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**OPEN** Identification of pathogenic missense mutations using protein stability predictors

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Attempts at using protein structures to identify disease-causing mutations have been dominated by the idea that most pathogenic mutations are disruptive at a structural level. Therefore, computational stability predictors, which assess whether a mutation is likely to be stabilising or destabilising to protein structure, have been commonly used when evaluating new candidate disease variants, despite not having been developed specifically for this purpose. We therefore tested 13 different stability predictors for their ability to discriminate between pathogenic and putatively benign missense variants. We find that one method, FoldX, significantly outperforms all other predictors in the identification of disease variants. Moreover, we demonstrate that employing predicted absolute energy change scores improves performance of nearly all predictors in distinguishing pathogenic from benign variants. Importantly, however, we observe that the utility of computational stability predictors is highly heterogeneous across different proteins, and that they are all inferior to the best performing variant effect predictors for identifying pathogenic mutations. We suggest that this is largely due to alternate molecular mechanisms other than protein destabilisation underlying many pathogenic mutations. Thus, better ways of incorporating protein structural information and molecular mechanisms into computational variant effect predictors will be required for improved disease variant prioritisation.

Advances in next generation sequencing technologies have revolutionised research of genetic variation, increasing our ability to explore the basis of human disorders and enabling huge databases covering both pathogenic and putatively benign variants<sup>1,2</sup>. Novel sequencing methodologies allow the rapid identification of variation in the clinic and are helping facilitate a paradigm shift towards precision medicine<sup>3,4</sup>. Despite this, however, it remains challenging to distinguish the small fraction of variants with medically relevant effects from the huge background of mostly benign human genetic variation.

A particularly important research focus is single nucleotide variants that lead to amino acid substitutions at the protein level, i.e. missense mutations, which are associated with more than half of all known inherited diseases<sup>5,6</sup>. A large number of computational methods have been developed for the identification of potentially pathogenic missense mutations, i.e. variant effect predictors. Although different approaches vary in their implementation, a few types of information are most commonly used, including evolutionary conservation, changes in physiochemical properties of amino acids, biological function, known disease association and protein structure<sup>7</sup>. While these predictors are clearly useful for variant prioritisation, and show a statistically significant ability to distinguish known pathogenic from benign variants, they still make many incorrect predictions<sup>8-10</sup>, and the extent to which we can rely on them for aiding diagnosis remains limited<sup>11</sup>.

An alternative approach to understanding the effects of missense mutations is with computational stability predictors. These are programs that have been developed to assess folding or protein interaction energy changes upon mutation (change in Gibbs free energy –  $\Delta\Delta G$  in short). This can be achieved by approximating structural energy through linear physics-based pairwise energy scoring functions, their empirical and knowledgebased derivatives, or a mixture of such energy terms. Statistical and machine learning methods are employed to parametrise the scoring models. These predictors have largely been evaluated against their ability to predict experimentally determined  $\Delta\Delta G$  values. Great effort has been previously made to assess stability predictor performance in producing accurate or well-correlated energy change estimates upon mutation, as well as assessing their shortfalls, such as biases arising from destabilising variant overrepresentation in training sets and lack of

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self-consistency predicting forward-backward substitutions<sup>12-18</sup>. Several predictors have since been shown to alleviate such issues through their specific design or have been improved in this regard<sup>14,19,20</sup>. Moreover, the practical utility of stability predictors has been demonstrated through their extensive usage in the fields of protein engineering and design<sup>21-23</sup>.

Although computational stability predictors have not been specifically designed to identify pathogenic mutations, they are very commonly used when assessing candidate disease mutations. For example, publications reporting novel variants will often include the output of stability predictors as evidence in support of pathogenicity<sup>24-27</sup>. This relies essentially upon the assumption that the molecular mechanism underlying many or most pathogenic mutations is directly related to the structural destabilisation of protein folding or interactions<sup>28-31</sup>. However, despite their widespread application to human variants, there has been little to no systematic assessment of computational stability predictors for their ability to predict disease mutations. A number of studies have assessed the real-world utility for individual protein targets and families using certain stability predictors<sup>32-36</sup>. However, numerous computational stability predictors have now been developed and, overall, we still do not have a good idea of which methods perform best for the identification of disease mutations, and how they compare relative to other computational variant effect predictors.

In this work, we explore the applicability and performance of 13 methodologically diverse structure-based protein stability predictors for distinguishing between pathogenic and putatively benign missense mutations. We find that FoldX significantly outperforms all other stability predictors for the identification of disease mutations, and also demonstrate the practical value of using predicted absolute  $\Delta\Delta G$  values to account for potentially overstabilising mutations. However, this work also highlights the limitations of stability predictors for predicting disease, as they still miss many pathogenic mutations and perform worse than many variant effect predictors, thus emphasising the importance of considering alternate molecular disease mechanisms beyond protein destabilisation.

#### Results

We tested 13 different computational stability predictors on the basis of accessibility, automation or batching potential, computation speed, as well as recognition-and included FoldX<sup>37</sup>, INPS3D<sup>38</sup>, Rosetta<sup>37</sup>, PoPMusic<sup>39</sup>, I-Mutant<sup>40</sup>, SDM<sup>41</sup>, SDM<sup>242</sup>, mCSM<sup>43</sup>, DUET<sup>44</sup>, CUPSAT<sup>45</sup>, MAESTRO<sup>46</sup>, ENCoM<sup>47</sup> and DynaMut<sup>48</sup> (Table 1). We ran each predictor against 13,508 missense mutations from 96 different high-resolution (<2 Å) crystal structures of disease-associated monomeric proteins. Our disease mutation dataset was comprised of 3,338 missense variants from ClinVar<sup>2</sup> annotated as pathogenic or likely pathogenic, and we only included proteins with at least 10 known pathogenic missense mutations occurring at residues present in the structure. We compared these to 10,170 missense variants observed in the human population, taken from gnomAD v2.1<sup>1</sup>, which we refer to as "putatively benign". We acknowledge that it is likely that some of these gnomAD variants could be pathogenic under certain circumstances (e.g. if observed in a homozygous state, if they cause late-onset disease, or there is incomplete penetrance), or they may be damaging but lead to a subclinical phenotype. However, the large majority of gnomAD variants will be non-pathogenic, and we believe that our approach of represents a good test of the practical utilisation of variant effect predictors, where the main challenge is in distinguishing severe pathogenic mutations from others observed in the human population. While filtering by allele frequency would give us variants that are more likely to be truly benign, it would also dramatically reduce the size of the dataset (e.g. only  $\sim 1\%$  of missense variants in gnomAD have an allele frequency > 0.1%). Thus, we have not filtered the gnomAD variants (other than to exclude known pathogenic variants present in the ClinVar set).

To investigate the utility of the computational stability predictors for the identification of pathogenic missense mutations, we used receiver operating characteristic (ROC) plots to assess the ability of  $\Delta\Delta G$  values to distinguish between pathogenic and putatively benign mutations (Fig. 1A). This was quantifed by the area under the curve (AUC), which is equal to the probability of a randomly chosen disease mutation being assigned a higher-ranking score than a random benign one. Of the 13 tested structure-based  $\Delta\Delta G$  predictors, FoldX performs the best as a predictor of human missense mutation pathogenicity, with an AUC value of 0.661. This is followed by INPS3D at 0.640, Rosetta at 0.617 and PoPMusic at 0.614. Evaluating the performance through bootstrapping, we found that the difference between FoldX and other predictors is significant, with a *p* value of  $2 \times 10^{-4}$  compared to INSP3D,  $1 \times 10^{-7}$  for Rosetta and  $8 \times 10^{-9}$  for PoPMusiC. The remaining predictors show a wide range of lower performance values.

Two predictors, ENCoM and DynaMut, stand out for their unusual pattern in the ROC plots, with a rotated sigmoidal shape where the false positive rate becomes greater than the true positive rate at higher levels. Close inspection of the underlying data shows that this is indicative of the predicted energy change distribution tails for the disease-associated class extending both directions away from the putatively benign missense mutation score density. This suggests that a considerable portion of pathogenic missense mutations are predicted by these methods to excessively stabilise the protein.

While the analysis (Fig. 1A) assumes that protein destabilisation should be indicative of mutation pathogenicity, it also possible for mutations that increase protein stability to cause disease<sup>49,50</sup>. Recent research has shown that absolute  $\Delta\Delta G$  values, which treat stabilisation and destabilisation equivalently, may be better indicators of disease association<sup>51,52</sup>. Therefore, we repeated the analysis using absolute  $\Delta\Delta G$  values (Fig. 1B). This improved the performance of most predictors, while not reducing the performance of any. The most drastic change was observed for ENCOM, which improved from worst to fifth best predictor, with an increase in AUC from 0.495 to 0.619. However, the top four predictors, FoldX, INPS3D, Rosetta and PoPMuSiC, improve only slightly and do not change in ranking.

Using the ROC point distance to the top-left corner<sup>53</sup>, we establish the best disease classification  $\Delta\Delta G$  value for each predictor when assessing general perturbation (Table 2). It is interesting to note that FoldX demonstrates

Predictor	Link	Description	
DynaMut <sup>48</sup>	https://biosig.unimelb.edu.au/dynamut/	Consensus predictor which uses outputs from Bio3D, ENCoM and DUET to assess the impact of mutations on protein stability. Due to its nature, the predictor leverages multiple methodologies, such as normal mode analysis and statistical potentials	
ENCoM <sup>47</sup>	No longer available as a stand-alone server, but available from DynaMut	A prediction method based on normal mode analysis that relates changes in vibrational entropy upon mutation to changes in protein stability. Uses coarse-grained protein representations that accounts for residue properties	
DUET <sup>44</sup>	https://biosig.unimelb.edu.au/duet/stability	A machine-learnt consensus predictor that leverages output from SDM and mCSM, integrated using support vector machines	
SDM <sup>41</sup>	No longer available as a stand-alone server (succeeded by the SDM2 webserver), but available from DynaMut	A knowledge-based energy potential, derived using evolutionary environ- ment-specific residue substitution propensities	
FoldX <sup>76</sup>	https://foldxsuite.crg.eu/	A full-atom force field consisting of physics-based interaction and entropic terms, parametrised on empirical training data. Allows to easily run predictions on multi-chain assemblies	
Rosetta <sup>37</sup>	https://www.rosettacommons.org/home	Rosetta macromolecular modelling software suite, which includes algo- rithms for stability impact prediction. Driven by a scoring function that is a linear combination of statistical and empirical energy terms. Highly modular and customisable	
INPS3D <sup>38</sup>	https://inpsmd.biocomp.unibo.it/inpsSuite/default/index3D	INPS3D builds upon its sequence and physicochemical conservation- based predecessor INPS, and employs structure-derived features such as solvent accessibility and local energy differences. The predictor is trained by employing support vector regression	
mCSM <sup>43</sup>	https://biosig.unimelb.edu.au/mcsm/stability	A machine-learned approach that evaluates structural signature changes imparted by mutations. Derives graph representation of physicochemical and geometric residue environment features	
SDM2 <sup>42</sup>	https://marid.bioc.cam.ac.uk/sdm2/prediction	Updated version of SDM, a knowledge-based potential, which uses environment-specific residue substitution tables, information on residue conformation and interactions, as well as packing density and residue depth, to assess protein stability changes	
CUPSAT <sup>45</sup>	https://cupsat.tu-bs.de/	Prediction method that uses a residue torsion angle potential and an environment-specific atom pair potential (an improvement upon amino acid potentials) to assess stability changes	
PoPMuSiC <sup>39</sup>	https://soft.dezyme.com/query/create/pop	A potential consisting of 13 statistical terms, volume difference between the wild-type and mutant residues, as well as the solvent accessibility of the original residue to differentiate core and surface substitutions	
MAESTRO <sup>46</sup>	https://pbwww.che.sbg.ac.at/maestro/web	Combines 3 statistical scoring functions of solvent exposure and residue pair distances, as well as 6 protein properties, in a machine-learning framework to derive a consensus stability impact prediction	
I-Mutant 3.0 <sup>40</sup>	https://gpcr2.biocomp.unibo.it/cgi/predictors/I-Mutant3.0/I-Mutan t3.0.cgi	A machine-learning derived method that takes into account mutated residue spatial environment in terms of surrounding residue types and surface accessibility	

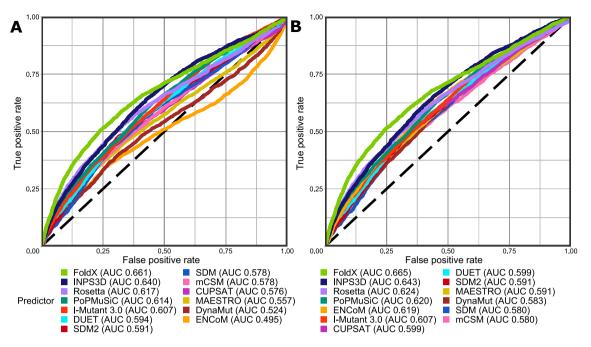
Table 1. Protein stability predictors used in this study.

the best classification performance when utilising 1.58 kcal/mol as the stability change threshold, which is remarkably close to the value of 1.5 kcal/mol previously suggested and used in a number of other works when assessing missense mutation impact on stability<sup>13,35,54</sup>. Of course, these threshold values should be considered far from absolute rules, and there are many pathogenic and benign mutations above and below the thresholds for all predictors. For example, nearly 40% of pathogenic missense mutations have FoldX values lower than the threshold, whereas approximately 35% of putatively benign variants are above the threshold.

To account for the class imbalance between putatively benign and pathogenic variants (roughly 3-to-1) in our dataset, we also performed precision-recall curve analysis. While the AUC of PR curves, unlike ROC, does not have a straightforward statistical interpretation, we again based the predictor performance according to this metric. From Fig. S1, it is apparent that the top four best predictors, according to both raw and absolute  $\Delta\Delta G$ values, remain the same as in the ROC analysis—FoldX, INPS3D, Rosetta and PoPMuSiC, respectively.

We also calculated ROC AUC values for each protein separately and compared the distributions across predictors (Fig. 2). FoldX again performs much better than other stability predictors for the identification of pathogenic mutations, with a mean ROC of 0.681, compared to INPS3D at 0.655, Rosetta at 0.627, PoPMuSiC at 0.621, and ENCoM at 0.630. Notably, the protein-specific performance was observed to be extremely heterogeneous across all predictors. While some predictors performed extremely well (AUC > 0.9) for certain proteins, each predictor has a considerable number of proteins for which they perform worse than random classification (AUC < 0.5).

Using the raw and absolute  $\Delta\Delta G$  scores, we explored the similarities between different predictors by calculating Spearman correlations for all mutations between all pairs of predictors (Fig. S2). It is apparent that, outside of improved method versions and their predecessors, as well as consensus predictors and their input components, independent methods do not show correlations above 0.65. Furthermore, correlations on the absolute scale appear to slightly decrease in the majority of cases, with exceptions like ENCoM becoming more correlated with FoldX and INPS3D, while at the same time decoupling from DynaMut—a consensus predictor which uses it as input. Interestingly, FoldX and INSP3D, the best two methods, only correlate at 0.50 and 0.48 for raw and absolute  $\Delta\Delta G$  values, respectively, which could indicate potential for deriving a more effective consensus methodology.

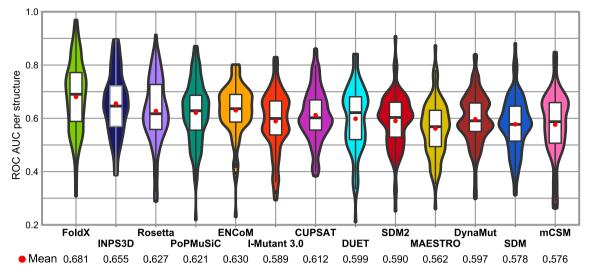


**Figure 1.** Using  $\Delta\Delta G$  values from protein stability predictors to discriminate between pathogenic and putatively benign missense variants. Receiver operating characteristic (ROC) curves are plotted for each predictor, with the classification performance being presented next to its name in the form of area under the curve (AUC). (A) ROC curves for classification performance using native  $\Delta\Delta G$  value scale for each predictor. (B) ROC curves for predictor classification performance when using absolute  $\Delta\Delta G$  values. The figure was generated in R v3.6.3 (https://www.r-project.org) using ggplot2 v3.3.0 (https://ggplot2.tidyverse.org/), both freely available.

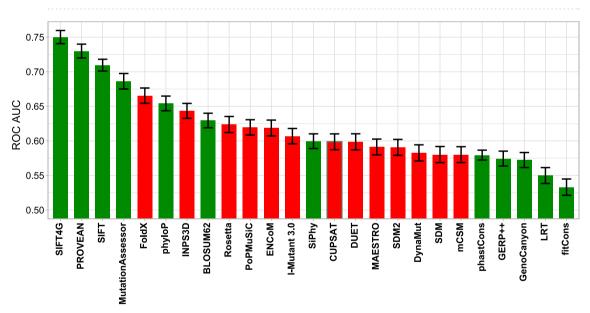
Predictor	Absolute $\Delta\Delta G$ threshold	False positive rate (95% confidence interval)	True positive rate (95% confidence interval)
FoldX	1.578	0.339-0.357	0.591-0.624
INPS3D	0.674	0.389-0.409	0.595-0.628
Rosetta	1.886	0.390-0.409	0.572-0.605
PoPMuSiC	0.795	0.417-0.437	0.584-0.618
CUPSAT	1.455	0.415-0.434	0.549-0.583
MAESTRO	0.321	0.418-0.437	0.544-0.578
SDM	1.025	0.350-0.370	0.477-0.511
SDM2	0.875	0.365-0.385	0.510-0.544
mCSM	0.889	0.433-0.453	0.542-0.575
DUET	0.803	0.400-0.421	0.548-0.582
I-Mutant 3.0	0.915	0.405-0.424	0.545-0.578
ENCoM	0.221	0.415-0.436	0.598-0.632
DynaMut	0.476	0.446-0.467	0.570-0.605

**Table 2.** Best stability predictor classification thresholds according to 'distance-to-corner' metric. The performance metrics and their 95% confidence intervals were derived from 2000 bootstraps of the data.

Finally, we compared the performance of protein stability predictors to a variety of different computational variant effect predictors (Fig. 3). Importantly, we excluded any predictors trained using supervised learning techniques, as well as meta-predictors that utilise the outputs of other predictors, thus including only predictors we labelled as unsupervised and empirical in our recent study<sup>10</sup>. This is due to the fact that predictors based upon supervised learning are likely to have been directly trained on some of the same mutations used in our evaluation dataset, making a fair comparison impossible<sup>10,55</sup>. A few predictors perform substantially better than FoldX, with the best performance seen for SIFT4G<sup>56</sup>, a modified version of the SIFT algorithm<sup>57</sup>. Interestingly, FoldX and INPS3D are the only stability predictors to outperform the BLOSUM62 substitution matrix<sup>58</sup>. On the other hand, all stability predictors performed better than a number of simple evolutionary constraint metrics.



**Figure 2.** The heterogeneity of protein-specific missense variant classification performance. All the stability predictors exhibit very high degrees of heterogeneity in their protein-specific performance, as measured by the ROC AUC on a per-protein basis. Absolute  $\Delta\Delta G$  values were used during protein-specific tool assessment. The mean performance of each predictor is indicated by a red dot and numerically showcased below the plot. Boxes inside the violins illustrate the interquartile range (IQR) of the protein-specific performance points, with the whiskers measuring 1.5 IQR. Boxplot outliers are designated by black dots. The figure was generated in R v3.6.3 (https://www.r-project.org) using ggplot2 v3.3.0 (https://ggplot2.tidyverse.org), both freely available.



**Figure 3.** Performance comparison of protein stability and variant effect predictors for identifying pathogenic variants. Error bars indicate the 95% confidence interval of the ROC AUC as derived through bootstrapping. Stability predictors are shown in red, while other variant effect prediction methods are shown in green. Absolute  $\Delta\Delta G$  values were used for stability-based methods. The figure was generated in R v3.6.3 (https://www.r-proje ct.org) using ggplot2 v3.3.0 (https://ggplot2.tidyverse.org), both freely available.

## Discussion

The first purpose of this study was to compare the abilities of different computational stability to distinguish between known pathogenic missense mutations and other putatively benign variants observed in the human population. In this regard, FoldX is the winner, clearly outperforming the other  $\Delta\Delta G$  prediction tools. It also has the advantage of being computationally undemanding, fairly easy to run, and flexible in its utilisation. Compared to other methods that employ physics-based terms, FoldX introduces a few unique energy terms into its potential, notably the theoretically derived entropy costs for fixing backbone and side chain positions<sup>59</sup>. However, the main reason behind its success is likely the parametrisation of the scoring function, resulting from the well optimised design of the training and validation mutant sets, which aimed to cover all possible residue structural environments<sup>60</sup>. Interestingly, while the form of the FoldX function, consisting of mostly physicsbased energy terms, has not seen much change over the years, newer knowledge-based methods, which leverage statistics derived from the abundant sequence and structure information, demonstrate poorer and highly varied performance. However, it is important to emphasise that the performance of FoldX does not necessarily mean that it is the best predictor of experimental  $\Delta\Delta G$  values or true (de)stabilisation, as that is not what we are testing here. We also note the strong performance of INPS3D, which ranked a clear second in all tests. It has the advantage of being available as a webserver, thus making it simple for users to test small numbers of mutations without installing any software.

There are two factors likely to be contributing to the improvement in the identification of pathogenic mutations using absolute  $\Delta\Delta G$  values. First, while most focus in the past has been on destabilising mutations, some pathogenic missense mutations are known to stabilise protein structure. As an example, the H101Q variant of chloride intracellular channel 2 (CLIC2) protein, which is thought to play a role in calcium ion signalling, leads to developmental disabilities, increased risk to epilepsy and heart failure<sup>61</sup>. The CLIC2 protein is soluble, but requires insertion into the membrane for its function, with a flexible loop connecting its domains being functionally implicated in a necessary conformational rearrangement. The histidine to glutamine substitution, which occurs in the flexible loop, was predicted to have an overall stabilising energetic effect due to conservation of weak hydrogen bonding, but also the removal of charge that the protonated histidine exerted on the structure<sup>61</sup>. The  $\Delta\Delta G$  predictions were followed up by molecular dynamics simulations, which supported the previous conclusions by showing reduced flexibility and movement of the N-terminus, with functional assays also revealing reduced membrane integration of the CLIC2 protein in line with the rigidification hypothesis<sup>62</sup>. However, other interesting examples of negative effects of over-stabilisation exist in enzymes and protein complexes, manifesting through the activity-stability trade-off, rigidification of co-operative subunit movements, dysregulation of protein–protein interactions, and turnover<sup>49,50,63</sup>.

In addition, it may be that some predictors are not as good at predicting the direction of the change in stability upon mutation. That is, they can predict structural perturbations that will be reflected in the magnitude of the  $\Delta\Delta G$  value, but are less accurate in their prediction of whether this will be stabilising or destabilising. For example, ENCoM and DynaMut predict nearly half of pathogenic missense mutations to be stabilising (41% and 44%, respectively), whereas FoldX predicts only 13%. While FoldX, Rosetta and PoPMuSiC are all driven by scoring functions consisting of a linear combination of physics- and statistics-based energy terms, ENCoM is based on normal mode analysis, and relates the assessed entropy changes around equilibrium upon mutation to the state of free energy. DynaMut, a consensus method, integrates the output from ENCoM and several other predictors (Table 1) into its score<sup>48</sup>. The creators of ENCoM found that their method is less biased at predicting stabilising mutations<sup>64</sup>. From our analysis, we are unable to confidently say anything about what proportion of pathogenic mutations are stabilising versus destabilising, or about which methods are better at predicting the direction of stability change, but this is clearly an issue that needs more attention in the future.

The second purpose of our study was to try to understand how useful protein stability predictors are for the identification of pathogenic missense mutations. Here, the answer is less clear. While all methods show some ability to discriminate between pathogenic and putatively benign variants, it is notable and perhaps surprising that all methods except FoldX and INPS3D performed worse than the simple BLOSUM62 substitution matrix, which suggests that these methods may be relatively limited utility for variant prioritisation. Even FoldX was unequivocally inferior to multiple variant effect predictors, suggesting that it should not be relied upon by itself for the identification of disease mutations.

One reason for the limited success of stability predictors in the identification of disease mutations is that predictions of  $\Delta\Delta G$  values are still far from perfect. For example, a number of studies have compared  $\Delta\Delta G$  predictors, showing heterogeneous correlations with experimental values on the order of R = 0.5 for many predictors<sup>12,13,65</sup>. However, a recent work has also revealed problems with the noise in experimental stability data used to benchmark the prediction methods, generally assessed through correlation values<sup>66</sup>. Taking noise and data distribution limitations into account, it is estimated that with currently available experimental data the best  $\Delta\Delta G$  predictor output correlations should be in the range 0.7–0.8, while higher values would suggest overfitting<sup>66</sup>. As such, even assuming that 'true'  $\Delta\Delta G$  values were perfectly correlated with mutation pathogenicity, we would still expect these computational predictors to misclassify many variants.

The existence of alternate molecular mechanisms underlying pathogenic missense mutations is also likely to be a major contributor to the underperformance of stability predictors compared to other variant effect predictors. At the simplest level, our analysis does not consider intermolecular interactions. Thus, given that pathogenic mutations are known to often occur at protein interfaces and disrupt interactions<sup>67,68</sup>, the stability predictors would not be likely to identify these mutations in this study. We tried to minimise the effects of this by only considering crystal structures of monomeric proteins, but the existence of a monomeric crystal structure does not mean that a protein does not participate in interactions. Fortunately, FoldX can be easily applied to protein complex structures, so the effects of mutations on complex stability can be assessed.

Pathogenic mutations that act via other mechanisms may also be missed by stability predictors. For example, we have previously shown that dominant-negative mutations in ITPR1<sup>69</sup> and gain-of-function mutations in PAX6<sup>70</sup> tend to be mild at a protein structural level. This is consistent with the simple fact that highly destabilising mutations would not be compatible with dominant-negative or gain-of-function mechanisms. Similarly, hypomorphic mutations that cause only a partial loss of function are also likely to be less disruptive to protein structure than complete loss-of-function missense mutations<sup>71</sup>.

These varying molecular mechanisms are all likely to be related to the large heterogeneity in predictions we observe for different proteins in Fig. 2. Similarly, the specific molecular and cellular contexts of different proteins could also limit the utility of  $\Delta\Delta G$  values for predicting disease mutation. For example, even weak perturbations in haploinsufficient proteins could lead to a deleterious phenotype. At the same time, intrinsically stable proteins, proteins that are overabundant or functionally redundant could tolerate perturbing variants without such high

 $\Delta\Delta G$  variants being associated with disease. Finally, in some cases, mildly destabilising mutations can unfold local regions, leading to proteasome mediated degradation of the whole protein<sup>34,36,72</sup>.

There could be considerable room for improvement in  $\Delta\Delta G$  predictors and their applicability to disease mutation identification. Recently emerged hybrid methods, such as VIPUR<sup>73</sup> and SNPMuSiC<sup>74</sup>, show promise of moving in the right direction, as they assess protein stability changes upon mutation while attempting to increase the interpretability and accuracy by taking the molecular and cellular contexts into account. However, none of the mentioned hybrid methods employ FoldX, which, given our findings here, may be a good strategy. Rosetta is also promising due to its tremendous benefit demonstrated in protein design. It should be noted that the protocol used for Rosetta in our work utilised rigid backbone parameters, due to the computation costs and time constraints involved in allowing backbone flexibility. An accuracy-oriented Rosetta protocol, or the "cartesian\_ddg" application in the Rosetta suite, which allows structure energy minimisation in Cartesian space, may lead to better performance<sup>37,75</sup>.

The ambiguity of the relationship between protein stability and function is exacerbated by the biases of the various stability prediction methods, which arise in their training, like overrepresentation of destabilising variants, dependence on crystal resolution and residue replacement asymmetry. Having observed protein-specific performance heterogeneity, we suggest that in the future focus could be shifted to identifying functional and structural properties of proteins, which could be most amenable to structure and stability-based prediction of mutation effects. Additionally, a recent work has showcased the use of homology models in structural analysis of missense mutation effects associated with disease, demonstrating utility that rivals experimentally derived structures, and thus expanding the possible resource pool that could be taken advantage of for structure-based disease prediction methods<sup>30</sup>. Further, our disease-associated mutations set likely contains variants causing disease through other mechanisms, that do not manifest through strong perturbation of the structure, making accurate evaluation impossible. To allow better stability-based predictors, it is important to have robust annotation of putative variant mechanisms, which is currently lacking due to non-existent experimental characterisation. We hope our results encourage new hybrid approaches, which make full use of the best available tools and resources to increase our ability to accurately prioritise putative disease mutations for further study, and elucidate the relationship between disease and stability changes.

## Methods

Pathogenic and likely pathogenic missense mutations were downloaded from the ClinVar<sup>2</sup> database on 2019-04-17, while putatively benign variants were taken from gnomAD v2.1<sup>1</sup>. Any ClinVar mutations were excluded from the gnomAD set. We searched for human protein-coding genes with at least 10 ClinVar mutations occurring at residues present in a single high-resolution (<2 Å) crystal structure of a protein that is monomeric in its first biological assembly in the Protein Data Bank. We excluded non-monomeric structures due to the fact that several of the computational predictors can only take a single polypeptide chain into consideration.

FoldX 5.0<sup>76</sup> was run locally using default settings. Importantly, the 'RepairPDB' option was first used to repair all structures. Ten replicates were performed for each mutation to calculate the mean.

The Rosetta suite (2019.14.60699 release build) was tested on structures first pre-minimised using the minimize\_with\_cst application and the following flags: -in:file:fullatom; -ignore\_unrecognized\_res -fa\_max\_dis 9.0; -ddg::harmonic\_ca\_tether 0.5; -ddg::constraint\_weight 1.0; -ddg::sc\_min\_only false. The ddg\_monomer application was run according to a rigid backbone protocol with the following argument flags: -in:file:fullatom; -ddg::weight\_file ref2015\_soft; -ddg::iterations 50; -ddg::local\_opt\_only false; -ddg::min\_cst false; -ddg::min true; -ddg::ramp\_repulsive true ;-ignore\_unrecognized\_res.

Predictions by ENCoM, DUET and SDM were extracted from the DynaMut results page, as it runs them as parts of its own scoring protocol. mCSM values from DynaMut coincided perfectly with values from the separate mCSM web server, and thus the server values were used, as DynaMut calculations yielded less results due to failing on more proteins.

All other stability predictors were accessed through their online webservers with default settings by employing the Python RoboBrowser web scrapping library. Variant effect predictors were run in the same way as described in our recent benchmarking study<sup>10</sup>.

Method performance was analysed in R using the PRROC<sup>77</sup> and pROC<sup>78</sup> packages, and AUC curve differences were statistically assessed through 10,000 bootstraps using the roc.test function of pROC. For DynaMut, I-Mutant 3.0, mCSM, SDM, SDM2 and DUET, the sign of the predicted stability score was inverted to match the convention of increased stability being denoted by a negative change in energy. For the precision-recall analysis, we used a subset of the mutation dataset, containing 9,498 ClinVar and gnomAD variants, which had no missing prediction values for any of the stability-based methods. This is because a few of the predictors were unable to give predictions for all mutations (e.g. they crashed on certain structures), and for the precision-recall analysis, it is crucial that all predictors are tested on exactly the same dataset. We also show that the relative performance of the top predictors remains the same in the ROC analysis using this smaller dataset (Table S1).

All mutations and corresponding structures and predictions are provided in Table S2.

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## Author contributions

L.G. and X.L. performed the computational analyses, under the supervision of J.A.M. L.G. and J.A.M. wrote the manuscript.

## Competing interests

The authors declare no competing interests.

# Additional information

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