#### **OPINION**

Galectins in prostate and bladder cancer: tumorigenic roles and clinical opportunities

Neus Martínez-Bosch, Alejo Rodriguez-Vida, Núria Juanpere, Josep Lloreta, Ana Rovira, Joan
Albanell, Joaquim Bellmunt and Pilar Navarro

#### **Abstract**

Advanced prostate and bladder cancer are two outstanding unmet medical needs for urological oncologists. The high prevalence of these tumours, lack of effective biomarkers, and limited effective treatment options highlight the importance of basic research in these diseases. Galectins are a family of  $\beta$ -galactoside-binding proteins that are frequently altered (upregulated or downregulated) in a wide range of tumours and have roles in different stages of tumour development and progression, including immune evasion. In particular, altered expression levels of different members of the galectin family have been reported in prostate and bladder cancers, which, together with the aberrant glycosylation patterns found in tumour cells and the constituent cell types of the tumour microenvironment, can result in malignant transformation and tumour progression. Understanding the roles of galectin family proteins in the development and progression of prostate and bladder cancer could yield key insights to inform the clinical management of these diseases.

### [H1] Introduction

Genitourinary cancers pose a major clinical challenge. Indeed, the urological system is among the most common sites of new cancer diagnoses in developed countries, and prostate and bladder cancer are two of the most frequently diagnosed genitourinary neoplasms<sup>1</sup>.

Important advances in preclinical research<sup>2</sup> and clinical management<sup>3-6</sup> have been made over the past five years in the field of prostate cancer, including large-scale DNA sequencing analyses of prostate cancer tumours<sup>7</sup>, the use of patient derived xenograft (PDX) models and organoids<sup>2</sup>, the development of transgenic preclinical models<sup>8</sup>, and the advent of liquid biopsies<sup>9</sup>. Advances in the clinical setting have included the incorporation of docetaxel and abiraterone in the metastatic castration-sensitive prostate cancer (CSPC) setting, the approvals of enzalutamide and apalutamide in the non-metastatic castration-resistant prostate cancer (CRPC) setting, and the advent of next-generation molecular PET imaging such as <sup>68</sup>Ga-prostate-specific membrane

antigen (PSMA) PET-CT<sup>6</sup>. Nevertheless, prostate cancer is still the most commonly diagnosed cancer in men and the second most common cause of male cancer-related mortality in developed countries<sup>1</sup>. Major clinical challenges in prostate cancer include accurate risk stratification and determining which (if any) treatment options should be offered at each disease stage. Moreover, current biomarkers used for diagnosis, risk stratification, prognostication, and prediction of recurrence (for example, serum PSA levels and needle biopsy-determined Gleason score) present several limitations, such as false-negative and/or false-positive results and inexact predictions, which lead to overdiagnosis and unnecessary treatment of patients with low-risk prostate cancer<sup>10,11</sup>. Thus, new molecular markers and improved therapeutic approaches are urgently needed to improve discrimination between indolent and aggressive localized tumours and manage patients with advanced-stage disease. Current treatments for localized prostate cancer include radical prostatectomy or radiotherapy with or without androgen deprivation therapy (ADT)<sup>6</sup>. However, disease recurrence and emergence of CRPC is frequent after therapy, for which treatment options are still insufficient and survival rates are still low in the advanced setting<sup>12</sup>. In addition, although immune checkpoint inhibitor (ICI) immunotherapy has received approval from the FDA and European Medicines Agency (EMA) for treatment of other genitourinary neoplasms, such as renal cell carcinoma (RCC) and bladder cancer<sup>13–18</sup>, such treatments are not available for patients with prostate cancer patients as they have shown limited success in clinical trials with unselected cohorts<sup>19</sup>.

Bladder cancer is the fourth most commonly diagnosed cancer and the eighth most common cause of cancer-related death for men in developed countries<sup>1</sup>, making it a major public health concern. Most bladder tumours (78–85%) are non-muscle-invasive bladder cancers (NMIBCs) that are confined to the mucosa or submucosa and are associated with good survival outcomes<sup>20</sup>; however, as NMIBCs have a high risk of recurrence, they require life-long treatment. Treatment options for NMIBC include transurethral resection of the bladder tumour (TURBT) followed by intravesical instillations of Bacillus Calmette-Guerin (BCG) immunotherapy or mitomycin, and radical cystectomy for high-grade recurring NMIBCs<sup>21</sup>. By contrast, muscle-invasive bladder cancers (MIBCs) present a more urgent clinical need as the 5-year survival remains ~50%<sup>22</sup>. In this setting, radical cystectomy preceded by neoadjuvant chemotherapy is considered the standard therapy in patients deemed fit, although researchers and clinicians are now also considering bladder-sparing approaches<sup>23</sup>. The advent of immunotherapy with ICIs has been a major breakthrough in bladder cancer and has become a new standard of care for patients with

metastatic disease in the second line setting<sup>15</sup> and a valid option in the first-line setting for patients with programmed cell death 1 ligand 1 (PD-L1)-positive metastatic disease who are ineligible for cisplatin<sup>24</sup>. In addition, ICIs are currently being tested in clinical trials in localized disease (NMIBC and MIBC) and in combination with chemotherapy in the metastatic first-line setting<sup>24</sup>.

The unpredictability of long-term outcomes among patients with bladder cancer or prostate cancer highlights the need for an increased molecular understanding of these diseases to improve clinical management in terms of diagnosis, prognostication, and therapy<sup>25</sup>. In line with the goal of translating basic research into promising new therapies, emerging data have established a role for galectins in prostate and bladder cancer development and progression, providing a number of clinical opportunities for development of new therapies for both diseases. In addition, several groups have addressed the potential of galectins as biomarkers to improve diagnosis and prognostication in prostate and bladder cancer<sup>26–35</sup>. Galectins are a family of proteins that structurally share a carbohydrate recognition domain (CRD) and have a high affinity for glycan structures that contain lactosamine residues<sup>36</sup>. These proteins are expressed by different cell types and have been reported to mediate functions in development, tissue regeneration and cancer<sup>36</sup>. However, the wide range of biological functions of this family of proteins, as well as their overlapping roles in mediating certain biological functions<sup>37–39</sup>, pose an important obstacle in understanding these proteins and exploiting this knowledge to improve the management of patients with prostate cancer or bladder cancer.

In this Opinion, we address how aberrant glycosylation and abnormal galectin expression cooperate to drive tumour initiation and progression, with a particular focus on the emerging roles of galectins in prostate and bladder cancer. We highlight the roles of the best-studied galectin family members, galectin-1 (Gal-1) and galectin-3 (Gal-3), as well as the putative roles of other family members that have been investigated superficially or not at all. Finally, we speculate regarding how this knowledge could be potentially translated to the clinical setting.

## [H1] Glycosylation and galectins in cancer

Altered glycosylation is a key feature of cancer, including prostate and bladder cancer<sup>40,41</sup>, and can be exploited for cancer therapy and diagnosis<sup>42,43</sup>. Galectins have emerged as an important family of proteins with roles in tumour development and progression, and can detect and translate tumour glycosylation to influence cellular interactions, cell signalling, and pathological outcomes<sup>44</sup>.

### [H2] Aberrant glycosylation in cancer

Malignant transformation is often accompanied by alterations in cellular glycosylation, an enzymatic process involving the attachment of carbohydrate moieties (glycans) to proteins that is involved in tumour development and progression and that, therefore, could inform cancer diagnosis and therapy<sup>42</sup>. Importantly, these changes in protein glycosylation affect all components of a tumour, including epithelial tumour cells, cancer-associated fibroblasts, immune cells, endothelial cells and extracellular matrix (ECM)42,43,45,46. The two basic processes that guide aberrant glycosylation in cancer are the incomplete synthesis of glycans and the neosynthesis of cancer-associated cell surface glycans<sup>47</sup>. These changes can occur as a result of downregulation, overexpression, or even mislocalization of glycosyltransferases in tumour cells, but also depend on the abundance of sugar nucleotide donors or the tertiary structure of the glycoprotein backbone<sup>43</sup>. The most common glycan-specific aberrant structures that occur during tumorigenesis include altered branching and fucosylation of N-glycans, truncation of O-glycans, altered expression and glycosylation of mucins, and altered sialic acid expression<sup>43,48</sup>. Glycans modulate protein structure and 3D conformation and, therefore, these alterations, which are typically found in tumour cells, translate into a range of different cell-cell interactions and signaling mechanisms that can regulate biological processes during cancer progression and development, such as cell-cell adhesion, cellmatrix interactions, tumour immune surveillance and cancer metabolism<sup>43</sup>. For instance aberrant glycosylation and increased sialylation of E-cadherin results in cell detachment, owing to malfunction of adherens junctions<sup>49</sup> or electrostatic repulsion<sup>50</sup>, respectively. Moreover, altered CD44 glycosylation at the tumour cell surface controls its interaction with hyaluronic acid<sup>51</sup>, and changes in integrin N-glycans regulate their functions<sup>52</sup>. Antibodies raised against altered patterns of O-Glycosylation on the cancer cell membrane, which trigger antibody-dependent cellular cytotoxicity, are candidates for cancer-specific immunotherapies<sup>53</sup>.

Aberrant glycan profiles have been described in prostate and bladder cancers<sup>40,41,54</sup>, and interest has been growing in the identification of biomarkers linked to proteins with altered glycosylation<sup>55,56</sup>. Interestingly, monitoring changes in serum PSA glycosylation has been suggested as a method to improve the diagnosis of prostate cancer, as this approach could increase sensitivity of the current standard PSA detection, with the advantage of being able to discriminate between benign and malignant states of the disease<sup>55,57–59</sup>. Differential glycosylation of urine or serum markers has also been considered for bladder cancer diagnostics. Immuncytostaining with

antibodies against Lewis X — a blood group antigen that is absent in normal urothelial cells but expressed in bladder cancer cells — in cells from urine samples has proven to be particularly interesting for identifying low-grade bladder carcinomas and predicting tumour progression and recurrence<sup>60</sup>. In addition, a particular pattern of aberrant glycosylation in serum immunoglobulins successfully detected patients with bladder cancer from controls and from patients with prostate cancer<sup>56</sup>. Moreover, detection of urine hyaluronic acid, a glycosaminoglycan that is overexpressed in bladder cancer, in combination with measurement of hyaluronidase levels (the HA-HAase test), achieved a 91.2% sensitivity and an 84.4% specificity for bladder cancer detection<sup>61</sup>. However, further investigation will be required to fully understand the role of glycosylation in prostate and bladder cancers and how these alterations can be exploited for diagnosis, treatment, and follow-up monitoring.

### [H2] The galectin family

Galectins are efficient 'translators' that decode the information contained within the versatile and dynamic tumour glycome into cellular functions<sup>62</sup>. Galectins comprise a family of 15 proteins in mammals (11 of which exist in humans: Gal-1, Gal-2, Gal-3, Gal-4, Gal-7, Gal-8, Gal-9, Gal-10, Gal-12, Gal-13, Gal-14) that share a highly conserved CRD and typically bind structures with lactosamine residues present in glycoconjugates<sup>36</sup>. Galectins are classified into three subfamilies on the basis of the number and organization of their CRDs, including: prototype galectins (Gal-1, Gal-2, Gal-5, Gal-7, Gal-10, Gal-11, Gal-13, Gal-14, and Gal-15), which contain a single CRD and can function as monomers or dimerize; tandem-repeat galectins (Gal-4, Gal-6, Gal-8, Gal-9, and Gal-12), which have two CRDs that are held together by a short linker peptide; and a chimeric-type galectin (Gal-3) that has an extended N-terminal tail that enables oligomerization<sup>63</sup> (FIG. 1).

Different members of the galectin family have distinct ligand selectivity and interaction strengths and are regulated at multiple levels, such as by their state of oligomerization, the environmental redox conditions, and their subcellular or extracellular localization<sup>44,64–66</sup>. Galectin oligomerization enables CRD clustering and, subsequently, crosslinking of glycoproteins or glycolipids on the cell membrane, resulting in lattice formation, which activates cell signalling pathways that lead to several cellular functions, such as cell activation, differentiation and survival, and also controls receptor endocytosis and turnover, immune cell activation, or host–pathogen interactions<sup>67,68</sup>. Furthermore, the redox status of the environment modulates the affinity of galectin for their ligands, with most of them becoming active in a reducing context<sup>69</sup>. For instance,

Gal-1 requires a dimeric conformation (determined by high Gal-1 concentrations and a reducing environment) for its extracellular functions and crosslinking activities<sup>70</sup>, but requires as a monomeric conformation for its intracellular roles, which are mostly mediated through protein–protein interactions (for instance, Gal-1 and Gal-3 interactions with RAS<sup>71,72</sup>) and sometimes through protein–carbohydrate recognition<sup>39,70,73,74</sup> (for example, splicing activity is sensitive to saccharide ligand inhibitors<sup>39,75</sup>).

As the 15 galectins can have a multitude of binding partners and can induce distinct biological effects, galectins have key roles in a number of biological processes, such as early embryogenesis and cell differentiation, tissue regeneration, and regulation of immune responses<sup>36</sup>. Moreover, galectins are soluble molecules that lack a signal peptide and are secreted via a non-conventional route<sup>76</sup>, facilitating their roles in an extensive variety of intracellular and also extracellular activities, such as cell–matrix adhesion or cell–cell adhesion<sup>77,78</sup>. Galectin secretion has enabled its detection in human bodily fluids such as plasma, serum, urine and semen<sup>79–81</sup>, which has important implications for pathological diagnosis and follow-up monitoring, particularly for prostate cancer (which arises in a secretory gland) and bladder cancer (which is exposed to urine).

In addition to the complexity of galectin diversity, glycan repertoires can differ depending on the cellular context, which can lead to different or even opposite functional effects in response to a specific galectin in different cell types. For instance, Gal-1 can have either a positive or a negative effect on cell proliferation, depending on the galectin levels, cellular location, conformation state, as well as the cell type<sup>74</sup>; low Gal-1 concentrations induce dimer formation and CRD recognition resulting in a mitogenic effect, whereas high concentrations of monomeric Gal-1 inhibit cell proliferation independently of sugar recognition. Indeed, Gal-1 is mitogenic in normal vascular smooth muscle cells<sup>74</sup>, endothelial cells<sup>82,83</sup>, hepatic stellate cells<sup>74</sup>, and different tumour cells (glioma<sup>84</sup> and pancreatic cancer<sup>85</sup> cells), but it inhibits neuroblastoma cell proliferation and induces apoptosis in activated T cells<sup>74</sup>. This galectin multifunctionality has been reported not only for cell proliferation but also in the regulation of cell migration, invasion, survival, cell death and immune system homeostasis<sup>36,86–88</sup>.

Importantly, Gal-3 can undergo post-translation modifications such as proteolysis and phosphorylation<sup>89</sup>. Tyrosine and serine phosphorylation of Gal-3 influences its sugar binding ability and modulates binding affinities to its ligands<sup>90</sup>, therefore regulating biological functions such as

its antiapoptotic function or cell cycle arrest<sup>91</sup>. Moreover, proteolytic cleavage of Gal-3 abrogates multivalence, preserving lectin activity<sup>89</sup>.

# [H2] Galectins in cancer development and progression

Galectin expression is tightly regulated not only under physiological conditions but also in pathological settings, such as inflammation and cancer 92-94. Galectin activity in cancer was first described in 1975 by Teichberg and colleagues<sup>95</sup>, who reported high levels of a β-D-galactoside binding protein in a neuroblastoma cell line, and was further linked to tumorigenesis by other investigators during the subsequent decades<sup>96,97</sup>. Galectin overexpression, their roles in driving cancer progression<sup>88</sup>, and their potential as targets for cancer therapy have been studied in detail in different tumour types over the past 10 years81. Importantly, galectins have a wide range of roles in cancer including regulation of the processes of cell proliferation, malignant transformation, angiogenesis, migration, invasion, metastasis, and tumour immune evasion<sup>44,45,88,94</sup> (FIG. 2). The molecular mechanisms responsible for these protumorigenic functions have been partially identified, mainly for Gal-1 or Gal-3, the best studied galectins in cancer to date. These mechanisms include ligand-independent activation of vascular endothelial growth factor receptor 2 (VEGFR2) to induce tumour angiogenesis<sup>45</sup>; interaction with the oncogenic GTPase H-RAS to promote membrane anchorage and cell transformation<sup>71,98</sup>; binding to extracellular proteins (such as laminin and fibronectin)<sup>99</sup> and integrins<sup>100</sup> to induce cell-cell and cell-matrix adhesion and migration and/or invasion; regulation of the β-catenin-WNT<sup>101,102</sup> or hedgehog signalling pathways<sup>103</sup>; and direct induction of apoptosis in T-effector (T<sub>eff</sub>) cells by binding to the CD45 and CD7 membrane receptors 104,105, among other mechanisms 88,106.

Interestingly, aberrant galectin expression has been reported in >80% of human tumour types<sup>81</sup>. The vast majority of studies have focused on Gal-1 and Gal-3 expression, but the interest in different galectins in cancer is growing<sup>107</sup>. Some galectins have shared ligands and, therefore, redundant roles for some galectins in particular settings have been proposed on the basis of observed compensatory actions of galectins in vitro and in vivo. For example, Gal-1 and Gal-3 are redundant splicing factors, Gal-1 and Gal-8 are functionally redundant in promoting plasma cell formation, and Gal-1 and Gal-3 are functionally redundant in placenta implantation<sup>37,108,109</sup>. Nonetheless, the differential and selective patterns of galectin expression in different tumours suggest a high degree of galectin specificity and intricate binding requirements. Importantly, increased Gal-1 levels in tumour tissues (from patients with pancreatic, liver, colon, breast,

ovarian, lung, prostate, or bladder cancer, among others) or blood samples (from patients with lung, thyroid, glioma, colon, lymphoid, or pancreatic cancer) have been consistently linked with cancer progression and adverse tumour clinicopathological characteristics, and are markers of poor prognosis in many different tumour types<sup>81,110</sup>. Overexpression of Gal-1 is linked to poor patient outcomes in several tumour types (including prostate, gastric, ovarian, pancreatic, and oral squamous cell carcinoma)<sup>81</sup>, whereas the clinical influence of upregulation or downregulation of other galectins (such as Gal-3 or Gal-9) seems to be tumour-type dependent<sup>81,88</sup>. Finally, considering the important role of several members of the galectin family in tumour progression, the development of galectin-specific pharmacological modulators has received strong interest for therapeutic applications in cancer<sup>111</sup>.

### [H1] Galectins in prostate cancer

The role of galectins in prostate cancer biology has been described<sup>112,113</sup> (**TABLE 1, FIG. 2**). These studies have mainly focused on Gal-1 and Gal-3, but the importance of Gal-4, Gal-7, Gal-8, and Gal-9 has also been highlighted in this disease setting.

### [H2] Gal-1 in prostate cancer

Gal-1 was first reported to be expressed in prostate cancer cell lines and resident fibroblasts, in basal and luminal cells present in normal prostate tissues, in prostatic intraepithelial neoplasia (PIN), and in primary adenocarcinomas<sup>114,115</sup>. Heterogeneous Gal-1 expression patterns with positive and negative cells detected around the glands were observed in primary adenocarcinomas, whereas more homogenous positivestainings were seen in metastatic sites. Gal-1 levels were reported to be increased in prostate cancer cell lines and primary tissues compared with benign hyperplasia, with increasing expression with TNM grade<sup>112</sup>. Studies using larger patient cohorts described Gal-1 overexpression in prostate tumours, particularly in cancer-associated fibroblasts and tumour-associated capillaries, compared with tumour-adjacent normal stroma<sup>112,116,117</sup>.

The proangiogenic role of Gal-1 in prostate cancer-associated vasculature and its link to T cell transendothelial migration has been studied in vitro and in vivo<sup>112,116,118</sup>. Gal-1 expression correlates with blood vessel density<sup>112</sup> and Gal-1 downregulation in prostate cancer cells reduces tumour angiogenesis in vitro and in vivo<sup>112</sup>. In vitro data showed that tumour cells can upregulate Gal-1 expression in endothelial cells, enhancing adhesion between these two cell types<sup>116</sup>, and that

Gal-1 inhibits T cell migration across endothelial cells by clustering of CD43<sup>118</sup>. Androgen-refractory prostate cancer cells can evade Gal-1-driven apoptosis through the overexpression of sialyl-Tn antigen (a truncated O-glycan overexpressed in cancer) produced by ST3 β-galactoside alpha-2,3sialyltransferase 1 (ST3GAL1)<sup>119,120</sup>, resulting in cancer cell survival and specific T cell apoptosis leading to evasion of immune surveillance. Another study demonstrated that Gal-1 knockdown impaired prostate cancer cell proliferation, anchorage-independent growth, migration, and invasion, and the use of an allosteric Gal-1 inhibitor in vivo potentiated the efficacy of docetaxel chemotherapy and inhibited tumour invasion and metastasis in xenograft models<sup>121</sup>. In addition, Gal-1 in prostate cancer cells has been reported to induce osteoblast proliferation and differentiation, influencing matrix mineralization during bone metastasis<sup>122</sup>. Interestingly, Jaworski et al. 123 performed a bioinformatics analysis using previously published microarray datasets from Oncomine and identified patients with localized or metastatic prostate cancer whose tumours had moderate heme oxygenase-1 (HO-1; a modulator of angiogenesis and immune function) and low Gal-1 expression as a patient subgroup that could potentially be treated with antiangiogenic and/or immune-targeted therapy. Considering the relevance of Gal-1 and HO-1 in prostate cancer neovascularization and immune response modulation, this subset could be less prone to resistance to these drugs than patients whose tumours have high Gal-1 expression. Moreover, data from 2018 have shown that endogenous Gal-1 in lymphocytes decreased the proliferation and cytotoxic activity of CD8<sup>+</sup> T cells, thereby abrogating antitumour immune responses in prostate cancer<sup>124</sup>.

In summary, although the tissue pattern of Gal-1 expression has raised controversy in prostate cancer, Gal-1 has consistently been found to be overexpressed in tumours, regulating important features of prostate cancer progression, such as angiogenesis and tumour immune evasion.

#### [H2] Gal-3 in prostate cancer

Analyses of Gal-3 expression at the mRNA and protein levels in localized and metastatic CSPC and/or CRPC tissue samples have consistently found Gal-3 downregulation in tumour cells<sup>30,112,114,115,125–131</sup>, which has been attributed to promoter methylation<sup>30,132</sup>. However, specific Gal-3 cytoplasmic overexpression in tumour cells has also been positively associated with disease progression<sup>131</sup>. A possible explanation for this apparent contradiction might be the dual role of Gal-3 in prostate cancer cells, depending on its subcellular localization. Indeed, cytoplasmic Gal-3

promotes tumour development, whereas nuclear Gal-3 expression might have anti-tumour activities<sup>133</sup>.

In vitro studies have revealed that Gal-3 can inhibit apoptosis in prostate cancer cells<sup>29,134–136</sup> and induce T cell apoptosis<sup>137</sup>, tumour cell adhesion to endothelial cells<sup>138,139</sup>, proliferation, migration, and invasion of prostate tumour cells<sup>127,136,140</sup>. These findings were corroborated in vivo using tumour xenograft mouse models, in which Gal-3 inhibition with pharmacological or RNA interference (RNAi) strategies impaired tumour growth<sup>127,136</sup>, angiogenesis<sup>137</sup>, and metastasis<sup>29,137,141</sup>. Importantly, Gal-3 secreted from prostate cancer cells promoted prostate cancer bone metastasis<sup>142,143</sup> by remodelling the osteolytic bone tumour microenvironment, and Gal-3 inhibitors impaired prostate cancer metastasis in vivo in the Copenhagen rat<sup>144</sup> or in mouse xenograft models by preventing the interaction between the tumour-associated Thomsen-Friedenreich glycoantigen (a cancer-associated glycosylated antigen involved in haematogenous cancer metastasis) and Gal-3<sup>145</sup>.

Differential expression of Gal-3 has been detected in biological fluids from patients with prostate cancer and healthy individuals and, therefore, this galectin has been proposed as a biomarker for the early diagnosis of prostate cancer. Gal-3 serum levels in patients with prostate cancer have been reported to be increased in metastatic CSPC or CRPC tumours<sup>28</sup> or decreased in prostatic adenocarcinomas<sup>128,130</sup>, compared to healthy individuals, whereas Gal-3 levels where reduced in the urine of patients with relapse in comparison to patients without relapse<sup>130</sup>. These results have encouraged larger studies to investigate this issue. Indeed, a prospective clinical study that analyzed serum levels of Gal-3 and PSA (and their respective autoantibodies) described positive associations between Gal-3 and PSA levels in 76 men with different stages of prostate cancer (including localized and metastatic disease) and in 19 healthy control individuals 146,147. Gal-3 is an enzyme substrate for MMP-2, MMP-9, and PSA<sup>148,149</sup>, and its cleavage favours tumour progression in human prostate cancer<sup>127</sup>. Finally, Gal-3 has been linked to resistance to enzalutamide and bicalutamide anti-androgen therapy in mouse xenograft models, as its activity increases the levels of the androgen receptor (AR) and AR-target genes<sup>136</sup>, making this galectin a putative therapeutic target for patients with CRPC. Indeed, Gal-3 inhibitors have shown promising results in preclinical studies<sup>137,150</sup>. Interestingly, TFD100, a Gal-3-binding glycopeptide, blocked Gal-3-induced T cell apoptosis and impaired angiogenesis and metastasis at nanomolar concentrations in xenograft models<sup>137</sup>. In addition, G3-C12-modified copolymers (targeting Gal-3) improved the anti-tumour activity of 5-Fluorouracil in prostate cancer xenograft mouse models<sup>150</sup>, and modified citrus pectin (a natural dietary fiber soluble polysaccharide that functions as an antagonist of extracellular Gal-3<sup>151</sup>) sensitized prostate cancer cells to radiotherapy and reduced their migration and invasion capabilites<sup>152</sup>.

Overall, although Gal-3 levels in the tumour are decreased during prostate cancer progression, cytoplasmic overexpression of this galectin has been reported during progression, and in vitro data and preclinical xenograft models have shown that strategies targeting Gal-3 might be effective in impairing prostate cancer progression in vivo.

### [H2] Gal-4 in prostate cancer

Similar to Gal-3, data regarding the levels of Gal-4 in prostate cancer are contradictory. Gal-4 was initially described to be downregulated at the protein level during prostate cancer progression<sup>112</sup>, inferring a potential role for this protein as a tumour suppressor. However, further analyses using prostate cancer tissue microarrays (TMAs) and Oncomine data found a positive correlation between Gal-4 mRNA expression and pathological tumour stage, Gleason score, poor survival outcomes, and biochemical recurrence<sup>153</sup>. In addition, using prostate cancer xenograft mouse models, Gal-4 was shown to promote epithelial—mesenchymal transition (EMT), activation of EGFR and HER2, tumour invasion, and metastasis<sup>153</sup>. In vitro data suggested that Gal-4 can bind to EGFR, HER2, HER3, and IGF1R and trigger their autophosphorylation and activation of downstream pathways and effector proteins, inducing ERK phosphorylation, AKT phosphorylation, fibronectin and TWIST1 expression, and reducing E-cadherin expression<sup>153</sup>. In addition, a 2018 report identified a co-ordinated upregulation of Gal-4 together with aberrant mucin-type *O*-glycosylation in metastatic CRPC, which resulted in a galectin—glycan signalling that led to increased castration-resistance and metastasis in mouse xenograft models and correlated with poor overall survival (OS) in patients<sup>154</sup>.

Thus, although few studies have addressed the implications of Gal-4 expression in prostate cancer, existing data point towards a pro-oncogenic role for this galectin in this pathology.

### [H2] Other galectins in prostate cancer

To date, only one report has presented evidence that Gal-7 is expressed in basal cells in normal prostate tissue and is downregulated in prostate adenocarcinoma<sup>155</sup>. In DU-145 prostate cancer cells, ectopic expression of Gal-7 increased apoptosis induced by etoposide or cisplatin, and Gal-7 showed a tumour suppressive role in prostate cancer as its overexpression resulted in decreased

in vitro invasion and reduced tumour size in xenograft models<sup>155</sup>. Interestingly, Gal-7 seems to exert a tumour suppressive effect in prostate cancer in both a CRD-dependent and CRD-independent manner; although Gal-7 induces apoptosis in prostate cancer cells independently of its CRD activity, its recognition of glycans via the CRD is required to inhibit in vitro tumour cell invasion and in vivo tumour growth<sup>155</sup>.

Although Gal-8 was initially named prostate carcinoma tumour antigen 1 (PCTA-1)<sup>156,157</sup>, data regarding its role in prostate cancer are contradictory and nonrobust<sup>112,156,158,159</sup>. Increased Gal-8 mRNA expression was detected in prostate carcinomas compared with normal prostate tissues<sup>156</sup>, and Gal-8 protein levels were found to be upregulated in post-treatment tumour samples<sup>159</sup>, whereas other studies have reported no marked differences in Gal-8 expression between tumour and normal tissues<sup>112,158</sup>. In 2017, in vitro and preclinical models demonstrated that Gal-8 might be involved in tumour metastasis<sup>160</sup>. Interestingly Gal-8 increased E-Cadherin expression and rearranged the cytoskeleton, inhibiting anoikis and promoting tumour cell aggregation, which enabled survival of circulating tumour cells, resulting in metastasis<sup>160</sup>. Immunoglobulin G responses to Gal-3 and Gal-8 increase upon sipuleucel-T treatment in patients with prostate cancer, which correlates with improved overall survival (OS)<sup>161</sup>. Thus, Gal-8 (and Gal-3) could conceivably be used as pharmacodynamic predictive biomarkers of response to sipuleucel-T in this pathology.

Despite the importance of Gal-9 in regulating the immune system<sup>62,107</sup>, its presence in prostate cancer has only been analysed in a single descriptive study. Immunohistochemical assessment of prostate tumour tissues from a cohort of 61 patients revealed that Gal-9 was moderately expressed in early-stage prostate cancer compared to benign prostate hyperplasia tissues and gradually decreased with disease progression<sup>112</sup>. Further studies are required to understand the biological effect of Gal-9 downregulation in advanced prostate tumours.

In summary, apart from Gal-1, Gal-3 and Gal-4, the other members of the galectin family have been poorly characterized in prostate cancer development and progression. Gal-7 and Gal-9 levels have been reported to be low in prostate cancer and the former has been characterized as a tumour suppressor in this tumour context. Gal-8 levels have been found to be upregulated and this galectin has been positively associated with metastasis.

# [H1] Galectins in bladder cancer

Galectin expression and the pathological functional effects linked to their dysregulation in bladder cancer have only been partially characterized (**TABLE 1, FIG. 2**). As in prostate cancer, Gal-1 and Gal-3 have gathered the most attention with in vitro and preclinical studies, whereas other members of the family have only been studied superficially and require further investigation.

### [H2] Gal-1 in bladder cancer

The first study on galectin expression in bladder cancer was published in 1999, in which Gal-1 and Gal-3 mRNA levels were found to be increased in primary or recurrent urothelial carcinomas of the bladder of different grade and stages compared with normal urothelium tissue, with a positive correlation reported between Gal-1 levels and tumour stage and grade<sup>162</sup>. In 2007, Langbein et al.<sup>33</sup> used a comprehensive qualitative immunohistochemistry approach to characterize six members of the galectin family (Gal-1, Gal-2, Gal-3, Gal-4, Gal-7, and Gal-8) in pTa-pT4 urothelial bladder carcinomas (n=61). In this study, protein levels of Gal-2, Gal-3, and Gal-8 positively correlated with pathological tumour (pT) stage, and could discriminate between NMIBCs and MIBCs. Moreover, levels of Gal-2 and Gal-8 positively correlated with 5-year disease-specific mortality, and levels of Gal-1, Gal-2, and Gal-8 positively correlated with tumour grade. For Gal-1, although statistical significance was not reached, its immunostaining increased with advancing T stage<sup>33</sup>. In 2015, an extensive study of 185 patients with primary localized bladder cancer (with different disease stages) identified that >75% of tumour specimens harboured LGALS1 amplification<sup>31</sup>. These results identified Gal-1 expression as a putative independent prognostic factor for bladder cancer, given that Gal-1 expression could predict disease-specific survival<sup>31</sup>. In addition, Gal-1 expression positively correlated with pT classification, histological grade, vascular invasion, and nodal status<sup>31</sup>. Accordingly, the development of Gal-1-based assays for bladder cancer detection for clinical use is now of particular interest, and the first prototypes have been developed and assessed using bladder cancer cell extracts<sup>163</sup>.

Further research is required to understand the molecular mechanisms triggered by Gal-1 in bladder cancer, but a few studies have offered some insight. Shen et al.<sup>164</sup> knocked down *LGALS1* in two bladder cancer cell lines and found that matrix metalloproteinase 9 (MMP-9) and the RAS–Ras-related C3 botulinum toxin substrate 1 (RAC1)–MEK kinase 4 (MEKK4)–JUN N-terminal kinase (JNK)–activator protein 1 (AP1) signalling pathway mediated the positive effects of Gal-1 on promotion of proliferation, invasion, and clonogenicity. Furthermore, proteomic studies highlighted that shRNA-mediated Gal-1 downregulation in the T24 cell line resulted in

deregulation of proteins related to lipid and amino acid energy metabolism, the cytoskeleton, cell proliferation, cell—cell interactions, cell apoptosis, metastasis, and protein degradation<sup>165</sup>.

In summary, Gal-1 has been reported to have a relevant role in bladder cancer, in which its expression levels have been found to be prognostic. Further functional validation will deepen the mechanistic insights underpinning the putative pathological effects of Gal-1 in bladder cancer.

### [H2] Gal-3 in bladder cancer

As mentioned previously, Gal-3 mRNA levels were found to be upregulated in bladder cancer<sup>162</sup> and Gal-3 protein expression levels correlated with pT stage<sup>33</sup> and were substantially increased in MIBC compared with NMIBC. Gal-3 protein levels could not distinguish between superficial pTa and pT1 bladder cancer<sup>32</sup>, but Gal-3 was identified as an independent negative prognostic marker that predicts recurrence in pTa tumours<sup>32</sup>. A more comprehensive study showed overexpression of Gal-3 at the mRNA and protein levels in a large cohort of patients with bladder cancer, positively correlating Gal-3 expression with tumour stage, grade, and overall survival (OS) in patients with T1 Grade 3 (T1G3) tumours<sup>26</sup>. Moreover, Gal-3 expression levels could discriminate between MIBC and NMIBC tumours<sup>26</sup>. Interestingly, modified citrus pectin (a Gal-3 antagonist<sup>151</sup>) inhibited cell viability in T24 and J82 human bladder cancer cell lines through cell cycle arrest and caspase-3 activation, and impaired tumour growth when administered orally in xenograft models<sup>166</sup>.

Importantly, soluble Gal-3 detection in urine<sup>26</sup> and serum<sup>27</sup> has been proposed as a tool for bladder cancer diagnosis, as Gal-3 urinary and serum protein levels were found to discriminate patients with bladder cancer from control individuals<sup>26,27</sup>.

In summary, Gal-3 has been reported to be overexpressed in bladder cancer and its expression is positively regulated during disease progression, suggesting the utility of Gal-3 as a diagnostic biomarker. However, additional in vitro and preclinical studies are needed to fully understand the molecular mechanisms triggered by Gal-3 in this pathology.

### [H2] Other galectins in bladder cancer

Very few studies have addressed the involvement of the other galectins in bladder cancer. Gal-4 downregulation by hypermethylation of its promoter positively correlated with histological grade, pT stage, lymph node metastasis, and poor prognosis in patients with different stages (including non-recurrent or recurrent, early or advanced stages) of NMIBC and MIBC<sup>34</sup>. In addition, in vitro data have further demonstrated that Gal-4 functions as a tumour suppressor in bladder cancer cell

lines by inhibiting cell proliferation, migration, and invasion<sup>34</sup>. Similarly, Gal-7 expression is reduced in bladder cancer compared with normal urothelium<sup>33,167</sup>, suggesting it has a role in inhibiting tumour growth (comparable to its putative role in prostate cancer<sup>155</sup>). Indeed, also analogous to prostate cancer, Gal-7 overexpression in bladder cancer cell lines also increased sensitivity to chemotherapy, and chemosensitive-patients showed higher Gal-7 levels than those who exhibited resistance to cisplatin chemotherapy<sup>167</sup>. Loss of Gal-8 expression has also been reported as an early step in the development of bladder cancer, and Gal-8 downregulation was also associated with tumour recurrence<sup>168</sup>. Finally, high Gal-9 expression levels in bladder tumours correlated with improved patient survival, although chemotherapy was more effective in patients whose tumours had low Gal-9 expression, suggesting that this Gal-9 might be useful as a predictive biomarker for therapy selection<sup>35</sup>.

Thus, although few articles have described the role of Gal-4, Gal-7, Gal-8 and Gal-9 in bladder cancer, most of these reports found downregulation of these galectin family members, suggesting their tumour suppressor activities in bladder cancer.

## [H1] Opportunities for clinical translation

The potential of galectins in the diagnosis and management of prostate cancer and bladder cancer is evident, but translation of this basic knowledge into the clinic is in its infancy.

Given the role of several galectins in tumour angiogenesis and immune evasion, the clinical opportunities offered by the galectin family in the field of cancer could extend beyond the direct therapeutic targeting of galectins to include patient risk stratification and treatment selection in the era of personalized medicine. In this regard, galectins — particularly Gal-1, Gal-3, Gal-8, and Gal-9 — have been described as master governors of the angiogenic cascade in cancer, as they control endothelial cell activation, proliferation, adhesion, migration, tube formation, and sprouting, ultimately driving tumour progression in preclinical studies<sup>169</sup>. Moreover, several members of the galectin family have been described as key regulators of the tumour immune response in several cancer settings. For instance, Gal-1 impairs transendothelial migration of T cells and natural killer (NK) cell recruitment and induces apoptosis in CD4<sup>+</sup> T helper 1 (T<sub>H</sub>1) and T<sub>H</sub>17 cells and CD8<sup>+</sup> cytotoxic T cells, differentiation of regulatory T cells (T<sub>regs</sub>) and dendritic cells (DCs), M2 macrophage polarization, and expansion of myeloid-derived suppressor cells (MDSCs), resulting in profound tumour immune evasion<sup>104,105,107,170</sup>. Similarly, Gal-3 can also hamper the antitumour immune response by inducing T cell anergy, impairing T cell activation, and inhibiting

NK cell function<sup>107,171,172</sup>. Moreover, Gal-9 triggers specific apoptosis in CD8<sup>+</sup> cytotoxic T cells, T<sub>reg</sub> differentiation, and expansion of MDSCs<sup>173–175</sup>. These data reveal several opportunities for translation of altered galectin expression levels in cancer to clinical management, which could be extrapolated to prostate or bladder cancer, given the changes in galectin expression patterns that have been reported in these diseases (**TABLE 1**). First, the presence of high levels of proangiogenic or immunosuppressive galectins in a tumour might predict poor response to antiangiogenic therapies or immunotherapies, respectively, and, therefore, could be a useful predictive biomarker for patient stratification. Second, targeting these galectins could have multiple therapeutic effects, including blockade of tumour proliferation and angiogenesis and restoration of the antitumour immune response. Last, but not least, the combination of galectin inhibitors with standard chemotherapy, radiotherapy, antiangiogenic drugs, or immunotherapy agents could improve treatment efficacy and patient response to therapy.

Interestingly, therapeutic targeting of Gal-3 with pectin (which functions as an antagonist of extracellular Gal-3<sup>151</sup>) has been reported to reduce prostate cancer cell migration and invasion and sensitize prostate cancer cells to radiotherapy<sup>152</sup>, decreases cell viability in bladder cancer cell lines and reduces tumour growth in bladder cancer xenograft models<sup>166</sup>. Other Gal-3 inhibitors have been reported to induce T cell apoptosis, impair angiogenesis and metastasis<sup>137</sup>, and improve the efficacy of 5-Fluorouracil chemotherapy<sup>150</sup> in prostate cancer xenograft models. Moreover, preclinical data with both AR-positive and AR-negative prostate cancer xenograft models have indicated that targeting Gal-1 using a small molecule Gal-1 inhibitor (LLS30) inhibits tumour progression and metastasis in prostate cancer, and potentiates the antitumour effects of docetaxel to achieve complete tumour regression<sup>121</sup>. The small molecule Gal-1 inhibitor OTX008 has been tested in a phase I clinical trial 176 as a single agent for the treatment of patients with advanced solid tumours, but no objective responses were observed 177. The natural polysaccharide GM-CT-01 (galactomannan, also called Davanat®), which targets both Gal-1 and Gal-3, was reported to be well tolerated in a phase I clinical trial in combination with 5-Fluorouracil chemotherapy<sup>178,179</sup> for the treatment of different tumour types, including one patient with prostate cancer<sup>180</sup>. GM-CT-01 was also tested together with 5-Fluorouracil in a phase II clinical trial in patients with colorectal cancer<sup>180</sup> and in a phase I/II trial in combination with peptide vaccines in patients with melanoma<sup>181</sup>. Inhibition of Gal-3 with GR-MD-02, a polysaccharide polymer with high affinity for Gal-3, increased survival in the TRAMP-C1 prostate cancer cell line model<sup>182</sup> and this agent has also been tested in combination with immunotherapy in ongoing clinical trials designed for melanoma, non-small cell lung cancer and squamous cell carcinoma of the head and neck<sup>183,184</sup>. Despite the robust rationale from preclinical data on targeting galectins in bladder cancer, no clinical trials based on galectin inhibitors have yet been performed in bladder cancer.

The observation that specific galectin members with putative tumour suppressor functions — such as Gal-7<sup>155</sup> and Gal-9<sup>112</sup> in prostate cancer, or Gal-4<sup>34</sup>, Gal-7<sup>33,167</sup>, Gal-8<sup>168</sup> and Gal-9<sup>35</sup> in bladder cancer — are downregulated in prostate cancer and bladder cancer (**TABLE 1**) also presents the opportunity of using recombinant galectins, galectin mimetic compounds, pharmacological agonists or gene transfer for cancer therapy. For instance, the finding that patients with bladder cancers whose tumours have high levels of Gal-7 have improved response to chemotherapy<sup>167</sup> suggests that one novel approach for treating patients with chemoresistant bladder cancer could be to induce Gal-7 expression in their tumours. Remarkably, these strategies (for example, induction of Gal-1, Gal-2 or Gal-3 expression) have shown promising results in preclinical models of inflammatory disorders<sup>185–187</sup>.

Galectins have also been considered as predictive biomarkers for patient risk stratification and treatment selection. Gal-7 levels has been shown to be higher in cisplatin-sensitive patients with urothelial cancer than in chemoresistant patients<sup>167</sup>, indicating that detection of Gal-7 in bladder cancer biopsy specimens before treatment — or ideally with noninvasive techniques such as serum detection — might be used as a predictive biomarker for chemotherapy response<sup>167</sup>. Similarly, cisplatin-based adjuvant chemotherapy was more effective in low Gal-9-expressing bladder tumours than in those with high Gal-9 expression<sup>35</sup>. Gal-3 was also identified as a marker for basal features in the prostate cancer epithelium, highlighting its potential to distinguish between tumour subtypes and enhance therapeutic efficiency with personalized medicine<sup>29</sup>.

Galectins could also aid in the diagnosis of patients with prostate cancer or bladder cancer. Owing to galectin secretion outside of the cell, detectable levels of these proteins can be determined in peripheral blood urine and semen<sup>79–81</sup>. Several studies have already shown the diagnostic potential of determining galectin levels in the sera of patients with other cancers<sup>81,188–192</sup>. Detection of galectin levels in blood would be useful test to complement serum PSA testing in the diagnosis, active surveillance and follow-up monitoring of patients with prostate cancer<sup>28–30,146,147</sup>. For instance, Gal-3 serum levels are substantially increased in patients with metastatic prostate cancer compared with healthy individuals<sup>28</sup> and Gal-3 levels are positively associated with PSA levels, particularly at early clinical presentation<sup>146,147</sup>. In addition, a diagnostic sensitive assay based on methylation-specific PCR was developed for stage I and II prostate cancer<sup>30</sup>. A link

between Gal-3 levels and bladder cancer has been described, detecting with increased Gal-3 levels having been detected in serum from patients with bladder cancer compared to controls, but no studies have addressed other members of the galectin family<sup>27,193,194</sup>.

Studies describing altered patterns of galectin expression in prostate or bladder cancer and the identification of their functional effects in preclinical models have provided opportunities for clinical translation. In line with the fact that the best studied members of the galectin family — Gal-1 and Gal-3 — are found to be overexpressed in cancer and promote tumour development and progression, the first clinical trials evaluating inhibition of these galectins in combination with approved therapies have been performed, although prostate or bladder cancer have not yet been included. Importanty, galectins have not only been considered as therapeutic targets, and they could also aid in diagnosis, patient risk stratification, and treatment selection in prostate cancer and bladder cancer.

## [H1] Future challenges

The human galectin family comprises 11 proteins that have pleiotropic functions in cancer. The precise pattern of galectin expression and the particular tumour microenvironment need to be considered in order to successfully design galectin-based pharmacologic modulators. Improved preclinical models will be essential to deepen our understanding of the functional effects of galectin dysregulation and therapeutic galectin modulation before moving to clinical trials.

### [H2] Galectin redundancy and therapeutic implications

Altered galectin expression and aberrant patterns of protein glycosylation in cancer cells — which, in turn, can modify galectin recognition and cause further downstream signalling effects — occur in prostate and bladder cancers. Improved understanding of the extreme complexity of galectins and aberrant glycosylation in cancer cells will open new avenues for improving diagnosis and therapeutic interventions. Increasing data have reported changes in galectin expression levels in prostate and bladder cancer, although many conflicting reports obscure the protumorigenic and/or antitumorigenic roles of different family members in these diseases (**TABLE 1**). Several issues, such as cell localization, tissue compartment, redox status, and post-translational modifications, must be considered to improve the understanding of the role of galectins. Considering the key role of several galectins (for example, Gal-1, Gal-3, and Gal-9) in angiogenesis and tumour immune evasion<sup>62</sup>, the development of pharmacological modulators targeting

galectin-glycan interactions is an emerging field in cancer therapy. Nevertheless, as the CRD is highly conserved among galectin family members, special attention must be paid when using galectin pharmacological modulators targeting this domain, as low selectivity could hamper the benefits of blocking a specific galectin in a specific context. Importantly, results from galectin knockout mice have revealed that several members of the family can have overlapping activities and, therefore, can functionally compensate for each other. For instance, LGALS1, LGALS3, and even double LGALS1-LGALS3 knockout mice are viable and fertile 108,195; however, mice deficient in either one of these genes 196,197 show different phenotypes when challenged in different experimental settings, particularly regarding immune responses and inflammation (including cancer), indicating that each galectin member has functional uniqueness<sup>94</sup>. The fact that simple galectin-knockout mice do not show overall phenotypic effects suggest that the physiological roles of galectins could possibly be compensated by other members of the family, which could be interesting when considering individual galectins as therapeutic targets and the possible adverse effects. However, functional redundancy also complicates clinical strategies and makes it essential to obtain a deep understanding of the galectin expression profile, not only in every tumour type but also in every particular patient before translating this information into clinical practice. Some galectins can have a dual role depending on the unique cellular environment and conditions and, therefore, pharmacological modulation could tilt the balance towards an antitumorigenic or protumorigenic response, so special caution is required. The fact that some of the galectintargeted agents in clinical trials can bind different members of the galectin family with different affinities further complicates the interpretation of their results. In this regard, specific anti-galectin blocking antibodies could offer higher selectivity than the glycan-based inhibitors<sup>45,198,199</sup>. Overall, the complexity of galectin binding with different ligands in different microenvironments, which, in turn, modifies galectin affinity for certain ligands, challenges the design of pharmacological modulators.

### [H2] Preclinical modelling

Robust data have demonstrated the relevance of galectins in vitro, but few reports have addressed the in vivo effects of glycan–galectin interactions on genitourinary tumour development and progression. Most in vivo studies have used xenograft models despite their limitations, which include poor modelling of tumor–stromal interactions, the lack of a functional immune system, and the fact that they cannot model tumorigenesis and, therefore, lead to tumours that fail to

recapitulate heterogeneity, genetics and histology of human tumours<sup>200,201</sup>, hindering clinical translation. Considering the relevance of several galectin members in the stroma and in regulation of metastasis and immune evasion, the limitations of xenograft models highlight the need to move towards transgenic animal models that faithfully recapitulate tumour progression and the metastatic cascade, as well as the immune microenvironment<sup>200</sup>, in order to study the galectin family of proteins in prostate and bladder cancer pathology. Although several prostate cancer<sup>202,203</sup> and bladder cancer<sup>204</sup> genetically-engineered mouse (GEM) models have been developed, to date, none have been used to study the galectin family of proteins.

Patient-derived xenografts (PDX) models and patient-derived organoids<sup>205</sup> have also been described for prostate<sup>206–208</sup> and bladder cancer<sup>209–211</sup>, and their use enables investigators to recapitulate the unique genomic and molecular properties of individual human tumours, test drug responses, and develop personalized medicine strategies. These models might be an important tool to complement animal models for the study of the galectin–glycan axis in prostate and bladder cancer, and for analysis the preclinical effects of galectin modulators. However, tissue availability (for prostate cancer), impaired tumor–stroma interactions, and lack of a functional immune system might limit the use of human organoids and PDX to study the effects of galectins or galectin pharmacological modulators in prostate and bladder tumours.

### [H1] Conclusions

The development of effective therapies for patients with prostate cancer and bladder cancer, particularly for those with advanced-stage disease, is an unmet clinical need that requires new therapeutic molecular targets. Most treatments currently target tumour cells, an approach that we now know underestimates the importance of the tumour microenvironment during tumour progression and metastatic dissemination. Although new clinical trials evaluating ICI immunotherapy have shown positive results for patients with bladder cancer<sup>15,16</sup>, only a subset of patients respond to this treatment, highlighting the importance of predictive biomarkers for patient stratification and the identification of new immunotherapies or combinations with improved efficacy. Clinical studies have also been performed with immunotherapies in prostate cancer, although ICIs have shown limited success<sup>19</sup>, potentially due to the highly immunosuppressive microenvironment of prostate cancer. Only sipuleucel-T has shown clinical efficacy in prostate cancer, although major drawbacks have hampered its incorporation into clinical practice <sup>212</sup>, and patients with metastatic CRPC, despite improvements (for example, next-

generation AR pathway inhibitors, such as enzalutamide or abiraterone acetate, or new taxanes such as cabazitaxel<sup>6</sup>), still have limited survival outcomes<sup>212–215</sup>.

Most of the galectins studied so far have shown altered expression patterns in prostate and bladder cancers, and preclinical data have shed some light on the functional roles of galectins in the tumour context. In prostate cancer, compared with normal prostate tissues, Gal-1 has been reported to be overexpressed<sup>112,116,117</sup>, Gal-7<sup>155</sup> and Gal-9<sup>112</sup> downregulated, whereas controversial data have been described for Gal-3<sup>30,112,114,115,125-131</sup>, Gal-4<sup>112,153</sup> and Gal-8<sup>112,156,158,159</sup>. In bladder cancer, Gal-1 and Gal-3 have also been found to be overexpressed<sup>31,33,162,26</sup>, whereas Gal-4<sup>34</sup>, Gal-7<sup>33,167</sup> and Gal-8<sup>168</sup> were reported to be downregulated. Using in vitro and in vivo data obtained from cell line and xenograft models, galectins have been implicated in a wide variety of cancerdriving events in prostate and bladder cancer, such as angiogenesis, T cell apoptosis, migration, proliferation, and metastasis, among others, opening the door to strategies modulating galectin activity as new avenues for therapy.

Despite the strong potential of the galectin family for the development of diagnostics and effective new treatments for bladder and prostate cancer, several important challenges should be addressed before galectin-based strategies can be translated to clinical settings. First, a comprehensive understanding of the link between the overall tissue galectin profile and altered tumour glycosylation in the context of bladder and prostate tumours is needed to inform the rationale and flaws of galectin targeting strategies. Second, the identification of the specific or redundant functions (protumorigenic or antitumorigenic roles) of different galectins in the context of prostate cancer and bladder cancer could help to predict the effect of galectin modulators. Third, the development of galectin-glycan inhibitors with well-understood specificity (that is, if they target one or several members) is necessary to understand and predict therapeutic effects. Last, validation of galectin antagonists (or agonists, for those galectins with antitumour functions) using preclinical model systems that faithfully mimic prostate and bladder tumour development and progression (for example, transgenic mouse models and patient-derived organoids) will be necessary to investigate the therapeutic potential of galectin-targeting strategies before clinical translation. Studies aimed at overcoming these challenges regarding the use of galectins in the clinical management of patients with prostate cancer and bladder cancer are now required.

Neus Martínez-Bosch<sup>1,2</sup>\*, Alejo Rodriguez-Vida<sup>1,3</sup>, Núria Juanpere<sup>4</sup>, Josep Lloreta<sup>4</sup>, Ana Rovira<sup>1</sup>,

Joan Albanell<sup>1,3</sup>, Joaquim Bellmunt<sup>1,5</sup>, and Pilar Navarro<sup>1,2,6</sup>\*

<sup>1</sup>Cancer Research Program, Hospital del Mar Medical Research Institute (IMIM), Unidad Asociada CSIC, Barcelona, Spain.

<sup>2</sup>Unidad Asociada I+D+i IMIM-Institute of Biomedical Research of Barcelona, IIBB (CSIC), Barcelona, Spain.

<sup>3</sup>Department of Medical Oncology, Hospital del Mar, Barcelona, Spain.

<sup>4</sup>Department of Pathology, Hospital del Mar, Barcelona, Spain.

<sup>5</sup>Bladder Cancer Center, Dana-Farber Cancer Institute/Brigham and Women's Cancer Center, Harvard Medical School , Boston , MA , USA.

<sup>6</sup>Institute of Biomedical Research of Barcelona (IIBB-CSIC), Barcelona, Spain.

\*E-mail: <u>nmartinez@imim.es</u>; <u>pnavarro@imim.es</u>

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#### **Author Contributions**

All authors researched data for the article, made substantial contributions to discussion of the article contents, and reviewed and/or edited the manuscript before submission. P.N. and N. M.-B. wrote the manuscript.

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#### Table of contents blurb

Galectins have established roles in cancer, but their function in genitourinary cancer is unclear. In this Opinion, the authors discuss the emerging roles of galectins in prostate and bladder cancer development and progression, and speculate regarding opportunities for clinical translation.

Figure 1 | Classification of the mammalian galectins.

The 15 mammalian galectins (asterisks denote the 11 galectins found in humans) are classified into three subfamilies on the basis of their structure, specifically the number and organization of their carbohydrate recognition domains (CRDs)<sup>63</sup>. The prototype galectins contain a single CRD and are either present as monomers (Gal-5, Gal-10, and Gal-14) or dimers held together by a hydrophobic core (Gal-1, Gal-2, Gal-7, Gal-11, and Gal-15) or disulfide bridges (Gal-13; indicated as two dots). The tandem-repeat galectins (Gal-4, Gal-6, Gal-8, Gal-9, and Gal-12) have two CRDs linked by a short linker peptide. Gal-3, the only chimeric-type galectin, has a single CRD and a large aminoterminal domain that enables oligomerization. The CRD is structurally and evolutionary conserved in all galectin family members (represented here as a crescent).

Figure 2 | Roles of galectins in prostate and bladder tumour development and progression.

The schematic depicts the most important known functional roles for each galectin family member in prostate cancer (blue boxes), bladder cancer (yellow box), or in both (green boxes). In prostate cancer, preclinical data have established a role for galectins in driving many important events that trigger tumour development and progression. Gal-1 has been reported to mediate tumour cell adhesion to the extracellular matrix (ECM) in prostate cancer<sup>115</sup>. In addition, Gal-3 and Gal-8 are involved in tumour cell homotypic aggregation <sup>145,160</sup>, whereas Gal-1, Gal-3, Gal-4 and Gal-7 are involved in tumour cell migration and/or invasion 121,133,136,140,145,153, Gal-4 mediates epithelialmesenchymal transition (EMT) in prostate tumour cells<sup>153</sup> and, together with Gal-1, Gal-3, and Gal-8, regulates metastasis<sup>29,121,137,142-145,153,154,160</sup>. Gal-1, Gal-3, Gal-7 and Gal-8 also regulate prostate tumour cell apoptosis 121,29,133,155. Tumour cell-endothelial cell (heterotypic) aggregation and angiogenesis have been shown to be induced by Gal-1 and Gal-3<sup>116,137-139,144,145</sup>, Gal-1 and Gal-3 promote an immune suppressive state by inducing T cell apoptosis and by Gal-1-dependent inhibition of T cell proliferation, cytotoxic activation and extravasation to the endothelium<sup>118,119,124,137</sup>. Finally, Gal-1, Gal-3 and Gal-7 mediate tumour cell proliferation and tumour growth in prostate cancer 121,127,133,136,155. In bladder cancer, galectin-driven functional phenotypes are much less well established than in prostate cancer. In this pathology, Gal-1 increases tumour cell proliferation and invasion<sup>164</sup>, Gal-3 regulates tumour cell viability and tumour growth <sup>166</sup>, and Gal-4 inhibits tumour growth, migration and invasion <sup>34</sup>.

Table 1 | Galectin expression and phenotypic effects in prostate and bladder cancer.

Galecti	n Expression	Phenotypic effect	Refs
Prostat	e cancer		l
Gal-1	Upregulated	<ul> <li>Induces adhesion of tumour cells to ECM</li> <li>Induces tumour cell-EC aggregation</li> <li>Increases angiogenesis in vitro and in xenograft models</li> <li>Inhibits T cell extravasation across endothelial cells in vitro</li> <li>Induces T cell apoptosis and reduces its proliferation and cytotoxic activity in vitro</li> <li>Induces tumour cell migration and invasion in vitro</li> <li>Induces metastasis in xenograft models</li> <li>Induces tumour cell proliferation in vitro and in xenograft models</li> <li>Decreases the antitumour effects of docetaxel in</li> </ul>	115 116 112 118 119,124 121 121 121
Gal-3	Upregulated	vitro and in xenograft models  Induces tumour cell migration in vitro Induces tumour cell invasion in vitro Induces cell proliferation in vitro and in xenograft models Induces adhesion of tumour cells to endothelial cells in vitro Decreases tumour cell apoptosis in vitro Induces tumour cell AIG in vitro Induces angiogenesis in vitro and in vivo Induces metastasis in xenograft models and in the Copenhagen rat model Induces T cell apoptosis in vitro Promotes drug resistance in vitro and in xenograft models  Nuclear Gal-3 reduces invasion, tumour cell apoptosis, and anchorage-independent growth in vitro Nuclear Gal-3 reduces tumour growth and	136, 140,145 133,136 127, 133,136, 137,138,139,144,145 29,133 127,133,136,144,145 133, 137 29,137,142,143,144,145 137 134, 136,135, 150,152 133
Gal-4	Upregulated	angiogenesis in vivo (xenograft models)  Promotes EMT, tumour invasion and metastasis in xenograft model	153,154
Gal-7	Downregulated  Downregulated	<ul> <li>Unknown</li> <li>Decreases invasion in vitro</li> <li>Reduces tumour growth in xenograft models</li> <li>Induces tumour cell apoptosis</li> </ul>	112 155 155 155
Gal-8	Upregulated Unchanged	Promotes metastasis Unknown	160 112,158
Gal-9	Downregulated	Unknown	112
Gal-1	r cancer Upregulated	Increases proliferation, invasion and clonogenicity in vitro	164
Gal-3 Gal-4	Upregulated	<ul> <li>Increases tumour cell viability in vitro</li> <li>Induces tumour growth in xenograft models</li> <li>Inhibits cell proliferation, migration and invasion in vitro</li> </ul>	166 166 34
Gal-4	Downregulated  Downregulated	Increases sensitivity to chemotherapy	167
Gal-8	Downregulated	Unknown	168
Jui-0	Downingalated	OHMHOWH	100

ECM, extracellular matrix; EMT, epithelial–mesenchymal transition; EC, endothelial cell

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# **FIGURES**

Figure 1

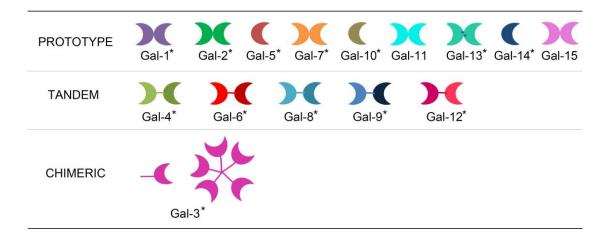


Figure 2

