

Expanded Multivariable Models to Assist Patient Selection for Long-Acting Cabotegravir + Rilpivirine Treatment: Clinical Utility of a Combination of Patient, Drug Concentration, and Viral Factors Associated With Virologic Failure

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Background. Previously reported post hoc multivariable analyses exploring predictors of confirmed virologic failure (CVF) with cabotegravir + rilpivirine long-acting (CAB + RPV LA) were expanded to include data beyond week 48, additional covariates, and additional participants.

Methods. Pooled data from 1651 participants were used to explore dosing regimen (every 4 or every 8 weeks), demographic, viral, and pharmacokinetic covariates as potential predictors of CVF. Prior dosing regimen experience was accounted for using 2 populations. Two models were conducted in each population—baseline factor analyses exploring factors known at baseline and multivariable analyses exploring baseline factors plus postbaseline model-predicted CAB/RPV trough concentrations (4 and 44 weeks postinjection). Retained factors were evaluated to understand their contribution to CVF (alone or in combination).

Results. Overall, 1.4% (n = 23/1651) of participants had CVF through 152 weeks. The presence of RPV resistance-associated mutations, human immunodeficiency virus-1 subtype A6/A1, and body mass index \geq 30 kg/m² were associated with an increased risk of CVF (*P* < .05 adjusted incidence rate ratio), with participants with \geq 2 of these baseline factors having a higher risk of CVF. Lower model-predicted CAB/RPV troughs were additional factors retained for multivariable analyses.

Conclusions. The presence of ≥ 2 baseline factors (RPV resistance-associated mutations, A6/A1 subtype, and/or body mass index $\geq 30 \text{ kg/m}^2$) was associated with increased CVF risk, consistent with prior analyses. Inclusion of initial model-predicted CAB/RPV trough concentrations (\leq first quartile) did not improve the prediction of CVF beyond the presence of a combination of ≥ 2 baseline factors, reinforcing the clinical utility of the baseline factors in the appropriate use of CAB + RPV LA.

Keywords. long-acting antiretroviral therapy; cabotegravir; rilpivirine; virologic response; multivariable analysis.

Cabotegravir (CAB), an integrase strand transfer inhibitor (INSTI), plus rilpivirine (RPV), a nonnucleoside reverse transcriptase inhibitor (NNRTI), is the first complete long-acting (LA), injectable antiretroviral therapy (ART) regimen

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approved and recommended by treatment guidelines [1, 2]. CAB + RPV LA is administered intramuscularly monthly or every 2 months by a healthcare professional for the maintenance of human immunodeficiency virus-1 (HIV-1) virologic suppression.

CAB + RPV LA demonstrated noninferior efficacy and was well tolerated across phase 3/3b trials (FLAIR; ATLAS; ATLAS-2M) [3–10]. Confirmed virologic failure (CVF; 2 consecutive plasma HIV-1 RNA measurements \geq 200 copies/mL) occurred in ~1% (n = 19/1651) of participants in phase 3/3b clinical trials through week 48 of CAB + RPV therapy, with only 4 additional cases after week 48 [3–10]. Successful implementation and high rates of virologic suppression were also demonstrated in clinic-based implementation studies (CARISEL and CUSTOMIZE) [11–14]. Notably, CVF rates in these studies were numerically lower [11, 12, 15].

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In FLAIR and ATLAS, 5/6 participants with CVF on LA therapy through week 48 were from Russia, had their HIV-1 subtype previously reported as A or A1, and had the integrase polymorphism L74I detected at baseline [16]. Further investigation based on the updated Los Alamos National Laboratory library [17] highlighted the prevalence of L74I and identified these viruses as A6 [18, 19]. L74I is a natural polymorphism present at low rates in different subtypes, except for A6, in which it is very common [18, 19]. Although detected on rare occasions in laboratory or clinical isolates exposed to integrase inhibitors, including CAB [20–22], L74I is not clearly associated with resistance and alone does not impact INSTI susceptibility [23].

A post hoc multivariable analysis (MVA) using pooled data from participants on CAB + RPV LA in FLAIR, ATLAS, and ATLAS-2M explored drug, viral, and participant factors potentially predictive of virologic failure through week 48 [24]. Preexisting RPV resistance-associated mutations (RAMs), HIV-1 subtype A6/A1, higher body mass index (BMI), and lower week 8 RPV trough concentrations (4 weeks after first injection) were significantly (P < .05) associated with increased odds of CVF. An additional analysis found CVF to be a multifactorial event whereby the presence of \geq 2 baseline factors (RPV RAMs, HIV-1 subtype A6/A1, and/or BMI \geq 30 kg/m²) was associated with increased odds of CVF [24]. Consideration of these baseline factors can guide clinicians in patient selection and minimize CVF risk.

Since the original analysis, data beyond week 48 are available, including a population with different lengths of exposure, participants who switched from every 4 weeks (Q4W) to every 8 weeks (Q8W) dosing, as well as additional participants who switched to CAB + RPV LA during the extension phases of the studies. We now report expanded analyses exploring predictors of CVF beyond the first year of CAB + RPV LA in these studies based on data from the most recent reporting period for each study, including additional factors and participants.

METHODS

Study Population

Data from participants who received CAB + RPV LA dosed Q4W and/or Q8W in FLAIR, ATLAS, or ATLAS-2M were pooled in post hoc analyses. Data cutoffs were through week 124 for FLAIR, week 96 for ATLAS, and week 152 for ATLAS-2M [4, 7, 10]. This analysis includes participants initially randomized to CAB + RPV LA and participants who switched to CAB + RPV LA during extension phases of the studies.

FLAIR, ATLAS, and ATLAS-2M are randomized, multicenter, parallel-group, open-label, phase 3/3b studies. FLAIR and ATLAS evaluated CAB + RPV LA dosed Q4W versus continuing daily oral therapy and ATLAS-2M evaluated CAB + RPV LA dosed Q8W versus Q4W. The full study designs and eligibility criteria have been published elsewhere [5, 8, 9]. Participants were \geq 18 years of age and virologically suppressed (plasma HIV-1 RNA <50 copies/mL) at randomization. Historical genotypic evidence of any major INSTI or NNRTI RAMs, excluding K103N in plasma, was exclusionary per the 2015 (FLAIR and ATLAS) and 2019 (ATLAS-2M) International Antiviral Society-USA (IAS-USA) guidelines (Supplementary Table 1) [25, 26]. Both FLAIR and ATLAS had an extension phase in which participants randomized to the daily oral therapy comparator arm could switch to CAB + RPV LA Q4W or, for ATLAS only, could transition to either Q4W or Q8W dosing in ATLAS-2M. Thus, in ATLAS-2M, approximately half of participants rolled over from the daily oral therapy or CAB + RPV LA Q4W arms of the ATLAS study. Baseline characteristics were broadly similar across the studies [5, 8, 9].

All studies were conducted in accordance with the Declaration of Helsinki [27]. All participants provided written informed consent, and the study protocols were approved by an investigational review board.

Factors Explored for Association With Virologic Failure

Sex at birth, baseline BMI (continuous, linear term), HIV-1 subtype A6/A1, L74I polymorphism (including L74/L/I, but not any L74I mixtures containing M), CAB RAMs, other INSTI (non-CAB-specific) RAMs, RPV RAMs, other (non-RPV-specific) NNRTI RAMs, and Q4W or Q8W dosing regimen were explored as potential predictors of CVF in base-line factor analyses (BFAs).

Additional MVAs evaluated the same covariates but also included the postbaseline factors: population pharmacokinetic (PK) model-predicted CAB and RPV trough plasma concentrations [28, 29]. Time points for model-predicted plasma concentrations were after first injections (week 4 postinjection) and at week 44 postinjection (at the end of 6 Q8W injections or 11 Q4W injections). For participants who withdrew before week 44 postinjection, week 44 values were predicted based on available time points.

Factors identified as significant predictors in the final selected models were also used to evaluate CVF risk when present alone or in combination in the overall population. Results were further evaluated by geographical region (North America, Europe, and "other" regions) and by country.

Full details of the methodology of genotypic and phenotypic analyses have been published (Supplementary page 1) [24]. IAS-USA 2019 HIV-1 drug resistance mutation guidelines were used to identify RAMs (Supplementary Table 2) [25].

Statistical Analysis

To explore potential factors associated with CVF, comprehensive statistical modeling was performed with and without PK covariates: these are referred to as MVAs (including PK covariates) and BFAs (no PK covariates). Kaplan–Meier curves of time to CVF were produced to summarize CVF according to dosing regimen.

In addition to calculating the unadjusted CVF incidence rate per 100 participant-years, multivariable Poisson modeling with backwards variable elimination was used to account for the complexities of the expanded analysis population (Supplementary Figure 1). Dosing regimen experience was accounted for using 2 distinct populations: "single-regimen" analyses and "all-regimen" analyses, with an MVA and BFA in each population. The single-regimen population comprised all intention-to-treat exposed participants who received only 1 regimen-either Q4W or Q8W. For the MVA and BFA in this population, a zero-inflated Poisson model was used. The allregimens model comprised all intention-to-treat exposed participants. In this analysis, participants who received both Q4W and Q8W regimens were included twice in the model, once for each regimen, contributing twice to the complete records count and only once to individual participant count. For the MVA and BFA in this population, a repeated measures quasi-Poisson model, including a sandwich covariance estimator, was used. Model-predicted troughs after 44 weeks of injections were not included in the all-regimens MVA model because of the complexity of the repeated data structure for participants receiving multiple regimens.

A conventional backwards elimination variable selection algorithm was used in the models. Covariates were deemed to be statistically significant at a level of P < .05. Using significant predictors in the final selected models, the risk of CVF was then examined in the overall population to understand their contribution to CVF (when present alone or in combination). Positive predictive value (PPV), negative predictive value (NPV), sensitivity, and specificity were calculated for each BFA outcome, along with subsets of MVA model variables, to ascertain which combination of factors is optimal in predicting CVF. The primary outcome of interest was the occurrence of CVF. The incidence of model-selected factors in participants with HIV-1 RNA <50 copies/mL (per the Food and Drug Administration Snapshot algorithm) was also summarized. The time points for HIV-1 RNA <50 copies/mL Snapshot analyses were week 124 for FLAIR, week 48 for ATLAS (no Snapshot analysis performed at week 96 [4]), and week 152 for ATLAS-2M.

RESULTS

Participants

Across 3 studies, 1651 unique participants were included, 23/1651 (1.4%) of whom had CVF. The number of unique participants with complete records for the covariates in each analysis is shown in Figure 1.

Time to CVF by Regimen

The overall unadjusted incidence rate (95% confidence interval [CI]) of CVF per 100 person-years was 0.54 (0.34–0.80). The unadjusted incidence rate (95% CI) by dosing regimen was 0.42 (0.21–0.75) for Q4W dosing, 0.85 (0.37–1.68) for Q8W dosing, and 0.54 (0.15–1.40) for participants who switched from Q4W to Q8W (Supplementary Table 3). Figure 2 shows time to CVF for the 3 regimen groups; CVF occurred infrequently, with time to CVF similar by regimen. Overall, median (interquartile range) time to suspected virologic failure (first of 2 consecutive measurements of HIV-1 RNA \geq 200 copies/mL) was 24.9 (16.9–49.3) weeks.

Predictors of Virologic Failure

Multivariable and Baseline Analyses

Tables 1 and 2 show the results of the MVAs and BFAs for the single-regimen and all-regimens populations. Supplementary



Figure 1. Data collation. BFA, baseline factor analysis; BMI, body mass index; CAB, cabotegravir; MVA, multivariable analysis; PK, pharmacokinetics; Q4W, every 4 weeks; Q8W, every 8 weeks; RAM, resistance-associated mutation; RPV, rilpivirine.



Figure 2. Time to CVF by regimen. Confidence intervals around point estimates are shown for each of the 3 groups. CVF, confirmed virologic failure; Q4W, every 4 weeks; Q8W, every 8 weeks.

Table 1.	Baseline Factor	Analyses	of CVF ^a	(Single-	and All	-Regimens	Models)
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	Single-F Adjusted Incidence Rate n = 1	Regimen Ratio (95% CI) [<i>P</i> Value], 1363	All-Regimens Adjusted Incidence Rate Ratio (95% CI) [<i>P</i> Value], n = 1431 ^b		
Covariate	Full Model	Final Model	Full Model	Final Model	
RPV RAMs: yes/no	16.9 (3.74–76.1) [.0002]	21.7 (5.80–80.8) [<.0001]	11.3 (4.83–26.5) [<.0001]	10.4 (3.88–27.9) [<.0001]	
HIV-1 subtype A6/A1: yes/no	24.5 (3.47–173) [.0013]	12.9 (4.42–37.5) [<.0001]	9.17 (0.984–85.3) [.0516]	9.15 (3.79–22.1) [<.0001]	
Baseline BMI: kg/m ²	1.09 (0.994–1.19) [.0671]	1.09 (1.00–1.19) [.0447]	1.09 (1.01–1.17) [.0205]	1.10 (1.02–1.18) [.0145]	
Regimen: Q8W/Q4W	1.89 (0.536–6.67) [.3221]	d	1.90 (0.756–4.79) [.1719]	d	
Integrase L74I: ^c yes/no	0.480 (0.068–3.40) [.4629]	d	1.23 (0.117–12.9) [.8642]	d	
Sex at birth: female/male	0.796 (0.222–2.85) [.7254]	d	0.827 (0.329–2.08) [.6858]	d	
Other NNRTI RAMs: yes/no	1.87 (0.465–7.51) [.3787]	d	2.65 (1.12–6.31) [.0273]	2.78 (1.15–6.76) [.0237]	
CAB RAMs: yes/no	2.01 (0.115–35.0) [.6332]	d	1.66 (0.28–9.79) [.5742]	d	
Other INSTI RAMs: yes/no	0 [.9998]	d	0.401 (0.022–7.28) [.5368]	d	

Abbreviations: BMI, body mass index; CAB, cabotegravir; CI, confidence interval; CVF, confirmed virologic failure; IAS-USA, International Antiviral Society-USA; INSTI, integrase strand transfer inhibitor; LA, long-acting; NNRTI, nonnucleoside reverse transcriptase inhibitor; Q4W, every 4 weeks; Q8W, every 8 weeks; RAM, resistance-associated mutation; RPV, rilpivirine. Bolded values represent statistically significant predictors (*P* < .05).

^aThrough week 124 for FLAIR, week 96 for ATLAS, and week 152 for ATLAS-2M.

^bParticipants who received both Q4W and Q8W CAB + RPV LA were included twice in the model, once for each regimen. A total of 1600 complete records was included

^cL74I (including L74/L/I, but not any L74I mixtures containing M).

^dCovariates eliminated from the selected models. RAMs were determined per 2019 IAS-USA guidelines [25].

Figure 2 shows CVF outcome in relation to the individual covariates included in the models. Of the 199 participants with HIV-1 subtype A6/A1, 11/180 (6%) with subtype A6 had CVF and 2/19 (11%) with subtype A1 had CVF.

The BFAs included 1363 and 1431 unique participants with complete records in the single-regimen and all-regimens models, respectively. Three baseline factors were retained and significantly associated with increased risk of CVF in both models: RPV RAMs, HIV-1 subtype A6/A1, and higher BMI (Table 1). Additionally, the other NNRTI RAMs covariate

was retained and significantly associated with increased risk of CVF in the all-regimens model. All other factors were not significant in the final models (including Q8W dosing regimen and L74I).

The MVA single-regimen model included 1224 participants with complete records and included all baseline factors plus model-predicted plasma CAB and RPV troughs. Five factors were significantly associated with increased risk of CVF: RPV RAMs, HIV-1 subtype A6/A1 (associated with integrase L74I polymorphism [18, 19]), model-predicted CAB trough

Table 2. Multivariable Analyses of CVF^a (Single- and All-Regimens Models)

	Single-R Adjusted Incidence Rate n = 1	egimen Ratio (95% CI) [<i>P</i> Value], 224	All-Regimens Adjusted Incidence Rate Ratio (95% CI) [<i>P</i> Value], n = 1292 ^b		
Covariate	Full Model	Final Model	Full Model	Final Model	
RPV RAMs: yes/no	31.2 (7.54–129) [<.0001]	25.7 (7.17–92.2) [<.0001]	14.0 (4.85–40.7) [<.0001]	12.1 (4.66–31.2) [<.0001]	
HIV-1 subtype A6/A1: yes/no	19.5 (2.22–172) [.0074]	15.5 (4.69–50.9) [<.0001]	2.93 (0.461–18.7) [.2542]	е	
Baseline BMI: kg/m ²	1.02 (0.910–1.15) [.7151]	e	1.03 (0.947–1.13) [.4661]	e	
Regimen: Q8W/Q4W	1.84 (0.306–11.1) [.5050]	е	2.56 (0.97–6.80) [.0589]	2.39 (0.96–5.96) [.0612]	
Integrase L74I: ^c yes/no	0.630 (0.079–5.03) [.6631]	е	3.07 (0.482–19.6) [.2351]	5.96 (2.13–16.70) [.0007]	
Sex: female/male	1.05 (0.244–4.50) [.9489]	е	0.552 (0.186–1.64) [.2847]	е	
Other NNRTI RAMs: yes/no	3.11 (0.804–12.01) [.1001]	3.03 (0.93–9.93) [.0667]	2.36 (0.914–6.08) [.0762]	2.13 (0.87–5.17) [.0963]	
CAB RAMs: yes/no	3.00 (0.192–47.0) [.4330]	е	1.50 (0.248–9.11) [.6573]	e	
Other INSTI RAMs: yes/no	0 (0–0) [.9998]	e	0.320 (0.015-6.90) [.4668]	e	
Model-predicted log₂ week 44 CAB C _{trough} (μg/mL) ^d	7.65 (2.05–28.5) [.0025]	5.99 (1.94–18.5) [.0019]	NA ^f	NA ^f	
Model-predicted log ₂ week 44 RPV C _{trough} (ng/mL) ^d	1.37 (0.170–11.0 [.7684]	4.16 (1.04–16.7) [.0441]	NA ^f	NA ^f	
Model-predicted log₂ week 4 CAB C _{trough} (μg/mL) ^d	1.55 (0.57–4.22) [.3893]	2.20 (1.21–4.00) [.0100]	2.54 (1.18–5.48) [.0174]	2.68 (1.29–5.57) [.0081]	
Model-predicted log ₂ week 4 RPV C _{trough} (ng/mL) ^d	3.46 (0.62–19.4) [.1588]	e	1.72 (0.707–4.17) [.2326]	1.71 (0.78–3.74) [.1785]	

Abbreviations: BMI, body mass index; CAB, cabotegravir; CI, confidence interval; Ctrough, trough concentration; CVF, confirmed virologic failure; INSTI, integrase strand transfer inhibitor; LA, long-acting; MVA, multivariable analysis; NA, not applicable; NNRTI, nonnucleoside reverse transcriptase inhibitor; Q4W, every 4 weeks; Q8W, every 8 weeks; RAM, resistance-associated mutation; RPV, rilpivirine.

Bolded values represent statistically significant predictors (P < .05).

^aThrough week 152 for ATLAS-2M, week 124 for FLAIR, and week 96 for ATLAS.

^bParticipants who received both Q4W and Q8W CAB + RPV LA were included twice in the model, once for each regimen. A total of 1462 complete records was included.

^cL74I (including L74/L/I, but not any L74I mixtures containing M).

^dIncidence rate ratios correspond to a 1 log₂ unit decrease.

^eCovariates eliminated from the selected models.

¹Week 44 CAB and RPV trough concentrations were not included in the all-regimens MVA because of the complexity of the repeated data structure for participants receiving multiple regimens.

Table 3. Virologic Outcomes by the Presence of Key Baseline and Postbaseline Factors

Three Baseline Factors: RPV RAMs, Subtype A6/A1, ar	nd BMI ≥30 kg/m²		Two Baseline Factors + CAB and RPV PK. ^a RPV RAMs, Subtype A6/A1, Low Initial Model-Predicted CAB Trough, ^a and Low Initial Model-Predicted RPV Trough ^a			
Baseline Factors (Number)	Virologic Suppression, n (%) ^b	CVF, n (%) ^c	Factors (No.)	Virologic Suppression, n (%) ^b	CVF, n (%) ^c	
0	844/970 (87.0)	4/970 (0.4) ^d	0	584/664 (88.0)	0/664 (0) ^g	
1	343/404 (84.9)	8/404 (2.0) ^e	1	339/396 (85.6)	5/396 (1.3) ^h	
≥2	44/57 (77.2)	11/57 (19.3) ^f	≥2	190/232 (81.9)	17/232 (7.3)	
			≥3	28/39 (71.8)	8/39 (20.5) ⁱ	
TOTAL	1231/1431 (86.0)	23/1431 (1.6)	TOTAL	1113/1292 (86.1)	22/1292 (1.7)	
(95% CI)	(84.1–87.8)	(1.0–2.4) 18/1224 (1.47) ^j	(95% CI)	(84.1-88.0)	(1.1–2.6)	

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Abbreviations: BMI, body mass index; CAB, cabotegravir; CI, confidence interval; CVF, confirmed virologic failure; FDA, US Food and Drug Administration; NPV, negative predictive value; PK, pharmacokinetics; PPV, positive predictive value; RAM, resistance-associated mutation; RPV, rilpivirine.

^aBelow first quartile.

^bBased on the FDA Snapshot algorithm of HIV-1 RNA <50 copies/mL at week 48 for ATLAS, week 124 for FLAIR, and week 152 for ATLAS-2M.

^cDefined as 2 consecutive measurements of HIV-1 RNA ≥200 copies/mL.

^dPPV 0.4%; NPV 95.9%; sensitivity 17.4%; specificity 31.4%.

^ePPV 2.0%; NPV 98.5%; sensitivity 34.8%; specificity 71.9%.

^fPPV 19.3%; NPV 99.1%; sensitivity 47.8%; specificity 96.7%.

^gPPV 0%; NPV 96.5%; sensitivity 0%; specificity 47.7%.

^hPPV 1.3%; NPV 98.1%; sensitivity 22.7%; specificity 69.2%.

ⁱPPV 20.5%; NPV 98.9%; sensitivity 36.4%; specificity 97.6%.

^jAnalysis dataset for the multivariable modeling.

concentration 4 weeks following initial injection dose (early CAB plasma concentrations are inversely correlated with high BMI [29, 30]), and model-predicted CAB and RPV trough concentrations at week 44 postinjection (Table 2). The other NNRTI RAMs covariate was retained in the final selected model but did not reach statistical significance (P = .0667). Notably, in a sensitivity analysis in which only CAB trough concentrations were excluded, RPV troughs were retained.

In the all-regimens MVA model, which included 1292 unique participants with complete records, RPV RAMs, integrase L74I, and model-predicted CAB trough concentration 4 weeks after initial injection were statistically associated with increased risk of CVF. Dosing regimen, other NNRTI RAMs, and model-predicted RPV trough concentration 4 weeks following initial injection dose were retained in the final selected model but did not reach statistical significance (P = .0612, P = .0963, and P = .1785, respectively).

Risk of CVF According to Combinations of Baseline Factors

CVF risk according to combinations of the baseline factors identified as significant predictors in both BFAs (RPV RAMs, HIV-1 subtype A6/A1, and BMI \geq 30 kg/m²) were examined in 1431 participants with complete records for these factors.

CVF risk was higher in the presence of ≥ 2 baseline factors; 19.3% (n = 11/57) of participants in this category met the CVF criterion through 3 years on study (Table 3). Time to CVF by the presence of none, 1, or ≥ 2 baseline factors is shown in Supplementary Figure 3. Notably, the presence of ≥ 2 baseline factors occurred in 4.0% (n = 57/1431) of the overall population. The proportion of participants who had CVF with no factors (0.4%, n = 4/970) or any 1 factor (2.0%, n = 8/404) was similar to the overall population rate of 1.6% (n = 23/1431). CVF among participants with a sole baseline factor was driven by RPV RAMs (3.2%, n = 1/31 with CVF) and HIV-1 subtype A6/A1 (3.8%, 100)n = 6/157 with CVF); CVF occurred in 0.5% (n = 1/216) of participants with BMI \geq 30 kg/m² as their only baseline factor. The model sensitivity and specificity of having ≥ 2 contributing baseline factors was considered optimal given the 47.8% sensitivity and 96.7% specificity, with a PPV of 19.3% and an NPV of 99.1% (Supplementary Table 4). Supplementary Tables 5-7 show outcomes by regimen, region, and country. Overall, 11 participants with CVF were from Russia, all of whom had HIV-1 subtype A6/A1 (Supplementary Table 7A). Because the other NNRTI RAMs covariate was significant in 1 model, including this as a "fourth factor" was explored further. Inclusion of other NNRTI RAMs had minimal impact, identifying 1 additional participant with CVF, and did not improve the overall accuracy of the diagnostic measures. When outcomes were assessed by K103N specifically, CVF only occurred when preexisting RPV RAMs were also present (Supplementary Table 8).

Risk of CVF According to Combinations of Baseline and Postbaseline Factors

Virologic outcomes were summarized according to combinations of those factors found to be important predictors in the MVA to see how these findings could be applied clinically to assess CVF risk. Given the correlation between HIV-1 subtype A6/A1 and the integrase L74I polymorphism [18, 19], only HIV-1 subtype A6/A1 was included. Model-predicted first troughs were included versus troughs after 44 weeks of injections, given their proximity to baseline.

A total of 1292 participants with complete records were available for this analysis (Figure 1). Of participants with ≥ 3 baseline and postbaseline factors present (3% [n = 39/1292]), 20.5% (n = 8/39) had CVF with a 36.4% sensitivity and 97.6% specificity, and a PPV and NPV of 20.5% and 98.9%, respectively (Table 3 and Supplementary Table 4). As the number of factors decreased, so did the proportion of participants with CVF (≥ 2 factors, 7.3% [n = 17/232]; 1 factor, 1.3% [n = 5/396]; 0 factors, 0% [n = 0/664]). This same pattern was observed when including BMI ≥ 30 kg/m² as a fifth factor (≥ 2 factors, 5.7% [n = 18/318]; 1 factor, 1.0% [n = 4/391]; 0 factors, 0% [n = 0/583]). Among participants with initial CAB or RPV troughs \leq first quartile as their only factor, 0.6% (n = 1/160) and 0.7% (n = 1/137) had CVF, respectively; when both CAB and RPV troughs were \leq first quartile, this rate was 2.7% (n = 3/113).

Pharmacokinetics in Relation to Virologic Outcome

Of the 22 MVA participants who received CAB + RPV LA and had CVF, 18/22 (82%) had model-predicted CAB and/or RPV trough concentrations within the first quartile 4 weeks after initial injection, including 10/22 (45%) with concentrations for both drugs in the lower quartiles (Supplementary Figures 4A-D).

DISCUSSION

In this expanded analysis, CAB + RPV LA demonstrated high rates of virologic suppression, with CVF occurring in 1.4% of participants. Of note, numerically lower CVF rates have been reported (0%-0.5%) in the CARLOS, CARISEL, SOLAR, and CUSTOMIZE implementation studies [11, 12, 15, 31]. The presence of a combination of \geq 2 baseline factors (preexisting RPV RAMs, A6/A1 subtype, and/or BMI \geq 30 kg/m²) increased the risk of CVF, consistent with prior analyses exploring potential predictors of CVF within the first year of CAB + RPV LA [24].

The absolute difference in CVF incidence between the Q4W and Q8W regimens equates to ~1 extra participant with CVF on Q8W over 200 person-years. Consistent with the previous MVA and BFA [24], the Q8W regimen was not identified as a statistically significant predictor in any of the 4 models. This finding aligns with the noninferior efficacy of Q8W versus Q4W dosing demonstrated by the phase 3b ATLAS-2M study [6, 9, 10]. The presence of a combination of ≥ 2 of the significant baseline factors increased the proportion of participants with CVF 10- to 12-fold compared with a single factor across both regimens.

In the BFAs, preexisting RPV RAMs, HIV-1 subtype A6/A1, and baseline BMI were significant in both the single-regimen and all-regimens models. The other NNRTI RAMs covariate was also found to be significant in the all-regimens model, but when considered as an additional factor did not improve the diagnostic measures. In the MVAs, which included postbaseline PK, RPV RAMs and HIV-1 subtype A6/A1 (singleregimen model)/L74I (all-regimens model) were retained as significant factors. Model-predicted CAB trough concentration 4 weeks following initial injection was significant in the singleand all-regimens models, with model-predicted CAB and RPV trough concentrations at week 44 postinjection being significant factors in the single-regimen model; however, most participants with CAB and/or RPV concentrations in the first quartile did not have CVF (Supplementary Figure 4*A*).

In contrast to the BFAs, BMI was not retained in the MVAs, potentially in lieu of CAB concentrations because of the known inverse relationship (Supplementary Figure 4*B*) [29, 30]. Given this correlation, and that trough concentrations of LA therapy cannot be known before treatment initiation, a patient's BMI may be more useful to clinicians. Using longer (2-inch) needles results in higher CAB troughs early in treatment for individuals with higher BMIs; however, most participants with a BMI \geq 30 kg/m² in the phase 3/3b studies used standard needles [32]. The integrase polymorphism L74I was retained in the all-regimens MVA, with HIV-1 subtype A6/A1 not retained; this contrasts with the other 3 models and is likely because of the high correlation with HIV-1 subtype A6/A1 [18, 19].

When exploring combinations of the 3 significant baseline factors, participants with ≥ 2 predictive baseline factors (RPV RAMs, HIV-1 subtype A6/A1, BMI \geq 30 kg/m²) had an increased risk of CVF (19.3% [n = 11/57]). Notably, the presence of ≥ 2 baseline factors was uncommon (4%, n = 57/1431). The absence of any baseline factors was associated with a low incidence of CVF (0.4% [n = 4/970]). No single predictor had a CVF incidence of >4%; notably, participants with BMI \geq 30 kg/m² as their sole factor had a CVF rate of 0.5% (n = 1/216). This is aligned with a previous post hoc analysis demonstrating similar outcomes, regardless of BMI category (BMI <30 or \geq 30 kg/m²), for pooled participants across FLAIR, ATLAS, and ATLAS-2M through week 48 [32]. For participants with preexisting RPV RAMs as their sole factor, only 3.2% (n = 1/31) had CVF supporting the multifactorial model. Notably, RPV RAMs for ATLAS and ATLAS-2M participants were identified by a retrospective proviral DNA analysis. Reflecting clinical practice, virologically suppressed participants were not screened for archived resistance as part of CAB + RPV LA clinical trials. When considering CAB + RPV

LA, understanding the patient's treatment history is important, including a review of RNA-based resistance tests, to exclude any history of treatment failure. Patient treatment history should be considered in combination with the presence of subtype A6/A1 and a BMI \geq 30 kg/m² to inform treatment decisions; screening for archived resistance is not a requirement for initiating CAB + RPV LA.

When including model-predicted initial CAB and RPV trough concentrations as additional factors, the presence of \geq 3 baseline and postbaseline factors was associated with an increased risk of CVF, but only marginally improved prediction of CVF beyond the presence of a combination of \geq 2 baseline factors. This suggests that clinicians can apply the \geq 2 baseline factors to inform patient selection. Although consideration of PK concentrations as additional factors may lead to a small incremental reduction in risk, given the complexity of measuring drug levels, the clinical utility of therapeutic dose monitoring is considered to be low.

Limitations

The relative clinical weight that can be placed on these findings requires additional context, most importantly that the majority of participants with any of the individual factors significantly associated with an increased risk of CVF continued to maintain suppression; thus, these findings should not be overgeneralized to each subgroup. Although the findings presented are important in guiding appropriate use of CAB + RPV LA, the results would benefit from validation in additional patient cohorts. The number of participants with CVF was low in these analyses (~1% of total population); because we did not measure PK concentrations at each time for every participant, we used model-predicted values at weeks 4 and 44 in lieu of observed concentrations. Given the low frequency and multifactorial nature of CVF, PK cutoffs associated with virologic nonresponse have not been established for CAB + RPV LA.

CONCLUSIONS

Overall, CVF occurred in 1.4% of participants up to 3 years on study with an unadjusted CVF incidence rate of approximately 1 per 200 person-years among 4291 person-years. The CVF rate was $\leq 0.5\%$ for participants with no baseline factors, or with BMI \geq 30 kg/m² as the only factor. A combination of \geq 2 baseline factors (preexisting RPV RAMs, HIV-1 subtype A6/A1, and/or BMI \geq 30 kg/m²) retains potential clinical utility to inform CVF risk, which helps guide appropriate use of this novel LA treatment option.

Supplementary Data

Supplementary materials are available at *Clinical Infectious Diseases* online. Consisting of data provided by the authors to benefit the reader, the posted materials are not copyedited and are the sole responsibility of the authors, so questions or comments should be addressed to the corresponding author.

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Notes

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Data sharing. Data sharing requests will be considered by the management group on written request to the corresponding author. Deidentified participant data or other prespecified data will be available subject to a written proposal and a signed data sharing agreement.

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