ORIGINAL ARTICLE



Fibroblast activation protein inhibitor (FAPI) PET for diagnostics and advanced targeted radiotherapy in head and neck cancers

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Abstract

Purpose Cancer-associated fibroblasts (CAFs) expressing fibroblast activation protein (FAP) have been associated with the aggressive nature of head and neck cancers (HNCs). These tumours grow diffusely, leading to extremely challenging differentiation between tumour and healthy tissue. This analysis aims to introduce a novel approach of tumour detection, contouring and targeted radiotherapy of HNCs using visualisation of CAFs: PET-CT with ⁶⁸Ga-radiolabeled inhibitors of FAP (FAPI). Methods FAPI PET-CT was performed without complications prior to radiotherapy in addition to contrast enhanced CT (CE-CT) and MRI on 14 patients with HNC. First, for tissue biodistribution analysis, volumes of interest were defined to quantify SUV_{mean} and SUV_{max} in tumour and healthy parenchyma. Secondly, using four thresholds of three-, five-, seven- and tenfold increase of FAPI enhancement in the tumour as compared with normal tissue, four different gross tumour volumes (FAPI-GTV) were created automatically. These were compared with GTVs created conventionally with CE-CT and MRI (CT-GTV). **Results** The biodistribution analysis revealed high FAPI avidity within tumorous lesions (e.g. primary tumours, SUV_{max} 14.62 ± 4.44; SUV_{mean} 7.41 \pm 2.39). In contrast, low background uptake was measured in healthy tissues of the head and neck region (e.g. salivary glands: SUV_{max} 1.76 ± 0.31; SUV_{mean} 1.23 ± 0.28). Considering radiation planning, CT-GTV was of 27.3 ml, whereas contouring with FAPI resulted in significantly different GTVs of 67.7 ml (FAPI \times 3, p = 0.0134), 22.1 ml (FAPI \times 5, p = 0.0419), 7.6 ml (FAPI \times 7, p = 0.0001) and 2.3 ml (FAPI \times 10, p = 0.0001). Taking these significant disparities between the GTVs into consideration, we merged FAPI-GTVs with CT-GTVs. This resulted in median volumes, that were, as compared to CT-GTVs, significantly larger with FAPI \times 3 (54.7 ml, + 200.5% relative increase, p = 0.0005) and FAPI \times 5 (15.0 ml, + 54.9%, p = 0.0122).

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Furthermore, FAPI-GTVs were not covered by CE-CT-based planning target volumes (CT-PTVs) in several cases. **Conclusion** We present first evidence of diagnostic and therapeutic potential of FAPI ligands in head and neck cancer. Larger studies with histopathological correlation are required to validate our findings.

Keywords Fibroblast activation protein · PET-CT · Radiation therapy planning · Head and neck cancer

List of abbreviations

¹⁸ F-FDG	¹⁸ F-fluorodeoxy-D-glucose	
⁶⁸ Ga-FAPI	⁶⁸ Ga-fibroblast activation protein inhibitor	
CE-CT	Contrast-enhanced computer tomography	
CT	Computer tomography	
EORTC	European Organisation for Research and	
	Treatment of Cancer	
FAP	Fibroblast activation protein	
GTV	Gross tumour volume	
HNC	Head and neck cancer	
HPV	Human papilloma virus	
IMRT	Intensity modulated radiotherapy	
MRI	Magnetic resonance imaging	
PET	Positron emission tomography	
PTV	Planning target volume	
SCC	Squamous cell carcinoma	
SUV	Standardised uptake value	

Introduction

Head and neck cancers (HNC) are the sixth most common malignancy in the world with over 650,000 cases and 330,000 deaths annually [1]. The incidence rates are on the rise over the last years and the patient population is getting younger, especially in the USA and Europe [2].

Radiation therapy (RT) is well established as one of the most important modalities of treating HNC and has immensely contributed to improvements in overall survival of HNC patients. The opportunities of precise RT are growing, e.g. intensity-modulated radiation therapy (IMRT) allows steep gradients. Inescapably, there is a growing necessity for higher precision in diagnostics and differentiation between tumour and adjacent healthy tissue [3]. This is directly relevant for target volume definition for RT and thus decides about tumour recurrence patterns and toxicity to healthy tissue [4]. At the same time, tumour recurrence is often observed within the RT target volume or at its margins [5]. Hence, resistance to RT remains a great challenge.

Most HNCs tend to grow in an invasive and diffuse manner with infiltration of the originating or neighbouring small, delicate and anatomically complex structures such as the otorhinolaryngeal cavities, brain, muscles, bones etc. CT and MRI imaging, despite the application of contrast agents, often fail to demarcate HNC. Positron emission tomography-CT (PET-CT) using ¹⁸F-fluorodeoxy-D-glucose (¹⁸F-FDG) tracer is already well recognised for staging, as well as treatment response imaging [4]. However, FDG PET-CT bears several limitations for use in HNC as the technique lacks high contrast. In addition, high glucose uptake and consequently FGD-PET positivity is seen in several crucial healthy tissues such as salivary glands, brain, cervical muscles or lymph nodes [4]. Moreover, false-positive uptake in inflamed peritumour tissue or after surgery and radiotherapy is also very common [6]. With all these weaknesses of FDG PET-CT, it remains difficult to precisely circumscribe the tumours.

Epithelial carcinomas may consist of more than 90% stroma, including also fibroblasts. These carcinoma-associated fibroblasts (CAFs) have recently been identified as key players of tumour invasiveness, progression and therapy resistance [7]. Fibroblast activation protein (FAP) is overexpressed by CAFs of several cancer entities, including HNCs and on the other hand, FAP expression in healthy tissue is relatively low [8].

Thus, visualisation of CAFs using the recently discovered quinoline-based PET tracers, which act as FAP inhibitors (FAPI), is ground-breaking. First in human studies, they have already demonstrated high-contrast tumour imaging using ⁶⁸Ga-FAPI PET-CT [8–12]. In this pioneering study, we are investigating the use of FAPI PET-CT to precisely detect and innovatively delineate HNCs for RT planning.

Table 1 Patient characteristics

Total patients	14 68.5 (48-83)	
Median age		
Sex		
Male	12	86%
Female	2	14%
Pre-treatment		
Biopsy only	12	86%
Resection	2	14%
Radiotherapy		100%
Radiotherapy only	6	43%
Radio-chemotherapy	7	50%
Radio-immunotherapy	1	7%
Histology		
Squamous cell carcinoma (SCC)	12	86%
Mucoepidermoid carcinoma	1	7%
Undifferentiated	1	7%

Materials and methods

Patient cohort

This analysis was done using an existing database of 14 HNC patients with age > 18 years (Table 1). They were referred to our Department of Radiation Oncology of the Heidelberg University Hospital, Heidelberg, Germany between July 2017 and August 2018 by their primary otorhinolaryngologists, oral and maxillofacial surgeons or oncologists due to the challenging complexity of the tumours. This complexity required advanced and experimental diagnostic imaging and treatment planning for which we referred them to our collaborating Department of Nuclear Medicine for the FAPI PET-CT.

Most of the patients received radiotherapy in definitive setting and only with a prior biopsy for histological confirmation (85.7%). Two patients (14.3%) received additive radiotherapy after surgical resection with macroscopic residual tumour. All patients had histologically confirmed HNCs, whereas squamous cell carcinoma (SCC) was the most common histology (85.7%). Radiotherapy was performed alone or concomitant with chemo- or immunotherapy (Table 1).

FAPI-PET imaging and biodistribution analysis

All patients gave written informed consent for undergoing ⁶⁸Ga-FAPI PET-CT. The radiopharmaceutical was administered intravenously (80 nmol/GBq) followed by image acquisition 30 min after tracer administration. The PET/CT scans were performed with a Biograph mCT Flow PET/CT-Scanner (Siemens Medical Solutions). A low-dose whole body CT scan (130 keV, 30 mAs, CareDose; reconstructed with a soft-tissue kernel to a slice thickness of 5 mm) was used for attenuation correction and image fusion. A 3-D emission scan (matrix 200×200) was performed, subsequently using FlowMotion (Siemens). The emission data was corrected for randoms, scatter and decay. Reconstruction was performed with an ordered subset expectation maximisation (OSEM) algorithm with two iterations/21 subsets and Gauss-filtered to a transaxial resolution of 5 mm at full width at half maximum (FWHM).

Circular volumes of interest were used inside tumour lesions and healthy tissues to quantify the radiotracer biodistribution in patients. This resulted in SUV_{max} and SUV_{mean} .

Target volume delineation

Syngo.via software (VB10B, Siemens Healthineers) was used for target volumetric analyses. For PET-based GTV definition (FAPI-GTV), we compared SUVs of the primary tumour to healthy appearing surrounding tissue. First, we quantified SUV of healthy tissue using region-of-interest method for every patient. This resulted in an individual background value, which was used to define different thresholds of FAPI uptake in the primary tumour. As there is no experience so far in target volume delineation using ⁶⁸Ga-FAPI PET-CT, we used four thresholds of three-, five-, seven- and tenfold increase of FAPI enhancement (SUV_{max}) in the tumour as compared with normal tissue to automatically create four different-sized FAPI-GTVs.

These experimental FAPI-GTVs were then correlated with anatomical CT/MR imaging, checked for plausibility and if needed, corrected for false-positive/negative FAPI uptake by two nuclear medicine physicians and two radiation oncologists, experienced and board certified respectively in their fields. Radiation field delimitation is characteristically a subjective task, thus consensus of experts in the field is considered the best standard of reference.

All patients also received contrast-enhanced CT (CE-CT) in combination with an MRI for the conventional radiation treatment planning. GTVs here (CT-GTV) were defined by board-certified radiation oncologists using the latest EORTC guidelines [13] on CT/MR images without the help of PET imaging. Furthermore, by adding a 5-mm margin while respecting anatomical borders, clinical target volumes (CT-CTVs) were created. As a last step, planning target volumes (CT-PTVs) were defined by adding another 5 mm margin to the CT-CTVs. GTVs on their own were often used for applying additional radiation dose (boost) to the tumour.

For better evaluation of discrepancies, we merged FAPI-GTVs with CT-GTVs and compared the merged GTVs with CT-GTVs. Lastly, we also compared FAPI-GTVs with CE-CT-PTVs as PTV is the last boundary that provides therapeutic radiation dose for tumour control.

Statistics

Wilcoxon matched-pairs signed rank test was used to check for significant differences (p < 0.05).

Results

Radiopharmaceutical safety

All patients tolerated ⁶⁸Ga-FAPI PET-CT without any complication. No symptoms were reported during injection and the 1.5-h follow-up.

Biodistribution analysis

In a first step, we performed biodistribution analyses for 68 Ga-FAPI for evaluation of imaging resolution quality and standardisation. SUV_{max} and SUV_{mean} were used for this purpose (Figs. 1 and 2).

The highest activity concentration was measured in the primary tumour (SUV_{max} 14.62 ± 4.44 ; SUV_{mean} $7.41 \pm$

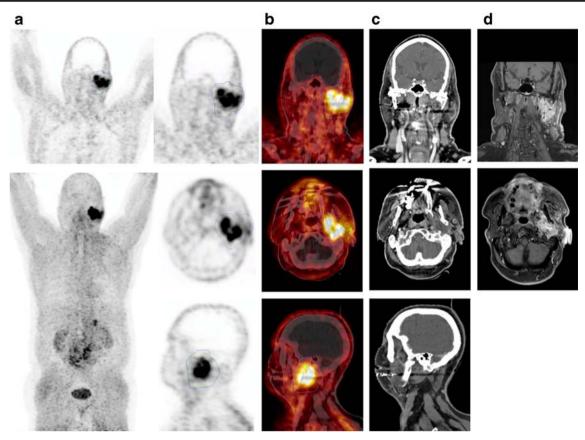


Fig. 1 Example of a 64-year-old male patient with mucoepidermoid carcinoma of the left parotid gland receiving FAPI-PET CT and radiation treatment. **a**, **b** MIP and CT-fused FAPI-PET images showing precise tracer uptake by the parotid carcinoma and very low background noise. **c**, **d** Conventional CE-CT and CE-MR imaging showing diffuse

2.39), followed by lymph node metastases (SUV_{max} 9.42 ± 5.72 ; SUV_{mean} 5.08 ± 2.12) and bone metastases (SUV_{max} 7.51 ± 1.75 ; SUV_{mean} 4.1 ± 0.9). Compared with the primary tumour and the locoregional lymph node metastases, considerably low background uptake was measured in the head and neck region, namely the brain (SUV_{max} 0.30 ± 0.22 ; SUV_{mean} 0.06 ± 0.03), oral mucosa (SUV_{max} 2.57 ± 1.00 ; SUV_{mean} 1.55 ± 0.55), muscles (SUV_{max} 1.76 ± 0.6 ; SUV_{mean} 1.09 ± 0.39) and salivary glands (SUV_{max} 1.76 ± 0.31 ; SUV_{mean} 1.23 ± 0.28).

Automated target volume delineation

These findings were directly translated into radiation treatment planning for tumour volume delineation (an examplary RT plan is shown in Fig. 3). Conventional CT-GTVs showed a median volume of 27.3 ml (range 9.1–266.5 ml). On the other hand, contouring with ⁶⁸Ga-FAPI PET-CT resulted in significantly different GTVs in all SUV thresholds of FAPI × 3: 67.7 ml (p = 0.013, range 6.0–292.7); FAPI × 5: 22.1 ml (p = 0.042, range 0.9–215.5); FAPI × 7: 7.6 ml (p = 0.0001,

tumour infiltration making differentiation between tumour and healthy tissue enormously difficult and subjective. Abbreviations: CE, contrast enhanced; FAPI-PET, ⁶⁸Ga-fibroblast activation protein inhibitor PET-CT

range 0.0–168.9); and FAPI ×10: 2.3 ml (p = 0.0001, 0.0–105.3) (see also Fig. 4).

Comparison of FAPI-GTVS and CT-GTVs and CT-PTVs

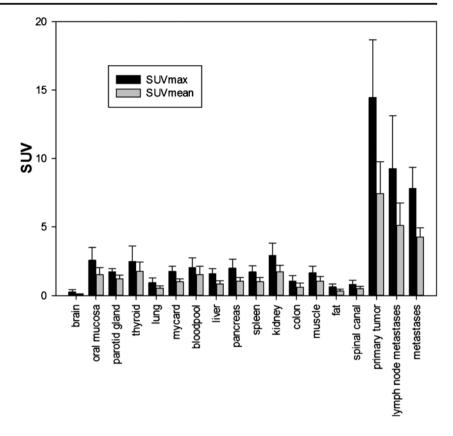
Taking these significant disparities between CT-GTVs and FAPI-GTVs into consideration, we merged FAPI-GTVs with CT-GTVs. This resulted in median volumes that were, as compared with CT-GTVs, significantly larger with FAPI × 3 (+ 54.7 ml, + 200.5% relative increase, p = 0.0005) and FAPI × 5 (+ 15.0 ml, + 54.9%, p = 0.012) (Fig. 4).

In a next step, to see whether FAPI-GTVs were included in the radiation treatment plan or not, we added them to CE-CTbased planning target volumes (CT-PTVs). Several patients showed FAPI-avid primary tumour regions that were not covered by CT-PTV but were a part of the FAPI-GTV.

Discussion

We achieved high-contrast images with ⁶⁸Ga-FAPI PET-CT due to very specific and high tracer uptake in tumours and low

Fig. 2 Biodistribution analysis of 68 Ga-FAPI PET-CT in whole body imaging with maximum and mean standard uptake values (SUV_{max/mean}) of the tumour, metastases and healthy tissues. Prominently high SUVs in tumorous lesions as compared with healthy tissues are seen



background noise. Especially in the refine head and neck area we saw very low uptake in healthy parenchyma adjacent to the tumour, including in the brain, oral/laryngeal mucosa, salivary glands (e.g. parotid gland) and muscles (Figs. 1 and 3). In addition, in the context of peritumoural inflammation or status post-resection or biopsy, no false-positive uptake was seen adjacent to the tumours. Hence, we could emphasise current discoveries about the high sensitivity and specificity of FAPI-PET [8, 9].

Considering these findings and in light of the biological background of FAPI-PET, based on visualisation of CAFs, new dimensions for targeted therapy were revealed. We implemented this innovative technology in target volume delineation for radiation therapy and could automatically generate biological target volumes based on different experimental tumour-tohealthy tissue FAPI-SUVs ratios (Fig. 3). The alternate method that uses %-SUV_{max} threshold produced similar GTVs: e.g. 3fold background cut-off is equivalent to 20-25% SUV_{max} and 5-fold background cut-off is equivalent to 40-50% SUV_{max}. For validation, board certified specialists for nuclear medicine and radiation oncology worked together in 14 oncologically challenging cases of HNC. With the automated, FAPI-based contouring methodology, we aimed to find a universal SUV_{max} threshold for tumours (based on individual SUV_{max} of healthy tissue) that radiation oncologists can easily use to contour HNCs automatically and if needed, manually adjust in comparison with anatomical imaging.

Surprisingly, all FAPI-based GTVs were significantly different than the conventional CT-GTVs (Fig. 4). In consensus with our team of experienced nuclear medicine physicians and radiation oncologists, FAPI × 3 threshold emerged to be ideal for precise tumour detection and for sparing healthy tissue. The three other thresholds instead appeared to deliver insufficiently small GTVs where parts of tumour were omitted. However, merging FAPI-GTV with CT-GTV revealed that even FAPI \times 5, FAPI \times 7 and FAPI \times 10 thresholds contained vital, FAPI-avid tumour extents that were not part of CT-GTVs. The merged FAPI \times 3 and FAPI \times 5 GTVs for instance were significantly larger by 200.5 and 54.9%, respectively. This finding was further highlighted when we saw parts of FAPI-GTV not even encompassed in CT-PTV in several patients. Hence, with conventional radiation treatment planning, these vital and possibly more aggressive parts of the tumours (see below) would have received insufficient radiation dose, as they were not included in the GTV boost or would have received no radiation at all as they were not included in the PTV.

Our findings have substantial implications as tumour recurrence is seen in 15 to 50% of patients with HNC [5, 14]. The main causes of recurrence have been reported as radiation resistance in tumour cells or inadequate initial treatment such as insufficient radiation dose, volume or fractionation [15]. Furthermore, heterogeneity in intra-tumour malignancy has been disregarded in radiation dose application resulting in possible radiation under- and overdosing. This leads to the

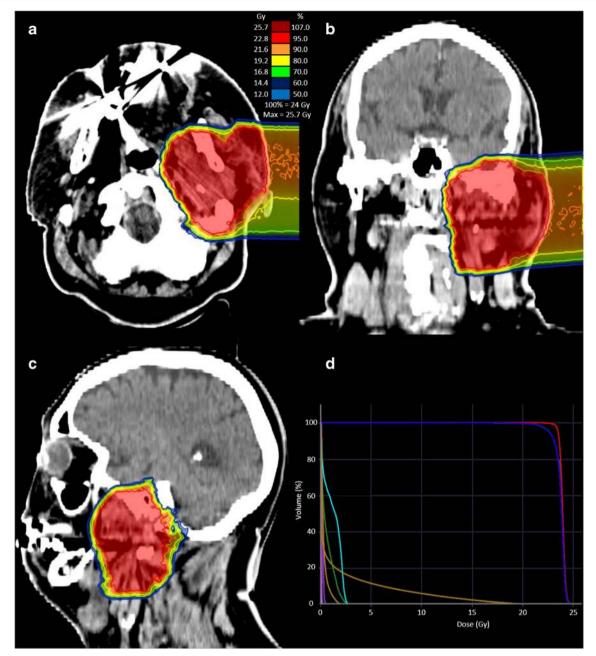


Fig. 3 Radiation treatment plan of the patient presented in Fig. 1 with: **a** axial, **b** coronal and **c** sagittal dose distribution and the **d** dose-volume histogram. After partial resection of the tumour, the patient received IMRT with photons with a total dose of 50 Gy in 25 fractions, followed

by a carbon-ion boost on the GTV with a total dose of 24 Gy (RBE) in 8 fractions. Abbreviations: MIP, maximum intensity projection; Gy, Gray; IMRT, intensity-modulated radiotherapy; RBE, relative biological effectiveness

many cases of tumour recurrence within GTV [16]. Interphysician variability in radiation target volume definition is another major source of uncertainty in HNC treatment. Deficiency in reproducibility and inconsistency of manual target volume delineation has direct consequences for tumour recurrence [17]. All of these causes behind tumour relapse are directly associated with increased mortality and poor survival rates [5, 14]. Thus, recurrent disease remains the main obstacle to long-term survival. In addition, salvage treatment options are often limited because of multiple reasons, including restrictions due to first therapy; higher morbidity caused by the retreatment, especially re-irradiation and commonly the multifocal nature of recurrent disease [18].

On the other hand, long-term survival rates of patients with HNC have improved over the years. The predominant reasons are early detection of tumours, improved treatment options and a shift in tumour aetiology. From 1988 to 2004, an increase of up to 225% has been reported for human papilloma

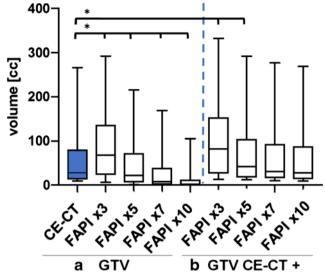


Fig. 4 a Comparison of GTVs based on CE-CT/MRI and FAPI with four different thresholds in relation to uptake in the healthy tissue. Throughout, significantly different FAPI-based GTVs are seen. **b** CT-GTVs fused with FAPI-GTVs showing significant increase in volumes with FAPI \times 3 and \times 5 as compared with CE-CT. *Significant. Abbreviations: GTV, gross tumour volume; CT-GTV, GTV based on CT/MRI; FAPI-GTV, GTV based on ⁶⁸Ga-FAPI PET-CT

virus (HPV) associated tumours. These tumours develop in younger patients and show significantly improved survival rates than their counterparts which emerge in older patients and are associated with smoking and drinking [19, 20]. Hence, it is even more essential to reduce late toxicities by sparing healthy tissue during RT.

All of the above data suggest the inevitable necessity to improve the initial radiation therapy plans. In comparison with conventional anatomical CT and MR imaging, ¹⁸F-FDG PET-CT has shown the possibility to detect FDG-avid primary tumours, lymph node metastases and distant metastases with high sensitivity. Hence, target volume sizes can possibly be decreased by only including involved regions [21]. This upgrade has several limitations as FDG PET-CT is less specific due to false positive findings. Thus, especially in the head and neck region, it is unable to precisely assess local tumour spread in correlation with delicate and complex peritumoural structures [4].

This preliminary study with 14 patients cannot sufficiently calculate sensitivity, specificity and accuracy of the new tracer. Yet, FAPI PET-CT crystallises as a promising candidate for effective and non-invasive visualisation of specifically the tumour stroma, which can make up to 90% of the tumour and mainly consists of CAFs [7]. CAFs with especially the sub-types expressing FAP have been reported not only to physically support cancer cells but also to be key players of tumour angiogenesis. They produce several growth factors such as vascular endothelial growth factor (VEGF) or fibroblast growth factor (FGF). These factors lead to tumour formation, proliferation and metastasis [22]. In addition, resistance of many cancer cells to radiation and chemotherapy is also contributed by CAFs [23, 24]. Recent studies have further revealed that CAFs with high FAP expression not only lead to resistance to the body's own immune response but also to resistance to immune-checkpoint inhibitor therapy [25].

Hence, directly targeting CAFs which are made visible by FAPI-PET, with a radiation boost emerges as a new perspective of treatment not only because the cancer is more accurately targeted but also because the precise elimination of CAFs can sensitise the entire tumour to radiation, chemoimmunotherapy and the body's own immune system [7, 25]. Moreover, excluding FAPI-negative areas from target volumes would spare toxicity.

The next promising advancement appears in the knowledge that intra-tumoural uptake-intensity of PET tracers reflects the grade of malignancy [26, 27]. Molecular biological analyses have shown that higher density of stroma with CAFs and FAP overexpression within the tumour is associated with increased tumour migration, invasion and therapy resistance [7, 28, 29]. Furthermore, higher FAP expression is seen in invasive areas of tumours such as tumour borders and microscopic tumour cell protrusions, also known as invadopodia [30, 31]. These elements and areas of higher malignancy are linked with increased therapy resistance, likelihood of tumour recurrence and consequently worse survival. FAPI-PET non-invasively and conveniently visualises this valuable biologic information through different SUVs and can subsequently enable innovative, precise and tailored radiation dose escalation or de-escalation plans for tumour subvolumes, also known as dose painting.

Another potential of FAPI imaging lies in the update of early response evaluation during and after therapy. Radiotherapy induces biological and molecular changes in the tumour microenvironment which can be visualised by PET tracers [32, 33]. Thanks to this information, plans could be adapted during treatment and follow-up regimens could be personalised.

The limitation for dose painting and therapy adaptation is the finite resolution of PET which might not mirror the microregional spatial distribution of cells in the tumour [34]. Hence, further studies with histopathological gold standard are warranted after this hypothesis, generating analysis. It is essential to evaluate the impact of FAPI PET-CT in the staging of head and neck tumours and to observe the rate of false-positive and false-negative imaging findings with this novel radioligand as compared with the above-mentioned imaging modalities and histology. Especially, intra-individual comparison between FAPI PET-CT and the current standard in oncology, FDG-PET would show if FAPI-PET is truly non-inferior or even superior.

Due to limited experience with therapeutic implication of FAPI-PET for radiotherapy of HNCs, target volume delineation should be performed in combination of anatomical imaging and in close cooperation of experienced nuclear medicine physicians and radiation oncologists. Further studies with higher patient numbers are needed to evaluate the optimal threshold not only to specify precise tumour volume but also the healthy tissue volume to reduce side effects of radiation therapy. Optimally, this advancement would enable us to automatically and uniformly delineate tumour volumes with lower inter-physician variability.

Further studies should also include pattern of failure analyses and verify the survival impact of individual dose adaptation of tumour subvolumes based on FAPI-PET, particularly when using advanced radiation techniques.

Conclusion

We present first evidence of diagnostic and therapeutic potential of FAPI-PET CT in head and neck cancer. Larger studies with histopathological correlation are required to validate our findings.

Authors' contribution Experimental design: Se.A., M.S., U.H., J.D., F.G., C.F. and P.K.P.; PET imaging and biodistribution analyses: P.F., F.S., F.G. and U.H.; radiation treatment planning: M.S., Se.A., J.L., Sa.A. and S.A.K.; statistical analysis: M.S. and P.W. All authors have seen and approved the manuscript.

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Compliance with ethical standards

Conflict of interest Se.A and J.D. received grants from Accuray International Sàrl outside the submitted work. Se.A. and J.D. received grants from Merck Serono GmbH outside the submitted work. J.D. received grants from The Clinical Research Institute GmbH (CRI), View Ray Inc., Accuray Incorporated, RaySearch Laboratories AB, Vision RT limited, Astellas Pharma GmbH, Astra Zeneca GmbH, Solution Akademie GmbH, Ergomed PLC Surrey Research Park, Siemens Healthcare GmbH, Quintiles GmbH, Pharmaceutical Research Associates GmbH, Boehringer Ingelheim Pharma GmbH Co, PTW-Freiburg Dr. Pychlau GmbH and Nanobiotix A.A. outside the submitted work. The other authors declare no conflict of interest. Patent application for quinoline-based FAP targeting agents for imaging and therapy in nuclear medicine (C.K., T.L., U.H., F.L.G.). U.H. and F.G. also have shares of a consultancy group for iTheranostics.

Ethical approval All procedures performed in studies involving human participants were in accordance with the ethical standards of the institutional and/or national research committee (Heidelberg University Hospital, Nr. S-421/2015) and with the 1964 Helsinki declaration and its later amendments or comparable ethical standards. All data were generated anonymously and according to ethical institutional policies.

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