

Global and regional longitudinal strain assessed by two-dimensional speckle tracking echocardiography identifies early myocardial dysfunction and transmural extent of myocardial scar in patients with acute ST elevation myocardial infarction and relatively preserved LV function

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Aims

Global and regional longitudinal strain (GLS–RLS) assessed by two-dimensional speckle tracking echocardiography (2D-STE) are considered reliable indexes of left-ventricular (LV) function and myocardial viability in chronic ischaemic patients when compared with delayed-enhanced cardiac magnetic resonance (DE-CMR). In the present study, we tested whether GLS and RLS could also identify early myocardial dysfunction and transmural extent of myocardial scar in patients with acute ST elevation myocardial infarction (STEMI) and relatively preserved LV function.

Methods and results

Twenty STEMI patients with LVEF $\geq 40\%$, treated with PPCI within 6 h from symptoms onset, underwent DE-CMR and 2D-echocardiography for 2D-STE analysis 6 ± 2 days after STEMI. Wall motion score index (WMSI) and LV ejection fraction (LVEF) were calculated by both methods. Infarct size and transmural extent of necrosis were assessed by CMR. GLS and RLS were obtained by 2D-STE. Mean GLS of the study population was -14 ± 3.3 , showing a significant correlation with both LVEF and WMSI, by CMR ($r = -0.86$, $P = 0.001$, and $r = 0.80$, $P = 0.001$, respectively) and time-to-PCI ($r = 0.66$, $P = 0.038$). A weaker correlation was found between GLS and LVEF and WMSI assessed by 2D-echo ($r = -0.65$, $P = 0.001$, and $r = 0.53$, $P = 0.013$, respectively). RLS was significantly lower in DE-segments when compared with normal myocardium ($P < 0.0001$). A cut-off value of RLS of -12.3% by receiver-operating characteristic (ROC) curves identified DE-segments (sensitivity 82%, specificity 78%), whereas a cut-off value of -11.5% identified transmural extent of DE (sensitivity 75%, specificity 78%).

Conclusion

Our findings indicate that RLS and GLS evaluation provides an accurate assessment of global myocardial function and of the presence of segments with transmural extent of necrosis, with several potential clinical implications.

Keywords

ST elevated myocardial infarction (STEMI) • Cardiac magnetic resonance (CMR) • Two-dimensional speckle tracking echocardiography (2D-STE) • Global longitudinal strain (GLS) • Regional longitudinal strain (RLS)

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Introduction

Accurate diagnosis, characterization, and quantification of myocardial infarction (MI) are essential to assess the impact of therapy and to aid in predicting prognosis of patients with ischaemic heart disease. After MI, the alteration of global and regional LV function and the presence of myocardial viability depend on both infarct size (IS) and transmural extension of necrosis.^{1–3} Infarct size is a major determinant of mortality,^{4–6} and transmural infarcts are associated with a worse prognosis and more adverse cardiac events.⁷ Therefore, accurate assessment of IS and the identification of segments with transmural extent of necrosis plays a central role in the prediction of prognosis.

Cardiac magnetic resonance (CMR) is a non-invasive and highly reproducible imaging technique able to assess LV damage after MI. Cardiac magnetic resonance imaging allows accurate evaluation of LV regional and global function evaluating left-ventricular volumes, ejection fraction (LVEF), and wall motion score index (WMSI) with cine imaging. Delayed contrast-enhanced CMR (DE-CMR) identifies tissue damage due to increased contrast agent retention within infarcted areas, caused by cell-membrane rupture and increased interstitial space.^{8,9} DE-CMR imaging is the gold standard for quantification of infarct extent and transmural extent.¹⁰ This technique also represents a good early predictor of infarct severity, because of its ability to identify reduced perfusion areas that ultimately results in cell necrosis, membrane rupture, reduced contractility, remodelling, and heart failure.¹¹ However, the routine use of CMR in the acute phase of MI is limited. Further, patients' factors can sometimes preclude the usefulness of the technique: claustrophobia, presence of cranial aneurysm clips, ocular metallic shards, and pacemakers. Moreover, the need for breath-holding to remove respiratory motion artefact can also present problems for some patients with severe cardiac or respiratory disease.

Two-dimensional speckle tracking echocardiography (2D-ST) is a B-mode images-based technique that can quantify regional myocardial deformation independently by insonation angle and thus simultaneously assess systolic long-axis strain and short-axis shortening.¹² The accuracy of 2D-ST was confirmed using sonomicrometry and MRI tagging as reference methods.¹³ Global longitudinal strain (GLS) is considered an effective parameter for quantifying left-ventricular function^{14,15} more sensitive than LVEF assessed by 2D echocardiography and their role in large MI has been previously reported.¹⁶ We hypothesized that longitudinal strain representing the sub-endocardial zones of the myocardial wall segments that are less perfused and more vulnerable to conditions of ischaemia, could provide additional information regarding LV function when compared with LVEF and WMSI in STEMI patients with mild LV dysfunction. Adequate functional evaluation in this kind of patients should be more difficult than in patients with an evident myocardial dysfunction and history of ischaemic myocardial diseases.

Aim of this study was to compare 2D-ST and CMR in LV regional and global function assessment and in particular to relate regional longitudinal strain (RLS) as assessed by 2D-ST with transmural extent of DE segments identified by CMR in patients with acute MI and relatively preserved LV function.

Methods

Study population

A population of 20 patients (mean age 57 ± 10), admitted to the coronary care unit of our hospital with diagnosis of ST elevation MI (STEMI) and timely reperfused within 6 h from symptom onset was enrolled. All patients underwent DE-CMR and 2D-ST 3 ± 2 days after the acute event. Inclusion criteria were: (i) typical chest pain lasting more than 30 min and unresolved by nitroglycerine; (ii) ST segment elevation >0.1 mV in at least two contiguous leads in the initial electrocardiogram (ECG); (iii) elevated markers of myocardial necrosis; (iv) treatment with PPCI within 6 h from symptoms' onset. Exclusion criteria were: (i) LV ejection fraction $<40\%$; (ii) previous MI; (iii) previous PCI or coronary artery bypass intervention; (iv) cardiogenic shock; (v) contraindications to perform CMR; (vi) presence of arrhythmias of precluding adequate STE and CMR analysis.

Echocardiography

Complete two-dimensional and Doppler echocardiograms were performed using a standard commercial ultrasound machine (Philips IE33[®]). Routine B-mode grey scale images were acquired in the apical four-chamber, apical two chambers, and apical long-axis views, with a frame rate >60 Hz to perform 2D-ST analysis. Sector width was optimized to allow for complete myocardial visualization while maximizing frame rate. All images were acquired during apnoea, to minimize translation movements of the heart. A 16-segment model was used to subdivide the LV for subsequent analysis.¹⁷ The digital loops were stored and analysed by the vendor-independent 2D CPA (Cardiac Performance Analysis)-Tomtec[®] software for frame-by-frame movement of stable patterns of speckles. The endocardial borders were traced at the end-systolic frame from the three apical views and they were analysed in the successive frames during cardiac cycle. Both global and regional longitudinal strains were obtained: global strain values were calculated by averaging all segmental peak systolic strain values in a 16 segment model. Only segments available for a correct ST analysis were compared with the corresponding segments analysed by CMR. Longitudinal strain was also calculated in 20 normal subjects to obtain the reference normal range of our software.

Cardiac magnetic resonance

As previously described,¹⁸ DE-CMR was performed using a 1.5 T scanner (Avanto-Siemens, Erlangen-Germany). Infarcted tissue was identified using DE images. Images were acquired in short-axis, four-chamber and two-chamber views, and during breath hold, in base conditions and 15 min after intravenous administration of a Gadolinium-based contrast agent (Gadolinium-BOPTA, Multihance, Bracco, Milan, Italy; 0.1 mmol/kg body weight at 2 mL/s). All CMR studies were analysed off-line by using a dedicated workstation (Siemens Argus, Erlangen, Germany). Left-ventricular ejection fraction, LV end-systolic and end-diastolic BSA-adjusted volumes, and LV mass were obtained. Infarcted tissue was defined as an area of gadolinium hyperenhancement in a sub-endocardial or transmural pattern and in the territory of a coronary artery. Infarct size was calculated and expressed in percentage of LV mass. The same 16-segment model used for 2D-ST analysis was applied. Regional contrast enhancement was scored with a scheme based on the extent of hyperenhanced tissue in each segment (transmural infarction = 100% of hyperenhancement extent, non-transmural infarction = 75, 50, or 25% of hyperenhancement extent). WMSI was calculated as the ratio of the sum of wall motion over total segments.

Statistical analysis

All data were analysed with standard statistical software (PASW statistics, Version 18.0, Chicago, IL). All categorical variables are expressed as percentages and all continuous variables as mean ± standard deviation (SD). Correlations between GLS and LVEF, WMSI and time-to-PCI were performed by Spearman linear regression analysis. Reproducibility was assessed in 10 randomly selected patients and expressed as the absolute difference between two paired measurements divided by their average. Receiver-operating-characteristic (ROC) curves were constructed to evaluate the ability of 2D-STE to distinguish non-enhanced from enhanced segments and to identify transmural-infarcted segments. Areas under curves (AUCs) were also measured to determine cut-off values with maximum sensitivity and specificity. Two-tailed *t*-test for unpaired data and Mann–Whitney test were used to assess differences between groups. A two-side *P*-value of <0.05 was considered statistically significant.

Results

Patient characteristics

Of the 20 patients enrolled in this study, 18 were male (90%). Clinical characteristics at presentation are shown in Table 1. DE-CMR and 2D standard echocardiography data are listed in Tables 2–4. Angiographic characteristics of the study population are listed in Table 5.

Global function analysis

Intra- and inter-observer variability for GLS analysis were 2.5 ± 1.2% and 4.7 ± 1.5%, respectively. Mean GLS in the control group was -20 ± 1.1, whereas in the study population it was -14 ± 3.3 (*P* = 0.001). Spearman linear regression analysis showed that GLS significantly correlate with both LVEF (*r* = -0.86, *P* = 0.001), and WMSI assessed by CMR (*r* = 0.80; *P* = 0.001) and with time-to-PCI (*r* = 0.66; *P* = 0.038) (Figures 1–3).

Table 1 Characteristic of the study population at presentation

Male sex, %	90%
Age, years	57 ± 10
Hypertension, %	53
Smoke, %	59
Diabetes, %	5.9
Dyslipidaemia, %	78
Family history of CAD, %	35
Killip Class I	100
Time-to-PCI, min	157 ± 80
TroponinT peak, UI/L	11 ± 19
CK-MB peak, UI/L	151 ± 193
SBP at admission, mmHg	131 ± 43
DPB at admission, mmHg	85 ± 10
HR at admission, bpm	69 ± 26

CAD, coronary artery disease; SBP, systolic blood pressure; DBP, diastolic blood pressure; HR, heart rate.

Table 2 Cardiac magnetic resonance data

LVEF, %	50 ± 10
LVEDVi	66 ± 11
LVESVi	15 ± 12
AAR, g	27 ± 21
MS, %	10 ± 9
IS, %	11 ± 9
WMSI	1.47 ± 0.3

LVEF, left-ventricular ejection fraction; LVEDVi, left-ventricular end-diastolic volume BSA-adjusted; LVESVi, left-ventricular end-systolic volume BSA adjusted; AAR, area at risk; MS, myocardial salvage; IS, infarct size; WMSI, wall motion score index.

Table 3 Cardiac magnetic resonance: degree of transmurality

TME, %	Frequency	Percent
00	190	76
25	6	2.4
50	5	2
75	10	4
100	39	15.6
Total	250	

TME, transmural extent.

Table 4 Echocardiographic parameters

LVEF, %	48 ± 4.5
WMSI	1.48 ± 0.2
GLS, %	-14 ± 3.3
Left atrium, mL	68 ± 22
E wave	81 ± 3.9
A wave	72 ± 21
E/A	1.2 ± 0.49
DT, ms	196 ± 26
e'	8.2 ± 2.8
E/e'	9 ± 1.6

LVEF, left-ventricular ejection fraction; WMSI, wall motion score index; GLS, global longitudinal strain; DT, deceleration time.

A significant but weaker correlation between both LVEF (*r* = -0.65, *P* = 0.001), and WMSI assessed by 2D echo (*r* = 0.53, *P* = 0.013) was found. GLS was also calculated according to 2D-echo WMSI values. GLS was -15.2 ± 2.7 in the subset of patients with normal WMSI (=1) and -13.9 ± 3.9 in the subset with abnormal WMSI (>1), *P* = 0.201. Finally, GLS showed significant linear correlations with CK-MB peak (*r* = 0.84, *P* = 0.004) and Troponin-T peak (*r* = 0.86, *P* = 0.003).

Table 5 Angiographic data

Single-vessel disease, %	50
Multi-vessel disease, %	50
Culprit lesion LAD, %	65
Culprit lesion RCA, %	29
Culprit lesion LCx, %	6
Stent implanted, number	1.6 ± 0.9
GP IIb/IIIa at PCI, %	99
Aspirin at PCI, %	11
Clopidogrel at PCI, %	60
Prasugrel at PCI, %	25
TIMI pre-PCI	0.5 ± 0.9
TIMI post-PCI	3

LAD, left anterior descending; RCA, right coronary artery; LCx, left circumflex artery; PCI, percutaneous coronary intervention.

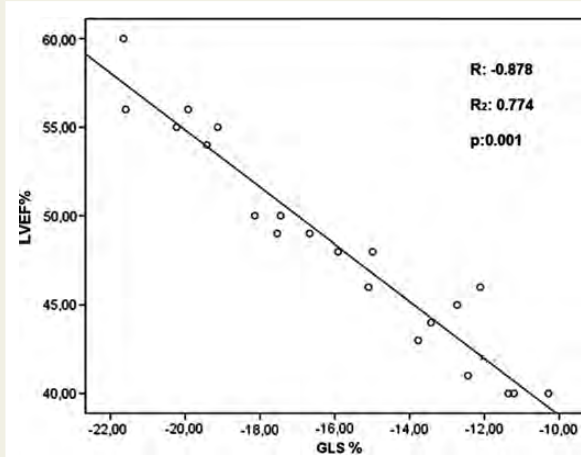


Figure 1 Linear correlation between global longitudinal strain and LV ejection fraction (CMR). GLS, global longitudinal strain; LVEF, left-ventricular ejection fraction; CMR, cardiac magnetic resonance.

Regional function analysis

A total of 250 out of 320 segments were analysed in this study by both 2D-STE and CMR. The remaining 70 segments were inadequate for a correct 2D-STE analysis. Transmural extent of necrosis was detected by LGE-CMR in 39 (16%).

Absolute values of RLS were significantly lower in DE myocardial segments when compared with normal myocardium (-15 ± 7.5 vs. -11 ± 5.7 , with $P < 0.0001$) and transmural-infarcted segments had a significant lower absolute value of RLS when compared with non-transmural ones (-10 ± 7.5 vs. -14 ± 8.3 , $P = 0.016$) (Figure 4a and b). However, difference between normal and non-transmural segments was not significant (-15 ± 7.5 vs. -14 ± 8.3 , ns).

A cut-off value of RLS of -12% identified enhanced segments with a sensitivity of 82% and a specificity of 78%. A cut-off value

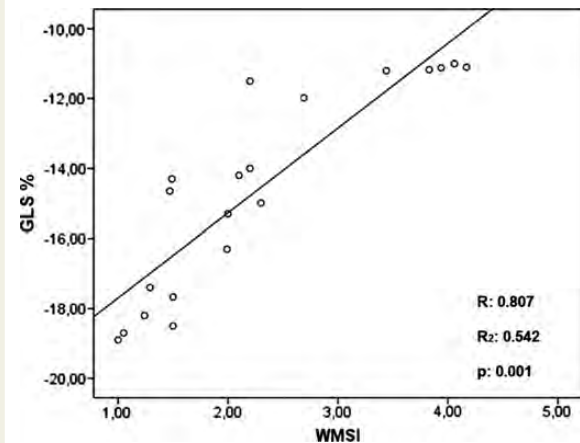


Figure 2 Linear correlation between global longitudinal strain and WMSI (CMR). GLS, global longitudinal strain; WMSI, wall motion score index; CMR, cardiac magnetic resonance.

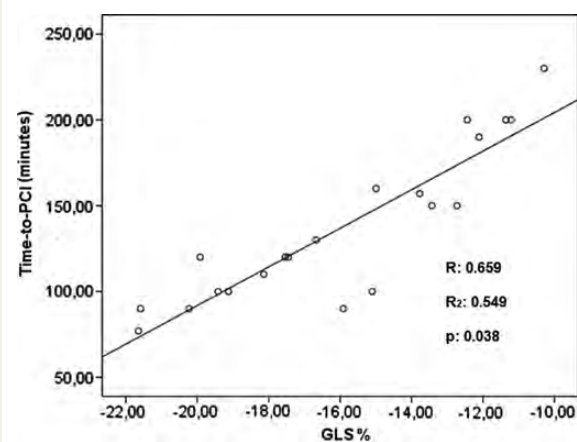
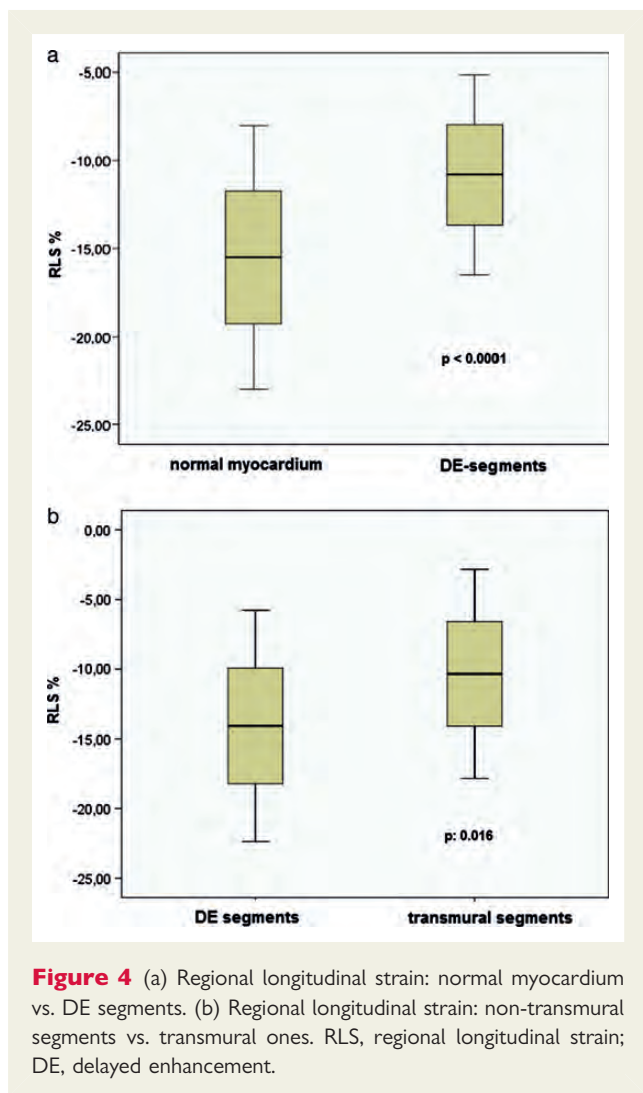


Figure 3 Linear correlation between global longitudinal strain and time-to-PCI. GLS, global longitudinal strain.

of -11% identified transmural MI with a sensitivity of 75% and a specificity of 78% (Figure 5a and b).

Discussion

The present paper demonstrates for the first time that in patients with mild LV dysfunction after acute MI, the analysis of longitudinal strain curves by 2D-STE imaging may add significant information as for global and regional LV function assessed by traditional 2D-echocardiography. Even in patients with a relatively preserved LV function after acute MI, longitudinal strain analysis is a sensitive method to detect slight global LV function impairment and it is also able to identify the presence of areas of DE and its transmural extent.



GLS and the evaluation of global LV function after MI

A significant correlation between GLS and both LVEF and WMSI evaluated by CMR, used as reference method, was found. These correlations were higher than that observed between GLS and LVEF and WMSI evaluated by 2D echo. In particular, GLS was reduced also in the subset of patients with normal 2D-echo WMSI underlying the additional value of this parameter in global LV function assessment. Previous studies already established that GLS has several advantages in the evaluation of LV function when compared with LVEF by echocardiography.^{19,20} However, in these papers, the study population included also patients with large IS and markedly impairment of global LV function. Our study population included only patients with small IS and preserved or mildly reduced global and regional LV function. Even in this subset of patients, GLS analysis is a sensitive parameter of global LV impairment.

Regional longitudinal strain and delayed enhancement

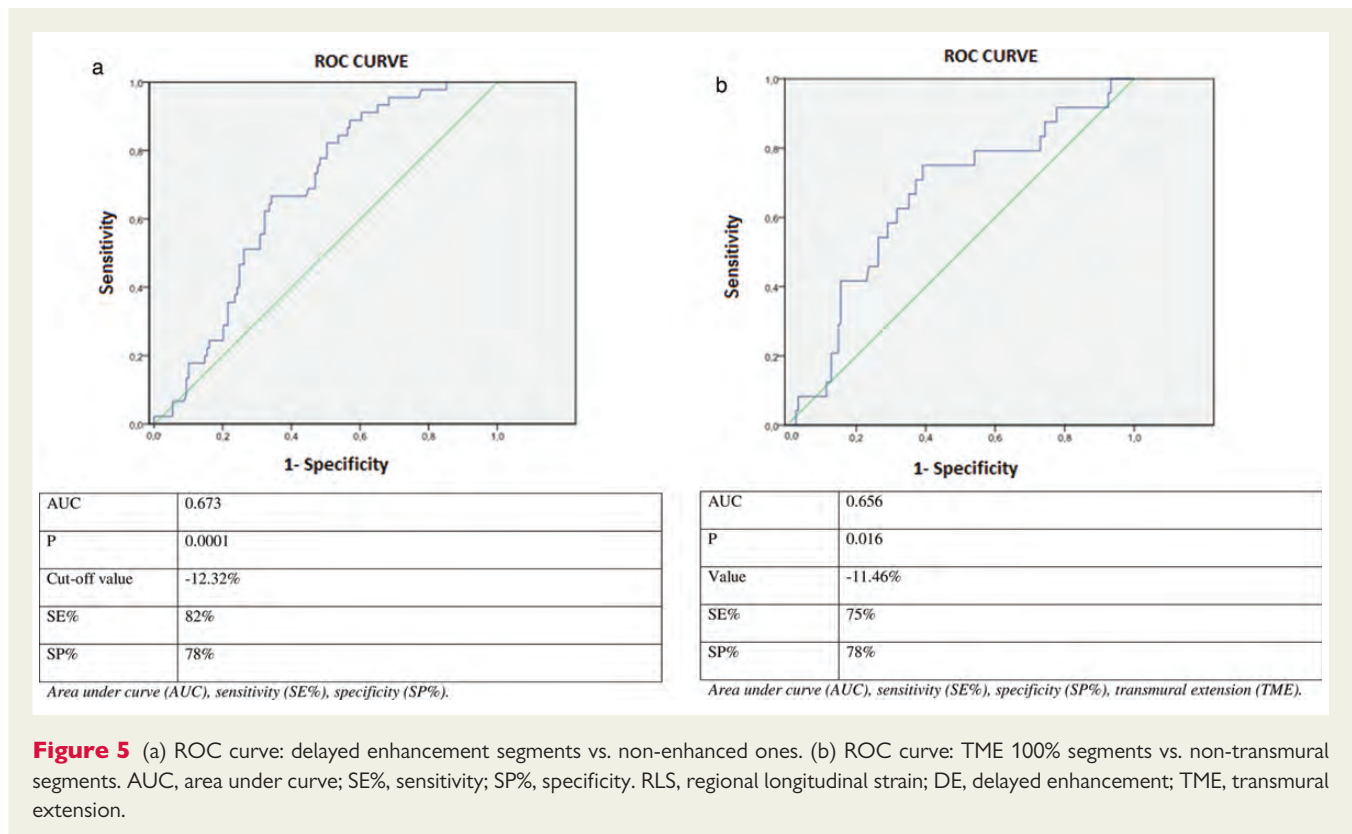
The present study demonstrates that RLS is lower in segments with areas of DE evaluated by CMR. In particular, RLS is

significantly lower in transmural segments. Thus, the evaluation of RLS allows a reliable identification of segments with transmural extent of myocardial necrosis. Identification of transmural infarction is clinically important because of its prognostic implications. There is a close relationship between different degrees of ischaemic injury, mortality, and morbidity.²¹ It is well known that when transmural extent of DE is >50% of the entire segment, the likelihood of increased contractility after revascularization⁷ is strongly reduced. CMR is the gold standard method identifying myocardial scar. IS measurement can also be achieved by biochemical²² and electrocardiographic methods^{23,24} or by imaging modalities, such as scintigraphy²⁵ and 2D echocardiography.^{26–28} Echocardiographic techniques are the most easily available in the acute phase after MI, so, an ultrasound-based index which can also identify transmural myocardial segment should be considered an important clinical tool.

Previous^{29–31} studies proved the reliability of longitudinal strain in identifying ischaemic areas. In particular, RLS closely related with other signs of MI, such as wall thickening, angiographic findings, and ECG signs of ischaemia. In our paper, we compared RLS directly with CMR, the gold standard evaluation for assessing IS. Our data clearly showed that RLS analysis is a reliable and sensitive tool to detect small areas of MI, also able to identify their transmurality.

The relationship between RLS and the presence of myocardial scar evaluated by CMR has been already reported in previous papers.^{32,33} A recent study by Sengupta *et al.*,³² performed on a heterogeneous population of patients with myocardial scar, demonstrated the reduction of RLS independently by delayed enhancement location (sub-endocardial, sub-epicardial, mid-myocardial, and transmural). Jonathan *et al.*³³ showed that, in chronic ischaemic patients, enhanced myocardial segments had a reduction in longitudinal strain (-13 ± 5.6 vs. -17 ± 5.4 , $P < 0.0001$) compared with normal myocardium. In these papers, the authors described also radial and circumferential strain as predictors of IS. In our study, we took into account only the longitudinal component of myocardial strain, because, as previously described, radial and circumferential strain measurements resulted to be not so reliable.³⁴ They are highly subjected to the image quality and to the suitability of parameter setting for image acquisition. When validated against CMR, transmural strain and circumferential strain by 2D-STE have also been reported to have only a weak correlation.^{35,36}

Bax *et al.*,³⁷ previously demonstrated the association between GLS and RLS measured by 2D-STE with the global and regional transmural extent of myocardial scar as measured by CMR. A cut-off value of -4.5% for regional strain discriminated between segments with viable myocardium and those with transmural scar tissue with a sensitivity of 81% and specificity of 81%. Cut-off values identified in our study are quite different. A possible explanation of this discrepancy could be that this mentioned study was performed on a population of chronic ischaemic patients with markedly reduced LVEF ($28 \pm 8\%$), identifying irreversible ischaemic damage in those who have yet a clear evidence of functional alteration and known history of ischaemic myocardial diseases. Softwares used for strain analysis were also different, thus further explaining the different cut-off values found.



GLS and time-to-PCI

An important result which confirmed the relationship of this parameter with the presence of ischaemic myocardium is the significant linear correlation between GLS and time-to-PCI. It is well known that time to reperfusion determines the extent of reversible and irreversible myocardial injury: a shorter time-to-reperfusion is associated with smaller IS and microvascular obstruction and larger salvaged myocardium³⁸; moreover, delays in recanalizing the occluded artery in patients with STEMI influence IS extent^{39,40} with a strong impact on prognosis.⁴¹ The present study confirms that a longer time-to-reperfusion is associated with lower values of longitudinal strain, suggesting a reduction of myocardial systolic shortening in prolonged conditions of ischaemia. This association defines a possible role of this new parameter in predicting prognosis of patients after acute MI, but this result has to be confirmed with further studies.

Study limitations

Our study, in line with the literature, confirms that GLS is a useful diagnostic tool for assessing LV function, but its prognostic value and the impact on major cardiac adverse events has to be confirmed with further studies based on follow-up data.

Another limitation of the study is that it is based on a small population. Our results have to be confirmed on a larger sample.

Moreover, it has to be considered that myocardial systolic strain is a load-dependent parameter and that it should be interpreted with care if there are changes of loading conditions. We examined our patients in stable clinical conditions (Killip Class I), verifying the

clinical usefulness of the method, but its value in unstable patients has to be established.

Finally, although strain analysis is able to clearly differentiate between normal and transmurally enhancing segments, the differentiation between normal and non-transmural ones is less evident.

Conclusions

Global longitudinal strain assessed by 2D-STE is an accurate index of global LV function, while regional strain is a sensitive method to identify also small areas of DE and to identify transmural-infarcted segments in patients with acute MI and preserved or mildly reduced systolic function.

Our findings indicate that this method provides a rapid, easy, and non-invasive assessment of global myocardial function and of the presence of segments with transmural extent of necrosis, with several potential clinical implications.

Conflict of interest: none declared.

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