# FUNCTIONS OF BOUNDED VARIATION, THE DERIVATIVE OF THE ONE DIMENSIONAL MAXIMAL FUNCTION, AND APPLICATIONS TO INEQUALITIES 

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#### Abstract

We prove that if $f: I \subset \mathbb{R} \rightarrow \mathbb{R}$ is of bounded variation, then the uncentered maximal function $M f$ is absolutely continuous, and its derivative satisfies the sharp inequality $\|D M f\|_{L^{1}(I)} \leq|D f|(I)$. This allows us to obtain, under less regularity, versions of classical inequalities involving derivatives.


## 1. Introduction

The study of the regularity properties of the Hardy-Littlewood maximal function was initiated by Juha Kinnunen in [Ki], where it was shown that the centered maximal operator is bounded on the Sobolev spaces $W^{1, p}\left(\mathbb{R}^{d}\right)$ for $1<p \leq \infty$. This result was used to give a new proof of a weak-type inequality for the Sobolev capacity, and to obtain the $p$-quasicontinuity of the maximal function of an element of $W^{1, p}\left(\mathbb{R}^{d}\right), 1<p<\infty$. Since then, a good deal of work has been done within this line of research. In KiLi a local version of the original boundedness result, valid on $W^{1, p}(\Omega), \Omega \subset \mathbb{R}^{d}$ open, was given. Generalizations were presented in HaOn , extending both the global and local theorems to the spherical maximal function for the range $d>1, d /(d-1)<p$. The regularity of the fractional maximal operator was studied in [KiSa]. Hannes Luiro proved in [u] the continuity of the Hardy-Littlewood maximal operator on $W^{1, p}\left(\mathbb{R}^{d}\right)$ (continuity is not immediate from boundedness because of the lack of linearity), finding an explicit representation for the derivative of the maximal function. Among other articles dealing with related topics we mention $[\mathrm{Bu}, \mathrm{Ko1}$, and Ko2].

As usual, the case $p=1$ is significantly different from the case $p>1$, not only because $L^{1}\left(\mathbb{R}^{d}\right)$ is not reflexive (so weak compactness arguments used when $1<p<\infty$ are not available for $p=1$ ), but more specifically to this problem, because $M f \notin L^{1}\left(\mathbb{R}^{d}\right)$ whenever $f$ is nontrivial, while the maximal operator acts boundedly on $L^{p}$ for $p>1$. Nevertheless, in dimension $d=1$, Hitoshi Tanaka proved (cf. Ta]) that if $f \in W^{1,1}(\mathbb{R})$, then the noncentered maximal function $M f$ is differentiable a.e. and $\|D M f\|_{1} \leq 2\|D f\|_{1}$. We shall be concerned (mostly) with

[^0]the case $d=1$ and $p=1$. What had not previously been noticed, and we show here, is that the maximal operator can actually improve the regularity of a function $f$, rather than simply preserving it, and without increasing the variation. This leads to the possibility of obtaining, under less smoothness, versions of classical inequalities involving a function and its derivatives.

Recall that if $f \in W^{1,1}(\mathbb{R})$, then $f$ is absolutely continuous and of bounded variation. We refine Tanaka's arguments, obtaining the best possible bound and generalizing it to the class of functions of bounded variation. Let $I$ be an interval, let $f: I \rightarrow \mathbb{R}$ be of bounded variation, and let $D f$ be its distributional derivative. Denoting by $M f$ the noncentered maximal function of $f$, we prove (cf. Theorem (2.5) that $M f$ is absolutely continuous. Hence, $M f$ is differentiable a.e. and its pointwise derivative coincides with its distributional derivative $D M f$; thus, the latter is a function and not just a Radon measure. Furthermore, the variation of $M f$ is no larger than that of $f$, in the sense that $\|D M f\|_{L^{1}(I)} \leq|D f|(I)$. This inequality is easily seen to be sharp. Also, without some assumption of bounded variation type the result fails: There are bounded, compactly supported (hence integrable) functions such that $M f$ is not differentiable on a set of positive measure (see Example 4.2). We mention that for bounded intervals $I$, the fact that $\|D M f\|_{L^{1}(I)} \leq|D f|(I)$ tells us that $M f: B V(I) \rightarrow W^{1,1}(I)$ boundedly.

Finally, we note that from the viewpoint of regularity the noncentered maximal operator is better behaved than the centered one: The latter yields a discontinuous function when applied, for instance, to the characteristic function of $[0,1]$. And the same can be said about the one directional maximal operators. In higher dimensions and for $p>1$, we mention that even though Kinnunen stated his boundedness result from [Ki] only for the centered operator, it also holds for the uncentered one by a simple modification of his arguments, as noted by Tanaka in Ta. Alternatively, boundedness of the uncentered operator can be deduced from Theorem 1 of HaOn .

This paper is organized as follows. Section 2 contains the basic definitions, the main result, and corollaries. Section 3, the lemmas used in the proof. In Section 4 examples are presented illustrating the basic issues involved and showing that the main theorem is in some sense optimal. As an application, in Section 5 we give a variant of Landau's inequality under less regularity. Except for the issue of best constants, the inequality we present is stronger than Landau's. Of course, this kind of argument can be applied to other inequalities also. As a second, simple instance, we present a trivial variant of the Poincaré-Wirtinger inequality.

## 2. Definitions, main theorem and corollaries

By an interval $I$ we mean a nondegenerate interval, so examples such as $[a, a]$ or $(a, b)$ with $b \leq a$ are excluded. But we do include the cases $a=-\infty$ and $b=\infty$, so $I$ may have infinite length or even be the whole real line. Let $\lambda$ denote Lebesgue measure and $\lambda^{*}$ Lebesgue outer measure. When $a$ and $b$ are distinct real numbers, not necessarily in increasing order, we let $I(a, b)$ stand for a (nonempty) interval whose extremes are $a$ and $b$, while if the interval $I$ is given, we use $\ell(I)$ and $r(I)$ to denote its left and right endpoints. Since functions of bounded variation always have lateral limits, we can go from $(a, b)$ to $[a, b]$ by extension, and vice versa by restriction. Thus, in what follows it does not really matter whether $I$ is open, closed or neither. Nevertheless, if at some stage of an argument it is useful to assume that $I(a, b)$ is of a certain type, we shall explicitly say so.

Definition 2.1. Given $P=\left\{x_{1}, \ldots, x_{L}\right\} \subset I$ with $x_{1}<\cdots<x_{L}$, the variation of $f: I \rightarrow \mathbb{R}$ associated to the partition $P$ is defined as

$$
V(f, P):=\sum_{j=2}^{L}\left|f\left(x_{j}\right)-f\left(x_{j-1}\right)\right|
$$

and the variation of $f$ on $I$, as

$$
V(f):=\sup _{P} V(f, P)
$$

where the supremum is taken over all partitions $P$ of $I$. We say that $f$ is of bounded variation if $V(f)<\infty$.

We use $D f$ to denote the distributional derivative of $f$, and $I, J$ to denote intervals. Of course, if $f: I \rightarrow \mathbb{R}$ is absolutely continuous, then $D f$ is a function, which coincides with the pointwise derivative $f^{\prime}$ of $f$. In this case we also denote the latter by $D f$.

Definition 2.2. The canonical representative of $f$ is the function

$$
\bar{f}(x):=\limsup _{\lambda(I) \rightarrow 0, x \in I} \frac{1}{\lambda(I)} \int_{I} f(y) d y .
$$

The Lebesgue differentiation theorem tells us that $\bar{f}=f$ a.e., so $\bar{f}$ does represent the equivalence class of $f$. Of course, taking the liminf would yield a representative as "canonical" as the one above; we just selected the one best suited to our purposes.

It is well known (cf. Lemma 3.7 in the next section) that if $f$ is of bounded variation, then $D f$ is a Radon measure with $|D f|(I)=V(\bar{f})<\infty$, where $|D f|$ denotes the total variation of $D f$.

Definition 2.3. Given a locally integrable function $f: I \rightarrow \mathbb{R}$, the noncentered Hardy-Littlewood maximal function $M f$ is defined by

$$
M f(x):=\sup _{x \in J \subset I} \frac{1}{\lambda(J)} \int_{J}|f(y)| d y
$$

If $R>0$, the definition of the local maximal function $M_{R} f$ is the same as above, except that the intervals $J$ are also required to satisfy $\lambda J \leq R$.

Remark 2.4. The terms restricted and truncated have been used in the literature to designate $M_{R} f$. However, in both cases the meaning differs from the usual notions of restriction and truncation of a function, so we prefer local. $M_{R} f$ is genuinely local in that its value at $x$ depends only on how $f$ behaves in an $R$-neighborhood of $x$.

For some purposes the relevant maximal operator is $M_{R}$ rather than $M$ (cf., for instance, Ha ). Thus, it seems worthwhile to point out that the results we prove on regularity and size of the derivative hold both for $M$ and $M_{R}$, essentially for the same reasons. So in the statements of the theorems $M$ and $M_{R}$ will appear, but the proofs will only mention $M$, unless some modification is needed to cover the case of $M_{R}$. With respect to the possibility of deriving the results for $M_{R}$ from those of $M$, or vice versa, it is not clear to us whether this can be done, in view of the fact that neither $D M f$ nor $D M_{R} f$ pointwise dominates the other.

The local maximal function will be used at the end of this paper to prove an inequality of Poincaré-Wirtinger type. There $M_{R}$ cannot be replaced by $M$.

Theorem 2.5. If $f: I \rightarrow \mathbb{R}$ is of bounded variation, then $M f$ is absolutely continuous. Furthermore, $V(M f) \leq V(\bar{f})$, or equivalently, $\|D M f\|_{L^{1}(I)} \leq|D f|(I)$. The same holds for $M_{R} f$.
Proof. We assume that $0 \leq f=\bar{f}$. Since $f$ is upper semicontinuous (Lemma 3.3), and $f \leq M f$, the maximal function is continuous (Lemma 3.4 and Remark 3.5), and of bounded variation with $V(M f) \leq V(f)$ (Lemma 3.9). Also, the image under $M f$ of a measure zero set has measure zero (Lemma 3.10), so by the BanachZarecki Theorem (Lemma 3.2) $M f$ is absolutely continuous, whence $|D M f|(I)=$ $\|D M f\|_{L^{1}(I)}$. Finally, by Lemma 3.7, $|D M f|(I)=V(M f)$ and $|D f|(I)=V(f)$, so $\|D M f\|_{L^{1}(I)} \leq|D f|(I)$.
Remark 2.6. Actually, the proof of Lemma 3.9 yields a slightly stronger result: Given $f$ and $M f$ on $I$, and any subinterval $J \subset I$ such that the endpoints of $J$ belong to $\{M f=f\}$, we have $V\left(\left.M f\right|_{J}\right) \leq V\left(\left.f\right|_{J}\right)$. That is, the variation fails to grow not only when considered over the whole interval, but also over a wide class of subintervals. The key to this reduction of the variation is the rather simple behaviour of $M f$ on the components of the open set $\{M f>f\}$ : If $(\alpha, \beta)$ is any such component, then either $M f$ is monotone there, or there exists a $c$ in $(\alpha, \beta)$ such that $M f$ is decreasing on $(\alpha, c)$ and increasing on $(c, \beta)$.

We recall the definitions of the space $B V(I)$ of integrable functions of bounded variation and of the Sobolev space $W^{1,1}(I)$.
Definition 2.7. Given the interval $I$,

$$
B V(I):=\left\{f: I \rightarrow \mathbb{R} \mid f \in L^{1}(I) \text { and }|D f|(I)<\infty\right\}
$$

and

$$
W^{1,1}(I):=\left\{f: I \rightarrow \mathbb{R} \mid f \in L^{1}(I), D f \text { is a function, and } D f \in L^{1}(I)\right\}
$$

It is obvious that $W^{1,1}(I) \subset B V(I)$ and that the inclusion is proper. The Banach space $B V(I)$ is endowed with the norm $\|f\|_{B V(I)}:=\|f\|_{L^{1}(I)}+|D f|(I)$, and $W^{1,1}(I)$, with the restriction of the $B V$ norm, i.e., $\|f\|_{W^{1,1}(I)}:=\|f\|_{L^{1}(I)}+$ $\|D f\|_{L^{1}(I)}$.
Remark 2.8. It is well known that for every $f \in L^{1}(I)$ and every $c>0$, $c \lambda(\{M f>c\}) \leq 2\|f\|_{L^{1}(I)}$, so by Theorem [2.5] the maximal operator satisfies a "mixed type" inequality on $B V(I)$, weak type for functions and strong type for their derivatives. Hence $M$ maps $B V(I)$ into the subspace of $L^{1, \infty}$ consisting of the functions whose distributional derivative is an integrable function. But if $I$ is bounded, something stronger can be said: $M f$ maps boundedly $B V(I)$ into $W^{1,1}(I)$.
Corollary 2.9. Let I be bounded. Then there exists a constant $c=c(I)$ such that for every $f \in B V(I), M f \in W^{1,1}(I)$ and $\|M f\|_{W^{1,1}(I)} \leq c\|f\|_{B V(I)}$.
Proof. By Sobolev embedding for $B V$ functions (cf. Corollary 3.49, p. 152 of AFP) $),\|f\|_{\infty} \leq c(I)\|f\|_{B V(I)}$, so

$$
\|M f\|_{L^{1}(I)} \leq \lambda(I)\|f\|_{\infty} \leq \lambda(I) c(I)\|f\|_{B V(I)}
$$

After this article was completed, the authors were able to show (cf. AlPe, Theorem 2.7) that the local maximal operator $M_{R}$ is bounded from $B V(I)$ into $W^{1,1}(I)$ even if $I$ has infinite length; in addition, the bounds grow with $R$ as $O(\log R)$.

## 3. Lemmas

Given $f: I \rightarrow \mathbb{R}$, define the upper derivative of $f$ as

$$
\bar{D} f(x)=\limsup _{h \rightarrow 0} \frac{f(x+h)-f(x)}{h} .
$$

The next lemma is well known and we include it here for the reader's convenience.
Lemma 3.1. Let $f: I \rightarrow \mathbb{R}$ be a continuous function, and let $E \subset\{x \in I$ : $|\bar{D} f(x)| \leq k\}$. Then $\lambda^{*}(f(E)) \leq k \lambda^{*} E$.
Proof. We may assume that I is open. Fix $\varepsilon>0$, and let $O \subset I$ be an open set with $E \subset O$ and $\lambda O \leq \lambda^{*} E+\varepsilon$. For each $x \in E$, pick $y$ so that the closed interval $I(x, y)$ is contained in $O$ and for every $z \in I(x, y),\left|\frac{f(z)-f(x)}{z-x}\right| \leq k+\varepsilon$. Then $\mathcal{V}:=$ $\{I(x, z): x \in E, z \in I(x, y) \subset O\}$ is a covering of $E$ with $\lambda(\cup \mathcal{V}) \leq \lambda O \leq \lambda^{*} E+\varepsilon$. By continuity of $f$, for every pair $\{x, z\}$ the set $f(I(x, z))$ is connected, hence an interval or a point. Let $C:=\{c \in \mathbb{R}:$ for some $I(x, z) \in \mathcal{V}, f(I(x, z))=c\}$. Suppose $c_{1}, c_{2} \in C$ and $c_{1} \neq c_{2}$. Then $f^{-1}\left(\left\{c_{1}\right\}\right)$ and $f^{-1}\left(\left\{c_{2}\right\}\right)$ are disjoint sets and each contains an interval, from which it follows that $C$ is at most countable. Now if $z \rightarrow x$, then $f(z) \rightarrow f(x)$, so the collection $f\left(\mathcal{V}^{\prime}\right):=\{f(I(x, z)): I(x, z) \in$ $\mathcal{V}$ and $f$ is not constant on $I(x, z)\}$ is a Vitali covering of $f(E) \backslash C$. Hence there is a disjoint subcollection $\left\{I_{n}\right\}$ of $f\left(\mathcal{V}^{\prime}\right)$ such that $\left.\lambda^{*}\left(f(E) \backslash \bigcup_{n} I_{n}\right)\right)=0$. For each $n$, select $I\left(x_{n}, z_{n}\right)$ such that $f\left(I\left(x_{n}, y_{n}\right)\right)=I_{n}$. Then

$$
\lambda^{*}(f(E)) \leq \sum_{n} \lambda\left(I_{n}\right) \leq \sum_{n}(k+\varepsilon) \lambda\left(I\left(x_{n}, y_{n}\right)\right) \leq(k+\varepsilon) \lambda O \leq(k+\varepsilon)\left(\lambda^{*} E+\varepsilon\right) .
$$

The following lemma is the direction we need of the Banach-Zarecki Theorem (an "if and only if" result). It is an immediate consequence of the Fundamental Theorem of Calculus for the Lebesgue integral, the a.e. differentiability of functions of bounded variation, and the preceding lemma.

Lemma 3.2. Let $f: I \rightarrow \mathbb{R}$ be a continuous function of bounded variation. If $f$ maps measure zero sets into measure zero sets, then it is absolutely continuous.

Let $f: I \rightarrow \mathbb{R}$ be a function of bounded variation. Then $|f|$ is also of bounded variation, and $|D| f||(I) \leq|D f|(I)$. Additionally, when studying the boundedness properties of the maximal function it makes no difference whether we consider $f$ or $|f|$. For notational simplicity we will often assume that $f \geq 0$.

The next two lemmas are likely to be well known, and small variants certainly are. But since we are not aware of any explicit written reference, we include them for completeness.
Lemma 3.3. The canonical representative $\bar{f}$ of a function of bounded variation $f: I \rightarrow \mathbb{R}$ is upper semicontinuous and of bounded variation. Furthermore, $\bar{f}$ minimizes the variation within the equivalence class of $f$.

Proof. Recall that a function $f$ of bounded variation (being the difference of two monotone functions) has left and right limits at every point. To see that $\bar{f}$ is upper semicontinuous, simply note that $\bar{f}(x)=\max \left\{\lim _{y \uparrow x} \bar{f}(y), \lim _{y \downarrow x} \bar{f}(y)\right\}$, so for every $x \in I$ and every sequence $\left\{x_{n}\right\}$ in $I$ converging to $x, \lim _{\sup _{n} \bar{f}}\left(x_{n}\right) \leq \bar{f}(x)$. Also $V(\bar{f}) \leq V(f)$ follows immediately from the fact that $\bar{f}(x)$ satisfies the following two conditions: i) If $x$ is a point of continuity of $f$, then $\bar{f}(x)=f(x)$; ii) if $x$ is a
point of discontinuity of $f$, then $\bar{f}(x)$ belongs to the closed interval determined by the extremes $\lim _{y \uparrow x} f(y)$ and $\lim _{y \downarrow x} f(y)$. Finally, it is quite obvious (or else, cf. Theorem 3.28, page 136 of AFP]) that on the equivalence class of $f, V$ achieves its minimum value at $g$ iff $g$ satisfies both conditions i) and ii) above.

Next, we consider balls associated to some norm in $\mathbb{R}^{d}$ and the corresponding maximal operator. In the local case, $R$ will denote the diameter in accordance with our one-dimensional convention. While in this paper we only need the case $d=1$, we state the next result for arbitrary $d$, as it is likely to be useful in future work.

Lemma 3.4. Let $f: \mathbb{R}^{d} \rightarrow[0, \infty]$ be locally integrable. If $f$ is upper semicontinuous at $w \in \mathbb{R}^{d}$ and $f(w) \leq M f(w)$, then $M f$ is continuous at $w$. The same holds for $M_{R} f$.

Proof. Since $M f$ is lower semicontinuous, it suffices to prove the upper semicontinuity of $M f$ at $w$. The idea is simply to note that if "large" balls are considered near $w$, increasing their radii a little so as to include $w$ cannot decrease the average by much, while if one is forced to consider arbitrarily small balls, then the fact that $\limsup _{n} f\left(x_{n}\right) \leq f(w)$ whenever $x_{n} \rightarrow w$ leads to the same conclusion for $M f$. More precisely, we show that given $\varepsilon>0$, there exists a $\delta>0$ such that for all $x \in B(w, \delta), M f(x) \leq M f(w)+\varepsilon$. Fix $k \gg 1$ such that $(1+1 / k)^{d} M f(w) \leq M f(w)+\varepsilon$, and choose $\tau>0$ with $f(y) \leq f(w)+\varepsilon$ whenever $|y-w|<3 \tau$. Set $\delta=\tau / k$, let $|x-w|<\delta$, and let $B(u, r)$ be a ball containing $x$. If $B(u, r) \subset\{f \leq f(w)+\varepsilon\}$, then

$$
\frac{1}{\lambda(B(u, r))} \int_{B(u, r)} f(y) d y \leq f(w)+\varepsilon \leq M f(w)+\varepsilon
$$

while if $B(u, r) \cap\{f \leq f(w)+\varepsilon\}^{c} \neq \emptyset$, then $r>\tau$, and since $w \in B(u, r+\delta)$, we have

$$
\begin{gathered}
\frac{1}{\lambda(B(u, r))} \int_{B(u, r)} f(y) d y \leq \frac{\lambda(B(u, r+\delta))}{\lambda(B(u, r))} \frac{1}{\lambda(B(u, r+\delta))} \int_{B(u, r+\delta)} f(y) d y \\
\leq\left(1+\frac{\delta}{r}\right)^{d} M f(w) \leq M f(w)+\varepsilon
\end{gathered}
$$

In the case of $M_{R} f$, if the large balls already have diameter $R$, instead of increasing the radii just translate the balls slightly. The easy details are omitted.
Remark 3.5. Actually, we shall apply the preceding lemma to arbitrary intervals $I \subset \mathbb{R}$ and not just to $\mathbb{R}$. Nevertheless, the result is stated for $\mathbb{R}^{d}$ since when $d>1$, there are connected and simply connected open sets $O \subset \mathbb{R}^{d}$ for which it fails, as we shall see. The difference stems from the fact that when working on $O$, the maximal function is defined by taking the supremum over balls contained in $O$. If $d=1$, the proof of the lemma can be easily adapted to intervals. Alternatively, the result for $\mathbb{R}$ implies the general case as follows: Given $I \subset \mathbb{R}$, extend $f \geq 0$ to $\mathbb{R}$ by setting it equal to zero off $I$. This changes neither the upper semicontinuity of $f$ at points in $I$ nor the values of $M f$ on $I$. Regarding the case $d>1$, counterexamples already exist when $d=2$. For convenience we use the $\ell_{\infty}$ norm $\|(x, y)\|_{\infty}=\max \{|x|,|y|\}$ on $\mathbb{R}^{2}$, so balls will refer to the metric defined by $\|\cdot\|_{\infty}$. Let $O \subset \mathbb{R}^{2}$ be the open set $(0,2)^{2} \cup(0,3) \times(0,1)$. Define $f:=\chi_{(0,1]^{2}}$ on $O$. Then $f$ is upper semicontinuous, $M f \geq 1 / 4$ on $(0,2)^{2}, M f=0$ on $(2,3) \times(0,1)$ (so $M f$ is not continuous), and $M f \geq f$ everywhere.

Lemma 3.6. Let $f: I \rightarrow[0, \infty)$ be an upper semicontinuous function such that for every $x \in I, f(x) \leq M f(x)$. Suppose there exists an interval $[a, b] \subset I$ with $\max \{M f(x): x \in[a, b]\}>\max \{M f(a), M f(b)\}$. If $c \in[a, b]$ is a point where $M f$ achieves its maximum value on $[a, b]$, then $M f(c)=f(c)=\max _{x \in[a, b]} f(x)$. If either $f \in L^{1}(I)$ or we consider $M_{R} f$ instead of $M f$, then the same result holds under the following weaker assumption: $M f$ (respectively $M_{R} f$ ) achieves its maximum value on $[a, b]$ at some interior point, so $\max \{M f(x): x \in(a, b)\} \geq$ $\max \{M f(a), M f(b)\} \quad$ (respectively $\max \left\{M_{R} f(x): x \in(a, b)\right\} \geq \max \left\{M_{R} f(a)\right.$, $\left.\left.M_{R} f(b)\right\}\right)$.

Proof. By Lemma 3.4, $M f$ is continuous. Suppose that $M f(c)=\max \{M f(x)$ : $x \in[a, b]\}>\max \{M f(a), M f(b)\}$. If $f(c)<M f(c)$, by upper semicontinuity of $f$ there exists an open interval $J:=(c-\delta, c+\delta)$ such that if $x \in J$, then $f(x)<2^{-1}(f(c)+M f(c))$. Define $L(t)=\frac{1}{t} \int_{c-t}^{c} f$ on $[\delta, c-a]$ and $R(x)=\frac{1}{x} \int_{c}^{c+x} f$ on $[\delta, b-c]$. By continuity, there exist $t_{0}$ and $x_{0}$ maximizing $L$ and $R$ respectively. Since $M f(c)>\max \{M f(a), M f(b)\}$, in order to evaluate $M f(c)$ we only need to consider intervals properly contained in $[a, b]$, so $M f(c)=\max \left\{L\left(t_{0}\right), R\left(x_{0}\right)\right\}$. Suppose without loss of generality that $L\left(t_{0}\right) \leq R\left(x_{0}\right)$. Then

$$
M f(c)=\frac{1}{x_{0}} \int_{c}^{c+x_{0}} f \leq \frac{1}{x_{0}}\left(\int_{c}^{c+\delta} 2^{-1}(f(c)+M f(c))+\int_{c+\delta}^{c+x_{0}} M f(c)\right)<M f(c)
$$

a contradiction.
Suppose next that $M_{T} f$ achieves its maximum value on $[a, b]$ at some interior point, so $\max \left\{M_{T} f(x): x \in(a, b)\right\} \geq \max \left\{M_{T} f(a), M_{T} f(b)\right\}$. Define $L$ on $[0, \min \{T, c-\ell(I)\}]$ and $R$ on $[0, \min \{T, c+r(I)\}]$ as above, and conclude that there exist $t_{0}$ and $x_{0}$ maximizing $L$ and $R$ respectively. Then argue as before. If $f \in L^{1}(I)$ we reason in the same way. Suppose for instance that $I=\mathbb{R}$. Then $\lim _{t \rightarrow \infty} L(t)=\lim _{x \rightarrow \infty} R(x)=0$, so again there are points $t_{0}$ and $x_{0} \operatorname{maximizing} L$ and $R$. The case of bounded or semi-infinite intervals is easily handled, assuming, for instance, that finite extremes belong to $I$, and concluding as before that $t_{0}$ and $x_{0}$ exist.

Lemma 3.7. Let $f: I \rightarrow[0, \infty)$ be of bounded variation. Then $V(\bar{f})=|D f|(I)$.
Proof. This is well known, and it follows from AFP, Proposition 3.6, p. 120 together with Theorem 3.27, p. 135 (making the obvious adjustments in the definitions, to take into account that we do not assume $f \in L^{1}(I)$ ).

In what follows we will distinguish between the points where one needs to consider arbitrarily small intervals to obtain the value of the maximal function, and those where the supremum is achieved by looking at intervals of length bounded below. Since at this stage we are not assuming that $f$ is integrable, it might happen that for some increasing sequence of intervals $I_{n}$ containing $x$, and for instance, with $I_{n} \uparrow I=[a, \infty), M f(x)>\frac{1}{\lambda\left(I_{n}\right)} \int_{I_{n}} f$ but $M f(x)=\sup _{n} \frac{1}{\lambda\left(I_{n}\right)} \int_{I_{n}} f$. As a shorthand to describe this situation, we write $M f(x)=\frac{1}{\lambda(I)} \int_{I} f$, and similarly for other intervals of infinite length. Now set $E:=$
$\left\{x \in \mathbb{R}:\right.$ there exists an interval $I$ containing $x$ such that $\left.M f(x)=\frac{1}{\lambda(I)} \int_{I} f\right\}$.

In the rest of this section we assume once and for all that $f=\bar{f}$ whenever $f$ is of bounded variation. Then the Lebesgue theorem on differentiation of integrals together with $0 \leq f=\bar{f}$, entail that $E^{c} \subset\{M f=f\}$. Next, write $E_{n}:=$ $\left\{x \in \mathbb{R}:\right.$ there exists an $I$ such that $x \in I, M f(x)=\frac{1}{\lambda(I)} \int_{I} f$, and $\left.\lambda(I) \geq \frac{1}{n}\right\}$.

If we are dealing with $M_{R} f$, the sets $E$ and $E_{n}$ are defined as before except for the fact that we add the extra condition $\lambda(I) \leq R$ (so, for instance, if $R=1 / 2$, $\left.E_{1}=\emptyset\right)$. As usual, $\operatorname{Lip}(g)$ denotes the Lipschitz constant of a Lipschitz function $g$.
Lemma 3.8. Let $f \in L^{\infty}(I)$. Then the restriction of $M f$ to $E_{n}$ is Lipschitz, with $\operatorname{Lip}(M f) \leq n\|f\|_{\infty}$. The same holds for $M_{R} f$.
Proof. Fix $x, y \in E_{n}$. By symmetry, we may assume that $M f(x) \geq M f(y)$. By hypothesis, there exists a $J$ containing $x$ such that $\lambda(J) \geq \frac{1}{n}$ and $M f(x)=\frac{1}{\lambda(J)} \int_{J} f$. Our notational convention allows $J$ to have infinite length, so we suppose first that $\lambda(J)<\infty$. Then

$$
\begin{aligned}
\frac{M f(x)-M f(y)}{|x-y|} & \leq \frac{\frac{1}{\lambda(J)} \int_{J} f-\frac{1}{\lambda(J)+|x-y|} \int_{J} f}{|x-y|}=\frac{\frac{1}{\lambda(J)} \int_{J} f}{\lambda(J)+|x-y|} \\
& \leq \frac{\|f\|_{\infty}}{\lambda(J)+|x-y|}<n\|f\|_{\infty}
\end{aligned}
$$

The case $\lambda(J)=\infty$ is obtained by an easy approximation argument.
With respect to $M_{R}$, the reasoning is similar. Suppose that $x, y \in E_{n}$, with $x<y$. If $y-x \geq 1 / n$, then

$$
\frac{\left|M_{R} f(x)-M_{R} f(y)\right|}{|x-y|} \leq \frac{\|f\|_{\infty}-0}{y-x} \leq n\|f\|_{\infty}
$$

So assume that $y-x<1 / n$ and $M_{R} f(x)>M_{R} f(y)$ (the case $M_{R} f(x)<M_{R} f(y)$ is handled in the same way). By hypothesis there exists an interval $[a, b]$ containing $x$ such that $1 / n \leq b-a \leq R$ and

$$
M_{R} f(x)=\frac{1}{b-a} \int_{a}^{b} f
$$

Now if $y-a \leq R$, we can repeat the argument given for $M f$, so suppose $y-a>R$. Writing $c:=R-b+a$, we have

$$
\begin{gathered}
\frac{M_{R} f(x)-M_{R} f(y)}{y-x} \leq \frac{\frac{1}{b-a} \int_{a}^{b} f-\frac{1}{R} \int_{y-R}^{y} f}{y-x} \leq \frac{(b-a) \int_{a}^{b} f-(b-a) \int_{y-R}^{b} f+c \int_{a}^{b} f}{(y-x)(b-a) R} \\
\leq \frac{(y-R-a)\|f\|_{\infty}+c\|f\|_{\infty}}{(y-x) R}=\frac{y-b}{y-x} \frac{\|f\|_{\infty}}{R} \leq n\|f\|_{\infty}
\end{gathered}
$$

Lemma 3.9. Let $f: I \rightarrow[0, \infty)$ be an upper semicontinuous function such that for every $x \in I, f(x) \leq M f(x)$. Then $V(M f) \leq V(f)$. In particular, $M f$ is of bounded variation whenever $f$ is. The same results hold for $M_{R} f$.

Proof. We show that $M f$ varies no more than $f$ on $\{M f>f\}$, and of course the same happens on $\{M f>f\}^{c}=\{M f=f\}$. Note that $\{M f>f\}$ is open in $I$, since $M f-f$ is lower semicontinuous, being the difference between a continuous and an upper semicontinuous function. Let $(\alpha, \beta)$ be any component of $\{M f>f\}$ (here we can either assume directly that $I$ is open, or else consider as possible
components intervals of the form $[\alpha, \beta)$ and $(\alpha, \beta]$, which can be handled in the same way as we do below). We will see next that on $(\alpha, \beta), M f$ can only behave in one of two ways: Either $M f$ is monotone, or there exists a $c \in(\alpha, \beta)$ such that $M f$ decreases on $(\alpha, c)$ and increases on $(c, \beta)$. Suppose towards a contradiction that for some points $c_{1}, c_{2}, c_{3}$ with $\alpha<c_{1}<c_{2}<c_{3}<\beta$ we have $M f\left(c_{1}\right)<M f\left(c_{2}\right)$ and $M f\left(c_{3}\right)<M f\left(c_{2}\right)$. By changing $c_{2}$ if needed, and relabeling, we may assume that $M f\left(c_{2}\right)=\max \left\{M f(x): x \in\left[c_{1}, c_{3}\right]\right\}$. Then $c_{2} \in\{M f>f\}$, and $M f\left(c_{2}\right)=f\left(c_{2}\right)$ by Lemma 3.6. The result for $M_{R} f$ also follows from Lemma 3.6,

To show that $V(M f) \leq V(f)$, given an arbitrary partition $\left\{x_{1}, \ldots, x_{L}\right\}$ of $I$ we produce a refinement $\left\{y_{1}, \ldots, y_{K}\right\}$ such that $\sum_{2}^{K}\left|M f\left(y_{i}\right)-M f\left(y_{i-1}\right)\right| \leq$ $\sum_{2}^{K}\left|f\left(y_{i}\right)-f\left(y_{i-1}\right)\right|$. We always assume that partitions are labeled in increasing order. Of course, if $\left\{x_{1}, \ldots, x_{L}\right\} \subset\{M f=f\}$ there is nothing to do. Otherwise, for each $x_{i} \in\{M f>f\}$ there is a unique component $\left(\alpha_{i}, \beta_{i}\right)$ which contains it. Add both endpoints $\alpha_{i}$ and $\beta_{i}$ to the partition. If $M f$ is monotone on ( $\alpha_{i}, \beta_{i}$ ), we do not add any new points inside this interval. If $M f$ is not monotone on ( $\alpha_{i}, \beta_{i}$ ), then there exists a $c_{i} \in\left(\alpha_{i}, \beta_{i}\right)$ such that $M f$ decreases on $\left(\alpha_{i}, c_{i}\right)$, increases on $\left(c_{i}, \beta_{i}\right)$, and $M f\left(c_{i}\right)<\min \left\{M f\left(\alpha_{i}\right), M f\left(\beta_{i}\right)\right\}$. If $c_{i}$ does not already belong to the original partition, include it in the refinement. The resulting finite collection $P:=\left\{y_{1}, \ldots, y_{K}\right\}$ has the desired property, as we shall see. First we study what happens in each $\left[\alpha_{i}, \beta_{i}\right]$. For every pair $y_{i}<y_{i+k}$ of points of $P$ that are endpoints of some component $\left(\alpha_{j_{i}}, \beta_{j_{i}}\right)$ and contain one or more elements of $P$ between them, say $y_{i}<y_{i+1}<\cdots<y_{i+k}$, either $M f$ is monotone on that component, and then

$$
\begin{aligned}
& \sum_{j=i+1}^{i+k}\left|M f\left(y_{j}\right)-M f\left(y_{j-1}\right)\right|=\left|M f\left(y_{i+k}\right)-M f\left(y_{i}\right)\right| \\
& \quad=\left|f\left(y_{i+k}\right)-f\left(y_{i}\right)\right| \leq \sum_{j=i+1}^{i+k}\left|f\left(y_{j}\right)-f\left(y_{j-1}\right)\right|
\end{aligned}
$$

or $M f$ achieves its minimum value on $\left[y_{i}, y_{i+k}\right]$ at some intermediate $y_{i_{m}}$ and $M f\left(y_{i_{m}}\right)<\min \left\{M f\left(y_{i}\right), M f\left(y_{i+k}\right)\right\}$. In this case

$$
\begin{gathered}
\sum_{j=i+1}^{i+k}\left|M f\left(y_{j}\right)-M f\left(y_{j-1}\right)\right|=\left|M f\left(y_{i+k}\right)-M f\left(y_{i_{m}}\right)\right|+\left|M f\left(y_{i_{m}}\right)-M f\left(y_{i}\right)\right| \\
\quad<\left|f\left(y_{i+k}\right)-f\left(y_{i_{m}}\right)\right|+\left|f\left(y_{i_{m}}\right)-f\left(y_{i}\right)\right| \leq \sum_{j=i+1}^{i+k}\left|f\left(y_{j}\right)-f\left(y_{j-1}\right)\right|
\end{gathered}
$$

Finally, for each pair $\left\{y_{i}, y_{i+1}\right\}$ not already taken into account, we have $\mid M f\left(y_{i+1}\right)-$ $M f\left(y_{i}\right)\left|=\left|f\left(y_{i+1}\right)-f\left(y_{i}\right)\right|\right.$, so the conclusion follows.

Before proving the next lemma, we mention that on large parts of its domain $M f$ is locally Lipschitz. Of course, matters would be considerably simpler if $M f$ were locally Lipschitz at every point, but unfortunately this need not be the case, as the following example shows: Take $f(x)=(1-\sqrt{x}) \chi_{[0,1]}(x)$ and note that $M f$ fails to be locally Lipschitz at 0 .

Lemma 3.10. Let $f: I \rightarrow \mathbb{R}$ be a function of bounded variation, and let $N$ be $a$ set of measure zero. Then $\lambda(M f(N))=0$. The same results hold for $M_{R} f$.

Proof. Suppose $N$ has measure zero, and let $E_{n}$ and $E$ be the sets whose definition appears just before Lemma 3.8. Since $E_{n} \uparrow E$, by Lemmas 3.1 and 3.8, for each $n=1,2, \ldots, \lambda\left(M f\left(N \cap E_{n}\right)\right)=0$, so $\lambda(M f(N \cap E))=0$. Thus, we may assume that $N \subset E^{c}$, whence $N \subset\{M f=f\}$. We are going to make further reductions on $N$. First, we remove from it all the intervals $I_{\alpha}$ where $M f$ is constant; we can do that since $\lambda M f\left(\bigcup_{\alpha} I_{\alpha}\right)=0$ by Lemma 3.1 (note that the difference between considering closed or open intervals is at most a countable set of endpoints, so the exact nature of the $I_{\alpha}$ 's is of no consequence here). Second, we eliminate from $N \backslash \bigcup_{\alpha} I_{\alpha}$ a countable set in such a way that every remaining point is a point of accumulation. This can be done by a well-known argument: Pick a countable base $\mathcal{B}$ of intervals, and let $\left\{I_{j}\right\}$ be the collection of all intervals in $\mathcal{B}$ for which $\left(N \backslash \bigcup_{\alpha} I_{\alpha}\right) \cap I_{j}$ is countable. Then $\left(N \backslash \bigcup_{\alpha} I_{\alpha}\right) \backslash \bigcup_{j} I_{j}$ has the desired property. For the usual reason of notational simplicity, we use $N$ again to denote this thinner set.

Now we are ready to suppose, towards a contradiction, that $\lambda^{*} M f(N)>0$. Write $8 c:=\lambda^{*} M f(N)$. We show that for every finite sequence of distinct real numbers $\left\{x_{1}, \ldots, x_{L}\right\}$ in $I$, labeled in (strictly) increasing order, there is a refinement $\left\{y_{1}, \ldots, y_{K}\right\}$ in $I$ with $y_{1}<y_{2}<\cdots<y_{K}$ and $\sum_{2}^{L}\left|f\left(x_{i}\right)-f\left(x_{i-1}\right)\right|+c<$ $\sum_{2}^{K}\left|f\left(y_{i}\right)-f\left(y_{i-1}\right)\right|$. This contradicts the fact that $f$ is of bounded variation.

The final partition will be produced in several stages, so at any step in the argument, we use $P$ to denote the partition already at hand, and $P^{\prime}$ the immediate refinement obtained in that step. So $P$ will denote different partitions at different stages, and the same happens with $P^{\prime}$.

By adding more points if needed, and relabeling in increasing order, we may assume that "a large part" of $N$ is contained between the first and the last points of the partition (call them $A$ and $B$ respectively). By this we mean that $7 c<$ $\lambda^{*} M f(N \cap[A, B])$. Again we use $N$ to denote the null set $N \cap(A, B)$, and $\left\{x_{1}, \ldots, x_{L}\right\}$ to denote the points of the new partition.

When we say that an interval $J$ is determined by $P$ we mean that its extremes are consecutive points in $P$. Let $I_{1}$ be the first (according to the real ordering) of the open intervals determined by $P:=\left\{x_{1}, \ldots, x_{L}\right\}$ such that $\lambda^{*} M f\left(N \cap I_{1}\right)>0$, and let $x_{i_{1}}<x_{i_{1}+1}$ be the endpoints of this interval. For each $x \in N \cap I_{1}$ and $n \in \mathbb{N}$ pick $y_{n} \in N \cap I_{1}$ such that $\lim _{n} y_{n}=x$ and $\left|x-y_{n}\right|<2^{-1} d\left(x_{i_{1}+1}, I\left(x, y_{n}\right)\right)$ (where $d$ stands for distance, and $I\left(x, y_{n}\right)$ for the compact interval with extremes $x$ and $y_{n}$ ). In the case of $M_{R} f$ we additionally require that for every $x$ and every $y_{n}$ in its associated sequence $\left\{y_{n}\right\}_{n=0}^{\infty}, 2\left|x-y_{n}\right|<R$. Since $M f$ is continuous and nonconstant in all of those intervals, $\operatorname{Mf}\left(I\left(x, y_{n}\right)\right)$ is a nondegenerate compact interval and $\lim _{n} \lambda\left(M f\left(I\left(x, y_{n}\right)\right)\right)=0$. Thus the collection $\mathcal{V}:=\left\{M f\left(I\left(x, y_{n}\right)\right)\right.$ : $x \in N, n \in \mathbb{N}\}$ is a Vitali covering of $\operatorname{Mf}\left(N \cap I_{1}\right)$. Furthermore, if $J$ is the closed interval with the same left endpoint as $I\left(x, y_{n}\right)$ and twice its length, then $J \subset I_{1}$. Select a finite, disjoint subcollection $\left\{S_{1}, \ldots, S_{R}\right\}$ from $\mathcal{V}$, such that

$$
\begin{equation*}
\lambda^{*}\left(M f\left(N \cap I_{1}\right) \backslash\left(S_{1} \cup \cdots \cup S_{R}\right)\right)<7^{-1} \lambda^{*} M f\left(N \cap I_{1}\right) \tag{3.1}
\end{equation*}
$$

For each $i=1, \ldots, R$ pick $J_{i} \in\left\{I\left(x, y_{n}\right): x \in N \cap I_{1}, n \in \mathbb{N}\right\}$ with $M f\left(J_{i}\right)=S_{i}$.
Without loss of generality, suppose that $f\left(x_{i_{1}}\right) \leq f\left(x_{i_{1}+1}\right)$. Adding a finite number of points between $x_{i_{1}}$ and $x_{i_{1}+1}$ to the original partition $P$ does not increase the variation if $f$ is behaving monotonically there. Thus, our strategy consists of
selecting new points so that "broken line configurations" are obtained sufficiently often.

We consider two cases. In the first, the increase in the variation is obtained by adding to the original partition the endpoints of suitable intervals, and either one or two points inside each such interval. In the second, we add the endpoints of intervals not considered in case 1, together with either one point outside each such interval (but close to it), or no additional point.

Note that $f$ and $M f$ take the same values on the endpoints of the intervals $J_{i}$, since $\ell\left(J_{i}\right), r\left(J_{i}\right) \in N$ for every $i=1, \ldots, R$.

Case 1. Call an interval $J_{i}$ of type A if $\left|M f\left(r\left(J_{i}\right)\right)-M f\left(\ell\left(J_{i}\right)\right)\right|>2^{-1} \lambda S_{i}$ and there exists a $c_{i} \in J_{i}$ with $f\left(c_{i}\right)<\min \left\{f\left(\ell\left(J_{i}\right)\right), f\left(r\left(J_{i}\right)\right)\right\}-2^{-1}\left|f\left(r\left(J_{i}\right)\right)-f\left(\ell\left(J_{i}\right)\right)\right|$. Note that if we have any partition $P$ with consecutive points $a<b$ and $J_{i} \subset(a, b)$, then adding $\ell\left(J_{i}\right), c_{i}$ and $r\left(J_{i}\right)$ to $P$ leads to $V(f, P)+\frac{1}{2} \lambda M f\left(J_{i}\right)<V\left(f, P^{\prime}\right)$ (where $P^{\prime}$ is the refinement so obtained), regardless of the values of $f(a)$ and $f(b)$.

We say that $J_{i}$ is of type B if $\left|M f\left(r\left(J_{i}\right)\right)-M f\left(\ell\left(J_{i}\right)\right)\right| \leq 2^{-1} \lambda S_{i}$. Suppose in this case that $\left.M f\right|_{J_{i}}$ achieves its extreme values at $m_{1}, m_{2} \in J_{i}$, with $m_{1}<m_{2}$. We add the distinct elements in $\left\{\ell\left(J_{i}\right), m_{1}, m_{2}, r\left(J_{i}\right)\right\}$ to $P$, obtaining $P^{\prime}$ (it may happen that either $\ell\left(J_{i}\right)=m_{1}$ or $m_{2}=r\left(J_{i}\right)$, but not both, so $P^{\prime}$ contains either 3 or 4 points more than $P)$. Note that $\lambda S_{i}=\left|M f\left(m_{2}\right)-M f\left(m_{1}\right)\right| \leq\left|f\left(m_{2}\right)-f\left(m_{1}\right)\right|$, since where the maximum of $M f$ occurs, $M f$ and $f$ take the same value (by Lemma 3.6 if the corresponding $m_{i}$ is an interior point, and by $N \subset\{M f=f\}$ otherwise) while $f \leq M f$ always. As before, for some pair of consecutive points $a<b$ in $P$ we have $J_{i} \subset(a, b)$. It is again clear that no matter what the positions of $f\left(\ell\left(J_{i}\right)\right), f\left(m_{1}\right), f\left(m_{2}\right)$, and $f\left(r\left(J_{i}\right)\right)$ are relative to $f(a)$ and $f(b)$, we always have $V(f, P)+\frac{1}{2} \lambda M f\left(J_{i}\right) \leq V\left(f, P^{\prime}\right)$.

Suppose now that the collection of intervals $J_{i_{j}}$ of type either A or B satisfies $\sum_{j} \lambda S_{i_{j}} \geq 3^{-1} \sum_{i=1}^{R} \lambda S_{i}$. Adding to the initial partition all their endpoints and the interior points corresponding to each case we get

$$
V(f, P)+\frac{1}{6} \sum_{1}^{R} \lambda S_{i} \leq V\left(f, P^{\prime}\right)
$$

Case 2. If the case previously considered does not hold, then the set of intervals $J_{i_{j}}$ such that $\left|f\left(r\left(J_{i_{j}}\right)\right)-f\left(\ell\left(J_{i_{j}}\right)\right)\right|>2^{-1} \lambda S_{i_{j}}$ and for all $z \in J_{i_{j}}, f(z) \geq$ $\min \left\{f\left(\ell\left(J_{i_{j}}\right)\right), f\left(r\left(J_{i_{j}}\right)\right)\right\}-2^{-1}\left|f\left(r\left(J_{i_{j}}\right)\right)-f\left(\ell\left(J_{i_{j}}\right)\right)\right|$ satisfies

$$
\sum_{j} \lambda S_{i_{j}}>\frac{2}{3} \sum_{i=1}^{R} \lambda S_{i}
$$

Call $J_{i_{j}}$ order preserving if $f\left(\ell\left(J_{i_{j}}\right)\right)<f\left(r\left(J_{i_{j}}\right)\right)$ and order reversing if $f\left(\ell\left(J_{i_{j}}\right)\right)>$ $f\left(r\left(J_{i_{j}}\right)\right)$. We consider two subcases. In the first, the subcollection of order reversing intervals, which we rename as $\left\{A_{1}, \ldots, A_{Q}\right\}$ is large: $\sum_{j=1}^{Q} \lambda M f\left(A_{j}\right)>$ $\frac{1}{3} \sum_{i=1}^{R} \lambda S_{i}$. We add the points $\left\{\ell\left(A_{1}\right), r\left(A_{1}\right), \ldots, \ell\left(A_{Q}\right), r\left(A_{Q}\right)\right\}$ to the partition $P$ and note that with this refinement the variation increases by more than $\frac{1}{3} \sum_{1}^{R} \lambda S_{i}$. In the second subcase, the subcollection of order preserving intervals, which again we denote by $\left\{A_{1}, \ldots, A_{Q}\right\}$, satisfies $\sum_{j=1}^{Q} \lambda M f\left(A_{j}\right)>\frac{1}{3} \sum_{i=1}^{R} \lambda S_{i}$. Since for every $w \in A_{1}, f(w) \geq f\left(\ell\left(A_{1}\right)\right)-\left(f\left(r\left(A_{1}\right)\right)-f\left(\ell\left(A_{1}\right)\right)\right) / 2$, there exists a $c_{1} \in\left[r\left(A_{1}\right), 2 r\left(A_{1}\right)-\ell\left(A_{1}\right)\right]$ such that $f\left(c_{1}\right)<\left(f\left(r\left(A_{1}\right)\right)+f\left(\ell\left(A_{1}\right)\right)\right) / 2$. Otherwise,
we would have that

$$
f\left(\ell\left(A_{1}\right)\right) \leq \frac{1}{2\left(r\left(A_{1}\right)-\ell\left(A_{1}\right)\right)} \int_{\ell\left(A_{1}\right)}^{2 r\left(A_{1}\right)-\ell\left(A_{1}\right)} f
$$

contradicting the assumption that $N \subset E^{c}$. Recall that $2 r\left(A_{1}\right)-\ell\left(A_{1}\right)<x_{i_{1}+1}$, so $c_{1} \in I_{1}$. Add $\ell\left(A_{1}\right), r\left(A_{1}\right)$, and $c_{1}$ to $P$, together with the endpoints of all intervals $\left\{A_{2}, \ldots, A_{n(1)}\right\} \subset\left\{A_{1}, \ldots, A_{Q}\right\}$ contained in $\left[r\left(A_{1}\right), c_{1}\right]$ (if there is any). Then

$$
\begin{equation*}
V(f, P)+\frac{1}{2} \lambda M f\left(A_{1}\right)+\sum_{2}^{n(1)} \lambda M f\left(A_{s}\right)<V\left(f, P^{\prime}\right) \tag{3.2}
\end{equation*}
$$

Go to the next $A_{q}$ not already considered and repeat the process, relabeling the points in increasing order if needed. It may happen that $\ell\left(A_{q}\right)<c_{1}<r\left(A_{q}\right)$, so $\ell\left(A_{q}\right)$ is added to the left of the point $c_{1}$, already in the partition. But this does not harm any estimate, since the intervals $M f\left(A_{1}\right)$ and $M f\left(A_{q}\right)$ are disjoint: If $M f\left(A_{q}\right)$ lies below $M f\left(A_{1}\right)$, by considering the points $\ell\left(A_{1}\right), r\left(A_{1}\right)$ and $\ell\left(A_{q}\right)$ it is easily seen that the summand $\frac{1}{2} \lambda M f\left(A_{1}\right)$ in (3.2) can be replaced by $\lambda M f\left(A_{1}\right)$, while if $M f\left(A_{q}\right)$ lies above $M f\left(A_{1}\right)$, then it is more advantageous, from the viewpoint of guaranteeing the increase in the variation, to have $\ell\left(A_{q}\right)<c_{1}$ instead of $c_{1}<\ell\left(A_{q}\right)$. After a finite number of steps the list $\left\{A_{1}, \ldots, A_{Q}\right\}$ is exhausted, and we get

$$
V(f, P)+\frac{1}{6} \sum_{1}^{R} \lambda S_{j}<V(f, P)+\frac{1}{2} \sum_{1}^{Q} \lambda M f\left(A_{j}\right)<V\left(f, P^{\prime}\right)
$$

So regardless of whether we are in case 1 or case 2 , by (3.1) we always obtain a new partition $P^{\prime}$ of with

$$
V(f, P)+\frac{1}{7} \lambda^{*} M f\left(N \cap I_{1}\right)<V\left(f, P^{\prime}\right)
$$

Since all the points in $P^{\prime} \backslash P$ have been chosen within $I_{1}$, we can repeat the argument with every other interval $J$ determined by the first partition $\left\{x_{1}, \ldots, x_{L}\right\}$, for which $\lambda^{*} M f(N \cap J)>0$. In this way, a refinement $\left\{y_{1}, \ldots, y_{K}\right\}$ of $\left\{x_{1}, \ldots, x_{L}\right\}$ is produced such that

$$
\sum_{2}^{L}\left|f\left(x_{i}\right)-f\left(x_{i-1}\right)\right|+c<\sum_{2}^{K}\left|f\left(y_{i}\right)-f\left(y_{i-1}\right)\right| .
$$

## 4. Examples

This section presents several examples in order to illustrate some of the issues involved and why different assumptions in the preceding results are needed.

Example 4.1. There exists an upper semicontinuous function $f$ (with unbounded variation) such that $M f$ is not continuous.

Proof. Let $f$ be the characteristic function of the closed set

$$
\{0\} \cup \bigcup_{n=0}^{\infty}\left[3 / 2^{n+2}, 1 / 2^{n}\right]
$$

Then $M f(0) \leq 1 / 2$ while $\lim \sup _{x \rightarrow 0} M f(x)=1$, so $M f$ is discontinuous at 0 .

This example shows that the hypothesis $f(w) \leq M f(w)$ in Lemma 3.4 is necessary. We also mention that the canonical representative of $f$ is not upper semicontinuous even though $f$ is.

In the next example we will follow the convention of identifying a set with its characteristic function, thereby using the same symbol to denote both.

Example 4.2. There exists a bounded, upper semicontinuous function $f$ with compact support (and unbounded variation) such that $M f$ is not differentiable on a set of positive measure. In particular, $M f$ is not of bounded variation.

Proof. We shall show that there exists a fat Cantor set $C$ such that $M C$ is not differentiable at any point of $C \cap\{M C=1\}$. By a Cantor set $C$ we mean an extremely disconnected compact set such that all its points are points of accumulation. Since $C$ is closed, its characteristic function $C$ is upper semicontinuous, and obviously of unbounded variation. Note that $M C(x)=1$ for almost every $x \in C$, so if $M C$ is differentiable at any such $x$, we must have $D M C(x)=0$. If fact, $C$ will be chosen so that on $C \cap\{M C=1\}$ the difference quotients diverge in modulus to infinity.

By fat we mean of positive measure. We shall construct $C \subset[0,1]$ so that $\lambda C>2 / 3$. The main difference with the usual Cantor set is that instead of removing the "central part" of every interval at each stage, we remove several parts. Let $F_{0}=[0,1]$ and let $F_{n}$ be the finite union of closed subintervals of $[0,1]$ obtained at step $n$ of the construction, to be described below. As usual $C:=\bigcap_{n} F_{n}$. Obviously, $M C \leq M F_{n}$; the function $M F_{n}$ is the one we will actually estimate. At stage $n$ we remove the proportion $2^{-2 n}$ of mass from the preceding set, i.e., $\lambda F_{n}=$ $\left(1-2^{-2 n}\right) \lambda F_{n-1}$, so $\lambda F_{1}=3 / 4, \lambda F_{2}=45 / 64$, etc. Then $\lambda C=\lim _{n} \lambda F_{n}=$ $1-\lim _{n} \lambda F_{n}^{c}>1-\sum_{n=1}^{\infty} 2^{-2 n}=2 / 3$. Next we ensure that for each $n$ "mass" and "gaps" are sufficiently mixed. Let $I_{n-1}$ be a component of $F_{n-1}$. Subdivide $I_{n-1}$ using the $2^{2 n}+1$ equally spaced points $\ell\left(I_{n-1}\right)=x_{1}, x_{2}, \ldots, x_{2^{2 n}+1}=r\left(I_{n-1}\right)$, and then remove the $2^{2 n}+1$ open intervals $O\left(n, x_{i}\right)$ of length $2^{-4 n} \lambda I_{n-1}$, centered at each $x_{i}$, noting that the first and last intervals deleted lead only to a decrease in mass of $2^{-4 n-1} \lambda I_{n-1}$ each. Do the same with the other components of $F_{n-1}$ to obtain $F_{n}$. Then all subintervals left have the same length. Clearly, the largest average at the points $x_{i}$ is obtained by considering intervals as large as possible but without intersecting any other deleted interval $O$, so

$$
M F_{n}\left(x_{i}\right) \leq \frac{2^{-2 n} \lambda I_{n-1}-2^{-4 n} \lambda I_{n-1}}{\left(2^{-2 n}-2^{-4 n-1}\right) \lambda I_{n-1}}<1-2^{-2 n-1} .
$$

Fix $z \in C \cap\{M C=1\}$. For each $n$, let $I_{n, z}$ be the component of $F_{n}$ that contains $z$, and let $w_{n}$ be midpoint of the nearest interval $O(n)$ deleted at step $n$ (if there are two such midpoints, choose any). Then $\left|z-w_{n}\right|<2^{-n(n+1)}$, since the number of components of the set $F_{n}$ is $\prod_{i=1}^{n} 2^{2 i}=2^{n(n+1)}$. Therefore,

$$
\limsup _{w \rightarrow z}\left|\frac{M C(z)-M C(w)}{z-w}\right| \geq \limsup _{n \rightarrow \infty} \frac{1-M C\left(w_{n}\right)}{\left|z-w_{n}\right|} \geq \lim _{n \rightarrow \infty} \frac{2^{-2 n-1}}{2^{-n(n+1)}}=\infty .
$$

Remark 4.3. At present it is not clear to us how $M f$ behaves in higher dimensions. This was asked in HaOn for $W^{1,1}\left(\mathbb{R}^{d}\right)$ (Question 1, p. 169). Note that when $d>1$, a function $f$ of bounded variation need no longer be bounded, it may not have an upper semicontinuous representative, and $M f$ may fail to be continuous even if $f$ is bounded, of bounded variation, and upper semicontinuous, as the next
example shows. Furthermore the equivalence between the pointwise variation $V(g)$ of a function $g$ and the size $|D g|\left(\mathbb{R}^{d}\right)$ of its distributional derivative no longer holds; in fact $V(g)$ is essentially a one-dimensional object, and there is no corresponding notion for $d>1$. All of this means that even if the results in dimension one continue to hold when $d>1$, no straightforward extension of the arguments presented here is possible.

Example 4.4. There exists a bounded upper semicontinuous function $f \in B V\left(\mathbb{R}^{2}\right)$ such that $M f$ is not continuous.

Proof. Let $f$ be the characteristic function of the closed triangle with vertices at $(0,0),(1,2)$, and $(2,1)$. Then it is easy to check that the noncentered maximal function associated to any $\ell_{p}$ ball has a point of discontinuity at the origin. The same happens if we consider the (noncentered) strong maximal operator (where averages are taken over rectangles with sides parallel to the coordinate axes).

Remark 4.5. Standard applications of the maximal function in the context of $L^{p}$ spaces, for $p>1$, use the fact that $M f$ dominates $|f|$ pointwise, and hence in norm, but the norm of $M f$ is not much larger than that of $f$. While the latter fact is still true in Sobolev spaces by Kinnunen's theorem, $M f$ may fail to control $f$ in norm, as the next example shows. This points out the fact that applications of $M f$ in the theory of Sobolev spaces will tend to differ from the usual ones in $L^{p}$. One such application, explored below, consists in trying to replace $D f$ by $D M f$ in inequalities involving a function and its derivatives. Here having a smaller norm may in fact be advantageous.

Example 4.6. For $1 \leq p \leq \infty$ there exists an $f \in W^{1, p}((0,1))$ such that $\|M f\|_{W^{1, p}((0,1))}<\|f\|_{W^{1, p}((0,1))}$.

Proof. Let $N \gg 1$, set $f(x)=1$ for $x \in\left(0,2^{-1}-N^{-1}\right) \cup\left(2^{-1}+N^{-1}, 1\right), f\left(2^{-1}\right)=0$, and extend $f$ piecewise linearly to a continuous function on $(0,1)$. Then $f$ works as advertised, since $M f$ is "close to being constant" (more precisely, $M f$ is constant except on the middle interval of length $2 N^{-1}$, where it is $\operatorname{Lipschitz:~} \operatorname{Lip}(M f) \leq$ $\frac{1}{2^{-1}-N^{-1}}$ by Lemma 3.8) and $\|M f-f\|_{p}$ is close to zero for $1 \leq p<\infty$ (making $N$ depend on $p$ ), while $\|M f-f\|_{\infty}<1$.

The preceding example can easily be modified to obtain the same result in $W^{1, p}(\mathbb{R})$ for $p>1$. Also, by fixing $p$ and letting $N$ go to infinity, one obtains a sequence $\left\{f_{N}\right\}$ with $\left\|M f_{N}\right\|_{W^{1, p}} \leq c<\infty$ and $\left\|f_{N}\right\|_{W^{1, p}} \uparrow \infty$. So there is no uniform domination of $f_{N}$ by $M f_{N}$, even up to a constant.

## 5. Applications

While the maximal function is a tool of every day use within the real variable methods in harmonic analysis, its importance in the theory of differential equations and Sobolev spaces has been considerably smaller. This may start to change as the regularity properties of the maximal function are being uncovered. Here we use our main result to prove inequalities involving derivatives under less regularity, a novel kind of application. It is convenient in the context of Landau's inequality to adopt the convention $\infty \cdot 0=\infty$, (otherwise if $u$ is unbounded and $u^{\prime}$ is constant, the
right-hand side of the inequality below is undefined). For the real line, the sharp Landau inequality states that given an absolutely continuous function $u^{\prime}$,

$$
\left\|u^{\prime}\right\|_{\infty}^{2} \leq 2\|u\|_{\infty}\left\|u^{\prime \prime}\right\|_{\infty}
$$

Nowadays Landau's inequality (later generalized by Kolmogorov by considering higher order derivatives) can be regarded, except for the issue of best constants, as a special case of the Gagliardo-Nirenberg inequalities. Pointwise estimates in Landau's (and Kolmogorov's) inequality involving the maximal function or some variant of it are known; cf. Ka, MaSh1, and MaSh2. Here we present a norm inequality, involving the derivative of the maximal function rather than the maximal function of the derivative. As usual, $f^{\prime}$ denotes the pointwise derivative of a function $f$, while $f^{+}:=\max \{f, 0\}$ and $f^{-}:=\max \{-f, 0\}$ stand for its positive and negative part respectively. We shall use $f^{\prime}$ and $D f$ indistinctly when $f$ is absolutely continuous. Note that $M f$ may be constant even if $f$ is bounded, nonnegative, and not constant.

Theorem 5.1. Let $I$ be an interval with infinite length, and let $u: I \rightarrow \mathbb{R}$ be an absolutely continuous function such that $V\left(u^{\prime}\right)<\infty$. Then

$$
\begin{equation*}
\left\|u^{\prime}\right\|_{\infty}^{2} \leq 48\|u\|_{\infty}\left(\left\|D M\left(u^{\prime+}\right)\right\|_{\infty}+\left\|D M\left(u^{\prime-}\right)\right\|_{\infty}\right) . \tag{5.1}
\end{equation*}
$$

If $I=\mathbb{R}$, then

$$
\begin{equation*}
\left\|u^{\prime}\right\|_{\infty}^{2} \leq 24\|u\|_{\infty}\left(\left\|D M\left(u^{\prime+}\right)\right\|_{\infty}+\left\|D M\left(u^{\prime-}\right)\right\|_{\infty}\right) . \tag{5.2}
\end{equation*}
$$

Proof. Suppose $I$ has infinite length, $\|u\|_{\infty}<\infty$, and $\left\|u^{\prime}\right\|_{\infty}>0$. We claim that for every $t>0$,

$$
\begin{equation*}
\left\|u^{\prime}\right\|_{\infty} \leq \max \left\{\frac{8}{t}\|u\|_{\infty}, 6 t\left(\left\|D M\left(u^{\prime+}\right)\right\|_{\infty}+\left\|D M\left(u^{\prime-}\right)\right\|_{\infty}\right)\right\} \tag{5.3}
\end{equation*}
$$

It follows, by letting $t \rightarrow \infty$, that $\left\|D M\left(u^{\prime+}\right)\right\|_{\infty}+\left\|D M\left(u^{\prime-}\right)\right\|_{\infty}>0$. Setting

$$
t=\left(\frac{4\|u\|_{\infty}}{3\left(\left\|D M\left(u^{\prime+}\right)\right\|_{\infty}+\left\|D M\left(u^{\prime-}\right)\right\|_{\infty}\right)}\right)^{\frac{1}{2}}
$$

we obtain (5.1).
To prove the claim we distinguish two cases, depending on which term of the right-hand side controls the left-hand side. We may assume that $I$ is closed (otherwise we just extend $u$ to the closure of $I$ using uniform continuity). Fix $t>0$ and $\alpha \in(5 / 6,1)$. Select $x_{0} \in I$ such that $\max \left\{M\left(u^{\prime+}\right)\left(x_{0}\right), M\left(u^{\prime-}\right)\left(x_{0}\right)\right\} \geq \alpha\left\|u^{\prime}\right\|_{\infty}$. Without loss of generality we may assume that $M\left(u^{\prime+}\right)\left(x_{0}\right) \geq \alpha\left\|u^{\prime}\right\|_{\infty}$.

Case 1. Suppose there exists a $y \in\left[x_{0}-t, x_{0}+t\right] \cap I$ such that $M\left(u^{\prime+}\right)(y) \leq$ $\frac{5}{6}\left\|u^{\prime}\right\|_{\infty}$. By Theorem 2.5, $M\left(u^{\prime+}\right)$ is absolutely continuous, so

$$
\left|M\left(u^{\prime+}\right)\left(x_{0}\right)-M\left(u^{\prime+}\right)(y)\right|=\left|\int_{I\left(x_{0}, y\right)} D M\left(u^{\prime+}\right)\right| \leq\left\|D M\left(u^{\prime+}\right)\right\|_{\infty}\left|x_{0}-y\right|
$$

Hence we have

$$
\begin{equation*}
\left\|D M\left(u^{\prime+}\right)\right\|_{\infty} \geq\left|\frac{M\left(u^{\prime+}\right)\left(x_{0}\right)-M\left(u^{\prime+}\right)(y)}{x_{0}-y}\right| \geq \frac{(\alpha-5 / 6)\left\|u^{\prime}\right\|_{\infty}}{t} \tag{5.4}
\end{equation*}
$$

Case 2. For all $y \in\left[x_{0}-t, x_{0}+t\right] \cap I$ we have $M\left(u^{\prime+}\right)(y)>\frac{5}{6}\left\|u^{\prime}\right\|_{\infty}$, so there exist $a, b \in \mathbb{R}$ with $a<y<b$ such that

$$
\frac{1}{\lambda(I \cap(a, b))} \int_{I \cap(a, b)} u^{\prime+} \geq \frac{5}{6}\left\|u^{\prime}\right\|_{\infty}
$$

Write $I_{y}:=I \cap(a, b)$ (of course, $a$ and $b$ depend on $y$ ). Then

$$
\lambda\left(I_{y} \cap\left\{u^{\prime+}=0\right\}\right) \leq \frac{1}{6} \lambda\left(I_{y}\right)
$$

Now $\left\{I_{y}: y \in\left[x_{0}-t, x_{0}+t\right] \cap I\right\}$ is (in the subspace topology of $I$ ) an open cover of the compact interval $\left[x_{0}-t, x_{0}+t\right] \cap I$, so the latter set has a finite subcover $\left\{I_{1}, I_{2}, \ldots, I_{N}\right\}$. By further refining the collection, if needed, we may assume that for every $x \in \bigcup_{1}^{N} I_{i}$,

$$
1 \leq \sum_{i=1}^{N} \chi_{I_{i}}(x) \leq 2
$$

(if a point belongs to three intervals, at least one of them is contained in the union of the other two, so discard it). Then

$$
\begin{align*}
2\|u\|_{\infty} \geq \int_{\bigcup_{1}^{N} I_{i}} u^{\prime}=\int_{\bigcup_{1}^{N} I_{i}} u^{\prime+}-\int_{\bigcup_{1}^{N} I_{i}} u^{\prime-} & \geq \frac{1}{2} \sum_{i=1}^{N} \int_{I_{i}} u^{\prime+}-\sum_{i=1}^{N} \int_{I_{i}} u^{\prime-}  \tag{5.5}\\
\geq \sum_{i=1}^{N}\left(\frac{5}{12} \lambda\left(I_{i}\right)-\lambda\left(I_{i} \cap\left\{u^{\prime+}=0\right\}\right)\right)\left\|u^{\prime}\right\|_{\infty} & \geq \frac{1}{4}\left\|u^{\prime}\right\|_{\infty} \sum_{i=1}^{N} \lambda\left(I_{i}\right) \\
& \geq \frac{1}{4}\left\|u^{\prime}\right\|_{\infty} \lambda\left(\bigcup_{1}^{N} I_{i}\right) \geq\left\|u^{\prime}\right\|_{\infty} \frac{t}{4}
\end{align*}
$$

To obtain (5.3), combine (5.4) and (5.5); then let $\alpha \rightarrow 1$.
If $I=\mathbb{R}$, the same argument yields $\left\|u^{\prime}\right\|_{\infty} \frac{t}{2}$, instead of $\left\|u^{\prime}\right\|_{\infty} \frac{t}{4}$, as the rightmost term in (5.5). It is easy to check that this in turn gives (5.2).

For completeness, we state the corresponding result when $I$ is bounded. In this case (5.3) is replaced by

$$
\left\|u^{\prime}\right\|_{\infty} \leq \max \left\{\frac{8}{\min \{\lambda(I), t\}}\|u\|_{\infty}, 6 t\left(\left\|D M\left(u^{\prime+}\right)\right\|_{\infty}+\left\|D M\left(u^{\prime-}\right)\right\|_{\infty}\right)\right\}
$$

for every $t>0$. Hence we obtain the following
Theorem 5.2. Let $I$ be a bounded interval and let $u: I \rightarrow \mathbb{R}$ be an absolutely continuous function such that $V\left(u^{\prime}\right)<\infty$. If

$$
\lambda(I) \geq \sqrt{\frac{4\|u\|_{\infty}}{3\left(\left\|D M\left(u^{\prime+}\right)\right\|_{\infty}+\left\|D M\left(u^{\prime-}\right)\right\|_{\infty}\right)}}
$$

we have

$$
\left\|u^{\prime}\right\|_{\infty}^{2} \leq 48\|u\|_{\infty}\left(\left\|D M\left(u^{\prime+}\right)\right\|_{\infty}+\left\|D M\left(u^{\prime-}\right)\right\|_{\infty}\right)
$$

while if

$$
\lambda(I)<\sqrt{\frac{4\|u\|_{\infty}}{3\left(\left\|D M\left(u^{\prime+}\right)\right\|_{\infty}+\left\|D M\left(u^{\prime-}\right)\right\|_{\infty}\right)}}
$$

we get the estimate

$$
\left\|u^{\prime}\right\|_{\infty} \leq \frac{8}{\lambda(I)}\|u\|_{\infty}
$$

Example 5.3. Working with $D M f$ rather than with $M D f$ may lead to much better bounds, as it happens in the following example. Let $f: \mathbb{R} \rightarrow \mathbb{R}$ be the characteristic function of $[0,1]$. Then $f^{\prime}=0$ a.e. and $D f=\delta_{0}-\delta_{1}$, so $|D f|(\mathbb{R})=$ 2. It is easy to check that $M f(x)=x^{-1}$ if $x \geq 1, M f(x)=1$ if $0 \leq x \leq 1$, and $M f(x)=(1-x)^{-1}$ if $x \leq 0$, so $M f$ is not just Lipschitz, but even better: $D M f \in B V(\mathbb{R})$. As a side remark, we mention that for this $f$ we have $|D f|(\mathbb{R})=$ $\|D M(f)\|_{L^{1}(\mathbb{R})}$, so the inequality in Theorem 2.5 is sharp for $\mathbb{R}$, and in fact, for every other interval $I$ : While equality is only achieved on the real line, the constant 1 can never be improved, as can be seen by considering the characteristic function of a subinterval $J \subset I$, and then letting $J$ shrink to a point in the interior of $I$.

Now, taking $F(x):=\int_{-\infty}^{y} f(x) d x$, a classical Landau inequality $(p=\infty)$ for $F$, $F^{\prime}$ and $F^{\prime \prime}$ would fail, since $\left\|F^{\prime \prime}\right\|_{\infty}=0$. Replacing $F^{\prime \prime}$ by $D F^{\prime}$ does not help either, as $\left\|D F^{\prime}\right\|_{\infty}$ makes no sense, and a natural definition using regularizations would lead to $\left\|D F^{\prime}\right\|_{\infty}=\infty$ (in which case the inequality would be true but not useful).

Trying to extend to the setting of functions of bounded variation, the pointwise, maximal function versions of Landau's inequality due to Agnieszka Kałamajska, and independently to Vladimir Maz'ya and Tatyana Shaposhnikova, would face a similar difficulty: If the distributional derivative has a singular part, i.e., if the function is of bounded variation but not absolutely continuous, then its maximal function will blow up somewhere. In the example we are considering, it is easy to see that $M\left|D F^{\prime}\right|(x) \geq \max \left\{|x|^{-1},|x-1|^{-1}\right\}$.

Even ignoring regularity issues and replacing $f$ with mollified versions of it, or piecewise linear continuous variants, the bounds obtained by considering $D M F^{\prime}$ instead of $M\left|D F^{\prime}\right|$ are distinctly better: Let $f_{n}=1$ on $[0,1], f_{n}=0$ on $\left(-\infty,-n^{-1}\right) \cup$ $\left(1+n^{-1}, \infty\right)$, and extend $f_{n}$ linearly in each of the two remaining intervals, so that $f_{n}$ is continuous. Now $\left\|f_{n}\right\|_{\infty}=1$ and Theorem 5.1 does indeed give a bound uniform in $n$. However, the bounds obtained via the classical Landau inequality deteriorate as $n \rightarrow \infty$, and the same happens on small neighborhoods of 0 and 1 with pointwise inequalities using $M f_{n}^{\prime}$.

While the function $F$ above is bounded, it is not integrable. To obtain a similar example in $L^{1} \cap L^{\infty}$, let $g(x):=f(x)-f(x-1)$ and let $G(y):=\int_{-\infty}^{y} g(x) d x$. For a continuous example, with singular (and continuous, as a measure) distributional derivative, let $f$ be the standard Cantor function on [ 0,1 ], defined using the Cantor "middle third" set $C$. We extend it to $\mathbb{R}$, first by setting $f(x)=0$ if $x<0$ and $f(x)=1$ if $1 \leq x \leq 3 / 2$. Then reflect about the axis $x=3 / 2$. Now let $g(x):=f(x)-f(x-3)$. Then $G(y):=\int_{-\infty}^{y} g(x) d x$ belongs to $L^{1} \cap L^{\infty}$, and, applying the notation of Lemma 3.8 to $M\left(g_{+}\right)$, it is clear that $\mathbb{R} \subset E_{1}$, so $\left\|D M g_{+}\right\|_{\infty} \leq 1$, and the same happens with $M\left(g_{-}\right)$. Thus, $\left\|D M\left(g_{+}\right)\right\|_{\infty}+\left\|D M\left(g_{-}\right)\right\|_{\infty} \leq 2$ and once more we obtain a finite bound on the right-hand side of inequality (5.2).

Remark 5.4. It is natural to enquire whether for some constant $c$ the simpler inequality

$$
\begin{equation*}
\left\|u^{\prime}\right\|_{\infty} \leq c\|u\|_{\infty}\left\|D M\left(u^{\prime}\right)\right\|_{\infty} \tag{5.6}
\end{equation*}
$$

holds. Fix $c>0$ and select $N \in \mathbb{N}$ such that $1>c / N$. For $k=0, \ldots, N-$ 1 , set $u^{\prime}=1$ on the intervals $(k / N,(2 k+1) /(2 N)], u^{\prime}=-1$ on the intervals
$((2 k+1) /(2 N),(k+1) / N]$, and $u^{\prime}=0$ off $(0,1]$. Then $\left\|u^{\prime}\right\|_{\infty}=1,\|u\|_{\infty}=1 / 2 N$ and $\left|u^{\prime}\right|=\chi_{(0,1]}$, so $\left\|D M\left(u^{\prime}\right)\right\|_{\infty}=1$. Thus, (5.6) fails.

Remark 5.5. As indicated in the introduction, inequality (5.1) implies Landau's, although not with the sharp constant (in fact, the constant is not even close; the point of course is that (5.1) can yield nontrivial bounds for some non-Lipschitz, even discontinuous $u^{\prime}$ ).

Kinnunen showed that for $f \in W^{1, \infty}\left(\mathbb{R}^{d}\right),\|D M f\|_{\infty} \leq\|D f\|_{\infty}$ (cf. Ki], pages 120 and 121). The same holds for Lipschitz functions on $I \subset \mathbb{R}$, as we note in the next theorem. While the argument is basically the same, formally this theorem does not follow from Kinnunen's result since we are considering also the local case $I \neq \mathbb{R}$. So we include the proof. Now we have that if $u^{\prime}$ is absolutely continuous on an unbounded interval $I$ and $\left\|D u^{\prime}\right\|_{\infty}<\infty$, then $\left\|D M\left(u^{\prime+}\right)\right\|_{\infty}+\left\|D M\left(u^{\prime-}\right)\right\|_{\infty} \leq$ $\left\|D u^{++}\right\|_{\infty}+\left\|D u^{\prime-}\right\|_{\infty} \leq 2\left\|D u^{\prime}\right\|_{\infty}$, so by (5.1), $\left\|u^{\prime}\right\|_{\infty} \leq 96\|u\|_{\infty}\left\|D u^{\prime}\right\|_{\infty}$.

Theorem 5.6. If $f: I \rightarrow \mathbb{R}$ is Lipschitz, then so is $M f$, and $\operatorname{Lip}(M f) \leq \operatorname{Lip}(f)$, or equivalently $\|D M f\|_{\infty} \leq\|D f\|_{\infty}$. The same holds for $M_{R} f$.

Proof. Select $x, y \in I$, and let $f \geq 0$. Suppose $M f(x)>M f(y)$ and $x<y$ (in the case $x>y$ the argument is entirely analogous). If $M f(x)=f(x)$, then $|M f(x)-M f(y)| \leq|f(x)-f(y)| \leq \operatorname{Lip}(f)|x-y|$. Otherwise, $M f(x)>f(x)$, so

$$
M f(x)=\sup _{\{[a, b] \subset I: a<b, a \leq x \leq b<y\}} \frac{1}{b-a} \int_{a}^{b} f
$$

Now

$$
\begin{aligned}
& \frac{M f(x)-M f(y)}{y-x} \leq \frac{\sup _{\{[a, b] \subset I: a<b, a \leq x \leq b<y\}}\left(\frac{1}{b-a} \int_{a}^{b} f-\frac{1}{b-a} \int_{a+y-b}^{y} f\right)}{y-x} \\
& \quad=\sup _{\{[a, b] \subset I: a<b, a \leq x \leq b<y\}} \frac{1}{(y-x)(b-a)} \int_{a}^{b}(f(t)-f(t+y-b)) d t \\
& \leq \sup _{\{[a, b] \subset I: a<b, a \leq x \leq b<y\}} \frac{1}{(y-x)(b-a)} \int_{a}^{b}(y-b) \operatorname{Lip}(f) d t \leq \operatorname{Lip}(f) .
\end{aligned}
$$

In fact, the constant 1 given in the preceding theorem is not sharp. After this paper was completed, in joint work with Leonardo Colzani the authors have found the best constants: $\operatorname{Lip}(M f) \leq 2^{-1} \operatorname{Lip}(f)$ for arbitrary intervals, while on $\mathbb{R}$, $\operatorname{Lip}(M f) \leq(\sqrt{2}-1) \operatorname{Lip}(f)$. So when deriving the classical Landau inequality from the generalization presented here, the constant 96 at the end of Remark 5.5 can be lowered to 48.

To finish, we present, again under less regularity, a trivial variant of the classical Poincaré-Wirtinger inequality, which states that if $f:[a, b] \rightarrow \mathbb{R}$ is an absolutely continuous function with $f(a)=f(b)=0$, then

$$
\int_{a}^{b} f(x)^{2} d x \leq c \int_{a}^{b} f^{\prime}(x)^{2} d x
$$

where $c$ depends only on $b-a$. Using the local maximal operator $M_{R}$, we prove a variant of the above inequality, for functions of bounded variation with support at positive distance from the boundary.

Theorem 5.7. Let $f:[a, b] \rightarrow \mathbb{R}$ be such that $V(f)<\infty$ and supp $f \subset[a+R, b-R]$ for some $R>0$. Then

$$
\int_{a}^{b} f(x)^{2} d x \leq c \int_{a}^{b} D M_{R} f(x)^{2} d x
$$

Proof. By Theorem 2.5, $M_{R} f$ is absolutely continuous since $V(f)<\infty$, and by hypothesis, $M_{R} f(a)=M_{R} f(b)=0$, so we can apply the classical Poincaré-Wirtinger inequality to $M_{R} f$, obtaining

$$
\int_{a}^{b} f(x)^{2} d x \leq \int_{a}^{b} M_{R} f(x)^{2} d x \leq c \int_{a}^{b}\left(D M_{R} f(x)\right)^{2} d x
$$

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[^0]:    Received by the editors December 30, 2005.
    2000 Mathematics Subject Classification. Primary 42B25, 26A84.
    Key words and phrases. Maximal function, functions of bounded variation.
    The authors were partially supported by Grant BFM2003-06335-C03-03 of the D.G.I. of Spain.
    The second author thanks the University of La Rioja for its hospitality.

