Host heterogeneity dominates West Nile virus transmission

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Heterogeneity in host populations and communities can have large effects on the transmission and control of a pathogen. In extreme cases, a few individuals give rise to the majority of secondary infections, which have been termed super spreading events. Here, we show that transmission of West Nile virus (WNV) is dominated by extreme heterogeneity in the host community, resulting in highly inflated reproductive ratios. A single relatively uncommon avian species, American robin (*Turdus migratorius*), appeared to be responsible for the majority of WNV-infectious mosquitoes and acted as the species equivalent of a super spreader for this multi-host pathogen. Crows were also highly preferred by mosquitoes at some sites, while house sparrows were significantly avoided. Nonetheless, due to their relative rarity, corvids (crows and jays) were relatively unimportant in WNV amplification. These results challenge current beliefs about the role of certain avian species in WNV amplification and demonstrate the importance of determining contact rates between vectors and host species to understand pathogen transmission dynamics.

Keywords: reservoir host; reproductive ratio; R_0; infectiousness; host–vector contact rate; super spreading events

1. INTRODUCTION

Understanding the epidemiology of zoonotic pathogens requires identification of the animal species that are the key reservoir hosts (Haydon *et al.* 2002; Leroy *et al.* 2005; Li *et al.* 2005). This is a complex problem for multi-host vector-borne pathogens because some hosts may be able to transmit the pathogen, while others are fed on by vectors but rarely infect them with the pathogen (Hudson *et al.* 1995). The former hosts facilitate epidemics and may be termed amplification or reservoir hosts (Haydon *et al.* 2002), while the latter dampen or prevent epidemics and have been called dilution hosts (Ostfeld & Keesing 2000; LoGiudice *et al.* 2003). Determining the degree of host heterogeneity in pathogen transmission is especially important because for many pathogens a small fraction of infected individuals is responsible for the majority of transmission (Woolhouse *et al.* 1997; Ostfeld & LoGiudice 2003; Lloyd-Smith *et al.* 2005b). In these cases, heterogeneity greatly increases the reproductive ratio of a pathogen, R_0, and the explosiveness of epidemics, if the introduced pathogen does not become extinct (Woolhouse *et al.* 1997; Lloyd-Smith *et al.* 2005a).

Heterogeneity in pathogen transmission arises primarily from variability in contact rates and variability in infectiousness of hosts (Woolhouse *et al.* 1997; Dye & Gay 2003). Both of these factors are likely to generate heterogeneity in the transmission of multi-host pathogens, because contact rates between hosts (or between hosts and vectors) vary significantly between species (Dobson

2004), and because species differ substantially in immunologic and infectious response to pathogen infections (Komar *et al.* 2003; LoGiudice *et al.* 2003). The composition of host communities and the feeding patterns of vectors thus play key roles in determining whether or not a vector-borne pathogen will successfully invade, persist and cause epidemics.

West Nile virus (WNV; Flaviviridae: flavivirus) is a zoonotic pathogen that is primarily transmitted between birds and mosquitoes, but is also sometimes transmitted to mammals, including horses and humans (Kramer & Bernard 2001). It has caused yearly epidemics in North America since 1999, with approximately 22 000 reported human cases, 826 deaths and an estimated 225 000 illnesses (Petersen & Hayes 2004; Centers for Disease Control & Prevention 2006a; Health Canada 2006). Although WNV has infected over 300 species of birds, 30 mammals and several reptiles in North America (Centers for Disease Control & Prevention 2006b; Marra *et al.* 2004), the vertebrate species that infect the majority of mosquitoes have yet to be determined. Although large numbers of corvids (birds in the family Corvidae, including jays and crows) have been found dead and tested positive for WNV (Bernard *et al.* 2001; Garvin *et al.* 2004; Reisen *et al.* 2004), corvids rarely make up more than ten percent of the individuals in most communities, except near roosts (Husak & Linder 2004; Sauer *et al.* 2005). House sparrows (*Passer domesticus*), a widespread and abundant species, have been hypothesized to be important in WNV transmission because of their abundance and evidence of their exposure to WNV (Komar *et al.* 2001). However, neither corvids nor house sparrows have been important hosts in previous studies of

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mosquito feeding patterns (Apperson *et al.* 2002; Apperson *et al.* 2004; Molaei *et al.* 2006).

We studied mosquito feeding patterns and epidemiology of WNV in urban and residential areas to determine the primary reservoir host species of WNV and the impact of host heterogeneity on pathogen amplification. We found that WNV transmission was dominated by extreme heterogeneity in the community of avian host species, with a single relatively uncommon species accounting for the majority of WNV-infectious mosquitoes.

2. MATERIAL AND METHODS

We collected data on avian host abundance and serology, vector feeding, mosquito abundance and WNV infection prevalence at five sites in Maryland and Washington, DC from May to September 2004. All sampling at each site was done within *ca* 1 km radius circle, which had relatively homogenous percentage forest cover and land use. The sites included three urban areas, the National Mall in Washington, DC (including the National Gallery of Art, the Hirshhorn Museum and the National Museum of Natural History); Foggy Bottom, DC (500 m northeast of the Watergate hotel); Baltimore, MD, (300 m west of Camden Yards); and two residential areas, Takoma Park, MD; and Bethesda, MD.

We estimated the abundance of birds using between four and six unlimited distance point transects, 6 min in duration, performed at least 150 m apart at each site monthly from May to September (20–30 point counts/site totalling *ca* 200 observations and *ca* 400 individuals/site). Censuses were performed during times of peak activity (generally within 30 min of dawn). We used program Distance, which accounts for species differences in observability (Thomas *et al.* 2004), to estimate the density of each species at each site.

We trapped birds throughout each site approximately monthly using mist nets and obtained 0.1 ml of blood by brachial or jugular venipuncture. Blood was tested for flavivirus antibodies using an enzyme-linked immunosorbent assay (ELISA; Ebel *et al.* 2002). We tested 346 flavivirus positive samples from birds trapped in 2003 by plaque-reduction neutralization test (PRNT; Calisher *et al.* 1989) to distinguish between WNV and St Louis encephalitis virus (SLEV), and found no evidence of SLEV exposure. Thus, we interpreted our ELISA positive 2004 samples as evidence of WNV infection and recovery.

We collected mosquitoes from throughout each of the same sites using eight CDC light traps (four at 1.5 m height and four in tree canopies at 8–20 m; pairs of traps were separated by at least 100 m), and four CDC gravid traps for two nights twice per month from May to September and by aspirating mosquitoes from vegetation with a large backpack mounted aspirator. Engorged mosquitoes were primarily obtained from light (61%) and gravid (38%) traps. We identified all non-engorged mosquitoes (approx. 23 000) to the species level, where possible, and tested them for WNV RNA using real time RT–PCR (Kauffman *et al.* 2003) in groups (pools) of 20–50 individuals. The temporal pattern of abundance and WNV prevalence in mosquitoes at these sites has been described elsewhere (Kilpatrick *et al.* 2006).

We used PCR to identify the species composition of morphologically similar *Culex* mosquitoes (Crabtree *et al.* 1995). We identified 40 mosquitoes/site as well as all engorged *Culex* and found that more than 90% were *Culex pipiens*. We identified the sources of blood meals using PCR

amplification of the cytochrome *b* gene (Ngo & Kramer 2003) and nucleotide sequencing of the amplified product. We found 181 individual blood meals that yielded a PCR product and obtained DNA sequences from 163 of these; 11 blood meals contained DNA from both mammal and avian hosts, which were subsequently analysed as separate feedings. We calculated feeding preference indices of *Cx. pipiens* and *Culex restuans* mosquitoes (the primary enzootic vectors of WNV in this region (Kilpatrick *et al.* 2005)), P_i, on each avian host i,

$$P_i = \frac{\text{fraction of total blood meals from host } i}{(\text{density of species } i/\text{total avian density})} = \frac{f_i}{a_i}. \quad (2.1)$$

If mosquitoes feed on host species in proportion to their abundance, the fraction of blood meals from each species, f_i, will be the same as the fraction of the community made up by that species, a_i, and P_i will be 1. We tested whether P_i for each species at each site was significantly different from 1 by performing 10 000 multinomial simulations comparing the observed distribution of blood meals between species with those expected under the null hypothesis that mosquitoes fed on birds in proportion to their abundance (Hassan *et al.* 2003). *Culex* mosquitoes obtain blood meals every 6–21 days and can live for 10–65 days in captivity, depending on temperature (Oda *et al.* 1999; Spielman & D'Antonio 2001).

Several avian species that were present at a site were not found in any of the blood meals at that site. We determined whether this was due to avoidance by mosquitoes or insufficient sample sizes by performing multinomial simulations and calculating the probability of observing at least 0.5 blood meals from unrepresented species, given our sample size of blood meals from that site. If the probability was less than 0.05, we conservatively reported the feeding index with 0.5 blood meals from that host as a minimum avoidance estimate.

If species have equal initial seroprevalence and infection rates, one can estimate the fraction, F_i, of WNV-infectious mosquitoes resulting from feeding on each avian species i as the product of the relative abundance, a_i, the host reservoir competence, C_i, and feeding index, P_i. The host reservoir competence is a measure of the sum of the probability that an infected host will transmit virus to a biting mosquito on each of the 7 days following infection (viremic periods were 1–7 days in length; Komar *et al.* 2003). We assumed $P_i = 1$ (no preference) for species that were not detected in mosquito blood meals and were not significantly avoided (including many of the 'other birds' in figure 1*a*). We estimated the host reservoir competence for birds using data from laboratory infections (Komar *et al.* 2003; Komar *et al.* 2005). For unstudied species we used values for birds in the same family because there is more variation between taxonomic families of birds than within them (data for 22 species from Komar *et al.* (2003); ANOVA, $F_{6,15} = 8.01$, $p = 0.002$). For mammals, we used a reservoir competence value of 0, based on experimental infections in several mammals (Komar 2003) and peak viremias seen in humans (Biggerstaff & Petersen 2002). We assessed the role of each species in amplifying WNV by calculating the change in the community reservoir competence (the sum of the F_i values) if the species was removed from the community (Schmidt & Ostfeld 2001).

We calculated the relative number of infectious mosquitoes produced by a single infected host of each species by multiplying the feeding index, P_i by the reservoir competence, C_i, of that species and used this number to compare the heterogeneity in secondary infections between species to that

for super spreading events (Lloyd-Smith *et al.* 2005*b*). Super spreading events have been defined as individuals that infect more than the 99th percentile of a Poisson distribution with mean equal to R_0 (Lloyd-Smith *et al.* 2005*b*). We considered the number of secondary infections from individuals of each host species and compared them to the null hypothesis of host homogeneity assuming $R_0 = 1$.

Finally, we determined the quantitative impact of host heterogeneity on the reproductive ratio of the virus by calculating the relative reproductive ratio (Woolhouse *et al.* 1997)

$$R_{0,\mathrm{rel}} \propto \sum_{i=1}^{n} \frac{f_i^2 C_i}{a_i \hat{C}},$$

where $\hat{C}$ is the average host competence at that site, f_i is the fraction of blood meals from host i and a_i is the fraction of the community made up by host i. This expression is based on the assumptions that: (i) mosquitoes form a homogenous group that feeds on avian host i with probability f_i (corresponding to equation 23 and the $m/1$ model in Hasibeder & Dye (1988); see also Dye & Hasibeder (1986)) and (ii) that all hosts bitten by an infectious mosquito will become infected (Komar *et al.* 2003; otherwise $R_{0,\mathrm{rel}}$ should be multiplied by this probability divided by the site average). This expression accounts for species differences in host competence, which are normalized by the site average competence. Thus, $R_{0,\mathrm{rel}} = 1$ for a homogenous host community with randomly feeding mosquitoes. The relative reproductive ratio, $R_{0,\mathrm{rel}}$, measures the increase in the pathogen reproductive ratio, R_0 (which also depends on vector biting rate, vector and host competence, host and vector death rates and host recovery period; Aron & May 1982), due to heterogeneity in feeding and host competence. We tested the hypothesis that increasing $R_{0,\mathrm{rel}}$ would increase virus transmission (Anderson & May 1991) and lead to earlier detection of WNV-infected mosquitoes.

3. RESULTS

A large fraction of the 174 hosts identified from blood meals by PCR and DNA sequencing came from a single, relatively uncommon species. American robins (*Turdus migratorius*; hereafter, robins) made up an among-site average of $3.7\% \pm 1$, s.e. = 1.2 (range among sites 1.0–7.5%), of the total avian abundance (figure 1*a*), but accounted for $43.4\% \pm 8.9$ (range 24–71%) of mosquito feedings (figure 1*b*). Mosquitoes thus fed on robins 16.7 ± 4.4 (range 6.4–30.6) times more often than would be expected if mosquitoes showed no feeding preferences (figure 1*c*). The fraction of blood meals that were identified as robins did not differ between 1.5 m height and canopy mosquito traps ($\chi^2 = 0.76$; $n = 103$; $p = 0.38$), suggesting that collection height did not bias estimates of feeding preferences towards this species. The feeding index for robins showed a slightly non-significant decrease with the abundance of robins at the site ($r = -0.83$; $n = 5$; $p = 0.08$).

Integrating these data with reservoir competence values from experimental infections (Komar *et al.* 2003, 2005) showed that if initial seroprevalence and infection rates were similar for each species then approximately $59.3\% \pm 9.1$ (range 35–88%) of the WNV-infectious *Culex* mosquitoes likely became infected from feeding on viraemic robins (figure 1*d*). Between May and July

2004, $42.8\% \pm 15\%$ of WNV-antibody-negative adult robins seroconverted (assuming no mortality) and became WNV-antibody-positive at these sites. Similarly, over a single month between July and August, $20\% \pm 10\%$ of hatch-year (young of the year) robins seroconverted. In comparison, house sparrows, which were significantly avoided by mosquitoes (figure 1*c*; see below), had seroconversions rates (assuming 18% mortality; L Kramer *et al.* 2005, unpublished data) of only $11.8\% \pm 7.8\%$ of adults for May–July and $7.2\% \pm 3.5\%$ of hatch-year birds from July to August. Initial (May) seroprevalences were $56.3\% \pm 12.4\%$ for adult American robins and $19.8\% \pm 0.2\%$ for adult house sparrows, and 0% for hatch-year birds of both species, which were 3–6 times as numerous as adults by September. Thus our estimates of the fraction of WNV-infectious mosquitoes resulting from feeding on each host underestimate the importance of robins compared to house sparrows (figure 1*d*).

This host heterogeneity in mosquito feeding and reservoir competence increased the relative reproductive ratio, $R_{0,\mathrm{rel}}$, by a factor of 10.4 ± 2.0 (range 4.3–15.3) relative to a homogenous host community. As a possible consequence, WNV-infected mosquitoes were first detected earlier at sites with larger $R_{0,\mathrm{rel}}$ (figure 2).

If a single WNV-infected robin was placed into one of these communities where on average each host infected a single mosquito, the robin would infect 23.9 ± 6.6 (range 8.9–40.1) mosquitoes. These estimated numbers of secondary mosquito infections from a single robin relative to an average individual host was far greater than the 99th percentile of a Poisson distribution with mean 1, which is 4.0, and suggests that robins functioned as the species equivalent of super spreaders at all sites for this multi-host pathogen (Lloyd-Smith *et al.* 2005*b*).

The fraction of mosquito feedings from robins varied significantly over time (Kilpatrick *et al.* 2006). They were strongly preferred from May to August when they were found in $47.2\% \pm 7.6$ (range 30.4–71.4%) of blood meals, but declined significantly in abundance in September when they were not found in any of 19 blood meals collected across the five sites. Thus, robins were even more important in WNV amplification from June to August than the season-average calculations above suggest. Mammals (15/23 mammalian blood meals were humans; others included eastern gray squirrels, *Sciurus carolinensis* (2 blood meals), cow (2), cat (1), dog (1) and opossum (1)) became an important host for *Culex* blood meals in August and September as *Cx. pipiens* shifted feeding away from robins (Kilpatrick *et al.* 2006).

Fish crows also were highly selected by mosquitoes at two sites, The Mall and Foggy Bottom (figure 1*c*), where they were fed on 24.6 and 10.4 times more often than expected from their low relative abundance. However, their rarity made them relatively unimportant in WNV amplification. We estimated that they accounted for only $2.0\% \pm 1.2$ (range 0.02–6.0%) of WNV infected mosquitoes across the sites (figure 1*d*). The most abundant species at these sites, house sparrows, made up $55.7\% \pm 5.1$ of the total abundance (figure 1*a*). However, they were fed on 7.9 ± 2.5 (range 2.2–15.4) times less often than would be expected by chance (figure 1*c*) and they accounted for only $10.6\% \pm 4.0$ (range 0–21.0%) of mosquito feedings (figure 1*b*),
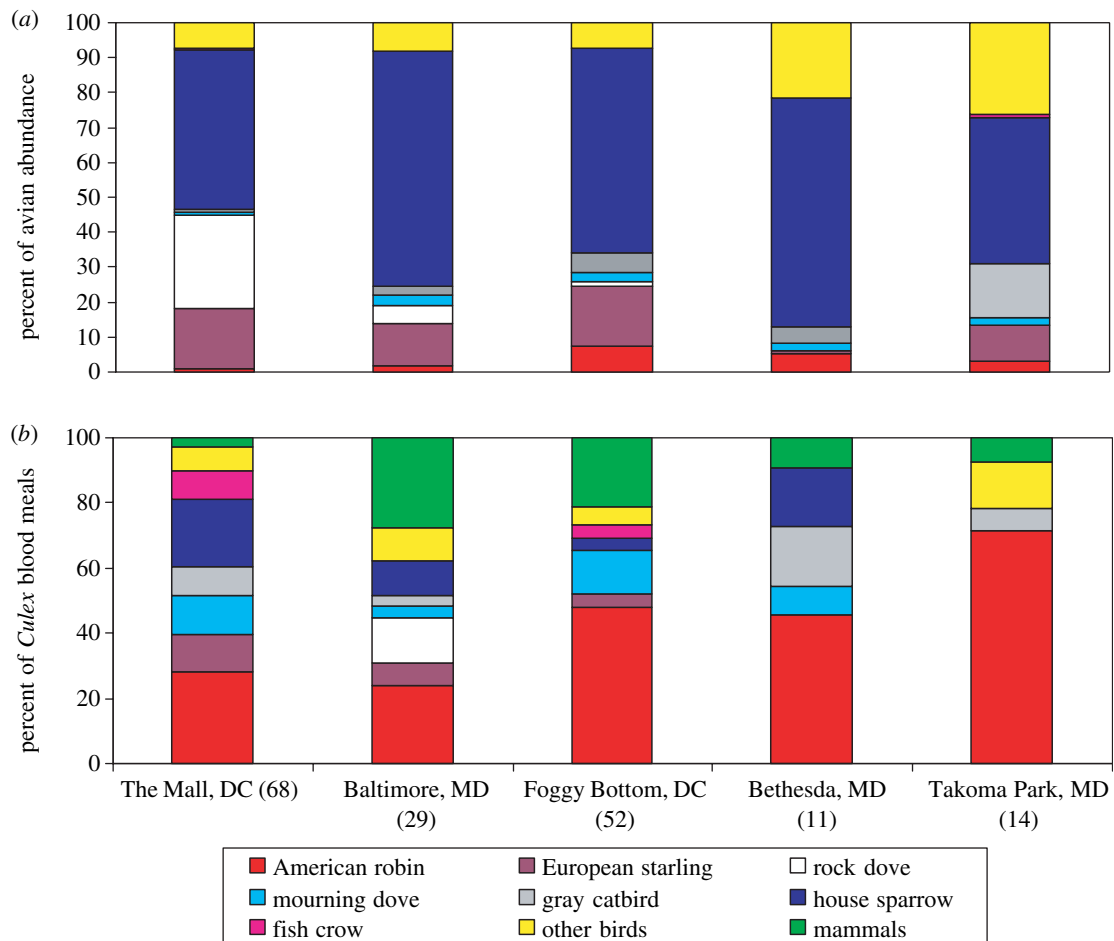
Figure 1. (*a*) Relative abundance of birds at two residential sites and three urban sites. For scientific names see AOU (2005). (*b*) Percent of avian feedings from each host species based on identification of *Culex* mosquito blood meals by PCR amplification of the cytochrome *b* gene followed by DNA sequencing. Sample size of mosquito feedings in parentheses. (*c*) Feeding indices of *Culex* mosquitoes and 95% CI. Positive values are preferences; negative values designate avoidance and are calculated as $(-1/P_i)$. Columns with an asterisk are minimum avoidance estimates (see §2). All preferences, except hatched columns, are significantly different from 1 (two-tailed $p < 0.05$; all robin preferences $p < 0.0001$). (*d*) Amplification fraction (proportion of abundance × feeding preference × reservoir competence) of each species, a surrogate for the fraction of West Nile virus infectious mosquitoes resulting from feeding on that avian host.

and an estimated $23.9\% \pm 7.2$ (range 4.7–40.2%) of WNV-infectious mosquitoes (figure 1*d*). If a single infected house sparrow were placed into one of these communities where on average each host infected a single mosquito it would infect only 0.43 ± 0.13 (range 0.11–0.83) mosquitoes.

We assessed the role of each avian species in amplifying or dampening WNV transmission by calculating the change in the community reservoir competence or average host quality after removing a species from the community. Removing robins resulted in the largest decrease in community reservoir competence, $-29.7\% \pm 10.6$ (range -8.9 to -64.5%) followed by house sparrows $-14.4\% \pm 5.0$, (range -2.1 to -28.9%). In contrast, removing poorly competent hosts resulted in increased community reservoir competence and increased likelihood of WNV amplification. The most important hosts for dampening WNV transmission were mammals (including humans), $+17.1\% \pm 6.6$ (range 3.0–38.1%), mourning doves, $+7.2\% \pm 2.3$ (range 1.3–14.0%), European starlings $+5.5\% \pm 1.6$ (range 0.5–9.7%), rock doves, $+5.9\% \pm 5.3$ (range 0.0–27.1%) and gray catbirds, $+2.3\% \pm 1.1$ (range 0.5–6.5%).

4. DISCUSSION

Our data show extreme heterogeneity in mosquito feeding and as a result, strong heterogeneity in the transmission of WNV. Transmission of many other multi-host pathogens is also likely to be influenced by heterogeneity due to differences in host–vector contact rates, differences in infectiousness among hosts (St Louis encephalitis virus; Reisen *et al.* 2003) or both (eastern equine encephalitis virus (Komar *et al.* 1999; Hassan *et al.* 2003); Lyme disease: variation in relative tick burdens (LoGiudice *et al.* 2003)). Host heterogeneity is also likely to impact the transmission of directly transmitted multi-host pathogens such as avian influenza (Alexander 2000; Guan *et al.* 2004). As a result, it is crucial to quantify the heterogeneity in the transmission of a pathogen to avoid greatly underestimating R_0 and the dynamics of epidemics (Lloyd-Smith *et al.* 2005*b*).

The extreme heterogeneity we documented in WNV transmission among hosts resulted in higher values of $R_{0,\mathrm{rel}}$ than have been reported for any human vector-borne pathogens (Woolhouse *et al.* 1997), and at our most well studied site, the National Mall, the $R_{0,\mathrm{rel}}$ of 15.3 exceeded the highest $R_{0,\mathrm{rel}}$ measured for sexually transmitted
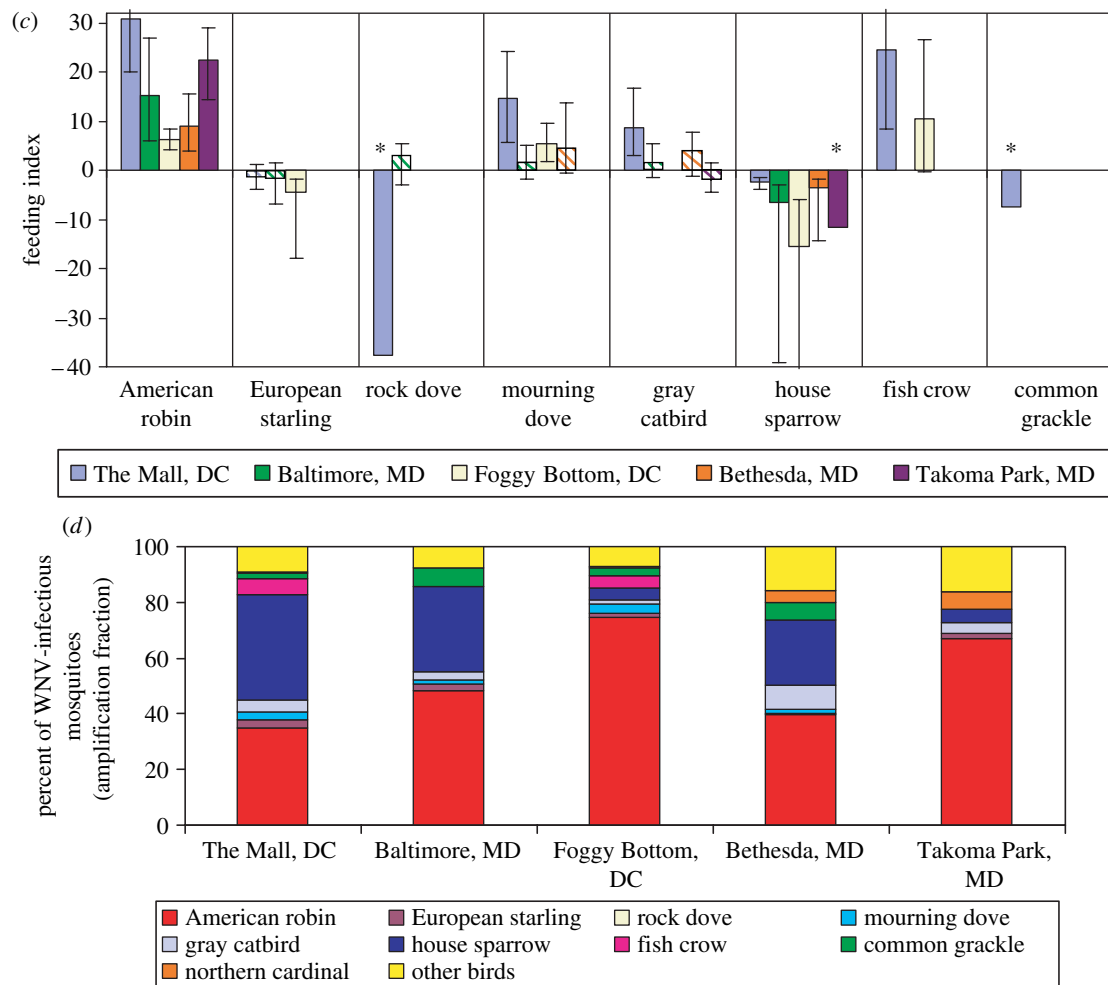
Figure 1. (*Continued.*)

diseases, including HIV (Woolhouse *et al.* 1997). To compare our estimates of $R_{0,rel}$ to other multi-host pathogens we estimated $R_{0,rel}$ for Lyme disease in the north east USA (*Ixodes scapularis* ticks transmitting *Borrelia burgdorferi* among mammal hosts; data from LoGiudice *et al.* 2003) and Chagas disease from Argentina (*Triatoma infestans* transmitting *Trypanosoma cruzi* between humans, chickens, and dogs; data from Gurtler *et al.* 1997; Cohen & Gurtler 2001). We found that $R_{0,rel}$ for Lyme disease varied from 11.1 to 16.5 depending on the densities of white-footed mice (1–100 ha) and chipmunks (1–50 ha). We found that $R_{0,rel}$ for Chagas varied in a complex fashion, depending on the abundance of hosts (each ranging from 1 to 5), from $R_{0,rel}=0.64$ with humans, 1; chickens, 5; dogs, 1 to $R_{0,rel}=11.1$ with humans, 1; chickens, 1; dogs, 2 and $R_{0,rel}$ was 3.4 for base scenario modelled in Cohen & Gurtler (2001). However, for both of these pathogens the major source of heterogeneity that resulted in high values of $R_{0,rel}$ was species differences in host competence (values of $R_{0,rel}$ were 1.9–2.5 for Lyme disease and 0.79–2.8 for Chagas disease with no variability in host competence) whereas for WNV, highly preferential feeding by mosquitoes resulted in the high values of $R_{0,rel}$ ($R_{0,rel}$ were nearly as high, 4.2–13.2, without variability in host competence; figure 2).

Our results show that transmission of WNV was dominated by heterogeneity in both urban and residential areas in the eastern USA where most human cases occur
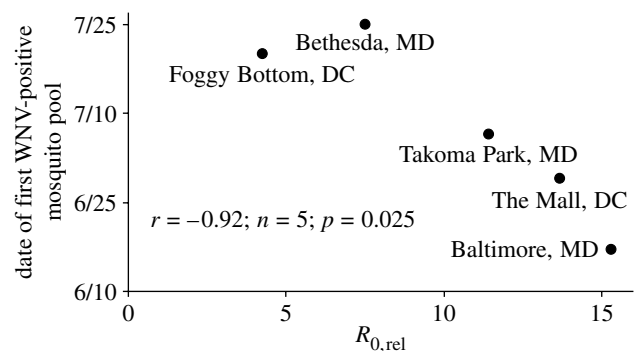

Figure 2. Relative reproductive ratios, $R_{0,rel}$, resulting from host heterogeneity in mosquito feeding and reservoir competence and the date in 2004 that WNV was first detected in mosquitoes.

(Andreadis *et al.* 2004; Centers for Disease Control & Prevention 2006*b*). This suggests that WNV transmission in these areas is likely to be extremely intense in subgroups of hosts (particularly robins), but much less in others, resulting in large differences in WNV exposure of different host species. This has important implications for the impacts of WNV on bird populations (Marra *et al.* 2004). It also shows that avian abundance is a poor indicator of the relative importance of each species in WNV transmission and care must be taken when estimating the competence of a host community (Ezenwa *et al.* 2005).

Our results also suggest that robins, which occur across much of North America (Sallabanks & James 1999; Sauer *et al*. 2005), may be the most important amplification host for WNV in urban and residential areas in the eastern USA during the amplification of the virus in May–August and possibly in other regions of the USA as well (Apperson *et al*. 2004; Molaei *et al*. 2006). We found that mosquito-feeding preferences for robins were highly significant at all five sites. This finding challenges current beliefs about the primary role of corvids and house sparrows (Komar *et al*. 2001; Garvin *et al*. 2004) in WNV amplification. Although corvids were preferred by *Culex* mosquitoes, and thus can act as early indicators of WNV transmission, their rarity made them relatively unimportant in WNV amplification. In contrast, the avoidance of house sparrows by mosquitoes made them much less important than their abundance suggests (Komar *et al*. 2001).

Extreme heterogeneity, as we have demonstrated here, has important implications for disease control and prevention and for predicting which areas will be hotspots for pathogen transmission. The extremely high values of $R_{0,rel}$ of WNV and other pathogens in communities dominated by heterogeneity in the host community will make it extremely difficult to control epidemics without highly focused efforts (Woolhouse *et al*. 1997; Lloyd-Smith *et al*. 2005*b*). More broadly, our results demonstrate the importance of determining contact rates between vectors and host species in understanding pathogen transmission (Hasibeder & Dye 1988). Finally, we have shown that WNV transmission is dominated by host heterogeneity with a single species appearing to act as the equivalent of a community super spreader in both urban and residential areas of the eastern USA.

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