### **RESEARCH ARTICLE**



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# Expression profiling of cancerous and normal breast tissues identifies microRNAs that are differentially expressed in serum from patients with (metastatic) breast cancer and healthy volunteers

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### Abstract

Introduction: MicroRNAs (miRNAs) are a group of small noncoding RNAs involved in the regulation of gene expression. As such, they regulate a large number of cellular pathways, and deregulation or altered expression of miRNAs is associated with tumorigenesis. In the current study, we evaluated the feasibility and clinical utility of circulating miRNAs as biomarkers for the detection and staging of breast cancer.

Methods: miRNAs were extracted from a set of 84 tissue samples from patients with breast cancer and eight normal tissue samples obtained after breast-reductive surgery. After reverse transcription and preamplification, 768 miRNAs were profiled by using the TagMan low-density arrays. After data normalization, unsupervised hierarchical cluster analysis (UHCA) was used to investigate global differences in miRNA expression between cancerous and normal samples. With fold-change analysis, the most discriminating miRNAs between both tissue types were selected, and their expression was analyzed on serum samples from 20 healthy volunteers and 75 patients with breast cancer, including 16 patients with untreated metastatic breast cancer, miRNAs were extracted from 200 µl of serum, reverse transcribed, and analyzed in duplicate by using polymerase chain reaction (gRT-PCR).

Results: UHCA showed major differences in miRNA expression between tissue samples from patients with breast cancer and tissue samples from breast-reductive surgery (P < 0.0001). Generally, miRNA expression in cancerous samples tends to be repressed when compared with miRNA expression in healthy controls (P = 0.0685). The four most discriminating miRNAs by fold-change (miR-215, miR-299-5p, miR-411, and miR-452) were selected for further analysis on serum samples. All miRNAs at least tended to be differentially expressed between serum samples from patients with cancer and serum samples from healthy controls (miR-215, P = 0.094; miR-299-5P, P = 0.019; miR-411, P = 0.002; and miR-452, P = 0.092). For all these miRNAs, except for miR-452, the greatest difference in expression was observed between serum samples from healthy volunteers and serum samples from untreated patients with metastatic breast cancer.

Conclusions: Our study provides a basis for the establishment of miRNAs as biomarkers for the detection and eventually staging of breast cancer through blood-borne testing. We identified and tested a set of putative biomarkers of breast cancer and demonstrated that altered levels of these miRNAs in serum from patients with breast cancer are particularly associated with the presence of metastatic disease.

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### Introduction

MicroRNAs (miRNAs) are a group of small (20 to 25 nt) noncoding RNAs able to regulate gene expression posttranscriptionally by binding to the 3'-untranslated region (UTR) of target mRNAs [1-3]. Since the initial discovery in *Caenorhabditis elegans*, more than 1,000 human miRNAs have been described, each of them targeting about 100 different mRNA molecules [4-6]. In this way, approximately 30% of all human genes are regulated by miRNAs [7,8], thereby influencing several different pathways and processes in the cell, including development, differentiation, apoptosis, and cell proliferation [9-11].

As miRNAs are involved in fine-tuning gene expression in the cell [1,2], deregulation of miRNA expression could lead to altered gene expression, which might contribute to the development of cancer [12]. Several studies have shown a differential miRNA-expression profile in cancer as compared with normal controls [13-15]. Although specific miRNAs can be upregulated in cancer [16], global miRNA downregulation is a common trait of human malignancies [13,17]. Furthermore, miRNAs are involved in the metastatic cascade, which is the most dismal feature of tumor biology with respect to patient prognosis.

MiRNA-expression profiling of primary tumor samples and their associated metastases identified both prometastatic and metastasis-suppressor miRNAs [15]. These miRNAs modulate the expression of metastasisassociated genes [18,19], both directly and indirectly, by influencing the epigenetic machinery [20].

Breast cancer is the most frequent carcinoma and the second most common cause of cancer-related mortality in women [21]. In the past decade, it has been repeatedly shown that breast cancer is a heterogeneous condition consisting of at least five [22] but possibly more [23,24] molecular subtypes. These molecular subtypes (Luminal A, Luminal B, Basal-like, ErbB2+, and Normallike) are characterized by specific mRNA-expression profiles. Blenkiron and colleagues [14] showed that these specific mRNA-expression profiles are at least partially attributable to differential miRNA expression. Also, Iorio and colleagues [25] identified a global pattern of miRNA deregulation in breast cancer tissue when compared with normal breast tissue, hinting at the importance of miRNA deregulation in the development of breast cancer in general.

As miRNAs appear to be critical regulators of tumor biology, their potential as prognostic and predictive biomarkers has recently been given attention. In addition, their great stability when compared with mRNA molecules, both in blood samples and in formalin-fixed, paraffin-embedded tissue samples, offers a great advantage [26,27]. Levels of miRNAs do not substantially change when serum or plasma samples are subjected to freezethaw cycles, boiling, or maintenance at room temperature [28,29]. As the bloodstream is easily accessible, bloodborne miRNAs or circulating miRNAs hold the potential to serve as noninvasive biomarkers in oncology.

Recently, Heneghan and colleagues [30] showed that miRNA expression is detectable in whole blood, plasma, and the serum of cancer patients and healthy controls. In addition, miRNA-195 was identified as a potential biomarker for detecting noninvasive and early-stage breast disease [30].

The goal of this study was twofold. First, we aimed to identify patterns of miRNA deregulation in breast cancer. Therefore, we compare miRNA-expression patterns between breast tumor samples classified according to the molecular subtypes and between breast tumor samples and normal breast samples. We hypothesize that such profiles can be informative for breast cancer detection and prognosis and might assist in defining specific targets for future therapy.

Second, we investigated whether the expression levels of miRNAs are measurable in blood samples from patients with breast cancer and healthy volunteers and if such expression profiles are potentially useful for the detection and staging of breast cancer.

### Materials and methods

### Patients and samples collection

Tumor and blood samples were obtained from patients with breast adenocarcinoma treated in the Breast Clinic of the General Hospital Sint-Augustinus (Antwerp, Belgium). Tissue and serum samples were derived from two entirely independent populations. Each patient gave written informed consent. This study was approved by the Institutional Review Board. Clinicopathologic data are stored in a database in accordance with hospital privacy rules and are summarized in Table 1. All tissue samples were stored in liquid nitrogen within 15 minutes after excision (median delay of 9 minutes). Healthy control tissue was obtained from breast-reductive surgery. None of the control samples showed pathologic changes. In total, 84 tumor samples and eight healthy control samples were included.

The collection of serum samples was described previously [31]. In brief, samples were prospectively obtained from 75 patients with breast cancer and 20 healthy volunteers. Patients were divided into three groups: four patients with localized breast cancer (group A), 55 patients with metastatic breast cancer receiving treatment (group B), and 16 patients with untreated metastatic breast cancer (group C). The blood samples of patients with metastatic disease were taken during the course of treatment. For all these

	Table	1	Clin	ico	oatho	logic	data
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Parameter	Group	Tissue ( <i>n</i> = 84)	Serum ( <i>n</i> = 75)
T status	1	27 (32%)	31 (41%)
	2	27 (32%)	22 (29%)
	3	6 (7%)	4 (5%)
	4	24 (29%)	18 (25%)
N status	0	35 (42%)	28 (37%)
	1	21 (25%)	15 (20%)
	2	14 (17%)	10 (13%)
	3	13 (15%)	9 (12%)
	4	1 (1%)	13 (18%)
M status	0	70 (83%)	4 (5%)
	1	14 (17%)	71 (95%)
ER status	Negative	25 (30%)	23 (31%)
	Positive	59 (70%)	52 (69%)
PR status	Negative	45 (54%)	36 (48%)
	Positive	39 (46%)	39 (52%)
ErbB2 status	Negative	62 (74%)	49 (65%)
	Positive	22 (26%)	26 (35%)
Grade	1	9 (11%)	14 (19%)
	2	32 (38%)	29 (39%)
	3	43 (51%)	32 (42%)
Stage		24 (29%)	19 (25%)
	11	20 (24%)	14 (19%)
	111	27 (32%)	22 (29%)
	IV	13 (15%)	20 (27%)
Disease status	Progressive	29 (35%)	47 (63%)
	Nonprogressive	55 (65%)	28 (37%)

ErbB2 status is determined by using the Hercep test with confirmation by FISH. Disease status is determined by using the RECIST criteria.

samples, circulating tumor cells (CTCs) were enumerated by using the CellSearch system (Veridex, Warren, NJ, USA), CK19, and mammaglobin mRNA expression was recorded, the ADNAgen test for detection of CTCs was performed, and levels of total plasma DNA and serum methylated DNA for ESR1, RASSF1A, or APC1 were measured in earlier studies [31,32]. Disease status was assessed by using the RECIST (Response Evaluation Criteria in Solid Tumors) criteria without knowledge of the patient's CTC or circulating DNA results [33]. Stable disease was measured up to 8 weeks after the initiation of therapy. In addition, we collected blood samples from an additional series of 18 unselected patients to evaluate which blood medium (that is, serum, plasma, platelet-rich plasma, whole blood, or peripheral blood mononuclear cells (PBMCs)) was best suited for extraction of small RNAs (sRNAs).

### RNA extraction, cDNA synthesis, and miRNA quantification for tissue samples

After tissue disruption, total RNA was extracted by using the *mir*Vana miRNA Isolation Kit (Ambion, Austin, TX, USA) according to the manufacturer's

instructions for total RNA isolation. In brief, the sample was homogenized in a denaturing lysis solution, followed by an acid-phenol:chloroform extraction. Thereafter, the sample was purified on a glass-fiber filter and quantified by using the Nanodrop ND1000 (NanoDrop Technologies, Waltham, MA, USA). Total RNA (100 ng) was converted to cDNA by priming with two pools of stem-looped RT primers (Megaplex RT Primers, Human Pool A & B; Applied Biosystems, Foster City, CA, USA) in combination with the TagMan MicroRNA Reverse Transcription Kit (Applied Biosystems), allowing the simultaneous transcription of 377 unique miRNAs and six endogenous controls per primer pool. In brief, 3 µl of total RNA was supplemented with RT primer mix (×10), dNTPs with dTTP (100 mM), Multiscribe Reverse Transcriptase (50 U/µl), RT buffer (×10), MgCl<sub>2</sub> (25 mM), and RNase inhibitor  $(20U/\mu l)$  in a total reaction volume of 7.5 µl.

Thermal-cycling conditions were as follows: 40 cycles at 16°C for 2 minutes, 42°C for 1 minute, and 50°C for 1 second, followed by reverse transcriptase inactivation at 85°C for 5 minutes. The Megaplex RT product (2.5 µl) was preamplified by using the TaqMan PreAmp Master Mix (Applied Biosystems) and preamplification primers in a 25-µl PCR reaction. For each pool of stemlooped RT primers in the cDNA reaction, a different pool of PreAmp Primers (Human Pool A & B; Applied Biosystems) was used. Thermal-cycling conditions were as follows: 95°C for 10 minutes, 55°C for 2 minutes, and 75°C for 2 minutes, followed by 12 cycles of 95°C for 15 seconds and 60°C for 4 minutes. MiRNA quantification was performed with the TaqMan Human MicroRNA Array sets A & B (Applied Biosystems), each containing 384 TaqMan miRNA assays. The PreAmp product was diluted fourfold. Each of the eight wells was loaded with 100 µl of PCR reaction mix, containing 50 µl of Taq-Man Universal PCR Master Mix, no AmpErase uracil N-glycosylase (UNG) (Applied Biosystems), 1 µl of diluted PreAmp product, and 49 µl of nuclease-free water. Thermal-cycling conditions were as follows: 94.5° C for 10 minutes, followed by 40 cycles at 97°C for 30 seconds and 59.7°C for 1 minute. All PCR reactions were performed on a 7900HT Fast Real-Time PCR System (Applied Biosystems).

To test the efficiency of the miRNA assays, we compared the Ct-values of an undiluted sample with those of a 10-fold diluted sample. To evaluate the linearity of the preamplification, we compared the Ct-values of all miRNAs on both array cards for one sample before and after preamplification. The reproducibility of the arrays was tested by analyzing four samples in duplicate. The robustness of the TaqMan RT-PCR method was investigated by comparing the qRT-PCR miRNA expression profile of 12 samples with their miRNA expression profile obtained by using the nCounter Analysis System (Nanostring Technologies, Seattle, WA, USA). This system is a medium-high throughput gene-expression quantification system with PCR sensitivity that uses a novel digital technology based on direct multiplexed measurement of miRNA expression. Besides a direct quantification, the workflow incorporates only one enzymatic step (ligase step to enable tagging of the miRNAs) instead of three enzymatic steps in the qRT-PCR workflow, thereby substantially reducing the possibility for technical bias. The nCounter experiment was performed in collaboration with the VIB MicroArray Facility (O&N, UZ Gasthuisberg, Leuven, Belgium).

## RNA extraction, cDNA synthesis, and miRNA quantification for blood samples

First, we evaluated which blood medium was best suited for the extraction of sRNA molecules. Therefore, plasma, platelet-rich plasma, serum, whole blood, and PBMCs were obtained from 18 patients with breast cancer. Peripheral blood was collected in a 9-ml EDTA tube, from which 3 ml of whole blood was transferred into a cryovial while the remaining blood was centrifuged slowly (150 g, 20 minutes) at 4°C to generate platelet-rich plasma. Plasma and PBMCs were obtained in an 8-ml CPT tube, which was centrifuged (1,650 g, 20 minutes) at room temperature. Plasma and PBMC aliquots were transferred into separate cryovials. Finally, 8 ml blood was collected in serum separator tubes (Becton Dickinson, Franklin Lakes, NJ, USA) and centrifuged (2,000 g, 10 minutes) at room temperature. All samples were stored at -80°C until use.

sRNA was isolated from 200 µl of each medium by using the microRNA Isolation Kit (BioChain Institute Inc, Hayward, CA, USA) according to the manufacturer's instruction for sRNA purification. In brief, after adding lysis buffer to the sample for homogenization, 20 µl of Proteinase K solution (Qiagen, Valencia, CA, USA) was added and incubated for 10 minutes at 75°C to digest the excess of proteins released after addition of the lysis buffer. This was followed by an acid-phenol: chloroform extraction. Small and large RNAs were separated by using a centrifugation step, after which the large RNAs were retained on a glass-fiber filter. The sRNA molecules were recovered from the flow-through by purifying them on a second glass-fiber filter, and their concentration and purity (A260/A280 and A260/ A230) was recorded by using the NanoDrop ND1000 (NanoDrop Technologies, Waltham, MA, USA). The concentrations were compared by using a Kruskal-Wallis test with Tukey HSD post hoc testing.

To evaluate circulating miRNA expression in blood samples from 20 healthy volunteers and 75 patients with breast cancer, we isolated total RNA, as described before. Isolated total RNA was reverse transcribed to produce cDNA by using the TaqMan MicroRNA Reverse Transcription Kit (Applied Biosystems) by priming with TaqMan MicroRNA Assays (Applied Biosystems) directed at 4 miRNAs identified by comparing tumor tissue with normal breast tissue (vide supra). In addition, miR-16 expression was determined as a normalization factor. In brief, each 15-µl reaction contained 0.15 µl 100 mM dNTPs with dTTP, 1.0 µl Multiscribe Reverse Transcriptase (50 U/µl), 1.50 µl RT Buffer (×10), 0.19 µl RNase Inhibitor (20 U/µl), 4.16 µl nuclease-free water, 5.0 µl total RNA, and 3.0 µl RT primer. Thermal-cycling conditions were 30 minutes at 16°C, 30 minutes at 42°C, and 5 minutes at 85°C. Each 20-µl reaction for the real-time quantitative PCR contained 1.0 µl real-time primer, 1.33 µl product from RT reaction, 10.0 µl TaqMan Universal PCR Master Mix, no AmpErase UNG (Applied Biosystems), and 7.67 µl nuclease-free water. The reactions were performed in duplicate on a 7900HT Fast Real-Time PCR System in the 9600 emulation mode, with conditions of 10 minutes at 95°C, followed by 40 cycles of 15 seconds at 95° C and 1 minute at 60°C. The mirVana miRNA Reference Panel (Ambion, Austin, TX, USA) was included in each PCR plate in a 2,000-fold dilution to correct for between-plate differences.

### Statistics and bioinformatics

All subsequent analyses were performed by using Bio-Conductor in R. To reduce technical variation, the miRNA assays with a PCR efficiency outside the range of  $2\log(10)$  or  $3.32 \pm 25\%$  [34] and those with Ct values above 35 in at least 25% of the cases were filtered out. By using efficient and informative miRNA assays only, we calculated the mean difference between the Ct values of one sample before and after preamplification. To avoid technical bias, we excluded miRNA assays with a difference in Ct values before and after preamplification outside the range of the mean value  $\pm$  25%. For the final set of miRNAs, we calculated the mean expression level per sample and used this value as a normalization factor to account for differences in input material [35]. Relative miRNA expression levels were calculated by using the  $\Delta Ct\text{-method}$  [36] and log2-transformed to obtain a normal distribution. To investigate assay reproducibility, we correlated the expression profiles of the duplicate samples by using the Spearman correlation coefficient.

An additional technical validation was done by performing a pairwise correlation analysis between the miRNA profiles obtained by qRT-PCR and the nCounter Analysis System for the 12 samples analyzed on both platforms. Both correlation analyses were done by using the normalized expression profiles of the 327 common miRNAs only. Unsupervised hierarchical cluster analysis (UHCA), with the Manhattan distance as similarity metric and Ward clustering as the dendrogram drawing method, was performed to visualize global themes in the expression data. We classified samples according to the miRNA-centroids for molecular subtypes published by Blenkiron *et al.* [14]. Therefore, we correlated the molecular subtype-specific miRNA-expression profiles of each sample with each of the five miRNA-based expression centroids by using the Spearman correlation coefficient.

The resulting classification was compared with the UHCA result. For 66 samples with available Affymetrixprofiles, we compared the correlation coefficients between the samples grouped according to the SSP (single-sample predictor)-defined molecular subtype classification [37] obtained through mRNA-expression profiling reported in earlier studies [38,39]. Significance was assessed by using the Mann-Whitney *U* tests.

Next, we aimed to identify molecular subtype-specific miRNAs. Therefore, we performed a pairwise comparison of the different molecular subtypes, defined through mRNA-expression profiling, by using regression analysis with the limma-package. False Discovery Rate (FDR) correction was performed by using the Benjamini and Hochberg step-up procedure. For each subtype, we crossed the lists of differentially expressed miRNAs resulting from the pairwise comparisons involving the desired subtype in search for common miRNAs.

By using regression analysis, we identified differentially expressed miRNAs between normal and tumor samples. Resulting *P* values were corrected for false discovery, as described earlier. To investigate global over- or underexpression in normal samples, we calculated the median expression level of the differentially expressed miRNAs per sample. These median expression values were compared by using Mann-Whitney *U* testing. The top four differentially expressed miRNAs by fold-change were selected for further analysis. For these miRNAs, we identified target mRNAs in at least two of three public databases (PicTar, TargetScan, and Miranda) by using the RmiR-package. These target-gene lists were subjected to Ingenuity Pathway Analysis (IPA) to study the implications of the identified miRNAs in cancer biology.

Expression levels of circulating miRNAs were calculated with miR-16 as normalization factor. Raw Ct values measured in the miRNA Reference Panel were subtracted from the Ct values measured in the samples, yielding a between-plate corrected expression value for each miRNA per 200  $\mu$ l of serum. The miR-16 normalized expression value was calculated by subtracting the between-plate corrected expression value for miR-16 from the between-plate corrected expression values for the remaining miRNAs ( $\Delta\Delta$ Ct-method). Relative expression values were calculated by using the  $2^{-\Delta\Delta Ct}$  method [36]. To compare the expression data with categoric variables, the Mann-Whitney *U* test was performed. To compare expression data with continuous variables, Spearman correlation coefficients were calculated.

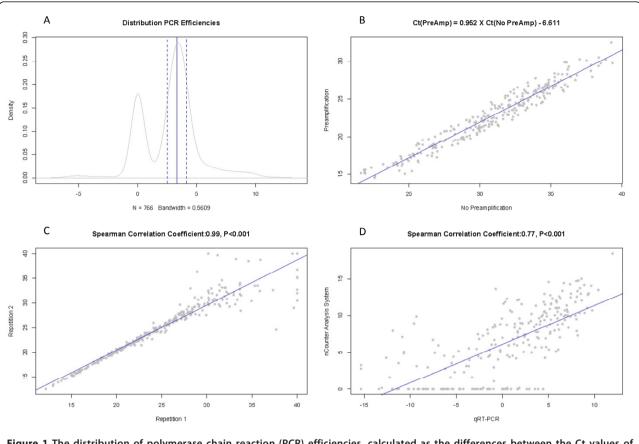
### Results

Technical validation of miRNA profiling in tissue samples First, we excluded 292 miRNA assays (A panel, 83; B panel, 209) with a Ct value above 35 in at least 25% of the samples, leading to 462 informative miRNAs (A panel, 294; B panel, 168). Before performing the data normalization, we checked the PCR efficiencies of all miRNA assays on the array cards by performing a 10fold dilution series and subtracting the Ct values of the undiluted sample from the Ct values of the diluted sample. Theoretically, for an efficient PCR reaction, this difference should equal  $2\log(10)$  or 3.32. We excluded 23 (A panel, 14; B panel, 9) miRNA assays with PCR-efficiencies outside the range of  $3.32 \pm 25\%$ . The distribution of the PCR efficiencies and the cut-off values for exclusion are shown in Figure 1A.

Next we evaluated the linearity of the preamplification by comparing the miRNA-expression profiles of a sample before and after preamplification. This analysis was done for 439 miRNAs that remained after exclusion of noninformative and inefficient miRNA assays. The mean difference between the Ct values before and after preamplification was 8, and miRNA assays with a difference in Ct value outside the range of 8  $\pm$  25% were excluded from further analysis (A panel, 30; B panel, 36). As such, the final data set consisted of 373 miRNAs that were normalized by using the  $\Delta Ct$  method with the median Ct value per sample as normalization factor. The scatterplot comparing the Ct values for those 373 miRNAs before and after preamplification is shown in Figure 1B, and regression analysis demonstrated a significant and linear relation ( $R^2 = 0.927$ ; P < 0.001).

Next, we investigated the effect of profiling miRNA expression by using two different array cards (A and B) per sample. Therefore, UHCA was performed on the normalized miRNA expression data, and the result is shown in Figure 2. The cluster pattern of the miRNAs, represented by the dendrogram in the Y-axis, reveals that the assays allocated at different array cards are not segregated. In addition, miRNA assays directed at different isoforms of the same miRNA and represented on different array cards cluster on terminal branches in approximately 80% of the cases. These data indicate that variation in miRNA expression related to the incorporation of two separate assays per sample is minor.

Finally, we evaluated the reproducibility of the miRNA assays. Therefore, we analyzed four samples in duplicate



**Figure 1 The distribution of polymerase chain reaction (PCR) efficiencies, calculated as the differences between the Ct values of undiluted sample and the Ct values of a 10-fold diluted sample. (A)** Theoretically, this difference should equal 3.32 or 2log(10). All miRNA assays with a difference in Ct value between 3.32% and 25% were included for further analysis. A blue dashed line indicates the boundaries of the interval; a blue solid line indicates the theoretical expected value of 3.32. To account for differences in preamplification, we compared the Ct values of a sample before and after preamplification. The median difference in Ct value was 8, and all miRNA assays with a difference of 8% ± 25% were included for further analysis. The scatterplot in **(B)** demonstrates an almost perfect linear relation for those selected miRNAs before and after preamplification. The blue line represents the regression line, for which the equation is given on top of the scatterplot. To evaluate assay reproducibility, we tested four samples in duplicate. The scatterplot in **(C)** demonstrates the result for one of these samples. The blue line represents the regression data was performed for 12 samples by analyzing their miRNA-expression profile with the nCounter Analysis System and comparing this result with the qRT-PCR-based miRNA-expression profile. The scatterplot in **(D)** demonstrates the result for one of these samples. The blue line represents the regression line, and the correlation coefficient resulting from the comparison of both profiles is given on top

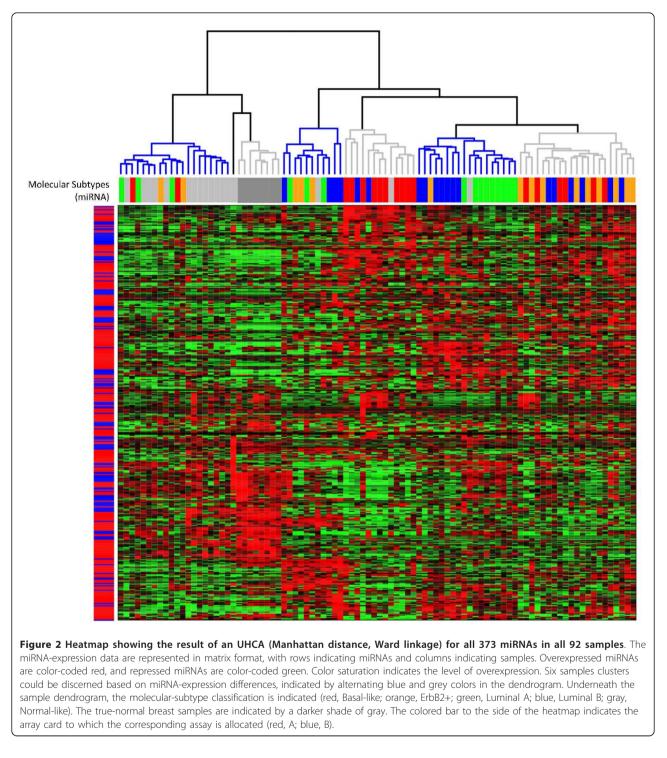
and compared their normalized miRNA expression profiles. A representative scatterplot is show in Figure 1C, and all scatterplots are shown in Additional file 1. Spearman correlation coefficients ranged from 0.98 to 0.99 (all P values < 0.001), indicating good assay reproducibility.

Next, we analyzed the miRNA expression profiles of 12 samples by using the nCounter Analysis System and compared them with the normalized expression data obtained through qRT-PCR. The Spearman correlation coefficients ranged from 0.63 to 0.75 with a median value of 0.72 (all *P* values < 0.001). Scatterplots for all comparisons are shown in Additional file 2, and a representative scatterplot is provided in Figure 1D.

Overall, our data indicate that technical variation in expression for the panel of 373 miRNAs is minor.

## miRNA expression profiling of breast tumor and normal breast samples

With the miRNA centroids for molecular-subtype classification [14], we classified the 84 breast cancer tissue samples and eight normal tissue samples in our data set. 18, 15, 15, 19, and 25 samples were classified as Basallike, ErbB2+, Luminal A, Luminal B, and Normal-like, respectively. The classification result is shown under the dendrogram in Figure 2. We observed a significant (P <0.001) agreement between the miRNA-based molecular subtype classification and the clustering pattern of the



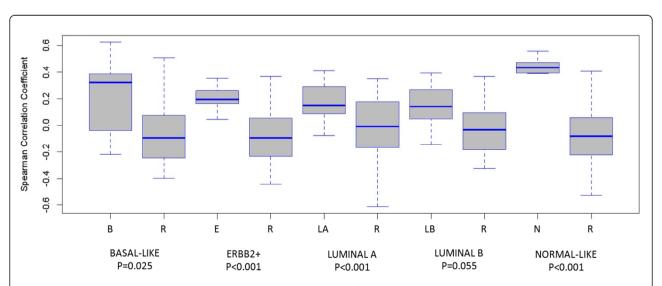
tissue samples after UHCA. Downstream of the first bifurcation, we observe a cluster composed of 76% of Normal-like samples, which was further divided into two clusters separating the Normal-like tumor samples from the normal breast samples. Further division of the dendrogram yielded a cluster composed of 77% of Basal-like samples and a cluster enriched for Luminal samples (that is, 89% of the samples classify as Luminal A or Luminal B). In addition, 60% of the ErbB2+ samples fell into one sample cluster. Interestingly, downstream of the third bifurcation, we observed a sample cluster not enriched for any of the molecular subtypes (Luminal A, 3; Luminal B, 4; ErbB2+, 3; and Normal-like, 1). Given the hierarchy of the dendrogram, this

sample cluster may well represent a novel miRNA-based breast cancer subtype. Overexpressed miRNAs in this sample group are known for their tumor-suppressive roles in (breast) cancer: the miR-200 family (miR-200a, miR-200b, miR-200c, and miR-141), the let-7 family (let-7a, let-7f, and let-7g), and NF $\kappa$ B-regulating miRNAs (miR-146a and miR-155).

For 66 of 92 samples, Affymetrix mRNA expression profiles were obtained in previous studies [38,39]. Classification of these samples according to the SSP-algorithm yielded an agreement of 66% with the classification according to the miRNA centroids. Subtype-specific correlation coefficients were compared between the SSP-defined molecular subtypes, and results are shown in Figure 3. For all comparisons, the subtypespecific correlation coefficients obtained by using the miRNA-centroids were significantly elevated in the group of samples classified in the corresponding subtype by using mRNA data (all P values < 0.05). When dichotomizing the Spearman correlation coefficients per subtype relative to 0, we observed an average classification error rate of 36%, with the highest and lowest classification error rates observed for the Luminal B and ErbB2+ samples (44% and 27%), respectively.

To identify subtype-specific miRNAs, we performed pairwise comparisons between tumor samples grouped by the SSP-defined molecular subtypes. The results are summarized in Table 2. At a *P*-value cut-off level of 0.01 (maximal FDR of 15%), we identified 16, 0, 2, 3, and 40 miRNAs specific for the Basal-like, ErbB2+, Luminal A, Luminal B, and Normal-like subtypes, respectively. Comparison of these results with the expression data published by Blenkiron and colleagues [14] revealed remarkably similar expression patterns for several key miRNAs. For example, miR-135b and miR-106a are upregulated in Basal-like breast cancers in both studies. Also, miR-100 and miR-145 show comparable expression patterns in both studies, with elevated expression in the Normal-like and Luminal samples. Detailed results are provided in Additional file 3.

Finally, we compared the miRNA expression profiles of tumor samples with the normal breast samples obtained after breast-reductive surgery. As reported earlier, the clustering pattern of the tissue samples (Figure 2) suggests major differences in miRNA expression between the tumor samples and normal breast samples. We identified 59 differentially expressed miRNAs at an FDR less than 1%. The median expression value of these miRNA per sample was significantly higher in normal breast samples (Normal, 1.542; Tumor, 0.024; P < 0.001). Data are presented in boxplot format in Figure 4A. The top four miRNAs by fold-change (miR-299-5p, miR-215, miR-411, and miR-452) were selected as potential biomarkers for breast cancer detection (Figure 4B through 4E). With the RmiR-package, we identified 611, 715, 575, and 1,863 mRNA targets for the set of



**Figure 3** Comparison of the mRNA-based molecular subtype classification by using the SSP method with the miRNA-based classification by using the expression centroids reported by Blenkiron and colleagues. This analysis was performed only for those samples for which Affymetrix mRNA-expression profiles are available (N = 66). The SSP-classification is provided in the X-axis (B, Basal; E, ErbB2+; LA, Luminal A; LB, Luminal B; N, Normal-like; and R, Rest). The Spearman correlation coefficients resulting from the miRNA-based molecular subtype classification are indicated in the Y-axis. For each miRNA-based molecular subtype-specific centroid and each sample in our data set, the Spearman correlation coefficients were determined. The molecular subtype-specific correlation coefficients were statistically compared between samples belonging to and not belonging to the SSP-defined molecular subtype of interest. *P* values are indicated under the corresponding boxplots.

Subtype	Comparator	Number	Common
Basal-like	ErbB2+	26	hsa-miR-135b#, hsa-miR-135b, hsa-miR-934, hsa-miR-577, hsa-miR-501-5p, hsa-miR18a#, hsa-miR-92a, hsa-miR- 106a, hsa-miR-17, hsa-miR-18b, hsa-miR-18a, hsa-miR-20a, hsa-miR-17#, hsa-miR-15b#, hsa-miR-19a, hsa-miR-500
	Luminal A	53	
	Luminal B	33	
	Normal-like	90	
ErbB2+	Basal-like	26	-
	Luminal A	25	
	Luminal B	14	
	Normal-like	107	
Luminal A	Basal-like	53	hsa-miR-148a, hsa-miR-219-5p
	ErbB2+	25	
	Luminal B	15	
	Normal-like	106	
Luminal B	Basal-like	33	hsa-miR-30d#, hsa-miR-30d, hsa-miR-342-3p
	ErbB2+	14	
	Luminal A	15	
	Normal-like	109	
Normal- like	Basal-like	90	hsa-miR-136#, hsa-miR-497, hsa-miR-139-5p, hsa-miR-99a#, hsa-miR-145#, hsa-miR-195, hsa-miR-143, hsa-miR-145, hsa-miR-335, hsa-miR-125b-2#, hsa-miR-139-3p, hsa-miR-7-2#, hsa-miR-216b, hsa-miR-487b, hsa-miR-100, hsa-miR-410, hsa-miR-204, hsa-miR-376a, hsa-miR-99a, hsa-miR-337-3p, hsa-miR-27a#, hsa-miR-411, hsa-miR-656, hsa-miR-495, hsa-miR-551b#, hsa-miR-770-5p, hsa-let-7b#, hsa-miR-378, hsa-miR-215, hsa-miR-127-3p, hsa-let-7c#, hsa-miR-379, hsa-miR-422a, hsa-miR432, hsa-miR-299-5p, hsa-miR-494, hsa-miR-378, hsa-miR-511, hsa-miR-23a#, hsa-miR-452
	ErbB2+	107	
	Luminal A	106	
	Luminal B	109	

<b>Table 2 Identification</b>	of	subtype-specific	miRNAs
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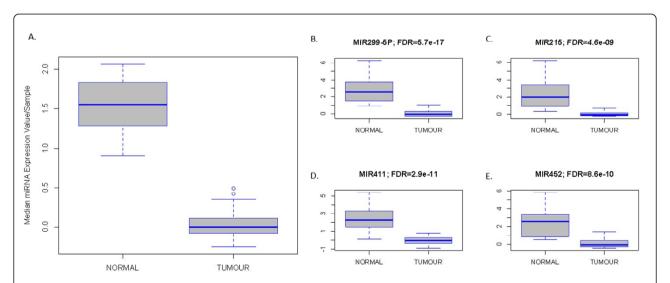


Figure 4 Comparison of normal breast samples with tumor samples. We identified 59 differentially expressed miRNAs between tumor samples and normal breast samples. The median expression of these miRNAs is significantly elevated in normal breast samples, as illustrated by the boxplot (A). The top four miRNAs (miR-215, miR-299-5p, miR-411, and miR-452) with the greatest difference between normal breast samples and breast tumor samples by fold change are depicted in panels B through E. The corresponding false discovery rate is provided in top of each boxplot. All miRNAs are significantly overexpressed in normal breast samples.

selected miRNAs, respectively, which were analyzed by using Ingenuity Pathway Analysis. For each miRNA, the five most relevant networks with their most strongly enriched molecular and cellular functions (P < 0.001) are listed in Table 3. Comparative analysis of enrichment patterns demonstrated that all miRNAs were involved in the regulation of global oncogenic processes like cell proliferation, cell death, and cellular movement.

### Circulating miRNA expression

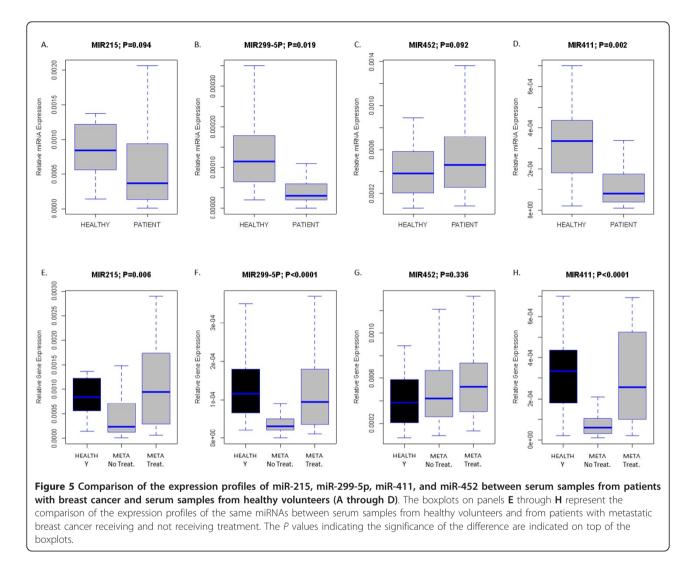
To evaluate which blood medium was best suited for investigating miRNA expression, we extracted sRNA molecules from serum, plasma, platelet-rich plasma, whole blood, and PBMCs. A significant increase in sRNA concentration was observed only when comparing the results obtained in whole blood with the results obtained in other media (Kruskal-Wallis, P < 0.001; Tukey HSD post hoc, all P values < 0.001). Results are shown in Additional file 4. As our aim was to measure circulating, tumor-specific miRNA expression, we decided not to perform subsequent analyses on plateletrich plasma, whole blood, or PBMCs because of the possible contamination of host-specific miRNA expression. Given a slight, not significant, increase in sRNA concentration in serum when compared with plasma (5.3  $\mu$ g/ ml versus 4.2  $\mu$ g/ml), in addition to a more-consistent sRNA yield in serum (CV<sub>serum</sub>, 50.4%; CV<sub>plasma</sub>, 94.5%), we decided to use serum to evaluate circulating miRNA expression.

The expression of four miRNAs (miR-299-5p, miR-215, miR-411, and miR-452) with the greatest foldchange, when comparing normal breast tissue with breast tumor samples, was analyzed in serum samples from 75 patients with breast cancer and 20 healthy volunteers. We observed higher expression values for all investigated miRNAs, except for miR-452, in serum from healthy volunteers. Significant (P < 0.05) values were obtained for miR-299-5p and miR-411, whereas trends (P < 0.10) were observed for miR-215 and miR-452. Results are shown in Figure 5.

We next compared the expression levels of miR-215, miR-299-5p, miR-411, and miR-452 in serum from patients with metastatic breast cancer receiving treatment (group B), patients with untreated metastatic breast cancer (group C), and healthy volunteers. The group of patients with localized breast cancer was not included in this analysis because of low sample size (n = 4). Results are shown in Figure 5. Kruskal-Wallis testing revealed significant (P < 0.05) between-group differences for all miRNAs, except miR-452. Tukey HSD *post hoc* testing revealed that the lowest expression values were observed in patients with metastatic breast cancer,

Table 3 Biologic and cellular functions of miR-215, miR-299-5p, miR-411, and miR-452

miRNA	Network ID	Score	Number of genes	Top associated functions							
miR-215	1	37	28	Tissue morphology, cell death, drug metabolism							
	2	20	19	Developmental disorder, gene expression, genetic disorder							
	3	20	19	Cellular movement, immune cell trafficking, skeletal and muscular system development and function							
	4	14	15	RNA damage and repair, cell death, molecular transport							
	5	13	14	Genetic disorder, cellular assembly and organization, cellular function and maintenance							
miR-299- 5p	1	35	29	Cell-to-cell signaling and interaction, cellular growth and proliferation, tumor morphology							
	2	24	23	Gene expression, cellular movement, lipid metabolism							
	3	13	16	Cellular assembly and organization, DNA replication, recombination, and repair, gene expression							
	4	13	16	Cell morphology, cellular development, protein synthesis							
	5	11	14	Cell death, renal necrosis/cell death, cellular compromise							
miR-411	1	33	26	Cell death, cell-to-cell signaling and interaction, cell-mediated immune response							
	2	27	23	Cardiovascular system development and function, organ development, organismal development							
	3	17	17	Gene expression, protein synthesis, antimicrobial response							
	4	14	15	Cell death, cellular growth and proliferation, cellular assembly and organization							
	5	11	13	Inflammatory response, dermatologic diseases and conditions, inflammatory disease							
miR-452	1	31	32	Gene expression, cellular movement, cell death							
	2	27	30	Cell-to-cell signaling and interaction, connective tissue development and function, cell morphology							
	3	25	29	Cellular growth and proliferation, inflammatory response, cell death							
	4	25	29	Cellular development, gene expression, nervous system development and function							
	5	25	29	Cellular growth and proliferation, cardiovascular disease, tissue morphology							



### whereas expression levels returned to normal with treatment.

Finally, we compared the expression levels of the circulating miRNAs with clinicopathologic variables, response to treatment evaluated by the RECIST-criteria, presence of circulating tumor markers, and the presence of circulating methylated markers. These analyses were done for all samples except those derived from healthy volunteers. Results are shown in Table 4. Overall, few significant associations were observed. The expression levels for three of four miRNAs (miR-215, miR-299-5p, and miR-411) show a negative association with patient age at diagnosis (all P values < 0.100). Interestingly, all miRNAs have higher expression levels in serum from patients with progressive disease under treatment and for two of four miRNAs (miR-215 and miR-411); these differences were significant (P < 0.050). No associations between circulating miRNA expression and the presence of CTCs were observed. For miR-215 and miR-452, we observed positive associations (P < 0.05) between their expression levels in serum and the number of methylated genes (any combination of *ESR1*, *APC*, and *RASSF1A*) detected in plasma.

### Discussion

We attempted to identify a panel of deregulated miR-NAs in breast cancer and investigated their potential as biomarkers for the detection and staging of breast cancer by using blood-based testing. Before analyzing the miRNA-expression data, we first evaluated the performance of the PCR technology used throughout this study. To reduce the technical variation in our data set, we included only informative miRNAs assays (Ct values smaller than 35 in at least 25% of the cases) with similar PCR efficiencies and similar differences in Ct values before and after preamplification. The boundaries for PCR efficiency were defined as described in earlier studies [34], and the boundaries for preamplification

Group	Variable	Test	MIR-215		MIR-299	9-5p	MIR-411		MIR-452	2
			Result	P-value	Result	P-value	Result	P-value	Result	P-value
Clinicopathologic	Age	Spearman correlation	R = -0.184	P = 0.113	R = -0.455	P < 0.001	R = -0.362	P = 0.001	R = -0.052	P = 0.657
	ERª	Mann-Whitney <i>U</i> test	T = -1.059	P = 0.295	T = 0.658	P = 0.516	T = 0.305	P = 0.763	T = 1.194	P = 0.244
	PR <sup>a</sup>	Mann-Whitney <i>U</i> test	T = -0.672	P = 0.504	T = -0.193	P = 0.848	T = -0.645	P = 0.521	T = 1.519	P = 0.136
	HR <sup>a</sup>	Mann-Whitney <i>U</i> test	T = -1.233	P = 0.225	T = 0.632	P = 0.534	T = 0.299	P = 0.767	T = 1.015	P = 0.321
	ERBB2 <sup>a</sup>	Mann-Whitney <i>U</i> test	T = 0.051	P = 0.960	T = -1.237	P = 0.222	T = -1.594	P = 0.120	T = -0.841	P = 0.406
	TNBC <sup>a</sup>	Mann-Whitney <i>U</i> test	T = -0.399	P = 0.699	T = -0.310	P = 0.765	T = -0.365	P = 0.725	T = 0.281	P = 0.785
	P53ª	Mann-Whitney <i>U</i> test	T = 0.256	P = 0.800	T = 1.041	P = 0.304	T = 1.617	P = 0.113	T = -0.953	P = 0.347
RECIST	Progressive disease <sup>a</sup>	Mann-Whitney <i>U</i> test	T = -2.404	P = 0.019	T = -0.998	P = 0.322	T = -2.488	P = 0.016	T = -0.399	P = 0.691
Circulating markers	Number CTCs	Spearman correlation	R = 0.056	P = 0.635	R = -0.026	P = 0.826	R = 0.053	P = 0.655	R = -0.094	P = 0.424
	ADNAGen <sup>a</sup>	Mann-Whitney <i>U</i> test	T = -0.534	P = 0.596	T = 1.789	P = 0.078	T = 0.782	P = 0.437	T = -2.144	P = 0.041
	Mammaglobin expression	Spearman correlation	R = 0.047	P = 0.697	R = 0.005	P = 0.969	R = 0.086	P = 0.474	R = -0.107	P = 0.374
	Cytokeratin 19 expression	Spearman correlation	R = 0.191	P = 0.110	R = -0.099	P = 0.409	R = -0.010	P = 0.933	R = 0.004	P = 0.968
	Plasma DNA concentration	Spearman correlation	R = 0.200	P = 0.085	R = -0.100	P = 0.392	R = -0.043	P = 0.712	R = 0.085	P = 0.467
Methylated markers	RASSF1A	Spearman correlation	R = -0.129	P = 0.271	R = -0.198	P = 0.089	R = -0.189	P = 0.104	R = 0.025	P = 0.829
	APC	Spearman correlation	R = -0.144	P = 0.217	R = -0.134	P = 0.253	R = -0.114	P = 0.332	R = -0.010	P = 0.930
	ESR1	Spearman correlation	<i>R</i> = 0.148	P = 0.205	<i>R</i> = 0.001	P = 0.997	R = 0.086	P = 0.461	R = 0.252	P = 0.029
	Number methylated genes	Spearman correlation	R = 0.250	P = 0.031	R = -0.159	P = 0.172	R = -0.039	P = 0.740	R = 0.262	P = 0.023
	Methylation status <sup>a</sup>	Mann-Whitney <i>U</i> test	T = -1.583	P = 0.118	T = 1.456	P = 0.152	T = 0.538	P = 0.593	T = -1.270	P = 0.208

Table 4 Associations between circulating miRNA expression and clinicopathologic variables

<sup>a</sup>A negative *T*-value indicates a higher expression in the "positive" group.

efficiency were set alike. The expression data recorded by the final set of 373 selected miRNAs proved to be reproducible, and no between-array card difference was observed. Moreover, we noticed an above-moderate agreement between the qRT-PCR-based miRNA profiles of 12 samples with the miRNA profiles measured by using the nCounter Analysis System.

This is important for two reasons. First, the nCounter Analysis System incorporates only one enzymatic step (that is, a ligase treatment for attachment of the reporter tags) in its workflow and is therefore less prone to technical bias than is the PCR-based protocol that incorporates three enzymatic steps.

A second reason for comparing the miRNA expression profiles by using alternative profiling techniques is related to the fact that good normalization procedures for miRNA expression data are currently still lacking. The qRT-PCR-based miRNA-expression data in this study were normalized relative to the mean expression value of all miRNAs per sample, as proposed by Mestdagh et al. [35]. However, we think that this normalization procedure might have a major drawback because of the role of DICER1, a miRNA-preprocessing enzyme, in breast cancer. Recent reports have shown that the expression of DICER1 is different across the different molecular subtypes [14,40-42]. As DICER1 is involved in cleaving the precursor miRNAs into mature miRNAs, variation in DICER1 expression might result in altered turnover rates of the precursor miRNAs and, hence, higher concentrations of mature miRNAs in those tumor samples with higher DICER1 expression. Therefore, we reason that the mean miRNA-expression levels can vary depending on DICER1 expression and that normalization relative to the mean miRNA-expression level might obscure between-sample differences, particularly in breast cancer. The alternative approach would be to use the reference miRNAs provided on the array cards or miR-16, which is often suggested as reference miRNA. However, the CVs for these reference miRNAs were about threefold higher than the CV of the mean miRNA expression level per sample. In addition, about 20% of the miRNA assays on both array cards yielded more-robust expression data (data not shown).

Therefore, in spite of our previously raised concerns, we decided to normalize our expression data relative to the mean Ct value per sample and compare the results with the data obtained by using nCounter Analysis System, which uses a panel of five mRNA assays (RPLPO, RPL19, ACTB, B2M, and GAPDH) for data normalization. The above-moderate agreement between the miRNA-expression data obtained by using both profiling techniques lends credit to the biologic validity of our qRT-PCR-based miRNA-expression profiles.

Further evidence that the applied normalization procedure did not obscure molecular subtype-specific differences is derived from the UHCA, which showed that the molecular subtypes govern global themes in our miRNA expression data set. Also, the miRNA-based molecular subtype classification is in agreement with the classification resulting from the application of a morevalidated algorithm on mRNA data (SSP) [37]. For example, the comparison of the miRNA-based expression profile of SSP-defined Basal-like breast tumors with the miRNA-based expression centroid for Basal-like breast cancer results in more-elevated Spearman correlation coefficients than when compared with the results obtained for non-Basal-like breast tumor samples. Although the classification error rate was substantial, we must keep in mind that the miRNA-based expression centroids reported by Blenkiron and colleagues [14] are based on a limited series of samples. Therefore, it is arguable that the expression centroids are not very stable, which affects the classification accuracy. When performing a supervised analysis, we were able to identify sets of specific miRNAs for each molecular subtype, except for the ErbB2+ breast tumor samples. Overall, our results are in line with previously reported data [14,43-45], except for the results with respect to the ErbB2+ subtype, for which an miRNA signature has been defined in the past [45]. Of note is the concordant overexpression of miRNAs belonging to the polycistronic miR-17-92 cluster (miR-17, miR-18a, miR-19a, miR-20a, and miR-92) and its paralogs (miR-18b and miR-106a) in Basal-like breast tumors. The miR-17-92 cluster is known to downregulate ERa in a MYC-dependent manner and inhibits the protein translation of AIB1, an ER $\alpha$  transcriptional coactivator [46]. Also, the miR-17-92 cluster is known to regulate cell migration, invasion, and metastasis in breast cancer by regulating ROCK [47] and the HBP1/ $\beta$ -catenin pathway [48].

Although the sample-clustering pattern based on the expression of 373 miRNAs demonstrated that the global themes in our expression data set are related to the presence of the classic molecular subtypes in breast cancer, we did identify one sample cluster without any connection to the classic molecular subtypes. This sample cluster originated early in the dendrogram, indicative of a specific miRNA-expression profile. Indeed, the heatmap did reveal an miRNA cluster, including members of the miR-200 family, members of the let-7 family, and NF $\kappa$ B-regulating miRNAs [49], that is overexpressed in this group of tumor samples, at a level exceeding the expression level observed in the Luminal-like sample cluster. The latter observation is at least remarkable, as all these miRNA families are known to inhibit stem cellspecific pathways, epithelial-to-mesenchymal transition, cell proliferation, and other global oncogenic processes [16,50-53]. Hence, their overexpression would induce a more-differentiated, less-proliferative, less-mesenchymal, and less-migratory/invasive cell phenotype. The presence of this tumor sample cluster with its particular molecular characteristics warrants further investigation. When focusing on the Normal-like samples, a clear and distinct miRNA profile was observed. In addition, the true normal breast samples constituted a coherent group inside the cluster of the Normal-like samples, suggesting vast differences in miRNA expression between tumor samples and normal breast samples. Indeed, supervised analysis revealed high numbers of differentially expressed miRNAs with nominal (uncorrected) P values less than 0.05.

The huge difference in miRNA expression between normal and tumor samples underlines the important role of miRNA deregulation in the development of breast cancer. After correction for false discovery, we observed that the majority of the differentially expressed miRNAs have attenuated expression levels in the tumor samples. The global repression of miRNAs in cancerous tissue relative to normal tissue has been reported previously and suggests that most miRNAs have a tumorsuppressive function [13]. This view is corroborated by reports on the cellular functions of the top four (miR-215, miR-299-5p, miR-411, and miR-452) differentially expressed miRNAs by fold-change. Song et al. [54] demonstrated that miR-215 overexpression in a colon cancer cell line reduced the proliferation rate and led to improved cell-cycle control, probably due to an increased expression of the cell-cycle control genes p53and p21. Duan et al. [55] showed that miR-299-5p expression increased downstream of the tumor

suppressor PRDM5 in HEK293 cells. In contrast, Fang *et al.* [56] showed that *SOX2*, a gene with tumor-promoting activity involved in cell proliferation and colony formation of LN229 glioblastoma multiforme cells, represses miR-452. The evidence for a role of miR-411 as tumor suppressor is less clear, but this miRNA is located at the 14q32.31 locus, which is known to harbor many tumor-suppressive miRNAs [57]. The biologic processes regulated by miR-215, miR-299-5p, miR-411, and miR-452, identified through the analysis of their respective target-gene lists, are in line with their role in maintaining cellular homeostasis.

Because of the marked overexpression of miR-215, miR-299-5p, miR-411, and miR-452 in normal breast samples, in addition to the fact that miRNAs have a proven stability in blood samples [29], we hypothesized that this panel of miRNAs might be suitable for the detection of breast cancer by using blood-borne testing. The reason for using serum samples for this purpose is twofold. First, we argued that miRNA-expression profiles in whole blood, platelet-rich plasma, and PBMCs would be dominated by host miRNA expression, and therefore would be less suitable for the detection of tumor-specific miRNA expression. Conversely, reports have shown that miRNA expression is also detectable in serum and plasma samples from healthy donors [58]. Second, we noticed a slightly higher and more consistent sRNA yield in serum as compared with plasma. When evaluating the relative expression profiles of miR-215, miR-299-5p, miR-411, and miR-452 in serum samples from patients with breast cancer and healthy volunteers, we recorded comparable expression profiles in tissue and blood samples, except for miR-452. Of note, when comparing absolute CT values, the expression differences between samples from patients with breast cancer and healthy volunteers were maintained, however, at a higher fold-change level. In addition, we observed that the reduction of miRNA expression was particularly obvious in serum samples from patients with untreated metastatic breast cancer, whereas the expression profiles "normalized" with treatment.

No associations between blood-borne miRNA expression in serum samples from patients with breast cancer and the classical clinicopathologic variables were observed, except for the patient's age at diagnosis. However, this should not be surprising, as our miRNA panel was not selected to make this distinction. Of note is the lack of associations between circulating miRNA expression and the presence of CTCs, measured by three alternative techniques. This observation suggests that recorded serum miRNA profiles are not CTC derived and that the mechanisms responsible for the release of miRNAs in the circulation are unrelated to the extravasation of tumor cells. Indeed, several reports have Page 14 of 16

suggested that miRNAs are selectively released in the bloodstream by tumor cells either via exosomes or attached to lipoprotein complexes or within a functional RISC complex [59-63]. These mechanisms of secretion offer an explanation for the marked stability of miRNAs in the blood stream, due to shielding of the associated miRNAs from RNAse-activity. In addition, miRNAs secreted as such are functionally active and have been found to regulate gene expression in target cells, thereby providing alternative ways of cell-cell communication. This opens the possibility that miRNAs, secreted by tumor cells, evoke a response in host cells altering their expression profile, which explains how subtle differences in tumor-specific expression are measurable in a background of nontumorigenic expression. More specific in the context of our results, one could envision that tumor-driving miRNAs, secreted by tumor cells, affect the expression profile of host cells, which is reflected in the serum profile of breast cancer patients and explains the observed decrease in miRNA expression.

### Conclusions

The present data provide a technologically validated framework to elaborate on the study of miRNA-deregulation in the development of breast cancer. We potentially identified a novel subgroup of breast tumors with elevated expression of tumor-suppressive miRNAs, and we showed that miRNAs can be used as blood-borne biomarkers for detection and staging of breast cancer. The identification of several molecular subtype-specific miR-NAs in this study also suggests that blood tests directed at the molecular subtypes can be developed in the future. However, to do so, a larger repository of molecular subtype-specific miRNA expression is required.

### Additional material

Additional file 1: To evaluate assay reproducibility, we tested four samples in duplicate. The scatterplots demonstrate the result for these samples. The blue line represents the regression line and the correlation coefficients, and corresponding *P* values are given on top of the scatterplot.

Additional file 2: To perform a technical validation of our miRNAexpression data, we analyzed 12 samples by using the nCounter Analysis System and compared these results with the qRT-PCRbased miRNA expression profiles. The scatterplots illustrate the result of this comparison. The correlation coefficients for each comparison are reported on top of the scatterplots.

Additional file 3: Boxplots showing the comparison of the miRNAexpression profiles of four selected miRNAs (miR-135b, miR-106a, miR-100, and miR-145) between tumor samples grouped by their SSP-defined molecular subtype. The top row represents two miRNAs overexpressed in the Basal-like samples; the bottom row represents two miRNAs overexpressed in Normal-like samples. The color scheme under each boxplot is adopted from the article by Blenkiron and colleagues and depicts the expression of the corresponding miRNAs according to the SSP-defined molecular subtypes, as reported in their study. Red indicates overexpression, and grey indicates repression. As can be observed, the variation in miRNA expression across the SSP-defined molecular subtypes is in good agreement in both studies.

Additional file 4: Boxplot illustrating the sRNA yields extracted from five different peripheral blood media. The X-axis depicts the different analyzed media (from left to right: serum, plasma, platelet-rich plasma, peripheral blood mononuclear cells (PBMCs), and whole blood); the Yaxis depicts the sRNA concentration. The sRNA yields are most pronounced in whole blood followed by the PBMC fraction. For serum, plasma, and platelet-rich plasma, the results are comparable, although the sRNA yield is slightly higher in serum.

#### Abbreviations

CTC: circulating tumor cell; FDR: false discovery rate; miRNA: microRNA; PBMC: peripheral blood mononuclear cell; RECIST: response-evaluation criteria in solid tumors; RISC: RNA-induced silencing complex; sRNA: small RNA; SSP: single sample predictor; UHCA: unsupervised hierarchical cluster analysis.

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### Authors' contributions

EVS, MCAW, and IVDA acquired all data. IVDA and SJVL performed data analysis. EVS, MCAW, IVDA, and SVL assisted in data interpretation. IVDA, SJVL, PBV, and LD contributed to the conception and design of the study. EVS, MCAW, IVDA, and SVL were involved in drafting the manuscript. All authors were involved in revising the manuscript critically for important intellectual content. All authors gave final approval of the version to be published.

### **Competing interests**

The authors declare that they have no competing interests.

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