

## Faulty cardiac repolarization reserve in alternating hemiplegia of childhood broadens the phenotype

Fatima Jaffer,<sup>1,2,\*</sup> Andreja Avbersek,<sup>3,4,\*</sup> Rosaria Vavassori,<sup>5</sup> Carmen Fons,<sup>6</sup> Jaume Campistol,<sup>6</sup> Michela Stagnaro,<sup>7</sup> Elisa De Grandis,<sup>7</sup> Edvige Veneselli,<sup>7</sup> Hendrik Rosewich,<sup>8</sup> Melania Gianotta,<sup>9</sup> Claudio Zucca,<sup>10</sup> Francesca Ragona,<sup>11</sup> Tiziana Granata,<sup>11</sup> Nardo Nardocci,<sup>11</sup> Mohamed Mikati,<sup>12</sup> Ashley R. Helseth,<sup>12</sup> Cyrus Boelman,<sup>13</sup> Berge A. Minassian,<sup>13</sup> Sophia Johns,<sup>14</sup> Sarah I. Garry,<sup>15</sup> Ingrid E. Scheffer,<sup>15</sup> Isabelle Gourfinkel-An,<sup>16</sup> Ines Carrilho,<sup>17</sup> Sarah E. Aylett,<sup>18</sup> Matthew Parton,<sup>1</sup> Michael G. Hanna,<sup>1</sup> Henry Houlden,<sup>2</sup> Brian Neville,<sup>18</sup> Manju A. Kurian,<sup>19</sup> Jan Novy,<sup>3,4</sup> Josemir W. Sander,<sup>3,4</sup> Pier D. Lambiase,<sup>20</sup> Elijah R. Behr,<sup>21</sup> Tsveta Schyns,<sup>22</sup> Alexis Arzimanoglou,<sup>23</sup> J. Helen Cross,<sup>18,24</sup> Juan P. Kaski<sup>14</sup> and Sanjay M. Sisodiya<sup>3,4</sup>

\*These authors contributed equally to this work.

Alternating hemiplegia of childhood is a rare disorder caused by de novo mutations in the ATP1A3 gene, expressed in neurons and cardiomyocytes. As affected individuals may survive into adulthood, we use the term 'alternating hemiplegia'. The disorder is characterized by early-onset, recurrent, often alternating, hemiplegic episodes; seizures and non-paroxysmal neurological features also occur. Dysautonomia may occur during hemiplegia or in isolation. Premature mortality can occur in this patient group and is not fully explained. Preventable cardiorespiratory arrest from underlying cardiac dysrhythmia may be a cause. We analysed ECG recordings of 52 patients with alternating hemiplegia from nine countries: all had whole-exome, whole-genome, or direct Sanger sequencing of ATP1A3. Data on autonomic dysfunction, cardiac symptoms, medication, and family history of cardiac disease or sudden death were collected. All had 12-lead electrocardiogram recordings available for cardiac axis, cardiac interval, repolarization pattern, and J-point analysis. Where available, historical and prolonged single-lead electrocardiogram recordings during electrocardiogram-videotelemetry were analysed. Half the cohort (26/52) had resting 12-lead electrocardiogram abnormalities: 25/26 had repolarization (T wave) abnormalities. These abnormalities were significantly more common in people with alternating hemiplegia than in an age-matched disease control group of 52 people with epilepsy. The average corrected QT interval was significantly shorter in people with alternating hemiplegia than in the disease control group. J wave or J-point changes were seen in six people with alternating hemiplegia. Over half the affected cohort (28/52) had intraventricular conduction delay, or incomplete right bundle branch block, a much higher proportion than in the normal population or disease control cohort (P = 0.0164). Abnormalities in alternating hemiplegia were more common in those  $\geq 16$  years old, compared with those < 16 (P = 0.0095), even with a specific mutation (p.D801N; P = 0.045). Dynamic, beat-to-beat or electrocardiogram-to-electrocardiogram, changes were noted, suggesting the prevalence of abnormalities was underestimated. Electrocardiogram changes occurred independently of seizures or plegic episodes. Electrocardiogram abnormalities are common in alternating hemiplegia, have characteristics reflecting those of inherited cardiac channelopathies and most likely amount to impaired repolarization reserve. The dynamic electrocardiogram and neurological features point to periodic systemic decompensation in ATP1A3-expressing organs. Cardiac dysfunction may account for some of the unexplained premature mortality of alternating hemiplegia. Systematic cardiac investigation is warranted in alternating hemiplegia of childhood, as cardiac arrhythmic morbidity and mortality are potentially preventable.

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- 1 MRC Centre for Neuromuscular Diseases, The National Hospital for Neurology and Neurosurgery, Queen Square, London, WC1N 3BG, UK
- 2 Department of Molecular Neuroscience, UCL Institute of Neurology, Queen Square, London, WC1N 3BG, UK
- 3 NIHR UCLH Biomedical Research Centre Department of Clinical and Experimental Epilepsy, UCL Institute of Neurology, Queen Square, London, WC1N 3BG, UK
- 4 Epilepsy Society, Chalfont-St-Peter, Bucks, SL9 0RJ, UK
- 5 A.I.S.EA Onlus, Via Sernovella, 37 Verderio Superiore, 23878 Lecco, Italy
- 6 Paediatric Neurology Department, Hospital Sant Joan de Déu, P° de Sant Joan de Déu, 2 08950 Esplugues de Llobregat, Barcelona University, Barcelona, Spain
- 7 Child Neuropsychiatry Unit, Istituto Giannina Gaslini, Department of Neurosciences, Rehabilitation, Ophthalmology, Genetics and Maternal and Children's Sciences, Istituto Giannina Gaslini, Largo Gaslini 5, 26148, University of Genoa, Genoa, Italy
- 8 University Medical Center Göttingen, Georg August University, Department of Pediatrics and Adolescent Medicine, Division of Pediatric Neurology, Georg August University, Robert Koch Strasse 40, 37099 Göttingen, Germany
- 9 Child Neurology Unit IRCCS Istituto delle Scienze Neurologiche di Bologna, Ospedale Bellaria, Via Altura 3, 40139 Bologna, Italy 10 Clinical Neurophysiology Unit, IRCCS "E. Medea", Via Don L. Monza 20, 23842 Bosisio Parini (LC), Italy
- 11 Department of Pediatric Neuroscience, IRCCS Foundation Neurological Institute C. Besta, Via Celoria 11, 20133 Milano, Italy
- 12 Division of Paediatric Neurology, Duke University, T0913 [Children Health Centre, Duke University Medical Centre, Durham, USA
- 13 Division of Neurology, Department of Paediatrics, The Hospital for Sick Children and University of Toronto, 555 University Avenue, Toronto, Ontario, Canada, M5G 1X8
- 14 Inherited Cardiovascular Diseases Unit, Great Ormond Street Hospital for Children NHS Foundation Trust, and Institute of Cardiovascular Science, University College London, London, WC1N 3JH, UK
- 15 Florey Institute of Neurosciences and Mental Health, and Department of Paediatrics, University of Melbourne, Royal Children's Hospital, Melbourne, Australia
- 16 Centre de reference epilepsies rares et Sclérose tubéreuse de Bourneville (site Parisien adolescents-adultes), Hôpital Pitié-Salpêtrière, 47-83, boulevard de l'Hôpital 75651 Paris cedex 13, France
- 17 Neuropediatric Department Centro Hospitalar do Porto, Rua da Boavista, 8274050-111, Porto, Portugal
- 18 Clinical Neurosciences, Developmental Neuroscience Programme, UCL Institute of Child Health, & Great Ormond Street Hospital for Children NHS Foundation Trust, London, WC1N 3JH, UK
- 19 Molecular Neurosciences, Developmental Neurosciences Programme, UCL Institute of Child Health and Department of Neurology, Great Ormond Street Hospital, London, London, WC1N 3JH, UK
- 20 Department of Cardiac Electrophysiology, The Heart Hospital, Institute of Cardiovascular Science, University College London, 16-18 Westmoreland St, London W1G 8PH, UK
- 21 Cardiac and Cell Sciences Institute, St George's University of London, Cranmer Terrace, London SW17 0RE, UK
- 22 European Network for Research on Alternating Hemiplegia, ENRAH, Brussels, Belgium
- 23 Epilepsy, Sleep and Paediatric Neurophysiology Department (ESEFNP), University Hospitals of Lyon (HCL), and DYCOG team, Lyon Neuroscience Research Centre (CRNL), INSERM U1028; CNRS UMR 5292, Lyon, France
- 24 Young Epilepsy, St. Piers Lane, Lingfield, Surrey RH7 6PW, UK

Correspondence to: Professor Sanjay M. Sisodiya,

Department of Clinical & Experimental Epilepsy,

UCL Institute of Neurology, Queen Square, London, WC1N 3BG, UK E-mail: s.sisodiya@ucl.ac.uk

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**Abbreviations:** IVCD = intraventricular conduction delay; QTc = corrected QT interval; SUDEP = sudden unexpected death in epilepsy

## Introduction

Alternating hemiplegia of childhood (OMIM #104290) is a rare neurodevelopmental disorder with onset before the age of 18 months and prevalence estimated at 1:1000000 to 1:100 000 (Neville and Ninan, 2007; Gilissen *et al.*, 2012). Affected children typically survive to adulthood, and we use the label 'alternating hemiplegia'. Pathogenic mutations, almost always *de novo*, in the *ATP1A3* gene,

encoding the catalytic alpha-3 subunit of the Na<sup>+</sup>/K<sup>+</sup>-ATPase transporter protein, are the cause in  $\sim$ 80% of cases (Heinzen *et al.*, 2012; Rosewich *et al.*, 2012; Ishii *et al.*, 2013). No other cause is known.

Alternating hemiplegia is characterized by recurrent transient plegic or paretic attacks, affecting alternate or both sides of the body, dystonic posturing, and oculomotor dysfunction (Bourgeois *et al.*, 1993; Aicardi *et al.*, 1995; Panagiotakaki *et al.*, 2010). Seizures are common, as are non-paroxysmal features including: dystonia, choreoathetosis, ataxia, pyramidal signs, developmental delay and varying degrees of intellectual disability. Dysautonomia, manifesting as dyspnoea, stridor, apnoea, pallor, fever, and altered heart rate, is frequently described during plegic episodes. Occasionally, autonomic dysfunction can occur in isolation (Panagiotakaki *et al.*, 2010). Recently, asystole associated with new-onset episodes of collapse with loss of consciousness, cyanosis and respiratory arrest was reported in a patient with genetically-confirmed alternating hemiplegia, benefitting from implantation of a permanent pacemaker (Novy *et al.*, 2014).

Cardiac channelopathies, such as long QT syndrome, Brugada syndrome, and catecholaminergic polymorphic ventricular tachycardia, are associated with an increased risk of malignant arrhythmias and sudden cardiac death (Wilde et al., 2013). Most of the causative genes are expressed in a number of tissues, and neuromuscular manifestations are increasingly recognized (Abriel et al., 2013). Some neuronal channelopathies, such as the multisystem disorder Andersen-Tawil syndrome, associated with mutations in the KCNJ2 gene, which is expressed in the brain and heart, can also cause long QT syndrome (type 7; OMIM #170390), increasing the risk of sudden cardiac death; these patients are routinely kept under cardiac surveillance. Patients with Dravet syndrome (OMIM #607208) also have an elevated risk of premature mortality, ascribed largely to sudden unexpected death in epilepsy (SUDEP) (Hindocha et al., 2008; Genton et al., 2011). Some individuals with Dravet syndrome exhibit reduced heart rate variability; ECG recordings may show increased P-wave and QT dispersion, possibly contributing to mechanisms of sudden death in Dravet syndrome (Delogu et al., 2011; Ergul et al., 2013). Other syndromes with mutations in ion-channel genes expressed in the brain and the heart, termed 'cardiocerebral channelopathies' have features related to both organs and may also cause sudden death (Heron et al., 2010; Parisi et al., 2013).

Other than altered heart rate and a single report of asystole, cardiac abnormalities have not been extensively described in alternating hemiplegia, but sudden unexplained death has been reported (Panagiotakaki *et al.*, 2010; Novy *et al.*, 2014). *ATP1A3* is known to be expressed in the human and rat heart (Zahler *et al.*, 1993; Aye *et al.*, 2010). We hypothesized that important electrocardiographic abnormalities are present in alternating hemiplegia.

## Materials and methods

### **Participants**

This research was approved by local ethics committees of the participating centres: The National Hospital for Neurology and Neurosurgery UK; Great Ormond Street Hospital for Children UK; Hospital Sant Joan de Déu Barcelona, Spain; Istituto Giannina Gaslini, University of Genoa, Italy; University Medical Center Göttingen, Germany; C.Besta Neurological Institute Milan, Italy; IRCCS E.Medea, Italy; Duke University Medical Center, Durham, USA; The Hospital for Sick Children and University of Toronto, Toronto, Canada; Royal Children's Hospital Melbourne, Australia; Hôpital Pitié-Salpêtrière, Paris, France; and Neuropediatric Department, Hospital Maria Pia do Centro Hospitalar do Porto, Portugal.

Informed consent was obtained from patients or their parents, or legal guardians in the case of minors or those with intellectual disability.

Participants were recruited through the International Alternating Hemiplegia of Childhood Research Consortium (IAHCRC), and the European Network for Research on Alternating Hemiplegia (ENRAH), or personal communication with collaborators, from nine countries. A total of 69 patients meeting the clinical diagnostic criteria for typical alternating hemiplegia were identified: 52 were suitable for inclusion (Aicardi *et al.*, 1995; Panagiotakaki *et al.*, 2010). Patients were excluded if they could not be consented or DNA could not be obtained for *ATP1A3* testing if previous mutation analysis had not been undertaken (Fig. 1), or an ECG recording was unavailable.

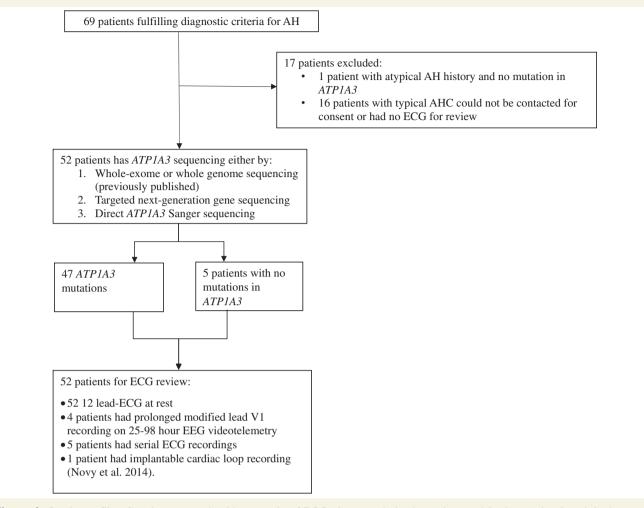
We collected 52 fully anonymized ECGs from disease controls, all of whom had epilepsy, and ranged in age from 1 month to 36 years. Demographics and details on ECG findings, epilepsy and treatments for the disease controls are provided in Supplementary Table 2.

#### **Procedures**

Clinical data about alternating hemiplegia (age of onset of symptoms, presence of paroxysmal and non-paroxysmal features, seizures, and dysautonomia), cardiac comorbidities, medication use at the time of ECG recordings, and family history of cardiac disease and sudden cardiac or unexplained death were collected by collaborating physicians, and subsequently analysed.

Patients data from previously published studies were analysed by whole-exome or whole-genome sequencing according to published, or local, protocols (Supplementary material) (Heinzen *et al.*, 2012; Rosewich *et al.*, 2014). Direct Sanger sequencing of *ATP1A3* was undertaken in cases where mutation status was unknown (Supplementary material). *De novo* mutation status was evaluated by Sanger sequencing where parental DNA was available; where unavailable, pathogenicity was declared if the mutation was previously reported as *de novo* in another patient. Cases where no mutation in *ATP1A3* was identified were included if they met the clinical diagnostic criteria for alternating hemiplegia.

Original ECG records were scanned, collected and reviewed centrally. For one UK patient, only serial historical ECGs were available. Five patients had serial 12-lead ECGs available (four had two ECGs, and one patient had three). All 12-lead ECGs were recorded at a paper speed of 25 mm/s and amplitude of 10 mm/mV, and evaluated independently by three cardiologists with expertise in cardiac electrophysiological disease, sudden cardiac death and inherited cardiac disease (P.D.L., E.R.B., J.P.K.). Abnormal repolarization was defined by the presence of abnormal T wave morphology (flattened or biphasic T waves; bifd or notched T waves) or T wave inversion in



**Figure 1** Study profile of patients recruited into study of ECG characteristics in patients with alternating hemiplegia. AH = alternating hemiplegia; AHC = alternating hemiplegia of childhood.

two or more of the following leads: I, aVL and V4-V6 (lateral repolarization abnormalities); II, III and aVF (inferior repolarization abnormalities); and V1–V3 in patients aged  $\geq$ 14 years (anterior repolarization abnormalities); repolarization abnormalities of this type are seen in 2% of healthy adults (Rautaharju et al., 2009). The corrected QT interval was calculated from lead II using Bazett's formula (Bazett 1920); its normal range is 360-460 ms (Priori et al., 2013); J-point elevation and early repolarization were defined as previously described (Junttila et al., 2012), and are seen in 1-5% of healthy individuals (Klatsky et al., 2003). Right bundle branch block (complete and incomplete) and intraventricular conduction delays (IVCDs) were defined according to established criteria (Surawicz et al., 2009). Isolated IVCD was considered normal in the absence of additional ECG abnormalities, as it is seen in up to 5% of the normal population (Chiu et al., 2008; Bussink et al., 2013). Isolated right bundle branch block is seen in 2-4% of healthy individuals (Bussink et al., 2013). Four patients (Patients 1, 37, 41 and 50; Tables 1 and 3) also had EEG-videotelemetry recording (25-98 h), which included single-lead ECG (modified V1). Data from the previously-reported patient (Patient 1) were reevaluated, given the novel findings from this study (Novy et al., 2014).

### Statistical analyses

Age-related differences in ECG abnormalities were calculated using Fisher's exact test, and differences in mean corrected QT interval (QTc) between groups using the unpaired *t*-test. All analyses were performed using the Statistical Package for Social Sciences Software programme (IBM SPSS Statistics, Version 22.0., IBM Corp). A Bonferroni correction was applied where appropriate.

### Results

#### Demographics

We analysed ECG data of 52 patients with alternating hemiplegia, from nine countries: Spain (n = 14); UK (n = 13); Italy (n = 7); Germany (n = 7); USA (n = 6); Canada (n = 2); Australia (n = 1); France (n = 1); and Portugal (n = 1). Twenty patients were aged 16 years or over; 32 patients were under 16; 26 were female, 26 male (see Table 1). There was no significant difference in mean age between people with alternating hemiplegia

(continued)

Behavioural disturbance L + + 1 + + 1 1 Developmental and/or intellectual delay ⊥ + 1+ + + Intermittent pain and altered skin temperature of limbs palpitations, migraine with Regional pain syndrome and turbance with opsoclonus Pre-syncopal episodes and Other non-paroxysmal Complex oculomotor dis-Non-migrainous headache Non-migrainous headache Non-migrainous headache Non-migrainous headache Deviated nasal septum. skin colour change; Opsoclonus, migraine Bulbar Symptoms Bulbar symptoms Bulbar symptoms Bulbar Symptoms and migraine migraine features Migraine Migraine Migraine Migraine Tremor aura . movement Complex disorder 1 + Hypertonia Hypotonia Normal Normal Muscle Normal Normal Normal tone Dystonia I + Non-paroxysmal features + /very mild dysarthria Pyramidal Ataxia/ ataxia +/NK +/NA + + + + -/NK +/+ +/+ +/+ +/+ +/+ + +/+ +/+ +/+ +/+ +/+ +/+ +/+ +/+ 1 + + + ÷ + + ł 4 1 + + 1 + 1 + and apnoeic episodes Dyspnoea, altered HR Asystolic periods Autonomic Dyspnoea Sweating + + + oculomotor Abnormal е + е + е + е + + е + 1 + е + е + е+ е+ е + е + е + ее + + + + + status and status status status Dystonia Seizures and and + a + and е + е + е + + 1 + + + + L 1 + + + 1 + + е + е + е + е + + + + + Plegic attacks ∩ + е + е + е + е + е + e е + е + + е + е + + + + p.D801N p.D801N p.D801N p.D801N p.D801N p.D801N p.D801N p.M806R p.S811P p.D80IN p.D801N p.E815K p.E815K Amino acid p.SI37F p.1274N p.E277K p.L337R p.S772R p. T804I p.SI37F p.G755S change Paroxysmal features c.2263G > A c.2314A > C c.2401G > A c.2417T > G c.2443G > A c.2443G > A c.1010T > G c.2401G > A c.2401G>A c.2401G>A c.2401G > A c.2401G > A c.2411C>T c.2431T > C c.410C > T c.829G > A c.410C > T c.821T >A c.DNA change (months) Age of onset 0 29 18 - 2 - 1 £ \_ 0 m 6 m 0 4 h ŝ \_ 0 4 Patient/ gender 14 M 15 M 16 M 18 M 19 F 20 M 22 F 22 F 23 F 23 F 24 F 25 F 27 F 28 M 29 F 30 F 31 M ч 10 11 12M 13 F 5 4 3 Д Д Д Σ 9 Σ ш — 2 Μ Σ 8 9 F

Table 1 Clinical neurological features and mutation status in patient cohort

Table | Continued

gender or (n	onset (months)	c.DNA change	Amino acid change	Plegic attacks		Dystonia Seizures Abnormal oculomotor	Abnormal oculomotor	Autonomic	Pyramidal Ataxia/ dysarth	Ataxia/ dysarthria	Dystonia Muscle tone	Muscle tone	Complex movement disorder	Other non-paroxysmal features	Developmental and/or intellectual delay	Behavioural disturbance
32 M 1.1	1.5	c.2443G > A	p.E815K	+	е+	+	e +	+	+	+/+	+	Hypotonia	+	I	+	I
33 M I		c.2443G > A	p.E815K	+	+	+	e +	+	+	+/+	+	Hypotonia	+	I	+	+
34 F I		c.2443G > A	p.E815K	(N) +	+	+	e +	+	+	+/+	+	Hypotonia	I	I	+	+
35 F I		c.2443G > A	p.E815K	+	+	+	+ <sup>a</sup>	+	I	NK/-	I	Hypotonia	I	I	+	I
36 M 0		c.2443G > A	p.E815K	е +	+	+	+ a	+	I	+/+	+	Normal	I	I	+	+
37 F 0		c.2443G > A	p.E815K	+	+	+ and status	е +	NK	I	–/NK	+	Hypotonia	I	Complex generalised dys- tonia, orofacial, limb, eye	+	
38 F 6		c.2443G > A	p.E815K	+	+	+	е +	+	I	+/NA	+	Normal	+	movements	+	+
39 M 0		c.2755_ 2757delGTC	p.V919del	+	е +	and status -	е +	+	+	+ /-	+	Hypotonia	+	I	+	+
40M I		c.2767G > T	р.D923Ү	+	e +	+	+	+ intermittent pallor	I	+/+	+	Hypertonia	+	Bulbar and respiratory	+	I
41 M 4		c.2781C>T	p.C927W	+	е +	+	+	+	+	+/+	+	Hypertonia	I	Migraine	+	+
42 F I		c.2839G > A	p.G947R	+	+	and status + <sup>a</sup>	+	+	I	+/+	+	Hypotonia	I	I	+	I
43 F I		c.2839G > A	p.G947R	(N) +	+	+ and status	е +	+	+	+/+	+	Hypotonia	+	1	+	I
44 F 3		c.2839G > A	p.G947R	+	+		+ <sup>a</sup>	I	+	-/-	+	Hypertonia	+	Migraine	+	I
45M 2		c.2839G > A	p.G947R	+	+	I	+ a	1	I	+/+	+	Normal	I	1	-/+	I
46 M 0		c.2839G > A	p.G947R	+	I	+	+	I	I	+/+	I	Normal	I	I	+	NK
47M 0		c.2839G > A	p.G947R	+	+	+	I	I	Ι	+/-	+	Hypotonia	+	Non-migrainous headache	+	I
		No mutation		е +	+ <sup>a</sup>	I	+ <sup>a</sup>	+	I	-/-	+	Hypotonia	+	Headache - unspecified	+	+
49 F 4		No mutation		+ <sup>a</sup>	NK	+	I	+	I	+/NK	NK	Normal	I	Migraine	+	+
								Altered heart rate, and body temperature								
50F 5		No mutation		е+	I	I	e +		I	+/+	+	Hypotonia	I	1	+	I
51 M 8		No mutation		+ 3	+	+	I	I	I	+ /	I	Normal	+	1	+	+
52 F 7		No mutation		е+	+ <sup>3</sup>	+	+ a	+	+	-/-	+	Normal	I	1	+	+

(173.8 months) and the disease controls (176.3 months) (paired *t*-test, two-tailed, P = 0.166).

### **Molecular genetics**

Forty-seven patients had a confirmed missense mutation in *ATP1A3* identified either through previous whole-exome sequencing (Heinzen *et al.*, 2012; Rosewich *et al.*, 2014), or sequencing in this study (Table 2). The most frequent mutation observed was c.2401G > A; p.D801N (n = 19; 36.5%) followed by c.2443G > A; p.E815K (n = 9; 17.3%), in keeping with previous reports (Heinzen *et al.*, 2012; E. Panagiotakaki, personal communication). Mutations c.2443G > A, p.S772R; c.2411C > T, T804I; c.1010T > G, L337R; and c.2781C > T, p.C927W have recently been reported (E. Panagiotakaki, personal communication). One patient (Patient 37) had a 3-bp deletion. No mutation in *ATP1A3* was found in five patients after targeted next-generation gene sequencing, whole-exome or genome sequencing.

### Clinical autonomic and cardiac features in patients with alternating hemiplegia

Autonomic features were reported in 32 patients (62%) during plegic episodes (Table 1). Altered heart rate and apnoeic episodes were reported by the carers of Patient 2, and tachycardia and altered body temperature was documented in the medical records of Patient 49. Three patients reported at least one episode of palpitation in isolation, without syncope. One subject (Patient 1) started experiencing episodes of loss of consciousness with respiratory

 Table 2 Summary of mutation status in ECG study cohort

Nucleotide change	Amino acid change	Exon	Number of probands (%)
c.410C>T	p.S137F	5	2 (3.8)
c.82IT>A	p.I274N	8	l (l.9)
c.829G>A	p.E277K	8	l (l.9)
c.1010T>G	p.L337R	9	l (l.9)
c.2263G>A	p.G755S	17	l (l.9)
c.2314A>C	p.S772R	17	l (l.9)
c.2401G>A	p.D801N	17	19 (36.5)
c.2411C>T	р. <b>Т80</b> 4I	17	l (l.9)
c.2417T>G	р.M806R	17	l (l.9)
c.2431T>C	р.\$811P	18	l (l.9)
c.2443G>A	p.E815K	18	9 (17.3)
c.2755_2757delGTC	p.V919del	20	l (l.9)
c.2767G>T	p.D923Y	20	l (l.9)
c.2781C>T	р.С927W	20	l (l.9)
c.2839G>A	p.G947R	21	6 (11.5)
No mutation			5 (9.6)
Total			52

arrest at the age of 21 years (Novy *et al.*, 2014). Her routine 12-lead ECG recording was normal. She underwent implantation of a cardiac loop recorder, which documented three episodes of asystole longer than 3 s over a period of 4 months: a cardiac pacemaker was implanted. She had had EEG-videotelemetry prior to pacemaker implantation. The single-lead ECG that was part of the telemetry showed sinus rhythm throughout, with no arrhythmias or changes in QRS, J-point or T wave morphology.

## Electrocardiographic features in disease controls

Repolarization abnormalities were seen in 5/52 disease controls, isolated to inferior leads in one, inferolateral in one and widespread in three. Isolated anterior, lateral or inferoanterior changes were not seen. IVCD was noted in 9/52 (17.3%), and incomplete right bundle branch block in separate 6/52 (11.5%) disease controls. Early repolarization was seen in 3/52 (5.8%), whereas none had J-wave changes, or IVCD/right bundle branch block in combination with pathological ECG findings. Data from these disease controls are provided in Supplementary Table 1.

## Electrocardiographic features in patients with alternating hemiplegia

Table 3 shows the ECG features of the study population. Overall, ECG records were abnormal in 28 cases, with the resting 12-lead ECG abnormal in 26 patients (50%). Some changes were subtle. Seven of 52 (13.5%) disease control ECGs were deemed abnormal using the same criteria, significantly fewer than the alternating hemiplegia group (Fisher's exact test, two-tailed, P = 0.0001).

Repolarization abnormalities were present in 25 patients (48.1%). The prevalence of repolarization abnormalities in the alternating hemiplegia cases was significantly higher than in the disease control group (25/52 versus 5/52 respectively; Fisher's exact test, two-tailed, P < 0.0001). Coexisting ECG abnormalities included IVCD (n = 10, n = 10)19.2%), incomplete right bundle branch block (n = 8,15.4%); left axis deviation (n = 1, 1.9%), right axis deviation (n = 5, 9.6%), lateral early repolarization (n = 1, 1)1.9%) and inferior early repolarization (n = 3, 5.8%) (distinct from 'repolarization abnormality'). Data from a single-lead ECG during EEG-videotelemetry were available for four patients. No supraventricular or ventricular arrhythmias were detected, even during plegic episodes. However, one patient with a normal resting 12-lead ECG had dynamic J-point elevation in modified lead V1 on EEGvideotelemetry recording (see below). Asystole was detected in one patient by an implantable loop recorder, as previously reported. Figures 2-5 show illustrative segments from abnormal ECGs.

The use of flunarizine or not at the time of ECG was not associated with ECG abnormalities (Fisher's exact test,

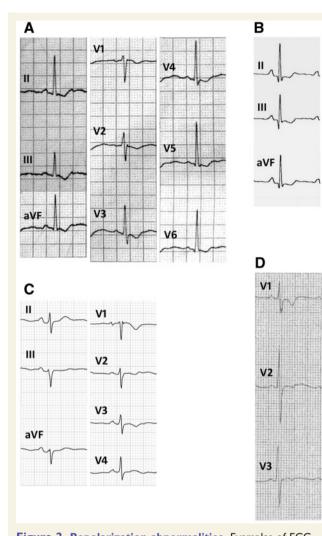
Patient	Age at ECG		2012	Medications at time of ECG	ECG TINGINGS	83						
					Repolarization abnormality	tion Y			IVCD	Incomplete RBBB	J wave changes	Other
					Anterior	Lateral	Inferior	Widespread				
-	21 years 23 years (VTM)	c.410C > T	p.S137F	Flunarizine, pizotifen, carbamazepine Flunarizine, pizotifen, carbamazepine	- NA	- AN	- N	- NA	- AN	- NA	- NA	– Modified VI on VTM
	23 years (ILR)			Flunarizine, pizotifen, carbamazepine	AA	NA	AN	ΝA	AN	AN	NA	Asystolic periods >3
2	7 years	c.410C > T	p.S137F	Flunarizine, topiramate, melatonin,	I	I	I	I	I	I	I	s on ILK
£	12 years	c.821T>A	p.1274N	mıdazolam Flunarizine, risperidone	I	I	I	I	* +	I	I	TWI ****
4	2 years, 5 months	c.829G > A	p.E277K	Prednisolone, IVIg I day before ECG,	I	I	I	I	I	I	I	
S	27 years 33 years	c.1010T > G	p.L337R	trinexylphenidyl Acetazolamide, pregabalin, lamotrigine Acetazolamide, pregabalin, lamotrigine	1 1	1 1	1 1	+ +	+ +	1 1	1 1	1 1
9	l0 years	c.2263G > A		Topiramate	I	I	I	I	*	I	I	I
7	18 years	c.2314A > C	p.S772R	Flunarizine, topiramate, sumatriptan, midazolam	+	I	+	I	I	+	I	RAD
	19 years			Flunarizine, topiramate, midazolam, nizoriten	I	I.	+	I	+	I	1	I
80	18 years	c.2401G>A	p.D801N		+	I	I	I	I	+	I	I
6	25 years	c.2401G>A	p.D801N	Sodium valproate, clobazam, quetia-	+	I	+	I	+	I	ERP leads I and aVL	TWI V2, flat T wave
	25 years			pine, iorazepam, sertraine Sodium valproate, clobazam, quetia-	+	I	+	I	+	I	ERP leads I and aVL	V3 TWI VI-V3
0	14 years, 10 months	c.2401G>A	p.D801N	pine, ioi azepani, ser crainte Flunarizine	I	I	I	+	I	I	I	I
=	9 years	c.2401G>A	p.D801N	1	I	I	I	I	* +	I	1	TWI VI-V3*
12	30 years	c.2401G>A	p.D801N	1	I	+	I	I	I	I	ERP inferior leads	Indeterminate BBB,
13	15 years	c.2401G>A	p.D801N	Flunarizine, risperidone	+	I	+	I	I	I	I	RAD
14	10 years	c.2401G>A	p.D801N	1	I	+	I	I	I	I	Subtle ERP inferior leads	I
15	3 years, 11 months 9 years, 3 months	c.2401G>A	p.D801N	Flunarizine, clonazepam, topiramate Lorazepam, chlorzoxazone	1 1	1 1	+	1 1	* + I	+	1 1	1 1
16	3 years	c.2401G>A		Flunarizine	I	I	I	I	I	I	I	I
17	I year, 10 months	c.2401G>A		Flunarizine, calcium supplements,	I	I	I	I	I	I	1	1
8	7 years	c.2401G>A	p.D801N	Hunarizine, lamotrigine, melatonin	I	I	I	I	I	+	Notching of terminal	I
61	4 years	c.2401G>A	p.D801N	Flunarizine, topiramate, clonazepam,	I	I	I	I	I	I		I
20	18 years	c.2401G>A	p.D801N	esomeprazone, ramuoune Flunarizine, levetiracetam, topiramate, olanzanine	I	I	I	+	I	+	I	Frequent mono- mornhic VFs
21	21 years	c.2401G>A	p.D801N	Topiramate, clonazepam, cinarizine	I	I	I	+	+	I	Dynamic I mm J-point elevation VI	
22	8 years	c.2401G>A	p.D801N	Flunarizine, ketogenic diet, carnitines, viramins	I	I	I	I	I	I		TWI VI-V3*
23	31 years	c.2401G>A	p.D801N	Carbamazepine, topiramate	I	I	+	I	I	I	I	I
24	27 years	c.2401G>A	p.D801N	Flunarizine, topiramate, clobazam	+	I	+	I	I	+	1	LAD
25	28 years	c.2401G > A	P.D801N	Flunarizine, sodium valproate, clobazam Elunarizino, codium valproate	1 4	+	+ +	I	+	1 4	I	I
07	14 years, 3 monuts	C.24010F2.2	NILOOUId	runarizme, sounum vaproace, trihexiphenidyl	÷	I	÷	I	I	÷	I	I
27	II years, 5 months	c.2411C>T	p.T804I	Flunarizine, ketogenic diet, vitamins	I	I	+	I	+	I	I	I
82	26 vears, 4 montns 26 vears	c.24317 > C c.24317 > C	p.r/806K	Flunarizine Flunarizine, topiramate, phenytoin,	1 1	1 1		1 +	+	1 1	1 1	RAD
à	50 Juni 2			midazolam								
30	I year, 2 months	c.2443G > A	n FRISK									

Table 3 Mutation status and ECG abnormalities in the study cohort

(continued)

те Э												
3					Repolarization abnormality	tion ty			IVCD	Incomplete RBBB	J wave changes	Other
31					Anterior	Lateral	Inferior	Widespread				
	25 years	c.2443G>A	p.E815K	Flunarizine, zonisamide, sodium val- proate, levetiracetam, oxcarbezepine, lacosamide, cloba- zam, domperidone, esomeprazole, vitamin D, colestyra- mino L convision	1	1	1	1	* +	1	1	1
32	8 years	c.2443G > A	p.E815K	Clobazam, lamotrigine	I	I	I	I	I	I	I	I
33	8 years	c.2443G > A	p.E815K	I	I	I	I	I	I	*+	I	TWI VI V3*
34	13 years, 9 months	c.2443G > A	p.E815K	Flunarizine, lamotrigine, clonazepam,	+	I	+	I	+	I	I	RAD
35	3 years, I months	c.2443G > A	p.E815K	pregabalin, omeprazole Flunarizine, levetiracetam, vitamins,	+	I	+	I	+	I	I	I
36	5 years, 2 months	c.2443G > A	p.E815K	bicarbonate Flunarizine, sodium valproate, cloba-	I	I	I	I	I	I	I	I
37	24 years	c.2443G > A	p.E815K	zam, trihexylphenidyl Flunarizine, phenytoin, pregabalin, clo-	+	I	+	I	I	+	I	I
				bazam, levetiracetam, ranitidine, hyoscine, domperidone								
	24 years (VTM)			Flunarizine, phenytoin, pregabalin, clo- bazam, levetiracetam, manitidine, hxxecrine, domneridone	٩N	AN	٩N	۸A	AN	AN	NA	Modified VI on VTM normal
38	5 years, 6 months	c.2443G > A	p.E815K	Flunarizine	I	+	+	I	I	I	I	I
39	0	c.2755_2757	p.V919del	I	I	I	I	I	I	I	I	TWI VI-V3*
	2 days	delGTC		1	I	I	I	I	I	I	I	TWI VI-V3*
	8 months			1	I	I	I	I	I	I	I	TWI VI-V3*
	20 years, 8 months (VTM)			Flunarizine, acetazolamide, tryptophan	AA	AN	AN	NA	AN	NA	NA	VI on VTM normal
40	20 years	c.2767G > T	р.D923Ү	Sodium valproate, risperidone,	I	I	+	I	I	I	Inferior and lateral ERP	1
4	38 years	c.278IC>T	p.C927W	mentanune Lamotrigine, clonazepam, risperidone, omeprazole,	I	I	I	I	* +	I	I	I
42	15 years, 10 months	c.2839G > A	p.G947R	clomipramine clorhydrate Flunarizine, clonazepam, vitamins, L- Dooor/ontvidooo	I	+	+	I	I	I	I.	I
43	7 years, 11 months	c.2839G > A	p.G947R	Doparcar Droopa Flunarizine, clonazepam, carbamazepine	I	I	I	I	I	I	I	I
44	35 years 35 years (VTM)	c.2839G > A	p.G947R	Baclofen Baclofen	- N	- NA	- NA	- AN	* ¥ + ¥	- A	– Dynamic J-point eleva-	1 1
45	3 years, 10 months	c.2839G > A	p.G947R	1	I	I	I	I	I	I	tion (modified VI)	I
46	35 years	c.2839G > A	p.G947R	Carbamazepine	I	+	I	I	I	I	I	I
47	23 years	c.2839G > A	p.G947R	Carnitines	+	I	I	I	+	I	I	I
48	4 years, 10 months	No mutation		I	I	I	I	I	I	I	TWI VI-V2, biphasic T waves V3*	
49	30 years	No mutation	Flunarizine, pizotifen, diazepam, harlofen zonisamide	I	I	I	I	I	I	I	I	
50	I years, 6 months	No mutation	None	1	I	I	I	*+	I	I	I	
51	10 years, 5 months	No mutation	Flunarizine, tri-hexylphenidyl,	I	I	I	I	*+	I	I	I	
52	4 years	No mutation	clobazam, melatonın Flunarizine, amitryptilline, clonidine	1	I	I	I	I	* +	I	I	

Table 3 Continued

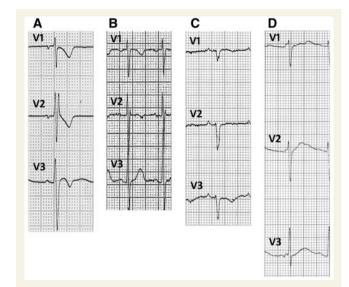


**Figure 2 Repolarization abnormalities.** Examples of ECG recordings showing widespread repolarization abnormalities in Patient 5 (**A**), isolated inferior repolarization abnormalities in Patient 23 (**B**), inferior and anterior repolarization abnormalities in Patient 24 (**C**), and isolated anterior repolarization abnormalities in Patient 47 (**D**).

two-tailed, P = 1.0). The use or not of any antiepileptic drug was not associated with ECG abnormalities (Fisher's exact test, two-tailed, P = 0.094).

#### **Repolarization abnormalities**

Repolarization abnormalities consisted of T wave inversion, and/or abnormal T wave morphology. The average QTc interval in all alternating hemiplegia patients was 394 ms (range 350–440 ms). In the 52 disease controls, the mean QTc was 418ms (range 380–460 ms, within the normal range). Overall, the QTc interval was significantly shorter in the alternating hemiplegia cases compared with the disease control group (unpaired *t*-test, two-tailed, P < 0.0001). Four patients (7.7%) had isolated inferior repolarization abnormalities, two (3.8%) had isolated anterior repolarization abnormalities, three (5.8%) had infero-lateral repolarization abnormalities, eight (15.4%)



**Figure 3** Intraventricular conduction delay. Examples of ECG recordings showing incomplete right bundle branch block (RBBB) and anterior repolarization abnormalities in Patient 8 (**A**), incomplete right bundle branch block in Patient 52 (**B**), IVCD and anterior repolarization abnormalities in Patient 29 (inferior and lateral repolarization abnormalities not shown) (**C**), and minor IVCD in Patient 31 (**D**).

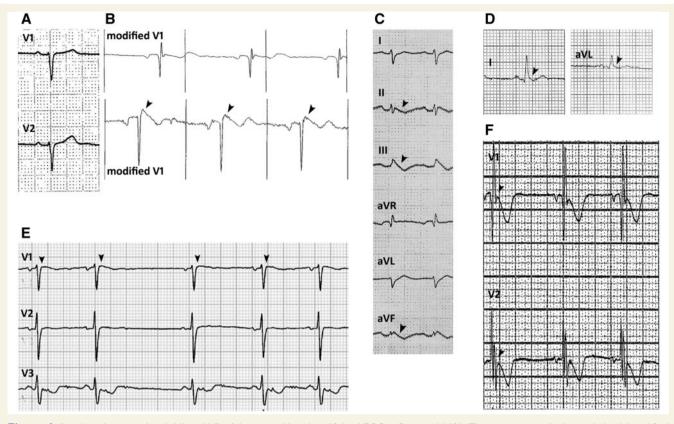
had infero-anterior repolarization abnormalities and five (9.6%) had widespread repolarization abnormalities in the anterior, inferior and lateral leads (Table 3 and Fig. 2).

### Intraventricular conduction delay

IVCD (n = 20) or incomplete right bundle branch block (n = 10) were present in 28 individuals (53.8%), including 17 with concomitant repolarization abnormalities. Of the 26 patients with a normal resting 12-lead ECG, 10 (38.5%) had IVCD in lead V1, and two (3.8%) had incomplete right bundle branch block (Table 3 and Fig. 3). The prevalence of IVCD or right bundle branch block was significantly more common in alternating hemiplegia than in the disease control cohort (28/52 versus 15/52; Fisher's exact test, two-tailed, P = 0.0164).

### J wave changes

One patient (Patient 44) showed transient asymptomatic cove-shaped ST segment elevation (J-point elevation), characteristic of Brugada syndrome, on single-lead ECG recording during EEG-videotelemetry (Fig. 4A and B). One individual (Patient 21) had intermittent, dynamic 1 mm J-point elevation in lead V1 (see below; Fig. 4E); a further individual (Patient 18) had prominent notching of the terminal portion of the QRS complex without J-point elevation (Fig. 4F) and four patients (Patients 9, 12, 14 and 40) had early repolarization changes associated with repolarization abnormalities (Fig. 4C and D).



**Figure 4** J-point changes. Leads VI and V2 of the normal baseline 12-lead ECG in Patient 44 (**A**). The same patient had a single lead (modified VI) ECG recording during video-telemetry, showing dynamic features of Brugada syndrome. While the top tracing is normal, the bottom tracing, recorded at a different time during the same recording, shows mild prolongation of QRS and J-point elevation (arrowheads) (**B**). Marked early repolarization in inferior leads (arrowheads) in Patient 12 (**C**). Lateral early repolarization (arrowheads) in Patient 9 (inferior and anterior repolarization abnormalities not shown) (**D**). Dynamic J-point elevation in VI (arrowheads) in Patient 21 (**E**). Notching of the terminal portion of ORS in VI in Patient 18 (**F**).

# Changes with age and related to specific mutation

One individual (Patient 15) had a normal ECG with IVCD at the age of 3 years; at age 9 years, incomplete right bundle branch block and abnormal repolarization inferiorly were noted (Fig. 5A and B). Dynamic changes were also seen in Patient 7 (Fig. 5E and F). Overall, the prevalence of ECG abnormalities was significantly greater in individuals aged  $\geq 16$  years than in those < 16 years (P = 0.0095). Nineteen patients harboured the p.D801N mutation: all eight patients (42.1%)  $\geq 16$  years, but only 6/11 patients (18.8%) < 16 years, had abnormal ECGs (P = 0.045).

The prevalence of any ECG abnormalities, and of repolarization abnormalities, remained significantly higher in the alternating hemiplegia cohort than in the disease control cohort if only the 47 cases with alternating hemiplegia with *ATP1A3* mutation were considered (P < 0.0001 for both comparisons). The QTc interval also remained significantly shorter when comparing only the 47 alternating hemiplegia cases with *ATP1A3* mutation against all 52 disease controls (unpaired *t*-test, P < 0.0001).

### Dynamic ECG changes

Three of five patients in whom serial 12-lead ECGs were available had dynamic electrocardiographic changes that varied from one ECG to another. Patient 9 had dynamic T wave inversion in leads V1–V3 (Fig. 5C and D). Six individuals (11.5%) had dynamic beat-to-beat ECG changes: five had dynamic changes in the T wave morphology (Fig. 5G), and one individual had intermittent 1 mm J-point elevation in lead V1 (Fig. 4E).

## **Discussion**

Alternating hemiplegia is a rare neurological disorder with significant phenotypic diversity (Panagiotakaki *et al.*, 2010). Known outcomes range from life into adulthood, with comparatively little disability, to premature mortality from sudden death. The broad range of presentations has typically been ascribed to neurological abnormalities, including epilepsy-related sudden death (SUDEP). Discovery of the underlying cause of most cases, *de novo* mutation in *ATP1A3*, is accelerating understanding of



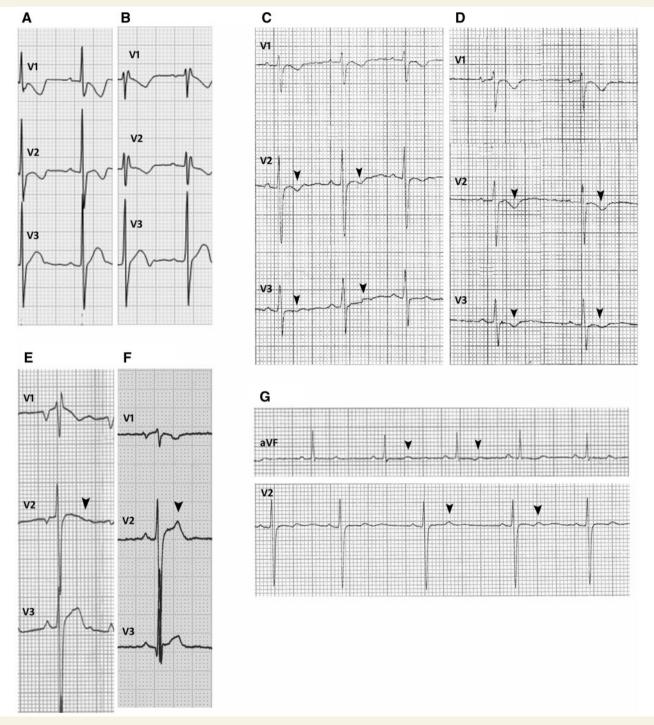


Figure 5 Age-related changes and dynamic changes. The baseline ECG performed in Patient 15 at the age of 3 years shows minor IVCD (A). The ECG performed at the age of 9 years in the same subject shows incomplete right bundle branch block [inferior repolarization abnormalities not shown (B)]. Dynamic anterior repolarization abnormalities in Patient 9: biphasic T-waves (arrowheads) in baseline ECG (C) and inverted T-waves (arrowheads) in the ECG recorded a week later than the baseline ECG (D). The baseline ECG performed at the age of 18 years in Patient 7 shows incomplete right bundle branch block, anterior repolarization abnormalities and right axis deviation [inferior repolarization abnormalities not shown (E)]. The ECG performed at the age of 19 years in the same case shows IVCD and no anterior repolarization abnormalities [arrowheads (F)]. Inferior and lateral dynamic repolarization abnormalities with subtle beat-to-beat variation (arrowheads) in T-waves in Patient 10 (G).

alternating hemiplegia (Heinzen *et al.*, 2014). *ATP1A3* expression extends beyond the brain, and includes the heart (Aye *et al.*, 2010). In keeping with this expression pattern and both paroxysmal and interictal neurological

dysfunction in *ATP1A3*-related disease (Heinzen *et al.*, 2014), we show common and dynamic abnormalities of cardiac physiology in alternating hemiplegia, as manifest in electrocardiographic data. Our findings have implications for the more complete understanding and management of alternating hemiplegia, and other cardiocerebral disorders, which include many epilepsies. The data also indicate the need for caution with drugs used for other symptoms or problems in people with alternating hemiplegia, as is the case, for example, with Brugada syndrome.

Overall, we show some type of ECG abnormality in just over half the cases (28/52). These abnormalities fall into three main categories: abnormal repolarization, with or without IVCD or incomplete right bundle branch block; I-wave or I-point changes; and the previously-reported single case of asystole. Repolarization abnormalities were present in 25 patients (48.1%), whereas they are seen in only 2% of healthy adults (Rautaharju et al., 2009). While isolated IVCD and incomplete right bundle branch block changes can be normal findings, the prevalence in our cohort (21.2%) is much higher than published normal data [2.3% in females; 4.7% in males (Bussink et al., 2013)], particularly in children [~1% (Chiu et al., 2008)], and much higher than the prevalence in disease controls with epilepsy. In addition, corrected QT intervals were significantly shorter in the alternating hemiplegia cohort compared to epilepsy disease controls. Short QT syndrome is a relatively recently-described cardiac channelopathy associated with a high risk of ventricular arrhythmia and sudden death (Priori et al., 2013), and mutations in KCNJ2 have recently been reported in patients with short QT syndrome and an autism-epilepsy phenotype (Ambrosini et al., 2014). In contrast, QT prolongation (rather than shortening) has been reported in individuals with epilepsy (Surges et al., 2010), suggesting that if alternating hemiplegia has an effect on the QT interval, it is the opposite of that seen in people with epilepsy. These findings are intriguing, but will require more data, possibly including longitudinal data, to interpret.

Several of the characteristics of the changes observed are typical of inherited cardiac channelopathies: the waveforms themselves, emergence with age, and beat-to-beat or ECGto-ECG variation. In one case, a transient waveform was typical of that seen in Brugada syndrome, an inherited cardiac electrophysiological disorder most commonly associated with loss-of-function mutations in the cardiac sodium channel gene SCN5A (in 20-30% of cases; Priori et al., 2013). Dynamic ECG changes are known to occur in many genetic cardiac channelopathies. A study of 89 patients with Brugada syndrome who underwent implantable cardiovertor defibrillator insertion and had serial ECG recordings revealed that only 24% of all ECGs per patient showed the diagnostic coved-type ST-segment elevation, 25% showed non-diagnostic ST-segment changes, and 51% were normal (Richter et al., 2009). Studies of serial ECGs in patients with long QT syndrome revealed considerable variability in QTc interval duration, with some measurements falling within the normal range (Goldenberg et al., 2006; Lee et al., 2013). The observed transience of the abnormalities recorded in our cohort suggests our findings, based largely on standard brief interictal

ECG records, may underestimate the true prevalence of ECG abnormalities in alternating hemiplegia, and point to the need for systematic studies with longer ECG recordings.

ECG abnormalities were more common in patients 16 years or older compared with those under 16. The p.D801N, p.E815K and p.G947R mutations are the most common mutations reported; p.E815K is generally associated with the most severe course of disease (Sasaki et al., 2014). In our cohort of patients, the most frequent mutation identified was pD801N (36.5%), followed by c.2443G > A; p.E815K (17.3%), and c.2839G > A;p.G947K (11.5%), consistent with published data. Overall, 73.7% of those harbouring D801N mutations had abnormal ECG recordings; 57% of those with abnormalities were aged over 16 (Table 3). Age-related penetrance of cardiac conduction abnormalities has been described in other cardiac channelopathies. In SCN5A mutation-positive patients with Brugada syndrome, intraventricular conduction changes were found to progress with age (Probst et al., 2006; Veltmann et al., 2006). In a large Portuguese family with Brugada syndrome, all 43 family members under age 16 had normal ECGs (Santos et al., 2010). Our relatively small case numbers make other genotype-phenotype or age-related analyses less meaningful, but overall the observations are in keeping with agerelated penetrance seen in known inherited cardiac channelopathies.

The Na<sup>+</sup>/K<sup>+</sup>-ATPase transporter is critical in maintaining electrochemical gradients across cell membranes by coupling hydrolysis of ATP with transmembrane  $3Na^{+}/2K^{+}$  exchange. The catalytic  $\alpha$ -subunit in humans has four isoforms:  $\alpha_1$ ,  $\alpha_2$ ,  $\alpha_3$  and  $\alpha_4$  encoded by ATP1A1, ATP1A2, ATP1A3 and ATP1A4, respectively, with differential tissue expression. Isoforms  $\alpha_1$ ,  $\alpha_2$ , and  $\alpha_3$ are expressed in the CNS;  $\alpha_1$  ubiquitously,  $\alpha_2$  predominantly in astrocytes and  $\alpha_3$  in peripheral and central neurons; all three isoforms are expressed in healthy human cardiomyocytes with variable mRNA levels of each subunit; 63% ( $\alpha_1$ ), 15% ( $\alpha_2$ ) and 23% ( $\alpha_3$ ) (Zahler *et al.*, 1993). Models of alternating hemiplegia [Myshkin mouse model (Kirshenbaum et al., 2013); Drosophila (Ashmore et al., 2009)], together with comparative molecular modelling, have demonstrated that some causal mutations in alternating hemiplegia (p.D801N, p.I274N, p.I810S, p.D923Y) lead to significant structural changes of the ATPase protein, affecting potassium binding and conductance (Ashmore et al., 2009; Kirshenbaum et al., 2013). In vitro studies show that p.E815K, p.I274N and p.G947R mutants have loss of ATPase activity and do not bind the ATPase inhibitor, ouabain, compatible with complete loss of function, whereas D801N mutants show absent ATPase activity, but retained ouabain-binding function, indicating abnormal cation binding and reduced K<sup>+</sup> affinity, lending support to the correlation between E815K and a more severe phenotype (Weigand et al., 2014). The underlying basis of the ECG abnormalities observed is not yet explained, but the findings point to dynamic abnormality of cardiac

repolarization reserve. This 'reserve' is the physiological redundancy of capacity to repolarize the myocardium that is the result of the multiple inward and outward cardiomyocyte currents that influence repolarization (Roden, 1998). Impaired repolarization reserve is considered important in sudden death associated with inherited cardiac channelopathies, and may possibly have a role in SUDEP.

Our findings suggest that alternating hemiplegia can be considered another cardiocerebral disorder, and that cardiac evaluation, with at least ECG, should be considered in alternating hemiplegia, especially in older ( $\geq 16$  years) patients. Our data do not permit more specific recommendations, but we note that in some cases, dynamic ECG changes of importance were only seen briefly during prolonged recording. The dynamic nature of ECG changes is reflected in the dynamic nature of many neurological symptoms that is typical of alternating hemiplegia, and may share a mechanistic explanation, though we note that there is obviously no link between the actual timing of ECG and neurological changes. The absence of ECG changes during a seizure or plegic episode does not preclude the existence of ECG changes at other times in the same individual.

We note that the general concept of 'cardiocerebral channelopathy' is further underpinned by several recent reports of cardiac arrhythmia, such as long QT syndrome or Brugada syndrome, in single individuals or kindreds with epilepsy due to mutations in ion channel genes such as *KCNH2* (Johnson *et al.*, 2009; Omichi *et al.*, 2010; Zamorano-León *et al.*, 2012; Partemi *et al.*, 2013) and *KCNQ1* (Goldman *et al.*, 2009; de Llano *et al.*, 2015).

Our study has limitations. These include limited sampling of the ECG, leading to possible underestimates of the prevalence of abnormalities; possible referral bias, as invitation to participate followed the publication of a single case report (Novy et al., 2014), though it should be noted that the findings in that case were not typical of those reported here; ascertainment bias is also likely, as patients with alternating hemiplegia who may have been undiagnosed and died early would not have been included, again leading to underestimation of prevalence of abnormalities; and the lack of other functional cardiac data, including echocardiography and measures of cardiac function. ECGs were not reviewed in blinded fashion. Although older patients were more likely to be taking antiepileptic drugs, we show that the use of flunarizine or antiepileptic drugs was not associated with whether a patient had ECG abnormalities or not. Overall, the spectrum of drugs taken is not associated with repolarization abnormalities: interval prolongation (e.g. affecting QTc) and arrhythmias seen with antiepileptic drugs (Surges et al., 2010) were not observed in our sample, while flunarizine has no effect on normal dog heart (Vos et al., 1992). We did not include normal controls, as the waveforms and parameters studied have well-established normal ranges from thousands of individuals (e.g. Rautaharju et al., 2009; Surawicz et al., 2009). The number of cases (five) without ATP1A3

mutation was small: none of these cases had documented ECG changes. Comparisons between alternating hemiplegia cases and the disease control group remained significant when considering only the *ATP1A3* mutation-bearing alternating hemiplegia cases.

Three-quarters of our cases had had seizures or had a diagnosis of epilepsy (Table 1 and Supplementary Table 1). ECG abnormalities are recognized, and probably under-reported, in epilepsy (Lamberts et al., 2015). Our findings might be considered to reflect the seizure disorders in our patients with epilepsy, but we show that the prevalence both of any abnormality and of repolarization abnormalities is significantly higher in the alternating hemiplegia cases than in an age-matched disease control cohort of people with epilepsy. Moreover, not all patients with ECG abnormalities had epilepsy, and our findings illustrate that in alternating hemiplegia, somatic (cardiac) comorbidity is not temporally related to plegic episodes or seizures, but probably due to shared expression in heart and brain of mutated protein. In a knock-in mouse model of alternating hemiplegia, with the D801N mutation, there is a higher incidence of sudden death than expected: some mice had witnessed seizure-related death, considered to be SUDEP, but there were also mice 'found dead' and others who died 'spontaneously' (Hunanvan et al., 2015). Sudden premature death in alternating hemiplegia is not always explained. It has been ascribed to cardiorespiratory dysfunction, for which our findings provide a further basis. Our findings may have broader application to the concept of independent cardiac dysfunction as a mechanism for some cases of sudden death in epilepsy (Parisi et al., 2013), especially with increasing numbers of channels and channel-related pathways being causally implicated in epilepsy. Systematic evaluation of function in organs sharing expression of mutated genes needs consideration with any newly-discovered genetic cause of a condition. In alternating hemiplegia, study of other systems that express ATP1A3 should also be considered. Systematic longitudinal cardiac studies are also now necessary in alternating hemiplegia, as cardiac arrhythmic death is potentially preventable.

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## Supplementary material

Supplementary material is available at Brain online.

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Jaffer, F;Avbersek, A;Vavassori, R;Fons, C;Campistol, J;Stagnaro, M;De Grandis, E;Veneselli, E;Rosewich, H;Gianotta, M;Zucca, C;Ragona, F;Granata, T;Nardocci, N;Mikati, M;Helseth, AR;Boelman, C;Minassian, BA;Johns, S;Garry, SI;Scheffer, IE;Gourfinkel-An, I;Carrilho, I;Aylett, SE;Parton, M;Hanna, MG;Houlden, H;Neville, B;Kurian, MA;Novy, J;Sander, JW;Lambiase, PD;Behr, ER;Schyns, T;Arzimanoglou, A;Cross, JH;Kaski, JP;Sisodiya, SM

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