

Evolution of tidal disruption candidates discovered by *XMM-Newton*

P. Esquej^{1,3}, R. D. Saxton², S. Komossa¹, A. M. Read³, M. J. Freyberg¹, G. Hasinger¹,
D. A. García-Hernández⁵, H. Lu⁴, J. R. Zaurín⁶, M. Sánchez-Portal², and H. Zhou¹

¹ Max-Planck-Institut für extraterrestrische Physik, Giessenbachstrasse 1, 85748 Garching, Germany
e-mail: pili@mpe.mpg.de

² ESA/ESAC, Apartado 78, 28691 Villanueva de la Cañada, Madrid, España

³ Dept. of Physics and Astronomy, Leicester University, Leicester LE1 7RH, UK

⁴ Center for Astrophysics, University of Science and Technology of China, Hefei, Anhui, 230026, PR China

⁵ Instituto de Astrofísica de Canarias, La Laguna 38200, Tenerife, Spain

⁶ Dept. of Physics and Astronomy, University of Sheffield, Sheffield S3 7RH, UK

Received 1 May 2008 / Accepted 22 July 2008

ABSTRACT

Context. It has been demonstrated that active galactic nuclei are powered by gas accretion onto supermassive black holes located at their centres. The paradigm that the nuclei of inactive galaxies are also occupied by black holes was predicted long ago by theory. In the past decade, this conjecture was confirmed by the discovery of giant-amplitude, non-recurrent X-ray flares from such inactive galaxies and explained in terms of outburst radiation from stars tidally disrupted by a dormant supermassive black hole at the nuclei of those galaxies.

Aims. Due to the scarcity of detected tidal disruption events, the confirmation and follow-up of each new candidate is needed to strengthen the theory through observational data, as well as to shed new light on the characteristics of this type of events.

Methods. Two tidal disruption candidates have been detected with *XMM-Newton* during slew observations. Optical and X-ray follow-up, post-outburst observations were performed on these highly variable objects in order to further study their classification and temporal evolution.

Results. We show that the detected low-state X-ray emission for these two candidates has properties such that it must still be related to the flare. The X-ray luminosity of the objects decreases according to theoretical predictions for tidal disruption events. At present, optical spectra of the sources do not present any evident signature of the disruption event. In addition, the tidal disruption rate as derived from the *XMM-Newton* slew survey has been computed and agrees with previous studies.

Key words. galaxies: nuclei – galaxies: evolution – X-rays: general – surveys

1. Introduction

According to our current picture of galaxy demography, massive dark objects could reside at the centres of many galaxy bulges (Kormendy & Richstone 1995; Magorrian et al. 1998). While it has been demonstrated that active nuclei powered by gas accretion onto supermassive black holes (SMBHs) populate the cores of a number of galaxies, confirmation of their dormant state lurking in non-active galaxies is difficult to obtain.

Chronologically, quasars were more abundant in the early Universe at $z \sim 2$ than at present so dead quasar engines are expected to be enclosed in the nuclei of otherwise inactive galaxies. Evidence connecting the genesis of SMBHs and the possible hierarchical quasar to galaxy evolution remains elusive. At the lower end of the activity scale and representative of the most common activity level in the local Universe reside low-ionization nuclear emission-line regions (LINERs) (Heckman 1980). Their optical spectra are similar to those of giant elliptical galaxies (Denicoló et al. 2005), dominated by low-ionization emission lines, that are also similar to the narrow lines in Seyfert galaxies but with different line ratios (Ho 2008). There is much debate concerning LINERs and their powering mechanism caused either by an active nucleus or starburst. Given their activity level and spectral properties they could represent the

connection between active and inactive galaxies (González-Martín et al. 2006).

The paradigm that the cores of inactive galaxies are occupied by quiescent SMBHs was predicted long ago. The discovery of dynamical evidence of a mass concentration with properties of this type of object at the centre of our own galaxy and afterwards in a handful of other galaxies like M 31 and NGC 4258 favours this conjecture (Kormendy & Richstone 1995). An unavoidable consequence of the existence of remnant SMBHs at the nuclei of optically inactive galaxies is the detection of flare radiation produced when a star is tidally disrupted and accreted by SMBHs (Lidskii & Ozernoi 1979; Carter & Luminet 1982; Rees 1988). These occurrences, so-called *tidal disruption events*, would generate outbursts of EUV/X-ray radiation decaying on a time scale of several months to years. Although active galactic nuclei (AGN) can also be susceptible to these phenomena, the most unambiguous cases for a stellar disruption come from host galaxies with no – or only faint – permanent activity.

It is expected that tidal flares emit a luminosity peaking in the EUV/X-ray regime. When assuming a black body radiating at the Eddington luminosity, the temperature of the emitting region calculated at the last stable orbit ($3r_s$, where r_s is the Schwarzschild radius) will be ~ 60 eV for a $10^6 M_\odot$ black

hole. At low redshifts, the optical and *UV* bands will be sensitive to the Rayleigh-Jeans tail of the black body radiation, but these events will be best detected in X-rays, with giant amplitudes of variability that will reach factors of hundreds up to several thousand (e.g. Komossa et al. 2004; Halpern et al. 2004).

The comparison of sources from the *ROSAT* PSPC All-Sky Survey (RASS) (Voges et al. 1999) with *ROSAT* PSPC pointed observations allowed the detection of five tidal disruption candidates. These sources showed extreme X-ray variability and properties in agreement with those expected for tidal disruption events (see Komossa 2002, for a review): extreme X-ray softness in outburst, X-ray peak luminosity up to $\sim 10^{45}$ erg s⁻¹ that declines at a rate $t^{-5/3}$ on a timescale from months to years (Bade et al. 1996; Komossa & Bade 1999; Komossa & Greiner 1999; Grupe et al. 1999). A few candidates have emerged in the *UV/optical* (e.g. Renzini et al. 1995; Stern et al. 2004; Gezari et al. 2008; Komossa et al. 2008), three of which were subsequently detected in soft X-rays between 1 and 3 years after the high-state detection.

These occurrences are very rare in the sky. Theoretical models postulate that a tidal disruption event should occur once every 10^3 – 10^6 yr per galaxy (Wang & Merrit 2004) depending on the stellar density in the nuclear cusp and the SMBH mass. The derived tidal disruption rate from the RASS, although including large uncertainty, lies in agreement with these predictions (Sembay & West 1993; Donley et al. 2002). Although previously detected tidal disruption events support theoretical predictions, due to the paucity of candidates the detection and confirmation of each new case will shed new light on the phenomena here debated.

The identification of tidal disruption events discussed in the present paper presupposes the existence of two large area X-ray sky surveys performed at different epochs. Correlating the *XMM-Newton* Slew Survey Source Catalogue (XMMSL1) (Saxton et al. 2008) with the RASS we found two galaxies which were candidates for tidal disruption events (Esquej et al. 2007). Here we present follow-up multiwavelength observations performed to investigate the classification of these sources and study their temporal evolution.

This paper is structured as follows: in Sect. 2 we introduce the basics of tidal disruption phenomena, then we define the criteria followed for selecting our sample and present the X-ray and optical properties of the sources. Detailed analysis of follow-up observations is described in Sect. 4. X-ray light curves and estimations of the black hole masses are calculated in the subsequent sections. The tidal disruption rate as derived from the *XMM-Newton* slew survey is derived in Sect. 7 and our conclusions are finally summarised.

Throughout this paper we will assume a Λ CDM cosmology with $(\Omega_M, \Omega_\Lambda) = (0.3, 0.7)$ and $H_0 = 70$ km s⁻¹ Mpc⁻¹. All X-ray fluxes and luminosities here quoted have been corrected for Galactic absorption.

2. Theory of tidal disruption events

A star of mass m_\star and radius R_\star orbiting around a SMBH of mass M_{BH} will be disrupted when it approaches the black hole tidal radius

$$R_T = \mu R_\star \left(\frac{M_{\text{BH}}}{m_\star} \right)^{1/3}, \quad (1)$$

as this is the distance where the surface gravity of the star equals the tidal force from the hole (μ is a dimensionless coefficient of

order unity). The stellar disruption process is predicted to happen up to black hole masses of $10^8 M_\odot$. For objects above this limit, the tidal radius is inside the Schwarzschild radius and, therefore, a solar-type star will fall into the black hole without disruption. Atmosphere stripping of giants is still possible for larger black hole masses.

During its infall towards the central black hole the star experiences a gravitational torque which spins it up and creates a large velocity dispersion within the disturbed material. Once the star is disrupted, half of its debris will have enough energy to exceed the escape velocity and will be consequently ejected on hyperbolic orbits. The remaining half will be bound, returning to pericentre and circularizing (Ulmer 1999; Rees 1988). This returning material that initially follows highly elliptical orbits, will form an orbiting torus around the black hole due to dissipation and internal shocks. The observable flare of radiation will begin at a time coincident with the accretion of the most tightly bound material as it first returns to pericentre. After one post-disruption orbit, a fraction of the remaining bound debris will be accreted by the hole at about the Eddington rate. Ayal et al. (2000) showed that as little as 10% of the total mass of the star would be accreted, unlike previous estimates that claimed that all the bound material (50% of the star) would be accreted by the black hole. During this stage the soft X-ray luminosity of the galaxy is increased by up to several orders of magnitude and then declines at a rate $t^{-5/3}$ on a timescale from months to years (Evans & Kochanek 1989; Ulmer 1999).

The tidal disruption rate has been predicted by several authors based on the standard model of collisional loss cone repopulation in a spherical nucleus (Magorrian et al. 1998; Syer & Ulmer 1999; Wang & Merrit 2004). In general, this quantity depends on the mass of the black hole, the stellar density, velocities in the galactic nucleus, and the rate at which radial loss cone orbits are depleted/replenished. Wang & Merrit (2004) derived a tidal rate of 10^{-4} – 10^{-5} yr⁻¹ Mpc⁻³ for a $10^6 M_\odot$ black hole.

3. Candidates selection

The state-of-the-art satellite *XMM-Newton* (Jansen et al. 2001) features high spectral resolution and excellent sensitivity due to the great collecting area of its mirrors coupled with the high quantum efficiency of the EPIC detectors. X-ray objects detected with the EPIC-pn camera on board *XMM-Newton* while the satellite is maneuvering between observation targets comprise the XMMSL1 source catalogue.

Our sample selection criteria aimed at finding tidal disruption candidates through comparison of the XMMSL1 with the RASS (see Esquej et al. 2007, for details). For the two resulting objects, NGC 3599 and SDSS J132341.97+482701.3, no prior AGN-like activity had been recorded from optical observations according to previous published measurements (but see Sect. 3.1). Both sources showed high variability and a soft X-ray spectrum as regards the slew observations. All these properties favoured the interpretation of the flaring events as tidal disruption candidates.

3.1. NGC 3599

The slew source XMMSL1 J111527.3+180638 was detected in 2003–11–22 with an EPIC-pn 0.2–12 keV count rate of 5.5 cts s⁻¹. Through catalogue cross-correlation it was found that its counterpart is the SA0 galaxy NGC 3599 at redshift 0.0028 (Denicoló et al. 2005). Within the early-type galaxies, NGC 3599 is a power-law galaxy (its brightness profile has

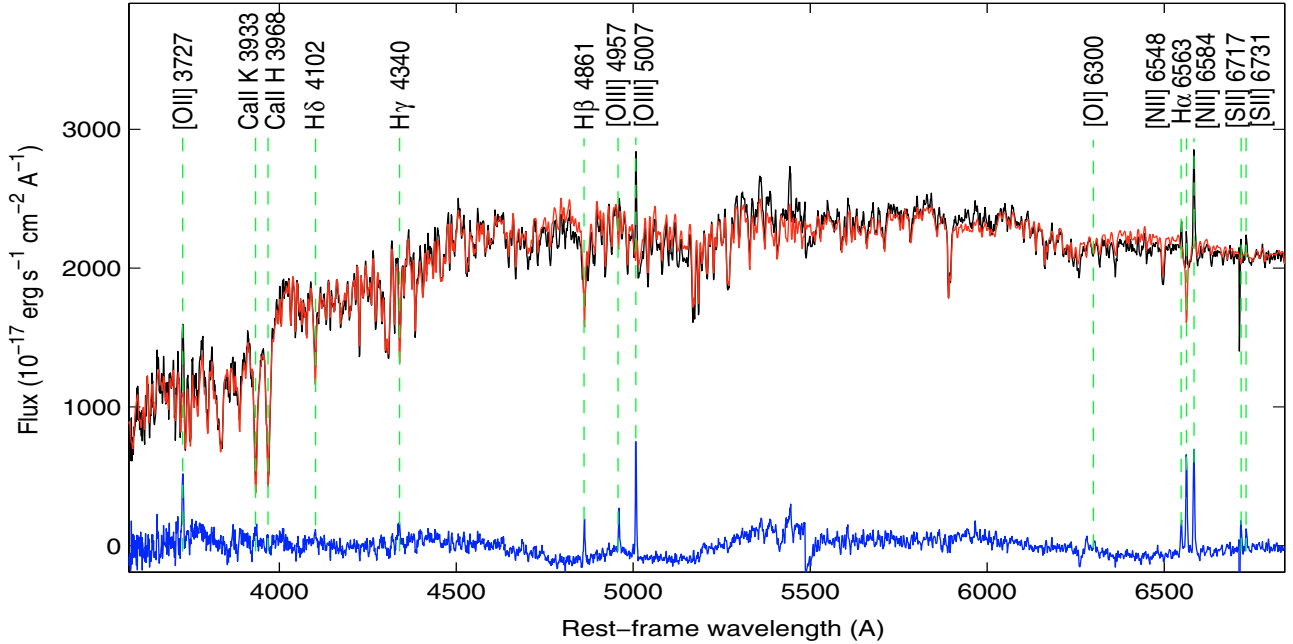


Fig. 1. Detailed fits to the optical spectrum of NGC 3599. Flux calibrated data from Caldwell et al. (2003) are presented in black. The best fitting stellar population as derived from the EL-ICA approach is shown in red. The subtracted spectrum in blue illustrate the galactic nuclear region. Line identifications are given in the figure.

a power-law shape) with a compact nuclear component not associated with non-thermal activity (like those found at the centres of M 31 and M 33) (Lauer et al. 1995). Although no public optical spectroscopic observations of this source were available, a detailed literature search revealed that NGC 3599 was already briefly included in other samples with different aims. Flux calibrated optical data were kindly provided to us from the sample of Caldwell et al. (2003) and then used to characterise the source in the pre-outburst stage.

The long-slit optical spectrum of NGC 3599 was taken in 2000–02–05 at the Whipple Observatory with the FAST spectrograph located in the 1.5 m Tillinghast telescope (see Caldwell et al. 2003, for observational details and data reduction procedure). Prominent absorption features in combination with emission lines appear in the integrated spectrum. In order to further study the emission-line spectrum we first subtracted the starlight component. This step in the data analysis reduction is crucial to derive an accurate nuclear source classification based on emission lines ratios. Two independent approaches to the stellar population reconstruction have been implemented both using high resolution synthetic spectra from the evolutionary synthesis models of Bruzual & Charlot (2003) and assuming a Salpeter initial mass function (Salpeter 1955). These techniques comprise the Ensemble Learning Independent Component Analysis (EL-ICA) and the CONFIT codes. Discussion about technical details on both resources is beyond the scope of the current paper and presented elsewhere in the literature (see references below).

The EL-ICA code presupposes that the stellar contribution is a linear combination of six non-negative independent components (ICs) that arise from the compaction of the 1326 simple stellar populations (SSPs) of Bruzual & Charlot (2003) (Lu et al. 2006, and references therein). Through minimization of the χ^2_{red} parameter, the optimum fit to our data is obtained with a single stellar population of 2.1 Gy and solar metallicity. Figure 1 shows the data (black), stellar modelling (red) and the subtracted spectrum that accounts for the galactic nuclear emission (blue).

Conversely, the CONFIT approach consists of modelling the continuum spectral shape using two stellar components allowing them to have different reddening and applying χ^2 statistics to derive the optimum fit (Robinson et al. 2000; Rodríguez Zaurín et al. 2007). The continuum flux is measured in a number of wavelength bins (54 in this case) distributed over the spectral regions free of emission lines and atmospheric absorption features. By computing the contribution of the different stellar components to reproduce the complete spectrum, the best fit resulted from a single stellar population of 2 Gy, which is fairly consistent with the outcome of the EL-ICA approach.

Spectral emission lines have been fitted using a single-component Gaussian. NGC 3599 exhibits narrow emission lines of about 100 km s^{-1} width. Intensity ratios of $[\text{O III}] 5007 \text{ \AA}/\text{H}\beta = 3.5(\pm 1.0)$, $[\text{N II}] 6584 \text{ \AA}/\text{H}\alpha = 1.1(\pm 0.2)$ were measured from the analysis of the decomposed spectrum as returned by the EL-ICA code. As a comparison, those calculated from the CONFIT procedure provide $[\text{O III}]5007 \text{ \AA}/\text{H}\beta = 3.0(\pm 0.2)$ and $[\text{N II}]6584 \text{ \AA}/\text{H}\alpha = 1.1(\pm 0.3)$. Both methods place the source in the region between Seyfert and LINER galaxies according to emission line diagnostics (Kauffmann & Heckman 2004). Due to large uncertainties in the $[\text{S II}]$ lines fluxes, we can not use such measurements for a reliable input in the diagnostics for the source classification.

In the X-ray regime, NGC 3599 was detected in a high state by *XMM-Newton* with respect to the RASS having a 0.2–2 keV EPIC-pn vs PSPC-2 σ upper limit flux ratio of 88. In addition, the source also lies in the field of view of two *ROSAT* PSPC pointed observations and corresponding upper limits imply flux ratios of 297 and 100 respectively. Both *XMM* and *ROSAT* 0.2–2 keV fluxes were estimated from count rates using PIMMS assuming a typical near-maximum tidal event spectrum, i.e. a black body model with $kT = 0.07 \text{ keV}$ modified by Galactic absorption (Komossa 2002). The unabsorbed X-ray luminosity in the soft 0.2–2 keV energy band at the time of the slew observation was calculated to be $5.1(\pm 0.7) \times 10^{41} \text{ erg s}^{-1}$. As the source lies

Table 1. Spectral fit parameters (including 90% confident errors) of the EPIC-pn slew spectrum of NGC 3599.

Model	Γ_X	kT (keV)	χ^2 (d.o.f.)
wabs(bb)	(...)	$0.095^{+0.004}_{-0.003}$	7.6(7)
wabs(po)	$3.33^{+1.25}_{-1.12}$	(...)	6.1(7)
wabs(po+bb)	$2.86^{+1.30}_{-1.31}$	$0.009^{+0.003}_{-0.001}$	4.2(5)
wabs(po+MEKAL)	$4.45^{+0.40}_{-0.64}$	$0.21^{+0.79}_{-0.13}$	5.6(5)

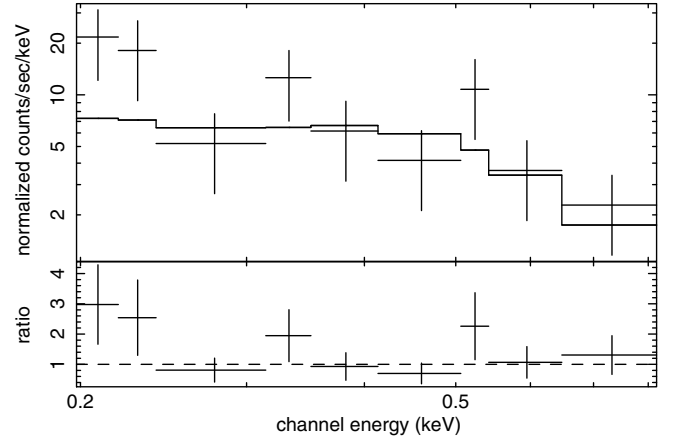
within the Virgocentric flow the luminosity distance is not a relevant parameter for the calculation of the X-ray luminosity, instead, a distance of 23 Mpc (Lauer et al. 2007b) has been used.

We have analysed the slew observation corresponding to the detection of NGC 3599. The object does not suffer from pile-up problems so the pn spectrum was extracted with patterns 0–4. The source spectrum has been extracted from a circle of radius 60 arcsec centred on the object. An adjacent region of the same radius has been used for the background. As software to produce response matrices for slew sources is not available, we have created the ancillary file using an ad hoc method of averaging the effective area along the track of the slew (see Read et al. 2008, for a full explanation of the technique). For the redistribution matrix we used the canned response file *epn_ff20_sdY6_v6.9.rmf*, appropriate for the average position of the source in the detector. Due to the low signal-to-noise of the object, a binning of 5 counts per spectral channel has been used for the spectral fitting. This is enough to perform a quantitative analysis although not statistically significant. Therefore, we can only attempt to derive a rough spectral shape of the object applying simple spectral models (Table 1).

As a result from the spectral analysis using XSPEC 11.3.2, a good fit to the data ($\chi^2_{\text{red}} = 1.08$) is provided by a black body model of $kT = 95^{+4}_{-3}$ eV modified by Galactic absorption (Fig. 2). This temperature is consistent (within the errors) with measurements from previous candidates although at the upper range of temperatures (Komossa 2002). The corresponding 0.2–2 keV X-ray luminosity from the XSPEC fit is 5.5×10^{41} erg s⁻¹. Using a power-law model, an equally good fit is achieved with $\Gamma_X = 3.3^{+1.25}_{-1.12}$. A range of spectral models for the high-state spectrum have been used in PIMMS to estimate the flux at the time of the slew observation. For black body models with temperature within 0.04–0.1 keV and power-law models with X-ray slopes of 2.9–3.5, the luminosities lie in the range 4.4×10^{41} – 6.5×10^{41} erg s⁻¹. The median luminosity from the different spectral models is obtained with the black body model at 0.07 keV, i.e. the typical temperature for a tidal disruption event. The extrapolation of the slew count rate in the 0.2–12 keV to calculate an upper limit for the 2–12 keV luminosity gives 2×10^{40} erg s⁻¹ for the power-law model with $\Gamma_X = 3.3$ (and 7×10^{35} erg s⁻¹ for the black body model with $kT = 0.095$ keV).

3.2. SDSS J132341.97+482701.3

XMMSL1 J132342.3+482701 was detected in 2003–12–01 with a count rate of 2.08 cts s⁻¹ in the slew total energy band. Its counterpart, SDSS J132341.97+482701.3 (named as SDSS J1323 henceforward), can be classified as a non-active galaxy as its optical spectrum only shows absorption line features from the atmospheres of individual stars. Prior to its detection as tidal disruption candidate, no reference regarding this source is present in the literature.

**Fig. 2.** *XMM-Newton* EPIC-pn slew X-ray spectra of NGC 3599 fitted by the black body model plus Galactic absorption. Data/model residuals are presented at the *bottom*.

Optical data from a pre-outburst observation (performed seven months before the corresponding slew exposure) were obtained from the Sloan Digital Sky Survey¹ (SDSS) and modelled using the EL-ICA method. No emission lines could be detected and the continuum can be best fitted by a single stellar population of 6.25 Gy and a metallicity of $Z = 0.4 Z_{\odot}$ (Fig. 3). The galaxy is at a redshift of $z = 0.0875$ and its stellar velocity dispersion has a value of $\sigma = 80(\pm 10)$ km s⁻¹ as derived from the optical spectrum. As no emission lines that could bias the source classification appear in the spectrum, no additional information can arise from applying the CONFIT approach to the stellar subtraction.

The X-ray slew detection of the object showed a flux variation in the 0.2–2 keV energy band of a factor 83 between the slew detection and its RASS upper limit. The redshift of the source implies a luminosity distance of 399 Mpc, that allowed us to derive a soft unabsorbed X-ray luminosity of 4.8×10^{43} erg s⁻¹ from the slew observation using the black body model for tidal disruption events near outburst. The slew observation contained too few counts, all of them in the 0.2–2 keV energy band, to allow spectral fitting.

4. Follow-up observations

4.1. X-ray observations

4.1.1. *XMM-Newton* observations

XMM-Newton observations of 5 ks of both NGC 3599 and SDSS J1323 were performed roughly two years after the corresponding slew exposures and then analysed with SAS 7.1.0 (see Table 2 for details of the observations). All EPIC-pn and MOS observations were taken in Full Frame (FF) mode with the medium filter in place. High background periods produced by intense soft proton fluxes were rejected during the data reduction process by defining good time intervals within the complete observation window. Source photons were extracted from circular regions of 30 arcsec radius centred on the object positions. Circular source-free regions on the same chip and radius of 60 arcsec have been used to characterise the background. The targets do not suffer from pile-up problems, so pn spectra were extracted with patterns 0 to 4 and MOS spectra from 0 to 12. Ancillary files and response matrices were generated by

¹ <http://cas.sdss.org/astro/en>

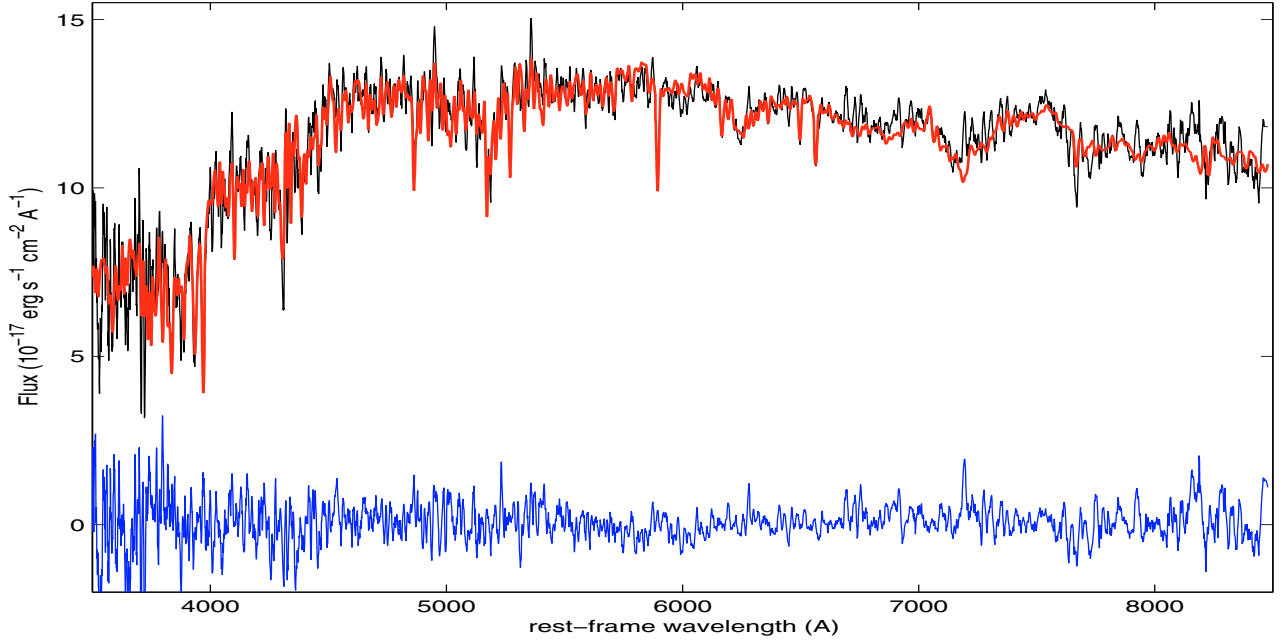


Fig. 3. Detailed fits to the optical spectrum of SDSS J132341.97+482701.3. Flux calibrated data from the SDSS server are presented in black. The best modelling to the continuum as derived from the EL-ICA approach is shown in red and corresponds to a stellar population of 6.25 Gy and metallicity $Z = 0.4 Z_{\odot}$. The residual spectrum resulted from the subtraction of the best fit model to the observed spectrum is shown in blue.

Table 2. Summary of the X-ray follow-up observations.

Source name	Mission/Instrument	ObsID	Exposure (ks)
NGC 3599	<i>XMM-Newton</i> /EPIC	2006-06-23	5
	<i>Swift</i> /XRT	2006-12-01	5
SDSS J1323	<i>XMM-Newton</i> /EPIC	2006-07-15	5
	<i>Swift</i> /XRT	2007-01-18	5

the *arfgen* and *rmfgen* SAS tasks respectively in order to convert the counts to physical units during the spectral analysis. All EPIC spectra were binned to oversample the instrumental resolution and to have no less than 20 counts in each background-subtracted spectral channel. Due to the low signal-to-noise ratio of the MOS spectra in both objects, the grouping resulted in at most three spectral points from each MOS observation. As a consequence, we only considered pn data for the source modelling performed using XSPEC.

We initially performed spectral fits on both sources using a simple black body model with cold absorption to draw a comparison with the high-state spectrum of a typical tidal disruption event. In both sources the black-body model resulted in a poor fit. The post-flare spectra appear to have a roughly power-law shape. One-temperature thermal models often used to fit the spectra of normal galaxies (Raymond-Smith and MEKAL; Fabbiano 1989) also do not fit well, indicating that we continue to see the remnant of the outburst. From the spectral analysis, no improvement was achieved when including intrinsic absorption, hence all spectral fits were performed assuming Galactic foreground absorption values ($N_{\text{H}} = 1.42 \times 10^{20}$ and $1.17 \times 10^{20} \text{ cm}^{-2}$ for NGC 3599 and SDSS J1323 respectively) inferred from HI observations (Dickey & Lockman 1990). For both objects the hard X-ray behaviour could not be perfectly constrained by model fitting as a single data bin covering a wide energy range is present in that area of the spectra. Detailed

analysis of the individual objects will be described below and spectral parameters have been compiled in Table 3.

X-ray emission from NGC 3599 has been detected in both soft 0.2–2 keV and hard 2–12 keV energy bands with corresponding count rates of $0.115(\pm 0.007)$ and $0.010(\pm 0.003) \text{ cts s}^{-1}$. In order to give a first estimation of the spectral shape we fitted a power-law model and obtained a reasonable fit ($\chi_{\text{red}}^2 = 1.15$) with slope of $\Gamma_{\text{X}} = 3.02^{+0.22}_{-0.21}$ but showing considerable residuals especially above 3 keV (Fig. 4, left panel). Models including ionized absorbers or partial covers (*absori* or *zpcfabs* in XSPEC) as well as those combinations of power-law and black body or thermal component (both using abundances fixed to solar value and treated as free parameter for the MEKAL model) do not provide a significant improvement. In all cases the F-test gives a confidence level of less than 85% with respect to the single power-law fit. In addition, the reliability of this models is not demonstrated as 90% confident errors on the parameters can not be constrained within sensible values. In any case the presence of a steep power-law is always required. Some spectral features remained unfitted as shown by the model residuals but with the present data no further constraints can be derived in this respect. This is just an indication that the real model is more complex than the ones here proposed as several emission mechanisms might contribute to the observed X-ray spectra. The unabsorbed luminosity at the time of the *XMM-Newton* observation derived from the simple power-law model is $1.8^{+0.3}_{-0.4} \times 10^{40} \text{ erg s}^{-1}$, i.e. a factor 27 lower than during the slew exposure. By extrapolating the best fit power-law model to high energies, we obtained a 2–12 keV luminosity of $0.2^{+0.1}_{-0.1} \times 10^{40} \text{ erg s}^{-1}$.

For SDSS J1323 the simple power-law model modified by cold absorption yields a reasonable fit in the soft X-rays but leaves an apparent high energy excess (Fig. 4, right panel). This model can be best fit using a steep power-law index $\Gamma_{\text{X}} = 3.37$ and the resulting χ_{red}^2 is 2.49. Confidence errors on the slope could not be derived due to the high value of the χ_{red}^2 . The same models as for NGC 3599 have been used in the analysis of

Table 3. Spectral fit parameters of the EPIC-pn spectra of the sources. 90% confident errors are quoted when $\chi^2_{\text{red}} < 2.0$.

Source	Model	Γ_X	Parameters	$\chi^2(\text{d.o.f.})$	$F_{0.2-2 \text{ keV}}$ [$10^{-13} \text{ erg s}^{-1} \text{ cm}^{-2}$]
NGC 3599	wabs(po)	$3.02^{+0.22}_{-0.21}$	(...)	20.61(18)	$2.93^{+0.51}_{-0.62}$
	wabs(po+bb)	$2.81^{+0.24}_{-0.23}$	$kT = 22.3^{+3.9}_{-12.0} \text{ eV}$	15.38(16)	$3.91^{+2.70}_{-1.36}$
	wabs(po+MEKAL)	$3.77^{+0.40}_{-0.64}$	$kT = 1.99^{+11.98}_{-0.65} \text{ keV}$	14.54(16)	$3.24^{+0.64}_{-1.73}$
	wabs(po+absori)	$3.02^{+0.36}_{-0.26}$	$N_{\text{H,abs}} = 0.34^{+0.30}_{-0.26} \times 10^{22} \text{ cm}^{-2}; \xi = 4.32^{+34.34}_{-3.40}$	16.16(16)	$3.07^{+0.62}_{-2.57}$
	wabs(po+zpcfabs)	$3.48^{+1.30}_{-0.50}$	$CvFr = 0.31^{+0.21}_{-0.54}; N_{\text{H,abs}} = 0.46^{+60.85}_{-0.18} \times 10^{22} \text{ cm}^{-2}$	17.42(16)	$3.29^{+0.78}_{-2.55}$
SDSS J1323	wabs(po)	3.37	(...)	12.47(5)	$0.58^{+0.20}_{-0.33}$
	wabs(po+bb)	$5.26^{+1.53}_{-0.66}$	$kT = 33.1^{+66.6}_{-10.6} \text{ eV}$	4.71(3)	$0.98^{+0.31}_{-0.58}$
	wabs(po+MEKAL)	$5.16^{+1.60}_{-0.35}$	$kT = 1.72^{+52.59}_{-0.44} \text{ keV}$	4.21(3)	$0.94^{+0.32}_{-0.56}$
	wabs(po+absori)	3.14	$N_{\text{H,abs}} = 0.84 \times 10^{22} \text{ cm}^{-2}; \xi = 8.10$	11.68(3)	$0.63^{+0.34}_{-0.57}$
	wabs(po+zpcfabs)	$4.70^{+0.58}_{-0.80}$	$CvFr = 0.99^{+0.01}_{-0.14}; N_{\text{H,abs}} = 0.81^{+0.76}_{-0.34} \times 10^{22} \text{ cm}^{-2}$	4.07(3)	$0.90^{+0.34}_{-0.57}$
	wabs(po+edge)	$3.08^{+0.47}_{-0.36}$	$kT = 0.49^{+0.07}_{-0.06} \text{ keV}$	1.69(3)	$0.73^{+0.29}_{-0.42}$

SDSS J1323. Although the derived χ^2_{red} is closer to unity using some of the complex models, unusually steep slopes are required and fitting parameters can not be constrained. No significant improvement was achieved with respect to the simple power-law model as confirmed by the F-test. Given that the spectrum seems to present an absorption feature around 0.5 keV, we tried to fit it with a power-law plus edge model. A simple edge at an energy of $0.49^{+0.07}_{-0.06} \text{ keV}$ gives a good fit ($\chi^2_{\text{red}} = 0.56$) albeit with a very small number of degrees of freedom. This is consistent with absorption by cold oxygen at the redshift of the source. Although the same feature appears when grouping the data with different spectral binnings the low signal-to-noise precludes further interpretation. Count rates in the soft and hard X-ray bands are $0.022(\pm 0.002)$ and $0.002(\pm 0.001) \text{ cts s}^{-1}$ respectively. The inferred 0.2–2 keV X-ray luminosity as derived from the simple power-law model is $1.1^{+0.4}_{-0.6} \times 10^{42} \text{ erg s}^{-1}$, implying a decrement of a factor 41 in comparison with the previous slew observation.

4.1.2. *Swift* observations

Follow-up observations of 5 ks have been performed with the X-ray Telescope (XRT) on board the *Swift* satellite (Gehrels et al. 2004) within the fill-in time program (Table 2). Data from photon counting mode were analysed using XSELECT adopting the standard 0–12 grade filtering. The observing mode that has been used operates in the energy range 0.2–10 keV and retains full imaging and spectroscopic resolution. Target positions have been determined using the *xrtcentroid* tool. Source photons have been extracted from circular regions of 21.2 arcsec based on the count rates of the sources (as inferred from the recommendations in Evans et al. 2007) centred on the objects. For the background determination, annular uncontaminated regions around the sources have been selected containing around a hundred counts in order to minimise the effect of background fluctuations.

Both objects turned out to be extremely faint at the time of the *Swift* observations and, with $23(\pm 5)$ and $10(\pm 3)$ counts for NGC 3599 and SDSS J1323 respectively, we can not apply spectral fits to model the data. In order to estimate the source fluxes we applied a count rate to flux conversion through PIMMS using the same spectral model derived from the previous *XMM* pointed observations (power-law with $\Gamma_X = 3.02$ and 3.37 for the different objects according to Sect. 4.1.1) to our simulations. This is

the only reasonable assumption that we can make because the behaviour of the post-outburst spectra is a priori unclear. With this hypothesis the source flux of NGC 3599 declined by a further factor of two in comparison with the previous X-ray exposure performed six months earlier. SDSS J1323 is consistent with constant luminosity within the errors.

4.2. Optical observations

Long-slit optical observations of NGC 3599 and SDSS J1323 have been performed in order to obtain post-outburst spectral shapes and to search for possible signatures of the tidal disruption events.

Optical spectra have been obtained in December 2007 with the ALFOSC spectrograph on the 2.5 m Nordic Optical Telescope (NOT) in La Palma using the grism 7, that covers a total range from 3850 to 6850 Å with an instrumental dispersion of 1.5 Å per pixel. Exposure times were 1200 s and 1800 s for NGC 3599 and SDSS J1323 respectively. The calibration lamp and flat-field exposures were taken before or after any science exposure at the position of the target in order to keep control of possible dispersion changes with the telescope position. Data reduction was performed using the IRAF¹ and STARLINK software packages. Initial reduction of the CCD frames involved bias subtraction, flat-field correction and cosmic rays removal. In order to obtain the nuclear spectra, central apertures on the objects have been extracted. Wavelength calibration has been performed using ThAr lamp exposures. The wavelength calibration accuracy reached was always better than 0.5 and 1 Å in the residuals for NGC 3599 and SDSS J1323 respectively.

From the flux calibrated nuclear spectrum of NGC 3599, we obtain $[\text{N II}] 6584 \text{ Å}/\text{H}\alpha = 1.1(\pm 0.1)$. This emission line ratio stays constant with respect to the pre-outburst observation. The $[\text{O III}] 5007 \text{ Å}/\text{H}\beta$ ratio differs from that of the pre-flare exposure. This is due to calibration issues in the optical data and not from real variability of the lines as could be stated from a posterior observation of the object (see below). The current spectrum does not exhibit any dramatic emission-line response, such as

¹ Image Reduction and Analysis Facility (IRAF) software is distributed by the National Optical Astronomy Observatories, which is operated by the Association of Universities for Research in Astronomy, Inc., under cooperative agreement with the National Science Foundation.

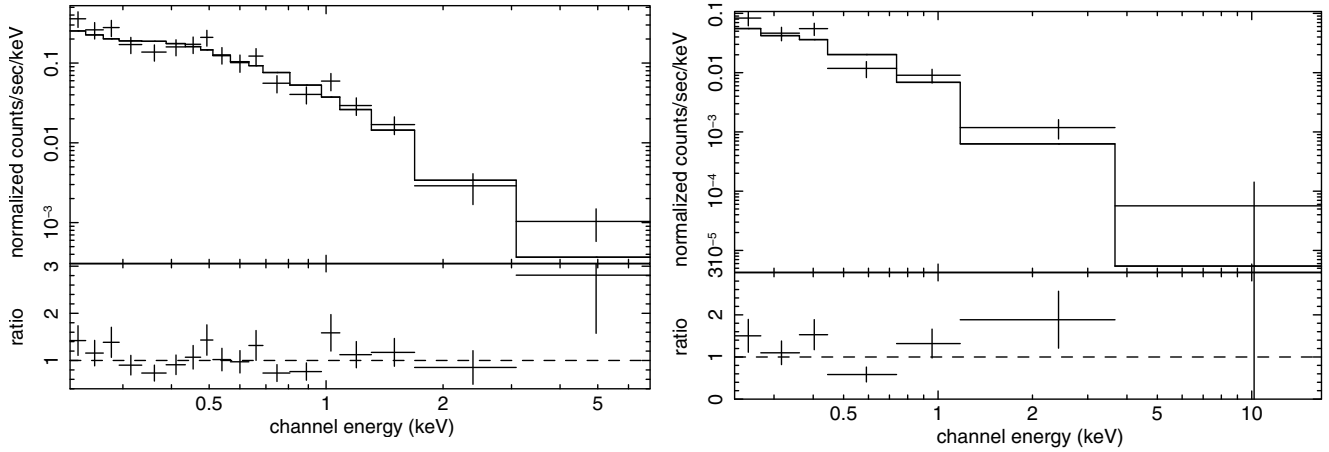


Fig. 4. *XMM-Newton* EPIC-pn X-ray spectra of NGC 3599 (left panel) and SDSS J132341.97+482701.3 (right panel) fitted by a power-law model plus Galactic absorption. Data/model residuals are presented at the bottom of each spectrum.

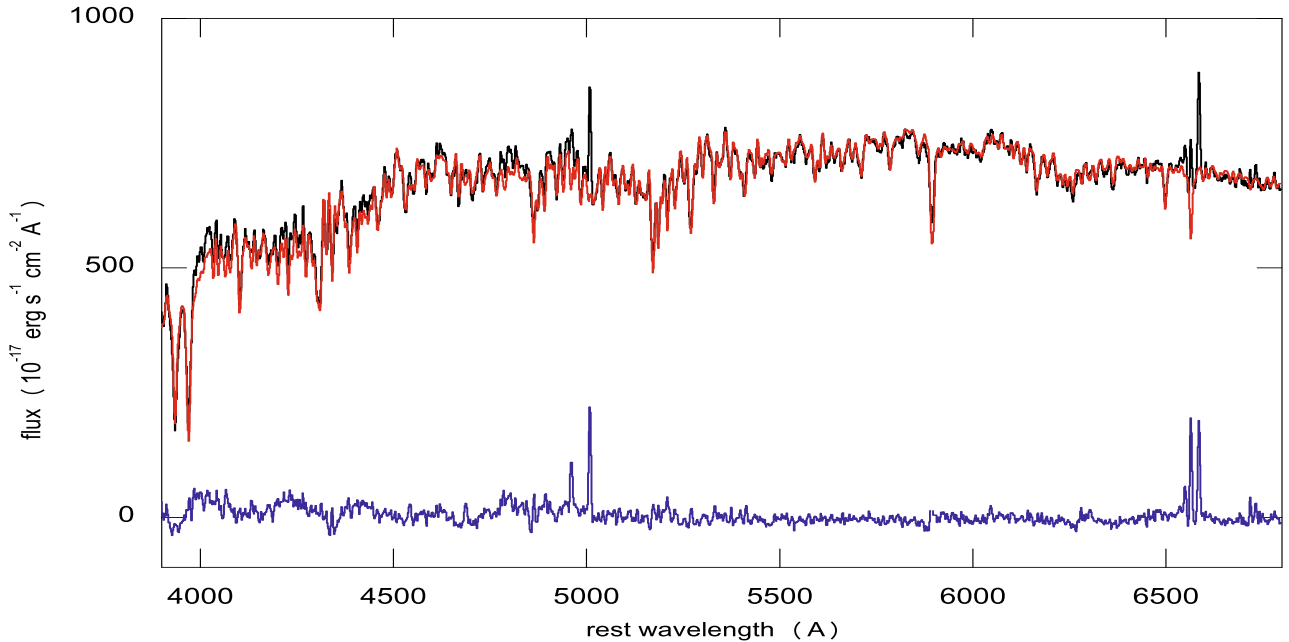


Fig. 5. Detailed fits to the post-outburst optical spectrum of NGC 3599. Flux calibrated data are presented in black and the stellar population is shown in red. The subtracted spectrum in blue illustrates the galactic nuclear region.

prominent broad Balmer lines or strong high-ionization lines as it has been recently discovered in the tidal disruption candidate SDSS J095209.56+214313.3 (Komossa et al. 2008). The post-outburst spectrum of SDSS J1323 showed no emission lines nor apparent variation since the spectrum performed before the disruption event. Due to the faintness of the source and the relatively short exposure time of the observation, a reliable flux calibration could not be achieved. However, this is not required for our aims as it has been confirmed that the source does not show at present any evident optical signature of the flaring event.

A new optical observation of NGC 3599 was performed in April 2008 with the IDS spectrograph on the 2.5 m Isaac Newton Telescope (INT) in La Palma. Given the strong underlying host galaxy absorption features, uncertainties in existing spectra are too large to assess small-amplitude variability of the emission lines. This observation was aimed to obtain for the first time a

high quality spectrum of the source. Three exposures of 1800 s of the object were performed using the R300V grating and then analysed following the same procedure outlined for the NOT observations. A $S/N \sim 90$ was achieved in the final spectrum. The linear fit applied between pixel number and wavelength for the selected spectral lines gave a calibration error less than 0.2 \AA . A set of 14 star exposures were observed and analysed in order to optimise the flux calibration process. Sensitivity functions of all standards were derived and combined into a unique solution using an iterative process that rejected those observations whose sensitivity behaviours deviated more than two percent from the mean calibration function. Gaussian profiles were fitted to the emission lines of the resulting nuclear spectrum of NGC 3599 after the starlight component subtraction (Fig. 5). The following ratios were obtained: $[\text{O III}] 5007 \text{ \AA}/\text{H}\beta = 3.38(\pm 0.91)$,

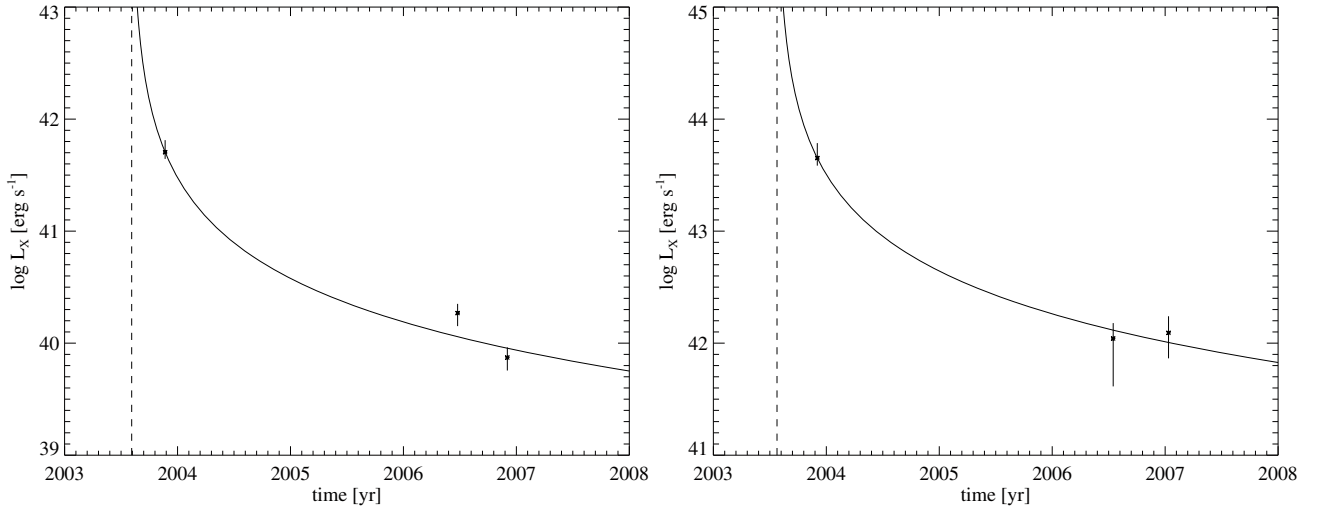


Fig. 6. X-ray light curve of NGC 3599 (*left panel*) and SDSS J132341.97+482701.3 (*right panel*). In each plot, data points (90% confident errors are included) correspond to XMM-slew, XMM-pointed and *Swift* observations *from left to right*. Solid lines are the fitted curves predicted for the fallback stage and follow Eqs. (3) and (4) respectively for both sources. Dashed lines show the disruption time (t_{disr}) as returned by the fitting.

[N II] $6584 \text{ \AA}/H\alpha = 0.99(\pm 0.07)$, [S II] $6717+6734 \text{ \AA}/H\alpha = 0.31(\pm 0.05)$, [O I] $6300 \text{ \AA}/H\alpha = 0.11(\pm 0.03)$. The source is located in the transition region between Seyfert and LINERS (Kauffmann & Heckman 2004) and, presenting a $L_{H\alpha} = 10^{39} \text{ erg s}^{-1}$, can be considered as a low luminosity AGN (Ho et al. 1997).

5. X-ray light curves of the flare events

The X-ray flare begins when the most bound material returns to pericentre after completing one orbit. Assuming that the mass distribution of the debris is nearly uniformly distributed as derived from numerical simulations (Evans & Kochanek 1989; Ayal et al. 2000), the mass rate after one post-disruption orbit is

$$\dot{M} \approx \left(\frac{t - t_{\text{disr}}}{1 \text{ yr}} \right)^{-5/3} \quad (2)$$

where t_{disr} is the time at which the disruption process occurred.

Luminosities in the soft 0.2–2.0 keV energy band have been derived from all three X-ray source detections. Assuming that the debris evolution of our sources is represented by the fallback model of tidal disruption, data points in the light curve have been fitted with a $(t - t_{\text{disr}})^{-5/3}$ decline law. These fits give

$$L_X = 6.7(\pm 1.2) \times 10^{40} \left[\frac{t - 2003.59(\pm 0.05) \text{ yr}}{1 \text{ yr}} \right]^{-5/3} \text{ erg s}^{-1} \quad (3)$$

and

$$L_X = 8.1(\pm 2.9) \times 10^{42} \left[\frac{t - 2003.56(\pm 0.10) \text{ yr}}{1 \text{ yr}} \right]^{-5/3} \text{ erg s}^{-1} \quad (4)$$

for NGC 3599 and SDSS J1323 respectively. Figure 6 shows the evolution of the X-ray luminosity for both sources and corresponding fitted light curves according to the previous equations. Although for the slew detections the representative black body model ($kT = 0.07 \text{ keV}$) for tidal disruption events has been used for the luminosity calculation, error bars for these data points comprise the values obtained when allowing a range of models for the outburst spectra (black body with temperature within 0.04–0.1 keV and power-law with X-ray slopes of 2.9–3.5).

In order to estimate the total X-ray energy released during the event, the previous luminosities have to be integrated over the outburst duration via

$$\Delta E_X = \int_t^\infty L_X(t) dt. \quad (5)$$

The flare, that begins when the most bound material returns to the central black hole after completing one orbit, occurred between the disruption time previously calculated (see Eqs. (3) and (4)) and the slew detection. We will use the time of the slew observations as conservative assumption for the beginning of the flare (lower limit of the integral in Eq. (5)) in the following calculations. With this hypothesis, the total energy released during the entire event has been estimated for both objects. The associated total masses involved in the process have been derived by applying

$$\Delta M = \frac{\Delta E}{\epsilon c^2} \approx \frac{\Delta E_X}{\epsilon c^2} \quad (6)$$

where ϵ is the efficiency of converting mass to radiated energy (we used a value of $\epsilon = 0.1$). It has been assumed that the bolometric correction is not very significant, which is a fair approximation if the spectrum is well represented by a black body as we expect near outburst. Assuming a black body model at 70 eV at the corresponding redshift of our sources, the bolometric correction would imply less than a factor of two. These results are presented in Table 4 together with the black body radius of the emitting region (as derived in Li et al. 2002) expressed by

$$R_X = \left(\frac{f_c^4 L_X}{\pi \sigma T_{\text{bb}}^4} \right)^{1/2} \quad (7)$$

where $f_c \equiv T_{\text{bb}}/T_{\text{eff}}$ and has been set to $f_c = 3$ for our calculations. Although the luminosity behaviour is not well constrained in the vicinity of the flare onset, we can also perform our calculations assuming that the beginning of the flare occurs at a time after the $\Delta t \approx 0.021$ (Li et al. 2002, using a $10^6 M_\odot$ black hole and a solar-type star), after the disruption. In that case, the estimated parameters in Table 4 would increase by about an order of magnitude.

Table 4. Estimated properties of the disruption events. Column 1: source name. Column 2: energy released during the observed outburst. Column 3: accreted mass associated with the total event. Column 4: black body radius of the emitting region.

Source	ΔE_X (erg)	ΔM (M_\odot)	R_X (cm)
NGC 3599	$7.1(\pm 0.8) \times 10^{48}$	$4.0(\pm 0.4) \times 10^{-5}$	$7.3(\pm 2.7) \times 10^{11}$
SDSS J1323	$7.6(\pm 0.3) \times 10^{50}$	$4.2(\pm 0.2) \times 10^{-3}$	$6.8(\pm 3.4) \times 10^{12}$

Several scenarios can be argued in order to explain the low amount of accreted matter. First, it may imply that we have only seen a partial disruption event. Conversely, it can also be indicative of a strong encounter when the star deeply penetrates within the tidal radius leading to a tidal detonation event. In that latter case, the star would experience a strong pre-disruption compression triggering thermonuclear reactions and being followed by the explosion of the star (e.g. Carter & Luminet 1982). Therefore, only a small fraction of the debris would be actually accreted and the rest of the material being expelled (Brassart & Luminet 2008). The tidal radius (for a Sun-like star) as given by Eq. (1) and the Schwarzschild radius are

$$R_T \sim 7 \times 10^{12} \left(\frac{M_{\text{BH}}}{10^6 M_\odot} \right)^{1/3} \text{ cm}, r_S \sim 3 \times 10^{11} \left(\frac{M_{\text{BH}}}{10^6 M_\odot} \right) \text{ cm}. \quad (8)$$

The possibility of a strong encounter would be reinforced, especially for NGC 3599, as the derived radius of the emitting region lies inside the tidal radius for a $10^6 M_\odot$ black hole. Nevertheless, further interpretation is out of scope as these values are simple order of magnitude estimates.

It is demonstrated that X-ray and optical luminosities of early-type galaxies present a tight correlation (O’Sullivan et al. 2001). Studies on NGC 5905, a previous case of tidal disruption, showed that the optical luminosity of the source did not experience any significant variation due to the flaring event (Komossa & Bade 1999). We will assume that this is also applicable for our sources and we will use pre-outburst photometric data for our calculations (no relevant low-state information is available for comparison). *B* band magnitudes were obtained from the NED database (for SDSS J1323 conversion factors have been applied to the Gunn magnitudes to derive the magnitude in the *B* Johnson filter). At the time of the *Swift* observation we derive ratios ($\log L_X/L_B$) = 30 and 32 (with L_B in units of solar luminosity) for NGC 3599 and SDSS J1323 respectively. These values are beyond the observed limiting value for early-type galaxies and, therefore, we can argue that the X-ray emission of the sources is most likely related to the flare event.

An alternative estimation to characterise the nature of the low state emission of our sources can be reported by using the correlation of [OIII] and hard X-ray luminosities ($L_{2-10 \text{ keV}}$ vs. $L_{[\text{OIII}]}$) of Seyferts and LLAGN. $L_{[\text{OIII}]}$ luminosities have been used to predict the expected hard X-ray luminosities following Eq. (1) in the recent estimation of Netzer et al. (2006) from their X-ray selected sample of sources. These values have been then compared with the X-ray luminosities in the 2–10 keV energy band obtained by extrapolating the best fit power-law model in the *XMM-Newton* pointed observations. As can be seen from Fig. 4, sources are not very well modelled in this energy range and data points lie above the model, implying that our estimation falls below the real value of the luminosity. No significant change in spectral shape due to the flaring events is present in the optical data of both sources, indicating that we could use either the pre- or post-outburst value of the [OIII] emission. For

our calculation we used the [OIII] value from the highest resolution available spectra for both sources, i.e. the most recent optical observation of NGC 3599 and the pre-outburst observation for SDSS J1323. For NGC 3599, the estimated 2–10 keV X-ray luminosity through the [OIII] correlation is $6 \times 10^{38} \text{ erg s}^{-1}$. This value is consistent (within the errors) with the $1.5 \times 10^{39} \text{ erg s}^{-1}$ luminosity returned by the spectral fit from Sect. 4.1.1. Although we can not constrain with this argument that the low-state X-ray emission is not AGN related, it is worth mentioning that the equation used for predicting the X-ray luminosity was derived for luminosities down to $L_{2-10 \text{ keV}} = 10^{41} \text{ erg s}^{-1}$. As NGC 3599 presents a luminosity two orders of magnitude lower, this can conflict with the validity of the formula for our calculation. The optical spectrum of SDSS 1323 does not present emission line features. A single gaussian fit has been performed to the position of the [OIII] emission line and a 3σ upper limit on the $L_{[\text{OIII}]}$ has been derived, with redshift and linewidth fixed to that determined from stellar absorption lines. In this case, the $L_{2-10 \text{ keV}} = 3.4 \times 10^{39} \text{ erg s}^{-1}$ obtained from the relationship in Netzer et al. (2006) is below the $4.3 \times 10^{40} \text{ erg s}^{-1}$ obtained from the spectral fit. As the low-state X-ray luminosity for SDSS 1323 is higher than that predicted from the [OIII] emission, we have an extra argument to confirm that the low-state emission is flare related, rather than coming from a permanent AGN.

6. Black hole mass estimates

Due to evidence for the existence of a massive black hole located at the centres of most galaxies, a number of empirical relationships have been derived relating the black hole mass and different characteristics of the corresponding host galaxies.

Among them is the $M_{\text{BH}} - \sigma$ relationship, that is the correlation between the black hole mass and the stellar velocity dispersion. Using the recent estimation from Ferrarese & Ford (2005)

$$M_{\text{BH}} = 1.66(\pm 0.24) \times 10^8 M_\odot \left(\frac{\sigma}{200 \text{ km s}^{-1}} \right)^{4.86(\pm 0.43)} \quad (9)$$

we derive a black hole mass for NGC 3599 of $1.3(\pm 0.6) \times 10^6 M_\odot$ using $\sigma = 73.2 \text{ km s}^{-1}$ (several velocity dispersion measurements exist for this galaxy and the median value provided by Hyperleda as been used in our calculation). For SDSS J1323 the mass is $2.2(\pm 0.9) \times 10^6 M_\odot$, with $\sigma = 80 \text{ km s}^{-1}$ as obtained from the analysis of the optical spectrum (see Sect. 3.2) (no other measurement is available for comparison).

Conversely, using the $M_{\text{BH}} - \sigma$ estimate from Lauer et al. (2007b)

$$M_{\text{BH}} = 1.95(\pm 1.17) \times 10^8 M_\odot \left(\frac{\sigma}{200 \text{ km s}^{-1}} \right)^{4.13(\pm 0.32)} \quad (10)$$

we obtain $3.1(\pm 1.0) \times 10^6 M_\odot$ and $5.0(\pm 1.4) \times 10^6 M_\odot$ for NGC 3599 and SDSS J1323 respectively.

Other estimation arises from the relationship between the black hole mass and the *V* absolute magnitude of the host galaxy. Using the correlation derived in Eq. (6) of Lauer et al. (2007a), black hole masses of $3.5(\pm 0.9) \times 10^7 M_\odot$ and $3.3(\pm 0.9) \times 10^7 M_\odot$ are obtained for NGC 3599 and SDSS J1323 respectively.

Black hole mass estimates from both $M_{\text{BH}} - \sigma$ and $M_{\text{BH}} - L_V$ approaches differ by one order of magnitude approximately, due to uncertainties in the measurements and scatter in the correlations. Nevertheless, results from both calculations lie within the mass range expected for objects experiencing a tidal disruption.

Using the black hole masses derived from the different approaches, the observed high-state luminosity results in a fraction of the Eddington luminosity. That factor is up to 2% for NGC 3599 and 17% for SDSS J1323 (using the smallest black hole mass estimation). Therefore, at the time of the slew observation the emission was sub-Eddington, especially for NGC 3599.

7. Tidal disruption rate from the slew survey

The identification of tidal disruption events discussed here was enabled by the existence of two large area sensitive X-ray surveys performed at different epochs. We can only attempt to calculate a first order estimate of the outburst rate as a number of assumptions have to be taken into account.

In order to determine the characteristic outburst flux limit to which our survey is complete, we first derived the nominal RASS flux by computing 2σ upper limit count rates of 5000 sources randomly distributed over the whole sky, as we assumed that the outbursting galaxies are isotropically distributed. These rates in the 0.1–2.4 keV energy band were converted to 0.2–2 keV unabsorbed fluxes through PIMMS assuming the typical spectral model expected near the peak of the tidal event, i.e. a black body model with temperature 0.07 keV modified by galactic absorption². The flux distribution is widely spread due to the different exposure times of the RASS observations and the different absorption column densities of the sources. In order to avoid high galactic absorption and confusing sources in the galactic plane, in the remaining calculation we will not consider the region with Galactic latitude $|b| < 20$ deg. From the flux histogram, we derived a median flux of 2.5×10^{-13} erg s⁻¹ cm⁻². We will adopt this number as the characteristic unabsorbed flux limit for the RASS, which is in fair agreement with the 3×10^{-13} erg s⁻¹ cm⁻² typically quoted (Brandt & Hasinger 2005). Therefore, if we consider as outbursting events those sources which varied by at least a factor of 20 with respect to the RASS, the characteristic flux to which our survey is complete is 5.08×10^{-12} erg s⁻¹ cm⁻². The on-axis flux limit in the soft band for slew observations applying the black body model is 4.33×10^{-13} erg s⁻¹ cm⁻² and raises to 4.33×10^{-12} erg s⁻¹ cm⁻² for the minimum exposure times, hence we reach the required sensitivity for completion derived from the RASS picture in the whole slew coverage. Tidal disruption events near maximum are expected to emit a luminosity up to 10^{44} – 10^{45} erg s⁻¹ depending on the black hole mass. Using an outburst luminosity of 10^{44} erg s⁻¹ (the median value for our two candidates) and the flux limit above calculated we derived that the completeness distance of our survey is 406 Mpc ($z = 0.089$) that, in terms of volume, corresponds to 2.8×10^8 Mpc³.

In order to derive the tidal disruption rate we will have to consider the time interval in which the flare, that starts when the most bound material returns to pericentre, is visible before the source has declined to non-detectability. To estimate this figure, we will assume that for nearby sources the galaxy luminosity peaks at 10^{44} erg s⁻¹, follows the $t^{-5/3}$ law and then declines to its quiescent value in three years after outburst. Whatever the morphological type, the luminosity of a normal galaxy lies in the range 10^{38} – 10^{42} erg s⁻¹ (Fabbiano 1989), so we presupposed a dormant luminosity of 10^{40} erg s⁻¹. The next step will be to simulate that curve including the redshift dependence by means of the flux decrease due to the geometric dilution factor, as the unabsorbed X-ray luminosity depends on the squared luminosity

² Galactic absorption for each source position was calculated using the N_{H} tool provided by PIMMS.

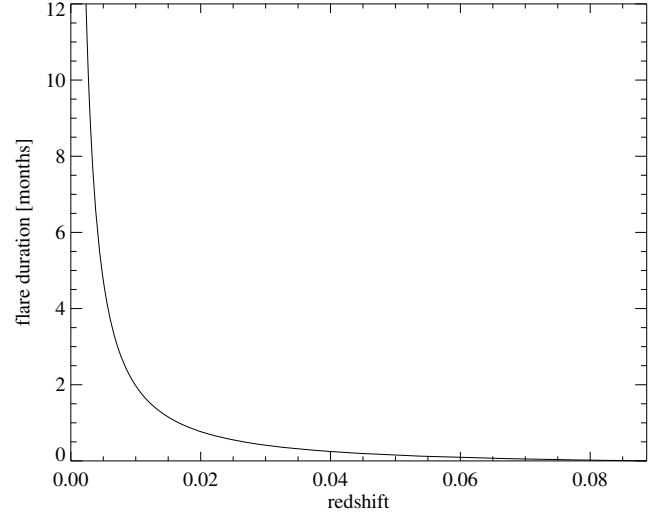


Fig. 7. Observable flare duration depending on redshift.

distance ($L_X = F_X 4\pi D_L^2$). With these hypotheses, all of them in fair agreement with theory, we derive that for sources up to redshift 0.0025 we will see the events at least for one year before declining below our limiting flux of 5.08×10^{-12} erg s⁻¹ cm⁻². The observable duration of the flare depending on redshift and estimated under these premises is presented in Fig. 7.

To obtain the number of events we detect per year per unit volume we will divide the number of tidal candidates by

$$\int_0^{R_{\text{max}}} A(r)t(r)dr \quad (11)$$

where $R_{\text{max}} = 406$ Mpc as derived before, $A(r)$ represents the area covered (including the 16.5% fraction of the sky surveyed by slew observations in the XMMSL1_Delta1³ with $|b| < 20$ deg), and $t(r)$ is the observable flare duration as observed in Fig. 7. As we detected two tidal disruption candidates, the outburst rate we obtain is 5.4×10^{-6} yr⁻¹ Mpc⁻³.

In order to estimate the rate of events per galaxy we need to take into account the total galaxy space density. Extensive work has been done in deriving luminosity functions of galaxies depending on their morphology, as different galaxy types require a distinct modelling using either Gaussian or Schechter functions. That topic is beyond the scope of the present paper and we will simply use the derived parameters from de Lapparent (2003) for our calculation. In the same way as in other attempts of calculating the tidal disruption rate, i.e. including all E, S0 and elliptical galaxies in the *B* band for the space density calculation, we derived a total space density of 2.3×10^{-2} Mpc⁻³. Therefore, the resulting tidal disruption rate is 2.3×10^{-4} galaxy⁻¹ yr⁻¹.

In order to validate our result, we have compared our tidal disruption rate with that derived from theoretical predictions. The tidal disruption rate as estimated in Wang & Merrit (2004) can be expressed by

$$\dot{N} \approx 7.1 \times 10^{-4} \text{ yr}^{-1} \left(\frac{\sigma}{70 \text{ km s}^{-1}} \right)^{7/2} \left(\frac{M_{\text{BH}}}{10^6 M_{\odot}} \right)^{-1} \times \left(\frac{m_{\star}}{M_{\odot}} \right)^{-1/3} \left(\frac{R_{\star}}{R_{\odot}} \right)^{-1/4} \quad (12)$$

σ being the velocity dispersion of the host galaxy, and m_{\star} and R_{\star} the corresponding mass and radius of the disrupted star. This

³ <http://xmm.esac.esa.int/external>

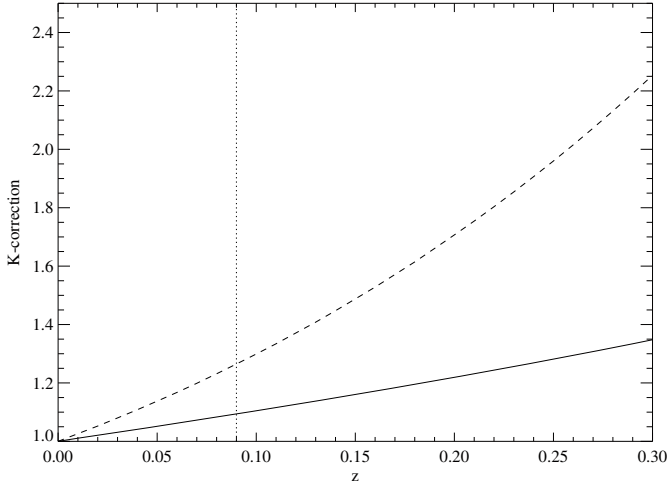


Fig. 8. *K*-correction. Solid line: *XMM-Newton* EPIC-pn. Dashed line: *ROSAT* PSPC. Dotted line: limiting redshift for completeness in our calculation.

equation was normalised to reproduce the tidal disruption rate for $\sigma = 70 \text{ km s}^{-1}$ and a $10^6 M_{\odot}$ black hole. The dependence on the stellar mass and radius is weak as the tidal disruption rate is expected to be dominated by subsolar stars (which fulfill the relation $R_{\star}/R_{\odot} \approx m_{\star}/M_{\odot}$). We will assume solar mass and radius for simplicity. Merging Eqs. (9) and (12), the unique dependence of the tidal rate on the black hole mass becomes explicit. Considering a $10^6 M_{\odot}$ black hole, the consumption rate is $7.0 \times 10^{-4} \text{ galaxy}^{-1} \text{ yr}^{-1}$. Note that Eq. (12) only provides a good parameterisation for power-law galaxies with $\Gamma > 0.9$, overestimating the tidal disruption rate by up to an order of magnitude for galaxies with shallower power-law and core brightness profiles. Although a number of simplifications have been included in our estimations, our predicted tidal disruption rate as derived from the observations agrees with that from the theoretical approach.

For completeness, although not very important as we are dealing with nearby objects, we have estimated the dimming effect on the flux determination due to the redshifted energy band, i.e. the *K*-correction, that in our case can be expressed by

$$K_{0.2-2.0 \text{ keV}} = \frac{\int_{0.2}^{2.0} f_{\nu} d\nu}{\int_{0.2(1+z)}^{2.0(1+z)} f_{\nu} d\nu} \quad (13)$$

where f_{ν} is the unabsorbed spectral flux density. X-ray spectra have been simulated in XSPEC to derive that bandpass correction for a redshifted black body model (zblackbody) at $kT = 70 \text{ eV}$ using both EPIC-pn and *ROSAT* response files. The galactic absorption has been taken as $N_{\text{H}} = 4.03 \times 10^{20} \text{ cm}^{-2}$, which is the median value for the random positions in the sky calculated at the beginning of this section. This effect, that is significantly smaller than the geometric dilution factor, produces a decrease up to 10% for the *XMM* and 27% for the *ROSAT* fluxes at our redshift limit (Fig. 8).

We have performed our calculations presupposing that intrinsic absorption does not prevent the detection of the flaring events. As discussed in Sembay & West (1993), this effect can be included by estimating the rate of non edge-on spiral galaxies in our sample. Due to the large uncertainty existent in the derivation of that number, the former calculation did not include this argument. As a rough approximation, assuming a fraction of 60% for objects in which intrinsic absorption does not play

an important role (Donley et al. 2002), the tidal disruption rate would increase up to $3.9 \times 10^{-4} \text{ yr}^{-1} \text{ Mpc}^{-3}$.

8. Summary and conclusions

We have presented X-ray and optical follow-up observations of two tidal disruption candidates detected by *XMM-Newton* during slew observations.

The softness of our sources near outburst confirms that tidal disruption events are certainly very soft. Both NGC 3599 and SDSS J1323 were not detected in the hard 2–12 KeV slew energy band close to the peak of the outburst. As all previous X-ray candidates were detected with *ROSAT*, the spectral softness near outburst could have been biased due to selection effects. However, this is unlikely because they were very soft even within the *ROSAT* 0.1–2.4 keV spectral coverage.

Although tidal disruption phenomenon is the most plausible scenario in order to describe the events here discussed, extreme variability of a possible ultraluminous X-ray source (ULX) located within NGC 3599 can not be safely excluded with the present data due to the relatively low luminosity of the source near outburst. Nevertheless, a ULX interpretation appears to be a priori improbable as this class of objects are characterised by X-ray luminosities in the range 10^{39} – $10^{40} \text{ erg s}^{-1}$, flux variability factors of 2–3 and a power-law spectral shape with X-ray photon index between 1.6 and 1.8 (Colbert & Ptak 2002).

XMM-Newton and *Swift* observations of the two tidal disruption candidates described in this paper have been performed in order to monitor the evolution of the objects. These are the nearest hard (>2 keV) X-ray follow-up observations to an X-ray high state detection ever performed. We can now assess the existence of hard X-ray photons within three years after the observed high state, although a spectral hardening can not be quantified as this is highly dependent of the spectrum assumed near outburst. Prior to this work, a single reliable hard band modelling of the phenomena was only achieved ten years after the maximum (Komossa et al. 2004). No absorption excess to the Galactic value is required in order to fit the spectra from the present data, although there is some evidence for an edge in the SDSS J1323 spectrum. With power-law slopes of $\Gamma_{\text{X}} = 3$ and 3.5, the spectra are still very soft compared with normal AGN. We tentatively interpret the hard emission as coming from an accretion disk although in the case of NGC 3599 emission from the galaxy itself cannot be excluded.

The X-ray flux is seen to decrease between the *XMM-Newton*-slew and *Swift* follow-up observations by factors of 30 and 40 respectively for NGC 3599 and SDSS J1323. The light curves plausibly follow the expected $t^{-5/3}$ curve. Post-flare optical spectra of both sources did not reveal any dramatic emission-line response due to the flaring event.

After detailed optical spectroscopic analysis, NGC 3599 turned out to be misclassified as a inactive galaxy and appears to harbor a dwarf active nucleus. This fact is not unexpected considering that the majority of the nearby galaxies host weakly active AGN-like cores (Ho et al. 2001). This interpretation was also inferred for the previous tidal disruption candidate NGC 5905 due to the detection of faint *HST*-based post-flare high ionization lines (Gezari et al. 2003). Nevertheless, given that there is no *HST* spectrum of NGC 5905 prior to the outburst, the emission lines detected in this source could also have been excited by the flare itself as seen in a very recent candidate (Komossa et al. 2008).

The tidal disruption rate as derived from slew observations is $2.3 \times 10^{-4} \text{ galaxy}^{-1} \text{ yr}^{-1}$, which agrees with previous theoretical

estimations, and further endorses the view that these X-ray flares are the result of the tidal disruption by a SMBH.

The detection of these phenomena represents a unique tool to unveil the dormant black hole population at the centres of the flaring galaxies. A complete census of the relic SMBHs is fundamental to constrain the accretion history of the Universe. It has been suggested that tidal disruption events could fuel the majority of low luminosity AGN (LLAGN) and perhaps significantly contribute to their luminosity function (Milosavljević et al. 2006). More flare events are expected to emerge in the near future based on the data collected during *XMM-Newton* slew observations besides future X-ray surveys like that planned with eROSITA.

Acknowledgements. We would like to thank Nelson Caldwell for providing the optical data used in Sect. 3.1. The *XMM-Newton* project is an ESA Science Mission with instruments and contributions directly funded by ESA Member States and the USA (NASA). The *XMM-Newton* project is supported by the Bundesministerium für Wirtschaft und Technologie/Deutsches Zentrum für Luft- und Raumfahrt and the Max-Planck Society. Part of this work is based on observations made with the NOT and INT Telescopes under the Spanish Instituto de Astrofísica de Canarias CAT Service Time. Data presented here have been taken using ALFOSC, which is owned by the Instituto de Astrofísica de Andalucía (IAA) and operated at the Nordic Optical Telescope under agreement between IAA and the NBIfAFG of the Astronomical Observatory of Copenhagen. The INT is operated on the island of La Palma by the Isaac Newton Group in the Spanish Observatorio del Roque de los Muchachos of the Instituto de Astrofísica de Canarias. PE acknowledges support from the International Max Planck Research School on Astrophysics, the European Commission under a Marie Curie Host Fellowship for Early Stage Researchers Training, SPARTAN (Marie Curie Actions, contract number MEST-CT-2004-007512) and the Faculty of the European Space Astronomy Centre (ESAC), and AMR the funding support of PPARC/STFC.

References

- Ayal, S., Livio, M., & Piran, T. 2000, *ApJ*, 545, 772
 Bade, N., Komossa, S., & Dahlem, M. 1996, *A&A*, 309, L35
 Brandt, W. N., & Hasinger, G. 2005, *ARA&A*, 43, 827
 Brassart, M., & Luminet, J. P. 2008, *A&A*, 481, 259
 Bruzual, G., & Charlot, S. 2003, *MNRAS*, 344, 1000
 Caldwell, N., Rose, J. A., & Concannon, K. D. 2003, *ApJ*, 125, 2891
 Carter, B., & Luminet, J. P. 1982, *Nature*, 296, 211
 Colbert, E. J. M., & Ptak, A. F. 2002, *ApJS*, 143, 25
 de Lapparent, V. 2003, *A&A*, 408, 845
 Denicoló, G., Terlevich, R., Terlevich, E., et al. 2005, *MNRAS*, 356, 1440
 Dickey, J. M., & Lockman, F. J. 1990, *ARA&A*, 28, 215
 Donley, J. L., Brandt, W. N., Eracleous, M., & Boller, T. 2002, *ApJ*, 124, 1308
 Esquej, P., Saxton, R. D., Freyberg, M. J., et al. 2007, *A&A*, 462, L49
 Evans, C. R., & Kochanek, C. S. 1989, *ApJ*, 346, L13
 Evans, P. A., Beardmore, A. P., Page, K. L., et al. 2007, *A&A*, 469, 379
 Fabbiano, G. 1989, *ARA&A*, 27, 87
 Ferrarese, L., & Ford, H. 2005, *A&A*, 116, 523
 Gehrels, N., Chincarini, G., Giommi, P., et al. 2004, *ApJ*, 611, 1005
 Gezari, S., Halpern, J. P., Komossa, S., et al. 2003, *ApJ*, 592, 42
 Gezari, S., Basa, S., Martín, D. C., et al. 2008, *ApJ*, 676, 944
 González-Martín, O., Masegosa, J., Márquez, I., Guerrero, M. A., & Dultzin-Hacyan, D. 2006, *A&A*, 460, 45
 Grupe, D., Thomas, H.-C., & Leighly, K. M. 1999, *A&A*, 350, L31
 Halpern, J. P., Gezari, S., & Komossa, S. 2004, *ApJ*, 604, 572
 Heckman, T. M. 1980, *A&A*, 87, 152
 Ho, L. C. 2008, *ArXiv e-prints*, 803
 Ho, L. C., Filippenko, A. V., & Sargent, W. L. 1997, *ApJS*, 112, 315
 Ho, L. C., Feigelson, E. D., Townsley, L. K., et al. 2001, *ApJ*, 549, L51
 Jansen, F., Lumb, D., Altieri, B., et al. 2001, *A&A*, 365, L1
 Kauffmann, G., & Heckman, T. M. 2004, *A&A*, 405, 5
 Komossa, S. 2002, *Rev. Mod. Astron.*, 15, 27
 Komossa, S., & Bade, N. 1999, *A&A*, 343, 775
 Komossa, S., & Greiner, J. 1999, *A&A*, 349, L45
 Komossa, S., Halpern, J., Schartel, N., et al. 2004, *ApJ*, 603, L17
 Komossa, S., Zhou, H., Wang, T., et al. 2008, *ApJ*, 678, L13
 Kormendy, J., & Richstone, D. O. 1995, *ARA&A*, 33, 581
 Lauer, T. R., Ajhar, E. A., Byun, Y.-I., et al. 1995, *AJ*, 110, 2622
 Lauer, T. R., Faber, S. M., Richstone, D., et al. 2007a, *ApJ*, 662, 808
 Lauer, T. R., Gebhardt, K., Faber, S. M., et al. 2007b, *ApJ*, 664, 226
 Li, L.-X., Narayan, R., & Menou, K. 2002, *ApJ*, 576, 753
 Lidskii, V. V., & Ozernoi, L. M. 1979, *Sov. Astron. Lett.*, 5, 16
 Lu, H., Zhou, H., Wang, J., et al. 2006, *AJ*, 131, 790
 Magorrian, J., Tremaine, S., Richstone, D., et al. 1998, *AJ*, 115, 22852305
 Milosavljević, M., Merrit, D., & Ho, L. C. 2006, *ApJ*, 652, 120
 Netzer, A., Maimieri, V., Rosati, P., & Trakhtenbrot, R. 2006, *A&A*, 453, 525
 O'Sullivan, E., Sorbes, D. A., & Ponman, T. J. 2001, *MNRAS*, 328, 461
 Read, A. M., Saxton, R. D., Torres, M. A. P., et al. 2008, *A&A*, 482, L1
 Rees, M. J. 1988, *Nature*, 333, 523
 Renzini, A., Greggio, L., di SeregoAlighieri, S., et al. 1995, *Nature*, 378, 39
 Robinson, T., Tadhunter, C., Axon, D., & Robinson, A. 2000, *MNRAS*, 317, 922
 Rodríguez Zaurín, J., Tadhunter, C. N., & González Delgado, R. M. 2007, *MNRAS*, 384, 875
 Salpeter, E. E. 1955, *ApJ*, 121, 161
 Saxton, R. D., Read, A. M., Esquej, P., et al. 2008, *A&A*, 480, 611
 Sembay, S., & West, R. G. 1993, *MNRAS*, 262, 141
 Stern, D., van Dokkum, P. G., Nugent, P., et al. 2004, *ApJ*, 612, 690
 Syer, D., & Ulmer, A. 1999, *MNRAS*, 306, 35
 Ulmer, A. 1999, *ApJ*, 514, 180
 Voges, W., Aschenbach, B., Boller, T., et al. 1999, *A&A*, 349, 389
 Wang, J., & Merrit, D. 2004, *ApJ*, 600, 149