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Impact of Different Ventilation Strategies on Gas Exchanges and Circulation During Prolonged Mechanical Cardio-Pulmonary Resuscitation in a Porcine Model

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Research

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Abstract

Background:

Optimal ventilation during cardio-pulmonary resuscitation (CPR) is still controversial. Ventilation is expected to provide sufficient arterial oxygen content and adequate carbon dioxide removal, while minimizing the risk of circulatory impairment. The objective of the present study was to compare three ventilation strategies in a porcine model during mechanical continuous chest compressions (CCC) according to arterial oxygenation and hemodynamic impact.

Method

Ventricular fibrillation was induced and followed by five no-flow minutes and thirty low-flow minutes resuscitation with mechanical-CCC without vasopressive drugs administration. Three groups of eight *Landras* pig were randomized according to the ventilation strategy: i) Standard volume-control mode (SD-group); ii) bi-level pressure mode (CPV-group); iii) continuous insufflation with Boussignac Cardiac-Arrest Device (BC-group). We assessed i) arterial blood gases, ii) macro hemodynamics, iii) tissular cerebral macro and micro-circulation and iiii) airway pressure, minute ventilation at baseline and every five minutes during the protocol.

Results:

Arterial PaO2 level was higher at each measurement time in SD-group (>200mmHg) compare to CPV-group and BC-group (p<0.01). In BC-group, arterial PaCO2 level was significantly higher (>90mmHg) than in SD and CPV groups (p<0.01). There was no difference between groups concerning hemodynamic parameters, cerebral perfusion and microcirculation.

Conclusion:

Ventilation modalities in this porcine model of prolonged CPR influence oxygenation and decarboxylation without impairing circulation and cerebral perfusion.

Introduction

Neurologic prognosis of cardiac arrest is highly dependent of the quality of CPR. The International Liaison Committee on Resuscitation strongly encourages high-quality chest compressions (CC). Nevertheless, ventilation settings during CPR management are still controversial (1–3). Ventilation is expected to provide sufficient arterial oxygenation and adequate carbon dioxide removal, while minimizing the risk of circulatory impairment, with imprecise targets during CPR. The latest ERC guidelines called for 100% FiO₂ use during CPR and a saturation of at least 94% in post cardiac arrest (4). Ventilation strategies may impact gas exchanges and circulation differently (5), especially when CPR with mechanical chest compression is prolonged (6). Practices in the field differ according to the teams (7) with different underlying concepts.

For advance life support, international guidelines emphasize basic volume-mode ventilation (Tidal volume at 6 mL of predictable body weight with a respiratory rate of $10.min^{-1}$) with no positive end-expiratory pressure (PEEP). A bi-level pressure-mode ventilation approach has been developed through CPV mode (CPV Monnal T60, Air Liquide Medical System, Antony, France). Insufflation is synchronized with CC with an upper pressure set at 20 cmH₂O and a lower pressure set at 5 cmH₂O. This pressure mode ventilation is synchronized with CC, limiting hyperventilation or high airway pressure and keeping airways open (8). Finally, continuous oxygen insufflation (COI) is an old concept developed to avoid interruption of CC during CPR (10-12). The Boussignac Cardiac Arrest Device (B-CARD, Vygon, Ecouen, France) (13) actively delivers oxygen at 15 L.min⁻¹. Potential benefits of this device on hemodynamics is debated (14). Since the B-CARD does not provide ventilation, we will use it as a model to study the effects of oxygenation without ventilation. Finally the effect on intrathoracic pressure of COI differs according to experimental studies, either positive or negative (1, 12).

Therefore, the objective of this study was to compare three ventilation strategies used on the field (Standard, CPV and B-CARD) based on results on arterial oxygenation and decarboxylation, systemic and cerebral hemodynamics in a porcine model of prolonged CA under mechanical continuous chest compressions (MCCC).

Methods Ethics approval

All experiments were reviewed and approved by the Nancy University Ethics Committee for Animal Experimentation (APAFIS number 10199-2017061212039981v1). The procedure for the care and sacrifices of study animals was in accordance with the European Community Standards on the Care and Use of Laboratory Animals.

Animal model.

Animal preparation. Twenty-four domestic male pigs (*Landrace*) weighing 44 to 65 kg were acclimated to the animal facilities for four to seven days and fasted overnight prior to experimentation with free access to water. All animals were premedicated with an intramuscular injection of ketamine (15 mg.kg⁻¹, Ketalar, Parke-Davis, Courbevoie, France) and midazolam (0.1 mg.kg⁻¹, Hypnovel; Produits Roche, Neuilly sur Seine, France). Anaesthesia was induced as previously published (15) via the lateral auricular vein with an intravenous bolus of propofol (1 mg.kg⁻¹, Propofol-lipuro 1%, B. Braun, Melsungen AG, Germany). Animals were intubated (TeleflexIsis 7.5 I.D. mm, Teleflex Medical, Athlone, Ireland) and mechanically ventilated (Evita 1 Dura, Dräger, Luebeck,

Germany) in assisted-controlled mode (30% Oxygen, tidal volume 10 mg.kg⁻¹ and respiratory rate 12). Anaesthesia was maintained with continuous infusion of sufentanil (0.2 µg.kg⁻¹.min⁻¹, Sufentanil, Mylan, Canonsburg, Pennsylvania, USA) and propofol (7 mg.kg⁻¹.h⁻¹, propofol-lipuro 2%, B. Braun Melsungen AG, Germany and cisatracurium (0.9 mg.kg⁻¹.h⁻¹, Nimbex, GlaxoSmithKline, Brentford, Middlesex, UK). Unfractionated heparin (10 UI.kg⁻¹, Heparine Sodique Choay, Sanofi-Aventis, Paris, France) was administered to avoid catheter clotting. Normovolemia was maintained by administering NaCl 0.9% (10ml. kg⁻¹.h⁻¹, Osalia SALF, SpA Laboratiorio Farmacologico, Cenate Sotto, Italie). Body temperature was controlled for a core temperature at 38°C. All experiment occurred at the same moment during circadian cycle (during morning time).

Specifically, for the procedure, after dissection of neck vessels, a venous catheter was introduced in the right external jugular vein (Swan-Ganz catheter introductor, Edwards Lifesciences, USA). A catheter was introduced in the right femoral artery (Seldicath, Plastimed Prodimed, France) to monitor systemic blood pressure. Venous and arterial catheter were connected to two pressure transducers (Emka usbACQ, usbAMP; Emka technologies SAS, Paris, France). A transit time flow probe (Transonic Systems Inc, USA) was placed around the left carotid artery.

In the corresponding region of the left hemisphere, an intracranial pressure probe (Intracranial scisense catheter, Transonic scisense Inc, London, Canada) was inserted after trepanation (Codman Disposable perforator 14 mm, Johnson & Johnson Medical Ltd, Wokingham, UK). NIRS cerebral sensors were fixed on forehead (Masimo SET 03 Sensor, Masimo Corporation CA, USA). NIRS peripheral sensor was fixed on the anterior left leg after shaving (Inspectra StO2 sensor thenar Model 1615, Hutchinson Technology Inc,Hutchinson, MN 55350 USA). The head remained in standard horizontal supine position during the protocol.

Flow and Airway Pressure (Paw) were measured using a Pneumotachograph (Pneumotachometer, Hans Rudolph inc, Shawnee, USA) positioned proximally to the endotracheal tube and connected to two pressure transducers (Emka usbACQ, usbAMP; Emka technologies SAS, Paris, France). End-Tidal CO2 (EtCO2) was measured using a probe placed distally to the pneumotachograph (Irma CO2 probe monnal, Masimo Corporation CA, USA). An esophageal balloon (MBMEd Prob. MBMED SA, Buenos Aires, Argentina) was inserted to measure esophageal pressure (Peso).

Measured parameters.

Haemodynamics. The following parameters were continuously monitored and recorded: Heart Rate (HR), Systolic Blood Pressure (SAP), Diastolic Blood Pressure (DAP), Carotid Blood Flow (CBF), Intra Cranial Pressure (ICP), Central Venous Pressure (CVP), Flow and Airway Pressure (Paw), Esophageal Pressure (Peso). During CPR, SAP was assumed to be the maximum of arterial pressure generated by the chest compression, and DAB to be the minimum pressure measured during decompression. Transpulmonary pressure (PL) was calculated as Paw minus Peso, cerebral perfusion pressure (CePP) was calculated as MAP minus ICP. Data were computed using a designated analysis program (IOX2 2.9.5.73®, EMKA Technologies, France). Cerebral and peripheral NIRS data were continuously monitored and recorded and extracted with the corresponding software.

Biology. Arterial blood gas, haemoglobin and lactate levels were assessed in an acid-base and co-oxymeter analyser at 38°C (VetStat^{**}, IDEXX Laboratories, France). Lactate concentrations were determined using a Statstrip Lactate Xpress Meter (Nova Biomedical, Flintshire, UK). Plasma levels of troponin, brain natriuretic peptide (BNP), S100 calcium-binding protein B (S100B) and Neuron-specific Enolase (NSE) were measured using a standard chemistry analyser. The alveolar partial pressure of oxygen (P_AO_2) was calculated with the alveolar gas equation as (16): $P_AO_2 = PIO2 - PaCO_2/R = (PB - PH_2O)*FIO2 - (PaCO_2/R)$ with P_B : atmospheric pressure at sea level, 760 mmHg; P_{H2O} : the saturated vapor pressure of water at body temperature and the prevailing atmospheric pressure, 47; FIO2: The fraction of inspired gas that is oxygen, 1; P_aCO_2 : The arterial partial pressure of carbon dioxide; R: The respiratory exchange ratio, 0.8

Histology. After sacrifice, autopsy was performed immediately with a sternotomy. From each lung, tissue sample from base, apex, anterior and posterior part were examined for injuries and atelectasis. All samples were initially immersion-fixed in 10% buffered formalin and subsequently imbedded in paraffin. Histopathological analysis was performed on 4µm tissue cut sections. The specimens were stained with haematoxylin-eosin. Macroscopy injury of the lung was evaluated with an anatomic scale of visual contusion (percentage of the whole lung). Lung tissue samples from each part were classified for intra-alveolar haemorrhage, intra-alveolar oedema, atelectasia, alveolar distention and peri-alveolar bleeding as none (0% of the surface), light (< 25% of the surface).

Experimental protocol.

Cardiac arrest model

The overall protocol is shown in Fig. 1. The animal position on the table was secured with legs link. LUCA[™] device (Jolife AB/Physio-control, Lund, Sweden) was placed on the flat surface of the pig's thorax and securely positioned. Cardiac arrest was induced using a pacemaker wire inserted in the right ventricle through the venous catheter. Ventricular fibrillation was induced using a 9 Volt shock. The T0 time was defined as cardiac arrest. At T0, ventilation was stopped and a five minutes No-Flow period was respected. At T5 the animals were randomized according to the ventilation group and the LUCAS[™] device was started 100 per minute chest compressions (CC), without vasopressor administration during the protocol. Measurements occurred at Baseline Time (TB), No-flow beginning (T0), No-flow end/CPR starting (T5), and every five minutes (T10, T15, T20, T25, T30) until the end of protocol. Autopsy was then realized.

Groups. Animals were randomly assigned into three groups at time of LUCAS^{IM} initiation (T5): i) Standard Group (SD-group), ventilation according to the international recommendations (Monnal T60, Air Liquide Medical System, Antony, France) with the following settings: Volume control (VC), Vt 6 ml.kg⁻¹, respiratory rate 10.minute⁻¹, FiO2 100%; ii) Cardio-Pulmonary-Ventilation Group (CPV-group), ventilation in pressure-controled CPV mode (CPV Monnal T60, Air Liquide Medical System, Antony, France) synchronized with CC, lower pressure at 5 cmH₂O, upper pressure at 20 cmH₂O, respiratory rate 10.minute⁻¹, FiO2 100%; iii) B-CARD group (BC-group), continuous oxygen insufflation (COI) with Boussignac Cardiac Arrest device (B-card, Vygon, Ecouen, France), O2 flow 15 L.min⁻¹ with no additional intervention.

Data analysis.

For continuous data, recorded file using IOX (IOX2 2.9.5.73®, EMKA Technologies, France) were analysed with AcqKnowledge software (AcqKnowledge 3.7.3, Biopac Systems, Goleta, CA). Time periods were split into intervals: baseline to T0 (TB), T0 to T5 as No-Flow period (T5), T5 to T10 (T10), T10 to T15 (T15), T15 to T20 (T20), T20 to T25 (T25), T25 to T30 (T30).

Statistics.

Data are summarized as mean (\pm 1 SD) for continuous variables and count (%) for categorical variables. Comparisons between the three groups for proportions were assessed with Fisher's exact test. Kruskal–Wallis one-way analysis of variance was used to compare continuous variables. The primary analysis compared both PaCO2 and PaO2 between the three groups. A regression model was fitted to analyze effects between groups. To account for the structure of the data, *i.e.* longitudinal data with repeated measures and a resulting intra-subject correlation, a logistic regression modelling was fitted using a generalized estimating equation method. Odds ratios (OR) were provided together with their 95% confidence intervals (95%Cl). Secondary outcomes were investigated in a similar approach. When appropriate, analyses were performed after multiple imputations of missing data ("mitml" package for R). The statistical power was calculated *posteriori*. All statistical tests were two-sided and a p-value \leq 0.05 considered significant. Statistical analysis was performed with R software version 3.3.3 for Windows (R Foundation for Statistical Computing, Vienna, Austria). All figures were generated with Graph Pad Prism 8.0 software (GraphPad Software Inc, San Diego, CA)

Results

A total of 24 animals were studied: eight in SD-group, eight in CVP-group and eight in the BC-group. The three groups behavior were similar during baseline period [TB-T0] for all hemodynamic, ventilatory and biology parameters as well as during the No-Flow period [T0-T5] before randomization (Table 1). All animals had a Ventricular Fibrillation (VF) rhythm and only gasps were observed on airways probes.

Parameters	Baseline			Т5					
	SD (n = 8)	CPV (n = 8)	BC (n = 8)	SD (n = 8)	CPV (n = 8)	BC (n = 8)			
weight (kg)	50 ±10	53 ±8	45 ±5						
Haemodynamic									
SAP (mmHg)	135 ±21	134 ±26	144 ±19	34 ±9	34 ±9	28 ±6			
DAP (mmHg)	88 ±22	83 ±22	95 ±18	27 ±2	29 ±7	25 ±6			
MAP (mmHg)	104 ±21	101 ±23	111 ±19	29 ±3	30±7	26 ±6			
CBF (mL.min ⁻¹)	243 ±85	200 ±99	191 ±91	2.5 ±2.5	2 ±1.2	2 ±0.6			
CVP (mmHg)	15 ± 3	14 ±3	13 ±5	25 ±5	25 ±3	24 ±5			
Cerebral and tissular									
ICP (mmHg)	14 ±4	11 ±4	14 ±6	23 ±4	20 ±5	21 ±7			
CePP (mmHg)	90 ±24	91 ±25	92 ±12	6 ±5	12 ±8	6 ±8			
c-rSO ₂ (%)	55 ±2	56 ±5	54 ±3	41 ±3	45 ±5	43 ±6			
t-rSO ₂ (%)	55 ±7	54 ±9	53 ±9	24 ±6	31 ±8	22 ±9			
Ventilatory									
Paw (cmH ₂ 0)	10 ±5	10 ±7	10 ±5	0 ±0	0 ±0	0 ±0			
Peso (cmH ₂ 0)	28 ±19	22 ±23	24 ±22	18 ±11	17 ±15	16 ±14			
Vte (mL.kg ⁻¹ .min ⁻¹)	9.3 ± 1.8	9.4 ± 0.9	9.9 ± 1.5	0±0	0±0	0±0			
Vti (mL.kg ⁻¹ .min ⁻¹)	9.8 ± 1.2	9.3 ± 1.5	9.9 ± 1.6	0±0	0±0	0±0			
EtCO ₂ (mmHg)	40 ± 0.6	36 ± 7	44 ± 3	0 ± 0	0 ± 0	0 ± 0			
Blood Gaz									
рН	7.4 ±0.1	7.4 ±0.1	7.4 ±0.1	7.4 ±0.1	7.4 ±0.1	7.4 ±0.1			
P _a CO2 (mmHg)	46 ±6	45 ±5	45 ±6	47 ±10	51 ±10	54 ±17			
P _a 02 (mmHg)	105 ±16	106 ±20	108 ±9	74 ±33	67 ±29	70 ±29			
P _A O2 (mmHg)	90 ± 6	93 ± 6	92 ± 7	90 ± 14	85 ±13	81 ±22			
HCO_3^- (mmol.L ⁻¹)	27 ±1	26 ±1	27 ±2	27 ±2	26 ±2	27 ±3			
Hb (g.dL ⁻¹)	9.6 ±2	9.6 ±1	9.1 ±1	10.2 ±1	10.7 ±2	10.4 ±2			
Sp02 (%)	94 ±3	94 ±2	94 ±1	84 ±15	82 ±14	82 ±14			
Lactate (mmol.L ⁻¹)	1.5 ±0.5	1.6 ±0.3	1.5 ±0.3	2 ±0.7	2.5 ±1.2	2.4 ±1.3			
Biology									
Troponine (µmol.L ⁻¹)	0.1 ±0.04	0.1 ±0.01	0.1 ±0.04	87.8 ±27	89.9 ±35	134 ±70			
BNP (pg.mL ⁻¹)	7.3 ±1.7	6.7 ±1.2	6.5 ±2	36.8 ±9	32.7 ±4	32.6 ±5			
NSE (µmol.L ⁻¹)	1.6 ±0.2	1.4 ±0.3	1.5 ±0.2	2.1 ±0.4	1.8 ±0.5	1.2 ±0.5			
S100B (pg.mL ⁻¹)	0.4 ±0.01	0.4 ±0.01	0.4 ±0.1	1.6 ±0.3	1.6 ±0.2	1.7 ±0.4			

Table 1

CA: cardiac arrest; SD: Standard ventilation Group; CPV: Cardio-Pulmonary Ventilation Group; BC: B-CARD Group; SAP: Systolic Arterial Pressure; DAP: Diastolic Arterial Pressure; MAP: Mean Arterial Pressure; CVP: Central Venous Pressure; ICP: Intra Cranial Pressure; CePP: Cerebral Perfusion Pressure; c-rSO₂ : regional saturation measured with Near Infra Red Spectroscopy; t-rSO₂: tissular Near Infra Red Spectroscopy; Paw: Airway Pressure; Peso: esophageal Pressure; Vte: Expriratory Tidal Volume; Vti: Inspiratory Tidal Volume; pH: Hydrogen Potential; pCO2: carbon dioxide partial pressure; pO2: oxygen partial pressure; HCO₃⁻: bicarbonate ; Hb: hemoglobin; SpO2: peripheral oxygen saturation; BNP: brain natriuretic peptide; NSE: Neuron-specific Enolase; S100B: S100 calcium-binding protein B. Values are given as mean ± SD.

Blood gases and ventilation measurements.

From T10 to T30, the evolution of pH was significantly different (p < 0.05) as detailed in Table 2. PaCO2 was significantly higher in the BC-group (> 90mmHg) with a positive effect of time (p < 0.001; Table ESM 1.1); PaO2 was significantly higher in the SD group (> 200 mmHg) (Table 2, Fig. 1) with no effect of time (p < 0.69; Table ESM 1.2). The tidal volume (Vti) delivered was significantly dependent of the device tested (p < 0.001), with higher volume for SD-group, as well as higher Paw and intra-thoracic pressure. (Table 3).

			Blood gas	parameter	Table 2 s evolution	after randomization				
Parameters	T10		<u></u>	T20			Т30			
	SD (n = 8)	CPV (n = 8)	BC (n = 8)	SD (n = 8)	CPV (n = 8)	BC (n = 8)	SD (n = 8)	CPV (n = 8)	BC (n = 8)	p (Kurskal- Wallis)
Blood Gaz										
рН	7.32 ± 0.11	7.21 ± 0.07	7.11 ± 0.06	7.25 ± 0.1	7.15 ± 0.11	6.98 ± 0.06	7.19 ± 0.14	7.05 ± 0.14	6.89 ± 0.10	< 0.01 *
P _a CO2 (mmHg)	45.5 ± 10.3	68.9 ± 15.4	94.3 ± 17.2	45 ± 9.4	65.4 ± 22.7	120.1 ± 21.2	49.8 ± 22.1	78 ± 25.1	146.3 ± 45	< 0.01 *
P _a 02 (mmHg)	263 ± 105	118 ± 50	96 ± 51	336 ± 136	131 ± 84	96 ± 52	216 ± 147	76 ± 31	68 ± 44	< 0.01 *
P _A O ₂ (mmHg)	656 ± 13	626 ± 19	595 ± 21	657 ± 12	631 ± 28	563 ± 26	651 ± 28	616 ± 31	530 ± 56	0.21
HCO ₃ ⁻ (mmol.L ⁻¹)	20.8 ± 1.8	23.8 ± 2.7	27.2 ± 3.3	17.8 ± 1.6	19.5 ± 2.9	24.9 ± 2.7	16 ± 2.2	18.6 ± 2.2	24.1 ± 4.4	< 0.01 *
Hb (g.dL ⁻¹)	11.7 ± 1.5	12.3 ± 0.9	11.9 ± 1.6	11.4 ± 1.6	12.2 ± 0.9	12.1 ± 1.8	11.6 ± 1.9	12.7 ± 1.1	12.4 ± 2.4	< 0.01 #
SpO2 (%)	99 ± 3	91 ± 7	82 ± 15	99 ± 1	90 ± 7	79 ± 17	89 ± 18	77 ± 14	70 ± 14	< 0.01 *
Lactate (mmol.L ⁻¹)							7.5 ± 1.2	8.5 ± 0.9	8.2 ± 1.7	0.83

SD: Standard ventilation Group; CPV: Cardio-Pulmonary Ventilation Group; BC: B-CARD Group; pH: Hydrogen Potential; pCO2: carbon dioxide partial pressure; pO2: oxygen partial pressure; HCO₃⁻: bicarbonate; Hb: hemoglobin; SpO2: peripheral oxygen saturation. Values are given as mean ± SD. Kruskal–Wallis one-way analysis of variance was used to compare continuous variables. The sign displays the bonferroni corrected p-values from pairwise comparisons between groups performed by the Dunn's post hoc test and Dunn's post-hoc test was used to compare groups: # SD *vs*. CPV, * SD *vs*. BC, § CPV *vs*. BC

Table 3	

Parameters	T10			T15	amic, cerebral, tissular, ventilatory parameters ev T15 T20					T25			Т30		
	SD (n = 8)	CPV(n = 8)	BC (n = 8)	SD (n = 8)	CPV (n = 8)	BC (n = 8)	SD (n = 8)	CPV (n = 8)	BC (n = 8)	SD (n = 8)	CPV (n = 8)	BC (n = 8)	SD (n = 8)	CPV (n = 8)	BC (n = 8)
Haemodynamic															
SAP (mmHg)	107 ± 35	79 ± 17	90 ± 40	85 ± 39	73 ± 28	67 ± 30	71 ± 29	61 ± 18	58 ± 33	66 ± 34	50 ± 15	43 ± 23	56 ± 33	38 ± 10	33 ± 26
DAP (mmHg)	36 ± 31	25 ± 5	27 ± 12	22 ± 5	30 ± 16	23 ± 9	22 ± 7	22 ± 4	22 ± 9	21 ± 10	20 ± 5	20 ± 9	18 ± 8	16 ± 3	18 ± 12
MAP (mmHg)	60 ± 28	43 ± 7	48 ± 21	43 ± 15	45 ± 19	38 ± 15	39 ± 14	35 ± 7	34 ± 17	36 ± 18	30 ± 7	28 ± 14	31 ± 16	24 ± 5	23 ± 17
CBF (ml.min ⁻¹)	80 ± 11	110 ± 159	98 ± 118	68 ± 38	67 ± 38	47 ± 51	66 ± 25	49 ± 21	37 ± 28	56 ± 26	36 ± 26	40 ± 44	45 ± 28	17 ± 25	17 ± 19
CVP (mmHg)	38 ± 18	40 ± 31	38 ± 17	33 ± 18	29 ± 17	30 ± 9	29 ± 14	27 ± 16	28 ± 10	28 ± 13	25 ± 15	26 ± 9	27 ± 11	25 ± 14	26 ± 9
Cerebral and tissular															
ICP (mmHg)	25 ± 6	22 ± 11	20 ± 7	23 ± 6	16 ± 5	17 ± 9	21 ± 7	14 ± 5	16 ± 9	21 ± 7	14 ± 5	16 ± 9	20 ± 7	13 ± 5	16 ± 8
CePP (mmHg)	24 ± 18	26 ± 7	27 ± 23	19 ± 19	31 ± 16	22 ± 18	17 ± 18	22 ± 8	21 ± 19	15 ± 23	16 ± 8	15 ± 15	11 ± 19	10 ± 7	11 ± 19
c-rSO ₂ (%)	40 ± 3	41 ± 7	41 ± 7	41 ± 4	43 ± 5	42 ± 6	41 ± 4	42 ± 6	42 ± 6	40 ± 5	41 ± 7	41 ± 7	39 ± 5	41 ± 7	41 ± 7
t-rSO ₂ (%)	23 ± 9	25 ± 6	17 ± 10	37 ± 4	37 ± 2	36 ± 4	36 ± 5	36 ± 3	33 ± 5	30 ± 11	29 ± 10	21 ± 10	26 ± 14	24 ± 10	17 ± 10
Ventilatory															
EtCO2 (mmHg)	25 ± 11	24 ± 12	28 ± 6	32 ± 11	56 ± 36	50 ± 33	27 ± 8	59 ± 35	52 ± 33	18 ± 3	57 ± 36	49 ± 29	13 ± 5	48 ± 28	40 ± 23
Paw (cH2O)	16 ± 11	12 ± 6	6 ± 4	15 ± 10	12 ± 6	7 ± 4	15 ± 10	12 ± 6	6 ± 3	15 ± 11	12 ± 6	6 ± 3	15 ± 10	12 ± 5	6 ± 3
Peso (cH2O)	37 ± 22	26 ± 28	27 ± 24	32 ± 21	23 ± 25	23 ± 20	31 ± 20	21 ± 22	22 ± 18	31 ± 21	21 ± 22	22 ± 17	31 ± 22	21 ± 22	22 ± 17
PL (cH20)	-20 ± 18	-15 ± 22	-21 ± 20	-16 ± 16	-11 ± 19	-17 ± 17	-15 ± 15	-10 ± 17	-16 ± 15	-15 ± 16	-9 ± 17	-16 ± 14	-15 ± 17	-9 ± 16	-16 ± 14
Vti (mL.kg ⁻ ¹ .min ⁻¹)	11.4 ± 1.6	5.5 ± 1.5	4.5 ± 1.7	11.4 ± 1.4	5.4 ± 1.8	4.3 ± 1.7	11.3 ± 1.3	5.4 ± 1.8	4.4± 1.8	11.3 ± 2	5.4 ± 1.8	4.3 ± 1.8	11.4 ± 2	5.6 ± 2.1	4.3 ± 2
Vte (mL.kg ⁻ ¹ .min ⁻¹)	7.1 ± 4.1	4.8 ± 1.4	4 ± 1.6	7.5 ± 3.9	4.8 ± 1.4	3.9 ± 1.5	7.1 ± 3.8	5.1 ± 1	3.8 ± 1.6	8.5 ± 5.2	5.3 ± 1.3	3.9 ± 1.6	7.9 ± 3.8	5.3 ± 1.3	3.9 ± 2

SD: Standard ventilation Group; CPV: Cardio-Pulmonary Ventilation Group; BC: B-CARD Group; SAP: Systolic Arterial Pressure; DAP: Diastolic Arterial Pressure; MAP: Mean Arterial Pressure; CVP: Central Venous Pressure; ICP: Intra Cranial Pressure; CePP: Cerebral Perfusion Pressure; c-rSO₂ : regional saturation measured with Near Infra Red Spectroscopy; t-rSO₂: tissular Near Infra Red Spectroscopy; Paw: Airway Pressure; Peso: esophageal Pressure; Vte: Expriratory Tidal Volume; Vti: Inspiratory Tidal Volume. Values are given as mean ± SD. Kruskal–Wallis one-way analysis of variance was used to compare continuous variables. The sign displays the bonferroni corrected p-values from pairwise comparisons between groups performed by the Dunn's post hoc test: **#** SD *vs.* CPV, ***** SD *vs.* BC, § CPV *vs.* BC.

Hemodynamics, cerebral perfusion and injury parameters during CPR

MAP, CVP, CBF, t-rSO₂, lactate evolution were not impacted by the ventilator device strategy (Table 3, Fig. 2.A), BNP serum level (pg.mL⁻1) was not affected by the ventilatory mode (SD *vs.* CPV *vs.* BC) at the end of protocol (37±10 *vs.* 31±6 *vs.*30±6; p = 0.43). There was no ventilatory impact on CePP and c-rSO₂ (Table 3, Fig. 2.B). Cerebral parenchyma injury did not revealed differences between groups (SD *vs.* CPV *vs.* BC) assessed at the end of protocol by NSE (2±0.1 *vs.* 2±0.2 *vs.* 2±1; µmol.L⁻¹; p = 0.43) and SB100 (1.4±0.4 vs. 1.4±0.2 vs. 1.7±0.4; p = 0.43)

Histopathological changes.

Macroscopic estimation of the lung infarction was not different between the three groups (p = 0.09). The microscopic analysis of alveolar collapse, alveolar distension, intra-alveolar haemorrhage and peri-bronchiolar haemorrhage, are illustrated in Fig. 4 with the histopathological changes.

Discussion

The main results of our study are that (i) standard ventilation at FiO2 100% was associated with major hyperoxia and efficient CO2 removal; (ii) CPV was associated with normoxia and efficient CO2 removal; (iii) B-CARD was associated with normoxia and major hypercapnia. Despite these differences, the ventilatory strategy did not impact hemodynamic and cerebral parameters.

Hyperoxia and hypercapnia issue

Hyperoxia is still an issue leading to significant neurological damage (17, 18). If the question is now well focused on the oxygenation target of patients in post-cardiac arrest (avoid hyperoxia as much as possible), the target during cardiopulmonary resuscitation remains unknown (19-21) and will require further clinical investigations (20). The higher Vt measured in SD group during the experiment could explain this major difference in oxygenation between group.

We observe a significant difference in arterial level of CO2 depending on the ventilation method used. Hypercapnia (PaCO2 > 45 mmHg) directly disables the organism's acid-base balance and thus has a direct impact on all organ's performances. While we were able to identify a very moderate increase in PaCO2 in the SD group, we found a significant increase in PaCO2 in the B-Card group and no major hypercapnia in the CPV group. This hypercapnia could be explained, based on the Δ Vti-Vte measurement, by trapping of the inspired volume with no exhaling during the compression phase. A randomized trial (NCT03347175) comparing three ventilation mode (volume controlled, BIPAP and CPAP) during CPR with MCC in emergency room will focus specifically on the question of volume inspired and consequences on gas exchanges. However, Schneider et al. were able to determine that, compared to normocapnia, hypercapnia was associated with a higher probability of survival regardless of the patient's neurological state (22). In addition, Eastwood et al. in a multicenter prospective study highlighted that moderate hypercapnia (PaCO2 50–55 mmHg) compared to normocapnia (PaCO2 35–45 mmHg) induced a decrease in brain injury biomarker (NSE) production (23). Other trials are in progress (NCT03114033) assessing this therapeutic target. In our study, brain biomarkers trends were not correlated with PaCO2 level after 30 min of CPR.

Hemodynamic issue

We did not find any impact on hemodynamic parameters (no difference on MAP, CVP) or on brain circulation regardless of the ventilatory method used (no difference on CePP, NIRS) despite the major variations in PaO2 and PaCO2. In parallel, hyperoxia can have a direct vasoconstrictor effect, which can lead to a reduction in cerebral blood flow, thus increasing cerebral ischemia (24). In our model, CPV mode seemed to allow acceptable oxygenation and decarboxylation without hemodynamic impairment. Low MAP level did not allow us to explore the question of cerebral autoregulation (25), neither the relationship between NIRS and cerebral blood flow or CVP (26).

One key point of the influence of ventilation on hemodynamics is the impact of PEEP level during CPR (3). This subject is still controversial; for some authors applying PEEP could impact venous return by increasing intrathoracic pressure and have a negative impact on circulation (27); for others applying PEEP could enhance the airway opening and increase blood flow (28, 29). In our study we did not observe any impact on the right heart of PEEP level in CPV (PEEP 5 cmH₂0) nor B-Card (PEEP 5 cmH₂0) strategy compared to Standard-group (PEEP 0 cmH₂0), and no macro-hemodynamic impairment.

Limitations

However, our study has several limitations. First of all, we decided not to use catecholamines during resuscitation in order to avoid their effect on gas exchanges, acid/basic balance and hemodynamics. We chose to stop CPR at the end of the experiment with no ROSC goal because we didn't have the foresight to assess the animal's prognosis. Secondly, B-CARD strategy tested as permissive hypercapnia was probably put in difficulty with an increased experimental dead space due to the sensors necessary to the experiment. Nevertheless, the major hypercapnia observed did not influence hemodynamic parameters or cerebral perfusion. Thirdly, we did not observe any intrathoracic airway closure in our model (30) suggesting that porcine and human respiratory systems may behave differently. Indeed, the rather "peak" shape of the pig chest can also lead to some differences in analysis regarding gas exchanges and the effectiveness of active compression decompression. It would be interesting to be able to assess our hypotheses on revitalized cadavers in order to confirm the reproducibility of our results. Fourthly, choice was made to involve as few animals as possible to achieve research aims because of ethical concerns.

Conclusion

Ventilation modalities in this porcine model of prolonged CPR influenced oxygenation and decarboxylation without impairing circulation and cerebral perfusion.

Abbreviations

BC-group Boussignac Cardiac-Arrest Device BNP brain natriuretic peptide CBF Carotid Blood Flow CCC continuous chest compressions CePP cerebral perfusion pressure COI continuous oxygen insufflation CPR cardio-pulmonary resuscitation CPV-group bi-level pressure mode CVP **Central Venous Pressure** DAP **Diastolic Blood Pressure** EtCO2 End-Tidal CO2 HR Heart Rate ICP Intra Cranial Pressure MCCC mechanical continuous chest compressions NIRS Near Infra Red Spectroscopy NSE Neuron-specific Enolase $P_A O_2$ alveolar partial pressure of oxygen ΡL Transpulmonary pressure PEEP positive end-expiratory pressure Paw Airway Pressure Peso esophageal pressure rSO2 regional saturation SBP Systolic Blood Pressure S100B S100 calcium-binding protein B SD-group Standard volume-control mode

Declarations

Ethical approval. All experiments were reviewed and approved by the Nancy University Ethics Committee for Animal Experimentation (APAFIS number 10199-2017061212039981v1). The procedure for the care and sacrifices of study animals was in accordance with the European Community Standards on the Care and Use of Laboratory Animals.

Consent for publication. Not applicable

Availability of data and material. The datasets used and analysed during the current study are available from the corresponding autor on reasonable request.

Competing interests. JCM Richard receives a part time salary from Air Liquide Medical Systems (Antony, France). B. Badat and M. Rigollot are medical engineers employed by the society Air Liquide Medical Systems (Antony France). The other authors have no personal conflict of interest to report regarding to this experiment

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Authors' contributions. CF, TC, BL, JCMR designed the study protocol, analysed the data, and drafted the manuscript. CF was the major contributor to the experiments and in writing the manuscript. DJ, YL, JCMR, BB, MR participated in a part of the experiments. CF, BBconducted the data extraction and data management. FER, CF generated the statistics. EL did all the histology analysis. All the authors read and approved the final manuscript.

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Figures

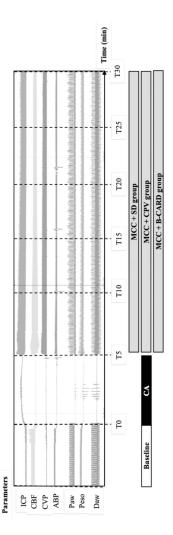


Figure 1

Overall protocol time table and illustration of the cure obtained. CA: cardiac arrest; CVP: central venous pressure; Paw: Airway Pressure; Peso: esophageal Pressure; Daw: Airway Flow; CPR: Cardio-Pulmonary Resuscitation. SD: Standard ventilation Group; CPV: Cardio-Pulmonary Ventilation Group; BC: B-CARD

Group; MAP: Mean Arterial Pressure.

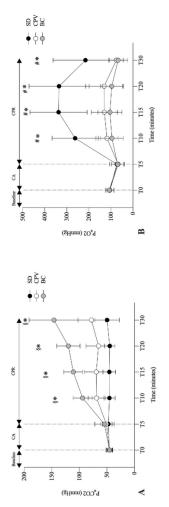


Figure 2

Blood gas evolution according to the ventilatory mode randomization. A: PaCO2 arterial serum level of CO2 (carbon dioxide partial pressure) evolution; B: PaO2 arterial serum level of O2 (oxygen partial pressure) evolution; SD: Standard ventilation Group; CPV: Cardio-Pulmonary Ventilation Group; BC: B-CARD Group. Values are given as mean ± SD. The sign displays the bonferroni corrected p-values from pairwise comparisons between groups performed by the Dunn's post hoc test: # SD vs. CPV, * SD vs. BC, § CPV vs. BC

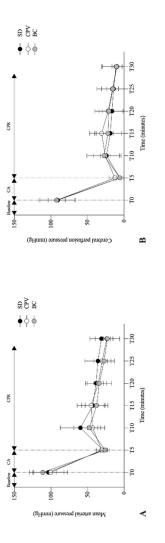


Figure 3

Macro-haemodynamic parameters evolution during the protocol evolution. A: mean arterial pressure evolution according to the tree groups; B: cerebral perfusion pressure (CePP) evolution. CePP is calculate as mean arterial pressure minus intracranial pressure. SD: Standard ventilation Group; CPV: Cardio-Pulmonary Ventilation Group; BC: B-CARD Group. Values are given as mean ± SD. Kruskal–Wallis one-way analysis of variance was used to compare continuous variables, p-values from pairwise comparisons between groups performed by the Dunn's post hoc test: # SD vs. CPV, * SD vs. BC, § CPV vs. BC.

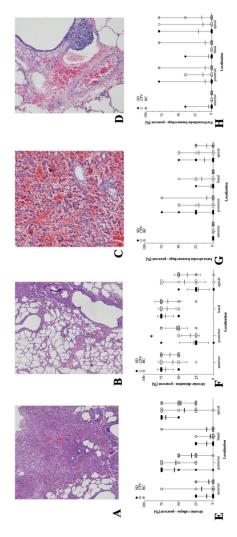


Figure 4

Post mortem histology analysis of lung injury. A: histology of collapse; B: histology of distension; C: histology of intra-alveolar haemorrhage; D: histology of peri-bronchiolar haemorrhage; E: pencentage of alveolar collapse regarding localization; F: pencentage of alveolar distention regarding localization; G: pencentage of intra-alveolar haemorrhage regarding localization; H: pencentage of peri-bronchiolar haemorrhage regarding localization. SD: Standard ventilation Group; CPV: Cardio-Pulmonary Ventilation Group; BC: B-CARD Group

Supplementary Files

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- ESMTable1.1.docx
- ESMTable1.2.docx