

High Concentrations of Etanercept Reduce Human Islet Function and Integrity

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Background: Most islet transplant groups worldwide routinely use the TNF α inhibitor Etanercept in their peri-transplant protocols. Surprisingly, there have been no published dose-response studies on the effects of Etanercept on human islets. Our study aimed to address this by treating cultured human islets with increasing concentrations of Etanercept.

Materials and Methods: Isolated human islets were cultured for 3–4 days in normoxic (21% oxygen) or in hypoxic (2% oxygen) atmosphere using Etanercept dissolved in a range of 2.5–40 μ g/mL prior to islet characterisation.

Results: In normoxic atmosphere, it was found that 5 μ g/mL is the most efficient dose to preserve islet morphological and functional integrity during culture. Increasing the dose to 10 μ g/mL or more resulted in detrimental effects with respect to viability and glucose-stimulated insulin release. When human islets were cultured for 3 to 4 days in clinically relevant hypoxia and treated with 5 μ g/mL Etanercept, post-culture islet survival ($P < 0.001$) and in vitro function ($P < 0.01$) were significantly improved. This correlated with a substantially reduced cytokine production ($P < 0.05$), improved mitochondrial function ($P < 0.01$), and reduced production of reactive oxygen species ($P < 0.001$) in hypoxia-exposed islets.

Conclusion: These findings suggest that the therapeutic window of Etanercept is very narrow and that this should be considered when optimising the dosage and route of Etanercept administration in islet-transplant recipients or when designing novel drug-delivering islet scaffolds.

Keywords: human islet transplantation, Etanercept, inflammation, hypoxia, cytokines

Introduction

Clinical islet allotransplantation is now established as a successful and safe treatment for reversing life-threatening hypoglycaemia unawareness and restoring euglycemia in prone patients with unstable type 1 diabetes mellitus.¹ Indeed, the outcome of islet allotransplantation alone (ITA) for selected nonuremic patients is now similar to whole organ pancreas transplantation alone in some centres.² One important contributor to this success has been the continuous optimisation of the peri-transplant drug regimens over the last decades. Many different immunosuppressive substances have been trialled, and anti-inflammatory agents are also now routinely included in islet allotransplant protocols.³ Etanercept (ETA) is a tumor necrosis factor alpha (TNF α) inhibitor⁴ that is widely administered to treat autoimmune diseases such as rheumatoid arthritis or psoriasis.^{5,6} In more than 40% of the islet allotransplant recipients, ETA is used as an anti-inflammatory drug to address the massive release of cytokines after intraportal infusion of donor islets into the liver of the recipient.^{7,8} This adjunctive therapy has resulted in a highly significant improvement of all functional parameters of transplanted

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islets.^{3,9} Since its introduction for islet transplantation almost 15 years ago,¹⁰ the protocol for peri-transplant administration (50 mg intravenously 1 hour pre-transplant, followed by 25 mg subcutaneously on days 3, 7 and 10 post-transplant) has not been substantially changed.¹¹ In contrast to immunosuppressive agents such as mycophenolate mofetil, tacrolimus, rapamycin or sirolimus, that have each been systematically assessed using a range of doses for isolated human islets,^{12–14} to date, no such detailed assessment has been conducted with ETA. An understanding of the impact of different ETA doses on human islet structure and function is not only important for systemic administration as part of the routine islet allotransplant protocol but is imperative for the development of novel islet scaffolds and islet encapsulation devices that comprise integrated local drug delivery systems.^{15–17} For the latter, it is not only important to know the influence of drugs on human islets under ideal normoxic conditions, but for meaningful clinical translation, the impact during hypoxia must also be determined. The aim of this study therefore was to define the optimal concentration of ETA with respect to human islet function and integrity considering both normoxic and hypoxic conditions.

Materials and Methods

Experimental Design

In the first part of the study, dose-response experiments were performed culturing islets for 3–4 days in normoxic atmosphere. Islets were suspended in CMRL 1066 supplemented as described below and treated with ETA (Chembest Research Laboratories, Shanghai, China) added at a concentration of 2.5, 5, 10, 20 or 40 $\mu\text{g}/\text{mL}$. This dose-response curve was defined after several pilot experiments essentially including a concentration of 5 $\mu\text{g}/\text{mL}$ calculated and converted from the first published study with ETA-treated islets.¹⁸ Vehicle-treated islets served as controls.

In the second series of experiments, islet culture was carried out in hypoxic atmosphere to create a pro-inflammatory environment similar to that found after transplantation.¹⁹ Culture medium was finally supplemented with five $\mu\text{g}/\text{mL}$ of Etanercept.

Human Islet Isolation and Culture

All donor pancreases were voluntarily donated with written informed consent according to the Declaration of Istanbul. The use of isolated human islets for research

purposes had been proven by the NHS National Research Ethics Service (09/H0605/2).

Twenty human pancreases were processed after a mean cold ischaemia time of 5.7 ± 0.3 hours (mean \pm standard error [SEM]) ranging from 4.0 to 8.5 hours exclusively utilising University of Wisconsin solution (UWS; Bridge to Life, London, UK) for organ preservation. The donors had a mean age of 48.7 ± 1.2 years (33–58) and a mean body mass index of 27.2 ± 1.1 kg/m^2 (18–36). The male-to-female ratio was 13 to 7.

The islets were isolated using standard isolation techniques as previously described.²⁰ Briefly, dissected and trimmed pancreases were intraductally infused by manual technique with 2680 PZ-units of collagenase NB1 and 50 DMC-units of neutral protease NB (Serva/Nordmark Arzneimittel GmbH & Co. KG, Uetersen, Germany) dissolved in Hanks's Balanced Salt Solution (PAN-Biotech GmbH, Aidenbach, Germany) supplemented with 3.2 mmol/L calcium chloride (Sigma-Aldrich, Gillingham, U.K.). Average recirculation time during pancreas digestion using manual agitation at 35°C was 21.1 ± 0.8 min. Released islets were washed with UWS and stored in the same medium until purification by means of continuous gradient centrifugation using a Biocoll (Biochrom GmbH, Berlin, Germany) – UWS gradient ranging from a density of 1.070 to 1.100 g/mL .²¹ Mean purity and viability after purification was $67.8 \pm 3.7\%$ and $73.1 \pm 1.3\%$, respectively.

After isolation and purification, aliquots of 300 islet equivalents (IEQ) were placed in 24-well plates (Greiner Bio-One, Stonehouse, UK) and suspended in 500 μL of CMRL 1066 supplemented with 20 mmol/L HEPES, 2 mmol/L L-glutamine, 200 units/mL penicillin, 200 $\mu\text{g}/\text{mL}$ streptomycin (all reagents from Life Technologies, Paisley, United Kingdom) and 5% fetal calf serum (PAA Laboratories, Pasching Austria). Islet culture was performed for three to four days in either normoxic (21% oxygen) or hypoxic (2% oxygen) atmosphere prior to islet characterisation.

Islet Characterisation

All assays were performed in duplicate to generate a data point from two replicates per sample except qRT-PCR which was performed in triplicate for each sample. Before and after culture, islet number was quantified as islet particle number (IN) and number of IEQ as previously described in detail.²² Islet morphological integrity was determined by calculating the islet size index (IEQ/

IN).²³ Islet viability was assessed utilising 0.67 $\mu\text{mol/L}$ of fluorescein diacetate (FDA, Sigma-Aldrich, Dorset, UK) and 4.0 $\mu\text{mol/L}$ of propidium iodide (PI, Sigma-Aldrich) for staining of viable and dead cells, respectively.²⁴ The fluorescence intensity (FI) of FDA-PI was quantified utilising a fluorometric plate reader as previously described.²⁵ Islet overall survival was calculated considering the recovery of viable cells only. Activity of mitochondria was evaluated postculture by measuring the conversion of the tetrazolium compound 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium (MTS) into formazan utilising a colorimetric assay (Promega, Southampton, UK) to measure the optical density (OD) as previously described in detail.²⁶ Production of reactive oxygen species (ROS) was determined by measuring the intra-islet conversion of dichlorofluorescein diacetate (DCFH-DA) into fluorescent dichlorodihydrofluorescein (DCFH) as previously described in detail.²⁷ In vitro function of 20 hand-picked islets of similar size was assessed in duplicate during static glucose incubation. Islets were seeded on 3 μm -pore size filter inserts, transferred into 24-well plates and sequentially incubated for 45 min in 1 mL of Krebs-Ringer buffer supplemented with 2.0 mmol/L glucose followed by 45 min at 20 mmol/L and finally re-incubated for a second period of 45 min at 2 mmol/L glucose. After glucose stimulation, islets were recovered and sonified in distilled water prior to insulin extraction in acid ethanol and for subsequent determination of DNA content using the Pico Green assay (Life Technologies, Paisley, U.K.).²⁸ Secreted insulin was determined utilising an enzyme immunoassay specific for human insulin (Merckodia, Uppsala, Sweden) and expressed as percentage of intracellularly stored insulin.²⁹ The glucose stimulation index was calculated by dividing the insulin release at 20 mmol/L glucose by the mean of the two basal periods.

After hypoxic culture, islet-preconditioned supernatants were collected and assessed for production and secretion of hypoxia- and inflammation-related chemokines by ETA-treated islets. Release of interleukin-1 beta (IL-1 β), IL-6, IL-8, interferon gamma-induced protein-10 (IP-10/CXCL-10), monocyte chemoattractant protein-1 (MCP-1), tumor necrosis factor alpha (TNF α) and vascular endothelial growth factor A (VEGF-A) was detected utilising enzymes immunoassays specific for human chemokines (Invitrogen/Thermo Fisher, Rochford, United Kingdom) and expressed as ng per IEQ.

Quantitative Real-Time Polymerase Chain Reaction

Gene expression of cultured islets ($n = 5$) was measured using Taqman-based quantitative real-time polymerase chain reaction (qRT-PCR). Briefly, total RNA was extracted from 100 cultured handpicked islets of similar size (150–200 μm) using the RNeasy Micro kit (Qiagen, Germany) before being run in triplicate for 35 cycles on a QuantStudio 7 (Applied Biosystems, CA, USA) using the CellsDirect One-Step qRT-PCR kit (Invitrogen, CA, USA). Duplex reactions were performed using TaqMan assays specific for the target genes BCL-2 associated X protein (BAX, Hs00180269_m1), B-cell lymphoma-2 (BCL-2, Hs00608023_m1), insulin (Hs00355773_m1), and pancreatic and duodenal homeobox-1 (PDX-1, Hs00236830_m1) normalized to 18S ribosomal RNA (rRNA) (18S rRNA, Hs99999901_s1). All primers were provided by Applied Biosystems (U.K.). Quantitative values were obtained using the threshold cycle number and the x-fold change in expression using the $\Delta\Delta C_T$ method.³⁰

Statistical Analysis

Statistical analysis and graphical presentations were performed utilising Prism 9.0.0 for MacIntosh (GraphPad, La Jolla, USA). Analysis of data was carried out by the nonparametric Friedman test followed by Dunn's test for multiple comparisons vs vehicle-treated islets or by the Wilcoxon test for 5 vs 0 $\mu\text{g/mL}$ ETA in the second part of this study. Correlation analysis was performed calculating nonparametric Spearman correlation coefficient (r). Differences were considered significant at P less than 0.05. P -values larger than 0.05 were termed nonsignificant (NS). Results are expressed as mean \pm standard error (SEM) and are normalised to islet variables determined pre-culture if appropriate.

Results

Dose-Finding Study

As shown in Table 1, a steady decline of the DNA content of islets treated with increased doses of ETA was noted. Although this decrease reached statistical significance only at 40 $\mu\text{g/mL}$ of Etanercept when compared with vehicle-treated controls ($P < 0.05$ vs 0 $\mu\text{g/mL}$), it was decided to normalise all parameters to IEQ rather than to ng of DNA.

In contrast, the dose-dependent effect of ETA on yield (Figure 1A), size index (Figure 1B), and overall survival

Table 1 Effect of Etanercept Concentration on Human Islet Characterisation After 3–4 Days of Culture in Normoxia (n = 8)

Etanercept ($\mu\text{g/mL}$)	DNA Content (ng/IEQ)	Purity (%)	Viability (%)	Stimulation Index
0	7.72 \pm 1.86	68.8 \pm 2.5	87.5 \pm 3.6	1.51 \pm 0.13
2.5	7.25 \pm 1.12	69.4 \pm 2.2	87.7 \pm 4.1	1.78 \pm 0.13 ^a
5.0	7.55 \pm 1.20	72.5 \pm 2.7	90.9 \pm 4.3	1.71 \pm 0.12 ^a
10	7.03 \pm 1.58	68.8 \pm 2.5	84.4 \pm 4.7	1.53 \pm 0.13
20	6.31 \pm 1.22	60.6 \pm 2.9 ^a	80.7 \pm 3.7 ^b	1.36 \pm 0.07
40	4.93 \pm 0.68 ^a	60.0 \pm 3.0 ^b	77.7 \pm 4.0 ^c	1.25 \pm 0.08

Note: ^a $P < 0.05$, ^b $P < 0.01$, ^c $P < 0.001$ vs vehicle-treated controls (0 $\mu\text{g/mL}$).

(Figure 1C) of cultured islets followed an asymmetric distribution almost peaking at a concentration of 5 $\mu\text{g/mL}$. A similar observation was made for islet purity and viability (Table 1). At this particular concentration, islet size index (1.69 \pm 0.14), purity (72.5 \pm 2.7%), viability (90.9 \pm 4.3%), and overall survival (65.5 \pm 9.4%) were larger than or equal to compared with vehicle-treated islets. In contrast, as shown in Figure 1, islets treated with an ETA concentration of 20 or 40 $\mu\text{g/mL}$ had the significantly lowest values with respect to islet yield (46.2 \pm 7.8%, 43.1 \pm 7.4%), size index (1.03 \pm 0.17, 0.93 \pm 0.16), overall survival (38.5 \pm 7.6%, 34.3 \pm 6.8%), as well as viability and purity (Table 1).

Moreover, ETA concentrations of 20 or 40 $\mu\text{g/mL}$ substantially increased the basal insulin release at 2 mmol/L of glucose compared with vehicle-treated controls ($P < 0.01$ vs 40 $\mu\text{g/mL}$) as demonstrated in Figure 2A. This resulted in the lowest stimulation indices (1.36 \pm 0.07, 1.25 \pm 0.08) among all concentrations tested (Table 1). The highest stimulation indices were measured at a concentration of 2.5 (1.78 \pm 0.13, $P < 0.05$ vs 0 $\mu\text{g/mL}$) and 5 $\mu\text{g/mL}$ (1.71 \pm 0.12, $P < 0.05$ vs 0 $\mu\text{g/mL}$). Islets treated with 20 or 40 $\mu\text{g/mL}$ of ETA were also characterised by the lowest intracellular insulin content (743.7 \pm 82.1 $\mu\text{U/IEQ}$, $P < 0.01$ vs 0 $\mu\text{g/mL}$; 651.8 \pm 91.9 $\mu\text{U/IEQ}$, $P < 0.001$) as shown in Figure 2A.

Islet Characterisation After Hypoxic Culture

In the second series of experiments, human islets were cultured for 3–4 days in hypoxic atmosphere at 2% O_2 to create a pro-inflammatory environment. In this part of the study an ETA concentration of 5 $\mu\text{g/mL}$, determined as the most suitable one in the first part of the study, was applied. To evaluate the effect of decisive isolation-derived variables with a pro-inflammatory impact on islets, a correlation analysis was performed opposing islet purity and recirculation time to

ROS production and chemokine release. The analysis did not reveal any significant correlation between islet purity and recirculation time with ROS production and with the release of TNF- α , IL-1 β , IL-6, IL-8, IP-10, MCP-1 or VEGF-A (data not shown).

As expected, hypoxia had a detrimental effect on almost all variables of vehicle-treated controls assessed. Nevertheless, when 5 $\mu\text{g/mL}$ of ETA were added, nearly all parameters of islet survival and function improved substantially. As shown in Table 2, the addition of ETA caused an increase of mitochondrial activity determined as formazan production ($P < 0.01$) and a reduced intraslet generation of ROS ($P < 0.001$) which was associated with reduced islet fragmentation, as reflected by the size index ($P < 0.001$), and lesser formation of cell debris resulting in higher islet purity ($P < 0.001$). As a consequence, a significant increase in islet yield ($P < 0.001$) and viability ($P < 0.001$) was observed.

The improved integrity of ETA-treated islets was also reflected by the glucose stimulation index (Table 2). On average, the stimulation index was 5.5 \pm 2.1-fold higher ($P < 0.01$) when ETA had been present during hypoxic culture. Compared with ETA-treated islets, vehicle-treated controls were characterised by a substantially higher basal insulin release ($P < 0.05$) and failed to demonstrate an increased insulin release towards glucose challenge. Nevertheless, after switching back to low glucose concentrations, vehicle-treated islets were able to downregulate insulin secretion (Figure 2B). In contrast, the addition of 5 $\mu\text{g/mL}$ ETA preserved the physiological insulin response towards different glucose concentrations in hypoxic atmosphere. Whilst overall survival increased substantially after ETA treatment ($P < 0.001$), no significant effect of ETA on key genes of apoptosis was found (Table 2). Although a slight reduction of the BAX-over-BCL-2 mRNA ratio could be detected, the decrease of pro-apoptotic BAX did not reach statistical significance.

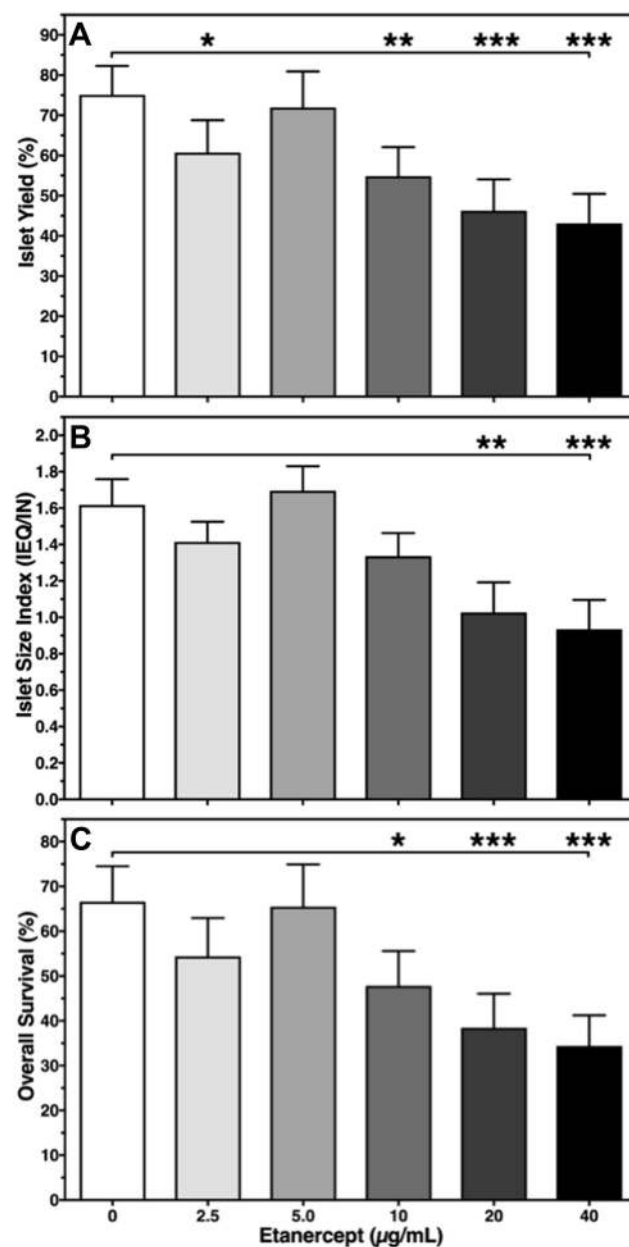


Figure 1 Effect of Etanercept concentration on human islet (A) yield (%) normalised to preculture, (B) size index (IEQ/IN), and (C) overall survival (%). Islet characterisation was performed after 3–4 days of culture in normoxic atmosphere. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$ vs 0 µg/mL as indicated.

In order to assess the TNF- α inhibitory potency of ETA at 5 µg/mL, the production of several chemokines during hypoxic culture was evaluated. As shown in Table 3, ETA significantly reduced the accumulation of TNF- α in the culture medium by approximately 30%. Nevertheless, ETA also had a significant impact on the release of several other islet chemokines. Despite the huge variability that was observed regarding the concentration of different chemokines, the inhibitory effect of ETA on the production of individual chemokines was remarkably

similar and averaged approximately 30–40% compared with vehicle-treated controls ($P < 0.05$). The reduction of islet chemokine production did not only concern pro-inflammatory mediators such as TNF- α , IL-1 β , IL-6 or MCP-1, it also applied for pro-angiogenic factors such as IL-8 and VEGF-A. As demonstrated in Figure 3A, a very close positive correlation was calculated between TNF- α and IL-1 β , IL-6 or VEGF-A, varying between $r = 0.72$ ($P < 0.05$) and $r = 0.95$ ($P < 0.001$). The correlation coefficient of IL-8, IP-10 and MCP-1, not included in Figure 3, was $r = 0.81$ ($P < 0.01$), $r = 0.98$ ($P < 0.001$) and $r = 0.85$ ($P < 0.001$), respectively. The correlation analysis also detected a correlation coefficient of $r = 0.77$ ($P < 0.01$) for ROS which seems to indicate an involvement of these oxidants in the chemokine network (Figure 3A).

When TNF- α was correlated with islet yield and viability, a negative correlation coefficient was calculated (Figure 3B). Similar figures were calculated for the other chemokines assessed (data not shown). A tight inverse correlation was also observed when analysing ROS with yield ($r = -0.72$, $P < 0.001$) and islet viability ($r = -0.57$, $P < 0.01$).

Discussion

Considering the long period of time that has elapsed since ETA was introduced into islet transplant protocols,¹⁰ it is quite surprising that, to the best of our knowledge, this is the first study to investigate the impact of ETA dose on the function and morphological integrity of isolated human islets. Assessing a dose range of 2.5 to 40 µg/mL, our study suggests that 5 µg/mL of ETA is the optimal concentration for maintaining the morphological and functional integrity of human islets. Using this relatively low concentration, ETA was highly effective to affect the cytokine production in hypoxia-exposed islets. Although ETA was formulated as an inhibitor specific for TNF α , a reduction of approximately 30% or more was noted also for other pro-inflammatory cytokines such as IL-1 β , IL-6, IL-8, IP-10 and MCP-1. This observation is in accordance with previous studies performed in patients with rheumatoid arthritis or psoriasis.^{31–34} The findings of the present study support the hypothesis that TNF α plays a central role within the complex chemokine network.^{35,36} Surprisingly, VEGF-A, which is characterised as pro-angiogenic and protective chemokine,³⁷ was reduced in the same range as other the other pro-inflammatory chemokines. This is in keeping with previous data showing that TNF α and IL-1 β can stimulate VEGF production under inflammation or hypoxic conditions as found in rheumatoid arthritis³⁸ or as observed in cultured cells isolated from varying tissues.^{39,40}

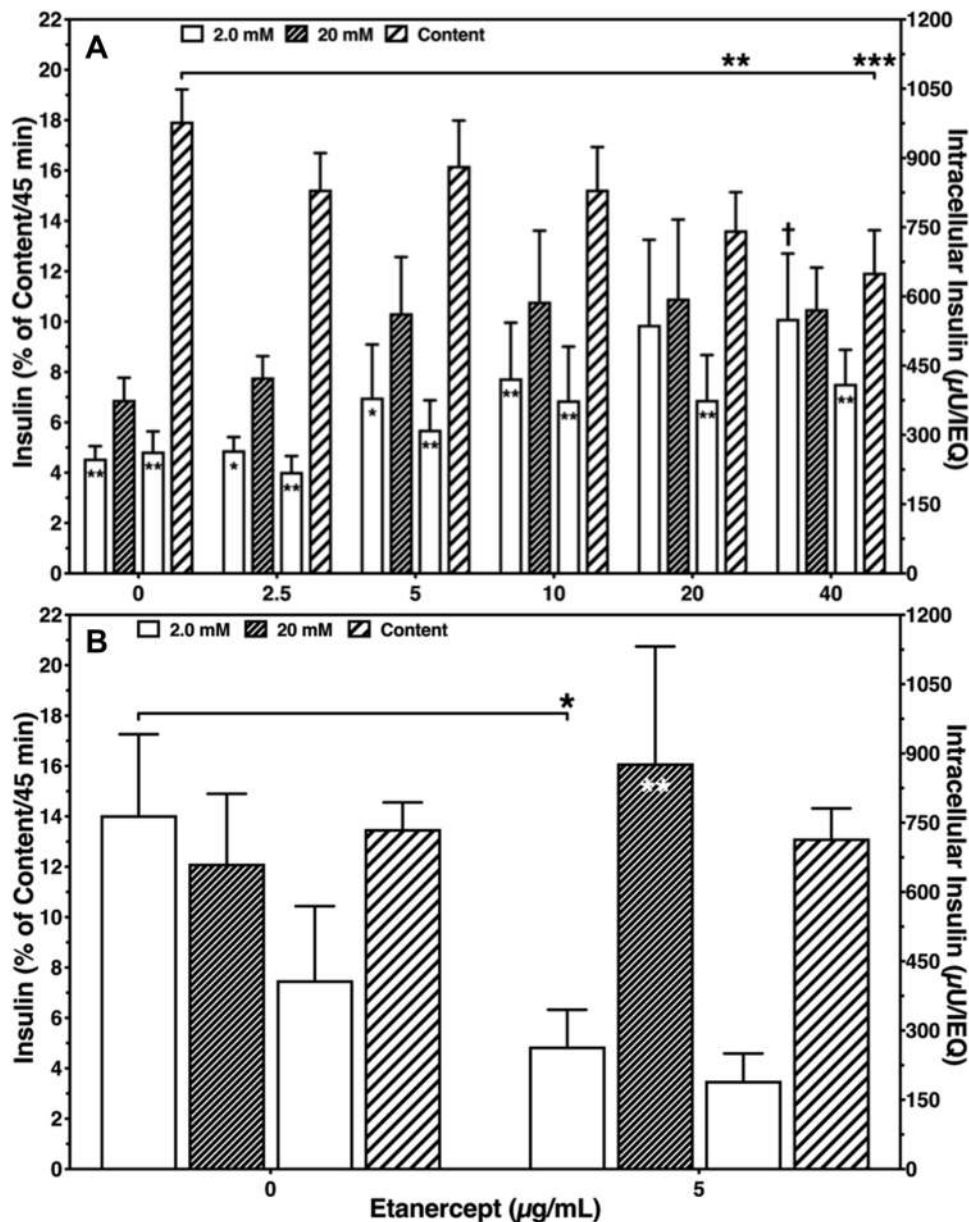


Figure 2 Sequential glucose-stimulated insulin release after 3–4 days of human islet culture in (A) normoxic (n = 7) or (B) hypoxic atmosphere (n = 8). Insulin release of 20 IEQ is expressed as percentage of intracellularly stored insulin (striped bars). Symbols inside bars indicate * $P < 0.05$, ** $P < 0.01$ for 2.0 vs 20 mmol/L of glucose. (A) † $P < 0.05$ for basal release at 40 µg/mL vs 0 µg/mL; ** $P < 0.01$, *** $P < 0.001$ for intracellular insulin at 20 and 40 µg/mL vs 0 µg/mL. (B) * $P < 0.05$ for basal release at 5 µg/mL vs 0 µg/mL.

Other pro-inflammatory mediators that are tightly associated with the chemokine network are ROS which have been identified as essential signal transducing agents for different chemokines.^{41,42} The present data demonstrate a strong correlation between ROS and all other chemokines assessed. A similar finding was made in a previous study with respect to MCP-1.⁴³ ROS are highly pro-oxidant molecules that are generated under hypoxic conditions by several enzymes located in different cellular compartments, such as mitochondria.^{44,45} Excessive ROS levels damage subcellular

structures such as cell membranes,⁴⁶ protein structures⁴⁷ or DNA.⁴⁸ These structural alterations result in decreased human islet viability and dysfunction.^{49,50} In the present study, we demonstrate in vitro that the detrimental effects of hypoxia can be substantially prevented by treating hypoxic human islet with 5 µg/mL ETA which reduced the intra-islet ROS production by approximately 45%.

The only prospective islet in vivo study we are aware of administered an ETA dose of 5 mg/kg body weight to treat diabetic immunodeficient mice transplanted with

Table 2 Effect of Etanercept on Islet Characterisation After 3–4 Days of Culture in Hypoxic Atmosphere (n = 11)

Variables	Etanercept		P-value
	0 µg/mL	5 µg/mL	
IEQ Yield (%)	36.4 ± 5.4	51.4 ± 5.4	< 0.001
Size Index (IEQ/IN)	1.08 ± 0.13	1.70 ± 0.21	< 0.001
Purity (%)	62.7 ± 2.9	71.4 ± 3.1	< 0.001
Viability (%)	75.2 ± 5.5	90.5 ± 5.3	< 0.001
Formazan (OD/1000 IEQ)	2.29 ± 0.48	2.65 ± 0.53	< 0.01
ROS (FI/IEQ)	210.6 ± 59.4	117.8 ± 34.7	< 0.001
Overall Survival (%)	28.6 ± 6.3	47.2 ± 6.8	< 0.001
Stimulation Index	1.57 ± 0.60	4.18 ± 0.96	< 0.01
BAX/BCL-2 mRNA Ratio	0.994 ± 0.003	0.872 ± 0.170	> 0.05

Abbreviations: FI, fluorescence intensity; OD, optical density.

Table 3 Effect of Etanercept on Islet Chemokine Production During 3–4 Days of Culture in Hypoxic Atmosphere (n = 6)

Chemokines (ng/IEQ)	Etanercept			P-value
	0 µg/mL	5 µg/mL	5 µg/mL (%)*	
TNF-α	1.07 ± 0.23	0.68 ± 0.12	68.1 ± 4.9	< 0.05
IL-1β	5.24 ± 1.44	3.53 ± 0.92	69.0 ± 2.6	< 0.05
IL-6	49.9 ± 14.5	26.1 ± 7.34	53.2 ± 4.7	< 0.05
IL-8	253.8 ± 79.6	156.5 ± 45.7	62.2 ± 4.3	< 0.05
IP-10	1.40 ± 0.29	0.93 ± 0.16	69.4 ± 3.7	< 0.05
MCP-1	103.6 ± 28.8	53.7 ± 13.7	58.7 ± 6.1	< 0.05
VEGF-A	50.0 ± 14.1	33.5 ± 9.1	70.6 ± 3.0	< 0.05

Note: *Values are normalised to controls (0 µg/mL) and are expressed as percentage.

isolated human islets.¹⁸ Translating this dosage to the clinical setting by using dose conversion tables,^{51,52} a recipient of 60 kg body weight would receive 25 mg ETA for the initial intravenous injection which is equivalent to a concentration of 5 µg/mL in whole blood. According to our findings and that of McCall et al¹⁸, this concentration appears the most effective one to support highest survival of islets exposed to inflammation or hypoxia. However, the intravenous administration of the established initial standard dose of 50 mg would result in a doubling of the systemic level to approximately 10 µg ETA per mL of whole blood, which is close to the borderline of the toxic ETA range as defined by our study. Integrating the subsequent three subcutaneous injections of 25 mg into the calculation, the long half-life and low elimination rate of ETA^{53,54} can easily result in at least two-fold increase to 20 µg/mL or even more. Consistent with our hypothesis, that high systemic peak values of ETA should be avoided, it was previously demonstrated in more than 240 islet allograft recipients that subcutaneously injected ETA induces a higher rate of insulin

independence and a lower number of adverse events when compared with intravenous administration.⁵⁵ In support of this observation, absorption studies in 26 healthy subjects revealed that the initially measured peripheral serum level of intravenously injected ETA is at least twenty-fold higher compared with subcutaneous administration.⁵⁶ These findings underline again the necessity to identify an ETA dose that balances a maximum of anti-inflammatory potency and a minimum of adverse effects in islet-transplanted patients. As demonstrated by two previous studies in Asian and Caucasian patients suffering from rheumatoid arthritis, very similar cut-off ETA values were identified by using the receiver-operating characteristic (ROC) curve analysis.^{57,58} Because ETA serum samples are currently not available in islet transplant centres worldwide, this kind of analysis has not been performed for islet transplantation so far. In order to close this research gap in ETA pharmacokinetics in intraportally transplanted recipients, serum samples should be regularly collected during and after the human islet allo- and auto-transplantation procedure. Furthermore, before our *in vitro*

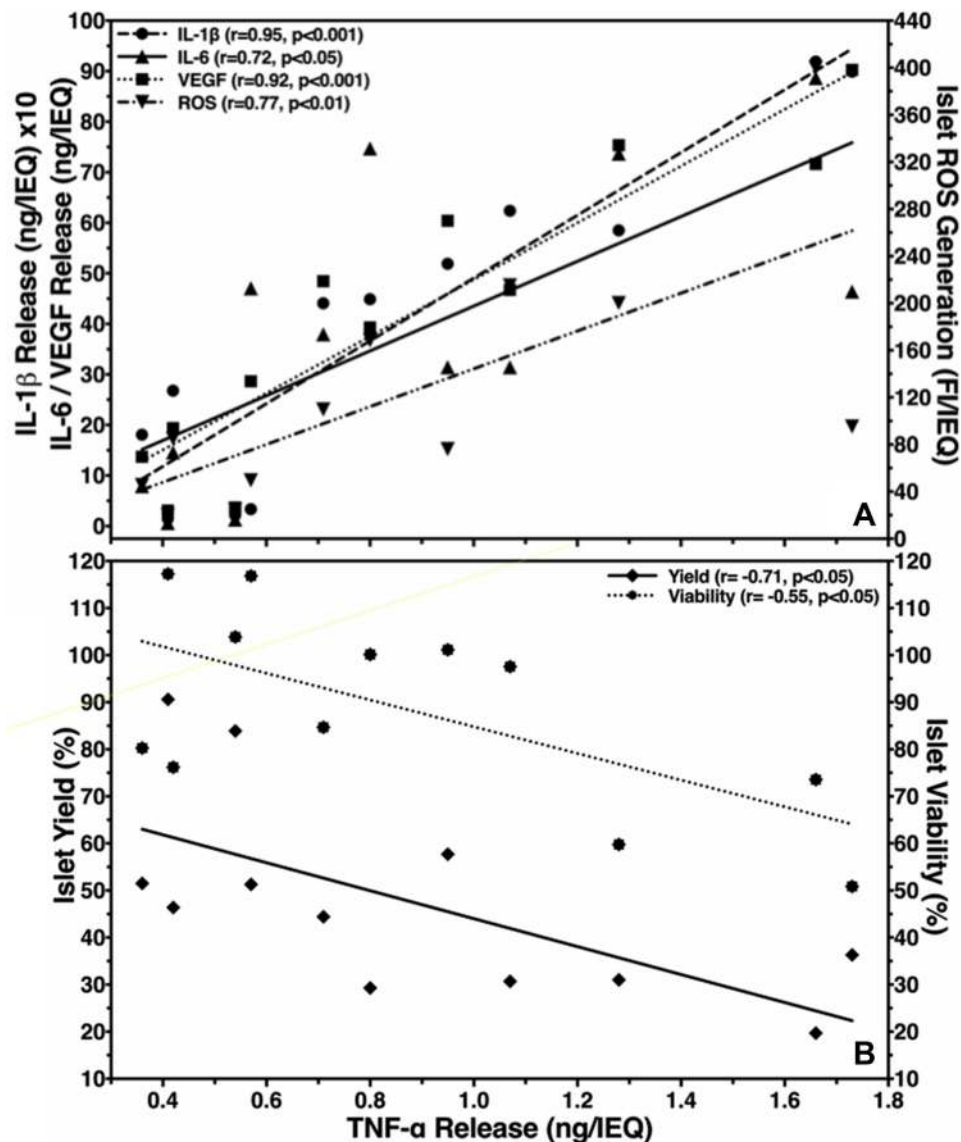


Figure 3 Effect of TNF- α production in hypoxic islets on (A) release of IL-1 β (●), IL-6 (▲), VEGF-A (■)(left y-axis) and ROS generation (▼)(right y-axis) or (B) postculture islet yield (◆)(left y-axis) and viability (◻)(right y-axis). The correlation coefficient (r) was calculated using Spearman's rank correlation.

observations can be considered in clinical practice, it is absolutely mandatory to validate and confirm our findings in a subsequent transplant study using a small animal model such as the diabetic nude mouse.

Apart from its administration during pre-transplant culture and the peri-transplant period in the recipient, it can be discussed to broaden the use of ETA as protective reagent since non-physiological and detrimental conditions are virtually omnipresent at all levels of pancreas processing for subsequent islet isolation and islet transplantation.⁵⁹ One obvious option for an extended application may be ETA supplementation during islet shipment from the remote isolation facility to distant transplant

centres. This step is characterised by a limited storage capacity resulting in a high islet seeding density which can cause a pro-inflammatory microenvironment as previously demonstrated.^{25,60} Nevertheless, the most harmful islet-specific responses are associated with the brain death-induced cytokine storm,^{61–63} cold storage of the pancreas⁶⁴ and the inflammatory blood-mediated immune reaction (IBMIR) occurring immediately after intraportal islet infusion into the patient.^{7,8,65} While the cytokine release in the peri-transplant period is already antagonised by ETA administration, this anti-inflammatory compound has never been used during enzymatic pancreas digestion representing the central and most relevant intrinsic part

of the islet isolation process. On the one hand, this step is essential to successfully release islets from within the acinar tissue. On the other, its severity impacts islet morphological integrity and functionality manifold by exposing islet tissue to mechanical shear forces, hypoxia and hyperosmolarity, by degrading the peri-islet extracellular matrix and abolishing anti-apoptotic and anti-inflammatory survival signals.⁶⁶ In contrast to human islets microdissected by laser-capture technique,^{67,68} enzyme-isolated islets are characterised by the enhanced activation of stress-signaling and pro-inflammatory pathways^{69,70} as well as pro-apoptotic cascades.⁷¹ Moreover, enzymatic islet isolation acts as an amplifier for the brain death-induced expression and production of pro-inflammatory chemokines.⁷² Amongst those, the tissue factor appears to be the most relevant one to trigger IBMIR as immediate innate immune response.⁷³

Conclusions

In conclusion, this initial study is the first one to define the protective and detrimental concentration ranges of ETA, an inflammatory agent that is routinely used in recipients of allogeneic human islets. Our findings suggest that the therapeutic window for ETA in islet allotransplantation is very narrow, ranging from 5 to 10 µg ETA per mL. These data are important for optimising the administration route and dosage of ETA in islet recipients, in order to avoid high systemic peak levels that can exceed the toxic threshold of ETA. The potency of ETA to protect islets from hypoxia-induced damage should also potentially be considered when shipping islets from remote islet isolation facilities to islet transplant centres. However, before these in vitro findings can be translated into clinical practice transplant studies in a small animal model are essentially required.

Abbreviations

Bax, BCL-2 associated X protein; BCL-2, B-cell lymphoma-2; CMRL, Connaught Medical Research Laboratories; DNA, deoxyribonucleic acid; ETA, Etanercept; FDA, fluorescein diacetate; IEQ, islet equivalents; IL-1β, interleukin-1 beta; IL-6, interleukin-6; IL-8, interleukin-8; IN, islet particle number; IP-10, interferon gamma-induced protein-10; MCP-1, monocyte chemoattractant protein-1; MTS, 3-(4,5-dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium; NS, nonsignificant; PI, propidium iodide; qRT-PCR, quantitative real-time polymerase chain reaction; ROS,

reactive oxygen species; rRNA, ribonucleic acid; SEM, mean ± standard error; TNF-α, tumor necrosis factor alpha; VEGF-A, vascular endothelial growth factor-A.

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Disclosure

The authors of this manuscript declare no conflicts of interest.

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