesulfonate (MMS, Sigma-Aldrich) was used to induce mutations and DNA damage for antimutagenic/antigenotoxic evaluation. Just before use, the MMS was diluted in 0.9% NaCl. The exposure route was by intraperitoneal (ip) injection (40 mg/kg b.w.). Evaluation of either DNA damage or protection by the aqueous and ethanolic extracts of *M. officinalis*, was according to protocol developed by Azevedo *et al.* (2007), with the following adaptations (Figure 1): The mice in group 1 received only distilled water (10 mL/kg b.w. per day by gavage) for 2 weeks prior to treatment with 0.9% NaCl by intraperitoneal (i.p.) injection. Although they also received distilled water (10 mL/kg b.w. per day by gavage) for 2 weeks, those in group 2 were treated with MMS



**Figure 1** - The antimutagenicity and antigenotoxicity of an *Melissa officinalis* extract in mutagen-induced micronuclei.

(40 mg/kg b.w.) on the 15<sup>th</sup> day. Individuals in groups 3 and 4 received an *M. officinalis* ethanolic extract (10 mL/kg b.w. per day by gavage), prepared in two different doses, 250 mg/kg (group 3) and 500 mg/kg (group 4), for 2 weeks prior to treatment with MMS. Individuals in group 5 received only a *Melissa officinalis* ethanolic extract (500 mg/kg by gavage) prior to a 0.9% NaCl i.p. injection on the 15<sup>th</sup> day. Individuals in groups 6 and 7 received the aqueous extract of *Melissa officinalis* (100 mg/kg), 10 mL/kg b.w. per day by gavage, for 2 weeks prior to a 0.9% NaCl or MMS i.p. injection on the 15<sup>th</sup> day. The mice were killed by cervical dislocation, 24 h after treatment, for evaluation of micronucleated polychromatic erythrocytes (MNPCEs) in the bone-marrow. For comet assaying, samples of peripheral blood were collected from mouse tail-tips by a slight incision, 4 h after MMS treatment.

### Comet assay

Single-Cell Gel Electrophoresis, or the comet assay, is a highly sensitive method for assessing DNA damage formation and repair, both at clinically relevant and low doses. Alkaline-comet assaying was undertaken as described by Singh *et al.* (1988). Peripheral blood samples were collected from the tail of each animal in heparinized microtubes, 4 h after MMS treatment. Briefly, 5  $\mu$ L of whole blood was embedded in a layer consisting of 95  $\mu$ L of 0.75% low-melting-point agarose gel on frosted slides, and then immersed in a lysis buffer (2.5M NaCl, 100 mM EDTA, and 10 mM Tris [pH 10.0-10.5] with freshly added 1% Triton X-100 and 10% dimethyl sulfoxide), for a minimum of 1 h and a maximum of one week. Subsequently, the slides were incubated in a freshly prepared alkaline buffer (300 mM NaOH and 1 mM EDTA, pH > 13) for 20 min.

The nuclei were electrophoresed for 20 min at 25 V (0.90 V/cm) and 300 mA, whereupon the alkali was neutralized with 0.4 M Tris (pH 7.5). After neutralization, the slides were fixed (15% w/v trichloroacetic acid, 5% w/v zinc sulfate, 5% glycerol), washed in distilled water, and dried overnight. The gels were re-hydrated for 5 min in distilled water, and then stained for 15 min (37 °C) with a solution containing the following sequence: 34 mL of Solution B (0.2% w/v ammonium nitrate, 0.2% w/v silver nitrate, 0.5% w/v tungstosilicic acid, 0.15% v/v formaldehyde, 5% w/v sodium carbonate) and 66 mL of Solution A (5% sodium carbonate). The staining was stopped with 1% acetic acid, whereupon the gels were air-dried (Villela *et al.* 2006). The visual classification method of Collins *et al.* (1997) was applied to assess the extent of DNA damage. Cells were scored from 0 (undamaged) to 4 (maximally damaged), according to tail intensity (size and shape), this resulting in a single DNA damage score (damage index) for each sample and, consequently, for each group. Thus, a damage index (DI) of the group could range from 0 (completely undamaged) 100 cells (x 0) to 400 (maximum damage) 100 cells (x 4). The percentage of damage frequency (DF) was calculated for each sample on the basis of the number of cells with a tail versus those without.

### The micronucleus test

Micronucleus assaying was according to the U.S. Environmental Protection Agency Gene-Tox Program (Mavournin *et al.* 1990). Slides were prepared from smears of bone-marrow from both femurs, suspended in foetal calf serum. These were air-dried, xed in methanol, stained in 10% Giemsa and then coded for blind analysis. One thousand polychromatic erythrocytes were analyzed per mouse. The proportion of PCE and NCE (normochromatic erythrocytes) in 200 erythrocytes/animal was calculated, to detect possible cytotoxic effects. The slides were scored blindly, using a light microscope with a 100x immersion objective.

### Statistical analysis

Variable normality was assessed using the Kolmogorov-Smirnov test. Micronucleus testing and comet assaying involved multiple pair-wise comparison between experimental groups and positive and negative controls, with the Student t-test at a significance level of 0.05. The statistical package applied was BioEstat 5.0. The percentage of reduction in the frequency of MMS induced DNA damage was calculated according to Azevedo *et al.* (2003) and Waters *et al.* (1990).

### Results

The phytochemical analysis of the *M. officinalis* extract (Table 1) indicated the presence of fenolic compounds, tannins, flavonoids, alkaloids and coumarins, but not of other secondary metabolites, such as anthraquinones and saponins.

**Table 1** - Phytochemical screening.

Test	<i>Melissa officinalis</i>
Phenolic compounds	
W-Ext + KOH 3%	+
W-Ext + FeCl <sub>3</sub> 1%	+
Tannins	
W-Ext + gelatine	-
W-Ext + FeCl <sub>3</sub> 3%	+
Flavonoids qualitative	
W-Ext + MgO/HCl	+
Flavonoids quantitative UV 425 nm	
CH <sub>3</sub> OH-Ext	0.572
Alkaloids	
W-Ext + Mayers Reagent	-
W-Ext + Bertrand's Reagent	-
W-Ext + Dragendorff's Reagent	-
W-Ext + Bouchard's Reagent	+
Antraquinones	
W-Ext + KOH 3%	-
Coumarins	
CH <sub>3</sub> CH <sub>2</sub> OH-Ext + KOH/UV 365 nm	+
Saponins	
W-Ext + HCl (persistent foam)	-

W-Ext – water extract/ CH<sub>3</sub>OH-Ext – methanol extract / CH<sub>3</sub>CH<sub>2</sub>OH-Ext – ethanol extract / (-)negative / (+)positive.

According to comet assay results, DNA damage in both parameters (damage index and frequency) in mouse peripheral blood, following ingestion of 500 mg/kg of an ethanol extract (Mo-EE) and 1.000 mg/kg of an aqueous extract (Mo-AE), both of *M. officinalis*, during the 15 days of treatment, presented no statistically significant difference (Table 2). Thus, it can be deduced that in both treatments, genotoxic effects on mouse peripheral blood cells

were null. When the antigenotoxicity of both was evaluated, a significant decrease in MMS-induced DNA damage (DI and DF) was observed in mice receiving 250 mg/kg and 500 mg/kg of Mo-EE. The reduction in the former case was 19.3% (Student t-test,  $p < 0.05$ ) for DF, and 34.8% (Student t-test,  $p < 0.01$ ) for DI, in relation to the positive control (MMS 40 mg/kg), and in the latter 53.4% (Student t-test,  $p < 0.001$ ) and 46.2% (Student t-test,  $p < 0.05$ ) for DF and DI, respectively. The analysis of DNA damage after pre-treatment with the Mo-AE extract and Mo-EE infusion, indicated no diminution in MMS chemically induced DNA damage.

According to MN testing of mouse bone-marrow cells the low frequencies of micronucleated cells presumes the meager effects of Mo-EE 500 mg/kg and Mo-AE pre-treatments (Table 3), thereby indicating the virtual absence of mutagenic or cytotoxic effects. In other words, no statistically significant difference in the frequency of MN PCE or the ratio of PCE to NCE, between the negative control and the groups that ingested extracts could be detected. When evaluating antimutagenicity in Mo-EE and Mo-AE, a significant decrease in the frequency of MMS-induced MNPCE was observed only in mice that had received 500 mg/kg of Mo-EE ( $p = 0.05$  - Student t-test). Likewise, for Mo-AE, there was no statistically significant reduction in the frequency of MN PCE.

## Discussion

Over recent years, it has been widely reported that diet is a highly important factor in terms of either cancer induction or prevention. As already known, certain dietary micronutrients, such as flavonoids, carotenoids and others, can play an important role in the modulation or prevention of cancer development (World Cancer Research Fund, 2008). The ingestion of plant extracts with medicinal properties represents a plausible alternative in the treatment of various pathological states in economically unprivileged countries. However, in the absence of a scientific basis,

**Table 2** - Detection of lesions in DNA (mean  $\pm$  SD) using the comet assay (DF and DI) in peripheral blood cells of mice exposed to methyl methanesulfonate (MMS, 40 mg/kg) and different doses of *Melissa officinalis*.

Treatments	Comet assay				
	Number of animals	DF	% reduction	DI	% reduction
Negative Control	5	10.2 $\pm$ 2.58		10.2 $\pm$ 2.58	-
Positive Control	5	83.8 $\pm$ 9.44		134.4 $\pm$ 29.03	-
Mo-EE 250 mg + MMS	5	69.6 $\pm$ 6.84 <sup>a</sup>	19.29	91.2 $\pm$ 13.84 <sup>b</sup>	34.78
Mo-EE 500 mg + MMS	5	44.5 $\pm$ 15.41 <sup>c</sup>	53.39	77 $\pm$ 36.09 <sup>a</sup>	46.21
Mo-EE 500 mg + saline	5	10 $\pm$ 2.54		13.8 $\pm$ 2.68	-
Mo-AE + saline	5	12.4 $\pm$ 2.7		14.8 $\pm$ 3.42	-
Mo-AE + MMS	5	68.4 $\pm$ 20.5		172 $\pm$ 101.36	-

SD = standard deviation; DF = damage frequency; DI = damage index; Mo – EE = Eehanol extract of *Melissa officinalis*; Mo – AE = aqueous extract of *M. officinalis*. <sup>a</sup>Values differing significantly from positive control,  $p < 0.05$  (Student t-test) <sup>b</sup> $p < 0.01$ , <sup>c</sup> $p < 0.001$ .



**Table 3** - Effects of *Melissa officinalis* pre-treatments (gavage) on MNPCE frequencies (mean  $\pm$  SD) in the bone marrow of mice, following intraperitoneal injection with saline or methyl methanesulfonate (MMS) 40 mg/kg.

Treatment	Number of analyzed cells	PCE/NCE ratio	MNPCEs	p values
Negative Control	1000	230.6 $\pm$ 4.51	3.6 $\pm$ 0.89	-
Positive Control	1000	231.8 $\pm$ 7.73	5.2 $\pm$ 1.79	0.05 <sup>a</sup>
Mo-EE 250 mg + MMS	1000	233.8 $\pm$ 9.42	3.6 $\pm$ 1.67	0.09
Mo-EE 500 mg + MMS	1000	239.0 $\pm$ 3.46	2.5 $\pm$ 2.52	0.05 <sup>a</sup>
Mo-EE 500 mg + saline	1000	236.8 $\pm$ 7.89	3.2 $\pm$ 2.28	-
Mo-AE + saline	1000	227.0 $\pm$ 5.39	3.2 $\pm$ 1.79	-
Mo-AE + MMS	1000	226.4 $\pm$ 5.13	6.4 $\pm$ 1.67	0.15

Mo-EE = ethanolic extract of *Melissa officinalis*; Mo - AE = aqueous extract of *M. officinalis* PCE = polychromatic erythrocytes NCE = normochromatic erythrocytes. <sup>a</sup>Values differing significantly from positive control (Student t-test).

such usage may give rise to serious adverse effects (Souza *et al.* 2004). An evaluation of the role of plant extracts, infusions and the main relevant phytochemical antigenotoxic and antimutagenic compounds involved, is essential, through the evidential participation of the latter in the prevention of cancer and other disorders (Berhow *et al.* 2000; Surh and Fergunson, 2003; Patel *et al.* 2007). In this study, the efficacy of two different extracts of *M. officinalis* against a well-known genotoxic compound, were tested. The aim was to investigate new potential antigenotoxic agents from natural sources, for possible use in prevention.

*M. officinalis* is invested with compounds with anti-oxidant, antinociceptive and antitumoral properties (Souza *et al.* 2004; Canadanovic-Brunet *et al.* 2008; Guginski *et al.* 2009; Pereira *et al.* 2009). However, as to date no intrinsic antigenotoxic activity has been demonstrated., an investigation was undertaken, not only of this aspect, but also of possible antimutagenic and antigenotoxic effects against DNA damage induced by MMS, an alkylating agent.

Through comet assaying, the first and extremely important observation was the absence of DNA strand breaks, as well as the induced formation of micronuclei in mice that had received two kinds of *M. officinalis* extract. Furthermore, comet assaying and MN testing indicated the absence of genotoxic or mutagenic properties in ethanolic and aqueous extracts, respectively. Pereira *et al.* (2005) and Furtado *et al.* (2008, 2010) are alone in evaluating the genotoxic activity of a certain compound present in *M. officinalis*, viz., rosmarinic acid (RA). The former showed, through comet assaying, that in brain and peripheral blood samples from rats treated with RA and sacrificed 3 h later, there were no significant differences in any of the parameters used to assess DNA damage, in comparison with the vehicle-treated control group. The second group investigated the capacity of RA to prevent chemically induced chromosome breakage and DNA damage, using the same assays as in the present study, although with V79 cells (Furtado *et al.* 2010). It was shown that, although exerting no genotoxic effect, RA significantly reduced micronucleus frequency and the extent of DNA damage induced by doxorubicin. With micro-

nucleus assaying, Furtado *et al.* (2008) evaluated both the mutagenic and antimutagenic potential of RA on peripheral blood cells in Swiss mice. On the other hand, mutagenic assaying revealed no increase in micronuclei frequency in animals treated with various concentrations of RA, when compared to negative controls, whereas in treatments with these concentrations combined with DXR, there was a significant reduction in micronucleus frequency compared to animals treated with DXR alone.

On investigating the protective effect of *M. officinalis* in peripheral blood cells by comet assaying, and in bone-marrow PCE by MN testing, it was clearly indicated that an *M. officinalis* ethanolic extract was more efficient in reverting the antigenotoxic damage (comet assaying) than antimutagenic damage (MN testing) induced by MMS. However, as revealed by both test forms, the aqueous extract obtained from the infusion of *M. officinalis* in hot water (as a tea) was ineffective.

The already described antioxidant activity of *M. officinalis* extracts (Mimica-Dukic *et al.* 2004; Canadanovic-Brunet *et al.* 2008; Pereira *et al.* 2009), has been attributed mainly to intrinsic phenolic compounds. These form one of the largest and most ubiquitous groups of plant metabolites, their antioxidant, anti-inflammatory, antimutagenic and anticarcinogenic activities currently being of widespread interest (Atoui *et al.* 2005; Franke *et al.* 2005; Geetha *et al.* 2005). Pereira *et al.* (2009) used encephalic tissue in the thiobarbituric acid reactive substances (TBARS) assay and determined the quantity of phenolic compounds in the plant extracts, in order to verify a possible relationship with antioxidant activity. They found that an aqueous extract of *M. officinalis* was the most active against TBARS production induced by all the tested agents, when compared with ethanolic and methanolic extracts therefrom. Interestingly, the inhibition of lipid peroxidation by the three increased with phenol content. However, in the 1'-1' diphenyl-2' picrylhydrazyl (DPPH) method, the three different extracts obtained from this plant (aqueous, ethanolic and methanolic) presented similar antioxidant potential. Furthermore, Mimica-Dukic *et al.* (2004), when ex-

aming the oil of this plant, noted that, besides possessing high radical scavenging capacity, it exerted outstanding protective activity in lipid peroxidation processes. This was found to be positively correlated with a mainly monoterpene ketone and aldehyde content. These results are in accordance with data reported by other authors, thereby demonstrating that the antioxidant activity of certain Lamiaceae species, fruits and vegetables correlated positively with phenolic compound content (Ivanova *et al.* 2005; Katalinic *et al.* 2006; Pérez-Pérez *et al.* 2006).

In the present study, the ethanolic extract of *M. officinalis* presented both antigenotoxic and antimutagenic activities. As phenolic compounds have been shown to be endowed with these antioxidant properties, their involvement can be inferred.

Phenolic compounds are capable of protecting biological systems in various ways (Edenharder *et al.* 2002; Kelly *et al.* 2003). They have a dual effect on phase I and phase II enzymes, repressing some (mainly in phase I) and stimulating others (mainly in phase II) (Szafer *et al.* 2004). Certain flavonoids, such as hesperetin, can selectively inhibit human cytochrome P450, thereby reducing the absorption or elimination of toxic compounds (Doostdar *et al.* 2000). Other phenolic compounds, such as limonoids, are inducers of the detoxifying enzyme glutathione S-transferase. The stimulation of detoxifying enzymes can facilitate the elimination of toxic compounds, thereby significantly affecting the toxic potential of endogenous and exogenous chemicals (Kelly *et al.* 2003). However, since MMS is a directly acting alkylant, thus not requiring metabolic activation, the antimutagenic activity of *M. officinalis* is not due to interaction with activating enzymes (Lima *et al.* 2001). Franke *et al.* (2005), with the aim of evaluating whether orange juice could reduce DNA damage induced by MMS in mice, showed that, under their experimental conditions, this really occurred. The authors showed that the components of orange juice are biologically effective, including in the role of targets for toxicants and in modulating metabolization/detoxification routes.

It is likely that phenolic compounds can be methylated by alkylating agents, instead of conjugation enzymes, thereby protecting reducing DNA from alkylation. MMS can methylate nucleophilic regions of DNA, as well as amino acid molecules, especially in nitrogen atoms. The methylation of phosphate groups accounts for a minor percentage of total MMS methylation (< 1%). MMS genotoxicity is mediated by base modifications, which weaken the N-glycosylic bond, thereby leading to depurination/depurimidination of DNA strands and the appearance of alkali-labile abasic sites (AP sites). The removal of AP sites by AP endonucleases cleaves the DNA adjacent to these sites, thereby generating DNA strand breaks (Horvathova *et al.* 1998; Boiteux and Guillet, 2004; Franke *et al.* 2005). To a minor extent, MMS can also act as a weak oxidative stress inducer, as observed by Horvathova *et al.* (1998),

who tested the effect of a synthetic antioxidant (Stobadine, SBT) in this case.

Two assays were undertaken to elucidate the mechanism of antigenotoxic/antimutagenic action in *M. officinalis*. An antimutagenic effect, as revealed by MN testing, could mainly be due to either the diminished induction of damage or increased repair. Through comet assaying, it was possible to measure the amount of DNA damage after treatment with a mutagen, thereby indicating whether an antigenotoxic effect is due to the reduced formation of primary DNA lesions or not. Herein, it was possible to show their obvious induction by MMS, as well as to demonstrate that these effects can be reduced by pre-treatment with an ethanolic extract. On the other hand, MN testing revealed a significant reduction only at the highest dose of the extract. Consequently, an *M. officinalis* extract was effective in preventing MMS-induced DNA lesions. In the pre-treatment, phenolic compounds maybe competed as target sites for alkylation, whereas the absence of protection by the *M. officinalis*, aqueous extract against the frequency of DNA lesions and mutations induced by MMS, could be due to possible interactions among the compounds contained within the extract itself.

Taken together, it can be inferred that an ethanolic extract of *M. officinalis* is endowed with antigenotoxic/antimutagenic properties, and its use in pre-treatment diminishes the induction of DNA damage by an alkylant agent. Potential differences in antigenotoxic/antimutagenic activity by the various extracts still need to be clarified.

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