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## Evidence of Extrapancreatic Glucagon Secretion in Man



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**Glucagon is believed to be a pancreas-specific hormone, and hyperglucagonemia has been shown to contribute significantly to the hyperglycemic state of patients with diabetes. This hyperglucagonemia has been thought to arise from  $\alpha$ -cell insensitivity to suppressive effects of glucose and insulin combined with reduced insulin secretion. We hypothesized that postabsorptive hyperglucagonemia represents a gut-dependent phenomenon and subjected 10 totally pancreatectomized patients and 10 healthy control subjects to a 75-g oral glucose tolerance test and a corresponding isoglycemic intravenous glucose infusion. We applied novel analytical methods of plasma glucagon (sandwich ELISA and mass spectrometry-based proteomics) and show that 29-amino acid glucagon circulates in patients without a pancreas and that glucose stimulation of the gastrointestinal tract elicits significant hyperglucagonemia in these patients. These findings emphasize the existence of extrapancreatic glucagon (perhaps originating from the gut) in man and suggest that it may play a role in diabetes secondary to total pancreatectomy.**

Patients with diabetes are characterized not only by compromised insulin secretion and action but also by elevated plasma concentrations of the 29-amino acid peptide hormone glucagon, which hitherto has been

considered a pancreas-derived hormone in humans (produced in and secreted from  $\alpha$ -cells in the islet of Langerhans) (1). In patients with diabetes, plasma concentrations of glucagon are elevated in the fasting state and fail to decrease appropriately or even increase in response to an oral glucose tolerance test (OGTT) and show exaggerated increases in response to ingestion of a mixed meal (1,2). The elevated glucagon concentrations increase the hepatic glucose production and thereby contribute significantly to the fasting and postprandial hyperglycemia characterizing patients with diabetes. The etiology behind diabetic hyperglucagonemia is still controversial. Whereas oral intake of glucose elicits a hyperglucagonemic response, intravenous glucose administration causes suppression of plasma glucagon levels (3,4). A “lighter version” of this phenomenon has also been observed in healthy individuals after ingestion of larger oral glucose loads (4). Together, these findings led us to speculate that postprandial hyperglucagonemia could be gut derived and independent of the endocrine pancreas.

The notion of extrapancreatic glucagon secretion in man has been debated for years, and several studies looking at glucagon responses after total pancreatectomy in animals (5–10) and man (11–24) have been published. Overall, these investigations have reported very conflicting

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results. One of the main challenges is that many of the glucagon assays suffer from shortcomings, and until recently, analytical methods have not been sufficiently sensitive or specific to justify decisive statements about the absence or presence of extrapancreatic fully processed 29-amino acid glucagon (24). Recently, however, sandwich ELISAs using a combination of C- and N-terminal antiglucagon antibodies, and thus in theory eliminating cross-reactivity with elongated or truncated forms of glucagon, have become available (25). Furthermore, technical advances have made it possible to detect low-abundant peptides, such as glucagon, in human plasma by mass spectrometry-based proteomics (26,27). Applying these novel techniques, we aimed to investigate whether post-absorptive hyperglucagonemia occurs independently of functioning pancreatic islets and plasma glucose and insulin concentrations by measuring plasma concentrations of 29-amino acid glucagon in totally pancreatectomized patients and healthy control subjects after 75-g OGTT and isoglycemic intravenous glucose infusion (IIGI).

## RESEARCH DESIGN AND METHODS

### Study Design

This study examined glucagon responses in totally pancreatectomized patients and healthy control subjects during OGTT and IIGI. The study was conducted at the Center for Diabetes Research (Gentofte Hospital), approved by the Ethics Committee of the Capital Region of Denmark (reg. no. H-1-2012-123), and conducted in accordance with the principles of the Declaration of Helsinki (Seventh Revision, 2013).

### Study Participants

Ten totally pancreatectomized patients (age [mean  $\pm$  SD]:  $59.8 \pm 9.9$  years; BMI:  $21.5 \pm 4.3$  kg/m<sup>2</sup>; HbA<sub>1c</sub>:  $67.3 \pm 11.0$  mmol/mol; time since operation:  $4.6 \pm 4.5$  years) and 10 age-, sex-, and BMI-matched healthy control subjects (age:  $58.4 \pm 5.0$  years; BMI:  $22.9 \pm 2.4$  kg/m<sup>2</sup>; HbA<sub>1c</sub>:  $34.6 \pm 6.2$  mmol/mol) without any family history of diabetes were studied. Clinical characteristics of the totally pancreatectomized subjects are displayed in Table 1, and a schematic illustration of the anatomy before and after surgery (28) is depicted in Fig. 1.

### Experimental Procedures

After an initial screening visit, participants were examined on two study days separated by at least 72 h. Subjects were studied after an overnight (10 h) fast, and patients were instructed to take their normal daily insulin doses the day before but not to take any insulin on the morning of the experimental day. On the 1st day, a 75-g OGTT was performed. Participants were placed in a recumbent position and cannulas were inserted in cubital veins, one for infusion of stable isotopes and one in the contralateral vein for collection of arterialized blood with the hand wrapped in a heating pad ( $\sim 50^\circ\text{C}$ ). At time  $-120$  min, an infusion of stable isotopes (Cambridge Isotope Laboratories, Tewksbury, MA) with [6,6-D<sub>2</sub>]glucose

(priming dose of  $17.6 \mu\text{mol} \times \text{kg}^{-1} \times \Upsilon/5$ , where  $\Upsilon$  stands for fasting plasma glucose in mmol/L, and continuous infusion of  $0.6 \mu\text{mol} \times \text{kg}^{-1} \times \text{min}^{-1}$ ) and [1,1,2,3,3-D<sub>5</sub>]glycerol (priming dose of  $2.0 \mu\text{mol} \times \text{kg}^{-1}$  and continuous infusion of  $0.1 \mu\text{mol} \times \text{kg}^{-1} \times \text{min}^{-1}$ ) was initiated. Over the first 10 min (time 0–10 min), the participants ingested 75 g glucose ( $71.5 \text{ g} + 3.5 \text{ g}$  [U-<sup>13</sup>C<sub>6</sub>] glucose) dissolved in 250 mL water. Blood samples were drawn 120, 45, 30, 15, and 0 min before and 5, 10, 15, 20, 25, 30, 40, 50, 60, 70, 80, 90, 120, 150, and 180 min after initiation of glucose ingestion. At the very end of the experiment, patients took half their normal basal insulin dose and prandial insulin according to blood glucose levels. At the 2nd experimental day, an IIGI (20% weight for volume) was performed, aiming at duplicating the plasma glucose profile attained in the same individual during the OGTT. Other procedures were as on the first study day, except for more frequent plasma glucose sampling (every 5 min) in order to adjust the glucose infusion rate to obtain isoglycemia. Plasma glucose concentrations were measured bedside using the glucose oxidase method (YSI 2300 STAT PLUS analyzer; YSI, Yellow Springs, OH). Plasma glucagon concentrations were assayed with a sandwich ELISA using N- and C-terminal-specific glucagon antibodies (Mercodia AB, Uppsala, Sweden) (25). Gel chromatography of plasma was performed as previously described (29). High-performance liquid chromatography (HPLC) and mass spectrometry-based proteomics were performed for the analysis of glucagon. C-peptide concentrations were measured using a two-sided electrochemiluminescence immunoassay (Siemens Healthcare, Ballerup, Denmark). Plasma enrichment of [6,6-D<sub>2</sub>]glucose, [U-<sup>13</sup>C<sub>6</sub>]glucose, and [1,1,2,3,3-D<sub>5</sub>] glycerol was determined using liquid chromatography-tandem mass spectrometry (LC-MS/MS) as previously described (30). Amidated gastrin and cholecystokinin (CCK), total glucose-dependent insulinotropic polypeptide (GIP), total glucagon-like peptide 1 (GLP-1), and GIP(1-30) were measured with radioimmunoassays (RIAs). Oxyntomodulin was measured using a sandwich ELISA. Further details about analytical procedures are available in the Supplementary Data.

### Calculations and Statistical Analysis

Area under the curves (AUCs) were calculated using the trapezoidal rule. Gastrointestinal-mediated glucose disposal (GIGD) was calculated from the amount of glucose ingested during the OGTT related to the amount administered during the IIGI using the following formula:  $\text{GIGD} (\%) = 100\% \times (\text{glucose}_{\text{OGTT}} - \text{glucose}_{\text{IIGI}}) / \text{glucose}_{\text{OGTT}}$  (31). Glucose rate of appearance ( $R_a$ ) and rate of disappearance ( $R_d$ ) were calculated from changes in glucose enrichment using the one-compartment, fixed-volume, non-steady-state model of Steele and modified for use with stable isotopes and a varying pool fraction ranging from 70 to 200 mL  $\times$  kg<sup>-1</sup>, taking into account the high blood glucose levels of totally pancreatectomized patients (32). Results are reported as

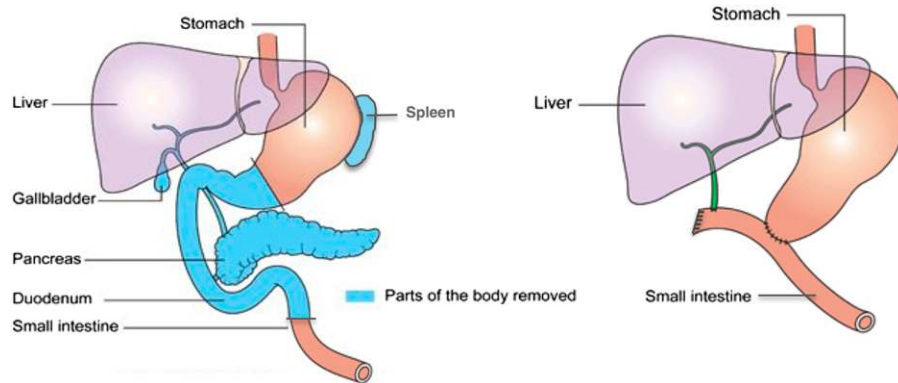
**Table 1—Clinical characteristics of the totally pancreatectomized patients**

Patient	Sex (M/F)	Years since operation	BMI (kg/m <sup>2</sup> )	Insulin treatment (IU)	Reason for surgery	Other treatment
1	M	1.4	20.3	Insulin detemir 16 + 5 Insulin aspart 7 + 4 + 4	Pancreatitis	Creon* 65,000 ×3; plus 25,000 to in-between meal–snacks Buprenorphine 0.2 mg ×2 Cholecalciferol 20 μg ×1
2	M	4	29.3	Insulin detemir 26 + 14 Insulin aspart 8 + 6 + 8	Neuroendocrine tumor	Creon 45,000 + 50,000 + 50,000; plus 35,000 to in-between meal–snacks Lansoprazole 30 mg ×1 Cholecalciferol 20 μg ×1 Acetaminophen 500 mg ×6 Glucosamine 400 mg ×1
3	F	4.5	18.0	Insulin glargine 13 + 0 Insulin aspart 3 + 3 + 5	Adenocarcinoma	Creon 35,000 ×3; plus 35,000 to in-between meal–snacks Levothyroxine 100 mg ×2 Lansoprazole 30 mg ×1
4	F	1	17.5	Insulin detemir 9 + 6 Insulin aspart 4 + 2 + 3	Adenocarcinoma	Creon 25,000 ×3; plus 10,000 to in-between meal–snacks Pantoprazole 40 mg ×2 Metoprolol 50 mg ×1 Calcium 500 mg ×1 Cholecalciferol 10 μg ×1
5	M	4.3	25.0	Insulin degludec 0 + 10 Insulin aspart 10 + 10 + 5	Adenocarcinoma	Creon 25,000 ×3; plus 10,000 to in-between meal–snacks
6	F	4.3	23.6	Insulin detemir 12 + 24 Insulin aspart 7 + 7 + 7	Adenocarcinoma	Creon 35,000 ×3; plus 10,000 to in-between meal–snacks Pantoprazole 40 mg ×1 Bendroflumethiazide (1.25 mg) + kaliumchlorid (573 mg)
7	M	4	25.4	Insulin detemir 8 + 10 Insulin aspart 12 + 6 + 10	Adenocarcinoma	Creon 50,000 ×3; plus 35,000 to in-between meal–snacks Lansoprazole 30 mg ×2
8	F	3.7	17.7	Insulin detemir 20 + 6 Insulin aspart 3 + 2 + 2	Mucinous cystadenoma	Creon 40,000 ×3; plus 20,000 to in-between meal–snacks Hydroxocobalamin 1 mg ×1 every 2 months
9	M	17.0	16.4	Insulin glargine 0 + 15 Insulin aspart 6 + 8 + 6	Adenocarcinoma	Creon 75,000 ×3; plus 50,000–75,000 to in-between meal–snacks Acetaminophen 500 mg ×6 Morphine 30 mg ×2 Isosorbidmononitrate 60 mg ×1
10	F	2.0	21.9	Insulin detemir 12 + 6 Insulin aspart 4 + 4 + 4	Adenocarcinoma	Creon 80,000 ×3; plus 35,000 to in-between meal–snacks Pantoprazole 40 mg ×2 Loperamide 2 mg ×2

IU, international unit. \*Creon (pancreas enzyme replacement therapy): 40,000: 25,000 EP-e amylase, 40,000 EP-e lipase, and 1,600 EP-e protease; Creon 25,000: 18,000 EP-e amylase, 25,000 EP-e lipase, and 1,000 EP-e protease; Creon 10,000: 8,000 EP-e amylase, 10,000 EP-e lipase, and 600 EP-e protease.

mean ± SEM unless otherwise stated. Group differences in baseline characteristics and AUCs were evaluated using two-sample Student *t* test (two-tailed). Linear mixed effect modeling was applied for analysis of repeated measures with data transformed according to distribution pattern. A homogeneous or heterogeneous

autoregressive residual covariance structure for the repeated measurements was chosen according to the Akaike information criteria. Statistics were performed in GraphPad Prism version 6.0 (GraphPad Software, La Jolla, CA) and the statistical software package SAS version 9.3 (SAS Institute, Cary, NC). A two-sided



**Figure 1**—Illustration of the changed anatomy after total pancreatectomy operation. Left: The anatomy before operation, with the light blue-colored organs indicating the organs being removed during surgery. Right: The anatomy after surgery.

$P$  value  $<0.05$  was used to indicate statistically significant differences. Further details about calculations and statistical analysis are available in the Supplementary Data.

## RESULTS

### Plasma Glucose

After the 75-g OGTT, a mean peak concentration of  $27.9 \pm 1.4$  mmol/L was reached at time point 150 min in the totally pancreatectomized patients compared with a mean peak concentration of  $9.1 \pm 0.5$  mmol/L at time point 60 min in the healthy control subjects (Fig. 2A). The individually adjustable intravenous glucose infusions resulted in glucose excursions over time similar to those during the corresponding OGTT (isoglycemia) in both the pancreatectomy group and the control group (Fig. 2A and Table 2). The total amount of glucose infused during the IIGI, copying the plasma glucose excursions from the 75-g OGTT, amounted to  $28.5 \pm 1.8$  g in the control group and  $83.3 \pm 3.1$  g in the pancreatectomy group ( $142 \pm 9$  and  $416 \pm 19$  mL of 20% weight for volume glucose solution, respectively;  $P < 0.001$ ), corresponding to a GIGD of  $62.0 \pm 2.4\%$  in the control group and  $-11.0 \pm 5.0\%$  in the pancreatectomy group ( $P < 0.001$ ), both different from 0% ( $P < 0.001$  and  $P = 0.05$ , respectively).

### C-Peptide and Pancreatic Polypeptide

C-peptide and pancreatic polypeptide (PP) concentrations in the totally pancreatectomized patients were below detection limit of the assays ( $<16$  and  $<0.5$  pmol/L, respectively) at all time points on both days (Fig. 2C and D and Table 2), except for one patient (operated because of a neuroendocrine tumor in the pancreas) showing very low levels of C-peptide (lower than what is needed to define C-peptide negativity) in the last hour of both study days (41 pmol/L at time point 180 min during the OGTT and 37 pmol/L at time point 150 min during the IIGI). Other end points, including glucagon, were not different in this patient compared with the mean group values, and

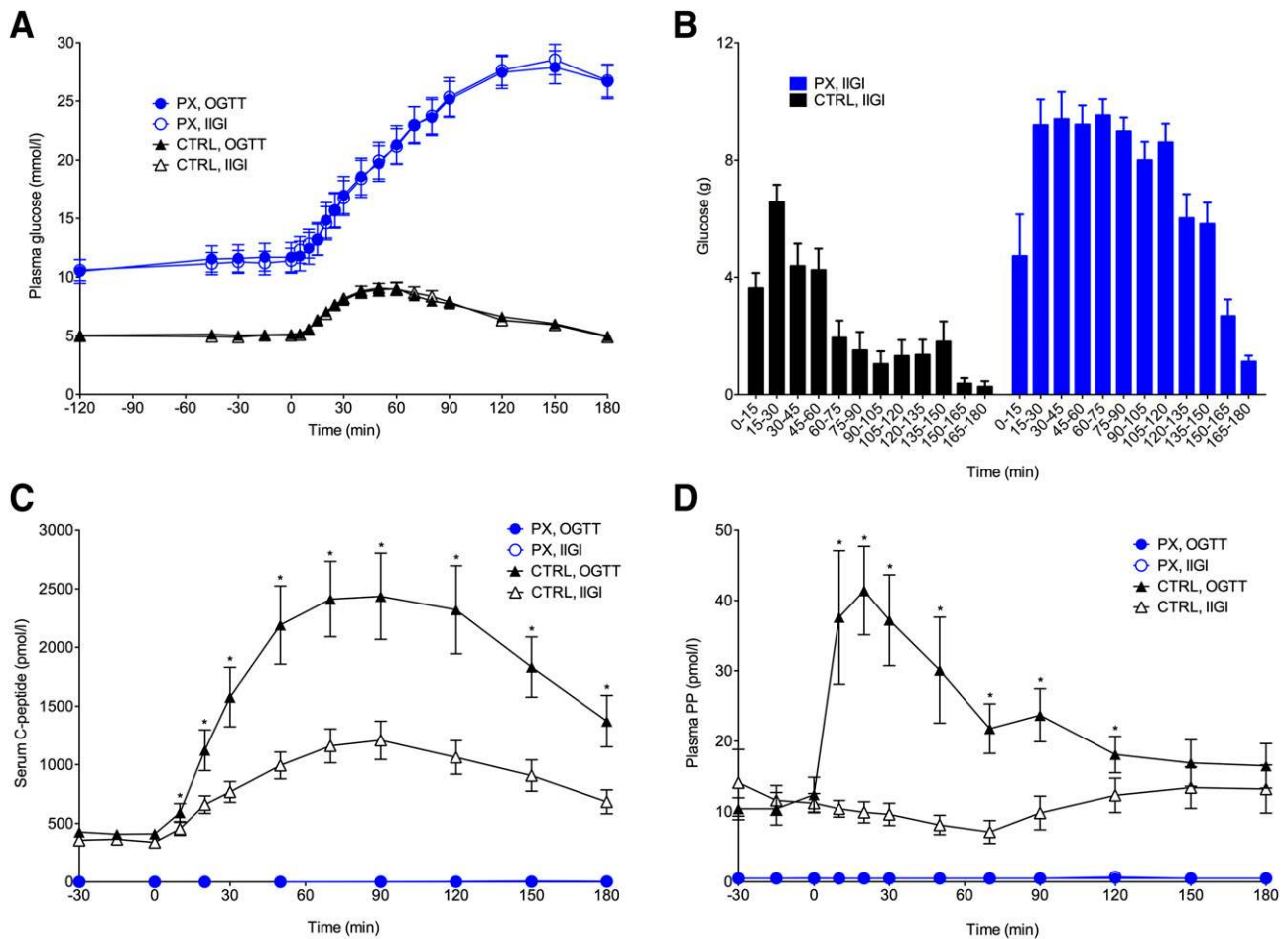
thus this patient was kept in for the following analyses. As expected, the control group responded with significantly larger C-peptide and PP responses during the OGTT compared with the IIGI.

### Glucagon

In the totally pancreatectomized patients, basal concentrations of glucagon were above the detection limit (1 pmol/L) of the applied sandwich ELISA ( $P < 0.001$ ), with levels tending to be lower compared with the healthy control subjects although without reaching statistical significance (Fig. 3A and Table 2). After OGTT, the totally pancreatectomized patients responded with significant secretion of glucagon, resulting in mean peak levels of  $18.8 \pm 3.0$  pmol/L (at time point 30 min), whereas immediate suppression of glucagon concentrations was seen after initiation of the intravenous glucose infusion (Fig. 3A and B). The healthy control subjects responded with significant suppression of glucagon concentrations on both the OGTT day and the IIGI day, but glucagon suppression after oral glucose was delayed compared with during intravenous glucose infusion, in line with previous observations (4,33). To verify that the observed glucagon responses in the pancreatectomy group were in fact due to the presence of 29-amino acid glucagon, we performed affinity chromatography (Fig. 3C) and HPLC fractionation of pooled plasma samples from the OGTT day, from baseline, and from time point 30 min where glucagon concentrations peaked (Fig. 3D), followed by LC-MS/MS analysis (Fig. 3E). Peptide intensities for the glucagon sequence increased significantly ( $P < 0.001$ ) from baseline to time point 30 min during the OGTT. LC-MS/MS analysis therefore confirmed that fully processed 29-amino acid glucagon was present at baseline and that concentrations increased considerably during OGTT in the totally pancreatectomized patients.

### Glucose and Glycerol Kinetics

Baseline levels of glucose  $R_a$  and  $R_d$  were higher in the totally pancreatectomized patients compared with the



**Figure 2**—Plasma glucose concentrations (A), glucose infusions during IIGI depicted as bar graphs (B), and serum/plasma responses of C-peptide (C) and PP (D) during 75-g OGTT and IIGI, respectively, in totally pancreatectomized patients (PX) ( $n = 10$ ) and healthy control subjects (CTRL) ( $n = 10$ ). Data are mean  $\pm$  SEM. Statistical analysis was performed by linear mixed effect modeling for analysis of repeated measures between days within groups. Asterisks (\*) indicate significant ( $P < 0.05$ ) differences.

healthy control subjects ( $P < 0.001$ , for both measures) (Fig. 4A and B). In the pancreatectomy group,  $R_d$  of glucose was higher during IIGI compared with OGTT ( $P = 0.005$ ), driven partly by a higher glucose excretion in the urine during the IIGI ( $15.6 \pm 2.9$  vs.  $12.3 \pm 2.3$  g;  $P = 0.01$ ).  $R_a$  of glucose over time was also higher during IIGI compared with OGTT in the pancreatectomy group ( $P = 0.02$ ). Baseline levels of endogenous  $R_a$  of glucose were higher in the totally pancreatectomized patients compared with the healthy control subjects ( $P < 0.001$ ) and not different between study days in each group (Fig. 4C). Suppression of endogenous  $R_a$  was enhanced during IIGI compared with OGTT in both groups, reflecting a mean difference between the 2 days in endogenous glucose production (EGP) over 3 h of  $16.5 \pm 2.3$  g in the pancreatectomy group and  $6.0 \pm 1.0$  g in the control group ( $P = 0.001$ ). Basal concentrations of plasma glycerol were higher in the totally pancreatectomized patients compared with the healthy control subjects ( $146 \pm 22$  vs.  $80 \pm 13$   $\mu\text{mol/L}$ ;  $P = 0.022$ ), but within each group, no difference in responses

over time between study days was observed (Fig. 4D). Plasma glycerol concentrations in the control group were significantly reduced (to  $\sim 50\%$  of baseline levels) after both OGTT and IIGI, whereas no significant changes over time were seen in the pancreatectomy group. Mean levels of  $R_a$  and  $R_d$ , respectively, for glycerol (Fig. 4E and F) were higher in the pancreatectomy group compared with the control group, likely explained by the insulin-deficient state of the patients.

#### Gastrin and CCK

The control group responded with significant secretion of gastrin after OGTT, whereas no change from baseline was observed during IIGI (Fig. 5A and Table 2). In the pancreatectomy group, no differences in gastrin concentrations were observed over time, during either OGTT or IIGI ( $P = \text{NS}$ ). However, total AUC (but not baseline-subtracted AUC) was greater during OGTT compared with IIGI. Gastrin responses over time during OGTT were greater in the control group compared with the pancreatectomy group ( $P = 0.01$ ). Significantly higher responses of CCK were observed in



<b>Table 2—Glucose and hormonal responses</b>			
	Healthy control subjects	Pancreatectomized patients	<i>P</i>
<b>Glucose</b>			
Mean baseline (mmol/L)	5.1 ± 0.1	11.5 ± 1.1	<0.001
AUC (mmol/L × 3 h)			
75-g OGTT	1,276 ± 39	4,122 ± 254	<0.001
IIGI	1,273 ± 36	4,154 ± 248	<0.001
<i>P</i>	0.79	0.10	
bsAUC (mmol/L × 3 h)			
75-g OGTT	358 ± 43	2,022 ± 111	<0.001
IIGI	373 ± 42	2,120 ± 133	<0.001
<i>P</i>	0.46	0.33	
<b>C-peptide</b>			
Mean baseline (pmol/L)	384.9 ± 38.2	≤16.0 ± 0.0	<0.001
AUC (nmol/L × 3 h)			
75-g OGTT	341.2 ± 44.8	3.1 ± 0.1	<0.001
IIGI	167.1 ± 19.3	2.9 ± 0.1	<0.001
<i>P</i>	<0.001	0.17	
bsAUC (nmol/L × 3 h)			
75-g OGTT	266.4 ± 38.8	0.2 ± 0.1	<0.001
IIGI	103.3 ± 14.1	0.01 ± 0.01	<0.001
<i>P</i>	<0.001	0.17	
<b>PP</b>			
Mean baseline (pmol/L)	16.6 ± 2.6	≤0.5 ± 0.0	<0.001
AUC (pmol/L × 3 h)			
75-g OGTT	4,331 ± 672	90.1 ± 0.1	<0.001
IIGI	1,927 ± 332	96.0 ± 4.6	<0.001
<i>P</i>	<0.001	0.22	
bsAUC (pmol/L × 3 h)			
75-g OGTT	350 ± 99	−0.9 ± 0.8	0.006
IIGI	−54 ± 95	3.2 ± 2.5	0.56
<i>P</i>	0.019	0.18	
<b>Glucagon</b>			
Mean baseline (pmol/L)	8.3 ± 1.5	5.4 ± 0.2	0.087
AUC (pmol/L × 3 h)			
75-g OGTT	1,019 ± 228	2,418 ± 231	<0.001
IIGI	867 ± 196	465 ± 56	0.075
<i>P</i>	0.23	<0.001	
bsAUC (pmol/L × 3 h)			
75-g OGTT	−367 ± 86	1,383 ± 170	<0.001
IIGI	−784 ± 139	−449 ± 72	<0.001
<i>P</i>	0.022	<0.001	
<b>Gastrin</b>			
Mean baseline (pmol/L)	6.8 ± 0.6	5.9 ± 1.5	0.58
AUC (pmol/L × 3 h)			
75-g OGTT	1,674 ± 138	1,088 ± 251	0.059
IIGI	1,107 ± 114	1,011 ± 253	0.74
<i>P</i>	<0.001	0.015	
bsAUC (pmol/L × 3 h)			
75-g OGTT	417 ± 114	40 ± 30	0.009
IIGI	−91 ± 56	−62 ± 53	0.71
<i>P</i>	0.011	0.15	
<b>CCK</b>			
Mean baseline (pmol/L)	0.7 ± 0.1	1.1 ± 0.2	0.095
AUC (pmol/L × 3 h)			
75-g OGTT	317 ± 30	363 ± 73	0.58
IIGI	169 ± 18	172 ± 27	0.95
<i>P</i>	<0.001	<0.001	
bsAUC (pmol/L × 3 h)			
75-g OGTT	189 ± 41	156 ± 62	0.67
IIGI	64 ± 17	−1.2 ± 29	0.073
<i>P</i>	0.08	0.03	

Continued on p. 591

Table 2—Continued

	Healthy control subjects	Pancreatectomized patients	<i>P</i>
<b>GIP</b>			
Mean baseline (pmol/L)	8.8 ± 1.0	11.8 ± 1.1	0.053
AUC (pmol/L × 3 h)			
75-g OGTT	7,432 ± 1,108	8,598 ± 1,374	0.52
IIGI	1,439 ± 164	2,086 ± 246	0.044
<i>P</i>	<0.001	<0.001	
bsAUC (pmol/L × 3 h)			
75-g OGTT	5,848 ± 1,006	6,366 ± 1,331	0.76
IIGI	−157 ± 117	58 ± 105	0.19
<i>P</i>	<0.001	0.001	
<b>GLP-1</b>			
Mean baseline (pmol/L)	14.2 ± 0.6	25.7 ± 2.8	0.0025
AUC (pmol/L × 3 h)			
75-g OGTT	4,454 ± 226	9,557 ± 1,170	0.0017
IIGI	2,500 ± 113	4,278 ± 424	0.0022
<i>P</i>	<0.001	<0.001	
bsAUC (pmol/L × 3 h)			
75-g OGTT	1,712 ± 305	4,799 ± 898	0.0076
IIGI	142 ± 135	−209 ± 218	0.19
<i>P</i>	<0.001	<0.001	
<b>GIP(1-30)</b>			
Mean baseline (pmol/L)	3.1 ± 0.4	2.4 ± 0.3	0.19
AUC (pmol/L × 3 h)			
75-g OGTT	650 ± 84	416 ± 50	0.061
IIGI	639 ± 62	414 ± 66	0.023
<i>P</i>	0.84	0.24	
bsAUC (pmol/L × 3 h)			
75-g OGTT	32 ± 12	−11 ± 16	0.06
IIGI	133 ± 84	−9 ± 10	0.13
<i>P</i>	0.25	0.98	
<b>Oxyntomodulin</b>			
Mean baseline (pmol/L)	8.7 ± 1.1	21.6 ± 1.8	<0.001
AUC (pmol/L × 3 h)			
75-g OGTT	4,590 ± 300	6,442 ± 505	0.007
IIGI	1,154 ± 61	3,816 ± 391	<0.001
<i>P</i>	<0.001	0.002	
bsAUC (pmol/L × 3 h)			
75-g OGTT	2,907 ± 328	2,590 ± 469	0.59
IIGI	−277 ± 152	−117 ± 274	0.62
<i>P</i>	<0.001	<0.001	

Responses of glucose, C-peptide, PP, glucagon, gastrin, CCK, GIP, GLP-1, GIP(1-30), and oxyntomodulin during a 75-g OGTT and IIGI in totally pancreatectomized patients (*n* = 10) and healthy control subjects (*n* = 10). Data are mean ± SEM. Statistical analysis was performed by two-sample Student *t* test (two-tailed), paired or unpaired. bsAUC, baseline-subtracted AUC.

both groups during OGTT compared with IIGI (Fig. 5B and Table 2). However, no significant differences in CCK responses over time were observed between the pancreatectomy group and the control group during OGTT (*P* = 0.13).

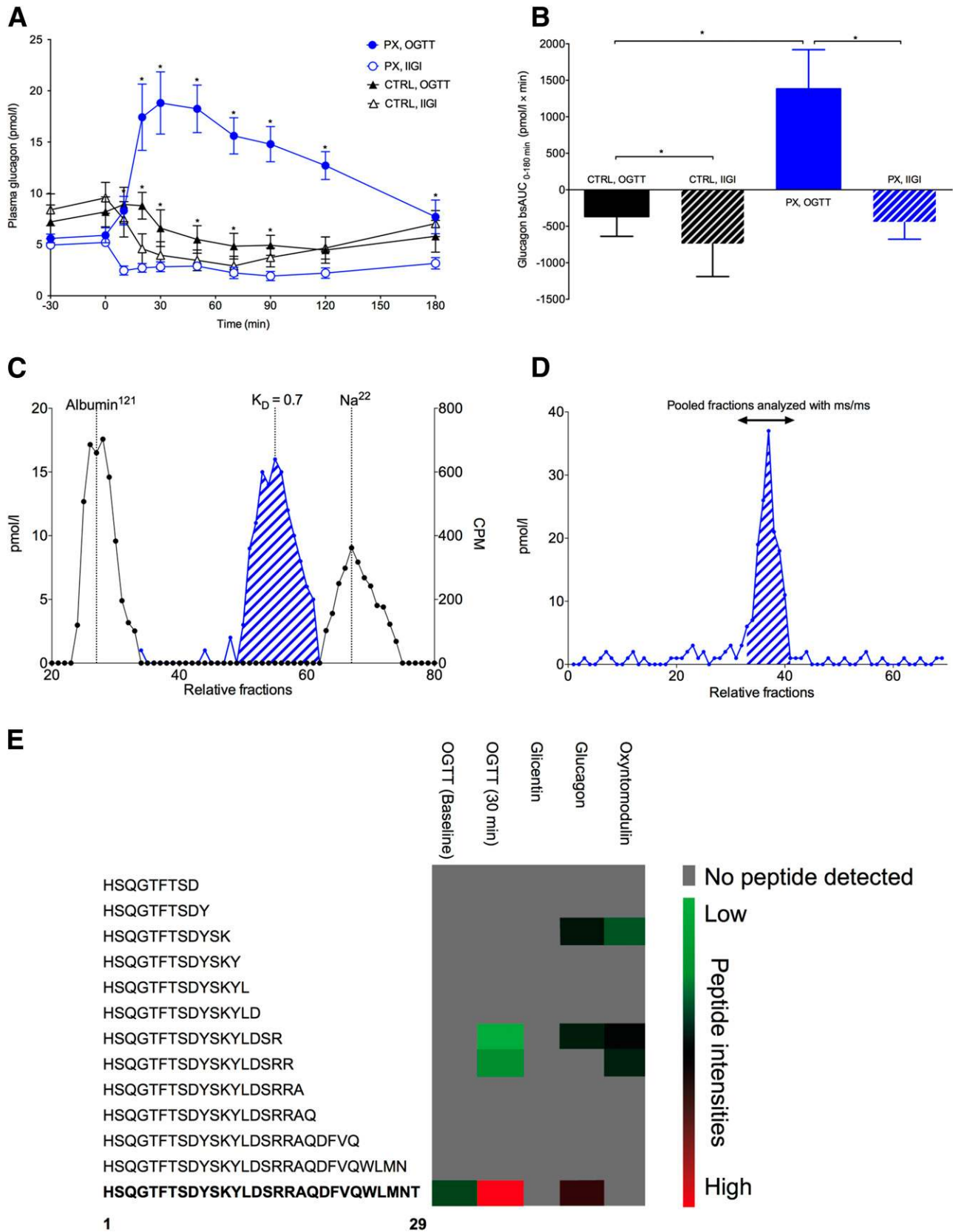
### Incretin Hormones

Basal concentrations of GIP were similar on the two study days in each group but tended to be higher in the totally pancreatectomized patients compared with the healthy control subjects (Fig. 5C and Table 2). During OGTT, significant GIP responses were observed in both groups, with no significant differences between the two groups. Basal concentrations of GLP-1 (from enteroendocrine L cells) were significantly higher in the pancreatectomy

group compared with the control group (Fig. 5D and Table 2). GLP-1 responses during OGTT were larger in the pancreatectomy group compared with the control group (*P* < 0.001), with a threefold higher peak value at time point 30 min (92 ± 18 vs. 30 ± 5 pmol/L; *P* = 0.008).

### GIP(1-30)

Basal concentrations of GIP(1-30), argued to be a product of prohormone convertase 2 (PC2) processing of pro-GIP in pancreatic  $\alpha$ -cells and therefore not secreted from the enteroendocrine K cells from where the major isoform GIP(1-42) is secreted (34), were similar between study days in each group and not different between groups (Table 2). Responses over time were similar



**Figure 3**—Plasma responses of glucagon (A) and glucagon expressed as baseline-subtracted AUC (bsAUC) (B) during 75-g OGTT and IIGI in totally pancreatectomized patients (PX) ( $n = 10$ ) and healthy control subjects (CTRL) ( $n = 10$ ). Gel chromatography of pooled plasma (C) from time point 30 min during the 75-g OGTT in the pancreatectomy group ( $n = 10$ ) analyzed using a C-terminal-specific glucagon assay (blue) and quality calibrators (black). A single peak (blue hatched area) with similar coefficient of distribution ( $K_D$ ) to that of the glucagon calibrator control was identified. HPLC profile of pooled plasma (D) from fasting and from time point 30 min during the 75-g OGTT from the



between days in both the pancreatectomy group and the control group ( $P = 0.59$  and  $P = 0.49$ , respectively), and likewise no differences in responses over time were observed between groups during OGTT ( $P = 0.09$ ) (Fig. 5E).

### Oxyntomodulin

Basal concentrations of the enteroendocrine L-cell product oxyntomodulin were significantly higher in the pancreatectomy group compared with the control group (Fig. 5F and Table 2). AUC during OGTT was significantly higher in the pancreatectomy group compared with the control group; this was driven by the higher basal concentrations, as baseline-subtracted AUCs were not different (Table 2). No significant changes from baseline occurred during IIGI in either group.

### DISCUSSION

This study demonstrates that 29-amino acid glucagon is circulating in man after total pancreatectomy and that glucagon secretion in these patients is stimulated by orally administered glucose and suppressed when glucose is administered intravenously. Furthermore, our data suggest that the hyperglucagonemic response to OGTT in totally pancreatectomized patients is involved in the pathogenesis of postabsorptive hyperglycemia, as EGP was markedly higher during OGTT compared with during intravenously administered glucose where glucagon values were suppressed.

Extrapancreatic glucagon secretion was proposed as early as 1948 by Sutherland and De Duve (5), who showed that in rabbits and dogs a “glycogenolytic substance” could be extracted not only from the pancreas but also from the upper two-thirds of the gastric mucosa. After the introduction of the first glucagon RIA in 1961, reports of measurable “immunoreactive glucagon” in insulin-deprived totally pancreatectomized animals and humans appeared (35). Since then, several investigations have been conducted in totally pancreatectomized animals and humans (8,12,14,15,17–20,22–24), reporting considerable species variation and providing conflicting conclusions regarding the presence or absence of extrapancreatic glucagon. One obvious reason for these conflicting results is that circulating glucagon concentrations are relatively low (picomolar range), demanding a high degree of assay sensitivity not met by the early assays and remaining a drawback for many glucagon assays (36). Furthermore, unclear specificity of the glucagon immunoassays relying on C-terminal

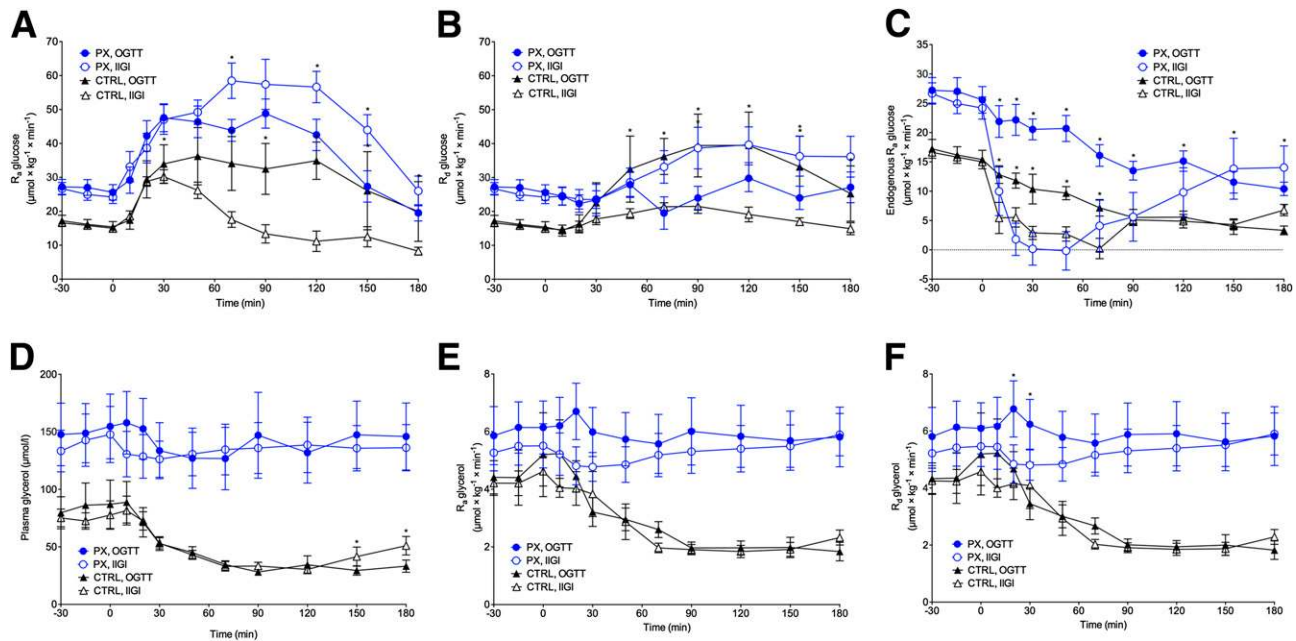
or side-viewing antibodies toward the various circulating glucagon-like peptides remains a challenge for many of the currently applied glucagon assays (37).

In the current study, we used a recently developed sandwich ELISA targeting the N- and C-terminal regions of glucagon simultaneously whereby these specificity problems should be eliminated (25). In order to verify the accuracy of this assay, we analyzed plasma from totally pancreatectomized patients for glucagon by using a mass spectrometry-based platform. These results confirm that the glucagon responses observed are indeed genuine 29-amino acid glucagon. The absence of PP and C-peptide responses in the totally pancreatectomized patients confirms the completeness of pancreatectomy and thus eliminates the possibility that the observed glucagon responses might originate from remnant pancreatic tissue. Although the exact origin cannot be determined in this study, the fact that oral glucose stimulation resulted in significant hyperglucagonemic responses, whereas intravenous glucose infusion suppressed circulating glucagon levels, directs the attention to the gastrointestinal tract. Glucagon is a product of the proglucagon gene (*GCG*), which is expressed by both pancreatic  $\alpha$ -cells and specific enteroendocrine cells (L cells) of the intestinal mucosa and neurons within the nucleus of the solitary tract (38,39). *GCG* encodes the precursor hormone proglucagon, which after posttranslational processing yields different and multiple biologically active proglucagon-derived peptides depending on the presence and relative activity of the processing enzymes PC1/3 and PC2 (40). These processing enzymes have generally been considered to be tissue specific, with PC2 being expressed in the pancreatic  $\alpha$ -cells, where it processes proglucagon into glucagon, glicentin-related PP, and a major proglucagon fragment, and PC1/3 being expressed in the enteroendocrine L cells, where it processes proglucagon into glicentin, oxyntomodulin, and the two glucagon-like peptides, GLP-1 and GLP-2. Interestingly, recent studies have revealed that activity of PC1/3 may also be present in pancreatic  $\alpha$ -cells under certain circumstances (41,42) and that PC2 may also be present in enteroendocrine cells in the human gastrointestinal tract (43,44), including cells costaining for PC2 and the proglucagon product GLP-1 (F.K. Knop et al., unpublished data). It is therefore possible that the proglucagon-containing enteroendocrine L cells may be the origin of the extrapancreatic glucagon secretion observed here. Enteroendocrine L cells are found dispersed in the epithelium of the small and large

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pancreatectomy group ( $n = 10$ ), analyzed using a side-viewing glucagon assay (blue). The fractions containing glucagon-like peptides (blue hatched area) were subsequently pooled and subjected to tandem mass spectrometry-based proteomics (E). Peptide intensities ( $\log_2$  transformed) are color coded from low (green) to high (red) concentration with a false discovery rate of  $< 1\%$ . The 29-amino acid sequence corresponding to that of glucagon is depicted in bold font. Data are mean  $\pm$  SEM. Statistical analysis was performed by linear mixed effect modeling for analysis of repeated measures between days within groups, and two-sample Student *t* test (two-tailed), paired or unpaired, was used for analysis of bsAUC. Asterisks (\*) indicate significant ( $P < 0.05$ ) differences. CPM, counts per minute.

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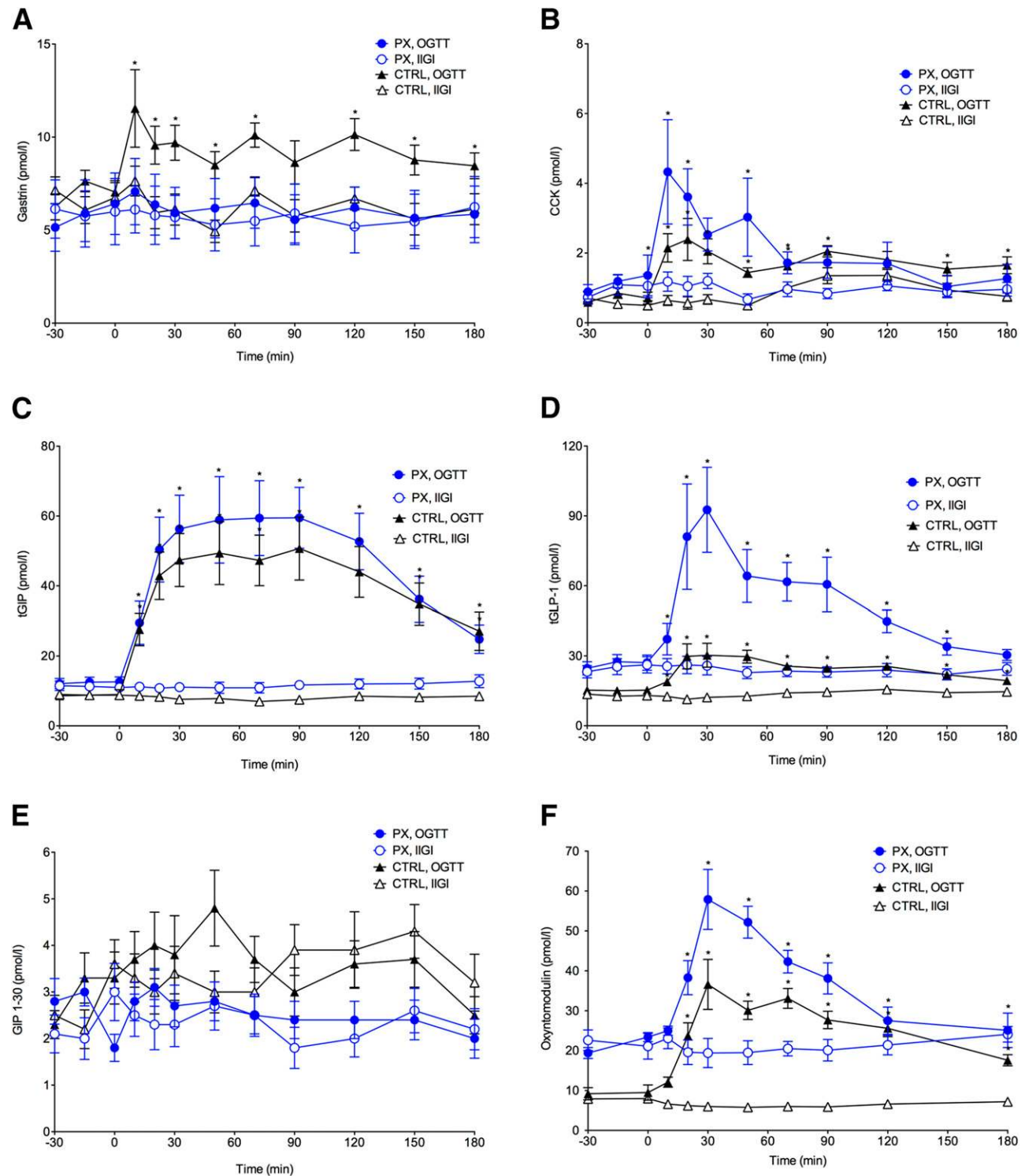


**Figure 4**—Glucose  $R_a$  (A), glucose  $R_d$  (B), endogenous  $R_a$  of glucose (C), concentrations of plasma glycerol (D), glycerol  $R_a$  (E), and glycerol  $R_d$  (F) during a 75-g OGTT and IIGI in totally pancreatectomized patients (PX) ( $n = 10$ ) and healthy control subjects (CTRL) ( $n = 10$ ). Data are mean  $\pm$  SEM. Statistical analysis was performed by linear mixed effect modeling for analysis of repeated measures between days within groups. Asterisks (\*) indicate significant ( $P < 0.05$ ) differences.

intestines, with densities increasing from the duodenum to the large intestine (43). After total pancreatectomy, the gastrointestinal anatomy is dramatically changed, including the removal of the pyloric sphincter and the duodenum. Thus, after ingestion of a meal, nutrients are rerouted and delivered directly from the stomach to the jejunum, where L cells are more abundant, possibly explaining the significantly increased GLP-1 and oxyntomodulin concentrations observed in the totally pancreatectomized patients after OGTT. These responses are reminiscent of the levels seen in subjects after Roux-en-Y gastric bypass surgery (43,45) (a bariatric surgical procedure in which the small intestine is rearranged so that the nutrients are rerouted from a small gastric pouch to the more distal jejunum) (45). Interestingly, we found that fasting levels of GLP-1 and oxyntomodulin were significantly higher in the totally pancreatectomized patients compared with the healthy control subjects, a difference not typically observed after Roux-en-Y gastric bypass (45). This finding raises the interesting possibility of an increased recruitment of *GCG*-expressing cells in the pancreatectomized patients as a response to the removal of the pancreatic  $\alpha$ -cells. In line with this, pancreatic  $\alpha$ -cell hyperplasia is observed in total disruption of glucagon receptor signaling in mice (46,47) and during partial disruption of glucagon receptor signaling in humans (48). Furthermore, studies in mice with complete disruption of glucagon receptor signaling specifically in the liver have pointed to the existence of a circulating factor, which stimulates  $\alpha$ -cell proliferation when glucagon signaling is

abolished (49,50). Perhaps this factor is also formed in response to the surgical removal of the pancreas, and thus in the absence of pancreatic  $\alpha$ -cells, the enteroendocrine L cells, expressing the *GCG* gene, might be upregulated instead. Accordingly, we hypothesize that when the L cells of the totally pancreatectomized patients are exposed to a large and rapid stimulation, as by the ingested glucose in this experiment, they respond not only with increased secretion of PC1/3 cleavage products (i.e., GLP-1 and oxyntomodulin) but also with secretion of PC2 cleavage products, resulting in significant glucagon responses. The fact that we did not observe increased GIP(1-30) levels in the pancreatectomized group suggests that a general upregulation of PC2 is not present [as an upregulation of PC2 in the enteroendocrine K cells should yield increased levels of GIP(1-30)], but this does not rule out the possibility of a selective upregulation and/or activity of PC2 in the enteroendocrine L cells.

We found an increased EGP during OGTT compared with during IIGI in the totally pancreatectomized patients, which might be a consequence of the postprandial hyperglucagonemia. The pancreatectomized patients had a higher  $R_d$  of glucose during the IIGI day compared with the OGTT day despite isoglycemic conditions and no difference in insulin treatment on the two experimental days. But this difference in  $R_d$  was driven primarily by a difference in glucosuria between the 2 days, most likely explained by the larger volume of liquid infused during IIGI compared with the volume ingested during OGTT. Interestingly, a higher rate of EGP was also observed in



**Figure 5**—Plasma concentrations of gastrin (A), CCK (B), total (t) GIP (C), total GLP-1 (D), GIP(1-30) (E), and oxyntomodulin (F) during a 75-g OGTT and IIGI in totally pancreatectomized patients (PX) (*n* = 10) and healthy control subjects (CTRL) (*n* = 10). Data are mean ± SEM. Statistical analysis was performed by linear mixed effect modeling for analysis of repeated measures between days within groups. Asterisks (\*) indicate significant (*P* < 0.05) differences.

the healthy control subjects during OGTT compared with IIGI (albeit the difference was considerably smaller than in the pancreatectomy group). This finding might seem counterintuitive, as significantly more insulin was

secreted during the OGTT compared with the IIGI. The explanation could be that maximum insulin-mediated suppression of EGP in the healthy individuals was reached already with the insulin levels obtained during IIGI,

combined with stimulatory effects from the delayed suppression of glucagon observed during OGTT in these subjects. The higher  $R_a$  and  $R_d$  of glycerol, and, thus, the higher lipolysis rate in the pancreatectomy group compared with the control group, are likely explained by the insulin-deficient state of the patients.

In conclusion, the ascertainment of extrapancreatic glucagon and the postprandial hyperglucagonemia observed in totally pancreatectomized patients might have clinical and scientific implications. First, the present physicochemical proof that 29-amino acid glucagon is secreted from extrapancreatic tissue in humans changes the concept of glucagon being a pancreas-specific hormone and thus opens the way for a new explanation of postprandial hyperglucagonemia, as this might be a gut-dependent phenomenon. Second, the need for a larger amount of glucose during IIGI compared with the amount ingested during OGTT and the larger EGP during OGTT compared with IIGI in the pancreatectomy group reveals, in a setting of isoglycemia and without insulin in the equation, that the hyperglucagonemic response contributes to the postprandial hyperglycemia of the patients. And last, our findings suggest that gut-derived glucagon may play a hitherto unrecognized role in diabetes secondary to pancreatectomy, and possibly, although speculative, also in the pathophysiology of other conditions with paradoxical postprandial hyperglucagonemia, including type 2 diabetes.

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**Author Contributions.** A.L. conceptualized and planned the study as well as wrote applications for funding, conducted the clinical experiments, researched data, performed statistical analyses, and wrote the manuscript. J.I.B., M.C., and M.G. planned the study and helped with experiments. N.J.W.A. conducted ELISA and gel chromatography and performed mass spectrometry-based proteomic analysis of glucagon. B.H. conducted RIA analyses of GIP(1-30) and PP. E.R.M. recruited patients. C.P.H. and J.H.S. performed total pancreatectomies and recruited patients. G.v.H. processed and analyzed glucose and glycerol tracer data. J.F.R. processed and analyzed CCK and gastrin data. D.H., F.M., and M.M. performed mass spectrometry-based proteomic analysis of glucagon. S.L. and T.V. planned the study. J.J.H. provided ELISA analysis of glucagon and RIA analyses of glucagon, GLP-1, GIP, oxyntomodulin, GIP(1-30), and PP. F.K.K. conceptualized the study, wrote applications for funding, planned the study, and wrote the manuscript. All authors contributed to discussion and critically reviewed the manuscript. F.K.K. is the guarantor of this work and, as such, had full access to all the data

in the study and takes responsibility for the integrity of the data and the accuracy of the data analysis.

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