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Femtosecond laser-assisted cataract surgery versus standard phacoemulsification cataract surgery

Case-control study from the European Registry of Quality Outcomes for Cataract and Refractive Surgery

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48

49 **ABSTRACT**

50

51 **PURPOSE:** To compare the visual, refractive and adverse outcomes of femtosecond
52 laser-assisted cataract surgery (FLACS) to conventional phacoemulsification
53 cataract surgery (CPCS).

54

55 **SETTING:** Cataract surgery clinics in 9 European countries and Australia (FLACS)
56 and in 18 European countries and Australia (CPCS).

57

58 **DESIGN:** Multicenter consecutive case control study from the European Registry of
59 Quality Outcomes for Cataract and Refractive Surgery.

60

61 **METHODS:** Eyes undergoing FLACS were matched to eyes undergoing CPCS, for
62 preoperative corrected distance visual acuity (CDVA), age and preoperative risk
63 factors. The two groups were compared for intraoperative and postoperative
64 complications, postoperative CDVA, absolute biometry prediction error (BPE),

65 preoperative and postoperative corneal astigmatism and surgically induced
66 astigmatism (SIA). Follow-up was 7-60 days.

67

68 **RESULTS:** A total of 2,814 FLACS cases were matched to 4,987 CPCS cases. The
69 majority were female (57%) with mean age 66 years and baseline logMAR CDVA
70 0.32 (6/12-1). Posterior capsule complications were similar (FLACS: 0.4 %; CPCS:
71 0.7%). Postoperative logMAR CDVA differed by one letter (FLACS: 0.05 [6/6-3];
72 CPCS: 0.03 [6/6-2]). At follow-up, FLACS versus CPCS compared as follows: worse
73 postoperative CDVA (by 5 letters or more): 1% versus 0.4%; % CDVA 0.3 (6/12) or
74 better: 87.8% versus 90.4% ; absolute BPE: 0.43 D versus 0.40 D; % within $\pm 0.5D$
75 of target: 72% versus 74.3%; postoperative complications : 3.4% versus 2.3%.

76

77 **CONCLUSION:** FLACS does not have superior visual and refractive outcomes, but
78 does have superior corneal astigmatic treatment outcomes, compared to CPCS.
79 Intraoperative complications are similar and low in both groups. Postoperative
80 complications are lower in CPCS.

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84

85 **INTRODUCTION**

86

87 Femtosecond laser-assisted cataract surgery (FLACS) has been under the spotlight
88 since the first publication of its use in clinical practice, in 2009. **(Nagy 2009)**

89 Femtosecond lasers can perform the anterior capsulotomy, lens fragmentation and
90 corneal incision construction, as well as corneal astigmatic treatment

91

92 There has been significant excitement in the peer-reviewed **(Mamalis 2013;**
93 **Lindstrom 2011)** and non-peer-reviewed **(Duke Med Health News Nov 13; Duke**
94 **Med Health News Jan 2012)** ophthalmic literature, regarding the potential
95 advantages of FLACS over conventional phacoemulsification cataract surgery
96 (CPCS).

97

98 Successful outcome in cataract surgery is measured in terms of visual outcome
99 (visual acuity) **(Lundstrom 2012; Jaycock 2009; Hahn 2011)**, refractive outcome
100 (biometry prediction error [BPE] of postoperative refraction) **(Lundstrom 2012;**
101 **Hahn 2011)**, rate of complications (with the rate of torn posterior capsule being used
102 as a benchmark standard against which cataract surgeons measure
103 themselves)**(Lundstrom 2012; Johnston 2010)** and, more recently, patient-reported
104 outcome measures (PROMs). **(McAlinden 2011; Lamoureux 2011)**

105

106 Even though several studies have shown that FLACS demonstrates better
107 reproducibility in terms of capsulotomy diameter and centration **(Nagy 2011;**
108 **Friedman 2011; Kranitz 2011; Auffarth 2013; Reddy 2013; Mastropasqua 2013)**,
109 corneal wound construction **(Mastropasqua 2014; Grewal 2014)** and decreased

110 ultrasound energy and time (**Takacs 2012; Conrad-Hengerer 2012 a; Abell 2013;**
111 **Conrad-Hengerer 2013 c; Reddy 2013; Daya 2014**), there is no evidence, to date,
112 showing that visual and refractive outcomes achieved with FLACS, are superior, in a
113 clinically meaningful way, to those achieved with CPCS. (**Kránitz 2012; Miháltz**
114 **2011; Abell 2013; Roberts 2012; Lawless 2012; Filkorn 2012**)

115

116 In addition, even though posterior capsule complication rates with FLACS are
117 reported as similar to the lowest published rates for CPCS (**Roberts 2013**), these
118 findings need to be balanced against the fact that these FLACS studies excluded
119 cases with small pupil and other difficult cases, which carry a higher risk of posterior
120 capsule rupture.

121

122 So, even though there is a plethora of published reports about FLACS in the
123 literature, there is lack of evidence regarding its superiority over CPCS. The authors
124 believe such evidence can be delivered by a carefully constructed case-control
125 study, using the European Registry of Quality Outcomes for Cataract and Refractive
126 Surgery (EUREQUO), a well-established multinational cataract and refractive
127 surgery database. EUREQUO has contributed to the formulation of evidence-based
128 guidelines for CPCS (**Lundström 2012**) and has provided data on visual outcomes
129 in a real-life clinical setting. (**Lundström 2013**)

130

131 The superiority of FLACS over CPCS, has not been shown. This study aims to
132 compare the visual, refractive and adverse outcomes of a consecutive series of
133 FLACS cases to carefully matched cases of CPCS as reported in EUREQUO.

134

135 **MATERIALS AND METHODS**

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Ophthalmic surgeons from Europe and Australia, with known clinical experience in FLACS, were invited, to participate in the study. The laser platform was not identified in order to avoid bias. The surgeons had to have performed at least 50 cases of FLACS to account for the learning curve associated with a new procedure. The FLACS cases reported had to be consecutive and a case was included from the moment docking was attempted.

The EUREQUO web form was used as the case report form for all cases. The patients were informed about registration of their data in EUREQUO and were free to accept or refuse participation in the study, without their decision affecting their treatment. A dedicated, site-specific, registry manager, trained by the European Society of Cataract and Refractive Surgeons, ensured that reporting guidelines were met and consecutive FLACS cases were reported. Local institutional ethics committee approval was obtained for each participating clinic.

The EUREQUO web form normally used for recording CPCS preoperative, intraoperative and postoperative data underwent expansion, to allow recording of parameters specific to FLACS. **(Lundstrom 2012)** A number of FLACS-specific parameters were extracted for each FLACS case, in addition to the regular parameters related to CPCS:

Demographic data: age; gender.

160 Preoperative data: corrected distance visual acuity (CDVA) in logarithm of the
161 minimum angle of resolution (logMAR) (calculated from the decimal notation in the
162 database) [with Snellen equivalent]; target refraction [D]; keratometry (K) readings;
163 ocular co-morbidity (glaucoma; AMD; diabetic retinopathy; amblyopia; other);
164 surgical difficulty (previous corneal refractive surgery; white cataract;
165 pseudoexfoliation; previous vitrectomy; corneal opacity; small pupil; other).

166

167 Intra operative data: steps of the cataract operation for which the laser platform was
168 used (corneal incision, corneal astigmatic treatment, capsulotomy, nucleus
169 fragmentation); type of intraocular lens (IOL) (acrylic hydrophilic; acrylic hydrophobic;
170 hydrogel; PMMA; silicone; no IOL); additional IOL specification (accommodative;
171 toric; multifocal; multifocal toric); surgical complications common to both procedures
172 (torn posterior capsule; vitreous loss; iris damage; dropped nucleus; other); FLACS-
173 specific complications (procedure abandoned and reason, conversion to CPCS or
174 extracapsular cataract extraction, incision-related complications, capsulotomy-
175 related complications, lens fragmentation-related complications, other laser-related
176 complications).

177

178 Postoperative data: CDVA in logMAR (calculated from the decimal notation in the
179 database) [with Snellen equivalent]; K-readings; postoperative refraction;
180 postoperative complications (uveitis; corneal edema; early posterior capsule
181 opacification; uncontrolled intraocular pressure; IOL explantation; other).

182

183 FLACS cases were recruited between December 1st 2013 and May 31st 2015.

184 CPCS cases were recruited retrospectively from the CPCS cases reported in the

185 EUREQUO database in 2014.

186

187 Statistical analysis

188

189 The criteria for matching CPCS cases to FLACS cases included: exact matching for

190 preoperative logMAR CDVA in the eye to be operated on; age matched within 2

191 years; same number of ocular co-morbidities (see preoperative data); same number

192 of surgical difficulty variables (see preoperative data). We aimed to match two CPCS

193 cases for each FLACS case.

194

195 All statistical calculations were performed using IBM SPSS, version 22, IBM Ltd,

196 Chicago, Ill. Demographic data were analyzed using descriptive statistics. CPCS

197 cases were compared to FLACS cases for age, gender, preoperative and

198 postoperative CDVA, intraoperative and postoperative complications, absolute

199 biometry prediction error (BPE), preoperative and postoperative corneal astigmatism

200 and surgically induced astigmatism (SIA) by Naeser polar value. The chi-square test

201 was used for categorical variables and the 2-tail Student's t-test for numerical

202 variables.

203

204 Unchanged postoperative CDVA was defined as postoperative CDVA within 0.10

205 logMAR of preoperative CDVA, according to *Bailey et al. (Bailey 1991)* (1 Snellen

206 line of 5 letters). Accordingly, better postoperative CDVA was defined as CDVA that

207 had increased by more than 0.10 logMAR from the preoperative value and worse

208 postoperative CDVA was defined as CDVA that had deteriorated by more than 0.10
209 logMAR from the preoperative value. The percentage of CPCS and FLACS cases
210 with better, unchanged and worse postoperative CDVA were examined as was the
211 percentage of CPCS and FLACS cases with BPE within ± 0.5 D and within ± 1.0 D of
212 target. Follow up period in the database ends 2 months after surgery. Multivariate
213 analyses of relationships between the dichotomized visual outcome and the other
214 variables were performed by logistic regression.

215

216 Refractive surprise was defined as a BPE outside ± 2 D of target. Corneal
217 astigmatism [mean K] was defined as [mean K_{steep}] - [mean K_{flat}], both before and
218 after surgery. Clinically significant residual postoperative corneal astigmatism was
219 defined as corneal astigmatism ≥ 1.5 D. Multivariate analyses of relationships
220 between postoperative corneal astigmatism and other variables were performed by
221 logistic regression. Multivariate analyses of relationships between SIA and other
222 variables were performed by linear regression. In all analyses, a p-value of 0.05 or
223 less was considered significant.

224

225 **RESULTS**

226

227 Surgeons from 10 countries (Australia; Belgium; Czech Republic; Germany;
228 Hungary; Italy; the Netherlands; Spain; Turkey; United Kingdom) contributed data
229 from FLACS cases, between December 2013 and May 2015. Surgeons from 19
230 countries (Australia; Austria; Belgium; Czech Republic; Denmark; Germany; Greece;
231 Hungary; Iceland; Ireland; Italy; Lithuania; the Netherlands; Norway; Slovak
232 Republic; Spain; Switzerland; Turkey, United Kingdom) contributed data from CPCS

233 cases, between January and December 2014. The number of FLACS cases and
234 matched CPCS controls are given in Figure 1. The achieved 1:1.8 case-control ratio
235 did not reach the intended 1:2 case-control ratio. The preoperative characteristics of
236 the two groups are given in Table 1.

237

238 In the 2,814 FLACS cases with matched CPCS controls, a femtosecond laser was
239 used to carry out the corneal incisions in 34.7% of cases, the capsulotomy in 99.4%
240 of cases and the nucleus fragmentation in 94.7% of cases. In addition, 4.5% of
241 FLACS cases had corneal astigmatism treated by the femtosecond laser at the time
242 of cataract surgery.

243

244 Intra operative complications of FLACS and CPCS are given in Table 2. FLACS-
245 specific complications are given in Table 3. Data on type of IOL implanted are given
246 in Table 4.

247

248 Postoperative outcomes, including visual outcomes, refractive outcomes and
249 postoperative complications, are given in Table 5, for all FLACS cases compared to
250 all CPCS cases. Due to the high rate of use of multifocal IOLs in the FLACS group
251 (see Table 4), we compared postoperative outcomes between FLACS cases and
252 CPCS cases, including only cases where monofocal IOLs were used.

253

254 Multivariate logistic regression analysis results for the association between worse
255 postoperative CDVA after FLACS or CPCS and significant preoperative,
256 intraoperative and postoperative variables, are reported in Table 6A for monofocal
257 IOLs only and in table 6B for all cases. Multivariate logistic regression analysis

258 results for the association between refractive outcome of FLACS or CPCS and
259 significant preoperative and intraoperative variables are reported in Table 7.
260 Multivariate logistic regression analysis results for the association between
261 postoperative corneal astigmatism after FLACS or CPCS and significant
262 preoperative and intraoperative variables are reported in Table 8.

263

264 In a multivariate linear regression analysis for the association between postoperative
265 SIA (reported by the Naeser polar value) after FLACS or CPCS and significant
266 preoperative and intraoperative variables, a higher Naeser polar value was predicted
267 (standardized beta coefficient [CI]) by poorer preoperative logMAR CDVA (0.69
268 [0.114 – 0.224]), previous astigmatic treatment (0.71 [0.207 – 0.406]), any ocular co-
269 morbidity (0.52 [0.068 – 0.169]), CPCS (0.061 [0.069 – 0.155]), previous corneal
270 refractive surgery (0.58 [0.262 – 0.587]) and female gender (0.028 [0.11 – 0.091]).

271

272 **DISCUSSION**

273

274 The intention of this study was to compare FLACS to CPCS, in terms of visual
275 outcome, refractive outcome and complications, by means of a case-control study
276 using data from EUREQUO.

277

278 The intended 1:2 case-control ratio was not achieved despite the large number of
279 CPCS cases submitted to EUREQUO during the study period (over 295,000 cases),
280 because there were not enough CPCS controls in the database with matching
281 preoperative CDVA and matching (young) age. The trend for FLACS patients to
282 have better preoperative CDVA has been reported before (**Ewe 2015**) and may

283 indicate surgeon or patient preference for FLACS, or possibly, socioeconomic
284 influences on the selected mode of surgery. The trend for younger age in FLACS,
285 compared to CPCS patients, which was overcome with meticulous matching, has not
286 been reported in previous comparative studies. (**Abell 2013; Abell 2014; Mayer**
287 **2014b; Ewe 2015**). However, age may be a confounding factor for other
288 characteristics in the FLACS group, such as previous corneal refractive surgery and
289 preference for non-monofocal IOLs.

290

291 There was a difference in the type of detailed? ocular co-morbidities and surgical
292 difficulty variables between the two groups. There were more patients with diabetic
293 retinopathy in the CPCS than the FLACS group and more patients with amblyopia in
294 the FLACS than the CPCS group. Other studies comparing FLACS to CPCS either
295 excluded patients with coexistent ocular disease (**Conrad-Hengerer 2015**) or did not
296 report preoperative ocular co-morbidities. (**Ewe 2015**). In one study where patients
297 with ocular co-morbidities, other than corneal were included, the preoperative and
298 postoperative CDVA did not differ in the two groups. (**Abell 2013**). The difference in
299 diabetic retinopathy rates in this study may indicate surgeon preference for eyes with
300 less disease for the newer surgical technique, while the difference in amblyopia rates
301 may indicate surgeon preference for eyes with a wider visual safety margin for the
302 newer surgical technique. The FLACS group had a much higher rate of previous
303 corneal refractive surgery and pseudoexfoliation, while the CPCS group had a much
304 higher rate of white cataracts, small pupils and other surgical difficulty variables
305 (such as deep-set eyes, patients with kyphosis or other inability to position for
306 surgery etc).

307

308 The higher rate of previous corneal refractive surgery in the FLACS group is,
309 clinically, very significant. A recent study showed that CPCS patients with previous
310 corneal refractive surgery are younger and at much higher risk of worse
311 postoperative CDVA than patients without previous corneal refractive surgery,
312 especially when they have good preoperative CDVA. **(Manning 2015)** Studies
313 comparing FLACS to CPCS to date, either excluded patients with previous corneal
314 refractive surgery **(Abell 2013)** or did not report on that preoperative characteristic.
315 **(Ewe 2015)** It is possible that FLACS surgeons also perform corneal refractive
316 surgery, so they have an over representation of patients with previous corneal
317 refractive surgery, who subsequently undergo cataract surgery.

318

319 There were more white cataracts in the CPCS than in the FLACS group. This is likely
320 because laser is unable to penetrate through opaque lens material, so that the laser
321 cannot perform the step of lens fragmentation. Also, even though anterior
322 capsulotomy in white cataracts is technically feasible with FLACS, the rate of
323 capsule related complications such as radial tears, capsular tags and incomplete
324 capsulotomy buttons, is still high in such cases. **(Conrad-Hengerer 2014)**

325

326 The rate of pseudoexfoliation was higher in the FLACS compared to the CPCS
327 group. However, the two groups were not matched for race. In addition, there can be
328 up to 50% clinical under-diagnosis of pseudoexfoliation, according to a
329 histopathologic study of 40 eyes with late in-the-bag subluxation or dislocation. (Liu
330 2015)

331

332 In contrast, the rate of small pupils was higher in the CPCS compared to the FLACS

333 group. This is because laser capsulotomy requires direct line of site to the capsule
334 and a safety zone of 1000 µm between iris and capsule to avoid inadvertent laser
335 damage to the iris and subsequent intraoperative pupil miosis. Techniques to assist
336 FLACS in eyes with a small pupil have been described. **(Conrad-Hengerer 2013)**
337 However, in such cases, it is recommended that both the FLACS treatment and the
338 manual part of the cataract operation be performed in the same sterile room, without
339 moving the patient, to reduce the risk of infection. This may limit the use of FLACS in
340 eyes with small pupils to surgeons with access to that particular operating theatre
341 arrangement. The particular operating theatre organization of each participating
342 FLACS clinic in this study is not known. However, there were no cases of
343 postoperative endophthalmitis in either study group.

344

345 Other surgical difficulty variables, not specified in the EUREQUO database, but
346 grouped under the term “other”, were higher in the CPCS than in the FLACS group.
347 The reason could be that FLACS surgeons avoid these cases as they affect the
348 ability to obtain successful docking, such as narrow palpebral fissure, deep set orbit,
349 severe blepharospasm, pterygia and conjunctival chalasis, or variables that affect
350 the ability to position the patient underneath the laser, such as cervical kyphosis and
351 inability of the patient to stay still.

352

353 The laser was used for the capsulotomy in over 99% of FLACS cases, for nucleus
354 fragmentation in 95% of cases, for corneal incisions in 35% of cases and for
355 astigmatic incisions in 5% of cases. This breakdown is different from the results of
356 the most recent ESCRS and ASCRS members’ survey, where astigmatic incisions
357 were used in over 70% of cases. **(Duffey 2015)** It may also reflect the steps of

358 CPCS which surgeons find more challenging (**Travella 2011**), or the steps during
359 which cataract surgeons are more likely to encounter posterior capsule rupture
360 (nuclear dismantling, and cortical aspiration) and which they would, therefore, like to
361 be automated.

362

363 Overall, the rate of complications was higher in FLACS than in CPCS cases.
364 However, there are a number of FLACS-specific minor complications, such as
365 imperforate corneal incisions, capsular tags and bridges and incomplete laser
366 capsulotomies, which cannot occur during CPCS cataract surgery. This explains the
367 higher overall rate of complications with FLACS. For this reason, during the analysis
368 we also excluded FLACS-specific complications and we compared the rate of torn
369 posterior capsule, with or without vitreous loss, with or without dropped nucleus
370 (complications which are likely to affect the visual and refractive outcome) in the two
371 groups. The rates of these complications were low and similar in both groups. Also
372 they were similar to other large series of CPCS (**Lundstrom 2012, Sparrow 2011**)
373 and FLACS (**Roberts 2013, Chee 2015**) cases.

374

375 The rate of FLACS-specific complications was 2%. This included complications that
376 are unlikely to affect the final visual and refractive outcomes of the surgery
377 (imperforate corneal incisions, capsular tags and bridges and incomplete
378 capsulotomies), but are more likely to lengthen the surgery a little, because they
379 require the surgeon to manually complete those steps not fully completed by the
380 laser. The concern that FLACS is more time-consuming than CPCS and may affect
381 patient flow and volumes has been previously expressed. (**Feldman 2015, Hatch**
382 **2013, Donaldson 2013, Lubahn 2014**)

383

384 The rate of use of non-monofocal IOLs was much higher in the FLACS than in the
385 CPCS group. The choice of IOL to be implanted was at the discretion of the surgeon,
386 in consultation with the patient, according to the routines of each participating clinic.
387 High rates of non-monofocal IOL implantation in FLACS have been reported before
388 **(Ewe 2015)**, while some studies have found similar, albeit high rates of non-
389 monofocal IOL use in both FLACS and CPCS cases. **(Chee 2015)** This may suggest
390 that FLACS patients have different preconceptions, demands and expectations from
391 their cataract surgery than CPCS patients and may be being treated in a different
392 healthcare system.

393

394 Improvement in CDVA was defined as a gain of more than 0.1 logMAR (one line or 5
395 letters on the chart) and deterioration as loss of more than 0.1 logMAR. These
396 definitions were used in order to ensure that clinically meaningful changes in CDVA
397 were captured. A meta-analysis of 9 randomized controlled trials comparing FLACS
398 to CPCS found that CDVA was better in the FLACS group, but only by one logMAR
399 letter. **(Chen 2015)** Similarly, a non-randomized cohort study of 1105 FLACS eyes
400 with 410 matched historical controls, found that UDVA was better in the FLACS
401 group, but by less than one logMAR letter. **(Chee 2015)** These differences are not
402 clinically meaningful. Indeed, in this study, there was significant and clinically
403 meaningful improvement in postoperative CDVA of 2 ½ to 3 lines, following surgery
404 by either method. The improvement was similar in both groups, with the FLACS
405 group gaining, on average, one logMAR letter more than the CPCS group. There
406 was a difference in the proportion of patients with better, unchanged or worse
407 postoperative CDVA, with the CPCS group performing better in these categories.

408 Multivariate regression analysis revealed that worse postoperative CDVA was
409 associated with better preoperative CDVA, ocular co-morbidity, FLACS, posterior
410 capsule opacification (PCO), uveitis and other postoperative complications. Given
411 the fact that the two groups were exactly matched for preoperative CDVA, a possible
412 reason why the FLACS group had more cases with worse postoperative CDVA than
413 the CPCS group is the higher rate of postoperative complications.

414

415 Postoperative complications including corneal oedema, early PCO reducing visual
416 acuity, uveitis requiring treatment and uncontrolled intraocular pressure, were higher
417 in the FLACS than the CPCS group. A study of 1105 FLACS eyes with 6 weeks
418 follow-up, found similar rates of corneal oedema, and higher rates of posterior
419 capsule opacification and raised intraocular pressure, than our study. **(Chee 2015)**
420 Even though this study **(Chee 2015)** contained matched historical CPCS cases, a
421 comparison of postoperative complications between groups was not done. The
422 meta-analysis of nine randomized controlled trials, including 989 eyes (512 FLACS
423 and 477 CPCS) found no difference in postoperative endothelial cell counts and
424 central corneal thickness past the first day of follow-up and no difference in the rate
425 of macular oedema and elevated intraocular pressure. **(Chen 2015)** Both intraocular
426 surgery and the delivery of laser energy to intraocular tissues are pro-inflammatory,
427 through disruption of the blood-aqueous barrier. Our data suggest that FLACS may
428 be a little more pro-inflammatory than CPCS, leading to higher rates of corneal
429 oedema, early PCO reducing visual acuity, uveitis requiring treatment and
430 uncontrolled intraocular pressure. One prospective comparative study found that
431 prostaglandin levels in the aqueous of patients increased following FLACS compared
432 to CPCS. **(Schultz 2013)** However, in a prospective intra individual study of 204, the

433 levels of postoperative laser flare photometry as a measure of postoperative
434 intraocular inflammation were higher 2 hours following the procedure, in the CPCS
435 than in the FLACS group. **(Conrad-Hengerer 2014b)** The rates of postoperative
436 complications in the CPCS group were low, compared to a previous EUREQUO-
437 based study. **(Lundstrom 2012)**

438

439 Absolute BPE (also called mean absolute error) was 0.43D in the FLACS group and
440 0.40D in the CPCS group, with the difference being statistically but not clinically
441 significant. The percent of eyes within ± 0.5 D and within ± 1.0 D of target was higher
442 in the CPCS than the FLACS group (74% versus 72% and 94% versus 92%,
443 respectively). Multivariate regression analysis revealed that younger age, poor
444 preoperative CDVA, previous corneal refractive surgery, ocular co-morbidity and
445 FLACS was related to BPE outside ± 1 D of target. The refractive outcomes of other
446 studies comparing FLACS to CPCS are variable. A prospective multicenter
447 comparative cohort study of 1876 eyes (988 FLACS versus 888 CPCS) with 6 months
448 follow-up found that CPCS had better refractive results than FLACS (absolute BPE
449 of 0.35 D versus 0.41D and 83% within ± 0.5 D versus 72%). **(Ewe 2015)** A
450 nonrandomized cohort study of 1105 FLACS eyes with 420 matched, historical
451 controls with 6 weeks follow-up, found no difference in the absolute BPE between
452 the two groups (0.33 D versus 0.30 D). **(Chee 2015)** A prospective randomized intra
453 individual cohort study of 200 eyes with 6 months follow-up found that in the FLACS
454 group 92% and 100% of eyes were within ± 0.5 D and ± 1.0 D of target, respectively,
455 the highest reported rates in the peer-reviewed literature to-date. **(Conrad-Hengerer**
456 **2015)** Overall, the published refractive results for FLACS are very good and within
457 the accepted benchmark standards for CPCS. **(Lundstrom 2012)** In our study, the

458 superior refractive results in the CPCS group could be explained by smaller
459 proportion of eyes with previous corneal refractive surgery.
460
461 Corneal astigmatism was considered clinically meaningful if the mean K was ≥ 0.25
462 D, because this is the smallest amount that can be corrected by glasses or contact
463 lenses. Cases that received FLACS corneal astigmatic treatment, were analyzed
464 separately from FLACS cases that did not. When compared to CPCS cases, FLACS
465 cases without corneal astigmatic treatment had similar preoperative astigmatism to
466 CPCS cases (0.93 D versus 0.97 D). In contrast, FLACS cases that received corneal
467 astigmatic treatment had much higher preoperative astigmatism (1.30 D). CPCS
468 cases with high preoperative astigmatic treatment were not analyzed separately.
469 Postoperative corneal astigmatism was statistically lower, but clinically similar in both
470 FLACS and CPCS groups (0.89 D versus 0.95 D). In addition, corneal astigmatism
471 did not change significantly following cataract surgery in either group, except in the
472 FLACS subgroup that received corneal astigmatic treatment (1.30 D preoperatively
473 and 0.87 D postoperatively). This represented 4.5% of all FLACS cases. Our results
474 are very similar to a previous retrospective interventional case series of 54 eyes that
475 underwent FLACS including corneal astigmatic treatment. **(Chan 2015)** In our study
476 almost double the number of CPCS, compared to FLACS eyes had residual
477 postoperative cylinder of 1.5 D or higher (18.4% versus 9.2%). Surgically induced
478 astigmatism in the two groups was measured by the Naeser polar value at the
479 surgical meridian, which indicates the power of the efficacy of the surgical procedure.
480 **(Naeser 1997)** The Naeser polar value was smaller in the FLACS groups by 0.06 D.
481 This difference increased to 0.1 D, when all cases that received a toric IOL, FLACS
482 corneal astigmatic treatment or previous corneal refractive surgery were excluded.

483

484 There are limitations to this study. It is registry based, not a randomized controlled
485 trial. FLACS is in its infancy whilst CPCS is tried and tested. There was no
486 standardization of visual acuity testing, nor was there independent validation of
487 entered data. The allocation to femto was at the discretion of the surgeon. We did
488 not measure circularity or centration of the rhexis, effective lens position, or record
489 the femto platform used, phacoemulsification energy used, endothelial cell counts.
490 Although these parameters are relevant, but because there were no comparators in
491 the EUREQUO database for matching, we could not include them in this study.

492

493 In conclusion, in a case-control study in the real-life clinical setting, both FLACS and
494 CPCS have excellent visual outcomes and low complications. This study dispels the
495 claims that FLACS is a major advance and superior to the non-laser method. FLACS
496 has superior astigmatic outcomes, whilst CPCS has slightly better visual outcomes.
497 Intraoperative complications are similar and low in both groups. Postoperative
498 complications are higher in the FLACS group and specifically the FLACS patients
499 had a higher incidence of postoperative visual acuity worse than that prevailing
500 preoperatively, due specifically to corneal edema, early PCO and uveitis requiring
501 treatment. Future sophistication of FLACS may eliminate these differences.

502

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504

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507 reporting to the EUREQUO database.

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838 **Figure legends**

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841 **Figure 1:** Number of FLACS cases and matched CPCS controls. Number of cases

842 excluded from the matching process and reasons for the exclusion are also given.

843 FLACS: femtosecond laser-assisted cataract surgery; CPCS: conventional

844 phacoemulsification cataract surgery; EUREQUO: European Registry of Quality

845 Outcomes for Cataract and Refractive Surgery; K: keratometry; CDVA: corrected-

846 distance visual acuity

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