

## Flubendazole, FDA-approved anthelmintic, targets breast cancer stem-like cells

Zhi-Jie Hou<sup>1,\*</sup>, Xi Luo<sup>1,\*</sup>, Wei Zhang<sup>1,\*</sup>, Fei Peng<sup>1</sup>, Bai Cui<sup>1</sup>, Si-Jin Wu<sup>2</sup>, Fei-Meng Zheng<sup>1</sup>, Jie Xu<sup>1</sup>, Ling-Zhi Xu<sup>1</sup>, Zi-Jie Long<sup>3</sup>, Xue-Ting Wang<sup>1</sup>, Guo-Hui Li<sup>4</sup>, Xian-Yao Wan<sup>5</sup>, Yong-Liang Yang<sup>2</sup> and Quentin Liu<sup>1</sup>

<sup>1</sup> Institute of Cancer Stem Cell, Dalian Medical University, Dalian, China, Sun Yat-sen University Cancer Center, State Key Laboratory of Oncology in South China, Collaborative Innovation Center of Cancer Medicine, Guangzhou, China

<sup>2</sup> Center for Molecular Medicine, School of Life Science and Biotechnology, Dalian University of Technology, Dalian, China

<sup>3</sup> Department of Hematology, Third Affiliated Hospital, Sun Yat-sen University, Guangzhou, China

<sup>4</sup> Laboratory of Molecular Modeling and Design, State Key Laboratory of Molecular Reaction Dynamics, Dalian Institute of Chemical Physics, The Chinese Academy of Sciences, Dalian, China

<sup>5</sup> Department of Critical Care Medicine, the First Affiliated Hospital, Dalian Medical University, Dalian, China

\* These authors contributed equally to this work

**Correspondence to:** Quentin Liu, **email:** liuq9@mail.sysu.edu.cn

Yong-liang Yang, **email:** everbright99@foxmail.com

Xian-Yao Wan, **email:** wanxianyao@gmail.com

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### ABSTRACT

**Cancer stem-like cell (CS-like cell) is considered to be responsible for recurrence and drug resistance events in breast cancer, which makes it a potential target for novel cancer therapeutic strategy. The FDA approved flubendazole, has been widely used in the treatment of intestinal parasites. Here, we demonstrated a novel effect of flubendazole on breast CS-like cells. Flubendazole inhibited breast cancer cells proliferation in dose- and time-dependent manner and delayed tumor growth in xenograft models by intraperitoneal injection. Importantly, flubendazole reduced CD44<sup>high</sup>/CD24<sup>low</sup> subpopulation and suppressed the formation of mammosphere and the expression of self-renewal related genes including *c-myc*, *oct4*, *sox2*, *nanog* and *cyclinD1*. Moreover, we found that flubendazole induced cell differentiation and inhibited cell migration. Consistently, flubendazole reduced mesenchymal markers ( $\beta$ -catenin, N-cadherin and Vimentin) expression and induced epithelial and differentiation marker (Keratin 18) expression in breast cancer cells. Mechanism study revealed that flubendazole arrested cell cycle at G2/M phase and induced monopolar spindle formation through inhibiting tubulin polymerization. Furthermore, flubendazole enhanced cytotoxic activity of conventional therapeutic drugs fluorouracil and doxorubicin against breast cancer cells. In conclusion, our findings uncovered a remarkable effect of flubendazole on suppressing breast CS-like cells, indicating a novel utilization of flubendazole in breast cancer therapy.**

### INTRODUCTION

Breast cancer is one of the most frequently diagnosed cancer and the leading cause of cancer death among women worldwide [1]. Despite conventional therapies (surgery, chemo-radiotherapy and hormonal

therapy) have improved the survival rates in breast cancer patients [2-4], recurrence and metastasis are still inevitable. CS-like cells (also known as stemloids) attract much more attention owing to their contribution to therapy resistance, cancer metastasis and relapse in breast cancer [5-8]. CS-like cells are characterized by the expression

of biomarkers such as CD44<sup>high</sup>/CD24<sup>low</sup> and aldehyde dehydrogenase1 (ALDH1) [8, 9]. Activated signaling pathways such as Hedgehog (Hh), Wnt/ $\beta$ -catenin, and Notch play key roles in the regulation of self-renewal and differentiation in breast CS-like cells [10].

Breast CS-like cells are enriched by chemotherapy and radiotherapy, indicating therapy resistance of CS-like cells [6, 7]. Chemotherapy drugs including doxorubicin and cyclophosphamide increase the percentage of CD44<sup>high</sup>/CD24<sup>low</sup> population and the formation of mammosphere in residual tumors [6]. Moreover, breast CS-like cells acquire resistance to radiation by producing low level of reactive oxygen species (ROS) and phosphorylated H2AX [7]. Activation of Notch-1 signaling pathway is considered to be responsible for radiotherapeutic resistance of CS-like cells [7].

Epithelial-mesenchymal transition (EMT) is a key process during cancer metastasis. Breast CS-like cells display EMT phenotype by loss of adhesion protein E-cadherin and increased expression of fibronectin and Vimentin, indicating that EMT is involved in the regulation of CS-like cell properties [5]. Ectopic expression of Twist or Snail induces EMT phenotype in human mammary epithelial cells [5]. Interestingly, the induction of EMT leads to CD44<sup>high</sup>/CD24<sup>low</sup> population enrichment and mammosphere formation [5] by H-Ras activation [11]. Besides, the expression of CS-like cell markers including CD44<sup>high</sup>/CD24<sup>low</sup>, ALDH1, CD44v6 and ABCG2, contributes to tumor local recurrence and poor clinical outcome in breast cancer patients [8, 12, 13]. Therefore, strategies targeting CS-like cells provide great promise for preventing therapy resistance, metastasis, and recurrence in breast cancer.

CS-like cells are proposed to be a distinguished subgroup of proliferating cells concomitant with activating self-renewal capability [14, 15]. Thus, CS-like cells show proliferating ability different from that for cancer stem cells (CSCs). Recent studies have shown that cell cycle machinery was involved in the regulation of cancer stem-like cell capabilities [16-18]. For instance, depletion of the CS-like cell marker USP22 arrests cell cycle at G1 phase in lung cancer cells [16]. Moreover, ectopic miR-34a expression induces cell cycle blockage and inhibits clonogenic expansion and tumor development by targeting CD44 in prostate CS-like cells [17, 18]. Consistently, silence of cell cycle protein Aurora-A suppresses OCT4 and NANOG expression coupled with cell cycle blockage at G2/M phase in ESCs [19, 20]. Therefore, the modulation of cell cycle progression may open an avenue for targeting CS-like cells.

Flubendazole, a member of benzimidazole families, has the typical benzimidazole moiety but with an added fluorine atom as the major structure, which makes it different from other benzimidazoles [21]. Flubendazole is widely used as a safe and efficacious anthelmintic drug for gastrointestinal parasites control in human, rodents and

ruminants [21-25]. It disrupts tubulin polymerization by showing preference for binding to nematode tubulin rather than the tubulin in host [26, 27]. Recent studies report that flubendazole has additional function in inhibiting cell growth in leukemia and intestinal cancer [28, 29]. Flubendazole suppresses cell proliferation *in vitro*, delays tumor formation in xenograft models and displays preclinical activity by inhibiting tubulin polymerization in leukemia and lymphoma [29]. Notably, vinblastine resistant cells overexpressing P-glycoprotein are sensitized to flubendazole, suggesting that flubendazole is able to overcome vinblastine resistance in leukemia and lymphoma [29].

In the present study, we demonstrated that flubendazole, a FDA-approved anthelmintic drug, inhibited cancer cell proliferation *in vitro* and *in vivo* at clinically tolerable concentration. We showed that flubendazole targeted breast CS-like cells through disrupting cell cycle progression. Moreover, flubendazole suppressed cell migration, induced cell differentiation and enhanced conventional chemotherapeutic efficiency in breast cancer cells. These new data suggested the potential utilization of flubendazole in breast cancer treatment by targeting CS-like cells.

## RESULTS

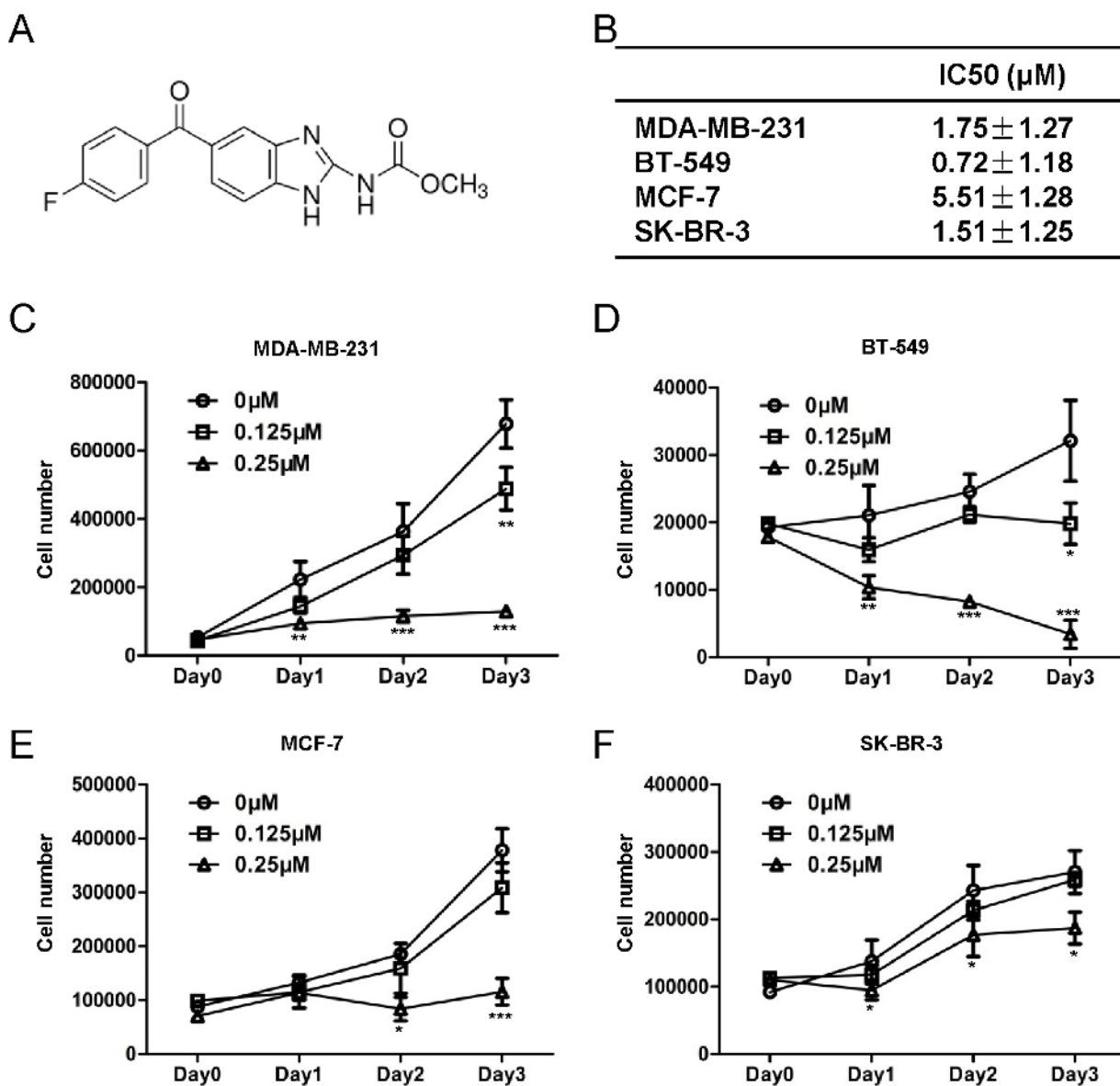
### Flubendazole inhibits cell proliferation in human breast cancer cells

The chemical structure of flubendazole was depicted in Fig. 1A. To identify the cytotoxic effect of flubendazole in breast cancer cells, MDA-MB-231, BT-549, MCF-7 and SK-BR-3 cells were treated with increasing concentration of flubendazole (from 0 to 8 $\mu$ M) for 24, 48 and 72 hr, respectively. Cell viability was determined by MTT assay. Results showed that flubendazole significantly reduced cell viability in breast cancer cells (Fig. S1A-D). The 50% inhibitory concentration (IC50) measured by sigmoidal curve fitting in MDA-MB-231, BT-549, MCF-7 and SK-BR-3 cells were 1.75  $\pm$  1.27, 0.72  $\pm$  1.18, 5.51  $\pm$  1.28 and 1.51  $\pm$  1.25  $\mu$ M, respectively (Fig. 1B). Moreover, the significant inhibition of cell proliferation in both dose- and time-dependent manners in MDA-MB-231, BT-549, MCF-7 and SK-BR-3 cells was confirmed by cell counting assay (Fig. 1C-F). Flubendazole inhibited cell proliferation in MDA-MB-231, MCF-7 and SK-BR-3 cells, while a severe cytotoxic effect was observed in BT-549 cells. These data indicated that flubendazole played diverse roles in breast cancer cells.

## Flubendazole delays tumor growth in xenograft model

As flubendazole displayed anti-proliferation activity on malignant breast cancer cells *in vitro*, we further evaluated whether flubendazole inhibited tumorigenicity *in vivo* by using a xenograft tumor model. We subcutaneously inoculated MDA-MB-231 cells into the right flank of nude mice. When the tumors developed for 7 days (~100 mm<sup>3</sup>), mice were randomized to receive flubendazole (20 mg/kg, once daily) or vehicle control intraperitoneally. After 16 days of treatment, tumors in flubendazole treated group (357.97 ± 37.3 mm<sup>3</sup>,  $p=0.0036$ ) were smaller than that

in control group (792.03 ± 105.83 mm<sup>3</sup>), (Fig. 2A-B). Consistently, tumor weight in flubendazole treated group (0.24 ± 0.12 g,  $p=0.033$ ) was lower than that in control group (0.6 ± 0.31 g), (Fig. 2C). These findings indicated that tumor growth in xenograft model was significantly suppressed by flubendazole. Importantly, mice in flubendazole treated group showed no obvious difference in body weight compared to control group (Fig. 2D). In addition, mouse behavior, feeding pattern and overall activity did not show significant changes. These results thus indicated that flubendazole inhibited tumorigenicity efficiently in xenograft model with favorable toxicology profiles.



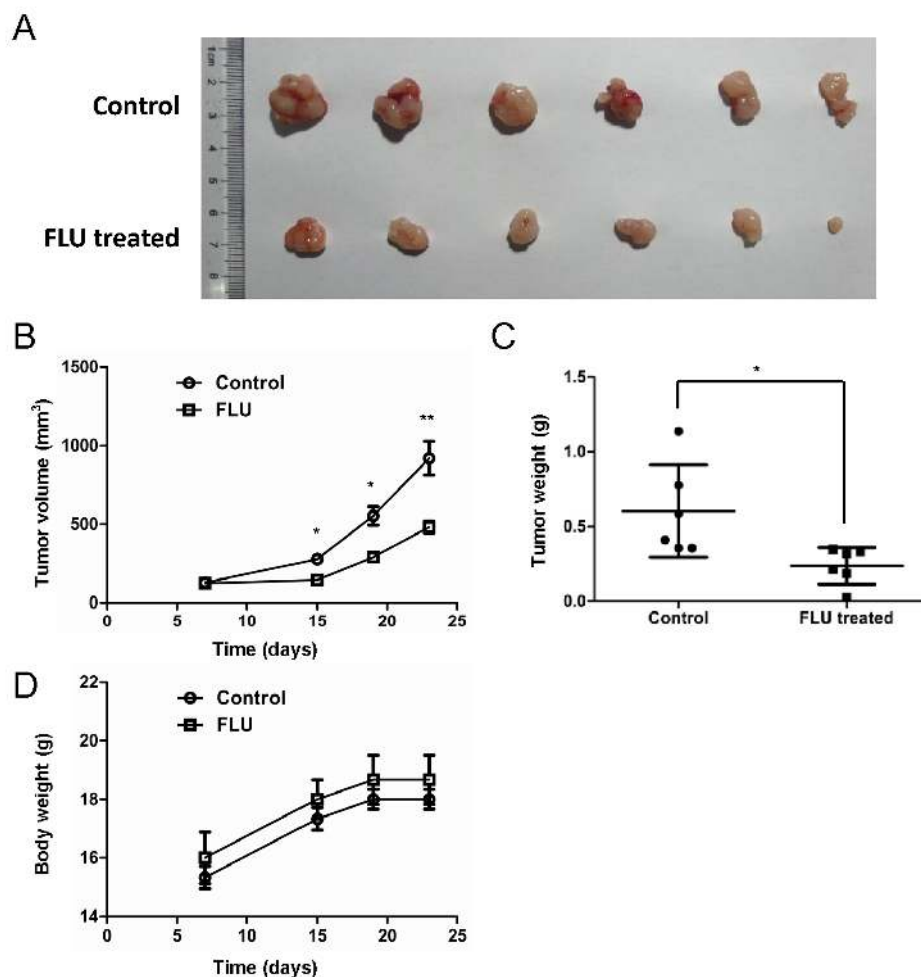
**Figure 1: Flubendazole inhibits cell proliferation in human breast cancer cells.** (A) Chemical structure of flubendazole. (B) The IC<sub>50</sub> of flubendazole measured by sigmoidal curve fitting in MDA-MB-231, BT-549, MCF-7 and SK-BR-3 cells. (C) MDA-MB-231, (D) BT-549, (E) MCF-7 and (F) SK-BR-3 cells were treated with increasing concentration of flubendazole (from 0 to 0.25 μM) respectively. After 24, 48 and 72 hr of incubation, cell proliferation was measured by cell counting assay. Data from three independent experiments were shown as mean ± S.D. (\* $p<0.05$ , \*\* $p<0.01$ , \*\*\* $p<0.001$ , Student's t test) compared with vehicle-treated breast cancer cells.

## Flubendazole reduces CS-like cell properties in breast cancer cells

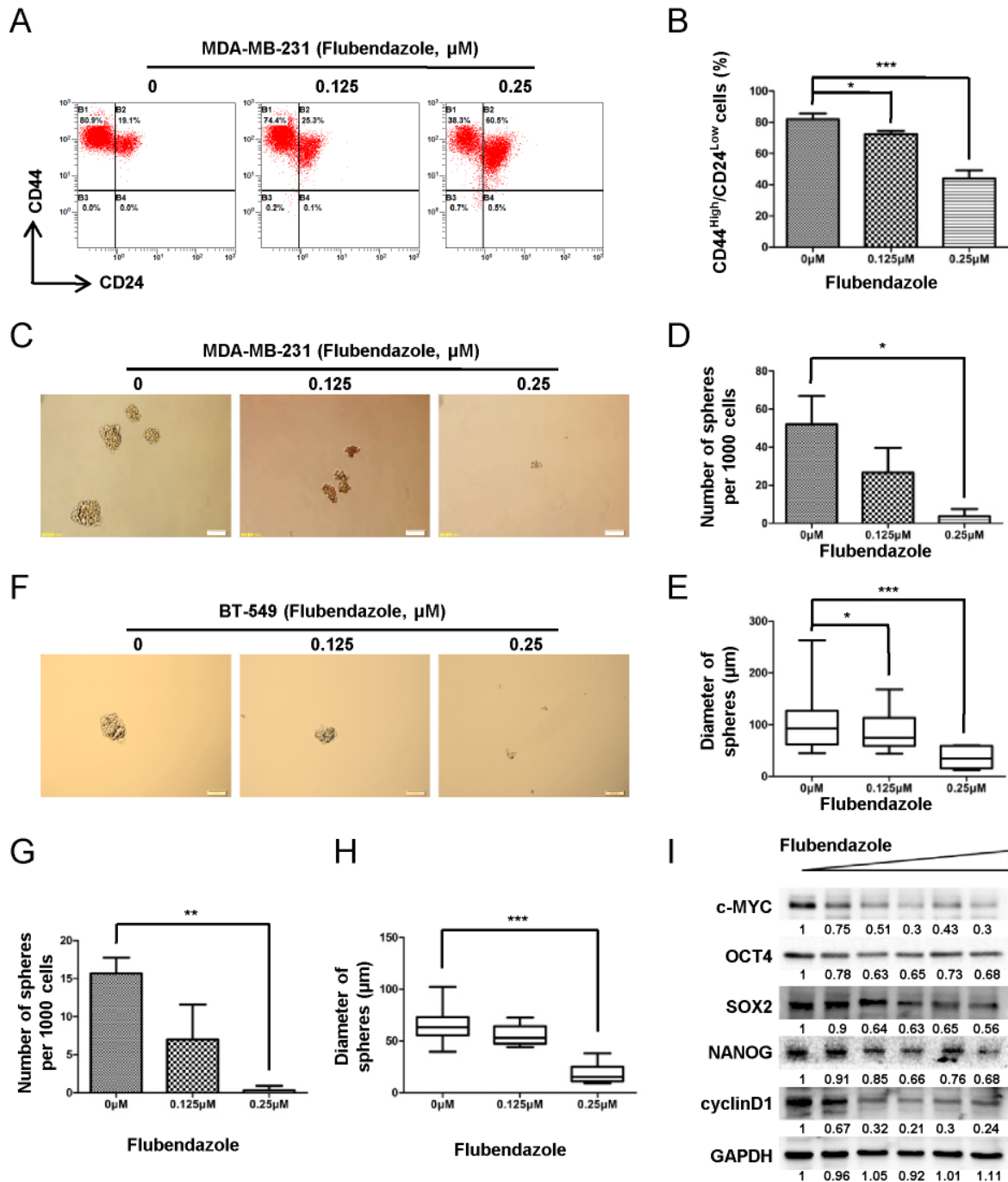
To identify whether flubendazole inhibits breast cancer stem-like cells, we performed flow cytometry analysis to analyze the proportion of CS-like cell subpopulation in breast cancer cells based on the expression of CD44 and CD24 (CD44<sup>high</sup>/CD24<sup>low</sup> configuration). As shown in Fig. 3A, MDA-MB-231 cells were enriched with CD44<sup>high</sup>/CD24<sup>low</sup> fraction (~80%). After 2 days of flubendazole (0, 0.125 and 0.25  $\mu$ M) treatment, CD44<sup>high</sup>/CD24<sup>low</sup> population in MDA-MB-231 cells was dramatically reduced from 81.97  $\pm$  3.62% to 72.43  $\pm$  1.98% and 44.07  $\pm$  5.20% with increasing flubendazole concentration (from 0 to 0.25  $\mu$ M,  $p$ <0.05) (Fig. 3B). This finding raised the possibility that flubendazole might inhibit CS-like cell capability in breast cancer cells.

We subsequently tested whether flubendazole inhibited anchorage-independent spheres formation. MDA-MB-231 cells were exposed to indicated doses of flubendazole (0, 0.125 and 0.25  $\mu$ M) for 7 days. Representative results were shown in Fig. 3C. Flubendazole significantly reduced the number (>60  $\mu$ m) and size of mammospheres (Fig. 3D-E). Similar results were also observed in BT-549 cells (Fig. 3F-H). Furthermore, flubendazole decreased the expression of self-renewal genes such as *c-myc*, *oct4*, *sox2*, *nanog* and *cyclinD1* in MDA-MB-231 cells (Fig. 3I). Collectively, these data displayed that flubendazole dramatically reduced CS-like cell properties in breast cancer cells.

We previously demonstrated that epirubicin-resistant MCF-7 cells (epi-MCF-7) were enriched with CD44<sup>high</sup>/CD24<sup>low</sup> population together with an increased expression of self-renewal related genes including  $\beta$ -catenin, *c-myc*, *sox2*, *oct4* and *nanog* compared with wild-type MCF-7 cells [30]. We confirmed that epi-



**Figure 2: Flubendazole delays tumor growth in xenograft model.** (A) Tumors were generated with MDA-MB-231 breast cancer cells. MDA-MB-231 cells were inoculated into the right flank of nude mice. When the tumors developed for 7 days, mice were randomly distributed into two groups, flubendazole treated (25 mg/kg) or vehicle treated. (B) Tumor growth curves were monitored during the experimental period (n=6). (C) Tumor weight was presented by scatter plot. (D) The body weight of the mice was monitored during the experiment. Data represent the mean  $\pm$  S.D. of three independent experiments (\* $p$ <0.05, \*\* $p$ <0.01, Student's t test).



**Figure 3: Flubendazole reduces CS-like cell properties in breast cancer cells.** (A) CD44<sup>high</sup>/CD24<sup>low</sup> population was analyzed by flow cytometry analysis in MDA-MB-231 cells with or without flubendazole treatment. (B) The statistical results of three independent experiments were presented. Data were demonstrated as mean  $\pm$  S.D. (\* $p$ <0.05, \*\*\* $p$ <0.001, Student's t test). (C) MDA-MB-231 cells were plated in low-serum non-adherent culture conditions. Images were obtained by microscopy at 10 $\times$  magnification and were representative of the mammosphere formed after 7 days in culture (Scale bar=100  $\mu\text{m}$ ). (D) The number of MDA-MB-231 sphere with > 60  $\mu\text{m}$  in diameter obtained from 10<sup>3</sup> cells. Data were demonstrated as mean  $\pm$  S.D. of three independent experiments (\* $p$ <0.05, Student's t test). (E) The box plot graph showed the mammosphere size data from three independent experiments. Data were demonstrated as mean  $\pm$  S.D. of three independent experiments (\* $p$ <0.05, \*\*\* $p$ <0.001, Student's t test). (F) BT-549 cells were treated under the same condition as above. Representative images of BT-549 mammosphere were shown. (G-H) The number and the size of BT-549 spheres were counted. Data were presented as mean  $\pm$  S.D. of three independent experiments (\*\* $p$ <0.01, \*\*\* $p$ <0.001, Student's t test). (I) MDA-MB-231 cells were treated with flubendazole in increasing doses (from 0  $\mu\text{M}$  to 2  $\mu\text{M}$ ) and subjected to western blot. The expression of c-MYC, OCT4, SOX2, NANOG and cyclinD1 was identified. GAPDH acted as the loading control. The quantification of blot density was shown in the figure.

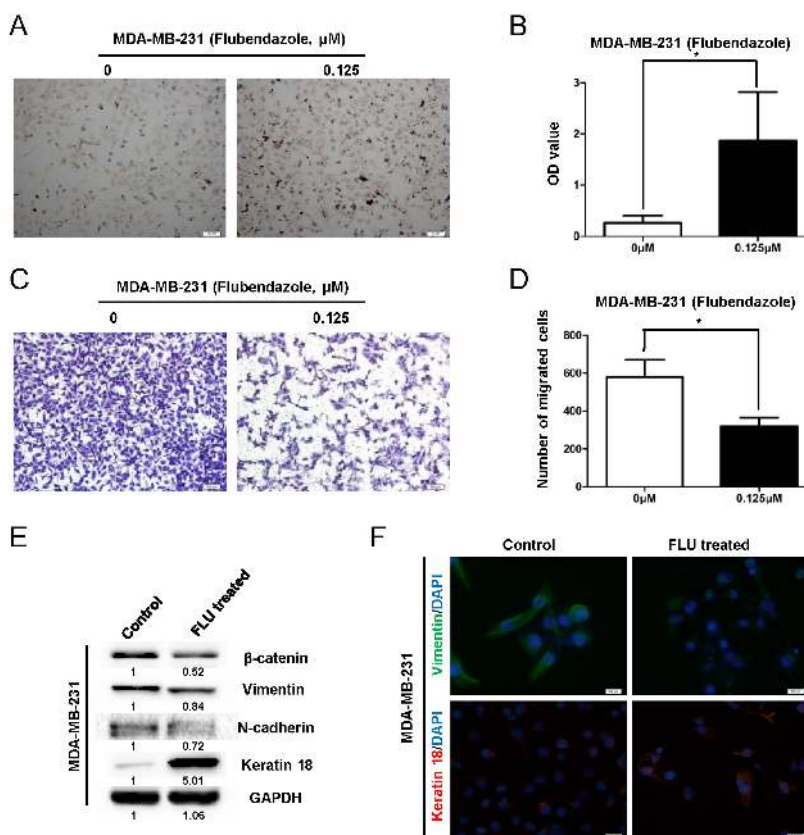
MCF-7 had approximately 64% of CD44<sup>high</sup>/CD24<sup>low</sup> subpopulation (Fig. S2A, right panel), while only as few as 0.1% of CD44<sup>high</sup>/CD24<sup>low</sup> population was maintained in MCF-7 cells (Fig. S2A, left panel). MTT and cell counting assays were performed to evaluate the cytotoxic effect of flubendazole in both MCF-7 and epi-MCF-7 cells. Results showed that flubendazole inhibited cell viability and proliferation more efficiently in epi-MCF-7 cells than that in MCF-7 cells (Fig. S2B-C). Moreover, the percentage of CD44<sup>high</sup>/CD24<sup>low</sup> population was dramatically reduced by 25% with flubendazole treatment in epi-MCF-7 cells (Fig. S2D). Taken together, these results indicated that flubendazole was preferably toxic to CS-like cells.

### Flubendazole induces differentiation and inhibits migration in breast cancer cells

To explore whether flubendazole induces breast cancer cell differentiation, we performed Oil Red O

staining in CS-like cell enriched MDA-MB-231 cells before and after flubendazole treatment (0.125  $\mu$ M, 3 weeks) [31]. We observed that flubendazole dramatically increased positively staining cells ( $p < 0.05$ ) (Fig. 4A-B). Flubendazole treated MDA-MB-231 cells exhibited the downregulation of Vimentin and upregulation of Keratin 18 (Fig. 4E-F), indicating that flubendazole induced differentiation of breast cancer cells. Consistently, the percentage of CD44<sup>high</sup>/CD24<sup>low</sup> population in MDA-MB-231 cells was reduced by 20% after treatment with flubendazole (Fig. S3A-B). These findings suggested that flubendazole might reduce CS-like cells through inducing cellular differentiation of breast cancer cells.

We then performed transwell assay to investigate the migration ability of those treated (0.125  $\mu$ M, 3 weeks) or untreated MDA-MB-231 cells. Cell migration ability was crippled significantly by flubendazole from control group (580  $\pm$  91.65 counts) to treated group (320  $\pm$  45.82 counts,  $p = 0.023$ ) (Fig. 4C-D). Western blot assay showed that mesenchymal markers including  $\beta$ -catenin, N-cadherin

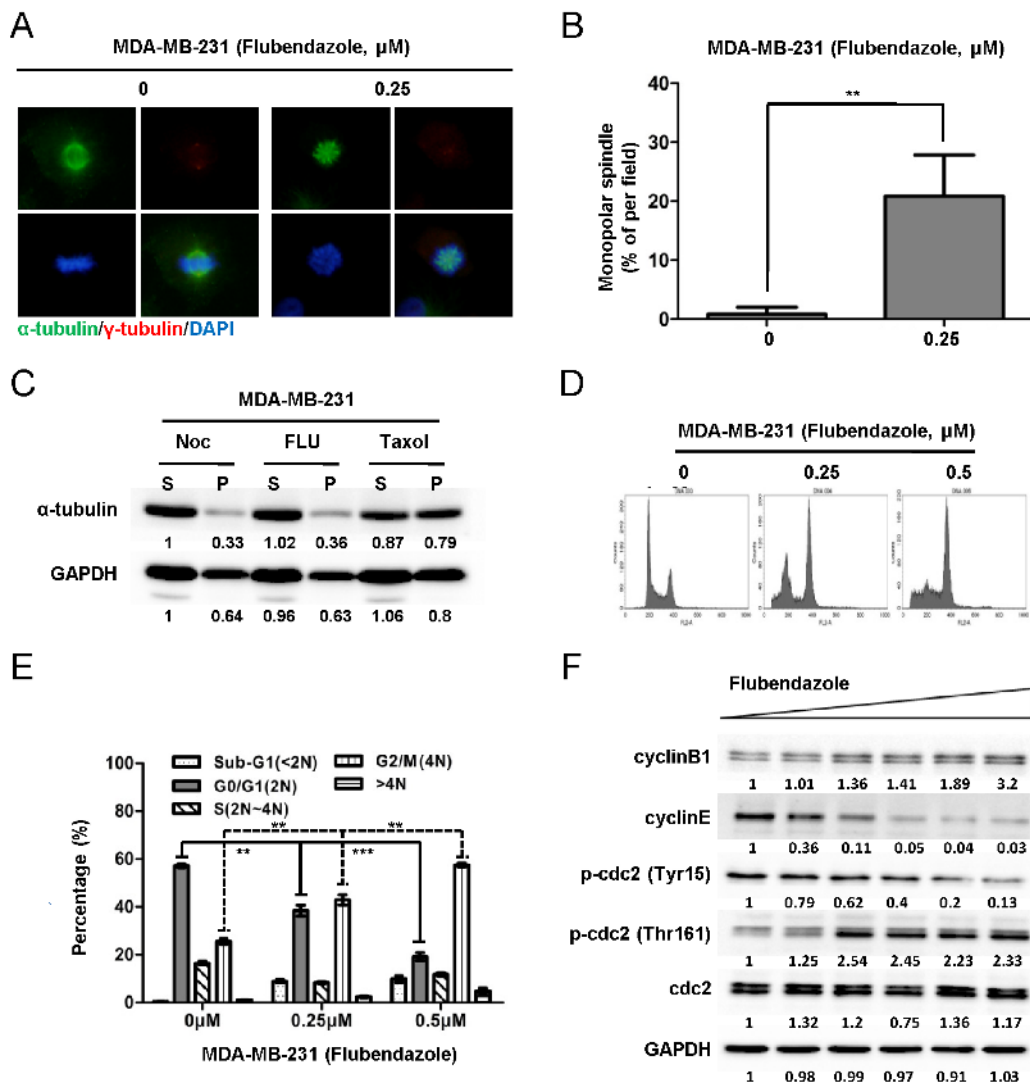


**Figure 4: Flubendazole induces differentiation and inhibits migration in breast cancer cells.** MDA-MB-231 cells were treated with indicated concentration of flubendazole or vehicle control for 3 weeks. (A) The treated cells were subjected to Oil Red-O staining to identify lipid droplets. Images were taken under phase contrast microscopy (scale bar=50  $\mu$ m). (B) Statistical results were presented as mean  $\pm$  S.D. for three independent experiments ( $*p < 0.05$ , Student's t test). (C) MDA-MB-231 cells with or without flubendazole treatment (0.125  $\mu$ M, 3 weeks) were subjected to transwell assay as described in the methods. The representative images from three independent experiments were displayed (scale bar=500  $\mu$ m). (D) The data were expressed as mean  $\pm$  S.D. for experiments performed three times ( $*p < 0.05$ , Student's t test) compared to control groups. (E) The expression of  $\beta$ -catenin, Vimentin, N-cadherin, Keratin 18 and GAPDH in MDA-MB-231 cells was identified by western blot assay before and after flubendazole treatment (0.125  $\mu$ M, 3 weeks). (F) Expression of Vimentin and Keratin 18 was analyzed by IF analysis (scale bar=500  $\mu$ m).

and Vimentin were reduced by flubendazole (Fig. 4E). In contrast, epithelial marker Keratin 18 was elevated remarkably (Fig. 4E). Moreover, flubendazole reduced Vimentin and increased Keratin 18 expression showed by immunofluorescence (IF) assay (Fig. 4F). These results demonstrated that flubendazole inhibited cell migration and reversed EMT phenotype in MDA-MB-231 cells.

### Flubendazole arrests cell cycle at G2/M phase and induces monopolar spindle formation through inhibiting tubulin polymerization in breast cancer cells

To determine whether flubendazole inhibits tubulin polymerization, the spindle morphology was examined by IF assay. After 24 hr of treatment with 0.25  $\mu\text{M}$  flubendazole or DMSO as control, MDA-MB-231 cells

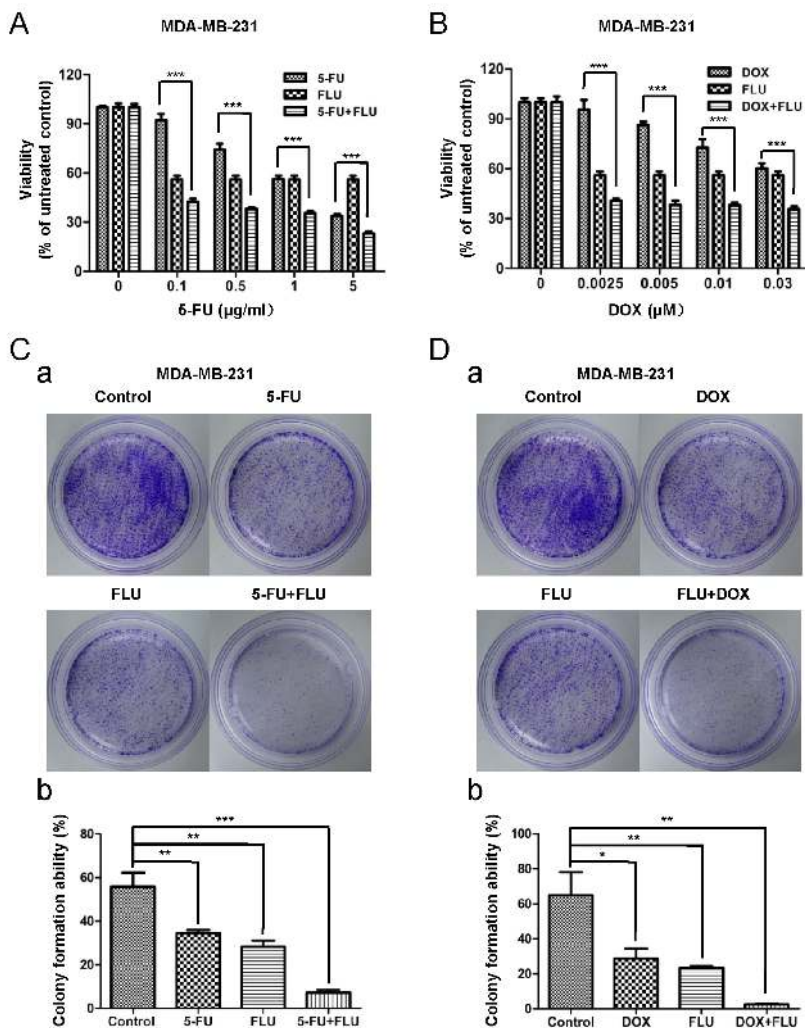


**Figure 5: Flubendazole arrests cell cycle at G2/M phase and induces monopolar spindle formation through inhibiting tubulin polymerization in breast cancer cells.** (A) MDA-MB-231 cells were treated with vehicle (DMSO) and 0.25  $\mu\text{M}$  flubendazole (dissolved in DMSO) for 24 hr, respectively. The expression of  $\alpha$ -tubulin (green) and  $\gamma$ -tubulin (red) was analyzed by IF assay. Nuclear was stained with DAPI (blue). Morphological changes were observed under fluorescence microscopy (40 $\times$ ). (B) Graphs were statistically analyzed from five random fields (\*\* $p < 0.01$ , Student's t test). (C) MDA-MB-231 cells were treated with nocodazole, flubendazole and taxol for 24 hr, respectively. Then, the cells were lysed and fractionated from cytosol (supernatant, S) to cytoskeletal (pellet, P) extracts. The extracts were subjected to western blot analysis for  $\alpha$ -tubulin and GAPDH expression analysis. The quantification of blot density was shown in the figure. (D) MDA-MB-231 cells were treated with 0, 0.25, and 0.5  $\mu\text{M}$  flubendazole for 24 hr, respectively. Cells were fixed and stained with PI. Cell cycle was analyzed on FACS Calibur flow cytometer. (E) The statistical results of three independent experiments were shown as mean  $\pm$  S.D. (\*\* $p < 0.01$ , \*\*\* $p < 0.001$ , Student's t test). (F) MDA-MB-231 cells were treated flubendazole in increasing doses (from 0  $\mu\text{M}$  to 2  $\mu\text{M}$ ) for 24 hr and subjected to western blot to analyze cyclinB1, cyclinE, p-cdc2 (Tyr15), p-cdc2 (Thr161) and cdc2 expression.

were fixed and stained against indicated antibodies. Cell morphology was analyzed in Fig. 5A. The percentage of monopolar spindle was significantly increased from  $1.03 \pm 1.42\%$  to  $20.9 \pm 6.92\%$  ( $p=0.0025$ ) with flubendazole treatment (Fig. 5B). Consistent results were observed in BT-549 cells (Fig. S4A-B). We further examined the effect of flubendazole against tubulin polymerization. MDA-MB-231 cells were treated with nocodazole (destabilizer of microtubule), flubendazole and taxol (stabilizer of microtubule) for 24 hr, respectively. The cells then were lysed and fractionated from cytosolic (supernatant, S) to cytoskeletal (pellet, P) extracts. The

extracts were subjected to western blot assay. As shown in Fig. 5C, flubendazole suppressed tubulin polymerization similar with nocodazole treatment, while taxol accelerated tubulin polymerization. Similar results were observed in BT-549 cells (Fig. S4C). Thus, flubendazole induced monopolar spindle formation through inhibiting tubulin polymerization.

We also studied whether flubendazole blocked cell cycle progression in breast cancer cells. MDA-MB-231 cells were treated with 0, 0.25 and 0.5  $\mu\text{M}$  flubendazole for 24 hr and then subjected to cell cycle profile analysis by flow cytometer. The percentage of G0/G1 (2N) phase



**Figure 6: Flubendazole enhances the cytotoxic activity of fluorouracil and doxorubicin in breast cancer cells.** (A) MDA-MB-231 cells were treated with increasing doses of fluorouracil (5-FU, from 0 to 5  $\mu\text{g/ml}$ ), indicated dose of flubendazole and the combination of both. After 72 hr of incubation, cell viability was measured by MTT assay. (B) MDA-MB-231 cells were treated with increasing doses of doxorubicin (DOX, from 0 to 0.03  $\mu\text{M}$ ), indicated dose of flubendazole and the combination of both. After 72 hr of incubation, cell viability was measured by MTT assay. Data were presented as mean  $\pm$  S.D. of three independent experiments ( $***p<0.001$ , Student's t test) (C) Dissociated MDA-MB-231 cells were seeded in 6-cm dishes and treated with indicated concentration of flubendazole, 5-FU, the combination of flubendazole and 5-FU and vehicle control for 9 days. Representative images of the colonies were recorded (a). Data were expressed as mean  $\pm$  S.D. of three independent experiments ( $**p<0.01$ ,  $***p<0.001$ , Student's t test), (b). (D) Dissociated MDA-MB-231 cells were seeded in 6-cm dishes and treated with indicated concentration of flubendazole, DOX, the combination of flubendazole and DOX and vehicle control for 9 days. Representative images of the colonies were recorded (a). Data were presented as mean  $\pm$  S.D. of three independent experiments ( $*p<0.05$ ,  $**p<0.01$ , Student's t test), (b).



cells was decreased from  $58.31 \pm 1.46\%$  to  $34.98 \pm 3.97\%$  and  $16.44 \pm 2.85\%$  with the increasing flubendazole concentration (from 0 to  $0.5 \mu\text{M}$ ), (Fig. 5D-E). In contrast, the percentage of cells with 4N DNA content was increased from  $25.49 \pm 1.91\%$  to  $42.93 \pm 3.65\%$  and  $55.55 \pm 3.99\%$  (Fig. 5D-E). The same phenomenon was also observed in BT-549 cells (Fig. S4D-E). Moreover, cell cycle markers were identified by western blot. In response to flubendazole treatment, both MDA-MB-231 and BT-549 cells showed increased phosphorylation of cdc2 at threonine 161 and decreased phosphorylation at tyrosine 15. These results indicated continuous cdc2 activation resulted from mitotic arrest. The increased expression of cyclinB1 and decreased expression of cyclinE suggested a G2/M arrest by flubendazole treatment (Fig. 5F and Fig. S4F). Taken together, these data demonstrated that flubendazole arrested cell cycle at G2/M phase through inhibiting tubulin polymerization.

### Flubendazole enhances the cytotoxic activity of fluorouracil and doxorubicin in breast cancer cells

We further investigated whether flubendazole enhanced the cytotoxicity of conventional chemotherapy drugs such as fluorouracil and doxorubicin. MDA-MB-231 cells were treated with increasing concentration of fluorouracil (from 0 to  $5 \mu\text{g/ml}$ ) or doxorubicin (from 0 to  $0.03 \mu\text{M}$ ) with or without flubendazole. Cell viability was measured by MTT assay after 72 hr of incubation (Fig. 6A-B). Flubendazole treatment enhanced significantly the cytotoxic effect of fluorouracil and doxorubicin in breast cancer cells. The same results were observed in BT-549 cells (Fig. S5A-B).

To gain further evidence about the synergic effects of flubendazole and conventional chemotherapy drugs, colony formation assay was performed. As shown in Fig. 6C-D (a), fluorouracil ( $0.5 \mu\text{g/ml}$ ), doxorubicin ( $0.01 \mu\text{M}$ ) or flubendazole ( $0.125 \mu\text{M}$ ) alone only partially reduced the colony formation. While conventional chemotherapy drugs (fluorouracil or doxorubicin) combined with flubendazole significantly inhibited the colony formation ability in MDA-MB-231 cells (Fig. 6C-D). Consistent results were shown in BT-549 cells (Fig. S5C-D). Taken together, flubendazole enhanced conventional chemotherapy drugs (fluorouracil or doxorubicin) efficiency, indicating flubendazole might function as a potential anti-cancer agent in combination therapy.

## DISCUSSION

Our data provided evidences for the application of flubendazole as anti-CS-like cells agent for breast cancer therapy by revealing several findings: (1) flubendazole inhibited breast cancer cell proliferation *in vitro* and suppressed tumor growth *in vivo*; (2) flubendazole

reduced breast CS-like cells evidenced by loss of  $\text{CD44}^{\text{high}}/\text{CD24}^{\text{low}}$  population, reduction of mammospheres and the suppressed expression of stem cell related genes (*c-myc*, *oct4*, *sox2*, *nanog* and *cyclinD1*); (3) flubendazole induced cell differentiation, decreased cell migration and overcame drug resistance in breast cancer cells; (4) mechanistically, flubendazole induced monopolar spindle formation by inhibiting tubulin polymerization followed by cell cycle blockage at G2/M phase in breast cancer cells. These new findings implied that the conventional anthelmintic drug flubendazole could be applied as a novel anti-cancer agent for breast cancer therapy by targeting CS-like cells.

Recent studies report that the first-line drugs for treating other disease might be repurposed for targeting CS-like cells in breast cancer [32-35]. For instance, metformin, a hypoglycemic drug, reduced the incidence of various cancers in diabetic patients [32, 33]. Metformin suppressed tumor growth in xenografts by preferentially inhibiting nuclear translocation of NF- $\kappa$ B and phosphorylation of STAT3 in cancer stem cells [34]. All-trans retinoic acid, another first-line drug for leukemia, suppressed the mammosphere-forming ability which was correlated with the reduced expression of SOX2 and elevated expression of its antagonist CDX2 in breast CS-like cells [35]. The FDA approved flubendazole is extensively used as an efficacious anthelmintic drug in gastrointestinal parasites disease [21-23]. Here, we demonstrated that flubendazole significantly reduced  $\text{CD44}^{\text{high}}/\text{CD24}^{\text{low}}$  population (Fig. 3A), sphere formation (Fig. 3C) and stem cell related genes (*c-myc*, *oct4*, *sox2*, *nanog* and *cyclinD1*) expression (Fig. 3I). Thus, flubendazole could be repurposed as a novel agent for targeting CS-like cells in breast cancer therapy.

Chemoresistance is a major obstacle to successful treatment of cancer. CSCs are considered to be resistant to chemotherapy due to their expressing drug pumps (ABC transporters) [36, 37]. Similarly, cancer stem-like cells could acquire drug transporters rendering cells chemoresistance [38, 39]. Therefore, strategies targeting breast CS-like cells might overcome chemotherapy resistance. For instance, Aurora-A inhibitor AKI603 combined with epirubicin significantly eliminates the tumor initiating cells and overcomes drug resistance in breast cancer [30]. Here, we demonstrated that flubendazole enhanced cytotoxic activity of fluorouracil and doxorubicin by targeting breast CS-like cells (Fig. 6). Strikingly, epirubicin resistant breast cancer cells that had an accumulation of  $\text{CD44}^{\text{high}}/\text{CD24}^{\text{low}}$  population were sensitized to flubendazole (Fig. S2). Taken together, flubendazole could overcome chemoresistance and enhance the efficiency of conventional therapy. Thus, Flubendazole displayed potential advantages in clinical application for supplementing the shortage of conventional therapy.

Both cancer stem-like cell properties and EMT contribute to lung and liver metastasis in breast and

colorectal cancer [40, 41]. Peptides (P17 and P144) targeting EMT also inhibit the expression of CD44 and SOX2 [41]. Keratin 18 is considered as a differentiation and epithelial marker, indicating differentiation and mesenchymal-epithelial transition (MET) of breast cancer cells [42, 43], while Vimentin functions as a dedifferentiation and mesenchymal marker in breast cancer cells [44, 45]. In the present study, we found that flubendazole treated MDA-MB-231 cells expressed high level of Keratin 18 and low level of  $\beta$ -catenin, N-cadherin and Vimentin (Fig. 4E-F), indicative of cell differentiation and EMT reversion. Meanwhile, the migration ability was crippled significantly by flubendazole (Fig. 4C-D). Therefore, flubendazole might be a hopeful candidate in breast cancer treatment.

The mechanism of flubendazole suppressing CS-like cells is not fully understood. Since CS-like cells are proliferating and actively cycling [14, 15], cell cycle blockage might affect the CS-like cell properties. Here, we reported that flubendazole arrested cell cycle at G2/M phase through interfering tubulin-microtubule equilibrium (Fig. 5 and Fig. S4). Mechanistically, these data suggested that breast CS-like cell capability was suppressed by the blockage of cell cycle progression. Thus, these new findings open an avenue for targeting CS-like cells through blocking cell cycle progression.

Flubendazole has been extensively studied for antihelmintic use in animal and humans with favorable toxicology profiles [22, 25, 46]. Consistently, our data displayed that flubendazole treatment (25 mg/kg, daily) did not alter gaining weight of nude mice during the experiment compared with the control group (Fig. 2D), indicating low toxicity to the mice. However, poor absorption is still a challenge for clinical application of flubendazole [29]. Flubendazole produces low plasma concentrations in hosts due to its high lipophilicity [22, 24]. Recent studies report that solid dispersion technique and emulsion cross-linking volatile technique are utilized to enhance the bioavailability of albendazole that has the similar absorption properties and structure with flubendazole [47-49]. These methods for improving bioavailability shed lights on the application of flubendazole in the clinical test.

In summary, we demonstrated that flubendazole, the FDA approved drug, exhibited a potential role in suppressing CS-like cells, inducing cell differentiation and reducing cell migration in poorly differentiated breast cancer cells. We also revealed a mechanism that flubendazole targeted breast CS-like cells through blocking cell cycle progression. Considering the safety profile and efficacy of flubendazole, our preclinical data rendered flubendazole as a viable therapeutic strategy for the treatment of breast cancer.

## MATERIALS AND METHODS

### Reagents

Flubendazole was offered by Yang group at Dalian University of Technology. Taxol was purchased from Sigma. Fluorouracil was purchased from Shanghai Sangon Company. Doxorubicin was purchased from Beyotime Institute of Biotechnology. Flubendazole was prepared in DMSO. Others were prepared in filtered  $\text{dH}_2\text{O}$ .

### Cell culture

The human breast cancer cell lines (MDA-MB-231, BT-549, SK-BR-3 and MCF-7) were purchased from American Type Culture Collection (ATCC). The epi-MCF-7 cell line was obtained from professor Lam (Imperial College London UK, London, United Kingdom) and was previously described [50]. MDA-MB-231, SK-BR-3, MCF-7 and epi-MCF-7 cell lines were maintained in Dulbecco's modified Eagle's medium (DMEM, Invitrogen Corp) supplemented with 10% fetal bovine serum (Invitrogen Corp). BT-549 cell line was maintained in RPMI-1640 (Invitrogen Corp) supplemented with 10% fetal bovine serum (Invitrogen Corp). All cells were incubated at 37 °C in a humidified incubator containing 5%  $\text{CO}_2$ .

### MTT assay and proliferation assay

MDA-MB-231, BT-549, SK-BR-3 and MCF-7 cells were seeded in 96-well microplates and cultured with various doses of flubendazole for 24, 48 and 72 hr, respectively. MTT solution (5 mg/ml, Sigma Aldrich) was added to cells and incubated for another 3 hr at 37 °C. The optical densities (OD) were measured at absorbance 570 nm. Cell proliferation was performed by cell counting assay. We seeded the same amount of cells into 24-well plate and counted for 3 continuous days monitoring the cell growth.

### Tumor growth in xenografts

MDA-MB-231 cells ( $2 \times 10^6$ ) were inoculated into the right flank of 4-6 weeks old female nude mice ( $n=6$ ), all of which developed tumors in 7 days with size of  $\sim 100 \text{ mm}^3$ . The mice were randomly distributed into two groups to receive 25 mg/kg flubendazole in 0.9% NaCl and 0.01% Tween-80 or vehicle control (0.9% NaCl and 0.01% Tween-80) once daily by intraperitoneal injection. Tumor volume ( $a \times b^2/2$ ; a represented the greatest diameter, b was the diameter perpendicular to a) was measured by calipers twice every week. Other indicators of general health such

as body weight, feeding behavior and motor activity of each animal were also monitored. After administration of flubendazole or vehicle for 16 days, the mice were euthanized and the tumor xenografts were immediately dissected, weighted, stored and fixed. Investigation has been conducted in accordance with the ethical standards and according to the Declaration of Helsinki and according to national and international guidelines and has been approved by the institutional animal care and use committee of Dalian Medical University.

### Flow cytometry analysis

Cells exposed to indicated concentration of flubendazole for 72 hr, were trypsinized, washed twice with PBS by centrifugation (1,000 rpm, 5 min), and blocked (0.5% BSA/PBS) for 10 min. Collected cells were then incubated with anti-CD24 PE (eBioscience) and anti-CD44 FITC (eBioscience) or isotype controls antibodies according to manufacturer's instructions for 30 min at 4 °C protected from light. Then, cells were suspended in 1 ml PBS and subjected to flow cytometry analysis (Beckman). Side-scatter and forward-scatter profiles were used to eliminate cell doublets [51]. The statistical results of three independent experiments were presented.

### Mammosphere formation assay

Dissociated single cells (1,000) were seeded in 6-well ultra-low attachment plates (Corning Costar). Cells were cultured with serum-free DMEM/F-12 (Invitrogen Corp) supplemented with 20 ng/ml epithelial growth factor (EGF, Sigma Aldrich), 20 ng/ml basic fibroblast growth factor (bFGF, PeproTech) and B27 in the absence and presence of flubendazole for 9 days. All spheres were photographed by invert microscope (10×, Olympus). The number and diameter of spheres were calculated by Image pro plus 6.0 (Olympus).

### Oil Red O staining

MDA-MB-231 cells were treated with 0.125 μM flubendazole or vehicle control for 3 weeks. Oil-Red-O staining for the detection of lipid droplets was performed as previously described [31]. Images were obtained under microscope.

### Migration assay

For the migration assay, 5,000 cells with or without indicated concentration of flubendazole were seeded on the matrigel coated Membrane in the upper chamber (24-well insert, 8 μm, Corning Costar). DMEM supplemented with 20% serum was used as an attractant in the lower

chamber. After incubated for 24 hr, cells that migrated through the membrane were fixed with 70% ethanol and stained with 0.4% crystal violet (Shanghai Sangon Company). The stained cell images were captured by microscope, and five random fields at 10× magnification were counted. Results represented the average of triplicate samples from three independent experiments [51].

### Immunofluorescence analysis

Cells were grown on glass cover lips in the presence or absence of flubendazole for 24 hr. After fixed in 4% (v/v) formaldehyde/PBS, Cells were permeabilized (0.5% TritonX-100/PBS) and blocked for 1 hr in 5% BSA/PBS. IF was performed at room temperature using Vimentin (Merck Millipore, 1:200), Keratin 18 (Cell Signaling Technology, 1:100), α-tubulin (Santa Cruz, 1:400) and γ-tubulin (Sigma Aldrich, 1:800) antibodies. Alexa-conjugated anti-IgG antibodies (Invitrogen Corp, 1:200) were used for secondary detection. DAPI (Sigma Aldrich, 1 μg/ml) was used for nuclear staining. Images were acquired using an Olympus microscope.

### DNA content analysis

DNA content analysis was performed using propidium iodide (PI) staining. Briefly, cells were seeded in 6-cm dishes and treated with indicated concentration of flubendazole for 24 hr. Both adherent cells and floating cells were collected for analysis. The cells were fixed in 70% cold ethanol, stained with 1 mg/ml PI and analyzed by FACS Calibur flow cytometer (Becton Dickinson). Fluorescence profiles represent the DNA content of the PI stained cells.

### *In vivo* tubulin polymerization and microtubule disassembly assays

The separation of insoluble polymerized microtubules from soluble tubulin dimers were performed as described previously [52]. In the study, cells were treated with flubendazole (0.25 μM), nocodazole (0.25 μM) and taxol (20 nM) for 24 hr, respectively. Then, the floating mitotic cells were harvested. Equal numbers of mitotic cells ( $3 \times 10^6$ ) were lysed for 10 min at 4 °C in 30 μl lysis buffer containing 20 mM Tris-HCl (pH = 6.8), 1 mM MgCl<sub>2</sub>, 2 mM EGTA, 0.5% NP40, 2 mM PMSF and fresh cocktail. Proteins in the supernatants (containing soluble tubulin) were separated from pellets (containing insoluble tubulin) by centrifugation (15,000g, 10 min). The pellets were continually lysed in 30 μl of RIPA, and centrifuged at 15,000g for 10 min. Then, the supernatant (insoluble tubulin) were collected. Equal amounts of soluble and insoluble samples were subjected to western blot analysis.

Primary antibodies for  $\alpha$ -tubulin (Santa Cruz, 1:2000) and GAPDH (Kang Chen bio-tech, 1:5000) were used at manufactures recommended dilutions.

### Western blot analysis

After incubated with varying concentration of flubendazole and vehicle (DMSO) for 48 hr, cells were harvested and lysed in RIPA buffer. Protein concentration was determined by Bradford assay. Briefly, cell lysates (20  $\mu$ g) were separated by SDS-PAGE, transferred onto nitrocellulose membrane (Merck Millipore). The membranes were blocked and exposed to cyclinB1 (Becton Dickinson, 1:2000), cyclinE (Becton Dickinson, 1:1000), p-cdc2 (Tyr15, Cell Signaling Technology, 1:2000), p-cdc2 (Thr161, Cell Signaling Technology, 1:2000), cdc2 (Cell Signaling Technology, 1:1000), c-MYC (Cell Signaling Technology, 1:1000), OCT4 (Santa Cruz, 1:200), SOX2 (Shanghai Sangon Company, 1:500), NANOG (Abcam, 1:2000), Keratin 18 (Cell Signaling Technology, 1:500), cyclinD1 (Becton Dickinson, 1:500), N-cadherin (Abcam, 1:1000), Vimentin (Merck Millipore, 1:2000) and  $\beta$ -catenin (Merck Millipore, 1:2000) antibodies, followed by incubation with appropriate secondary antibodies (Thermo Fisher Scientific, 1:5000). Proteins were visualized with the ECL system from Bio-Rad. The Western blots shown were representative of at least three independent experiments. GAPDH (Kang Chen bio-tech, 1:5000) was used as the loading control.

### Colony formation assay

Dissociated 1,000 cells were seeded in 6-cm dishes and treated with indicated concentration of flubendazole, fluorouracil (or doxorubicin), vehicle control or combined flubendazole with fluorouracil (or doxorubicin) for 9 days. At day 9, cells were fixed and stained with 0.4% crystal violet for 10 min at room temperature. The number of colonies was counted [53].

### Statistical considerations and calculations of flubendazole IC50

Data were presented as mean  $\pm$  S.D. of three independent experiments using GraphPad Software (Prism5 program). Statistics were calculated by SPSS software (version 16.0). The statistical significance between groups was determined using the Student's t test.  $p \leq 0.05$  was considered as statistically significant. IC50s were calculated using a nonlinear regression using one site competition curve [54].

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## CONFLICTS OF INTEREST

All authors claimed no conflicts of interest.

## Abbreviations

FLU, flubendazole; CS-like cell, cancer stem-like cell; CSC, cancer stem cell; ALDH1, aldehyde dehydrogenase1; EMT, epithelial-mesenchymal transition; 5-FU, fluorouracil; DOX, doxorubicin; OD, optical densities; Noc, nocodazole; PI, propidium iodide; S, supernatant; P, pellet; IC50, 50% inhibitory concentration; epi-MCF-7, epirubicin-resistant MCF-7 cells; EGF, epithelial growth factor; bFGF, basic fibroblast growth factor; Hh, Hedgehog; ROS, reactive oxygen species; IF, Immunofluorescence

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