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# Human skin interactive self-powered wearable piezoelectric bio-e-skin by electrospun poly-l-lactic acid nanofibers for non-invasive physiological signal monitoring

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# Human skin interactive self-powered wearable piezoelectric bio-e-skin by electrospun poly-l-lactic acid nanofibers for non-invasive physiological signal monitoring

## Abstract

Flexible and wearable piezoelectric bio e-skin (PBio-e-skin) based on electrospun poly(l-lactic acid) PLLA nanofiber membrane is demonstrated for non-invasive human physiological signal monitoring and detecting dynamic tactile stimuli. The molecular orientations of the CO dipoles by electrospinning technique result in a longitudinal piezoelectric charge co-efficient ( $d_{33}$ ) value of  $\sim(3 \pm 1)$  pm V<sup>-1</sup> realized by piezoresponse force microscopy, allowing the PBio-e-skin for pressure sensing applications. The robust mechanical strength (Young's modulus  $\sim 50$  MPa) of nanofiber membrane ensures PBio-e-skin's superior operational stability over 375000 cycles. Owing to the superior mechanosensitivity of  $\sim 22$  V N<sup>-1</sup>, PBio-e-skin has the ability to measure subtle movement of muscle in the internal organs such as esophagus, trachea, motion of joints and arterial pressure by recognition of strains on human skin. This flexible and light weight PBio-e-skin precisely detects vital signs and provides important clinical insights without using any external power source. Eventually, the low cost, environmental friendly PBio-e-skin will have a huge impact in a broad range of applications including self-powered wearable health care systems, human-machine interfacing devices, artificial intelligence and prosthetic skin.

## Disciplines

Engineering | Physical Sciences and Mathematics

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**Human skin interactive self-powered wearable piezoelectric bio-e-skin by  
electrospun poly-l-lactic acid nanofibers for non-invasive physiological  
signal monitoring**

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## Abstract

Flexible and wearable piezoelectric bio *e*-skin (PBio-*e*-skin) based on electrospun poly(L-lactide) PLLA nanofiber membrane is demonstrated for human physiological signal monitoring and detecting dynamic tactile stimuli. The molecular orientations of the C=O dipoles by electrospinning technique results in a longitudinal piezoelectric charge coefficient,  $d_{33}$  value of  $\sim (3\pm 1)$  pm/V realized by piezoresponse force microscopy, allow the PBio-*e*-skin for pressure sensing applications. The robust mechanical strength (Young's modulus  $\sim 50$  MPa) of nanofiber membrane ensures PBio-*e*-skin's operational stability (over 375,000 cycles). Owing to the superior mechanical sensitivity of  $\sim 22$  V/N, PBio-*e*-skin has the ability to measure subtle movement of muscle in the internal organs such as esophagus, trachea, motion of joints and arterial pressure by recognition of strains on human skin. This flexible and light weight PBio-*e*-skin can be valuable for monitoring vital signs in detecting cardiovascular diseases, assessing health status and, also for voice recognition. Thus, the low cost, environmental friendly PBio-*e*-skin can be used for non-invasive, artery pulse wave monitoring, which may lead to the use of flexible PBio-*e*-skin in health monitoring and diagnostics in cardiovascular medicine.

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**Keywords:** piezoelectric, PLLA, electrospinning, *e*-skin, flexible, human motion detection, wearable, nanofiber, health monitoring

## Introduction

Skin-mountable, stretchable and wearable/epidermal electronic devices for human motion detection,<sup>1,2</sup> flexible electronic skin (*e*-skin),<sup>3</sup> human physiological and behavioural signal detection,<sup>4,5</sup> human body temperature monitoring<sup>6</sup> and personal healthcare,<sup>7</sup> have recently received enormous attention due to their facile interaction with skin or organs of the human body. These flexible sensors can be attached into clothing or directly mounted on the human

skin for the real-time monitoring of human activities and physiological measurements with high efficiency. They must fulfil various minimum necessities including large stretchability, lightweight, flexibility, durability, biocompatibility for stable contact with human skin with minimal irritation.

So far design and development of wearable sensor systems for measuring and quantifying physical signals are based on force-driven changes in resistivity,<sup>8,9</sup> capacitance,<sup>10,11</sup> piezo- and tribo-electricity.<sup>12,13</sup> In spite of the possibility and superior performance, wide spread applications of some of these methods is perhaps limited by structure complexity, sensitivity, dependence on external power source and fabrication of high-quality materials.<sup>14</sup> One confront for making pressure sensors that meet the aforementioned demands of high stretchability, ultrahigh sensitivity and biocompatibility is to use piezoelectric nanofiber membranes. In this context, poly(L-lactide) (PLLA) is the one which is biocompatible, biodegradable, optically active polymer and continuously drawing increasing attention due to its medical usefulness in tissue engineering scaffolds.<sup>15-17</sup> Many biological systems exhibit unique uniaxial symmetry where both direct and inverse piezoelectric effects are present but only  $d_{14}$  and  $d_{25}$  (with same magnitude and opposite sign) shear piezoelectric constants are finite. PLLA molecular chain consists of chiral molecules where  $-CO-O$  polar group joined to an asymmetric carbon atom and oriented in helical conformation in the molecules. When the helix is sheared through its side chain  $-C=O$  dipole makes a slight rotation that changes the polarization of the chain molecule.<sup>18,15</sup> Polarization appears in a direction perpendicular to the plane of applied stress. The sum of these rotation results in electric polarization.<sup>19,15</sup>

Owing to its bio- piezoelectricity, PLLA is a suitable material for *in-vivo* applications where biomaterial based self-powered system is particularly relevant.<sup>20,21</sup> In previous, several biomaterials such as, collagen, chitin, cellulose, gelatin, M13 bacteriophage and many others

possessing longitudinal piezoelectric coefficient ( $d_{33}$ ) have been considered as engineering effective materials for developing self-powered systems.<sup>22-26</sup>

The thermodynamically stable conformation of PLLA is the  $\alpha$ -crystalline form, where the C=O dipoles are randomly oriented along the main chain, resulting non-polarity of PLLA in this form. In order to induce piezoelectricity the chains must be stretched to transform the  $\alpha$ -form into  $\beta$ -crystalline form where random orientation of molecular chains is aligned along stretched direction.<sup>27</sup> The electrospinning process applies stretching force into the molecular chains of PLLA under high electric field and thus aligns molecular dipoles resulting net polarization, in a single step.<sup>28</sup>

Herein, a simple structured, easy to fabricate, wearable, lightweight, cost-effective piezoelectric bio-*e*-skin was prepared for pressure monitoring. This device is capable of working in a multimodal manner for human physiological signal monitoring, sports performance monitoring and also for voice recognition. It asserts a sensitivity of 22 V/N as well as a pressure detection extent down to 18 Pa for detection of feather light pressure. In loading-unloading cycle a negligible change in output signal was experimentally noticed over 375,000 cycles, suggesting its performance stability and durability. The flexible *e*-skin thus evidenced the capability of monitoring human physiological signals such as throat and wrist pulse and muscle movement when a person is speaking, which might extend their possible applications for real-time disease diagnosis and voice recognition.

## Experimental Section

**Materials.** Poly (L-lactic acid) (PLLA, Purasorb PL18,  $M_w = 217 - 225$  kDa) from Corbion (Netherlands), N,N-dimethylformamide (DMF, from Merck), dichloromethane (MC, from

Sigma-Aldrich), Copper (Cu)–nickel (Ni) plated fine knit polyester fabric (Coatex Industries, India) and poly(dimethylsiloxane) (PDMS) (SYLGARD, 184 SILICONE ELASTOMER).

**PLLA electrospun membranes preparation:** PLLA was dissolved in a mixed solvent of DMF and dichloromethane (3/7 v/v) to achieve a polymer concentration of 10 wt% of the solution. The polymer solution was dissolved at room temperature with the help of a magnetic stirrer until complete polymer dissolution.<sup>29</sup> The polymer solution was placed in a commercial glass syringe (10 mL) fitted with a steel needle with 500  $\mu\text{m}$  of inner diameter. Electrospinning was conducted at  $1.25 \text{ kV}\cdot\text{cm}^{-1}$  with a high voltage power supply from Gamma High Voltage. A syringe pump (from KD Scientific) was used to feed the polymer solutions into the needle tip at  $0.5 \text{ mL}\cdot\text{h}^{-1}$ . The electrospun fibres were collected in ground collecting plate placed at 20 cm apart from the needle. All experiments were conducted at  $21 \pm 2 \text{ }^\circ\text{C}$  and a relative humidity of  $43 \pm 5\%$ .

**Piezoelectric bio-*e*-skin (PBio-*e*-skin) fabrication.** The simple structured PBio-*e*-skin was fabricated by the following method. At first a  $(2.5 \times 2) \text{ cm}^2$  area was cut from electrospun PLLA membrane with thickness of  $\sim 40 \text{ }\mu\text{m}$ . Then top and bottom electrodes were prepared by attaching Ni–Cu–Ni plated polyester fabric on either side with effective contact area of  $(2 \times 1.5) \text{ cm}^2$ . Then conducting copper wires were attached on both electrodes. Finally, it was sandwiched between two layers (thickness of  $\sim 0.5 \text{ mm}$ ) of PDMS which were prepared by 10:1 PDMS curing agent ratio and cured at  $60 \text{ }^\circ\text{C}$  for 2 h.

### **Characterization**

The morphological features of the electrospun fibers were imaged by a Field Emission Scanning Electron Microscope (FE-SEM, FEI, INSPECT F50) operated at an acceleration voltage of 20 kV. Fourier transform infrared (FT-IR) spectra were recorded (Bruker Tensor

II) to characterize the different bands within the NFs. The topography images were obtained in AC mode with an MFP3D atomic force microscope (AFM) (Asylum Research, CA). Scan rate was set as 0.5 Hz. Dual AC Resonance Tracking Mode piezoresponse force microscopy (PFM) was used for measuring piezoresponse locally. A Pt/Ir coated silicon tip with force constant of 2.8 N/m and gold layer on the substrate was used as top and bottom electrodes. Contact frequency varied from 320 kHz to 340 kHz due to slightly changes on sample surface from point to point. A small AC voltage (200 mV) was applied to oscillate the tip during measurement. A sweeping DC bias (Frequency = 0.2 Hz) in the range of  $\pm 25$  V was applied to the tip. 5 cycles of sweeping triangle/square waves (frequency = 0.2 Hz) were applied to the tip to offer the fiber with essential electric field. Igor Pro 6.36 Software was used to obtain the butterfly loops. Stress-strain measurement was carried out using universal testing machine (Tinius Olsen H50KS). PBio-e-skin was fabricated by simply sandwiching the nanofiber mat between two conducting Ni–Cu–Ni plated polyester fabric substrates. Electrical contacts for recording open-circuit voltage were made by Cu-wire leads from PBio-e-skin connected through a National Instrument (NI) Data acquisition (DAQ) device (NI, USB 6000) using a sampling rate of 1000 samples per second, interfaced with a computer with a standalone program made by using LabVIEW software and current measurement were carried out with KEITHLEY 6485 picoammeter.

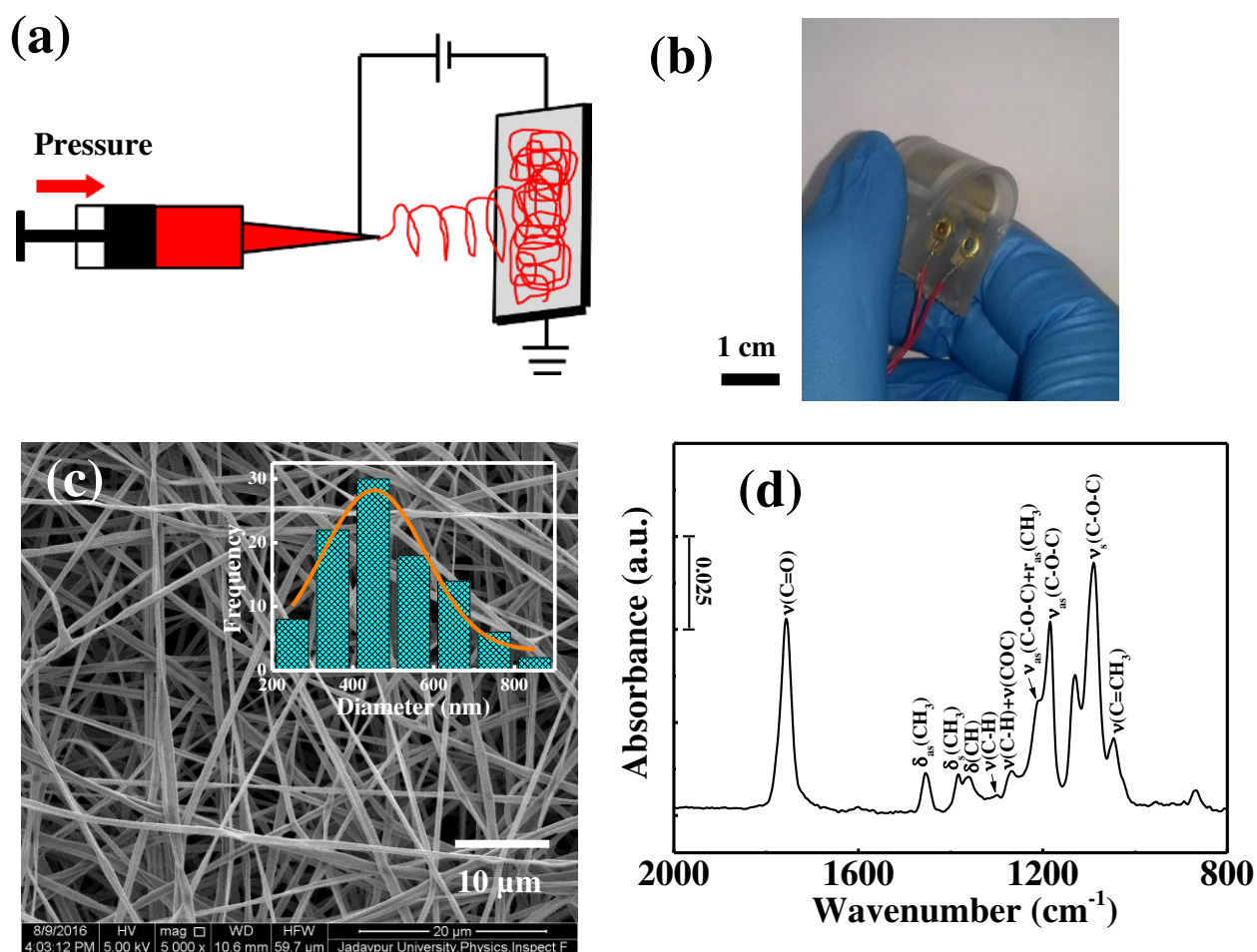
## **Results and Discussion**

The schematic diagram in Fig. 1a shows a PLLA nanofiber fabrication process by electrospinning technique. The resulting PLLA nanofiber mat is used in flexible PBio-e-skin ( $2 \times 1.5 \text{ cm}^2$ ) design with splendid capability to bend in desirable shape (Fig. 1b). The morphology of as-electrospun nanofibers of PLLA is shown in Fig. 1c. The nanofibers are entangled with one another and form a network-structured fiber mat. All fibers evidence



smooth and bead free morphology with an average fiber diameter found to be 450 nm (inset of Fig. 1c). Fig. 1d shows the FTIR spectra of nanofibers. The bands at 871, 1088, 1184, 1755  $\text{cm}^{-1}$  are assigned to the C-C backbone stretching, symmetric and asymmetric stretching of C-O-C group and stretching vibration of C=O which are responsible for piezo- and ferroelectricity in PLLA nanofibers.<sup>30,31</sup> All the bands of different wavenumbers are labelled in Fig. 1d.

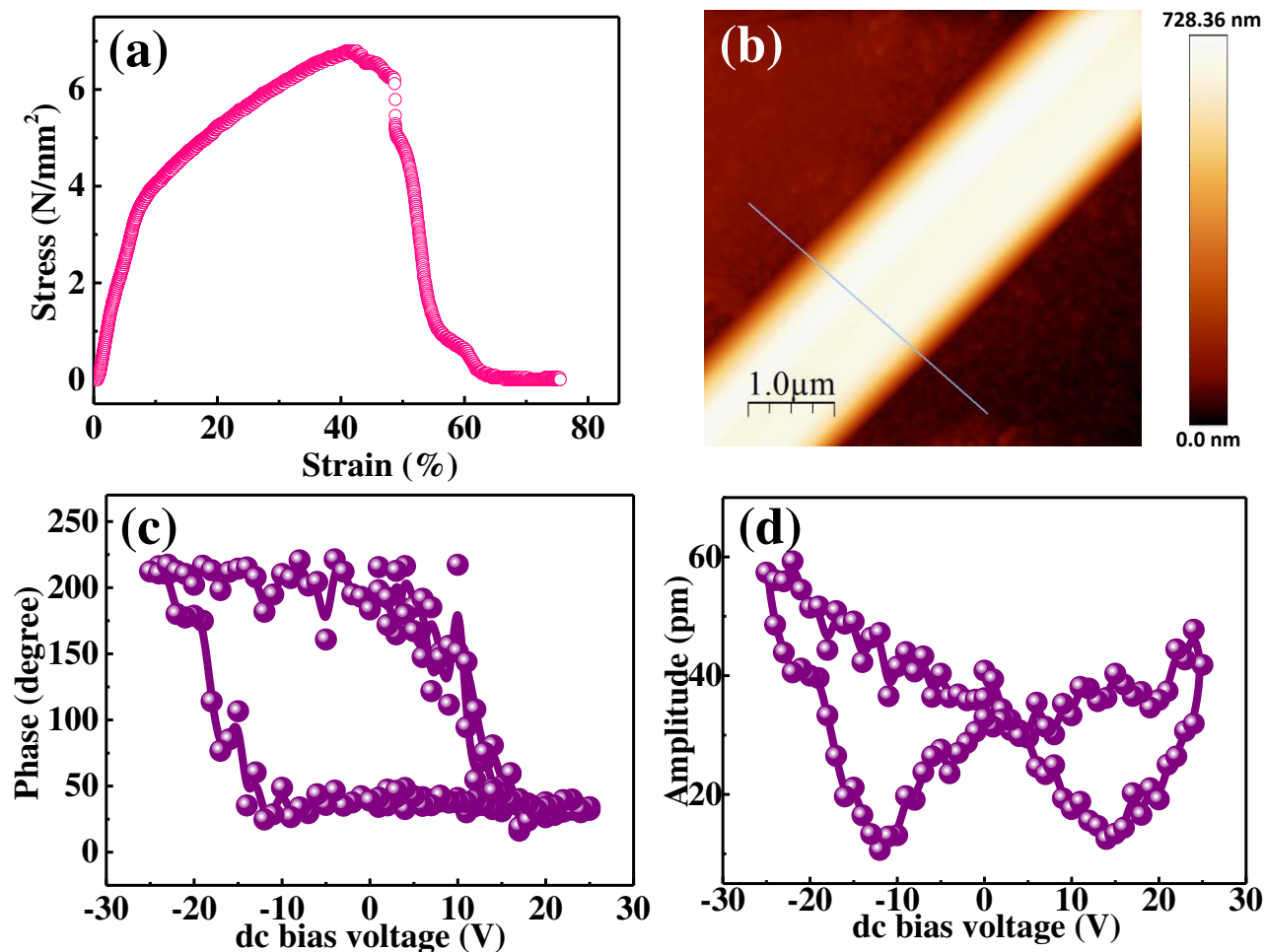
As the piezoelectric output performance of the nanofibers is greatly affected by their mechanical properties in addition to piezoelectric coefficient value, thus, tensile stress-strain behaviour of PLLA nanofibers has been studied as shown in Fig. 2a. Firstly, when a small external stress (<8 kPa) is applied, the non-woven nanofibers are forced to align along stress direction. This forced orientation results in a nonlinear elastic behaviour. With continual increase of stress, the stress-strain curve exhibits a linear elasticity. Thus, the PLLA fibers have ultimate tensile stress of 6.8 MPa, tensile strain of 42.3% with Young's modulus value of ~ 50 MPa. PLLA nanofiber membrane with the robust mechanical strength could be applied as promising material towards real time applications.



**Fig. 1** (a) Schematic illustration of the experimental setup for preparation of PLLA nanofibers. (b) The digital photograph of fabricated PBio-e-skin from PLLA nanofiber mat showing its flexibility by human fingers. (c) FE-SEM micrograph and corresponding fiber diameter distribution plot in the inset. (d) FT-IR spectra from 2000 to 800  $\text{cm}^{-1}$  frequency region.

To quantify local piezo- and ferro-electricity of PLLA nanofiber piezoelectric hysteresis loops composed of phase voltage and amplitude voltage loops, PFM was conducted in a single polymeric fiber deposited on a gold substrate. It assesses the dipole orientation and

mechanical fashion of the nanofiber when an electrical signal was applied by a metal-coated AFM tip and scanning the sample.

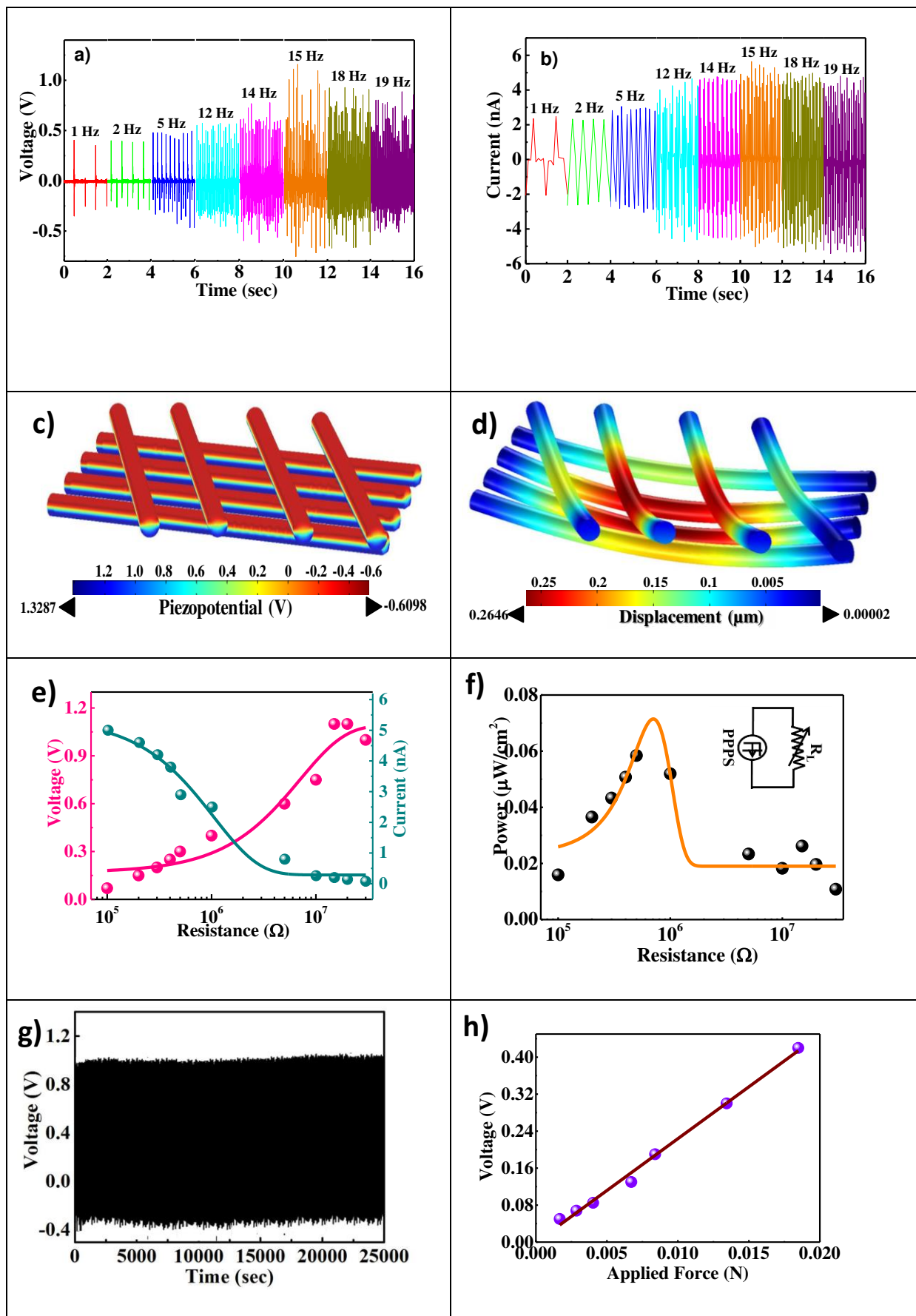


**Fig. 2** (a) Stress-strain curve, (b) AFM topography, (c) PFM phase-voltage and (d) amplitude-voltage hysteresis loops of the PLLA nanofibers.

The AFM topography investigation (Fig. 2b) shows that the PLLA nanofiber has height of 650 nm (supporting information, Fig. S1). Excellent phase and amplitude responses (Fig. 2c–d) from one single nanofiber have been observed as a function of applied voltage between –25 V to +25 V to the AFM conductive cantilever tip with respect to ground. The PFM phase response demonstrates a clear and almost rectangular hysteresis in the phase versus voltage

diagram (Fig. 2c), with a phase contrast of  $180^\circ$  at bias voltage of 25 V. In response to sweeping DC voltage the hysteretic switching of the phase signal by  $180^\circ$  is assigned to the switching of the direction of polarization of the C=O dipoles, which implies the evidence of nano-scale ferroelectricity of the PLLA nanofibers. The PFM amplitude response is hysteretic and the shape resembles the piezoelectric “butterfly loop” (Fig. 2d). Each point of this loop includes information about piezoelectric deformation ( $\epsilon_p = d_{33}E$ , where  $d_{33}$  is the longitudinal piezoelectric co-efficient) under corresponding applied voltage/electric field ( $\mathbf{E}$ ). The estimated effective piezoelectric coefficient from the slope of the curves of amplitude versus voltage is  $d_{33} \sim 3 \pm 1$  pm/V.<sup>32,33</sup> The observations of hysteretic phase switching and butterfly shaped amplitude loops reveal a clear evidence of ferro- and piezo-electric properties in the PLLA nanofiber mat.

Thus, we have fabricated PLLA nanofibers based piezoelectric bio *e*-skin (PBio-*e*-skin) which could also be used for mechanical energy harvesting and piezotronics applications. The performance of the PBio-*e*-skin as a function of various deformation frequencies was investigated since mechanical energies from environment is irregular and varies in frequency. The corresponding output voltage and current are shown in Fig. 3a–b. As the frequency of the applied stress ( $\sim 0.3$  MPa) increases, the open circuit voltage ( $V_{oc}$ ) increases because the electrons are flowing to reach equilibrium in a shorter time.<sup>34</sup>



**Fig. 3** Characterization of output performance of the nanogenerator under external force with different frequencies in terms of (a) voltage and (b) current in the range of 1 to 19 Hz. (c) Simulated piezopotential distribution of the network structure PLLA nanofibers. (d) Simulated deformation distribution of network structured PLLA nanofibers at the constant external stress amplitude of 0.3 MPa. (e) Variation of output voltage and current as well as (f) instantaneous output power density as a function of variable external resistances ranging from 100 k $\Omega$  – 30 M $\Omega$ . Inset shows the corresponding equivalent circuit diagram. (g) The stability test of the PBio-e-skin under a 0.3 MPa stress by recording the open circuit voltage as a function of time over 375,000 cycles. (h) Piezoelectric output performance of the PBio-e-skin under different applied forces.

The maximum  $V_{oc}$  reaches up to 1 V at the frequency of 15 Hz then it gradually decreases to 0.7 V at 19 Hz. The short-circuit current ( $I_{sc}$ ) presents an increasing trend with the increase of frequency, from 2.2 nA at 1 Hz to 5 nA at 15 Hz (Fig. 3b), because the deformation rate increases with applied frequency, which leads to a higher flow rate of charges, that is, higher current. As a matter of fact, when the compressive force is of high frequency the nanogenerator then cannot retrieve the original posture before next impact of force and thus  $V_{oc}$  and  $I_{sc}$  decreases at very high frequency.<sup>35</sup>

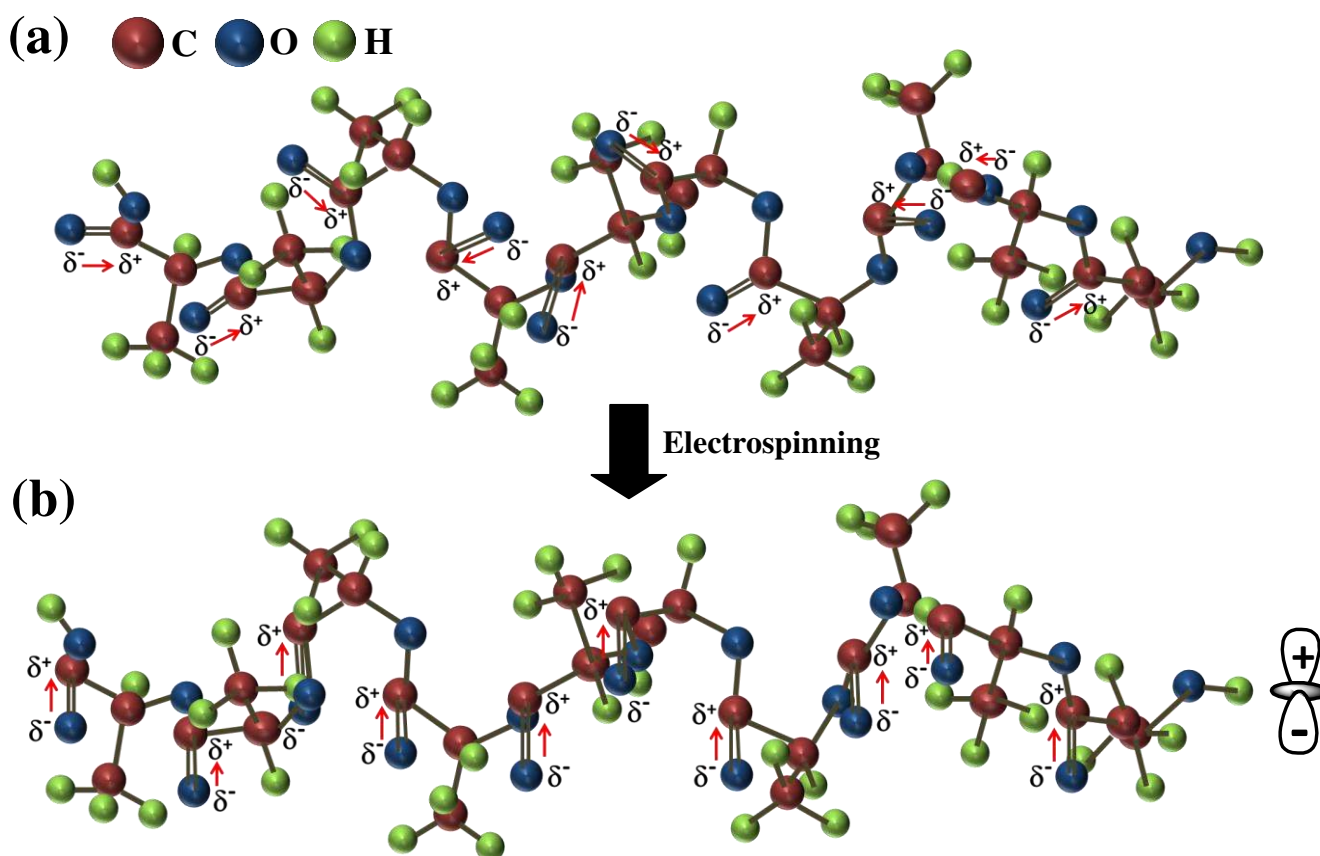
To yield a quantitative explanation on the piezopotential distribution inside the deformed PLLA nano-fibers based nanogenerator, theoretical simulation was conducted using the Finite Element Method (FEM) by COMSOL multiphysics software under uniaxial  $\sigma_a \sim 0.3$  MPa (Fig. 3c). It is demonstrated by eight nanofibers based network structure. The experimentally measured piezopotential ( $\sim 1.0$  V) was very much consisted with the simulated potential difference of 1.2 V. The resulting deformation (i.e., maximum displacement  $\sim 0.2$   $\mu\text{m}$ ) distribution of nano-fibers corresponding to the piezopotential distribution is shown in

Fig. 3d. Interesting fact is that, maximum deformations ( $\sim 0.2 \mu\text{m}$ ) occur in the interaction region between lower and upper layer of the fibers during applied stress. In the non-interactive regions, the deformations gradually diminish. It indicates that the network-structure of nanofibers enhance the resulting polarization in comparison to single fiber due to cooperative electromechanical mutual interaction among the adjacent fibers during applied pressure.

Eventually, the PBio-e-skin is useful to drive portable electronic devices by harvesting small scale mechanical energies. To assess the output power performance, the PBio-e-skin is directly connected to the loads of different resistances ( $R_L$ ) ranging from  $100 \text{ k}\Omega$  to  $30 \text{ M}\Omega$ , (under a frequency of  $15 \text{ Hz}$ ). The voltage across the load increases and saturates to open circuit voltage when the resistance gets infinitely large. In contrast, the current through the load decrease from short circuit current when the resistance increases (Fig. 3e). The instantaneous output power ( $P$ ) was calculated from the relation,  $P = V^2/A \cdot R_L$ , where,  $A$  is the effective contact area, and  $V$  is the voltage drop across  $R_L$ . The dependency of output power with load resistance is shown in Fig. 3f, where maximum value of  $0.07 \mu\text{W}/\text{cm}^2$  at a load resistance of  $700 \text{ k}\Omega$  is achieved.<sup>36,37</sup>

In addition, to further investigate the long-term stability of the PBio-e-skin under mechanical deformation, a pressure of  $0.3 \text{ MPa}$  with a frequency of  $15 \text{ Hz}$  was applied. The fatigue test of the PBio-e-skin was done by recording the output voltage as a function of time over extended cycling times ( $375,000$  cycles, Fig. 3g), that indicates the superb stability in the output performance without any electrical output degradation. The voltage amplitudes exhibit negligible changes after a total  $375,000$  cycles, revealing a high repeatability, durability and stability of the PBio-e-skin.

To evaluate the sensitivity, the output voltages from the PBio-e-skin have been obtained under different forces. Interestingly,  $V_{oc}$  changes linearly with the applied force. Quantitatively, the sensitivity is defined as,  $S = \frac{\Delta V_{oc}}{\Delta \sigma_a}$ , where  $\Delta V_{oc}$  and  $\Delta \sigma_a$  are the differences of  $V_{oc}$  and  $\sigma_a$  respectively. To understand the relationship between applied force and piezoelectric output voltage, different weights were dropped from a height of 10 cm. The force from different weight (supporting information, Text S1) corresponds to distinct output voltage. Fig. 3h shows a nearly linear relationship between the applied force and output voltage. Interestingly, from the slope of the linear fitted data the sensitivity of the PBio-e-skin is found to be 22 V/N.

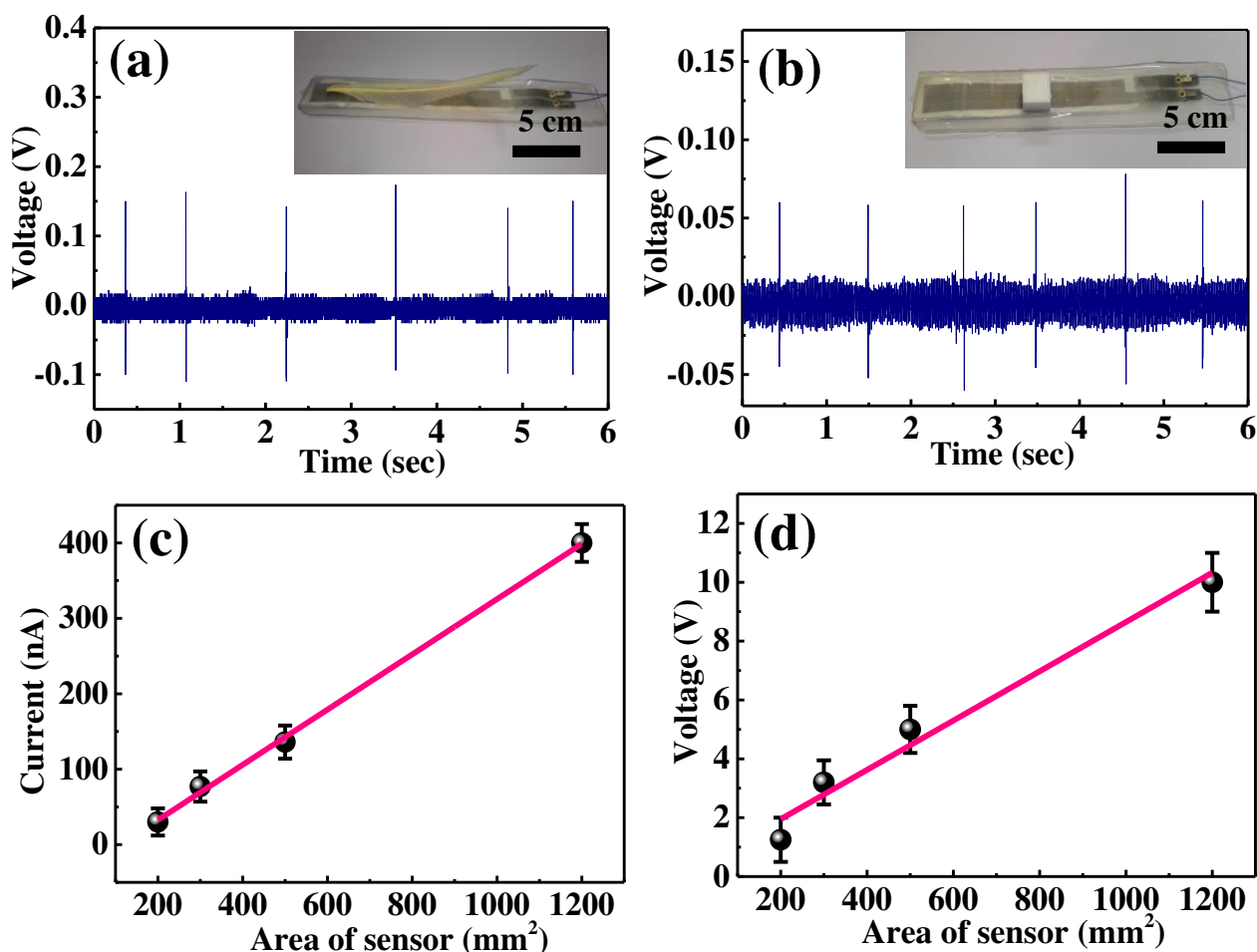




**Fig. 4** (a) Molecular structure of PLLA chain with orientation of C=O dipoles in all directions. (b) Preferential orientation of the C=O dipoles due to electrospinning process.

The origin of piezoelectricity in biomaterials is not absolutely disclosed as they do not follow the classic models of piezoelectric theories. PLLA exhibit shear piezoelectricity, in contrast, a collection of ordered PLLA nanofiber existing in PBio-e-skin, exhibits a completely different behavior. This kind of difference was also being observed formerly in M13 bacteriophage [26]. In this work, the strong electric field used during electrospinning results in stretching along the longitudinal direction of the nanofiber and thus the randomly oriented C=O dipoles (Fig. 4a) are aligned perpendicular to nanofiber length (Fig. 4b), and the high sensitivity of the PBio-e-skin is due to such alignment of the dipoles. Additionally, the other possible explanation for such enhancement of the PBio-e-skin is associated to the cooperative electromechanical interaction among the adjacent nanofibers during the applied mechanical pressure in contrast of a single nanofiber.<sup>22,26,38</sup>

Furthermore, the PBio-e-skin displays a sensitive response to external impact with extremely lightweight objects. The experiment was demonstrated with a feather (0.2 g). It detects the external impacts of 45 Pa, and responds with an output response of 0.15 V (Fig. 5a). Another object lighter than the feather, for example, a cubical block made with thermocol (0.07 g), was used to investigate the sensitivity of the PBio-e-skin. By detecting the impact of the cube, it exhibited an output response of 0.06 V (Fig. 5b). Therefore, the output response of the PBio-e-skin upon loading/unloading the two light weight objects, result in promising pressure sensing with detection capability as low as 45 and 18 Pa, respectively. Hence, PBio-e-skin is very sensitive and can identify even a small change of mechanical impact accurately, and displays distinct electrical output responses.



**Fig. 5** Output voltage response from PBio-e-skin with different applied external pressure for the detection of a (a) feather (illustrated in the inset) and a (b) cubic thermocol block (illustrated in the inset). Piezoelectric output (c) current and (d) voltage responses as a function of area of PBio-e-skin.

To demonstrate the energy harvesting performance and practical application in rough environment, the PBio-e-skin electrical responses was investigated by applying compressive stress periodically by human finger. Here finger was imparted on PBio-e-skin made with

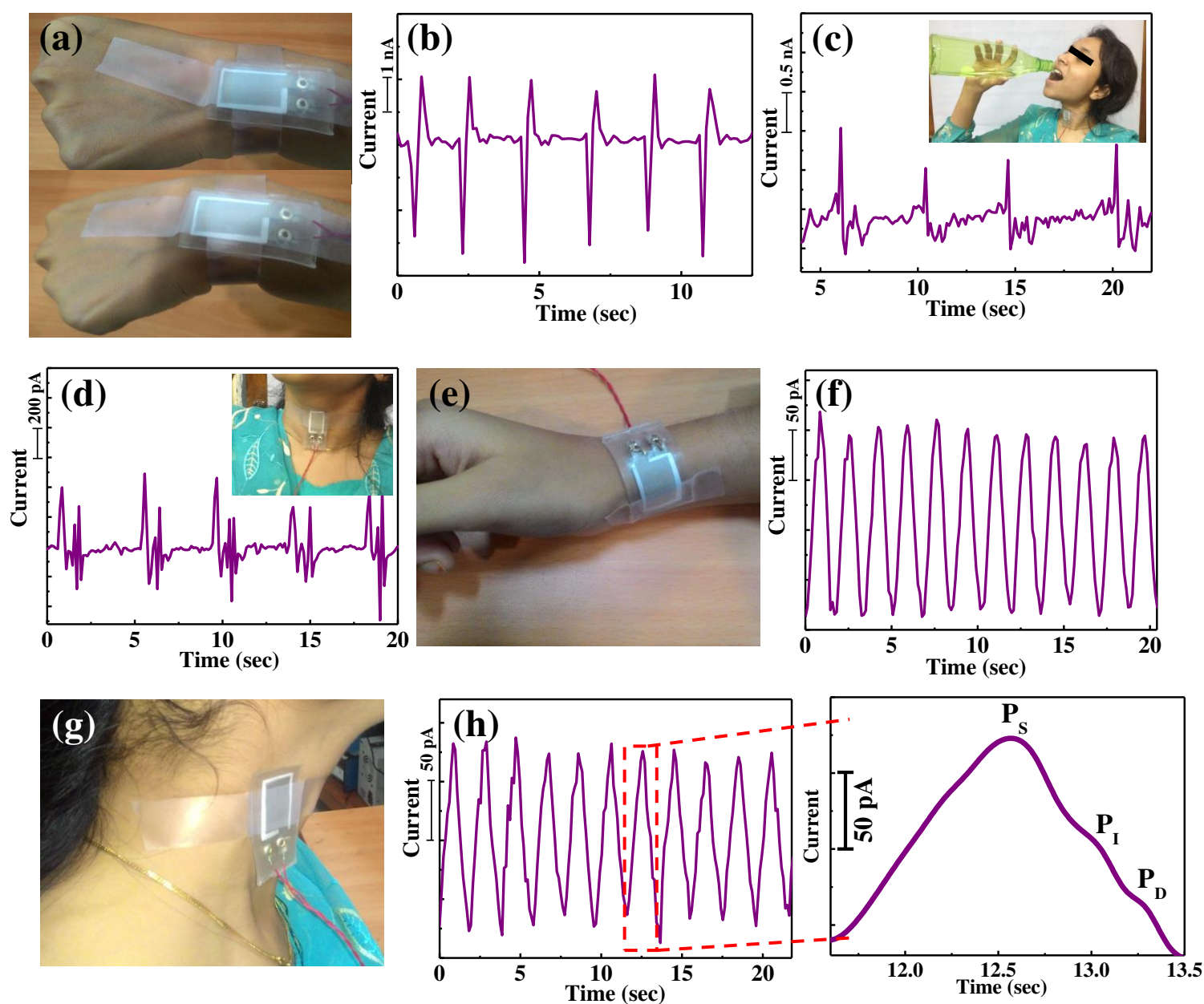
different areas. It was observed that the  $I_{sc}$  and  $V_{oc}$  increases from 30 nA to 400 nA (Fig. 5c) and 1.25 V to 10 V (Fig. 5d) respectively with an increase in sensor area ranging from 200 to 2200 mm<sup>2</sup>. The output current and voltage shows almost linear dependency with the area of total active area of the sensor following the relations of the piezoelectric theory.<sup>39</sup> Thus the current and voltage value can be modulated by changing the active area of PBio-e-skin as per the power requirement of portable electronic devices.

In addition, the PBio-e-skin was further used for detecting static tactile stimuli. To show applicability of PBio-e-skin, as skin mountable sports performance monitoring device the sensor was attached to the wrist Fig. 6a. The static strain on the PBio-e-skin increases upon bending of wrist, and recovers its original position after straightening of wrist. The response of the PBio-e-skin on bending and relaxing of wrist with good quality of sensitivity is demonstrated in Fig. 6b. This sensory information from skin mountable wearable PBio-e-skin is beneficial for body movement analysis during sports activities and shows the potential of using as epidermal device for skin motion monitoring.<sup>40,41</sup>

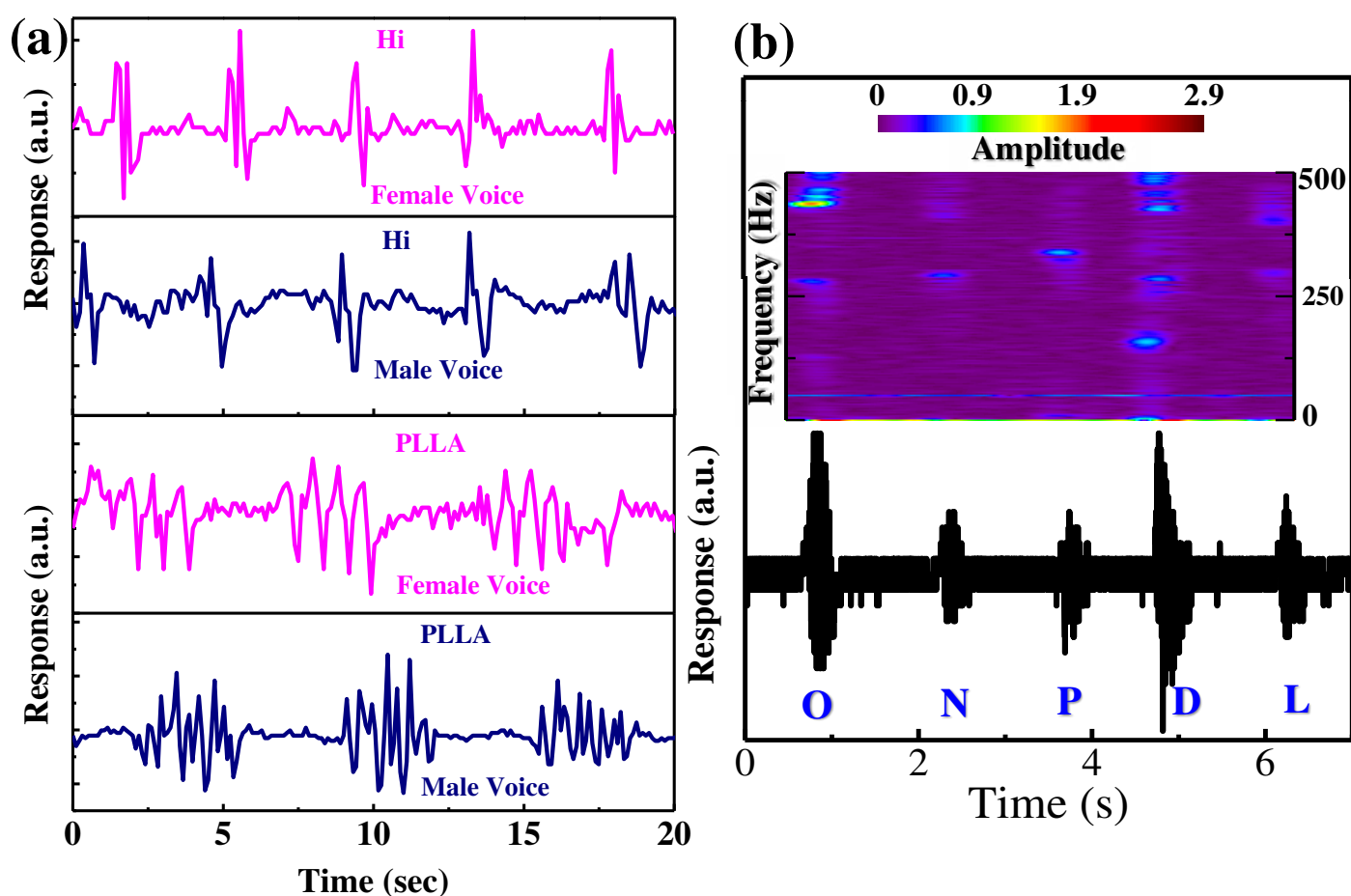
The sensor was further placed near the throat and wrist, not only to measure the blood pressure but also for measuring vibrations of muscle movements associated with several human activities. By detecting strain of muscle movement for noninvasively monitoring human activities, the PBio-e-skin was first attached around the throat. The PBio-e-skin exhibits high sensitivity to the muscle movement of esophagus (the food pipe) and displays distinct patterns, allowing to differentiate between signals generated by esophagus during drinking and swallowing (Fig. 6c-d). These results show that for monitoring body motions, skin strain monitoring is an effective method.

To demonstrate the performance as a stretchable PBio-e-skin for several biomedical application the PBio-e-skin was attached to carotid artery and radial artery of an adult

human. At first, the sensor is placed on the wrist to allow the measurement of blood pulse wave (Fig. 6e). Three wave related to radial artery pressure are incident blood pulse wave, reflected wave from hand and reflected wave from lower body. The acquired real-time current output response from radial artery pressure is given in Fig. 6f. PBio-e-skin is placed over carotid artery Fig. 6g and the real-time current output over several pulse period is shown in Fig. 6h.



**Fig. 6** (a) Photograph of the PBio-e-skin mounted on wrist joint. (b) Detected wrist joint motion in terms of current output. Monitoring of strain caused by muscle movement for function of esophagus during (c) drinking and (d) swallowing. (e) Photograph of the PBio-e-skin placed on a wrist for measuring the pressure associated with flow of blood through near-surface arteries. (f) Current vs time plot for the PBio-e-skin mounted on the wrist. (g) Photograph showing PBio-e-skin directly attached to the carotid artery of an adult subject. (h) The real-time current outputs for the sensor placed over carotid artery. The enlarged view in the right shows the systolic ( $P_S$ ), point of inflexion ( $P_I$ ) and diastolic peak ( $P_D$ ) of one cycle.



**Fig. 7** Wavefront spectrum of female and male voices saying (a) “hi” and “PLLA”. (b) Output wavefront spectrum observed from PBio-e-skin as different letters (O, N, P, D and L) are pronounced with FFT signal in the upper part.

Change in current results from variation of pressure related to blood flow. Systolic peak ( $P_S$ ), point of inflexion ( $P_I$ ) and diastolic peak ( $P_D$ ) can be identified from the enlarged image. These peaks are known to be composed of three waves which are resulted from pulse wave ejected from left ventricle, its reflected wave and ejected blood pulse back to left ventricle.<sup>42</sup> These types of pulse waveforms provide valuable information for diagnosis and therapy for cardiovascular diseases.<sup>43,44</sup> The skin mounted sensor developed here, proved to be useful as an arterial pulse wave monitor.

As a speech pattern recognition system, the PBio-e-skin was attached firmly to the human speaker's neck and pressure difference of muscle movement during speech was recorded. The sensor exhibits separate patterns when the different words such as “hi” and “PLLA” (Fig. 7a) were spoken. Both these words were recorded for several cycles to investigate its repeatability and similar characteristic patterns were obtained. In addition, it can also differentiate between female and male voice, accurately. For non-invasively monitor the variation of epidermis deformation and muscle movement throughout the throat during phonation, alphabets such as ‘O’, ‘N’, ‘P’, ‘D’ and ‘L’ were pronounced. PBio-e-skin can clearly detect and distinguish between the pronunciation of alphabets by mimicking the vocal cord vibration and generating output signal waveform (Fig. 7b). The corresponding short time Fourier transforms (STFT) processed spectrograms of each alphabet (upper part of Fig. 7b) shows different output profiles. It is evident from the spectrogram that the maximum amplitude of ‘O’ is in the higher frequency range of 400 Hz, for the letters ‘N’ and ‘P’, the frequency range is around 250 Hz, and for ‘D’ it is from 100-500 Hz. These results provide

interesting method for using the PBio-e-skin to monitor muscle movement, voice recognition and assisting in speech rehabilitation training.

Thus, the PBio-e-skin can be used as multimodal manner for arterial pulse wave, muscle movement monitoring and as well as voice recognition. This skin strain monitoring might have future applications on biomedical fields and remote control of human/machine interfaces.

## **Conclusion**

In summary, a stretchable, skin-mountable, highly sensitive, multifunctional piezoelectric bio *e*-skin was developed by using PLLA nanofiber membrane with a longitudinal piezoelectric coefficient value of  $3\pm 1$  pm/V. Systematic and elaborate strain tests for sensor and energy devices based on the fabricated multimodal *e*-skin showed high sensitivity, good stability, and reliability with a detection limit of the device as low as 18 Pa. Skin motion detection was performed by attaching the *e*-skin on different parts of the body for monitoring human physiological signals, such as voice recognition, real-time wrist pulse detection etc. The *e*-skin, with its ability to conform to bend can be used in different applications in a multitude of fields, including personal health monitoring, epidermal electronic device, soft robotics, artificial skins, and human machine interfaces. The good sensing performance of the PBio-*e*-skin broadens its application in cost effective wearable electronics for the prevention of sicknesses, *in vivo* and *in vitro* diagnostics and the statement of early diseases.

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