

Hemodynamic Effects of Ventricular Defibrillation

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ABSTRACT Hemodynamic responses to ventricular defibrillation were studied in anesthetized dogs. Observations were made on arterial, right atrial and left ventricular end-diastolic pressures, on cardiac output (dye dilution), heart rate, and right atrial electrocardiogram. Ventricular fibrillation was induced electrically with a bipolar electrode catheter placed in the right ventricle. Fibrillation was maintained for 15 or 30 sec and terminated with a 400 w sec capacitor discharge across the thoracic cage.

Responses lasted 1–10 min after conversion and included a cholinergic and an adrenergic component. The cholinergic component was characterized by sinus bradycardia, periods of sinus arrest, atrioventricular block, and ventricular premature beats. The adrenergic component included increases in arterial pressure, in cardiac output, and in left ventricular stroke work at a time when left ventricular end-diastolic pressure was normal; there was no change in total peripheral resistance. The pH of arterial blood decreased slightly and pCO₂ increased but pO₂ and the concentration of lactate were unchanged. Bilateral vagotomy and intravenous administration of atropine blocked the cholinergic component, unmasked a sinus tachycardia, and accentuated the adrenergic component of the response. The latter was blocked by intravenous administration of propranolol and phenoxybenzamine.

These responses were related primarily to conversion of ventricular fibrillation rather than to the electrical discharge of countershock because countershock without ventricular fibrillation caused more transient and smaller responses than those observed with defibrillation: furthermore, the hemodynamic effects of defibrillation were augmented by prolongation of the duration of

fibrillation. The results suggest that the cholinergic component of the response may be detrimental in that it favors spontaneous recurrence of fibrillation; on the other hand, the adrenergic component may be essential for conversion since only one of six dogs depleted of endogenous catecholamines with reserpine survived ventricular defibrillation.

INTRODUCTION

The use of the cardiac monitor has resulted in prompt recognition and early treatment of ventricular fibrillation with increasing frequency in the past decade. Nonetheless, mortality from this cardiovascular catastrophe remains high. Information concerning the hemodynamic responses associated with ventricular defibrillation is lacking.

Previous studies have dealt primarily with cardiac effects of electrical stimulation and of alternating current (AC) and direct current (DC) countershocks without ventricular fibrillation (3–13). Such observations were made on isolated hearts (3, 4), on atrial muscle (5, 6), or on ventricular muscle (7–9) and indicate that electrical stimulation may activate intracardiac sympathetic as well as parasympathetic fibers. Childers, Rothbaum, and Arnsdorf (10) described significant but transient effects of internal DC shock on the electrical properties of the heart; these included delay in atrioventricular transmission, shortening of atrial and ventricular refractory periods, and increased ventricular excitability. Cobb, Wallace, and Wagner reported brief periods of sinus bradycardia and increased myocardial contractile force after AC or DC countershock (4). Capapas and Martin (11) reported small increases in arterial pressure and heart rate after DC shock across the closed chest of dogs. Lown, Kleiger, and Williams (12) and Ten Eick, Wyte, Ross, and Hoffman (13) emphasized the interaction between digitalis and the increased ventricular irritability after countershock.

In other studies (14, 15) ventricular fibrillation was induced and the effectiveness of DC shock in converting

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this arrhythmia was compared to that of AC shock. The superiority of the DC current for ventricular defibrillation was demonstrated.

The experiments described in this report were done to obtain information on the hemodynamic changes associated with ventricular defibrillation. Differences between the transient effect of DC countershock administered without fibrillation and the more sustained response to defibrillation were recognized. The contributions of a cholinergic and an adrenergic component to the response were assessed and the influence of each component on the success of defibrillation was evaluated.

METHODS

Male mongrel dogs weighing 14–24 kg were anesthetized with chloralose, 500 mg/kg, and urethane, 50 mg/kg. Decamethonium bromide, 0.3 mg/kg, was given intravenously and additional doses were given when necessary to maintain muscular relaxation.¹ The dogs were ventilated artificially with a mixture of oxygen and air² through a cuffed endotracheal tube connected to a respiratory pump. Heparin (Liquaemin Sodium "10"), 500 U/kg, was injected intravenously. Catheters were placed in the right atrium, left ventricle, and aorta and connected to transducers (Statham Instruments, Inc., Los Angeles, Calif.) for measurement of right atrial, left ventricular end-diastolic, and aortic pressures.³ Cardiac output was measured by injecting Indocyanine Green dye through a catheter placed in the pulmonary artery and by withdrawing blood through a catheter placed in the abdominal aorta and connected to the cuvette of a densitometer (Gilford Instrument Company, Elyria, Ohio). The electrocardiogram was monitored continuously. All measurements were recorded with a direct-writing oscillograph (Sanborn Co., Waltham, Mass.). Arterial blood samples were obtained at regular intervals throughout the experiment for measurements of pH, pO₂, pCO₂ (Instrumentation Laboratory, Inc., Watertown, Mass.) and the concentration of lactate (16). Ventricular fibrillation was induced by delivering a current of 5 v and 60 pulses/sec for periods of 1–2 sec to the right ventricle using an S₁ (Grass Instrument Co., Quincy, Mass.) stimulator and a bipolar electrode catheter.⁴ Attempts were made to terminate the ventricular fibrillation after 15 or 30 sec with a 400 w sec capacitor discharge (Corbin-Farnsworth Inc., Palo Alto, Calif.) delivered with external paddles 10 cm in diameter placed on each side of the shaved thoracic cage at the level of the heart. Because it was important to maintain fibrillation for

specific periods of time the high level of electrical energy of 400 w sec was used uniformly to ascertain immediate conversion; nevertheless, in several experiments, particularly when ventricular fibrillation was maintained for periods of 30 sec, conversion was not achieved with a single countershock and one or two additional discharges were necessary.

Observations were made before and at frequent intervals after defibrillation for a period of 15 min. During this period the hemodynamic measurements, blood gases, and pH would have returned to control levels. In four dogs repeated episodes of fibrillation followed by defibrillation were carried for a period of 1½ hr. The changes in heart rate and arterial pressure with each defibrillation were reproducible.

Responses observed after defibrillation included marked bradycardia associated with an increase in cardiac output and a rise in arterial pressure suggesting activation of the two major components of the autonomic system: the parasympathetic-cholinergic component and the sympathetic-adrenergic component. In an attempt to block the first component we sectioned both vagi and administered atropine sulfate 0.2 mg/kg intravenously. These interventions will be referred to as causing a "cholinergic blockade" but it should be recognized that afferent vagal impulses were also interrupted. After cholinergic blockade, responses to defibrillation included increases in heart rate, cardiac output, and arterial pressure which suggested a possible activation of beta adrenergic receptors. After obtaining the responses to defibrillation in six dogs that had atropine and bilateral vagotomy, propranolol (Inderal) was injected intravenously in a dose of 0.5 mg/kg. This dose was sufficient to antagonize increases in cardiac output and in heart rate caused by the intravenous infusion of isoproterenol in doses of 0.125, 0.25, and 0.5 µg/kg per min over a period of 3–5 min. The magnitude of the changes in cardiac output and heart rate occurring during the infusions of isoproterenol was similar to that observed after conversion from episodes of fibrillation lasting 15 or 30 sec.

The administration of the beta blockers did not antagonize completely the pressor responses to defibrillation; therefore, five dogs that had cholinergic blockade were given the alpha adrenergic receptor blocker phenoxybenzamine (0.5 mg/kg) (Dibenzylamine) intravenously. Responses to defibrillation were tested before and after the blocker. The dose of phenoxybenzamine was sufficient to block pressor responses to intravenous norepinephrine bitartrate (0.3, 0.6, and 1.2 µg/kg per min) administered to two of the five dogs.

In another group of six dogs reserpine was administered intraperitoneally in a dose of 0.25 mg/kg per day on 2 successive days. On the 3rd day, responses to defibrillation were tested after the animals had had atropine (0.2 mg/kg) and bilateral vagotomy. A 15 sec period of fibrillation was induced first and if the dog survived that episode a 30 sec period of fibrillation was induced after hemodynamic values had returned to control levels, or 30 min after the first episode.

Pressures were recorded continuously. Mean systemic arterial pressure was obtained by electrical integration of the aortic pressure pulse. Cardiac output was measured before and at 1, 5, and 15 min after defibrillation. Occasionally, it was necessary to reject the dye dilution curve because of arrhythmias at the time of the measurement. The cardiac output was calculated using the Hamilton-Stewart equations (17) and expressed as cardiac index in milliliters per minute per kilogram body weight. Heart rate was obtained from the aortic pressure tracing. Left ventricular stroke work was calculated as the product of stroke volume in milliliters per beat and mean arterial pressure minus mean right atrial

¹ Decamethonium bromide was given to produce relaxation of respiratory muscles and to permit adequate ventilation. It reduced the vigorous muscular contractions associated with the high level of electrical countershock used in these animals. The doses used were too small to cause ganglionic blockade or release of histamine.

² The mixture of approximately 30% oxygen in air was sufficient to maintain arterial pO₂ above 100 mm Hg.

³ The frequency response of the left ventricular and aortic recording systems was flat to 12.5 and 10 cycles/sec respectively. Small volume displacement transducers (0.04 mm³/100 mm Hg) were used (P23Db).

⁴ The current estimated from measurements of the resistance of the bipolar electrode catheter placed in the right ventricle in four experiments approximated 10–40 ma.

TABLE I
Hemodynamic Data Obtained before Ventricular Fibrillation (B) and at Various Intervals after (A)
Conversion from Episodes of Fibrillation Lasting 30-36 sec

Exp. No. (weight)		BP	HR	CI	LVEF	LVSF	TPR	VF	No. of shocks
		<i>mm Hg</i>	<i>beats/ min</i>	<i>ml/kg per min</i>	<i>mm Hg</i>	<i>ml X mm Hg</i>	<i>U</i>	<i>sec</i>	
4 (18 kg)	B	160	160	128	9	2180	69		
	Max	210	120	—	—	—	—	32	2
	A 1'	190	130	170	10	4237	62		
	A 5'	140	140	116	10	1956	67		
	A 15'	155	140	134	9	2524	64		
8 (19 kg)	B	130	180	102	3	1359	67		
	Max	215	140	—	—	—	—	34	3
	A 1'	150	140	134	4	2648	59		
	A 5'	130	160	100	5	1493	68		
	A 15'	130	185	97	5	1244	71		
11 (21 kg)	B	130	175	142	5	2129	44		
	Max	160	70	—	—	—	—	30	1
	A 1'	138	125	147	6	3252	44		
	A 5'	132	133	132	6	2613	48		
	A 15'	140	170	143	5	2391	46		
13 (15 kg)	B	150	108	127	11	2459	78		
	Max	200	50	—	—	—	—	32	2
	A 1'	160	85	103	13	2681	103		
	A 5'	150	90	81	12	1855	124		
	A 15'	145	102	101	10	2012	95		
19 (24 kg)	B	120	185	128	8	1916	46		
	Max	215	125	—	—	—	—	30	1
	A 1'	150	150	205	8	4639	30		
	A 5'	130	185	130	8	2051	42		
	A 15'	120	185	130	7	1905	39		
33 (15 kg)	B	130	164	93	5	1063	93		
	Max	200	50	—	—	—	—	30	1
	A 1'	190	90	107	8	3239	119		
	A 5'	130	190	105	5	1042	85		
	A 15'	125	165	87	5	955	95		
34 (16 kg)	B	140	165	108	8	1324	82		
	Max	190	40	—	—	—	—	30	1
	A 1'	190	135	117	8	2519	102		
	A 5'	135	150	102	8	1827	98		
	A 15'	125	150	113	7	1329	74		
35 (14 kg)	B	167	170	101	8	1320	118		
	Max	212	20	—	—	—	—	30	1
	A 1'	210	190	134	8	1996	112		
	A 5'	170	180	101	8	1275	119		
	A 15'	163	180	87	6	1068	133		

TABLE I—(Continued)

Exp. No. (weight)		BP	HR	CI	LVEP	LVSW	TPR	VF	No. of shocks
		mm Hg	beats/ min	ml/kg per min	mm Hg	ml × mm Hg	U	sec	
39 (17 kg)	B	145	160	163	5	2520	51		
	Max	180	40	—	—	—	—	36	2
	A 1'	170	190	231	4	3537	42		
	5'	145	115	149	6	3146	56		
	15'	140	190	173	4	2161	46		
Means and standard errors	B	141 4.9	163 7.0	121 7.1	6.9 0.8	1808 172.6	72 7.6		
	Max	198* 5.8	73* 13.8	— —	— —	— —	— —	31.5	1.6
	A 1'	172* 7.6	137* 11.6	150* 13.9	7.7 0.9	3194* 266.5	75 10.7		
	5'	140 4.2	149* 10.6	113 6.6	7.6 0.7	1918 204.4	79 9.4		
	15'	138 4.6	163 8.9	118 9.1	6.4 0.6	1732 185.9	74 9.4		

Entries represent values of mean arterial blood pressure (BP), heart rate (H), cardiac index (CI), left ventricular end-diastolic pressure (LVEP), left ventricular stroke work (LVSW), and total peripheral resistance (TPR). The duration of ventricular fibrillation is entered under VF in seconds and the number of countershocks necessary for conversion is shown in the last column. Observations made after conversion were obtained at the time of the maximal response (Max) which occurred usually within 45 sec and at 1 min (1'), 5 min (5'), and 15 min (15') after conversion. Maximal responses are indicated for BP and HR only because the first cardiac output obtained after conversion was measured after the maximal responses for BP and HR had been reached. Right atrial pressure averaged $2.9 \pm SE 0.6$ mm Hg before fibrillation and 3.7 ± 1.0 , 3.2 ± 0.8 , and 2.8 ± 0.5 mm Hg at 1', 5', and 15' after defibrillation respectively. Heart rates shown in this and in subsequent tables were obtained from aortic pressure pulses.

* Indicates that average values observed after defibrillation were significantly different from corresponding values obtained before fibrillation.

pressure and expressed in milliliters × mm Hg. Total systemic resistance was calculated as the quotient of mean arterial pressure over cardiac output in liters per minute and expressed in arbitrary units.

Paired comparisons were made using the paired *t* test or Wilcoxon's signed-ranks test (18) and group comparisons were made with the unpaired *t* test. Differences were considered significant at a *P* value < 0.05.

RESULTS

Effects of ventricular defibrillation (group 1). Hemodynamic responses were observed in a group of nine dogs (Table I). After 30 sec of fibrillation a single electrical countershock was sufficient to induce and maintain conversion in five of the nine dogs; in the other four spontaneous recurrence of fibrillation necessitated one or two additional electrical countershocks for conversion (Fig. 1).

The restoration of sinus rhythm was characterized by sinus bradycardia which was maximal during a period of 20 sec immediately after defibrillation. Periods of sinus

node arrest, suggested by the presence of atrial asystoles lasting 2 sec or longer, occurred after 71% of the episodes of fibrillation (Fig. 2).

Blood pressure increased gradually to levels higher than control (Figs. 1 and 3). Cardiac output measured at 1 min after defibrillation was increased and the calculated left ventricular stroke work was augmented; left ventricular end-diastolic pressure had returned to control levels. Total peripheral resistance did not change significantly. Both the pressor and cardiac output responses were terminated within 5 min after conversion, but the bradycardia persisted for 5–10 min (Fig. 3).

Effect of cholinergic blockade on responses to ventricular defibrillation (group 2). The effects of defibrillation were studied in a group of 10 dogs after section of both vagi and administration of 0.2 mg/kg of atropine intravenously (Table II and Fig. 4). These interventions prevented the marked and sustained bradycardia that was seen after conversion in group 1; instead a brief period of bradycardia lasting only 5–15

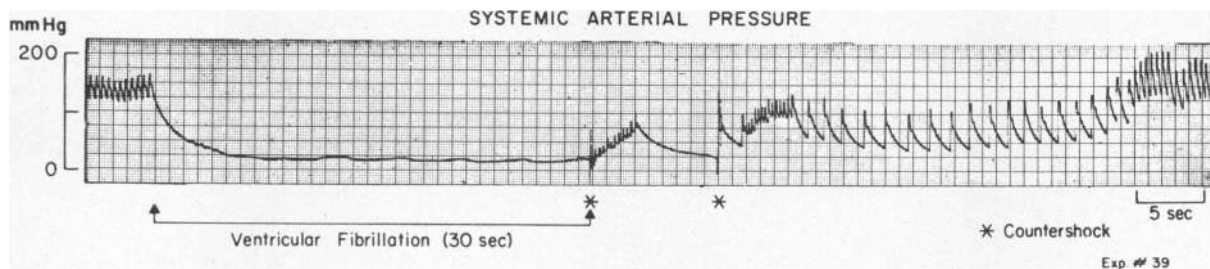


FIGURE 1 Ventricular fibrillation recurred spontaneously requiring a second 400 w sec capacitor discharge after temporary conversion with the first countershock. Restoration of sinus rhythm was characterized by marked bradycardia before the return of blood pressure to control levels. The hypertensive phase was delayed for at least 20 sec.

sec (Fig. 5) was followed by an increase in heart rate to levels higher than control. The tachycardia reached a peak at 10–20 sec and was terminated between 1 and 5 min after conversion. Increases in cardiac output, arterial pressure, and left ventricular stroke work were evident after conversion as in the first group of dogs. Left ventricular end-diastolic pressure measured at that time had returned to control levels. There were no significant changes in total peripheral resistance.

In assessing the effects of cholinergic blockade by comparing results in group 1 vs. group 2 an “unpaired” statistical analysis was carried out; the variations from dog to dog obscured the statistical significance of the effects that cholinergic blockade might have had on the pressor and cardiac output responses to defibrillation (Table II). Therefore, responses to defibrillation were measured in another group of seven dogs both before and after atropine and vagotomy in the same animal and “paired” comparisons of responses were possible.

Episodes of fibrillation lasted either 15 sec (two dogs) or 30 sec (five dogs). Increases in arterial blood pressure ($+14 \pm 9.7$ mm Hg), in cardiac index ($+10 \pm 12$ ml/kg per min), and stroke work ($+753 \pm 224$ ml \times mm Hg) measured at 1 min after conversion were greater ($+34.7 \pm 12.4$ mm Hg; $+39.1 \pm 11.8$ ml/kg per min; and $+999 \pm 196$ ml \times mm Hg, respectively) after atropine and vagotomy ($P < 0.05$).

In another group of six dogs, the right atrial electrocardiogram and arterial pressure were recorded. 15- and 30-sec periods of ventricular fibrillation were induced. Results obtained during the first 10 sec after conversion are in Fig. 5 and demonstrate the effectiveness of cholinergic blockade in abolishing the sinus bradycardia. A prolongation of the PR interval and intermittent failure of atrioventricular conduction were still apparent during the first 5–15 sec (Fig. 5) after which a tachycardia became the major response (Table II). Before cholinergic blockade the frequency of premature

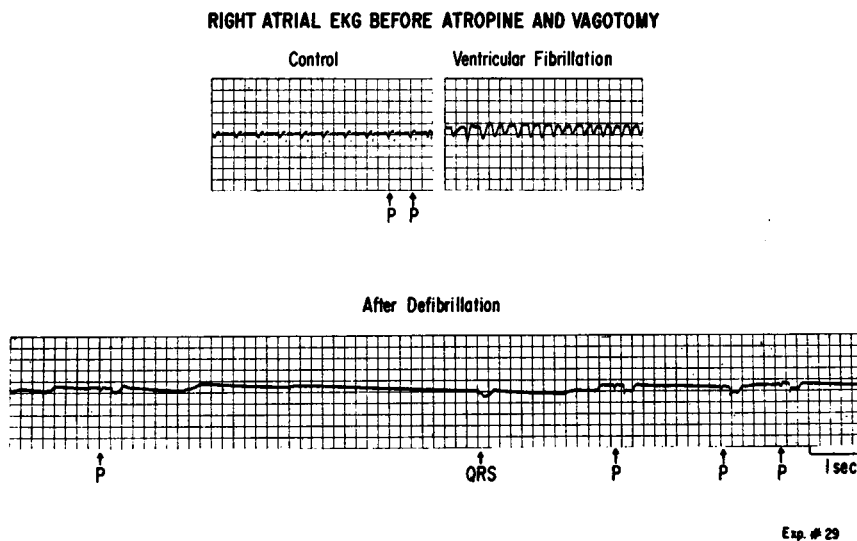


FIGURE 2 Sinus arrest, A-V block, and nodal or ventricular beats were seen frequently before cholinergic blockade.

ventricular contractions averaged $8.4 \pm \text{SE } 2.3$ during the first 20 sec period and 12.1 ± 1.8 during the 1st minute after defibrillation; after cholinergic blockade the incidence of premature beats fell to 1.8 ± 0.5 and 2.7 ± 0.6 during corresponding intervals.

Spontaneous recurrence of ventricular fibrillation was not infrequent during the period immediately after defibrillation (Fig. 1). This susceptibility was minimized by cholinergic blockade. The number of countershocks necessary to maintain conversion was reduced significantly after the blockade (Table III).

Effect of duration of ventricular fibrillation on the hemodynamic responses (Table IV). When the duration of ventricular fibrillation was prolonged, the maximal increases in arterial pressure, the time to reach the peak pressor response, and the duration of the pressor response were all augmented. Increases in cardiac index

and in left ventricular stroke work were augmented also. The reduction in heart rate before cholinergic blockade was related to the duration of fibrillation; the tachycardia observed after cholinergic blockade lasted longer when the period of fibrillation was prolonged (Table IV). Electrocardiographic observations made on atrial and ventricular rates and on the PR interval within 10 sec after defibrillation indicate an effect of the duration of fibrillation both before and after cholinergic blockade (Fig. 5).

Levels of pO_2 , pCO_2 , pH, and lactate in arterial blood (Table V). There was a minimal reduction in pH and a small elevation in pCO_2 1 min after conversion from ventricular fibrillation at a time when the hemodynamic responses were pronounced. These changes in pH and pCO_2 were transient; pO_2 and the concentration of lactate were unchanged.

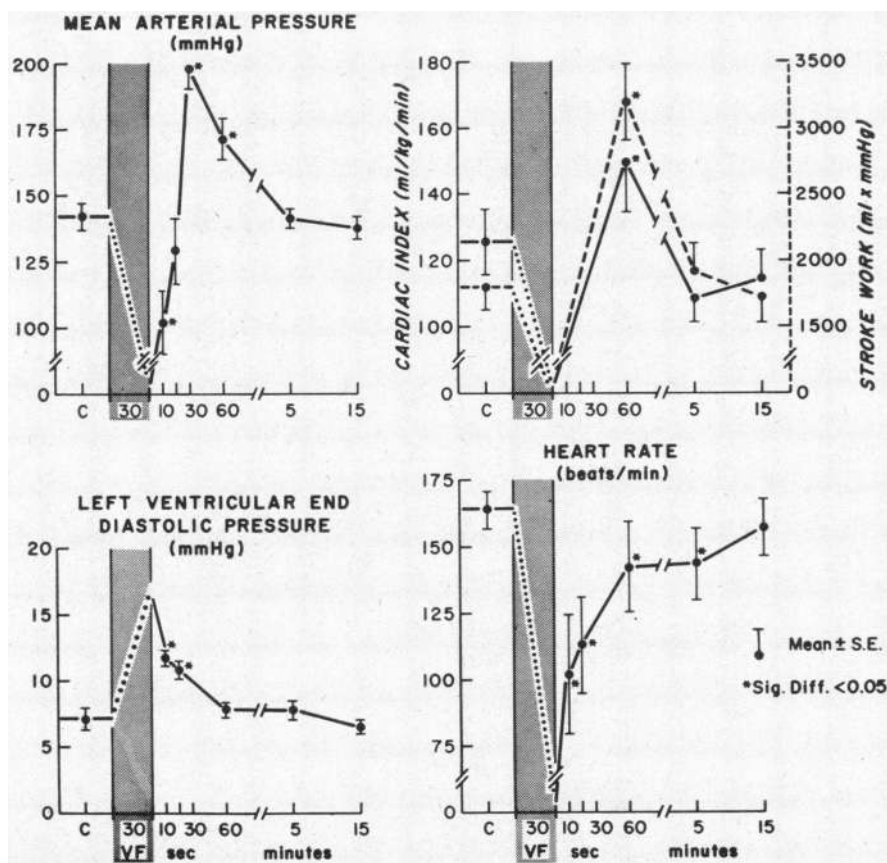


FIGURE 3 Averages and standard errors (nine dogs) of values observed before (C) and at various intervals (10, 20, 30, 60, sec; 5 and 15 min) after conversion from episodes of fibrillation (VF) lasting approximately 30 sec as indicated by the shaded area. The animals had intact vagi and had had no atropine. Heart rate was obtained from aortic pressure pulses; bradycardia was present when systemic arterial pressure was still below control levels. The changes in right atrial pressure paralleled those of left ventricular end-diastolic pressure. The asterisks indicate that the values were significantly different from (C).

TABLE II
Hemodynamic Data Obtained before (B) and at Various Intervals after (A) Conversion from Episodes of Ventricular Fibrillation Lasting 30-36 sec in Dogs That Had Bilateral Vagotomy and Atropine

Exp. No. (weight)		BP	HR	CI	LVEP	LVSW	TPR	VF	No. of shocks
		mm Hg	beats/ min	ml/kg per min	mm Hg	ml X mm Hg	U	sec	
13 (15 kg)	B	145	210	105	7	1071	89		
	Max	260	210	—	—	—	—	31	1
	A 1'	190	190	114	8	1789	107		
	A 5'	160	190	90	9	1105	115		
	A 15'	135	195	94	9	944	92		
18 (21 kg)	B	140	170	96	6	1596	70		
	Max	185	175	—	—	—	—	30	1
	A 1'	165	170	133	6	2609	59		
	A 5'	145	165	85	5	1518	81		
	A 15'	140	170	91	5	1438	77		
20 (17 kg)	B	150	200	133	4	1701	65		
	Max	205	240	—	—	—	—	31	1
	A 1'	200	230	194	4	2897	59		
	A 5'	150	190	122	4	1875	62		
	A 15'	142	175	122	4	1932	58		
21 (16 kg)	B	140	200	134	6	1481	63		
	Max	190	250	—	—	—	—	36	2
	A 1'	185	230	149	3	1938	76		
	A 5'	140	210	122	6	1282	70		
	A 15'	110	215	109	5	879	61		
22 (16 kg)	B	110	210	85	2	700	81		
	Max	150	230	—	—	—	—	33	1
	A 1'	130	200	138	2	1419	59		
	A 5'	100	210	76	3	564	82		
	A 15'	105	210	82	3	636	80		
23 (18 kg)	B	142	180	103	5	1415	76		
	Max	200	260	—	—	—	—	33	1
	A 1'	188	200	153	5	2516	68		
	A 5'	143	200	96	3	1211	83		
	A 15'	135	200	95	3	1131	79		
24 (20½ kg)	B	150	200	160	7	2338	46		
	Max	205	260	—	—	—	—	32	1
	A 1'	180	245	238	5	3479	37		
	A 5'	150	195	160	8	2381	46		
	A 15'	150	200	146	8	2123	50		
25 (17 kg)	B	135	160	156	8	2167	50		
	Max	203	230	—	—	—	—	31	1
	A 1'	170	200	263	6	3772	37		
	A 5'	145	160	137	9	2032	61		
	A 15'	132	170	136	7	1742	56		

TABLE II—(Continued)

Exp. No. (weight)		BP	HR	CI	LVEP	LVSF	TPR	VF	No. of shocks
		mm Hg	beats/ min	ml/kg per min	mm Hg	ml × mm Hg	U	sec	
39 (17 kg)	B	142	150	133	5	2138	61		
	Max	195	215	—	—	—	—	30	1
	A 1'	164	180	226	4	3529	42		
	5'	140	160	137	5	2020	58		
	15'	136	150	110	5	1678	71		
41 (19 kg)	B	155	145	128	6	2570	62		
	Max	185	220	—	—	—	—	35	2
	A 1'	175	180	182	4	3367	49		
	5'	150	170	160	5	2662	48		
	15'	145	150	95	5	1928	70		
Means and standard errors	B	140 3.7	183 7.5	123 7.6	5.8 0.5	1718 176.2	66 4.0		
	Max	202* 8.3	229*‡ 7.8	— —	— —	— —	— —	32.2	1.2
	1'	175* 5.8	203*‡ 7.5	179* 15.0	5.2‡ 0.5	2731* 245.2	59 6.4		
	A 5'	142 4.8	185‡ 5.9	118 9.2	5.8 0.7	1665 192.7	71 6.2		
	15'	133 4.4	184 7.1	108* 6.3	5.5 0.6	1443* 154.8	69 3.9		

See footnote to Table I. Values of right atrial pressure averaged 2.8 ± 0.5 , 3.2 ± 0.5 , 2.8 ± 0.5 , and 2.7 ± 0.4 mm Hg before and at 1', 5', and 15' after conversion respectively.

* Indicates that average values observed after defibrillation were significantly different from corresponding values obtained before fibrillation.

‡ Indicates that the average values are significantly different from corresponding values obtained in the group which had no atropine nor vagotomy shown in Table I; the comparisons between the two groups were done using the unpaired *t* test since the observations were made on different animals in the two groups with the exception of two experiments (Nos. 13 and 39).

Effect of countershock without ventricular fibrillation. The effects of DC shock were smaller or much more transient than corresponding changes observed when the shock was administered after a period of ventricular fibrillation (Table VI). Before cholinergic blockade effects of countershock without fibrillation were small and not statistically significant with the exception of minimal reductions in mean arterial pressure and cardiac output occurring 5 min after the countershock. After cholinergic blockade there were significant increases in mean arterial pressure and heart rate during the first 10 sec after countershock. These changes were not apparent at 1 min and there was a small reduction in arterial pressure at 5 min. Cardiac output measured 1 min after countershock was increased slightly.

Effect of propranolol on responses to ventricular defibrillation in dogs that had atropine and bilateral vagotomy. Propranolol reduced the resting value of arterial blood pressure, cardiac output, and heart rate and antagonized the responses to ventricular defibrillation (Table VII). Increases in heart rate and cardiac output caused by defibrillation were blocked and increases in arterial pressure were reduced significantly but were not abolished. Left ventricular end-diastolic pressure was unchanged by the blocker and its level 1 min after defibrillation was not different from control. In the same animals increases in cardiac output and heart rate caused by intravenous infusions of isoproterenol were blocked by propranolol.

Effect of phenoxybenzamine on responses to ventricular defibrillation in dogs that had atropine and bilateral

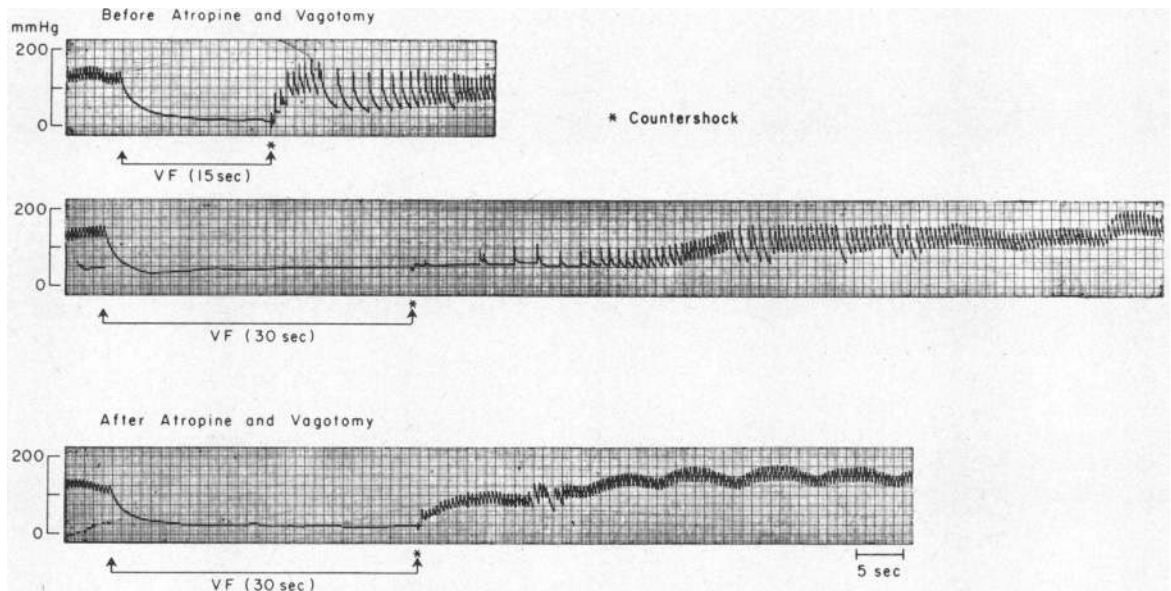


FIGURE 4 Effect of duration of fibrillation (VF) and of atropine and vagotomy on pressure responses. The bradycardia was accentuated and its duration was prolonged when the period of fibrillation was increased from 15 to 30 sec. After cholinergic blockade the period of bradycardia was brief and was followed by tachycardia and the hypertensive phase.

vagotomy. In each of five dogs phenoxybenzamine reduced the resting levels of arterial blood pressure (Table VIII) and of left ventricular end-diastolic pressure significantly; the latter fell from an average of $7.7 \pm SE 1.2$ to 4.6 ± 0.3 mm Hg. Reductions in resting values of cardiac output (Table VIII) and total peripheral resistance (75 ± 10.3 before vs. 61 ± 15.9 U after the blocker) were not statistically significant. The increase in arterial blood pressure in response to defibrillation was blocked by phenoxybenzamine. The increase in cardiac output measured at 1 min after conversion was reduced by the blocker but the reduction was not statistically significant (Table VIII).

Effect of pretreatment with reserpine on responses to ventricular defibrillation. Only two of six dogs survived conversion from episodes of ventricular fibrillation lasting 15 sec and only one of these two recovered from a 30 sec period of fibrillation. Failure of recovery was associated with two responses which were not present in the untreated animals. Complete atrioventricular heart block, which was transient in untreated dogs, was sustained for 1–2 min in these animals. When atrioventricular conduction was restored, a progressive decline in arterial pressure and cardiac output was observed. In the only dog that recovered from a 30-sec period of fibrillation transient heart block was followed by a gradual return of arterial pressure and cardiac output to control levels.

DISCUSSION

The results of this study support two conclusions. The first is that ventricular defibrillation is associated with two major hemodynamic responses; one is a negative chronotropic response which appears to be mediated through a cholinergic mechanism and the other is a positive inotropic response which is related to adrenergic mechanisms.

A second conclusion relates to the contribution of the DC shock per se to these responses. Although DC shock

TABLE III

Effect of Atropine and Vagotomy on the Number of Countershocks Necessary for Conversion from Ventricular Fibrillation (VF) in a Total of 24 Dogs

Duration of VF...	Untreated dogs		Dogs that had atropine and vagotomy	
	15–29 sec	30–60 sec	15–29 sec	30–60 sec
Average No. of shocks	1.39*	2.30*	1.0*†	1.21*†
SE	0.14	0.63	0.0	0.10
n	18	10	8	24

* Indicates that the average values are statistically significant.
 † Indicates that the average number of countershocks necessary for conversion after the intravenous administration of atropine and bilateral vagotomy was significantly lower than the corresponding number without these interventions.

may contribute to the early responses observed within 30 sec after countershock (4, 10) the hemodynamic changes which we observed during the period of 1–15 min after defibrillation appear to be related primarily to the episode of fibrillation and to its subsequent conversion.

The negative chronotropic response was manifested by sinus bradycardia and sinus node arrest. Although the period of sinus node arrest occurred within 10–20 sec of ventricular defibrillation, sinus bradycardia was maintained for up to 10 min after conversion and its magnitude was related to the duration of fibrillation. As-

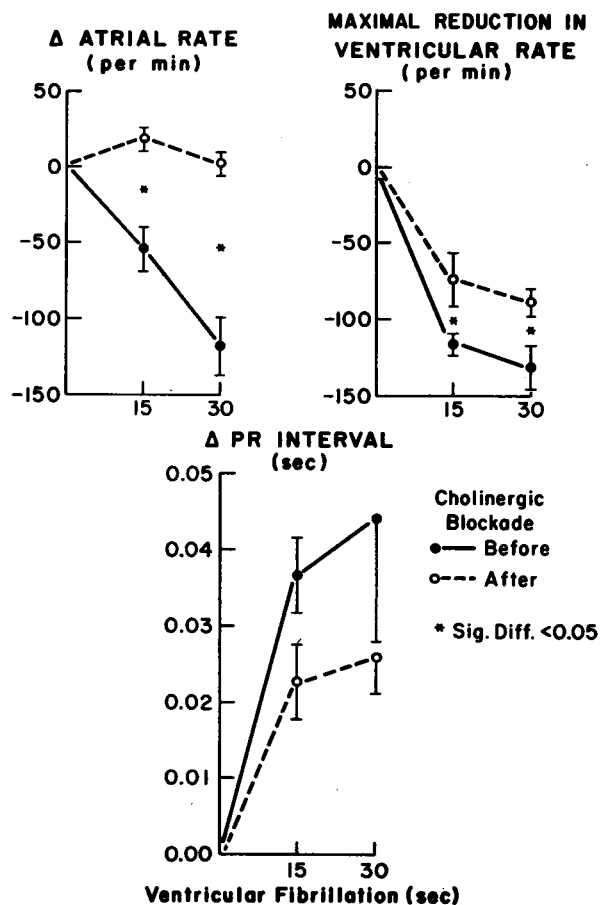


FIGURE 5 Effect of the duration of fibrillation and of cholinergic blockade on changes in atrial and ventricular rate and on the prolongation of the PR interval after defibrillation. The observations made immediately after defibrillation (within the first 10 sec period) were selected for this figure because this is the time at which a bradycardia was still evident when the animals had cholinergic blockade; promptly afterwards, at about 10–20 sec after defibrillation, a sinus tachycardia with a 1:1 conduction became evident. The asterisks represent the significance of the difference between observations made before and after cholinergic blockade.

sociated with the bradycardia were frequent premature ventricular beats. The administration of atropine and section of the vagi unmasked a sinus tachycardia and reduced or abolished the premature ventricular beats. It is known that the incidence of ectopic beats is a function of the basic ventricular rate (19) and that tachycardia may decrease ventricular irritability. More important than the reduction in the incidence of ectopic beats and possibly related to it was a reduction in the incidence of spontaneous recurrence of ventricular fibrillation from 43 to 13% by cholinergic blockade. This finding would support the rationale for the use of atropine in the treatment of ventricular fibrillation particularly when fibrillation recurs spontaneously after countershock.

A hypertensive phase sustained over a period of 2–4 min predominated the second component of the response to defibrillation which included also an increase in cardiac output and in stroke work when left ventricular end-diastolic pressure had returned to normal and heart rate was still decreased. These findings indicate a positive inotropic response. The absence of a rise in left ventricular end-diastolic pressure or a significant increase in peripheral resistance would indicate that the contributions of preload or afterload to the cardiac responses were minimal (20). After atropine and vagotomy the inotropic response was more evident and a positive chronotropic response was unmasked. Propranolol antagonized the positive inotropic and chronotropic responses to defibrillation but the rise in arterial pressure, although reduced, was not abolished. The persistence of a pressor response suggested that there was activation of vasoconstrictor alpha adrenergic receptors. Before propranolol there was no change in peripheral resistance in the presence of a significant hypertension; this finding would indicate that there was some increase in peripheral vascular tone without which passive vasodilatation would have occurred in response to the rise in distending pressure. The increase in tone was not sufficient to cause an increase in vascular resistance; but after propranolol a small increase in resistance

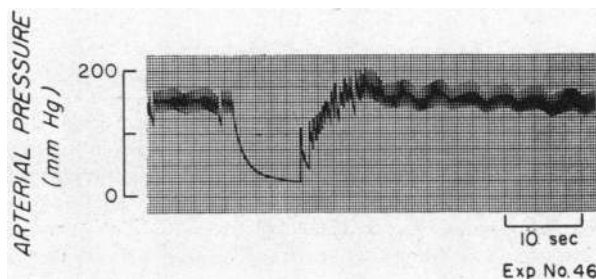


FIGURE 6 Spontaneous conversion from a brief episode of ventricular fibrillation. A transient bradycardia and an early hypertensive phase were apparent.

manifested by a rise in arterial pressure without an increase in output (Table VII) became apparent. It is possible that activation of vasodilator beta adrenergic receptors or another vasodilator system as a result of the marked increase in arterial pressure may have masked the vasoconstriction before propranolol.

The administration of phenoxybenzamine abolished the pressor response by preventing the increase in vascular tone and by reducing partly but not consistently

the increase in cardiac output. The persistence of an increase in cardiac output without a rise in arterial pressure after phenoxybenzamine (Table VIII) suggests also activation of a vasodilator system.

In an attempt to explain the reason for the reduction in the increase in cardiac output associated with defibrillation after phenoxybenzamine one might suggest that there was a nonspecific depression of cardiac responses by the alpha blocker. A more attractive possi-

TABLE IV
Effect of Duration of Fibrillation (VF) on Responses to Ventricular Defibrillation in Six Untreated Dogs and in Nine Dogs that had Bilateral Vagotomy and Atropine

Response	VF...	Untreated dogs (n = 6)		Dogs that had atropine and vagotomy (n = 9)		Comparison of responses at 15-18 vs. 30-36 sec ‡, P values (n = 10)
		15-18 sec	30-36 sec	15-18 sec	30-36 sec	
Change in mean arterial pressure, mm Hg	Δ Max	+38.7*	+57.5*	+47.2*	+58.8*	<0.05
		9.1	9.9	5.9	7.4	
	(time to Δ Max)	(10.4)*	(30.3)*	(10.6)*	(20.0)*	<0.05
		(2.0)	(5.1)	(1.4)	(4.0)	
	1'	+2.8	+24.7*	+20.0*	+42.1*	<0.01
	6.4	5.2	5.4	8.2'		
	5'	+1.2	-1.3	+1.7	+3.1	>0.05
		6.4	3.7	5.6	1.9	
Change in heart rate, beats/min	Δ Max	-44.8	-78.0*	+55.9*	+49.4*	>0.05
		25.7	11.4	10.6	9.2	
	(time to Δ Max)	(11.7)*	(14.2)*	(10.0)*	(15.6)*	>0.05
		(2.5)	(2.5)	(1.4)	(2.1)	
	1'	-19.8	-14.7	+7.6	+23.3*	<0.05
	11.9	14.6	9.7	6.5		
	5'	-14.2*	-24.2*	-4.1	+2.8	>0.05
		6.6	6.3	7.2	4.6	
Change in cardiac index, ml/kg per min	1'	+21*	+32*	+45*	+56*	<0.05
		7.5	15.8	11.8	10.4	
	5'	-14*	-14*	-3	-2	>0.05
		6.1	6.3	6.6	4.8	
Change in stroke work, ml × mm Hg	1'	+667*	+1405*	+812*	+1047*	<0.01
		207.8	325.1	171.4	110.2	
	5'	-49	+92	+7	-28	>0.05
		236.5	168.8	140.6	47.6	

Entries represent averages and standard errors. Δ Max refers to maximal changes observed after conversion; the time between conversion and Δ Max is indicated in parentheses in seconds under Δ Max.

* Indicates that the average responses are statistically significant.

‡ Refers to the statistical significance of the differences between responses observed after episodes of fibrillation lasting 15-18 sec and responses observed after episodes of fibrillation lasting 30-36 sec in the same animals. The number of countershocks necessary for conversion was not always the same after the short and long episodes of fibrillation; since countershock alone may have hemodynamic effects our statistical comparison of the effect of duration of fibrillation was made on results from 10 experiments in which the same number of countershocks was necessary for conversion after the long and short periods of fibrillation. In 9 of these 10 dogs a single countershock was needed for conversion and in one dog two countershocks were necessary. These 10 experiments included three dogs that were untreated and seven that had had atropine and bilateral vagotomy.

TABLE V
Averages (\bar{x}) and Standard Errors (SE) of Levels of pH, Blood Gases, and Lactate in Arterial Blood Samples Obtained before and at 1 and 5-min. Intervals after Conversion from Episodes of Ventricular Fibrillation Lasting 30–36 sec

	pH			pO ₂			pCO ₂			Lactate		
	Before	After		Before	After		Before	After		Before	After	
		1'	5'		1'	5'		1'	5'		1'	5'
\bar{x}	7.396	7.360*	7.399	152	146	163	30.2	34.5*	30.7	170	163	171
SE	0.010	0.010	0.010	7.3	7.9	6.5	1.1	1.4	1.5	25.4	24.6	26.1
n‡	16	16	11	16	16	11	16	14	11	11	12	11

* Identifies the average values obtained after conversion that were significantly different from those obtained before fibrillation.
‡ Entries represent data from a total of 16 dogs; seven dogs had bilateral vagotomy and atropine and the other nine dogs had no such interventions. The values of the two groups were pooled because there were no differences between their responses.

bility relates to the lower levels of left ventricular end-diastolic pressure after phenoxybenzamine. Although a change in end-diastolic pressure does not account for the inotropic response to defibrillation, the adrenergic stimulus caused by defibrillation may have evoked a smaller inotropic response at the lower levels of end-

TABLE VI
Effects of Countershock without Ventricular Fibrillation

Response		Before atropine and vagotomy: n = 7	P values‡ (d.f. 11)	After atropine and vagotomy: n = 7	P values‡ (d.f. 14)
Change in mean arterial pressure, mm Hg	Δ Max	-5.4	<0.01	+27.1*	<0.01
	(time to Δ Max)	33.7 (8.6) (1.9)	<0.01	4.8 (7.9)* (0.9)	<0.05
	1'	-0.1 6.8	<0.05	+3.9 2.8	<0.01
	5'	-14.3* 2.8	<0.05	-11.7* 3.5	<0.01
Change in heart rate, beats/min	Δ Max	+20.7	<0.01	+47.9*	>0.05
	(time to Δ Max)	26.1 (6.4) (0.8)	<0.05	10.1 (5.7)* (0.7)	<0.01
	1'	-10.7 11.8	>0.05	+2.1 3.5	<0.05
	5'	-4.3 6.2	<0.05	-4.3* 1.6	>0.05
Change in cardiac index, ml/kg per min	1'	-7.1 5.8	<0.05	+17.3* 5.8	<0.05
	5'	-11.4* 5.7	>0.05	+7.4 4.3	>0.05

See footnote to Table IV.

* Indicates responses which are statistically significant.

‡ P values were obtained by "group comparison" of data shown in this table with corresponding data in Table IV which represent responses observed when countershock was administered for conversion from episodes of VF lasting 30–36 sec. The effect of countershock before atropine and vagotomy (n = 7, first column in this table) was compared to the effect of defibrillation before atropine and vagotomy (n = 6, second column in Table IV). Similarly results obtained with countershock after atropine and vagotomy (n = 7, second column in this table) were compared to the results with defibrillation after atropine and vagotomy (n = 9, fourth column, Table IV).

TABLE VII
Effect of Propranolol on Responses to Ventricular Defibrillation and to Intravenous Isoproterenol in Dogs That Had Atropine and Bilateral Vagotomy

Exp. No.	Ventricular fibrillation								Isoproterenol, $\mu\text{g}/\text{kg per min}$				
	15-17 sec				30-36 sec				C	0.125	0.25	0.50	
	C	Max	1'	5'	C	Max	1'	5'					
Mean arterial blood pressure, mm Hg													
20	B	142	205	165	135	150	205	200	150	—	—	—	—
	A	145	165	162	142	—	—	—	—	148	—	158	—
21	B	110	170	150	110	140	190	185	140	105	80	70	70
	A	90	110	90	85	65	130	95	60	102	120	123	115
22	B	—	—	—	—	110	150	130	100	110	103	98	72
	A	90	125	115	95	90	140	140	80	78	80	88	98
23	B	148	190	170	140	142	200	188	143	138	145	123	115
	A	128	170	165	140	133	165	162	128	112	123	138	140
24	B	180	240	225	200	150	205	180	150	145	155	155	140
	A	150	200	200	170	152	167	165	145	145	160	163	168
25	B	155	185	155	135	135	203	170	145	134	133	140	140
	A	145	163	140	148	145	170	170	153	140	140	140	140
Means	B	147	198*	173*	144	137	192*	175*	138	126	123	117	107*
	A	124†	155*†	145*†	130	117	154*†	146*†	113	121	125*	135*	134*†
Heart rate, beats/min													
20	B	175	235	205	170	200	240	230	190	—	—	—	—
	A	150	150	150	150	—	—	—	—	140	—	160	—
21	B	200	250	220	200	200	250	230	210	215	260	270	290
	A	170	150	150	170	165	160	160	175	175	185	190	222
22	B	—	—	—	—	210	230	200	210	210	225	235	240
	A	155	150	150	150	150	130	150	155	150	150	150	150
23	B	175	250	170	185	180	260	200	200	200	210	220	225
	A	145	145	140	145	145	140	145	145	138	140	140	145
24	B	200	260	250	215	200	260	245	195	200	230	250	270
	A	175	180	180	170	170	185	180	180	175	175	180	190
25	B	150	220	155	160	160	230	200	160	180	190	200	210
	A	135	150	140	130	135	130	150	140	130	130	135	135
Means	B	180	243*	200	186	192	245*	217*	194	201	223*	235*	247*
	A	155†	154†	153†	152†	153†	149†	157†	159†	151†	156†	159†	168†
Cardiac index, ml/kg per min													
20	B	140	—	168	141	133	—	195	140	—	—	—	—
	A	59	—	70	58	—	—	—	—	63	—	78	—
21	B	151	—	155	126	134	—	148	122	110	135	157	192
	A	40	—	44	40	27	—	36	28	40	49	65	77
22	B	—	—	—	—	85	—	138	76	82	94	106	112
	A	50	—	57	51	42	—	61	44	46	46	47	54
23	B	111	—	132	100	103	—	153	96	93	111	120	130
	A	57	—	45	51	49	—	46	48	54	57	64	73

TABLE VII—(Continued)

Exp. No.	Ventricular fibrillation									Isoproterenol, $\mu\text{g}/\text{kg per min}$			
	C	15-17 sec			30-36 sec			C	0.125	0.25	0.50		
		Max	1'	5'	Max	1'	5'						
24	B	210	—	330	240	160	—	239	160	129	179	184	202
	A	69	—	63	71	60	—	57	60	82	83	87	98
25	B	174	—	252	160	156	—	262	136	136	156	234	217
	A	81	—	96	76	73	—	111	76	81	85	86	105
Means	B	157	—	207*	153	128	—	189*	122	110	135*	160*	171*
	A	59‡	—	62‡	58‡	50‡	—	62‡	51‡	61‡	64‡	71*‡	81*‡

See footnote to Table I. C refers to observations made before ventricular fibrillation or before infusion of isoproterenol. B and A refer to observations made before and after propranolol respectively.

* Indicates that the mean values were significantly different from corresponding control values (C).

‡ Indicates that the mean values observed after propranolol (A) were significantly different from corresponding values observed before the blocker (B).

diastolic pressure observed after phenoxybenzamine. This is suggested from the appearance of left ventricular function curves which are not only shifted to the left but are also steeper during an adrenergic stimulus (20).

There are three reasons why we think that the hemodynamic responses to defibrillation are not simply a reflection of the cardiac effects of countershock. The

first is that the administration of countershock alone without ventricular fibrillation caused minimal and inconsistent hemodynamic changes before atropine and vagotomy. After cholinergic blockade, countershock caused significant increases in arterial pressure and heart rate but these were transient lasting less than 30 sec. On the other hand, responses after defibrillation

TABLE VIII
Effect of Phenoxybenzamine on Responses to Ventricular Defibrillation and to Intravenous Norepinephrine in Dogs That Had Atropine and Bilateral Vagotomy

Exp. No.	Ventricular fibrillation: 30-39 sec						Norepinephrine, $\mu\text{g}/\text{kg per min}$											
	C	Max	1'	C	1'		Mean arterial blood pressure				Cardiac index							
							C	0.3	0.6	1.2	C	0.3	0.6	1.2				
	Mean arterial blood pressure			Cardiac index			Mean arterial blood pressure				Cardiac index							
<i>mm Hg</i>			<i>ml/kg per min</i>			<i>mm Hg</i>				<i>ml/kg per min</i>								
34	B	145	195	170	82	86												
	A	135	140	125	76	80												
35	B	150	190	190	138	183												
	A	90	93	92	71	93												
36	B	150	180	155	120	162												
	A	55	65	60	131	136												
37	B	145	200	170	161	235	148	165	180	200	147	155	159	197				
	A	90	87	77	120	160	100	102	100	95	115	132	136	144				
38	B	135	240	175	154	162	137	155	210	210	141	153	202	231				
	A	90	97	95	145	167	103	100	108	103	129	151	165	213				
Means	B	145	201*	172*	131	166*												
	A	92‡	96‡	90‡	108	127*												

See footnote to Table VII. C refers to observations made before ventricular fibrillation or before norepinephrine. Observations were made after conversion from episodes of fibrillation lasting 30-39 sec. B and A refer to data obtained before and after phenoxybenzamine respectively.

lasted from 1 to 10 min. The increase in cardiac output observed at 1 min after countershock amounted to only 30% of the corresponding increase after defibrillation. We did observe, also, a reduction in arterial pressure and cardiac output 5 min after countershock. This was not seen after defibrillation. The transitory nature of the increases in pressure, heart rate, and cardiac output observed with countershock only, supports the findings of Cobb et al. (4) who reported positive inotropic responses lasting 20 sec or less after the shock and the observations of Childers et al. (10) who indicated that the maximal electrocardiographic changes occur 5–10 sec after shock. A second reason why we believe that the effects of defibrillation are not simply those of countershock is the close correlation between the duration of fibrillation and the responses. A third reason is that in the occasional situation in which spontaneous conversion took place before countershock a bradycardia and an increase in arterial pressure were noted (Fig. 6).

Simultaneous activation of parasympathetic and sympathetic efferent pathways to the cardiovascular system which we have observed with defibrillation has been described also in animals and in man as part of an oxygen-conserving reflex with diving (21, 22). The bradycardia would tend to reduce myocardial oxygen requirements and the sympathetic drive would increase stroke volume and redistribute peripheral blood flow toward more vital organs. In our experiments, however, the parasympathetic component appeared to favor the recurrence of fibrillation. On the other hand, the adrenergic component was important for defibrillation since depletion of endogenous catecholamines with reserpine resulted in failure of recovery in five of six dogs. In all these animals complete A-V block occurred immediately after defibrillation and was maintained for 1–2 min after which the restoration of A-V transmission and effective circulation was associated with a progressive decline in arterial pressure except in one dog. This effect of reserpine on A-V transmission is in accord with findings of Hoffman and Singer (23) who emphasized that the only obvious differences in timing of various cardiac electrical events between control animals and those given reserpine 0.3 mg/kg per day for 3 days were the presence of 2:1 A-V block and the slowed conduction of the A-V node. Even after the administration of atropine the only consistent effect of reserpine was a slight increase in refractoriness of A-V node. These responses may represent direct or indirect effects of depletion of catecholamines but they may also result from a direct action of reserpine on cardiac cell membrane (24). It might be noted in this regard that the effect of propranolol on the responses to defibrillation differed from that of reserpine. Propranolol simply prevented the positive inotropic and chronotropic components of the response

to defibrillation but all the animals treated with the beta blocker recovered. The beneficial role that endogenous catecholamines seem to have in ventricular defibrillation might explain the difficulty encountered clinically in attempting to resuscitate patients with chronic heart disease who may have depletion of cardiac catecholamines (25).

The observations reported here provide no information on the mechanism of activation of the cholinergic and adrenergic pathways during defibrillation. Afferent impulses may originate from the coronary vessels, from myocardial stretch receptors, from baroreceptors, or from chemoreceptors. The response may result from cerebral ischemia. The data indicate, however, that afferent impulses mediated through the vagi are not essential for the positive inotropic and chronotropic effects or for the pressor responses to ventricular defibrillation. The small changes in blood pH and the lack of a significant change in blood levels of lactate would suggest that the contribution of metabolic acidosis or other metabolic factors resulting from the brief periods of peripheral ischemia is also minimal.

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