

ORIGINAL ARTICLE

Gigantism and Acromegaly Due to Xq26 Microduplications and *GPR101* Mutation

G. Trivellin, A.F. Daly, F.R. Faucz, B. Yuan, L. Rostomyan, D.O. Larco, M.H. Scherthaner-Reiter, E. Szarek, L.F. Leal, J.-H. Caberg, E. Castermans, C. Villa, A. Dimopoulos, P. Chittiboina, P. Xekouki, N. Shah, D. Metzger, P.A. Lysy, E. Ferrante, N. Strebkova, N. Mazerkina, M.C. Zatelli, M. Lodish, A. Horvath, R. Bertollo de Alexandre, A.D. Manning, I. Levy, M.F. Keil, M. de la Luz Sierra, L. Palmeira, W. Coppieters, M. Georges, L.A. Naves, M. Jamar, V. Bours, T.J. Wu, C.S. Choong, J. Bertherat, P. Chanson, P. Kamenický, W.E. Farrell, A. Barlier, M. Quezado, I. Bjelobaba, S.S. Stojilkovic, J. Wess, S. Costanzi, P. Liu, J.R. Lupski, A. Beckers, and C.A. Stratakis

ABSTRACT

BACKGROUND

Increased secretion of growth hormone leads to gigantism in children and acromegaly in adults; the genetic causes of gigantism and acromegaly are poorly understood.

METHODS

We performed clinical and genetic studies of samples obtained from 43 patients with gigantism and then sequenced an implicated gene in samples from 248 patients with acromegaly.

RESULTS

We observed microduplication on chromosome Xq26.3 in samples from 13 patients with gigantism; of these samples, 4 were obtained from members of two unrelated kindreds, and 9 were from patients with sporadic cases. All the patients had disease onset during early childhood. Of the patients with gigantism who did not carry an Xq26.3 microduplication, none presented before the age of 5 years. Genomic characterization of the Xq26.3 region suggests that the microduplications are generated during chromosome replication and that they contain four protein-coding genes. Only one of these genes, *GPR101*, which encodes a G-protein–coupled receptor, was overexpressed in patients' pituitary lesions. We identified a recurrent *GPR101* mutation (p.E308D) in 11 of 248 patients with acromegaly, with the mutation found mostly in tumors. When the mutation was transfected into rat GH3 cells, it led to increased release of growth hormone and proliferation of growth hormone–producing cells.

CONCLUSIONS

We describe a pediatric disorder (which we have termed X-linked acrogigantism [X-LAG]) that is caused by an Xq26.3 genomic duplication and is characterized by early-onset gigantism resulting from an excess of growth hormone. Duplication of *GPR101* probably causes X-LAG. We also found a recurrent mutation in *GPR101* in some adults with acromegaly. (Funded by the Eunice Kennedy Shriver National Institute of Child Health and Human Development and others.)

The authors' full names, academic degrees, and affiliations are listed in the Appendix. Address reprint requests to Dr. Stratakis at 10 Center Dr., Bldg. 10, National Institutes of Health, Clinical Research Center, Rm. 1-3330, MSC1103, Bethesda, MD 20892-1862, or at stratack@mail.nih.gov; or to Dr. Beckers at the Department of Endocrinology, Centre Hospitalier Universitaire de Liège (B35), Domaine Universitaire du Sart-Tilman, 4000 Liege, Belgium, or at albert.beckers@chu.ulg.ac.be.

Drs. Trivellin and Daly, and Drs. Beckers and Stratakis, contributed equally to this article.

This article was published on December 3, 2014, at NEJM.org.

DOI: 10.1056/NEJMoa1408028

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SOMATIC GROWTH IS ORCHESTRATED BY A complex hormonal crosstalk involving the hypothalamus, pituitary, and peripheral tissues.¹ Genetic disorders that affect this network can lead to increased secretion of growth hormone, which results in acromegaly. If the excess in growth hormone occurs before epiphyseal fusion, the result can be gigantism. Nonsyndromic gigantism is most frequently caused by pituitary adenomas occurring as familial isolated pituitary adenomas or sporadically, usually as a result of mutations in the gene encoding aryl hydrocarbon receptor–interacting protein (AIP).^{2–4} Other monogenic diseases can cause gigantism, but most of these conditions develop in adulthood in association with other tumors.⁵ In young children, somatic overgrowth that is due to an excess of growth hormone is rare, and the cause is unknown. Other syndromic genetic overgrowth conditions in children, such as the Sotos syndrome and the Simpson–Golabi–Behmel syndrome, are not associated with pituitary abnormalities.^{6,7}

We report a striking phenotype of gigantism that has an onset in early childhood and that is caused by an excess of growth hormone. The disorder is associated with heritable microduplications on chromosome Xq26.3. There are four genes in the duplicated stretch of DNA; one of these, *GPR101*, encodes an orphan G-protein–coupled receptor and is probably the gene that drives the phenotype in young children and the growth of sporadic growth hormone–producing adenomas in some patients with acromegaly.

METHODS

PATIENTS

We analyzed samples obtained from 43 patients with gigantism who had hypersecretion of growth hormone, evidence of an anterior pituitary lesion on magnetic resonance imaging, a height on country-specific growth charts of either more than the 97th percentile or more than 2 SD above the mean height for age, and negative test results for mutations or deletions in genes associated with pituitary adenomas (Table 1). Details with respect to one family with this syndrome^{8,9} and two patients with sporadic disease^{10,11} have been described previously.

GENETIC ANALYSES

We sequenced the four genes in the duplicated region on chromosome Xq26.3 in 259 germline

and tumor DNA samples that were obtained from 248 patients with sporadic acromegaly (Table S1 in the Supplementary Appendix, available with the full text of this article at NEJM.org). We sequenced *GPR101* and performed array comparative genomic hybridization (aCGH) on germline DNA in samples obtained from 13 families with familial isolated pituitary adenomas without *AIP* mutations. We used quantitative reverse-transcriptase–polymerase-chain-reaction (qRT-PCR) assays to measure the expression levels of duplicated genes in both leukocytes and pituitary tumors. We performed comparative protein-structure modeling on *GPR101* using Modeller software, version 9.13.¹² We determined the level of growth hormone and cyclic AMP (cAMP) and the rate of cellular proliferation after transient overexpression of each of the four implicated genes in GH3 cells obtained from rat pituitary tumors.

STUDY OVERSIGHT

The institutional review board at each of the participating institutions approved our studies. We studied the anonymized samples from international acromegaly cohorts with approval from the National Institutes of Health Intramural Office for Human Research Protections. Written informed consent was obtained from all adult patients and parents or guardians of children with early-onset gigantism.

RESULTS

CLINICAL PRESENTATION

The clinical and biochemical characteristics of the 43 patients who had nonsyndromic gigantism without abnormalities in genes associated with pituitary tumors are presented in Table 1. Genetic analyses delineated two phenotypes: an early-childhood form of gigantism with a typical onset in late infancy (Fig. 1) and a second form with a typical onset in adolescence.

IDENTIFICATION OF Xq26.3 MICRODUPLICATION

We detected microduplications on chromosome Xq26.3 in samples obtained from patients with the early-childhood form of gigantism (Fig. 2, and Fig. S1, S2, and S3 in the Supplementary Appendix). Nine of the 13 patients with an Xq26.3 microduplication and the 1 probable carrier (an affected mother with gigantism) were female and were of normal size at birth. All the patients grew rapidly during infancy, attaining a median

Table 1. Clinical Characteristics of 43 Patients with Gigantism with and without Xq26.3 Microduplications.

Characteristic	Xq26.3 Microduplication (N=14)	No Xq26.3 Microduplication (N=29)	P Value
Female sex — no. (%)	10 (71)	7 (24)	0.007
Median age at onset of rapid growth (range) — yr	1.0 (0.5 to 2.0)	16.0 (5.0 to 18.0)	<0.001
Median age at diagnosis (range) — yr	3 (1 to 22)	21 (5 to 34)	<0.001
Median height at diagnosis (range) — cm	116 (99 to 175)	187 (171 to 209)	<0.001
Median standard-deviation score for height at diagnosis (range)	+3.8 (+1.9 to +7.1)	+3.3 (+2.1 to +5.8)	0.45
Elevated levels of growth hormone and insulin-like growth factor 1 at diagnosis — no. (%)	14 (100)	29 (100)	1.00
No suppression of growth hormone during oral glucose-tolerance test — no. (%)	14 (100)	29 (100)	1.00
Median factor increase in insulin-like growth factor 1 at diagnosis (range) — multiple of ULN	4.4 (2.4 to 5.2)	2.1 (1.4 to 5.3)	0.005
Elevated prolactin level at diagnosis — no. (%)	13 (93)	6 (21)	<0.001
Median maximum tumor diameter (range) — cm	16 (10 to 39)	20 (9 to 41)	0.16
Adenoma or hyperplasia — no. (%) [†]			
Both adenoma and hyperplasia	2 (14)	0	
Adenoma only	10 (71)	29 (100)	—
Hyperplasia only	1 (7)	0	
Type of syndrome — no. (%)			
Sporadic	9 (64)	29 (100)	—
Familial	5 (36) [‡]	0	
Siblings with normal growth — no./total no. (%)	9/11 (82)	29/29 (100)	—

* ULN denotes upper limit of the normal range.

[†] The presence of hyperplasia or adenoma could not be determined in one patient who did not undergo surgery.

[‡] In one patient with the familial syndrome, pituitary gigantism was diagnosed in the mother and son at the same visit, when the son was 8 years of age and the mother was 22 years of age. The mother had had tall stature and acromegalic features since childhood for which she had not been referred for medical attention. The clinical data for the mother, for whom DNA was not available, are included.

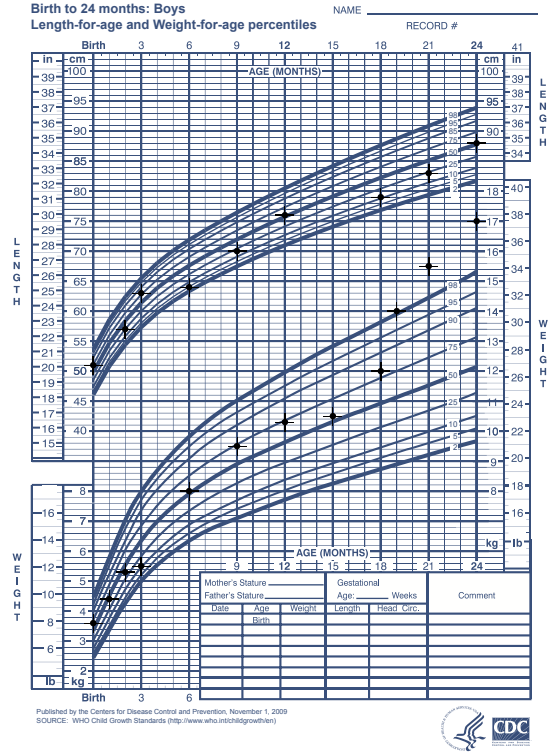
height score of +3.8 SD at diagnosis (median age, 36 months). At the time of diagnosis, they showed marked overall somatic growth, with elevated weight and an enlarged head circumference (median, 51.2 cm). The onset of accelerated growth and the onset of accelerated weight gain usually coincided but were not always synchronous (Fig. 1, and Fig. S4 in the Supplementary Appendix). As compared with patients who did not have an Xq26.3 microduplication, those with the microduplication had an earlier median age at the onset of abnormal growth (12 months vs. 16 years), an increased acceleration in height, and elevated levels of insulin-like growth factor 1 and prolactin (Table 1). We did not observe precocious puberty in the microduplication carriers. Levels of peripheral growth hormone-releasing hormone did not suggest ectopic secretion of this

hormone, and nuclear imaging scans were negative for other tumors.

Of the 13 patients who underwent surgery, 10 had pituitary macroadenomas alone (median maximum diameter, 16 mm), and 3 patients had pituitary hyperplasia, with or without an identified adenoma (Fig. 3H). In all the patients, hormonal control was not achieved with medical therapy alone. Such control required either radical or repeated neurosurgery alone (in 4 patients) or in combination with the administration of the growth hormone receptor antagonist pegvisomant (in 3 patients) or radiotherapy (in 2 patients). Seven patients had permanent hypopituitarism at the time of this study.

The common duplicated genomic segment was approximately 500 kb in length, from position 135,627,637 to 136,118,269 (GRCh37/hg19)

A



B



C

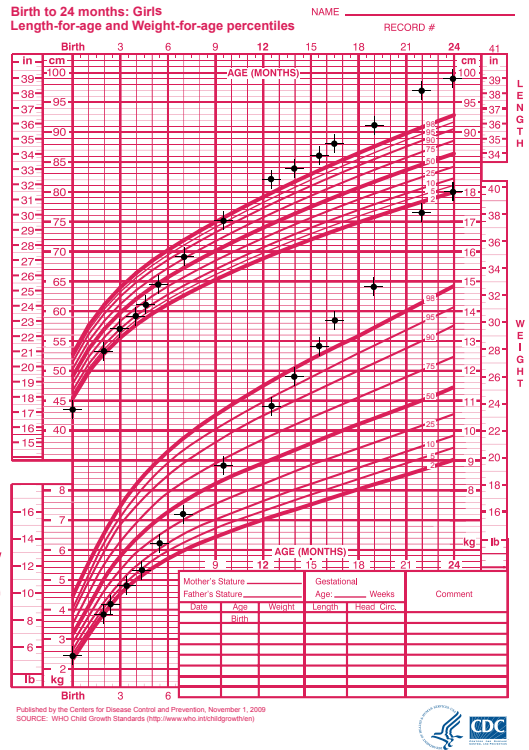


Figure 1 (facing page). Familial and Sporadic Cases of Gigantism and Male and Female Growth Patterns Due to the Xq26.3 Microduplications.

Panel A shows Patient F1C, who has familial gigantism, at the age of 3 years. His growth chart up to 24 months of age shows the rapid acceleration in weight, although the acceleration in height did not begin until after his second birthday (Fig. S4 in the Supplementary Appendix). Panel B shows an unaffected mother and her daughter (Patient S6), who has sporadic gigantism and whose height was 120 cm at the age of 3 years. A growth chart for Patient S4 (Panel C), another girl with sporadic gigantism, illustrates the typical early increase in height and weight seen in patients with Xq26.3 microduplications, starting at the age of 6 months in this child.

among the affected patients. One family with familial isolated pituitary adenomas included an affected mother and two affected sons (who have been described previously⁸) with the same Xq26.3 microduplication; the unaffected father did not have the duplication. In another family with this condition, the mother had childhood-onset gigantism and a histologically confirmed pituitary macroadenoma but had died of complications of hypopituitarism. She had two children: the son carried the Xq26.3 microduplication and had childhood-onset gigantism (Patient F2A), and the healthy daughter did not have the duplication. The most parsimonious explanation is that the son inherited the X-linked disease from his carrier mother. Hence, Xq26.3 microduplications can be considered to be a new pathogenic explanation in certain kindreds with familial isolated pituitary adenomas that have acrogigantism without AIP mutations.

(Fig. 2). One patient had a complex genomic rearrangement, with two duplicated segments that were separated by a short region of normal genomic sequence. No other patterns of duplication or deletion or homozygosity were shared

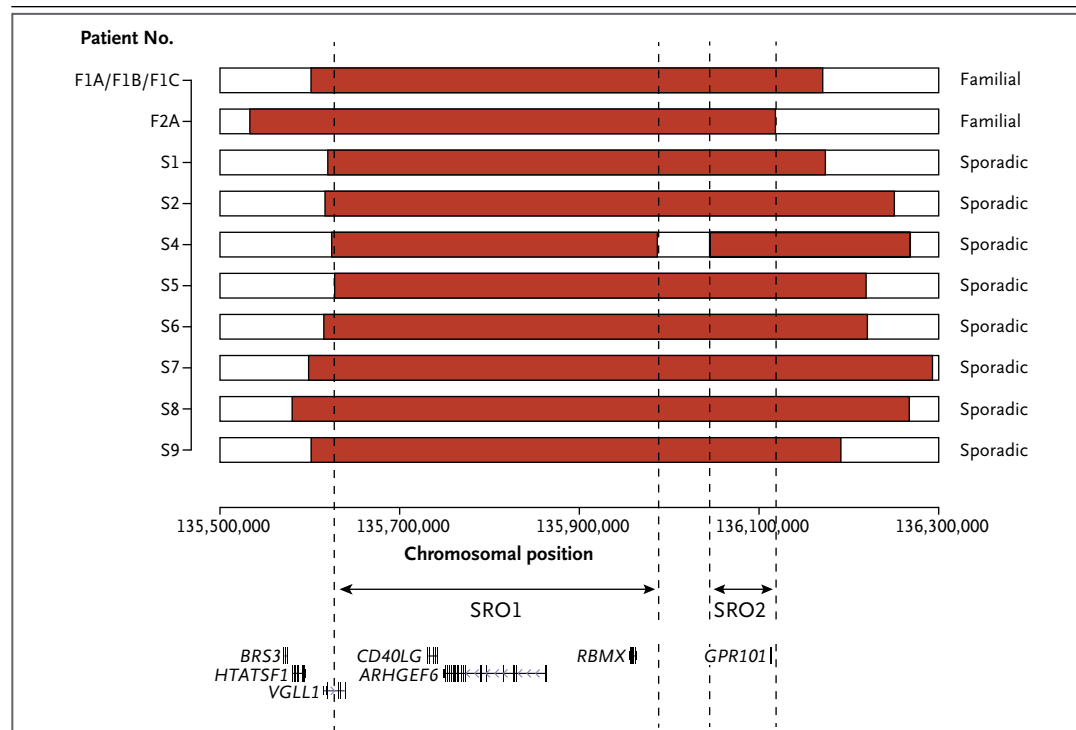


Figure 2. Summary of the Genomic Gains on Chromosome Xq26.3.

Shown are 10 different Xq26.3 microduplications, as seen on array comparative genomic hybridization, that were found in 12 patients with familial or sporadic gigantism (with the inheritance pattern indicated at right). Duplicated genomic segments (red) and nonduplicated segments (white) are shown. The genomic coordinates are provided at base-pair resolution on the x axis. The two smallest regions of overlap (SRO), SRO1 and SRO2, are identified, showing the genomic contents in the corresponding regions. The symbols next to the gene names represent the structure of the genes, with vertical lines representing exons and horizontal lines (with or without arrows) representing introns. Adapted from the UCSC Genes track in the UCSC Genome Browser.

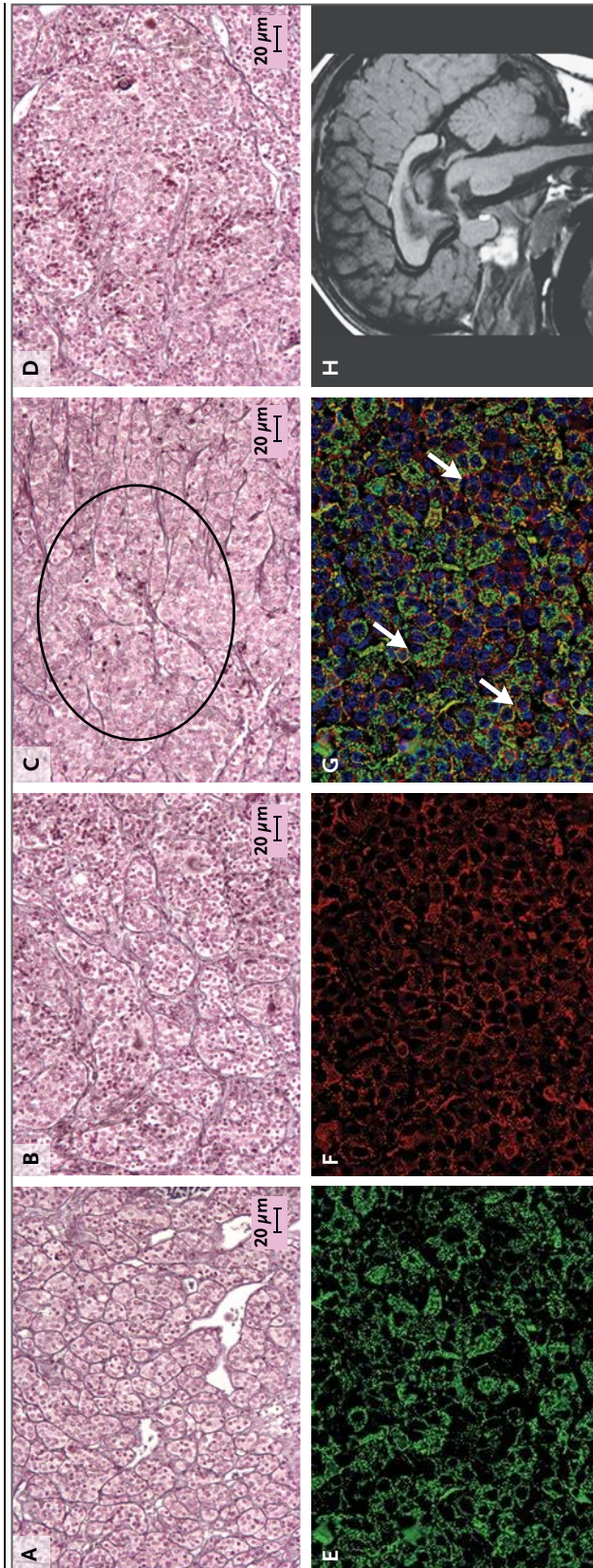


Figure 3. Imaging and Histopathological Findings in Patients with Xq26.3 Microduplications.

Panels A through D show progressive changes from normal pituitary tissue (Panel A) to adenoma (Panel D), as indicated by reticulin staining of the pituitary gland in Patient F1C. In Panel A, normal pituitary gives way to the expanded hyperplastic acini (Panel B), and in Panel C, areas of transformation are evident (circled) with enlarged, hyperplastic, confluent acini that are caused by breakdown of reticulin fibers and that lead to adenoma (Panel D) with disruption of the reticulin fiber network. Increased GPR101 expression was observed in five tested patients with Xq26 microduplications, whereas there is little if any expression in normal pituitary tissue or growth hormone–producing tumors without Xq26.3 microduplications or *GPR101* defects (see also Fig. S7 in the Supplementary Appendix); an example is shown here (Panels E through G) from Patient S3. When the staining of growth hormone (Panel E) and the staining of GPR101 (Panel F) are merged, GPR101 seems to be expressed in some of the growth hormone–secreting cells (Panel G, arrows) but not in all such cells. Nuclei (blue) were stained with DAPI. Panel H shows a sagittal view of a macroadenoma on magnetic resonance imaging of Patient S5 with the Xq26.3 microduplication.

FURTHER CHARACTERIZATION OF Xq26.3 MICRODUPLICATION

Using high-definition analysis of the critical duplicated region, we analyzed 10 distinct genomic duplications in 12 patients, including 4 patients with the familial form of the disease and 8 patients with the sporadic form (Fig. S1 and S3 in the Supplementary Appendix). On genomewide aCGH, these mutations appeared to be simple duplications. However, using high-resolution aCGH, long-range PCR, and Sanger sequencing of the breakpoints, we found various underlying genomic complexities (Fig. S3 in the Supplementary Appendix).

All sporadic Xq26.3 duplications were nonrecurrent; the boundaries of the duplicated segment were unique to each patient. On both aCGH and breakpoint PCR assays, samples obtained from unaffected parents and siblings of patients with sporadic disease showed negative results, documenting the microduplication as a new mutation (Fig. S3A and S5A in the Supplementary Appendix). The same duplication was transmitted from an affected mother (Patient F1A) to her affected offspring, Patients F1B and F1C (Fig. 2, and Fig. S3 and S5B in the Supplementary Appendix).

The duplicated genomic regions that were shared by all affected persons consisted of the two smallest regions of overlap (SRO), which were designated as SRO1 and SRO2 (Fig. 2). SRO1 (chromosomal position, 135,627,637 to 135,986,830; hg19) encompassed three genes in the Online Mendelian Inheritance in Man (OMIM) database: *CD40LG* (OMIM number, 300386), *ARHGEF6* (OMIM number, 300267), and *RBMX* (OMIM number, 300199), whereas SRO2 (chromosomal position, 136,045,310 to 136,118,269; hg19) included *GPR101* (OMIM number, 300393) (Fig. 2).

INVESTIGATION OF CANDIDATE GENES

Sequencing of each of the four genes in the 43 patients with gigantism did not reveal any single-nucleotide variants of likely pathogenicity. A quantitative RT-PCR assay of pituitary tumor RNA from 2 patients with Xq26.3 microduplications suggested that *CD40LG* was not expressed in the pituitary tumors. Neither *ARHGEF6* nor *RBMX* showed up-regulated expression in the pituitary tumors of 2 patients with the duplication (Fig. 4). In contrast, the expression of *GPR101* in the pituitaries of the children carrying an Xq26.3 duplication was increased by a factor as high as 1000,

as compared with unaffected pituitary tissue and pituitary tumors from persons who tested negative for microduplications (Fig. 4A). This result was confirmed at the protein level by increased immunostaining for GPR101 in pituitary tumors from patients with Xq26.3 duplications (Fig. 3G, and Fig. S7 in the Supplementary Appendix). Experimental overexpression of *ARHGEF6*, *RBMX*, and *GPR101* alone in the rat GH3 cell line did not significantly increase either cell proliferation or the secretion of growth hormone (Fig. 4D and 4E, and Fig. S8 in the Supplementary Appendix). Nonmutated *GPR101* in combination with *ARHGEF6*, *RBMX*, or both modestly increased cell proliferation but not the secretion of growth hormone (Fig. S8 in the Supplementary Appendix).

The X-chromosome-inactivation pattern was random in the female patients with sporadic disease and skewed in Patient F1A, who had familial disease; CpG islands were identified in silico only in *RBMX* and *GPR101* (Fig. S9 and S10 in the Supplementary Appendix).

IDENTIFICATION OF p.E308D MUTATION IN GPR101

In a series of 248 patients with sporadic acromegaly, none carried a microduplication at Xq26.3. However, 11 patients had a c.924G→C substitution (p.E308D) in *GPR101*, which was not found in 7600 control samples obtained from public databases (Tables S1 and S2 in the Supplementary Appendix). Of the 11 mutation carriers, 3 appeared to carry a constitutive mutation, which was detected in DNA from peripheral-blood mononuclear cells (PBMCs). We detected the mutation in the tumor DNA in the remaining 8 patients (Fig. 5A). In one patient, we determined that the mutation was a de novo somatic mutation — that is, the *GPR101* mutation occurred only in the tumor DNA sequence and not in the PBMC sequence (Fig. 5B). None of the 13 families with familial isolated pituitary adenomas carried the p.E308D mutation in *GPR101*.

GPR101 encodes an orphan G-protein-coupled receptor that is highly expressed in rodent hypothalamus (Fig. S11 and S12 in the Supplementary Appendix) and is predicted to couple to the stimulatory G protein (G_s), a potent activator of adenylyl cyclase.^{13,14} A model of human GPR101 in complex with a G_s heterotrimer shows the physical relationship between the p.E308D amino acid change and the activating p.A397K change, a mutation that has been described previously.¹⁵ The two amino acids, which are predicted to be

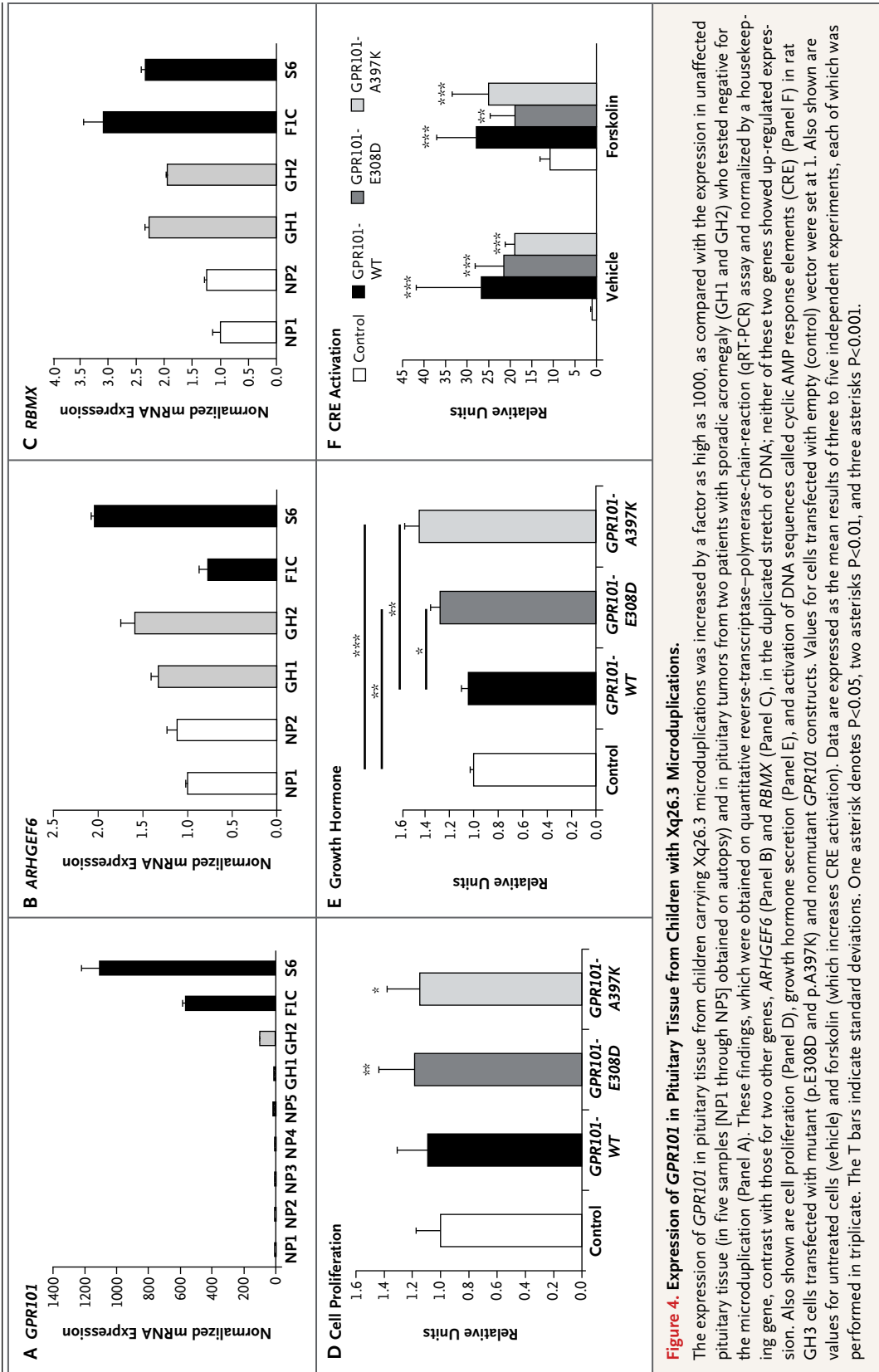
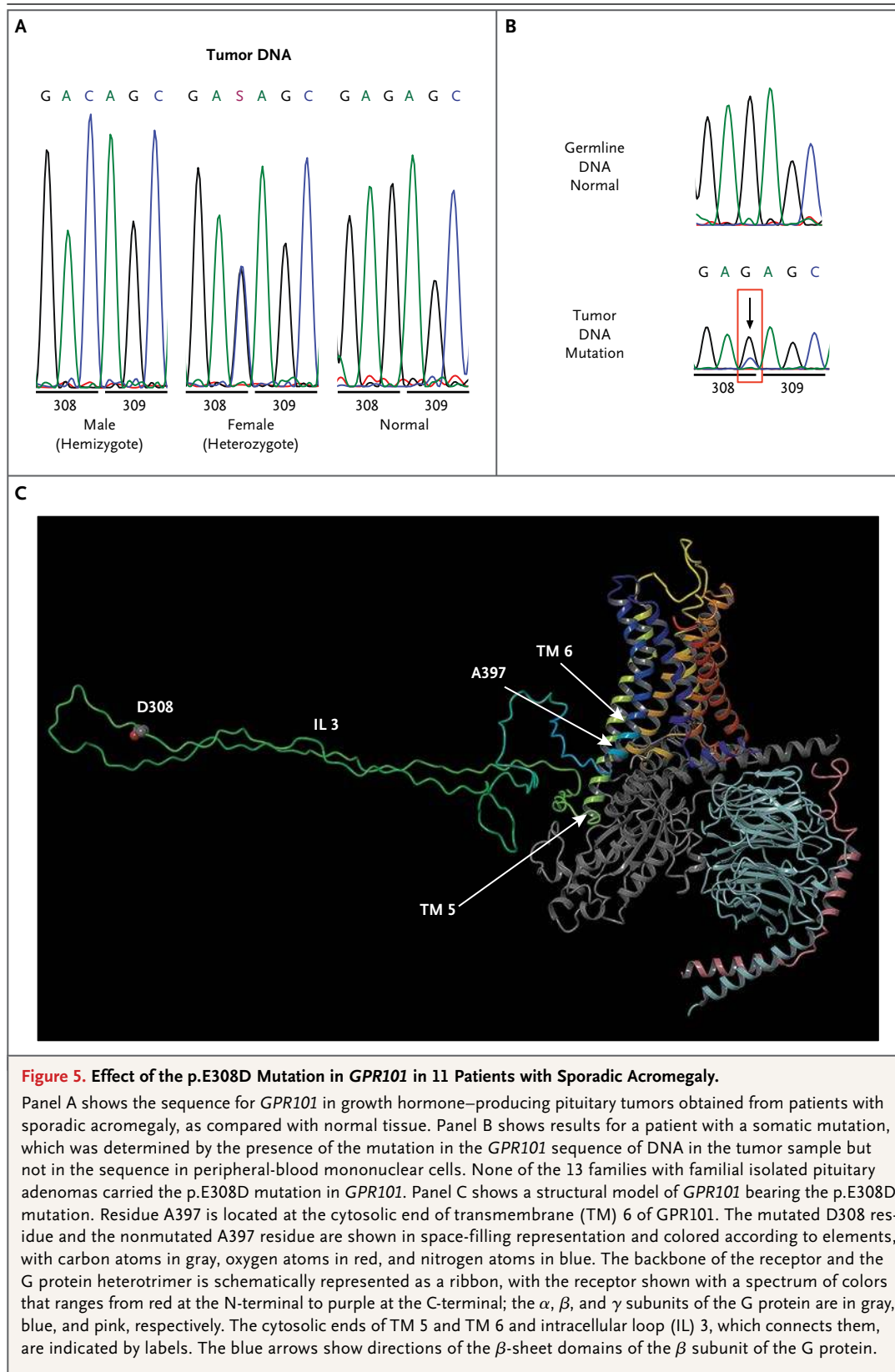


Figure 4. Expression of GPR101 in Pituitary Tissue from Children with Xq26.3 Microduplications.

The expression of GPR101 in pituitary tissue from children carrying Xq26.3 microduplications was increased by a factor as high as 1000, as compared with the expression in unaffected pituitary tissue (in five samples [NP1 through NP5] obtained on autopsy) and in pituitary tumors from two patients with sporadic acromegaly (GH1 and GH2) who tested negative for the microduplication (Panel A). These findings, which were obtained on quantitative reverse-transcriptase–polymerase-chain-reaction (qRT-PCR) assay and normalized by a housekeeping gene, contrast with those for two other genes, ARHGEF6 (Panel B) and RBMX (Panel C), in the duplicated stretch of DNA; neither of these two genes showed up-regulated expression. Also shown are cell proliferation (Panel D), growth hormone secretion (Panel E), and activation of DNA sequences called cyclic AMP response elements (CRE) (Panel F) in rat GH3 cells transfected with mutant (p.E308D and p.A397K) and nonmutant GPR101 constructs. Values for cells transfected with empty (control) vector were set at 1. Also shown are values for untreated cells (vehicle) and forskolin (which increases CRE activation). Data are expressed as the mean results of three to five independent experiments, each of which was performed in triplicate. The T bars indicate standard deviations. One asterisk denotes $P < 0.05$, two asterisks $P < 0.01$, and three asterisks $P < 0.001$.



affected by the mutations, are on the cytosolic side of the receptor (Fig. 5C). The E308 residue is located in the long intracellular loop 3, which connects transmembrane domains 5 and 6.

Overexpression of the p.E308D and p.A397K mutants, but not of nonmutant GPR101, significantly increased cell proliferation and secretion of growth hormone in rat GH3 cells (Fig. 4D and 4E). As in the construct containing the nonmutant receptor, the two mutant constructs resulted in increased cAMP signaling in GH3 cells in an in vitro reporter assay, both at baseline and in the presence of 10 μ M forskolin, a direct stimulator of adenyl cyclase (Fig. 4F).

DISCUSSION

Several lines of evidence support the identification of a new pituitary gigantism syndrome in young children carrying microduplications on chromosome Xq26.3, a disorder that is probably caused by *GPR101* overexpression. We propose that this syndrome be called X-linked acrogigantism (X-LAG). First, we did not find disruption of Xq26.3 in patients with later-onset gigantism (Table 1). Second, the finding that patients with other conditions had different duplications within the same region narrowed our focus to the smallest region of overlap. A duplication encompassing *CD40LG* and *ARHGEF6* but not *RBMX* and *GPR101* occurred in a family with low birth weight, intellectual disability, and craniofacial abnormalities,¹⁶ which suggests that duplications with the exclusion of *RBMX* and *GPR101* do not lead to gigantism. Third, short stature has been reported in several patients with deletions in this region, which suggests that the absence of these genes may lead to the opposite phenotype (Table S4 in the Supplementary Appendix).¹⁶⁻¹⁸ Other investigators have described at least 15 additional patients with the same phenotype of early-onset growth who may be good candidates for a diagnosis of X-LAG (Table S3 in the Supplementary Appendix).

The breakpoint features of Xq26.3 duplications suggest that they were generated by means of a replication-based mechanism that underlies the genesis of other copy-number variants (CNVs) and the pathogenesis of other genomic disorders.¹⁹

The cytogenetic data narrowed the smallest region of overlap to a segment spanning *CD40LG*, *ARHGEF6*, *RBMX*, *GPR101*, one microRNA

(miR-934), and a small nucleolar RNA (*SNORD61*) of unknown function. We did not detect *CD40LG* expression in the pituitary tissues from our patients (Fig. 4). Messenger RNA for *ARHGEF6* and *RBMX* was expressed to a similar degree in affected and unaffected tissues from duplication carriers. Of all the genes and the noncoding RNAs in the duplicated segment, only *GPR101* had markedly increased expression in the pituitary tumors from the duplication carriers (Fig. 4).

GPR101 is an orphan G-protein-coupled receptor that is strongly expressed in the hypothalamus in rodents (Fig. S11 and S12 in the Supplementary Appendix).^{13,14,20} It was recently shown that a fragment of the gonadotropin-releasing hormone could be a ligand for this receptor.²¹ The *GPR101* protein may also play a role in hypothalamic control of energy homeostasis.²² The effect of a mutation (p.A397K) that is predicted to activate *GPR101* when tested in vitro and in mice supports such a role.¹⁵ The pituitary-specific overexpression of *GPR101* may be due to a gene-dose effect (as described in many genomic disorders²³) or to an unknown promoter sequence created by the chromosomal rearrangement, although we did not identify any putative new promoter, or to perturbed chromatin regulation due to the genomic structural alteration from duplication CNVs.^{24,25} On the basis of our data from transfection experiments, we cannot rule out a modest contribution of *RBMX* and *ARHGEF6* coexpression to cell proliferation. However, unlike *GPR101*, neither *ARHGEF6* nor *RBMX* was overexpressed in the pituitary tumors from children with microduplications.

Our studies of sporadic acromegaly provide further support for a role of *GPR101* in X-LAG. We found a recurrent *GPR101* mutation, p.E308D, in 4.4% of DNA in tumor samples and in 1.9% of DNA in PBMC samples obtained from patients with isolated acromegaly. In at least one patient, the mutation was present only in the tumor DNA. We did not identify *GPR101* mutations in families with familial isolated pituitary adenomas. A model of human *GPR101* in complex with a G_s heterotrimer showed that both the p.E308D mutation and the previously described p.A397K mutation¹⁵ are on the cytosolic side of the receptor that interacts with heterotrimeric G proteins. Residue E308 is located in a remarkably long intracellular loop, which connects two transmembrane domains. But in the absence of a model template for the *GPR101* intracellular loop in which E308 resides, it is difficult to estimate the structural

effect of the p.E308D substitution. However, transfection of a construct expressing GPR101 containing the p.E308D mutation increased proliferation and growth hormone secretion in a rat pituitary cell line. Moreover, we showed that GPR101 can strongly activate the cAMP pathway, for which the mitogenic effects in pituitary somatotropes are well established.²⁶ These data further support a role for variant *GPR101* in sporadic acromegaly.

The mechanism by which mutant *GPR101* contributes to increased growth hormone secretion is unclear. Some of the patients with early-onset gigantism whom we evaluated had normal or mildly elevated levels of circulating growth hormone-releasing hormone (but below the threshold required for ectopic tumoral secretion of this hormone), as was previously noted in Family F1.⁸ The tumor tissue showed strong expression of the growth hormone-releasing hormone receptor, in contrast to its expression of growth hormone-releasing hormone, which was low or absent (Fig. S15 in the Supplementary Appendix).

In conclusion, our results suggest that Xq26.3 microduplication is associated with a clinical syndrome of early-onset gigantism, which we have termed X-LAG. An increased dose of *GPR101* on chromosome Xq26.3 probably causes the disease, and its activation by mutation occurs in patients with sporadic acromegaly. Xq26.3 microduplications may explain other historical cases of gigantism with features that closely resemble those of X-LAG.^{27,28} Our results offer an opportunity to study a new pathway involved in the central regulation of human growth.

Supported by a grant from the Intramural Research Program of the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD) (Z01-HD008920, to Dr. Stratakis), by a grant from the National Institute of Neurological Disorders and Stroke (NINDS) (RO1 NS058529), by a grant from the

National Human Genome Research Institute (U54HG006542, to Dr. Lupski), by a grant from Fonds d'Investissement de Recherche Scientifique of Centre Hospitalier Universitaire (CHU) de Liège (to Dr. Beckers), by an educational grant from Pfizer Belgium (to Dr. Beckers), and by the Jabbs Foundation (to Dr. Beckers). Computing resources used for the molecular-modeling component of this work were provided by the American University High Performance Computing System, which is funded in part by a grant from the National Science Foundation (BCS-1039497).

Disclosure forms provided by the authors are available with the full text of this article at NEJM.org.

We thank the patients and their families for their participation in this study; the nursing and other support staff at the NIH Clinical Research Center (CRC), in particular Dr. Edward Oldfield (now at the University of Virginia, Charlottesville) and Dr. Russell Lonser (now at Ohio State University, Columbus) who operated on most of the patients from the NIH who are described in this report; Dr. Phillip Gorden of the National Institute of Diabetes and Digestive and Kidney Diseases for providing a list of patients with acromegaly who have been seen at the NIH CRC during the past 30 years; Dr. Timothy Jones (Department of Pediatric Endocrinology, Princess Margaret Hospital for Children and School of Pediatrics and Child Health, University of Western Australia); Vincent Schram at the Microscopy and Imaging Core of the NICHD; Dr. Charalampos Lyssikatos and Dr. Monalisa Azevedo (Section on Endocrinology and Genetics, NICHD); Ms. Isabelle Besson and Dr. Michèle Bernier (Pathology and Cytology Department, Hôpital Foch, Suresnes, France); Drs. Antonella Forlino, Annalisa Vetro, and Orsetta Zuffardi (Department of Molecular Medicine, University of Pavia, Pavia, Italy); Dr. Anna Spada and Dr. Paolo Beck-Peccoz (Endocrinology and Diabetology Unit, Fondazione Istituto de Ricovero e Cura a Carattere Scientifico Ca' Granda Ospedale Maggiore Policlinico, Department of Clinical Sciences, University of Milan); Ms. Carine Mottard, Ms. Carine Deusings, Mr. Valery Leduc, and Ms. Nathalie Sacre (Department of Clinical Genetics, CHU de Liege, Liege, Belgium); Ms. Latifa Karim (GIGA-Genomics, Liège, Belgium); Dr. Silvia Paoletta (Laboratory of Bioorganic Chemistry, National Institute of Diabetes and Digestive and Kidney Diseases); Ms. Silke Williams (Laboratory of Pathology, National Cancer Institute); Dr. Jack A. Yanovski (Section on Growth and Obesity, NICHD); Dr. S.J. Levine (Cardiovascular and Pulmonary Branch, National Heart, Lung, and Blood Institute); Dr. Say Viengchareun (INSERM Unité 693 Le Kremlin-Bicêtre, France); Dr. Paul Hofman (Liggins Institute, University of Auckland, Auckland, New Zealand); Dr. Stephen Butler (Taranaki District Health Board, New Plymouth, New Zealand); Dr. Yvonne C. Anderson (Liggins Institute, University of Auckland, Auckland, New Zealand, and Taranaki Base Hospital, New Plymouth, New Zealand); Dr. Ian Holdaway (Auckland City Hospital and Greenlane Clinical Centre, Auckland, New Zealand); and Dr. Karen Carpenter (Department of Diagnostic Genomics, PathWest Laboratory Medicine Western Australia, Perth, Australia).

APPENDIX

The authors are as follows: Giampaolo Trivellin, Ph.D., Adrian F. Daly, M.B., B.Ch., Ph.D., Fabio R. Faucz, Ph.D., Bo Yuan, B.S., Liliya Rostomyan, M.D., Darwin O. Larco, Ph.D., Marie Helene Scherthaner-Reiter, M.D., Ph.D., Eva Szarek, Ph.D., Letícia F. Leal, Ph.D., Jean-Hubert Caberg, Ph.D., Emilie Castermans, Ph.D., Chiara Villa, M.D., Ph.D., Aggeliki Dimopoulos, M.D., Prashant Chittiboina, M.D., Paraskevi Xekouki, M.D., D.Sc., Nalini Shah, M.D., D.M., Daniel Metzger, M.D., Philippe A. Lysy, M.D., Ph.D., Emanuele Ferrante, M.D., Ph.D., Natalia Strebkova, M.D., Ph.D., Nadia Mazerkina, M.D., Ph.D., Maria Chiara Zatelli, M.D., Ph.D., Maya Lodish, M.D., Anelia Horvath, Ph.D., Rodrigo Bertollo de Alexandre, Ph.D., Allison D. Manning, M.Sc., Isaac Levy, M.D., Margaret F. Keil, Ph.D., P.N.P., Maria de la Luz Sierra, M.S., Leonor Palmeira, Ph.D., Wouter Coppeters, Ph.D., Michel Georges, M.D., Ph.D., Luciana A. Naves, M.D., Ph.D., Mauricette Jamar, M.D., Vincent Bours, M.D., Ph.D., T. John Wu, Ph.D., Catherine S. Choong, M.D., M.B., B.S., Jerome Bertherat, M.D., Ph.D., Philippe Chanson, M.D., Ph.D., Peter Kamenický, M.D., Ph.D., William E. Farrell, Ph.D., Anne Barlier, M.D., Ph.D., Martha Quezado, M.D., Ivana Bjelobaba, Ph.D., Stanko S. Stojilkovic, Ph.D., Jurgen Wess, Ph.D., Stefano Costanzi, Ph.D., Pengfei Liu, Ph.D., James R. Lupski, M.D., Ph.D., D.Sc., Albert Beckers, M.D., Ph.D., and Constantine A. Stratakis, M.D., D.Sc.

The author's affiliations are as follows: the Section on Endocrinology and Genetics, Program on Developmental Endocrinology and Genetics and Pediatric Endocrinology Interinstitute Training Program (G.T., F.R.F., M.H.S.-R., E.S., L.F.L., A.D., P.X., M.L., A.H., R.B.A., A.D.M., I.L., M.F.K., M.L.S., C.A.S.), and the Section on Cellular Signaling, Program in Developmental Neuroscience (I.B., S.S.S.), Eunice Kennedy Shriver National Institute of Child Health and Human Development, the Surgical Neurology Branch, National Institute of Neurological Disorders and Stroke (P. Chittiboina), Laboratory of Pathology, National Cancer Institute (M.Q.), and the

Molecular Signaling Section, Laboratory of Bioorganic Chemistry, National Institute of Diabetes and Digestive and Kidney Diseases (J.W.) — all at the National Institutes of Health, and the Department of Obstetrics and Gynecology, Uniformed Services University of the Health Sciences (D.O.L., T.J.W.) — both in Bethesda, MD; the Departments of Endocrinology (A.F.D., L.R., C.V., A. Beckers) and Clinical Genetics (J.-H.C., E.C., M.J., V.B.), Centre Hospitalier Universitaire de Liège, University of Liège, Domaine Universitaire du Sart-Tilman, and Groupe Interdisciplinaire de Génoprotéomique Appliquée (GIGA)-Genomics, Domaine Universitaire Sart-Tilman (L.P., W.C., M.G.), Liège, and the Pediatric Endocrinology Unit, Department of Pediatrics, Clinique Universitaire Saint-Luc, Université Catholique de Louvain, Louvain (P.A.L.) — all in Belgium; School of Health and Biosciences, Pontificia Universidade Católica do Paraná, Curitiba (F.R.F., R.B.A.), and Department of Endocrinology, Faculty of Medicine, University of Brasilia, Brasilia (L.A.N.) — both in Brazil; Departments of Molecular and Human Genetics (B.Y., P.L., J.R.L.) and Pediatrics (J.R.L.), Texas Children's Hospital (J.R.L.), Baylor College of Medicine, Houston; Department of Anatomical and Cytological Pathology, Hôpital Foch, Suresnes (C.V.), INSERM Unité 1016, Institut Cochin, Université Paris Descartes, Hôpital Cochin, Service d'Endocrinologie, Paris (C.V., J.B.), Assistance Publique-Hôpitaux de Paris, Hôpitaux Universitaires Paris-Sud, Service d'Endocrinologie et des Maladies de la Reproduction et Centre de Référence des Maladies Endocriniennes Rares de la Croissance, and Université Paris Sud 11, Faculté de Médecine, UMR-S693, Le Kremlin-Bicêtre (P. Chanson, P.K.), and Aix-Marseille Université, Centre National de la Recherche Scientifique, UMR-7286, Centre de Recherche en Neurobiologie et Neurophysiologie de Marseille, Marseille (A. Barlier) — all in France; Department of Endocrinology, King Edward Memorial Hospital, Mumbai, India (N. Shah); Endocrinology and Diabetes Unit, BC Children's Hospital, Vancouver, British Columbia (D.M.), and the Division of Endocrinology, Hospital for Sick Children, Toronto (I.L.) — both in Canada; Endocrinology and Diabetology Unit, Fondazione Istituto di Ricovero e Cura a Carattere Scientifico Ca' Granda Ospedale Maggiore Policlinico, Milan (E.F.), and Section of Endocrinology, Department of Medical Sciences, University of Ferrara, Ferrara (M.C.Z.) — both in Italy; Endocrinological Research Center, Institute of Pediatric Endocrinology (N. Strebkova), and Burdenko Neurosurgery Institute (N.M.) — both in Moscow; Department of Pharmacology and Physiology, George Washington University (A.H.), and Department of Chemistry and Center for Behavioral Neuroscience, American University (S.C.) — both in Washington, DC; Department of Paediatric Endocrinology, Princess Margaret Hospital for Children and School of Pediatrics and Child Health, University of Western Australia, Perth, Australia (C.S.C.); and Institute for Science and Technology in Medicine, Keele University, Guy Hilton Research Centre, Stoke-on-Trent, United Kingdom (W.E.F.).

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