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1 **How macrophages respond to two-dimensional materials: a critical overview**
2 **focusing on toxicity**

3
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10
11 With wider use of graphene-based materials and other two-dimensional (2D) materials in
12 various fields, including electronics, composites, biomedicine, etc., 2D materials can
13 trigger undesired effects at cellular, tissue and organ level. Macrophages can be found in
14 many organs. They are one of the most important cells in the immune system and they
15 are relevant in the study of nanomaterials as they phagocytose them. Nanomaterials have
16 multi-faceted effects on phagocytic immune cells like macrophages, showing signs of
17 inflammation in the form of pro-inflammatory cytokine or reactive oxidation species
18 production, or upregulation of activation markers due to the presence of these foreign
19 bodies. This review is catered to researchers interested in the potential impact and toxicity
20 of 2D materials, particularly in macrophages, focusing on few-layer graphene, graphene
21 oxide, graphene quantum dots, as well as other promising 2D materials containing
22 molybdenum, manganese, boron, phosphorus and tungsten. We describe applications
23 relevant to the growing area of 2D materials research, and the possible risks of ions and
24 molecules used in the production of these promising 2D materials, or those produced by
25 the degradation and dissolution of 2D materials.

26
27 **Keywords:** Immune cells; graphene; molybdenum; manganese; boron; nanomaterials; 2D
28 materials; cytokines; phosphorus; tungsten

1 **Introduction**

2 The immune system comprises of mainly two groups of cells: lymphocytes and myeloid
3 cells. Lymphocytes can be subdivided into B cells, T cells, natural killer (NK) cells, and
4 NK-T cells. Myeloid cells can be subdivided into platelets, erythrocytes, and cells of the
5 granulocyte lineage such as neutrophils, monocytes, macrophages, eosinophils,
6 basophils, and mast cells. ^[1] Neutrophils and monocytes are the most prominent
7 phagocytes in the blood and are the body's first defense against foreign organisms or
8 materials, while macrophages are the main immune cells which process nanoparticles.
9 These phagocytes are therefore more relevant to immune cell interaction with 2D
10 materials. ^[2,3] Of these, macrophages have a longer lifespan and are mostly used in *in*
11 *vitro* studies.

12 Macrophages can be found in all tissues of the body and are fundamental in host defence.
13 They phagocytose dead cells and debris, shape inflammatory response and modulate
14 adaptive immunity. ^[4] Macrophages are one of the first cells which encounter
15 nanomaterials, and promptly produce pro-inflammatory cytokines such as IL-6 and TNF-
16 α to initiate a down-stream immune response upon foreign particle recognition. ^[5]
17 Macrophages also secrete anti-bacterial and proteolytic enzymes, chemokines, and anti-
18 inflammatory cytokines, such as IL-10 and TGF- β , and produce reactive oxidative species
19 (ROS), nitrogen, and arachidonate metabolites. ^[6]

20 Although macrophages are able to recognize and internalize nanomaterials, it is generally
21 unknown how exactly nanoparticle recognition occurs, with respect to specific cell-
22 surface receptors and membrane cholesterol. ^[7] Nanomaterials interact with the biological
23 molecules by coating their surface and forming the protein corona. ^[8] In fact, the protein
24 corona dictates nanoparticle interaction with macrophages through mediation of

1 recognition and uptake into these cells. ^[9] Nanoparticle–macrophage interactions are also
2 dependent on particle properties, physicochemical characteristics such as size, shape,
3 charge, and colloidal stability. As a rough guide, small positively charged nanoparticles
4 are in general more toxic than big negatively charged ones. ^[10]

5 The nanoparticles have the potential to affect macrophage polarization, and therefore
6 internalization. Macrophage polarization is an activation process following micro-
7 environmental signals. At the end of this process, macrophage phenotypes can be
8 categorized into two groups: 1) pro-inflammatory M1, and 2) anti-inflammatory M2.
9 Polyurethane nanoparticles were found to inhibit polarization toward M1 phenotype but
10 not M2, decreasing production of M1 cytokines TNF- α and IL-1 β . ^[11] Silicon
11 nanoparticles were found to have higher uptake in M1 compared to M2 RAW 264.7
12 macrophages, ^[12] although contradictory results were observed in another study using
13 primary human macrophages. ^[13]

14 The nanoparticle exposure at subtoxic concentrations can result in ROS production,
15 increased secretion of pro-inflammatory cytokines and upregulation of activation markers
16 in macrophages. ^[14] At higher concentrations or in certain experimental conditions,
17 nanoparticles can exert macrophage toxicity in various ways, which may or may not be
18 indirectly linked, such as endoplasmic reticulum stress, ^[15] autophagic cell death, ^[16]
19 mitochondrial dysfunction, ^[17] lysosomal dysfunction ^[18] or oxidative damage. ^[19] ROS
20 in particular can be highly relevant in genotoxicity, which may be related to nanoparticle
21 surface properties, presence of transition metals, intracellular iron mobilization, particle
22 uptake, interaction and lipid peroxidation. ^[20]

23 The class of 2D nanomaterials covers many types of materials, including monolayered
24 elements going from graphene and phosphorene (also known as black phosphorus) to

1 dichalcogenides to layered silicate minerals. ^[21] Graphene safety has been extensively
2 reviewed in many cell types, including macrophages. ^[22] Nitrides such as hexagonal
3 boron nitride (hBN), an isomorph of graphene, and transition metal dichalcogenides such
4 as molybdenum disulfide, tungsten disulfide, hold much promise in the semiconductor
5 industry. ^[23] (Fig.1) 2D nanomaterials have also vast potential for use in electronics,
6 sensing, spintronics, photonics, thermoelectrics and energy systems. ^[24] They have been
7 explored in biomedicine, for example in bioimaging, cancer theranostics, biosensing and
8 antimicrobials, although little is still known about their toxicity. ^[25]

9 Given the potential to synergise their unique benefits in the 2D structure, there have been
10 several combinations involving 2D nanomaterials in fields ranging from electronics to
11 oncology. Boron has versatile bonding configurations and can intercalate with graphene
12 despite a crystallographic lattice and symmetry mismatch. ^[26] Boron-doped graphene
13 nanoribbons, ^[27] boron-doped nanographene and boron-doped graphene-MoS₂
14 nanohybrids ^[28] have also emerged in the battery and semi-conductor industry. ^[29] Black
15 phosphorus-MoS₂ nanocomposites have been utilized in dye decomposition, ^[30] while
16 black phosphorus-hBN-rhenium diselenide heterojunction diodes have found use in
17 electronics. ^[31]

18 In biology and chemistry, tungsten-doped manganese dioxide has been reported to be
19 exploited in formaldehyde removal, ^[32] while a black phosphorus-manganese dioxide
20 nanoplatform has been used in oxygen monitoring and in photodynamic therapy. ^[33]
21 MoS₂-graphene oxide (GO) nanocomposites have shown efficacy in lung cancer therapy
22 ^[34] and GO nanosheets decorated with copper oxide-WO₃ nanoparticles were used to
23 detect cancer cells. ^[35]

1 In this review, we will focus on the impact of the most representative groups of 2D
2 nanomaterials on macrophages. Quantum dots and nanoparticles have been included as
3 well, as they are considered a subset of 2D materials, as seen in many recent publications
4 reporting production methods reminiscent of 2D materials and resultant 2D properties.
5 ^[36-38] We will describe the effects of graphene, as sub-divided into few-layer graphene
6 (FLG), GO and graphene quantum dots (GQDs). We will also cover MoS₂ and other
7 forms of molybdenum, MnO₂ and other forms of manganese, hBN and other forms of
8 boron, black phosphorus, tungsten trioxide and other forms of tungsten. The scope for
9 upcoming and less explored non-graphene 2D materials includes other forms of the same
10 element and non-macrophage cells to provide a clearer picture of elemental and molecular
11 toxicity. This will hopefully enable the reader to better understand the predicted
12 macrophage toxicity of these new materials.

13 **Graphene**

14 Graphene, the first true 2D crystalline material, was isolated by Geim and Novoselov in
15 2004. ^[39] Graphene consists of single layer sp²-hybridized carbon atoms arranged in a
16 hexagonal lattice, with a carbon-carbon distance of 1.42 Å. The large π conjugation in
17 graphene results in its exceptional electrical, thermal, optical, and mechanical properties.
18 These properties can be altered as well by appropriate chemical modifications. The
19 graphene family is huge and includes FLG, GO and GQDs (Fig.2), which we will cover
20 in this review. Due to their physicochemical properties, graphene family nanomaterials
21 have attracted considerable attention in a myriad of fields ^[40] such as biomedicine, ^[41]
22 electronics, ^[42] photonics, ^[43,44] composite materials, ^[45] sensors and metrology. ^[46] In
23 view of the broad spectrum of applications and the increasing use of graphene family
24 nanomaterials in different industrial sectors, it is crucial to understand their impact on

1 cells and tissues, especially the interactions with the immune system and in particular in
2 macrophages. ^[47] In this section, we discuss in detail the effects of FLG, GO and GQDs
3 on macrophages. ^[21]

4 ***Few-layer graphene***

5 FLG refers to graphene materials with less than 4-10 layers of nanosheets, ^[48] When the
6 number of atomic layers increases, the material becomes more metallic ^[49] and the
7 thermal conductivity decreases. ^[50] FLG is gaining importance in fields like
8 nanomedicine, because it is much easier to obtain high quantities and its colloidal
9 properties are still maintained in biological media. ^[51] In this context it is important to
10 consider the effects of FLG on macrophages.

11 It has been demonstrated that FLG is able to induce cytotoxicity in RAW 264.7
12 macrophages by decreasing mitochondrial membrane potential (MMP), causing the
13 accumulation of intracellular ROS, and triggering apoptosis through activation of the
14 mitochondrial pathway. The mitogen-associated protein kinases (MAPKs) and TGF- β -
15 related signaling pathways may also be involved. ^[52] It was observed that pristine
16 graphene nanosheets produce holes in the membranes of RAW 264.7 macrophages,
17 reducing cell viability. This was due to strong interactions between pristine graphene and
18 membrane phospholipid tails. ^[53] It was also reported that FLG could stimulate the
19 secretion of cytokines like IL-1 α , IL-6, IL-10, TNF- α and GM-CSF and chemokines such
20 as MCP-1, MIP-1a, MIP-1b and RANTES on both primary murine macrophages and
21 immortalized macrophages. This effect was linked to the toll-like receptor (TLR)-
22 mediated and NF- κ B pathways. ^[54] Our group however, showed that primary human M1
23 and M2 macrophage viability and activation were mainly found to be unaffected by 24 h
24 treatment with FLG at doses up to 50 μ g/mL. ^[55] We also found high cell viability of

1 RAW 264.7 cells after exposure to FLG for 24 h and no *in vivo* hematotoxicity in Balb/c
2 mice at 300 $\mu\text{g}/\text{mouse}$ up to 30 days. ^[56]

3 Recently, Cristo et al. presented the detailed toxicity mechanism of low-dose (2.5 and 5
4 $\mu\text{g}/\text{cm}^2$) of 265 nm FLG in RAW 264.7 macrophages. The results of this study revealed
5 that FLG induced inflammation by oxidative stress, triggering endoplasmic reticulum
6 stress-mediated autophagy. ^[57] On the contrary, our group reported that FLG of 100-1600
7 nm lateral size did not induce inflammatory responses nor cell toxicity in mouse primary
8 bone marrow-derived macrophages. The cellular stress and the basal level of autophagic
9 activity were not affected at any dose of FLG (3-100 $\mu\text{g}/\text{mL}$). ^[58] The study showed that
10 the material was internalized mainly through phagocytosis and partly by passive
11 diffusion. No significant increased secretion of inflammation-related cytokines such as
12 IL-1 β , IL-6 and TNF- α was observed. The results are in agreement with another work,
13 ^[59] where pristine graphene did not induce autophagy after being phagocytosed by human
14 primary macrophages (from peripheral blood mononuclear cells, PBMCs). Similarly, it
15 was demonstrated that pristine graphene cannot induce immune stimulation and toxic
16 effects *in vitro*. ^[60] In another study, ^[61] pristine graphene nanosheets stabilized by flavin
17 mononucleotide of two different sizes (PG-FMN, 200-400 nm and 100-200 nm) enhanced
18 the release of nitric oxide with metabolic alterations. Interestingly, the smaller PG-FMN
19 increased the levels of succinate, itaconate, phosphocholine in RAW 264.7 macrophage,
20 which was not observed in cells incubated with larger PG-FMN nanosheets.

21 Other studies compared the toxicity and cellular uptake of FLG and functionalized FLG.
22 ^[62,63] The interaction of pristine graphene (corresponding to FLG) and carboxyl-
23 functionalized graphene (FLG-COOH) in RAW 264.7 macrophages and PBMCs showed
24 relatively high intracellular uptake of FLG-COOH compared to FLG, which was found

1 to be mainly retained on the cell surface and induced stress effects above 50 $\mu\text{g}/\text{mL}$
2 through the induction of ROS-mediated apoptosis. In contrast, the FLG-COOH rendered
3 better cytocompatibility with no stress effects up to 75 $\mu\text{g}/\text{mL}$. Studies focusing on pro-
4 inflammatory cytokine expression (e.g., IL-1 β , IL-6, IL-8, IL-10, TNF- α , and IL-12p70)
5 showed that FLG-treated PBMCs expressed relatively higher levels of IL-8 and IL-6
6 compared to FLG-COOH samples, thus indicating the inflammatory potential of the
7 former. ^[63] These results demonstrated that highly hydrophobic pristine graphene was
8 more toxic than hydrophilic, functionalized graphene.

9 Biodegradation is important during the study of biomedical applications, to ascertain
10 eventual material safety within the body. Aggregates (60 $\mu\text{g}/\text{mL}$) of phagocytosed
11 pristine graphene (200 nm lateral size) were found in RAW 264.7 macrophages within
12 24 h as observed by confocal Raman spectroscopy. Macrophage-engulfed graphene was
13 shown to result in time-dependent degraded material reiterating the role of macrophages
14 in biodegradation. (Fig.3) ^[64] The same group also compared the 3-month toxicity, organ
15 biodistribution and immune response of FLG, FLG-COOH and FLG-PEG of 100-200 nm
16 in Swiss albino mice at 20 mg/kg. The results showed that all the materials were mostly
17 retained in the lung, spleen and liver, with FLG and FLG-COOH inducing significant
18 cellular and structural damages to lungs, liver, spleen, and kidney. In contrast, FLG-PEG-
19 administered animals showed no significant abnormalities and normal biochemical
20 markers. In addition, FLG-PEG evidenced clear signs of biodegradation using Raman
21 confocal imaging. ^[65]

22 Overall, FLG could decrease cell viability, damage cell membrane, induce apoptosis and
23 increase cytokine production in macrophages, with the main mechanism of cytotoxicity
24 related to MMP reduction and ROS increase. Addition of functional groups on the surface

1 of FLG can modulate cytotoxicity. As FLG is easily taken up by macrophages and widely
2 used in biomedicine, future studies could be focused on *in vitro* and *in vivo*
3 biodegradation of FLG, a neglected area of research.

4 ***Graphene oxide***

5 GO is the oxidized form of graphene. It is made of 2D carbon obtained from graphite
6 sheets under strong acid conditions, which thereby introduces oxygenated groups onto
7 carbon-carbon double bonds.^[66-68] On the surface of GO we can identify mainly hydroxyl
8 and epoxy groups, while at the edges there are few carboxylic and carbonyl functions.
9 The presence of these groups accounts for a high hydrophilicity, a superior water
10 dispersibility, a good colloidal stability and an easy surface functionalization. Owing to
11 these properties, GO is currently the most widely investigated graphene family materials
12 for biology-related applications,^[69,70] including drug delivery,^[71,72] cancer therapy and
13 viral infections,^[73] tissue engineering,^[74] bioimaging^[75] and biosensing.^[76] Here, we
14 present a summary of the research efforts to elucidate the bioeffects of GO on
15 macrophages including cytotoxicity, cellular uptake, inflammatory effects and
16 macrophage polarization.

17 *Cytotoxicity studies in macrophages*

18 Many studies revealed that GO can damage the membrane and cytoskeleton of
19 macrophages. For instance, single-layer GO nanosheets with a lateral size ranging from
20 200 nm to 700 nm can reduce cell viability by producing holes in the membranes of RAW
21 264.7 macrophages.^[53] Similarly, monolayer GO within the range of 100-300 nm
22 provoked plasma membrane and cytoskeleton damage in J774A.1 macrophages at
23 sublethal concentrations (20 µg/mL) without inducing significant cell death. The
24 interactions of GO with membrane integrin was found to activate the integrin-FAK-Rho-

1 ROCK pathway and to suppress the expression of integrin, resulting in a compromised
2 cell membrane and cytoskeleton. [77]

3 Recently, lysosomal dysfunction emerged as a potential mechanism of nanomaterial
4 toxicity. [78] Additionally, a lysosome-based process known as autophagy was recognized
5 as an important pathway of cell death. [79] Several studies have revealed that GO could
6 induce autophagy in macrophages. The autophagy was triggered by GO in a
7 concentration-dependent manner, as evidenced by the appearance of autophagic vacuoles
8 and activation of autophagic marker proteins. With a higher concentration of GO, an
9 increase in autophagic vacuoles was observed. It was also shown that autophagy was at
10 least partly regulated by the TLR pathway. [80] GO induced autophagosome accumulation
11 and the conversion of LC3-I into LC3-II, inhibiting the degradation of the autophagic
12 substrate p62 protein. [81] It was also observed that GO exerted a concentration-dependent
13 increase in membrane rafts and the production of phagosomes. GO exposure induced cell
14 necrosis, inflammatory responses, increase in the oxidative stress response and autophagy
15 in RAW 264.7 cells. ROS was also found to induce autophagy by the ROS-Nrf2-p62
16 pathway. [82]

17 It is worth noting that the oxidation states of GO may also affect toxicity in macrophages.
18 The reduced GO (rGO) was more toxic than GO in both bone marrow-derived
19 macrophages and J774A.1 cells. [83] In addition, it was also found that hydrated GO, a
20 material with high density of carbon radicals, was responsible for cell death in THP-1
21 cells as a consequence of lipid peroxidation of the surface membrane and membrane lysis.
22 [84]

23 *Cellular uptake of GO in macrophages*

1 The majority of studies on GO-mediated cellular uptake have been carried out on
2 macrophages. It was evident that the phagocytic capacity of macrophages can be altered
3 after internalizing GO. GO accumulation inside cells causes significant morphological
4 modifications and reduction of macrophage phagocytic ability. ^[85] In a study aimed to
5 understand the effect of GO when macrophages encounter microbial pathogens, the
6 uptake of GO by macrophages could modulate their capability to phagocytose yeasts. In
7 particular, it was found that the ingestion of heat-killed yeasts was increased by murine
8 peritoneal macrophages after GO treatment. ^[86] Other studies have shown that, following
9 uptake, GO accumulates primarily in the cytoplasm ^[85] and the lysosomes. ^[81] It was
10 found that GO nanosheets were localized on F-actin filaments inducing cell-cycle
11 alterations, apoptosis and oxidative stress in RAW 264.7 cells. ^[87] In another study, GO
12 sheets were observed within vesicles as well as in the cytoplasm of carp leukocyte cells
13 (CLC), a surrogate cell type for carp macrophages. ^[88] In RAW 264.7 macrophages the
14 mechanism of GO internalization is dependent on clathrin-coated membrane
15 invagination. ^[89] Different sizes of GO with BSA functionalization culminated in
16 different pathways. GO of 500 nm lateral size mainly penetrated the cell through clathrin-
17 mediated endocytosis, while larger sheets (1 μm lateral size) were internalized by a
18 combination of clathrin-mediated endocytosis and phagocytosis. ^[90]

19 A certain number of studies have shown that the size of GO plays an important role in
20 determining the efficiency of macrophage cellular uptake, with smaller GO nanoparticles
21 being better internalized. ^[61,91-94] Our group showed that small lateral size GO internalizes
22 better and induced stronger changes in the physiological functions of human and murine
23 primary macrophages. ^[95] Similar results were observed in murine peritoneal
24 macrophages. In contrast, other researchers reported that the lateral size of GO does not
25 affect cellular uptake. ^[96,97] It has been demonstrated that the cell uptake of GO of 2 μm

1 and 350 nm penetrate in the same way and accumulate in similar amounts in murine
2 J774.1A1 macrophages and peritoneal macrophages. This was attributed to similar
3 antibody opsonization and active Fc λ receptor-mediated phagocytosis.^[98] Using smaller
4 GO (e.g., 89 nm and 277 nm),^[99] the uptake into macrophages was again independent of
5 GO size and incubation time.

6 Surface charge also affects the cellular uptake of GO. Luo et. al.^[98] synthesized ~200
7 nm of GO functionalized with PEG, bovine serum albumin (BSA), and
8 poly(ethyleneimine) (PEI). The authors found that decoration with PEG and BSA
9 inactivated endocytosis, whereas the positively charged GO-PEI facilitated endocytosis
10 only initially. They hypothesized that after cellular internalization, GO-PEI disrupts the
11 physiological potential and integrity of mitochondria and subsequently alters the levels
12 of ROS and cytochrome C. Similarly, in RAW 264.7 cells,^[99] PEI-functionalized GO
13 conjugate with a positive zeta-potential was much easily internalized than GO
14 functionalized with a 6-armed PEG with a negative zeta-potential, although the cellular
15 uptake pathways were the same. This is probably because GO sheets with a positive
16 potential surface were able to better attach to the cell membrane leading to cell
17 internalization. It was indeed observed that the nanomaterials were first transferred to the
18 cell membranes, and then underwent invagination and vesicle formation.

19 The other two parameters that influence the cellular uptake of macrophages are the
20 dispersibility and functionalization of GO. Our group recently demonstrated that reducing
21 GO agglomeration in the presence of proteins and obtaining stable GO dispersions in cell
22 culture media allows faster and more efficient internalization in RAW 264.7
23 macrophages.^[100] Several reports showed that the cell penetration of 1-arm PEGylated
24 GO nanosheets was higher than GO modified with a 6-arm PEG.^[101,102] The possible

1 reason is that the latter GO needs a stronger driving force and more energy to cross the
2 cell membrane. The polymer-GO nanosheets functionalized by either amide bond
3 (amPEG-PEI-GO) or disulfide linkage (ssPEG-PEI-GO) could reduce the non-specific
4 uptake and clearance by RAW 264.7 macrophages, increasing their accumulation in
5 targeted cells. ^[103] Pi et al. ^[104] prepared the mannosylated and PEGylated GO
6 nanoplatform (GO-PEG-MAN), which showed significantly increased human THP-1-
7 derived macrophages uptake through an improved mannose receptor-mediated
8 endocytosis *in vitro*. GO-PEG-MAN loaded with rifampicin was reported to increase
9 cellular uptake of the drug, extending its effect. This suggested that GO-PEG-MAN
10 would be a good candidate for drug delivery. In addition, the oxidation states of GO may
11 also affect macrophage uptake, with GO having greater cell membrane affinity compared
12 to rGO. Although GO was found to induce expression of antioxidative enzymes and
13 inflammatory factors, rGONPs had surprisingly higher cellular uptake and higher *NF-κB*
14 expression. Both GO and rGO were shown to damage F-actin cytoskeleton. ^[105]

15 *Inflammation and macrophage polarization*

16 Macrophages play an important role in pro- and anti-inflammation and can decrease the
17 immune reactions through the production of cytokines. Several studies have evaluated the
18 cytokine release induced by GO in macrophages. GO (with two different sizes of ~2.4
19 μm and ~200 nm) enhanced the production of IL-2, IL-10, IFN-γ and TNF-α in a dose-
20 dependent manner. The treatment of RAW 264.7 macrophages with GO stimulated toll-
21 like receptor (TLR) signaling and triggered cytokine responses. ^[80] Other studies reported
22 that GO can induce cellular necrosis mediated by activation of TLR4 and production of
23 autocrine tumor necrosis factor receptor (TNF-R). ^[83] In addition, PEG-modified GO

1 significantly enhanced the secretion of TNF- α by RAW 264.7 macrophages without
2 changing the levels of IL-6 and IL-1 β .^[102]

3 Several factors can affect cytokine expression including GO concentration. IL-6
4 expression in RAW 264.7 cells was increased with 15.6 and 31.25 $\mu\text{g/mL}$ of GO, while
5 no influence was observed at the concentration higher than 62.5 $\mu\text{g/mL}$. Similarly, low
6 concentration of GO increased the synthesis of MIP-1 α and MIP-1 β , but high
7 concentration of GO decreased their synthesis.^[106] Low concentration of GO can
8 stimulate the pro-inflammatory response in RAW 264.7 macrophages. The level of TNF-
9 α and IL-8 increased rapidly at the GO concentration of 0.01 $\mu\text{g/mL}$ and then decreased
10 at 0.1 and 1.0 $\mu\text{g/mL}$. In addition, the content of malondialdehyde, glutathione and
11 superoxide dismutase increased in a dose-dependent manner following treatment with
12 GO.^[107]

13 The lateral size of GO is also important in cytokine expression. For example, small and
14 thin GO (lateral dimensions ranged between 50 nm and 2 μm) dose-dependently inhibited
15 the release of IL-1 β and IL-6 but not TNF- α , while NLRP3 inflammasome and caspase-
16 1 activation were not affected. This happened because small GO had profound effects on
17 the immunometabolism of the cells, leading to activation of the transcription factor
18 nuclear factor-erythroid 2 related factor 2, which inhibited the expression of IL-1 β and
19 IL-6.^[108] The groups of Fadeel and Kostarelos prepared the small (50-300 nm) and large
20 (10-40 μm) GO samples of one or two layers' thickness (1-2 nm).^[109] The results showed
21 that GO did not trigger size-dependent effects in primary human macrophages, or induce
22 the secretion of Th1 cytokines (e.g., TNF- α , IL-6, or IL-1 β) and Th2 cytokines (e.g., IL-
23 4, IL-5, and IL-13), but significantly suppressed several LPS-induced cytokines,

1 including the anti-inflammatory cytokine, IL-10. GO elicited also canonical NLRP3-
2 ASC-caspase-1-dependent IL-1 β secretion in LPS-primed cells. ^[109]

3 In addition, surface functionalization is another factor that can influence cytokine
4 expression. The immune responses of branched PEI and 6-armed PEG functionalized GO
5 conjugates were studied in RAW 264.7 macrophages. The results indicated that GO-PEG
6 stimulated the macrophage more by improving the secretion of IL-6. ^[98] On the other
7 hand, another work showed that although PEGylated GO was not internalized by
8 peritoneal macrophages, integrin β 8-related signaling and cytokine responses were still
9 enhanced. ^[110] These results point to the conclusion that surface passivation does not
10 always prevent immunological responses to GO nanomaterials.

11 Several studies have evaluated macrophage polarization induced by GO treatment. For
12 example, GO treatment promoted J774A.1 macrophage polarization to the M1 phenotype,
13 with large GO (750-1300 nm) eliciting higher M1 macrophage induction than small GO
14 (50-350 nm) (Fig.4). ^[94] Fluorescent-PEG-GO nanosheets (FITC-PEG-GO) were
15 effectively absorbed by peritoneal macrophages, increasing yeast phagocytosis by pro-
16 inflammatory M1 and reparative M2 macrophages. Treatments with GO enhanced M1
17 macrophage activation, which is important for the eradication of pathogens, and
18 diminished alternative activation of M2 macrophages, which decreases fungal persistence
19 and chronic infectious diseases. ^[111] In addition, a macrophage-targeting/polarizing GO
20 complex (MGC) decreased ROS in immune-stimulated macrophages to attenuate
21 inflammatory polarization of macrophages (M1) Furthermore, it was found that GO
22 functionalized with IL-4 plasmid DNA could polarize M1 to M2 macrophages for the
23 synergistic treatment of myocardial infarction. ^[112]

1 In conclusion, the studies conducted in the past several years have clearly evidenced the
2 biological effects of GO on macrophages. GO can reduce cell viability, can be taken up
3 by macrophages and can affect cytokine expression, all these effects being influenced by
4 several factors, such as lateral size, surface charge, dispersibility and functionalization.
5 However, more research is required on macrophage polarization to better understand the
6 possible inflammation risks of GO in macrophages.

7 *Graphene quantum dots*

8 Graphene quantum dots are small graphitic domains with lateral dimensions less than 10
9 nm (average 5 nm).^[47,113] Owing to their high surface area, strong photoluminescent
10 properties, excellent electrical properties, superior chemical inertness and
11 biocompatibility,^[114,115] GQDs have potential applications in photovoltaics,^[116] anti-
12 microbials,^[117-119] bioimaging,^[120,121,46] biosensing^[122,123] and drug delivery.^[124-126]
13 With such vast potential uses of GQDs, the study of their cellular effects and toxicity is
14 essential.

15 GQDs were shown to have little effect on cell viability and membrane integrity of
16 activated THP-1-derived macrophages, while significantly increasing ROS, apoptosis,
17 autophagy, and inflammatory responses.^[127] Furthermore, GQDs significantly increased
18 the phosphorylation of p38 MAPK and p65, and promoted NF- κ B. An increased
19 expression of TNF- α , IL-1, and IL-8 was observed at low concentrations (10 and 50
20 μ g/mL), whereas high concentrations (100 and 200 μ g/mL) of GQDs led to opposite
21 effects on cytokine production. It was reported that large (40 nm) GQDs were able to
22 inhibit splenocyte IFN- γ production and to modulate MAPKs in J774.1 macrophages.^[128]
23 Functionalization of GQDs also affected the interactions with macrophages. For instance,
24 thiol functionalized GQDs significantly increased the efflux of oxidized-low density

1 lipoprotein, down-regulated cell scavenger receptors, and efficiently recovered ROS
2 levels in RAW 264.7 cells. ^[129,130] GQDs have pure sp² carbon crystalline structure, while
3 various oxygen functional groups were found in abundance on the surface of graphene
4 oxide quantum dots (GOQDs), which are small fragments of water-soluble GO. ^[131,132]
5 Another study confirmed that folic acid-linked GOQDs were non-toxic to J774.A1
6 macrophages even after prolonged exposure and high concentrations. ^[133]

7 A comprehensive investigation on the uptake pathways, intracellular and nuclear
8 localization and distribution of aminated graphene QDs (AG-QDs) in NR8383 rat
9 alveolar macrophages showed internalization mainly by energy-dependent endocytosis,
10 phagocytosis and caveolae-mediated endocytosis. However, the fluorescence
11 spectrophotometry method used for testing cellular uptake is semi-quantitative, and
12 requires supporting data from alternative methods. The internalized AG-QDs were shown
13 to accumulate in the nucleus (Fig.5), causing nuclear damage and DNA disruption by
14 oxidative stress, direct contact, up-regulation of caspase genes as well as generation of
15 ROS. ^[133] AG-QDs at 100 µg/mL were also able to trigger genotoxicity. However, the
16 induced DNA damage was not permanent and could be repaired by removing the material
17 and re-incubating the cells in fresh medium. ^[134]

18 Finally, N-doped GQD carriers were developed to enhance the delivery of the promising
19 therapeutic molecule sodium 10-amino-2-methoxyundecanoate into the cells for
20 alleviation of inflammatory diseases. The composite used at the relatively high
21 concentration of 1 mg/mL up to 24 h showed anti-inflammatory potential in
22 lipopolysaccharide (LPS)-activated RAW 264.7 macrophages with improved down-
23 regulation of *COX-2*, *iNOS*, *TNF-α*, *NF-κB*, *IL-1α*, *IL-1β*, *IL-4*, and *IL-6*, in comparison
24 to the cells treated with the molecule alone. ^[135]

1 In general, GQDs are less toxic in macrophages compared to other GO-based materials.
2 Due to the excellent properties, GQDs can easily enter macrophages through different
3 pathways. The possibility of DNA damage and inflammatory response can be mainly
4 attributed to the uptake of GQDs. However, further systematic investigations involving
5 long-term impact, including the study on exocytosis are necessary.

6 **2D materials beyond graphene**

7 Based on their unique physical properties, 2D transition metal dichalcogenides (TMDCs)
8 such as MoS₂, WS₂, MoSe₂ and WSe₂ have been used in various fields ranging from
9 electronic and optoelectronic devices, batteries, sensing and catalysis. ^[136,137] In this
10 section, beside 2D structures we will also describe the materials in their elemental form
11 as these can be liberated from the different 2D flakes containing them, during processes
12 such as aging and degradation, through processes such as photochemical transformations,
13 oxidation and reduction, dissolution, precipitation, adsorption and desorption,
14 combustion, abrasion and biotransformation. ^[138] These different forms of elemental
15 material can vary in toxicity. We have chosen a few up-and-coming materials that have
16 been already investigated in electronics and energy storage in lieu of their potential
17 applications in biology. Although few studies have been conducted on macrophages for
18 some of these 2D materials, we have reviewed the effects on similar compounds
19 containing these elements.

20 ***Molybdenum disulfide and other forms of molybdenum***

21 A trace element existing in various oxidation states, molybdenum is widely used in many
22 industries to make superalloys, nickel-based alloys, lubricants, chemicals, electronics due
23 to its low coefficient of thermal expansion and high thermal conductivity. These
24 properties enable it to enhance material strength, weldability, corrosion resistance and

1 improve high-temperature creep deformation. ^[139] Molybdenum can be found naturally
2 in all plants and animals as an enzyme co-factor, and in the environment naturally in the
3 form of molybdenite (MoS₂), or released from mining activities. ^[140] Although
4 molybdenum at high doses was found to be toxic in animals, studies in humans have
5 found no long-term danger at doses of up to 1500 µg. ^[141,142]

6 Different types of molybdenum compounds have various effects in human and rodent
7 cells. Co-Cr-Mo alloys are commonly used in orthopaedic implants and toxicological
8 studies have been conducted to elucidate the effects of wear and corrosion. Macrophages
9 contact the implant soon after insertion, and have been often used as a cellular model. Co-
10 Cr-Mo alloys have been found to increase IL-6 and M-CSF, and to decrease MCP-1
11 secretion in mouse macrophage J774A.1 cells. ^[143] In a separate study in MLO-Y4
12 osteocytes, Co-Cr-Mo alloy particles were found to induce *TNF-α* after 24 h but
13 downregulated *IL-6* after 6 h. ^[144] Most of the toxicity however has been attributed to Co
14 and Cr, due to increased serum and synovial levels of these ions. ^[145] Conversely, another
15 study in RAW 264.7 macrophages found that Co-Cr-Mo alloys release Co, Cr, Mo ions
16 to host tissues after 3 days, with Co resulting in the highest amount of released ions. The
17 same study also reported that Cr-Co-Mo alloy increased IL-1β secretion. ^[146]

18 MoCl₅ was found to induce IL-1β dose-dependently in THP-1 cells and in primary human
19 monocytes, an effect that was found to be caspase 1- and ASC-dependent. ^[147] The same
20 authors also found that spherical and smooth 1 µm Co-Cr-Mo alloy particles did not affect
21 macrophage IL-1β, while irregular 1 µm Co-Cr-Mo alloy particles increased IL-1β. This
22 was carried out in PBMC-derived macrophages and THP-1 cells, and was found to be
23 cathepsin B-dependent. ^[148]

1 A more recent study showed that commercial 99.5% pure molybdenum particles dose-
2 dependently increased IL-1 β secretion in primary human macrophages. These particles
3 were also found to increase TNF and IL-6 and activate the NLRP3 inflammasome. ^[149] A
4 well-characterized 2D molybdenum-based material, MoS₂ is the most abundant form of
5 molybdenum and has been thoroughly investigated over the last years. Aggregated MoS₂
6 is commonly known to induce strong pro-inflammatory and pro-fibrogenic responses
7 (increasing IL-8, TNF and IL-1 β in THP-1 cells), so exfoliation is currently used to
8 decrease its toxicity, ^[150] although the caveat is that toxicity of MoS₂ can also increase
9 with increasing degree of exfoliation. ^[151]

10 The effects of MoS₂ can be determined to be mainly through cellular uptake as seen from
11 RAW 264.7 cells and mice ^[152] as shown in Figure 6. MoS₂ accumulates mostly in the
12 liver and spleen but shows no toxicity in RAW 264.7 cells. MoS₂ can be oxidized into
13 water-soluble molybdate species (Mo VI), which could explain its total excretion from
14 the body within a month. ^[153] MoS₂ nanoflowers were shown to modulate anti-
15 inflammation in RAW 264.7 macrophages and human bone marrow stem cells, especially
16 when PEGylated and loaded with the TNF- α inhibitor etanercept (ET). ET-loaded
17 MoS₂@PEG were non-toxic and inhibited pro-inflammatory markers *TNF- α* , *CD86* and
18 *iNOS*, while promoting anti-inflammatory markers *Arg1*, *CD206* and *IL-10*. In fact, the
19 addition of PEG to MoS₂ was found to evoke stronger cytokine response (e.g., *IL-6*, *TNF- α* ,
20 *IFN- γ* , *MCP-1*) than MoS₂ alone due to a stronger membrane adsorption and a slower
21 and prolonged membrane penetration. ^[154]

22 Lastly, a study in differentiated THP-1 cells found that MoS₂ was internalized within 4 h
23 and partially degraded by 72 h, leading to an increase in intracellular lipid bodies as a
24 mechanism of defence in response to MoS₂. MoS₂ interaction with proteins could be

1 detected, implying a potentially relevant direct impact to other signalling pathways. ^[155]
2 Proven extensively to be non-toxic when not overly-exfoliated, MoS₂ evokes
3 inflammatory response although this can be circumvented by adjusting its adjuvants in
4 complex compounds. (Table 1)

5 Our group has very recently found MoS₂ to be minimally toxic in human macrophages
6 with slight alterations in cell stress and inflammatory responses. ^[55] A few years ago we
7 also found that cytotoxicity of MoS₂ only emerged after 24 h upon incubation with the
8 products of MoS₂ degradation recovered after 14 d at concentrations of 50 µg/mL. ^[156]

9 *Manganese dioxide and other forms of manganese*

10 Manganese is the fifth most abundant metal, with manganese dioxide the most common
11 naturally-occurring form. Manganese is used in the manufacturing of fireworks, dry-cell
12 batteries, fertilizer, paints, gasoline additives, medical imaging and cosmetics. ^[157]

13 Manganese is important in enzymes involved in cholesterol, amino acid and carbohydrate
14 metabolism. ^[158] Manganese is very important physiologically as it is crucial in
15 connective tissue, bones, blood-clotting factors, and sex hormones. Manganese also plays
16 a role in fat and carbohydrate metabolism, calcium absorption, regulation of cellular
17 energy, and blood sugar regulation, and is required for normal brain function. ^[159]

18 Manganese was shown to induce *iNOS* expression in RAW 264.7 macrophages via
19 activation of both MAPK and PI3K/Akt. ^[160] Mn²⁺ ions can enter cells through the natural
20 resistance-associated macrophage protein (Nramp) transporters, ^[161] which are expressed
21 at the phagosomal membrane of macrophages and neutrophils, and also mediate Fe²⁺ and
22 Co²⁺ uptake. ^[162] Manganese particles of 40 nm and agglomerates ranging from 200 nm
23 to over 16 microns were reported to be internalized by rat alveolar macrophages and other
24 cells including BRL 3A rat liver cells and PC-12 rat neuron-like cells. ^[163] In rat bone

1 marrow-derived macrophages, PEGylated MnO₂ nanoparticles of 15 nm were non-toxic
2 and did not trigger inflammatory cascades and down-regulated TNF- α secretion when
3 used at 5-100 μ g/mL. ^[164]

4 MnO₂ nanoparticles were reported to almost completely enter guinea pig alveolar
5 macrophages within an hour, compared to other particles such as TiO₂. The uptake also
6 induced chemotaxin production. ^[165] Lastly, hyaluronic acid-coated, mannan-conjugated
7 MnO₂ particles (Man-HA-MnO₂) were found to prime anti-inflammatory, pro-tumour
8 M2 RAW 264.7 macrophages to a pro-inflammatory M1 form. This enhances the ability
9 of MnO₂ to modulate chemoresistance due to down-regulation of hypoxia-inducible
10 factor-1 α (HIF-1 α) and vascular endothelial growth factor (VEGF). (Fig.7). ^[166] In short,
11 manganese as an element easily enters cells, inducing cell stress responses. (Table 2) With
12 the bulk of toxicity research conducted on the brain and lung, much remains unknown
13 about the effects of manganese on macrophages in other organs, or in other immune cells
14 in general. Likewise, 2D MnO₂ has been barely studied *in vitro* but its biological effects
15 on cells has been shown to be mainly strong absorption with ssDNA and intrinsic oxidase
16 activity ^[167] and even antimicrobial activity. ^[168] We would like to see more studies in
17 future on immune cells, as this will help us better understand the impact of 2D MnO₂ in
18 particular.

19 ***Hexagonal boron nitride and other forms of boron***

20 Boron-containing compounds are predicted to have potent biological activity as boron
21 atoms could interact with a target protein through strong hydrogen bonds and also through
22 covalent bonds. ^[169] Boron-containing compounds have current applications in
23 biomedicine as anti-fungals, ^[170] dipeptidyl peptidase-IV inhibitors, ^[171] antibiotics, ^[172]
24 antivirals ^[173] and in radiopharmaceuticals ^[174] Industrially, boron is used to harden steel

1 and is used for refining nonferrous metals. It is also an additive to enhance semiconductor
2 control and has been used in making glass, food preservatives, cleaning products,
3 antiseptics and agrochemicals. ^[175]

4 Hexagonal boron nitride (hBN) is a form where boron and nitrogen atoms are covalently
5 bound in a hexagonal structure and their layers are stacked and interact through van der
6 Waals forces. ^[176] Contrary to graphene, whose strength significantly decreases with
7 increasing layers, the mechanical strength of boron nitride is unaffected by increasing
8 thickness. ^[177] As such, it has been used in the pharmaceutical industry as a tablet
9 lubricant ^[178] and in the electronics industry as a wide bandgap semiconductor with high
10 thermal and chemical stability. ^[179]

11 Given their association with bone mineral but not connective tissues, ^[180] boron nitride
12 nanotubes and nanoplatelets have been used as polymeric matrix reinforcement in bone
13 tissue engineering. ^[181] In oncology, controlled release boron nitride nanospheres were
14 used in prostate cancer treatment through adjusting treatment temperature and nanosphere
15 crystallinity. ^[182]

16 Few studies involving boron compounds have been conducted on macrophages in
17 comparison to more deeply studied materials such as graphene and molybdenum
18 disulfide. In C3H/HeJ mouse peritoneal macrophages, boron enhanced Fc-receptor
19 expression and IL-6 production. ^[183,184] Boron derivatives such as acyclic amine-
20 carboxyboranes were found to inhibit 5'lipoygenase activity in J774A mouse
21 macrophages and RMPI 1788 human leukocytes, at levels similar to conventional anti-
22 inflammatory drugs such as indomethacin. These boron compounds were also effective
23 enzyme inhibitors of lysosomal acid phosphatase, cathepsins and aryl sulfatase. ^[185]

1 In THP-1-derived human macrophages, boron nitride nanotubes (BNNTs) were
2 demonstrated to cause lysosomal destabilization, pyroptosis and inflammasome
3 activation, as seen by an increase in cathepsin B, caspase 1, IL-1 β and IL-18, via the
4 NLRP3 pathway. The macrophage phagocytic capacity was also suppressed (Fig.8). [186]
5 In peritoneal macrophages from BALB/c mice, boron induces lymphocyte proliferation
6 and further stimulated secretion of TNF- α , IL-6, IL-1 β , NO and expression of iNOS. [187]
7 Pectin-coated boron nitride nanotubes were reported to be non-toxic in RAW 264.7
8 macrophages at concentrations up to 50 μ g/mL for 24 h and were internalized without
9 impairing cell structures or triggering release of inflammatory cytokines (IL-6, IL-10,
10 TNF- α), apoptosis and oxidative stress. These nanoparticles were confined within the
11 endoplasmic compartment and failed to localize with lysosomes. Interestingly, these
12 nanotubes were shown to down-regulate the pro-inflammatory cytokine *IL-1 β* , although
13 more studies from different labs need to be conducted to confirm this contrasting finding.
14 [188]

15 In short, boron has shown to be non-toxic in general, possibly due to its suppression of
16 macrophage phagocytosis, although it has been shown to induce inflammatory responses
17 which could be indirectly linked to its inhibitory effects on cellular uptake. (Table 3) As
18 most of the studies conducted are on non-BN materials, it would be interesting to
19 investigate the effect of 2D hBN, which is rapidly increasing in use in materials science
20 and biomedicine, on macrophages.

21 ***Other 2D materials***

22 There are other promising 2D materials such as black phosphorus and tungsten, which
23 have not been as popular as the earlier-mentioned examples of molybdenum, manganese
24 and boron, but have come into view as scientists explore their unique properties. These

1 materials may not be as well-studied and more research is needed to better manipulate
2 and produce materials with favorable stability and toxicity profiles. These can then be
3 subsequently used for various biomedical purposes.

4 *Black phosphorus*

5 Thin layer black phosphorus (BP) is a versatile semi-conductor, having a tunable direct
6 bandgap and high carrier mobilities. ^[189] Most 2D materials are good photodetectors in
7 the visible range and black phosphorus is one of the few that can extend the spectral range
8 to mid-infrared. ^[190] Black phosphorus is unfortunately easily degraded under
9 environmental conditions, reacting with oxygen in water even in the absence of light,
10 decomposing into PO_2 , PO_3^- , and PO_4^{3-} . ^[191] This is advantageous, given that phosphorus
11 is already a main component in DNA and RNA, the building blocks of life. ^[192]

12 Hinging on their use as field-effect transistors, black phosphorus quantum dots have been
13 used as chemiluminescence emitters to detect copper, ^[193] or in the form of nanosheets to
14 detect H_2O_2 , ^[194] microRNA, ^[195] or as a metal-free co-catalyst for photocatalytic nitrogen
15 fixation. ^[196] Relevant to biomedicine, black phosphorus quantum dots have been found
16 to reduce the thermal stability of human serum albumin by decreasing the α -helix
17 structure but increasing the β -sheets. ^[197] Black phosphorus nanosheets were shown to
18 bind to BSA and bovine haemoglobin (BHB), leading to the partial destruction of certain
19 segments on BHB through alteration of tertiary structure. ^[198]

20 Although no data in macrophages is currently available, layered black phosphorus was
21 found to be toxic only above 50 $\mu\text{g}/\text{mL}$ in A549 human lung cancer cells. This toxicity
22 was lower than graphene oxides but higher than exfoliated transition-metal
23 dichalcogenides such as MoS_2 , WS_2 , WSe_2 . ^[199] Notably, the mechanisms of toxicity of
24 black phosphorus was linked to ROS production and disruption of cell membrane

1 integrity. Interestingly, large layered black phosphorus ($\sim 884 \text{ nm} \pm 102.2 \text{ nm}$) was
2 identified to have higher cytotoxicity than small ones ($\sim 208.5 \text{ nm} \pm 46.9 \text{ nm}$). [200]

3 Black phosphorus quantum dots with titanium sulphonate ligands (derived from addition
4 of p-toluenesulfonic acid to $\text{Ti}(\text{OiPr})_4$ and subsequently heated to remove EtOH) to
5 improve biocompatibility resulted in upregulation of the macrophage and lymphocyte
6 inflammation marker CD68+ cells in mouse lungs, with no toxicity reported in RAW
7 264.7 macrophages. These quantum dots escaped macrophage uptake and induced low
8 ROS production. Black phosphorus quantum dots without the titanium ligand showed a
9 decrease in ATP production in J774A.1 macrophages and lysosomal swelling, and
10 increased neutrophil generation in treated mice, implying inflammatory response. [201]

11 Lastly, black phosphorus quantum dots and nanosheets induce immunotoxicity and
12 immune perturbation in differentiated THP-1-derived macrophages in the presence of a
13 plasma corona. It is well-known that the protein corona affects nanomaterial/cell
14 interactions. In this case, it was found that the corona influenced cellular uptake, activated
15 NF- κ B and increased NOS and TNF secretion. In THP-1-derived macrophages, there was
16 increased IL- 1β , IL-6, IL-8 and IFN- λ , while in human peripheral blood macrophages,
17 there was increased level of IL- 1β , IL-6, IL-8, IL-9 and IL-10. Both materials were also
18 found to be slightly toxic in H1299 human lung cancer cells, L0-2 human hepatic cells,
19 293T human embryonic kidney cells, THP-1 macrophages and human peripheral blood
20 macrophages. (Fig.9) [202]

21 The same authors reported also that black phosphorus nanosheet-corona complexes of
22 207 nm promoted M1 polarization of RAW 264.7 macrophages and interacted with
23 calmodulin to facilitate Ca^{2+} influx in this type of cells, which thereafter induced
24 activation of the p38-MAPK and p65-NF- κ B pathways, with no apparent involvement of

1 JNK and ERK pathways. Black phosphorus–corona complex-exposed macrophages
2 upregulated expression of M1-related markers *TNF- α* , *iNOS*, *IL-12p40* and *CD16*.
3 Interestingly, the presence of the corona on the black phosphorus was sufficient to
4 promote phagocytosis of cancer cells by macrophages, in a co-culture. mRNA levels of
5 M2-related genes *IL-10*, *CD206* and *arginase-I* were decreased in agreement with M1
6 polarization.^[203] In general, black phosphorus can induce inflammatory effects and leads
7 to pro-M1 macrophage phenotypes, with toxicity remaining cell-type-dependent. (Table
8 4)

9 *Tungsten nanomaterials*

10 Naturally found in rocks and soils, tungsten is made into strong and flexible alloys that
11 conduct electricity well. Tungsten is a component of light bulb filaments, ceramic
12 pigments, fabric fire-retardant coatings and fade-resistant dyes, turbine blades, welding
13 electrodes, fishing weights, golf clubs and bullets.^[204] Many tungsten compounds have
14 been explored in various applications. Tungsten oxide (WO) mesoporous silica
15 nanoparticles were linked to the pro-apoptotic gene *Bax* for cancer photothermal therapy
16 (PTT).^[205] WO nanoparticles were incorporated into cloth as a flexible pH sensor.^[206]
17 Tetrathiotungstate has been investigated as an anti-copper drug,^[207] and WSe₂ nanosheets
18 were used as a glucose sensor.^[208]

19 The effects of tungsten are multi-faceted and have been mostly investigated in terms of
20 genetic changes, oxidative stress and cytokine production. WO₃ nanoparticles were found
21 to increase rat liver enzymes and to cause DNA damage in peripheral blood leukocytes
22 and liver.^[209] The same authors reported cell cycle inhibition and induced apoptotic death
23 with WO₃ nanoparticles in A549 human lung cancer cells, with toxicity seen only at high

1 concentrations above 200 $\mu\text{g}/\text{mL}$.^[210] Toxicity in macrophages can therefore be
2 extrapolated by considering the trend in other cell types such as A549 cells.

3 The immune effects of tungsten are complex. Oral tungstate (NaW) up to 125 mg/kg per
4 day for up to 70 days showed preferential uptake in rat immune organs, including the
5 femur, spleen and thymus.^[211] In rats, tungstate was reported to decrease general
6 cytotoxic T cell activity in one study^[212] but activate spleen cytotoxic and helper T cells,
7 with immunosuppressive effects linked to co-exposure to immune stress. The percentage
8 of monocytes was also found to be lower at higher tungstate concentrations.^[213]

9 In PBMCs, tungsten carbide-cobalt (WC-Co) particles of $< 1 \mu\text{m}$, 99.5% purity, 100 μg
10 /mL, were shown to activate p38 and stabilize HIF-1a and p53, while expressing the
11 oxidase stress response gene *HMOX1*.^[214] In JB6 cell and rat lung macrophages, WC-Co
12 nanoparticles were seen to induce apoptosis and ROS production.^[215]

13 Although few studies exclusively on macrophages have been conducted, tungsten carbide
14 has been found to be effective bio-cargo for macrophages in photothermal therapy.^[216]

15 A THP-1 cell and Beas-2B lung epithelium co-culture with WC-Co nanoparticles with a
16 WC grain size of 80 nm reported increased IL-1 β , IL-12 and decreased TNF- α . Toxicity
17 was already observed from 10 $\mu\text{g}/\text{mL}$, with increased expression of CD40.^[217] The anti-
18 inflammatory polyoxotungstate-1 ($3\text{Na}_2\text{WO}_4 \cdot 9\text{WO}_3 \cdot \text{H}_2\text{O}$) at up to 100 μM was found to
19 prevent TNF- α and nitric oxide release from LPS-treated murine macrophages, and to
20 decrease ATP-induced IL-1 β release.^[218] In RAW 264.7 macrophages, it was reported
21 that tungstate nanoparticles led to ROS production without leading to DNA damage nor
22 production of IL-6, IL-8 or TNF- α . Cells engulfing these nanoparticles are as shown in
23 Figure 10.^[219]

1 Tungstate (Na_2WO_4) reduced LPS-induced IL-10, TNF- α and IL-6 in THP-1 cells and
2 altered cell cycle progression. ^[220] An intra-tracheal rat study showed neither acute local
3 pulmonary inflammation nor IL-6 production with WC-Co nanoparticles. There was also
4 no increase in alveolar macrophage or activation despite nanoparticle phagocytosis. ^[221]
5 In short, despite contradicting reports about its toxicity, tungsten compounds have proven
6 to be inflammatory in some cell types without increasing TNF- α , but it is clear that they
7 induce oxidative stress, which could culminate in compensatory intracellular stress
8 response mechanisms. (Table 5) There have been sparse *in vitro* data on the effects of 2D
9 tungsten compounds in immune cells although it has been found that human skin
10 fibroblasts preferentially adhere to tungsten compared to silicon oxide in a 2D tungsten-
11 silicon oxide composite ^[222] and that no histological abnormalities were reported in mouse
12 heart, liver, spleen, lungs or kidney after 16 days of 2D tungsten nitride nanosheets. ^[223]
13 Another paper also reported no histological organ abnormalities after 30 days although
14 high levels of 2D WS_2 -PEG nanosheets were found in the liver and spleen. ^[153] We
15 included this element in our review as it is an emerging 2D nanomaterial. In fact, we hope
16 there will be more studies in future on immune cells, as this will help us better understand
17 the biological impact of 2D tungsten compounds.

18 **Summary and future outlook**

19 Macrophages are efficient phagocytes and their main interaction with 2D materials is
20 related to uptake, which includes mechanisms such as phagocytosis, endocytosis and
21 direct trans-membrane transport. Once in the cell, these materials end up in various
22 intracellular locations such as endosomes, lysosomes or the cytosol. ^[224,225] This
23 heterogenous uptake makes it contentious to pinpoint material interaction with specific

1 mechanisms. Our review has therefore focused on the effects of macrophages after they
2 encounter various 2D materials.

3 Our review has summarized macrophage studies on various 2D materials and found the
4 bulk of the effects to be related to inflammation. Graphene family materials have in
5 general been found to affect inflammatory cytokines in macrophages. Individually, FLG
6 was found to induce apoptosis, damage cell membrane and decrease viability, while GO
7 can polarize macrophages to a pro-inflammatory form. In contrast, GQDs had little effect
8 on viability and membrane integrity but increased ROS, inflammation and apoptosis.

9 TMDCs exhibited less toxicity and inflammation than graphene materials in general, with
10 MoS₂ increasing intracellular lipids and potentially interacting with proteins, and with
11 MnO₂ increasing cell stress and polarizing macrophages to a pro-inflammatory form.
12 Other 2D materials such as boron nitride could increase inflammation despite lower
13 toxicity due to decreased macrophage phagocytosis while black phosphorus was less
14 toxic than GO, but more than TMDCs due to ROS- and membrane disruption-linked
15 mechanisms. Black phosphorus also promoted macrophage polarization to pro-
16 inflammatory subtypes. Lastly, tungsten, despite having sparse data on 2D forms, had
17 contrasting effects on macrophage toxicity in different studies and increased
18 inflammation and ROS without displaying genotoxicity (Fig.11).

19 Low-dimensional nanomaterials (0D to 2D) could mechanically affect plasma and
20 lysosomal membranes, leading to frustrated phagocytosis and cytotoxicity. In general,
21 mechanical stress or damage occurs when cells try to pack rigid structures into spherical
22 lysosomes. ^[21] Using graphene family members as an example, these materials can be
23 classified as 0D fullerenes and carbon nanodots, 1D carbon nanotubes, 2D graphene,
24 graphene oxides and graphene nanoribbons, and 3D nanodiamonds. ^[226] With fullerene

1 as an exception for size (the smallest 0D material), toxicity may increase with material
2 dimension in macrophages, given that 3D nanodiamonds were found to cause no immune
3 response ^[227] while 0D, 1D and 2D materials were found to be taken up by macrophages
4 and can cause cytotoxicity. ^[55,228] It is however important to note that the mechanisms of
5 material toxicity are very complex, with additional factors such as lateral size and rigidity
6 coming into play. This makes it difficult to identify a particular mechanism or interaction
7 type that could be responsible for material toxicity.

8 Nanomaterial rigidity can also affect toxicity, with rigid non functionalized CNTs found
9 to induce more inflammation than flexible functionalized CNTs. ^[229,230] In the case of 2D
10 materials, the intrinsic structure of the material and resultant physicochemical properties,
11 such as material flexibility and ease of stacking, allow toxicity prediction. Rigidity also
12 increases in general with thickness, which impedes completion of material phagocytosis.
13 ^[231] A phenomenon of incomplete uptake of large foreign material relative to cell size,
14 frustrated phagocytosis has been extensively reported with 1D materials such as CNTs in
15 macrophages, with longer CNTs causing greater effects. ^[232] However, 2D graphene
16 nanoplatelets have also been found to cause frustrated phagocytosis in macrophages due
17 to their aerodynamic properties and consequent rigidity. ^[231,233] Unsurprisingly, frustrated
18 phagocytosis is also affected by material lateral size. It has been reported that
19 macrophages are at higher risk of frustrated phagocytosis in the presence of graphene
20 materials with a lateral size of more than 20 μm . ^[233,234] However, with the bulk of
21 macrophage 2D material research carried out with sub-micrometer materials, frustrated
22 phagocytosis may not be as prominent as that observed with 1D materials.

23 Different 2D materials have potentially different effects in the cells of different
24 individuals and the various methods of synthesizing 2D materials and measuring

1 inflammation may make it difficult to compare results from different labs. Additionally,
2 2D materials may impact cells differently in the presence of different cell culture media,
3 and have different dispersion stability due to the peripheral protein corona effect. ^[235] In
4 some cases such as manganese and tungsten which are not as well-studied as graphene,
5 we have covered the biological effects of non-2D forms of the same elemental material
6 in macrophages in an attempt to provide a starting point for understanding and predicting
7 its effect in 2D form.

8 Most work on 2D materials have been conducted short-term, and on specific subsets of
9 macrophages or cell lines, and may not be fully transferable to *in vivo* human research
10 which consists of much greater complexity. In a number of newer 2D materials, this
11 research has been conducted mainly in target organs such as the brain and lung, where
12 side effects have been predicted to occur. It is also pertinent to investigate the long-term
13 effects of 2D materials, and to include consequent data on material biodegradation if
14 possible.

15 At this point, it is unknown if material uptake is required for toxicity effects and if toxicity
16 is an indirect effect of macrophage activation. Much also depends on various factors such
17 as material, time-point and dose, which may differ from study to study. It is important to
18 note that many factors impact uptake and therefore toxicity, such as surface charge, ^[98]
19 dispersibility ^[100] and functionalization. ^[103] However, it is difficult to correlate
20 nanomaterial properties to toxicity and to complicate matters, some of these properties
21 such as charge, inertness and colloidal stability may be linked. ^[10] Seeing the huge range
22 in lateral size of 2D materials used in these macrophage studies, it may be challenging to
23 generalize trends. Despite this, it may be possible to predict increasing nanoparticle
24 toxicity with smaller materials (<100 nm) potentially due to increased uptake. ^[236]

1 Knowing which and how 2D materials affect the body is crucial to better design new
2 materials with minimal toxicity. The roadmap ahead may include many more innovative
3 2D materials that have yet emerged from anonymity, which would require extensive
4 safety testing in immune cells before widespread commercial use. We could even see the
5 advent of up-and-coming 2D materials such as arsenene, antimonene, germanene,
6 stanene, and silicene, which have already made inroads into electronic applications. ^[22]
7 This would make the current work in macrophages a solid foundation on which to better
8 investigate future 2D materials.

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16 **Disclosure statement**

17 No potential competing interest was reported by the authors.

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Table 1. Dose and time-dependent effects of different MoS₂ materials on macrophages

Compound	Average Size	Cell type	Cytokines	ROS	Duration	Dose	Other effects	Ref
MoS ₂ (aggregated, 2D lithiation or 2D pluronic dispersed)	-	THP-1	Produced TNF- α and IL-1 β	-	24 h	6.25- 50 μ g/ mL	-	[152]
MoS ₂ @ PEG ET-loaded	200-300 nm	RAW 264.7	Inhibited TNF- α , promoted IL-10	-	2 h	0-150 μ g/mL	Inhibited iNOS, CD86; promoted Arg1, CD206	[154]
MoS ₂	120 nm	THP-1-derived macrophages	-	-	4, 24, 72 h	100 μ g/mL	Increase in intracellular lipids	[155]
MoS ₂	150 nm	Primary human macrophages ^a	TNF- α and IL-6 (M1)	Produced ROS (M1)	24 h	5-50 μ g/mL	Decreased CD80 (M1)	[55]
MoS ₂ and f-MoS ₂	-	RAW 264.7	No significant TNF- α and IL-6 production	-	24 h	1-75 μ g/mL	No immune activation	[156]

^{a)} Primary human macrophages were differentiated into M1 and M2 phenotypes.

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Table 2. Dose and time-dependent effects of different MnO₂ materials on macrophages

Compound	Average Size	Cell type	Cytokines	ROS	Duration	Dose	Other effects	Ref
PEG-MnO ₂ NPs	15 nm	Primary rat macrophages	Decreased TNF- α	-	24 h	5-100 μ g/mL	-	[164]
MnO ₂ nanoparticles	-	guinea pig alveolar macrophages	-	-	1-6 h	2.5 mg/mL	Increased neutrophil migration	[165]
Hyaluronic acid-coated, mannan-conjugated MnO ₂ particles	203 nm	RAW 264.7	Increased IL-12, decreased IL-10	-	24 h	0.5-5 μ M	Decreased HIF-1 α , VEGF, Pro-M1	[166]

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Table 3. Dose and time-dependent effects of different boron materials on macrophages

Compound	Average size ^{a)}	Cell type	Cytokines	ROS	Duration	Dose	Other effects	Ref
Boron nitride nanotubes	0.1–0.3 mm	THP-1-derived macrophages	Increased IL-1 β , IL-18	-	24 h	0-100 μ g/mL	Increased cathepsin B, caspase 1	[186]
Boron	-	Mouse macrophages (in vivo)	Increased TNF- α , IL-6, IL-1 β , NO.	-	10 d	4.6 mg/kg	Increased iNOS	[187]
Pectin-coated boron nitride nanotubes	2.0 μ m	RAW 264.7	Did not release IL-6, IL-10, TNF- α . Decreased IL-1 β .	No oxidative stress	24 h	0–50 μ g/mL	-	[188]

^{a)} Length

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Table 4. Dose and time-dependent effects of different black phosphorus materials on macrophages

Compound	Average size	Cell type	Cytokines	ROS	Duration	Dose	Other effects	Ref
BP quantum dots with titanium sulphonate	3.3 nm	J774A.1 and RAW264.7	Increased TNF- α in BP alone, return to normality with titanium sulphonate	Low production	6, 24 h	10 $\mu\text{g}/\text{mL}$	ATP decline	[201]
BP quantum dots and nanosheets	Quantum dots (5 nm); nanosheets (300 nm)	THP-1-derived macrophages PBMCs	Increased IL-1 β , IL-6, IL-8, IFN- λ Increased IL-1 β , IL-6, IL-8, IL-9, IL-10	-	6, 24 h	0-50 $\mu\text{g}/\text{mL}$	Corona influences uptake and toxicity	[202]
BP-corona complex	207 nm	RAW 264.7	Increased TNF- α , IL-12	-	24 h	15 $\mu\text{g}/\text{mL}$	Increased iNOS, CD16	[203]

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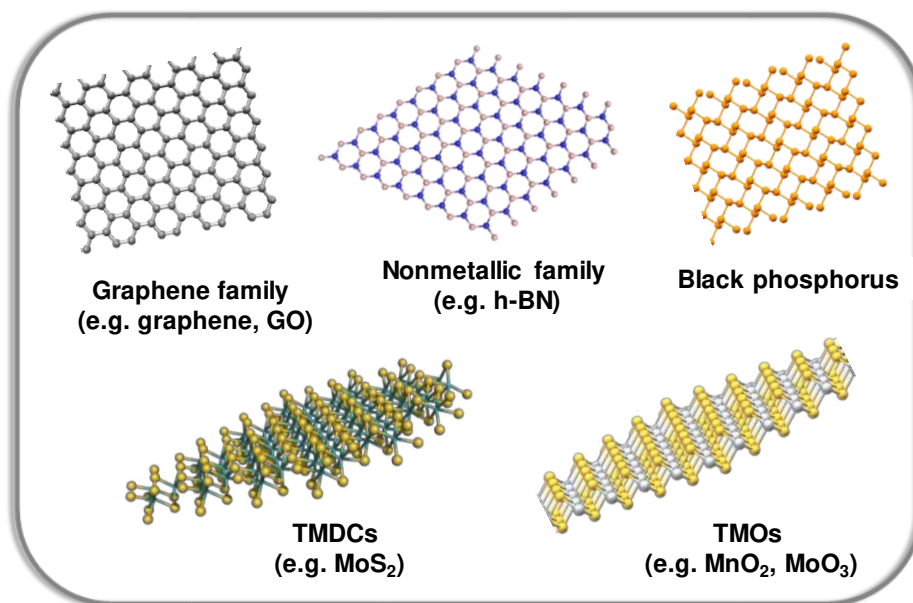
Table 5. Dose and time-dependent effects of different tungsten materials on macrophages

Compound	Average size	Cell type	Cytokines	ROS	Duration	Dose	Other effects	Ref
WC-Co	95.53 nm and 39.00 μ m	Rat lung macrophages (In vivo)	-	Induced ROS	7-21 days	1% solution in saline	Pro-apoptotic	[215]
WC-Co	98 nm	THP-1 Beas-2B co-culture	Increased IL-1 β , IL-12, decreased TNF- α	-	2-48 h	1–1,000 μ g/mL	Increased CD40, pro-M1	[217]
Sodium Polyoxo-tungstate (POM-1)	-	Primary mouse macrophages	Decreased TNF- α , IL-1 β	-	30 min to 24 h	100 μ M	Blocks cytoplasmic Ca ²⁺ release	[218]
CaWO ₄ , SrWO ₄ , BaWO ₄ , Na ₂ WO ₄ in wire & sphere form	BaWO ₄ spheres (1 μ m); other spheres 400 nm. All nanowires were 100 nm	RAW 264.7	No production of IL-6, IL-8 or TNF- α .	Tungstate nanowires produce ROS	24 h	50 μ g/mL	No DNA damage	[219]
Na ₂ WO ₄	-	THP-1	Induced IL-10, TNF- α , IL-6	-	72 h	0.01-10 mM	Altered cell cycle progression	[220]
WC-Co	100 nm	Rat alveolar macrophages (in vivo)	No production of IL-6	-	24 h	0-500 μ g per rat	No pulmonary inflammation	[221]

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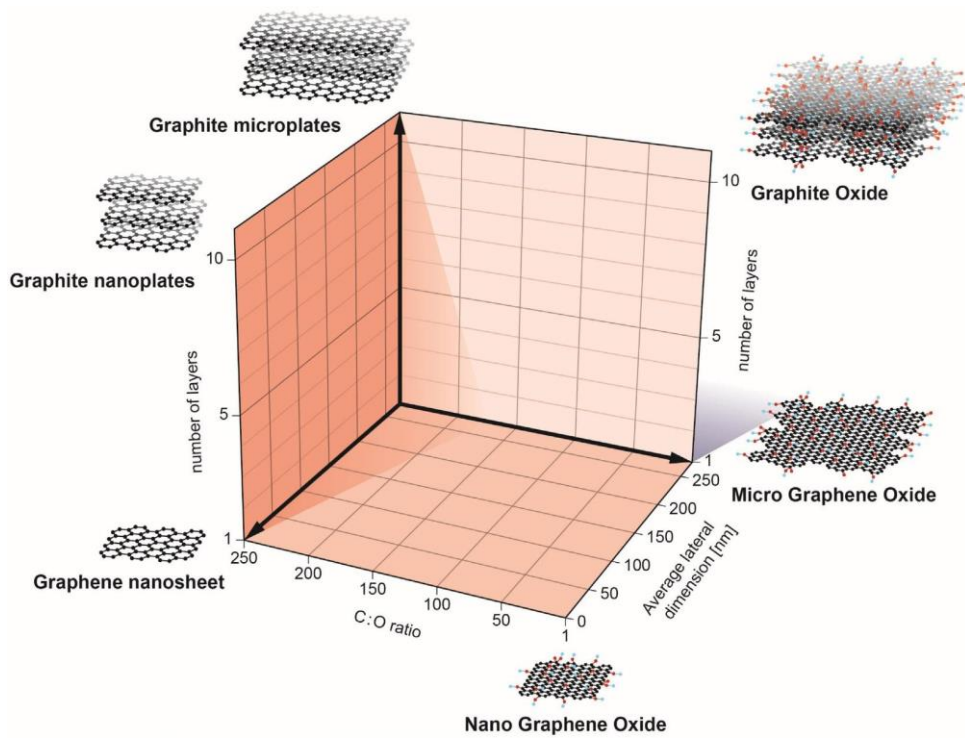
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Figure 1.



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Figure 2.

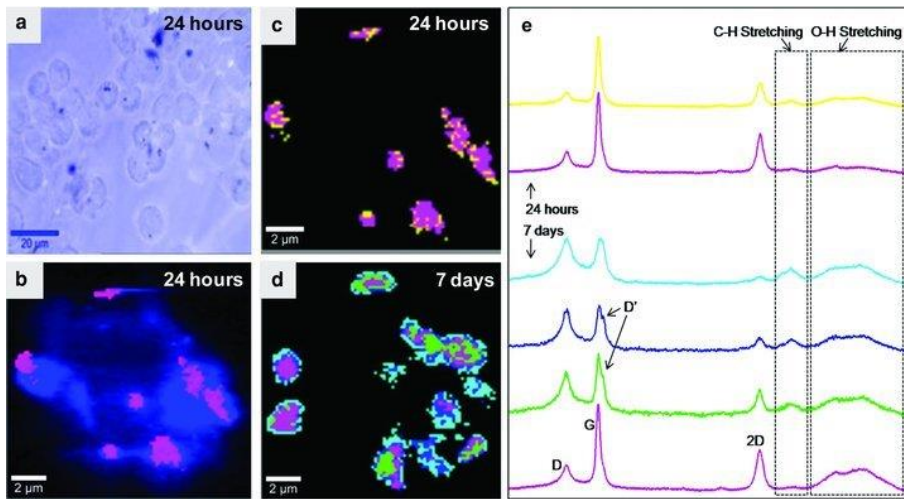
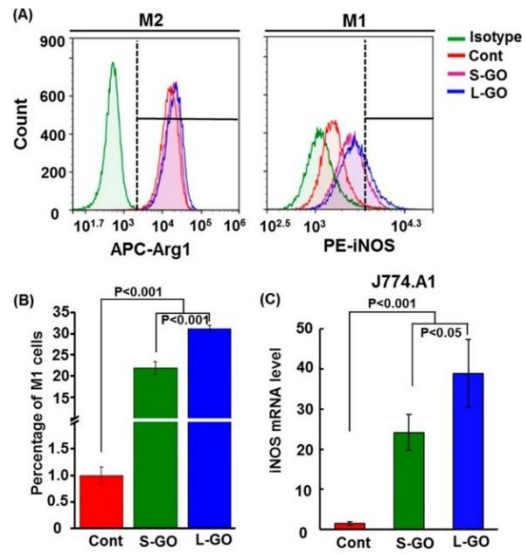


Figure 3.

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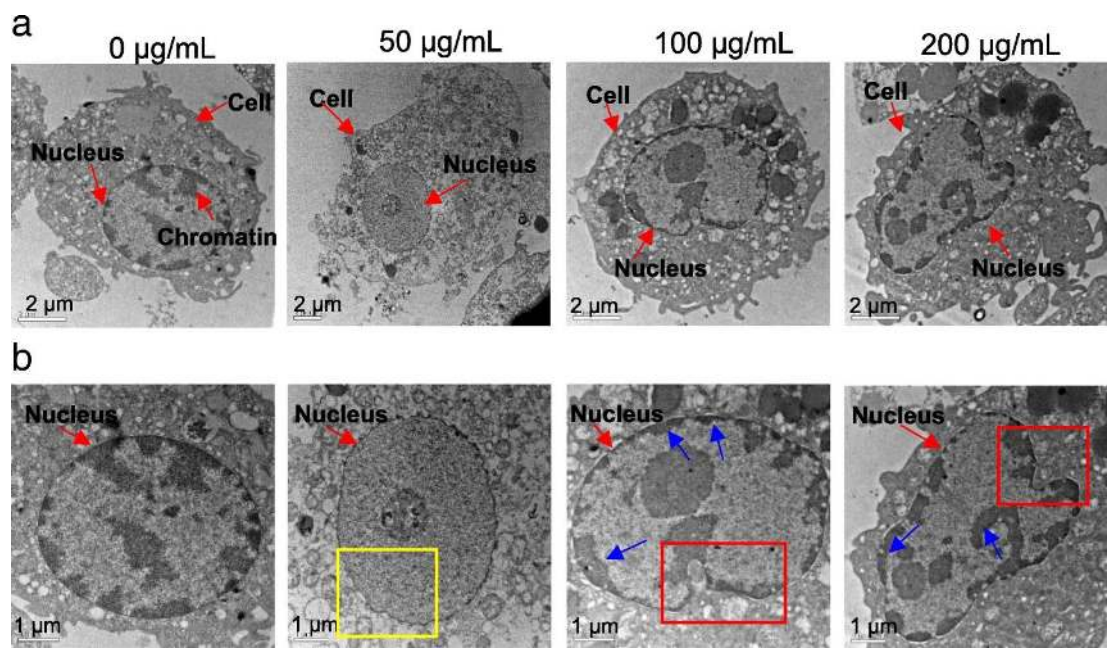


Figure 5.

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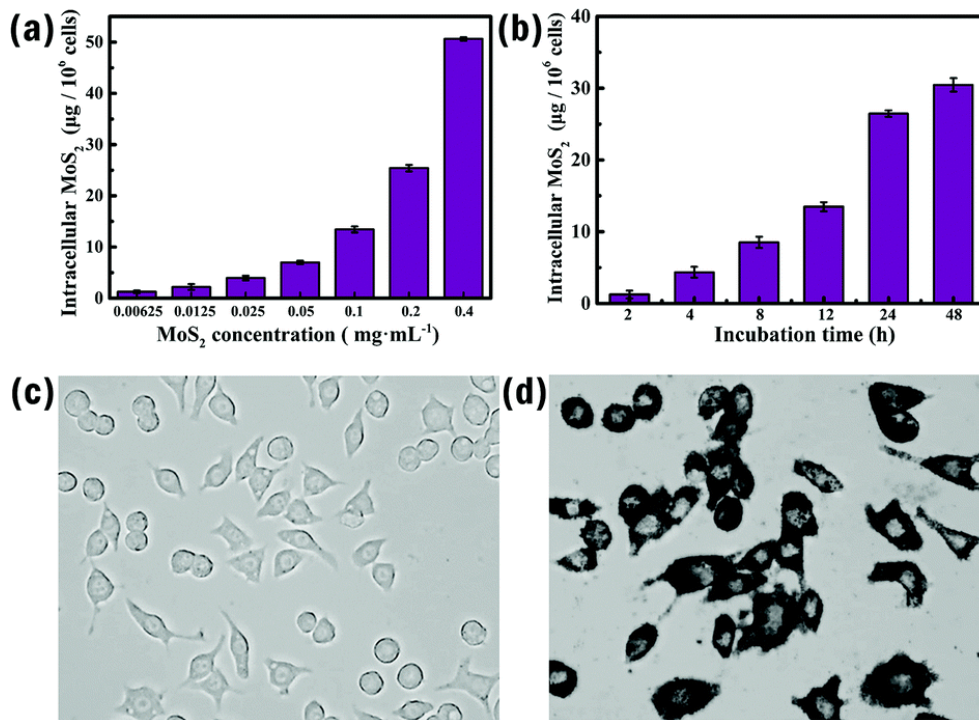


Figure 6.

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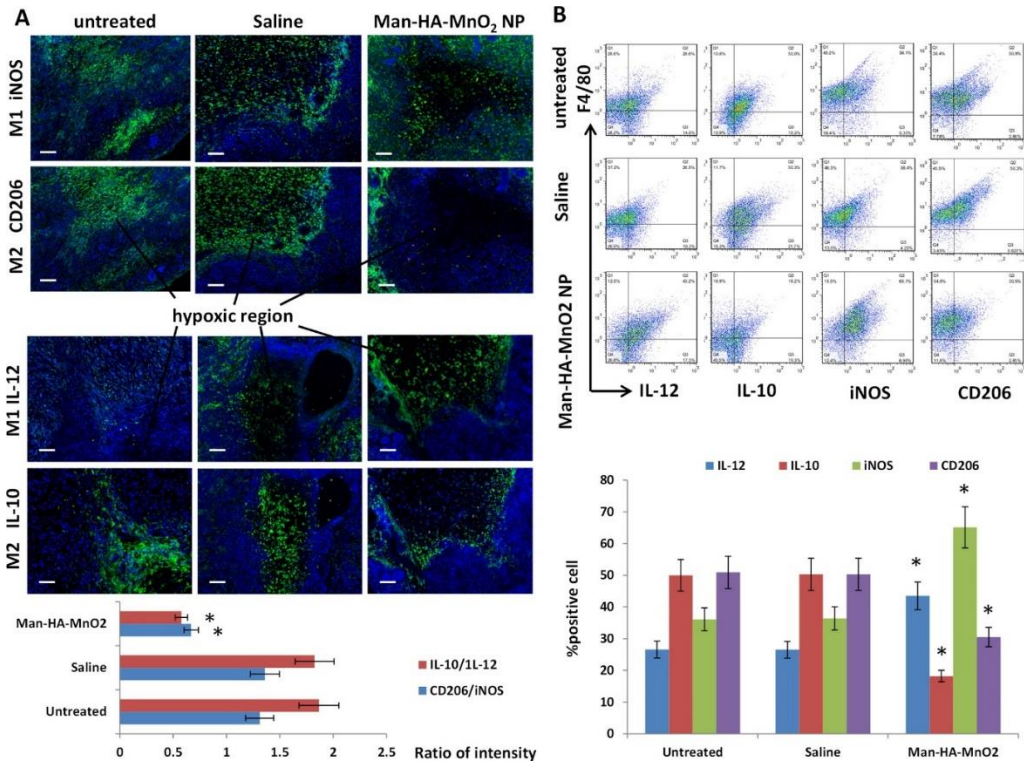
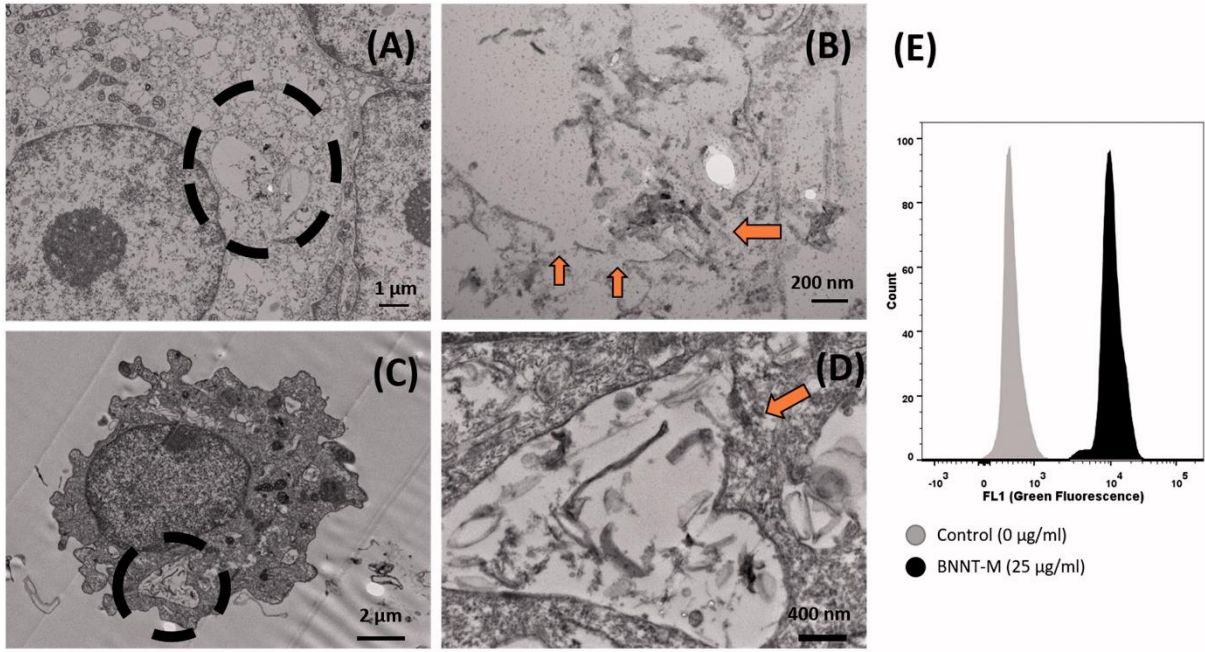


Figure 7.

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Figure 8.

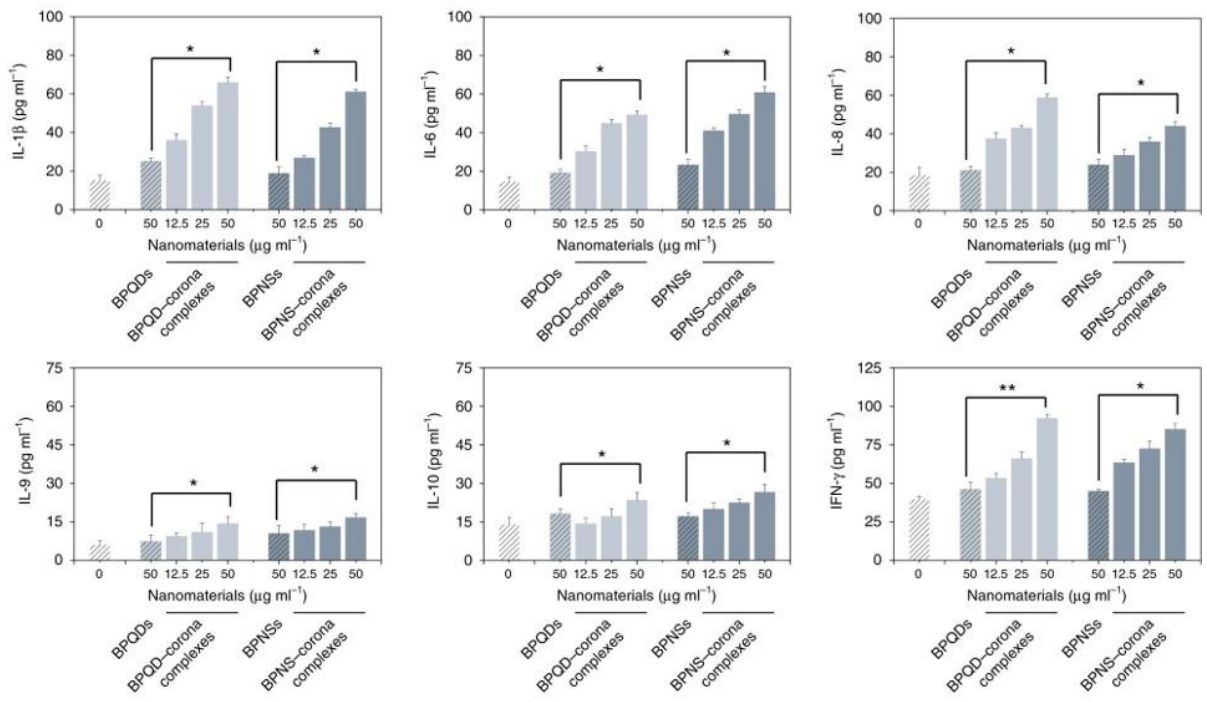
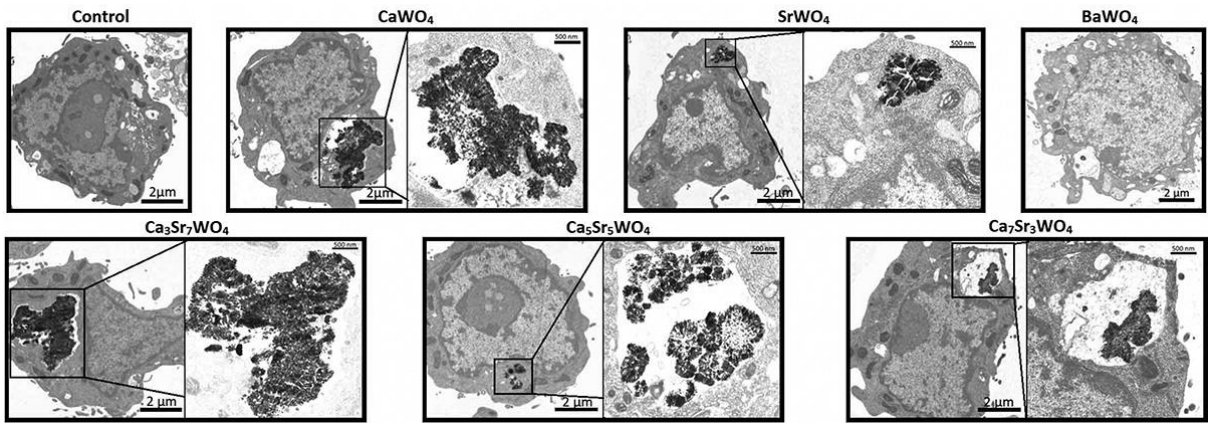


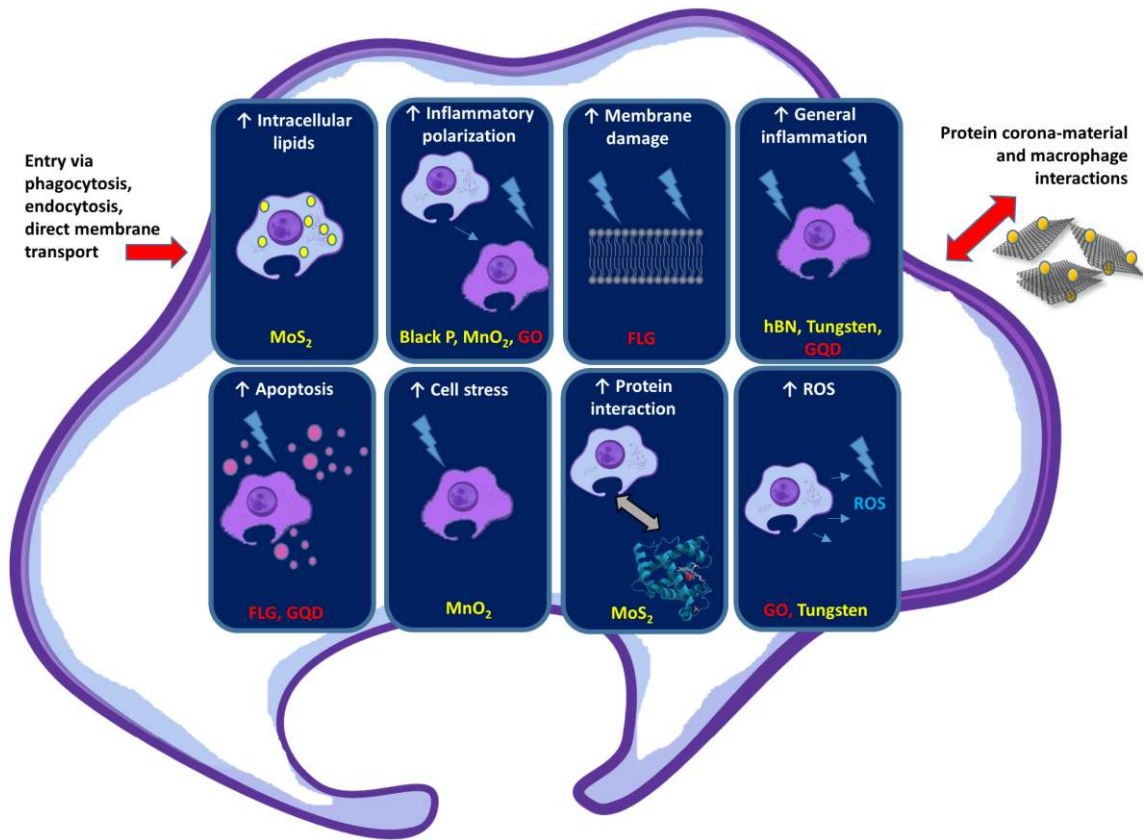
Figure 9.

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Figure 10.



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2 **Figure 11.**

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1 **Figure captions (list)**

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3 **Figure 1.** Different types of 2D materials described in this review.

4

5 **Figure 2.** Categorization of graphene-based materials based on three parameters; C/O
6 ratio, average lateral size and number of layers. Reprinted with permission. ^[47] Copyright
7 2014, John Wiley & Sons, Inc.

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9 **Figure 3.** (a) Bright field and (b) Raman images of graphene-RAW 264.7 after 24 h of
10 incubation. Secondary cluster maps of graphene aggregates localized within the cells at
11 24 h (c) and 7 d (d), are represented by false color codes. (e) Averaged spectra of graphene
12 from the sub-cluster regions. Dotted boxes represent the C-H stretching (2800-3050/cm)
13 from cells and O-H stretching (3100–3700/cm) from PBS solution. Reprinted with
14 permission. ^[64] Copyright 2013, John Wiley & Sons, Inc.

15

16 **Figure 4.** GO induced macrophage polarization to M1 subtype in a size-dependent
17 manner. (A) Representative histograms showing the numbers of M2 (Arg1⁺) and M1
18 (iNOS⁺) cells. J774.A1 cells were treated with small GO (S-GO) or large GO (L-GO) at
19 20 µg/mL for 24 h, followed by FACS analysis. (B) Percentages of iNOS⁺ cells (n = 5).
20 (C) Relative iNOS level in J774.A1 cells upon exposure to S-GO or L-GO at 20 µg/mL
21 for 24 h. HPRT1 was used as control for normalization. Reprinted with permission. ^[94]
22 Copyright 2015, American Chemistry Society.

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24 **Figure 5.** TEM images of NR8383 nuclear morphology after exposure to AG-QDs (0,
25 50, 100, and 200 µg/mL) for 24 h. The images in panel (b) are enlarged from panel (a).

1 In panel (b), the yellow box indicates the shrinking of the inner nuclear envelope after
2 AG-QDs (50 $\mu\text{g}/\text{mL}$) exposure. The red boxes indicate the malformation of nuclear
3 morphology after AG-QDs (100 and 200 $\mu\text{g}/\text{mL}$) exposure. The blue arrows indicate the
4 chromatin condensation (electron-dense, black structure along nuclear membrane)
5 within the nuclei. Reprinted with permission. ^[133] Copyright 2018, BioMed Central
6 Ltd, Springer Nature.

7

8 **Figure 6.** Phagocytosis of MoS_2 by macrophages. Quantitative analysis of the effect of
9 (a) MoS_2 concentration and (b) incubation time on loading capacity; (c) and (d)
10 microphotographs of macrophages before and after BSA– MoS_2 loading, respectively (t =
11 24 h, BSA– MoS_2 is 0.2 mg/mL). Reprinted with permission. ^[152] Copyright 2019, The
12 Royal Society of Chemistry.

13

14 **Figure 7.** Man-HA- MnO_2 skews TAMs M2 phenotype toward M1 phenotype. (A)
15 Representative immunofluorescence images of tumour sections stained with M1 and
16 M2 macrophage marker (green) after Man-HA- MnO_2 administration. The orange dots
17 are Man-HA- MnO_2 . Magnification 100 \times ; scale bar 100 μm . (B) Flow cytometric
18 analysis of phenotype of macrophages in tumours after administration of Man-HA-
19 MnO_2 (n = 5/group). Error bars are standard error of the mean. *p < 0.05 compared to
20 untreated control. Reprinted with permission. ^[166] Copyright 2016, American Chemical
21 Society Publications.

22

23 **Figure 8.** Ultrastructural evidence confirming uptake and lysosomal rupture *in vitro* and
24 *in vivo*. (A) TEM image of a differentiated THP-1 macrophage exposed to 25 mg/mL
25 (7.79 mg/cm²) of BNNT-M for 6 h (BNNT-M: mixture of BNNT, impurities of boron

1 and hBN). (B) High magnification image of the circled portion from Figure (A) showing
2 a ruptured lysosome (ruptured portion depicted with arrows). (C) Alveolar macrophage
3 from BALF of C57BL/6 mice exposed to BNNT-M (40 mg) for 24 h. (D) High
4 magnification image of the circled portion from Figure (C) showing a ruptured lysosome
5 (ruptured portion highlighted with arrows). (E) Pretreatment with acridine orange
6 followed by challenge with BNNT-M showed ~20-fold increase in green fluorescence
7 suggesting lysosomal membrane permeabilization. Reprinted with permission. ^[186]
8 Copyright 2017, Informa UK Limited.

9

10 **Figure 9.** Cytokine secretion of different macrophages. Macrophage-like THP-1 cells
11 were treated with 50 µg/mL of BP and an increasing concentration of corona complexes
12 (12.5, 25 and 50 µg/mL) for 6 h. Values are expressed as the means ± SDs of triplicates.
13 Statistical significance is assessed by Student's t test. *p < 0.05, **p < 0.01. Reprinted
14 with permission. ^[202] Copyright 2018, Springer Nature.

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16 **Figure 10.** RAW 264.7 cells engulf tungstate nanospheres. TEM analysis of RAW 264.7
17 cells exposed to tungstate nanospheres for 3 h. Reprinted with permission. ^[219] Copyright
18 2014, Informa UK Limited.

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20 **Figure 11.** Macrophages and 2D materials mainly result in inflammation.