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Incorporated sarcolemmal fish oil fatty acids shorten pig ventricular action potentials

Arie O. Verkerk^{a,b}, Antoni C.G. van Ginneken^{a,b}, Géza Berecki^{a,b}, Hester M. den Ruijter^a, Cees A. Schumacher^a, Marieke W. Veldkamp^a, Antonius Baartscheer^a, Simona Casini^a, Tobias Opthof^a, Robert Hovenier^c, Jan W.T. Fiolet^a, Peter L. Zock^d, Ruben Coronel^{a,*}

^a Experimental and Molecular Cardiology Group, Academic Medical Center, University of Amsterdam, Amsterdam, The Netherlands ^b Department of Physiology, Academic Medical Center, University of Amsterdam, Amsterdam, The Netherlands ^c Department of Nutrition, Faculty of Veterinary Medicine, Utrecht University, Utrecht, The Netherlands

^d Department of Human Nutrition, the Wageningen Centre for Food Sciences, Wageningen University, Wageningen, The Netherlands

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Abstract

Background: Omega-3 polyunsaturated fatty acids (ω 3-PUFAs) from fish oil reduce the risk of sudden death presumably by preventing lifethreatening arrhythmias. Acutely administered ω 3-PUFAs modulate the activity of several cardiac ion channels, but the chronic effects of a diet enriched with fish oil leading to ω 3-PUFA-incorporation into the sarcolemma on membrane currents are unknown.

Methods: Pigs received a diet either rich in ω 3-PUFAs or in ω 9-fatty acids for 8 weeks. Ventricular myocytes (VMs) were isolated and used for patch-clamp studies.

Results: ω 3-VMs contained higher amounts of ω 3-PUFAs and had a shorter action potential (AP) with a more negative plateau than control VM. In ω 3 VMs, L-type Ca²⁺ current ($I_{Ca,L}$) and Na⁺-Ca²⁺ exchange current (I_{NCX}) were reduced by approximately 20% and 60%, respectively, and inward rectifier K⁺ current (I_{K1}) and slow delayed rectifier K⁺ current (I_{Ks}) were increased by approximately 50% and 70%, respectively, compared to control. Densities of rapid delayed rectifier K⁺ current, Ca²⁺-activated Cl⁻ current, and Na⁺ current (I_{Na}) were unchanged, although voltage-dependence of I_{Na} inactivation was more negative in ω 3 VMs.

Conclusions: A fish oil diet increases ω 3-PUFA content in the ventricular sarcolemma, decreases $I_{Ca,L}$ and I_{NCX} , and increases I_{K1} and I_{Ks} , resulting in AP shortening. Incorporation of ω 3-PUFAs in the sarcolemma may have consequences for arrhythmias independent of circulating ω 3-PUFAs.

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Keywords: Ion channels; Ion exchangers; Membrane potential; Repolarization; Ca2+ transients; Nutrition; Fatty acids

1. Introduction

Increased consumption of fish oil, rich in omega-3 (ω 3) polyunsaturated fatty acids (PUFAs), reduces cardiovascular mortality, especially sudden cardiac death, in patients

with healed myocardial infarction [1,2]. In rats fed a fish oil-rich diet the number of ischemia/reperfusion related arrhythmias is reduced [3]. The mechanisms underlying the anti-arrhythmic effect of a diet rich in ω 3-PUFAs are unknown. Acutely administered ω 3-PUFAs reversibly modulate a variety of cardiac ion channels and exchangers [4]. Long term electrophysiological effects of ω 3-PUFA intake leading to incorporation of ω 3-PUFAs into the sarcolemma have not been studied. Incorporation of ω 3-PUFAs into the phospholipid bilayer affects sarcolemmal biophysical properties [5].

^{*} Corresponding author. Academic Medical Center, Rm M0-108, Department of Experimental Cardiology, Meibergdreef 9, 1105 AZ Amsterdam, The Netherlands. Tel.: +31 20 5663267; fax: +31 20 6975458. *E-mail address:* R.Coronel@amc.uva.nl (Ruben Coronel).

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We hypothesize that incorporation of ω 3-PUFAs in the absence of circulating fatty acids has electrophysiological effects on various cardiac ion channels and transporters. Therefore, we studied ion channel characteristics of cardiac ventricular myocytes (VMs) isolated from pigs fed for 8 weeks with a diet rich in either fish oil (ω 3-PUFA) or in ω 9 fatty acids (high oleic sunflower oil, HOSF) as a control. We show that incorporated sarcolemmal ω 3-PUFAs alone result in action potential (AP) shortening, caused by combined effects on various Ca²⁺ and K⁺ ion channels and the Na⁺-Ca²⁺ exchanger. Therefore, incorporation of ω 3-PUFAs into the sarcolemma may affect reentrant and triggered arrhythmias.

2. Methods

2.1. Cell preparation

The investigation conforms to the *Guide for the Care and Use of Laboratory Animals* (NIH Publication 85-23, 1996). Male pigs (7 weeks old) received a diet rich in ω 3-PUFA or HOSF for 8 weeks. Table 1 summarizes the composition of these diets. Average body weight after 8 weeks of diet was similar in ω 3-PUFA and HOSF fed animals (55.4±1.8 vs. 52.3±1.4kg, mean±S.E.M., *n*=8).

After the feeding period, pigs were sedated with ketamine (500 mg, i.m. Nimatek; Animal Health), azaperon (160 mg, i.m. Stresnil; Janssen-Cilag) and atropine (0.5 mg, i.m.; Centrafarm) and anaesthetized with pentobarbital (20 mg/kg, i.v. Nembutal; Ceva Sante Animale). A side-

Table 1 Composition of HOSF and ω3 diet (g/100g feed (% total dietary energy))

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	HOSF	ω3
Total fat	6.22 (14.58)	6.26 (14.77)
Saturated fatty acids		
Total	0.72 (1.69)	1.09 (2.57)
Monounsaturated fatty acids		
Total	3.82 (9.02)	1.08 (2.54)
C18:1ω9 (oleic acid)	3.73 (8.80)	0.73 (1.73)
Polyunsaturated fatty acids		
Total	1.40 (3.31)	3.02 (7.12)
C18:2w6 (LA)	1.39 (3.28)	1.08 (2.54)
C18:3ω3 (ALA)	0.01 (0.03)	0.02 (0.06)
C20:4w6 (AA)	0.00 (0.00)	0.06 (0.13)
C20:5ω3 (EPA)	0.00 (0.00)	0.81 (1.92)
C22:6ω3 (DHA)	0.00 (0.00)	0.71 (1.67)
Other, unidentified fatty acids	0.03 (0.07)	0.64 (1.51)
Total carbohydrate	64.80 (67.5)	64.80 (67.5)
Corn Starch	32.40 (33.8)	32.40 (33.8)
Glucose	32.40 (33.8)	32.40 (33.8)
Total proteins		
Casein	18.0 (18.8)	18.0 (18.8)
Total energy content (kJ)	16065	16065

HOSF=high oleic sunflower oil, $\omega 3$ =fish oil, LA=linoleic acid, ALA= α -linolenic acid; AA=arachidonic acid, EPA=eicosapentaenoic acid, DHA= docosahexaenoic acid. The sum of listed components is less than the totals indicated here, since not all components were analyzed.

branch of the circumflex artery was cannulated and the perfused myocardium was moved to a perfusion setup. Left midmyocardial VMs were enzymatically isolated as described previously [6]. Small aliquots of cell suspension were put in a recording chamber on the stage of an inverted microscope. Cells were allowed to adhere for 5 min before superfusion was initiated. The temperature was 35-36 °C, except for Na⁺ current recordings (22–23 °C). Quiescent, rod-shaped cross-striated cells and smooth surface were selected for measurements.

2.2. Electrophysiology

2.2.1. Data acquisition and analysis

Membrane potentials and currents were recorded in the whole-cell configuration of the patch-clamp technique (Axopatch 200B Clamp amplifier, Axon Instruments Inc.) using patch pipettes $(1-3M\Omega)$, borosilicate glass). Voltage control, data acquisition, and analysis were accomplished using custom software. Potentials were corrected for liquid junction potential, except for $I_{\rm Na}$ measurements where it was 0.2 mV. Membrane currents and potentials were low-pass filtered (1 kHz) and digitized (2 kHz), except for AP and $I_{\rm Na}$ measurements, 5 and 20 kHz, respectively. Cell membrane capacitance ($C_{\rm m}$) was estimated as described previously [7]. Series resistance was compensated for by at least 80%.

2.2.2. Current clamp experiments

APs were elicited at 0.2 to 6Hz by 3ms, $1.5 \times$ threshold current pulses through the patch pipette. We analyzed resting membrane potential (RMP), maximal upstroke velocity, stimulation threshold, maximal AP amplitude, plateau amplitude (defined as the potential difference between RMP and potential 50ms after the upstroke), and AP duration at 20%, 50%, and 90% repolarization. Parameters from 10 consecutive APs were averaged.

2.2.3. Voltage-clamp experiments

Na⁺ current (I_{Na}), L-type Ca²⁺ current ($I_{Ca,L}$), T-type Ca²⁺ current ($I_{Ca,T}$), Ca²⁺-activated Cl⁻ current ($I_{Cl(Ca)}$), inward rectifier K^+ current (I_{K1}), slow delayed rectifier K^+ current (I_{Ks}) , rapid delayed rectifier K⁺ current (I_{Kr}) , and Na^+ - Ca^{2+} exchange current (I_{NCX}) were measured with the solutions indicated below and by voltage-clamp protocols shown in the appropriate figures. Voltage-dependence of (in)activation was determined by fitting a Boltzmann function $(y=A/[1+\exp\{(V-V_{1/2})/k\}])$ to the individual curves, yielding half-maximal voltage $(V_{1/2})$ and slope factor k. The time constants of recovery from inactivation were determined using a double-exponential function $(I_{\text{Na}} = [A_{\text{f}} \times \exp(-t/\tau_{\text{f}})] + [A_{\text{s}} \times \exp(-t/\tau_{\text{s}}))$, where t is the recovery time interval, $\tau_{\rm f}$ and $\tau_{\rm s}$ are the time constants of fast and slow components, and A_{f} and A_{s} are the fractions of the fast and slow components. Current densities were calculated by dividing current amplitudes by $C_{\rm m}$.

2.2.4. Solutions

Standard pipette solution contained (mmol/L): K-gluconate 125, KCl 20, K₂-ATP 5, HEPES 10; pH 7.2 (KOH). EGTA (10mmol/L) was added to the pipette solution for I_{Na} , $I_{\text{Ca,T}}$, $I_{\text{Ca,L}}$, I_{Kr} and I_{Ks} measurements. For I_{Na} , $I_{\text{Ca,T}}$ and ICaL measurements, CsCl replaced all K-gluconate and KCl in the pipette solution. Furthermore, for I_{Na} measurements K₂-ATP was replaced by Na₂-ATP (2mmol/L) and NaCl (3mmol/L). Standard Tyrode's solution contained (mmol/L): NaCl 140, KCl 5.4, CaCl₂ 1.8, MgCl₂ 1.0, glucose 5.5, HEPES 5.0; pH 7.4 (NaOH). I_{Cl(Ca)}was measured as the transient outward current sensitive to 0.2 mmol/L 4,4' diisothiocyanatostilbene-2,2'-disulfonic acid (DIDS). For I_{Ca,T} and I_{Ca,L} measurements, TEA-Cl and CsCl replaced NaCl and KCl of the bath solution, respectively. For I_{Na} measurements, NaCl was reduced to 7mmol/L and KCl was replaced by CsCl (133mmol/L). For I_{Na} , I_{Kr} , and I_{Ks} measurement, the bath solution included 5 μ mol/L nifedipine. $I_{\rm Kr}$ was measured as 5 μ mol/ L E-4031-sensitive current while I_{Ks} was measured as 90µmol/L chromanol 293B-sensitive current in the presence of 5µmol/L E-4031. pH of both extracellular and

HOSF (n=9)

03 (n=7)

25

20

15

10-

HOSF (n=8)

ω3 (n=8)

Α

300

250

200

150

100

pipette solution was adjusted with CsOH and NMDG-OH for I_{Na} and I_{Ca} measurements, respectively. For I_{NCX} recording, the pipette solution contained (mmol/L): CsCl 145, NaCl 5, Mg-ATP 10, TEA 10, HEPES 10, EGTA 20, CaCl₂ 10; pH 7.2 (NMDG-OH). To suppress membrane currents other than I_{NCX}, the following blockers were added to a K^+ -free Tyrode's solution (mmol/L): BaCl₂ 1, CsCl 2, nifedipine 0.005, ouabain 0.1, DIDS 0.2. I_{NCX} was measured as 10 mmol/L Ni²⁺-sensitive current during a descending voltage ramp protocol [8].

2.2.5. Drugs

All drugs used for cellular measurements were obtained from Sigma-Aldrich (MO, USA), except for E-4031 (Eisai Inc., NJ, USA) and chromanol 293B (Tocris Cookson Inc. MO, USA). DIDS was freshly prepared as 0.5 mol/L stock solution in DMSO. Nifedipine and chromanol 293B, respectively, were prepared as 5 mmol/L and 0.1 mol/L stock solutions in ethanol. E-4031 was prepared as 5 mmol/L stock solution in distilled water. All stock solutions were diluted appropriately before use. DIDS and nifedipine were stored in the dark.

HOSF (n=200)

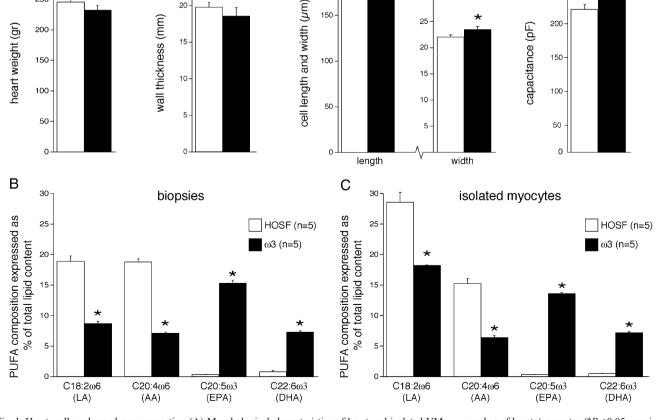
ω3 (n=200)

30

25

20

15



200

150

100

Fig. 1. Heart, cell, and membrane properties. (A) Morphological characteristics of heart and isolated VMs. n, number of hearts/myocytes (*P<0.05 unpaired t-test). (B and C) PUFA composition of VM membranes measured in biopsies (B) and isolated myocytes (C). n, number of hearts (*P < 0.05 unpaired t-test).

HOSF (n=129)

ω3 (n=112)

250

200

150

100

2.3. Cytosolic Ca^{2+} measurements

Intracellular $Ca^{2+}([Ca^{2+}]_i)$ was measured in indo-1 loaded VMs as described previously [9]. VMs were stimulated at 2Hz with field stimulation. Dual wavelength emission of indo-1 was recorded ((405–440)/ (505–540) nm, excitation at 340 nm) and free $[Ca^{2+}]_i$ was calculated [9].

2.4. Lipid analyses

Lipids from food, heart samples and myocytes were extracted with the method of Folch et al. [10]. Phospholipids from plasma and heart were isolated with aminopropyl bonded phase columns (Bond Elut; Varian BV). Saponification and methylation of the phospholipids with boron trifluoride (Pierce, IL, USA) was performed and the formed fatty acid methyl esters were subjected to capillary gas chromatography using a Chrompack column (Fused Silica, Chrompack), a flame ionization detector and H_2 as carrier

gas. Fatty acid methyl esters were expressed as fraction of the total amount.

2.5. Statistics

Data are mean \pm S.E.M. A *t*-test or in two-way Repeated Measures ANOVA followed by pairwise comparison using the Student–Newman–Keuls test was used. *P* < 0.05 defined statistical significance.

3. Results

3.1. Heart, cell, and membrane properties

3.1.1. Morphology

Fig. 1A summarizes basic heart and isolated VMs morphology characteristics of HOSF and ω 3-PUFAs fed animals. Mean heart weight and left ventricular wall thickness were not different between the HOSF and ω 3

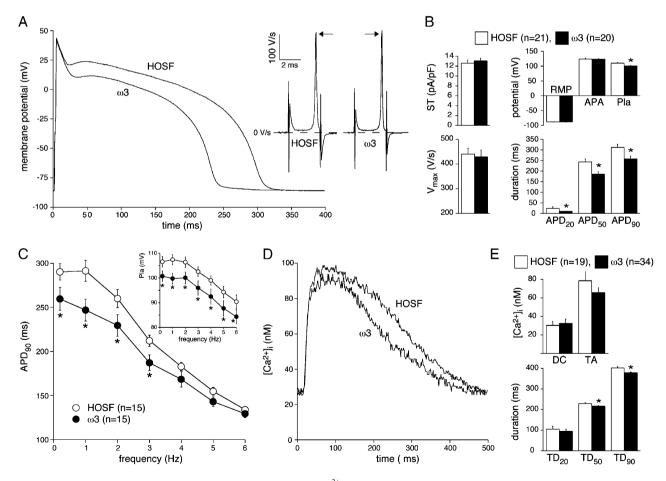


Fig. 2. Dietary ω 3-PUFAs shorten action potentials (APs) and intracellular Ca²⁺-transients. (A) Representative APs of a HOSF and an ω 3 VM at 1 Hz. Inset shows maximal upstroke velocities (arrows). (B) Average AP parameters of HOSF and ω 3 VMs. ST=stimulation threshold, V_{max} =maximal upstroke velocity, RMP=resting membrane potential, APA=maximal AP amplitude, Pla=AP plateau amplitude, APD₂₀, APD₅₀, and APD₉₀=AP duration at 20%, 50%, and 90% repolarization. **P* < 0.05 in unpaired *t*-test. (C) Stimulus frequency-dependency of APD₉₀ and Pla (inset) in HOSF and ω 3 VMs. **P* < 0.05 in ANOVA followed by Student–Newman–Keuls test. (D) Typical example [Ca²⁺]_i-transients of a HOSF and an ω 3 VMs. DC=diastolic [Ca²⁺]_i, TA=transient amplitude, TD₂₀, TD₅₀, and TD₉₀=transient duration at 20%, 50%, and 90% transient decrease. **P* < 0.05 in unpaired *t*-test.

group. Cell length was similar, but cell width and $C_{\rm m}$ was significantly larger in ω 3 VMs compared to HOSF.

3.1.2. PUFA composition

Fig. 1B summarizes the most prominent differences of cell phospholipid fraction in the two groups. In biopsies obtained from intact ω 3 hearts as well as in isolated VMs, the proportion of ω 3-PUFAs was increased at the expense of ω 6-PUFAs. Thus, ω 3-PUFAs from diet were incorporated in the cell membrane. Moreover, PUFA compositions in biopsies and isolated myocytes were similar (Fig. 1B),

indicating that the cell isolation procedures did not affect the composition of the sarcolemma.

3.2. Action potentials and $[Ca^{2+}]_i$ -transients

Fig. 2A shows representative APs at 1Hz from a HOSF and ω 3 VM. The ω 3 AP has a more negative plateau potential and is considerably shorter than HOSF AP. Fig. 2B summarizes AP characteristics of HOSF and ω 3 VMs. On average, ω 3 VMs show a 10% more negative AP plateau potential and a 30% shorter AP at both 50% and 90%

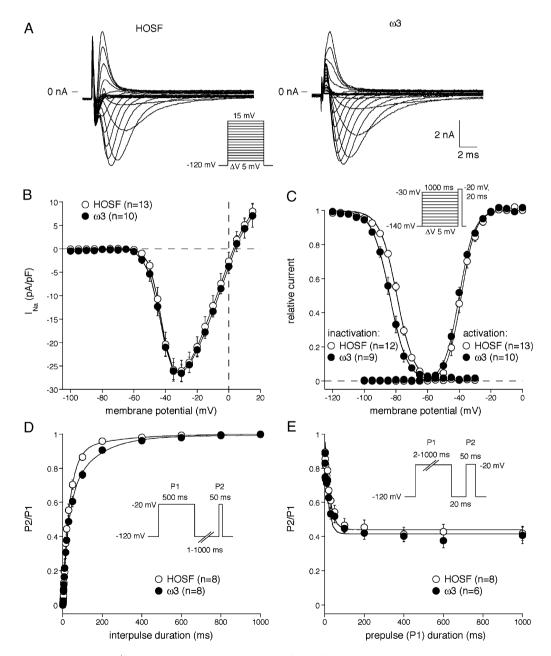


Fig. 3. Effect of dietary ω 3-PUFAs on Na⁺ current (I_{Na}). (A) Representative I_{Na} of a HOSF and ω 3 VM. (B) Peak current–voltage (I-V) relationships of I_{Na} . (C) Voltage-dependence of (in)activation. Inactivation was approximately -4mV shifted in ω 3 VMs (*P<0.05). Solid lines: Boltzmann fits of the average data. (D) Recovery from inactivation. Solid lines: double-exponential functions of the average data (P=n.s. in ANOVA). (E) Development of slow inactivation of I_{Na} . Solid lines: mono-exponential functions of the average data.

repolarization. No significant differences in RMP, excitability threshold, maximal upstroke velocity or maximal AP amplitude are observed. The AP shortening in ω 3 VMs is particularly clear at physiological heart rates, i.e. at 3 Hz, and slower; the more negative AP plateau potential is present at all pacing frequencies (Fig. 2C). Fig. 2D shows typical [Ca²⁺]_i-transients and Fig. 2E summarizes [Ca²⁺]_itransient characteristics of HOSF and ω 3 VMs. No significant differences in diastolic [Ca²⁺]_i and [Ca²⁺]_itransient amplitudes are observed. The duration of [Ca²⁺]_itransient at both 50% and 90% of the transient decrease is significantly shorter in ω 3 VMs.

3.3. Na⁺ current

Fig. 3A shows representative $I_{\rm Na}$ recordings. Mean $I_{\rm Na}$ densities (Fig. 3B) are not different between HOSF and ω 3 VMs. Peak $I_{\rm Na}$ averages -26.6 ± 1.8 and $-26.1\pm2.3\,{\rm pA/pF}$ in HOSF and ω 3 VMs, respectively. Also voltage dependency of $I_{\rm Na}$ activation (Fig. 3C) does not differ significantly between HOSF and ω 3 VMs. $V_{1/2}$ and k are

 $-36.9\pm0.6 \text{ mV}$ and $4.8\pm0.3 \text{ mV}$ (HOSF) and $-38.4\pm0.5 \text{ mV}$ and $4.9\pm0.4 \text{ mV}$ (ω 3), respectively. Halfmaximal inactivation voltages, based on current densities following a 1000-ms depolarizing prepulse, are $-79.1\pm0.8 \text{ mV}$ (HOSF) and -83.5 ± 0.9 (ω 3) (P<0.05). In HOSF and ω 3 VMs, k's of inactivation are identical ($-4.6\pm0.1 \text{ mV}$ (HOSF) vs. $-4.9\pm0.2 \text{ mV}$ (ω 3)). Recovery from inactivation (Fig. 3D) is not significantly different between HOSF and ω 3 VMs. Double-exponential fits revealed that the time constants of fast and slow components of recovery (τ_{fast} and τ_{slow} , respectively) are 32.1 ± 4.1 and $1490\pm205 \text{ ms}$ in HOSF and 37.5 ± 3.6 and $1420\pm372 \text{ ms}$ in ω 3 (both n.s.). Slow inactivation of I_{Na} (Fig. 3E) also is not significantly different between HOSF and ω 3 VMs.

3.4. Ca^{2+} currents

3.4.1. T-type Ca^{2+} current

Fig. 4A shows representative I_{Ca} traces. The depolarizing steps from -90 and -50 mV to -20 mV elicit the time- and

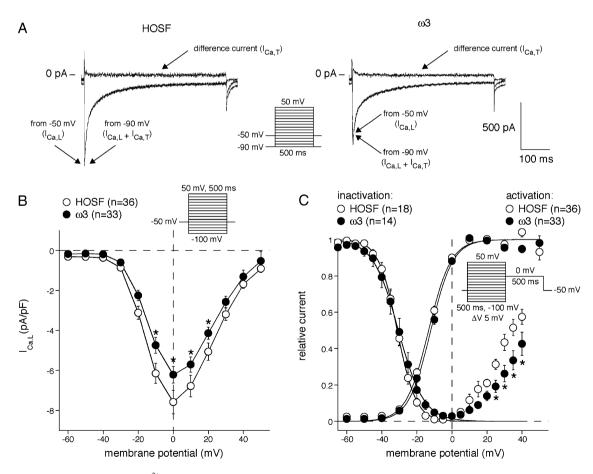


Fig. 4. Dietary ω 3-PUFAs reduce L-type Ca²⁺ current ($I_{Ca,L}$) density. (A) Current traces elicited by depolarizing steps to -20 mV from $-90 (I_{Ca,L}$ and $I_{Ca,T})$ and $-50 \text{ mV} (I_{Ca,L})$. $I_{Ca,T}$ was obtained by subtracting currents evoked from a HP of -50 mV from those with the same depolarization but evoked from a HP of -90 mV. Note that $I_{Ca,T}$ was absent. (B) Peak I-V relationships of $I_{Ca,L}$. *P < 0.05 in ANOVA followed by Student–Newman–Keuls test. (C) Voltage-dependence of $I_{Ca,L}$ (in)activation. Solid lines: Boltzmann fits of the average data. Activation and inactivation properties did not differ between HOSF and ω 3 VMs, however, at $\geq 25 \text{ mV}$, where 'incomplete inactivation' occurs, $I_{Ca,L}$ was significantly smaller in ω 3 VMs (*P < 0.05 in ANOVA followed by Student–Newman–Keuls test).

voltage-dependent inward currents typical of I_{Ca} . $I_{Ca,T}$ is obtained by digital subtraction of I_{Ca} traces elicited by stepping from holding potentials of -90 and -50 mV. However, in both HOSF and ω 3 VMs, the I_{Ca} traces from -90 and -50 mV are overlapping (Fig. 4A), indicating that $I_{Ca,T}$ was virtually absent in both cell types, in agreement with previous findings in adult VMs of other large mammals [11].

3.4.2. L-type Ca^{2+} current

 $I_{Ca,L}$ is defined as I_{Ca} elicited from $-50 \,\mathrm{mV}$ and is significantly smaller in ω 3 than HOSF VMs (Fig. 4A and B). For example, at 0 mV $I_{Ca,L}$ density averaged -7.6 ± 0.6 (HOSF) and -6.2 ± 0.4 pA/pF (ω 3), indicating a 20% reduction of $I_{Ca,L}$ in ω 3 VMs. The voltage-dependence of $I_{Ca,L}$ activation and inactivation are shown in Fig. 4C. Activation $V_{1/2}$ averaged -11.5 ± 0.7 and $-11.1\pm0.9\,\mathrm{mV}$ (P=n.s.). and slope factors are 6.2 ± 0.2 and 6.2 ± 0.1 mV $(P=n.s., HOSF and \omega 3 VMs, respectively)$. Inactivation voltage-dependence was assessed with 500-ms prepulses followed by 500-ms test pulses to 0mV (Fig. 4C, inset). Inactivation $V_{1/2}$ averages -28.3 ± 1.1 (HOSF) vs. $-28.4\pm1.6\,\mathrm{mV}$ (ω 3, P=n.s.); slope factors are -4.8 ± 0.2 and $-4.6\pm0.1\,\text{mV}$ (P=n.s.). Fig. 4C shows that the steadystate inactivation curve (or availability curve) rises positive to +10 mV, due to 'incomplete inactivation' [12]. Interestingly, in ω 3 VMs, this 'incomplete inactivation' is significantly smaller than in HOSF VMs at potentials of +25 mV and more positive.

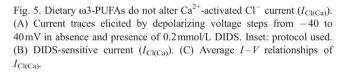
3.5. Cl⁻ currents

Fig. 5A shows superimposed current traces recorded in absence and presence of 0.2 mmol/L DIDS. By digitally subtracting the two traces (Fig. 5B), the DIDS-sensitive $I_{Cl(Ca)}$ is obtained [7]. $I_{Cl(Ca)}$ was found in all VMs, and exhibits similar current densities and I-V relationships in both groups (Fig. 5C). No DIDS-sensitive steady-state currents are observed, excluding the presence of persistently activated Cl⁻ currents [13].

3.6. K^+ currents

3.6.1. Inward rectifier K^+ current

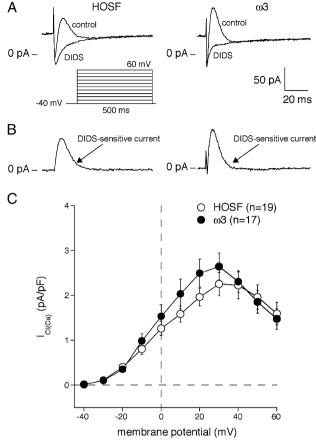
 $I_{\rm K1}$ is defined as steady-state current at the end of hyperpolarizing voltage-clamp steps from $-40\,{\rm mV}$ [6]. The steady-state current is blocked by 2mmol/L Ba²⁺, and no time-dependent currents are observed in the presence of Ba²⁺ (Fig. 6A), excluding the contribution of the non-selective cation pacemaker current $I_{\rm f}$ to the steady-state current. Fig. 6B shows mean I-V relationships of $I_{\rm K1}$. The I-V relationships have a reversal potential of $-88\,{\rm mV}$, which is close to $E_{\rm K}$ and the RMP, and demonstrates inward rectification, characteristic for $I_{\rm K1}$. Both inward and outward $I_{\rm K1}$ components are significantly larger in ω 3 VMs. Maximum outward $I_{\rm K1}$



density at -70 mV was increased by 54% in ω 3 VMs (3.1±0.3 to 2.0±0.1 pA/pF).

3.6.2. Delayed rectifier K^+ currents

Fig. 6C and D shows superimposed current traces recorded upon depolarizing steps from -50 to $0 \,\mathrm{mV}$ (Fig. 6C) and from -50 to 40 mV (Fig. 6D) under control conditions, in the presence of E-4031, and in the combined presence of E-4031 and chromanol 293B to discriminate between $I_{\rm Kr}$ and $I_{\rm Ks}$, respectively. $I_{\rm Kr}$ is defined as E-4031-sensitive current, and $I_{\rm Ks}$ as chromanol 293B-sensitive current. No change in mean $I_{\rm Kr}$ amplitude (Fig. 6E) is observed. Voltage-dependence of activation of IKr assessed by normalizing tail current amplitudes to maximum current is similar in HOSF and $\omega 3$ ($V_{1/2}$ and k, respectively, -36.8±2.0 and 10.0±1.4mV (HOSF) and -37.1 ± 2.3 and 8.1 ± 1.6 mV (ω 3)). I_{Ks} density is significantly larger in ω 3 VMs (Fig. 6F). I_{Ks} density at 40 mV is increased by 70% in ω 3 VMs (1.16±0.2 in HOSF vs. 1.98 ± 0.4 pA/pF in ω 3 VMs). The increase in density is accompanied by a tendency to shift the activation voltage-dependence toward more negative potentials. $V_{1/2}$



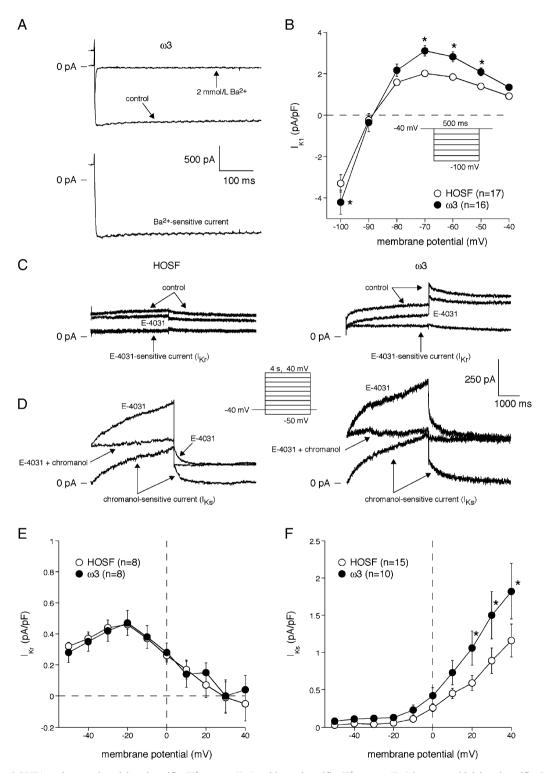


Fig. 6. Dietary ω 3-PUFAs enhances slow delayed rectifier K⁺ current (I_{Ks}) and inward rectifier K⁺ current (I_{K1}) but not rapid delayed rectifier K⁺ current (I_{Kr}). (A) Representative current traces elicited by a hyperpolarizing voltage step from -40 to -100 mV in control conditions and in presence of 2 mmol/L Ba²⁺. (B) Average I-V relationships of I_{K1} . (C) Representative current traces elicited by a voltage step from -50 to 0 mV in control conditions and in presence of 5 μ mol/L E-4031. E-4031-sensitive current is defined as I_{Kr} . (D) Representative current traces elicited by a voltage step from -50 to 0 mV in control conditions and in presence of 5 μ mol/L E-4031 and in the combined presence of 90 μ mol/L chromanol-293B and E-4031. Chromanol 293B-sensitive current is defined as I_{Ks} . (E) Average I-V relationships of I_{Kr} . (F) Average I-V relationships of I_{Ks} . *P<0.05 in ANOVA followed by Student–Newman–Keuls test.

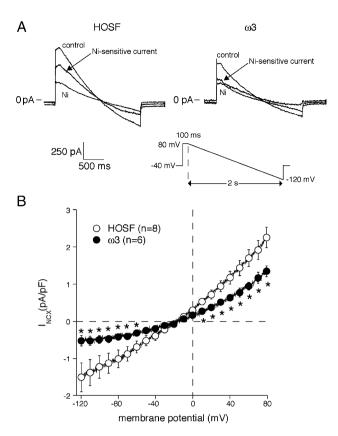


Fig. 7. Dietary ω 3-PUFAs reduce Na⁺-Ca²⁺ exchange current ($I_{\rm NCX}$) density. (A) Typical current traces elicited by ramp protocol (inset) in absence and presence of 10mmol/L NiCl₂, and the Ni²⁺-sensitive current ($I_{\rm NCX}$). (B) Average I-V relationships of $I_{\rm NCX}$. *P<0.05 ANOVA followed by Student–Newman–Keuls test.

of $I_{\rm Ks}$ activation was 34.3 ± 6.5 and $16.0\pm7.8\,\rm mV$ (P=0.07) in HOSF and ω 3, respectively; k of $I_{\rm Ks}$ activation was identical (16.1 ± 1.7 vs. $19.7\pm4.5\,\rm mV$) in both groups.

3.7. $Na^+ - Ca^{2+}$ exchange current

Fig. 7A shows representative current traces in response to a descending voltage ramp protocol (Fig. 7A, inset) in the absence and presence of 10 mmol/L Ni²⁺. I_{NCX} is measured as the Ni²⁺-sensitive current [8]. In ω 3 VMs (Fig. 7B), the current density of I_{NCX} is significantly reduced to 60% for the reverse (outward) mode (at +80 mV; 1.3±0.2 (ω 3) vs. 2.3±0.3 (HOSF) pA/pF) and 31% for the forward (inward) mode (at -120 mV; -0.46±0.14 (ω 3) vs. -1.5±0.4 (HOSF) pA/pF).

4. Discussion

Chronic feeding of a large mammal with fish oil leads to incorporation of ω 3-PUFAs into the ventricular sarcolemma and at the same time induces various electrophysiological effects in the absence of circulating fatty acids. It decreases $I_{\text{Ca,L}}$ and I_{NCX} , increases I_{K1} and I_{Ks} , and causes AP shortening.

4.1. Comparison with previous studies of remodeling of membrane currents by ω 3-PUFAs

We have studied the electrophysiological effects of incorporated sarcolemmal ω 3-PUFAs, rather than the acute direct interaction between circulating ω 3-PUFAs and the ion channels in the sarcolemma. We isolated the myocytes in the presence of lipid-free albumin, which removes loosely bound ω 3-PUFAs from the cell surface [14]. Moreover, the experiments were performed with a PUFA-free superfusion solution. The cellular electrophysiological effects of ω 3-PUFAs administered by diet are unknown.

A decrease in $I_{\rm Na}$ density after acute administration of ω 3-PUFAs has been observed in isolated rat myocytes and HEK cells [15,16]. It was accompanied by a negative shift in voltage-dependence of inactivation. This increased the stimulation threshold and decreased $V_{\rm max}$ in cultures of neonatal myocytes [16]. In our study, no reduction $I_{\rm Na}$ density was found (Fig. 3B) and the shift in voltage-dependence of inactivation (Fig. 3C) was considerably smaller than that observed after acute administration of ω 3-PUFAs [15]. As a consequence, we did not observe a significant change in stimulation threshold or upstroke velocity (Fig. 2B).

 $I_{Ca,L}$ was smaller in ω 3 than in HOSF VMs (Fig. 4B), in agreement with effects of acute administration of ω 3-PUFAs [17]. Voltage-dependence of activation and inactivation of $I_{Ca,L}$ were not significantly different between the two groups (Fig. 4C). When the protocol used for determining inactivation was extended to more positive potentials, a 'U-shaped curve' was seen in both groups (Fig. 4C). The current increase at potentials positive to +10mV is thought to be caused by reduced Ca²⁺ current-dependent inactivation [12], and was significantly smaller than in ω 3 VMs. It suggests that the inward current caused by reopening of $I_{Ca,L}$ channels during the late plateau phase, is smaller. This might subsequently shorten AP (Fig. 2), and, more importantly, reduce the propensity to early afterdepolarizations (EADs) in ω 3 VMs.

 $I_{\rm K1}$ density was larger in ω 3 VMs (Fig. 6B). The increased $I_{\rm K1}$ may result in earlier repolarization and a more stable resting membrane potential [18], the latter potentially protects against delayed afterdepolarizations (DADs).

The delayed rectifier K⁺ currents, $I_{\rm Kr}$ and $I_{\rm Ks}$, underlie repolarization of cardiac APs [18]. In our study, $I_{\rm Ks}$, showed relatively the largest increase (70%) by ω 3-PUFAs (Fig. 6F). The effects on $I_{\rm Ks}$ are similar to those after acute administration of docosahexanoic acid [19]. The increase in repolarizing current $I_{\rm Ks}$ contributes importantly to AP shortening (Fig. 2).

 $I_{\rm NCX}$ was reduced both in the reversed and forward mode by the dietary ω 3-PUFAs (Fig. 7), in line with the acute administration of ω 3-PUFAs on $I_{\rm NCX}$ expressed in HEK cells [20]. The NCX maintains the Ca²⁺ balance of the VM by transport of Ca²⁺ across the membrane in exchange for Na⁺ [21]. Its activity is called "forward" when Ca²⁺ is transported outward. During the early phase of a cardiac AP, the NCX is briefly in reversed mode resulting in an outward current. During the plateau and final repolarizing phases of the AP, however, the NCX is in forward mode, resulting in depolarizing current [21]. The decreased I_{NCX} thus results in less depolarizing current during the final repolarizing phase of the AP, causing AP shortening. Moreover, I_{NCX} carries the transient inward current responsible for the DADs [21]. Decreased I_{NCX} may therefore result in decreased propensity to develop DADs.

The mechanism by which dietary ω 3-PUFAs decrease $I_{\rm NCX}$ and $I_{\rm Ca,L}$, increase $I_{\rm Ks}$ and $I_{\rm K1}$, and leave other ionic currents unaltered remains to be elucidated. Evidence is accumulating that ω 3-PUFAs alter different microdomains of the plasma membrane, such as lipid rafts and caveolae, thereby directly influencing protein function [4,5], but changes in PKC activation may also play a role [22]. The present study indicates that the role of changes in channel gating is limited, since activation and inactivation properties were hardly affected by dietary ω 3-PUFAs. Further experiments are required to study the mechanism by which PUFAs alter ionic current densities.

4.2. Comparison with previous studies of action potential duration remodeling by ω 3-PUFAs

Dietary ω 3-PUFAs shortens ventricular APs of pigs (Fig. 2). To our knowledge, no other experimental findings on effects of ω 3-PUFAs administered by diet on APs are available. Our findings are in line with the observation that rabbits on a diet enriched with α -linolenic acid (an ω 3-PUFA) have shorter QTc intervals [23], but disagree with observations in healthy humans where dietary supplementation of ω 3-PUFAs did not alter QTc intervals [24]. Acutely administered ω 3-PUFAs also reduce AP duration in rabbit [23] and guinea pig [25] VMs. Interestingly, acute administration of ω 3-PUFAs (>10 μ M) reduces [25], whereas lower concentrations prolong AP duration in rat VMs [17].

AP duration in rats and mice is determined by the transient outward K⁺ current (I_{to1}), a current that is lacking in porcine ventricle [26]. It determines the plateau potential rather than AP duration in other (larger) mammalian species. The observed AP shortening in response to dietary ω 3-PUFAs agrees with our findings of decreased inward currents, i.e. $I_{Ca,L}$ and I_{NCX} and increased repolarizing currents, i.e., I_{KS} and I_{K1} (see above).

4.3. Comparison with previous studies of altered $[Ca^{2+}]_i$ by ω 3-PUFAs

The AP shortening induced by dietary ω 3-PUFAs is likely due to changes in $I_{Ca,L}$, I_{NCX} , I_{KS} , and I_{K1} densities. However, these currents were measured with EGTA in the pipette solution, while the APs were recorded without EGTA. In addition to changes in current densities, changes in $[Ca^{2+}]_i$, might also contribute to the AP shortening by modulation of membrane currents [27]. Diastolic $[Ca^{2+}]_i$ and $[Ca^{2+}]_i$ -transient amplitudes, however, were similar in HOSF and ω 3 VMs (Fig. 2). This agrees with results in rats [28], but contrasts with data obtained following acute administration of ω 3-FUFAs. There, a rapid decrease in diastolic $[Ca^{2+}]_i$ and negative inotropic effect ensued [25,29]. We observed a shorter $[Ca^{2+}]_i$ -transient in ω 3 VMs. Whether this occurred due to altered SR function [28] or to AP shortening by itself [24] is not known. The earlier occurrence of phase-3 repolarization by itself would reduce $[Ca^{2+}]_i$ via modulation of the NCX and cause a shorter $[Ca^{2+}]_i$ -transient [25].

4.4. (Patho)physiological implications

Our results suggest that incorporated sarcolemmal ω 3-PUFAs, as a result of a fish oil-rich diet, may have distinct consequences for arrhythmogenesis. The increase in K^+ current density and decrease of I_{NCX} and I_{CaL} most likely contribute importantly to AP shortening and may facilitate rather than prevent reentrant arrhythmias [30]. On the other hand, AP shortening may also reduce the occurrence of triggered activity based on EADs [31]. EADs constitute an important cellular mechanism for triggered activity, which may trigger life-threatening ventricular arrhythmias in patients with heart failure and/or long OT-syndromes [32]. The occurrence of EADs is likely to be further prevented by the reduction of I_{CaL} by dietary ω 3-PUFAs [17,18]. The ω 3-PUFAs-induced reduction of EADs is supported by preliminary results in rabbit hearts where the ω 3-PUFA diet reduced the occurrence of Torsades de Pointes arrhythmias [33], which are importantly due to EADs [34]. AP shortening, increase of I_{K1} , and decrease of I_{NCX} potentially protects against DADs evoked by high heart rates in Ca2+overload conditions [18]. Finally, the negative shift of the $I_{\rm Na}$ inactivation curve indicates that at a certain degree of depolarization (that occurs in acute myocardial ischemia) fewer Na⁺ channels are available, causing conduction slowing and block. This may be potentially proarrhythmic [35].

4.5. Limitations of the study

We studied porcine VMs. The configuration of the human AP is very much like that of pig, but this does not exclude differences in the underlying membrane currents and thereby of the overall effects ω 3-PUFAs have [18]. Further studies are required to clarify the effects of dietary ω 3-PUFAs on I_{to1} (because the latter is lacking in porcine ventricle [26]) and on human VM electrophysiology.

Although feeding pigs with fish oil leads to major electrophysiological alterations due to incorporation of ω 3-PUFAs into the membrane alone, additional effects of circulating ω 3-PUFAs may be important as well.

5. Conclusions

Incorporated ω 3-PUFAs in the absence of circulating ω 3-PUFAs causes AP shortening. Based on the underlying changes in the profile of ionic sarcolemmal currents, we speculate that a fish oil-rich diet may have pro-arrhythmic as well as anti-arrhythmic consequences. This may explain why ω 3-PUFAs seem protective against arrhythmias in patients with healed infarction (and with heart failure), but inefficient in patients with acute ischemia (angina pectoris). Thus, the impact of a fish oil enriched diet may depend on the pathophysiological setting.

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