Hierarchy of RNA Functional Dynamics

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Abstract

RNA dynamics play a fundamental role in many cellular functions. However, there is no general framework to describe these complex processes, which typically consist of many structural maneuvers that occur over timescales ranging from picoseconds to seconds. Here, we classify RNA dynamics into distinct modes representing transitions between basins on a hierarchical free-energy landscape. These transitions include large-scale secondary-structural transitions at >0.1-s timescales, base-pair/tertiary dynamics at microsecond-to-millisecond timescales, stacking dynamics at timescales ranging from nanoseconds to microseconds, and other "jittering" motions at timescales ranging from picoseconds to nanoseconds. We review various modes within these three different tiers, the different mechanisms by which they are used to regulate function, and how they can be coupled together to achieve greater functional complexity.

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INTRODUCTION

Composed of only four chemically similar nucleotides, RNA was long thought to lack the chemical and structural complexity needed to drive the biochemical processes that power living cells; rather, it was considered to be limited to a role as a rudimentary messenger. However, discoveries in molecular biology made during the past three decades have shown that nothing could be further from the truth. RNA is capable of catalytic activity and can fold into complex three-dimensional (3D) structures rivaling those of proteins (1–5). We now believe that 75% of the human genome is transcribed into RNA, yet less than 2% codes for proteins (6, 7). The function of most of these transcribed RNAs has yet to be uncovered. Even classic RNAs such as ribosomal (rRNAs), transfer (tRNAs), and messenger RNAs (mRNAs) play surprisingly complex roles in protein synthesis (5, 8).

The functional complexity of RNA and its involvement in a wide range of sophisticated biological processes can be attributed not only to its ability to fold into complex 3D structures but, perhaps even more importantly, to its ability to undergo precise conformational changes in response to a wide range of specific cellular cues consisting of proteins, ligands, metals, changes in temperature, and pH (9, 10). These dynamics can be highly complex, often involving many structural maneuvers that take place over timescales ranging from picoseconds to hundreds of seconds. What is lacking is a framework for simplifying this dazzling complexity so that one can begin to comprehend the signal within the noise.

In this review, we introduce a framework for deconstructing RNA dynamics into a set of distinct motional modes that have characteristic timescales representing transitions between basins within a hierarchical free-energy landscape. This framework simplifies the description of complex RNA dynamics in terms of a set of recurring motional modes, providing a common language that enables one to identify similar themes across different RNA functional contexts, and is very similar to that first introduced by Frauenfelder et al. (11) to describe protein dynamics. We review three broad classes of RNA dynamics, their biological significance, and how interdependencies among these classes can be harnessed to achieve even greater functional complexity.

DECOMPOSING RNA DYNAMICS INTO HIERARCHICAL MOTIONS

In solution, a given RNA does not fold into a single structure but rather forms a statistical distribution, or ensemble, of many interconverting conformations. As with proteins, this statistical ensemble can be described in terms of a continuous free-energy landscape, which specifies the free energy of every atomic configuration (11). The population of each configuration depends on its free energy, whereas the rates of interconversion between individual configurations depend on the height of the barriers separating them. Although the free-energy landscape can in principle be arbitrarily complex, in many biomolecules it is hierarchically organized into local energetic minima containing conformational substates (CSs) that are separated by large barriers, each of which is, in turn, subdivided into a greater number of local energetic minima that are separated by lower barriers, and so forth (Figure 1). These hierarchically organized energetic layers form different tiers (Tier 0, Tier 1, and so on), and RNA dynamics can be hierarchically organized in terms of transitions between CSs within different tiers.

The above hierarchical description of freeenergy landscapes and dynamics was developed originally to explain the dynamics of the protein myoglobin. However, it is also well suited to describing RNA dynamics in general for two reasons. First, the RNA free-energy landscape is strongly hierarchical and is naturally organized into secondary and tertiary structure levels (12, 13). Unlike proteins, interactions that stabilize secondary structure are much stronger than those that stabilize other aspects of 3D structure, and dynamics at the secondary-structure level (Tier 0) occur largely independently of those on lower levels (Tiers 1, 2, etc.). Second, the RNA free-energy landscape is rugged; significant barriers separate alternative conformations at both the secondary- and tertiarystructural levels. Thus, RNA may be described in terms of individual CSs within each tier. In our discussion. Tier 0 refers to RNA conformations with a distinct secondary structure, Tier 1 refers to conformations that have minor differences in base-pairing, and Tier 2 refers to conformations that have similar secondary structures and base-pairing but differ in other aspects of structure (Figure 1).



Figure 1

The different tiers of RNA dynamics. At the lowest level of the hierarchy are secondary-structure dynamics, which define broad free-energy basins with high separating barriers. Within each secondary structure are smaller, alternative local base-pairing arrangements that define Tier 1 dynamics. These include base-pair melting (*left, blue*), reshuffling (*far right, red*), and tertiary pairing (*green*). Each local pairing basin, in turn, defines a limited set of three-dimensional conformations with transitions between these basins constituting Tier 2 dynamics. These dynamics include loop dynamics (*left, red*) and interhelical dynamics (*right, green*). Although interhelical and loop dynamics have similar barrier heights, due to the larger number of involved coordinates, interhelical dynamics typically occur more slowly (*long rough separating barrier*).

Other than the property of being hierarchal, three other aspects of the RNA free-energy landscape are worth mentioning. First, there is mounting evidence that cellular cues change the energetic balance of preexisting CSs to trigger specific biological outcomes (10). In other words, the favorable CSs that exist in quiescent RNAs represent the same conformations that nature uses to regulate biological outcomes. Second, as we elaborate below, nature takes advantage of the different exchange rates available at different tiers to ensure that conformational changes occur either (*a*) only once a specific cellular cue is presented or (*b*) sufficiently rapidly so as to not slow down biochemical processes. Finally, although limited in number, the CSs that populate the free-energy landscape can have wildly different conformations, enabling cellular cues to effect large yet highly specific changes in structure. In the following sections, we describe the different tiers of RNA dynamics and discuss their biological significance.

TIER 0: SECONDARY-STRUCTURE DYNAMICS

Overview

Due to the inherent degeneracies of the energetics of base-pairing and stacking, RNA molecules rarely fold into a single secondary structure. Rather, additional competing secondary-structural forms can become appreciably populated under the right physiological conditions (14–16). In sequences that have evolved to favor a single functional conformation, these alternative secondary structures present a challenge to RNA folding (17, 18). However, in other cases, this promiscuous pairing ability is deliberately harnessed to create functional transitions between alternative secondary structures (Figure 2).

Because of the overwhelming stability of RNA duplexes, transitions to conformations possessing only slightly fewer pairs are strongly disfavored. Thus, in theory, secondary-structure dynamics can be highly specific, directed to one of a few favorable conformations. However, because a transitioning duplex must typically break half of its base pairs, this stability comes at the cost of slow dynamics timescales (19, 20). For example, transitions of a bistable RNA between two alternative 5-bp helices occur at rates of $\sim 0.1 \text{ s}^{-1}$ at 298 K (19). For larger helices, the timescale of interconversion can approach the expected lifetime of the RNA and can be slowed down even further by formation of long-lived intermediates (18, 21–23).

Biological Significance

Nature often exploits dynamics between different secondary structures to sequester or expose functional structural elements in response to cellular cues. This process gives rise to molecular switches, termed riboswitches, that can be integrated into various biological circuits (24). These structural elements may be either (a) a contiguous stretch of nucleotides that are exposed as single strands or sequestered into hairpins via base-pairing or (b) an entire hairpin that is either present or absent from the secondary structure. For example, single-stranded mRNA ribosome binding sites (25), degradative endonuclease cleavage sites (26) and splicing sites (27), and transcription terminator hairpins (28), among others, are exposed or sequestered by secondary-structure changes as part of regulatory processes (Figure 2).

Secondary-structure dynamics present both a challenge (fast response times are often needed to efficiently respond to biological stimuli) and an opportunity (the transitions are

Figure 2

(*a*) Three-state secondary-structure equilibrium of the *add* adenine riboswitch. In the adenine-bound conformation, both the start codon (*green*) and the ribosome binding site (*red*) are exposed, upregulating translation. The temperature dependence of the apo-state secondary-structure equilibrium offsets the increased ligand affinity of the binding-competent conformation at low temperature (31). Rate and equilibrium constants correspond to those measured at 25° C. (*b*) Example of a transcriptional acting adenine riboswitch. Ligand binding stabilizes a transient secondary structure, sequestering residues that would otherwise pair with downstream transcribed sequences to form the thermodynamically favored terminator stem. (*c*) The HIV-1 5' leader couples exposure of the start codon of the downstream-encoded Gag protein to sequestration of the dimerization initiation site (*red*), promoting translation while inhibiting dimerization (*left*). In a process promoted by the nucleocapsid chaperone protein (NC) (*purple*), the leader undergoes a secondary-structure switch that exposes the dimerization initiation site and sequesters the start codon, attenuating translation and promoting dimerization, which initiates genome packaging (*right*) (41).



unlikely to occur spontaneously in an undirected manner). Nature has evolved several strategies to overcome this challenge that allow it to exploit the opportunity to construct robust regulatory switches.

Some secondary-structure transitions can be used "as is" without needing to intervene with their rates of interconversion. In such cases, a preexisting secondary-structure equilibrium is precisely tuned by primary sequence to rapidly and reversibly respond to changes in small-molecule concentration (24, 29) or to temperature in so-called thermosensors (30). Many riboswitches that regulate gene expression at the translational level are controlled by such thermodynamic mechanisms. An interesting example is provided by the add adenine riboswitch, in which dynamics between three alternative secondary structures collaborate to create an adenine-responsive switch that is active across a broad range of temperatures (31). A temperature-sensitive preequilibrium that exchanges with rates of $\sim 0.5 \text{ s}^{-1}$ between two translational off states sequesters the ligand binding pocket to inhibit switching, compensating for the temperature sensitivity of the ligand-modulated equilibrium between translational on and off states (Figure 2a).

In other cases, the barriers between two secondary structures are high enough that exchange cannot occur within reasonable timescales without some form of intervention. For example, rapid secondary-structure transitions are required in riboswitches that regulate gene expression at the transcriptional level, in which the structural change must occur during a short time window dictated by the transcription rate. An ingenious form of intervention involves altering the cotranscriptional folding pathway of an RNA, thereby acting before a stable secondary-structure element has had a chance to fully form. In these cases, a wide range of effectors, such as temperature (32), small molecules (24, 29), metals (33), pH (34), proteins (35), or trans-acting RNAs (36), stabilize a metastable secondary structure during cotranscriptional folding that sequesters sequence elements that would otherwise pair with downstream nucleotides emerging from the polymerase (Figure 2b). Not only do such systems allow rapid exchange between conformations that would otherwise be separated by insurmountable energetic barriers, but they also ensure that the conformational switch rarely occurs in the absence of effectors.

Nature has also evolved various protein chaperones and helicases that can both accelerate transitions between more stable secondary structures and time the transitions so that they take place at specific time points. These proteins act by either destabilizing duplexes or stabilizing unpaired states to lower the effective transition barrier (see the section titled Base-Pair Melting, below) (22). For example, such proteins allow the efficient annealing of regulatory small RNAs to potentially structured regions of their mRNA targets (37). During assembly of the eukaryotic spliceosome, helicases are used to catalyze successive global secondary-structure transitions that serve as a multistep proofreading mechanism to ensure that only optimal substrates are spliced (38). These proteins can also serve as regulatory triggers; an increase in protein concentration can promote transitions of RNAs to alternative functional conformations, by either destabilizing a preexisting state or stabilizing a new conformation. This mechanism is prominently used by retroviruses to regulate genome translation, dimerization, and packaging (Figure 2c) (39-41).

TIER 1: BASE-PAIR AND TERTIARY DYNAMICS

Once formed, a given secondary structure may experience smaller, more localized changes in base-pairing or other interactions between remotely positioned residues. These dynamics do not cause large-scale changes in secondary structure and can therefore be considered basins within a given secondary-structure CS. We distinguish four different types of dynamics: (*a*) base-pair melting, (*b*) base-pair reshuffling, (*c*) base-pair isomerization, and (*d*) long-range tertiary interactions (**Figure 3**).



Modes of Tier 1 dynamics.

Base-Pair Melting

Overview. All base pairs, including Watson-Crick (WC) pairs, transiently break apart (melt) and adopt an open conformation that briefly exposes their residues to solvent or nearby binding partners. For WC base pairs, melting occurs on 0.1-50-ms timescales, depending on the identity of the pair and on the strength of the stacking interactions with neighboring base pairs (42, 43). Unlike other forms of basepair dynamics (reviewed below), the open state is strongly energetically disfavored compared with the paired state (roughly 7-9 kcal/mol for WC pairs in duplex RNA). As a result, at room temperature, the open state of WC base pairs has a minute population of 10^{-5} to 10^{-6} and a lifetime of only 1 to 100 ns (42, 43). However, the population and lifetime of the open state can increase considerably in (a) helix-terminating pairs that have only one set of nearest-neighbor stacking interactions, such as base pairs near bulges, apical loops, or internal loops, and (b) noncanonical base pairs (43, 44). To a lesser extent, instability in a single pair can also increase the melting dynamics of nonnearest-neighbor pairs, although the mechanisms underlying this phenomenon are not fully understood (44).

Biological significance. Sites of increased transient melting are common trigger points for effecting larger-scale secondary-structure transitions. RNA chaperones and helicases operate by lowering the barriers to melting dynamics and then binding with high affinity to the exposed residues (**Figure 4**) (45, 46). This binding, in turn, enhances the melting dynamics and, therefore, the refolding ability of pairs that neighbor the chaperone–RNA interface.

Melting of weak base pairs can also expose residues that participate in RNA–RNA tertiary interactions and RNA–protein binding motifs (47–50). In an interesting example, in the ribosomal peptidyl transferase center, tertiary interactions with the A-site tRNA induce melting of a G–U pair in the 23S rRNA that otherwise protects the aminoacyl linkage of the P-site tRNA from spontaneous hydrolysis



Example of an RNA chaperone (45, 46). The bound chaperone destabilizes the neighboring RNA helix, promoting melting dynamics, and then binds the exposed nucleotides. The other strand is released and can interact with other RNAs, and the remainder of the helix is also destabilized.

(51). Melting dynamics also provide the basis of several regulatory strategies. For example, the interplay between the helicase activity of the ribosome (52) and the melting dynamics of mRNA secondary structure has been proposed to serve as a second genetic code that regulates the rate of ribosomal translocation and, therefore, cotranslational protein folding (53). Similarly, this interplay has been implicated as playing an important role in the mechanism underlying ribosomal frameshifting (54).

Base-Pair Reshuffling

Overview. Base-pair reshuffling dynamics typically involve local rearrangements in basepairing partners in and around noncanonical structures, such as apical and internal loops (55). The transitions typically require the disruption of one or two noncanonical or unstable base pairs; therefore, they typically occur at microsecond to millisecond timescales, which is similar to or slightly faster than the rate of base-pair opening (55). In general, "reshuffled" states are destabilized relative to the most favorable state by <3 kcal/mol and thus have populations of >0.5% and lifetimes on the order of $>50 \ \mu s$ (55). Compared with global secondary-structure transitions, these more localized changes in base-pairing occur at rates that are nearly three orders of magnitude faster and do not require assistance from cellular factors or cotranscriptional folding.

An example of such dynamics in an apical loop is provided by the HIV-1 trans-activation response element (TAR), in which relaxation dispersion NMR spectroscopy has identified two alternatively paired CSs (Figure 5a) (55). In the energetically favored CS, the hexanucleotide apical loop adopts a conformation in which G34 forms a cross-loop WC pair with C30, leaving other nucleotides unpaired. By contrast, the energetically less favorable CS, which has a population of 13%, adopts a tetraloop conformation closed by trans-wobble U31-G34 and noncanonical A35+-C30 wobble base pairs (Figure 5a). Prior observations of higher-energy CS states involving C-A+ base pairs in RNA (56-58) and G-C⁺ Hoogsteen base pairs in DNA (59, 60) suggest that formation of charged base pairs may be a general characteristic of Tier 1 dynamics. The ribosomal A-site represents an example of base-pair reshuffling in an internal loop (Figure 5b) (55). Here, adenine and uridine residues alternate between being exposed as a loop or a bulge or being sequestered through formation of noncanonical base pairs.

Biological significance. As in global secondary-structure transitions, reshuffled CSs can differ in terms of whether certain residues are exposed and available for interaction with cellular cues or sequestered through base-pairing interactions. As a result, they can be employed as expose/sequester switches that are much faster than secondary-structure transitions. Although the function of reshuffling dynamics is still under investigation, several possible biological roles have been proposed.

For example, the higher-energy CS in the TAR apical loop (discussed above) appears to form an autoinhibited state because it sequesters residues that are recognized by transcription factors such as Tat (55). Indeed, mutations that stabilize this CS lead to weaker protein binding affinities and inhibit transcriptional activation (**Figure 5***a*). Because formation of the A^+ –C pair in this CS requires protonation, dynamics between the two different CSs depend on pH and thus may serve as a



Functions of base-pair reshuffling dynamics. (*a*) In the apical loop of HIV-1 TAR (*trans*-activation response element), the minor conformational substate (CS) sequesters residues involved in HIV Tat and Cyclin T1 binding during transcriptional activation (55). (*b*) In the major CS of the ribosomal A-site, A1492 (A92) and A1493 (A93) are free to interact with and stabilize cognate messenger RNA-transfer RNA (mRNA-tRNA) minihelices during decoding, indicated by the gray dashed arrow and alternative A92/A93 conformation. The minor CS sequesters these residues, inhibiting decoding and disrupting the B2a intersubunit bridge (55).

regulatory switch. Similar pH-dependent basepair reshuffling has also been observed near the catalytic active sites of the lead-dependent ribozyme (56, 61, 62) and spliceosome (57, 58) and may play an important role in catalysis.

For the ribosomal A-site, the higher-energy CS sequesters adenine residues that otherwise need to be free to carry out decoding functions (5; X. Zeng, J. Chugh, A. Casiano-Negroni, H.M. Al-Hashimi & C.L. Brooks III, manuscript submitted) and may play a role in processes that bypass decoding, such as frameshifting or stop-codon readthrough (Figure 5b) (55). Interestingly, a conserved noncanonical motif in one of the helices of the purine riboswitch aptamer has been shown to tune ligand affinity and binding kinetics

by altering the local pairing dynamics of the ligand-free state (64). More broadly, many internal and apical loops undergo rearrangements in their noncanonical pairs when participating in RNA–RNA tertiary interactions, suggesting that reshuffling dynamics may facilitate these molecular recognition events (65–72).

Base-Pair Isomerization

Overview. Two bases can often pair with each other in more than one configuration, representing different substates within a secondary structure. For example, G–U, G–G, A–A, and A–C base pairs, among others, can form in different arrangements that vary on the basis of glycosidic bond angle (*syn* versus *anti*), and sometimes protonation state, such as

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for A–C base pairs (**Figure 3**) (73, 74). Similar to other base-pair dynamics, these different pairing forms can dynamically exchange on microsecond to millisecond timescales, or one form or another can be readily stabilized by environmental conditions (56, 75–79). These pairs can also involve rare tautomers (80), and in the case of DNA, even WC base pairs can transiently adopt Hoogsteen base pairs (59, 60). However, such WC Hoogsteen base pairs have yet to be reported in A-form RNA.

Biological significance. Isomerizations can significantly alter the chemical appearance of a base pair by exposing alternative functional groups to the major and minor grooves. They can also lead to more global changes in the 3D structure of a helix by altering backbone conformation. These structural changes can play important roles in mediating molecular recognition, as has been observed in binding of the Rev peptide to the HIV Rev response element (81), RNA tertiary interactions as in K-turn motifs (82), and specific ion binding in a group I intron (83). By changing the local steric profile of the base pair bordering a junction, these changes may also modulate the interhelical dynamics across junctions (see the section titled Interdependence of Substates Across Tiers, below) (50). Interestingly, tautomer-driven basepair isomerizations affect ribosomal decoding (80, 84-86). A recent study reported that uridine tautomerization can allow a noncognate G-U base pair in the mRNA-tRNA minihelix to adopt a WC-like rather than wobble conformation, changing the profile of the base pair and circumventing the mechanism used by the ribosome to reject noncognate codons (80). Note, however, that the high free-energy cost of such tautomerizations ensures that decoding accuracy is not significantly compromised (63; X. Zeng, J. Chugh, A. Casiano-Negroni, H.M. Al-Hashimi & C.L. Brooks III, manuscript submitted). Alternatively, posttranscriptional chemical modifications of some tRNA anticodons appear to play an important role in decreasing the energetic cost of tautomerization, allowing the tRNA to form WC-like pairs with

multiple different mRNA codons and thus to expand its decoding capacity (84–86).

Tertiary-Structure Dynamics

Overview. In many RNAs, distal loops form long-range tertiary contacts that are stabilized by canonical and noncanonical base-pairing, stacking, tightly bound cations, and weaker interactions involving base triples and A-minor motifs (87). Such tertiary interactions play critical roles in stabilizing the overall 3D structure of an RNA and in properly positioning key residues that form ligand binding and catalytic sites. The structural elements participating in tertiary interactions can undergo any one of the base-pair dynamic modes, including melting, reshuffling, and isomerization, which can result in the dynamic jittering of adjoined stems. In certain cases, these interactions can cooperatively melt, often precipitating largeamplitude interhelical dynamics that lead to global remodeling of 3D structure. Depending on the strength of these interactions, and the extent to which they are disrupted, such motions can occur at timescales ranging from microseconds to seconds.

In an increasing number of cases, tertiarystructure dynamics have been shown to be coupled to other motional modes in Tier 1. As mentioned above, many internal loops undergo reshuffling and melting dynamics following the formation of tertiary contacts. More dramatic couplings are also possible; a prototypical example is provided by the P5abc domain of the Tetrahymena group I ribozyme. Here, Mg²⁺induced folding of tertiary structure is coupled to reshuffling, entailing a 1-bp register shift of the P5c helix. This shift causes a loss of several G–U pairs but is more than offset by new local noncanonical and long-range tertiary pairs, as well as by Mg^{2+} interactions (Figure 6a) (88). Recent molecular dynamics (MD) and experimental studies have shown that tertiarystructure formation and secondary-structure reorganization occur concomitantly, with a rate-limiting step that is independent of base-pair reshuffling (89).



(a) Coupling of base-reshuffling and tertiary-structure dynamics in the P5abc domain of the *Tetrahymena thermophila* group I ribozyme. Following binding of two Mg^{2+} ions (183), the P5c stem (*colored*) undergoes a 1-nt register shift, releasing U168 to participate in a long-range pair (*right, boxed*). Additional tertiary interactions also form upon folding. NMR studies observed the two conformations to be in slow exchange (88), in agreement with data from recent stopped-flow experiments (89). Dashed lines indicate noncanonical pairs. (*b*) Enzymatic cycle of the hairpin ribozyme (92).

Biological significance. By both modulating access and remodeling the structure of binding and catalytic sites, tertiary-structure dynamics can serve many functions. For example, they play a prominent role in catalytic cycles of ribozymes, where they are used to achieve processivity and rapid turnover. In a common strategy, an undocked inactive conformation enables rapid substrate binding (90-92). The substrate then docks into the catalytic active site, where it is stabilized and aligned for catalysis by tertiary interactions (Figure 6b). Following catalysis, melting of these tertiary interactions precipitates transitions back to the undocked state, where the product is efficiently released. In other catalytic RNAs, more local rearrangements (involving melting and reshuffling of active-site tertiary interactions) help drive substrate exchange and catalysis (93–96). In riboswitches, local tertiary melting dynamics, such as those observed in the pseudoknot of the ligand-bound preQ1 riboswitch, may help facilitate fast ligand binding and/or unbinding, perhaps tuning switching activity (97).

In addition to facilitating switching between distinct functional states, tertiary dynamics can also toggle a molecule between active and inactive conformations, thereby tuning activity. In a unique example, a pH-dependent tertiary folding equilibrium involving formation of base triples between the pseudoknot loop and the pseudoknot helices of the Murine leukemia virus (MLV) readthrough element dictates the ratio of stop-codon readthrough during translation of the MLV mRNA (98). Thus, this equilibrium controls the cellular ratio of the proteins encoded upstream and downstream of the pseudoknot (98). In the Tetrahymena ribozyme, extremely long lived local tertiary-structure heterogeneties in the substrate binding site cause docking kinetics to vary by as much three orders of magnitude between individual molecules (99). These slow tertiary-structure dynamics, which may arise from differentially bound Mg^{2+} ions (100) and/or alternative sugar pucker conformations (101), do not alter the rate of single-turnover catalysis. However, they may play roles in other

aspects of ribozyme function by destabilizing the catalytically competent conformation.

Perhaps the most precise use of tertiarystructure dynamics involves those used by the ribosome during mRNA decoding (5, 8). During tRNA initial selection, tertiary-structure dynamics involving formation of A-minor interactions between the ribosomal A-site and the anticodon-codon minihelix stabilize mRNA-tRNA pairs, preventing cognate tRNA dissociation and driving domain-closure conformational changes of the ribosome that activate GTP hydrolysis in EF-Tu (Figure 5b) (102-107; X. Zeng, J. Chugh, A. Casiano-Negroni, H.M. Al-Hashimi & C.L. Brooks III, manuscript submitted). Remarkably, a single incorrect base pair between the mRNA and tRNA is sufficient to disfavor these conformational changes, forming the basis for the 10²-10³-fold specificity for cognate tRNAs during initial selection (108). During the second kinetic proofreading step, a competition between the rates of tertiary-structure melting of the tRNA-mRNA minihelix and the rate of accommodation of the tRNA into the ribosome provides a further 10- to 100-fold specificity for cognate tRNAs, as noncognate tRNAs disassociate faster due to their weaker interactions with the A-site (106-109).

TIER 2: JITTERING DYNAMICS

Within the free-energy basin defined by a specific global secondary structure, local noncanonical pairing, and tertiary interactions, RNAs undergo a wide range of motions, including flipping in and out of unpaired bulge and internal loop residues, sugar repuckering, phosphate-backbone reorientations, and collective motions of helical domains. These motions cover timescales ranging from picoseconds to microseconds and can be loosely grouped into base-stacking and jittering dynamics. Base-stacking dynamics are the slower of the two, with timescales ranging from nanoseconds to microseconds, and involve transition states that require disruption of either interhelical stacking across an interheli-

cal junction, stacking between an unpaired loop residue and a neighboring base pair, or stacking between two unpaired bases. The extent of these dynamics strongly depends on context; purine-purine stacks are much stronger and thus less dynamic than pyrimidine-pyrimidine stacks (110). Superimposed on these dynamics are faster, picosecond-to-nanosecond jittering dynamics, which can range from smallamplitude variations in local geometry of WC base pairs to much larger-amplitude motions in unstacked and flipped-out nucleobases. They can also involve variable-amplitude interhelical motions. Together, these Tier 2 motions span a wider range of timescales compared with Tiers 0 and 1; however, they are difficult to decompose into distinct tiers because the same type of motional mode (e.g., interhelical dynamics) can occur over the entire range of timescales and because these distinct motional modes often coexist and couple to one another.

Interhelical Dynamics

Overview. Together, local noncanonical pairs and global secondary structure define helical domains that are linked together by various flexible, single-stranded junctions. The relative orientation and translation of these helical domains play a central role in defining overall RNA architecture and the relative positioning of groups that participate in long-range tertiary interactions, catalytic activity, and protein binding (9, 111). In many RNAs, however, helices are not pinned down but rather undergo large collective motions that take place primarily at timescales ranging from nanoseconds to microseconds (Figure 7a) (112-123). In some cases, such as in four-way junctions, these motions occur on slower timescales ranging from milliseconds to seconds (118); these slow timescales are probably due to strong cooperative stacking interactions that are unique to these junctions.

Interhelical dynamics have been studied in greatest detail in the 3-nt bulge of HIV-1 TAR. Various NMR and combined NMR–MD studies have revealed that these dynamics represent



Modes and functions of Tier 2 jittering dynamics. (*a*) View of the 50 most probable interhelical conformations for a 3-nt two-helix bulge junction superimposed by the lower stem (*green*). The most probable conformations were obtained from coarse-grained model simulations that included only steric and connectivity forces (184). Bulge residues were included in coarse-grained modeling but are not shown here; rather, they are indicated by orange lines highlighting the possible paths of the bulge. (*b*) Superposition of classical (*green*) [Protein Data Bank (PDB) identifier 2WDG] and ratcheted EF-G bound 16S rRNA conformations (*gray*) (PDB 4JUW), highlighting the large interhelical dynamics associated with ribosomal translocation. In this view, H44 is vertical and facing the page. The two conformations were superimposed using residues 1,410–1,430 and 1,470–1,490 of H44. (*c*) Dynamics of the GNRA tetraloop observed by fluorescence spectroscopy (160). Exchange timescales correspond to rates measured by base (56) and sugar carbon (159) NMR relaxation dispersion experiments. (*d*) Superposition of ligand-bound HIV-1 TAR (*trans*-activation response element) structures (*gray*) with the five conformers from a high-resolution NMR–MD (molecular dynamics) ensemble that have the lowest heavy-atom root-mean-square deviation to the ligand-bound structures (*orange*) (124). (*Left*) PDB 1LVJ. (*Right*) PDB 1UTS.

a superposition of slower stacking and unstacking transitions on microsecond timescales, as well as faster nanosecond motions within the basin defined by a set of stacking interactions (112, 113, 124). Specifically, TAR interconverts between (a) a predominantly bent conformation that is stabilized by a stacking interaction between one of the bulge residues and the top of the lower helix and (b) a lower populated coaxially stacked conformation. On nanosecond timescales, the interhelical bend angle of the bent conformation fluctuates between 20° and 90°, whereas the stacked conformation samples only 0° to 20° bend angles (124). Raising the salt concentration, or mutations that increase the strength of interhelical stacking interactions, increases the population of the stacked conformation (125, 126). However, because stacking interactions usually provide no more than -3 kcal/mol in stabilizing energy (127, 128), even strongly stacked junctions are likely to exist in unstacked conformations with approximately $\geq 1\%$ populations.

An important and universal feature of interhelical dynamics is that the accessible helical orientations are strongly limited by steric and connectivity constraints, which together are referred to as topological constraints (**Figure 7***a*) (50, 111, 129, 130). These constraints are encoded at the secondary-structure and base-pair levels (Tiers 0 and 1) by the number of unpaired residues within the loops that connect a junction's helices. These constraints make it possible to construct RNA systems in which helical domains bend in a very directional manner, which can serve a diversity of functions.

Biological significance. Interhelical motions often enable RNAs to adapt their conformation to optimize intermolecular interactions with protein and ligand binding partners. For example, high-resolution structures of tRNA, tRNA-protein, and tRNA-ribosome complexes reveal that binding is often accompanied by significant changes in the relative orientation of tRNA's four helical domains (131). Similarly, the two helices of HIV-1 TAR adopt highly varied interhelical orientations when bound to different small molecules, corresponding to the interhelical conformations that are sampled in the absence of ligand (113, 124, 129, 132). In more complex RNAs, interhelical motions have been implicated in the ligand recognition processes of many riboswitch aptamer domains (133-139). Interestingly, cofactor-induced interhelical changes can also serve as transducers, triggering additional functional events. Specifically, successive changes in interhelical orientations induced by protein binding are thought to help order the assembly of complex ribonucleoprotein (RNP) machines, including the 30S ribosome (140, 141), the signal recognition particle (142), and telomerase (143).

The low energy barriers and directionality of interhelical motions also make them an ideal medium for executing the mechanical motions that underlie the processivity and turnover of

ribozymes and RNPs, such as the ribosome and telomerase. Examples of some of these motions, such as docking and undocking of ribozyme substrates, are mentioned above. However, the most impressive are those demonstrated by the ribosome during tRNA translocation (Figure 7b) (144, 145). Collectively referred to as ratcheting, these motions involve large, allosterically coupled changes in interhelical conformation of the 30S head and body domains and the 50S L1 stalk, as well as substantial distortions of the tRNA (146-151). These motions remove steric roadblocks to translocation and help transition the ribosome and tRNAs between different intermediates that are stabilized by alternative sets of tertiary interactions. For example, L1 stalk dynamics allow the stalk to form tertiary interactions with P-site tRNAs and then shuttle them to the E-site (152-154). Notably, early theoretical studies demonstrated that ratcheting is inherent to the gross architecture of the ribosome, consistent with a model in which the inherent flexibility of RNA junctions drives these rearrangements (151). The finding that the inhibitory effects of many antibiotics are derived in part from their ability to alter or arrest ribosomal ratcheting underscores the centrality of these collective motions to ribosome function (155–157).

Loop Dynamics

Overview. RNA secondary structure consists of A-form helical domains that are linked and capped by loops. These single-stranded regions of RNA structure often form important flexible sites for recognition of proteins, RNAs, ligands, and small molecules, and for formation of tertiary interactions. Adaptive changes in loop conformation helps optimize these intermolecular interactions, and in the absence of tertiary or ternary stabilizing interactions, these regions are among the most dynamic in RNA. Similar to interhelical dynamics, loop dynamics occur at timescales ranging from picoseconds to microseconds, corresponding to large-amplitude jittering dynamics of unstacked residues, smaller jittering of stacked

residues, and slower transitions involving exchange between alternatively stacked conformations. Such dynamics can cause isolated local changes in 3D structure or, for loops located in interhelical junctions, can drive global interhelical dynamics (112, 124).

Loop dynamics are well illustrated by the extensively studied GNRA tetraloop (Figure 7c) (56, 158–163). Although the bookending guanine and adenine residues form a noncanonical Hoogsteen pair, which transiently melts on microsecond timescales, the middle N (any base) and R (purine) residues adopt a heterogeneous set of conformations that feature different stacking arrangements on top of the G-A pair that interconvert on microsecond timescales. In turn, the most solvent-exposed residue of each subconformation exhibits faster picosecond to nanosecond unstacking and jittering dynamics that, interestingly, appear to depend partly on the protonation states of the loop residues (164). A similar separation of timescales between the dynamics of paired and single-stranded loop residues has been observed for the dominant pairing state of the ribosomal A-site internal loop (Figure 5b) (55; X. Zeng, J. Chugh, A. Casiano-Negroni, H.M. Al-Hashimi & C.L. Brooks III, manuscript submitted). In the absence of tRNA, the unpaired and weakly stacked A93 undergoes fast nanosecond motions as it moves in and out of the helical junction. In contrast, A92 forms a noncanonical pair with A08 and exhibits slower base-pair melting dynamics.

Biological significance. As mentioned above, the ability of unpaired residues to adopt alternative conformations with low energetic penalties is heavily utilized in RNA recognition processes, allowing the RNA loop to adapt to its molecular partner (165–167). In a recent interesting example, structural changes in an mRNA apical loop induced by binding of either of two proteins mediated the cooperative binding of the second protein to the same motif (168). In all of these cases, it is important to note that the observed adaptation corresponds to stabilization of preexisting low free-energy

conformations. Notably, strongly stacked residues are unlikely to adopt unstacked conformations, as illustrated by the overwhelming propensity of GNRA tetraloops to adopt fully stacked conformations when participating in tertiary interactions (161). Likewise, studies of the apical loop and 3-nt bulge of HIV-1 TAR indicate that the various ligand-bound conformations of these regions strongly correlate with those that are sampled by TAR in the absence of ligand (Figure 7d) (124, 132, 169). Thus, whether weakly stacked and highly dynamic or more strongly stacked and exhibiting only small local jittering, even at the highest level of the hierarchy the RNA free-energy landscape is tightly linked to function.

INTERDEPENDENCE OF SUBSTATES ACROSS TIERS

An interesting attribute of the RNA free-energy landscape and corresponding dynamics that is only beginning to be explored is the interdependence of CSs across different tiers. For example, a given secondary structure at Tier 0 may be able to form only a single set of tertiary interactions in Tier 1, thereby in a sense encoding the properties of Tier 1. Similarly, the number of different loop conformations along Tier 2 can influence the entropic cost associated with the formation of tertiary interactions along Tier 1. An exciting aspect of these interdependencies is that interactions that stabilize specific CSs in higher-order tiers can propagate into stabilization of specific CSs in lower tiers, which could increase the points of entry for effecting RNA conformational changes. Below, we discuss some of the better-understood dependencies and their potential connections to biological function. Although this is not the topic of this review, note that the coupling between tiers can be much more complex in the folding of large RNAs from unstructured states (170).

Secondary-Structure and Tertiary-Structure Dynamics

One of the most important interdependencies among tiers is that between tertiary and



Interdependencies of conformational substates across tiers. (*a*) Aptamer domain of the *add* adenine riboswitch in complex with adenine (*yellow*) [Protein Data Bank (PDB) identifier 1Y26]. P1 stem base pairs that are unstable in the absence of ligand are colored red (31); J2/3 residues that provide stabilizing A-minor interactions are colored green. (*b*) Stacking interactions limit loop dynamics and preorganize the 3' tail for ligand binding and pseudoknot folding in the wild-type *Bsu* preQ₁ riboswitch aptamer (*top*). An A-to-C mutation distal from the ligand binding pocket disrupts stacking, increasing dynamics and reducing ligand/riboswitch affinity (*bottom*) (177). The preQ₁ ligand, 3' tail, and mutation are colored yellow, blue, and red, respectively. (*c*) Topological constraints preclude a theoretical three-way junction from forming two of three possible tertiary interactions. (*Right*) The interaction is precluded due to connectivity. (*Bottom*) The interaction is precluded due to sterics. (*d*) View of the 50 most probable interhelical conformations for two 1-nt bulge junctions superimposed by the lower stem (*green*). The bulge of the blue junction is located 2 bp below that of the gray junction. The most probable conformations were obtained from coarse-grained model simulations that included only steric and connectivity forces (184).

secondary structure, in which free energy supplied by tertiary interactions helps stabilize a secondary structure that would otherwise be unstable. Riboswitches provide the most important example of such interdependencies; ligand binding and subsequent formation of other tertiary interactions provide the necessary interaction energy to stabilize the functional secondary-structure switch either at equilibrium or transiently during cotranscriptional folding (**Figure 8***a*) (24, 29, 171). In other cases, proteins that stabilize RNA tertiary interactions can stabilize specific RNA secondary structures. For instance, coupled binding of the maturase and Mrs1 protein cofactors to the RNA of the bI3 group I intron stabilizes native tertiary contacts, promoting reorganization of a nonnative intermediate secondary structure (172). Similar protein-induced secondary-structure rearrangements play important roles in ribosome assembly (173, 174).

Tertiary Structure and Loop Dynamics

Tertiary-structure dynamics involving the formation and melting of loop contacts are tightly linked to loop dynamics of the melted state. The extent of these loop dynamics, and their relative order or disorder, encodes an entropic penalty for folding. For example, the extensive loop dynamics of the single-stranded tRNA 3' CCA have been suggested to play a critical role in resisting tRNA accommodation on the ribosome, a transition that involves the formation of several tertiary pairs between the 3' CCA and the ribosome peptidyl transferase center (175). The entropic barrier presented by these dynamics helps order the accommodation process, preventing premature 3' CCA entry and peptide transfer, and may also help tune accommodation kinetics, which is important for kinetic proofreading.

Another recent example involves the $preQ_1$ riboswitch aptamer. In this system, strong stacking interactions in the ligand-free state order the loop that folds around the $preQ_1$ ligand upon binding (**Figure 8***b*) (176, 177). Mutations that decrease stacking, and thus increase loop dynamics, significantly reduce ligand affinity.

Tertiary Structure and Interhelical Dynamics

As discussed above in the section titled Interhelical Dynamics, the basin of interhelical conformations defined by secondary structure can be quite limited. Emerging research has indicated that these limitations can directly affect tertiary-structure dynamics both by modulating the accessibility of the interhelical conformations needed to form a set of tertiary contacts and by modulating the entropy of the unfolded state (111). For example, theoretical research on a model two-helix junction has demonstrated that interhelical dynamics strongly discriminate against the formation of tertiary contacts between some helical faces but allow others (Figure 8c) (130). Subsequent studies have suggested that this property of interhelical dynamics is broadly used by RNAs to encode their native folds (50, 129, 178, 184; A.M. Mustoe, H.M. Al-Hashimi & C.L. Brooks III. "Topological constraints are major determinants of tRNA tertiary structure and dynamics and provide basis for tertiary folding cooperativity," manuscript submitted). Importantly, such a strategy may explain how RNAs can overcome the limited information content of tertiary interactions, some of which (e.g., Aminor motifs) appear to have little sequence specificity (179, 180). Limited interhelical dynamics may also explain the ability of distal tertiary interactions to cooperatively stabilize each other, a property that is crucial to tertiarystructure stability (181, 182).

Base Reshuffling and Interhelical Dynamics

As mentioned above, alternative stacking conformations of single-stranded residues in a junction can favor distinct interhelical orientations. Base-reshuffling dynamics can have even greater effects by redefining junction topology and thereby driving even larger changes in interhelical orientation. Consider, for example, the ribosomal A-site RNA system. As noted above, the A-site internal loop exhibits basereshuffling dynamics between two alternative local base-pairing CSs (Figure 5b) (55). Both states effectively have a single bulged residue; however, in the dominant state, A93 is the bulge, whereas in the second, less energetically favorable state, the bulge migrates 2 bp down to U95. This migration of the bulge redirects the set of interhelical orientations that are topologically allowed, permitting sampling of certain interhelical orientations that would otherwise be inaccessible in the more energetically favorable pairing state (Figure 8d). Similar topologyaltering changes in local base-pairing induced by tertiary interactions or protein binding may also modify interhelical dynamics and affect

downstream behavior (50, 100). Alternatively, the number of interhelical conformations available to different CSs may influence base-pair reshuffling equilibria through entropic effects. Although such couplings are only beginning to be uncovered, we predict that they may be used by RNAs to transmit local changes in structure into larger-scale changes.

CONCLUSIONS

The past decade alone has witnessed an astounding explosion in the number of biological roles associated with RNA. Although the mechanisms of action and, indeed, functions of most of these RNAs remain to be elucidated, given our current understanding of RNA biology it is virtually assured that dynamics will prove to be a central component. As the complexity of the RNA functional universe increases, it will only become more important to establish a common framework for understanding recurrent dynamics strategies.

As discussed above, we suggest that RNA dynamics can be naturally classified in terms of

transitions between basins on different tiers of a hierarchical free-energy landscape. This description, in turn, reveals that the same type of dynamics is often used to effect a particular kind of mechanism that can be wired into biological circuits to achieve diverse functional outcomes. Thus, secondary-structure transitions and base-pair dynamics can expose or sequester key functional elements, and jittering motions play a universal role in conformational adaptation and driving the motions that power RNA and RNP machines. Additional dynamic complexity can be achieved by coupling distinct motional modes, thereby presenting several points of entry for triggering a given type of overall dynamics. Despite the limitations of the above classification-it is not always possible to deconvolute dynamics within a single tier into individual motional modes, and the wide range of timescales covered by tertiary and secondarystructure dynamics can blur the distinction between the two-we hope that such an approach will help facilitate a more universal understanding of the link between RNA function and dynamics.

SUMMARY POINTS

- 1. RNA dynamics can be classified into different motional modes that occur on different tiers of a hierarchical free-energy landscape.
- 2. RNAs often harness multiple modes to achieve complex functionality.
- 3. Functional transitions occur primarily between preexisting favorable CSs of quiescent RNAs.
- 4. RNA dynamics may involve significant changes in structure, but these changes are directed to only a limited number of favorable substates.

FUTURE ISSUES

- 1. What are the physical basis and functional importance of the long-lived Mg²⁺-dependent tertiary-structure heterogeneities that have been observed in several different nucleic acids?
- 2. How do environmental factors, such as metal ions and molecular crowders, influence the RNA free-energy landscape and the dynamic modes?

- 3. How important to RNA function are the interdependencies between different dynamics tiers?
- 4. Are there other motional modes that have yet to be discovered?

DISCLOSURE STATEMENT

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