

1 Article

2 Genetic diversity of cowpea (*Vigna unguiculata* L. 3 Walp) landraces suggests Central Mozambique as an 4 important hotspot of variation

5 Ana Maria Figueira Gomes ^{1,2,3}, David Draper ^{4,5}, Pedro Talhinhos ¹, Paula Batista Santos ¹,
6 Fernanda Simões ⁶, Nascimento Nhantumbo ², Rafael Massinga ², José C. Ramalho ^{1,7,*}, Isabel
7 Marques ^{1,*}, Ana I. Ribeiro-Barros ^{1,7,*}

8 ¹ Plant Stress and Biodiversity Lab, Forest Research Center (AMFG, JCR, IM, AIRB) and Linking Landscape
9 Environment, Agriculture and Food (PBS, PT), Instituto Superior de Agronomia (ISA), Universidade de
10 Lisboa, Portugal. E-mail: anagomes13@gmail.com (AMFG), ptalhinhos@isa.ulisboa.pt (PT),
11 pbbsantos@isa.ulisboa.pt (PBS), cochichor@isa.ulisboa.pt or cochichor@mail.telepac.pt (JCR),
12 isabelmarques@isa.ulisboa.pt (IM), aribeiro@isa.ulisboa.pt (AIRB)

13 ² Divisão de Agricultura, Instituto Superior Politécnico de Manica (DivAG-ISPM), Mozambique. E-mail:
14 tonhantumbo@gmail.com (NN), rafael.massinga@gmail.com (RM)

15 ³ TropiKMan Doctorate Programme, Nova School of Business and Economics, Universidade NOVA de
16 Lisboa, Portugal.

17 ⁴ National Museum of Natural History and Science and Centre for Ecology, Evolution and Environmental
18 Change. Universidade de Lisboa, Portugal. E-mail: ddmunt@gmail.com

19 ⁵ UBC Botanical Garden & Centre for Plant Research, and Department of Botany, University of British
20 Columbia, Canada.

21 ⁶ Unidade .de Investigação em Biotecnologia e Recursos Genéticos (UIBRG), Instituto Nacional de
22 Investigação Agrária e Veterinária, I.P. (INIAV), Oeiras, Portugal. E-mail: fernanda.simoos@iniav.pt

23 ⁷ GeoBioSciences, GeoTechnologies and GeoEngineering (GeoBioTec), Faculdade de Ciências e Tecnologia,
24 Universidade NOVA de Lisboa, Monte de Caparica, Portugal.

25 * Correspondence: cochichor@isa.ulisboa.pt or cochichor@mail.telepac.pt (JCR),
26 isabelmarques@isa.ulisboa.pt (IM), aribeiro@isa.ulisboa.pt (AIRB)

27 Received: date; Accepted: date; Published: date

28 **Abstract:** Cowpea is a multiple purpose drought-tolerant legume crop grown in several dry tropical
29 areas. Its domestication center is thought to be East or West Africa where a high level of genetic
30 diversity is apparently still found in many landraces. However, detailed genetic information is
31 lacking in many African countries limiting the success of breeding programs. In this work, we have
32 assessed the genetic variation and gene flow in 59 *Vigna unguiculata* (cowpea) landraces spanned
33 across six agro-ecological zones from Mozambique, based on nuclear microsatellite markers. The
34 results revealed the existence of high genetic diversity between the landraces, even in comparison
35 to other world regions. Four genetic groups were found, with no specific geographic pattern,
36 suggesting the presence of gene flow between landraces. In comparison, the two commercial
37 varieties had lower values of genetic diversity, although still close from the ones found in local
38 landraces. The high genetic diversity found in Mozambique sustains the importance of local
39 landraces and on farm protection in order to enhance genetic diversity in modern varieties of
40 cowpea worldwide.

41 **Keywords:** Africa; cowpea; genetic diversity; landraces; microsatellites

43 1. Introduction

44 Cowpea (*Vigna unguiculata* L. Walp), also known as black eye pea, is a major annual grain
45 legume mostly grown in dry tropical areas of Latin America, South Asia and Africa [1]. It is cultivated
46 mainly for its grains, which have a high content of proteins (20-32%) and carbohydrates (50-60%).
47 Both grains and leaves, are also rich in the amino acids lysine and tryptophan, vitamin C, iron and
48 zinc [2]. Cowpea has therefore an essential role in the human diet in many developing countries being
49 referred as the “poor man’s meat” [3]. As a legume, it is also an important component of traditional
50 cropping systems since it fixes atmospheric nitrogen and contributes to soil fertility improvement
51 particularly in smallholder farming systems where little or no fertilizer is used [4]. The bulk of
52 cowpea production and consumption is sub-Saharan Africa, namely West and Central Africa [1],
53 where its nutritional value and tolerance to drought place this crop in an unique position to the
54 continent’s efforts to establish nutrition sensitive food systems that are more likely to help curb
55 malnutrition, particularly among the most vulnerable – pregnant or lactant women and children
56 under five [5]. Although cowpea is known to be drought tolerant when compared to other crops, the
57 productivity of cowpea varieties is hampered by erratic rainfall and many are sensible to heat [1].
58 Thus, appropriate agronomic practices could improve the performance of new varieties, under
59 different agro-ecological zones. Indeed, physiological, and metabolic studies show a progressive
60 acclimation of cowpea plants to stress [6] and differential drought responses of landraces with
61 contrasting tolerance levels [7].

62 Despite being native to Africa [8], the domestication center of cowpea is unclear but thought to
63 be either in East or West Africa where a high morphological and genetic diversity is found, followed
64 by a sub-domestication region in India [8-10]. European accessions usually cluster together with those
65 from West Africa and were likely imported from this region [10]. Breeding lines in America also show
66 a high genetic similarity with African accessions [11] although local American landraces show a high
67 genetic divergence [10]. In addition, regions like East Africa and Oceania show the lowest genetic
68 diversity suggesting the presence of bottlenecks or founder effects during cowpea migration to these
69 areas [10].

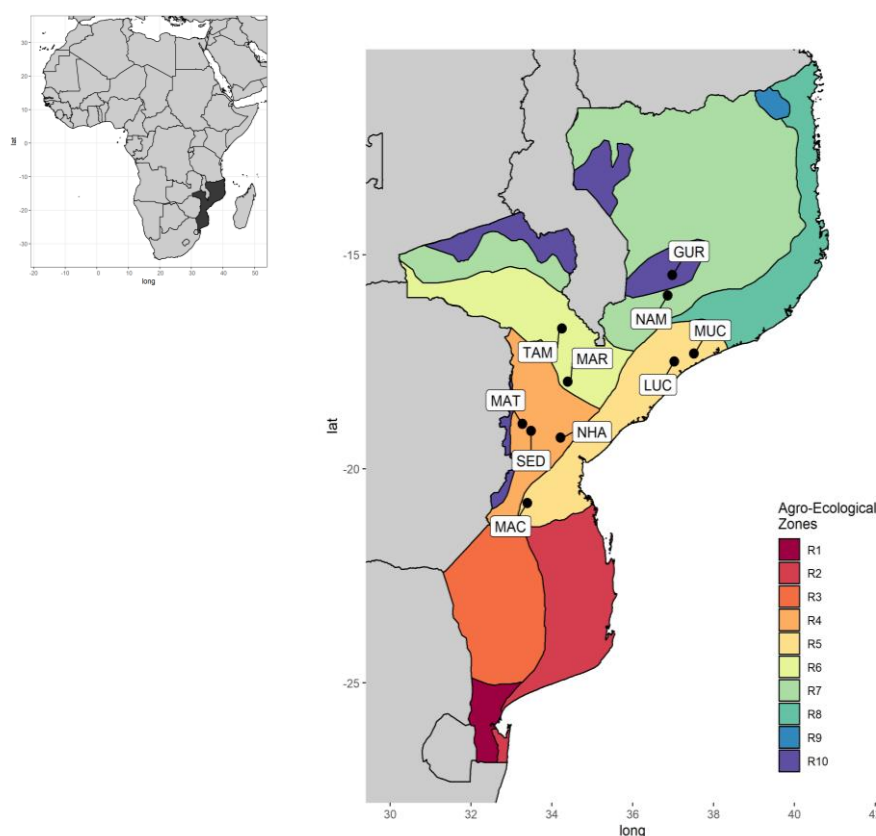
70 Because of this domestication history linked to a center of origin in Africa, cowpea research has
71 been underway in several African countries for many years. Breeding activities in sub-Saharan Africa
72 involving germplasm collection, evaluation and screening for the identification of lines with high
73 yield potential resulted in a diverse cowpea germplasm collection constituted by more than 15000
74 cultivated cowpeas from 89 different countries [1]. Additionally, a core collection of more than 2000
75 accessions based on geographical, agronomical and botanical descriptors has been established in The
76 International Institute for Tropical Agriculture (IITA) genebank with the aim of discovering new
77 traits related with stress tolerance for the development of new breeding lines [12]. On the other hand,
78 cowpea has several features of a classical model plant for genomic studies, such as a relatively small
79 diploid ($2n=2x=22$ chromosomes) genome of ~613Mbp, a short annual life-cycle and a highly selfing
80 nature [13].

81 The limited number of cowpea breeding programs in Mozambique has contributed to the
82 country ineffectiveness in taking the advantage of the continent’s high genetic potential. A significant
83 pool of cowpea landraces is thought to be available, but the limited detailed information about their
84 diversity and agronomic potential makes it difficult for breeding programs to thrive. Thus, the
85 characterization of cowpea genetic resources available in Mozambique is of extreme importance for
86 conservation and breeding, since it is the second most cultivated legume crop in the country,
87 occupying an extension of ca. 380 000 ha, with an average yield of 0.275 t ha⁻¹ [1]. Unlike commercial
88 varieties, landraces maintained by farmers usually have high levels of genetic variability as they have
89 evolved from years of uncontrolled cross-regional and infield genetic exchange, even between
90 previously released and discontinued open pollinated varieties [14], not being subjected to selection
91 over a long period of time. However, knowledge about their variability is usually limited [15].
92 Therefore, the aim of this study was to assess the genetic diversity of cowpea landraces from five
93 agro-ecological regions across three provinces of Mozambique, using Single Sequence Repeat (SSR)
94 markers.

95 2. Materials and Methods

96 2.1. Plant material

97 Fifty nine cowpea landraces corresponding to 10 populations were sampled in six agro-
 98 ecological zones (AEZ) in the provinces of Manica, Sofala and Zambezia, where cowpea is grown as
 99 an integral component of local cereal-legume cropping systems (Fig. 1): R3 (North and Central Gaza
 100 and Western Inhambane), R4 (Medium altitude areas of Central Mozambique), R5 (Low altitude
 101 areas of Sofala and Zambezia), R6 (Dry areas of Zambezia and Southern Tete), R7 (Mid-altitude areas
 102 of Zambezia, Nampula, Tete, Niassa and Cabo Delgado) and R10 (High altitude areas of Zambezia,
 103 Niassa, Angonia- Maravia and Manica). Additionally, two widely used commercial cultivars (IT16
 104 and IT18) released by the Mozambican Institute of Agricultural Research (IIAM) and bred through a
 105 partnership with the International Institute of Tropical Agriculture (IITA) in Nigeria were also used
 106 in this study.



107
 108 **Figure 1.** Left: Location of Mozambique in East Africa. Right: Studied landraces of *Vigna unguiculata*.
 109 Population codes follow Table 2. Colors indicate the different eco-geographical zones (AEZs) of
 110 Mozambique based on [16].

111 2.2. DNA extraction and nSSR amplification

112 The 61 samples used in this study were genotyped based on nine polymorphic nuclear simple
 113 sequence repeats (SSR's) previously developed by [17]: VuUGM05, VuUGM22, VuUGM31,
 114 VuUGM33, VuUGM39, VuUGM40, VuUGM68, VuUGM71 and VuUGM74. Based on an initial
 115 survey, we selected these nSSR markers since they produced robust, highly polymorphic amplified
 116 bands among the entire collection of cowpea samples. Total genomic DNA was extracted from 50 mg
 117 of ground leaves using the InnuSPEED Plant DNA Kit (Analytik Jena Innuscreen GmbH, Germany)
 118 according to the manufacturer's protocol. The average yield and purity were assessed
 119 spectrophotometrically by OD230, OD260 and OD280 readings (Nanodrop 2000, Thermo Fisher
 120 Scientific, Waltham, MA, USA) and visualized by electrophoresis in 1% agarose gels under UV light.
 121 Amplifications were performed in 15 µl reactions containing: 1.25U TaKaRa Hot startTaq
 122 polymerase, 1X Buffer I, 1mM dNTPs, 5 µM Primer F and R and 100 ng DNA under the following

123 PCR conditions: an initial denaturation at 95 °C for 5min followed by 35 cycles of denaturation at 65
124 °C (20 sec), annealing at 56 °C for 30 sec and a final extension at 60°C for 30min. Allele sizes were
125 determined using GeneMapper 3.2 (Applied Biosystems; UK).

126 2.3. Genetic diversity and population structure

127 For each nSSR locus and landrace, genetic diversity was assessed by calculating the total number
128 of alleles (N_a), mean expected heterozygosity (H_e), mean observed heterozygosity (H_o), allelic richness
129 (A_R), and inbreeding coefficient (F_{IS}) using FSTAT 2.9.3.2 [18]). GenAlEx 6 software was used to
130 estimate the mean expected heterozygosity (H_e) and mean observed heterozygosity (H_o) for each
131 population, as well as the number of private alleles [19]. The selfing rate (s) was estimated as $s = 2F_{IS}/(1$
132 $+ F_{IS})$ [20]. An analysis of variance was used to detect significant differences between sites for the
133 measured genetic values. Grids for all significant genetic parameters were generated in R and are
134 based on a grid with a cell size of 30 seconds (which corresponds to approximate 1 km in the study
135 area) applying a 1.5-degree circular neighbourhood diameter. The circular neighbourhood is used to
136 re-sample the genetic composition of a single sample to all surrounding grid cells, with a size of 30
137 seconds, within a diameter of 1.5 degree around its location. In this way, the genetic composition of
138 each sample is representative for the area within the defined buffer zone.

139 2.4. Population structure and differentiation

140 The Bayesian program STRUCTURE v.2.3.4 [21] was used to test whether any discrete genetic
141 structure exists among the landraces and regions sampled. The analysis was performed assuming a
142 number of clusters from $K=1$ to $K=8$, with 10 repetitions per K . Models were run assuming ancestral
143 admixture and correlated allele frequencies with 50,000 burn-in steps, followed by run lengths of
144 300,000 interactions for each K . The optimum K was determined using STRUCTURE HARVESTER
145 [22], which identifies the optimal K based both on the posterior probability of the data for a given K
146 and the ΔK [23]. To correctly assess the membership proportions (q values) for clusters identified in
147 STRUCTURE, the results of the replicates at the best-fit K were post-processed using CLUMPP 1.1.2
148 [24]. POPULATION 1.2 [25] was used to calculate the Nei's genetic distance [26] among individuals
149 and to construct an unrooted neighbour-joining tree with 1000 bootstrap replicates. A Principal
150 Component Analysis (PCoA) was also constructed in GenAlEx6 [27] to detect the genetic relatedness
151 among individuals based on Nei's genetic distance. We estimated genetic differentiation among
152 locations using an analysis of molecular variance (AMOVA) with ARLEQUIN 3.11 [28]. Molecular
153 variance was quantified among populations and within populations considering AERs and wild
154 cowpea versus cultivars, using an AMOVA using 10,000 permutations at 0.95 significance levels in
155 ARLEQUIN 3.11 [28].

156 2.5. Spatial analysis and genetic diversity rarefaction

157 Grids for genetic parameters were generated in DIVA-GIS (www.diva-gis.org), based on a grid
158 with a cell size of 2.5 minutes (which corresponds to approximately 4.5 km in the study area) and
159 applying a circular neighborhood with a diameter buffer of one degree (corresponding to
160 approximate 111 km). The circular neighborhood was used to illustrate the allelic composition of each
161 sampled site representative for the area within the defined buffer zone. Genetic diversity rarefaction
162 considered the spatial average of several population parameters such number of alleles (N_A),
163 observed heterozygosity (H_o), inbreeding coefficient (F_{IS}) and % selfing rate (s).

164 3. Results

165 3.1. Genetic diversity

166 The total number of alleles varied between 49 in VuUGM74 and 145 in VuUGM40 (Table 1). For
167 each locus, observed heterozygosity values (H_o) ranged from 0.014 in VuUGM74 to 1 in VuUGM40
168 and expected heterozygosity (H_e) ranged from 0.016 in VuUGM74 to 0.806 to VuUGM33. F_{IS} values

169 varied between -0.008 and 0.857 (respectively for loci VuUGM68 and VuUGM31; Table 1) across the
170 loci studied.

171 **Table 1.** Characteristics and genetic diversity statistics of the nuclear microsatellite (nSSR) primers
172 used in the genetic study of *Vigna unguiculata*. For each locus, the total number of alleles (N_a), mean
173 expected heterozygosity (H_e), mean observed heterozygosity (H_o), and the fixation index (F_{IS})
174 obtained from the 61 studied samples are shown.

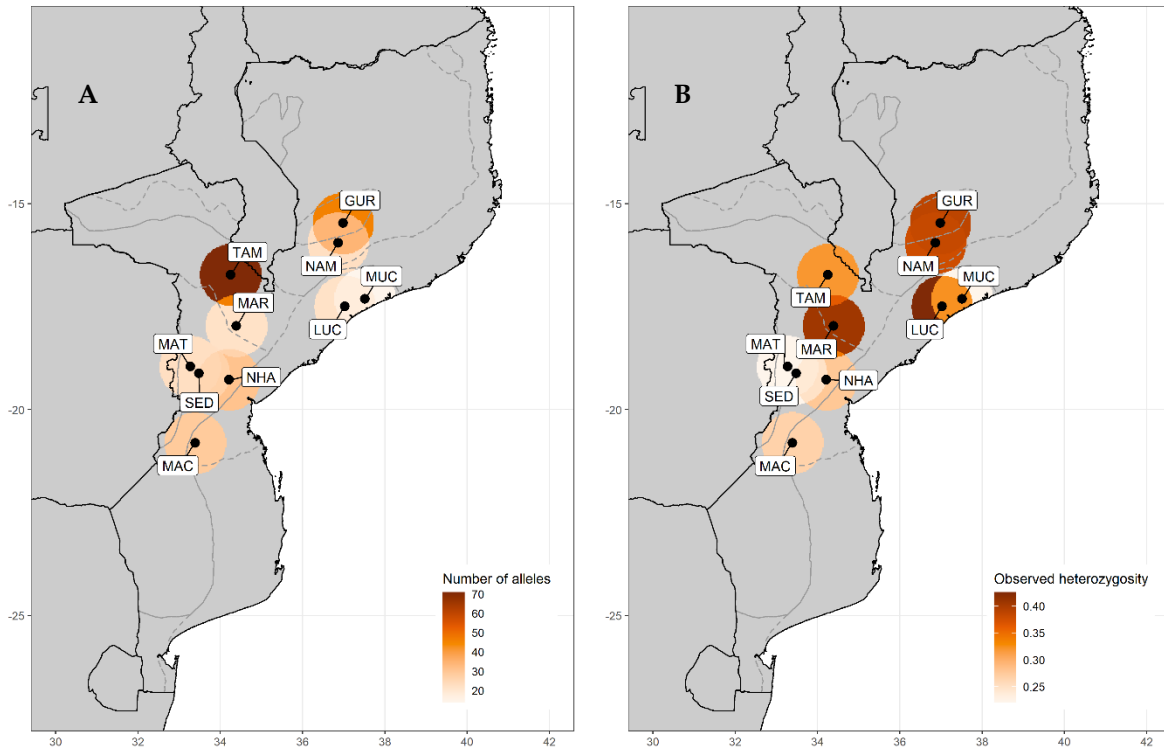
Primer name	Primer sequence 5'-3'	Gene Bank ID	N_a	H_o	H_e	F_{IS}
VuUGM33	F: AAAGGTGGGGATTATGAGG R: TGTCCAATCCTGATGGATGA	FG853417	83	0.907	0.806	-0.091
VuUGM71	F: TTCACAACCTGTCCACCTCA R: GCGTCCCAACAGATAAGAA	FG819327	125	0.143	0.548	0.783
VuUGM05	F: GCGGGATTCTATTCCAGTGA R: TCCATTGGGTTTCTCAACCT	FC459955	82	0.174	0.617	0.767
VuUGM39	F: CGAAAAAGCATGATCAACCA R: CCCCTTCGCTAAAATTCC	FG863845	97	0.149	0.749	0.851
VuUGM22	F: CAATCACCATTACCAAACA R: TATTGGGACTCAGGTCTTGG	FG908248	112	0.181	0.629	0.749
VuUGM31	F: TGGTTCACTTCCCATATTGTC R: AGGCAGAGACGAAGGAGTGA	FG932695	122	0.136	0.711	0.857
VuUGM40	F: TTCTACATGGTTTTGGGGTCA R: GAGCTTGCCCTCAAGAATTG	FG864565	145	1.003	0.671	-0.426
VuUGM68	F: TGATTGATGGTGGTGTAGCC R: GCACTTCACTCATCGTTGCT	FG807949	59	0.415	0.397	-0.008
VuUGM74	F: GCCTCCTCTCACAAACTTGC	FF547768	49	0.014	0.016	0.018

175
176 A total of 327 alleles were found among the set of *V. unguiculata* landraces, varying significantly
177 between sites ($P < 0.001$; Table 2). The number of alleles varied geographically from 14 in the coastal
178 area of Muchela to 71 in the dry western area of Tambara (Fig. 2). Allelic richness varied between
179 1.250 in Muchela and 1.751 in Gurué with no statistical differences being found between areas
180 ($P = 0.452$; Table 1). However, the number of private alleles varied significantly across areas ($P < 0.001$;
181 Table 2) with the highest number being found in Gurué, Tambara and Machaze (Fig. 3).

182 **Table 2.** Genetic diversity within the cowpea genotypes studied. The number of samples analysed
183 (N), total number of alleles (N_A), mean allelic richness (A_R), mean observed heterozygosity (H_o) and
184 expected heterozygosity (H_e), inbreeding coefficient (F_{IS}) and % selfing rate (s) are shown for each
185 population.

Populations	Province	AEZ	N	N_A	A_R	H_o	H_e	F_{IS}	s
Gurué (GUR)	North Zambezia	R10	6	46	1.751	0.389	0.688	0.506	60%
Namarroi (NAM)	North Zambezia	R7	4	23	1.534	0.379	0.454	0.250	25%
Muchela (MUC)	Central Zambezia	R7	4	14	1.250	0.222	0.535	-0.412	74%
Lucas Branco (LUC)	South Zambezia	R7	4	22	1.432	0.426	0.577	-0.032	41%
Nhamatanda (NHA)	Central Sofala	R4	4	31	1.682	0.278	0.479	0.707	59%
Maringué (MAR)	Central Sofala	R5	3	22	1.503	0.407	0.494	0.310	30%
Tambara (TAM)	North Manica	R6	23	71	1.612	0.320	0.654	0.592	68%
Sede nova (SED)	North Manica	R6	3	23	1.562	0.222	0.451	0.323	69%
Matsinho (MAT)	Central Manica	R4	3	23	1.577	0.221	0.451	0.156	67%
Machaze (MAC)	South Manica	R3	5	29	1.555	0.267	0.500	0.549	64%
IT-16	Commercial cultivar	R4	1	12	1.333	0.333	0.167	-	

186

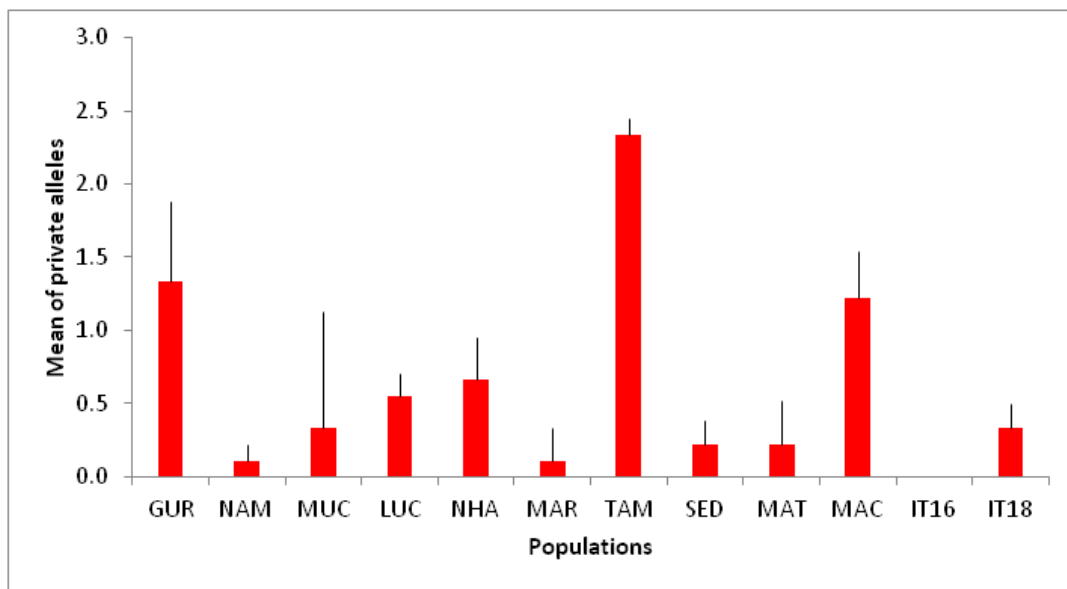


187

188

189

Figure 2. Map of the number of alleles (A) and observed heterozygosity (B) in 30 seconds (1km) grid cells applying a 1-degree circular neighborhood. Dashed lines indicate the agro-ecological zones [16].



190

191

192

193

194

195

Figure 3. Population structure of *Vigna unguiculata* based on 9 SSRs and using the best assignment result retrieved by STRUCTURE ($K = 4$). Each individual sample is represented by a thin vertical line divided into K coloured segments that represent the individual's estimated membership fractions in K clusters. Landraces and province are indicated below. AEZs are indicated in individual labels with different colours for better visualization. The two cultivars are also indicated.

196

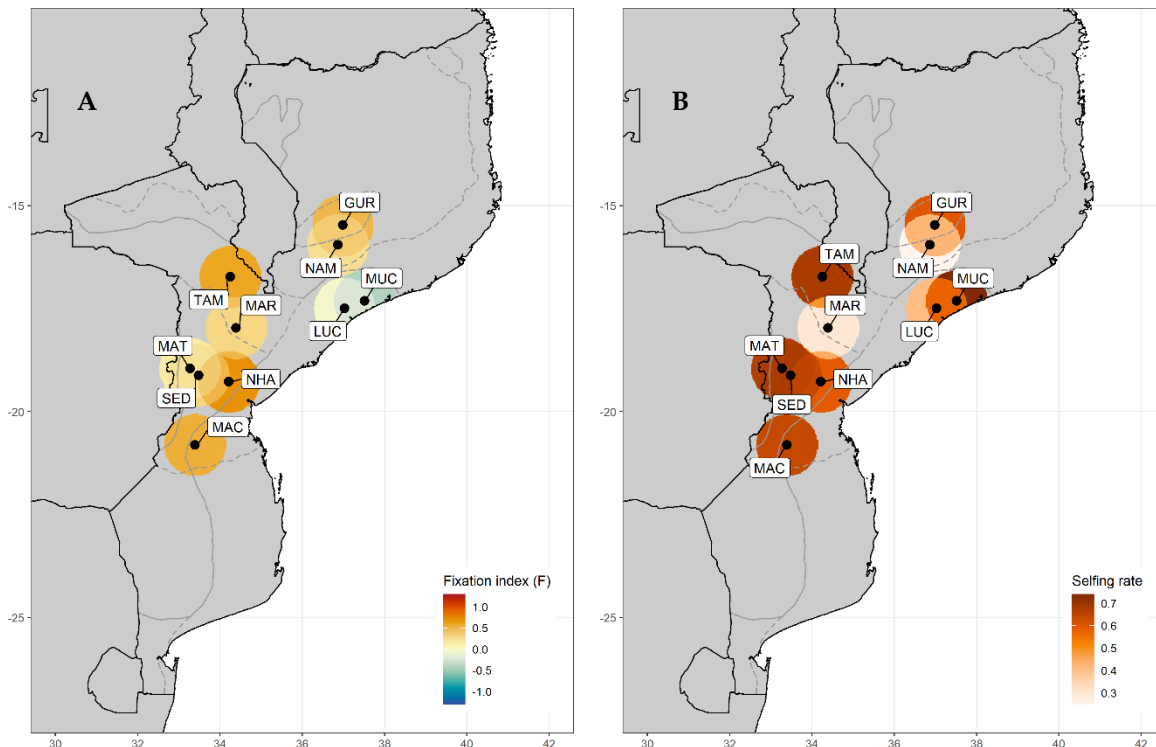
197

198

The mean observed heterozygosity varied significantly between 0.222 (Muchela, Sede Nova and Matsinho) and 0.426 (Lucas Blanco) ($P < 0.001$; Fig. 2), and the mean expected heterozygosity varied between 0.451 (Matsinho) and 0.654 (Tambara) without statistical differences ($P = 0.481$; Table 2). F_{IS}

199 values varied significantly between sites ($P < 0.001$; Table 2), ranging from negative values of -0.412
 200 in the coastal area of Muchela to positive values of 0.707 in the central area of Nhamatanda (Fig. 4). The
 201 rate of self-fertilization in *V. unguiculata* also varied significantly between sites ($P < 0.001$; Table 2) with
 202 the lowest values found in the northern region of Namarroi (25%) and the highest in the coastal area
 203 of Muchela (74%) (Fig. 4).

204 The two cultivars had a low number of alleles (IT-16: 11 and IT-18: 2) and allelic richness (IT-16:
 205 1.333 and IT-18: 1.222) constrained by the small sampling size. However, although the observed
 206 heterozygosity (IT-16: 0.333 and IT-18: 0.222) was higher than the expected one in both cultivars (IT-
 207 16: 0.167 and IT-18: 0.111; $P < 0.001$ in both cases), it was also lower than the ones found in most local
 208 landraces (Table 2; $P < 0.001$).



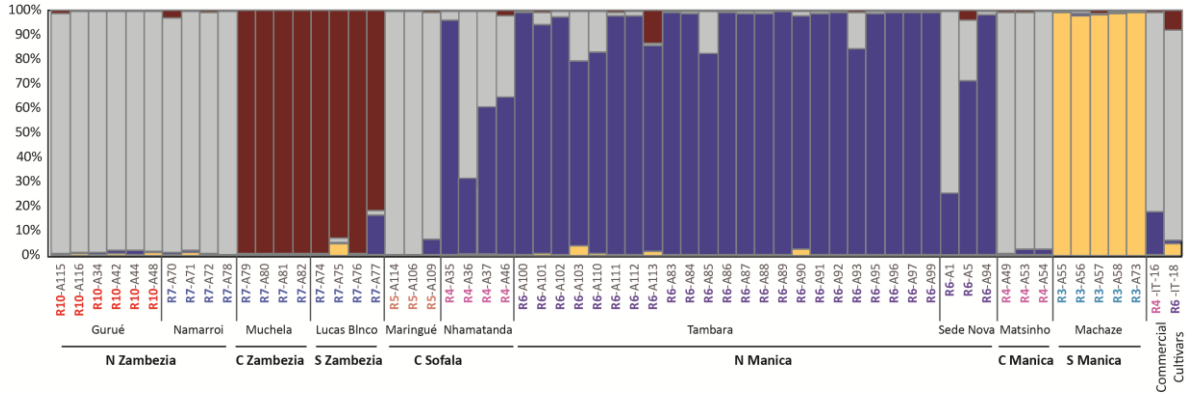
209
 210 **Figure 4.** Map of the fixation index (A) and selfing rate (B) in 30 seconds (1km) grid cells applying a
 211 1-degree circular neighborhood. Dashed lines indicate the agro-ecological zones [16].

212 3.2. Genetic structure of *V. unguiculata*

213 The Bayesian clustering program STRUCTURE found the highest $\text{LnP}(D)$ and ΔK values for $K =$
 214 4 (Fig. S1). Results showed a high degree of admixture between populations without any specific
 215 geographic pattern or clustering considering the different AEZs (Fig. 4). One cluster was
 216 predominant and grouped all landraces from North Zambezia, and most landraces from Sofala and
 217 Central Manica; the second cluster characterized Central and South Zambezia landraces; the third
 218 clustered landraces from North Manica as well as Central Sofala; the fourth cluster was exclusively
 219 composed by landraces from South Manica (Fig. 2). The two cultivars clustered with one the
 220 predominant group found in several populations, although both cultivars showed signs of admixture
 221 with the other clusters.

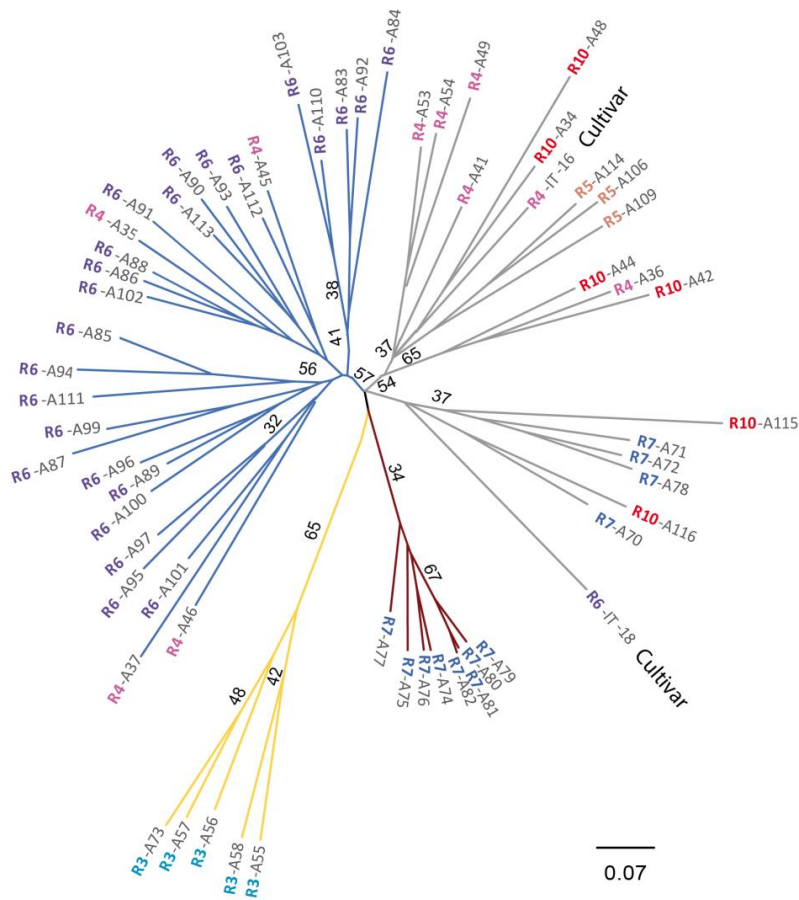
222 In accordance with these results, the NJ tree separated all groups assigned by STRUCTURE
 223 revealing again no general correlation with the geographical distribution of landraces (Fig. 5). All
 224 individuals from R3 and R7 were clustered into two different clades, one with 65% and the other with
 225 34% bootstrap support (BS) value (Fig. 5). Most individuals from R6 clustered in the same group (57%
 226 BS) while R4, R5 and R10 were clustered into two different groups. The two cultivars were nested
 227 within the wild populations, although in two different separated groups.

228 The PCoA spatially separated the landraces analysed into three main groups (Fig. 6). In
 229 accordance to the NJ tree, the landraces from R3 and R7 were separated from the main group: the
 230 first being on the up-left of axis 2 that accumulated 21.14% of variance while the second on the down-
 231 left of axis 2. All remaining landraces were clustered in a heterogeneous group containing also the
 232 two cultivars.



233
 234
 235
 236
 237
 238

Figure 5. Population structure of *Vigna unguiculata* based on 9 SSRs and using the best assignment result retrieved by STRUCTURE ($K = 4$). Each individual sample is represented by a thin vertical line divided into K coloured segments that represent the individual's estimated membership fractions in K clusters. Landraces and province are indicated below. AEZs are indicated in individual labels with different colours for better visualization. The two cultivars are also indicated.



239
 240
 241
 242

Figure 6. Unrooted neighbour-joining tree of the studied *Vigna unguiculata* landraces including the two cultivars, based on Nei's D_a genetic distance. Numbers associated with branches indicate bootstrap values (BS) based on 1000 replications. Only BS above 30 are shown. Colours of branches

243 indicate the four genetic groups found in STRUCTURE. AEZs are indicated in branch labels with
244 different colours following Fig. 3.

245 3.3. Genetic differentiation between populations

246 Overall, genetic differentiation was significantly low (AMOVA $F_{ST} = 0.199$, $P < 0.001$). The
247 analysis performed over the landraces sampled indicated that only 19.92% of the genetic variation
248 was attributed among AEZs (Table 3). The highest molecular variance was found among genotypes
249 within landraces (47.39%), followed by the one found within genotypes (32.69%; $P < 0.001$; Table 3).
250 Remarkably, a very low molecular variance was found between wild cowpea versus the cultivars
251 (0.12%) being most of the variance found among individuals within samples (65.58%; Table 3).

252 **Table 3.** Analysis of molecular variance (AMOVA) for the sampled populations of *Vigna*
253 *unguiculata*.

Source of variance	d.f.	Sum of squares	% of variance
Among landraces			
Among AEZs	6	77.612	19.92
Among genotypes within landraces	54	207.109	47.39
Within genotypes	61	60.001	32.69
Among cowpea landraces vs. cultivars			
Among samples	1	4.772	0.12
Among individuals within samples	58	279.949	65.58
Within individuals	61	60.000	34.30

254 4. Discussion

255 Landraces harbor a genepool of unexplored alleles that constitute an unique set of genetic
256 resources for breeding to improve productivity, nutritional value, adaptation and resilience to
257 climate change [29-32]. Given their evolutionary history and adaptation to local conditions, landraces
258 usually have higher genetic diversity and environmental resilience than modern varieties [33-36].
259 However, such richness tends to be lost because most of the current intensive agricultural systems is
260 based on few high-input and high-yielding cultivars [37]. Thus, a comprehensive characterization of
261 landraces towards the development of conservation and breeding strategies, is among the main clues
262 to face the major agricultural challenges related to population growth and environmental risks.

263 Despite the ongoing agricultural changes in Africa, according to our data, the nine
264 microsatellites employed in this study were highly polymorphic and revealed the existence of high
265 genetic diversity between landraces of *V. unguiculata* landraces from Mozambique (Table 1). A total
266 of 327 alleles were found among the 59 cowpea landraces, which can be attributed to high genetic
267 heterogeneity (Table 2). Indeed, the genetic diversity values found within the studied landraces (H_o :
268 0.222- 0.426; H_e : 0.451- 0.654) were much higher than the ones reported for cultivated cowpeas. For
269 instance, high-density single nucleotide polymorphism (SNP) genotyping using the Cowpea iSelect
270 Consortium Array studied population structure and genetic diversity in a set of 91 worldwide
271 cowpea accessions and found an average PIC and H_e of 0.25 and 0.31, respectively [8]. Similar results
272 were obtained by Huynh et al. [10] and Xiong et al. [9] using respectively, 422 cowpea landraces and
273 768 cowpea genotypes, collected in 56 countries.

274 In comparison, the two commercial cultivars (IT-16 and IT-18) had a very low number of alleles
275 and heterozygosity values, and cluster analyses (PcoA or NJ tree) showed no clear differentiation
276 between these modern varieties and landraces. Pairwise genetic distances reported in other studies
277 have also shown that African landraces were close to wild cowpea samples [10]. This suggests that
278 genetic diversity of these two commercial varieties is still close from the ones found in landraces
279 although more individuals are needed to accurately determine if genetic erosion is occurring.

280 Population structure analysis using worldwide cowpea samples usually delineate African
281 landraces into two major gene pools separated by the Congo River basin, the East/South and the West
282 Africa [8-10], although nothing has been reported for cowpea genetic structure within these regions.
283 Our study, focused on Mozambican (East Africa) landraces, found four genetic groups with a high
284 degree of admixture (Fig. 4). No specific geographic pattern or clustering was found considering the
285 different AEZs either in the NJ tree or the PcoA (Fig. 5,6), which supports the presence of gene flow
286 between these regions. The rate of self-fertilization in *V. unguiculata* varied across populations (25-
287 74%; Table 2; Fig. 3) supporting the possibility of gene flow between individuals. In fact, two
288 populations (Lucas and Muchela) exhibited negative FIS values indicating that these populations are
289 less related than expected under random mating (Fig. 3) which could imply fewer homozygotes and
290 consequently cross-breeding. Nonetheless, most of the remaining populations had low FIS values
291 (0.1-0.3) which indicates that inbreeding might not be prevalent.

292 The analysis of genetic differentiation indicated that most of the genetic variation was explained
293 by differences among genotypes within landraces (Table 3), which also supports the hypothesis of
294 gene flow. This low genetic differentiation and the absence of a geographical pattern associated with
295 AEZs might be due to crossbreeding between individuals but also to seed exchange by farmers. Seed
296 exchange is a common practice between African farmers of neighbouring areas [38] and could explain
297 the specific genetic cluster found in the isolated landraces of South Manica that shows no admixture
298 with the remaining ones. It is economical unfeasible for seed companies to distribute small amounts
299 of seeds over long rural distances in Africa, and therefore certified, commercial seeds do not reach
300 the farmers [39] In addition, certified seeds are generally expensive and farmers are unwilling to buy
301 them at a cost twice or more than that of the grain [39]. Nonetheless, continuous recycling of seeds
302 decreases results in poor grain yields [38] highlighting the importance of conserving landraces and
303 their seed stock.

304 The high genetic diversity found in Mozambique, in comparison to other world regions
305 reinforces the importance of local landraces to widen the genetic base of modern varieties of cowpea.
306 The results of this study underline the hidden genetic diversity in local landraces, which should be
307 conserved as sublines in genebanks to avoid the expected reduction of genetic diversity within
308 successive regeneration of bulk samples. The high levels of genetic differentiation found within
309 landraces (but not among AEZs) could imply the presence of different phenotypes, which should be
310 conserved to retain the full pool of genes and morphological combinations within landraces. These
311 suggest the existence of a valuable gene pool in Mozambican landraces, which might exhibit desired
312 traits for exploitation in future breeding programs. In fact, according to Gomes et al [7], the
313 comparison of landraces A55 from R3, A80 from R7, and A116 from R10, clustering in different
314 groups (Fig. 6), revealed contrasting responses, respectively leading to high sensitivity, mild
315 sensitivity and high tolerance to drought stress related to the regulation of photosynthesis, C/N
316 metabolism and antioxidative status [7].

317 A priority for *in situ, on farm* conservation should be given to the landraces of Gurué, Tambara
318 and Machaze, that showed a high number of private alleles (Fig. 3), and belong to different genetic
319 groups according to STRUCTURE (Fig. 4). *On farm* conservation allows the evolution of landraces,
320 retaining potentially useful genetic variation needed to maintain crops ability to adapt to changes
321 [40]. However, genetic diversity conserved *on farm* is complementary to that found in the genebank,
322 and both systems are required for efficient conservation of cowpea. Thus, further to molecular tools,
323 farmer's knowledge should be employed to optimize sampling of sublines within landraces for *ex*
324 *situ* conservation. A core germplasm collection should include most of cowpea genetic diversity,
325 which can be used from the results outlined in this study. The results of this work encourage a broad
326 network of *on farm* activities that should be enrolled in a socio-economic framework to complement
327 genebank collections. This is also the best way to prevent genetic erosion in the genebank while
328 maintaining and expanding cultivation of cowpea in a wide range of environmental conditions.

329 **Supplementary Materials:** The following are available online at www.mdpi.com/xxx/s1, Table S1: List of the
330 sampled 59 cowpea accessions sorted by locality and province. The agro-ecological zone (AEZ) is indicated, as

331 well as the number of landraces studied within each population (59 landraces). The two commercial cultivars
332 are also indicated.

333 **Author Contributions:** For research articles with several authors, a short paragraph specifying their individual
334 contributions must be provided. The following statements should be used “Conceptualization, A.M.F.G., N.N.,
335 R.M., J.C.R., I.M., A.I.R.B; methodology, A.M.F.G., D.D., P.B.S., P.T., F.S.; software, D.D.; I.M.; validation,
336 A.M.F.G., D.D., P.T., F.S. and I.M.; formal analysis, A.M.F.G., D.D., P.T., F.S. and I.M. ; investigation, A.M.F.G.,
337 D.D., P.B.S., I.M. and A.I.R-B.; resources, N.N., P.T., F.S., R.M., J.C.R. and A.I. R-B.; data curation, D.D., P.T.,
338 J.C.R., I.M. and A.I.R-B.; writing—original draft preparation, A.M.F.G, I.M. and A.I.R-B; writing—review and
339 editing, all co-authors; visualization, D.D. and I.M.; supervision, R.M., J.C.R., I.M. and A.I.R-B.; project
340 administration, R.M., J.C.R. and A.I.R-B.; funding acquisition, N.N., R.M. and A.I.R-B.. All authors have read
341 and agreed to the published version of the manuscript.

342 **Funding:** This research was funded by funds from the Mozambican FUNDO NACIONAL DE INVESTIGAÇÃO
343 (Project 201-Inv-FNI), NUFFIC, the Netherlands (Project NICHE-Moz-151), and by Fundação para a Ciência e a
344 Tecnologia, I.P., through the PhD fellowship SFRH/BD/113952/2015 (A.M.F.G.) and the post-doctoral fellowship
345 SFRH/BPD/100384/2014 (D.D), the research units UID/04129/2020 (LEAF), UIDP/04035/2020 (GeoBioTec), and
346 UIDB/00239/2020 (CEF), and the APC.

347 **Conflicts of Interest:** Declare conflicts of interest or state “The authors declare no conflict of interest.” Authors
348 must identify and declare any personal circumstances or interest that may be perceived as inappropriately
349 influencing the representation or interpretation of reported research results. Any role of the funders in the design
350 of the study; in the collection, analyses or interpretation of data; in the writing of the manuscript, or in the
351 decision to publish the results must be declared in this section. If there is no role, please state “The funders had
352 no role in the design of the study; in the collection, analyses, or interpretation of data; in the writing of the
353 manuscript, or in the decision to publish the results”.

354 References

- 355 1. Boukar, O.; Belko, N.; Chamarthi, S.; Togola, A.; Batieno, J.; Owusu, E.; Haruna, M.; Diallo, S.; Umar, M.L.;
356 Olufajo, O.; Fatokun, C. Cowpea (*Vigna unguiculata*): genetics, genomics and breeding. *Plant Breed.* **2019**,
357 *138*, 415–424.
- 358 2. Goncalves, A.; Goufo, P., Barros, A.; Dominguez-Perles, R.; Trindade, H.; Rosa, E.A.; Ferreira, L.;
359 Rodrigues, M. Cowpea (*Vigna unguiculata* L. Walp), a renewed multipurpose crop for a more sustainable
360 agri-food system: nutritional advantages and constraints. *J. Sci. Food Agric.* **2016**, *96*, 2941-2951.
- 361 3. Jayathilake, C.; Visvanathan, R.; Deen, A.; Bangamuwage, R.; Jayawardana, B.C.; Nammi, S.; Liyanage, R.
362 Cowpea: an overview on its nutritional facts and health benefits. *J. Sci. Food Agric.* **2018**, *98*, 4793-4806.
- 363 4. Bado, B.; Bationo, A.; Cescas, M. Assessment of cowpea and groundnut contributions to soil fertility and
364 succeeding sorghum yields in the Guinean savannah zone of Burkina Faso (West Africa). *Biol. Fertil. Soils*
365 **2006**, *43*, 171-176.
- 366 5. Gomes, A.M.F.; Nhantumbo, N.; Ferreira-Pinto, M.; Massinga, R.; Ramalho, J.C.; Ribeiro-Barros, A.
367 Breeding Elite Cowpea [*Vigna unguiculata* (L.) Walp] Varieties for Improved Food Security and Income in
368 Africa: Opportunities and Challenges. In *Legume Crops*; El-Esawi, M.A., Ed.; IntechOpen: London, U.K.,
369 2019; 636.
- 370 6. Goufo, P.; Moutinho-Pereira, J.M.; Jorge, T.F.; Correia, C.M.; Oliveira, M.R.; Rosa, E.A.S.; António, C.;
371 Trindade, H. Cowpea (*Vigna unguiculata* L. Walp.) metabolomics: osmoprotection as a physiological
372 strategy for drought stress resistance and improved yield. *Front. Plant Sci.* **2017**, *8*, 586.
- 373 7. Gomes, A.M.F.; Rodrigues, A.P.; António, C.; Rodrigues, A.M.; Leitão, A.E.; Batista-Santos, P.; Nhantumbo,
374 N.; Massinga, R.; Ribeiro-Barros, A.I.; Ramalho, J.C. Drought response of cowpea (*Vigna unguiculata* (L.)
375 Walp.) landraces at leaf physiological and metabolite profile levels. *Environ. Exp. Bot.* **2020**, *175*, 104060.
- 376 8. Carvalho, M.; Lino-Neto, T.; Rosa, E.; Carnide, V. Cowpea: a legume crop for a challenging environment.
377 *J. Sci. Food Agric.* **2017**, *97*, 4273-4284.
- 378 9. Xiong, H.; Shi, A.; Mou, B.; Qin, J.; Motes, D.; Lu, W.; Ma, J.; Weng, Y.; Yang, W.; Wu, D. Genetic diversity
379 and population structure of cowpea (*Vigna unguiculata* L. Walp). *PLoS ONE* **2016**, *11*, e0160941.
- 380 10. Huynh, B.; Close, T.J.; Roberts, P.A.; Hu, Z.; Wanamaker, S.; Lucas, M.R.; Chiulele, R.; Cissé, N.; David, A.;
381 Hearne, S.; Fatokun, C.; Diop, N.N., Ehlers, J.D. Gene pools and the genetic architecture of domesticated
382 cowpea. *Plant Genome* **2013**, *6*, 1–8.

- 383 11. Fang, J.; Chao, C.T.; Roberts, P.A.; Ehlers, J.D. Genetic diversity of cowpea [*Vigna unguiculata* (L.) Walp.] in
384 four West African and USA breeding programs as determined by AFLP analysis. *Genet. Resour. Crop Evol.*
385 **2007**, *54*, 1197–1209.
- 386 12. Mahalakshmi, V.; Ng, Q.; Lawson, M.; Ortiz, R. Cowpea [*Vigna unguiculata* (L.) Walp.] core collection
387 defined by geographical, agronomical and botanical descriptors. *Plant Genet. Resour.* **2007**, *5*, 113–119.
- 388 13. Ehlers, J.D.; Hall, A.E. Cowpea (*Vigna unguiculata* (L.) Walp.). *Field Crops Res.* **1997**, *53*, 187–204.
- 389 14. Ficiciyan, A.; Loos, J.; Sievers-Glotzbach, S.; Tschamtkke, T. More than yield: ecosystem services of
390 traditional versus modern crop varieties revisited. *Sustainability* **2018**, *10*, 28–34.
- 391 15. Hagenblad, J., Zie, J., Leino, M.W. Exploring the population genetics of genebank and historical landrace
392 varieties. *Genet. Resour. Crop Evol.* **2012**, *59*, 1185–1199.
- 393 16. Ministry of Agriculture and Fisheries (MAF). Agroecological zones and production systems. Working
394 Document 2/B, Program of Investment in Agricultural Extension, Process of the Formulation of Proagri.
395 Ministry of Agriculture and Fisheries: Maputo, Mozambique, 1996.
- 396 17. Gupta, S.K.; Gopalakrishna, T. Development of unigene-derived SSR markers in cowpea (*Vigna*
397 *unguiculata*) and their transferability to other *Vigna* species. *Genome* **2010**, *53*, 508–523.
- 398 18. Goudet, J. FSTAT, a program to estimate and test gene diversities and fixation indices (Version 2.9.3.2).
399 2002. Available at: <http://www.unil.ch/izea/software/fstat> (accessed 03 of November of 2019).
- 400 19. Peakall, R.; Smouse, P.E. GenAEx 6 genetic analysis in Excel. Population genetic software for teaching and
401 research. *Mol. Ecol. Notes* **2006**, *6*, 288–295.
- 402 20. Ritland, K. Inferences about inbreeding depression based on changes of the inbreeding coefficient.
403 *Evolution* **1990**, *44*, 1230–1241.
- 404 21. Pritchard, J.K.; Stephens, M.; Rosenberg, N.A.; Donnelly, P. Association mapping in structured
405 populations. *Am. J. Hum. Genet.* **2000**, *67*, 170–181.
- 406 22. Earl, D.A.; von Holdt, B.M. STRUCTURE HARVESTER: a website and program for visualizing
407 STRUCTURE output and implementing the Evanno method. *Conservation Genet. Resour.* **2012**, *4*, 359–
408 361.
- 409 23. Evanno, G.; Regnaut, S.; Goudet, J. Detecting the number of clusters of individuals using the software
410 structure: a simulation study. *Mol. Ecol.* **2005**, *8*, 2611–2620.
- 411 24. Jakobsson, M.; Rosenberg, N.A. CLUMPP: a cluster matching and permutation program for dealing with
412 label switching and multimodality in analysis of population structure. *Bioinformatics* **2007**, *23*, 1801–1806.
- 413 25. Langella, O. (2000). POPULATIONS 1.2.30. Laboratoire Populations. Genetique et Evolution. Centre
414 National de la Recherche Scientifique, CNRS UPR9034: Gif Sur Yvette, France, 2007.
- 415 26. Nei, M.; Tajima, F.; Tateno, Y. Accuracy of estimated phylogenetic trees from molecular data. II. Gene
416 frequency data. *J. Mol. Evol.* **1983**, *19*, 153–170.
- 417 27. Peakall, R.; Smouse, P.E. GENALEX 6: Genetic analysis in Excel. Population genetic software for teaching
418 and research. *Mol. Ecol. Notes* **2006**, *6*, 288–295.
- 419 28. Excoffier, L.; Laval, G.; Schneider, S. ARLEQUIN, Ver 3.0. An integrated software package for population
420 genetic data analysis. *Evol. Bioinformatics Online* **1983**, *1*, 47–50.
- 421 29. Lopes, M.S.; El-Basyoni, I.; Baenziger, P.S.; Singh, S.; Royo, C.; Ozbek, K.; Aktas, H.; Ozer, E.; Ozdemir, F.;
422 Manickavelu, A.; Ban, T.; Vikram, P. Exploiting genetic diversity from landraces in wheat breeding for
423 adaptation to climate change. *J. Exp. Bot.* **2015**, *66*, 3477–3486.
- 424 30. Dwivedi, S.L.; Ceccarelli, S.; Blair, M.W.; Upadhyaya, H.D.; Are, A.K.; Ortiz, R. Landrace germplasm for
425 improving yield and abiotic stress adaptation. *Trends Plant Sci.* **2016**, *21*, 31–42.
- 426 31. Monteagudo, A.; Casas, A.M.; Cantalapiedra, C.P.; Contreras-Moreira, B.; Gracia, M.P.; Igartua, E.
427 Harnessing novel diversity from landraces to improve an elite barley variety. *Front. Plant Sci.* **2019**, *10*, 434.
- 428 32. Hour, A.; Hsieh, W.; Chang, S.; Wu, Y.; Chin, H.; Lin, Y. Genetic diversity of landraces and improved
429 varieties of rice (*Oryza sativa* L.) in Taiwan. *Rice*. Preprint available at <https://doi.org/10.21203/rs.3.rs-44140/v1>.
- 430
- 431 33. Ganeva, G.M.; Korzun, V.; Landjeva, S.; Popova, Z.; Christov, N.K. Genetic diversity assessment of
432 Bulgarian durum wheat (*Triticum durum* Desf.) landraces and modern cultivars using microsatellite
433 markers. *Genet. Resour. Crop Evol.* **2010**, *57*, 273–285.
- 434 34. Kumbhar, S.D.; Kulwal, P.L.; Patil, J.V.; Sarawate, C.D.; Gaikwad, A.P.; Jadhav, A.S. Genetic diversity and
435 population structure in landraces and improved rice varieties from India. *Rice Sci.* **2015**, *22*, 99–107.

- 436 35. Soriano, J.M.; Villegas, D.; Aranzana, M.J.; García del Moral, L.F.; Royo, C. Genetic structure of modern
437 durum wheat cultivars and Mediterranean landraces matches with their agronomic performance. *PLoS*
438 *ONE* **2016**, *11*, e0160983.
- 439 36. Pascual, L.; Ruiz, M.; López-Fernández, M.; Pérez-Peña, H.; Benavente, H.; Vázquez, J.F.; Sansaloni, C.;
440 Giraldo, P. Genomic analysis of Spanish wheat landraces reveals their variability and potential for
441 breeding. *BMC Genomics* **2020**, *21*, 122.
- 442 37. FAO/IPGRI. Review and development of indicators for genetic diversity, genetic erosion and genetic
443 vulnerability (GDEV): summary report of a joint FAO/IPGRI workshop. FAO/IPGRI: Rome, Italy, 2002.
- 444 38. Njonjo, M.W.; Muthomi, J.W.; Mwang'ombe, A.W. Production practices, postharvest handling, and quality
445 of cowpea seed used by farmers in Makueni and Taita Taveta counties in Kenya. *Int. J. Agron.* **2019**, article
446 ID1607535.
- 447 39. Kimani, P.; Kamundia, D.K.; Narla, R.D.; Mwang'ombe, A.W. An integrated seed delivery system and seed
448 research in Kenya: case studies of pigeon pea, onion and dry bean. In *Seed Systems, Science, and Policy in*
449 *East and Central Africa*; Francis, J.A., Ed.; CTA: The Hague, The Netherlands, 2014.
- 450 40. Bellon, M.R.; van Etten, J. Climate change and on-farm conservation of crop landraces in centres of diversity
451 In *Plant Genetic Resources and Climate Change*; CABI Publishing: Egham, U.K., 2014
452

453 **Publisher's Note:** MDPI stays neutral with regard to jurisdictional claims in published maps and institutional
454 affiliations.



© 2020 by the authors. Submitted for possible open access publication under the terms and conditions of the Creative Commons Attribution (CC BY) license (<http://creativecommons.org/licenses/by/4.0/>).

455